

# AMERICAN SOKOL

PUBLICATION OF THE AMERICAN SOKOL  
Educational and Physical Culture Organization

JUNE 1968

## Nadšená manifestace pro jednotu oslav 50. výročí československé neodvislosti ve Washingtoně, D. C.

V pátek 26. dubna 1968 ve 2 hodiny odpo. konala se v budově ČSA na Čermákově třídě v Cicero, Ill., konference národních — krajanských i exulantských organizací, kterou svolala Československá národní rada americká k projednání letošních společných oslav 50. výročí vyhlášení čs. neodvislosti ve dnech 18. a 20. října 1968 ve Washingtoně, D. C., a která vyzněla v nadšenou manifestaci pro jednotu těchto všennárodních oslav.

Schůzi zahájila předsedkyně Čs. nár. rady americké ses. Vlasta Vrázová, která — po přivítání přítomných — nejprve vzpomněla, že letos v únoru bylo tomu již 50 roků, co byla založena Čs. nár. rada americká. Stručně se zmínila o jejím historickém poslání při sjednocování celé krajanské Ameriky, o její činnosti a významu a v závěru zdůraznila, že při letošním 50. výročí vyhlášení čs. samostatnosti chceme se spojit v jeden mohutný celek, abychom se veřejně projevíli, abychom na sebe poukázali a řekli: "Posud'te, jací jsme a z jakého národa pocházíme!"

Předseda programového výboru bratr James Krákora konferenci předsedal.

"Jsme vám velice vděční," zdůraznil ve svém projevu br. Krákora, "za pochopení snahy zcelit československý lid v Americe do jednotného šiku k uspořádání této významné slavnosti. Již mnoho roků uplynulo od doby, kdy naposledy byla podobná konference vedoucích zástupců takového počtu našich krajanských organizací uspořádána. Jest to tedy jistě historickou událostí v našem krajanském životě!"

Jednomyslně a s nadšením přijato, aby pořadatelkou těchto všennárodních oslav byla Československá národní rada americká a za jejím jménem, jako pořadatelky, aby byly abecedně seřazeny bez rozdílu všechny krajanské, exilové i zahraniční organizace, které se k těmto všennárodním oslavám, pořádaným Čs. nár. radou americkou, s plným souhlasem a podporou připojily.

O podrobnostech chystaného programu těchto oslav ve Washingtoně, D. C., o připravovaných zá-

jezdech k nim ze všech krajanských středisk, o cenách těchto zájezdů, atd., bude v dalších týdnech psáno podrobněji.

V rámci oslav bude uspořádán velký národní sjezd všech čs. krajanských, exilových a zahraničních organizací, slavnostní bohoslužby, výstava historických dokumentů, vztahujících se k 50. výročí čs. neodvislosti, umělecká akademie a slavnostní banket, k němuž budou pozváni prezident Spojených států, členové U.S. kongresu a jiní vysocí představitelé veřejného amerického života. Oslavy se budou konat v hotelu Statler-Hilton ve Washingtoně, D. C.

Jedním z nejdůležitějších usnesení konference byla jednomyslná dohoda, že v pátek 18. a v sobotu 19. října 1968 nebudou se konat dva sjezdy, jak bylo původně navrženo, nýbrž pouze jeden společný sjezd všech organizací krajanských, exilových a zahraničních, který se po prvním společném zasedání rozejde na skupinu krajanskou a na skupinu exilovou, a zahraniční, které budou projednávat své vlastní záležitosti, a který se pak znovu sejde k svému třetímu — opět společnému zasedání a k vyhlášení svých usnesení a závěrečného Manifestu, resp. Poselství k lidu čs. původu ve Spojených státech i k lidu v Československu.

Po výměně náhledů na nynější události v Českoslovenku a po několika projevech účastníků konference, vyjádřujících radost nad touto manifestační jednotou všech krajanských organizací, starosta Čs. Skoolstva v zahraničí bratr Dr. Antonín Hřebík, jako redaktor "Denního Hlasatele" v Chicagu, vyzval všechny přítomné, aby za své organizace psali stručné zprávy a výzvy svému členstvu k účasti na těchto všennárodních oslavách 50. výročí čs. neodvislosti ve dnech 18. až 20. října 1968 ve Washingtoně, D. C., tak, aby účast na nich byla skutečně mohutná a manifestační — a odpovídající významu tohoto památného výročí.

Konference byla ukončena československou hymnou, kterou zapěli všichni účastníci. Hřk.

# AMERICAN SOKOL



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## OFFICE OF THE EXECUTIVE BOARD ASO.

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## Calendar of Events

- JUNE 29th—SOKOL MILWAUKEE, WIS.  
100th Anniversary Banquet at the Bowlero, 11737  
W. Burleigh St.
- JULY 14th—SO. OMAHA SOKOL DAY.  
Sokol Park, LaPlatte, Nebr. Gymnastic Exhibi-  
tion at 2:00 P.M. Entertainment all day long.  
Children and adult games.
- JULY 14th—SOKOL CLEVELAND-CECH HAVLI-  
CEK. — Family Basket Picnic.
- JULY 14th—SOKOL DETROIT, MICH.  
Gymnastic Exhibition.
- JULY 14 thru 20th—SOKOL ST. PAUL, MINN.  
Children's Week at Sokol Camp.
- JULY 21—AUG. 4th—SOKOLICE OMAHA spon-  
sored tour to Hawaii.
- JULY 27-28—SOUTHERN DISTRICT SLET.  
Houston, Texas. Competition and Exhibition.
- JULY 29th—SOUTHERN DISTRICT INSTRU-  
CTORS COURSE. — Two weeks—Sokol Houston,  
Houston, Texas.
- AUG. 11th—SOKOL CLEVELAND-CECH HAVLI-  
CEK. — Cedar Point Trip.
- AUG. 17th—SOKOL DETROIT, MICH.  
Annual Festival.
- AUG. 17th to 30th—EASTERN DISTRICT.  
Teachers Course at Belcamp, Md.
- AUG. 18th—SOKOL TYRS, CLEVELAND, OHIO  
Annual picnic IOOF Camp.
- AUG. 31st—SOKOL NOVA VLAST, Cleveland,  
Ohio — Beer Festival
- SEPT. 8th—SOKOL BALTIMORE, MARYLAND.  
Crab Feast.
- SEPT. 28th—SOKOL LOS ANGELES — St.  
Venceslav Dance, Sokol Hall.
- SEPT. 28th—SOKOL LOS ANGELES, CALIF.  
St. Venceslav Dance—Sokol Hall.

- SEPT. 28 and 29—EASTERN DISTRICT.  
Annual Meeting in Baltimore, Md.
- OCT. 5th—UNITED SOKOL OF THE EAST.  
Track and Field Meet for all Seniors and Juniors.  
Victory Field, Forest Hills, N. Y.
- OCT. 16th—SOKOL CEDAR RAPIDS, IOWA.  
Sokol Supper.
- OCT. 18th—SOKOL BROOKFIELD, ILL.—Bunco  
Party.
- OCT. 20th—SOKOL CLEVELAND-CECH HAVLI-  
CEK. — Pork and Sauerkraut Dinner.
- OCT. 27th—SOKOL LOS ANGELES — 50th an-  
niversary of Czechoslovakia. Banquet —  
Sokol Hall.
- OCT. 27th—SOKOL LOS ANGELES, CALIF.  
50th anniversary of Czechoslovakia banquet—So-  
kol Hall.
- NOV. 2nd—SOKOL STICKNEY, ILLINOIS.  
40th Anniversary Banquet.
- NOV. 16th—SOKOL BROOKFIELD, ILL.—Chicken  
Dinner.
- NOV. 17th—SOKOL CLEVELAND-CECH HAVLI-  
CEK. — Fun Festival.

SOKOL WEST SUBURBAN changed the place  
of its meetings:

The Westmont Public Library  
18 E. Richmond  
Westmont, Illinois  
(Meetings 4th Monday of each month)

## Vincenc Sedlák.

17. března, ve věku 86 let, zemřel v Chicagu zná-  
mý krajaňský pracovník, br. Vincenc Sedlák. V  
hmotářské době obětoval své úsilí práci pro společ-  
nou věc, svou službu celku ve jménu lásky, svou  
poctivost a pravdu a víru v člověka . . . Byl znám  
jako člověk pokrokový, dobrý.

Býval výkonným úředníkem v České krejčovské  
unii a mnozí krajané našli u něho zastání a po-  
rozumění. S členy unie vypravil několik pozoru-  
hodných divadelních her.

Od mládí vábilo jej sokolství a prokázal mu mno-  
hou platnou službu. Byl členem Sokola Slávského  
a později dlouhá, dlouhá léta Sokola Havlíček-Tyrš.  
Jednota mu udělila odznak, na který je oprávněn  
člen po dlouholetém členství v americkém Sokole a  
napsal mi:

"Aby řeč nestála, pero nezahálelo, inkoust nezamrzl, hlásím  
se, že jsem ještě živ . . . zdráv nemohu říci. Ale sleduji so-  
kolský život a byl jsem mile překvapen, že mi Sokol Havlíček-  
Tyrš poslal zlatý odznak 50letého členství!"

Vincenc posílal i básně k našim sletům i jubilejím  
jednot. Sokolu Tábor v Berwyn, k jeho století, na-  
psal:

100 let "Sokola Tábor" historie!  
100 let Tyršův duch v něm žije!  
100 let ideám jeho kultu věnován,  
100 let dává národu svou daň!  
100 let nosí sokolský znak a štít.  
100 let mu předurčeno ještě žít!  
100 let v moři ciziny, je pevný peň!  
100 let budíž v lásce k rodu zasvěcen!

V posledních letech soustředil své úsilí v Ústřed-  
ně Moravských Spolků, ale Sokolství zůstal věren.  
Za Sokol Havlíček-Tyrš se s ním rozloučila po-  
četná delegace a práci zesnulého ocenil místosta-  
rosta jednoty, br. Joe Janečka, Jr. kmp.

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VĚSTNÍK AMERICKÉ OBCE SOKOLSKÉ

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## OVER FORTY YEARS OF WAITING

### T. G. Masaryk's "Spirit of Russia" Now Complete

T. G. Masaryk's interest in and critical analysis of Russian intellectual history produced his first two volumes of "The Spirit of Russia." These have since become basic works in that field and have been an invaluable source for study. In his introduction to the two volumes he declared his intention to write a study of Dostoevsky, for which the first two volumes were to be the foundation. His work in the liberation movement of Czechoslovakia and nineteen years as President of Czechoslovakia created the impression that he would not be able to complete the final volume. Only a handful of people knew that a German draft did in fact exist and that Masaryk authorized a Czech translation in the late 1930's. He also spent some time in participating in the work on it.

Even fewer people knew that copies of both the German and Czech manuscripts reached the United States. Professor George Gibian edited the manuscripts, which were translated and co-edited by Prof. Robert Bass. Three years of arduous work were required, joining the Czech and German texts, comparing, arranging into chapters, eliminating overlapping material to create a continuous narrative.

Masaryk wrote as a profound student of Russian history and moral philosopher. The third volume is of particular interest to all those who want to understand Dostoevsky and Tolstoy as well as to

admirers of the incisive intellect of the late philosopher-president of Czechoslovakia. Besides the analysis of Dostoevsky and Tolstoy it contains chapters on a variety of nineteenth century Russian authors as well as discussions of many topics of Russian intellectual and cultural history.

Both Prof. George Gibian and Prof. Robert Bass are natives of Prague, but received their higher education in the United States. Gibian is Professor of Russian Literature at Cornell University, Chairman of its Soviet Studies Committee, and has written books and articles on Tolstoy, Dostoevsky and contemporary Soviet literature. Prof. Bass teaches Central European History at Brooklyn College.

Volumes I and II of the Spirit of Russia are a new edition with material added by Jan Slavik, translated by W. R. and Z. Lee. The first is 480 pp; the second 664. The two volumes sell for \$15.00. The third and long awaited volume is 331 pp. at \$8.00 per copy.

All three can be secured from the publishers Barnes and Noble, Inc., 105 Fifth Ave., New York, N. Y. 10003. Knowing the impact the first two volumes have had we anticipate with relish Masaryk's third volume. To anyone sincerely desirous of understanding the Russian mentality and the basis for its functioning, these 3 volumes are a storehouse of profound thought.

## A SOKOL DREAM ABOUT TO COME TRUE

By A. J. Suster, President, American Sokol, Inc.,  
Cleveland, Ohio

Building a new Sokol Center which will be able to serve our members twenty years from now, as well as today, presents a problem.

In 1961, only four years after we had spent around \$40,000 remodeling our Sokol Tyrns Gym, we realized that facilities were insufficient for the growing Cleveland Sokol group. Not only had the halls of the three Sokol units deteriorated, but the neighborhoods as well. It was obviously time for united action.

We, therefore, called a meeting of all three units, and SGUS Lodge 260 to discuss the future of the Cleveland area.

American Sokol, Inc., has been making progress. We are presently searching for a building site convenient to all Sokol members — East, West, South and Downtown. (Lake Erie is to our North.)

We have started a drive for funds, and now have some \$70,000 in pledges, and more than \$20,000 in cash in the treasury.

Sokol Tyrns Hall has been put up for sale, and Nova Vlast is prepared to put its cash reserve in the pot at the time of purchase of a suitable property.

Our planning is based on the belief that the building, once erected, can be self-supporting. We are presently thinking in terms of an outstanding Czech and Slovak restaurant which would support building maintenance.



No land is available today, which would sell for less than \$7,000 per acre. This is a minimum. We will probably have to pay far more for the 13 acres we need. But we are not standing still. Our law counselors are negotiating several properties which are available, and the negotiations will continue until a suitable site is found.

Once the land is purchased, we must face the fact that building construction, at the most reasonable estimate, will cost at least \$500,000.

But we are looking ahead with optimism. In the Fall of 1968 we will invite the entire Czechoslovak-American Community to a joint meeting, where we will report on the progress we have made.

Our guests will include all existing Sokol Units; the trustees of four Cleveland halls — CSA, ZCJB, DTJ and Catholic Groups, as well as independent organizations. They will be invited to join us in making the Sokol Cultural Center a reality, as soon as possible.

There are now many small groups in this area, with membership of from 7 to 20, who have cash

on hand, but who are forced to meet in deteriorating halls, who have no activities, and who are losing instead of making money for their various benefit causes. A new, modern and convenient Sokol Cultural Center would give such groups — and all groups — a new incentive for living.

We have made a start — an excellent start! We cannot stop NOW! We must continue to raise funds — even if we have to do it alone! But we hope we'll have help — the door is wide open to all Czech and Slovak Organizations in Greater Cleveland. We need them, and by the same token, they need us! The time to become part of our unification program and to join in the progressive planning which is going on, is NOW!

We hope that our Sokols — and others — will join us soon in the most comprehensive and forward-looking plan that has ever been formulated for Sokols in the Cleveland Area.

Let's work together — and make our Sokol Dream come true!

NAZDAR!

## CONFERENCE

The Conference was called to order by the President of the ASO bro. Stanley Barcal, who extended a warm welcome to all.

The assembly gave pledge of allegiance to the American Flag. A moment of silence was observed in memory of those of our deceased Sokol members.

Present were:

Bro. Ed. Pavoucek, President Western District, Geo. Prevratil, President Southern District, Geo. Spanek, President Pacific District, Charles Zraly, President Eastern District, Emil Pekar, President Northeastern District, Joseph Drnec, President Central District.

ASO Executive Board: Bro. Stanley Barcal, George Basta, Frank Vodrazka, Charles Prchal, Jerry Rabas, James Cihak, Ed. Linhart;

Sis. Betty Prener, Anne Falta, Anna Basta, Anne Fara, Emilie Welcl-Ruzicka.

District; sis. Barbara Benda, By laws, Western District.

Guests: Bro. Frank Ruzicka, Sokol Tabor; sis. Blanche Zraly, Secretary Eastern District; Bea Pavoucek, Western District.

**Voting:** To equalize voting on major issues, the District Presidents and the Officers of the Executive Board each to have one vote.

### DISTRICT PRESIDENTS REPORTS:

**Pacific District, bro G. Spanek** read his report: The district was organized in 1909 and has continued active irrespective of the difficulties of vast distances between its units. Two units are active gymnastically — others conduct meetings and other cultural activities. The newly elected officers are from three units, and will hold meetings quarterly in Fresno, Calif. The district headquarters are now in San Francisco.

**Southern District, bro. G. Prevratil.** Extended greetings to the Conference from the Southern District and many thanks to the ASO Executive Board for full support of the Dallas Slet, and to

the District Officers as well for their support. The district has 6 units, total membership 687. Conducting 2-week instructors course in July at Houston, Texas. District Slet scheduled for July 27-28, 1968. Southern District is moving ahead and making good progress.

**Eastern District, bro. Charles Zraly.** Activities 1964 Czechoslovak Day at the World's Fair, Sokol Day at the World's Fair in 1965, this was a Combined Slet with SGUS, D. A. and Sokol Ore. In June 1965 a total of 116 participants and many spectators attended the ASO Slet in Chicago. 50 participants in the Slovak Slet in 1966; in 1967 many participants in the Dallas and Montreal Slets. Each year the District places a wreath at the "Tomb of the Unknowns" at Arlington National Cemetery. Wholehearted cooperation exists between the District and the Slovak Sokols, D. A. Sokols, and Sokol Ore. Units celebrating anniversaries the past year were Sokol New York: 100 years, and Sokol Baltimore: 95 years. Two-week instructors' course will be held at Belcamp, Md. in August. All units are active gymnastically with the exception of Sokol Curtis Bay, Sokol Newark and Sokol Philadelphia, which are active in cultural sense. Total membership is 1200, just a slight decline over the past five years.

**Western District, bro. E. Pavoucek.** Expressed appreciation to the ASO Officers for the cooperation and assistance given to the Western District and the progress that has been made within the ASO. Total of 15 units comprise the District, of which 10 are active gymnastically and 5 are social units. Total membership (active gymnastically) 905. (Total adult membership 1200). Have conducted self-improvement clinic and judges clinic. Have received good publicity via radio, TV, and newspaper coverage. Units participated in various fund raising activities. Sokolice Crete observed 75th anniversary and on that occasion initiated 21 new members. Sokol Omaha is hosting Western

District Slet. Sokolice Omaha sponsoring tour to Hawaii. Sokol So. Omaha has completed remodeling program, has tax exemption certificate since 1936, will observe 80th anniversary July 14. Sokolice S. Omaha observed 65th anniversary and have 2 charter members; Sokol Wilber performed at Czech Festival and Crete Centennial. The Western District has been invited to perform gymnastically at the Kansas Czechs Festival in Wilson, Kansas, and hope this will create much interest for and in the unit. Sokol St. Paul observed 85th anniversary.

**Northeastern District, bro. E. Pekar.** Brings greetings from the Northeastern District. Activities are fine generally. 6 units are active gymnastically, 2 are active socially. Changing times are bringing about some problems and changes. Are trying a new venture — in order to strengthen their position, 3 units in Cleveland have merged, and the name of the new grouping is American Sokol, Inc., of Ohio. Progress is being made in finding a suitable site for their new building. Are getting fine cooperation from Slovak Sokol Lodge 260. Sokol Detroit has a new building. Membership has increased tremendously and they now have a waiting list. Are looking forward to hosting the 1970 ASO Convention. Bro. Tony Suster, as chairman in charge of preparations for the Convention is making plans well in advance.

**Central District, bro. J. Drnec.** Extended welcome of the Central District to all. The problems in the Central District are the same as in other districts. We have 23 units. 11 are combined units, and 12 are separate men's or women's units. 20 are located in and around Chicago. Membership 1,232 men and 1,292 women. Gymnastically 14 units are active with fully organized Boards of Instructors. 8 units do not have gym classes, but hold monthly or bi-monthly meetings, and support other unit activities and participate in the work of the district central committee. 13 of our units own their own buildings. Recently effort was made to reactivate our inactive units. The District holds one activity, the annual Sokol Day with competitions and Victory Dance. With preparations for the 1969 ASO Slet getting underway, the district membership will be fully occupied. We will be your hosts on this great Sokol occasion and look forward to the event.

Sis Blanche Cihak, I. Vice President, and sis. Lorraine Zdenek, ASO - BOI Director of Women were introduced by President bro. Barcal at this time.

Questions to the Executive Board presented by the Western District will be referred to the respective ASO committees. Questions pertaining to local district matters will be answered directly to District Presidents.

#### District Directors Conference:

Scholarship Committee: bro. G. Basta. A directive of the 1965 Convention was that the Future Sokol Leaders Fund be put to use. A Scholarship Committee was formed, ground rules were set. The first year 5 districts had applicants (Pacific district did not). The BOI Conference recommended

broadening scholarships to other educational fields. Changes were made in the application form. Bro. Zraly suggested District President approval be obtained in addition to that of the District Director Approved. The BOI Conference recommended to the next Convention 1) extending the scholarship beyond the 2 year limit; and 2) increase the amount. Recommended to increase and extend the scholarship dependent on what conditions will be 2 years from now.

Proceedings interrupted and bro. Andrew Venglarcik, President of Sokol U. S. A. was introduced. Extended greetings from Sokol USA and expressed appreciation of the fine cooperation between our organizations. The revised issue of the Sokol Manual is ready. Also the Guide for Teaching Course prepared by bro. Skapik and Bednar, elementary copy, is done. Brought copies to be looked over. Reported on various activities and events.

Sis. E. Welcl-Ruzicka, Chairman **Organization Committee** reported on conditions prevalent in the Pacific District at the time of her trip there. — Discussion ensued and it was felt that the new developments there will create more activity.

Meeting adjourned for luncheon 12 noon.

#### Afternoon session

**Traveling Instructor Fund and Special Assessment.** Bro. E. Linhart reported on this and read the rules as set up governing application for funds. Also what activity these funds were to be used for. The recommendation of the BOI to delete par. #6 "Travel expense to nationally recognized clinics for active gymnasts," was approved. For ASO courses (national) the following was approved and becomes the new #6 rule; The District may use these funds to subsidize students from their respective Districts. a) travel expense; b) food and lodging. The number of students subsidized, and to what degree to be left to the discretion of the District.

**District courses** — the minimum number of students for a District course to warrant further recognition be 20. The "expense allowance" for the chief instructor of a course to be \$150.00 per 7-day week. The line-up instructors "expense allowance" to be a minimum of \$75.00 and up to \$125.00 maximum per 7-day week.

After discussion of organizational activity clarification was made that the Traveling Instructors fund also could encompass organizational activity and was set up as Traveling Instructor and-or Organizer by the convention. To this end a study will be made and guide lines set by the Organization Committee.

Bro. James Cihak read resolution concerning current events in Czechoslovakia, on the reactivation of the Sokol. The resolution was adopted and a translation into Czech made, for immediate release to the press.

**Publicity and Public Relations.** Sis. A. Basta reported on publicity from a national level. Units and Districts are handling their own publicity well. Working on decal for our 1969 Slet. Newsletters are good media of public relations. Publicity committee to send weekly releases to the units about

the coming Slet. A listing of unit newsletters (and addresses) received at the ASO Office to be published in the American Sokol and anyone desiring to obtain copies could write to the source, and an interchange of newsletters (intercommunication between units) be made. Also mail newsletters to newspapers, radio and local media as they can pick up items of interest and publish same. BOI could send newsletter concerning their activity. Czech articles in local newspapers should be continued.

**Membership committee.** Bro G. Basta reported making a comparison of our statistics on a national scale. This over a 2-year period indicated a loss of 132 members, however, Northeastern and Southern Districts showed an increase. A committee is being established and will lay the groundwork for work of this committee. Stress getting younger people into the organization. Preservation of the Czech language should be stressed outside of classes. Organizing new and reactivating old units. Gymnasiums be kept open for summer activity.

**By-Laws.** Bro C. Zraly, chairman of Standing By-Laws Committee, extends thanks to sis. M. Udaykee for typing of by-laws in sequence and chronological order.

**Recommendations of the by-law committee.** — Recommended changes to Article 5. "Establishment and Acceptance of Units" were discussed and approved as follows:

a) A request for the acceptance of a new unit as a member of the ASO shall be made in writing and presented to the Executive Board of the ASO and/or the District assigned after investigation by ASO and/or the District. The committee or individual who shall aid in the establishment of a new Unit shall instruct the activating group of the Unit concerning the regulations of the ASO, and provide them with the necessary number of copies of the Constitution and By-Laws. The Executive Board of the ASO, shall then refer the request for membership to the appropriate District which shall conduct an investigation into the conditions and prospects of the petitioning Unit;

b) The petitioning unit shall be recommended by the District assigned.

c) The request for membership in the ASO shall require the signature of at least 15 members of the petitioning unit, and shall be accompanied by the registration fee of \$1.00 per member. In case of non-acceptance the registration fee shall be refunded. The Executive Board shall be obligated to give reason for non-acceptance;

d) The request for membership shall be signed by three officers of newly formed unit, one of whom should be the president;

e) Regular Sokol educational and physical cultural activity shall be the pre-requisite, within six months after acceptance of a new Unit.

f) — and balance of article 5 remains unchanged.)

Recommended changes to Article 21. "Organizational Committee", par. 2, were approved as follows:

2) The Committee shall be charged with the responsibility to:

a. Organize new Units assisted by Districts and Units closest to the vicinity.

b. Assist inactive Units in re-activation assisted by Districts and Units closest to the vicinity.

c. (This paragraph remains as it appears in by-laws — no change.)

d. The Committee shall be charged with the responsibility to support its activity by publishing a quarterly newsletter and necessary correspondence with organizational directors in units and districts.

The recommendations will be submitted to the Units for referendum.

**1970 Convention.** Bro. A. Suster, Convention preparations chairman, outlined agenda for ASO Convention: 1) Open Convention with keynote address. Credentials Committee check delegates, appoint committees, then adjourn session for ½ day allowing committees to work. 2nd day Convention floor for discussion — all delegates present. Adjourn for luncheon, and then conduct 3 or 4 seminars i.e., Public Relations, Promotional, Organizational, Membership, etc. these to be scheduled from 2—5 p.m. (These could be presented twice, allowing delegates to attend more than one seminar, if desired.) Nominating committee working throughout the entire convention and Wednesday morning report where the next seat of the ASO will be. Nomination of officers could begin six months prior to Convention,—get interested people to work. 2) Convention headquarters will be at the Sheraton - Cleveland Hotel on Public Square, centrally located, Rapid Transport from the Airport direct to the Hotel Lobby. Dates June 15, 16, 17, 1970. Northeastern District is planning some type of gymnastic invitational meet — to get experience in competing, this to be prior to the Convention. Tentatively reserved 150 guest rooms. Banquet, luncheon may be considered.

At this time Br. A. Venglarcik asked to be excused as he had other commitments.

**1970 Convention, continued.** — Secretarial help (other than delegates) to be gotten for the committees as well as the Convention, so that proper reports can be made. This will be taken care of by the Convention Preparations Chairman.

**American Sokol Publication.** Bro F. Vodrazka reported on the general aspects of our publication. The format is 7½ x 10½, 5,700 copies are printed monthly, and we try to hold limit of 16 pages per issue. The cost per page is \$33.00, which includes correction of the mailing list. When issues are expanded to more pages the printing cost, per page necessarily changes. Bro C. Prchal is the Editor, and sis. M. Prchal is Editor of the Sokol Gymnast section. An additional charge of \$28.00 is made for additional copies of the Sokol Gymnast. The total cost per copy (16 page publication) runs 12.2 cents. Mailing of the publication has encountered difficulties at the Chicago Post Office. Effective January 7, 1968, publications of non-profit organizations containing more than 10% of advertising matter in any issue are subject to the

## SOKOL GYMNAST

JUNE 1968

EDITOR—MILDRED PRCHAL

2419 Scoville Avenue, Berwyn, Illinois 60402

SMALL GIRLS OR LOW INTERMEDIATE  
JUNIOR GIRLS JUMP ROPE

For 8 to 20 Girls

Entrance: Light run in files of 4s (girls are numbered "1." and "2." Each girl holds end of a twice folded jump rope in the right hand; her left hand holds end of rope of girl before her. Girls turn at designated place into clockwise circle and in finale of music turn to face center of circle and stop. Girls continue to hold ropes and close circle to low sidearm distance.

WARMUP — Meas. 2/4 (Facing in Circle)

I.—II. 4 chasse to side with jump on closing of each step to left side — arms hold in low sidearm (chasse: step left to side, close right with jump)

III.—IV. 4 steps in place with high bent front leg beginning right

V.—VI. 4 side chasse steps to right side — arms hold

VII.—VIII. 4 steps in place with high bent front leg beginning left

IX.—XII. 8 slow steps turning to left: Couples (No. 1s and 2s who stand beside each other in circle) turn to face each other, hold each others ropes high sidearm thus forming little circle and walk around clockwise.

XIII.—XXIV. like I.—XII. On first measure couples open to join rest of circle

XXV.—XXXII. like I.—VIII. (girls are in single big circle)

Change from circle to open rank individual markers facing front (example: picture 1 is for 16 girls) 2/4 measure:

I.—II. 4 skipping steps (bend frontleg on each) toward center of circle. On 2nd count of II. meas. uparm but continue holding ropes.

III.—IV. 4 skipping steps to rear bending frontleg on each — slowly closearm

V.—VIII. like I.—IV.

IX.—XII. like I.—IV.

XIII.—XIV. in twos (release others)

6 skipping steps shortest way to markers. When in place end girl release rope of her partner and holds her own rope with both hands folded **only once**, in low frontarm. (pic. 1)

PREPARATION — Measure 3/4:

Introduction: I.—II. Circle shoulders twice starting up, then back and down — rope remains low frontarm

III.—IV. tlike I.—II.

PART A — Measure 3/4:

I. Uparm — rope in both hands overhead

II. Swing to left side, left sidearm, right bent front inward — turn trunk to left

III. Turn trunk front — front swing downward to uparm, rope overhead

IV. Bend left frontleg — rope before left knee — (low frontarm)

V. Swing rope to uparm, rope overhead, closeheel

VI.—IX. like II.—V. Opposite

X. Halfsqat sidestep left — sidebow right (arms hold)

XI. Close left, closeheel stand — upright — (arms hold)

XII.—XIII. like X.—XI. but opposite

XIV. frontbow (arms hold)

XV. Support closeknee squat — head frontbow

XVI. Jump turning 180° to left to closeheel stand (face back)

XVII.—XXXII. Part A is repeated. Girls finish facing front. — (Rope horizontal overhead doubled)

PART B — Measure 3/4:

I. Left bend frontleg, shin vertical — rope overhead

II. Close left, right bend frontleg — rope overhead

III. Rope horizontal in back of body (low reararm)

IV. Closeleg squat — moderate frontbow, head frontbow — rope on floor in back of body, hands touch floor

V. Upright — closeheel stand — hold rope in hangs vertically, left uparm (straight)

VI. Closeleg squat — arms hold (trunk upright)

VII. Closeleg kneel — arms hold

VIII. Kneel — take rope in both hands uparm inward — moderate rearbow of head

IX. Sit on heels, frontbow — head between arms (uparm inward)

X. Support kneel, left high rearleg — moderate head rearbow

XI. Close left to heel seat again — head between arms

XII. Support kneel — right rearleg — moderate head rearbow

XIII. Close right heel seat — head between arms

XIV. Support squat closeleg — head upright

XV. Support stand

XVI. Upright — closeheel stand — rope horizontal in low frontarm

XVII.—XVIII. Left hand releases end of folded rope, right big circle inward; trunk accompanies movement of arm throughout circle (sidebow left, rearbow and upright). On 3rd count change rope to left hand.

XIX.—XX. like XVII.—XVIII. but opposite. On 3rd count of the XX. measure odd numbered girls: 45° turn toward her partner, prepare rope for jumping.

## MAIN PART — Measure 2/4 Part A

- I. EVEN NUMBERED GIRLS: Preparation for jumping — rope back of body  
 ODD NUMBERED GIRLS: Sit crossed bentleg and hold for 12 measures.
- II.—VIII. EVEN: Closeleg jump over turning rope in place with bounce between (a jump and a bounce to each measure turning rope forward)
- IX.—XII. EVEN: 4 jumps in place without extra bounce (1 jump to each measure)
- XIII. EVEN: Crossed bentleg seat  
 ODD: Prepare for jumping
- XIV.—XXIV. ODD: same as II.—XII.  
 EVEN: Remain in crossleg seat.

## PART B

- I. EVEN: prepare for jumping  
 ODD: Crossed bentleg seat
- II.—XII. EVEN: Skipping or continuous jumping over rope travelling around partner, who is seated, moving clockwise and returns to own place
- XIII. ODD: prepare for jumping  
 EVEN: Crossed bentleg seat
- XIV.—XXIV. ODD: like II.—XII.  
 EVEN: hold in crossleg seat — in XXIV. measure closeheel stand facing front.

## PART C

- I. Twos turn to face each other — chasse left forward (step left, close right, step left forward)
- II. Gymnasts cross ropes by lacing one over the center of the other.
- III. Chasse right rear to marker — (step, close, step)
- IV. Close left — close arms, rope stretched
- V. 1. Bend high frontleg left — sidearm, ropes stretched  
 2. Rearleg left, arched frontbow — arms hold (arabesque)
- VI. 1. Bend high frontleg left — upright  
 2. Close left — closearm
- VII.—VIII. like V.—VI. but opposite
- IX. 1. ODD: halfsquat left sidestep turning 90° left (face front) — right sidebow — uparm outward  
 EVEN: Same but opposite  
 2. BOTH: Dip in sidebow — arms hold
- X. 1. Spring from supporting leg turning 180° to face each other — closearm
- XI.—XII. like IX.—X. but opposite (facing back).  
 On the 2nd count of the XII. measure grasp ends of ropes, ODD girls in right hand; EVEN girls in left hand. Ropes are doubled and hooked in center.
- XIII. 1.—2. ODD: Bend left frontleg and close — uparm changing rope ends to left hand and closeheel stand.  
 (step, close, 4x) changing places — arms  
 EVEN: Same but opposite
- XV.—XVI. 4 chasse steps sideway toward partner with ropes slowly move to uparm, free hands on hips. On 2nd count of 16th measure sidebow toward each other — arms hold (girls face in same direction)

XVII.—XVIII. 4 chasse steps sideway again returning to own markers (in step, close, steps changing places, ODD numbered girls pass in front of EVEN numbered girls each time)  
 On 2nd count of XVIII. measure, both arms are closed loosely.

- XIX. 4 running steps turning toward each other into ropes beginning with inside foot
- XX. Hold (twos are now in ropes beside each other facing front) — (arms waist high)
- XXI. 4 running steps away from each other — (unwinding) beginning with outside foot
- XXII. Closeheel stand on marker — arms hold.  
 Finish on own markers, hip to front
- XXIII. 2 steps forward to middle between markers.  
 ODD: Begins with left;  
 EVEN: begins with right — arms low frontarm
- XXIV. 1. Step forward: ODD: with left;  
 EVEN: with right — clasp free hands  
 2. Closeheel; ODD: right; EVEN: left — 90° turn to face back
- XXV. 1. Jump jointleg over loosely hanging rope  
 2. Step forward with inside foot with 90° turn away from each other — release inside hands.
- XXVI. 2 steps to marker turning 180° to face each other — change rope to other hand
- XXVII.—XXX. like XXIII.—XXVI. but in 2nd count of XXVIII. measure turn 90° to face front

## FINALE — MEASURE 4/4

## Introduction

I.—IV. Release one end of rope and grasp own rope in center so that the ropes will separate from each other. Tie folded rope around waist with ends on right hip. Simultaneously the group will divide into two groups. Each individual steps to designated places facing front (pic. 2)

ODD numbered group begins exercise on 1. measure; EVEN numbered do same exercise but begin on 2nd measure.

## ODD:

- I. 4 steps forward with high bent frontleg beginning left — frontway slowly uparm outward
- II. Halfsquat sidestep left — front circles to right, trunk accompanies arm movements — sidebow to right — frontbow and sidebow to left (circle of trunk is soft and flowing)  
 In the 4th count upright — closeheel stand — look up.
- III. Like II. but opposite
- IV. 4 steps to rear with high front bentleg beginning right — frontway slow low sidearm.
- V.—VI. like II.—III.
- VII.—VIII. 8 small steps in place turning 720° to right (double turn) in toestand — swing to uparm outward starting from low left side of body during turn (spiral)
- XI.—XVI. like I.—VI. On 4th count of XVI. measure change weight of body to left leg, close right to closeheel stand — closearm.

## MODERN GYMNASTICS

### Mme. Berthe Villancher

An attempt to define modern gymnastics:

This is a discipline put into the international program only recently. The last World Championships were held in Copenhagen in 1967 and were the Third Championships in *Gymnastique Moderne*. It is a new discipline, now being used in several countries. There have been many discussions in arriving at what the technical rules should be.

There are right now several tendencies which are different and have nothing to do with modern gymnastics.

- 1) The tendency toward classical choreography and the ballet. Classical dance should be reserved for the theater, done by artists trained over a long period of time and who can perform without a trace of mediocrity.
- 2) Acrobatics which are normal for artistic gymnastics do not have a place in modern gymnastics.
- 3) Tendencies to the contortionist movements of the circus.
- 4) The tendency to mix folk dancing into modern gymnastics.

What remains, then, for modern gymnastics. What is the concept? It is a complete gymnastics. It is a completely natural movement, that is to say, without having any artificial position. It requires a preparation, extremely pushed to the limits, extremely finished so that the whole human body arrives at an absolute coordination of movement with the chosen music.

Modern Gymnastics is all the possibilities of movement, all the possibilities of physical and emotional capabilities of the gymnast (not theatrical — with no facial exaggerations). There is, then, an absolute coordination between the musical phrase, the executed movement and the possibilities of the gymnast (her temperament, her morphology) without any fault of movement. It is all the turns, pivot, leaps, and walks. To this is added an expression of the work which has rapport with the music and an expression which is natural and not an expression which belongs to the drama of the theatre.

Until now there has been difficulty in understanding this. Now that we have arrived at a point where artistic gymnastics is reasonably structured, we can do the same thing for modern gymnastics.

Modern gymnastics does not contain any elements of acrobatics (cartwheels or flic-flacs). — There is, little by little, a list of rules and a structure for modern gymnastics with a list of elements of difficulty (average and superior) to be executed in the exercises without portable apparatus as well as exercises with manipulation of portable apparatus.

We have to prepare specific judges for modern gymnastics for we cannot accept the same judges which exist for artistic gymnastics.

We have in modern gymnastics a program which includes floor exercises with and without hand apparatus. We have exercises with:

- ball
- jump rope
- Indian clubs
- streamers of 7 meters in length
- hoop
- wand
- long scarves (which permit lovely composition)

The great difficulty lies in the fact that each apparatus demands a manipulation which is special and a specific movement of the body. The apparatus must serve the gymnast not as something which is thrown from one hand to another, but as a decoration and as an extension of the total body.

Typical example: A ball which has a determined size and weight must rest on the palm of the hand and not be held by the fingers. If in manipulating the ball, the gymnast grasps the ball, it is a fault.

Another fault concerns the arms. The human body has two arms and both arms must work with the same force.

The ball must play the role demanded of it while the gymnast makes great body movements. It must remain an extension of the body. Similarly with the hoop. It is an apparatus which should be rolled or thrown and not used to frame the gymnast.

We have tried to organize the work in demanding with each of the apparatus that the gymnast do the exercises rationally and in a diverse way.

In Copenhagen, all the obligatory exercises with the jump rope (a rubber rope with 2 handles) were exercises of rapidity and the gymnasts executed them without stopping, whether the jumps were simple or difficult.

The cord is certainly made for jumping, but an exercise logically constructed should contain other manipulation of the rope which is more beautiful and more difficult for the gymnast. We have demanded that the gymnast work with a hemp rope, slightly enlarged in the center giving it a certain weight and without handles which permits a direct manipulation between the rope and the hand. One can design figures as if the rope were animated as if it were a person. It can also be used for jumping, but jumping with this rope is more difficult. One can throw the hemp rope. This is one example of the possibilities we search for with each of the apparatus. For each apparatus, then, there is the same base, the same structure. We must determine the appropriate progressions for each apparatus.

Modern gymnastics program for the competition of 1969 will include:

- 1 compulsory exercise with hand apparatus
- 1 optional exercise with the rope
- 1 optional exercise with the hoop
- 1 optional exercise with no apparatus.

These are for the general individual competition. What the Federation has already advanced for women is a group exercise with apparatus, that is to say, exercises performed by a team of 6 gymnasts. One may have composition which is free, but the apparatus is obligatory.

### COMMENTS IN ANSWER TO QUESTIONS CONCERNING MODERN GYMNASTICS

Will the competition in Modern Gymnastics in any way alter the competition in Artistic Gymnastics?

There will be competition in both artistic gymnastics and in modern gymnastics. They are two different things. A special sub-commission which will concern itself with the activities of modern gymnastics.

Before Dortmund, during the games at London, the games at Helsinki, and the games at Melbourne, the program of artistic gymnastics comprised the program that you know, bars, beam, horse and floor exercises. There also was (with these same gymnasts) competition by teams with portable apparatus. This did not work because the technique is too different. Then, too, a gymnast might be injured and unable to compete with the team, completely separating the team. Modern gymnastics needs different gymnasts, juries, and technicians.

May the same 3 individuals be part of the team competition in modern gymnastics?

There is individual competition with the program of 4 disciplines for 3 individuals. Competition now for team is for group exercises with small portable apparatus using 6 gymnasts on a team. There are two classifications: general individual and exercises done together by a team. One can do the general individual exercises or the team exercises or both. Each country has the option. The U. S. could send 3 individual gymnasts who could also perform with 3 others as a team or we could send 6 to perform just as a team.

Where can Modern Gymnastic material on compositions be obtained?

In the program booklet for Copenhagen, there are the compulsory exercises which were the exercises with the rope. At the end of the program booklet, for each discipline, ball, hoop, rope, there are examples of combinations of elements of difficulty (average and superior).

There must be a base. There are no doubt many schools which perhaps do not have a program of modern gymnastics, but who are sympathetic to such a program. These schools give a line of direction and can give help in setting up a program. One can have training programs in a country. Don't invent, but obtain a proper base.

How do you start such a program when there is such a lack of written and audio-visual materials and qualified teachers?

The same problem has existed in artistic gymnastics. You enter competition, coaches attend training programs, they have an understanding of what is happening in international gymnastics. Little by little, artistic gymnastics for women evolves and finds a technique which is good. It is the question of the snowball which little by little grows. The same thing will happen with modern gymnastics.

Each year I try to have a training program which will serve for the judges and the technicians. In 1968 there will be one in Czechoslovakia. The people with in the Federation there who are

responsible for the program are invited. This kind of thing will be done every year.

How did this program start in France?

In France to have a base for modern gymnastics (it does not exist on a school level or in clubs), I formed a group of technicians and specialists, people who were specialized in technique and rhythm. We made a program. We classified children into groups; very young children, girls up to 15—16 years, and others 16 to 18 or 20 years. We gave to each group, naturally following the age, only the elements of compulsory exercises. We left to the teachers the construction of the movements. For example, for a young girl doing an exercise with the ball, she has 3 or 4 compulsory movements which she must include in the exercise. One adds a greater number of difficult elements according to the age. For the last group, naturally, you add even more elements of difficulty. But with each group, the difficulties are never impossible to do. You do not want to discourage the girls by the exercises.

I began this work in October and in May, I already had 80 teams of 12 girls each who could compete. After the competition, there was a meeting of the teachers in order to point out what was well done and what was poorly done.

We will begin again next year and little by little, there will be more girls participating. I am persuaded that it is something which enormously pleases young girls, because not everyone can perform artistic gymnastics and this form of gymnastics will have a great success.

Some one has asked upon what base do we begin a program. The important thing is to BEGIN. If you make mistakes and it is impossible not to, the essential is to begin, the essential is to participate. By participating, one sees mistakes and one arrives bit by bit by eliminating the bad things in order to preserve the good elements. One cannot remain seated in a chair and say I can't do this tonight. It is necessary to try to do something — to do it as well as possible and then to correct it.

### NEW COLUMN IN OUR AMERICAN SOKOL

Upon the recommendation of the newly formed membership committee the Executive Board of the A.S.O. approved a column to be published on the opinions and suggestions of our Sokol members. This new column will be titled, "Sokols Speak".

Write your articles about our Sokol Organization. Try to keep your ideas or criticism to the following:

1. How to improve our Sokol Organization.
2. How to retain present members.
3. What to do to attract new members, young and old.
4. Modernization of our present Sokol system.
5. Pros and cons on the Sokol Idea.

Articles will be reviewed by the membership committee. Keep articles brief, come to the point.

Address letter to:

American Sokol Organization  
Membership Committee

5611 W. Cermak Road Cicero, Illinois 60650

applicable zone rate of postage. The term advertising includes display, box advertising, classified, and all other forms of advertisements. The editor will have to report each month what percent of advertising is contained in the publication.

Bro. C. Prchal, Editor, commented that the deadline for receipt of material should be the first of the month, in order to give plenty of time to get publication out. Cost of cuts is going up. Also cost of publication in 1967 was somewhat higher as we were advertising the Dallas Slet. Discussion ensued as to manner of printing, whether any advantages would be obtained by going to offset. Further explanation indicated savings would be so small as to be insignificant.

**Slet in 1969.** It is very likely that our 1969 Slet will be held at Morton West. All technical work will be out on schedule. Discussion as to filming of Slet followed. The consensus of opinion was that both film and slides be employed for certain activity and that these facilities be investigated as to cost. A committee should look into this matter, getting people from out of town, if necessary.

**Parade.** Several suggestions were made on holding a parade — to have it on Saturday, to hold it within the confines of the stadium. Also, perhaps not conduct a parade. Suggestion made to have gymnasts fill the bleachers on the East side of stadium, thereby creating a more balanced picture audience-wise. These matters will be discussed by the ASO BOI.

**Central District re. Slet.** The ASO Executive Board at this time requests that the Central District, which will host the 1969 Slet, does not conduct a District Slet that year. This is in order to enable the gymnasts as well as those attending to concentrate on the ASO Slet. Bro. J. Drnec, president of the Central District, will convey the wishes of the ASO Executive Board to the Administrative Committee of the Central District at their next meeting.

Suggestion by sis. E. Welcl-Ruzicka to invite our Czech and Slovak cultural organizations, dance groups, in a production at some time during the Slet program. Also suggested by bro. E. Pavoucek that speeches at the beginning of Slet program be held to a minimum.

Bro. E. Pavoucek suggested that precautionary measures in hotels by maintained. Stress emphatically housing of groups in one area on one floor, thus control could be carried out.

**50th anniversary of the founding of the Czechoslovak Republic.** Bro. J. Cihak reported that preparations are going ahead under the sponsorship of the Czechoslovak National Council of America, the activities to take place in Washington, D. C. October 16, 17, 18, 1968. Will hold a convention of all national organizations, cultural groups, and others. Will have outstanding speakers and outstanding national artists will attend. All Sokol Units should be represented. The original draft of the Declaration composed by Dr. T. G. Masaryk, will be on display in Washington. An Akademie

and banquet are planned. There will be 3 days full of interesting happenings. There is much enthusiasm, and the Sokols have promised full cooperation.

**New Business.** Sis E. Welcl-Ruzicka brought up subject of tours. One or two-day tours, or of longer duration — these to be made to our Units or Districts, on the occasion of certain events taking place there. Also that a group of boys and girls, or both, present a program, on these occasions. This would have to be worked out. First trip suggested was to Sokol Detroit, Sandy Bottom Lake Camp, July 14, 1968 on occasion of their annual exhibition. Could perhaps work through the Central District. At this time bro. J. Drnec, president of Central District, reported Sokol Milwaukee is celebrating 100th anniversary on June 29th and members from many units are attending.

Bro. E. Pavoucek pointed out the lack of answering correspondence between Units and Districts. Activities are being conducted in Units and Districts, yet this information is received too late for other Units and Districts to participate in this activity.

Bro. J. Cihak, Educational Committee, mentioned questionnaire sent to districts and units, and asks the indulgence of all in filling out the forms and sending in the information requested. These statistics will be coordinated on a national level.

Sis. E. Welcl-Ruzicka proposed that units and districts give serious thought to establishment of the preservation of our Czech, Slovak and Moravian artifacts by setting up museums, or devoting space to the various items. Libraries could also be set up, containing such valuable information.

Bro. E. Pavoucek suggested that the ASO furnish a package membership kit, to be presented to newly accepted members. The kit could contain booklet "Sokol and the Sokol Idea," by-laws, and Sokol pin. These kits to be furnished at a nominal charge. The units could order these from the ASO Office.

Bro. C. Prchal gave a description of the grave marker he brought back from Cedar Rapids, which is manufactured there. Bro. Pavoucek reported they have an Honor Roll in their unit on which the names of the deceased are engraved, on brass plates, which are attached to a plaque.

Bro. E. Linhart inquired if bro. G. Prevratil would explain what constitutes associate membership. Reference was made to the by-laws which cover membership and a general discussion ensued.

Bro. Prevratil expressed his appreciation to the Conference as did bro. Pekar. Bro. Pavoucek on behalf of the Western District extended cheers for the work being done by the Executive Board ASO.

Our president, bro. Barcal expressed appreciation to the District Presidents for their conscientiousness as leaders, for the fine cooperation of all, and for all the work being done.

Lead by bro. Prchal we sang Spějme Dál, accompanied on the piano by sis. L. Zdenek, our Conference was brought to a successful close and adjourned. **BETTY PRENER, secretary**

## Financial Report ASO.

MAY 1968

### INCOME:

Dues .....	\$ 726.25
Convention Fund .....	58.00
Special Assessment .....	159.00
Dividends and interest .....	628.13
Subscriptions to "American Sokol" .....	6.00
Resale of jewelry and hats .....	16.90
Sale of Sokol emblems, decals and postage .....	24.28
Reimbursement for luncheon —	
District Presidents Conference .....	3.60
Total Income .....	\$1,622.16

### DISBURSEMENTS:

<b>Administrative Department</b>	
Salaries .....	\$261.70
F.I.C.A. & F.W.T. for April ....	47.04
Rental, janitor service, phone ..	144.97
Office supplies .....	110.87
Safety deposit box rental .....	1.50
Travel & per diem expense —	
Dist. Pres. Conference and	
By-Laws Committee .....	816.00
Miscellaneous expense —	
Dist. Pres. Conference .....	108.60
Petty Cash .....	37.45
	\$1,528.13
<b>Educational Department BOI</b>	
Salaries .....	\$207.80
F.I.C.A. & F.W.T. for April ....	53.20
Editor "Sokol Gymnast" .....	25.00
Phone .....	3.60
	289.60
<b>Sokol Publication</b>	
Editor "American Sokol" .....	\$ 75.00
	75.00
<b>Miscellaneous</b>	
Refund for overpayment on	
Sokol emblems .....	\$ 1.54
	1.54
Total Disbursements .....	\$1,894.27

### BALANCE:

<b>Totals Brought Forward:</b>	
Western National Bank of Cicero —	
Checking Account .....	\$4,402.39
Income — May 1968 .....	1,622.16
	6,024.55
Disbursements — May 1968 .....	1,894.27
	\$4,130.28

### HIGHLIGHTS OF ASO EXECUTIVE BOARD MEETING 5-28-68

Delegates to the commemorative festivities on the 50th anniversary of the founding of the Czechoslovak Republic are: bro. Stanley Barcal, Charles Prchal, Jerry Rabas, and bro. J. Cihak — sis. Anne Falta and Emily Welcl-Ruzicka. Festivities will be held in Washington, D. C.

Mailing of American Sokol must be done according to zip code sequence according to postal regulations.

Slet decal design being worked on.

Incorporate into pre-slet program of events a get-together of those member Sokols who at one time attended a COS Slet in Praha. Tour sponsored by Central District to Sandy Bottom Lake — (Detroit, Mich.) July 14, 1968 — 5 gymnasts to participate.

Formation of membership committee completed. Several point program outlined — suggestions for holding present membership; making facilities more attractive. A column could be included in American Sokol containing the comments of our

members.

## News from our Districts

### CENTRAL DISTRICT

Bro. Zitny will make a contact with a Swedish gymnast who will spend some time in Chicago in the near future and try to find out if we could use him as an apparatus instructor among our units.

### SOUTHERN DISTRICT

Gymnastic Teachers Association of Texas — acknowledges the District as members and enclosure of membership card.

Dallas — Junior girls recently completed in SW AAU meet and won a first place trophy, also entered High School meet, placed individually. 9 gymnasts participated in program in Ennis — educational lectures conducted during gym classes.

Ennis — participated in two day Polka festival in city, 45 gymnasts, mostly children marched in parade, approximately 60 gymnasts presented a program to a large crowd. Received donation of 25 chairs from SPJST Lodge 135.

Houston — Purchased a new balance beam. — Attended clinic in Ennis.

Texas Teachers Association interested in Slet film.

Clinic held in Ennis was well attended, apparatus and calisthenics were reviewed for the District Slet. Estimation of 42 medals and 125 ribbons will be needed and two special traveling trophies — children and volleyball. These two trophies will be purchased by the District. Motion approved to purchase 30 sets of educational books for students. Books are Dr. Miroslav Tyrs, Dr. Joseph Scheiner, Sokol and Sokol Idea, and Our Task, Aim and Goal.

### SOUTHERN DISTRICT

Course students are required a 75% gym attendance and or the approval of the Technical Staff.

Corpus Christi: Mother's Day celebration was observed jointly with other lodges.

Dallas: A support of \$200.00 made to gymnasts attending and participating in meet in Long Beach, California—results of meet in Hurst, 7 junior girls participated, placed 4th.

Ennis: Gymnastic program was presented during the Polka festival celebration May 4 and 5th. Program took place in downtown area at 1 P.M., a float was entered in the parade and featured the 60th anniversary of the unit. Held a meeting with gymnasts and their parents to review future activity and what needs to be done, the project has received cooperation—ladies sewing circle quilting

a quilt as a benefit item for the apparatus fund. Mid-Slet film has been duplicated and now is available to be rented.

Jerry Milan had an inquiry from Brother Linhart if available as course instructor.

Recent trip to Monterrey, Mexico, consisted of 46 Sokol members, of these 22 were gymnasts. The clinic held there was well received.

**NORTHEASTERN DISTRICT**

Brother Pekar stated that he received an invitation to the Nationalities Movement.

Sokol Cleveland-Cech-Havlicek was fortunate in obtaining the services of a Marine sergeant to teach the little boys' gym class the fundamentals of marching.

Sokol Tyrs: B.O.D. will hold a car raffle. Unit did present a gym program and the Sokol Concert Band played at the Parmatown opening.

Captive Nations Week will again be held in July, 1968.

A course will be held at Sokol Detroit during the two weeks following the Detroit summer exhibition.

Brother Suster received a request from the TV program "Panamara" for Sokol participation in the program. Brother Suster suggested that the various units utilize this media for reaching the public with the Sokol message.

**WESTERN DISTRICT**

Received the history of Sokol Caldwell from bro. Jan Maruska.

Cedar Rapids will send 2 boys and 2 girls to instructor school. Classes will cover music tempos, singing, anatomy and other kurs regulars.

All units are reminded to bring their unit flag for the Slet assembly.

South Omaha Sokol has received the Aksarben Good Neighbor Award.

Sister Drozda stressed the importance of the District School. Without these schools we can't progress. Each unit must make an effort to send students.

All survey sheets have been sent. Competition winners will be required to perform at the Sunday afternoon program

Bro. Alfred Swoboda is preparing a lecture to be given at the District Slet School.

**SECOND CLASS BOYS CENTRAL DISTRICT COMPETITION  
May 18, 1968**

**TEAMS**

- 1. TABOR I ..... 530.6
- 2. BERWYN ..... 515.9
- 3. TABOR II ..... 498.3
- 4. SLAVSKY II ..... 493.2

**TEAMS**

- 5. BROOKFIELD I ..... 464.2
- 6. BROOKFIELD II ..... 423.0
- 7. BROOKFIELD IV ..... 384.2

INDIVIDUALS	UNIT	H.B.	P.B.	RINGS	S.H	TUMB.	CAL.	TOTAL POINTS
1. Mike Kulhaneik	Tabor I	18.8	18.0	18.9	17.2	18.2	19.4	110.5
2. Rus Zitny	Brookfield I	17.3	18.5	18.9	17.1	18.8	19.2	109.8
3. Dave Berousek	Tabor I	17.7	17.3	19.0	17.6	17.5	18.8	107.9
4. Rick Linhart	Tabor I	17.4	16.8	18.7	17.9	18.0	19.0	107.8
5. Tom Patek	Berwyn	17.0	16.2	19.1	16.9	18.7	19.1	107.0
6. George Frycek	Berwyn	17.6	15.1	18.8	17.5	18.9	17.9	105.8
7. Mike Jurew	Tabor II	17.2	17.2	18.5	16.3	18.2	17.7	105.1
8. Ronald Edwards	Tabor I	18.0	15.3	18.0	16.2	18.3	19.2	105.0
9. Mike Verba	Stickney	15.6	16.9	18.3	16.2	18.4	18.8	104.2
10. Rick Barcal	Slavsky II	17.3	18.5	17.7	16.0	17.6	16.7	103.8
50	Competed.							

**Sokol Stickney Sounds Off**

Once again its about time to wind up things at our Sokol unit for the summer season. Only two activities left to participate in, the presentations of the Central District trophies Saturday, June 8, and the Central District Slet Sunday, June 9, 1968.

The Unit has had a wonderful year. The much needed and longed for remodeling has been completed, and has indeed changed the entire complexion of the old facilities. The additional room is welcomed by both young and old of our unit. The locker and shower room are in constant use and are greatly appreciated.

The 1968 gymnastic exhibition was held April 27th. Our Directors led three hundred Sokols onto the drill floor.

We now look forward to the next enrollment in September. In October the unit will hold its yearly Farmer's Dance, and in November the unit will celebrate its 40th anniversary with a banquet November 2.

Just to inject some news I will conduct an all Czech concert at Lawndale Park, 4247 W. 31st Street, Chicago, Illinois, Wednesday, July 10, at 7:00 P.M. Admission is FREE.

In parting for the summer months kindly support the Sokol camps. Spend a vacation in Sokol country; for information concerning the camp locations, contact the ASO. office or an officer of your unit.

Frank J. Zakrocky, Educational Director

## Josef Kajetán Tyl.

Na den 4. února t. r. připadly 160. narozeniny pravého apoštola lásky k vlasti, Josefa Kajetána Tyla. Tyl narodil se na Horách Kutných, a co vynikal v prvopočetných probuzení národního a čím přispěl k rozkvětu duševního pokroku probouzejícího se národa, zůstane věčně zapsáno zlatým písmem v dějinách českého národa. Připomeňme si jeho heslo:

Všechny naše kroky musí vésti,  
lásky k národu a jeho štěstí.

Tyl byl nadšetný buditel, zaslužilý pracovník na poli českého divadelnictví a český divadelní svět a kruhy ochotnické věčně vzpomínají zaslužené činnosti Tylovi.

Tyl napsal slova k národní hymně "Kde domov můj . . .", která byla nejdříve zpěvní vložkou k lidové hře "Fidlovačka".

Přečtěte si opět spisy Tylovy!

## JIRÍ ŠPÁNEK.

Narodil se 10. února 1903 v Praze-Hostivaři, kde jeho otec byl živnostníkem a nadšeným cvičitelem v Sokole. To mělo vliv na jeho syna Jiřího, který již od svého útlého mládí byl cvičencem a závodníkem.

Ve svých 20 letech se stal náčelníkem Sokola v Hostivaři — za starostenství tehdejšího čs. ministerského předsedy Antonína Švehly.

Bratr Špánek v té době také absolvoval řadu cvičitelských a vzdělávacích škol Československé Obce Sokolské.

Jako absolvent elektrotechnické průmyslové školy pracoval v závodě známého vlastence Ludvíka Očenáška.

V r. 1926 odcestoval do Paříže, aby se zdokonalil a pokračoval ve svém oboru.

Také v Paříži zůstal věren sokolství. V jednotě Paříž byl vzdělavatelem, pokladníkem, jednatelem a redaktorem Věstníku Pařížského Sokola.

V Sokole poznal také svoji manželku Annu, původem z Havlíčkova Brodu, se kterou má dva syny — Jiřího a Zdeňka.

Br. Špánek byl mezi prvními dobrovolníky do československé armády ve Francii. Byl členem "politické pětky" společně s dr. Řípkou, ing. Kleinbergem, Hanušem a Milečem, která se později rozšířila na otevřený II. zahraniční odboj.

V československé armádě ve Francii se stal četářem, prodělal boje i smutnou cestu ústupu francouzské armády.

Po demobilisaci se vrátil do Paříže, kde byl stále pod dozorem Gestapa. V té době již viděl do komunistických cílů, zmocnit se vedení v jejich prospěch a snažil se jejich snahy přerušit. To mu komunisté po válce nezapomněli a snažili se jej odstranit z národního života špinavým denunciováním.

Nepodařilo se jim zabránit tomu, aby bratr Špánek dostal státní francouzskou příslušnost a k tomu ještě ministerstvo mu bez obtíží vydalo žurnalistickou kartu, o kterou se marně pokoušelo mnoho profesionálních žurnalistů.

Krajané se jistě dobře pamatují na Špánkovo dopisování do českých amerických deníků po celou řadu let a také znají jeho ochotu a jeho pomoc krajanům, projíždějícím Paříží do staré vlasti, v čemž mu věrně pomáhala jeho manželka.

V r. 1952 odjíždí br. Špánek se svou rodinou do Ameriky za svým synem Jařim, který tehdy již byl v americké armádě — v zámoří.

Po příjezdu do Chicaga opět jeho cesta byla do Sokola a do práce v Čs. národní radě americké. Každým rokem nabírá nové a nové funkce. Byl jednatelem a později starostou Sokola Slávského, jednatelem sokolského sletu a vzdělavatelem Sokolské župy Střední.

V národní práci jednatelem odbočky ČsNRA "Dr. Milada Horáková", jednatelem Oblastního výboru a konečně členem předsednictva ČsNRA.

Po svém přestěhování do Kalifornie rychle se vžil do nového prostředí. Také zde se uplatnilo jeho nadšení pro myšlenku sokolskou a stává se místostarostou jednoty a vzdělavatelem Sokolské župy Pacifické.

Nyní je starostou Sokola San Francisco a starostou Sokolské župy Pacifické.

Pokračuje také v práci pro Čs. nár. radu americkou a jeho zásluhou byl založen Oblastní výbor ČsNRA v Pacifické oblasti.

## Česká knihovna a archiv ve Wilber, Nebr.

Agilní Český klub ve Wilber, Nebraska, je ve-  
doucí silou v naší veliké akci obrodit lásku k českému dědictví v Americe. Vybudovali tam pozoruhodné museum, teď dokončují stavbu reprezentační knihovny a archivu, které budou střediskem pro studium naší historie, folkloru a osídlování Nebraska a okolních států českými pionýry. Podle informací předsedy výboru "Dvořáckovy memoriální knihovny", býv. senátora Vosoby z Wilber, tato budova má být otevřena už v červenci. Obrátil jsem se na vás, milí krajané v celé Americe, abyste pamatovali dary českých a anglických knih, týkajících se historie českého národa, českých přistěhovalců i jiných historických knih, hudebnin, fotografií a památné korespondence pionýrů tomuto archivu a knihovně. Tolik vzácných knih už darovala obětavá krajanka pí. Neužilová z New Yorku, ceněné hudebniny poslala pí. Majerová z Arizony, velkou zásilku knih poslala pí. Linková z Chicaga a řada jiných menších darů. Tato knihovna a archiv ve Wilber bude jistě jedinečným střediskem pro studium české kultury a života v Americe i ve staré vlasti. — K.

Medicine is all the fashion in these days, and very naturally. It is the amusement of the idle and unemployed, who do not know what to do with their time in taking care of themselves. If by ill luck they had happened to be born immortal, they would have been the most miserable of men; a life they could not lose would be of no value to them. Such men must have doctors to threaten and flatter them, to give them the only pleasure they can enjoy, the pleasure of not being dead. — J. J. Rousseau.

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tím víc počet věcí roste,  
k pravému jež chybí — štěstí.

"Vypadáš tak špatně, co pak  
tě, bratře, trápí?"

Nemohu spát, mám splatnou  
notu!"

"K čertu, proč pak jsi mi to  
nefekl dřív!"

"Půjčil bys mi ty peníze?"

"To ne, ale dal bych ti prášky  
pro spaní!"

### **RŮZNÁ PŘÍČINA**

Málo víry v lidi máme,  
příliš málo, když je známe;  
jiný příčinou zas toho,  
že je známe — příliš mnoho.

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Jindřich Fuegner, byl by považo-  
ván za významného muže?"

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**50 YEARS**

November, 3, 1941, br. Frank J. Holman died in St. Louis. His life had been dedicated to national works in Sokol and other fraternal organizations.

His greatest activities were in the Sokol ranks which lost their staunchest and most inspired member. He was the President of Sokol St. Louis for fifteen years, and participated in all conferences, conventions and Slets.

In the year 1941, death took some of our best brothers whose loss will be forever felt: Among them were: brs. Serpan, Filip, Holman.

On November 13th br. Lada Kadlec who was only 48 years of age. He was instructor in the Omaha units and was traveling instructor for the American Sokol Organization.

Br. Lada Kadlec was born in Bohemia, on Zizkov, and came to the United States in 1923. In Chicago he was instructor in Sokol Town of Lake and for a short time taught classes in Sokol Americky. In 1938 he was traveling instructor for the outhern District. After a year he accepted position as instructor for the American Sokol Organization and visited all of the districts and units of the organization.

He was as excellent organizer and instructor. As an accomplished singer and actor he propagated the Czech music and culture among people.

At his funeral services, the eulogy was given by

the ASO. Director of Men, br. Jelinek and President, br. Prchal.

In November 1941, the Central District in its resolution that was sent to all districts and units, protested against the raising of the ASO. Director's salary from \$75.00 to \$150.00. The salary of \$150.00 was for the daily employment of Director and Organizer who would also visit the districts. The harmony of the Sokol ranks was disrupted by this protest and constructive activities were threatened; the result was the unanimous approval by the Executive Board to raise the salary to \$150.00.

In January 1942, Sokol Belcamp, Belcamp, Maryland was accepted into the ranks of the American Sokol Organization.

January 24, 1942, br. Vaclav Husa died at the age of 74. Br. Husa was a truly Sokol band leader. He provided the musical accompaniment with conscientiousness and sincere love for the Sokol at all exhibitions by units of Fuegner-Tyrs and later American Sokol Organization, the district and the big national AOS. Slets.

Much of his time and work was donated to various celebrations thereby risking his good standing in the Musician's Union. His greatest enjoyment was the complete success of each project he undertook.

(Continued)

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