

# ≡≡≡ SOKOL AMERICKÝ ≡≡≡

PUBLICATION OF THE AMERICAN SOKOL  
Educational and Physical Culture Organization

VOL. LXXX.—NO. 8

AUGUST, 1959



1959 ASO. EXCURSION TO MID-SLET

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# SOKOL AMERICKÝ

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## ANNOUNCEMENT

BATAWA, CANADA — 20th ANNIV.  
September 5-6.

SOKOL ZIZKA, DALLAS, TEXAS  
Dedication of Sokol and S.P.J.S.T. Hall  
September 13th

WESTERN BOHEMIAN FRATERNAL  
ASSOCIATION  
Dedication of New Home Office  
Cedar Rapids, Iowa — Sept. 13th-14th

BOHEMIAN HOME FOR THE AGED,  
CHICAGO, ILL.  
Czechoslovak Day of Charity  
September 20th

SOKOL MORAVAN, TOLEDO, OHIO  
50th Anniversary — October 10th

SOKOL TYRS, CLEVELAND, OHIO  
Operetta — November 7-8

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ALWAYS ANNOUNCE CHANGE OF ADDRESS TO THE  
ASO. OFFICE.



## PAN AMERICAN GYMNASTIC SYMPOSIUM

(Formerly Announced as Educational  
Congress)

Open to Public

SEPTEMBER 1, TUESDAY

TWO SESSIONS

DEL PRADO HOTEL  
Lake Shore and 53rd South

SESSION NO. 1 — 1:30 P.M.

- A) College Training Techniques
- B) Teaching Methods Usable
- C) Science of Gymnastics
- D) Women's Events — A Study  
6:30—Social Hour — Mezzanine

SESSION NO. 2 — 7:30 P.M.

- A) Panel of Experts — Questions and  
Answers
- B) Latest Gymnastics Championship  
Films — Top Gymnasts in Action, In-  
cluding Japanese

Come at Any Time—Help Defray Expenses

Tickets to Pan American Gymnastics  
Championships Will Be Sold During  
Symposium

SOKOL MEMBERS ON PROGRAM  
WILL BE:

ED. HALIK PAUL FINA JACK CARR  
MILDRED PRCHAL

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## SOKOL CHICAGO SPONSORS PAN AMERICAN GAMES FRIENDSHIP DANCE

SOKOLS ARE ALL INVITED TO COME  
to the Finale Affair at Sokol Chicago, Sun-  
day, September 6th, 1959, at 7:00 p.m.  
BAILE DE AMISTAD (Friendship Dance).  
Program will include PAN AMERICAN  
GYMNASTIC CHAMPIONS, Sokol numbers,  
address by Ing. Alvarez and other officials.  
Teams from Mexico, Venezuela, Brazil, Ar-  
gentina, Canada, Uruguay, Colombia, Chili  
and the United States will be present. Mu-  
sic and dance—Latin American selections  
included! Refreshments!

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JSOU VAŠI SOUSEDÉ ČLENY SOKOLA?  
OPTEJTE SE!  
ZÍSKEJTE JE PRO SOKOL!

# SOKOL AMERICKÝ

VĚSTNÍK AMERICKÉ OBCE SOKOLSKÉ.

Ročník—Vol. LXXX

August — 1959 — Srpen

Číslo—No. 8

## 75 LET OD SMRTI TYRŠOVY.

Každý osmý srpen jest pro Sokolstvo vykřičníkem, upozorňujícím na naše povinnosti k dílu Tyršovu. Letošní 8. srpen, který znamená 75 let od jeho tragické smrti, mluví ještě významněji k svědomí a srdcím všech, kdož se hlásí k velebnému odkazu Tyršovu a plní jej.

V dnešní době nechuti k práci, v době pesimismu a škarohlídství, Sokolstvo zůstává naději v budoucnost a vírou v sílu a čest jednotlivců, měřenou opravdovostí a houževnatostí v práci k uskutečňování ideálu. Práce sokolská v duchu Tyršových příkazů jest pro věky a věčnost, poněvadž je to práce pro národ veškerý. A národ je věčný. A proto, nesejde-li s cest, neopustí-li úkol, směr a cíl, který mu určil veliký jeho zakladatel, bude zde Sokolstvo na věky. Také v krajích Československých, i když je nyní potlačeno.

Ve článku "O příčinách upadání a o prostředcích k obživení jednot sokolských" v roce 1881 Tyrš napsal:

"Věc naše jest příliš povznesena, jesti' pro všechny věky založena a nutna, než aby trpěti směla sporem dne, ona jest záležitostí společnou celému národu, **tělesná a mravní zdatnost všech členů jeho jest náš cíl** a každý budiž ve středu našem bratrsky vítán, cten a vážen, kdo jest Čechem z plné duše a kdo se hlásí s celým srdcem a s myslí odhodlanou a upřímnou.

Sokolské spolky jsou spolky národní a vlastenecké, ne však spolky v užším smyslu politické, ony a ony jediné jsou ze všech spolků ty, jež **obsahovati mají v sobě národ veškerý.** Tot' jejich povolání, vzácné a vysoké."

8. srpen nám nedá zapomenout! Vynáší světlý konečný cíl sokolské výchovy. Výchovy, která má dáti potomkům hodnoty těla, duše i srdce, jež znamenají neměřitelný poklad pro celý národ v dějinné chvíli třídění národů.

Vůdčí myšlenka, která ukazuje svou životnost tím, že už páté pokolení buduje na ní se stejně upřímnou snahou, jako činila pokolení předcházející, a že i za dnešních, tak změněných poměrů, jaké líší dnešek od doby Tyršovy, jsou tyto zásady stejně životné a platné.

Množství pomluv a lží o čl. člověku v celém světě bylo zpřetřháno činností sokolskou. Činností minulosti, která je zároveň nadějí budoucnosti. **Výchova sokolská, idea Tyršova byla hvězdou, vzpruhou a posilou v dobách nejtěžších. Velká idea k sobě strhla česká srdce, a pevně spojila ty, kteří jí věrně slouží. A ti, kteří se nemohou pro idee veřejně prohlásit ve své ujařmené vlasti, ti kteří poznali učení a téměř před stoletím hláсанou pravdu Tyršovu, zůstávají jí neochvějně věrní.**

8. srpen 1959 je vykřičníkem, abychom zůstali u trpělivé práce a poctivé mravní snahy. **At' naše životy ukáží, že vedeme boj proti zlu, proti komunismu, za volnost národa a ne panství stran!**

Idea lidskosti, práva, dobra mravnosti, světla, pokroku nás vedla od prvních dní sokolského hnutí. Ve dny, kdy vzpomínáme 75 let uplynulých od dne, kdy odešel velký tvůrce Sokolstva, vyzvedněme v myslí onu kouzelnou sílu, která vytvořila divy. Zopakujeme si základní myšlenky velkolepé ideji sokolské, jíž se nemůže pochlubit žádné tělocvičné sdružení světa. **Tato idea nás pojí, jí zůstáváme věrní, v ní vždy znovu zvítězíme!**

Nazdar!

AMERICKÁ OBEC SOKOLSKÁ

SVAZ AMERICKÉHO SOKOLSTVA

SVAZ SVOBODNÉHO SOKOLSTVA

KAREL M. PRCHAL, starosta

BLÁŽA J. ČIHÁKOVÁ, jednatelka

James L. Cihak:

### DR. MIROSLAV TYRŠ - 75 YEARS AGO

On August 8th, 1884, Dr. Tyrš went for a walk—he never came back alive. His body was found on the 21st in a deep pool in an almost inaccessible part of the Alpine valley near the little town of Oetz.

Worn out by over twenty years of battling to establish the Sokol upon the high plane he had set for it and by his duties as lecturer in Plastic Art at the Czech College of Technology, and later as lecturer in the History of Art and a professor of Philosophy at the University of Prague, he had resigned his leadership of the Prague Sokol and as editor of the "Sokol," to come to this Tyrolean spot to regain his health.

This serious nervous affliction was the result of his conscientious, almost superhuman efforts to fulfill his mission and to instruct his students at the university and in the Sokol.

He paid a heavy price to create the Sokol and to instill in young minds a love for beauty, sincerity, courage and devotion to high ideals. Dr. Tyrš died when he was only 52 years old. He actually burned himself out creating a new conception of mankind's role in life.

One has but to read his writings to realize the magnificent ideals that spurred him on and on. Ideals that are feasible and applicable in any nation that cares for its future and has sense enough to plan for it. He lived long enough to conduct the I Slet in 1882 and to see that his creation the "Sokol" was firmly established in his nation and to know that it had become firmly rooted in faraway America.

The goal of his Sokol physical training was:

1. To strengthen and improve the health of individuals,

2. to train people to have a strong will, capable of self-denial, people of firm and constant character who can put their plans into action,
3. to form of them more competent working units,
4. to teach them to work for society and in society,
5. to make them the basis of a healthier posterity,
6. to increase their defensive capacity,
7. to influence them by beauty, and to inculcate in them a sense for beauty.

For Tyrš, the substance of education was an all-around perfection of man physically and mentally—of man, not as an isolated individual but as a member of human society. Without society the individual is nothing. Only in society and thru society can the individual prosper. Tyrš, then, demands that man be educated on the one hand socially, that is, in society and for society, and on the other hand individually, that is with due regard to his personal qualities, and again with regard to the special character of the nation to which he belongs.

All of this "For Neither Profit nor Glory."

All of this for our Sokol Credo:

"Our first and overall task rests in the premise that before any other demands, we must preserve our nation in that general vigor, that does not allow a nation to die, in that steady and fresh strength, in that physical, spiritual and moral health, that will not allow any decay to set in and with that no stagnation, that worst, even criminal action perpetrated upon nations." — Dr. Miroslav Tyrš.

James L. Cihak

### "I Remember Sixty Four Years of Sokol Activity" Appears in Magazine Section of Baltimore Sun

Bro. James J. Primus wrote a fine article for the Baltimore Sun in which he covers the unit's activities since 1872. His reminiscences cover both the fun and hard work that has kept the unit alive and vigorous over this long period.

Among other things his respect for bro. Frank Stetka's work as instructor for 45 years left a

deep impression. Now that office is being just as capably filled by his son bro. Edward Stetka. He also mentions sis. Rose Legro, a charter member, now in her 80's, as well as many other members, whose sokol work has won the admiration and respect of the entire Sokol Organization. Congratulations, Sokol Baltimore.

BLANCHE J. CIHAK

## 1959 SOKOL EXCURSION TO CALIFORNIA CONDUCTED BY ASO.

In June, 1958, the first steps were taken to prepare a tour in conjunction with the Mid-Slet in Los Angeles, which finally became the greatest one conducted, within the United States, in the history of ASO.

Many months were spent in studying all types of transportation, sightseeing, hotels, possibilities of visiting other Sokol Units, and the hundred and one details involved in such a move.

After 5 months of planning the whole business was chucked into the waste basket and we started all over again. This time we were on the right track and by the end of February all details had been worked out, and the excursion was announced.

The first reservations came in the first days of March and within a week or two we were able to project that the tour would be a great one. Reservations came by leaps and bounds, hundreds and hundreds of inquiries had been received and as a result we have several volumes of correspondence. This was the 10th tour of ASO., and many of the participants of previous tours were among the first to sign up again.

The tour totalled 161, plus 22 gymnasts from Sokol Chicago and Slavsky, and included sokol members and friends from New York, Chatham, N. J., Miami, Florida, Lorain and Cleveland, Ohio, Battle Creek, Michigan, Milwaukee and Racine, Wisconsin, St. Paul, Minn., St. Louis, Missouri, Chicago and Omaha, Nebraska.

Considering the number of participants we had, the percentage of cancellations was very small, and we fully realized that behind each one there was a real story, and in several cases tragedy.

Bro. Holub and bro. Supik organized the Cleveland group and worked hand in hand with our committee. They had a very well disciplined party and it was a pleasure to travel with them.

As the time for departure was drawing near you could feel the tension mounting.

I met the Cleveland delegation at the La Salle Street Station on Tuesday afternoon at about 2:35 P.M. The baggage and passengers were transferred to the Union Station immediately and by the time we arrived the crowd was already gathering.

It seemed as though the entire Union Station was taken over by the Sokols. Last minute details such as baggage and accident insurance were being purchased and at about five o'clock we heard the long awaited welcome words "All Aboard."

Bro. Prchal boarded the "City of Los Angeles" with 47 passengers traveling first class "Pullman" while I boarded the "Challenger" with a group of 121.

Immediately upon boarding the train our group went straight into the diner, and before the "Challenger" pulled out of the station at 6:45 P.M. many of our people had been fed. The "City of Los Angeles" departed 15 minutes later.

The passengers were in good spirits and after a few hours everybody seemed to relax and before long we were one great happy family. People getting acquainted, making new friends. Many hours were spent in singing, not only entertaining themselves but the entire train. We monopolized the club car pretty much, playing cards, or just visiting with friends.

At Marion, Iowa, we met more Sokols. Sokol Cedar Rapids with a group of 27 boarded the train, among them bro. Pazour, sis. Nemecek, sis. Polehna and many gymnasts. Our Sokol family grew bigger.

Our next stop was Omaha, Nebraska. It was about 2 A.M. as I walked up to the station to meet sis. Helen Dusek, President of Sokolice Omaha, and Mrs. Nelson. By this time most of the passengers in the train were fast asleep, and in a few minutes we were moving westward through the rich farm lands of Nebraska where we have 8 sokol units.

It was our very good fortune to have Mr. Vernon Rock as our Steward and Mr. Bartos the chef, both residents of Omaha. Mr. Bartos is related to the Tesar brothers of Sokol Omaha. Thank you again, Mr. Bartos, you did an excellent job. Both of these men cooperated in every respect and simplified our feeding problem. The food was very good and plentiful.

Many of our folks spent a great deal of their time in the Dome cars enjoying the scenery, rich farm lands, sometimes snow peaked mountains, bad lands and desert-

like country, thousands of acres of ranch land. We even had the good fortune to see a real round-up in Wyoming.

Our train pulled into Green River, Wyo., on Wednesday for a 15 minute stop, and what to our wonderous eyes did appear, but the "City of Los Angeles" right on our heels. We talked to many of our people traveling on that train and even had time for a handshake and to exchange a few words about how they were enjoying their journey. Everybody was very pleased and in excellent spirits.

Traveling on to Cheyenne, with only a few minutes stop, then on to Salt Lake City with its great Mormon Temple, and Utah with its Great Salt Lake. The next stop was of great interest to all of us, but only a few of the younger folks waited up to get a glimpse of fabulous Las Vegas. I cannot say I was among them. Will save that trip for another time.

Early Thursday morning, we were passing thru very barren desert land, but suddenly palm trees and tiny villages began to appear. Again fever was running high thru the crowd, we were going to reach our destination Los Angeles at 9:45 A.M. Breakfast was finished early and the remainder of the time concentrated on the surrounding country.

The train was coming to a halt. Baggage was stacked high on the platforms near the exits and everybody was ready to get off.

The railroad, Gray Line and Yellow Cab representatives all came to welcome us and to extend their services whatever they might be.

The station is an interesting 11 million dollar structure with many long tunnels, which eventually lead you to the exit. Sis. Nekuda, President of Sokolice Los Angeles, and our sis. Tillie Prince were present waiting to welcome us. The Yellow Cabs were waiting and within a few minutes we were being whisked off to the New Clark Hotel which was to be our home for the next four days.

Upon arrival, some of our tour folks were already waiting in the lobby. Those that came by air and those that came earlier to visit with their families.

Within 15 minutes the first group traveling on our train had been assigned to their rooms and the second group traveling on the "City of Los Angeles" arrived. After

that it seemed like they moved in a mountain of baggage, 248 pieces to be exact. This required a little time to sort, but even that did not take too long, with the assistance of some of our passengers. Thank you.

This was Thursday. At 2 P.M. we had our first sightseeing tour scheduled. Beverly Hills, Hollywood, Los Angeles and the Beaches. We saw homes of movie stars, the famous Brown Derby, Hollywood Blvd., and the well known Grauman's Chinese Theater. University of California at Los Angeles, where we stopped long enough to have a group picture taken which appears in this issue of "S.A." On to Will Rogers State Park, Santa Monica, beach homes of stars, etc.

A short meeting was held in the California Room of the Hotel where each participant of the tour introduced himself and general instructions were given. It was a wonderful group, we were very proud of YOU.

Some of us stopped at the Sokol Hall, 500 N. Western Avenue, that night. Gymnasts were preparing for the competitions on Friday and Saturday and here and there were small groups of friends chatting. After a few handshakes with some of our sokol members, we returned to the hotel for a much needed rest.

Friday was the big day. Knott's Berry Farm, Ghost Town and Disneyland.

The story of Knott's Berry Farm and Ghost Town conducted by the Knott family is very rich and interesting and dates back to 1920 when they started the Berry Farm with only 10 acres of land and sold fruit from a little roadside market.

Ghost Town was started in 1940. The farm grew from 10 acres to 200 acres, with seven dining rooms where they are able to accommodate 880 guests at one setting.

Ghost Town is a true monument to the pioneering days. Mr. Walter Knott realized that the great historical landmarks of our pioneering and gold rush days were fast crumbling away, and he was determined to re-create a place of lasting tribute to our forefathers who carved out their individual empires from a new land, asking only to work out their own salvation without quarter. This is Ghost Town.

Several pages or even a small booklet could be written about what we saw and what we enjoyed most. Some of us rode the

Old Stage Coach and panned for gold. Others I found visiting the old saloon, where delicious boysenberry, blackberry and red raspberry punch was served. We had a chance to put our foot up on the old brass rail. I believe I had a drink with Dorothy Benda, Evelyn Schmidt, Helen Jankola and Barbara Otrhalik. It was very unique. The old hotel, blacksmith shop and candle making houses were just a few of the hundred interesting things. The final punch to our visit was the chicken dinner which was served us in the Chicken House. A few of our group went over to another dining room for a fish dinner. As they say no American dinner is more beloved than the fried chicken dinner, and no fried chicken dinner is more beloved than Mrs. Knott's. I don't believe the word delicious describes it. And what about those boysenberry turnovers that sis. Lil Sramek is always talking about, and that delicious pie. Everybody agreed that it was one of the finest meals they had ever eaten.

Again we boarded our buses and this time to another highlight of the trip. Walt Disney's fabulous "Disneyland," loved by young and equally as much by the elders. Our bus driver suggested that we make it a point to take the train trip around the park and the motor boat cruise thru Jungland. Must tell you a secret, I enjoyed the train ride so much I took it twice.

"Disneyland" is often called "Magic Kingdom" because it combines fantasy and history, adventure and learning, together with every variety of recreation and fun designed to appeal to everyone.

"Disneyland is dedicated to the ideals, the dreams, and the hard facts which have created America . . . with the hope that it will be a source of joy and inspiration to all the world," says Walt Disney.

Disneyland's horse-drawn streetcars, horse-drawn Fire Department, Disleyland's Band parades are some of the attractions you will find on Main Street.

The cameras were very busy. While sitting on the top of a horse-drawn streetcar I saw bro. Kratochvil clicking away, taking pictures left and right, and met Mother Prener and sis. Helen in the soft drink parlor around the corner.

An 1890 setting tempting "modern" treats are mouth-watering at the Ice Cream

Parlor, the lovely candy shop, like something out of a story book, and how can we forget the sour-dill pickles that we purchased from the little Czech girl in the old-fashioned market. Remember, Mano, we got them for half-price.

The fabulous grand canyon, the hundred and one attractions in Fantasyland, Frontierland, Adventureland, with tens and tens of special shows and exhibits. How could anyone possibly digest all of this in one afternoon. It would take a week to do it leisurely. Some of our folks were so thrilled, they decided to stay behind and return home by the Transit line. I didn't blame them, some of them had youngsters with them and wanted them to get as much pleasure out of the trip as possible.

I am sure that the trip to Disneyland was a happy and memorable experience for all of us, and that we all felt that we must return again sometime.

This truly was one of the highlights of the trip, but didn't we feel that way about every other day?

One thing we cannot deny it was a very busy day. We returned to the hotel shortly after 5 o'clock and at 6 the buses were waiting to drive us over to the Los Angeles Breakfast Club where more than 100 of us attended the banquet on the occasion of the 50th anniversary of Sokol and 40th anniversary of Sokolice Los Angeles. It was a very happy occasion. Here we met our beloved bro. Senator Roman L. Hruska from Nebraska, who as usual presented an excellent inspiring address. Bro. Prchal spoke in both Czech and English, and a few words of congratulations were made by myself.

The setting was lovely, the room filled to capacity. The floral decorations and the beautiful music added much to the festivities. Bro. Nekuda, President of Sokol Los Angeles, made the opening address and then turned the program over to the M.C. sis. Tillie Prince. Sis. Nekuda, President of Sokolice Los Angeles, also welcomed the guests.

This ended another perfect day.

Saturday was to be a free day, but I had volunteered to set up a tour to Riverside to visit the Mission for those that had no friends to visit with. We couldn't spend any money shopping, because it was a legal holiday, July 4th. At first it was difficult to find enough interested people, but finally

I gathered a group numbering 37 and left the hotel shortly before 10 o'clock.

The journey carried us over the freeways and up to the Rim of the World highway to unforgettable, indescribable "Lake Arrowhead," situated 6500 feet above sea level, surrounded by lofty pine trees. Truly a sight to behold.

One of the most magnificent settings anyone could wish to cast their eyes upon. We had only a few hours here, but could have spent a week. Some of the group were able to take a boat trip around the lake. Little Hana Voris enjoyed it very much. Leaving this beautiful sight we traveled down the highway thru the mountains returning via Riverside, California, our destination the fabulous "Mission Inn." Here we enjoyed a fine buffet lunch, eat all you can, and then had about an hour and a half left for visiting the old Mission, writing cards or to sit in the gorgeous gardens beside the swimming pool watching those that were fortunate enough to be able to take a dip.

Mission Inn has a long and interesting history and is located on one large square block.

We were 60 miles away from our hotel, but the fine freeways of California made the return trip short and very pleasant.

The Victory Dance was held on Saturday at Park Manor and the Mid-Slet on Sunday. Both of these events will be described by members of the Board of Instructors in this issue of "S.A."

Many of our passengers participated in the calisthenics and some of them in the competitions.

Very early Monday morning we gathered in the hotel lobby. Many sipped hot coffee from paper containers and munched on doughnuts which we purchased across the street. It was the only shop open at this very early hour.

At 6 o'clock the Yellow Cabs drove us to the railroad station to board the San Joaquin Daylight. It was good-bye Los Angeles. Breakfast on the train.

Points of interest on the way to Fresno were: Mojave, just south of the Tehachapi Mountains. Supply center for desert gold prospectors. Large gold mine may be seen to the south. Bakersfield at the southern end of San Joaquin Valley. Located in one

of the world's greatest oil producing areas. Also famous for its green vegetables as well as grapes and cotton. And for those who are familiar with the air force, know Bakersfield as one of the great air bases.

As we travel along for the next hour or two we find the country rich in production of corn, dairy products, grapes, cotton, sugar beets and melons. Fruit canning and turkey growing, cattle grazing.

Bro. William DeLancey, President of Sokol Fresno, and bro. Bert Muyzer welcomed us. They had the bus waiting, and since it was only three blocks to the Californian Hotel, the bus made several trips. Again we lost no time in getting the rooms assigned, and at last a few hours left for shopping.

Shortly after 6 o'clock the buses were loaded and off to Blakesley picnic grove, where bro. DeLancey's committee prepared a true feast for us.

Fresno will always remain near and dear to all of us. Our 1950 excursion never forgot their hospitality, their true Sokol spirit with which they greeted us into their midst. We realize the great sacrifice they made to prepare this picnic as they themselves arrived home from the Slet only a few hours earlier.

The setting for the picnic was perfect. Beautiful swimming pool, a plot of ground about 4 acres square, surrounded by 20' oleander trees, covered with beautiful rose-pink blossoms. The picnic house was a three sided building. The tables were all set up with white tablecloths, filled with plates of delicious homemade bread and real country churned butter. The chicken and salads were delicious, as well as all the relishes and endless types of homemade pastries. And last but not least those cases and cases of delicious local fruit. Sokol Fresno, we cannot find the words with which to express our gratitude and appreciation. It was wonderful. The pictures shown by bro. Bert Muyzer, and bro. Krasny's lovely music, and the dip in the pool for some was all perfect. It was all so informal and yet so beautiful. Thank you, bro. Bill DeLancey, and your entire committee, we shall never forget you.

All this was not enough, just before we said our last farewell they drove up with a truck of iced watermelons and believe me they were the sweetest melons we ever ate.

Fresno is the richest fruit area in the United States and perhaps in the world. It was nice talking to bro. Maslowski, bro. Prudek, sis. Filgas and sis. Pokorny, and to all those we met for the first time.

We said so long, but not goodbye.

Bro. Dick Hruska (brother of Senator Roman Hruska and a resident of Fresno)

drove some of us back to the hotel in his station wagon with his charming wife, and stopped and visited with us in the hotel. Sorry it was such a short one. This was one of those rare days, that will be imprinted in our minds forever.

(To be continued)

## MEZISLET AMERICKÉ OBCE SOKOLSKÉ V LOS ANGELES.

Sokolské slavnosti pořádané dne 3., 4. a 5. července v Los Angeles jsou za námi. Ihned na začátku s radostí konstatuji, že všechny slavnostní dny byly po každé stránce zdařilé.

Sokolská Jednota v Los Angeles oslavila v pátek dne 3. července své 50leté jubileum slavnostním banketem. Prostorný sál byl do posledního místa naplněn. Banketu se zúčastnilo přes 600 osob.

Jeviště bylo krásně vydekorováno, na květinových koších se skvěly zlaté 50 ky, sál byl slavnostně osvětlen a rázem 7 hodiny večer zasedali vzácní hosté, přátelé, sestry a bratři ku prostřené tabuli. Při večeři hrál na klavír nejúspěšnější skladatel české lehké hudby br. Josef Stelibský, při čemž jej doprovázel na elektrických varhanech br. Karel Fink. Skladby br. Josefa Stelibského potěšily ve staré vlasti miliony českých srdcí a byly i zde odměněny návštěvníky vytrvalým potleskem. Je to jistě krásné, že pořadatelé banketu tímto způsobem představili krajanské Americe skladatele br. Josefa Stelibského.

V 8 hodin večer začíná program a na jeviště vstupuje naše krajanská umělkyně ses. Rose Pajdar-Stackhouse, která svým krásným sopránem zpívá hymnu americkou a hymny česko-slovenské. Starosta Sokolské jednoty v Los Angeles, br. Nekuda vítá přítomné anglicky i česky a pak se ujímá slova starosta Americké Obce Sokolské br. Karel Prchal, který v procítěné řeči promluvil krásně k našim srdcím. Poctivě a rovně jak to má v sokolském bratrstvu být. Nezapoměl na nikoho, nabádal, aby se v sokolovných nezapomínalo na českou řeč, abychom zůstali věrni odkazu Dr. Miroslava Tyrše a abychom nezapomínali na věrné sestry a bratry sokolské ve staré vlasti, kteří dnes se veřejně k Sokolskému Bratrstvu hlásit nesmí. Jeho slova byla odměněna bouřlivým potleskem.

Starosta Jednoty v Los Angeles br. Nekuda předčítá pozdravný telegram presidenta Spojených států amerických Eisenhowera a ostatní

Los Angeles Poulsona, senátora Kuchela, br. došlé telegramy, dále zdravici starosty města Jelínka z Chicaga, různých bratrských sokolských jednot.

Před mikrofon předstupuje slavnostní řečník senátor br. Roman L. Hruška, který ve své řeči oceňuje sokolskou práci, upozorňuje na nynější politickou situaci, chválí vojenskou zdatnost a kvalifikaci sokolských mužů a žen. Vyzývá sokolské bratrstvo, aby zůstalo pevné a vytrvalé ve své práci a aby zůstalo věrné nejen Americe, ale i těm doma, kteří k Americe upírají své toužebné zraky. Reč senátora Hrušky byla přijata s bouřlivým potleskem.

Na scénu přichází ses. Pajdarová a zpívá české písně: Bývali Čechové, Tážete se proč jsem Slovan a píseň skladatele Josefa Stelibského Píseň pražských zvonů, za osobního doprovodu skladatele. Poslední píseň musela být po bouřlivém potlesku opakována. Sestra Pajdarova pak zazpívala píseň Praha je krásná tak jímavě, jako snad nikdy. Děkuji Ti, ses. Pajdarova za nás, za všechny!

Po krátkých proslovech starostky Sokolic v Los Angeles ses. Nekudové a hlavní jednatelky Americké Obce Sokolské ses. Blanche Čihákové, čestného starosty Sokolské župy pacifické br. Ant. Kohoutka, starosty župy střední br. Šimanera a jiných čestných hostů, předčítá ses. Princová dějiny Sokola v Los Angeles a pak uznání mnoholetým členům Sokola v Los Angeles, kterým odevzdává čestné odznaky.

Na scéně se objevuje věrný syn Moravského Slováčka br. Gajda, v krásném moravském kroji a zpívá svým vřelým srdcem píseň skladatele Josefa Stelibského — Moravo zlatá a Zuzku. Zatím co píseň Moravo zlatá je tesklivá, ale krásná, je píseň Zuzka plna slováckého ohně a rytmu, pravá píseň slováckých šohajů. Bratře Gajdo, veřejně Ti děkuji, zpíval jsi nám ze srdce, máme Tě rádi.

Ses. Princová představuje br. Lešovského a br. Novotného, kteří stáli před 50 léty u kolébky sokolské jednoty v Los Angeles. Jsou

to dva jediní, dosud žijící bratři z tehdejších zakladatelů. Gratuluji Vám bratři k Vašemu jubileu.

V sobotu dne 4. července pokračovaly závody borců a večer bylo pak slavnostní rozdělení cen vítězům.

—o—

Hlavní sletový den byl zahájen velebnými fanfárami z opery Libuše a pak následoval velmi pěkný nástup sedmi set cvičenců. Vedoucí sletového cvičení br. Halík, náčelník AOS., mávnul na velitelském můstku praporkem a již vycházejí na cvičiště první řady cvičenců. Za bouřlivého jásotu přítomných návštěvníků objevuje se jeden oddíl za druhým, aby byl při pochodu před hlavní tribunou jásavě pozdraven.

Následuje pocta americké vlajce a již zanívají velebné tóny hymny americké a československé. Br. Nekuda vítá přítomné a po něm se ujmá slova starosta AOS. br. Prchal, který v anglickém i českém proslovu zdraví všechno sokolské bratrstvo, oceňuje dosavadní práci, nejen cvičenců, ale všech sester a bratří přítomných i nepřítomných. Věří, že sokolské ideály zakladatele Sokolstva br. Dr. Miroslava Tyrše přivedou k nám i ty krajany, kteří stojí mimo naše řady a přeje všem upřímné sokolské NAZDAR!

Sletové cvičení zahajují žáci — hoši i děvčátka. Je jich asi sto a nám vlhnou oči, když vidíme jak se ta "sokolská drůbež" snaží, aby cvičila bezvadně. A povedlo se jim to. Pak nastupuje dorost, těch je asi o stovku více. Provedli svá cvičení bezvadně. Obě skupiny byly odměněny zasluženým potleskem.

Na cvičiště vbíhá početná skupina sester a bratří v národních krojích, aby předvedli vzor-

ně nacvičenou Národní besedu. Byla to kytice barevných květů poletujících v jásavé záři kalifornského sluníčka.

Na velitelský můstek vstupuje před mikrofon senátor br. Hruška, aby znovu pozdravil Sokolstvo, aby znovu vzpomenuk sokolské práce, která je na směrodatných místech nejenom známa, ale hlavně oceňována. Reč br. Hrušky, našeho sokolského senátora, byla přijata potleskem. Br. Nekuda předčítá pozdravný telegram presidenta Spojených států amerických Eisenhowera, jakož i jiné pozdravné telegramy a pak prohlášení starosty města Los Angeles Poulsona, který prohlašuje den 5. července 1959 za Den sokolský v Los Angeles. Tato zvláštní pocta může býti nám všem sestrám a bratrům v Los Angeles vzpruhou ku další práci a důkazem, že naše práce je dobrá.

Po speciálních ukázkách různých cviků na náradí a v akrobatice nastoupila Stará Garda pozdravována bouřlivým potleskem návštěvníků. Pod vedením svého župního náčelníka br. Pokorného předvedla svoje cvičení a pak za zpěvu slavnostního pochodu župy pacifické Červeno-bílý a modrý je prapor náš . . . , který složil br. Josef Stelibský, odchází za nadšeného potlesku do svých ubikací.

Vyvrcholení všech sokolských sletů, společná prostná, cvičí ženy i muži dohromady. Byl to nádherný pohled na měnící se barvy při různých obratech a pohybech cvičenců. Můžeme býti právem spokojeni s vykonanou prací. Sokolský Mezislet AOS. v Los Angeles patří minulosti, dobrá práce se podařila a proto ZDAR příštímu sokolskému sletu v Americe i ve svobodném Československu.

V. A. Moudrý.

### REPORT OF MEN'S DIRECTOR ON THE LOS ANGELES MID-SLET AND COMPETITIONS

I find it difficult to pinpoint the beginning of the Mid-Slet preparations, it seems to go back into antiquity—yet, the work did not begin until after February, 1958, when the American Sokol Executive Committee and the Board of Instructors accepted the bid of the Pacific District to hold the 1959 Mid-Slet in conjunction with the Sokol Los Angeles 50th Anniversary Celebration on July 3, 4 and 5, 1959. Then followed letters explaining duties, responsibilities, etc. On July 23, bro. Frank Kubina

appeared before the Board of Instructors with an original composition which he played for us. Needless to say, the Board accepted it unanimously and sis. Mildred Prchal and I went to work preparing the Men's and Women's calisthenics for the 1959 Mid-Slet. Meanwhile, bro. Kubina prepared another composition for the Junior Drill. From then on, the work on the Mid-Slet began to pile up.

The family and I left for Los Angeles on Monday, June 15th, stopping at the Sokol

Halls in Dallas, Ft. Worth and Houston and on the return trip from Los Angeles, we stopped at the Sokol Halls in San Francisco and Omaha.

We arrived in Long Beach, California, on the 23rd of June and went directly to the home of bro. Fred Divisek where we held a short reunion. We were then directed to the Palas' home where we were to stay for a few days before the Slet. The Palas' have what they call a garage apartment consisting of kitchen, living room and bathroom facilities, a very nice place, but, being considerably behind in preparing the trophies, they had overlooked sleeping facilities, so we slept in the main house and the apartment became the workshop for trophies.

My wife and I helped bro. Palas the first two days after arrival, but I had to start some of my paper work in preparation for the competitions while she continued helping with the trophies which were completed about July 2nd.

I had picked up the judges slips just before I left Chicago and as they had been printed on legal size paper, twelve to a sheet, they had to be cut and assembled according to class, division of competition and apparatus events. Because of this delay and the distances between the Palas' home and the Sokol Hall and to bro. Pokorny's home, we did not meet as often as we had hoped to, and then just for a few minutes during evenings at the Hall. Entries were still coming in the mail causing changes in arrangements. Early arrivals were showing up at the Sokol Hall and practice sessions were being held every evening. My wife and I helped out with the groups and discussed the various changes and interpretations in the calisthenics and apparatus exercises with bro. Pokorny and sis. Palas.

When sis. Prchal arrived on Sunday, we visited her and briefed her on the existing situation and she suggested we have a Slet Technical meeting on Tuesday where we cleared up the unfinished details regarding the Slet Program.

On Wednesday, bro. Divisek held a rehearsal of his Slet Band at the hall and I checked the tempos of the drills and explained how we wanted these numbers played. The rehearsals certainly paid off because there was no need to put this time in on Sunday during the drill rehearsals,

which would have been more costly in time and money.

Thursday night, meeting of judges. After a preliminary get-together for greetings, introductions and general instructions, the group separated into men's and women's sections—the women remaining in the upstairs meeting room, with the men moving downstairs to the only room available, the small stage. The dining room was filled with Sokols, renewing acquaintances and reliving past Slets, while the gym was loaded with our younger Sokols, getting acquainted and loosening up for their competitions on Friday and Saturday. I vetoed a suggestion that we clear one of these rooms for our meeting, as I felt that the activities going on in these rooms were as essential procedures in developing Sokol spirit and conducting a Slet, as was our very important judges meeting, choosing the crowded stage with all the noises and disturbances from the other rooms which adjoined it.

It was immediately apparent that we were short of judges. Bro. Oldrich Maly, (formerly a traveling instructor, and a good one too) now of Los Angeles, volunteered his services. I appointed him "Meet Director." A system of rotating judges was worked out to compensate for the shortage of man power. Exercises were discussed and selected. The apparatus had been left in the hall for workouts by out of town gymnasts. This now had to be loaded on trucks for delivery to the meet site at the Los Angeles High School Gym early the next morning.

On Friday morning, we had a few snags which delayed our start somewhat, moving and setting up apparatus in the proper gyms. Some gymnasts arrived late, having taken wrong busses. Soon we got rolling and everything was under control. Bro. Maly as "Meet Director" did an exceptionally good job.

Bros. Pokorny, Nekuda, Palas, Nachtigal, Appel and Divisek, sisters Nekuda, Palas, Prince, Kutcher, Riha, Nachtigal and their committees did a wonderful job in preparing all the necessary details and arrangements needed in conducting a Sokol Slet. The two teachers assigned by the school as supervisors, cooperated willingly.

In the four divisions of competitions held Friday and Saturday, there were 66 Junior Boys and 30 Men. The Championship events by agreement with the women's section, were postponed from Friday afternoon to Saturday morning when it became evident we were running late and the heat was terrific. This proved to be a good move as it gave us a chance to rest the gymnasts and reorganize the judges groups.

While the total number of participating gymnasts in no way compares with the turnout we get at a main Slet in Chicago, which we feel is due partly to the terrific expense involved in the trip, and because many people were not able to arrange their vacations or for time off, the Mid-Slet and Competitions were very well attended.

Track and Field were under the direction of bros. Pokladnik and Parma of Dallas, and bro. Novotny of Slavsky. Swimming and Diving under the direction of bro. Kulhan of Fresno and bros. Votava and Slovacek of Tabor. Bro. Kulhan on completing his swimming competitions, reported he had conducted one special event, 25 yard free style for small boys, several of whom had insisted that he do this. I was informed later that my son had won this event.

The Victory Dance went off very well. The Park Manor was a good selection and the committee arranged an attractive display. Separating the Awards from the banquets and other affairs or functions also proved a good move.

Glen Sundby, Editor of "Modern Gymnast" (he attended the competition and Mid-Slet, taking many pictures of our activities and promised us photographic coverage in one of the issues of M. G. following the Mid-Slet, probably August or September), awarded a one year subscription to "Modern Gymnast" to every 1st Place Winner in each Division of Gymnastic Competition. By the way, if you or your Unit have not already subscribed to this publication, you should do so at once. You will find it is a very useful handbook of stunts for training yourself and others. I have found it a very valuable aid in my classes and we all look forward to the arrival of the next issue for more new "stuff" to try out.

The tabulating committee under Sis. Tillie Prince, did a wonderful job. They caught on quickly to the new forms I had prepared, commenting that they had an easier time

with the new forms and system. I had posted the complete results of all competitions on the Sokol Hall Bulletin Board before 5:00 P.M. Saturday. This is the first time this was completed so well in advance of the Awards Ceremony.

Sunday morning at the rehearsal, it looked for a while that we would fall far short of my estimate of 60 men in the Mass Drill and that some changes would be needed. We were soon informed that we would exceed the estimated number of 60 men and 90 women. In the afternoon, we were 12 deep in columns (3 columns of women and 2 columns of men) instead of the 10 we had originally estimated as our maximum group. All rehearsals went well and everything seemed ready for the big show in the afternoon, but we had no flag to raise on the flagpole. This being a Sunday and holiday weekend, it was impossible to contact the people who supply the flag. I decided to substitute a massing of colors (all American flags in the procession) in front of the stand at the head of the assembled groups on the field for the flag ceremonies. This proved to be quite effective and very impressive. I had delegated the assignment of "Parade Marshall" to bro. Edward Linhart of Sokol Tabor, former Central District Director. He was Assistant District Director at the time I was Central District Director. Bro. Linhart is a great leader and organizer. He did a tremendous job of moving all those groups onto the field in formation for the Parade and Assembly without a rehearsal.

Bro. Rudy Bachna, Chief Physical Director of the A.S.F. (Svaz) and the S.G.U.S., and his assistant and traveling instructor Al Walko deserve great credit for their invaluable assistance in the conduct of the competitions and for the great job they did aligning the columns on the field for the drills.

The West Coast AAU Gymnasts put on a great demonstration of Free Calisthenics and on Parallel Bars. This group was directed by Mr. Irvin Volze of the Los Angeles Turners, a former Olympic coach and judge. The team was composed of Jack Beckner (2 times Olympian, 4 times AAU champ), Kenny Bartlett (NCAA champ), Ken Barber (top California gymnast), Bob Lyman (up and coming young west coast

gymnast), and Sokol Champion, Ed Gombos of S.G.U.S. (University of Illinois graduate). We were unable to show any horizontal bar work as the lightweight sledge gave up before the stakes needed to support the bar were driven into the ground. Too bad though, that a group of "Top Gymnasts" such as these boys are, do not have a planned program of exhibition work and standard uniforms for appearances on programs of this nature. I felt too, that the warm-ups on the field before the audience was not in the best of form or procedure and were out of order.

Bro. Fred Divisek did a really great job providing musical accompaniment for the drills and dances in the program. We had good communications of signals and immediate response and control, a very important item in presenting a program. It was great working with him again after all

these years. He played my programs throughout the 30's. Played other Sokol Programs as well as District Slets and the big one in Soldiers Field in 1941.

The American Sokol Mid-Slet in Los Angeles, 1959, is now history, and many people, brothers and sisters in Sokol Units all over the country, worked days and months preparing for this Sokol Festival (I like the term "Sokol-O-Rama"), raising money, training gymnasts, planning housing, transportation, programming, sight seeing and all the other things towards making a Slet. To you I can only say "The job was well done, yes, very well done! Thanks a million. Without you, it would have been very tough going. You have shown the real Sokol Spirit and we are all proud of the results."

Nazdar!

Edwin J. Halik

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MILDRED PRCHAL

### REPORT ON PARTICIPATION OF JUNIOR GIRLS AND WOMEN IN THE LOS ANGELES SOKOL MID-SLET JULY 3, 4, 5, 1959.

I arrived in Los Angeles Sunday, June 28th, with sis. Zdenka Tintera, Assistant Director of Women, Lillian Sramek, member of ASO. Board of Instructors, Emily Kirch, C. Dunovsky, and Mrs. Jelinek. Sis. Tintera, Sramek, Kirch and I spent a full day on the train reviewing the work awaiting us at Los Angeles and thoroughly studied each phase of the forthcoming competitions to insure as little delay as possible.

Shortly after settling in our rooms at the Clark Hotel, bro. Edwin Halik, ASO. Director of Men, with his family and bro. Karl Palas, Asst. Director of Men of the Pacific District, contacted me at the hotel personally. Upon my recommendation it was decided to call a meeting of the Pacific Mid-Slet Technical Committee for the specific purpose of checking the July 5th Mid-Slet program in detail to avoid any misunderstandings which could easily have occurred due to the long distance preparations and without the benefit of a traveling instructor. This meeting was held on Tuesday at the Sokol Hall and was fully attended by the Los Angeles Mid-Slet Technical Committee together with sis. Zdenka Tintera, Lillian Sramek, bro. Edwin Halik and myself. Each phase of the

program was carefully discussed and, where necessary, changes were made; provisions such as official photographer, singer, etc., also were taken care of. Los Angeles was well prepared due to the fine cooperation of the Pacific District Committees.

Wednesday and Thursday gymnasts continued to arrive in Los Angeles by train, plane, busses and cars; hotel accommodations were fine and plentiful. Well over 300 from New York, Cleveland, O., Chicago, Ill., Cicero, Ill., Berwyn, Ill., St. Louis, Mo., Cedar Rapids, Ia., Omaha, Crete and Wilber, Nebr., Dallas, Ft. Worth and Ennis, Texas, Scio, Oregon, Milwaukee, Wis., San Francisco, Fresno and Los Angeles, California, and Detroit, Michigan, were present. With these arrived many judges, instructors, and coaches. Among them bros. Rudy Bachna, S.G.U.S. Director of Men, Walko, S.G.U.S. traveling instructor, sis. Mary Kadrik, S. G. U. S. Director of Women, with two sisters from Pennsylvania and bro. Eddie Gombos, the current S.G.U.S. Champion Gymnast.

Thursday evening, July 2nd, a meeting of judges was held at the Los Angeles Sokol Hall.

Friday, July 3rd, at 6:30 a.m. judges met at the Sokol Hall for a breakfast meeting and at 7:30 participants and judges gathered at the spacious Los Angeles High School gymnasiums. Apparatus that had been left at the Sokol Hall to give all gymnasts an opportunity to train for a day or two—was moved to the High School gymnasiums early Friday morning by a very efficient crew, adjusted and ready for competitions by 8:15 a.m. 66 Low Division Junior Girls under the direction of Zdenka Tintera, and 10 Intermediate Women directed by Lillian Sramek got under way. At 10:00 a.m. 10 Intermediate Division Junior Girls directed by Mili Udaykee; then at 11:30 a.m. 9 High Division Women and 9 High Division Junior Girls. The High Division was delayed for lack of enough competent judges. Scoring was slower also because of the more advanced exercises. By mutual consent with the Men's Division, the Championship competitions which were set for Friday at 1:30 p.m. were postponed to Saturday, July 4th, at 10:00 a.m. This proved to be a fortunate decision considering the fatigue of the gymnasts involved, due in part to the recent long distance traveling and the existing hot weather.

Saturday, July 4, at 8:00 a.m. competitions for 24 Low Division Women were held under the direction of sis. Frances Hulac, with the assistance of sis. Zdenka Tintera and sis. L. Sramek. These as all of the previous day competitions were very smooth and well organized. At 10:00 a.m. Championship Divisions of 4 women and 6 Junior Girls were conducted simultaneously with Junior Boys and Men in the Men's gymnasium. This gymnasium was equipped with bleachers which were fully occupied by guests before competitions began.

A very receptive audience witnessed this most advanced gymnastic meet of our top Sokol gymnasts and though we are accustomed to the sight of sensational apparatus work by men, I am sure that the tremendous change in trend and progress in Women's gymnastics and especially the proficiency of our Junior Girls were a treat to all who viewed this division. Gone are the strong arm exercises requiring overdeveloped muscles and back breaking effort; in their place are suppleness, grace, soft flowing movements, expression and enthusiasm.

It has taken some time for the conservative Sokol to adopt this new gymnastic trend for women.

This being my personal report, I do not wish to speak of technical difficulties that arose during these two days; these belong in technical committee meetings. I will say, however, that our Sokol Rules were strictly adhered to even to the F.I.G. (Federation of International Gymnastics) Rules and Procedure used in the Championship Division. It was very difficult to get enough competent judges for this Division. Those who judged did very well. Old lists of evaluations had to be discarded and it was no small task to set up new evaluations which were furnished to each judge.

Sokol competitions are the most important and difficult phase of a Slet or Mid-Slet. Time is important. Whether 500 or 150 Junior Girls and Women as in Los Angeles, at least 40 judges are required; also runners who pick and deliver judges' slips to the tabulating committee. Some of the judges are also in competitions and are assigned to judge lower divisions during their "free" time. Each contestant is judged by sets of 3 judges (5 judges for Championship Division). 150 contestants require 2,250 scores. Time for competitions is always limited and judges must speedily but fairly evaluate exercises before them. For many judges and referees of divisions this meant two days of rising at 5:30 a.m., and all day sustenance on only breakfast. Sunday's rehearsals and program add a 3rd day with breakfast only with a possibility of a hot dog, coffee and roll, etc. "on the run." Mental and physical fatigue at the end of each day prevents many from participating in any banquet or entertainment scheduled for the evening.

The experienced judges of course, are called upon to judge in most divisions of which there are seven, and the toughest assignment is judging in the Championship Division.

My sincere appreciation and thanks go to all of the sisters who worked for three days, many of them paying all of their expenses and devoting 3 days of their hard earned 2-week vacation to help make the Los Angeles Mid-Slet a success.

The Tabulating or Auditing Committee whose function it is to add or average

scores received on judges' slips, then speedily enter all accurately on each individual's entry form, then eventually to distribute and post finished results of all competitions, was directed by sis. Otilie Prince. Results of competitions were almost immediate and neatly dittoed for posting and distribution long before the scheduled Victory Night program. My thanks to you, sis. Prince, for graciously undertaking this important and arduous work at a time when you were so busy with other phases of the program.

Saturday evening, July 4, Park Manor (a short distance from the Sokol Hall) was the scene of a jubilant throng of young people who had come to reap their rewards for many months of hard work. Beautiful trophies were artistically arranged on tables set on the stage and a set of three stairs was placed before the center of the stage. The trophies themselves were of polished California red wood—lovely modern designs with non-tarnishable figures appropriately set thereon. Almost 100 trophies! These represented many months of hard work by bro. "Chuck" Palas, work which cannot be evaluated as were the exercises of the recipients. These trophies are now in different parts of the U.S. and perhaps br. Palas' knowledge that his work will forever be in the archives of many Sokol units is sufficient reward for him.

Bro. Edwin Halik opened the ceremonies by introducing bro. Karl Palas, who acknowledged the introduction and expressed his hope that the trophies would please the victors. He then introduced bro. Chas. M. Prchal, President of the ASO. His short but sincere address is printed in the July issue of Sokol Americky.

Sis. Florence Palas, Director of Women of the Pacific District, and sis. Mili Udaykee, representative of the Central District Women's Board of Instructors, distributed the trophies to the winners as their names were called and the editor of the "Modern Gymnast" and others snapped pictures of all individuals as they grouped themselves in order of their placing on the stairs before the stage, each carrying his or her trophy.

Needless to say the very crowded Park Manor rang with applause and cheering as each victor answered the announcement of his placing in the Los Angeles Mid-Slet

competitions. This was truly a Victory Program belonging to the youth of our Organization and all praise and appreciation belongs to the Trophy Committee of the Pacific District for the wonderful "setup" of this program. Social dancing followed for those who stayed on while others left for the Sokol Hall to visit and renew acquaintances. Still others left early to be ready for Sunday morning rehearsals.

Sunday morning, July 5th, Los Angeles High School Athletic Field

Rehearsals started at 9:30 a.m. and continued throughout the morning as scheduled. To my surprise there was an increase in Junior Girl and Adult groups over and above official entry figures for rehearsal and program.

The Los Angeles High School Athletic Field resembles the J. S. Morton West Athletic Field where the 1957 ASO Slet was held. There was plenty of shade under the bleachers where groups "lined up" and close proximity to locker quarters and refreshment concession helped keep participants contented.

During the hour between rehearsal and program, bro. Bachna, SGUS Director of Men, bro. Walko, SGUS traveling instructor, and assistants cleared the field of benches and other paraphernalia which would have been not only a handicap but an unpleasant perspective to an otherwise beautiful picture. Bro. R. Bachna also added necessary markers and saved the day by furnishing the seemingly unimportant but most vital flag designators which, as he said, "I always carry those in my car."

Sunday afternoon, July 5, 1959, 2:15 p.m. before an audience of about 2000, bro. Fred Divisek, Director of the Band, and later M. C. of the program, started the opening ceremonies with the beautiful Fanfare from "Libuse" and the assembly of participating groups entered the field led by officials of the ASO Executive Committee, all districts carrying their respective flags at the head of their group. To an experienced technician it was unbelievable that this assembly of approximately 800 children, juniors and adults could flawlessly execute this impressive and colorful spectacle without rehearsal of any kind. Timing and spacing was excellent and each group was enthusiastically applauded as it passed the tribune.

This assembly was directed by bro. Ed. Linhart, Director of Sokol Tabor, and bro. Halik thanked him from the stand. Flag bearers marched forward, colors were posted, hymns were played and the pledge to the flag was led by Carl Palas, after which the assembly of groups marched off the field.

Bro. E. Nekuda, President of Sokol Los Angeles, officially greeted the receptive audience and introduced the speaker of the day, bro. Chas. M. Prchal, who spoke in both Czech and English. He greeted all of the Sokol brethren and guests, expressed warm appreciation for the work of the gymnasts and all sisters and brothers present as well as those who worked hard for the success of the Los Angeles Mid-Slet but were unable to attend. Bro. Emil Nekuda then turned over the functions of Master of Ceremonies to bro. Fred Divisek, President of the Pacific District of the ASO.

#### 1st Class Children

Approximately 100 small boys and girls, a number of them from other parts of the country, presented a calisthenic drill. The calisthenics were composed by bro. Henry Vydra, member of the ASO Executive Board. They were led by bro. Jos. Pokorny, Director of the Pacific District Instructor's Board, who also taught these calisthenics throughout his district. The children received well deserved applause for their efforts as they marched off the field.

#### Junior Girls and Boys

105 junior girls and 52 junior boys were next with a combined calisthenic drill. The girls' calisthenics were composed by sis. Zdenka Tintera, ASO Asst. Director of Women, experienced instructor and choreographer of innumerable special numbers for women and junior girls. The junior boys' calisthenics were the work of bro. Stanley Barcal, ASO Asst. Director of Men, one of our finest Sokol gymnasts and long-experienced teachers of men and boys. Just a few years ago the junior girls' class was one of the smallest in our Sokol gymnasiums and the Women's Board is rightfully proud of the progress these teenage girls have made both in numbers and quality. It is now the largest and most active class in our gymnasiums. This is due largely to the change in girls' gymnastics

and the greater national consciousness of physical fitness.

#### Beseda

This popular and authentic Czech National Folk Dance followed a lively entrance of about 50 dancers in beautiful Czech and Slovak costumes. It was done with gayety and enthusiasm to an accelerated tempo without which this exceptionally long dance could have become boring. It is too bad that a barrage of photographers practically surrounded the dancers and an otherwise beautiful picture was slightly marred. The dancers were generously applauded and appreciated by the audience.

#### Visiting Dignitaries and Messages

Bro. Senator Roman L. Hruska, the members of whose family are all long standing Sokols, spoke to the audience of the very important part the American Sokol plays in the American democratic way of life. Senator Hruska of Nebraska is very popular and respected throughout the Sokol world and his presence and words are always thunderously applauded.

Bro. Nekuda then read a telegraphic greeting from President Eisenhower and others. He also read a proclamation by Mayor Poulson of Los Angeles designating July 5, 1959, as SOKOL DAY.

#### A.A.U. Gymnasts

5 gymnasts, 3 of whom were members of the 1956 Olympic team, presented a program of free calisthenics and parallel bar work. More spectacular would have been their work on the horizontal bar but for technical reasons this apparatus could not be used. The Teagarden family of acrobats also showed their skill on the tumbling mat; their hand-balancing was especially good. Both of these groups were well received.

#### Stara Garda (Old Guard)

A group of approximately 30 men and women led by bro. Joseph Pokorny presented a formation drill composed by him. Some of these members were more than middle aged though their movements were decidedly young. These veteran groups are always effective and I was reminded of Sokol Racine, of Racine, Wisconsin, whose group of older men, some in their 70's, who

have made numerous appearances at various occasions including army hospitals, etc. It was one of the best numbers on the program.

### Sokol Champions

10 women and junior girls, top Sokol gymnasts and winners in the Sokol competitions executed the exercises that won them their awards on the Hi-lo Bars and Hi Beam. Under the direction of Jerry Krizenecky, former Sokol Champion, these trim and graceful gymnasts were an excellent example of what Sokol training offers to girls and women. The Women's Champion, Henrietta Milan of Fort Worth, Texas, 1st place winner in the High Division, Larry Schweitzer and Ruth Riese, 3rd place winner in the High Division, both of Sokol Tabor, Berwyn, Ill., are all mothers of children who also attend Sokol classes. The award winners were presented to the audience.

### Mass Calisthenics of Men and Women

The climax and last number of the program was the mass calisthenic drill by 200 men and women.

These Sokol members gathered together from all parts of the country proved that through voluntary discipline and conscientious work people can work together harmoniously though they may never have met before. Much of this drill was improvised during rehearsals to suit the number of participants. Again only instructors and participants themselves know what preparations and forethought go into the placing of each individual to form a pleasing and symmetrical pattern upon the field. Mass calisthenics of this kind are a Sokol specialty and are a miniature example of the former gigantic Prague Sokol Slets when 30,000 women and later 32,000 men drilled as one, when the movement of 60,000 arms resound to the accompaniment of the music which is distributed by ground system throughout the tremendous stadium and the spectacle is viewed by over 250,000 people.

### Closing Ceremony

While the men and women still occupied the field at attention, our "God Bless America" was sung by a very fine baritone. The colors were retired and the mass of men and women marched from the field.

It is impossible to name all of the instructors, coaches, judges and workers without whom this L. A. Mid-Slet could not have been so successfully conducted.

The committees necessary for the Mid-Slet Competitions and Exhibition are to be congratulated for the perfect liaison between Chicago and Los Angeles. Bro. Joseph Pokorny's reports of all his travels and work throughout the southwest kept us well posted as to conditions and expectations from the Pacific District. The Housing Committee and its Chairman, sis. Kutcher, provided excellent and plentiful accommodations for all of our participants (this is always a sore spot during events of this kind). The cooperation and hospitality was more than could be expected.

Then, too, there are the Sokol members of different units throughout the country who, though not present in Los Angeles, worked on many projects necessary for raising funds to finance gymnasts from far away cities.

Monday, July 6th, I boarded a train for Chicago and could hardly believe that the Los Angeles Mid-Slet was now a memory and the only regret remaining was the same as at all previous Sokol Mid-Slets and Slets; that the anticipated meeting and visit with many Sokol sisters and brothers proved again to be but a fleeting glimpse, a quick handshake and a "will see you later."

To our Sokol women I want to say: "You did well as I expected—may the Sokol ideals be as much a part and joy of your life as it has been of mine!"

To our Junior Girls: "You are our pride and hope! May your growing ranks and your tremendous progress toward the achievement of the finest goal continue and your aim be fulfilled!" Nazdar!

### LOS ANGELES SOKOL MID-SLET PARTICIPANTS

July 3, 4 and 5, 1959, we added another achievement to the brilliant history of the AMERICAN SOKOL. Expressions of appreciation for the tremendous work of the innumerable members wholly dedicated to the SOKOL cause and toward the success of the Los Angeles Mid-Slet seem so inadequate! May the memory of myriads of happy faces filled with spiritual and physical beauty be your reward for all your efforts and sacrifices! NAZDAR!

## AMERICAN SOKOL EXCURSION INVADES FRESNO SOKOL JULY 6th

After a grand Mid-Slet in Los Angeles, the Fresno Sokols under the guidance of President Bill DeLancey's committee, hurried home some 218 holiday miles and showed real western Czech hospitality to 161 Sokol excursion members. This influential Sokol group came from eastern and mid-western states and their hostess was the very capable leader sis. Blanche J. Cihak, who is a real asset to the Sokol movement.

Fresno Sokols greeted these eastern Czech Sokol ambassadors in a large private park, which had a large swimming pool. There was Czech music from bro. Frank Krasny's precious library of records. Plenty of eats and refreshments, also local grapes, peaches, plums and watermelons from the richest county in the United States, Fresno.

After eating and visiting there was a real Czech chorus group singing a good half hour under the leadership of bro. Frank (Teach) Prihoda, who is instructor of Sokol St. Louis. Inspiration in singing brings memories of the past to the old and enthusiasm to the young.

Next the lights dimmed, but the stars shone brightly on this wonderful group while we saw the colored films of Europe including Czechoslovakia taken by bro. Bert and sis. Louise Muzer in May, 1958. This beautiful country traveling picture bro. Bert has shown to dozens of groups up and down the coast. Many of our audience lived these pictures over again.

The evening was still young, but our travelers with very little sleep from previous nights at the Slet, were ready for slumberland. Next stop Yosemite National Park, a trip where one gets the real feeling of our Sierra Mountains—high-low, rocks, trees, and the real beauty of nature.

We are very grateful to our leader President Karel M. Prchal and very able assistant sis. Blanche Cihak for bringing this fine group to Fresno. We are sure you instilled in us a greater Sokol faith, spirit, and enthusiasm for us and our younger generation. We will endeavor to keep the Sokol tradition high as you older Sokols have done in the past. Your fine traveling group propagates the Sokol spirit right from their liberal Sokol heart.

We will all keep up our Sokol philosophy.

It was indeed a pleasure and honor to see and talk to so many friends. I, formerly of Omaha, see like others, that this world is getting smaller, so we can see each other more often. Sokols from Cleveland, New York, Chicago, Racine, St. Paul, Milwaukee, Battle Creek, Miami, Omaha, etc., and names like Dusek, Kocourek, Novotny, Ruzicka, etc., mean a lot to me as well as to them.

So till we meet again on some excursion, Slet, district meeting, or hear or read about you or your home town —

Nazdar!

Dick Hruska

## SIS. BLANCHE J. CIHAK'S BANQUET ADDRESS

Sister and Brother Sokols,

Distinguished Guests:

It is not too many years ago that the American Sokol Organization had one of its tours to our western coast. On that occasion we visited our Sokol units here and had a truly wonderful time. Who would have thought then that within a short time we would be attending a Mid-Slet in California and that for that Slet we could assemble the largest group of people we ever had for a tour to visit you and participate with you in that Slet, and enjoy with you the 50th anniversary of Sokol Los Angeles and the 40th anniversary of Sokolice Los Angeles.

These have been truly days of thrills and happiness. We will carry back with us unforgettable memories of your beautiful state, but above all the knowledge that our Sokol is firmly implanted on the shores of the Pacific and that you are getting stronger every year must strengthen our faith that the Sokol ideals shall remain effective as long as there is a United States of America.

Many of our friends have moved to the west from all parts of the country. You came here to build new homes, to live perhaps a different life. Of all the things you moved, we are most grateful to you for the fact that the Sokol ideals you lived for among us, have remained a vital part of your lives here.

You have accomplished much, Sokol Los Angeles. For this we thank you wholeheartedly. Almost three generations of youngsters have been trained in your gymnasium. For 50 years, from very humble beginnings, you have persisted in the Sokol work, knowing deep in your hearts that some day all America would realize that what the Sokols are doing is one of the most important things in our life.

Thank you, Sokol and Sokolice Los Angeles, for your perseverance, for your courage, for your fine Sokolstvi. May your ranks grow ever larger, and your fine influence ever greater.

Nazdar!

## CONCENTRATE ON PROMOTING YOUR SOKOL, LOCALLY, NATIONALLY, INTERNATIONALLY

by

A. J. Suster, President, Sokol Tyrs, Cleveland, Ohio  
(Public Relations Consultant)

(Bro. Anthony J. Suster, President of Sokol Tyrs, Cleveland, Ohio, is well qualified to write about public relations as he is a professional in this field. His suggestions are so timely, and presented in such fine form that they can be a valuable asset to every unit. We recommend that our units study them thoroughly and keep them in a separate folder for easy reference.

This is a fine text on a phase of our work in which we have been exceptionally weak. The material will be published in serial form, every month. This is installment number V.—J.L.C.)

c) "A NEWSLETTER" — "A NEWS BULLETIN" or whatever title you choose, should be the calling card of your unit. It should be written—not only for the membership but also for outsiders or members of other units. You have unlimited possibilities here which, of course, must be coordinated with your finances.

An example: The Sokol Tyrs NEWSLETTER, published monthly by the Sokol Tyrs Unit in Cleveland, Ohio, is usually a 12 page publication. The entire copy is typed by a special typewriter which has a legible type-face. The process is called "Multilith Offset" which means that the layout copy (original) is photographed, transcribed on a paper Multilith Master and reproduced as any offset printing. The paper master usually lasts for reprint of 500-1500 copies. Paper used is "Offset, white, 60 lbs. weight." The cost for 500 copies of such a publication is, on the average, about \$50.00. The "masthead" is pre-printed in larger quantities to save money on running it through the press and saving on paper stock. You can insert pages—as many as you need and can afford. Pictures can be reproduced by a similar method. They are, of course, more expensive because the mas-

ter must be made outside and is processed on a metal plate.

The contents of the Newsletter vary. There should always be columns talking about gymnastic activities of all classes. Schedules of meetings and events, well in advance, so that others can arrange their meetings properly and do not interfere. An educational article should always be in such a publication.

Don't forget to mention the personals—such as birthdays, anniversaries, etc. They do usually cause trouble if you leave someone out, but make others happy.

In publicity business of any kind, do not forget, that people like to see their names in print. That is a statement we all should be very frank about.

Some NEWSLETTERS can be produced on a mimeograph machine or ditto duplicator or other method. Today's printing techniques are simple and the machines are not expensive. REMEMBER: Any little publication put out by your unit will stimulate interest in your organization, among your own members and among non-members.

Mail similar pamphlets and newsletters to other units, to local newspapers, radio and television stations, neighborhood schools, and other civic organizations. Do not forget, though, to adjust your editorial policies accordingly. Sometime, things which happen inside of the organization are not for publicity among outside groups.

Be careful of the style of writing and choice of words.

(To be continued)

### DATES FOR AUGUST

- |   |   |
|---|---|
| August 1, 1914—Beginning of World War I.  | August 15, 1945—V.J. Day — Japan surrenders unconditionally.  |
| August 4, 1879—First public exhibition of athletic exercises and sokol competitions in U.S.A. held in New York by National Sokol Union. | August 17, 1753—Joseph Dobrovsky born — Father of Czech historical research and literature.   |
| August 5, 1945—Hiroshima destroyed by atomic bomb.  | August 24, 1921—Second delegation of sokols from Czechoslovakia attend the first gymnastic meet of American Sokol Union in Chicago. |
| August 8, 1884—Dr. Miroslav Tyrs died. Co-founder of Sokol.   |   |
| August 14, 1909—First delegation of Czech Sokols sent to U.S.A.   |   |



Přední řada od leva: Frank Kopecký, F. Borecká a Šimon Rokúsek. Zadní řada: Elmer Pomajzl, Vojmír Benák a Štěpán Pomajzl.

### CRETE, NEBRASKA.

V neděli dne 26. dubna 1959 slavila T. J. Sokol Crete 75. výročí svojí činnosti.

Po společné večeři přikročeno ku programu, který řídil starosta Štěpán Pomajzl.

Župní starosta Fr. Kopecký věcně promluvil pravě, že kdyby každá Sokolice přivedla svého muže do sokolských řad, nemusely by mnohé jednoty zápasit o svou existenci. Po něm vystoupil na podium starý harcovník myšlenky sokolské Šimon Rokúsek. I on velice pěkně promluvil, obdivuje se, že jak v Crete tak i ve Wilber máme tak pěkné čtyři žen a děvčat a chlapců tak málo.

Po něm vyvolán župní náčelník Vojmír Benák, který svižným přednesem blahopřál jednotě mnoho zdaru do budoucna. Dále promluvil Victor Nesporý v anglické řeči. Zdůraznil hodnotu Sokola po stránce zdravotní a ušlechtilosti mravů. Sokolice F. Borecká gratulovala Sokolu jménem Sokolic Libuše. Po té, jednatel Sokola Crete přečetl krásný dopis od V.V. AOS. a gratulaci od Sokola Wilber. Na to sestra Helena Kupková přednesla výtah historie Sokola Crete, jí samou vypracovaný.

Po té Crete High School Sextet přednesl velice pěkné číslo. Konečně přikročeno ku cvičebnímu programu.

Sokolice Crete a dorostenky, dorostenky a ženy z Wilber vystoupily v několika pěkných číslech, jejichž korunou bylo vystoupení v společných prostných.

Velice pěkné číslo, akrobatický tanec, předvedla sl. Bláhová z Wilber.

Čtverice ze So. Omaha vystoupila s velice pěkným číslem "Modern Gymnastics" a získala si plně zasloužené ovace.

Záci a dorostenci z Crete zacvičili na bradlech. Po té večer ukončen tanečním vínkem, na němž se podíleli hlavně cvičící mládež a omladina.

Fr. J. Prášek, jednatel.

### BRO. EMIL NEKUDA'S BANQUET WELCOME ADDRESS

Honored Guests,  
Sokol Brothers and Sisters:

On behalf of Sokol Los Angeles I wish to extend a sincere welcome to all Sokol brothers and sisters, distinguished guests and friends.

We feel truly honored to be your hosts—to have you share with us our Golden Anniversary celebration.

Our Unit has gone a long way in the past 50 years. We owe a great homage, with all reverence, to the departed brothers and sisters, who are with us tonight only in our memory. They worked diligently, and their philosophy of Sokol ideals was a true pattern for an achievement—a desired goal—to build a Unit for us to cherish and improve. This is not a climax, it is not the end of a journey, but a milestone, a beginning for us, to give inspiration to our own young people, to carry on the dedicated work set before them. As long as they shall strive upward, cooperatively, in true Sokol spirit, just so long will our Sokol unit in Los Angeles fill a vital role.

May I wish you a very pleasant visit in our great City of Los Angeles, and thank you for your presence here tonight.

Vítáme Vás, bratři, sestry a přátelé!  
Nazdar!

### OZNÁMENÍ.

Sokol Omaha má uprázdněné místo pro schopného cvičitele. Tento musí býti schopen cvičiti všechny třídy, obého pohlaví a musí býti znalý řeči anglické.

Bližší podrobnosti a vysvětlení na požádání podá:

Frank Kopecký, starosta jednoty  
3103 Spring Street,  
Omaha 5, Nebraska.

## FINANCIAL REPORT ASO.

July, 1959

## INCOME

Sokolice Libuse, Crete, Nebr., II qtr. ....	\$ 36.00
Sokolice Los Angeles, Calif., Sokol caps. . .	21.81
Sokol Detroit, Mich., II qtr. ....	125.74
Sokol Tabor, Berwyn, Ill., II qtr. ....	2.00
Sokol Wilber, Nebr., II qtr. ....	80.50
Dividends on Investments .....	523.75
Sokolice Little Ferry, N. J., II qtr. ....	37.00
Sokol Crete, Nebr., II qtr. ....	12.75
Sokol Fuegner, L. I. C., N. Y., IV qtr. and convention fund .....	76.00
Sokol Fuegner, L. I. C., N. Y., I qtr. ....	61.00
Sokol Fuegner, Chicago, Ill., II qtr. ....	45.00
Sokol Cleveland, O., II qtr. ....	70.00
Sokol Cleveland, O., membership pin ....	1.25
Sokol Omaha, Nebr., I and II qtr. ....	269.00
Sokol Schuyler, Nebr., II qtr. ....	16.50
Sokol Mladocech, Racine, Wis., II qtr. ....	36.00
Sokol Ft. Worth, Texas, I and II qtr. ....	63.50
Sokol Karel Jonas, Wilson, Kansas, II qtr.	8.50
Sokolice Libuse, So. Omaha, Nebr., II qtr. and contribution .....	51.50
Sokol Rip, Pittsburgh, Pa., II qtr. ....	32.25
Sokol Fuegner Tyrs, So. Omaha, Nebr., II qtr. ....	81.25
Sokol Fresno, Calif., II qtr. ....	41.00
Sokol Schenectady, N. Y., II qtr. ....	39.75
Sokolice Los Angeles, Calif., II qtr. ....	72.50
Sokol Los Angeles, Calif., II qtr. ....	99.50
Sokol Stickney, Ill., I and II qtr. ....	91.00
Sokol Corpus Christi, Tex., II qtr. ....	37.75
Sokol Houston, Texas, II qtr. ....	62.75
Sokol Cech Havlicek, Cleveland, O., II qtr.	61.50
Sokol Pine City, Minn., II qtr. ....	10.00
Sokol Berwyn, Ill., II qtr. ....	97.25
	<b>\$2264.30</b>

## DISBURSEMENTS

District Director Collector of Internal Revenue—Withholding tax and Social Security .....	\$ 451.05
Crafters Incorporated—Membership pins ..	45.50
Illinois Bell Telephone Company .....	61.17
Berwyn Press—Sokol Americky .....	525.56
Salary—Secretary and Financial Secretary	326.20
Salary—Director of Men .....	99.18
Salary—Director of Women .....	79.90
Mailing list expense .....	25.00
Editorial Staff .....	120.00
Rental .....	35.00
Radio .....	25.00
Janitor service .....	10.00
Postage and office supplies .....	38.22
	<b>\$1841.78</b>

## BALANCE

Lawndale National Bank checking account.	\$1649.56
Income—July, 1959 .....	2264.30
	<b>\$3913.86</b>
Disbursement—July, 1959 .....	1841.78
	<b>\$2072.08</b>

## ZÁVODY DOROSTU V LITTLE FERRY.

V sobotu, 13. června konaly se v sokolovně v Little Ferry tělocvičné závody dorostenců. Závodů se zúčastnilo 11 dorostenců župy M. M. Hodža a 24 dorostenců župy Východní. Jednotlivé jednoty zastoupeny byly takto:

STJ Sokol Guttenberg 6, STJ Sokol Bethlehem, Pa., 5; T. J. Sokol Belcamp, Md., 6; T. J. Sokol Little Ferry, 7; T. J. Sokol Fuegner, L.I.C., 6 a T. J. Sokol New York, 5.

16 dorostenců závodilo ve středním stupni výcviku, zatím co v nižším stupni výcviku závodilo 19 dorostenců. Výsledky závodů jednotlivců:

## Nižší stupeň

1. Karabin, Bethlehem	125.0
2. Pavelko, Bethlehem	124.0
3. Jancosko, Bethlehem	122.3
4. Karabin J., Bethlehem	121.7
5. Relyea, Little Ferry	119.4
6. Kestler, Fuegner	119.3
7. Puskas, Bethlehem	117.5
8. Yablonicky, G. Guttenberg	113.6
9. Hrbek, Little Ferry	113.2
10. Capek, Little Ferry	105.9
11. Koudelka, New York	100.1
12. Korencich, Guttenberg	99.0
13. Ruzicka, New York	98.6
14. Yablonicky, L. Guttenberg	94.4
15. Sauer, New York	93.1
16. Bartoš, Fuegner	92.2
17. Keil, Fuegner	91.5
18. Anthony, Fuegner	84.6
19. Kestler, A. Fuegner	71.4

## Střední stupeň

1. Brooks, Belcamp	126.8
2. Fraizer, Little Ferry	124.7
3. Roch, Little Ferry	121.3
4. Zinzi, Little Ferry	116.7
5. Hronek, Belcamp	114.9
6. Stipek, Little Ferry	113.4
7. Benisek, Belcamp	111.7
8. Hronek, Belcamp	111.1
9. Koudelka, New York	109.7
10. Hesoun, Belcamp	108.5
11. Benisek, O., Belcamp	106.2
12. Jacobson, G., New York	106.0
13. Krivohlavy, Fuegner	105.5
14. Yablonicky, Guttenberg	105.3
15. Zempella, Guttenberg	102.6
16. Jacobson W., New York	102.6

Závody vedli župní náčelníci bratři F. Čapek a J. Škapík za pomoci soudcovských sborů z obou žup. Závody byly slušnou ukázkou sokolské přípravy, i když mohlo být více cvičenců a zejména je velká škoda, že letos poprvé nezávodili muži. Výbory i náčelnictva obou žup by si měly vzít za povinnost pracovat k tomu, aby příštím rokem se konaly závody v plném rozsahu.

Nazdar!

RESULTS OF MID-SLET COMPETITIONS  
WILL APPEAR IN THE NEXT ISSUE OF  
SOKOL AMERICKY

## ŽUPA SEVEROVÝCHODNÍ.

Zprávy ze župních schůzí květnové a červnové, jeví se jak následuje. Obě řízeny bratrem Janem Tichým. Bratr A. Benesh hlásí, že župa přijala žádost V.V. Americké Obce Sokolské, o zastoupení na cvičení v Rossford. Projevona radost nad prací bratra J. Čiháka, vzdělavatele Obce, nad jeho úpravou materiálu ku přednáškám pro místní vzdělavatele.

Bratr starosta podává zprávu ze zájezdu do Toleda, kam zajel s bratrem Verknerem, který ukazoval krásné filmy ze svého zájezdu do Československa. Zájezd tento měl úspěch.

Sokol Tyrš hlásí, že banket na oslavu 40letého trvání se vydařil. Mnoha členům předány odznaky záslužného, dlouholetého členství. Přivítán při této příležitosti srdečně bratr J. Čihák, zástupce V.V. Obce. Do Los Angeles jedou 2 muži, 4 ženy a 2 dorostenci. Každému cvičenci povolen obnos \$25.00 na úhradu cestovného. Premiera operety bratra Zd. Ptáka se bude v důsledku velikých výloh hrát dvakráte a to 7. a 8. listopadu. V budově utrpěna škoda způsobená povodní.

Sokol Cleveland oznamuje, že ve schůzi promítány krásné snímky z Japonska, neteří bratra starosty, učitelkou Alicí Jíchovou, která v Japonsku vyučovala.

V župní schůzi hostem byl bratr Láška, který starostou vyzván by promluvil k bratřím několik slov. Bratr Láška prohlásil, že jest rád tomu, že ve schůzi mohl být přítomen a že pozoruje, že ten český Cleveland hlavně díky Sokolu, dosud vykonává poctivou práci na národní roli, třebaže nerad vidí, že mnoho bratří a sester odešlo od té doby, co tu jako konsul působil. Promluvil též o dnešní nepříznivé světové situaci a připomínal, že musíme stále být na stráži před nepřáteli svobody. Připomínal každému, kdo by snad zavítal návštěvou do Mexika, aby se u něho zastavil, jak u bratra.

K. Zahradníček.

## SOKOL WASHINGTON, D.C.

Sokolská jednota Washington, D.C. zahájila počátkem roku sbírku na svůj stavební fond. Chce mít podíl na stavbě Československého národního domu, v hlavním městě Spojených států, kterýžto dům má být také řádně vybavenou sokolovnou. Prozatím se jednota obrátila s výzvou a žádostí o příspěvky, na své členy, příznivce, na všechny jednoty a župy AOS. Většina členů jednoty, kteří na stavbu přispějí, upsala částky od 50 do 500 dolarů, kteréžto budou jimi postupně spláceny.

Kromě toho však došla řada darů od jednotlivců a příznivců a jednot. Někteří bratři a sestry a jednoty poslali dopisy, jako bratr F. Rosner ze Sokola Slávského, bratr J. Martin ze Sokola Portland, od sestry z Detroit, bratří ze Sokola Žižka, Dallas, Texas.

Rádi bychom touto cestou poděkovali všem, kteří nás svými příspěvy a dary povzbuzují v našem úsilí mít vlastní střechu nad hlavou. Ujist'ujeme vás, bratři, sestry a přátelé, že si Vaši pomoci nesmírně vážíme a že vaši důvěru v nás nezklameme.

Adresa stavebního fondu, na kterou lze zaslati příspěvky, jest: Sokol Washington, D.C., Building Fund, c/o Mrs. Rose Friedrich, 12909 Parkland Ave., Rockville, Md.

## SOKOL DETROIT.

Letošní veřejné cvičení Sokola Detroit se nad míru podařilo a překonalo v mnoha směrech cvičení předešlá a to jak návštěvou, tak i skvělým programem, ve kterém tak četné zastoupení byli milí bratři a sestry z jednot Cleveland, Toledo, Slovenské jednoty z Clevelandu a jednoty z Rossford, z Toronta a Windsoru. Počasí překrásné, návštěva veliká.

Vzácnými hosty byli starosta župy Severovýchodní bratr Jan Tichý, náčelník bratr Vávra, místonáčelnice sestra Humel, starosta Sokola Moravan bratr Straka, starosta a místostarosta Sokola Windsor bratři Tomeš a Čížek, jednatel Sokola Toronto, bratr Havlík a též náčelnictvo kanadských jednot. Přítomen též výborný tělocvikář z university Michigan Ed Gangeie a dva význační gymnasté od American Turners, podílející se cvičení na nářadí s našimi borci.

Program řízen bratrem Siedlikem a sestrou Sue Wimmerovou. Hudební doprovod ku cvičení, jakož i později hudba k tanci v rukou bratra Tomeše. Program pozůstal z dvanácti čísel, započato s maličkými, pak cvičilo na 80 žáků a žákyň, pokračováno dorostem v prostných a na nářadí, nejkrásnějším mohutné vystoupení mužů a žen ve společných mezisletových prostných. Během cvičení představení vítězové župních závodů a přirozeně veliké nadšení vyvoláno oznámením velikého úspěchu dvou našich dorostenců Manuse Turchana a Jerry Machaly v závodech na mezisletu v Los Angeles.

Po cvičení rozproudila se bratrská veselice. Také kuželník byl v činnosti, zásluhou bratra Huvara a těšil se popularitě. Proveden rovněž tah vládních bondů a sice jeden na \$500.00 vyhrán sestrou Kavanovou, \$250.00 panem H. Colton, \$100.00 panem A. Vitkem, \$50.00 p. C. F. Hafele a \$25.00 bratrem L. Hurlíkem.

Všem bratřím, kdož přiložili ruku k dílu, naše bratrské díky.

A.B.

James L. Cihak

## SOKOL ST. PAUL IN ST. PAUL DISPATCH

We received a newspaper clipping from sister Lucille Pavlicek, the unit's publicity chairman, assistant instructor and member of the Advisory Committee to our Educational Board. Under an eight column heading "Sokol Dedicated to Keeping Youth Physically Fit" written by Jim Shoop, Staff Writer, a two column article with pictures excellently depicts the sokol work of Sokol St. Paul.

The unit's history, goals and achievements are described by a writer of keen insight who must have received a wealth of material from the members of Sokol St. Paul.

We know well the time and effort required to secure this information and congratulate sis. A. W. Buzicky, brothers Miro Verner and Robert Vanyo for their fine work and especially sis. Lucille Pavlicek for her efforts in spreading knowledge of our sokol work among the people of St. Paul.

Nazdar!



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ceed best in life have always been  
cheerful and hopeful men, who  
went about their business with a  
smile on their faces, and took the  
changes and chances of this mortal  
life like men, facing rough and  
smooth alike as it came.

—Chas. Kingsley

So long as we love, we serve.  
So long as we are loved by others  
I would almost say we are indis-  
pensable; and no man is useless  
while he has a friend.

—R. L. Stevenson

Reading is to the mind what ex-  
ercise is to the body. As by the  
one, health is preserved, strength-  
ened and invigorated; by the other,  
virtue (which is the health of  
the mind) is kept alive, cherished  
and confirmed.

—Addison

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## ST. PAUL SOKOL NEWS

Once again that wonderful summer vacation is upon us and those that participated at the Slet will have fond and lingering memories I am sure.

Sokol Gym classes ended May 2nd with a traditional dinner and gym program. By the attendance and comments both were a success. Sister Marie Svanhauser, chairman of the dinner, did a wonderful job with her assistants Helen Kalash and Hattie Fisher.

The program was very entertaining as each teacher had her special number. The men's and women's classes ended a little later in the season because they were interested in keeping their volleyball games going.

We are very happy to announce that we had camp for 26 sokol children, ages 7-14, at Sokol Camp, Pine City, Minnesota. Councillors were Georgiana Buzicky and Lucille Pavlicek. Junior councillors were Lorraine Vanyo and Gary Pavlicek, who also was a senior life guard. Our chief camp cook was sister Lillian Kodada, who fed the campers a well balanced diet and we all loved her

dearly. We also appreciated the help of her assistant Lorene Sedlacek.

These past few Saturdays and Sundays several of our Sokol brothers are donating their time and energy to put on a new camp roof, which will be a great improvement to our camp. Thank you, Miro Verner, Frank Verner, Al Pavlicek, Al Buzicky, George Chlebecek, Jim Chlebecek, Harold Kodada and John Dolejsi, without your help this work couldn't be accomplished.

Sokol Picnic Chairmen Miro Verner, Shirley Verner and Lucille Pavlicek announce the date is Sunday, August 2nd, at Pine City Sokol Camp. The traditional chicken booya will be served. Pine City, Minneapolis, and Hopkins Sokol are assisting at the picnic, which is put on by the St. Paul Sokol.

We hope that you all enjoy a wonderful summer vacation and get plenty sunshine and pep stored for fall gym classes.

Nazdar!

L. Pavlicek

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