

AMERICAN SOKOL

PUBLICATION OF THE AMERICAN SOKOL

Educational and Physical Culture Organization

No. 7-8

July-August, 1966



The greatest truths
are the simplest; so
are the greatest men.

WHO ARE WE?

Straight backed and keen eyed to each passer-by,
We're falcons that soar high in the sky.

Our plump feathers we love to preen,
For underneath is a body strong and lean.

To Nebraska, to Texas or even Saigon,
Our strong wings can carry us on and on.

Of the enemy's grasp we must be aware,
But with our sharp talons, we've not a care.

Sharp talons we have indeed,
But our grip is gentle whenever the need.

The mother bird must watch with alarm,
She must keep her young from harm.

The Oldsters say to keep trim and fit.
The Youngsters reply, "So be it."

With love in our hearts and strong intellects,
We can be anything our Motherland expects.

Who are we? What are we?
We're American Sokols! Yessiree!

PHYLLIS JIRKA

Director of Women and Educational
Director Sokolice Libuse, So. Omaha.

AMERICAN SOKOL

436

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Part of Report On the 15th Sokol of the U.S.A. Gymnastic Competitions

("Slovenský Sokol")

An expert observer was completely disappointed with these competitions. Evidently, the competitors struggled with their compulsory exercises in the low, intermediate and high divisions and the resulting scores were pitifully poor. The difficulty of these compulsory exercises (routines) was at least one grade higher than the skill and ability of the competitors in their particular division. This is one basic reason why these gymnastic competitions were so poorly attended. Of course, there is another reason. In our Sokol gymnasiums there is an alarming shortage of experienced instructors—former competitors—whose responsibility it is to develop and prepare our future competitors through a program of regular training. And it must be pointed out that somebody at the top of our gymnastic department, influenced by the American sport of competitive gymnastics, is irresponsibly forcing the level of the A.A.U. gymnastic competitions into our developmental gymnastics and demanding from our instructors and gymnasts something which the majority of them cannot achieve. This is a dangerously wrong procedure for our Sokol system of physical training, in which we are concentrating our effort to develop healthy and physically fit young people and not international competitors. For those really skilled and talented individuals in our Sokol gymnasiums, we have an outlet in the Championship division provided they are ready, prepared, and willing to work diligently for this goal. Should this unfortunate trend continue in the next few years the Sokol gymnastic competitions will be

held without participants. Our suggestion, therefore, is to return to our developmental and educational method of physical training, i.e. to concentrate all our attention on all the participants and less on the talented individuals and, at the same time on the development of better and more capable instructors for our gymnastic program in our Sokol gymnasiums. That is our aim, and not the training of a few outstanding competitors for the A.A.U. Our purpose is physical training and education and not gymnastic sport and international gymnastic competitions. This same method and trend is responsible for the deterioration of the former most advanced physical education organizations, the German and Swiss Turners in the United States.

Calendar of Events

- AUG. 21st—SOKOL TYRS, CLEVELAND, OHIO.
Annual picnic—I OOF Camp.
- SEPT. 5th—SOKOL ST. LOUIS CAMP COMMITTEE. — Picnic at the Camp.
- SEPT. 22nd—SOKOL LITTLE FERRY, N. J.
Luncheon Is Served (Ladies' Division).
- SEPT. 25th—SOKOL SLAVSKY, CICERO, ILL.
Family picnic at White Eagle Grove Center,
Lyons, Illinois.
- OCT. 8th—SOKOL STICKNEY, ILLINOIS.
Farmers Dance.
- OCT. 15th—SOKOL LITTLE FERRY, N. J.
Sokol Testimonial Dinner-Dance.
- OCTOBER—SOKOL LITTLE FERRY, N. J.
Mystery Bus Ride (Ladies' Division).
- NOV. 5th—SOKOL LITTLE FERRY, N. J.
69th Annual Duck Dinner.
- NOV. 6th—SOKOL SO. OMAHA, NEBR.
Card Party, 21st and "V" Streets.
- NOV. 12th—SOKOL BROOKFIELD, ILLINOIS.
35th Anniversary Banquet.
- NOV. 26th—SOKOL SLAVSKY, CICERO, ILL.
Annual Dinner Dance.
- DEC. 31st—SOKOL LITTLE FERRY, N. J.
Annual New Year's Eve Celebration.
- DEC. 31st—SOKOL HAVLICEK-TYRS, CHICAGO,
ILL. — New Year's Eve Dance.
- DEC. 31st—SOKOL TABOR, BERWYN, ILL.
New Year's Eve Banquet.
- JAN. 21-22, 1967—SOKOL TABOR, BERWYN,
ILL. — 100th Year Anniversary.

Only health brings the greatest happiness, creates that natural love which means preservation of generations and future progress. Sokols strive to simplify living conditions, ways and means to resist that which menaces life so that each individual should not only try to preserve his health and strength in the same condition given him by his forefathers but by bettering his own physical fitness for life, to leave a better racial precedent to his successors thereby qualifying them to meet their struggle for existence more easily.

C. M. Prchal—1924

AMERICAN SOKOL

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STANLEY BARCAL:

Western Dist. Slet and Competitions in St. Paul, Minn.

June 18th and 19th, 1966

Brother E. J. Pavoucek and the entire Western District are to be congratulated on sponsoring a very well-organized and well-conducted Slet and competitions. Our sisters and brothers of St. Paul were excellent hosts. Members from Cedar Rapids, Iowa, Nebraska and Minnesota all gathered here to take part or otherwise to make the Slet a success.

The competitions were held in the Highland Park High School. The juniors and men and women who took part were very enthusiastic and the caliber of the competi-

tions was very good. The presentation of awards was held at the Highland Park Pavilion where the famous BOOYA supper was served and a social evening followed.

The Slet was held at the Highland Park High School and consisted of 13 numbers—all very well organized and well executed. The bleachers were filled with spectators who, by their applause of all the numbers, certainly approved!

The Western District may justly be proud of this accomplishment and may future successes be yours!

St. Paul Sokol News

"Sokol Slet is over!" Our eventful dates were June 17, 18, and 19. The Western District Slet in St. Paul, Minn. The anxiety working up to the Slet was well worth it. Our weatherman cooperated, we had a good attendance and a group of enthusiastic gymnasts, and wonderful cooperation.

We were so happy to see so many important guests from Illinois, Iowa, Nebraska, Wisconsin, parts of Minnesota and other states. It was indeed a pleasure to see our national officers, sis. Anna Falta, ASO. Financial Secy., sis. Betty Prener, ASO. Secretary, ASO. President bro. Stanley Barcal and Men's Director bro. Ed. Linhart.

Telegrams of good wishes came from Past President of ASO. bro. Charles Prchal, Past Women's Director of ASO. Mildred Prchal, Sbor Sokolice Libuse and Sokol South Omaha, Nebr., Alfred C. Hasterle, Pres. Sokol Omaha, Nebr., and Alfred J. Swoboda, Educational Dir. of Western District. All of these people added so much to the success of our Slet.

Judges meetings were held on Friday evening at the C.S.P.S. Hall where Western District Men's Director Vojmir Benak of Omaha, Nebr., and Men's Dir. of Minn. Hank Jansen officiated. This meeting was also attended by bro. Ed Linhart and Western District president Ed Pavoucek with twenty other men from Minnesota, Cedar Rapids, Crete, Wilber, Omaha and So. Omaha.

The men had their separate meeting and then they joined the women's technical group under the

direction of Western District Women's Dir. Bo Drozda of Omaha, Nebr. and Women's Dir. of Minn. Georgianna Buzicky. There were 17 women at this technical meeting representing the same states as above.

Saturday morning were competitions at 9 a.m. at the Highland Sr. High School. The championship competitions were at 2 o'clock.

Trophies were given at the Victory Dance at the Highland Pavilion. Preceding the dance was a booya supper, a new venture in eating to many people. It is a French dish, served in a round soup bowl. The booya is made of chicken, pork, beef, veal and all vegetables, seasonings and served with bread.

The committee of cooks headed by Ben and Hattie Fisher did a marvelous job of cooking for all three days. A big undertaking for so many people and a job very well done.

The housing chairman Shirley Verner did another commendable job, no one was left stranded without a room to sleep, and she also took care of all the information for the guests. Other committee chairmen who added to the success of the Slet were Jo Rasmussen, program and publicity, Don Andrie, refreshments and entertainment, and last but not least chairman of the Slet Robert Vanyo, who did a marvelous job. Sis. Mary Toman of Berwyn, Ill., was our soloist with the Cretin High School band and also was accompanied by sis. Karleen Chott Shepard on the piano.

Our hosts and hostesses who added so much dignity to our affair, bro. and sis. Joe and Lill Pavlicek, Al and Bessie Smolik and sis. Albina Chott.

The Slet on Sunday was very coordinated, it was a beautiful day and the program showed a lot of effort. The mass drill was the most outstanding along with the showing of the championship performers. The colorful costumes of the St. Paul Czech dancers added to the gayety. Our new unit flag showed off so brightly and this was all due to the efforts of our sis. Marie Svanhauser.

Master of ceremonies bro. Edward Cincera of Sokol St. Paul introduced the speakers, Mayor Thomas Byrnes of St. Paul, former Commissioner of St. Paul Frank Loss, ASO. President Stanley

Barcal, and Western District President Ed Pavoucek of Nebraska. All their speeches were short, sweet and very kind.

There are many wonderful people that worked so diligently that space doesn't permit all their names. But a successful Slet is due to the work of all the people as a group and not just a few.

So here on behalf of the St. Paul Sokol Gymnastic Society we want to thank you all and especially to all those who made the effort to come from so far to see us.

Please come again, don't forget to come to our Sokol Camp at Pine City, Minn. Nazdar!

Lucille N. Pavlicek, Slet Secretary

Dedication Ceremonies of the New American Czech Educational Center — May 14, 1966

We quote verbatim from the tastefully prepared program of the dedication ceremonies of the American Czech Educational Center in St. Louis, Mo., on May 14, 1966:

"The American Czech Educational Center stands as a monument to our Czech ancestors, a tribute to present members and a legacy to future generations.

"In the year 1965 the end of an era arrived for the Czechs of St. Louis and a new one also began. The old National Hall at Dolman and Allen Aves., the long-time home of various Czech organizations, was razed to make way for a new interstate highway. But before its sturdy walls were leveled, a new structure was already taking form. The American-Czech Educational Center at 4690 Lansdowne was well on its way to completion.

"The end of the old National Hall signified, to many, an end of the Czech life in St. Louis; others, however, were more optimistic. In the early 1960's committees were formed for the purpose of locating new property, raising funds and planning a new building. Many sites were considered, but a decision was reached to purchase a two and one-half acre tract of land at Kingshighway and Lansdowne. Later, the Kingshighway frontage of this lot was sold, and money received from the transaction, combined with various contributions and the efforts of many fund raising projects, was used to commence building the new Czech Center.

"Groundbreaking ceremonies were held on September 13, 1964. Shortly thereafter, architectural plans were transformed into three-dimensional form by the Kalicak Construction Company, and the Center was partially opened for occupancy June 5, 1965. The American-Czech Educational Center consists of a spacious gymnasium, a large dining room with modern kitchen facilities, library containing many fine Czech books, a stage, locker rooms and a cocktail lounge. The many activities centered there include gym classes, Czech language courses, group singing sessions, play rehearsals, sewing circles, drill team practice, dinners, dances, gymnastic exhibitions, school programs, weddings and numerous organizational meetings.

"The Center is the home of the American Sokol Organization, The Czechoslovak Society of America and the Unity of Czech Ladies and Men.

"The beauty of this building is easily seen. What remains unseen are the uncountable hours members have spent in meetings and hard work. Each brick represents, not only personal monetary contributions, which played a major part in making this center possible, but also the noble spirit and untiring sacrifices, so necessary to transform any dream into a reality."

A long parade preceded the ceremonies on that beautiful Sunday afternoon in May. Spirits were high on the part of old and young alike. The birthplace of so many Czech organizations had proven to itself and the world that the indomitable, pioneer spirit still coursed thru its veins. A fine program preceded the cornerstone laying ceremonies.

Presentation of Flag and Flag Raising—National Hall Memorial Post 461, The American Legion, Department of Missouri.

Pledge of Allegiance—CSA. Star Steppers, Degree Staff of Missouri and Southern Illinois.

National Anthems—Hlahol-Vlasta Singing Society, Sokol St. Louis.

Introduction of Platform Guests and Officials—Miro Janosik, Master of Ceremonies.

Dedicatory Address—Charles Jecmen, President, Board of Directors, American-Czech Educational Center.

Greetings—Stanley Barcal, President, American Sokol Organization, Chicago, Illinois.

Gymnastic Number—Sokol St. Louis gymnasts. Greetings—Frank Vaclavek, Vice-Pres., Czechoslovak Society of America, Cicero, Illinois.

Choral Selection—Czech Language School, St. Louis, Missouri.

Greetings—Josephine Drnec, President, Unity of Czech Ladies and Men.

Beseda-Czechoslovak Folk Dance—Beseda Dancers, St. Louis, Missouri.

Cornerstone Laying Ceremony—Led by Mayor A. J. Cebvantes.

Presentation of Keys—John Kalicak.

Cutting of Ribbons—Mayor A. J. Cebvantes, William Shana, Emil Holecheck, Marie Matejka.

Host and Hostess—Mr. & Mrs. William Trantina.

Close to a thousand people filed into the building to partake of a delicious buffet lunch, wander thru the building, study the historical displays and remained to dance, visit and enjoy this great event.

Mr. A. J. Cebvantes, Mayor of St. Louis, stated in his address, "The Czechs have always been industrious, thrifty and conscious of their duties as citizens. St. Louis is proud of you and what you

have accomplished. Your record is an enviable one." The short but very valued addresses of bro. Stanley Barcal, Pres. of ASO., bro. Charles Jecmen, Pres. of the Board of Directors of the Center, bro. Václavek, Vice-Pres. of CSA., sis. Josephine Drnec, Pres. of the Unity of Czech Ladies and Men, and Congresswoman Mrs. Walsh were attentively appreciated.

We too are very proud of St. Louis and admire their spirit and dedication after over a century of hard but fruitful work. Nazdar! James L. Cihak

Venezuela Advisory Role is Assigned To Captain

LITTLE FERRY, N. J.—Captain Richard J. Novotny, who returned home recently, left for assignment in the United States Embassy in Caracas, Venezuela, where he is advising and training the Venezuelan armed forces.

Captain Novotny, son of bro. Jerry and sis. Beatrice Novotny, 11 Grove Street, graduated with honors from a six-month course in Spanish at the Defense Language Institute at Monterey, California. Prior to that he served for a year in Vietnam.

He attended local elementary schools, was graduated from Lodi High School in 1955 and from Syracuse University in 1959. He was a member of the university gymnastic team and took part in college competitions.

He joined the Little Ferry Sokol gym classes

when he was 5 years old; he attended various instructors courses and taught small boys and junior classes. Among his trophies are those won at St. Louis and Chicago Slets. Both his parents attended gym classes, instructors courses and served as instructors at various times. They are both presently serving on the Board of Directors of our Sokol Little Ferry. His sister Beatrice served as women's physical director at one time and his younger sister Edith is presently teaching junior girls and has made a name for herself, too, at various competitions.

Captain Novotny and his wife Carolyn Sue, their four year old daughter Lori Scott and two year old son Mitchell Wade, left from New York City for Caracas where they expect to stay three years.

Executive Board of the ASO.

Meeting Held June 28, 1966

Warm greetings extended to sis. Marie Prevratil of Dallas, Texas.

Reports of Districts: Central District, meeting held April 27; Pacific District, meeting held June 8; Eastern District, meeting held May 16; Western District, meeting held June 13; Southern District, meeting held June 13.

Correspondence: Letter from Pacific District regarding incorporation. Letter from Joseph A. Zahradka, attorney-at-law, pertaining to preparation of by-laws for newly formed organization.

Letter from Southern District requesting the services of an organizer for strengthening several units.

Bro. E. Linhart requests the use of slug (Sokol Emblem) on occasion of 100th anniversary of Sokol Tabor. Request granted.

Sokol Fresno—sis. Helen Hulbert, secy., wrote clarifying our inquiry regarding their gymnastic instructor.

Invitation to convention banquet of Unity of Czech Ladies and Men, Tuesday, August 23, 1966. Accepted.

Czechoslovak Society of America extends invitation of representation to the ASO. at their convention proceedings Aug. 1-5, 1966; also invitation to both banquets July 31 and August 3. Approved that bro. Stanley Barcal extend greetings to the CSA. convention, and that we accept invitation to banquet to be held Aug. 3, 1966.

Letter from ECC—European Culture.

SGUS. sent Sokol USA Slet stamps and Slet banquet reservation form.

Association of Czechoslovak Sportsmen in the Western World sent invitation to attend their 5th Gymnastic Festival to be held Sept. 3-4 at Morton West. The invitation will be referred to the Central District. Bro. Stanley Barcal will greet their convention.

REPORTS:

BOI.: Bro. E. Linhart read report and minutes of meeting. Bills presented were approved.

Western District Slet at St. Paul, Minn., June 17, 18, and 19, 1966: Went to Sokol St. Paul for meeting with men and women. Served as head judge at competitions Saturday morning. In the afternoon organized Championship Div. competitions for 5 girls as per their request, with FIG rules. Need instruction in same. Slet on Sunday—very well organized. Program consisted of Slovak Beseda, children's calisthenics, tots exercises, special number junior girls, Sokol Omaha; men and women's calisthenics, trampoline demonstration by guests, junior boys and girls calisthenics, and concluded with a finale of all participants. Program was under the supervision of Dist. Directors sis. Bo Drozda and bro. Vojmir Benak—with the assistance of the St. Paul directors Henry Jensen and Georgiana Buzicky.

Traveling Instructors Committee: Bro. Basta will give a report.

A plan is being considered whereby we would conduct a 2 week course in each district. Teachers

would be hired for a full summer session and they would travel from district to district. Each district would be allotted a 2 week period in which they would have their own course in their own camp.

Mid-Slet Preparations 1967: Piano copy of 1959 Slet music seniors drill to be used for men and junior boys.

1. Three very poor reproduced copies on hand.
2. Bro. Kubina will rewrite original for photocopy.
3. Bro. Cejka offers to have originals photographed. Text to have 5 pages and print up to 50 copies. Printing labor will be done free, donated by B. Cejka.
4. Due Miss Evelyn Novy \$20.00 for piano playing in order to tape Mid-Slet music for junior boys and men.

Filled out insurance report covering Walter Hosek's claim of \$200.00 on lost sketches and drawings of Sokol medals.

Bro. Fina will conduct clinics in FIG rules and judging in the Western, Southern and Central Districts.

Bro. Linhart reported on correspondence received from Sokol USA requesting judges for their N. Y. Slet; from District L. Stur announcing gymnastic clinic to be held at Potter Lake, Wis., and from ASO. units regarding attendance and activities.

Bro. Basta reported for the Scholarship Committee. The following students will be awarded educational assistance: Eastern District—Vera Soukup; Northeastern District—Jane Mastny; Central District—Sue Basta; Western District—Rich Beran; Southern District—Martha Busch; Pacific District—No applicants.

Bro. Basta reported on the Central District Slet and bros. Barcal and Linhart reported on the Western District Slet. Bro. Basta will prepare a list of moves or combinations for each division similar to A, B, and C moves in the FIG rules.

An executive meeting with Sokol USA will be held Saturday, July 2, to discuss mutual technical co-operation and problems.

Sis. Prchal will send out all available material regarding instructors schools. It was recommended that a staff of available and qualified instructors be set up to conduct uniform instructors schools in each district.

The Southern District requests instructors for their instructors course this August. The Southern District also requests that a National School be held in 1967 after the Mid-Slet.

Re: Dallas Mid-Slet. Bro. Linhart reported on the meeting held with bro. Milan of the Southern District.

An Old Guard special number will be considered if a minimum of 50 participants take part. The Old Guard should be 45 years or older.

The Southern District will dance the Beseda at the Slet. Bro. Linhart will inquire which Beseda they will perform. Other districts and folk groups should be invited to participate if floor space permits.

The 1959 Los Angeles Mid-Slet senior calisthenics will be used for men and junior boys. Some of the

men's parts are being rewritten and new junior boys parts are being written.

The members felt that we should retain the Sokol medal die used on the 1965 Slet trophies with the suggestion that Sokol Slet be changed to American Sokol.

Championship Division men and junior boys will use the high division compulsory moves. Once a gymnast declares himself to be in the championship division he forfeits all rights to a high division award. His scores will count for his team total only. The Southern District will be asked to clarify their request to omit the calisthenics requirements for championship division.

Second class calisthenics will be used for all children at the Mid-Slet.

Gymnasts numbers will be in the shape of the State of Texas.

The ASO.-BOI. will have all Slet technical material in the mail in September.

The following competition rule changes will be used at the Dallas Mid-Slet:

- A. Longhorse height—men per 1965 convention: Champ., High and Inter.—52"; Low—48".
Junior boys: Champ.—52"; High and Inter.—48"; Low—44".
- B. In the event that two or more teams are entered at final day of entree registration and that all are scratched except one at day of meet, the surviving one will be able to receive a team trophy providing the team scores 85% of the total score. A similar ruling can apply when a minimum number of individuals are not available.
- C. Team numbers for junior boys and men per 1965 convention: High and Inter.—3-4; Low—5-6.

It was suggested that we consider 4-5 member teams for low division at the next convention.

Re: Traveling Instructor: If no instructor is obtained the funds will be distributed to the districts for technical use.

The BOI. recommends that the fiscal year for these funds be January.

BOI. Sis. L. Zdenek read report for June. Reports were given on the progress of Slet material for 1967. All is progressing nicely and will be ready for distribution in September.

Met with sis. Prchal regarding Slet preparations to be made by the BOI. and by me, other than calisthenics and competition exercises on this same date.

Met with bro. Linhart and several members of the Men's BOI., along with bro. Milan of the Southern District on June 4th, where a great deal was accomplished in that bro. Milan was able to inform us fully about preparations being made there. We were gratified to find that the Southern District is being very thorough in their preparations and that they are making them well in advance of need.

Met with members of the Scholarship Committee where we completed scholarship grants for this year.

Met with members of the Traveling Instructor Committee when a tentative directive plan was set up for the use by districts of their special assessment allocations.

Secured two estimates for printing costs of attendance cards and Annual Attendance Report Forms.

Participated on June 12th at the Central District Slet.

Approval granted for printing of cards at lower bid received.

Editor: Bro. C. Prchal. American Sokol June issue is out. Ben Franklin Store in Schuyler, Nebr. requests advertising rates in American Sokol.

Educational Committee: Bro. J. Cihak read report.

Work is progressing in preparing material for the fall educational seminar. Slides have been made of the Sokol St. Louis dedication and of the Central District Slet. There will be no vacation period for the committee. Individuals have been assigned certain projects and are working on them.

As the Educational Director, articles have been written for the American Sokol, articles and material furnished to district educators and Sokol organizations. We again stress the value of the 35 mm colored slides for the units, districts and ASO., and ask that copies be sent to us.

Stamp Committee: Bro. J. Cihak read final report of the Stamp Committee. The committee turned over \$1,608.74. The report will be audited. Additional members for auditing will be appointed by the President.

Financial Secretary: Sis. A. Falta read reports of receipts and disbursements for the month of May. Sis. Falta reported on Sokol Emblem (patch). Will contact sis. A. Trajhan.

Bro. J. Cihak reports he was authorized to sell the brochures and individual envelopes at the Central District Slet. Sold 24 sets at 80c per set and turned the money over to sis. Sotka.

Treasurer: Bro. F. Vodrazka advised his report coincides with sis. Falta. Recommends investing \$2,000 in Lincoln Federal Savings & Loan—certificate of deposit. Approved. Asks authorization to convert the savings account at Central Federal into a certificate of deposit. Granted.

Secretary: Sis. Agnes Sotka read report of activity in office for June. Matters are taken care of currently. Sis. Ellen Jean Schnabl away on vacation—sent report. Correspondence and film requests being handled as received. Sis. B. Prener called final meeting, at request of bro. C. Prchal, of Slet Committee officers and Financial Committee. Attended the very fine Western District Slet and competitions at St. Paul. The preparation and work done here was excellent. Splendid cooperation brought excellent results. Congratulations on a job well done!

Sis. Prener read minutes of the meeting of Slet Officers and Financial Committee of the American Centennial Committee.

Bro. Charles Prchal presided. The meeting was called for the purpose of settling the matter of commission on pre-sale of Slet tickets, remuneration of secretarial services pertinent to our Slet,

and sending the Central District their pro rata share of the Slet net income.

Letter was received from Sokolice Havlicek-Tyrs stating their stand in the matter of commissions on pre-sale of Slet tickets. After very thorough discussion decision reached was that no commissions be paid. One vote against.

In the matter of secretarial services performed, on discussion the remuneration was set as follows: bro. B. Vanek \$200.00, sis. B. Cihak \$100.00.

A check in the amount of \$1,460.92 was made out to the Central District ASO.—this being the 15% pro rata share of net income derived from the Slet.

President: Bro. S. Barcal attended Central District Slet and festivities. The program was very good, the participants performed well. Bro. Zitny, bro. Drnec, and the Central District can be proud of the results. Attended meeting with bro. E. Linhart and bro. J. Milan from Texas. Many questions were answered pertaining to technical portion of 1967 Slet. Attended Western District Slet in St. Paul. Bro. Pavoucek and Western District teachers are to be congratulated on a very well organized and well executed Slet. St. Paul brothers and sisters were excellent hosts. The enthusiasm of the participants was heart warming. Attended ASO.-BOI meeting; also meeting of Stamp Committee.

Auditing Committee will meet to audit Stamp Committee report. Members appointed to help: bros. G. Basta, F. Vodrazka, J. Cihak, S. Barcal, sisters B. Prener, B. Cihak, A. Falta, H. Prener.

Bro. C. Prchal reports material for our ad to appear in Denni Hlasatel jubilee issue has been prepared and delivered by him to Denni Hlasatel. Proof will be sent us.

Bro. E. Linhart requests permission to display Stamp Album at Sokol Tabor Centennial festivities. Granted.

No meetings will be held in July and August. Officers to call special meeting if necessary.

Financial Report ASO. June 1966

INCOME:

Dues	\$1,572.25
Special Assessment	21.50
Dividends and interest	320.63
Subscriptions to "American Sokol"	3.00
Sokol hats and monograms	13.50
Resale of office supplies and ledger sheets	18.92
Stamp income	1,608.74
Sale of Sokol stamps and first day covers	458.75
Sale of educational pamphlets and postage	90.15
Additional Slet income—Centennial decals	1.25

Total Income

\$4,108.69

DISBURSEMENTS:

Administrative Department	
Salaries	\$ 176.44
Rental, janitor service, phone, electric	154.48
Traveling expense	68.76
Petty cash	31.55

\$ 431.23

Educational Department BOI.

Salaries	\$ 187.95
Editor "Sokol Gymnast"	25.00
Printing "Sokol Gymnast"—May and June	55.44
Traveling expense	183.54
Miscellaneous expense	35.95

487.88

Sokol Publication

Printing—May and June issues...	\$1,199.87
Postage—May	29.07
Editor	75.00

1,303.94

Promotional

Slet film refunds	90.00
Total Disbursements	\$2,313.05

BALANCE:

Totals brought forward:	
Western National Bank of Cicero checking account	\$4,889.12
Income—June 1966	4,108.69
	\$8,997.81
Disbursements—June 1966	2,313.05
	\$6,684.76

Financial Report ASO.

July 1966

INCOME:

Dues	\$ 944.25
Convention Fund	10.00
Dividends and interest	76.25
Advertising in "American Sokol"	360.00
Jewelry	8.00
Sale of Sokol stamps	200.00
Sale of educational pamphlets	30.15
Sale of Sokol monograms and stickers	2.80
Postage for educational pamphlets30
Film rentals	100.00
Total Income	\$1,731.75

DISBURSEMENTS:

Administrative Department	
Salaries	\$215.60
Dist. Dir. of Int. Rev.—F.I.C.A. and F.W.T.—2nd qtr. 1966	154.16
Rental, janitor service, phone	134.32
Office supplies	8.80
Repairs to office machinery	29.60
Petty cash	20.86
	\$ 563.34

Educational Department BOI.

Salaries	\$187.95
Dist. Dir. of Int. Rev.—F.I.C.A. and F.W.T.—2nd qtr. 1966	143.80
Editor "Sokol Gymnast"	25.00

356.75

Sokol Publication

Postage—June 1966	\$ 29.07
Editor	75.00

104.07

Promotional

Slet film refunds	40.00
Miscellaneous	
Purchase of CSA. banquet tickets..	82.50

Total Disbursements

BALANCE:

Totals brought forward:	
Western National Bank of Cicero checking account	\$6,684.76
Income—July 1966	1,731.75
	\$8,416.51
Disbursements—July 1966	1,146.66
	\$7,269.85

FROM OUR DISTRICTS

EASTERN DISTRICT

Meeting Held May 16, 1966

Correspondence: Minutes from the Executive Board of the ASO. Sokol News Bulletin from the Public Relations Committee of ASO. We have been invited to attend and participate in the SGUS. Slet.

Director of Men—Bro. Capek: Asks all units to send in their reports monthly. Some units have not sent in any reports for this year. The children's competitions which were held in Little Ferry were very well attended. Approximately 75 parents were in attendance. Bro. Capek asks as many as possible to participate in the SGUS. Slet.

Director of Women—Sis. Zabka: Reported on unit activities. A Sokol course will be held in East Haddam, Conn. from Aug. 14 to 28. The instructors will be sis. Provaznik, sis. Zabka and bros. Stetka and Slavik. A secretary will be needed. The board is \$30.00 a week.

The names of two students who are qualified to receive scholarships were sent to the ASO.

Bro. Capek has suggested that since there is a shortage of men and junior boys, that a combined drill be composed for the Slet at Dallas.

Educational Director—Sis. Misek: Attended all exhibitions. Only units who have sent in reports are Sokol Fuegner and Sokol Philadelphia.

UNIT REPORTS:

Little Ferry: Blanche Kubat commented on the women's division who are very busy with all kinds of activities.

Sokol Fuegner: Sis. Rose Belson won the drawing for the Czech doll donated by bro. Kalabza. \$75.00 had been raised toward sending children to Sokol Camp. The exhibition of Sokol Fuegner was very successful and well attended.

Sokol Newark suggests more bowling tournaments among the units.

The meeting held in Philadelphia was well represented. It had been suggested that more meetings be held at other units during the year.

Bro. Capek will answer the D.A. Sokol's invitation to participate in their Slet.

Bro. William Zabransky had informed us of his visit to Washington, D. C.

* * *

NORTHEASTERN DISTRICT

Meeting Held May 25, 1966

Twenty delegates present, including delegates from Detroit, bros. Eisenstein and Mily.

The units are planning to send delegates to the Cesky Den Committee—Sokol Tyrs concert band again will perform for the annual event. A letter from bro. Barcal was discussed and each unit was urged to participate in the contest sponsored by the ASO. to establish a uniform Sokol emblem. ASO. is in need of a traveling instructor, anyone interested apply to ASO., Chicago.

Sister Welcl-Ruzicka will be in Cleveland June 22-26. All members of the Executive Committee are urged to attend. Bro. Pekar reported that the N.E. District was well represented in the ceremonies for Cardinal Beran.

District Board of Instructors: Bro. Kotlan announced little boys' competitions, little girls competitions and preparations for the annual Summer Exhibition. Approx. 100 gymnasts will participate in the Slovak USA Slet in New York. 2 buses of gymnasts will be sent to the Detroit exhibition.

REPORTS FROM UNITS:

Sokol Cleveland, Cech-Havlicek: 3 members received 25 yr. pins, 7 members received 40 yr. pins, 4 received 50 yr. pins.

Sokol Tyrs: Had several successful events during the month. Jr. Hobby Club realized a profit on the Car Wash. Roaring Twenties adult entertainment was a great success.

Sokol Nova Vlast: Plans are being made to hold a Czech Beer Festival in the fall.

Sokol Detroit: Bro. Eisenstein reported on the ground-breaking ceremonies of their new building. Unit netted a \$1,000 on their latest rummage sale. Annual festival will be held in August—first prize on drawing will be a Mustang. Nazdar!

Gladys Jirousek, Publicity Chairman

Meeting Held July 22, 1966

Bro. Emil Pekar presided, in the absence of our President, bro. A. J. Suster, who was in the hospital. We were honored to have two guests from Chicago attending this meeting, sis. Emily Welcl-Ruzicka and her husband, bro. Ruzicka. 23 of our regular delegates were present. Excerpts from the May meeting of the ASO. Executive Board were read.

REPORTS FROM UNITS:

Sokol Cleveland-Cech-Havlicek: Bro. Gruber reported a picnic is scheduled for July and an excursion to Cedar Point in August.

Sokol Nova Vlast: Bro. Kasper reported 4 new members were initiated. Planning an outing to Chipewa Lake and a Czech Beer Festival. Junior and senior classes preparing for Slovak Slet in New York.

Sokol Tyrs: Bro. Bob Jirousek stated classes are preparing for the District Slet and Slovak Slet in

New York, as well as the Detroit Slet. The unit will have a picnic at Odd Fellows Farm on August 21st.

Sokol Detroit: Bro. Eisenstein submitted a report for the unit. Construction on the unit's Cultural Center is progressing. They were granted permission to display their Mustang and Honda at the District Slet.

Received no reports from Sokol Moravan-Toledo or Sokol Rip.

District Board of Instructors: Sis. Hantl reported their last meeting was very well attended. Two buses went to New York from the N.E. District on Thursday, June 30, with 85 gymnasts and guests. Another bus left on July 1st with gymnasts and guests.

Bro. Pekar asked our guest, sis. Welcl-Ruzicka, to take the floor. Sis. Ruzicka extended bro. Barcal's greetings to the delegates. She stressed the attitude of ASO. that Sokol must keep up with the times if it is to survive another 100 years. In publicizing physical fitness, it was suggested that Sokols combine their activities and exhibitions with national holidays, such as Flag Day. Sis. Ruzicka warned that unless Sokols look and plan for the future, we will vanish from the scene. It was suggested to have training sessions for officers annually. Unit organizational directors work closely with educational and publicity directors to publicize Sokol. Finally, sis. Ruzicka asked each unit to send as many people as possible to Dallas in 1967. Districts should plan on excursions to Dallas for visitors as well as gymnasts. Nazdar!

Gladys Jirousek, Publicity Chairman

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WESTERN DISTRICT

Meeting Held June 13, 1966

Sis. Ann Novak was welcomed as the new Assistant Director of Women from South Omaha.

Correspondence: Letter was received from sis. June Kucera in regard to gymnasts participating in the Wilber Czech Festival.

Board of Instructors: Sokol South Omaha appointed an additional member to the BOI, sis. Ann Novak. Sis. Drozda reported that she has received additional information on the Slovak Slet.

Sis. Drozda reported on the special meeting held May 14: Judges meeting, competition registration, rehearsal, Cretin High School Band, and program.

Entrants for girls competition, totaling 79 contestants.

Bro. Lastovica received a letter from bro. Hank Jansen of St. Paul pertaining to registration for men, totaling 58.

Bro. Jansen would improvise column flags needed for the Slet.

Bro. Rohde had prepared the numerals for the judges and contestants for the competition. Certificates were also prepared to conform to the current Western District letterhead.

Bro. Rohde received a standing ovation for his efforts in designing the new certificates.

Director of Education: Bro. Swoboda finished and sent to each unit an outline on what a gymnast should expect at a Slet.

Sis. Drozda has called our attention to the fact that the minutes of the District meetings are not read by the unit secretaries. These minutes should be read at each unit meeting in order that the directors of men and women receive this information.

The Western District is for the birds! To be exact, two falcons. Bro. Heinz Rohde wrote to the Air Academy in Colorado in regard to obtaining a falcon for the purpose of representing our Sokol symbol. We are to receive two birds. The birds are trained to retrieve the American flag. It was hoped that the birds could be used for the St. Paul Slet; but to our dismay, they cannot be shipped at the present because of their molting season. The falcons will be kept at the Riverview Park zoo in Omaha by James Malkowski and we can get them upon request.

* * *

SOUTHERN DISTRICT

Meeting Held June 13, 1966

Guest: bro. Hrabina, President of Sokol Zizka, Dallas.

Minutes of the Executive Board of the ASO. of April 26 and May 24 read.

Correspondence: Letter from Sokol Galveston informing the District of the intention of dissolving their unit. The letter states even though the unit has 15 members, only six live within the city, thus not having a quorum for meetings.

Received two brochures from the ASO. Educational Committee.

REPORTS OF THE UNITS:

Fort Worth: Membership has voted to incorporate. Gym classes well attended.

Ennis: Gained one member. Donated \$25.00 to Sokol Houston building fund.

Dallas: Average of 40 gymnasts attending day classes. Will forego June meeting due to dinner and program for members of Sokol and SPJST. Lodge 130 to celebrate the retirement of mortgage against their property.

Technical Staff—Director of Women, sis. Laznovsky: Have had inquiries for information about the children's competition. Had an occasion to visit Houston Sokol recently on their gym night. Class was well attended, however, somewhat crowded. They plan to publish a Newsletter.

Director of Men, bro. Milan: Had recently been in Chicago and he gave a detailed report on meeting he had with ASO. members bros. Linhart, Ptacek, Barcal, Basta, and sisters Zdenek and Schnabl. General discussion the 1967 Slet. A representative of the Nissen Company, Mr. Zuber, informs that the company will provide the Sokol Organization with two complete sets of apparatus to be used during the Slet.

Course: Tuition fee per student will be \$50.00 for two weeks.

Bro. Hrabina, who had an opportunity to be in the Chicago area recently, met with bros. Barcal and Vodrazka, subject of discussion was the Slet. He briefed the Executive Board on this meeting.

Vice-President bro. Prevratil informs us that the district flag and typewriter are now in storage at

his home. The district seal was turned over to the secretary.

Bro. President thanked bro. Hrabina for taking time from his busy schedule to make personal contact in Chicago on behalf of the Slet Committee.

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PACIFIC DISTRICT

Quarterly Meeting Held June 8, 1966

Correspondence: ASO. minutes of meetings held March 22 and April 26, 1966. ASO. answer to our inquiry of the amount to be allocated to the district for a traveling instructor: A decision will be made at their next meeting. Two brochures from ASO. Secretary is to order 50 of each for Sokol L. A. Bro. Cadek will mail the check. A very attractive announcement from Southern District in Dallas, for the Mid-Slet in 1967. A confirmation for our reservation in Aspen Hollow by Hume Lake, for the Labor Day weekend. Also a set of instructions, which will be turned over to bro. Hintnaus.

Bro. Cadek suggests secretary write to the Slet committee in Dallas, asking them if they would be interested in having the performance of the operetta "Okolo Rybnika" during the Slet days. The Los Angeles dramatic group would be willing to make the trip.

Reports: Sis. Palas, District Phys. Director of Women, reported on her trip to Seattle, to National competitions.

Bro. Pokorny, Phys. Director of Men, reported on conversation with the San Francisco and Fresno Sokols, in Yosemite. There is a great need for regular Sokol instruction in both units. Thru correspondence with bro. Tannich of Scio, bro. Pokorny learned that in Scio the gym classes are almost extinct. A debate followed on lack of instructors and organizers in these units. If they are interested in participating next year at the Mid-Slet in Dallas, they should start now, give the district an assurance of organized classes, and district will make every effort to send an instructor to give technical help.

It was decided to hold another Bake Sale on opening of gym classes in September. Exhibition of Sokol L. A. at the City College was a success.

Cleveland and Detroit Visited by Org. Dept. Chairman

A five-day visit in Cleveland was spent in talks, calls and meetings. It was the last week in June and the annual gym exhibition of the District was scheduled for Sunday. It was in the 90's every day. Classes in Sokol Tyrns were active, as were in some measure Nova Vlast and Cleveland-Cech Havlicek. There was activity among the Slovaks with a trip in view to New York for the 4th of July weekend. Our NE units sent several buses. The DT Jednota gym program scheduled for July in their camp was also being prepared. With my husband Frank we saw the old Cech-Havlicek building which was sold to the Boys Club and full of boys. Sokol Cleveland-Cech Havlicek building which we were accustomed to seeing in an outlying

SOKOL GYMNAST

July-August 1966

EDITOR—MILDRED PRCHAL

2419 Scoville Avenue, Berwyn, Illinois 60402

EDWARD LINHART:

On To the Next 100 Years and a New Gymnastic Season

At the beginning of our Sokol season, the most important duties of our BOI is the building up of gym classes through a directed membership drive and a well planned program. A program that helps to create in the minds of the general public in our community that the Sokol is a worthwhile organization to belong to and that it deserves the interest and support of the entire community. One of the many ways to achieve this is by personal contact and personal correspondence. Then comes publicity in the local paper, written and oral, in the local clubs and organizations; radio broadcasts; use of television; open house; demonstration of Sokol work during programs of the PTA, park districts, lodges, etc.

Secondly, the success of any educational work is dependent on proper planning of events. In view of the wide range and variety of activities of the Sokol educational program, no reasonable success can be attained through hap-hazard methods without careful planning. The first step in such planning and scheduling is to list all activities that we want to include in our program and allot the optimum time necessary for each of these activities. This is done in accordance with the seasonal periods and set goals of achievement for each particular class and other activity programs of the unit, district, and ASO. The first seasonal period is the beginning of the gym activities during the months of September, October, November, and

December. At this time, the main emphasis should be placed upon the development of the apparatus and other gymnastic skills. During this period, the calisthenics and apparatus exercises will be available for the 1967 Mid-Slet in Dallas, and you will be able to apply them to your schedule. During this period marching, calisthenics, and apparatus will remain the core of our activities in the regular Sokol lessons. The sport and athletic competitions should be used as supplementary activities and should be continued after core activities.

The successful leadership and conclusion of any educational endeavor demands careful attention to planning, organizing of the subject matter. Likewise the selection of the materials for the subject matter has to be directed from the standpoint of needs and interest of those involved in the gymnastic lesson.

For this reason gymnastic lesson planning cannot be done by a mass production method and made available for every gym throughout our organization. On the contrary, it has to be planned and worked out individually according to the age of pupils, sex, ability, experience, availability and suitability of gym equipment and apparatus, time allotment, and set goals of attainment for various teams.

In conclusion, let our present goal be a successful Mid-Slet in Dallas. Nazdar!

Safe Attire In Sokol Classes

Surveying my second class girls this past season, I found too many examples of unsafe and unsuitable clothing and this condition exists in too many of our children's classes.

It is only natural that mothers dress their children to compensate for weather; however, it is the responsibility of the instructor to make parents aware of health hazards of over-dressing.

During the winter months girls were attending class wearing too many clothes, such as: two sweaters, slacks with tights underneath, loose sweaters and full-sleeved blouses. In wet weather, I have found girls arriving in soaked sneakers, which they did not change, or if they removed them, working in wet sox.

From the standpoint of unsafe attire, I found slacks catching on apparatus, sometimes causing falls; unbound, extremely long hair; jewelry, which

is forbidden when wearing official uniform, is constantly worn to class. These are all hazards to the safety in the gym of your students. Heated gymnasiums and overdressing contribute to colds and flu, loose clothing hazardous from the standpoint of apparatus and guarding.

Suitable attire for all seasons are: leotards, or short-sleeved blouses, tee shirts with shorts and appropriate shoes.

Inform the parents of your class members as to what is considered appropriate apparel, why we request their children to be so dressed and stress no jewelry, proper shoes worn only during class, especially in inclement weather.

Every mother is interested in the safety and good health of her child. Set the standards for your classes, and enlist the parents' cooperation in keeping them.

Lorraine Zdenek

MARIE PROVAZNIKOVA:

Brotherhood

Have you noticed, children, how we address each other as Sokol members? No? Surely we don't say "Mr. Capek"* and "Mrs. Zabka"* but we say to each other "Brother Capek"* and "Sister Zabka"* (* Substitute own director and directress.) At the meetings we don't say "Ladies and gentlemen," but we say "Brothers and sisters."

This is because in Sokol everyone is considered a brother and sister, that's how we speak to each other and like each other—as brother and sister in the same family. And so we also act that way to each other. The stronger help the weaker, those who know how to gym better, teach those who know less. And this is not only in your own unit, but applies to all Sokols in the entire land and in the whole world. When a Sokol comes from Little Ferry to New York or to Washington or to Los Angeles and stops at a Sokol Hall there, he'll find brothers and sisters everywhere. Isn't that wonder-

ful? And, likewise, we'll find Sokols in Paris, in London, in Vienna, in Buenos Aires, in Sydney—a city in Australia—and in many other European and Canadian cities. They all are our brothers and sisters. Immediately, we are at home among them.

You aren't members of Sokol yet, but surely you will want to be one day. That's why you should like each other as brother and sister.

If someone from your team becomes ill, you should visit him or at least send him a card so that he will know that you are thinking of him and that you miss him. And you should also help each other as brothers and sisters in a family. What would you do if someone's father were sick, couldn't work. Because of that one of your brothers didn't get any presents from Santa Claus? If you were really his brother surely you would give him something from your presents, right?! Then you would really be little Sokols, little brothers and sisters.

JAMES L. CIHAK:

Sokol for Children

You may wonder how our gymnasium got the name Sokol and what the name means. Sokol means Falcon in English. The falcon is a bird, a member of the hawk family. It is famous for its courage and daring. Over a hundred years ago men formed the first groups to train themselves, their womenfolk and children to become healthy and strong. They felt the need to do so to protect their families and country. They sought for a name to let the world know their purpose. They admired

the Sokol (Falcon) bird for its independence, daring and courage, so they took this name Sokol for their own.

There are Sokol units thruout the world. In the United States of America there are many Sokol organizations. We here in (name of city and state) _____ are a part of the American Sokol Organization. There are over 75 units like ours in different cities. The name of our unit is Sokol _____

EDWARD LINHART:

SOKOL U.S.A. SLET

On July 1, 2, and 3, the Slovak Gymnastic Union Sokol, now known as Sokol U.S.A., conducted their 15th Slet on the premises of the Hotel Commodore and in the spacious gymnasium of Queen's College in Flushing, New York. Participating were American Sokol gymnasts from the Western Dist., led by Vojmir Benak; Central Dist., Chicago, led by Director Roy Zitny; Northeastern Dist., Cleveland, led by Director George Kotlan, and Eastern Dist., New York, led by Director Frank Capek.

The program of the 15th Sokol USA Slet competitions was prepared by the technical staff of the Sokol USA Board. All compulsory exercises for the Men and Junior Boys Divisions as well as individual events were compiled by Chief Physical Director Albert Walko. All compulsory exercises for Junior Girls and Women's Divisions and events were compiled by the Assistant Chief Physical Director bro. Steve Banjak, in cooperation with sis. Christine Kerekes, Assistant Chief Physical Directress, and Iлона Klimchak of Monessen, Pa. Bros. Joseph Skapik and Karol Bednar also composed the calisthenics for the various classes.

Site of the gymnastic competitions was the Grand Ballroom of the Hotel Commodore which proved more than adequate for all participants. This was

not only convenient, but also very comfortable for all since the ballroom was air conditioned. Due to the unprecedented heat wave, this was a welcome relief since most of the hotel rooms used by the gymnasts were not air conditioned. Bro. Walko and his staff are to be congratulated for all the technical preparations, the direction of gymnastic competitions, special events, and the Slet program in Queen's College.

At 8 p.m. on Thursday, we attended the judges meeting at which bro. Walko assigned the judging duties to our group. On Friday morning, the gymnastic events started at 8 a.m. with Low Div. men and women; at 10:30 a.m. Intermediate men and women; at 12:00 noon Low Div. junior girls and boys, and starting at 7:00 p.m. High Div. junior boys and girls and senior men and women—the junior girls ending at 11:30 p.m. On Saturday at 8:00 a.m. the junior girls and boys concluded the regular gymnastic schedule. Then at 1:00 p.m. Sat. the Championship Optionals for juniors and seniors were started. Several men of the American Sokol served on a panel of 4 judges, using FIG competitive rules. At 9 a.m. Sat. a volleyball championship was conducted at the T. J. Sokol Hall at 429 East 71st Street. A team of Central District players

composed of Tony Kirch, Roy Zitny, Charles Kalat, Paul Lebloch, Ed Linhart, Ed Jelinek, Tom Sotka and Steve Vanek captured the championship. An Eastern District team of American Sokol women composed of Virginia Belson, Carol Keil, Dinka Kolnik, Pat Koval, Joy Misek, Julie Pokorny and Norma Zabka won the women's title.

At 5 a.m. Saturday afternoon, at the request of the officers of the SGUS., the visiting officials of the American Sokol held a joint meeting. Representing our group were ASO. President Stanley Barcal, Treasurer Frank Vodrazka, Directors Ed Linhart and Lorraine Zdenek, Central District President Joe Drnec, Director Roy Zitny, Directors of the Eastern District Norma Zabka and Frank Capek. Discussion centered around future long range plans and extensive cooperation between the two Sokol organizations.

The victory dance and presentation of awards concluded the festivities on Saturday evening. These were awarded in the Grand Ballroom before a well attended gathering. In addition to receiving their own awards in the Championship Division, the winners received additional medals for individual apparatus from the U.S. Olympic Development Committee and AAU.

The Slet program consisted of Slet calisthenics by Sokolads and Sokolettes, junior boys and girls, senior men and women, the Polish Falcons performing a folk dance followed by a presentation of free calisthenics and advance apparatus by the champions, ending with the Slovak folk dances (Beseda). The musical accompaniment was under the able direction of bro. Charles Divisek. Congratulations are in order for a vast undertaking which came to a successful climax.

Following is a list of individuals placing 1st, 2nd, and 3rd in each division, which are available at this time:

WOMEN

Championship Division
(5 competing)

- 1. Barbara Moonis—Sokol USA 74.65
- 2. Ellen Babuska—Sokol USA 73.83
- 3. Barbara Babuska—Sokol USA 60.88

Intermediate Division
(5 competing)

- 1. C. Giannini—Sokol USA 42.71
- 2. S. Moody—Amer. Sokol 42.35
- 3. V. Kerekes—Sokol USA 40.35

Low Division
(35 competing)

- 1. C. Scrufari—Sokol USA 46.20
- 2. M. Rybeck—Sokol USA 44.44
- 3. R. Zboril—Amer. Sokol 43.30

JUNIOR GIRLS

Championship Division
(5 competing)

- 1. C. Augustyn—Sokol USA 70.00
- 2. K. Ciepły—Sokol USA 68.88
- 3. B. Ciepły—Sokol USA 66.65

High Division
(8 competing)

- 1. D. Fabian—Sokol USA 38.53
- 2. D. Cameron—Sokol USA 37.96
- 3. B. Mayer—Sokol USA 36.63

Intermediate Division
(32 competing)

- 1. C. Boon—Sokol USA 44.46
- 2. P. Chilla—Sokol USA 43.30
- 3. N. Kerr—Sokol USA 43.26

Low Division
(173 competing)

- 1. S. Sabo—Sokol USA 44.66
- 2. R. Sarafin—Sokol USA 44.60
- 3. S. Mitchko—Sokol USA 44.23

MEN

Championship Division
(3 competing)

- 1. James Reis—Amer. Sokol107.65
- 2. Peter Dusek—Amer. Sokol102.40
- 3. Iggie Perez—Sokol USA100.25

High Division
(1 competing)

- 1. Paul Graca—Sokol USA 49.60

Intermediate Division
(7 competing)

- 1. Ron Sitar—Sokol USA 62.99
- 2. Vojmir Benak—Amer. Sokol 60.93
- 3. Don Kotlan—Amer. Sokol 59.22

Low Division
(11 competing)

- 1. Gerald Cernicky—Sokol USA 59.17
- 2. Dennis Choltko—Sokol USA 56.58
- 3. Robert Liptak—D.A. Sokol 55.70

JUNIOR BOYS

Championship Division
(4 competing)

- 1. Jim Hruban—Amer. Sokol115.30
- 2. Don Warburton—Sokol USA109.45
- 3. Tony Blasko—Sokol USA107.73

High Division
(4 competing)

- 1. Steve Vanek—Amer. Sokol 55.65
- 2. Paul Blasco—Sokol USA 56.25
- 3. Tony Williams—Sokol USA 55.50

Intermediate Division
(13 competing)

- 1. D. Rafalovsky—Sokol USA 62.50
- 2. E. Gilfillen—Amer. Sokol 61.08
- 3. C. Zitny—Amer. Sokol 60.57

Low Division
(89 competing)

- 1. J. Kocourek—Amer. Sokol 62.48
- 2. R. Knoll—Sokol USA 61.85
- 3. D. Hunter—Can. Sokol 61.62

Nazdar!

MILDRED PRCHAL:

GIRLS - HIGH BEAM

(CONTINUED FROM JUNE)

20. ONE LEG OVERPASS, SIDELEG, FRONT-LEG, BENT TO SUPPORT STRIDELEG.**Execution:**

1. The easiest is the sideleg overpass that can be done either as a jump on beam or as part of combination from front support. During execution of sideleg overpass, carry weight of body to opposite arm from side to which overpass is being done. Arm simultaneously with leg with which overpass is being done is lightened by transferring weight to opposite arm and leg passes forward sideway to strideleg support; during whole time of execution of overpass arms remain straight, and during finish of overpass, press hips forward, head up.
2. Also during overpass frontward we must remember transfer of weight to one arm and taking weight off other arm so we can finish overpass. Execute either from front support or as a jump onto beam. If overpass is done frontward right, transfer weight to right hand, the movement is done swinging right leg to left side in front of left leg and over beam; the other hand that was free again regrasps, so weight of body again rests on both hands. Hips are pressed forward; do not sit on beam, remain in support, head up.
3. ONE leg bentleg overpass—the most important principle is the leaning of the shoulders forward and sufficient raising of hips. Arms remain extended. During finish of overpass, shoulders move back, head up, hips press forward.

Teaching:

1. Teach on shoulder high horizontal bar.
2. After mastering on one bar, try on lower beam, later on high beam.
3. Overpasses are taught first as jump overpass which is easier, later overpass in front support.

Assist and Guard:

1. During overpasses frontleg and sideleg assist gymnast by grasping above elbows of arm to which transfer is being made.
2. During overpass bentleg the instructor stands in front of beam and grasps gymnast by shoulders so she is not afraid to lean shoulders forward.

COMMON FAULTS:

1. Bent arms during overpasses.
2. Insufficient transfer of weight to one arm and freedom of other arm during overpasses sideleg and frontleg.
3. Insufficient press of hips forward when finishing overpass.
4. During overpass of one bent leg—small leaning of shoulders forward, not enough lift of hips and forward bending of head.

EXAMPLES:

1. Rebound jointly from low beat board and overpass sideleg right to straddle support—90° turn to left and regrasp back of body—bent-hip lying.
2. Same as 1.—but overpass frontleg right.
3. From support overpass bentleg right to strideleg support—90° turn to left to seat high frontleg—sidearm—back swing to squat support—body wave to stand in close 5th pos. right front—sidearm.

21. OVERPASS BENTLEG TO REAR SUPPORT.**Execution:**

1. Overpass is done either from support or from run and rebound from board with hand support on beam.
2. After rebound from board, raise hips high, shoulders lean forward.
3. Bend legs under self—draw knees to chest and quickly overpass beam, shoulders return back.
4. Trunk is straight, head upright.
5. During overpass from front support, the technique of overpass remains the same, except at beginning of overpass we must not forget sufficient distance of hips from beam because only then can we bend legs to overpass.

Teaching:

1. Teach rearswing on horizontal bar—dismount with rearswing.
2. Jump bentleg with one leg or jointleg.
3. Overpass bentleg with one leg or jointleg.
4. After mastering overpass on horizontal bar, practice on low beam and then progress to high beam.

Assist and Guard:

1. The instructor stands beside board—facing gymnast's side—grasps her upper arm with one hand and assists raising hips with other.
2. After fundamentals have been taught, instructor stands before beam (facing gymnast)—grasps shoulders of gymnast.

COMMON FAULTS:

1. Insufficient leaning forward of shoulders.
2. Hips too low, not folded enough during overpass.
3. Hunched back while finishing overpass, head bent front.

EXAMPLES:

1. Jointleg rebound after run, overpass bentleg to rear support—90° turn to left to seat high frontleg—bend right to step forward right—sidearm—chasse step l., r., l., rebound from left to leap right forward (grand jete).
2. From front support overpass bentleg to rear support—90° turn to right to seat frontleg, front straddle and regrasping to front of body do rearswing to support squat.

(Continued)

district is now in the heart of a new shopping center surrounded by new homes and as we understood it, in need of gym instructors. Sokol Nova Vlast on the west side is in the same hall on Clark Avenue where in the past we spent many happy days. The building is neat and clean and is the home of many lodges and clubs. Sokol Nova Vlast has entered into an agreement to join Tyrs when a new location is found for these two Sokol units. Sokol Tyrs building on E. 131st Street still has some Czech stores in the vicinity, but most of our people have moved out of the neighborhood. The building is for sale and a committee is formed to locate elsewhere. They have their "Sklipek" open from 1 p.m. daily and the gym was buzzing even on Saturday afternoon.

In these times of demands for increased recreational activities our facilities can and should be put to fuller use by our physical culture and educational departments. Sokol Tyrs has a band and sewing group, which helps in fund raising.

We made as many contacts as possible. Everywhere we talked of plans for our Mid-Slet in Dallas, July 16, 1967. Everyone was glad to know that the competitions and Slet in Dallas will be held in the air-conditioned Memorial Stadium.

We had two meetings with members of the Org. Dept. and Sokol leaders, and attended the District meeting presided over by bro. Pekar, 1st Vice-President, in the absence of the District President bro. Anthony Suster, whom we visited in the hospital following an operation of a ruptured disc. We found him in good spirits and wished him well.

We agreed to conduct a survey among all members in the Cleveland area to get data on their hobbies, etc., as a basis for further discussion re: family membership, increased activities among retirees, non-gym members, juniors and senior gymnasts, etc.

The Sunday exhibition was held on a very hot and humid day at the Odd Fellows Farm a few miles out of Cleveland. This is a fine, convenient place, with a swimming pool, members' cottages, large parking area and comfortable, practical eating facilities. The District Directors, sis. Agnes Hantl and bro. D. Kotlan, conducted the program well and the attendance was very good both on the field and in the audience. Besides the regular classes they had a tot's number. Detroit Sokols were present also, along with a new car they are giving away August 20th as part of their fund raising program.

It was gratifying to meet many of our former Sokol leaders and friends still active or interested in the work. All the instructors perform their duties on a voluntary basis which is commendable, indeed.

While the Sokols have no camp of their own, they certainly have a choice of several in the Cleveland area.

Two weeks later we drove out from our home in Lakeside, Mich., to Detroit on the new I-94 expressway and visited Sandy Bottom Lake camp, the pride and joy of Sokol Detroit, and rightfully so.

Emily Welcl-Ruzicka

LOUISE CHOTT

Sokol Tabor

On January 21st and 22nd, 1967, Sokol Tabor, Berwyn, Illinois, will celebrate its first fruitful century of service to the Sokol cause. Among Sokol Tabor's historic principles is the following paragraph by bro. Charles M. Prchal:

"The Sokols, true to their historic principles, have pledged themselves to help in the creation of a better world, peopled by an improved and more united humanity; to aid in bringing about an age of good faith which would guarantee democracy for men and women of moral strength and good character—an age in which life would be free from disturbances so that men and nations would be convinced that it would be impossible to build prosperity and happiness on the unhappiness and suffering of others—the murder of innocent people, the destruction of cities, and the devastation of fertile lands."

A most impressive program worthy of so great an event is in preparation. A banquet in the Sokol Tabor Hall on Jan. 21st will officially open the 2-day program. The festivities will include a selection of Sokol Tabor's finest gymnastic presentations on January 22nd, Sunday afternoon. This program will be preceded by a Sokol parade.

Brothers and sisters of all Sokol units in the United States are most cordially invited to attend this memorable occasion. We look forward to greeting all of you, to exchanging ideas and experiences and to mutually participate in an enjoyable Sokol get-together! Nazdar!

Sokol Omaha Band Queen On Prohut Tabor Show

Joyce Koutecky, Queen and female vocalist with the Sokol Omaha Czech Brass Band, recently appeared on the Tabor Czech Days programs in South Dakota as the Czech vocalist, along with other acts, with "Lou Prohut and His TV Polka-Time Band," which headlined the largest annual Tabor Czech Days there June 13 and 14 at Sokol Park and in Beseda Hall. Joyce, accompanied by her mother, flew to Tabor and back with Mr. Prohut, who is an accordionist and entertainer from Chicago.

At Honors and Awards Night before graduation, Joyce was awarded a scholarship to Wayne State College in Wayne, Nebraska, where she will major in Music Education. She is a National Honor So-

ciety member, having been on the Honor Roll every semester for four years. While attending South



Lou Prohut and his band with Joyce Koutecky

High School, Joyce was very active in First Band for four years as a clarinetist; in First Choir for three years, participating in the school's four musicals and other productions; singing for three years with the famed South High "Ambassadors," and, in dramatics, having the lengthy and difficult lead in "Ladies of the Jury," which qualified her for the Best Thespian of the Year award. Last November, as Queen of the Sokol Omaha Band, she greeted Lawrence Welk and his troupe at the airport and later that evening danced a polka on stage at the Welk show with Bobby Burgess. In December, attired in her Czech costume and singing in Czech, she appeared in a series of TV shows in Omaha with Lou Prohut and his band. Joyce is the granddaughter of Mr. and Mrs. Charles Vitek of Omaha.

Louis Sevek, Jr.

Promoter of Sokol Omaha Czech Brass Band

My Unexpected Pleasure As a Chaperon

Believe it or not, we arrived in St. Paul early, with a few creaks and cramps. Having eaten all night long, the gymnasts were, as expected, still hungry.

We had a grand tour of St. Paul. The Court House has an Indian statue of solid onyx. This beautiful artwork is 36' high and rotates 360 degrees every 2½ hours. The Minnesota State Fair Grounds are the second largest in the United States. The lakes are as beautiful as the Chamber of Commerce advertises. We also visited the Minnehaha Falls.

Congratulations to each and every gymnast. We are pleased as punch and very proud of you. May I say that we have a wonderful "bunch" of teenagers—Being their chaperon wasn't difficult at all.

A note of thanks, of course and as usual, to Ed and Bea Pavoucek—those two busy people that are always around for aid or a little advice.

After eating booya at the Highland Park Pavilion, the Victory Dance started and during intermission the trophies and awards were presented. Again, congratulations to all our gymnasts. The results were:

Men—High Division—7 competitors, **1st Place, Bud Benak—Trophy**, 5th Joe Vonasek, 7th Bob Ryba.

1st Place High Division Men Trophy.

Junior Boys—High Division—2 competitors: **2nd Place Dick Ryba.**

Junior Boys—Low Division—31 competitors: **1st Place John Kocourek, Trophy**, 4th John Svagera, 7th Mike Hrbek, 11th Jeff Stillmock, 16th David Bilek, 26th Mike Bilek.

1st Place Jr. Boys Low Division Team Trophy. Traveling Trophy.

Junior Girls—Low Division—47 competitors: **4th Place Denise Minarik**, 7th Janis Benak, 15th Patti Bluvas, 19th Margaret Vera, 21st Nancy Blessie, 23rd Sharon Swoboda, 29th Patty Sullivan, 30th Joleen Swoboda.

Third Place Jr. Girls Low Division Team Trophy.

Junior Girls—Intermediate Division—12 competitors: **3rd Place Mary McShane, Trophy**, 4th Phyllis Swoboda, 6th Peggy Rushlau, 8th Donna Minarik, 10th Suzanne Minarik.

First Place Intermediate Jr. Girls Team Trophy.

The St. Paul Unit was so warm and friendly that we felt right at home. It was a pleasure to meet such hospitable hosts.

I wonder what became of the lively, noisy, happy gymnasts that we left with in St. Paul. With the feeling of victory still in their hearts, they sang with vehement voices, but as we entered Omaha, there was a stillness on the bus that could only come when these young, alive, Slet participants finally fell asleep. Phyllis Jirka, Chaperon

Sokol Detroit Board of Instructors

Our Fish Fry on Friday, May 13, was a fine success, our thanks to everyone concerned in the planning of this activity and making a go of it. The Pancake Breakfast went along very well considering some of the problems that the juniors had with their grills. However a good time was had by all and no one went away hungry. The Juniors Club has done an excellent job in the raising of funds for their trips with candy sales, pancake breakfast, bake sales. They have practically all funds necessary to cover their transportation to New York.

The Class I and II boys and girls competitions were held June 3, 1966, with the following results: Class I boys—1st Eugene Novacek, 2nd Mike Malik, 3rd Victor Hurych. Class II boys—1st Jeff Mily, 2nd Ricky Kalivoda, 3rd Dale Kopecky. Class I girls—1st Stephanie Rosik, 2nd Paula Belavek, 3rd Anne Marie Seidel. Class II girls—1st Marie Louise Hurych, 2nd Janet Kopecek, 3rd Janet Belavek.

The Class I and II perfect attendance award for the girls went to Laurie Valek and Mary Vaclavek. Nazdar! Chuck Bares

Central District Men's BOI.

June 22, 1966

All comments regarding our Slet have been favorable and are a credit to our BOI. The most frequent comment was that our two hour program was too short. If it seemed too short it was because of the orderly procession of each number.

Our Victory Dance Saturday evening was a success and promises to be a greater success as it becomes more a part of our Sokol tradition.

The presentation of awards was a huge success. The trophy committee did an outstanding job of decorating the stage with the trophies and medals. As people entered the hall, the trophy exhibit was most striking and added to the anticipation of all, both contestants and public.

Having the junior and senior competitions the same Saturday works out very well. Although having all the activities on the same weekend is a great deal of work, it only adds to the anticipation of all for the Victory Dance and Slet.

The second class boys competition was held one week earlier and results of all classes are as follows:

SECOND CLASS BOYS

June 4

Individuals	Unit
1. Charles Klapp	Brookfield I
2. Ed Linhart	Tabor I
3. Doug Rus	Brookfield I
4. George Pales	Tabor I
5. Rus Zitny	Brookfield I
6. Mark Novak	Brookfield I

54 competed.

Teams

1. BROOKFIELD I
2. TABOR I
3. SLAVSKY I
4. WEST SUBURBAN
5. TABOR II
6. BERWYN I
7. BROOKFIELD II
8. STICKNEY
9. TABOR III

Meet Directors: Bros. C. Kalat and J. Satek

JUNIOR BOYS

June 11

High Division

Gymnast	Unit
1. Steve Vanek	Slavsky
2. Tom Sotka	Tabor

Intermediate Division

Gymnast	Unit
1. E. Gilfillen	Berwyn
2. C. Zitny	Brookfield
3. R. Gabriel	Slavsky
4. J. Nesladek	Slavsky

Low Division

Teams

1. BERWYN I
2. BROOKFIELD
3. TABOR

Individuals

Individuals	Unit
1. S. Zalarski	Havlicek
2. T. Shafar	Tabor
3. J. McGachey	Berwyn I
4. C. Horacek	Berwyn I
5. J. Dukovsky	Berwyn I
6. C. Zamecnik	Brookfield I

30 competed.

Meet Director: Bro. Joe Domansky

MEN

June 11

Low Division

Gymnast	Unit
* E. Schnabl	Berwyn
* C. Kalat	Slavsky
* L. Slovacek	Tabor
* C. Ptacek	Slavsky
1. E. Jelinek	Berwyn
2. J. Rueter	Havlicek
3. W. Shrofe	Brookfield
4. B. Babka	Slavsky
5. J. Juricka	Slavsky

Intermediate Division

Gymnast	Unit
* T. Kirch	Havlicek
* G. Basta	Havlicek
* R. Palambo	Berwyn
1. R. Lutha	Slavsky

* Ineligible to receive an award.

Meet Directors: Bros. P. Lebloch and B. Nicklas

As Director of Men, I was privileged in having an exceptionally fine working board of instructors. It is to them all credit must be given for the successful conclusion of our Sokol year.

As I viewed our Sokols on the field on Slet Day, the children's classes, juniors and seniors, I was reminded how unique our organization is. The neatness and pride in our uniforms, the discipline of all and the pride as the units marched behind their banners should give us all a feeling of accomplishment.

Officers for the next year and as voted by the BOI. are recommended as follows:

Director—bro. Roy Zitny, Sokol Brookfield; 1st Assistant—bro. John Satek, Sokol Slavsky; 2nd Assistant—bro. Joseph Domansky, Sokol Brookfield.

Nazdar!

Roy Zitny

Central District Women's BOI.

June 22

All units handed in their annual activity reports and final statistical cards.

Sis. Schnabl brought before the board a thought on publicity. She stated that sis. Basta has been doing an excellent job of feeding articles to the newspapers and radio stations, but she feels that the people publishing these articles should be educated concerning the Sokol purpose and the nature of our activities.

Held junior girls competitions on Saturday, June 4, 1966, at Sokol Slavsky. Held women's com-

petitions on Thursday, June 9, at Sokol Stickney. Presented trophies to winners of competitions at the Victory Night Dance and Gymnasticale on June 11. Held a successful District Exhibition on June 12. Had our election of officers for next year. The results are as follow: Director: June Pros; 1st Ass't.; Marie Ptacek; 2nd Ass't.; Rose Sladek; Secretary: Georgine Bednarek.

Nazdar!

Cheryl Savel

SECOND CLASS GIRLS COMPETITIONS**High Division****Teams**

1. TABOR I
2. BERWYN I
3. SLAVSKY I
4. WEST SUBURBAN I
5. TABOR II

Individuals

1. Juliann Barcal Slavsky
 2. Holly Peroutka Tabor I
 3. Sheryl Vorlicky Berwyn
 4. Judy Wehrenberg Tabor II
 5. Marcy Hracek Stickney
 6. Leslie Wachel Tabor I
- 34 competed

Low Division**Teams:**

1. BROOKFIELD I
2. HAVLICEK-TYRS III
3. STICKNEY II
4. BROOKFIELD
5. STICKNEY III
6. TABOR II
7. SLAVSKY I
8. TABOR I
9. BROOKFIELD IV
10. WEST SUBURBAN II
11. HAVLICEK-TYRS I
12. SLAVSKY II
13. TABOR III
14. WEST SUBURBAN I
15. BERWYN I
16. BROOKFIELD III
17. BERWYN II

Individuals

1. Mary Kucera Havlicek-Tyrs III
 2. Juanita Rus Brookfield II
 3. Karen Rybak Brookfield I
 4. Karen Brkovic Brookfield I
 5. Marie Slaby Havlicek-Tyrs III
 6. Anina Jakubowski Havlicek-Tyrs III
- 101 competed

Carol Drozd, Meet Director

JUNIOR GIRLS COMPETITIONS

June 4th

Low "A" Division**Teams**

1. BROOKFIELD
2. TABOR
3. BERWYN

Individuals

1. Nardine Pekarek Brookfield
 2. Wendy Kriz Slavsky
 3. Ellaine Ullrich West Suburban
 4. (tie) Millie Ann Michalek Brookfield
 4. (tie) Rita Konvalinka Brookfield
 5. Ann Miller Berwyn
 6. Patty Gilbert Berwyn
- 31 competed

High Division

1. Marie Foltyn Tabor
 2. Barbara Vondra Stickney
 3. Mildred Foltyn Tabor
 4. Penny Hampl Berwyn
 5. Sandy Peska Tabor
 6. Susan Basta Brookfield
- 8 competed

Low "B" Division

1. Renee Spahn West Suburban I
 2. Barbara Kral West Suburban I
 3. Karen Kucera West Suburban II
 4. Karen Duff West Suburban I
 5. Pat Haynes West Suburban I
 6. Karen Ernest West Suburban I
- 10 competed

Intermediate Division**Teams**

1. WEST SUBURBAN
2. BERWYN
3. SLAVSKY
4. TABOR

Individuals

1. Louise Udaykee Berwyn
 2. Donna Peska Tabor
 3. Nancy Sauer West Suburban
 4. Laura Muelhausen West Suburban
 5. Anne Adamec West Suburban
 6. Audrey Nesladek Slavsky
- 16 competed

EllenJeanne Schnabl, Meet Director

WOMEN'S COMPETITIONS

June 9th

Low Division**Teams**

1. TABOR
2. WEST SUBURBAN
3. HAVLICEK-TYRS

Individuals

1. Alicia Prusa Brookfield
 2. Barbara Donda West Suburban
 3. (tie) Cheryl Savel Berwyn
 3. (tie) Sheryl Geiger Tabor
 4. Lynn Predovic Tabor
 5. Florence Lutha Slavsky
 6. (tie) Dolores Zitek Tabor
 6. (tie) Sandra Zeman Havlicek-Tyrs
- 23 competed

Intermediate Division**Team**

1. TABOR

Individuals

1. Penny Cermak Tabor
2. Carol Drozd Slavsky

- | | | | |
|-------------------------|---------|-----------------------------|-------|
| 3. Mary Ann Satek | Slavsky | 5. Carol Jean Slomski | Tabor |
| 4. Janet Lloyd | Tabor | 6. Audrey Willet | Tabor |

Results of Western District Competitions for Junior Boys and Men

Held June 18, 1966

MEN

High Division

Teams

- | | |
|-----------------------|-------|
| 1. SO. OMAHA | 317.1 |
| 2. OMAHA | 314.8 |
| 3. CEDAR RAPIDS | 314.2 |

Individuals

- | | |
|-----------------------------------|-------|
| 1. Bud Benak—So. Omaha | 162.7 |
| 2. Tom Novak—Cedar Rapids | 160.0 |
| 3. Rich Beran—Omaha | 159.6 |
| 4. Mike Hoskovec—Omaha | 155.2 |
| 5. Joe Vonasek—So. Omaha | 154.4 |
| 6. Don Pulkrab—Cedar Rapids | 154.2 |
| 7. Bob Ryba—So. Omaha | 143.1 |

Intermediate Division

- | | |
|---|-------|
| 1. Gerald Bast—Cedar Rapids | 161.1 |
| 2. Darrell Netolicky—Cedar Rapids | 156.3 |

Low Division

- | | |
|---------------------------------|-------|
| 1. Roy Bauman—St. Paul | 155.2 |
| 2. Bob Bastyr—St. Paul | 150.2 |
| 3. Bob Marabella—St. Paul | 147.8 |
| 4. Lester Bruns—Crete | 145.7 |

JUNIOR BOYS

Low Division

Teams

- | | |
|-----------------------|-------|
| 1. SO. OMAHA | 618.8 |
| 2. CEDAR RAPIDS | 598.0 |
| 3. CRETE | 592.8 |
| 4. WILBER | 533.7 |
| 5. ST. PAUL | 445.7 |

Individuals

- | | |
|----------------------------------|-------|
| 1. John Kocourek—So. Omaha | 162.0 |
| 2. Mike Whelan—Omaha | 160.2 |
| 3. Kirk Malsonada—Omaha | 158.4 |
| 4. John Svagera—So. Omaha | 156.9 |
| 5. Jerry Jurena—Crete | 156.2 |
| 6. Joe Rayer—Omaha | 154.0 |
| 31 competed | |

Intermediate Division

- | | |
|-----------------------------------|-------|
| 1. Gary Warner—Cedar Rapids | 149.5 |
| 2. Allan Curtis—Omaha | 143.1 |
| 3. Barry Sweet—Cedar Rapids | 140.8 |

High Division

- | | |
|------------------------------|-------|
| 1. Jamie Hruban—Omaha | 159.2 |
| 2. Dick Ryba—So. Omaha | 149.3 |

Sokol West Suburban



Exhibition, May 7, 1966. — General Assembly.

When we think back to our beginnings in 1959, it really took only a spark to ignite the fagots that were available and ready for firing.

The ground work required perseverance and optimism and with these qualities installed into many meetings, talks, telephone calls, a plan of operation was established.

What an effervescent feeling we had anticipating our first official meeting at the Fairview Homeowners Association in Downers Grove back in November, 1959. We had a name to choose and the majority voted for Sokol West Suburban. The Lincoln grade school gymnasium was rented for our use and we boldly planned an exhibition to be held on May 5, 1960.

Playing the part of "Big Brother" several Sokol

units loaned us their extra apparatus to help us get started. Our exhibition was a success. We obtained a loan from our Central District in order to purchase additional apparatus and aid us in our initial expenditures. Fund raising projects were planned, committees were formed to acquire membership, and our male members helped build or repair what apparatus we had.

By 1960 we had 88 adult members, and regular classes for all ages. The gym classes met twice weekly at Lincoln School. Classes increased steadily and gradually we were able to pay our instructors which we know they justly deserved. To save expenses we held our regular business meetings at members' homes. We publicized our unit's activities whenever possible. Our Ways and Means Commit-

tee kept busy with the planning of fund raising projects. We proudly obtained an American and unit flag for our unit and in good time paid our loan to the Central District.

Representative students were sent to Sokol instructors courses, exhibitions were held annually, and we participated in all meets and tournaments possible. We have a sizable collection of trophies of which we are proud and for which we thank our faithful and unrelentless instructors. We also participated in local parades and festivals whenever possible. We publish a news sheet periodically to keep members aware of Sokol activities. Perfect attendance awards are given annually to the children.

As of September, 1965, we are holding classes

at the Herrick Junior High School. Tots, girls and women on Wednesday, boys and men on Thursday.

We now hold our business meetings every fourth Monday at the Bank of Westmont.

On May 7, 1966, we held our largest and most rewarding exhibition. It was held at the Herrick Junior High School, our home for the past year. A total of 250 gymnasts participated and the crowd was estimated at about 600 people.

We are anxiously awaiting registration in September, because we firmly believe that our Sokol has finally been recognized as an important part of this community and we sincerely hope that our membership will continue to soar. Nazdar!

Sylvia Pistorius, President
Sokol West Suburban

Moje barva: červená a bílá, moje heslo: poctivost a síla!

Dne 29. července jsme v jednotách vzpomínali — anebo měli vzpomínat — 110. výročí smrti neohroženého bojovníka za svobodu a národní myšlenku, KARLA HAVLÍČKA BOROVSKEHO.

Vzpomínali jsme ho jako svého bratra, neboť pro jeho národní práci, jeho poctivé úsilí a jednání jej směle můžeme počítat do svých řad sokolských a vidět v něm duchovního předchůdce Sokolstva.

V době velebení hesel demokracie dlužno si připomenouti jeho opravdovou demokracii, již vždy rozuměl tak, aby nižší k vyššímu se vzhůru povznesl, aby i nevzdělaný se vyrovnal vzdělanému.

Jak opravdový byl i jeho soucit s českým lidem,

jež věsti dobrými novinami vzal si za svůj životní úkol, dokazují jeho vlastní slova: "Milovati vlast jest dávatí za ni své peníze, práci, štěstí, čest atd., a ne o ni žvatlat!" A nezklamal, i když Bachova vláda se ho snažila od jeho dosavadní činnosti odvésti velikými penězi.

I nyní zůstává pro nás Havlíček programem. Jeho zásadovost, neohrožený boj za poznanou pravdu, za přesvědčením, jeho vytrvalá pracovitost pro dobro druhých a pro lepší bytí národa, jeho příměstnost a důslednost, jeho přímo sokolská neohroženost a především jeho poctivost ve veřejném životě jsou základní vlastnosti jeho ryziho češství.

KAREL M. PRCHAL:

BOJ O PÁTOU KOLONU

BĚHEM DRUHÉ VÁLKY SVĚTOVÉ A JEHO SOKOLSKÁ NÁPLŇ.

Příspěvek k dějinám.

Jak byla akce naše organisována.

Počátky této naší vlastenecké služby občanské své nové vlasti a jejím spojencům, mezi nimiž byla i naše vlast stará, Československá republika, sahají k samým počátkům válečného konfliktu v Evropě. Zprvu pracovalo se na tomto poli neorganizovaně a případná hlášení podávána byla jen místním úřadům americkým jedinci z našich kruhů, kteří v tom směru byli činní na vlastní pěst a ústředí většinou ani neinformovali o tom co podnikají, neb co se jim podařilo zjistit. Jakmile však Amerika byla vojensky napadena sama japonskými útočníky a Německem jí byla vyhlášena válka, jevila se nutnost vésti tuto akci organizovaně, usměrnit ji a řídit, by byla výslednější. Vedla nás k tomu jak snaha přispět americkým úřadům v potírání sabotáže německé a podvratných rejdu nacistických, tak snaha získávat touto svou vlasteneckou činností ve Spojených státech sympatie pro osvobozený zápas, pro Československou republiku i případný kredit naší skupině jako celku za práci příslušníky jejími obětavě v tom směru konanou.

Obranný výbor, zvolený na sjezdu Československé národní rady v r. 1941, složen byl z těchto pracovníků: Karel M. Prchal, předseda Českého ná-

rodního sdružení, Václav Hovorka, pokladník Slovenského národního sdružení, Jan W. Voller, předseda Národního svazu českých katolíků, a Vladimír Maudr, předseda Sdružení amerických Čechoslováků v Texasu. Všichni jmenovaní byli členy výkonného výboru Československé národní rady v Americe. Předsedou výboru zvolen byl Karel M. Prchal, za tajemníka, když se projevila nutnost zaměstnat na plno jednu sílu k úspěšnému provádění této akce, br. Jindřich Weber. Je přirozeno, že činnost naší organizace se soustředovala v rukou předsedy a tajemníka.

Sám účel naší akce vyžadoval nezbytně, aby našim výborem získávané informace byly soustředovány a předávány kompetentnímu americkému úřadu, jenž by toto přispění nejlépe ocenil a zhodnotil a co je zvláště důležité, mohl na základě našich upozornění sledovat s pomocí svého rozvětveného aparátu nepřátelské činy a činit opatření k jejich zastavení a případnému potrestání válečných zločinců. To byla jeho vlastní činnost, do níž nemohlo a nesmělo být strpěno samovolných zásadů, aby se Amerika vyvarovala samovolných akcí, k nimž namnoze došlo za války prvé a které, poněvadž byly prováděny lidmi nedosti zkušenými, náladovými a

jednajícími někdy jen na základě pověstí, často neproověřených, měly mnohdy za následek, že trpěli lidé nevinní. To se v celku také podařilo a bylo více stížností na to, že se dost rychle a dost rázně se strany úřadů nejednalo, než na to, že v důsledku neodůvodněného udavačství ukvapeně došlo k trestání lidí, kteří se neprovinili jinak, než tím, že přínáleželi k národnostní skupině, jejíž stará vlast byla se Spojenými státy ve stavu válečném. My sami jsme se důsledně spokojovali s tím, že naši službou bylo na nepřístupnosti upozorněno, zůstávajíce příslušným americkým úřadům postup další. To byl správný postup věcný i politický a občanský, neb sama příslušnost k národu německému, italskému neb maďarskému nikdy nemohla být sama důvodem k podezření. Je smutným faktem, že bylo dost případů, kdy válečné snaze Ameriky byly více na závalu činy a akce některých živlů ne cizích, ale domácích, zvláště jisté části isolačnického tisku, jenž bezohledně i bezhlavě štvál proti spojencům Ameriky, zprvu proti Anglii, pak proti Rusku způsobem takovým, že žádný agent nepřátelské moci nemohl to ve veřejnosti činiti úspěšněji. Demokratické svobody tisku bylo zneužíváno způsobem válečné úsilí naší nové vlasti velmi poškozujícím. Nejsmutnějším případem toho druhu jistě bylo, jak se později zjistilo nade všechnu pochybnost, když i někteří zákonodárci se dali nevědomě do služeb nepřátelské propagandy, takže německé agitační a propagační tiskoviny prostřednictvím projevů a řečí propašovaných obratně německým tiskovým agentem Georgem Sylvestrem Viereckem i do samého kongresního rekordu, byly rozšiřovány za peníze vlády Spojených států, a že Viereckem redigované propagační spisy německé vyšly ve dvou případech pod jmény členů amerického kongresu. . .

Spolu bylo jasno, že bude nutno, aby práce tohoto výboru našeho nebyla prováděna bez odborných porad, ale byla usměrňována zpravodajským znalcem, jenž by mohl kriticky hodnotit sebraný materiál, tříditi jej a propracovávat dalšími šetřeními, aby se oddělilo zrno od plev. Proto náš výbor uvítal odborné přispění československého podplukovníka Karla Hrona, přičleněného k Československé informační službě v New Yorku, který nabídl z podnětu československé vlády v Londýně pro tento případ své služby úřadu generála Donovana, jenž byl tehdy americkým koordinátorem informací a na jeho poukaz vešel ve styk s vedoucím úřadu Federal Bureau of Information v New Yorku. Ppkl. Hron jednal dále s asistentem ředitele F.B.I. v New Yorku p. Foxworthem, s kterým jednal též předseda výboru br. Prchal, a sjednali, že síť důvěrníků našeho výboru bude mu skrze ppkl. Hrona předkládat výsledky získaných informací. Předseda výboru našeho byl pak představen úředníkům F.B.I. v New Yorku a tak vybudováno bylo úřední naše spojení s příslušným americkým úřadem, jenž ovšem byl s našimi pracovníky na mnoha místech přímo spojen svými místními výkonnými orgány.

Tento úřad v New Yorku i Department spravedlnosti ve Washingtonu byl o činnosti Obranného výboru Československé národní rady běžně informován v periodických zprávách Československou

informační službou v New Yorku a tak tato vlastenecká práce nás amerických občanů pro Spojené státy zapojena byla do celkové akce americké a spojenecké. Byla to tajná služba pokud šlo o veřejnost, ale nikoli tajná před americkými úřady: Departmentu spravedlnosti byly poskytnuty dva seznamy našich důvěrníků, jež dány i k dispozici Federálnímu vyšetřovacímu úřadu.

Složení naší organizace.

Obranný výbor Československé národní rady v Americe složen byl z ústředí, zvoleného na sjezdu Národní rady, jenž se konal ve dnech 27. a 28. června 1941 v Chicagu z představitelů a úředníků složek Národní rady a vesměs členů jejího výkonného výboru. Jména jejich byla již uvedena. Ústředí toto pracovalo pak prostřednictvím sítě důvěrníků v hlavních střediscích válečného průmyslu a loděnic Spojených států.

Sít' důvěrníků sestávala z hlavních důvěrníků, kteří organizovali činnost v příslušném obvodu, vybírali a získávali důvěrníky v tomto obvodu, jimž dávali konkrétní pokyny pro práci se zřetelem na místní poměry a podávali hlášení ústředí; dále vedoucích důvěrníků, kterých úkolem bylo vybudování sítě důvěrnické v jich bydlišti, jichž hlášení soustřeďovali; posléze pak z důvěrníků a pozorovatelů, kteří pracovali dle pokynů ústředí a vedoucích na závodech podle pokynů, ústředím vydaných. V těchto pokynech bylo poučení o zdrojích zpráv, o praktickém provádění činnosti a o hlášení a podrobnostech, jež mělo obsahovat. V těchto hlášeních požadovalo se především, aby přesně rozlišovala mezi tím co pozorovatel sám viděl a slyšel a za jakých okolností, a mezi tím, co slyšel od osoby jiné s udáním její věrohodnosti. Hlášení byla ovšem důvěrná.

Bylo při vybudování této sítě důvěrnické, kdy se výborně osvědčily služby sokolského bratrstva. Oba vedoucí, předseda i tajemník Obranného výboru byli členy Sokolstva a z řad sokolských bylo nejvíce spolupracovníků místních. Sít' se opírala o důvěrníky získané z odboček Českého národního sdružení a Slovenského národního sdružení, ale i tu většina aktivních pracovníků byla z řad sokolských. Obranný výbor měl 10. ledna 1942 celkem 35 hlavních důvěrníků a organizátorů ve dvaceti dvou státech americké Unie a obsadil svými místními důvěrníky a pozorovateli v čtyřiceti čtyřech městech 60 závodů pracujících na válečných objednávkách. Těchto místních strážců- pozorovatelů bylo 224. Ačkoli ne všichni se plně osvědčili, tato skupina vykonala velmi záslužnou práci pro svou americkou vlast a tím i pro její spojence a mezi nimi i pro svou vlast starou. Obranný výbor byl spolu ve spojení jak s organizacemi tak jednotlivci ve všech důležitých českých a slovenských osadách ve Spojených státech, v nichž se nalézaly továrny mající tak zv. Defense Order (objednávky na obranu).

Aby usnadněna byla práce těchto pracovníků upozorňována byla krajanská veřejnost občasně na nutnost bedlivého střežení všech sabotážních a rozvrtných snah nepřátelských. Dělo se tak články, výzvami a upozorňováním v krajanském tisku, letáky a cirkuláři k tomu účelu ústředím připrave-

nými. Pokusili jsme se získat pro tuto práci i ostatní slovanské skupiny jak svědčí memorandum, jež o potřebě usilovné akce protisabotážní předložil konferenci Amerického slovanského kongresu amerického středozápadu v Chicagu dne 23. června 1943 tajemník Národní rady Josef Martínek, ale tyto skupiny neměly bohužel dosti pohotovosti a spolehlivých pracovníků, aby podstatnějším způsobem nám v práci naší přispěli. Vykonal v těch letech však záslužnou práci, hlavně v tisku, svým bojem proti pokusům nacistických agentů pronikajících za pomoci quislingovských živlů i mezi některé tyto skupiny slovanské.

(Pokračování)

Ze Sokola Mladočech, Racine, Wis.

Sokolský náš svátek, výroční veřejné cvičení, se všestranně zdařil. Morálně i finančně. Přípravovali jsme se po měsíce a zásluhou cvičitelů úspěch byl veliký. Technická činnost připadá náčelnictvu a ono se s láskou věnuje svým úkolům. Náčelnictvu, dnes BOI, patří můj vřelý dík a všech těch českých a slovanských duší, které se veřejného účastnili, za věnovaný čas a za oddanost věci sokolské. Také těm, kteří navštěvují cvičební hodiny a vyplňují místa v sokolovně jsme vděční. Nezapomínáme ani těch, kteří s láskou plní všechny své sokolské povinnosti dle svých nejlepších možností.

Lituji, že nemohu podat podrobnější zprávu, neb když "veřejné" bylo konáno, nalézal jsem se v nemocnici; zprávy ale, kterých se mi dostalo, hlásí, že obecnost hlučným potleskem projevovalo svůj souhlas a ocenění snah a programu.

České přísloví praví: "Bez práce nejídáš koláče", tak je také u nás: Bez oddanosti a kázně nebylo by úspěchů.

Vzdávám vřelý dík Vám "Jelínkovi junáci Racinští" za krásnou vzpomínku, kterou jste mi věnovali, když jsem byl v nemocnici. Jsem Vám vděčen za Vaše vystoupení a hrdým na přesné zacvičení Vašeho čísla.

Prázdniny jsou s námi. Užijte jich všichni k odpočinku a osvěžení a vraťte se do tělocvičen a ku všestranné práci připraveni na další rok. Snažme se zdvojnásobit počet členstva a pak s novou silou a novým odhodláním: "Ku předu, zpátky ni krok!"
Nazdar!

Joseph Kučera.

Svaz Československých sportovců v zahraničí.

V. sjezd Československých sportovců v zahraničí bude konán v Chicagu ve dnech 3., 4. a 5. září.

Hostitelem bude odbočka Chicago, Ill. Vezmeme si příklad a cenné zkušenosti z předcházejících sjezdů a budeme se snažit ze všech sil jak po stránce organizační tak i programové, aby V. sjezd Československých sportovců v Chicagu se vyrovnal sjezdům předcházejícím.

Budeme pokračovat v navázaném přátelství, zápolit v kamarádském duchu a besedovat v pěkném a příjemném prostředí. K tomu my, z Chicaga, vy-

nasnažíme se poskytnout vám prostředí co nejpříteľštější a ovzduší co nejuvěteľjší. Pro naši mládež máme připravené závody v plavání a lehké atletice.

Většina závodů se bude konat na stadionu vyšší školy Morton West. Je to stadion, kde se pořádají všechny sokolské slety. Stadion má veliké tribuny a šatny a hojnost zeleně kolem dokola. Krytý plavecký bazén je v přilehlé škole. Společenský večer s kabaretním programem bude v sokolovně Havlíček-Tyrš.

Nezapomeňte, že V. sjezd Československých sportovců v zahraničí je ve dnech 3., 4. a 5. září u nás v Chicagu. Na shledanou v Chicagu.

Ve vládě v exilu II.

Vyšla další kniha pamětí Dr. Ladislava K. Feierabenda. Kniha "Ve vládě v exilu II, Východní vítr nad Londýnem", zachycuje období londýnské vlády od zatažení Sovětského svazu do války v červnu 1941 do jara 1943. Kniha má 203 stránky a je k dostání u autora L. K. Feierabenda, 3821 Newark Street, N.W., Washington, D. C. 20016. Stojí i s potovným \$3.00.

Feierabendovy vzpomínky nejsou jen historií. V situaci popsané v této knize se v Londýně vytváří nová atmosféra, vojenská i mezinárodní, a objevují se nové proudy a síly v československém exilu, které už tehdy začaly určovat osud poválečného "osvobozeného Československa", a určují jej i dnes. Pro tuto aktuálnost zasluhují Feierabendovy paměti, touto knihou počínaje, zvýšené pozornosti.

Kniha má mnoho zajímavých příloh: dr. Ivy Ducháčka o dialogu národně socialistických a komunistických představitelů v Londýně, memorandum presidenta Beneše a odpověď generála Sikorského na otázku těšínskou, a inž. Karla Stallera o t. zv. Zbrojařské akci a o roli v ní dr. Edvarda Outraty za druhé světové války.

K. PRCHAL:

Zemřel mecenáš.

V pátek, 13. května 1966, dodýchal v Berwyn, Ill. šlechtitný člověk — JOHN T CHRÁSTKA, ve stáří téměř 84 let.

Narodil se v Mladošovicích, kraj Budějovice, v Čechách. Do Spojených států přijel se svými rodiči ve stáří 10 let.

Byl českým pohrobíkem. První svůj závod otevřel se svým bratrem Tomášem v srdci tehdejší téměř úplně české osady Česká Kalifornie. V roce 1914 otevřel druhý závod v Ciceru, který v roce 1940 přestěhoval do nové, moderní budovy v Berwyn. Oba tyto závody vedl až do své smrti.

Podporoval dobročinné národní podniky a podpořil i mnohé jednotlivce, kteří pomoci potřebovali. Největší dar v obnosu \$150,000 učinil České útulně, jejíž byl čestným předsedou, ke zbudování ošetřovatelny pro osadníky Útulny. Ošetřovatelna pojmenována Chrástkovou. Bvl členem mnohých organizací. K Sokolu Chicaga náležel po dlouhá léta. Podporoval svoji jednotu a sokolské snažení.

Odešel — zanechal nám odkaz: otevřte srdce i mysl potřebám našich lidí. Byli jsme štěstni, že jsme ho měli.

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