

≡ SOKOL AMERICKÝ ≡

PUBLICATION OF THE AMERICAN SOKOL

Educational and Physical Culture Organization

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OCTOBER, 1960



SLET ACTIVITY

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SOKOL AMERICKÝ

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EDITORIAL STAFF
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STATEMENT

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1. The names and addresses of the publisher, editor, managing editor, and business managers are: Publisher: American Sokol Organization, 2345 S. Kedzie Ave., Chicago, Ill. Editor-in-Chief: Charles M. Prchal, 2419 Scoville Ave., Berwyn, Ill. Managing editor: none. Business manager: none.

2. The owner is: (If owned by a corporation, its name and address must be stated and also immediately thereunder the names and addresses of stockholders owning or holding 1 percent or more of total amount of stock. If not owned by a corporation, the names and addresses of the individual owners must be given. If owned by a partnership or other unincorporated firm, its name and address, as well as that of each individual member, must be given.) American Sokol Organization, 2345 S. Kedzie Avenue, Chicago 23, Illinois. Charles M. Prchal, President, 2419 Scoville Avenue, Berwyn, Ill. Blanche J. Cihak, Secretary, 2207 W. 107th Street, Chicago 43, Ill. Joseph Brouk, Treasurer, 2101 Norfolk, Westchester, Illinois.

3. The known bondholders, mortgagees, and other security holders owning or holding 1 percent or more of total amount of bonds, mortgages, or other securities are: (If there are none, so state.)

4. Paragraphs 2 and 3 include, in cases where the stockholder or security holder appears upon the books of the company as trustee or in any other fiduciary relation, the name of the person or corporation for whom such trustee is acting; also the statements in the two paragraphs show the affiant's full knowledge and belief as to the circumstances and conditions under which stockholders and security holders who do not appear upon the books of the company as trustees, hold stock and securities in a capacity other than that of a bona fide owner.

5. The average number of copies of each issue of this publication sold or distributed, through the mails or otherwise, to paid subscribers during the 12 months preceding the date shown above was: 5,700. (This information is required by the act of June 11, 1960 to be included in all statements regardless of frequency of issue.)

Blanche J. Cihak.

Sworn to and subscribed before me this 22nd day of September, 1960,

Frank J. Cihak.

(My commission expires May 19, 1964.)

Calendar of Events

SOKOL TYRŠ, CLEVELAND, OHIO, ANNOUNCES

The musical comedy "Sunny" by Jerome Kern and Oscar Hammerstein will be presented by the Sokol Tyrš Theatrical Guild on Saturday, November 5, 1960, at 8:00 p.m., and again on Sunday, November 6, 1960, at 4:00 p.m. at the Sokol Tyrš Hall, 3689 East 131st Street S.E.

The amateur performers will include individual talents from Sokol Tyrš' gymnastic organization and other affiliated groups in Cleveland. Among the top performers are: Andrea Lee Edwards, Norman Nosek, Donald J. Ranc, Larry Perk and Mrs. Blossom Bidelman. The proceeds from both performances are for the benefit of the youth gymnastic activities fund of Sokol Tyrš. Tickets are \$1.50 for reserved seats and \$1.00 general admission. For ticket reservation call LO 1-7029.

SOKOL STICKNEY — SILVER ANNIVERSARY BANQUET

Saturday, November 19, 1960.

4131 S. Home Avenue. — 7:00 P.M.

Admission \$5.00 per person by reservation.

BROOKFIELD SOKOL INSTRUCTOR'S TURKEY HOP

Saturday, November 26, 1960, at Brookfield Sokol Hall. — Entree 8:30. — Admission \$1.25. Music by the Sportsmen.

Divadelní představení "Karneval" předvedou dne 4. prosince 1960 SOKOLICE TÁBOR, v budově Sokola v Berwyn.

SNOW BALL DANCE on Saturday, December 10, 1960, given by Sokol Tabor, 16th and Clarence, Berwyn, Ill.

NEW YEAR'S EVE BANQUET at Sokol Tabor Hall 16th and Clarence, Berwyn, Ill.
BROOKFIELD SOKOL — NEW YEAR'S
EVE BANQUET

Entree 9:00. — Admission \$15.00 per couple.
All refreshments and food included.

The first Tuesday after the first Monday of November is D-Day for America. It is the day we announce our political preferences and affirm our faith in the democratic process. The virus of public indifference can destroy our system of self-government. So make sure your own views will count.

VOTE NOVEMBER 8th!

BROTHER VOJMRIR BENAK'S FAMILY SEND THANKS

Mrs. Vojmir Benak and Vojmir Jr. (Bud) wish to thank the Units, the Convention Committee, the District and mostly bro. James L. Cihak for the wonderful and sincere article on bro. Benak's passing away. They also thank the many Sokol friends for their sympathy cards, gifts, money and prayers. They will always be remembered.

Mrs. Vojmir Benak and Bud.

SOKOL AMERICKÝ

VĚSTNÍK AMERICKÉ OBCE SOKOLSKÉ.

Ročník—Vol. LXXXI.

October — 1960 — Říjen

Číslo—No. 10

TO THE SOKOL SLET IN CHICAGO

Metropolitan Chicago will be the site of the next great Sokol Slet on Sunday, June 25th, 1961. It will be a "Salute to the Sokol's Centennial," under the auspices of the American Sokol Federation. The American Sokol Organization and the Slovak Gymnastic Union Sokol, with the aid of their thousands of understanding friends will present their answer to the President's call for physical fitness.

The mammoth Slets in Praha, now banned by a dictatorship, place the responsibility of carrying on a great democratic tradition squarely upon our shoulders. We have shown in the past that the faith reposed in us was fully justified. This Slet shall be even greater for there is a greater and more universal appreciation for what we are trying to achieve.

Our voluntary discipline, our faith in our great democracy and our determination to assure the future for generations still to come, will act as a beacon to those who need a rallying point for resistance and counterattack against those forces that understand only might and force.

This Slet, with your help, guided by experienced leaders will prove to our fellow-countrymen and the world, that the ideals implanted in St. Louis on February 14, 1865, were intended to serve as long as mankind regards the sanctity of the human individual as the foundation for every government.

The ASO. and SGUS. bound in the closest ties, serving the same ideal, shall work together, compete together, and on Sunday, June 25th, 1961, present an exhibition of democratic, self-disciplined mass demonstrations of physical fitness, that will serve as a gateway into a new and greater century.

Begin your preparations today as individuals, Units and Districts. Increase the active participation of your children, youth and members. Enroll in your ranks all those who know us, appreciate our efforts and need but your sincere invitation to become active participants.

Your efforts, begun now and increasing in tempo every month will insure that success, that we expect with undaunted confidence. This is your Slet, the Slet of the American Sokol Federation. It belongs to each one of us as individuals. Because of this we expect and depend on each one of you to do your utmost.

Begin today. Work, think and plan every day. Let your faith, your knowledge, your enthusiasm carry everything before it, like the high tide that carries wellnigh impossible ships to a safe anchorage.

To our Slet, to our "Salute to the Sokol's Centennial," to you Sokols everywhere, success.

N a z d a r !

AMERICAN SOKOL ORGANIZATION

Charles M. Prchal, President

Blanche J. Cihak, Secretary

K SOKOLSKÉMU SLETU V CHICAGU.

Veliká a vznešená povinnost svolá v příštím roce, do velkého Chicaga, Sokolstvo a Vás, jeho osvědčené přátele, abychom společně, před našim lidem, před Amerikou a

před celým světem skutkem projevili, co jest podstatou sokolství, jaké jsou jeho prostředky a cíle.

Pravíme-li před celým světem, není to fráze! Žádný náš slet nebyl prostou místní slavností, ba ani žádným projevem radosti, omezený jen na zájmy naší Sokolské Obce. Dnes, naši lidé jsou roztroušeni po celém světě a jejich spoluobčané se zajímají o jejich hodnoty. Náš slet promluví za všechny. Vyhrad'te si neděli 25. června 1961 na jeho hlavní den!

Od prvního svého vstupu do života, od dnů prvních rozmachů křídel St. Louiského Sokola, který byl beze sporu již prvním krokem u nás k svobodě národa československého, rostla pověst sokolská, množil se počet našich přátel, kteří o Sokolstvu, o jeho sletech i tužbách vyprávěli svým krajanům, spatřující v jeho činech vrchol síly, krásy, vytrvalosti, kázně a věrnosti. Také prezident Spojených států to někdy krátce krásně projevil.

Víme, že náš slet bude velikou zladěnou písni vzájemnosti českých a slovenských Sokolů a přehlídkou síly i spolehlivosti nás všech. O slet bude projevem nebývalý zájem — a nám připadá zodpovědný úkol před lidem, před všemi skvěle a znovu obhájit devadesát pět lety budovanou krásnou pověst o nás.

Věříme, že společně svým dobrovolným povinnostem čestně dostojíme.

Učiníme tak počtem cvičenců, krásou výkonů, účastí členstva a našich věrných přátel. Ode dneška se hotovujte k sletu. Pečujte o to, abyste byli mezi těmi, kteří reprezentují, abyste i Vy, v sokolském slav-

nostním kroji hrdě nesli barvy sokolské Chicagem.

Náš slet bude projevem víry v demokracii, ve svobodný život pro všechny české a slovenské lidi i pro ty, kteří ve své krásné domovině trpí v područí komunismu. Bude dokladem, že všechno svobodné Sokolstvo, bez výhrady, stojí v jednom šiku, na straně pravdy, spravedlnosti a historického práva československých zemí.

K tomu nestačí však pouhé předsevzetí; zde, jako všude u nás, práce platí. Účastněte se všech příprav, spolu působte k zdaru díla všude, kam dny Vás povedou. Je na čase začít ihned s přípravami, věnovati jim oduševnělou píli a pozornost. Pomozme všichni krásný obraz svědomitého, poctivého, společného přičinění učinit ještě krásnějším.

Úroveň sletu stoupne plnou účastí bratří a sester slovenských, kteří budou s námi pracovat i závodit. Celý podnik bude pod záštitou Svazu Amerického Sokolstva. Tato účast bude příslibem radostné plodné spolupráce na ideji sokolské do budoucna.

Zdar velikého díla založen je na lásce a na kázní. Lásky a kázně, která dovede splnit úkoly, které pro úspěch sletu budou požadovány k splnění. Dále obětavosti a sebezapření, kteréžto vlastnosti probud'te i u jiných.

Pochybujete o zdaru sletu, pakli společně napřeme síly? My ne! Důvěřujeme v bratrstvo, důvěřujeme v naše přátele!

N a z d a r !

AMERICKÁ OBEC SOKOLSKÁ

Karel M. Prchal, starosta

Bláža J. Čiháková, jednatelka

James L. Cihak

Do 2 and 2 Still Equal 4?

The Convention in Cedar Rapids, Iowa, on June 20-23, 1960, passed a resolution, part of which reads, "Be It Further Resolved, — that a national campaign be conducted to secure funds to enable the American Sokol Organization to conduct schools, clinics, and workshops for the training of our future Sokol leaders."

The "Fund" also is to be used for publications, traveling instructors, organizers, increased staff in the national headquarters and for such other purposes, that shall serve our Sokol ideals. It

might seem to some that this is a drastic step, one that the sokols had never attempted in the past. It is a logical one, however, and the enthusiasm with which it was received and supported by the delegates showed quite conclusively that the needs, purpose, and means were recognized as being of the greatest urgency.

The leaders of COS. early saw the need for a financial reserve of this type. Without it they could never have accomplished what they did. The funds will not be hoarded like a golden calf, nor will

they be used frivolously. Too many of us are aware of the trust that will be reposed in us by generous donors.

Herbert Spencer in his "First Principles" wrote, "Whoever hesitates to utter that which he thinks the highest truth, lest it should be too much in advance of the time, may reassure himself by looking at his acts from an impersonal point of view. Let him remember that opinion is the agency through which character adapts external arrangements to itself, and that his opinion rightly forms part of this agency—is a unit of force constituting, with other such units, the general power which works out social changes;" he adds, "The highest truth he sees he will fearlessly utter; knowing that, let what may come of it, he is thus playing his right part in the world—knowing that if he can effect the change he aims at—well; if not—well also; though not so well."

Herbert Spencer was a contemporary of Tyrš and Fuegner, Darwin, Lamarck, Thomas Huxley, and the other great men of a period that pried into everything, searching for truth and the eleva-

tion of mankind. There can be no doubt that Tyrš and Fuegner knew of his philosophy, as they knew that of all the great minds from antiquity to their time. Critically they selected those ideas that seemed to them the best for their nation and cause.

Tyrš writings prove it. Can we do less? Or shall we support this "Fund and Plan" wholeheartedly proving that we have advanced in the last 300 years so that Komensky's castigation no longer applies to us when he wrote: "If you could only understand that nobody oppresses you more than you yourselves by your ignorant deeds and an uncommon stupidity toward everything sublime Take heed nation, how your ignorance destroys you."

Yes, 2 and 2 still equal 4, and just as certainly our Sokol work must continue.

We know you want to be one of the "500".

Send your check and photograph to the Future Sokol Leaders Fund, 2345 S. Kedzie Avenue, Chicago 23, Illinois.

Nazdar!

THE NATIONAL PURPOSE

IF YOU WANT A FREE SOCIETY, BE WORTHY OF IT
Idea Will Survive If Enough of Us Care Enough

BY JOHN W. GARDNER

(Reprinted from Life Magazine, Copyright 1960)

(Continued from September Issue of S.A.)



John W. Gardner

Society Must Justify Itself

The men who founded this nation knew that in a world largely hostile to the idea of freedom, a free society would have to prove that it is capable of, and worthy of, survival.

The requirement is unchanged today. Free societies must prove their ability to make good on their promises and to keep alive their cherished values. And they must prove their vigor, their capacity to practice the disciplined virtues. Above all, they must prove their capacity to achieve excellence.

The free society is still the exceptional society, and the world is still full of people who believe that men need masters. The survival of the idea for which this nation stands is not inevitable. It may survive if enough Americans care enough.

It would be easier to grasp that truth if we weren't so blessedly comfortable. Part of our problem is how to stay awake on a full stomach.

Since the beginning of time most humans have had to work hard either because subsistence demanded it or because their taskmasters required it. Now we don't have to work very hard to stay alive; and free people have no taskmasters.

With such release from outward pressures, free men may make the fatal mistake of thinking that no effort is required of them.

* * *

Nothing could be more dangerous to our future. Free men must be quick to understand the kinds of effort that are required to keep their society vital and strong. If they have the wisdom to demand much of themselves, their society will flourish.

But a free society that refuses to exert itself will not last long. And freedom alone won't save it.

Americans have many differing ideas about the appropriate goals for our society. That is as it should be. But we do have shared aims. And our hope of greatness as a nation lies in these shared aims. No people in history ever lifted itself above the normal trajectory without a widely shared "vision of greatness."

We're Not Uncertain, Drifting

Some people say that we are uncertain of our shared aims. Some say we're drifting because we've achieved everything we ever wanted. Both statements are dead wrong.

To say that we are confused is one way of evading the difficult tasks before us. We are not really in doubt about the more serious of our shared aims. We know what they are. We know that they are difficult. And we know that we have not achieved them.

* * *

Are examples needed?

We want peace with justice. We want a world that doesn't live under the fear of the bomb, a world that acknowledges the rule of law, a world in which no nation can play bully and no nation need live in fear.

How many Americans would disagree with that purpose? Is it easy? Have we come close to achieving it? Read your morning paper.

We want freedom. We don't think man was born to have someone else's foot on his neck—or someone else's hand over his mouth. We want freedom at home and we want a world in which freedom is possible. Who would disagree with that as a national aim? Who would call it easy? Who would say we've achieved it?

We believe in the dignity and worth of the individual, and it has always been our unshakable purpose to protect and preserve that dignity.

* * *

We believe that every person should be enabled to achieve the best that is in him, and we are the declared enemies of disease, ignorance, poverty and all other conditions which stunt the individual and prevent such fulfillment.

We believe in equality before the law, in equal political suffrage, and—dearest of all to Americans—equality of opportunity. "We may not all hit home runs," the saying goes, "but every man should have his chance at bat."

* * *

Those are only some of the more obvious goals we are committed to as Americans. Have we gone as far as we should in achieving them? Are all our problems solved? Look around.

In the world at large we see the threat of universal destruction. We see great nations striving fiercely to prove that free societies are outmoded.

We see underdeveloped lands stirring out of their ancient sleep, poised between chaos and orderly development, listening indiscriminately to those who would help them and those who would use them.

At home we see—despite our impressive achievements in human welfare—still too many children trapped in poverty and ignorance; too many talents blighted by lack of opportunity; too many men and women who never achieve their full potential; racial and religious prejudice in the South and in the North; the invasion of personal freedom by government and by large organizations; juvenile delinquency and social disintegration in the cities; corruption and the misuse of power; and creeping mediocrity in every phase of our national life.

Is this a fair picture of our nation? Of course not. Our achievements in providing a better life for Americans are astounding to other societies. We may be deeply proud of what we've accomplished.

But smugness and complacency do not look good on us. Our historic attitude has been pride in what we've accomplished and impatience that we haven't accomplished more. Let's not change now.

Don't Agree on Big Problems

Obviously we don't agree on how to deal with our major problems. As free Americans we will argue that question right to the door of the polling booth.

But we know what the problems are and agree on our more important aims. So what is lacking? The answer is simple: We lack leadership on the part of our leaders, and commitment on the part of every American. I want to talk about the matter of individual "commitment."

* * *

The establishment of a durable peace, the strengthening of a free society, the enrichment of the traditions on which freedom depends—these cannot be achieved by aimless or listless men. All our wisdom, all our talent and vitality, all our steadfastness will be needed if we wish to attain these goals. Can we count on an ample supply of dedicated Americans?

The answer must be conditional. If—as a nation—we understand, expect and honor dedication, the supply will be ample. But if we assume that dedicated men are exceedingly rare and probably a little foolish, the supply will be low.

It is unfortunately true that Americans have to some degree lost the habit of asking for or expecting devoted action. Long continued, such failure to expect dedication can have only one outcome: We shall eventually lose the capacity for it.

Of course every line of behavior has its pathology, and there is a pathology of dedication. People sometimes commit themselves to vicious or criminal goals. Or their commitment to worthy goals becomes so fanatical that they destroy as much as they create. And there is the "true believer" who surrenders himself to a mass movement or to dogmatic beliefs in order to escape the responsibilities of freedom.

A free society does not invite that kind of allegiance. It wants only one kind of devotion—the devotion of free, rational, responsible individuals.

* * *

It is my conviction that free and responsible individuals are proud to offer such devotion if given the opportunity. People would rather work hard for something they believe in than enjoy a pampered idleness. They would rather sacrifice their comfort for an honored objective than pursue endless diversions.

It is a mistake to speak of dedication as a sacrifice. Every man knows that there is exhilaration in intense effort applied toward a meaningful end.

The religious precept that you must lose yourself to find yourself is no less true at the secular level. No one who has observed the devoted scientist in his laboratory can doubt the spiritual rewards of such work.

The same is true of anyone who is working toward goals that represent the highest values of his society.

* * *

We fall into the error of thinking that happiness necessarily involves ease, diversion, tranquility—a state in which all of one's wishes are satisfied. For most people happiness is not to be found in this vegetative state but in striving toward meaningful goals.

The dedicated person has not achieved all of his goals. His life is the endless pursuit of goals, some of them unattainable.

He may never have time to surround himself with luxuries. He may often be tense, worried, fatigued. He has little of the leisure one associates with the storybook conception of happiness.

But he has found a more meaningful happiness. The truth is that happiness in the sense of total gratification is not a state to which man can aspire. It is for the cows, possibly for the birds, but not for us.

Want Lives to Have Meaning

We want meaning in our lives. When we raise our sights, strive for excellence and dedicate ourselves to the highest goals of our society, we are enrolling in an ancient and meaningful cause: the age-long struggle of man to realize the best that is in him.

Man reaching toward the most exalted goals he can conceive, man striving impatiently and restlessly for excellence has produced great religious insights, created great art, penetrated secrets of the universe and set standards of conduct which give meaning to the phrase "the dignity of man."

On the other hand, man without standards, man with his eyes on the ground has proved over and over, in every society, at every period in history, that humans can be lower than the beasts, sunk in ignorance, morally and ethically blind, living a life devoid of meaning.

* * *

The task we face as a nation of keeping our ideals alive is partly a question of leadership. Even in a democracy leaders must lead. If our citizens are to recapture a sense of mission with respect to the purposes we care the most about, our leaders must have the capacity and the vision to ask for it.

It is hard to expect an upsurge of devotion to the common good in response to leaders who lack the moral depth to understand such devotion—or the courage to evoke it, or the stature to merit the response which follows. One of the great tasks of leadership is to help a society achieve the best that is in it.

But it takes more than leadership to preserve the ideals of a free society. The values we cherish will not survive without the constant attention of the ordinary citizen.

Unlike the Pyramids, the monuments of the spirit will not stand untended. They must be nourished in each generation by the allegiance of believing men and women. The fact that millions have died violent deaths while defending individual freedom does not ensure survival of that principle if we cease paying our tithes of devotion.

Every free man, in his work and in his family life, in his public behavior and in the secret places of his heart, should see himself as a builder and maintainer of the ideals of his society.

Individual Americans—truck drivers and editors, grocers and senators, beauty operators and ball-players—can contribute to the greatness and strength of a free society, or they can help it to die.

Contribute Through Excellence

How does one contribute to the greatness and strength of a free society? That is a question to which there are many true answers. One answer is—pursue excellence!

Those who are most devoted to a democratic society must be precisely the ones who insist that free men are capable of the highest standards of performance, that a free society can be a great society in the richest sense of that phrase. The idea for which this nation stands will not survive if the highest goal free men can set themselves is an amiable mediocrity.

* * *

At the simplest level, the pursuit of excellence means an increased concern for competence on the part of the individual. Keeping a society free—and vital and strong—is no job for the half-educated and the slovenly. In a society of free men competence is a primary duty.

The man who does his job well tones up the whole society. And the man who does a slovenly job—whether he is a janitor or a judge, a surgeon or a technician—lowers the tone of the society.

So do the chiselers of high and low degree, the slight-of-hand artists who know how to gain an advantage without honest work. They are the regrettable burdens of a free society.

But excellence implies more than competence. It implies a striving for the highest standards in every phase of life. We need individual excellence in all its forms, in every kind of creative endeavor, in political life, in education, in industry—in short universally. And, not least, we need excellence in standards of individual conduct.

* * *

The words for Americans to live by are these: If you believe in a free society, be worthy of a free society. You don't need to quit your job and enroll as a missionary in Africa to prove your dedication. Stay where you are and do a better job, be a better citizen, live a better life.

Every good man strengthens society. In this day of sophisticated judgments on man and society, that is a notably unfashionable thing to say, but it is true.

Men of integrity, by their very existence, rekindle the belief that as a people we can live above the level of moral squalor. We need that belief, for a cynical community is a corrupt community. More than any other form of government, democracy requires a certain optimism concerning mankind.

The best argument for democracy is the existence of men who justify that optimism. It follows that one of the best ways to serve democracy is to be that kind of man. When you see such men and women, tip your hat and bow. The future of our civilization is in their hands. (END)

Apel k Sokolstvu v chicagské oblasti.

Po návratu z návštěvy našich nejbližších v chicagské oblasti, které jsme s manželkou již dlouho neviděli, chci se zmínit o jedné záležitosti, kterou považují za značně důležitou.

Neměli jsme s sebou v Chicagu svoje auto, proto bylo pro nás téměř nemožnosti konat návštěvy nejen známých, ale i míst, která jsme si přáli shlédnout. Při náhodilém setkání se s našim starým přítelem br. A. Kopeckým, zmínili jsme se o této potíži a on ihned nám nabídl své auto i sebe jako šoféra, což jsme radostně přijali. Díky, br. Kopecký.

Tak jsme byli na Českém národním hřbitově, kde jsme si prohlédli krásné, jednoduché a účelně postavené Masarykovo memoriální mauzoleum. A mimo jiné jsme navštívili i tábor Sokola Town of Lake-Slávský, jenž leží v neobyčejně krásné lesní rezervaci a kde jsme již dříve bývali častými návštěvníky. Po prohlídce tohoto tábora oba jsme však shledali, že potřebuje velmi nutných oprav, má-li se stát místem veřejnosti více vyhledávaným.

Podle mého osobního názoru dvě jmenované jednoty na tento úkol nestačí. Myslím, že tohoto díla měly by se zúčastnit veškeré sokolské jednoty v chicagské oblasti, nemající již svůj vlastní letní tábor. Společnou snahou je možno vybudovat tento tábor tak, aby se stal v pravdě shromaždištěm mnohem většího počtu mládeže, než je tomu nyní. Všechny zúčastněné jednoty by ovšem musely ustanovit výbor k zahájení přípravných prací. Jsem jist, že okresní správa, vidouc upřímný zájem na tomto zásluhném díle, by podala ochotně pomocnou ruku, neb tato činnost plně vystihuje i účel těmto rezervacím uložený. Bylo by to tím snažší, poněvadž správcem této části rezervace jest br.

Jos. Reichert, člen jednoty Town of Lake, který svou činností po dlouhá leta jest platným činitelem v udržování tábora.

Nelze ovšem očekávat, že by zúčastněné jednoty ze svých chudých prostředků mohly financovat nákladné opravy. Br. Kopecký však pevně doufá, že mnoho materiálu a potřeb by bylo možno získat když ne zdarma, tož aspoň levně a práce že by mohla být vykonána sokolskými i jinými dobrovolníky za dozoru schopných vedoucích.

Uvažte proto, sestry, bratři a příznivci sokolské myšlenky, jaká krásná příležitost se Vám naskytá k dobudování vzorného tábora pro naši mládež, bez velkého vydání, k zdokonalení tábora, ve kterém v době letních prázdnin sta a sta našich dětí by mohlo prodlévat v přírodě, pod dozorem a péčí spolehlivých cvičitelů a dozorců. Jest tam i krásné jezírko k učení se plavání.

Je jen správné, že se staráme všemožně o naše sestárle v naší Útulně, ale nebylo by správné, kdybychom stejnou péčí nevěnovali naši mládež. A zde naskytá se příležitost k službě mládeži, jež by neměla být opomenuta: poskytnout naši mládeži možnost, aby se mohla scházet v přírodě a učit se být řádnými členy lidské společnosti již od útlého mládí. Je to i služba naší vlasti americké, jeden z nejlepších prostředků jak brzdit provinilost mládeže.

Jestliže tato věc jak náleží se ujme a bude zdárně provedena, je nesporné, že jmenovaný sokolský tábor dětský stane se jednou z nejlepších reprezentací naší osady ve Velkém Chicagu.

Doufám, že i br. Kopecký bude s obsahem tohoto dopisu a mým doporučením plně souhlasit.

Rudolf Nový, člen jednoty Sokol Slávský.

Sokol Crete Places First In Commercial Float Contest



Sokol Crete, Nebraska, placed first in the commercial division of Saline County Fair parade held Saturday, August 27th, in downtown Crete.

The motto was "Sokol Freedom In Other Lands." Eight different countries where Sokol is found were represented by their name and flag. "Czechoslovakia" wore one of the black uniforms the women used in their team several years ago.

It was the 4th year the Sokol Units prepared a float for the Saline County Fair.

Sokol Crete was awarded one Honorary Mention, two third places and this year attained First Prize.

Sokolice Crete created the idea as well as the work connected with it, but it was entered as Crete Sokols.

Just as you have taken a keen interest in gymnastic competitions you have found

the same pleasure in a project held by your community.

Congratulations for a wonderful job well done.

James L. Cihak

On Books and Reading

In answer to the many requests that a list of books be published in "Sokol Americky" for our members to read, we can now state that we have very good news for you. After seeking expert advice and getting a flood of fine recommendations, a chance advertisement in the Chicago Daily News of Saturday, September 17, can become the foundation of everyones home and unit library.

101 great and useful books (paper backs) can be secured for only \$37.04, from Pocket Books, Inc. Mail Service Dept. 1, West 39th Street, New York 17, N. Y. They include the great classics of all time, English, American, Modern, Drama, History, Reference, Poetry, Religion, Science, Short Stories and Classics in Translation.

It is as comprehensive a list as we have ever seen at a price that every unit and individual can afford. We have written to Pocket Books, Inc., asking them to send every unit a copy of the advertisement and their catalogue of over 2,500 other fine books.

To those of you who are looking for the Classics in a finer binding we suggest you write "Great

Books of the Western World", 425 N. Michigan Avenue, Chicago 11, Illinois. This is a branch of the Encyclopedia Britannica. The 54 volumes including the "Syntopicon," an amazing new literary invention that acts as a switchboard to the "Great Books," instantly locating what the great authors say about your subject, idea or problem.

These are the foundation for you to build upon. Dr. Elliott's classic advise, "Read at least 15 minutes every day for a fuller and richer life," is as valid today as when he used it as a sales promotion for "The Five Foot Shelf of Books," almost 50 years ago.

And then don't forget the finest and most dedicated public servants I have ever met, the librarians in our public libraries. Get to know them, they have helped millions to become finer, more intelligent citizens. They deserve our profoundest respect. May the great minds of the world make your journey through life a richer one, as they have made mine.

Good reading to all of you.

Nazdar!

Zápis ze schůze Výk. Výboru Americké Obce Sokolské,

konané v pátek, dne 30. září 1960.

Přítomni: bratři Brouk, Čihák, Halík, Kropík a Rabas. Sestry Čiháková a Welclová. Omluveni bratři Vodrážka a Vrba, sestry Faltová a Prchalová.

Schůzi předsedal br. Prchal.

Zápis z poslední schůze dodatečně schválen.

Zápis z mimořádné schůze úředníků V.V., konané 21. září, čten a přijat.

Jednomyslně bylo schváleno doporučení, aby neděle, 25. června 1961, byla hlavním dnem sletovým.

Konání schůze čtvrtý pátek v měsíci bylo pokusem. Ani tento den nevyhovuje všem členům a dotazník bude poslán, zda čtvrté úterý v měsíci by bylo přijatelné.

Došly zápisy ze schůzí župy Východní, Severovýchodní a Střední.

DOPISY:

Masarykův výbor Sokola San Francisco posílá pozvání na odhalení sochy TGM. v Golden Gate parku, 30. října t. r. Bude poslán pozdrav.

Bro. Ervin J. Tetiva, člen Sokola Fuegner-Tyrš v So. Omaze, nyní ve službě u letectva Spojených států, v Harlingen AFB, Texas, poslal velmi zajímavý dopis o zápase Judo a Karate cvičení. Rád

by navázal styky s ústředím Obce, aby vysvětlil cvičení a dotázal se o jeho zařazení do našeho systému. Daroval do knihovny AOS. knihu o tomto cvičení. Záležitost předána náčelnictvu a br. Tetivovi bude poděkováno.

Společný výbor "Masaryk Champion of Liberty", kterého AOS. je členem, vřele zve Sokolstvo k účasti na Masarykově oslavě a oslavě čl. dne neodvislosti, konané v Sokole Havlíček-Tyrš, 23. října 1960.

Do programu této slavnosti bude zařazeno oznámení sletu AOS. v 1961: "Pozdrav Sokolskému století."

Nový člen V.V. br. J. Rabas byl upřímně přivítán a pozdraven bratrem starostou.

Br. Převrátil poslal další opravy ve stanovách. Ses. Čiháková oznámila, že sazba stanov byla rozmetána, a vyžaduje si nové rozpočty na tisk.

Br. Halík oznámil, že došlo pozvání od br. S. Gazy, náčelníka župy L'udevít Štúr, STJS., k účasti na banketu v Potters Lake, Wis.

ZPRÁVA JEDNATELKY:

Do dnešní schůze se omlouvají: bratři Vodrážka a Vrba, sestry Faltová a Prchalová.

Slovenské Tělocvičné Jednotě Sokol bylo posláno pozvání na slet a závody příštího roku v Chicagu, v rámci Svazu.

V stejné záležitosti s br. starostou účastnili jsme se schůze župy L'udevít Štúr v Chicagu, v

pátek, 23. září. Přednesli jsme naše pozvání. Župě byl také poslán dopis. Jednomyslně bylo župou L'udevit Štúr odhlasováno plné zapojení se jak do příprav, tak do sletu samotného.

Pozvala přibližně 350 bratří a sester do ustavující schůze Sletového výboru v sobotu 15. října v Sokole Chicago. Ode všech si vyžádala potvrzení, zda se sletových prací účastní. Zvláštní pozvání bude posláno všem starostům jednot v Chicagu a okolí, s výzvou, aby se postarali, by jejich jednoty plně se zapojily do prací sletových.

Hotely v Chicagu se již nyní dotazují na ubytování cvičenců a hostů o sletu v r. 1961.

Nájemné z úřadovny AOS. bylo zvýšeno z \$35.00 na \$50.00 měsíčně.

Jménem V.V. Americké Obce Sokolské, účastnila se banketu pořádaného Sokolem Havlíček-Tyrš, v sobotu 24. září, k oslavě vydekorování hlavního sálu. Účasten byl také vzdělavatel br. J. Čihák.

K uctění památky zesnulé ses. Lillian Šrámkové, věnovali manželé J. V. a Emilie Welcovi \$10.00 na "Future Sokol Leaders Fund." Bude poděkováno a oznámeno rodině zesnulé.

Na rozhlase AOS., v září, promluvil br. starosta o sletu, oslavě 28. října a boji proti komunismu.

Br. V. Nevlud poslal pásmo, s projevem člena Amerického Olympického družstva, Rink Babky z Los Angeles. Tento je československého původu a svého času cvičil v Sokole. Br. Nevludovi bylo poděkováno.

Vaněk Travel Service a Čsl. Nár. Rada Americká oznamují výpravu k Niagarským vodopádům a do Nového Yorku, od 5. do 10. října. Zahřnut je banket na oslavu Čsl. Dne samostatnosti v Novém Yorku.

Česko-Americká Historická Společnost Augustine Heřman v Baltimore, oznamuje odhalení poprsí Augustina Heřmana, velkého Američana, proslulého zeměměřiče, diplomata, zakladatele Bohemia Manor a aktivního účastníka ve vývoji nejméně šesti států z původních třinácti. Slavnost bude konána 16. října. Upřímně zve k účasti. Bude poslán pozdrav.

Došlo pozvání od ústředí Čsl. Sokolstva v Zahraníčí, na oslavu 70. narozenin sestry Marie Provazníkové, v sobotu 15. října 1960, v Sokolovně New York. Bude poslána zdravice.

Dcera zesnulého br. A. Broshe darovala do knihovny Obce asi 20 brožur a knih. Bylo poděkováno.

Materiál pro "Physical Fitness" a pro státní žen byla rozmnožena v úřadovně.

Z olympických her v Římě došel pozdrav od br. Jerry Hardy a Janet a Rudy Bachna.

Čsl. Obec Legionářská poslala seznam zvoleného předsednictva a těší se na spolupráci.

Všechny dopisy byly vyřízeny, dotazy zodpovězeny a objednávký vyslány.

Br. Halík přečetl zápis ze společné schůze náčelnictev. Doporučení, aby župě Východní byla poskytnuta úhrada v obnose \$440.00, na pořádání dvou-týdenního kursu v East Haddam, Conn., schváleno.

Účet župy Střední na \$60.00, za technický film, a obnos \$100.00 co úhrada na cvičitelskou školu, konanou ve Willow Springs táboře, povolen k vyplacení.

Příspěvky Obce na AAU. "Allied" členství na r. 1960-61 povolen k vyplacení.

Br. Fina byl schválen co delegát na sjezd AAU. v Las Vegas, Nevada.

Mužské "FIG." pravidla, připravená br. Finou, byla přijata, za částečnou úhradu \$5.00.

Doporučení, aby br. Halíkovi byla poskytnuta úhrada za čtyři dny v Cedar Rapidsích během závodů a sletu, bude odkázána Sletovému Výboru župy Západní.

Doporučení sestry Prchalové, o zakoupení dalších 50 knih Dr. Steinhausa, schváleno.

Br. Halík přečetl svoji zprávu náčelníka.

Ses. Prchalová si vyžádala omluvu, jelikož se připravuje na cestu do Detroit. Její zpráva byla přečtena ses. Čihákovou, stejně jako zápis ze schůze náčelnictva žen.

Záležitost založení sokolské jednoty v Arizoně byla projednána a br. Martínek bude dotázán o možnostech v tomto směru.

Br. Čihák přečetl zprávu vzdělavatele. Jím doporučení členové vzdělávacího sboru schváleni. Jsou to: bratři F. Kratochvíl, A. Čečka, F. Švambera, V. Baloun, G. Špánek a podmínečně br. J. Jelinek.

Ve věci kruhů, které jsou majetkem AOS., v opatrování Sokola Berwyn, rozhodnuto, aby i nadále zůstaly majetkem Obce.

Br. starosta podal zprávu o své činnosti za poslední měsíc.

V sobotu, 24. a v neděli 25. září, účastnil se výroční schůze župy Východní v Schenectady, N. Y.

Zvolení noví činovníci: Starosta br. Joe Hrbek, náměstek Chas. Zralý, jednatelka ses. B. Zralý, pokladník A. Chaloupka, náčelník W. Slavík, náčelnice I. Suhrada, vzdělavatelka A. Benda. Uvedl všechny do úřadu.

V župě je vzorná činnost a veliký zájem o náš život. Náčelnictvo na svém místě. Zájem o slet v Chicagu je veliký a bude zde předvedeno zvláštní číslo župy.

Sokol Little Ferry vytiskl leták, podobný onomu vydanému Obcí, s výzvou k členství a posílání dětí do cvičení.

V jednání probírálo se pojištění cvičenců a byly dotazy, proč z Obce byl poslán požadavek \$1.80 za jednotlivce, když sami dostávají pojištění od stejné firmy za \$1.25? Vysvětlil, že Obec samotná pojištění nevyřizuje a nemá přímého zájmu.

Župní cvičitelská škola byla velmi úspěšná a posluchači si pokládají za vyznamenání, když jsou do školy vysláni. V roce 1961 má být opět škola pořádána.

Ve středu, 28. září, volal br. Karol Bednár, redaktor Slovenského Sokola, a žádal vyhlášení sletu v roce 1961. Bude připraveno a posláno.

Br. B. Převrátil volal v záležitosti nemocného br. Kosa.

Ses. Čiháková za zprávu br. starostovi poděkovala.

Br. Prchal poděkoval za všechny zprávy, a za vykonanou práci. Zprávy budou uveřejněny v Sokole Americkém.

Ses. Welclová doporučila, aby byly učiněny přípravy na schůzi sletového výboru. Úředníci se sejdou v úterý, dne 10. října.

Nazdar!

Bláža J. Čiháková,
prozatímní tajemnice.

Zápis ze schůze činovníků Americké Obce Sokolské,

konané ve středu, dne 21. září 1960.

Přítomni: bratři Brouk, Čihák, Kropík, sestra Čiháková, br. Halík přišel při ukončení schůze. Sestra Prchalová omluvena.

Br. Prchal předsedal schůzi, která byla svolána za účelem určení data pro slet v roce 1961. Bylo jednomyslně rozhodnuto doporučit neděli, 25. června. Podnik bude sletem Svazu Amerického Sokolstva, ale úplně v rukou AOS. Slet v roce 1962, konaný v Pittsburghu, bude opět sletem Svazu, v rukou STJS. Toto je v soulase s usnesením sjezdu, konaného v červnu t. r.

Dle pravidel AOS. není možno zařadit naši oznámku do programu Východní oblasti Čsl. Nár. Rady Americké.

Br. Bilina, z Londýna, Anglie, poslal doporučení na postavení pomníku zakladatelům Sokolstva, k stému výročí založení první jednoty. Bratru Bilinovi bude oznámeno, že AOS. umístí v roce 1962 plaketu v Oetz, v Tyrolích, kde Tyrš nalezl svoji tragickou smrt.

Br. Prchal předložil dopis od Švecovy rodiny v Houstonu, o zdraví br. Kosa. Br. Převrátlovi bude oznámen výsledek dosavadního jednání o zajištění br. Kosa.

Br. Prchal sdělil, že možná nebude mu možno účastnit se výroční schůze župy Východní v Schenectady. Kdyby do schůze nejel, oznámí župě telegramem.

Několik doporučení bylo učiněno na změnu dne konání schůzi V.V., jelikož někteří členové mají jiné závazky na stejný večer. Bylo usneseno svolat schůzi na čtvrtý pátek v měsíci a když tento den nebude vyhovovat, bude vybráno jiné datum.

Sestra Čiháková oznámila, že jména mnohých členů byla vybrána z adresáře AOS., a tito byli pozváni do schůze Sletového výboru, 15. října.

Jelikož nebylo dalšího jednání, br. starosta poděkoval členům za účast a projevený zájem a schůzi zakončil sokolským Nazdar!

Bláža J. Čiháková,
prozatímní jednatelka

Minutes of the Meeting of the Officers of the ASO.

Held Wednesday, September 21st, 1960

Present: Brothers Brouk, Cihak, Kropik and sis. Cihak. Bro. Halik arrived at the close of the meeting. Sis. Prchal was excused.

Bro. Prchal conducted the meeting which was called for the purpose of selecting a date for the 1961 Slet. It was unanimously decided to recom-

mend Sunday, June 25th, 1961, for the Slet. This is a Federation Slet, but will be conducted by the ASO. The 1962 Slet will also be a Federation Slet, and it will be conducted by the Slovak Gymnastic Union Sokol. This is in accordance with the decision of the Convention held in Cedar Rapids this year.

Because of the ASO. regulations it was not possible to insert an advertisement in the CNCA. Eastern District program book.

Bro. Bilina of London, England, submitted a suggestion for the erection of a monument to the founders of Sokol. Bro. Bilina will be informed that the ASO. will place a plaque in Oetz, in the Tyrol in 1962.

Bro. Prchal presented a letter received from the Svec family in Houston regarding the health of bro. Kos. Bro. Převrtil will be informed of the progress made in getting bro. Kos established.

Bro. Prchal stated that it may not be possible for him to attend the meeting of the Eastern District in Schenectady and said if he could not, he would inform them by telegram.

Several suggestions have been made to change the date of the meetings of the Executive Board, because some of the members had other important commitments on the same evening. It was suggested that we meet on the fourth Friday of the month and if we find that this is not agreeable to all the members another date will be selected.

Sis. Cihak announced that many names of members were selected from the ASO. roster and were invited to the Slet Committee meeting October 15th.

Since there was no further business, bro. Chairman thanked the members for their presence and interest in the meeting and it was adjourned.

Nazdar!

Blanche J. Cihak
Secretary pro tem.

Minutes of the Meeting of the Executive Board of ASO.

Held September 30th, 1960

Present: Brothers Brouk, Cihak, Kropik, Halik and Rabas. Sisters Cihak and Welcl. Excused bros. Vodrazka and Vrba, sisters Falta and Prchal.

Bro. Prchal presided.

Minutes of the previous meeting approved as submitted.

Minutes of the special meeting of the officers of the Executive Board held Wednesday, September 21st, were read and approved.

It was unanimously decided to recommend Sunday, June 25th, 1961, for the Slet. This recommendation was approved.

The fourth Friday of the month for the ASO. Exec. Bd. meetings was an experiment this month. We still seem to have conflicts and a questionnaire will be sent to each member of the Board suggesting the 4th Tuesday of the month.

REPORTS were received from the Eastern, Northeastern and Central Districts and will appear in Sokol Americký.

The Masaryk Committee of Sokol San Francisco extends an invitation to attend the unveiling of the TGM. monument in Golden Gate Park, October 30th. It was decided to send a greeting.

Bro. Ervin J. Tetiva, member of Sokol Fuegner Tyrs, So Omaha, now serving in the U.S. Air Force at Harlingen AFB. in Texas, sent a very interesting letter regarding Judo and Karate training. Also mentioning that Captain Clippard Salter of that base, who is a qualified Black Belt Jujitsu Expert, is very interested in our Sokol training. He would like to make contacts with our Sokol headquarters to explain that training and to see whether it could be incorporated in our system. He donated a very interesting book on this to our ASO. library. The letter will be turned over to the Board of Instructors. A letter of thanks will be sent to bro. Tetiva.

The Masaryk Champion of Liberty Committee, of which the ASO. is a member, cordially invites all the Sokols to participate in TGM. ceremonies which will be held at Sokol Havlicek-Tyrs, on October 23rd, 1960, at 2:30 P.M.

A full page announcement of the 1961 Slet "Salute to the Sokol Centennial" will be placed in the program.

A new member of the Exec. Bd. bro. J. Rabas was cordially greeted by the Chairman who welcomed him into the Board.

Bro. Halik announced that an invitation had been received from bro. S. Gaza, Director of District Ludevit Stur of SGUS., to attend their Alumni Banquet to be held at Potters Lake, Wis.

REPORT OF THE SECRETARY

A letter was sent to the SGUS. inviting them to participate in the competitions and Slet in Chicago next year in the framework of the Federation of American Sokols. With the President attended the meeting of District Ludevit Stur of SGUS. in Chicago on Friday, Sept. 23rd. We personally invited them and delivered a formal invitation. The District Exec. Board unanimously voted to participate fully in the preparatory work and in the Slet itself.

Mailed more than 350 letters of invitation to officers and members of the Units in the Central District to attend the first official meeting of the Slet Committee on Saturday, October 15th, at Sokol Chicago.

Each member was requested to announce if they would attend and if they will participate in the committee work.

A special appeal will be sent to all the Presidents of the Central District Units in metropolitan Chicago with the request that they see to it that their Unit fully cooperates.

The hotels in Chicago are already inquiring about the housing of participants and guests at the Slet.

The rental of the national headquarters has been increased from \$35.00 to \$50.00 per month.

Inquiries about Sokol flags were received from the Northwestern District and Sokol Cedar Rapids. Information has been sent to them.

Attended the banquet of Sokol Havlicek-Tyrs on Saturday, Sept. 24th, celebrating the decoration of the gymnasium. Represented the Executive

Board. Bro. Cihak also attended in his capacity as Educ. Director.

Bro. and sis. J. V. and Emilie Welcl, sent a contribution of \$10.00 to the "Future Sokol Leaders Fund" honoring the memory of sis. Lillian Sramek who had passed away this month. A letter of thanks will be sent to them and the family will be notified of their act.

Bro. Prchal spoke on the ASO. September radio broadcast about the Slet, the October 28th celebration and the battle against Communism.

Bro. V. Nevlud of Sokol Washington, D. C., sent a tape recording of a statement made by Rink Babka of Los Angeles, a member of the American Olympic Team. He is of Czechoslovak descent and drilled in the Sokol gymnasium. A letter of thanks will be sent to bro. Nevlud.

Vanek Travel Service and the CNCA. announce an excursion to Niagara Falls and to New York October 5-10. Included is a banquet celebrating Czechoslovak Day of Independence in New York. The Czech American Historical Society, Augustine Herman in Baltimore, announce the unveiling of a bust of Augustine Herman, a great American, outstanding surveyor, diplomat, founder of Bohemia Manor, and an active participant in the founding of at least six of the original thirteen states. The celebration will take place on October 16th. An invitation to attend was received. Greetings will be sent to them.

An invitation was received from the Czechoslovak Sokols Abroad to attend a dinner honoring the 70th anniversary of the birth of sis. Marie Provaznik, Saturday, October 15th, 1960, in Sokol New York. A letter of congratulations will be sent.

Bro. Prevratil sent additional changes in the By-laws. Sis. Cihak announced that the type from the 1955 By-laws has been destroyed and that new bids will be requested for their printing.

Greetings were received from bro. Jerry Hardy, Janet and Rudy Bachna from the Olympic Games in Rome.

Physical Fitness material and the Women's calisthenics were mimeographed in the ASO. office.

All letters were expedited, requests answered and orders filled.

Bro. Halik read the minutes from the joint meeting of the BOI.

The recommendation of the BOI. that the sum of \$440.00 be paid to the Eastern District for the two-week course held at East Haddam, Conn., in August, 1960, was approved.

The Central District bill for \$60.00 for the technical film, and \$100.00 for the course held in Willow Springs camp was approved for payment.

Our AAU. Allied membership dues for the year 1960-61 were approved for payment.

Bro. Fina was approved as our delegate to the AAU. Convention in Las Vegas.

Men's FIG. rules prepared by bro. Fina at the partial cost of \$5.00 was approved for payment.

Bro. Halik is to be reimbursed for his work in Cedar Rapids during the competitions and slet. the slet committee in Cedar Rapids will be notified of this matter.



AMERICAN SOKOL GYMNAST

OCTOBER, 1960

Edited by MILDRED PRCHAL

ZDENKA TINTERA

Calisthenics

The first part of the 1961 Slet Calisthenics for Junior Girls is composed of regular setting-up exercises. If done properly it should be beautiful. Just like the name calisthenics implies. The word is directly traceable to early Greek origin, coming from two words meaning "beautiful strength."

Here and there you hear grumbling against continuous practice but no words are truer than "Practice makes Perfect." Why the grumbling? Is this work uninteresting? If so, it may be due to a large extent upon the skill of the instructor. Under poor direction, unquestionably it is uninter-

esting. But the facts are that under poor leadership any kind of work is uninteresting.

Each measure should be thoroughly learned and executed before advancing to the next. Progress over insufficiently learned lessons is like building upon sand. Besides, it is only when an exercise is thoroughly learned and accurately performed that the most benefits are derived and what a picture of beauty to behold.

Please make this part of the gym hour very interesting to your class with end results "PERFECTION".

JUNIOR GIRLS' CALISTHENICS

AMERICAN SOKOL FEDERATION SLET - 1961

Composed by Zdenka Tintera

Music by Prof. F. Kubina

7 abreast — columns of 4 in depth — $7\frac{1}{2}'$ between markers — every 5th marker in depth vacant.

SECTION I Part A — 4/4 In open rank

- 1.-2. Stand right sidestride—side bentarm upslant, fingers touch shoulder from above.
- 3.-4. Arch stand—stretch high turning palms up, push to uparm, palms up, fingers pointing back.

II.

- 1.-2. Solestand—side bentarm upslant, fingers touch shoulders (as in I. - 1.-2.).
- 3.-4. Closeleg right—closearm sideway.

III.

Repeat I. Opposite.

IV.

- 1.-2. Solestand—side bentarm upslant, fingers touch shoulders.
- 3.-4. Stretch to sidearm, knuckles up (hold stride).

V.

- 1.-2. 90° torso twist right—left bent frontarm inward, thumb of left hand touching right shoulder—head turn right.
- 3.-4. Parallel dip to right of torso and arms.

VI.

- 1.-2. 180° torso turn left—stretch left, knuckles up—right bent frontarm inward, thumb of right hand touching left shoulder, head turn left.
- 3.-4. Parallel dip to left.

VII. - VIII.

Repeat V. - VI.

IX.

- 1.-2. 135° torso turn right with front bow—arms front circle to right.
- 3.-4. Upright—transfer weight to right, both solestand—uparm—left side bow—finish left closearm, palm touching back of left knee, right flexed uparm, knuckles up.

X.

- 1.-2.-3.-4. 2 dips in sidebow.

XI.

- 1.-2. Upright—uparm, palms forward—45° torso turn right—front bow—arms and body front circle to right thru frontarm and uparm to side bow right—
- 3.-4. right closearm, palm touching back of right knee, left flexed uparm—transfer weight to left, both feet in solestand.

XII.

- 1.-2.-3.-4. 2 dips right in sidebow.
(Measures IX. and XI. are full circles of body and arms.)

XIII.

- 1.-2. Upright—hold stride—uparm—deep frontbow—frontarm upslant, fingers touch floor.
- 3.-4. Dip in front bow—frontarm inward—fingers touch between feet.

XIV.

- 1.-2. Dip in frontbow—fingers touch 6" farther back (knees straight thruout).
- 3.-4. Upright—uparm, palms forward.

XV.

- 1.-2. Side bentarm upslant, fingers touching above shoulder—front bow—turn elbows to front bentarm upslant and touch knees.
- 3.-4. Upright—bent sidearm upslant, fingers touching shoulders (thrust arms and shoulders sharply back).

XVI.

- 1.-2. Repeat XV.
- 3.-4. Upright—closearm sideway.

Part B Girls in stride stand

I.

- 1.-2. $\frac{1}{2}$ (90°) turn right on right foot, left high frontleg (after turn)—clap hands under left thigh (body straight).
- 3.-4. Closeleg left—uparm inward sideway, clap overhead.

II.

- 1.-2. Right high frontleg, clap hands under right thigh.
- 3.-4. Right reartouch—uparm inward sideway, clap overhead.

III.

- 1.-2. $\frac{1}{1}$ (180°) turn right on right foot, left high frontleg—clap hands under thigh.
- 3.-4. Closeleg left—uparm inward sideway, clap overhead.

IV.

- 1.-2. Right high frontleg—clap hands under right thigh.
- 3.-4. $\frac{1}{2}$ (90°) turn right on left foot (face front) closeleg right—uparm inward, clap overhead.

V.

- 1.-2. Squat support, arms between knees.
- 3.-4. Jump to lying rear arm support.

VI.

- 1.-2. Jump to straddle in lying rear arm support.
- 3.-4. Jump closeleg in lying rear arm support.

VII.

- 1.-2. Jump to squat support—arms between knees.
- 3.-4. Straighten—upright—closearm.

VIII.

- 1.-2. Closeleg squat—frontarm, thumbs up.
- 3.-4. Straighten—closearm.

Part C — Repeat Part A

CONTINUATION OF CALISTHENICS FOR WOMEN — 1961

Illustrations by MILDRED PRCHAL

V.

1. Right high rearleg
- 2.-3. Arched front bow, head high—reararm (holding hands) (arabesque).

VI.

- 1.-3. Hold.

VII.

1. Squat left, right reartouch—slight front bow—right toes lightly rest on ground, knee straight, weight completely on left leg (arms, head, trunk and right leg in horizontal line).
- 2.-3. Hold.

VIII.

- 1.-3. Hold.

IX.

1. Straighten—upright—right reartouch (by drawing r. forward)—uparm outward.
- 2.-3. Hold.

X.

- 1.-3. Step back right—frontarm.

XI.

- 1.-3. Step back left—frontarm outward.

XII.

- 1.-3. Step back right—sidearm.

XIII.

- 1.-3. Dip—close left toestand—release hold, swing downward to uparm—palms forward.

XIV.

- 1.-3. Dip, front bow—frontway reararm, knuckles up.

XV.

- 1.-3. Dip, straighten—soft frontarm, knuckles up.

XVI.

- 1.-3. Closearm (take 3 full counts to close).

XVII. - XXXII.

- Repeat Part A—XVII. - XXXII., with following change:

In XXII. meas. do 3 steps in place.

In XXXI. meas. 3 steps to own markers (center girl of 1st trio 3 steps backward).

In XXXII. step forward right as in Part A—XXXII., but each girl does turn in degree and direction necessary to face front.

SECTION III.

Part A — $\frac{2}{4}$ Polka 8 meas. introduction

I.

- 1.a.2. Sideway uparm inward, palms in 3 claps (straight arms).

II.

1. Semi-squat—bent sidearm, thumbs before shoulders, knuckles up.
2. (hold semi-squat)—frontarm, palms up.

III.

- a.1.a.2. Polka step left with $\frac{1}{1}$ (180°) turn left—stretch frontarm outward, palms up.

IV.

- a.1.a.2. Polka step right in place (facing back)—sidearm, palms up.

V. - VIII.

- Repeat I. - IV. Closeleg while clapping in V. meas. 1. count.

IX.

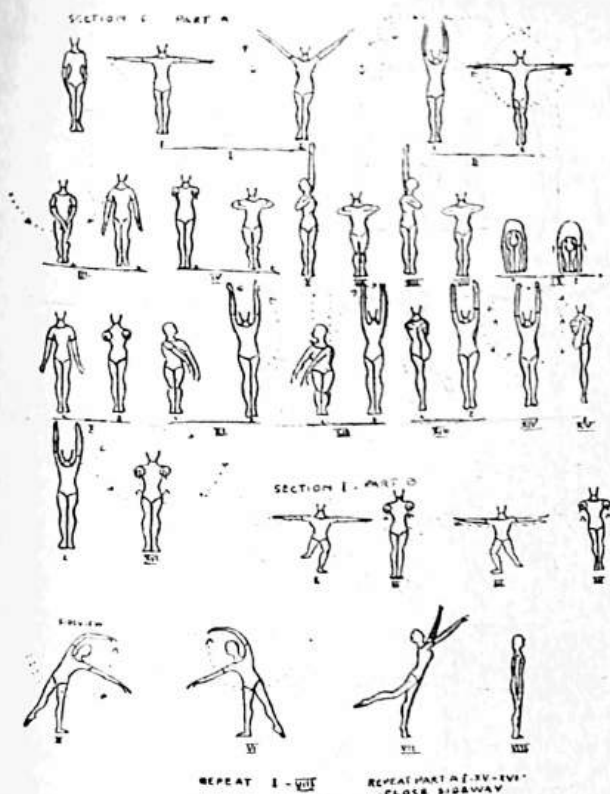
- a.1.a.2. Polka step left forward—torso turn 45° left—sidearm, palms up.

X.

- a.1.a.2. Polka step forward right—torso turn 90° right, sidearm, palms up.

XI.

1. Hop right, semi-squat right, foretouch left—head bent to left—bentarm upslant, fingers at nape of neck.
2. Hop right, close left to semi-squat and foretouch right—head right.



Illustrations — Section I

XII.

Repeat XI. Opposite (these are "cuts").

XIII.

a.1.a.2. Step, close, step right backward—sidearm, palms up.

XIV.

a.1.a.2. Step, close, step, left backward (two-step).

XV. - XVI.

1., 2., 1., 2., 4 paddle steps on marker with double turn right (360°)—front bentarm, right folded over left (shoulder high), slight side bow left—look over left shoulder.

(Analysis of Paddle Turn.) (1. Accented step right in place with flexed knee — a. archstep left raising right foot slightly and $\frac{1}{2}$ (90°) turn to right. Repeat 1.a. 3 more times to complete double turn.)

XVII.

a.1.a.2. Trios form circle:

ALL RIGHT girls: $\frac{1}{4}$ (45°) turn left and polka step left toward center.

LEFT: $\frac{1}{4}$ (45°) right and polka step left toward center.

CENTER: Polka step forward left with $\frac{1}{2}$ (90°) turn right stepping between RIGHT and LEFT girls.

ALL right hip to center—join hands, left front, right rear.

XVIII.-XIX.-XX.

3 more polka steps r., l., r., clockwise around marker of CENTER girl.

XXI. - XXIV.

FIRST Trio: $\frac{1}{1}$ (180°) turn right, 4 more polka steps l., r., l., counterclockwise but during 4th polka step open to semi-circle and face SECOND trio (viz. chart).

SECOND Trio: Like FIRST but open to semi-circle facing FIRST. (Marker of CENTER girl of FIRST trio is in center.)

XXV. - XXVIII.

FIRST and SECOND Trios form circle of 6 and continue with 4 polka steps l., r., l., r., clockwise (r. hip to center).

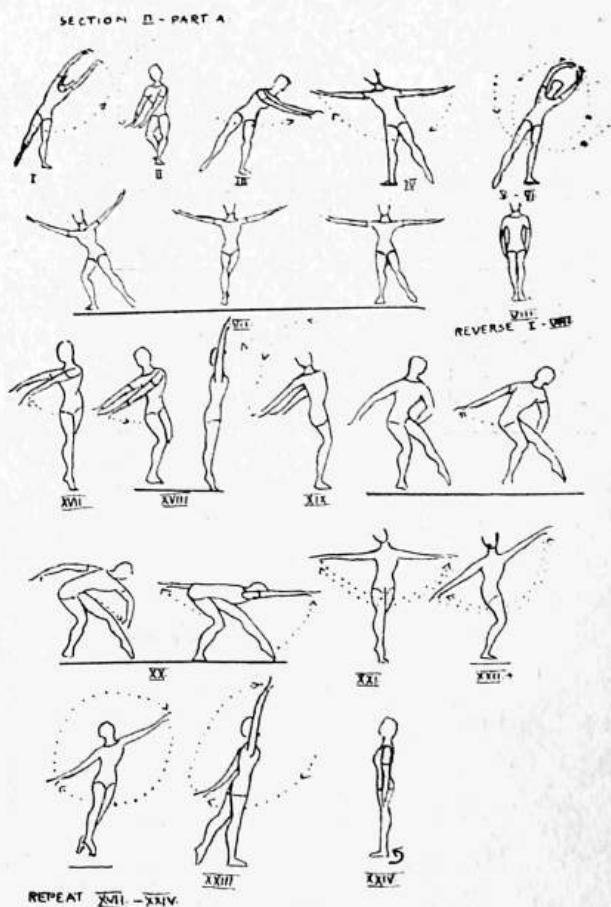
XXIX. - XXX.

2 more polka steps clockwise back to original places in circle.

XXXI. - XXXII.

Release hold, bent sidearm downslant, knuckles on hips—7 runs beginning with left—CENTER GIRLS run to own markers and turn to face front—RIGHT and LEFT girls step beside their CENTER in middle interval (about 4 ft. between) join hands, outside arms sidearm, knuckles up—closeleg left.

Section II — Part A



Part B — 2/4

Written for RIGHT - LEFT opposite

I.

1.2. Dip step left sidestep—head and torso side bow left—right front downswing flexed uparm, palm

in, left bent closearm, joined hands shoulder high (sidestep big—shoulders almost touch).
CENTER: Head bent right—bent closearm.

II.

1.2. Hold.

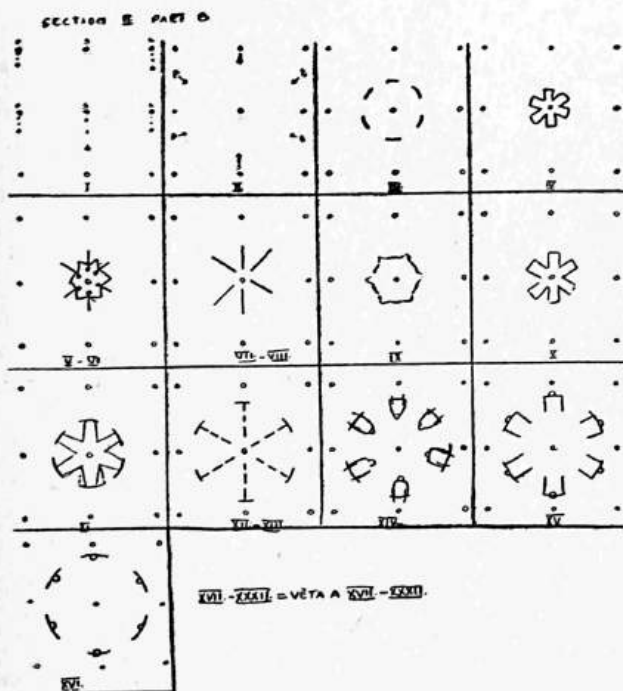
III.

1.2. RIGHT: Straighten—dip step right sidestep (big)—sidebow right—right sideways frontarm outward, palm up, head sidebow right.
CENTER: Dip right rearstep—slight back bend—frontarm outward—head sidebow left.

IV.

1.2. Hold.

Section II — Part B



V.

1. RIGHT: Left sidestep—left sidebow—right bent-arm downslant, knuckles on hips.
2. Hop left, right frontleg inward.
1. CENTER: Transfer weight to left, kneel right—uparm outward—head front.

VI.

1. RIGHT: Step right in place.
2. Straighten—hop right, swing right frontleg inward—sidebow left.
- 1.2. CENTER: Hold.

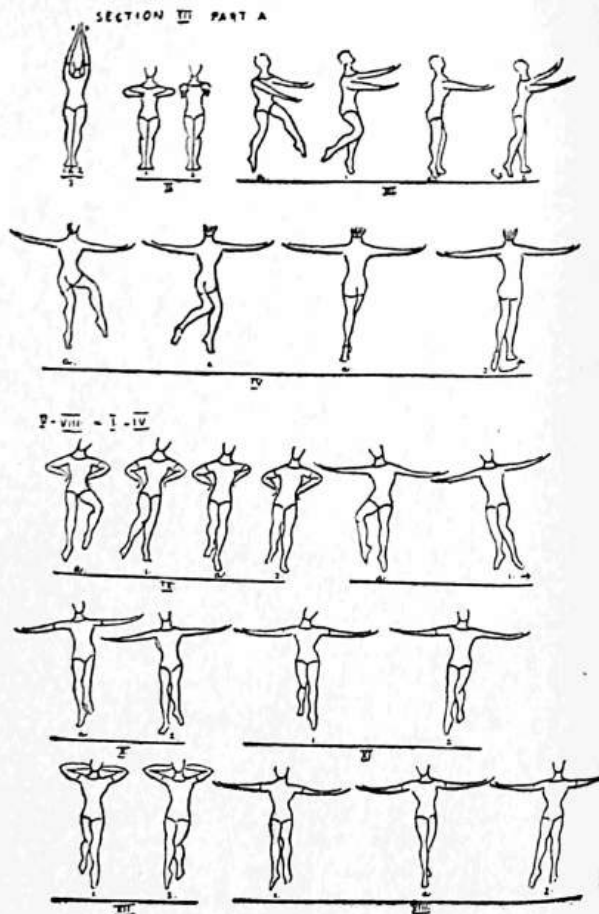
VII.

a.1.a.2. RIGHT: Straighten—polka step left 1/1 (180°) turn left under right arm of CENTER girl.
CENTER: Upright—closeleg right—uparm outward.

VIII.

a.1.a.2. RIGHT: Straighten—polka step right 1/1 (180°) turn left (during polka step do turn at beginning of step, finish as in III. meas. in opn rank, facing front, sidearm right, sidetouch left, etc.)
CENTER: Hold.

Section III — Part A



IX. - XIV.

Repeat I. - VI.

XV.

a.1.a.2. RIGHT: Upright—polka step 1/1 (180°) turn left changing places with LEFT crossing before CENTER girl under CENTER girl's right arm.
LEFT: Upright—polka step right 1/1 (180°) turn right changing placed with RIGHT crossing before CENTER girl under CENTER girl's left arm.
(During crossing RIGHT and LEFT girls pass each other with left hips toward each other.)
CENTER: Crossing right arm above left, polka step left in place.

XVI.

a.1.a.2. RIGHT: Straighten—polka step finishing turn to face back and take position as in I. meas. (middle interval, slightly bent arms, holding hands).
LEFT: Opposite.
CENTER: Polka step right with 1/1 (180°) turn right.

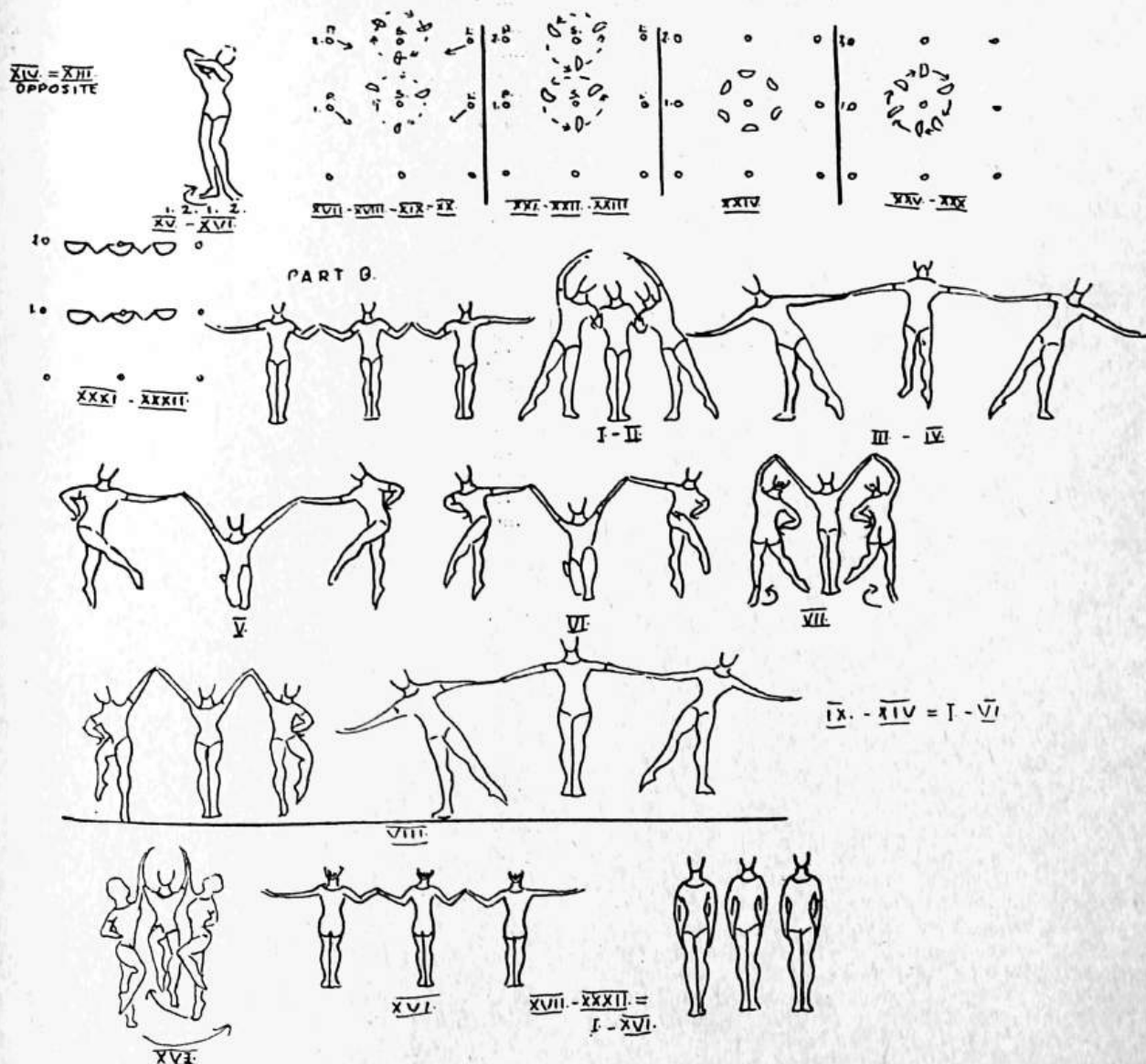
XVII - XXXII.

Repeat I. - XVI. But in XXXII. meas. girls release hold and assume closed interval position trio formation facing front—closearm.

End of Part III

SOKOL AMERICKÝ
Section III — Part B

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CORRECTION IN ILLUSTRATIONS:

SECTION III-A MEAS. XI. — Arms remain sidearm, palms up.

SECTION III-A MEAS. XI. — Bentarm upslant, fingers at nape of neck, palms forward.

MILDRED PRCHAL

TEXAS

For many years, it was my wish to visit our Sokols in Texas. My meetings with devoted brothers and sisters during Slets in Chicago and elsewhere, and other gymnastic tours were always fleeting because of technical duties that allowed very little socializing.

Without schedule of any kind, I arrived in Ft. Worth on August 13th. On August 14th, bro. Jerry Milan, Men's Director of the Southern District, and his wife, Henrietta, 2nd Ass't. Director of Women

and former Sokol Tabor member, as well as present ASO. Women's Champion, drove me to the Ft. Worth Sokol Hall. Extensive remodeling was in progress. A big club room, kitchen, washrooms and lobby had been added. The spacious gymnasium had just been decorated, the floors were being sanded and numerous other improvements were in progress.

8 junior girls, among them 15-year old Mary Jean Renfro, excellent gymnast and competitor in

numerous events, were present. With the assistance of Henrietta I taught for almost two hours. Monday, August 15th, I taught again for an hour—about 12 girls were present. Henrietta is doing a fine job. She is a top gymnast herself; with her knowledge, experience and unlimited patience, Sokol Ft. Worth should produce an excellent group of women gymnasts in the near future. While there, I met bro. Renfro, sis. Milan and bro. Milan. Sis. Milan introduced me to some of her 24 children and grandchildren, 19 of whom are Sokol members.



Sokol Hall in Ennis

Tuesday, August 16th, at 6:30 p.m. bro. Jerry Milan, Henrietta, their young son Rome, 4 junior girls and I drove to Dallas about 40 miles away. Sokol Dallas' new gymnasium, built in 1959, is without a doubt, one of the finest I have ever seen. The building "cost well over \$100,000, covers 11,000 square feet of floor space. The overall size is 100 feet long by 110 feet in width. The gymnasium is 80' x 80', ceiling towers to 22 feet in height. It houses a modern stage, nursery, apparatus and engine rooms, ladies' lounge, men's locker and shower rooms, 75' x 30' kitchen, banquet and refreshment rooms. The entire building is completely air-conditioned with a 50-ton unit." (Taken from the dedication program.) I might add that the entrance and lobby are very impressive and beautifully decorated. Bro. Walter Hosek, Chairman of the Building Committee, devoted Sokol member and fine gymnast, "showed" me thru this amazing structure. Bro. Hosek is a dynamic personality and well known to all Sokols. Bro. M. Parma, President of Sokol Zizka, also an instructor, conducted a class of 20 junior girls and women, and 8 men. All instruction was in the Czech language. Tactics (poradova) accompanied by Czech singing brought back memories. After a calisthenic period, and after introduction, I taught Slet calisthenics to the class of junior girls and women while one group of men worked out on the trampoline and another on parallel bars. A few women were busy with warming up exercises. Members of Sokol Karel Havlicek-Borovsky of Ennis participated in class work.

Later, bros. Hosek and Milan coached advanced women gymnasts on hi-lo bars while the rest of the class engaged in a lively volleyball game. My understanding is that Friday is their "big day"

when children's classes are scheduled and more adults attend evening classes.

Thursday, August 18th, I met bro. B. Prevratil, President of the Southern District, his wife, Marie, who is also very active, and their daughter sis. Lorraine Zdenek, formerly Central District Director of Women and presently 2nd Ass't. Director of ASO. Women's BOI. Lorraine, Charles, her husband, who is a Sokol Chicago member, and their family of 3 lovely children were spending their vacation in Dallas. After lunch we enjoyed a pleasant afternoon and evening at the Prevratil residence. I learned about the activities of Sokol Zizka, its fine record, its founders and about the many devoted and deserving Sokol members and of their determination to strictly adhere to Dr. Miroslav Tyrs' Sokol ideals and goals.

Friday, August 19th, bro. and sis. Prevratil drove me to Ennis which is about 42 miles out of Dallas. Ennis is the home of Sokol Karel Havlicek-Borovsky. Bro. Vytopil, President, guided me through the building. Recreation room on the second floor, club room, kitchen and a good sized gymnasium on the first floor. This, I believe, was only part of the building, but classes having started, I was anxious to observe the activities. Every part of the building seemed to be utilized. My interest was aroused by the adult club room guests who were deeply involved in games of domino.



Ennis instructors—women—and myself

Twenty-seven (27) children, girls and boys ranging in age from 5 to juniors, were being instructed by sis. Sylvia Laznovsky in tumbling and on low beam. Sylvia is Women's Director of the Southern District, one of our best gymnasts and certainly an excellent instructor. Bro. E. Parma, Educational Director of the unit, coached 5 women on parallel bars. This Sokol is fortunate in having very efficient young instructors in sis. Laznovsky, bro. Parma and the Men's Director, bro. Stanley Houdek. Much enjoyment and enthusiasm was evident in the groups. Sis. Laznovsky and sis. Houdek had participated in the Dallas class two days before. Some of the other members I met in Ennis were bros. Laznovsky, Moucka, Jurcik, and sis. Laznovsky, Sylvia's mother. During the return trip, bro. Prevratil acquainted me with the history and activities of this very active Sokol unit and its members. As in each unit, Sokol Karel Havlicek-Borovsky has its rostrum of beloved members who have

passed away, one of these being the late bro. Zazvorka, whose life was dedicated to the perpetuation of the Sokol in Ennis.

Saturday, August 20th, I arrived in Houston and Sunday sis. Carrie Vodehnal, former award winning gymnast member of Sokol Slavsky in Cicero, Illinois, drove me to Sokol Houston. I was very glad to meet bro. Kos, instructor for many years. Bro. Kos' life has been dedicated to the Sokol cause; his work as traveling instructor for many years throughout the country is well known to many. Sokol Houston is his home and its members are his family. His influence and teachings are evident in the precision and style of the class members. 8 women and 5 junior girls were present. Sis. Norma Petrzelka of Cypress, Texas, is director of women. She is a very conscientious and capable leader. Sokol Houston also has a class of 15 children. Under bro. Kos' supervision 8 women and 4 men presented the fine composition that was awarded 1st prize for special numbers at the District Slet in Dallas.

I taught the women for two hours—this time seemed all too short. I enjoyed working with the class and taught again for two hours the following day, after which we had a very pleasant "get together" before I left.

Sokol Houston is about 275 miles from Dallas and 250 miles from Corpus Christi. Contact with other Texas units is not frequent. I met bros. Bill Petrzelka, John Sindel, C. Petrzelka, Teddy Szymanski, sis. Anna Busch, her daughter Mary Ann Busch, who is also one of our fine gymnasts, Judy Sindel, bro. and sis. Svec and their talented children Shirley and Charles. I left for Carrie's home where her son "Butch" showed movies of his sister Andrea's dance recitals as a child. She is now a very successful and talented member of the Ballet Russe de Monte Carlo now touring the United States. No doubt, her work as a Sokol class member contributed to her success. At 2:00 a.m. Carrie drove me to the bus station where I boarded a bus for Corpus Christi, arriving there at 8:30 a.m.



Ennis children and juniors the night of my visit

After contacting bro. J. Kucera, he drove me to his home where I met sis. Kucera and sis. Rendl, one of the staunchest Sokol Houston supporters. Later we rode to Sokol Corpus Christi. The gymnasium is big and well equipped with a fine club-room adjoining. Bro. Kucera is one of our best in-

structors. He has had much experience, having been one of the best gymnasts and instructors of Sokol Mladocech, Racine, Wisconsin, many years ago. His brother is the present instructor for the fine veteran group of Racine, Wisconsin. Bro. Kucera had his class of women "go thru" part of a special number he is teaching. Sis. Regmund, a well known and very active member, was present. We had a short round table discussion after which we left.

I want to thank all of the Sokol brothers and sisters who spent their time with me, opened their homes to me and drove me wherever necessary. Bro. Jerry Milan, his wife Henrietta, of Ft. Worth, bro. B. Prevratil and his wife Marie, of Dallas, sis. Carrie Vodehnal of Houston, not to forget "Butch" (to him thanks for the flag which is displayed in my home), bro. and sis. Kucera of Corpus Christi, sis. Rendl, and bro. and sis. J. Dudzinski of Mercedes. I want to especially thank bro. Kucera for the trip to Reynosa, Mexico, and the tour through Corpus Christi. The wonderful hospitality accorded me throughout my Texas travels will always be remembered.

Marching

How many of us realize that more than an hour of a Slet field program is necessary for entrances and exits excluding the assembly at the start of the program?

Many consider entrances and exits as unimportant; necessary, only, as a means of placing groups on the field. It is my opinion that, the quality of work to be presented on the field and the success of the presentation can be pre-judged upon entrance to the field. As you march, so shall you "drill".

Posture, poise and rhythm in marching should be taught throughout the season. Column marching with proper spacing and most important, TURNING CORNERS. The latter is the most sinned against.

From SOKOL GYMNASTIC MANUAL: "the entire rank steps forward with the left foot after which the pivot proceeds in halfstep until the turn is complete, or until receiving a further command. The rotating wing moves with fullsteps throughout the entire turn. Gymnasts between the pivot and rotating men will adjust the length of their steps accordingly. Alinement is always toward the rotating wing."

From Jarka JELINEK'S "CVICENI PORADOVA": "Remarks: Gymnasts looking toward the rotating end of line shorten or lengthen their steps for alinement. It is a mistake when the rotating man adjusts his steps to the rest of the line instead of marching in full step. The pivot man often errs when he wishes to help by marching slightly backward. The pivot man is the focal point for turning and the end wing man for holding a straight line."

HAVE YOU STARTED A Xth SLET FUND?

M. Prchal

Markers

One of the main expectations during Slet mass calisthenics is beautiful patterns with flawless lines and placings. It is important to know that this cannot be achieved or even expected unless calisthenics are taught on markers from the beginning. Markers of 7½' spacing must be placed on the gymnasium floor so that participants learn to gauge the length of steps and jumps according to prescription in notes. Then, the length and breadth of steps become so natural that it is almost unnecessary to concentrate on the field markers. This preliminary training on floor markers is very important if we wish good posture, poise and proud bearing of each participant. Without this preliminary training on markers, we see a constant lowering of the head in an effort to find markers and all remonstrances against such poor posture during the teaching period is wasted.

Seven or eight months' training on markers must so impress the members with the length of step or jump that upon the date of the Slet exhibition, only by a fleeting glance they can control their distance and see if they are "in line."

Gymnasiums are not equipped with permanent 7½' markers. A chalk and tapemeasure are all that is necessary. Even better, are small adhesive tape crosses—these can be lifted after class hour if the floor is to be used for other functions before next "gym" night.

Be sure then, not only to provide these mark-

ers but also to constantly call attention to their importance during class hour. Most of all, give special attention to your chronic "out-of-liners." Remember, only one of these can spoil the ranks.

FLY ON SOKOL

(Sung to the tune of "Letí sokol, pěkný pták")

Fly on Sokol, fly on high,
fly up in the deep blue sky,
forward let us go together
in sunshine or in stormy weather,
fly on Sokol, fly on high,
fly up in the deep blue sky.

Fly on Sokol over hills,
over dells and rivers still,
spread your wings over great forests,
let all Nations know our progress,
fly on Sokol over hills,
over dells and rivers still.

Fly over the U.S.A.,
let nothing stop you on your way,
greet our sisters and our brothers,
show our friendship to all others,
fly over the U.S.A.,
let nothing stop you on your way.

Submitted by: ELLEN JEANNE SCHNABL, Sokol Berwyn:

LVÍ SILOU

Lví silou, vzletem sokolím
ku předu krácejme
a drahé vlasti v oběti
své síly snášejme
a byt' i cesta daleká
ta Sokolíka neleká.
Jen mužně, statně ku předu
vždyt' drahá vlast čeká.

SPĚJME DÁL

Spějme dál, statně dál,
za sokolským praporem
dokud boj neustal,
v poutech úpí rodná zem,
dokud bouř kolem zní
každý na svém místě bud',
a kdo se odrodí
čepelem v tu zrádnou hrud',
a kdo se odrodí
čepelem v tu zrádnou hrud'.

SOKOL SONG

Like lions in their strength we go,
like falcons on the wing
and to our country dear, our strength
as offering we bring,
however long may be the way
its length no Sokol shall dismay.
But onward, on, like men we go,
our country's call — to obey.

MARCH WE ON

(Czechoslovak Sokol Song)
March we on, stoutly on,
where the Sokol banner waves,
till the fight
shall be won,
while the foe our land enslaves,
while the storm rages round
every man shall play his part,
who so be laggard found
steel shall pierce his traitor heart,
who so be laggard found
steel shall pierce his traitor heart.

Sis. Prchal recommended that 50 additional books by Dr. Steinhaus be purchased. Approved.

Bro. Halik also read his report of the Director of Men.

Sis. Prchal asked to be excused from the meeting because of preparations for her Detroit trip. Her report was read by sis. Cihak, as well as the minutes of the meeting of the Women's Board of Instructors.

The matter of establishing a Sokol Unit in Arizona was discussed and we will contact bro. Martinek regarding the possibilities.

Bro. Cihak submitted the report of the Educational Director. He recommended the following members to serve on the Educ. Board: bros. F. Kratochvil, A. Cecka, F. Svambera, V. Baloun, G. Spanek and bro. Jelinek tentatively. Approved.

Bro. Prchal thanked for all the reports submitted and the work accomplished. All of the reports will appear in Sokol Americký.

Bro. Prchal reported on his activity for the past month.

Sept. 24th and 25th attended the annual meeting of the Eastern District held in Schenectady, New York.

Newly elected officers are: bro. Joe Hrbek, President, Charles Zraly, Vice President, sis. B. Zraly, Secretary, A. Chaloupka, Treas., W. Slavik, Director of Men, I. Suhrada, Director of Women, and sis. A. Benda, Educational Director.

The District is doing exemplary work and a tremendous interest is shown in the future of Sokol. The Board of Instructors is doing a fine job. The interest in the 1961 Chicago Slet is great. The District is planning a special number for the event.

Sokol Little Ferry has printed a publicity folder similar to the one printed by ASO. to promote Sokol.

In the discussion about insurance for gymnasts, the question was raised why the cost for ASO. insurance should be \$1.80 for each individual when they are able to purchase insurance from the same Company for \$1.25. Bro. starosta explained that the ASO. personally does not deal in it and does not have a direct interest.

Bro. Bednar called and requested that a proclamation regarding the 1961 Federation Slet be prepared. It will be done very soon.

Sis. Cihak thanked bro. Prchal for his report and for all he accomplished.

Sis. Welcl suggested that preparations be made for the Slet Committee meeting to be held October 15th. The officers will meet Tuesday, October 10th, to do so.

Bro. Prchal adjourned the meeting with our Sokol Nazdar!

Nazdar!

Blanche J. Cihak
Secretary pro tem.

Report of the ASO. Director of Men

JULY - AUGUST 1960

Participated in the Decoration Day parade and ceremonies at the Bohemian National Cemetery, May 30. Attended the last meeting of the budget

sub-committee, June 3rd. Held joint BOI. meeting at bro. Barcal's home, June 11th. Received a phone call from bro. Pazour asking for information and material on judging and conducting gymnastic meets.

Left for Cedar Rapids on Thursday, June 16th. Was notified on arrival by sis. Cihak, of bro. Vojmir Benak's sudden death. Called bro. Pazour who made arrangements to have bro. Benak's papers brought in from Omaha. Met with the By-Laws Committee on Friday, June 17th. Bro. Budka from South Omaha (acting Director) brought the wrong papers so we had to use the judging aids and supplies I had brought with me. Bro. Pazour and I started preparing score sheets and tabulating sheets for the competition. At the judges' meeting that evening, I had bro. Pazour take charge while I continued the preparations for the next day's competition. Bro. Chab, Assistant Director of Western District, and bro. Pazour, Director of the Sokol at Cedar Rapids, conducted the boy's and men's gymnastic competitions and the Sunday program jointly with sis. Frances Hulac, Western District Director of Women, and sis. Kveta Smith, Women's Director at Cedar Rapids. Everything went off quite well. The Cedar Rapids Slet and Convention Committee did a great job preparing for the occasion, and while I mention the names of only the Directors, there were many others who made the successful operation of the Slet and the Competitions possible. Well done! All of you!

One thing I must comment on here, this is generally true in the Western District and in its units. The men's and women's departments do not work well together. From their reports I get the feeling that they are separate bodies independent of one another and that there is no need for co-operative effort.

I had records made for bro. Barcal and sis. Tintera for composing the 1961 junior drills. Met with sis. Prchal about the senior drills for 1961. We agreed on types of movements to be used, also formations and cuts in the original musical composition. I am preparing the men's drill and the recitations to be given during the introduction to the drill and in the finals, as a salute to the centennial of Sokol and to Dr. Miroslav Tyrs and Jindrich Fuegner.

At bro. Simaner's (President, Central District, ASO.) request, I participated in a parade on Moravsky Den.

Requested bro. Koudelik to submit enough specimen copies of the insurance policies by Continental Casualty which I am sending to each Unit Director and to each District Director with other additional information.

I attended the organization meeting of the new Women's BOI-ASO. at sis. Prchal's invitation.

I called a meeting for organizing the new Men's BOI-ASO. Ten men attended, a number of others were on vacation at the time. Because this is a Slet year (in Chicago) the BOI-ASO. will be expanded to function as a Slet Committee. The names of the members of the new BOI-ASO. will be submitted to the Executive Committee for approval at the next meeting. Committees were formed to set up apparatus exercises for juniors

and seniors. A committee for children's activities was set up, also a committee on arrangements (hospodarsky) for Slet and competitions was named. Proceedings of the Convention Technical Committee were read and discussed. It is the recommendation of this group that the Slet Committee be organized as early as possible (September or October) so that proper preparations can be made and the sub-committees can start working.

I met with bro. Carr, Assistant Director of Men, Central District, ASO., to plan the one week school for beginners to be held at Sokol Children's Camp at Willow Springs, Illinois, starting August 21st. Sis. Prchal was unable to attend this meeting, being ill at the time. Met with sis. Lorraine Zdenek, who was of great assistance to me in the selection of suitable music for children's calisthenics.

The Balkan Studio has offered us the use of their recording studio and facilities in preparing musical accompaniment for the drills.

I mailed the medals from the Los Angeles Slet for track and swimming. These had arrived just before I left for Cedar Rapids.

I answered all correspondence.

Nazdar!

Edwin J. Halik

* * *

Supplement to Report Prepared for August 6th Meeting

Was visited by sis. Tillie Prince of Los Angeles during her stay in Chicago. Talked about conditions in the Pacific District.

Bro. Jerry Milan, of Fort Worth, Texas, Director of the Southern District, stopped at the house to visit.

Received a letter of greeting from the Eastern District instructor's school at East Haddam.

Quite a few units are interested and planning to use the Continental Casualty insurance plan.

Had several meetings with bro. Carr, acting Director of the Central District, bro. Joseph Regner having resigned as Director because of ill health. We set up the schedule for the Central District novice instructors school which was held at Sokol Children's Camp, Willow Springs, Ill. Fifteen students attended. We had some difficulty getting full time instructors. I was the only person available for full time at camp. On my recommendation, bro. Carr solicited the help of many local Sokol instructors and leaders for a one or two class instruction period, some coming mornings, some afternoons, some evenings, thus exposing our students at the school to some fifteen different instructors during the six day school with their varied personalities, approaches, teaching methods and ideas. All did very well. Bros. Jack Carr and Len Mickas, who gave several full days of time with the school, deserve special mention for the great job they did. Mr. Joe Kral on very short notice (less than a week) came up with a beautiful design for diplomas, which were ready to be presented at the graduation ceremonies on Saturday evening, August 27.

There are only two schools reported this year, Eastern District and Central District. Pacific Dis-

trict is waiting for ASO to set up the plan whereby they will receive enough help to compensate the great distances between units of the District.

After meeting with several insurance people who have been seeking the Sokol business, none of them could offer more than bro. Koudelik. At his request, I signed an authorization making him broker of record for the policy I distributed to the units.

Attendance records in mimeo form will be made available to all Unit and District Directors in time for opening. Drills will be ready for distribution soon.

Several more men have signified willingness to become members of and serve on the ASO.-BOI. for this Slet year. Complete list will be submitted for the September meeting.

I have not accepted any teaching in any unit for this season because of the work that is already beginning to pile up in this, our Slet year.

Nazdar!

Edwin J. Halik

* * *

SEPTEMBER 1960

The first week of September I finished the attendance record forms; also the Board of Instructors forms, which were mailed with Bulletin No. 2 to all men's and women's directors of units and districts. On September 12th the BOI. assembled to pay last respects to sis. Lil Sramek, a long time member of the ASO.-BOI., who passed away September 10th. Wrote to bro. Walko, SGUS, traveling instructor, regarding our Slet. Copies were sent to bros. Babuska, Bednar, and Bachna, and to sis. Kadrik. Answered sis. Hulac's letter regarding the situation existing in Wilber, Nebr. Bro. Chab is asking ASO to send someone there. Western District will discuss the matter at their Oct. 2nd meeting.

ASO.-BOI. met Wednesday, Sept. 14th, at Sokol Stickney Hall, meeting first as separate men's and women's groups and then later as a joint board. The men discussed the apparatus moves which the committees have been working on since early in August. Bro. Fina turned over to the board the stencils for the FIG rules which he had prepared. The list of men who have accepted duties as members of the ASO.-BOI. for the Slet year was read and the assistant directors approved for the 1960-61 season.

MEN'S ASO.-BOI.: Director, Edwin J. Halik; Assistant Director, Stanley Barcal; Men's Section: Anton Studnicka, Paul Fina, George Basta, Miles Toman. — Assistant Director for Juniors, Edward Linhart; Junior Section: Jack Carr, Richard Ptacek, Edward Schnabl, Leonard Mickas. — Assistant Director for Boys, Henry Vydra; Boy's Section: Roy Zitny, Jerry Husa, Frank Michalek, Charles Dvorak. — Games and Sports: Frank Sula, Joe Votava, Jim Kriz, Charles Novotny. — Slet Arrangements: Frank Vorel, James Simaner, Bohumil Marek, William Vrba, Rudy Svoboda, Rudy Behounek, Charles Borovansky. All Chicago area units are represented.

September 15th, attended the Midwest Gymnastic Ass'n. meeting, where meets at all levels

were arranged and plans made to host the Russian gymnasts, men and women who are expected to make a six stop tour in this country with a (we hope) stop in Chicago. The Japanese team might come over in January or February. They too, are expected to stop in Chicago.

Attended the Central AAU. Convention at the Chicago Sun Times Building on September 19th with sis. Prchal and bros. Carr and Fina. The Sokol recommendation that the AAU. form separate men's and women's gymnastic committees was approved by this body and will be placed on the agenda of the National AAU. Convention to be held at Las Vegas, Nevada, in December as a recommendation from the Central Ass'n. AAU.

I attended a meeting of Sokol West Suburban September 20th. They are on their own this year, but they will get along, they need more time to assimilate all the rules and the regulations of the Sokol Organization. They are setting up their BOI.

Called sis. Cihak for supplies, etc. and she informed me of a special meeting of the Executive Committee on Wednesday, Sept. 21st. I neglected to make a note of the time of the meeting and when I arrived after eight o'clock the meeting was over. Two important decisions pertaining to the Slet were made. The weekend for the Slet was set for Sunday, June 25th, 1961, and bro. Prchal is to contact the secretary of the Morton High School Board and make tentative arrangements for the use of Morton West facilities, i.e. the gymnasiums, the field house, and the athletic field and stadium.

Bro. Pazour called on September 22nd, we discussed the problems of bro. Chab in Wilbur and the proposed return of Cedar Rapids to Central District.

Joe Kral and I met on September 23rd and discussed posters and decals for the Slet. He presented me with several of the new posters he prepared for the joint membership drive of Sokols Berwyn, Slavsky, Stickney and Tabor (a community project).

Anne and I attended the Central Ass'n. AAU. banquet at the Svithoid Club on Saturday, Sept. 24th. On the same evening, Sokol Havlicek was holding their banquet and Sokol Stickney was running a dance. We were unable to be with Sokol Havlicek-Tyrs at their banquet but did stop at Sokol Stickney, which is near our home, which was still going strong when we arrived near midnight.

Sis. Cihak ran off 150 copies of physical fitness programs on the mimeograph.

I'm having a little trouble finishing up the men's drill. Sis. Prchal is waiting with her part 4 which we are to do jointly. The prologue as well as the salute in the finale are ready. Bro. Kubina has re-arranged the music as we have recommended. Ray Bialek, Director of the Downers Grove Elementary School Instrumental Music Program, turned over to me the arrangements for the children's drills. Sis. Tintera and bro. Barcal are finishing the junior drills. By mid-October, we hope to have all materials in the mails.

Nazdar!

Edwin J. Halik

Report of ASO. Director of Women

SEPTEMBER

One of our finest Sokol members, sis. Lillian Sramek, passed away suddenly. She was a member of my present ASO. Women's Board for almost seven years after continuous membership in the Board of Instructors for many, many years. Her passing was a very great loss to the Sokol Organization.

Friday, September 16th, with sis. Zdenka Tintera, attended the Central District Women's Board of Instructors quarterly meeting held at Sokol Berwyn.

Friday, September 16th, sis. Kveta Smith visited at my home. Sis. Smith discussed various matters pertaining to the women's classes in Cedar Rapids and their program for the season. She stated that during their summer camp stay each child was insured for 75c. Sis. Smith will send particulars about an insurance that she says is very reasonable and has a very complete coverage including traveling to meets. During our discussion, sis. Smith asked if I could teach for a week in Cedar Rapids during the month of November.

Monday, September 19th, attended the Central AAU. annual meeting held in the Sun-Times Building.

Thursday, September 22nd, sis. Z. Tintera met with me for the purpose of writing out the 1st part of the junior girls' calisthenics. I wrote her calisthenics in English and Czech. The 1st part in English will be printed in the October issue of Sokol Americky.

Bro. Bob Tomanek of Omaha, Nebraska, is teaching in Skokie, Illinois. He has some very constructive ideas and says he will be among us as often as possible. He also visited me.

Mrs. Eliska Bodlak of Tucson, Arizona, called at my home September 27th. She is Secretary of the Czechoslovak Club in Tucson. This is a very active organization and up to the present time she has taught Czech folk dances to some of the members. Their first appearance last year before the public was so enthusiastically received that she wishes to continue more intensively. A number of the members are former Sokols and she feels that a Sokol unit could eventually be organized in Tucson. I gave her material and music and called sis. Cihak asking her to send sis. Bodlak Sokol literature. I also asked sis. Cihak to follow up this matter as my duties are in the technical field. This matter should be handled by the Executive Committee. However, I promised sis. Bodlak to help whenever possible.

Upon request I sent music and instructions of the Silician Beseda to sis. Falarsh of Milwaukee, Wisconsin.

At my own expense, I will teach Slet calisthenics and artistic gymnastics during the first week of October at Sokol Detroit. Sis. Jerry Krisenecky will accompany me to Detroit. She will teach Slet apparatus exercises and will stay for two days.

I cut stencils for 3 parts of the women's calisthenics in Czech and sis. Cihak mimeographed 200 copies of each. Illustrations drawn by myself for these calisthenics are being printed by br. Mejdřich and will be attached to the copies sent to districts and printed in Sokol Americký. English versions of women's and junior girls' calisthenics are appearing in Sokol Americký.

The Sokol Gymnast was not printed in the September issue of Sokol Americký because elections for new officers included office of editor.

Sis. Laznovsky of Ennis, Texas, Women's Director of the Southern District, reported on fine activities in her district and evaluated my assistance during my Texas tour.

Correspondence consisting of reports, requests for information and material is always answered immediately if I am not out of town.

Women's Board of Instructors' meetings will be the second Friday of the month.

I ordered and received 4 more copies of B. Meyer's "Rings". Have not as yet received bill.

M. Prchal

Report of the ASO. Educational Director

SEPTEMBER, 1960

Wrote a number of articles for Sokol Americký. Wrote to Pocket Book Publishers asking them to send a copy of their advertisement and catalogue to each of our Units. (Outstanding value on classics in literature.)

Wrote to Secretary of the Navy at suggestion of bro. Frank Capek of New York, to secure a copy of the Navy Blue Book for each of our Units.

Letters of acceptance are being received for the Advisory Committee.

The following members are submitted for your approval for the Educational Board: bros. Frank Kratochvil, Albert Cecka, Frank Svambera, Vaclav Baloun, George Spanek, bro. Jarka Jelinek has tentatively accepted, will do work but cannot attend meetings for at least three months.

Mailed publicity material with every letter.

Filled specific requests of individuals and units.

Eastern District

Sept. 12, 1960

The meeting was called to order by bro. Stransky, acting chairman. Bro. William Matousek, Vice President, asked to be excused. The minutes of the previous meeting were accepted as read.

Those present were: Bros. Frank Capek, Anton Chaloupka, Charles Friedrich, Joseph Hrbek, Walter Slavik, Joseph Stransky and Charles Zraly. Sisters: Ludmila Elkins, Bertha Hochner, Sophie Sazama, Mary Stransky, Irene Suhrada and Blanche Zraly.

A moment of silence was observed at this time in memory of our late bro. Joseph Sazama.

Correspondence:

Minutes from the Executive Board of the ASO. were received. The Certified Public Accountant's financial report from the ASO. was received.

A newsletter from Sokol Cleveland.

A report was received from bro. Jablonsky, of the Slovak Sokols, pertaining to the Regional Slet Committee meeting. The Slovak Sokols asked the continued cooperation of the Eastern District.

A card was received from bro. and sis. Hrbek, who were vacationing in Czechoslovakia.

The family of our late bro. Joseph Sazama sent a card of thanks to all Sokol members and friends for their kind expression of sympathy. Many units have sent money, in lieu of flowers, to the Sokol Camp at East Haddam, Conn., in memory of bro. Joseph Sazama.

Letters were received from sis. Wilma Sokol and bro. Burian in reference to our annual meeting which will be held in Schenectady, New York, on Sept. 24th and 25th, 1960.

Approximately 40 to 45 delegates and guests will attend the meeting. The technical committee will hold their meeting in a room at the hotel. The delegation from the New York area will leave by bus from New York Sokol Hall. A tour of Schenectady may be arranged.

A letter was sent to the ASO. asking if it would be possible for bro. Prchal to attend the annual meeting in Schenectady to give units some inspiration.

Bro. Hrbek reported that the Boonton Slet was a financial success, although it had rained all day. It was a sad day for everyone, for bro. Sazama had passed away on his way to the Boonton Slet.

Sis. Suhrada received reports of activities from units. She assisted at the instructor's school at East Haddam, Conn. Attended a United Sokols of the East meeting. Wrote to sis. Prchal asking for material which will be distributed among the units at Schenectady.

All delegates are requested to make their reports as brief as possible. Only the highlights of their units should be reported.

Bro. Prostředník suggested that we hold our annual meetings in October. Since units do not hold meetings during the summer months there is not enough time to make the necessary arrangements.

Bro. Matousek has been asked to appoint a nominating committee on the Saturday before the meeting.

Bro. Stetka's new address is 39 Pelczar Ave., Baltimore 21, Maryland.

The financial report was submitted by bro. Chaloupka.

There being no further business to discuss the meeting adjourned.

Nazdar!

Blanche Zraly, Secretary

Neboj se, synu můj málověrný, ten umírá pouze, u koho nebylo víry, ten umírá pouze, jenž nedostl věřil v život, v život, jenž bez hranic, věčný a vítězný vývoj, věčný a krásný a spravedlivý.

Rudolf Medek.

Eastern District of the American Sokol — Women's Division Annual Dist. Directress' Report

SEPT. 1959 - JUNE 1960

The achievements of the past season have again given us reason to take pride in our general progress.

STATUS OF GYM CLASSES

All Units in the District conducted gym classes this season, with the exception of Newark and Philadelphia. Curtis Bay only has children and Washington only has seniors, but all others are fully active.

Reports were submitted by all active Units. However, I would like to remind the Unit Directresses that the reports should be prepared and sent immediately after the end of each calendar month. Too much time is spent in following up on late reports. Also, the activities listed should be only those which took place during the month being reported, and this section should be accurate—there are many activities that I know of which are not included on the reports.

The total average season attendance for all classes has again shown a steady increase for the fourth season.

The Children's classes are still growing; the Juniors have shown an increase for the first time in three years, a fact that is a pleasure to report; the Seniors have declined somewhat this year; but overall we are going upward. The attendance did not reflect some of the high peaks we had last year, but on the whole it was much more consistent over the entire season.

MAJOR DISTRICT ACTIVITIES

Annual District Board of Instructors Meeting—Sept. 26, 1959. — Held at Sokol Little Ferry, N. J. Representatives were not present from Baltimore, Belcamp, Curtis Bay and Schenectady. It is impossible to plan effectively without full cooperation.

United Sokols of the East—Track & Field Meet—Oct. 3, 1959. — Held at Park Dept. field in N.Y.C. with members of Eastern Dist., SGUS. (M. M. Hodza-Jan Francisci) and D. A. Sokol participating. Total entry: 32 Juniors, 22 Seniors.

Sokol Physical Fitness Exhibition—Dec. 6, 1959. — Held at Westchester County Center, White Plains, N. Y. Sponsored by the American Sokol Federation for the purpose of acquainting the general public with our activities and aims. It was one of the most well organized and executed programs we have ever put on. Both members and non-members were impressed and enthusiastic and all those who participated were proud to have been a part of its success. Total number of gymnasts were 403. Eastern Dist.—171, SGUS. (M. M. Hodza-Jan Francisci)—232.

Instructors' Refresher Course—Jan. 10, 1960. — Held at Sokol Little Ferry, N. J. All theory and practical subjects were reviewed. Instructors were: bros. Slavik, Capek, DeStorres, sisters Zabka and Suhrada.

School for Judges—Jan. 30 and 31, 1960. — Held at Sokol Little Ferry, N. J., from 10:00 A.M. to 4:00 P.M. each day. Directors of the School were

sis. Marie Provaznik for the Women's Div., and bro. Jerry Hardy for the Men's Div. We were very fortunate in view of their knowledge and experience that they were both available to handle this much needed job for us. The schedule covered theory and practical application for both Compulsory and Optional moves. Attended by 22 members of Women's Divisions of Fuegner, Little Ferry and New York.

Volleyball Tournament—Juniors—Feb. 11, 1960. — Held at Sokol New York. Played: New York and Fuegner. Won by: Fuegner.

Junior and Senior Apparatus Competition—March 26, 1960. — Held at Sokol New York. Seniors—insufficient number present to conduct competition.

Calisthenics Training Period—Semi-Annual Meeting of District Board of Instructors—March 27, 1960. — Units represented: Little Ferry, New York, Washington.

Children's Apparatus Competition—April 10, 1960. — Held at Sokol New York and directed by sis. Joan Skala of that Unit. Eight member teams competed from Fuegner, Little Ferry and New York. The new trophy was won by Little Ferry for the second time.

United Sokols of the East—Trampoline Clinic—May 26, 1960. — Held at Bohemian Hall, Astoria. Members of Fuegner and New York attended.

District Slet—June 11 and 12, 1960.

Competitions—June 11. — Held at Sokol New York in all Divisions of Juniors and Seniors, except Junior High Div. Only compulsory moves were executed. Total entries: 48. Juniors—31, Seniors—17. The competitions ran very smoothly due to the cooperation of the 19 judges present and the attention and excellent conduct of the competitors. The scorers and the N. Y. Sokolky who served coffee and sandwiches also contributed to the success of the competition. For future competitions each Unit Directress should bear in mind that she is responsible to see that there are a sufficient number of judges present from her Unit to meet the requirements of the competitors entered from the Unit.

Slet Day—June 12—Sokol Camp, Boonton, N. J. — Rehearsals were held in the morning; however, due to a steady, heavy rain the Slet program was not held—with the exception of the playing of the national anthems and the performance of their calisthenics by the senior men and women. I was very proud of the spirit shown by those women who volunteered to drill in that pouring rain. Number of gymnasts present and prepared to participate: Children: 71 girls, 40 boys. Juniors: 36 girls, 16 boys. Seniors: 30 women, 10 men. Total—203. It was not possible to get a count of gymnasts present from SGUS. for comparison with last year.

Instructors' School—Beginners—August 14-27, 1960. — Held at Camp Sokol, East Haddam, Conn., for the third consecutive year. The teaching staff consisted of: Director—bro. Walter Slavik; Instructors—bro. S. Mergl, sis. A. Benda and N. Zabka; Secretary—sis. J. Mach, who were all there for two weeks, plus several members who assisted on weekends. The entire staff deserves a

rising vote of thanks for their hard work and sacrifice of their time in order for it to have been possible for us to conduct this school. Students attended: girls 15, boys 9, total 24. In my opinion the most important activity in the District is the conducting of these Instructors' Schools. While we had a fine group of students this year, we should have had many more both from the Units represented and especially those who have not sent students in the past two years—Baltimore, Curtis Bay, Schenectady (women). He had such an excellent teaching staff at the School, that it is a shame not to have had as many students benefit from their knowledge as possible. Our gym classes are growing—we have got to keep pace with this growth in all other areas.

SOUTHERN SECTION (OKRSEK)

The Southern Section of our District—composed of Baltimore, Belcamp, Curtis Bay and Washington—has conducted various joint activities in their locality during this season. These will be reported on separately.

MISCELLANEOUS

In my capacity as District Directress during the past season, I attended various meetings of American Sokol Fed. (ASO. & SGUS.) and United Sokols of the East (ASO., SGUS., D.A., Orel); attended Unit Annual Gymnastic Exhib. in New York, Fugner, L. I., and Little Ferry; attended Sokol Washington ceremony at Arlington National Cemetery (May 22nd); judged at various AAU competitions held in this area; participated in Western Dist. Slet in Cedar Rapids (June 19th); attended ASO. Convention and District Directors' meetings in Cedar Rapids (Jun 20-22); and assisted on weekends at Sokol Instructors' School at East Haddam.

IN CONCLUSION

I would like to commend the various Units for their participation in and support of the District activities. We have had a good year—we've experimented with some new activities—we've retained the successful old ones. We've got to continue to grow by adapting ourselves to present conditions—but, also, by retaining the best of the past and by keeping our goals clearly fixed in our minds. With our national Slet in Chicago to work toward, this coming season should be one of our most active and successful—everyone should be planning to participate.

Finally, I would like to thank my co-director—bro. Capek—and all other Unit, District and ASO. officers, directors and instructors for their assistance and cooperation in helping to bring to a successful conclusion this years' Sokol activities.

Nazdar!

Irene Suhrada
Directress—Eastern District

Report of the Educator – Eastern District, ASO.

Ending my second term as your District Educator, it is the intention of my report to give you an accurate picture of our educational activities throughout the District. This report has two parts. The first part includes the direct activities of the

District Educator, the other part deals with the Units' activities.

With the approval of the District Executive Board, the District Educator called an Educational Conference on January 9, 1960, for the purpose of forming an educational program for the entire District. The Conference discussed and tackled many problems and gave positive directives which should have been followed by our Units. It also agreed on a resolution explaining our moral disapproval of the Spartakiad held last June in Prague. I have sent a report on this Conference to all Units' Presidents, Directors and Educators.

On February 22, 1960, our District sponsored a "Musical Afternoon" in T. J. Sokol Hall in New York, featuring the artistic group of Sokol Washington. This affair was well prepared and attended by some 350 people. Its moral effect was very good.

Your Educator represented the Eastern District at the 110th Anniversary of T. G. Masaryk's birth held on March 5th, 6th and 7th at Washington, D. C. He also spoke in behalf of the District at the Convention of the Czechoslovak National Council of America.

During the month of April I tried to organize an Educational Conference for the Okrsek but failed to do so.

On May 22, along with sis. Suhrada, I went once more to Washington, D.C., to represent the District at the annual affair at the Arlington National Cemetery.

To inform our local officers, Directors and Educators, I have sent out five circulars called "Educators," in which I wrote about the affairs of the District or Units. Also, every Saturday issue of New Yorks Listy brought a Sokol column, informing the readers about the activities of the District or Units.

As for the second part of my report, dealing with the activities of our Units, I will report in terms rather general, for although we all agree that the educational activities are badly needed, yet there is only a very slight increase in these activities throughout the District. Most of the Units do hold their usual affairs and thus we may say that at least we hold our own. In view of the steady decrease of our membership and in view of many other obstacles facing us in the future, it is not enough. There must be a substantial increase in those activities as suggested in the report of the Educational Conference of January 9th. From this report I quote the most important recommendations:

- a) Allow the younger members and juniors as much time in Sokol halls as possible, giving them many opportunities to meet. (This way they will feel they are wanted and through seemingly unimportant work they will be bound closer to our Sokol principles.)
- b) Hold as many social activities as possible. Also, stage plays to be promoted and lectures to be included in our gym program.
- c) Make the membership meetings more attractive by means of cutting the official business as

much as possible and include some sort of entertainment (social, pictures, singing, lectures, etc.)

- d) Before taking a new member, brief him or her on the Sokol program. The initiation of each new member should be an important act in the life of each new member.
- e) Try to lead the officers from the less important offices to the highest ones in such a way that each officer is fully capable of taking an important office after being trained for some time in a less important one.

Urged the Units' Presidents to ask their Educators for a report on every monthly meeting. This way the membership may become aware of the importance of Sokol education.

To the conclusion, I ask all delegates to support our educational activities, so that we can fulfill our obligation toward Sokol ideals, which we promised to promote throughout our Units, communities and the United States.

Nazdar!

Vladislav Slavik, District Educator

Minutes of the Annual Meeting of the Eastern District, ASO.

Held in Schenectady, N. Y., Sept. 25, 1960

The meeting was called to order at 10 A.M. by Vice President bro. William Matousek.

Everyone joined in singing the anthems accompanied on the piano by bro. Ed. Stetka.

After bro. Matousek introduced all of the officers, came the roll call of delegates.

Those present were: Sokol Blesk, Baltimore, Edward Stetka; Sokolice Baltimore, Sylvia Peifer; Sokol and Sokolice Fuegner, L. I., Bertha Hochner and Charles Zraly; Sokol Little Ferry, Joseph Hrbek and Jerry Novy; Sokolice Little Ferry, Augusta Svec; Sokol and Sokolice Newark, Ludmila Elkins; Sokol New York, Charles Friedrich and Joseph Stransky; Sokolice New York, Sophie Sazama and Mary Stransky; Sokol and Sokolice Phila., Eugene Prostednik and Josephine Tunkl; Sokol Schenectady, Alois Burian; Sokolice Schenectady, Ludmila Cejka; Sokol and Sokolice Washington, Milan Hasal and Mathew Neumann.

Bro. Matousek introduced bro. Charles Prchal, President of the ASO. All members were honored and delighted to have bro. Prchal attend the annual meeting. Our thanks go to the Executive Board of the ASO. for granting our request for bro. Prchal to attend our meeting.

Bro. Matousek introduced the guests and presidents of units.

At this time bro. Matousek had everyone rise and observe a moment of silence in memory of our departed members.

Bro. Matousek asked bro. Stransky to act as chairman.

Bro. Slavik, educator, spoke of the late sis. Emily Gregor and bro. Sazama, who served as the President of our district.

Bro. Prchal also spoke of bro. Sazama and all the years of service he gave to our Sokol organization.

It is indeed a difficult task for anyone to follow in the steps of bro. Sazama.

Bro. Stransky made a recommendation that a memorial service be held in remembrance of bro. Sazama.

Bro. Slavik made a motion that the district should sponsor the memorial service which should be supported by all units. The motion was seconded by bro. Hrbek.

Sis. Blanche Zraly, secretary, read the annual report of the activities of the Eastern District.

The membership of the Eastern District now consists of 626 men and 559 women with a gain of 25 members as of Sept. 1, 1959, to Sept. 1960.

A motion was made by bro. Friedrich that the report be accepted as read.

CORRESPONDENCE:

An invitation was received to attend a birthday party and reception honoring sis. Marie Provaznik, the present directress of Czechoslovak Sokols Abroad. It will be held at Sokol Hall, New York, on Oct. 15, 1960. A motion was made by bro. Neumann that the President and Vice President of the district should attend the reception. Motion seconded.

Bro. Anton Chaloupka, treasurer, presented a financial report for the year. His report was accepted with thanks from bro. Stransky.

Bro. Frank Capek, director of the Eastern District, gave his report. He stressed that it was our late brother Joseph Sazama who nudged him forward in his Sokol work and that we must continue in his footsteps for a better and bigger Sokol organization. His report was accepted with thanks.

Sis. Irene Suhrada, district directress, gave a very nice report of the activities of the Eastern District. She stated that there was an increase in all classes. The units had taken part in many activities and competitions. She has asked all units to prepare for the National Slet which will be held in Chicago next year. Bro. Zraly made a motion that her report be accepted with thanks.

Bro. Slavik, educator of our district, gave a summary of the activities of the educational committee. He stressed the need for support from all delegates, to promote the activities of the educational committee. A motion was made by bro. Slavik that the educational committee hold a meeting once a year at which the educators of all units should be present. The motion was passed.

The Okrsek (Southern Section) report was given by bro. Ed. Stetka, director of the Okrsek. The units were active in many projects. Sokol Phila. is the only unit of the Southern Section which is not active in gym classes. Officers of the Southern Section are: bro. Ed. Stetka, Chairman; sis. Marie Beck, Assistant Chairman; sis. Marie Vitak, Secretary. His report was accepted with thanks.

All officers received a standing ovation for their work during the past year.

Report of the technical committee. — The officers elected to the technical committee for the coming year: District Director, Walter Slavik, Fuegner, L. I.; 1st Assistant Director, Jack De Stories, Little Ferry; 2nd Assistant Director,

Frank Capek, Little Ferry; District Directress, Irene Suhrada, New York; 1st Assistant Directress, Renee Benda, Little Ferry; 2nd Assistant Directress, Joan Skala, New York. Secretary to be chosen from Sokol Fugner, L. I. Sports Director to be chosen from New York Sokol.

A recommendation that we continue to hold Boonton Slets with the Slovaks. A recommendation to hold an Academy at Great Neck, L. I., in 1961. To keep a permanent record of pictures taken at our gymnastic schools. A motion made by bro. Hrbek to omit plans to hold an exhibition at White Plains this year. Seconded by bro. Zraly.

The technical committee is planning to do a special number at the Slet which will be held in Chicago in 1961.

Approximately 40 to 60 gymnasts will take part in the special number. The technical committee has asked for financial assistance from the Eastern District.

Bro. Chaloupka stated that we cannot allot any specified amount at the present time since we do not know how the district will stand financially when the time of the Slet comes.

Bro. Novy suggested that full support should be given by the Eastern District. After much deliberation, bro. Capek made a motion to leave it up to the discretion of the next executive board. Motion seconded by bro. Burian.

Bro. Zraly stated that all participants who take part in the special number should also take part in the Slet calisthenics.

Sis. Suhrada explained that each member must take part in two numbers. Some gymnasts will also take part in the competitions.

The meeting recessed at 12 P.M.

The meeting resumed at 1:20 P.M.

Reports of units were given.

Bro. Burian of Sokol Schenectady said that since their unit sent one boy to the instructor's school at Sokol Camp they will endeavor to revive the boy's gym classes.

Bro. Stovicek reported that all activities of Sokol Washington are arranged by bro. Neumann who is a tireless worker for the Sokol organization.

A motion was made and passed that the seat of the Eastern District remain in New York.

Bro. Matousek appointed a nominating committee.

Nominated were: President, Joseph Hrbek; Vice President, Charles Zraly; Secretary, Blanche Zraly; Assistant Secretary, Ludmila Elkins; Treasurer, Anton Chaloupka; Educator, Audrey Benda; District Director, Walter Slavik; District Directress, Irene Suhrada.

Bro. Stransky asked for additional nominations. Bros. Slavik and Neumann both nominated bro. Zraly for president. Bro. Zraly declined the nomination and asked the members to go along with the recommendation of the nominating committee, stating that he would be glad to support bro. Hrbek for president and urged all members to give their full cooperation to the new president and executive committee.

Bro. Stovicek of Sokol Washington said that a representative from each unit should have been on the nominating committee.

Bro. Hasal of Sokol Washington made a motion that one delegate from each unit who is represented at the yearly meeting, should be on the nominating committee, for future elections. The motion was passed.

Sis. Peifer made a motion that the nominations should be accepted and voted upon.

Bro. Neumann made a motion that the slate be accepted as read since there is no opposition.

Bro. Stransky asked bro. Prchal to install the new officers.

Bro. Prchal thanked the outgoing members of the executive board and then proceeded to install the newly elected officers and asked the support of all members. He asked the cooperation of all units for a better future of the Sokols. The gymnastic schools should be continued. He stated that the Czech people proved that they are lovers of freedom by supporting the drive to purchase the Masaryk stamps. Bro. Prchal said that the Executive Board of the ASO. had sent their greetings to the Eastern District.

Bro. Prchal received a standing ovation.

Bro. Hrbek, newly installed president, expressed his thanks to Little Ferry Sokol for giving him the opportunity to serve as a delegate. He said that he would do his best to follow in the footsteps of bro. Joseph Szama.

A rising ovation was given to bro. William Matousek and bro. Frank Capek for all the work they had done in the past.

A suggestion to hold our annual meeting in October was discussed. It was decided to continue to hold the meetings in September since it would disrupt the end of the fiscal year.

Units are urged to select their delegates to the annual meetings in June. Bro. Neumann made a motion to let the date remain the same which was seconded by bro. Capek.

Bro. Slavik suggested that we hold one week-end educational meeting which would be sponsored by the district.

Bro. Stransky said the dates should not conflict with the technical committee meetings.

The units should send monthly reports to the district educator.

At the next annual meeting an educational meeting should be held.

Bro. Slavik had asked the Eastern District to join the National Council. After much deliberation a vote was taken. 15 against — 2 for — 1 passed.

Sis. Ludmila Elkins invited the Eastern District to hold the annual meeting in Newark the last Saturday and Sunday in September of 1961.

Bro. Stetka suggested that we hold our Eastern District dinner dances at the time of the annual meetings. The proceeds would go to the Eastern District.

Bro. Hrbek asked bro. Stetka to inquire of Sokol Belcamp why they did not send a report of their activities to the district.

Bro. Burian of Schenectady said they would do all in their power to have a delegate represented at the next annual meeting.

Sis. Elkins asked why the educator's reports are printed in the Sokol Americký since all units are mailed the educator's reports.

The explanation was that all members do not attend the meetings and therefore are given an opportunity to read the reports in the Sokol Americký.

Bro. Hrbek thanked Sokol Schenectady for holding the annual meeting at their Sokol Hall and for their kind hospitality.

Bro. Prchal then led everyone in singing "Spějme Dál".

The meeting adjourned at 4:15 P.M.

Nazdar!

Blanche Zraly, Secretary

Zápis ze řádné schůze sokolské župy Severovýchodní,

konané ve středu, dne 17. srpna 1960.

Schůzi řídil br. starosta Jan Tichý za účasti 14 zástupců. Br. starosta přivítal br. Leo Všecku, který po dlouhé době se do schůze dostavil.

Zápis z minulé schůze čten a přijat.

Dopisy a čtvrtletní zprávy: Čtvrtletní zprávu zasílají Sokolice Detroit a vykazují 143 členky a šek na \$14.00. Tři členky jsou více jako 50 let v Sokole. O tomto se rozpředla debata a rozhodnuto, že mají župě platit příspěvky za plný počet členů.

Sokol Moravan zasílá zprávu z členské schůze, konané dne 27. července. Podány zprávy ze zájezdů do Clevelandu, Toronta, Detroit a Chicaga. Br. jednatel Fréď Bartoš ve zprávě žádá, zda by bylo možné, aby úhrada župního praporu byla rozdělena podle počtu členů v jednotě. Bylo usneseno, že na župní prapor bude přijat každý dobrovolný příspěvek od jednot v župě sloučených. Žádný obnos se nečiní závazným. Zábavní výbor připravuje podnik na 27. srpna.

Čtena a pozorně vyslechnuta zpráva z první schůze V. V. Obce. Byly uznány snahy br. starosty K. Prchala, o zvýšenou činnost a vzájemnou spolupráci ve prospěch AOS. Poněvadž nebyli oznámeni nově jmenovaní úředníci na místa, která měla být obsazena V. V., máme za to, že opět celá práce spočívá na několika jednotlivcích.

Zpráva náčelníka a náčelnice nebyla podána. Mají prázdniny.

Hospodářský odbor: Za odbor podává zprávu br. starosta. Veškeré účty z posledního podniku, župního sletu, jsou zaplacené a čistý výtěžek bude asi \$600.00. Také večírek před sletem se vydařil. Podrobné vyúčtování bude podáno v příští schůzi.

Krajanský výbor: Br. jednatel: Příští schůze bude ustanoven přípravný výbor ku vzpomínce 28. října. Veškeré spolky v K. V. budou v něm zastoupeny.

Zprávy z jednot:

Sokol Cleveland a spojené jed. Čech-Havlíček, br. K. Šerpán: V letních měsících upravena kuchyně a parkoviště. Byly stanoveny cvičební hodiny pro příští období. Zábavní odbor předložil seznam podniků do konce února. V příští schůzi promluví Mr. Armstrong, žurnalista, který poví svoje zkušenosti o cestě do Sovětského svazu. 27. listopadu bude se konat bazar, 4. prosince společná večeře, 21. prosince vánoční nadílka a 31.

prosince soukromý silvestr. Veřejné cvičení jednoty 12. února.

Sokol Nová Vlast má prázdniny.

Sokol Tyrš, br. starosta A. J. Šuster: V letních měsících se dvakrát týdně cvičilo. Ve středu 3. srpna konaly se volby v cvičitelském sboru. Byli zvoleni většinou ti sami vedoucí, jako minulého roku. V neděli koná jednota svůj výroční "picnic" na I.O.O.F. tábořišti. Pravidelné cvičení tříd počne týdnem 12. září. Členská schůze, spojená s večerí, se bude konat v pátek 23. září. Filmy z nucené Spartakiady a dojmy z návštěvy Československa ukáže a k nim promluví br. a ses. Victor Ptákov. V sobotu a neděli 5.-6. listopadu bude dramatickým sborem jednoty předvedena v sokolovně opereta Jeroma Kerna "Sunny". 31. prosince se koná velký Silvestr ve všech místnostech budovy. V sobotu 21. ledna banket, jako uznání práce všem cvičitelům jednoty od založení do dneška.

Sestra účetní hlásí příjem a vydání.

Poněvadž nebylo více k jednání končí br. starosta schůzi v 9:10 večer provoláním Nazdar!

K. Zahradníček, jednatel.

Zpráva ze schůze Výk. Výboru župy Střední AOS.,

konané dne 21. září 1960.

Schůzi řídil starosta br. V. Šímaner.

Vzdána čest americké vlajce. Byl čten zápis ze schůze 15. června a přijat.

DOPISY:

Výkonný Výbor AOS. upozorňuje na první schůzi výboru na X. Slet Americké Obce Sokolské v červnu 1961. Schůze se koná 15. října.

P. M. Pilát zasílá poděkování za řádné zaplacený lékařský účet, za zranění jeho syna při župních závodech.

Sokol Suburban v Downers Grove zasílá dlužní úpis na částku \$1,000.00, kterou mu župa zapůjčila na zakoupení nářadí do tělocvičny. Půjčku bude splácet každý měsíc. Další vysvětlení podal výbor, který byl pověřen půjčku udělat.

Několik dopisů došlo opožděně. Již mnohokrát bylo upozorněno, aby dopisy náležející župě, byly zasílány na jednatele župy a ne do úřadovny Obce; tím se stává ono opoždění.

Čteny došlé účty, které byly povoleny k vyplacení.

ZPRÁVY:

Cvičitelský sbor župy oznamuje, že br. Josef Regner následkem nemoci vzdává se náčelnictví župy a jeho nástupcem bude br. Jack Carr. Tato změna byla župním výborem schválena.

Bratr starosta pak vřele děkuje br. J. Regnerovi za jeho dlouholetou činnost, jako náčelníka župy a přeje mu dalšího zdraví. Br. J. Carrovi přeje mnoho zdaru v úřadě župního náčelníka.

Bratr J. Carr pak podává obsírnou zprávu náčelníčkou, ze cvičitelského kursu zažatečnicků. Posluchačů bylo 15, kteří věnovali náležitou pozornost při vyučování, a doufejme, že se z nich vypracují příští cvičitelé. Hlavní část vyučování řídil náčelník AOS., br. Edw. Halík a též několik sester a bratří.

Zápis žactva do našich tělocvičen je veliký, škoda, že to není také u dospělých. Ku konci pak podává zprávu ze zájezdu do Cedar Rapids, kde se

účastnil sletu župy Západní a pak IX. sjezdu AOS.

Náčelnice ses. L. Zdeněk se omlouvá, že je nemocná a zaslala zprávu, která přečtena. V letních měsících náčelnictvo žen konalo dvě schůze. Zúčastnila se zájezdu do Cedar Rapids na slet župy Západní a pak IX. sjezdu AOS. Pro příští sezonu připravujeme zvláštní čísla pro ženy a dorostenky, na X. slet AOS. v červnu 1961. V říjnové schůzi cvičitelského sboru žen bude zvoleno náčelnictvo žen. "Po pěti letech činnosti co náčelnice župy Střední odcházím z úřadu, ale nadále budu činná v náčelnictvu, a mé nástupkyni přeji mnoho zdaru."

Bratr starosta děkuje za zprávy a vykonanou práci obou náčelnictev.

Bratr vzdělavatel: Během letních měsíců vzdělávací činnost ochabla. Je nutno, aby naše mládež měla základní znalost o Sokolstvu. Zúčastnil se IX. sjezdu AOS. co zástupce a byl zvolen do vzdělávacího odboru. Přednášel na cvičitelském kursu naší župy o organizaci Sokolstva. Zástupci v župním výboru měli by si všimati zda v jejich jednotách vzdělávací činnost se provádí.

Odbor na zorganizování Dramatického Odboru v župě pokračuje na práci.

Hospodářský odbor podá úplnou zprávu ze sletu v příští schůzi, neb některé účty ještě schází.

Rozpředla se dlouhá debata (asi hodinu) ohledně tělocvičné činnosti, projednávány různé body, t. j. o cvičitelských kurzech, dále o utvoření vyspělého družstva v župě, které by mohlo tuto zastupovat při větších tělocvičných vystoupeních. Debata se zúčastnil i přítomný náčelník AOS., br. Edw. Halík, a většina přítomných zástupců.

Bratr starosta podává delší zprávu z IX. sjezdu AOS. Tím bylo jednání vyčerpáno a br. účetní hlásí příjem a vydání.

Po ohlášení jmen zástupců, bratr starosta děkuje za návštěvu v dnešní schůzi, za všechny podané zprávy, za práci vykonanou a schůzi pak s pozdravem "Nazdar!" končí.

Josef Brouk, jednatel.

Sokol Stickney Plans Silver Anniversary Celebration

Something wonderful happened in Stickney 25 years ago—the Sokol Stickney Hall was erected! If you happen to be in the neighborhood of 4131 S. Home Ave., you will notice that the corner stone of the hall bears the date 1935. It has been standing for a quarter of a century and this year marks the silver anniversary. Although the unit was organized in 1927, with Anton Mrazek serving as its first president, the group was financially unable to erect its own meeting place until 8 years later. The members themselves worked diligently carrying bricks, mortar and concrete and other necessary materials. Their efforts were not in vain, for the building they worked so industriously to erect still stands today.

Charter members were Anton Mrazek, president; Jan Blahous, Ferdinand Bican, Rudy Celman, Frank Cada, Josef Chalupa, Josef Kalous, Frank Konecny, Karel Konecny, Michael Kovar, James Kudrna, Pavel Lebloch, John Loudin, Vaclav Mejda, John Novotny, Karel Novotny, Martin Ondrus,

Vaclav Prosek, Martin Rench, Jaroslav Vondra, Dominik Vermoch, Josef Varous, and Josef Vrba.

William Vrba, president, announced that plans are being made for a silver anniversary celebration and named Mrs. Donald Coates as chairman of the planning committee. A dinner dance will be held in the hall on November 19 to observe this memorable occasion. Admission will be by reservation only. Twenty-five year members of Sokol Stickney will be honored and presented with pins at this affair.

In Memoriam

Sister Anna M. Vasak, wife of the late B. J. Vasak, one of the founders of Sokol Wilber, passed away September 25, 1960, at the age of 81 years.

In her early years when she had moved to Wilber her life had been devoted to the Sokol purpose along with that of her husband.

She was a loving wife, mother, grandmother and great-grandmother, who will be sadly missed.

She was also a member of Lodge No. 70, ZCBJ., Pythian Sisters and Luna Lodge.

Members of Sokol Wilber attended the funeral in a group. Brother Vaclav Novak, Vice President, officiated on behalf of Sokol Wilber.

May she rest in peace.

FLY THE OLDEST FLAG IN PARADE

A newspaper clipping and picture showing the flag of Sokol Fugner, Grand Crossing, Chicago, Ill., and four of the members of the unit, was received. The flag and standard had been put away carefully 30 years ago. Bro. James Vodak, a bro. of Fred Vodak, recently found it, so that the unit carried it in this year's Labor Day parade. On the photo are bros. A. G. McCracken, Edward Lechowicz and Wilmer Osborne. One side of the flag has a falcon in flight, the name Jednota Sokol Fugner, založena 30. srpna 1903, and on the other side a 45 star American flag. It was made of pure silk at a cost of \$200.00.

Láska k národu ukládá nám povinnost lásky ke každému jednotlivému příslušníku národa, povinnost podporovati podle možnosti každého Čecha v jeho poctivém snažení.

(Jan Klecanda: O lásce k vlasti.)

Žádná zevní moc, žádná hmotná a surová síla sama o sobě nezničí národy. Národ, pokud se rozvíjí na výsluní pravdy, dobra a pokroku, je nezranitelný jako sluneční paprsek a žádné temné mocnosti, ani lež, ani násilí ho nepřemohou a nezahubí.

Dr. Miroslav Tyrš.

F. S. Procházka:

Máš-li srdce čisté, odoláš,
jsi-li k lidství zrozen, odoláš,
je-li člověk v Tobě, odoláš,
jsi-li atom předků, odoláš.
Hysterická křeč — a kokota
posledními zuby zaskřípá.

Československé Spolky v Americe

Nejstarší bratrská podpůrná jednota ve Spojených Státech
Založena roku 1854

Vstupují do nového desetiletí mohutně a těšící se ustavičnému vzrůstu

LEVNÉ, VÝHODNÉ A ZARUČENÉ ŽIVOTNÍ, NEMOCNIČNÍ

A ÚRAZOVÉ POJIŠTĚNÍ PRO KAŽDÉHO ČLENA RODINY

106 roků

zkušenosti v životní
pojištění

106 roků

služeb našemu lidu
★

45 dámských řádů



111 anglických řádů



121 českých řádů

15 odboček

CHI SIGMA ALPHA
(dětských odborů)

FRANK J. VODRÁŽKA, předseda JAMES A. MUŽÍK, místopředseda
JAMES V. KRÁKORA, tajemník FRED ŠPÍČKA, pokladník

Č. S. A. Budova, 2138 South 61st Court, Cicero 50, Illinois

**At' jedete
kamkoliv**

vlakem, lodí nebo letadlem,
po celém světě nebo jen
po Americe,
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J. J. Machar:

U NÁS . . .

Což — nalejem zas v dějin vln
vody?

Do čisté vody nakapeme špíny?

Vždyť my si vždycky pokazili

hody,

my sami, sami, bratři, nikdo jiný.

Vždyť lidmi činů jsme jen z

polovice,

půl druhou "poměry" jsme zvali

plaše —

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KRONIKA

V úterý, 4. října, byl operován vzdělavatel AOS., br. JAMES L. ČIHÁK. Je dobré mysli a na nejlepší cestě k plnému uzdravení. Projevují upřímné přání, aby jeho zdraví bylo nyní tak pevné a stále, jako jest jeho sokolská kázeň a aby jeho další sokolská práce mu byla radostí, jako Sokolstvu byla štěstím.

V sobotu 24. a v neděli 25. září, konala ŽUPA VÝCHODNÍ valnou hromadu v Schenectady, N. Y. Veliký zájem o náš život. Že ze snažení dobrá, veliká. Činovníci, s nadšením hodným obdivu a s vytrvalostí neutuchající, jsou vždy a všude, kdekoliv toho vyžaduje prospěch a zdar župy a společné věci sokolské. Vykonaná práce dává členstvu dobré právo s hrdostí pohlížet na to, co bylo a těšit se z toho, co jest, neboť svým dílem značně přispívá k udržení a rozvoji sokolského uvědomění. Obec zastoupil starosta br. Prchal.

Historická síň SOKOLA HAVLÍČEK-TYRŠ V CHICAGU skví se v novém modrém hávu. Slavnost vydekorování tělocvičného sálu byla provedena banketem, v sobotu, 24. září. Sokolovna byla a jest střediskem života ve staré české Kalifornii a vyšla z ní řada sokolských vedoucích. V obou odbojích za svobodu Československa sdružovalo se zde mnoho, mnoho společného úsilí. Jed-

nota ukázala, že přes chmury měnícího se okolí, její budova zůstává baštou bratrského a sesterského snažení. Na oslavě zastoupila Americkou Obec Sokolskou místostarostka, sestra Bláza J. Čiháková a vzdělavatel, bratr James L. Čihák.

V St. Paul, Minn., podrobil se těžké operaci br. JOE PAVLÍČEK. Operace se úplně zdařila a pacient se rychle zotavuje.

Br. Pavlíček byl dlouhá léta starostou župy Severní a plně se účastnil všeho ušlechtilého snažení našeho lidu. V boji za osvobození Československa byl v přední řadě, i v pomoci trpícím po II. válce světové.

Přejeme mu ze srdce, aby úplně zdravý zůstal mezi těmi, kteří ho mají rádi, po dlouhá, dlouhá léta.

ŽUPA ZÁPADNÍ konala 2. října schůzi všech jednot. Účast velmi početná, asi 35 členů. Projednaný zájem o sokolskou věc radostný.

Provedeny volby v župním náčelnictvu a náčelníkem zvolen br. Pazour (Cedar Rapids), prvním náměstkem br. Chab (Wilber), druhým br. Budka (So. Omaha). Náčelníci zvolena sestra Lulu Kohel (Wilber).

Pojednáno o činnosti jednot, o úkolech pro příští období a snahách pro rozšíření sokolské práce...

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