

# ≡≡≡ SOKOL AMERICKÝ ≡≡≡

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Educational and Physical Culture Organization

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OCTOBER, 1961



ANTONÍN DVOŘÁK  
Great Czech Composer  
(1841-1904)

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# SOKOL AMERICKÝ

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## Pošlete svým sokolským přátelům vánoční pozdravy prostřednictvím Sokola Amerického.

Posledního roku několik členů Sokola poslalo pozdravy svým přátelům ve stránkách Sokola Amerického. Obnos, který by je stálo posláni přání jinou cestou, darovali na "Future Sokol Leaders Fund".

Myšlenka přišla opožděně a nebylo možno plně ji oznámit předem, jak mělo se stát. Letošního roku můžete své přání projevit v Sokole Americkém a buďte ujistěni, že Vaši sokolští přátelé vycítí, že jim přejete dobro.

Oni také ocení Vaši pozornost projevenou posláním příspěvku na "Future Sokol Leaders Fund". Poznají, že chápete hodnotu fondu na výchovu těch, kteří povedou organizaci v budoucnosti. Nemůžeme a neměli bychom se klamat déle. Vycvičení jednotlivci, dobře obeznámení v každém směru s naší činností, způsobí velký rozdíl mezi pouhou existencí a čilým, energickým postupem.

Vaše pozdravy zasáhnou každý sokolský domov a budou radostně přijaty. Váš příspěvek na "Future Sokol Leaders Fund" bude vítán sty slibných mladých lidí, kteří mají vůli a schopnosti, ale potřebují výcvik k zajištění budoucnosti velké role Sokolstva v americkém životě.

Pošlete obé laskavě brzy, aby mohlo být uveřejněno v prosincovém čísle Sokola. Pošlete přání a příspěvky na "Future Sokol Leaders Fund", American Sokol Organization, 5611 West Cermak Road, Cicero 50, Illinois. (Naše nová adresa.)

Nazdar!

## Calendar of Events

- SOKOL CLEVELAND-CECH HAVLICEK, OHIO:  
October 22, 1961—Pork Dinner—Rummage and White Elephant Sale.  
November 26, 1961—Annual Christmas Bazaar.  
December 31, 1961—New Year's Eve Party.  
January 7, 1962—Jaternice & Sauerkraut Dinner.  
OCT. 28th—SOKOL BELCAMP, MARYLAND  
20th Anniversary Banquet.  
NOV. 4th and 5th—SOKOL TYRS, Cleveland, Ohio.  
"Girl Crazy" by Gershwin—at Sokol Tyrs.  
NOV. 11th—SOKOL MLADOČECH, Racine, Wis.  
75th Anniversary.  
NOV. 26th—SOKOL TABOR, BERWYN, ILL.  
95th Anniversary Banquet.

## Send Your Sokol Friends Xmas Greetings Via Sokol Americky

Last year a few Sokol members sent greetings to their friends through the pages of Sokol Americky. They donated what it would have cost otherwise to the "Future Sokol Leaders Fund."

The idea came rather late and could not be fully publicized in advance as it should have been. You can do the same thing through the pages of Sokol Americky, you can make certain that all your Sokol friends will feel that you wish them well.

They will also appreciate your thoughtfulness in sending your contribution to the "Future Sokol Leaders Fund." They will know that you realize the value of the Fund for training those who shall lead the organization in the future. We cannot and should not delude ourselves any longer. Trained personnel, well versed in every phase of our activities will make the big difference between mere existence and a buoyant, energetic advance.

Your greetings will reach every Sokol home and will be graciously received. Your contribution to the "Future Sokol Leaders Fund" will be welcomed by hundreds of promising youngsters who have the will and ability but need the training to assure the future of the Sokols great role in American life.

Please send both in soon to make sure they are in the December issue. Send the greetings and contributions to the "Future Sokol Leaders Fund," American Sokol Organization, 5611 West Cermak Road, Cicero 50, Illinois (our new headquarters).

Nazdar!

# SOKOL AMERICKÝ

VĚSTNÍK AMERICKÉ OBCE SOKOLSKÉ.

Ročník—Vol. LXXXII.

October — 1961 — Říjen

Číslo—No. 10

⇒ **PLEASE NOTE!** ⇐

## NEW ADDRESS OF ASO.

After more than four decades at Sokol Chicago the American Sokol Organization office is moving to 5611 West Cermak Road, Cicero 50, Illinois. Vast changes in population shifts made this move necessary. It is with a feeling of deep regret that this is being done. The members of Sokol Chicago were faced with the dilemma of sacrificing the building or closing it.

The office is in the process of moving. Please send all your correspondence to: 5611 West Cermak Road, Cicero 50, Illinois. The new telephone number will be: 652-5220.

### American Sokol Organization

Blanche J. Cihak, Secretary

Charles M. Prchal, President

⇒ **DŮLEŽITÉ** ⇐

## UPOZORNĚNÍ!

Po více, než čtyřech desítkách let v budově Sokola Chicago, úřadovna Americké Obce Sokolské se stěhuje do čísla 5611 W. Cermak Road, Cicero 50, Illinois. Ohromná změna v přesunu obyvatelstva vynutila si toto přestěhování. Děláme tak s pocitem lítosti. Členové Sokola Chicago čelili rozhodnutí – buď obětovat budovu, anebo ji zavřít. Rozhodli se na zavření.

Úřadovna je v procesu stěhování. Posílejte všechnu svou korespondenci na adresu: 5611 West Cermak Road, Cicero 50, Illinois. – Nové číslo telefonu jest: 652-5220.

### Americká Obec Sokolská

Bláža J. Čiháková, jednatelka

Karel M. Prchal, starosta

James L. Cihak

## A GREAT LESSON FROM THE X. SLET

Viewed in retrospect the last Slet in Chicago was a good one in many respects. The biggest source of satisfaction is perhaps the fact that retrogression has been checked. How we advance is another story. Progress will not be automatic even with the general realization of the value of our work. To know that a thing is good and necessary is one thing, to counteract the decades old tendency to take it easy is another. To get a greater active participation of all types will be a rough, uphill fight.

The X. Slet was the product of a handful of people who did everything from the planning to the last minute detail. From dreamers to doers, from Chairman to laborer, overlapping from one committee to another, pitching in wherever they were needed, this handful ran the show and did the work. What the results would have been if they had had at least another score of workers is anyone's guess.

If the Slet was good, it would have been magnificent with just that little added strength. These people belong to what Toynbee has classified as the creative minority, the ones who set the pace and then doggedly persevere in the face of every obstacle until the final decision. The overwhelming majority go along for the ride. This is the great stumbling block to every attempt to do something worthwhile, to progress of every type.

Many of those in the majority cannot be blamed for their actions. They either don't have the brains to think straight or cannot separate even for a moment their daily existence from great national movements. The exhilarating sun of devotion, self-sacrifice and voluntary participation in something big has never penetrated their minds. There is no excuse, however, for those who were raised in our ranks, know our ideals, have good educations and positions in life. The only apparent explanation is that the acquisition of material wealth, a desire for glory and honor in strange fields have blinded them to the true values in life.

They are to be pitied more than censored, for we know the bitterness of the path that lies ahead of them.

On the credit side of the ledger we have had exemplary cooperation and inspired assistance from individuals who are not even Sokol members. There were numerous specialists in various fields who went over and above anything we could have expected of them. And it was not just pride in their ability in their profession, but an understanding of what we are trying to accomplish. Incidentally this was all done gratis. To top it all they got a thrill out of it, that no amount of financial return could match.

The X. Slet proved conclusively what a few people can accomplish. It also showed that there must be thousands outside our ranks who would be happy to become our members. What a rejuvenating asset they would become. There is a very simple way to make our meetings and work more enticing and fascinating. (See the letter to the Educational Directors in this issue of Sokol Americky.) A large, actively participating membership can in a few years speed up the momentum to such an extent that we will have to go back to Soldier Field for our next Slet, to accommodate the additional tens of thousands.

Close study and critical observation show that now if ever, we have the chance to put our Sokol at the peak of its strength. 1965 is just four years away. If a handful of people made the X. Slet what it was, just imagine what 100 or 200 dedicated people could do. Dream big. Think big. The results will be big.

When it comes to new members do the same. But tackle them one at a time. You have a magnificent product to offer. One that will open a new world to many a fine individual. Do you realize that thousands of intelligent, capable, wonderful people are lost in today's life as badly as if they were in the middle of an ocean on a life raft? In this case you would be warmly human and do everything possible to save them. Why not help them to a safe, dedicated anchor mentally in our Sokol ranks.

Your efforts in this will bring you rewards you never thought possible. Success to you on the threshold of the Sokol's Second Century.

Nazdar!

## ANTONIN DVORAK

### Cedar Rapids Women's Club Honors Anton Dvorak

It is only natural that Cedar Rapids, Iowa, would have a soft spot in its heart for Anton Dvorak. It was at Spillville, Iowa, that he spent a pleasant summer and finished one of his great works. The program on Monday evening, October 3, featured Miss Alice Spevacek, accompanied by Prof. Alma Turecek of Coe College, the Charlotte Masaryk Women's Choir, Mrs. Esther Klersey accompanying

Alice Drahovzal, all of them using Dvorak's compositions.

Rose Cencara had an exhibit of beautiful Bohemian cutglass, painted plates and needlework. Mrs. Bessie Naxera showed films. Most of the women are members of Sokolice Renata Tyrs in Cedar Rapids.

The following main address on Anton Dvorak was given by sis. Marie Vitek:

John Masaryk, just before his return to Czechoslovakia after World War II, said to a group at a reception in his honor, "After all, of what can we boast on an international basis, except our Sokols and Bata." Then he added with a whimsical smile, "and our muzikanti."

Talented pianist that he was in addition to his other fine characteristics he was well aware of the influence that the arts, music and science brought to the good name of any nation.

One of the greatest of these, Antonin Dvorak, we honor tonight. Biographers, musical historians, critics, conductors, students, and fellow composers found in him a simple, honest, inspirational genius. His devotion to his wife, children, family and friends, in low places or high, was proverbial. Coming from a family of poor but fine amateur musicians, his battle against almost insurmountable odds was a heroic one, before his tremendous energy and genius secured him the recognition to which he was entitled.

He was born in Nelohozeves in 1841, the son of an inn-keeper and butcher. At seven he was a fine violinist. The small town schoolmaster recognized his unusual talent and with the one in another town a few years later guided the lad into the path of composing rather than performing. Here in Zlonice, when eleven he learned to play the organ, piano and viola. The viola remained his favorite instrument throughout his life.

His struggle to reach the top in spite of abject poverty covered a period of almost two decades.

From the time he entered the Organ School in Praha at 16 until his first works were performed in 1871 have been called the "hidden years" of his life. He played in a restaurant orchestra, gave private lessons, studied and composed. Most of the time he starved. These years of self-discipline proved that Dvorak was a very stern critic of his own work.

Most of it he destroyed, a few compositions were hidden by him. Many came to light years later, some were published after his death. Those that have been saved show the beginnings of his great talent. His abject poverty prevented his marriage to the woman who was to be his inspiration and spiritual support until 8 years after they met. Their home life was ideal. Their children talented and loved.

Dvorak became the viola player in the National Theater. When Smetana returned from exile in 1866 and became the conductor of the orchestra, he and the young Dvorak became fast friends. Dvorak came completely under his influence and began consciously to cultivate the Slav elements

in his own compositions. The success of the "Bartered Bride" gave him the idea of writing an opera of his own. He wrote the opera "Alfred" but hid the score, which did not quite satisfy him. It finally was performed 35 years after his death, and proved that he was too severe a critic of his own creations.

His first success came with the performance of "Hymnus," sung by the mixed voice choir of the Hlahol Choral Society, conducted by his old friend Karel Bendl. This brought him fame if not fortune at least in his own country and enabled him to marry his faithful Anna Cermak. It is the beginning of a distinguished career, marked by failures as well as continuing success. Some of his earlier scores were performed and published. He created at an accelerated pace.

Always a sensitive and as some claim almost naive man, his music expresses his joy, and the depths of sorrow to which he could sink. His Slavonic Dances and Stabat Mater are just a few examples. He was a deeply religious man, a devout Catholic, but admired John Hus. His Husitska Overture is a masterpiece. The earlier Moravian Dances so impressed Brahms that he became his lifelong friend and benefactor. Through Brahms too he received the outside recognition and approval he needed and many a hint on perfection of form and craftsmanship. In Dvorak, Brahms found inspiration in the warmth and endless inventiveness of the Czech composer.

He once declared that many a musician might well shape his theme out of those that Dvorak let fall by the wayside.

Dvorak frankly and honestly admired the great composers of the past. He learned much from them. He was equally generous in his appreciation of the work and true successes of his contemporaries. His praise and dedication of his work to others was gratefully received because the man gave himself with it. German, Englishman, Frenchman, Slav or American, all recognized the genius in the man. His unpretentiousness and preference for simplicity and naturalness to pomp and show won the hearts of all.

Toward the young and aspiring he showed the greatness and generosity of his nature when they worked hard and showed they had ability as well as determination, whether they were his students or friends such as Leon Janacek and Suk.

In the next thirty years he composed some of the world's most outstanding music. This has been performed and continues to be loved throughout the world. Besides those mentioned, there was a second series each of the "Moravian Duets" and

the "Slavonic Dances," the better known operas, "The Peasant a Rogue," "The Jacobin," "The Devil and Kate" and "Rusalka." His Symphony "From the New World" is known to all of us. The largo from this great work is one of the most appealing and best known pieces of music in the literature of the orchestra. Its principle melody is generally conceded to be one of the most beautiful solos for the English horn in all music.

Still his symphony in D minor is considered by many to be his greatest. It was dedicated to the London Philharmonic Society during his "Seven English years period." His Quintet in A Major (1887) is called the noblest pianoforte quintet in the world's literature of chamber music. In all he wrote 9 symphonies, 5 symphonic poems, 2 suites, 5 concertos, 2 rhapsodies, 8 overtures, 14 concert pieces, serenades, scherzos, etc. 68 solos, duets, trios, quartets, quintets and sextets for various instrumental combinations, 9 operas, 39 choral works and songs.

Truly an imposing list when one considers the quality, performance and masterliness of his output.

"Dvorak was original, inventive, an irresistible composer, classical, romantic or nationalistic as the particular piece demanded. He is musically cosmopolitan, even though his patriotism was a powerful agent in his life. His musical intention was to

write melodies (and in melodic fertility he compares with Schubert). In fulfilling that intention he expressed his genius."

Such is the consensus of opinion of those who are best qualified to judge.

For us it is a pleasure and honor to remember that at Spillville, Iowa, he spent a happy, care-free summer many years ago with his family in the company of his good friend and fine musician Joseph Kovarik. Here too he finished his "Symphony from the New World."

He cared little for the honors heaped upon him, remaining to the end a simple, gentle man whose talent in music will thrill mankind to the end of time. A genius he was, but what a hard road he had to travel and what an inspiration he is to all of us.

He, like Smetana, his fellow composer, the great publicist Havlicek, Miroslav Tyrs, the founder of Sokol, and hundreds of others developed themselves to the pinnacle of their ability as Tyrs pointed out. This was not for themselves alone but for the entire nation.

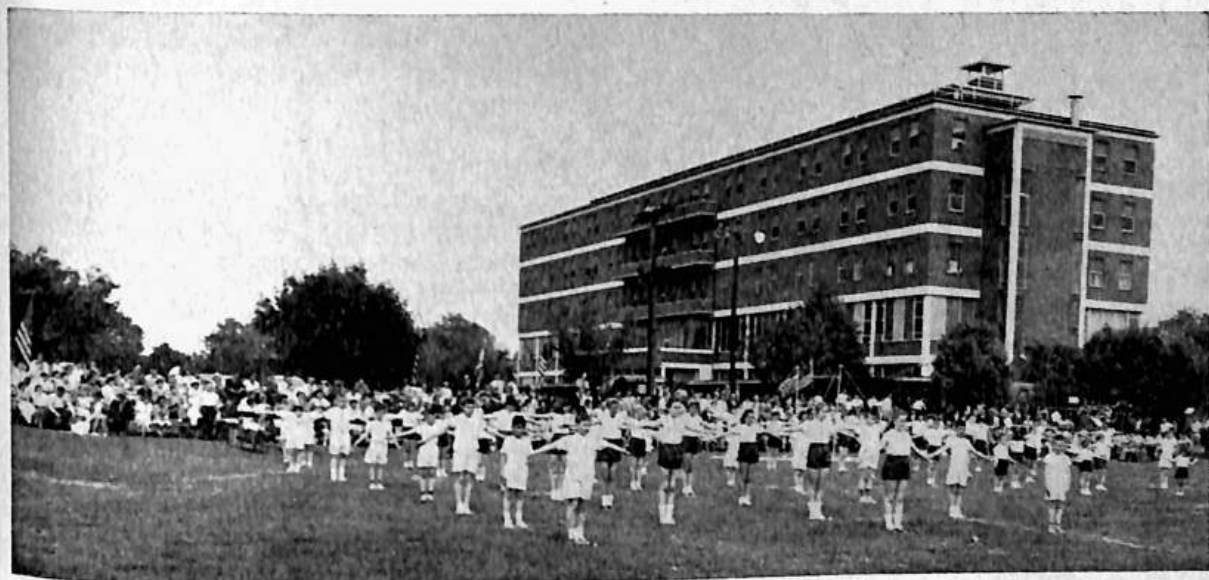
What they did for the mind and spirit Tyrs prescribed for the body. That nation need fear nothing where all of its citizens follow this formula. Let each strive his utmost for the ultimate development of all three. Then we shall attain Tyrs' "Physical Perfection Joined With a Noble Mind."

## Sokol Belcamp, Maryland, Celebrates 20th Anniversary

At a special gymnastic exhibition, in which Sokols from Baltimore, Curtis Bay, Little Ferry and Washington, D. C., participated, Sokol Belcamp celebrated its 20th anniversary. The Unit is pro-

gressive and is making marked strides in its Sokol activity. The Bata News covered the event fully with many photographs of the gymnasts in action. They also had as guests the 324th Army Band and





a fine WAC drill team from the Aberdeen Proving Ground, both of whom performed admirably.

Both the Sokols and their guests had plenty to admire in each others role. The mass calisthenics and apparatus work made a very favorable impression on the service people. The music of a fine army band and the precision drills of the WACs were greeted with enthusiastic applause. The printed program of the evening was well designed, with some very fine pictures of gymnasts drilling.

The accompanying photos show Sokol Belcamp's

Junior Boys, who won 1st place at the X. ASO. Slet and Junior Girls, who won second place. Jim Hesoun and Sue Lewis both placed 4th in their respective groups. Bata News gave this story and photos of the teams a prominent place in the paper.

Your efforts, Sokol Belcamp, are appreciated. We also want to thank Sokol Units Baltimore, Curtis Bay, Washington, D. C., and Little Ferry for their fine cooperation. Keep it up.

Nazdar!

FRANK ŠVAMBERA

## Zlaté jubileum Sokola a Sokolic Havlíček-Tyrš.

Krásným a sokolským způsobem vzpomněli Sokol a Sokolice Havlíček-Tyrš 50letého trvání jednoty. Ačkoliv jednota není z nejstarších, přec její historie je pestrá, ano často i bouřlivá.

Sokol Havlíček-Tyrš vznikl spojením Sokola Karla Havlíčka a Sokola Miroslava Tyrše 17. září 1911. Prvním starostou byl Frant. Vlach. Spojení obou sborů Sokolic uskutečněno v říjnu téhož roku a prvním starostkou byla Marie Mirovská. Se stavbou sokolovny započato v létě před spojením a slavnostní otevření konáno 24. prosince 1911. Roku 1914 přistoupil Sokol Vyšehrad.

Během I. světové války jednota vstoupila do odboje a sokolovna stala se sídlem odbojové akce. Bratři hlásili se do spojeneckých armád a po vstoupení Spojených států do války, bratři hlásili se do služeb Spojených států. Celkem odešlo 65 bratří, z nichž 5 položilo své životy pro osvobození vlasti. Roku 1921 připojil se Sokol Komenský. Roku 1926 sokolovna dostavěna, přidány ložové síně a galerie. Roku 1936 jednota oslavila stříbrné jubileum. Při-

šel rok 1938 a zrada na čsl. národě. Sokol Havlíček-Tyrš stavi se v II. odboj všemi prostředky. Roku 1940 položena záloha na 55 lotů v Crystal Lake a 1942 jednota poprvé otevřela svůj letní tábor.

V druhé světové válce jednota byla št'astnější, z celkového počtu 95 bratří a 5 sester, nevrátili se dva bratři.

Jednota vchovala si mnoho bratří a sester zde rozených, mnozí pracují v jiných jednotách, ale většina zůstává věrna jednotě. Dnes mladší generace druží se v práci se sokolskými stařešinami a mají velký podíl na slavnosti.

Slavnost měla dvě nevýhody: byla pořádána ve sletovém roce a brzy po prázdninách. Leč úsilí výboru mělo krásný úspěch. Sokolovna vyzdobena a když se hosté scházeli, na jevišti vyhrávalo trio. Hostina zdržena byla deštěm, ale před sedmou hodinou téměř všechna místa byla zabrána. Po skončeném jídle předseda výboru, br. George Bašta, zahájil program.

Hymny — Pěvecký sbor Lyra.

Uvítání — předseda výboru George Bašta.

Proslov — Frank Švambara.

Pěvecký sbor Lyra.

Proslov — starostka Anna Maršálková.

Předávání odznaků — Jana Smolíková - Frank Švambara.

Francesca Kmošena — "Mařenka" z "Prodané nevěsty". — Národní písně.

Proslov — starosta AOS. br. Karel Prchal.

Proslov — místostarostka AOS. ses. Blanche Čiháková.

Předávání odznaků — Sophie Šejnová - Jerome Koudelík.

Anglický řečník — Hon. Th. Adesko, okresní soudce.

Tyršova soustava v obrazech — Sokol a Sokolice Havlíček-Tyrš.

Předávání odznaků — Anna Maršálková - Václav Šimaner.

Miloš Nekolný.

Uzávěr — Václav Šimaner.

Představení hostů — Václav Šimaner.

Předání odznaků členům 50 let a více — Blanche Čihák - Karel Prchal.

Řečníci zhostili se svých úkolů skvěle, o čemž svědčila naprostá pozornost hostů. "Lyra", Fran-

cesca Kmošena a Miloš Nekolný velice se zavděčili přítomným volbou zpěvních čísel; u piana doprovázel br. prof. Kubina, dirigent Lyry. Obrazy sokolské soustavy byly dobře vystiženy. Nejdůležitější bylo předávání odznaků za členství 50 let a více sestrou Blážou Čihákovou a starostou AOS. bratrem Karlem Prchalem. Bouřlivý potlesk střídal se s naprostým tichem a mnoho zraků se zardosilo slzami. Následující sestry a bratři obdrželi odznaky: Anna Benda 50 let, Marie Žitný 53, Marie Votava 53, Frank L. Bašta 51, Václav Šimaner 51, Tomáš Špatný 51, Frank Plzák 52, Charles Chmelík 52, Štěpán Votava 54, Václav Stránský 56. Týmto ukončen program a následovala sokolská veselice při hudbě br. Kouby.

Jednota je šťastna a hrda na práci vykonanou, i na krásný večer. Výbor pod řízením bratra G. Bašty vykonal pěkné dílo. Nejšťastnější ovšem byl starosta jednoty br. Šimaner, jeho manželka ses. Šimanerová a starostka sestra Maršálková, kteří věnovali přípravám mnoho a mnoho času. Za zmínku stojí též sokolská výstavka v ložové síni, kterou vedli bratři V. Ženišek a V. Baloun. Jednota vyslovuje díky všem bratřím a sestrám za přízeň.

K slavnosti byl vydán velice pěkný památník, který upravili bratři Rudolf Houkal a Václav Šimaner.

Nazdar!

## A PERSONAL SUGGESTION

Dear Brother and Sister:

A new season is well on its way. Before we realize it the month of September is almost gone. At my age the days don't creep, they are jet propelled. My thanks to all of you for your efforts in making the X. Slet the outstanding event it was. The post Slet work is just being wound up. Because of a few other Sokol activities that had to be done immediately the regular notices to you were delayed.

No historical dates will be sent out in the near future. You have a backlog of them in the last two years issues of Sokol Americký. The space devoted to them will be used in another manner. Thumbnail sketches of outstanding events or great individuals will take their place. In this work your contributions will be most welcome. Write about whatever appeals to you. The things that interest you the most will be the best written subjects. Your City, State, Unit, outstanding individuals or events described with enthusiasm will be welcomed by all the readers of Sokol Americký.

For those who feel that their write-up would not meet certain standards, we will gladly edit or correct your work before publication.

Now as to your work in your Unit or District. We know that you are all earnest in your desire to have large, well attended meetings. Over the years, in most Units, they have degenerated into poor examples of debating societies or so tied up in the business and administration of the Unit, that

no time was left for social or educational activities. How to correct this without causing a major revolution has been a problem.

One very successful means used by a few outstanding Units is the following: An Executive Committee is formed of the officers, instructors and interested members. These hold a meeting in an informal manner a few days or a week before the regular membership meeting. Routine matters are taken care of, projects discussed, future plans submitted. The open discussions bring up a wealth of ideas. Short minutes of this meeting are submitted to the regular meeting for approval, leaving the balance of the evening for educational or social purposes. Once every three months, or when urgent matters require it, a full scale business meeting can be held.

To bring large numbers of members to such a meeting should present no problems after the first few attempts have proved satisfactory. At the beginning selected members can be asked to speak for 10 minutes on their profession, hobbies or whatever may interest them. Incidentally speakers can be appointed for the entire year. Other organizations can be asked to send their speakers to our meetings on an exchange basis. This would be a fine opportunity to publicize our Sokol and secure good members.

Local utilities, industries, Red Cross, YMCA., all have wonderful films that have been prepared by experts and are entertaining as well as educational.

The travel agencies have a fine library of films. The telephone company has a regular program that they will gladly present. All of us know individuals who are outstanding in their specialized field. They may not be polished speakers but make up in knowledge and enthusiasm what they lack in experience. The social over a cup of coffee or light refreshments will make all of us happy and glad that we came. Naturally the next meeting will be anxiously awaited.

This is just an outline. Your own imagination and initiative will surely devise scores of additions and improvements. By all means have the members bring their families and friends. The juniors should be invited as a matter of course. The meetings, their program as well as comments on the last one should be announced to the entire membership every month. No costly printing is needed, the material can be mimeographed.

Stress to the members to bring their families, neighbors and friends. Once interested and progressively taught our Sokol ideals, your membership should grow beyond your fondest dreams. Please, no high pressure. Let them want to join

because they like you, you like them and because they will want to help the Sokols in their worthwhile program.

Patience, patience, patience. We will need loads of it. But it will be worth all the effort. How much richer we will all be when the wealth in the minds of others will be displayed for us to see. There will be plenty of work, detailed planning and a little expense at the beginning for the refreshments. It will be worth every bit of the effort for the results will gladden all of us.

Few of us know what is in the minds of others. Humble people may be specialists in unknown fields. Serious or humorous a great field of endeavor opens to us. Why not give these people the opportunity to bask in the spotlight. Their experiences are rich and worthwhile.

Let me wish you every success in your work and I would certainly appreciate your reports and comments on how your efforts are progressing.

Nazdar!

AMERICAN SOKOL ORGANIZATION

James L. Cihak

Educational Director

## In Memoriam

Sokol Detroit and all of our Czech Detroit and Michigan suffered a great loss in the sudden passing away of an outstanding worker, brother Martin Kovarik, Sr. He died after a heart attack September 12th and was buried on Saturday, September 16th, in the Grand Lawn Cemetery. This was the most attended funeral of our times. There were 6 speakers at this memorable funeral, among them bro. Roman Hruska, U. S. Senator from Nebraska, sis. Emilie Welcl, Executive Secretary of the Czechoslovak National Council of America, bro. Ferruccio De Conti, President of Sokol Detroit, bro. Peter Vlcko, Western Bohemian Fraternal Association, bro. Rudolph Herman and Anton Benesh for the Masaryk Alliance.

Bro. Kovarik was a member of Sokol Detroit since 1938; was at one time very active in the Unit, served as Secretary of the Board of Directors, was on many committees, especially the entertainment committee. He became very prominent in the WBFA. for this District for 13 years. He was a very outstanding worker in the liberation movement during the Second World War, was a very active leader in the Czech National Alliance. After the seizure of Czechoslovakia by the communists he became president of the newly organized Masaryk Alliance in Detroit and co-worked with the Czechoslovak National Council of America. Was President of the Michigan District Committee since its founding in 1950. He also distinguished himself in the cultural life of our state since coming to Detroit in 1922. He was very popular on the stage and was a successful play director for many years.

Bro. Kovarik was born November 3rd, 1904, in Zeravice in Moravia and came to this country with his family as a young boy in 1920. He was a tool maker and a very good craftsman in the growing industry here. He leaves his widow, sis. Frances

Kovarik, President of Sokolice Detroit, also a very outstanding worker in our community, two sons Jaroslav and Martin, Jr., both members of Sokol Detroit, Jerry has been the secretary for a few years. Also two sisters, Mrs. Agnes Merrick and Mrs. Marie Paskos, brother Rudolph and six grandchildren.

To the family we extend our deepest sympathy. Brother Kovarik leaves a great record of outstanding work.

A. Benesh

## Old Autumn Allegory

Leaves that the freakish craftsman's hammer  
thinned

From gold, bronze, tarnished copper, he flung away  
Into the grass, a gift for children, for each wind,  
And dreamily watched their play.

In moonlit nights an old musician plies  
Fiddle and flute by turns, for sheer delight;  
Playing for lovers' ears he seizes sobbing cries  
Of birds in southward flight.

And the compassionate poet, who could fuse  
Betrayals', griefs', deceits' heart-crushing throes  
To rhythmic dew and speech of crystal, comes to  
muse  
On calm that death bestows.

—KAREL TOMAN

Service makes men competent.—Lyman Abbott.

Education is a chest of tools.—Herbert Kaufman.

Only he who can see the invisible can do the impossible.—R. S. MacArthur.

## Zápis ze schůze Výk. Výboru Americké Obce Sokolské,

konané v úterý 26. září 1961.

Přítomní bratři: Barcal, Brouk, Čihák, Halik, Rabas a Vrba. Sestry: Čiháková, Faltová, Prchalová a Welclová. Omluven br. Vodrážka.

Br. Prchal předsedal, a pozdravil všechny členy po prázdninách.

Zápis z poslední schůze schválen.

Probrány zápisy ze schůze konané v srpnu a v září župou Východní a z červencové schůze župy Severovýchodní.

### DOPISY:

Br. a ses. Zábranský z Little Ferry, poslali pozdravy ze Španělska, které je jednou ze zemí, jež navštíví na své cestě Evropou.

Masarykova Družina Čsl. Legionářů poslala pozvání na oslavu jejich 40letého trvání, kdy oslaví také 43. výročí zrození Československé republiky. Pozvání přijato.

Sokol Havlíček-Tyrš zve členy V. V. k oslavě 50 let jednoty, která se bude konat v sobotu 30. září. Dopisem také projevna žádost, aby ses. Čiháková a br. Prchal pozdravili jejich výročí jménem AOS. Schváleno.

Posluchači tělocvičné školy AOS., konané u Potter Lake, 1961, poslali pozdrav.

Sokol Fuegner, L. I., N. Y., upřímně pozval ses. Čihákovou a br. Prchala na oslavu 75. výročí jednoty, která bude konána v sobotu 18. listopadu. Oba pozvaní budou čestnými hosty při slavnostní večeři. Schváleno.

Sokol Omaha žádá si sprostění příspěvků pro potřebného nemocného člena. Bude upozorněn na stanovy AOS.

Br. Jelínek poslal blahopřání k úspěchu X. sletu a poděkoval za pozdrav poslaný mu během jeho nemoci.

Br. Jelínek jest již opět doma po dlouhé době ztrávené v nemocnici. Přejeme mu brzké, úplné uzdravení. Bude mu poslán pozdrav ze schůze.

Br. Hladík vyžádal si štočky k použití na upomínkové obálky k oslavě Sokola Havlíček-Tyrš. AOS. nevlastní žádné případné štočky.

Sokol St. Louis poslal dopis s fotografickou kopií dopisu, který obdržel od I. Československého Filatelistického Klubu v Americe, ve kterém je doporučeno, aby byly podstoupeny kroky k vydání sokolské pamětní známky k stému výročí založení organizace.

Činovníci AOS. navštíví Sokol St. Louis při nejbližší možnosti a proberou tuto záležitost s druhými, týkajícími se oslavy století Sokolstva ve Spojených státech v roce 1965.

Ses. Laštovica, jednatelka náčelnictva Sokola Omaha, žádá vyslání ses. Prchalové k vyučování akrobatického balletu v Omaze 26. až 29. října. Bylo rozhodnuto, že AOS. schválí žádost, bude-li kurs pod záštitou župy. V případě, že bude konán jednotou, vydání bude touto hrazeno.

Protest, týkající se oprávněnosti tří závodníků STJS., kteří závodili o posledním sletu AOS., došel od členů v Clevelandu. Ses. Prchalová vysvětlila situaci a záležitost byla předána náčelnictvu.

Br. Karl Palaš, starosta župy Pacifické, žádá další příspěvek v obnose \$200.00 pro župu, na vy-

dání vzniklé cestováním náčelníka br. Pokorného po jednotách v župě. Záležitost předána náčelnictvu.

Br. Miro Parma, starosta župy Jižní, žádá příspěvek pro župu na vydání s cestou župního cvičitele br. Václava Kučery, za dobu 10 dní a cestovné 1,600 mil. Nacvičoval v Houston, Galvestonu, Ennis, Fort Worth a Dallas. Také tato záležitost předána náčelnictvu.

Čten dopis od Československého Orla v Exilu, ve kterém odmítá zaplacení oznámky, na kterou podepsal smlouvu do vzpomínkového programu vydaného k X. sletu, poněvadž jejich doporučení k sletu nebyla přijata. Členové Orla účastnili se schůzí sletového výboru a ví, že doporučení byla probrána, ale neschválena. Bude odpovězeno v stejném tónu jako bylo Obci dopsáno.

### ZPRÁVA JEDNATELKY:

Úřadovně bylo oznámeno, že ředitelstvo Sokola Chicago uzavře budovu a žádá, bychom si našli novou úřadovnu, nejdéle do 1. listopadu t. r. Bylo rozhodnuto, že si zajistíme úřadovnu v čísle 5611 W. Cermak Road, Cicero, Illinois, a podepíšeme smlouvu na dobu pěti let. Dále bylo rozhodnuto, aby do úřadovny byl zakoupen nový moderní nábytek. Nájemné činí \$95.00 měsíčně. Bude jmenována komise k vyřízení všech podrobností spojených se stěhováním úřadovny.

Více dobrých činovníků a členů Sokola odešlo od doby konání poslední schůze, někteří z nich jsou:

Josef Zajíček, tajemník župy Severní.

Josephine Volenc, jednatelka Sokola Pine City.

Frank a Olga Štěpánek, Milwaukee, Wis.

Jerry Husa, cvičitel Sokola Town of Lake.

Clarence Zajíček, Wilber, Nebraska.

Louis Chvilíček, Sokol Mladočech, Racine, Wis.

Kateřina Kubiček, Plzeňský Sokol v Chicagu.

Martin Kovařík, Detroit, Michigan.

Povstáním uctěna jejich památka a památka všech, kteří odešli do neznáma od poslední schůze.

Stále dochází dopisy se žádosti o nové stanovy. Br. Prchal oznámil, že tyto si vyžadují jenom konečného upravení.

Br. Čihák vyplnil dotazník od Language Resources of American Ethnic Groups, ověřený výchovním úřadem S. S. a poslaný Universitou Pennsylvania.

Br. Pavlíček ze St. Paul poděkoval za pozdrav poslaný mu během jeho nemoci. Přes to, že jeho operace byla vážná, trvale se zotavuje. Připomenul, že letošní slet byl první, který vynechal od roku 1925.

Došly mnohé dopisy, ve kterých jsou žádány různé informace, stanovy, členské odznaky, sokolské zlatnické věci, vysvětlení některých paragrafů stanov, atd. Počet nových praporů byl objednan. Sokolice Cedar Rapids, americký prapor pro Sokol Stickney a právě došla žádost od Sokola Washington, D. C. o sokolský, americký a československý prapor.

Ses. Norma Žabka úsilovně pracuje na organizování jednoty v Levittown, L. I., N. Y. Vyžádala si informace. Mají 25 žadatelů o členství. Oznámila také, že měli 100 dítek zapsaných do tříd od března do června poslední sezony. Zásoba materiálu, který máme na skladě, byl jí poslán.

Státní Department odpověděl na náš protest o- hledně připouštění zahraniční politické propagandy a vysvětlil, že není žádného zákona, který by omezil přípustnost pošty tohoto druhu. Přiložil ta- ké kopie protestů poslaných vládou S. S. vládě československé, v záležitosti vydání Masarykových poštovních známek.

V odezvu na naši výzvu, uveřejněnou v Sokole Americkém, o poslání obrázků ze sletu, obdrželi jsme několik velmi pěkných barevných obrázků od br. Will A. Nesudy z Dallas a bratra Jaroslava Madery z Chicaga.

Přání k rychlému uzdravení byla poslána dvěma hlavním úředníkům ZČBJ., bratřím John Rompot- lovi, předsedovi, a bratru M. L. Hromádkovi, vý- konnému tajemníku.

Účastnila se IX. Československého dne Čsl. Ná- rodní Rady Americké 13. srpna, a účinkovala při soutěži domácího pečiva.

Ústředna Moravských Spolků poslala pozvání k účasti na její XXIII. Moravském dnu, 23. červen- ce. Členové v krojích i občanském obleku účastnili se průvodu a programu. Br. Prchal promluvil za Obec.

Účastnila se pouti Velkořádu státu Illinois, Čes- koslovenských Spolků v Americe. Br. Vodrážka dli mimo město a žádá, aby byl omluven. Požádal, aby zpráva dozorčího odboru byla přečtena. Vyúčtová- no bylo šest měsíců ses. Faltovou a br. Vodrážkou. Zprávu podá ses. Faltová.

Br. Hardy poslal statistiku o olympických hrách v roce 1960 a výsledek z gymnastických závodů konaných v Dallas, v roce 1961. Předáno náčel- nictvu.

Došel účet od pana Adolfa Humlíčka, našeho veřejného počtáře, na obnos \$200.00 za práci spo- jenou s vyúčtováním knih AOS. od 1. ledna 1958, do 31. března 1960, za vypracování zhuštěné zprá- vy a zvláštní zprávy Zájezdového odboru za stejné období. Schváleno k vyplacení.

United States Olympic Association poslala účet za příspěvky na r. 1962 v obnosu \$10.00. Schvá- len k vyplacení.

S br. Prchalem účastnila se XIV. Českosloven- ského dne v Toronto, Kanada. Den byl velmi ne- příznivý a přišlo od brzkého rána. Několik čísel bylo předvedeno vzdor špatnému počasí. Bylo to velkým zklamáním pro ty, kteří cestovali daleko. Br. Tichý přijel s busem cvičenců a stejně tak Ústředna Moravských Spolků z Chicaga.

Sdružení Plzeňských Řezníků, dnes v budově ČSA., vyžádalo si pozdrav do programu, vydané- ho k oslavě jejich 75. výročí. Pozdrav poslán.

Sokolové z Crete, Nebraska, účastnili se výročí- ní výstavy Saline County a získali druhou cenu. Námět byl "Zde ve Spojených státech"; alegorický vůz Sokola měl heslo "Právo na svobodné závody".

Došlo několik žádostí o film z X. sletu. Všechny dopisy byly odpovězeny. Oznámení o filmu bude učiněno po jeho zakoupení.

Připravila pozdrav do programu Sokola Havlí- ček-Tyrš vydaného u příležitosti jeho zlatého ju- bilea. Též napsala článek, jak byla požádána.

Došlo pozvání od učitelů na sokolské tělocvičné škole S.T.J.S., konané na Potter Lake, k účasti na grauační slavnosti, konané v sobotu 26. srpna.

Pěkný bulletin "Your News" je vydáván Soko- lem Berwyn, a kopie pravidelně docházejí.

Došlo mnoho příspěvků do "Future Sokol Lead- ers Fund" od poslední schůze. Úplný seznam všech příspěvků, od doby založení, je uveřejněn v záfi- ovém čísle S.A.

S br. Prchalem promluvila na rozhlase v měsíci červenci, srpnu a září.

Připravila rozbor práce výboru X. sletu, který byl uveřejněn v dvoj-číslu S.A. za červenec-srpen.

Mnoho by se dalo napsat o všem, co muselo být vykonáno po sletu. Chci jen oznámit, že několik set dopisů uznání za vykonanou práci a díky za účast bylo vysláno. S br. Seifertem, Vaňkem a ses. Fal- tovou prošli podrobnosti, týkající se finanční zprá- vy. Mnohokrát se sešla s br. Seifertem a připa- rila předběžnou finační zprávu, která bude dnes předložena.

Ses. Faltová pracovala v úřadovně po celý mě- síc červenec a vyslala upomínkové programy, účty za nezaplacené položky, mimo jiné práce. Doporu- čuji, aby ses. Faltové byla vyplacena odměna \$50.00 za tento měsíc. Tato odměna je velmi nepatrná v porovnání s vykonanou prací. Schváleno.

Stavební výbor Sokola St. Louis poznal, že je- jich jednota není zařazena v pravidle 101 (6) De- partmentu pokladu — Collector of Internal Revenue a žádá, aby článek byl změněn a zahrnoval vše- chny jednoty.

Br. Čihák připravil memorandum, které bylo po- sláno senátorům Douglas, Hruška, Lausche, se žá- dostí, aby použili jejich kanceláři, k rozšíření pra- vidla na všechny jednoty.

Sokol Wilber, Nebraska, zastoupený panem Joe Vosoba, jeho právníkem, si žádá stejné možnosti.

Všichni tři senátoři odpověděli, že udělají vše, co je možné, aby Sokolstvu pomohli. Na doporučení senátora br. Hrušky, budou získány služby práv- níka, který podnikne další nutné kroky.

Čsl. Národní rada Americká poslala pozvání na oslavu 43. výročí Čsl. nezávislosti dne 22. října. Dále žádá, aby br. Prchal promluvil jménem AOS. Schváleno.

Br. Halík podal zprávu náčelníka.

Ses. Prchalová podala zprávu náčelnice. Obě zprávy budou v S.A.

Ses. Prchalová žádala, aby obnos \$3.50 byl vrá- cen Sokolu West Suburban, sletovým výborem. To- to je poplatek za družstvo, které nezávodilo.

Br. Halík podal následující jména členů, kteří mají tvořit příští náčelnictvo mužů. Jsou to: Stan- ley Barcal, Paul Fina, Anton Studnička, Ed. Lin- hart, Jos. Votava, John Šátek, Richard Ptáček, Jack Carr, Frank Sula, Frank Michálek, George Bašta, Wm. Vrba, Ed. Schnabl, Paul Lebloch a Roy Žitný. Schváleno.

Br. Halík vznesl otázku, jaký počet je považován za quorum pro náčelnictvo. Bylo usneseno, že sedm členů tvoří quorum.

Ses. Faltová přečetla zprávu dozorčího odboru AOS. za I. a II. čtvrtletí 1961 a oznámila, že po- ložky v knihách byly přehlednuty br. Vodrážkou a jí samou a nalezeny v úplném pořádku. Zpráva přijata.

Pokladník br. Brouk oznámil, že jeho zpráva úpl- ně souhlasí se zprávou sestry účetní.

Br. Čihák podal stručnou zprávu o jeho práci co vzdělavatele AOS.

Ses. Čiháková předložila zprávu o cvičitelské škole roku 1961 a oznámila, že finanční zpráva nebyla dokončena, protože dvě jednoty dosud neuhradily poplatky za své posluchače. Ses. Čiháková nepřijala žádné odměny za její práci se školou, pouze cestovné bude jí uhrazeno.

Na mnoho vznesených dotazů o daru \$1,000,00 na "Future Sokol Leaders Fund" oznámeného bratrem Hladíkem na sjezdu 1960 v Cedar Rapids, Iowa, je skutečností, že tento obnos nebyl nikdy Obci předán.

Br. Prchal přečetl dva dopisy od starosty a jednoty Sokola Buenos Aires, Argentina, a předal šek v obnosu \$29.00 na Sokol Americký, který pravidelně dochází. Byl vyžádán také technický materiál, který jím bude poslán.

Ses. Čiháková přečetla finanční zprávu z X. sletu. Podala dále vysvětlení, které položky bude sletovému výboru ještě hradit.

Ses. Čiháková dále podala zprávu o své účasti na schůzi svolané Ústředím Čsl. Sokolstva v Zahr., za účelem zájezdu k sletu Sokola ve Vídni. Po delším rozhovoru usneseno uspořádat zájezd AOS. Podrobnosti budou vyšetřeny.

#### ZPRÁVA STAROSTY:

19. června převzal z rukou starosty města Chicaga prohlášení sletového dne dnem sokolským.

Vystavil část svých sokolských sbírek na sletové výstavě.

O sletu promluvil na schůzi soudců, na akademii, pozdravil přítomné a úředně zahájil slet, učinil projev na banketu. V sobotu, 24. června, promluvil na radiu také starostové žup, bratři Hrbek, Tichý, Vanyo a Palaš, také starosta Sokola Little Ferry, N. J., br. Zabránský.

Účastnil se pouti sletové ku hrobům starostů AOS. na Českém Národním hřbitově a u všech tří vzpomenu jejich díla a všech zesnulých členů.

V neděli 25. června byl na zkouškách, v průvodu a o hlavním vystoupení oslovil účastníky.

Účastnil se večera na rozloučenou.

26. června v Obci, když kursisté odjížděli do tábora.

1. července v Torontu, Kanada, na sletu a Československém Dni.

Vyplnil diplomy pro kursisty a 8. července navštívil kurs.

23. července v průvodu bratří Moravanů a v programu učinil projev.

Účastnil se pouti organizace ČSA. a Československého dne Čsl. Národní Rady Americké.

Téměř každého dne navštěvoval br. Jelinka v nemocnici. Je již doma a rychle se zotavuje.

Promluvil na dvou pohřbech.

Od br. Lešovského, který se právě vrátil z Evropy, obdržel zprávy o cestě a zkušenostech.

Promluvil na dedikaci Chrástkovy ošetřovny u domova pro sestárlé krajany. Přítomna také ses. Čiháková.

Účastnil se Dne českých katolíků.

Jelikož nebylo dalšího jednání, br. Prchal zakončil schůzi a br. Jerry Madera promítal 800 stop 16 MM. barevného filmu o X. sletu. Film je podložený hudbou. Jsou na něm velmi pěkné záběry a je jasný.

Nazdar!

Bláža J. Čiháková, jednatelka.

## Minutes of the Meeting of the Executive Board of ASO.

Held Tuesday, September 26th, 1961

Present: Brothers Barcal, Brouk, Cihak, Halik, Rabas and Vrba. Sisters Cihak, Falta, Prchal and Welcl. Bro. Vodrazka was excused.

Bro. Prchal presided and greeted all the members after the vacation season.

Minutes of the previous meeting approved and submitted.

Received minutes from the August and September meetings of the Eastern District and from the July meeting of the Northeastern District.

#### CORRESPONDENCE:

Bro. and sis. Wm. Zabransky of Little Ferry sent us a greeting from Spain, it was one of their stops on their European itinerary.

Masaryk Post of the Czechoslovak Legionnaires invite us to attend the 40th anniversary celebration of their organization at which time they will also celebrate the 43rd anniversary of the birth of the Czechoslovak Nation. Invitation accepted.

Sokol Havlicek-Tyrs extend an invitation to all the members of the Executive Board to attend their 50th anniversary on Saturday, September 30th. They further request that bro. Prchal and sis. Cihak present a greeting from the ASO. Approved.

Students of the ASO. 1961 Potter Lake School sent greetings.

Sokol Fuegner, L. I., New York, cordially invite bro. Prchal and sis. Cihak to be their honored guests at a dinner celebrating the 75th anniversary of their Unit on Saturday, November 18th. Approved.

Sokol Omaha requests the exemption of dues for a needy ill member. They will be referred to the By-laws governing the situation.

Bro. Jelinek sent congratulations on the success of the X. Slet and thanked for the greeting sent him during his illness. He returned to his home today after spending many weeks in the hospital. We wish him an early complete recovery.

Bro. Hladik's request for cuts to be used for cachet envelopes was read. The ASO. does not have in its possession any appropriate cuts.

Sokol St. Louis sent a letter together with a photostatic copy of a letter they received from the I. Czechoslovak Philatelic Club of America suggesting that steps be taken to have a Sokol Commemorative stamp issued on the occasion of the 100th anniversary of the Sokol organization in 1965.

Officers of ASO. will visit St. Louis at their earliest opportunity to discuss this along with other matters concerning the Sokol Centennial in the U.S.A.

Sis. Lastovica, Secretary of Sokol Omaha's BOL. requests sis. Prchal to instruct an acrobatic ballet course in Omaha October 26 through 29. It was moved that the ASO. will approve the request providing it is sponsored by the District. In the event it is sponsored by the Unit the expenses will be paid by the Unit.



# AMERICAN SOKOL GYMNAST

OCTOBER, 1961

Edited by MILDRED PRCHAL

## Special Report From A European Correspondent USA-CSSR Competition In Prague, Aug. 17-18, 1961

Even though the gymnastic meet held in the Prague Winter Stadium was predominated from the beginning by the Czechoslovak teams, the USA. guests amazed the audience with their performance. Almost 8,000 people witnessed the finale when the exercises executed were of the highest world championship calibre to which we are accustomed.

In the women's meet the Americans won the first event—vaulting. The USA. triumph was decided by young Betty Maycock with her brilliant handspring vault and a perfect dismount. She was given the well deserved score of 9.75 points. In second place, American Doris Fuchs received 9.6 points and in third place, Eva Bosak, Caslavka, 9.7, and the third place was deservedly won by the American Doris Fuchs.

In the men's meet, it was obvious that the competition was between the best of the Americans, Vega, and the Czechoslovak representative, Gajdos. In the vaulting, the Czechoslovak gymnasts raised their already high score. In the two events, parallel bars and horizontal bar, however, they lost. Both of these events were won by the USA. guests, the horizontal bar, by 1.25 points. The Americans presented some original elements, especially on the horizontal bar.

Tonry had a beautiful combination, marred, however, by a faulty dismount. American Vega's exercise was also outstanding and reminded us of the Soviet horizontal bar gymnasts. The Czechoslovak gymnast, Gajdos, scored first because of his all-around excellence, Vega placed second. The Czechoslovak women's team won over the USA. team with a score of 190.10 to 186.95. The Czechoslovak men won with a score of 283.95 to the USA. score of 282.00.

### Further Report from European Correspondent About USA.-CSSR. Meet in Prague

... "About the present calibre of your (USA.) teams, I now have a better impression after seeing the CSSR.-USA. meet in Prague conducted August 17th and 18th.

The meet was held before a very big audience (the Stadium almost sold out). The atmosphere was very tense because of the close scores throughout all events. The USA. gymnasts lost more points on the sidehorse because of breaks in combinations so that the CSSR. team easily gained 2.8 points. But the CSSR. team had some breaks in their exercises on parallel bars and horizontal bar. Even in

the last event, it was not certain who will win even though the CSSR. officials were more critical in their judging of the USA. gymnasts. One of the officials judged for the first time; his scores were not very good. Results this time were not so important, however, because the USA. contenders showed very definitely that they are on the way to achieving the ranks of the best world gymnasts. Tonry's horizontal bar was very beautiful. Too bad that his dismount was spoiled by touching the mat with his hands. Otherwise, the whole combination was perfect with no cause for the least penalty. Equally his execution on the sidehorse was outstanding, except for a weakness in execution at the beginning. The USA. gymnasts, in my estimation, had more difficult combinations. Vega was best with his clean expand arm lever (cross) on the rings, for which he received the highest score. The CSSR. team won this event by a mere 0.20 points. I do not know how difficulty is judged on the rings today. I did hear that the cross is no longer listed among the most difficult elements and for this reason the CSSR. gymnasts do not include it in their combinations. This does not seem so to me because all elements with swing preparations are easier to learn, whereas the cross requires intensive training for a few years. Your gymnasts were better in calisthenics than the CSSR. (they won in this event by 0.2 points) not only in the acrobatic part, but in variety, interest and attractiveness. They also made better use of the prescribed area. The best of these was Vega.

Generally speaking, it may be said that one-half of your team members are of a high international calibre. The other half need "catching up," especially in precision and sureness.

It seems to me that in working on the sidehorse, your gymnasts keep the chest too close upon their arms; this puts much weight on the arms, thus causing breaks in execution.

My personal opinion is, that, in the future, through more intensive training, your gymnasts will become dangerous competitors for all of those who are ahead of them today. Much more could be written about the meet.

I would say about the same about the women's meet. Your women were better in vaulting; on the parallel bars, they were about equal with the CSSR. women; in calisthenics and especially on the beam, the American women were weaker (some were penalized because of overtime). Doris Fuchs and Betty Maycock were best liked."

SOKOL AMERICKÝ  
**CALISTHENICS FOR SMALL GIRLS**  
**THE NATIONAL SGUS. SLET**

JUNE 24, 1962, PITTSBURGH, PA.

Arranged by: RUDOLPH BACHNA

The composition consists of: Introduction 4 4/4 tempo rest. I. Exercise 32 meas. 4/4 tempo. Passage to II. 4 4/4 tempo. II. Exercise 32 meas. 4/4 tempo. Passage to III. 4 4/4 tempo. III. Exercise 32 meas. 4/4 tempo. Passage to Finale 4 4/4 tempo. Final 16 meas. 4/4 tempo.

Music: Karel Pospíšil—1925. "Závodní prostrná mužů"—Chicago. Formation: Column of threes, center on marker. Designation: Right, Center, Left Gymnast. Open marker on each side, markers 6½ feet apart. Fundamental position: Closeheel stand—closearm.

I. Exercise is done in close formation, center on marker. During Passage to II. Exercise extend to markers.

II. Exercise is done on markers. During Passage to III. Exercise form a file on center marker.

III. Exercise is done in single file. During Passage to Finale, the gymnasts return to markers.

During Finale the gymnasts return to their original formation. At start of Exercise, column of threes in close formation.

Each Exercise is done twice, first facing main tribune, and second with back to main tribune.

**Introduction 4 measures 4/4 tempo—REST.**  
**Formation: Column of THREES in close formation, center on marker.**

- I.
1. Frontbow—frontarm outward, left arm crosses right of neighbor, knuckles up,
  2. \_\_\_\_\_
  3. upright—uparm outward, right arm crosses left of neighbor, palms front,
  4. \_\_\_\_\_

- II.
1. Bend closearm, hands in front of shoulders, thumbs back,
  2. \_\_\_\_\_
  3. thrust up outward, arms crossed as in I. count 3.
  4. \_\_\_\_\_

III. and IV. as I. and II.

- V.
1. Bend sidearm, hands above shoulders, knuckles up,
  2. \_\_\_\_\_
  3. thrust forward, frontarm, knuckles up,
  4. \_\_\_\_\_

- VI.
1. Twist trunk 90° to left—swing left upward, sidearm, knuckles up—look to left,
  2. \_\_\_\_\_
  3. twist trunk 90° forward—swing left downward and forward, uparm, thumbs back—look forward,
  4. \_\_\_\_\_

VII. and VIII. as V. and VI., but opposite twist and arm movements.

IX.

1. Halfturn to left—stand right sidestride—sidearm, knuckles up,
2. \_\_\_\_\_
3. sidebow to left—shift weight to right—stand left sidetouch—halfbend uparm outward, forearms diagonally upward, fingers relaxed, touching, knuckles up—look at left foot, (arms form a circle)
4. \_\_\_\_\_

X.

1. Shift weight to left—stand right sidetouch—sidebow to right—arms hold—look at right foot,
2. \_\_\_\_\_
3. upright—halfturn to right—draw right to closeheel stand—thrust forward, closearm—look forward,
4. \_\_\_\_\_

XI. and XII., as IX. and X., but opposite turns and bows.

XIII.

1. Twist trunk 90° to left—sidearm, palms up—look to left,
2. \_\_\_\_\_
3. twist trunk 90° forward—closearm—look forward,
4. \_\_\_\_\_

XIV. as XIII., but opposite.

XV.

1. Closeheel toestand—frontway uparm, thumbs back,
2. \_\_\_\_\_
3. closeheel stand—halfsquat knees together—frontway reararm, thumbs front,
4. \_\_\_\_\_

XVI.

- 1.-3. uprise and three steps in place—full turn to left, (arms move as in marching)
4. \_\_\_\_\_

NOTE\* The gymnasts are presently standing with their backs to the main tribune. Repeat measures I. to XVI.

**Passage to II. Exercise**

Written for right gymnast, left gymnast opposite, center gymnast remains on marker. During passage right and left will extend to markers.

I.

1. Stand right sidestep,

2. draw left to closeheel stand,
- 3-4. as 1.-2.

- II.
1. frontbow—frontarm outward, knuckles up,
  2. \_\_\_\_\_
  3. upright—closearm, thumbs front,
  4. \_\_\_\_\_

III. and IV. as I. and II.

### II. Exercise

ALL:

- I.
1. Stand right sidestep—hands on hips, knuckles inward, thumbs up,
  2. \_\_\_\_\_
  3. draw left to closeheel stand—arms hold, (leave marker)
  4. \_\_\_\_\_

- II.
1. halfsquat right out foretouch on heel,
  2. uprise—draw right to closeheel stand,
  3. halfsquat left out foretouch on heel,
  4. uprise—draw left to closeheel stand.

III. and IV. as I. and II., but opposite (return to marker).

- V.
1. and, 2. and, 3. and, 4. and, four hop steps forward, advance one marker forward, left begins.

- VI.
1. and, 2. and, 3. and, 4. and, four hop steps backward, return to marker, left begins.

- \* Description of hop steps in measures V. and VI.
1. Stand left forestep, and uphop on left, bend right frontleg,
  2. stand right forestep, and uphop on right, bend left frontleg.

VII.

1. Close left to closeheel stand—halfsquat knees together,
2. uprise—stand right out foretouch on heel,
3. draw right to closeheel stand with stamp in-place, and stamp left in-place,
4. stamp right in-place.

VIII. as VII., but opposite and on count 1. omit close left to closeheel stand.

IX.

1. Stand right sidestep,
2. left frontleg inward across (low),
3. stand left sidestep,
4. right frontleg inward across (low).

X.

1. Close right to closeheel stand—halfsquat knees together—bend frontarm, forearms diagonally inward, right over left, palms resting on opposite shoulders, knuckles up,
2. uprise—thrust to frontarm upslant outward, palms up,
3. as 1. but omit close right to closeheel stand,
4. as 2.

XI. as IX. but opposite and add: hands on hips, knuckles inward.

XII. as X. but on count 1. close left to closeheel stand.

XIII. and XIV. as V. and VI.

XV. as VII.

XVI. as VIII. and on count 3. and 4. full turn to left—closearm. (Gymnasts are standing with their backs to main tribune.)

Repeat measures I. to XVI.

(To be concluded)

## ABDOMINAL EXERCISES FOR SENIOR WOMEN ON MAT OR FLOOR

(CAN BE DONE DAILY AT HOME)

### I. Set of Exercises

I.

Lie on back, knees drawn up until soles of feet rest easily on the mat.

1. Bring left knee up as high as possible toward chest.
2. Drop leg back to bent knee position again. Reverse and repeat all 6 times.

II.-a

Lie on back, knees bent, feet resting flat on floor.

1. Drop left knee sideway to floor as far as it will go without strain, leaving foot in place though turning on its side.
2. Raise knee again to original position. Do 6 times with each leg.

II.-b

Drop knees down together to left, or rather let them "flop" down lazily, then raise them and let them "flop" over to the right side. Alternate about 6 times.

II.-c

Drop knees down as in "b"; then, keeping feet firmly where they are, stretch down comfortably with knees until body rolls on to the side a little and buttocks come up off the floor. Shoulders remain on floor.

III.

Lie on back with knees bent as before.

- a) Raise arms straight in front of the body and over the head until they touch floor, reach up with the finger-tips. Carry arms to side again. Do 6 times.

- b) Do same exercise inhaling as the arms are raised, exhaling as arms return to sides. Do 6 times.
- c) Same exercise but instead of carrying arms forward overhead, vary the foregoing exercise by moving arms sideway through a half circle on the floor to the same position back of head, inhaling deeply and exhaling as arms close to sides.

REPEAT ALL OF THE ABOVE FOR A FEW LESSONS.

## II. Set of Exercises

### I.-a

Lie on back, but legs stretched down, heels together. Bend left knee sideway drawing foot along the floor until it is close to the right knee.

Do 6 times with left, then 6 times with right, returning to position after each bend.

When above exercise is practised for a number of lessons, do following in its stead, starting from the same position again with left leg.

### I.-b

1. Bend knee sideway, draw foot up to other knee.
2. Raise the knee until sole of foot is flat on floor, but without moving the foot from its place.
3. Slide foot straight down until the leg stretches to beginning position.

## II.

Lie face downward, hands folded under chin, elbows out.

1. Kick lower legs backward throwing heels back until they touch body.
  2. Lower legs to floor touching toes to floor again, forcing knees up a little from the floor, just enough to stretch ligaments back of knees. Do not raise hips.
- Do 6 to 8 times rather rapidly.

## III.

For muscles at back of neck and shoulders.

Lie face downward—arms loosely folded under chest forcing neck back, keep chin well drawn in. Do not tilt head back. Drop to position again and relax. Do not lift body farther than just below shoulder blades.

Do 6 times.

## IV.

Take position on the knees and forearms. Knees about 14 or 16 inches from the elbows.

1. Hump the back as high as possible.
  2. Slump down to original position.
- Do 6 times.

# INTERUNIT COMPETITIONS WESTERN DISTRICT

(Conclusion)

SOKOL CRETE, CRETE, NEBRASKA  
Conducted Sunday, June 4, 1961, at Wilber  
Alice Kalkwarf, Director  
Norma Henning, Instructor

(Of possible 50 points)

1. Roxanne Gammel	45.6
1. Roberta Kovar	45.6
2. Patty Rapp	45.1
3. Barbara Sack	44.5
4. Susan Rapp	44.0
5. Connie Baloun	43.9
6. Kathy Baloun	43.8
6. Marletta Younger	43.8
7. Glenda Henning	42.1
7. Wadene Holoch	42.1
8. Vicki Younger	39.8
9. Patty Holoch	39.1
10. Mary Beth Sack	38.5

## SOKOL CEDAR RAPIDS, CEDAR RAPIDS, IA.

Conducted May 27, 1961

Barbara Pulkrab, Director

1. Sheryl Humphrey	15. Christy Barthel
2. Vicki Walder	16. Christine Bader
3. Susan Moen	17. Jane Russel
4. Ranae Keoppel	18. Caren Thurston
5. Gayle Bryant	19. Connie Pickert
6. Kathy Andrlík	20. Kathy Timco
7. Jani Johnson	21. Debbie Paukert
8. Kathleen Kelley	22. Becky O'Brine
9. Judy Thompson	22. Diane Netolicky
10. Sheryl Paukert	23. Carmen Mrkvicka
11. Christi Edmonds	24. Christine Barta
12. Paula Oliphant	25. Sidney Severa
13. Carol Andrlík	26. Susan Grimm
14. Paula Heaton	

## SOKOL WILBER, WILBER, NEBRASKA

Conducted June 4, 1961

Lulu Kohel, Director and Instructor

(Possible score — 50)

### 9-12 YEAR GROUP

1. Marleen Beck	47.7
2. Gwen Houska	47.5
3. Susan Vinnola	47.1
4. Janelle Schleis	46.4
5. Kathy Massahos	46.3
6. Patty Vinnola	46.0
7. Vicki Vana	45.8
8. Margaret Fuchs	45.7
9. Patricia Smejdir	45.6
10. Judy Ourecky	45.1
11. Ricki Fictum	44.9
12. Mary Hosack	44.3

### 7-9 YEAR GROUP

1. Pamela Beck	46.8
2. Janice Hynek	46.1
3. Cathy Barnas	45.8
4. Betty Ourecky	45.7
5. Jeanine Schleis	45.5
6. Francine Vana	43.9
7. Elonka Carter	42.9

### 4-6 YEAR GROUP

1. Pamela Lovercheck	44.1
2. Betty Fuchs	43.4

A protest regarding the eligibility of 3 contestants who competed for the SGUS. at the last Slet was received from our members in Cleveland. Sis. Prchal explained the situation and the matter was turned over to the BOI. for a decision.

Bro. Karl Palas, President of the Pacific District, requests an additional allocation of \$200.00 be paid to the District for expenses incurred in connection with the work of the traveling instructor bro. Joseph Pokorny. This matter will be referred to the BOI.

Bro. Miro Parma, President of the Southern District, requests an allocation for their District Director bro. James Kucera, who served as a traveling instructor for a period of 10 days and traveled a distance of 1,600 miles which included instructing as well as counseling in the Houston-Galveston area, Ennis, Fort Worth and Dallas. This matter also passed on to the BOI.

A letter from the Czechoslovak Orel in Exile, refusing to pay for the advertising space they had contracted for the X. Slet Souvenir Program because their suggestions were not accepted, was read. The letter will be acknowledged in the same manner their letter was addressed to us.

#### REPORT OF THE SECRETARY

The ASO. office was notified that the Board of Directors of Sokol Chicago plan on closing up the building and ask that we look for new quarters and move not later than November 1st of this year.

It was decided that we lease an office located at 5611 W. Cermak Road, Cicero, Illinois, for a period of five years. It was further approved that new modern office furniture be purchased for the new Sokol headquarters. The rental will be \$95.00 per month. A committee will be appointed to handle all matters connected with the moving of the office.

Many of our fine officers and Sokol members passed away since the last meeting, some of them are:

Joseph Zajicek, Secretary of the Northern District.

Josephine Volenec, Secretary of Sokol Pine City.

Frank and Olga Stepanek, Sokol Milwaukee.

Jerry Husa, Sokol Town of Lake.

Clarence Zajicek, Sokol Wilber.

Louis Chvilicek, Sokol Mladocech.

Katherine Kubicek, Plzensky Sokol of Chicago.

Martin Kovarik, Detroit, Michigan.

A standing tribute of silence was paid to the memory of those that we had heard have passed away as well as all our other members lost since our last meeting.

Letters continue coming in every day requesting the new By-laws. Bro. Prchal reported that the By-laws are practically finished, just require a final revision.

Bro. Cihak filled out the survey form of the Language Resources of American Ethnic Groups, sponsored by the U. S. Office of Education, and sent out by the University of Pennsylvania.

Bro. Pavlicek of St. Paul expresses his appreciation for the get well note sent him during his illness. Although his surgery was serious he is improving. He mentioned that it was the first Slet he missed since 1925.

Dozens of letters were received requesting varied information: By-laws, membership badges, Sokol jewelry, interpretation of some of the paragraphs of the By-laws, etc. A number of new flags were ordered. Sokolice Cedar Rapids. An American flag for Sokol Stickney. We have just received a request for a Sokol, American and Czechoslovak flag from Sokol Washington, D. C.

Sis. Norma Zabka is working hard organizing a Unit in Levittown, L. I. She requested information for organizing the unit. They have 25 people who have indicated a desire to become members. She also noted that they had 100 children registered for classes from March to June of last season. A supply of all available material was sent to her.

The Department of State replied to our protest regarding importation of foreign political propaganda and explained that there was no legislation limiting this type of mail. They also enclosed copies of notes on the issue of the T. G. Masaryk stamps sent by the United States Government to the Czechoslovak Government.

In response to our appeal in Sokol Americky for Slet pictures we heard from bro. Will A. Nesuda of Dallas who sent some very nice colored shots and also from bro. Jerry Madera.

Speedy recovery letters were sent to the two high officials of the WBFA., bro. John Rompotl, President, and bro. M. L. Hromadka, Executive Secretary.

Attended the 9th Czechoslovak Day and Freedom Rally of the Czechoslovak National Council of America, August 13th, and assisted in the Baking Contest.

Federation of Moravian Societies sent an invitation to attend their XXIII. Moravian Day July 22nd and 23rd.

Sokol members in uniform and without uniform participated in the parade and attended the program. Bro. Prchal spoke for ASO.

Attended the Pout of the Grand Lodge of the Czechoslovak Society of America.

Bro. Vodrazka wishes to be excused from tonight's meeting and asked that the report of the Auditing Committee be read. The six months audit was checked by bro. Vodrazka and sis. Falta. It will be presented by sis. Falta.

Bro. Hardy sent the statistics of the 1960 Olympic Games and results of the National AAU. Gymnastic Championships held in Dallas, Texas, 1961. They will be passed on to the BOI.

Received an invoice from our CPA., Mr. Adolph Humlicek, in the amount of \$200.00 for accounting and auditing services of the ASO. records from January 1, 1958, to March 31, 1960, and the preparation of a comparative consolidated report and a Special Report for the Excursion Fund for the same period. Approved for payment.

The United States Olympic Association sent a bill for our dues for 1962 for \$10.00. Approved.

With bro. Prchal attended the XIV. Czechoslovak Day in Toronto, Canada. It was very unfortunate, but it rained most of the day. Several of the numbers were put on in spite of the bad weather. It was a great disappointment for those that traveled so far. Bro. Tichy attended with a bus load of gymnasts as was also true of the Federation of Moravian Societies from Chicago.

The Pilsen Butchers Benevolent Association located in the CSA. Building requested us to extend to them a greeting for their program to be issued on the occasion of their 75th anniversary. The greeting was sent.

The Sokols of Crete entered the Annual Saline County Fair and this time won second prize. The theme was "Here in the United States." The float was "The Right of Free Competition."

Received several requests about the 1961 Slet film. All letters were acknowledged. Announcement of the film will be made after one is selected.

Prepared a greeting for the Sokol Havlicek-Tyrs Souvenir Program to be issued on the occasion of their Golden Jubilee. Also wrote an article as requested.

Received an invitation from the Teaching Staff of the Sokol Gymnastic School of SGUS. held at Potter Lake to attend the graduation exercises on Saturday, August 26th, 1961.

A very fine bulletin "Your News" is being published by Sokol Berwyn and copies are sent to us regularly.

Many contributions were received for the "Future Sokol Leaders Fund" since our last meeting. A complete list from the date of its inception appeared in the September issue of Sokol Americky.

Participated with bro. Prchal in the July, August and September Sokol broadcasts.

Prepared an analysis of the workings of the X. Slet Committee which appeared in the July-August issue of Sokol Americky.

A great deal could be written about what had to be done after the Slet. Would like to say that several hundred letters of appreciation were sent out and that all matters concerning the Slet were closed. With bro. Seifert, bro. Vanek and sis. Falta checked some of the details concerning the financial report. Met with bro. Seifert many times and prepared a temporary financial report which will be presented today.

Sis. Falta worked in the ASO. office during the entire month of July and expedited all of the souvenir programs, notices for unpaid items, besides other work. I recommend that sis. Falta be compensated the amount of \$50.00 for the month of July. This is very meagre considering the work done. Approved.

The Building Fund Committee of Sokol St. Louis learned that their Unit is not included in the ASO. 101 (6) ruling of the Treasury Department, Collector of Internal Revenue, and requested that the status be changed to include all its branches. Bro. Cihak prepared a memorandum which was forwarded to Senators Douglas, Hruska and Lausche asking them to use their kind offices to extend this ruling to all our Units.

Sokol Wilber, Nebraska, represented by Mr. Joe Vosoba, legal adviser, is requesting the same.

All three Senators replied that they would do whatever was possible to help us.

The Czechoslovak National Council of America invites us to the 43rd anniversary celebration of Czechoslovak Independence on October 22nd. They further request bro. Prchal to speak for ASO. Approved.

Bro. Halik submitted a report as **Director of Men.**

Sis. Prchal reported as **Director of Women.** Both reports will appear in Sokol Americky.

Sis. Prchal requested that the sum of \$3.50 be refunded to Sokol West Suburban from the Slet Committee for a team that did not compete.

Bro. Halik submitted the following names of the next BOI. for approval: Stanley Barcal, Paul Fina, Anton Studnicka, Ed. Linhart, Jos. Votava, John Satek, Richard Ptacek, Jack Carr, Frank Sula, Frank Michalek, George Basta, Wm. Vrba, Ed. Schnabl, Paul Lebloch and Roy Zitny. Accepted.

Bro. Halik raised the question "what is considered a quorum for the BOI." It was agreed that seven members constitute a quorum.

Sis. Falta read the Financial Report for the I. and II. quarter of 1961 and announced that the records were examined by bro. Vodrazka and herself and found in order.

Bro. Brouk, Treasurer, agreed with the report.

Bro. Cihak reported very briefly on his work as **Educational Director.**

Sis. Cihak presented her report from the 1961 Sokol School and announced that the financial report has not been completed because of outstanding bills for two Units. Did not accept any compensation for the work and only presented a bill for transportation.

The question of bro. Hladik's gift of \$1,000.00 to the "Future Sokol Leaders Fund" announced by him at the 1960 convention has been inquired about by many Units and Districts. The contribution was never received.

Bro. Prchal read two letters received from the President and Unit of the Sokol organization in Buenos Aires, Argentina, and presented their check for \$29.00 for Sokol Americky which reaches them regularly. They also requested technical material which will be sent to them.

Sis. Cihak read the financial report from the X. Slet. The report is not as yet complete and explained the items that are still unsettled.

Sis. Cihak also submitted a report from the meeting called by the Czechoslovak Sokols in Exile in connection with the trip to Vienna in 1962. After a discussion it was decided that ASO. would plan an excursion. The particulars will be investigated.

#### REPORT OF THE PRESIDENT

On June 19th personally received from the Mayor of the City of Chicago the proclamation of June 25th as Sokol Day.

Exhibited part of his Sokol collection at the Slet exhibit.

Spoke at the meeting of the Slet competition judges, the Akademie, where he officially opened the Slet, welcomed the guests and spoke at the Banquet.

On Saturday, June 24th, participated in a special broadcast which included District Presidents, bro. Hrbek, Tichy, Vanyo, and Palas. Present also was bro. Zabransky, President of Sokol Little Ferry.

Participated in the tour of the Bohemian National Cemetery and spoke at the graves of the three deceased Presidents of ASO.

Sunday, June 25th, attended the rehearsal, participated in the parade and spoke at the Slet. Attended the Farewell Dance.

Was present at the office when the students left for the school.

July 1st, attended the Czechoslovak Day in Toronto where rain ruined the program.

Did the lettering for the School diplomas and attended the graduation July 8th.

Attended the XXIII. Moravian Day and extended a greeting, also the Pout of CSA. and Czechoslovak Day of the Czechoslovak National Council of America.

Visited bro. Jelinek in the hospital practically every day. He is home recuperating. A greeting will be sent to him.

Spoke at two funerals.

Met with bro. Lesovsky who recently returned from Europe and received reports of his trip and experiences.

Spoke on the occasion of the John T. Chrastka Infirmary dedication where sis. Cihak was also present.

Attended the Czech Catholic Day at Pilsen Park.

Since there was no further business, bro. Prchal adjourned the meeting and bro. Jerry Madera took over and projected 800 feet of 16 MM. colored film from the X. Slet.

Nazdar!

Blanche J. Cihak, Secretary

DISBURSEMENTS

Illinois Bell Telephone Company .....	\$ 23.84
Berwyn Press—July-August issue Sokol Americky .....	1,201.22
Salary—Secretary and Financial Secretary .....	324.20
Salary—Director of Men .....	98.55
Salary—Director of Women .....	79.40
Editorial Staff .....	120.00
Denni Hlasatel—Radio Program .....	25.00
Mailing list expense .....	25.00
Janitor Service .....	10.00
U. S. Postmaster—Penalty fee for July-August issue S.A. ....	10.00
Rental .....	50.00
Joseph Brouk—Salary Treasurer and transportation expense .....	16.10
Slet pictures .....	6.30
Office expense .....	50.00
U. S. Olympic Association—Dues .....	10.00
C.P.A. expense .....	200.00
BOI. postage and telephone .....	57.71
Sokol Gymnast editing .....	25.00
Course expense .....	261.59
Meyer & Wenthe—supplies .....	3.50
	<hr/>
	\$2,620.46

BALANCE

Lawndale National Bank checking acc. ....	\$2,303.46
Income September, 1961 .....	3,340.17
	<hr/>
	\$5,643.63
Disbursements, September, 1961 .....	2,620.46
	<hr/>
	\$3,022.17

Financial Report ASO.  
September, 1961

INCOME

Masaryk Stamps .....	\$ 550.00
X. American Sokol Slet—Loan .....	1,000.00
X. American Sokol Slet expense paid by ASO. ....	328.01
Sokol Brookfield, Ill., II. qtr. ....	39.75
Sokol Caldwell, Kansas, I., II. and III. qtr. ....	40.50
Sokol Little Ferry, N. J., II. qtr. ....	76.00
Sokol Philadelphia, Pa., III. qtr. ....	49.50
Sokol New York, N. Y., II. qtr. ....	173.50
Sokol Nova Vlast, Cleveland, O., III. qtr. ....	107.00
Sokolice Omaha, Nebraska, II. qtr. ....	89.00
Sokol Los Angeles, Calif., II. qtr. ....	112.50
Sokol Scio, Oregon, II. qtr. ....	33.75
Sokolice Libuse, So. Omaha, Nebr., III. qtr. ....	34.50
Sokol Seattle, Washington, III. qtr. ....	21.25
Sokol Cechie, Chicago, Ill., III. qtr. ....	29.50
Plzensky Sokol of Chicago, II. and III. qtr. ....	238.75
Sokolice Milwaukee, Wis., I., II. and III. qtr. ....	176.50
Sokolice Mladocech, Racine, Wis., III. qtr. ....	28.00
Sokolice Tabor, Berwyn, Ill., III. qtr. ....	73.00
Sokol Fuegner, Chicago, Ill., III. qtr. ....	75.00
Sokolice Schenectady, N. Y., III. qtr. ....	23.00
Sokol Karel Jonas, Wilson, Kans., III. qtr. ....	8.50
Sokol Americky .....	29.00
Membership pin .....	1.00
Miscellaneous income .....	2.67
	<hr/>
	\$3,340.17

Report of the ASO. Men's  
Director

JULY, AUGUST, SEPTEMBER, 1961

Schools closed (in Downers Grove) on June 16th, one week later than in past years; this left me just a few days in which to complete the final preparations for the Slet and competitions. None of the BOI. members were able to take time off at this time. Vydra movers got all the equipment over to the Morton West gym on Thursday, making pick-ups at Sokol Slavsky, Stickney, Havlicek-Tyrs, Berwyn and Tabor, taking down ring constructions at Sokol Berwyn and Tabor and then hanging them at the Morton West gym. (They later rehung these in their respective Sokol gyms.) They also assembled the gym equipment loaned us by the Nissen Company of Cedar Rapids, Iowa. After the Slet, Vydra Movers returned the Sokol equipment and stored Nissen equipment at Sokol Slavsky. Bro. Barcal was to contact the Nissen Company to make shipping arrangements.

The judges meeting held Thursday, June 22, at Sokol Tabor was well attended and after a short general session for introductions and explanations

of procedures, men's and women's sections met separately and completed the final arrangements for the competitions.

Competitions, Friday, June 23—The Junior Boys Division under the direction of bro. Edward Linhart moved along very well. Bro. Barcal, who was unable to stay for the afternoon, turned over the direction of the Men's Division to bro. Paul Fina. This division, the smaller in number (of participants) moved very slowly. We just couldn't speed it along somehow.

The Men's Tabulating Committee for the Friday competitions (especially in the low divisions of men and boys) did not thoroughly check over their tabulations before submitting them to the typists who proceeded to produce stacks of mimeographed copies of the Friday competitions. These were posted immediately after completion, but before we had issued many of them a spot check of the low divisions of men and boys showed up some serious errors in tabulation. Sis. O. Prince and M. Konecny assisted sis. A. Halik, who was in charge of this department, in the difficult task of re-tabulating all divisions and came up with a number of changes in the standings of individuals and teams. A number of participants who had already seen the posted results (before the errors were found) were very disappointed when the corrected standings were announced. Mimeographed copies of the corrected standings as well as reports on individual scores of each participant were sent to Unit Directors after the Slet.

Championship competition on Saturday, June 24, drew more participants than in past years, but here again the events moved too slowly and instead of putting on a spectacular program, the competition seemed to drag throughout the entire afternoon.

As to the other Slet festivities: the Akademie produced many good numbers. I did not get to the banquet on Saturday as we were busy revising the results and standings for the men's and boy's competitions for the Awards presentation that same evening.

Sunday, June 25th—The Slet Program. — Rehearsals were late again (we thought we had it made this time) but our communications bogged down. The groups scheduled for early rehearsals showed up late. This forced us to run overtime. All the other Slet committees became quite annoyed with me because this delayed the departure of the band, the gymnasts and a large number of officials from the field area to the parade assembly area. The parade was delayed. Many never got to the assembly area.

The Slet Program turned out very well. The Stadium seemed to be jammed full of spectators, and judging by the comments of the general public, of Sokol members, local and from other parts of the country, by the gymnasts themselves as well as their leaders both Unit and District, the Slet was great. It was a success in the sense that it showed a general upward trend, in the greater number of participants, the spirit of the participants, the efforts of the members of the ASO.-BOI., the members of all the other Slet sub-committees, the efforts of the Unit and District Di-

rectors, and all their local BOI. members (who made it possible for the gymnasts to come to the Slet). All these people made the Slet possible. Made it a living "SALUTE TO THE SOKOL CENTENNIAL." Of this, we can be proud.

If I were asked to name the person most responsible for the success of the Slet, that person would be sis. Blanche Cihak who not only made my tasks immeasurably lighter, but also made the jobs of all the other Slet sub-committees easier by taking on the many odd jobs which we all asked her to help us with. This over and above her regular duties as ASO. Secretary-Treasurer and Slet Committee Secretary.

Monday, June 26th—The students for the ASO. school to be held at the SGUS. Sokol Camp at Potters Lake, Wis., assembled in front of Sokol Chicago for the trip to Camp. Bro. Slavik, one of the staff of instructors, was there to help me get them off. After the buses left, I returned to Berwyn, to get the Vydra truck which was to pick up the additional equipment and material for the school. The truck had been dispatched on an emergency haul so our departure was delayed. A further delay developed when we arrived at sis. Prchal's home to pick up teaching material she had prepared and found nobody home. I called the ASO. office and sis. Falta after many phone calls, informed me that sis. Prchal had taken the material with her.

On arriving at the Camp, I found that the students and other members of the staff had already been quartered and that we were extending the capacities of the Camp, since their new buildings were not yet completed. We started the school with 84 students and 5 instructors.

Bro. Slavik and I with bro. Tomanek sitting in, set up a schedule from the program outline I had prepared. We held to the schedule about two days when the heat became so intense that we were forced to shift our activity classes to the morning periods and all the lecture classes to the afternoon sessions (under the trees and in the shade). Several youngsters seemed to weaken so we eased up on pressures a bit. On Friday, five students were taken home (they were from the Chicago area). After a rugged two-week intense schedule, we reached the graduation time for 54 students. The program of gymnastic numbers and songs was well presented. Students were awarded diplomas and pictures were taken. On Sunday morning, busses took them back to Chicago. Some left in private cars. Bro. Slavik, who was able to get just a two week vacation from his job, also left for home. As to the students, some left in sadness, some with relief.

We went into the 3rd week Advanced School with 4 instructors for 25 students. According to the formula for District Schools (there is no formula for ASO. schools) the ASO. pays for one instructor for each 15 students. Allowance is made for an additional instructor if there are 8 more (additional) students over the 15, which when applied to this situation, permitted only 2 paid instructors. Sis. Prchal asked sis. Krizenecky to stay, I asked bro. Tomanek if he would stay on, which they did for a split in the instructor's salary plus

board. We finished the 3rd week with 24 students, one having left in mid-week to return to work. The school closed with an exhibition program and graduation ceremonies.

It was soon evident that many of the students were not selected because of potential leadership qualities, although many were good gymnasts, and that many were under the age minimum specified and that many were immature and that the immaturity was not confined to the younger students. Credit must be given to the Eastern District which has been conducting 2 week schools for many years. The technical know-how and the experience of those students who had participated in these schools were quite evident. Central District had been conducting one week schools for several years, Western District held its last one week school in 1958, Southern District held a 2 week school in 1958. Other Districts held no schools in this period. There should be more work done in the districts.

Bro. Slavik and bro. Tomanek with several of the Eastern District students worked on the grade sheets, compiling the scores for the 2 week students. With help from the Eastern District, I completed the entries for the 3 week students. These are about complete now and need a little more study and work before they can be distributed.

Since returning from the school, my wife had been trying to get me to catch up on the chores around the house which I had been neglecting for several years.

I had been working preparing attendance report forms and quarterly report forms. After several attempts to get a good stencil cut, I got one that I tried to run on the old ASO. mimeo, but could not get a clean job. I decided to draw the forms on paper instead of on stencil and to have plates made for printing this material instead of the mimeo stencils. This should be ready for the printers shortly.

Participated in the parade on Moravsky Den.

The sudden death of bro. Jerry Husa takes a member of the ASO.-BOI. and an active and dedicated instructor from our ranks. We shall miss him.

Bro. Paul Fina and bro. Jack Carr, who are staff members of the National Summer Gymnastic Clinic at Lansing, Michigan, on the campus of the Michigan State University, asked me to teach at the Clinic, which I did. (This Clinic is comparable to the National Gymnastic Clinic held each year at Sarasota, Fla., during the Christmas holidays.)

School has started and I have a full schedule of classes again. Sokol Slavsky in need of instructors for 1st class girls and boys, drafted me for these classes.

Bro. Bachna writes (Sept. 10) that materials for the Slet to be held in Pittsburgh June 24th are about ready for distribution. He requested and I sent him a mailing list of District Directors including the number of copies needed for distribution in each District.

Bro. Barcal with help from his wife and bro. Studnicka began the packing of the Nissen equipment while I was at the school. Upon my return

bro. Barcal and I completed the packing and the shipment of this equipment to the Nissen Co. in Cedar Rapids.

All in all, taking everything into consideration, this has been a rather hectic year.

Nazdar!

Edwin J. Halik

## Meeting of the ASO. Women's Board of Instructors

Friday, Sept. 22, 1961, at Sokol Tabor Hall

Called to order at 8:10 p.m.

Present: A. Halik, B. Kos, M. Linhart, M. Pokorny, M. Prchal, Z. Tintera.

Excused: V. McCarthy, J. Krizenecky, E. J. Schnabl, M. Udaykee, L. Zdenek.

**CORRESPONDENCE:** Large volume of correspondence containing comments about the X. Slet competitions and program, requests for material, preparations for next season, etc., was received by the Director of Women. These were promptly and fully answered.

Letter from Central AAU. announcing its 3rd Annual Banquet at the La Salle Hotel, October 21st. Sis. Z. Tintera and M. Prchal will attend.

Decision on protest of 12 members of the Northeastern District regarding eligibility of 3 SGUS. members in the X. Slet competitions together with notice from SGUS. Lodge 260, deferred.

Physical Fitness Committee was appointed.

Members of new Women's Board of Instructors' Committee will be named in October ASO. Executive Board meeting.

A female Class Membership Campaign was discussed. Special Unit and District classes for instructors of older women were suggested. Letters will be sent to all units and directors.

Letters will be sent to all Districts asking for a 1961-62 activity program.

Status of ASO. Board of Instructors budget and expenses for 1960-61 will be requested.

Next meeting will be held October 20, 1961.

Blanche Kos, Recording Secy. pro tem.

## Report of the ASO. Director of Women

FOR JULY AND AUGUST

From June 26 to July 17, sis. J. Krizenecky and I were on the Instructors' Staff for the ASO. School at Potters Lake, Wis. Sis. E. J. Schnabl, Mili Udaykee and Jane Jurew taught for three days. The women's school program as passed on in the convention and in the women's meeting of March 27th, was carried out.

Received a greater volume of correspondence during July and August than ever before after a

Slet. Enthusiastic comments, requests for material of all kinds, information, etc., and indications of elaborate preparations for a new seasonal program were the substance of most of these letters. All of these were taken care of promptly.

Prepared 8 pages of material for the Sokol Americky for July-August and 8 pages for the September issue.

Was unable to teach at the Gymnastic Clinic of the University of Michigan because of being out of town at the time.

Received invitation for Sokol Berwyn Golden Anniversary Celebration on November 4th; also an invitation from Sokol Havlicek-Tyrs for their Golden Anniversary banquet, September 30th, and will attend both.

Received a request from Sokol Omaha to conduct an acrobatic and artistic gymnastics clinic during the latter part of October.

**PROGRAM OF ASO. BOARD OF INSTRUCTORS  
WOMEN'S DIVISION  
1961-62**

**INTENSIVE WOMEN'S CLASS MEMBERSHIP  
CAMPAIGN.**

**INCORPORATE ARTISTIC GYMNASTICS IN-  
TO SOKOL PROGRAM.**

**SOKOL CENTENNIAL SLET IN PITTS-  
BURGH.**

**DISTRICT COURSES THROUGHOUT THE  
ORGANIZATION.**

Mildred Prchal

## **Educational Director's Report for September**

Wrote articles for Sokol Americky. Sent directives for the new season to the Educational Directors.

Filled specific requests of Units and individuals for educational or publicity work.

## **Eastern District**

The meeting of the Eastern District was called to order on Sept. 18, 1961, by President bro. Hrbek at 8:30 P.M. The minutes of the previous meeting were accepted as read.

Those present were: bros. Chaloupka, Hrbek, Novy, Slavik, Stransky and Zraly. Sisters: Benda, Elkins, Sazama, Stransky, Suhrada and Zraly.

### **CORRESPONDENCE:**

A report of the Okrsek meeting was received. They held their election of officers. Bro. Stovicek agreed to remain as director. Bro. Lago accepted the position of assistant director and bro. Stetka will remain as the treasurer. All other officers will be elected at the next meeting which will be held

on September 10th. Bro. Hrbek thanked sis. Vitak for her nice report.

A bill of \$70.46 was received from the New Yorksky Listy. A motion was made that the bill should be paid.

The Olympic book which was received from the A.A.U. had many pages missing and the package was marked damaged in handling. A motion was made that sis. Zraly notify bro. Jerry Hardy about the book.

Sis. Suhrada has notified all directors of units about the technical committee meeting to be held on Saturday, September 23, at Newark. Sis. Benda will hold an educational meeting after the technical meeting.

Movies of the Chicago Slet will be shown after the meeting on Saturday evening by bro. Kuss of Little Ferry.

The meeting of the delegates will be held on Sunday morning, September 24th, at 9:30 A.M.

Bro. Slavik has suggested that all unit reports should be as short as possible.

There being no further business to discuss the meeting was adjourned at 9:30 P.M.

Nazdar!

Blanche Zraly, Secretary

## **Minutes of the Annual Meeting of the Eastern District of ASO.**

Held in Newark, N. J., September 24, 1961

The meeting was called to order by President bro. Joseph Hrbek at 10 A.M. Everyone joined in the pledge of allegiance to the flag.

Then bro. Neumann led everyone in the singing of "Spějme dál."

Sis. Zraly introduced the officers of the district, after which came the roll call of delegates.

Those present were: Sokol Blesk, Baltimore, William Kolomaznik and Edward Stetka; Sokolice Baltimore, Sylvia Peifer; Sokol Belcamp, Joseph Fejfar and Martin Lago; Sokol Fuegner, Anton Chaloupka, Charles Zraly and Blanche Zraly; Sokolice Little Ferry, Augusta Svec; Sokol Little Ferry, Jerry Novy; Sokol Newark, Ludmila Elkins and Frank Bartell; Sokol Philadelphia, Josephine Tunkl and George Novak; Sokol New York, Charles Friedrich, Joseph Stransky, Sophie Sazama and Mary Stransky; Sokol Schenectady, Frank Prokop; Sokolice Schenectady, Ludmila Cejka and Mary Prokop; Sokol Washington, Mathew Neumann. Sokol Curtis Bay was not represented.

Sis. Blanche Zraly, secretary, read the annual report of the activities of the Eastern District.

The membership of the Eastern District now consists of 646 men and 550 women with a gain of 11 members as of Sept. 1, 1960, to Sept. 1961. A motion was made by bro. Geen Prostrednik that the report be accepted with thanks to sis. Zraly.

Bro. Anton Chaloupka, treasurer, presented a financial report for the year. A motion was made by bro. Lago that the report be accepted as read. Bro. Hrbek gave his thanks to bro. Chaloupka for his report.

Bro. Joseph Hrbek gave his report of the activities of the Eastern District for the past year. He expressed his thanks to all of the officers for their good work and asked for their continued co-operation.

Report of the district directress, Irene Suhrada. Bro. Lago made a motion that her report be accepted as read. Bro. Hrbek gave his thanks to sis. Suhrada for her splendid work that she had done for the past year.

Report of the district director, Walter Slavik. He gave a very good report of activities for the past year but said that it is necessary to introduce other sports into the curriculum of our Sokol system.

Bro. Friedrich made a motion that his report be accepted as read with appreciation for the work which he had accomplished during the year.

Sis. Audrey Benda, district educator, stressed the importance of education in our units.

Bro. Kolomaznik made a motion that her report be accepted with thanks.

Okrsek report. — Bro. Stovicek, director of the Okrsek, regretted that he was unable to attend the meeting. Bro. Zraly read his report which was accepted with thanks.

The new director of the Okrsek for the coming year is bro. Ed. Stetka.

#### Report of the Technical Committee Meeting Held on Saturday, September 23, 1961

The date of the Boonton Slet is scheduled for the 2nd Sunday of June. A decision was made to hold the competitions in the metropolitan area on the Saturday before the Slet.

Recommendations of the technical committee.

That we support the Sokol Federation Slet to be held in Pittsburgh on June 23rd and 24th of 1962.

Bro. Zraly suggested that the Eastern District give as much financial support as possible to units so that we may encourage them to send students to the Pittsburgh Slet.

A motion was made by bro. Novy and seconded by bro. Novak that we go along with bro. Zraly's suggestion. Bro. Chaloupka said that although the treasury has been decreased this past year he will give his support to whatever the delegates decide to do next year.

Bro. Slavik would like to hold a beginners and intermediate course at East Haddam, Conn., the last two weeks of August next year.

A motion was made by bro. Novak and seconded by bro. Lago that we hold a Sokol Course at East Haddam in 1962. Bro. Chaloupka said that the Sokol Courses cost quite a large sum. Bro. Slavik said that we will get financial assistance from the ASO., depending on the number of students attending the course.

It was also suggested that we advertise in our units, the New York Sokol Camp at East Haddam. The rates for children are very reasonable and if

a group of children from one unit attends the camp at the same time, the unit will be asked to send a counselor from their gym classes to stay with the children during the time they spend at the camp.

A questionnaire will be sent to all units of the Eastern District on whether the district should hold a Mid-Slet (Mezislet) in 1963. All units will be asked to pledge a certain amount of assistance to the Slet.

The delegates have been asked to continue to work with the United Sokols of the East.

A track and field meet has been planned for October 14th in Boonton at 10 A.M.

The American Sokol Federation will hold a Slet competition and a training period. Also plans to hold a volleyball tournament.

Sis. Votapek was thanked for acting as secretary of the technical committee.

The technical committee held their election of officers and asked bro. Frank Capek to preside as chairman of the nominations.

Those elected to the technical committee for the ensuing year:

District director, Walter Slavik; 1st assistant, Richard Kotmel; 2nd assistant, Frank Capek. District directress, Audrey Benda; 1st assistant, Irene Suhrada; 2nd assistant, Renee Benda. Director of sports, Stanley Mergl. Secretary to be elected at the next technical committee meeting.

A motion was made by bro. Kolomaznik that the officers elected be accepted. The motion was carried.

UNIT REPORTS—Sokol Blesk, Baltimore, William Kolomaznik; Sokolice Baltimore, Sylvia Peifer; Sokol Curtis Bay, no report; Sokol Belcamp, Joseph Fejfar; Sokol Fuegner, Charles Zraly; Sokolice Little Ferry, Gussie Svec; Sokol Little Ferry, Jerry Novy; Sokol Newark, Ludmila Elkins; Sokol Philadelphia, George Novak; Sokol New York, Joseph Stransky; Sokol Schenectady, Frank Prokop; Sokolice Schenectady, Ludmila Cejka; Sokol Washington, Mathew Neumann.

Bro. Fejfar of Sokol Belcamp thanked bro. Hrbek for attending their exhibition and extends an invitation to all members of the district to attend their 20th anniversary on October 28th.

Bro. Stransky made a motion that bro. Hrbek attend the anniversary of Sokol Belcamp with all expenses paid by the district.

Bro. Neumann invites all members to attend their 15th anniversary on September 29th, 1962, at Washington.

Bro. Zraly of Sokol Fuegner, L. I., also extends an invitation to all members to attend the 75th anniversary of Sokol Fuegner on November 18th, 1961.

A motion was made by bro. Stransky that all anniversaries should be represented by a delegate from the Eastern District. The motion was seconded by bro. Neumann.

At this time bro. Hrbek introduced sis. Provaznik, who is the directress of Sokols in Exile, bro. Karasek, director of Sokols in Exile, sis. Corn of Toronto and bro. Waldorf of Toronto.

Sis. Provaznik sends her best wishes from the Sokols abroad. The Sokols will celebrate their 100th anniversary and jubilee in Vienna in July of 1962.

She has asked all units to celebrate and participate in the Slet and competitions in Vienna. Many Sokols abroad are imprisoned and many of those who have been released cannot find jobs because they are Sokols.

Many Sokols from Argentina, London, Paris, Brussels, Casablanca and Australia will take part in the Slet.

Planes will leave from New York and Chicago on the 4th day of July and arrive home on the 25th day of July.

The Slovak Sokols will charter their own planes and will leave immediately after the Pittsburgh Slet. The planes will fly directly to Vienna.

There is a possibility that the American Olympic gymnasts will take part in the Slet since they have been invited to attend nearby cities during the time of the Slet.

The Slet concert will be conducted by Raphael Kubelik. Rudolph Firkusny, pianist, may also perform at the concert. A Sokol Convention of all Sokol organizations will be held.

Sightseeing busses will be chartered to many cities. There will be trips to Zurich, Paris, London and many other cities where Sokols have units. Meetings will be held at these units.

A three week tour will cost \$640 per person and all persons are requested to make their reservations as soon as possible.

Sis. Provaznik has the "Sokol Zpevník", Sokol Marches, on sale for \$1.00.

Bro. Hrbek thanked sis. Provaznik for her wonderful report.

The meeting recessed at 12:30 P.M.

#### The Meeting Resumed at 2 P.M.

Bro. Hrbek introduced the guests: Jane Cerny, Marie Beck, Marie Bohaboy, Barbara Kotlan, Olga Krauss, Olga Votapek, Mary Kroupa, Marie Zipek, Ella Bartell, Mildred Sahulka, Elsie Novak and Erma Prostrednik, Richard Kotmel, Eugene Prostrednik and Gene Podzava.

At this time bro. Hrbek asked the delegation to rise and observe a moment of silence in memory of our departed members.

Bro. Hrbek then relinquished the chair to bro. Kolomaznik to act as chairman of the nominating committee.

It was voted upon that the seat of the organization should remain in New York City.

The nominating committee had selected the candidates for office. A motion was made by bro. Bartell that the nominations should be closed. Seconded by bro. Stetka.

Those nominated and elected were:

President, bro. Joseph Hrbek; Vice-President, bro. Charles Zraly; Secretary, sis. Blanche Zraly; Assistant Secretary, sis. Ludmila Elkins; Treasurer, bro. Anton Chaloupka; Educator, bro. Jan Petlicka, who was not present, but will be asked to accept the nomination.

Bro. Kolomaznik had pledged the support of all units to the executive board for the ensuing year.

The secretary was asked to cast one ballot for the entire staff of officers.

A long discussion followed on reimbursement to units for busses to the Boonton Slet.

Bro. Chaloupka stated that the balance in the account will be much less after expenses are paid to units for students who attended the Chicago Slet.

Bro. Stransky stated that we should abstain payment of busses or else we will have to increase the dues.

A motion was made to forego payment to units for busses this year. A suggestion was made for all delegates to ask their units whether they would be willing to pay all expenses of their delegates to the annual meeting.

After a long debate bro. Friedrich made a motion to end the discussion which was seconded by bro. Stetka.

Many recommendations were made by the technical committee. Bro. Siavik stated that all recommendations of the technical committee should be put into effect when brought to the district meeting.

Bowling tournaments should be held among the units.

Bro. Kotmel stated that he could get many juniors to play basketball but they have no interest in gymnastics. A motion was made to devote some time to basketball after gym sessions.

Bro. Slavik said that we should accept any new members who would be interested in any sport because they may also become interested in gymnastics.

Sis. Suhrada advised that only competent instructors of that sport, under the supervision of the technical board, should be in charge of classes.

Bro. Slavik said that he would send an article to the Sokol Americky on the Sokol Course at Wisconsin, at which he was an instructor. He said that our system is the proper way of introducing physical fitness into the board of education. He stated that gymnasiums should be kept clean and that mats and apparatus should be repaired and in immaculate condition if we wish to preach on physical fitness.

We are in desperate need of competent instructors and that one instructor cannot run an entire program. Instructors should not be addressed as Mr. and Mrs. but as Brother and Sister. It is necessary to send every potential instructor to the Sokol Courses. More social affairs should be held among our members. Publicity is very important. In order to maintain the highest standards we should follow our Sokol principles.

A suggestion by bro. Slavik that the Future Sokol Leaders Fund should go toward Sokol Courses.

A motion was made to write to the ASO. on whether they have done anything about introducing our Sokol System to the government's Physical Fitness Program and whether we had received any recognition or reply.

Bro. Chaloupka said that it is important for units to notify the secretary on the number of delegates who will attend the annual meeting and whether they wish to make hotel reservations.

Sis. Benda has been granted permission to get the photo album completed which she had started when she became educator of our district. Photographs will be sent to their owners as soon as this

project is finished. All new photos of Sokol Courses will be added to the album.

Bro. Slavik stated that the Slet in Chicago was much larger than in 1953 or 1957 and that we have stopped the decrease of gymnasts in our units.

Bro. Hrbek stressed the importance of sending students to Sokol Courses and that we should prepare for the Boonton and Pittsburgh Slets.

Bro. Neumann of Sokol Washington donated \$30 to the traveling fund of the Eastern District. Many thanks to bro. Neumann for his generous donation.

Bro. Neumann invited the Eastern District to hold the next annual meeting in Washington on Sept. 29th and 30th held in conjunction with the 15th anniversary of Sokol Washington.

A decision was made to hold a mid-season meeting on March 18th or 25th of 1962.

On behalf of the Eastern District bro. Hrbek thanked sis. Elkins and Sokol Newark for their kind hospitality at the annual meeting.

Bro. Friedrich made a motion that the delegation should give a standing ovation to the new officers for the ensuing year.

The meeting adjourned with the singing of "Aj Lucka Lucka," accompanied on the piano by bro. Ed. Stetka.

The meeting adjourned at 4:15 P.M.

Respectfully submitted,  
Blanche Zraly, Secretary

## Minutes of the Meeting of the Northeastern District

Held Wednesday evening, Sept. 20th, at Sokol Tyrs

Bro. Tichy presided and opened the meeting at 8:05 p.m. with nineteen representatives present, five missing. Bro. Galik, nacelnik, present; sis. Hantl, nacelnice, unable to be present.

Minutes of the meeting of July 17th were read and accepted.

We received reports and checks from the following units:

Sokol Detroit—second quarter of 1961—\$16.70.

Sokol Nova Vlast—third quarter of 1961—\$17.30.

Sokol Tyrs—second quarter of 1961—\$34.90.

Sokol Rip—second quarter of 1961—\$4.00.

Also received \$2.00 each from Sokol Cleveland, Tyrs and Nova Vlast towards greetings in Sokol Havlicek-Tyrs anniversary book; no contribution received from Detroit, Toledo or Pittsburgh.

Minutes of the meeting of the Executive Board of ASO. of June 15th were read, but inasmuch as they covered the period preceding the Slet, there was no discussion.

Bro. Galik, nacelnik, reported that gym classes at most units had been started with a good enrollment. Sokol Nova Vlast held elections of gym officers and bro. Kasper was elected nacelnik. He reported that at the last meeting of the District Technical Committee there was a discussion as to whether consideration should be given to a new site for our summer exhibition due to some reported complaints by the Board of Directors of Odd Fellows Farm. There was a lengthy discussion

in which practically all members participated. After bro. Kiml, who is a member of the Odd Fellows Farm, reported that they would be very glad to have us continue holding our exhibitions there, it was unanimously agreed, on motion of sis. Barta, seconded by sis. Hoyer, that we proceed to contract for the renting of the Odd Fellows Farm for the second Sunday in June, 1962. Bro. Galik also presented a phone bill for \$2.70 which was paid.

Bro. Tichy distributed copies of a article written by our District Educational Director Jan B. Sklenar, entitled "Sokol and Politics." After a lengthy discussion, it was decided that the unit directors will meet October 17th at bro. Suster's office to discuss setting up an educational program.

Bro. Tichy reported that he still cannot submit a complete report of the T.V. raffle as all money has not been turned in.

### UNIT REPORTS OF ACTIVITIES:

Bro. Serpan for Sokol Cleveland Cech-Havlicek: First fall meeting Sept. 9th, small attendance as some members still on vacation and some were attending the wedding of bro. Donald Kosin in Cincinnati. All gym classes have started with the exception of men. Boys class will be handled by bro. Joseph Kosin. Wednesday evening, Sept. 13, we had open house for bro. and sis. Werkner, who are leaving for Florida. A fine group of Sokols from all units came to wish them good luck. A new custodian was hired in July. Trustees reported that tile for basement and first floor has been received and work will begin soon on laying it. A news letter was issued the latter part of August, starting our fall and winter season. Coming events: October 22nd, pork dinner and rummage and white elephant sale; November 26, annual Christmas bazaar; December 3rd, regular meeting starting with potluck dinner; December 31st, New Year's Eve party; January 7th, Jaternice and sauerkraut dinner; February 25th, winter verejny.

Sis. Hoyer for Nova Vlast: Good attendance at last meeting; one new member initiated. Gym classes started and have arranged for insurance. Bro. Kasper elected nacelnik, sis. Hosticka, nacelnice. A card party will be held October 22nd; Mikulasska party December 2nd; verejny February 18th.

Bro. Suster for Sokol Tyrs: Bro. Jirousek elected nacelnik, sis. Hibler nacelnice. Czech school has been started again. Theatrical Guild will present "Girl Crazy" on November 4-5. On Sept. 27 at 7:30 p.m. will present two films, "Communist Encirclement 1961" and "Operation Abolition." At the November meeting movies will be shown of the Slet. The annual picnic was rained out but the soccer game was enjoyed by all.

Bro. Tichy reminded all representatives that on Sunday, October 29th, there will be a program at Bohemian National Hall commemorating the Czech independence, with two excellent speakers.

Sis. Serpan, treasurer, reported receipts \$78.90, disbursements \$27.70; on hand in checking account \$1,182.61.

Bro. Tichy ended the meeting with our usual Nazdar!

C. Z. Serpan, Secretary

James L. Cihak

## TO THE EDUCATIONAL DIRECTORS

Before the enthusiasm generated by our great Slet in Chicagoland dies down, the following suggestions are submitted with the hope that they will enable our units and districts to far exceed anything they have ever accomplished in the past. These ideas have not been sanctioned by any official group and are the responsibility of the writer alone.

Our only reason for existence as a Sokol organization is to fulfill the ideals of our founders, these are:

1. To strengthen and improve the health of individuals,
2. to train people of strong will, capable of self-denial, people of firm and constant character who can put their plans into action,
3. to form of them more competent working units,
4. to teach them to work for society and in society,
5. to make them the basis of a healthier posterity,
6. to increase their defensive capacity,
7. to influence them by beauty, and to inculcate in them a sense for beauty.

Every conscientious Sokol member does his best to make this become a fact.

We are idealists but are realistic enough to realize that when certain methods have served their purpose but are no longer efficient, they must either be changed or replaced. The passing years have seen vast changes. The last two decades have been particularly disruptive. This applies to international unrest as well as to local population shifts, that have left many a gymnasium stranded.

Serious problems face all of us. These must be solved energetically and quickly. What applies to business applies to the Sokol units as well. Our methods of financing our operations are too antiquated to keep pace with modern times. Profits from dances, picnics, parties, etc., have almost reached the vanishing point. If we are to continue our work that is just beginning to receive general public and official recognition we must boldly adopt new methods.

The profits from gray line operations, though lucrative are beneath our dignity

and far from a source of pride. These leave a shadow and a sense of obligation that very few of us care for.

Where then can we secure the funds we need quickly and easily but in perfect keeping with our high Sokol ideals. The answer is—from the members themselves. Quite naturally the more members a unit has, the more it can accomplish.

We have fallen into a rut. We feel that the few dollars we pay every year as dues fulfill our obligation. Far from it. Donations could and should be made regularly. As this ready support increases it will release a tremendous source of talent and ability to teach, to instruct, to initiate new projects, that is bogged down now in committee work trying to make a few dollars on affairs that are doomed before they start because of rising costs and general apathy.

When I think of the high priced brains we waste on hopeless affairs it makes me burn.

And why not contribute. Either in your last will or while you are still alive. The latter is the better course for then you can help guide its usefulness. What good is it to leave a fortune to your descendants when the conditions under which they will live will make it meaningless. The greatest legacy we can leave them is a strong, healthy, courageous country where they can carve out their own destiny freely.

We live under a constant threat. Our own answer to this very real danger is a willingness to assume our share of the load. Let us stop looking to the government to take over every task and responsibility. We are the government. We want efficient government but we will get it only when we do our share.

"Security from the cradle to the grave," is the most vicious insecurity in the history of mankind.

Give to your unit, to your district, to ASO., to the "Future Sokol Leaders Fund," each in accordance with his ability.

We are entering a new century of Sokol work. Let us make it a grand entry, with a greater membership to keep "America safe for future generations as our forefathers did for us." This will not be a favor on our part, but a sacred obligation.

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Poslední den kursu a učitel už  
nevěděl co by, tak se posluchačů  
ptal na různé věci, které dosud  
byly kursistům nejasné. Posléze  
učitel povídá:

"Poslyšte, je-li někdo z vás, kdo  
těžko chápe, nechť povstane!"

Následovala pauza — veliká  
pauza. Posléze vstává posluchač  
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Učitel se soucitně usmál a po-  
vídá:

"Tak ty, Roznožko, se tedy po-  
važuješ za hloupýho?"

Ozval se Roznožka:

"Prosím, bratře učiteli, to ne,  
ale mně tě bylo moc líto, že tak  
stojíš sám!"

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## STATEMENT

Required by the act of Aug. 24, 1912, as amended by the acts of March 3, 1933, July 2, 1946, and June 11, 1960 (74 stat. 208) showing the ownership, management, and circulation of

Sokol Americky, published monthly at Chicago, Illinois, for October, 1961.

1. The names and addresses of the publisher, editor, managing editor, and business managers are: Publisher: American Sokol Organization, 2345 S. Kedzie Ave., Chicago, Ill. Editor-in-Chief: Charles M. Prchal, 2419 Scoville Ave., Berwyn, Ill. Managing editor: none. Business manager: none.

2. The owner is: (If owned by a corporation, its name and address must be stated and also immediately thereunder the names and addresses of stockholders owning or holding 1 percent or more of total amount of stock. If not owned by a corporation, the names and addresses of the individual owners must be given. If owned by a partnership or other unincorporated firm, its name and address, as well as that of each individual member, must be given.) American Sokol Organization, 2345 S. Kedzie Avenue, Chicago 23, Illinois. Charles M. Prchal, President, 2419 Scoville Avenue, Berwyn, Ill. Blanche J. Cihak, Secretary, 2207 W. 107th Street, Chicago 43, Ill. Joseph Brouk, Treasurer, 2101 Norfolk, Westchester, Illinois.

3. The known bondholders, mortgagees, and other security holders owning or holding 1 percent or more of total amount of bonds, mortgages, or other securities are: None.

4. Paragraphs 2 and 3 include, in cases where the stockholder or security holder appears upon the books of the company as trustee or in any other fiduciary relation, the name of the person or corporation for whom such trustee is acting; also the statements in the two paragraphs show the affiant's full knowledge and belief as to the circumstances and conditions under which stockholders and security holders who do not appear upon the books of the company as trustees, hold stock and securities in a capacity other than that of a bona fide owner.

5. The average number of copies of each issue of this publication sold or distributed, through the mails or otherwise, to paid subscribers during the 12 months preceding the date shown above was: 5,700. (This information is required by the act of June 11, 1960, to be included in all statements regardless of frequency of issue.)

Blanche J. Cihak, Secretary.

Sworn to and subscribed before me this 8th day of September, 1961,

Charles G. Knippen, Jr.  
(My commission expires March 8, 1965.)

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