



# AMERICAN SOKOL

PUBLICATION OF THE AMERICAN SOKOL  
Educational and Physical Culture Organization

GEORGE BASTA:

## TO OUR YOUTH – A PHYSICAL FITNESS SALUTE

All units of the American Sokol Organization and allied organizations are in full swing preparing for the XII Slet and competitions to be held in Chicagoland June 26-29, 1969.



Fund raising activities for the Slet are now going on in various parts of the United States. If you're a typical AMERICAN SOKOL you'll be learning the drills and competition exercises. Before long you will be on your way to the XII Sokol Slet. The hard training will show results. Feel the tension of the competition, hold your breath while the judges ponder over the scores. Watch the tabulating room buzzing with figures. Hear the final announcement of results for teams and individuals at the

Victory Dance. Live with the laughter, tears of joy and tears of sorrow. Everyone cannot be a winner. "It is not whether you won or lost, it is how you played the game." This saying holds true to this day. The important thing is that everyone participated. The benefits each individual derives from all this are immeasurable.

The veterans of previous Slets are eagerly looking forward to meeting old acquaintances and making new friends during competition, at the Victory Dance, the banquet and the Slet itself. Many fond memories will linger in all participants hearts forever. And they will eagerly look forward to the next Slet.

Have you made your plans for the XII Slet? We have.

# AMERICAN SOKOL



Published Monthly

(Except bi-monthly July and August)

by the

AMERICAN SOKOL ORGANIZATION

6426 W. Cermak Rd., Berwyn, Illinois 60402

Subscription: \$3.00 per year.

## EDITOR

Charles M. Prchal

2419 Scoville Ave. Berwyn, Ill. 60402

Editor must receive copy for publication by the 26th of the month, preceding publication date.

## OFFICE OF THE EXECUTIVE BOARD ASO.

Betty Prener, Secretary

6426 W. Cermak Rd., Berwyn, Illinois 60402

Tel.: 749-6671

## Calendar of Events

- MAR. 29th—SOKOL BROOKFIELD, ILLINOIS.  
Spaghetti Dinner.
- APR. 12th—UNITED SOKOLS OF THE EAST.  
Gymnastic competitions—10:00 A.M. Jr. boys and senior men at Sokol Little Ferry. Jr. girls and senior women at SGUS., Astoria.
- APRIL 13th — SOKOL HAVLICEK-TYRS,  
CHICAGO — Annual Gymnastic Exhibition.
- APR. 13th—SOKOL OMAHA, NEBRASKA.  
Pork Dinner and Carnival.
- APR. 13th—SOKOL TABOR, BERWYN, ILL.  
Bohemian American Concertina Association. 2:00 to 10:00 P.M.
- APR. 19th—SOKOL NEW YORK, N. Y.  
"Majales."
- APRIL 20th—SOKOL ST. LOUIS, MISSOURI.  
Gymnastic Exhibition.
- APR. 26th—SOKOL STICKNEY, ILLINOIS.  
Gymnastic Exhibition at Morton High School.
- APR. 26th—SOKOLICE LITTLE FERRY, N. J.  
Celebration of 60th Anniversary.
- MAY 3rd — SOKOL MLADOCECH, RACINE,  
WIS. — Gymnastic Exhibition 7:00 P.M.
- MAY 3rd—SOKOL NEW YORK, N. Y.  
Gymnastic Exhibition.
- MAY 4th—SOKOL WEST SUBURBAN, Downers  
Grove, Ill. — Annual Gymnastic Exhibition, Her-  
rick Junior High School, Grant and Middaugh,  
Downers Grove, Ill.

MAY 16th—SOKOL MILWAUKEE, WIS.  
Interclass Meet.

MAY 17th—SOKOL MILWAUKEE, WIS.  
Track Meet.

MAY 18th — CEREMONIES IN ARLINGTON  
NATIONAL CEMETERY.

MAY 18th—SOKOL STICKNEY, ILLINOIS.  
Pork and Sauerkraut Dinner.

MAY 25th—EASTERN DISTRICT. — Combined  
Slet of United Sokols of the East at Boonton  
Sokol Camp.

MAY 25th—SOKOL MILWAUKEE, WIS.  
Gymnastic Exhibition.

JUNE 26 TO 29

XII AMERICAN SOKOL SLET  
AND COMPETITIONS

IN THE CHICAGOLAND AREA

JULY 4th—SOKOL NEW YORK, N. Y.  
Opening of the Camp.

## Resoluce.

Výkonný Výbor  
Americké Obce Sokolské  
6426 W. Cermak Road  
Berwyn, Illinois 60402

Bratři a sestry:

Sokolská župa Jižní konala 26. ledna 1969  
svou výroční schůzi v Ennis, Texas, a bylo  
usneseno:

Poděkovati a vyslovit uznání Výkonnému  
Výboru Americké Obce Sokolské. Dovede-  
me ocenit Vaši plodnou a užitečnou práci,  
kterou jste vykonali a konáte po dlouhá lé-  
ta a tlumočíme vřelé přání zdraví, úspěchů  
a největšího zdaru pro dobro Amerického  
Sokolstva v budoucnosti.

Se sokolským Nazdar!

Resoluční výbor župy Jižní:  
Annastazie Jurčík,  
Carrie Vodehnal,  
Henrietta Milan,  
Marie Převrátíl.

Připojeny pozdravy s podpisy všech 18  
členů přítomných v této schůzi.

"... kdo Sokol, byl druhému Sokolu bra-  
tem upřímným — kolik přátelských svaz-  
ků rodí a utužuje Sokol podnes, co vyšlo ze  
Sokola již mužů, kteří druh k druhu a všich-  
ni k věci společné připnutí jsou pro vždy  
nejčistším svazkem bratrským." — Jan Ne-  
ruda.

# AMERICAN SOKOL

VĚSTNÍK AMERICKÉ OBCE SOKOLSKÉ

Ročník—Vol. XC.

March — 1969 — Březen

Číslo—No. 3

EDWARD STETKA:

## XII ASO. SLET

Those of you who will be in Chicagoland during the days of the XII SLET, June 26 to 29, will be seeing the youth of our organization as they take part in the various activities. They will not be the ones who are getting all of the publicity on TV or in the headlines of the newspapers, but a gathering of well-behaved, disciplined youngsters.

Of course, there will be occasions when they may seem to be a little noisy, but this is something that must be considered a part of youth or the relaxation after hours of competitions and participation in some activity.

We should and must be proud of the youngsters who attend our gymnasiums; who voluntarily subject themselves to the discipline which is imposed on them; the discipline which is so vital if they are to receive the full benefits of the Sokol physical training program. Through the training that

they are receiving, it is most apparent that they will become better citizens of our country.

It would be a great tribute to the youth if we could fill every seat in the stands not only for the Slet on Sunday, June 29, but also for their competitions which will be held on the days prior to the Slet.

It could be said that through the doors of the Sokol gymnasiums pass the finest groups of youngsters found anywhere.

Every member of Sokol of every unit, from coast to coast, should make every effort to be present at the Slet, if only to pay tribute to our youth and their instructors. These instructors unselfishly give up their time and their self-interests to devote their efforts to bringing up the Sokol youth to become strong, healthy and worthy members of our American society.

JAMES L. CIHAK:

## OUR FRATERNAL ORGANIZATIONS AND SOKOL

Those who have even a slight knowledge of the Sokols past know from their personal experience of the close ties existing between our fraternal organizations and Sokol. These went far beyond the appreciation for each other's role in our national and local life. Thruout the past century they included everything from moral and financial support to the joint projects necessary for the creation of our community homes. Without these there could never have been the growth we have seen or the maintenance of our cultural life as an ethnic group.

By the very nature of the purpose for their existence, they were intended to be complementary and cooperative. The Sokols have concentrated upon the physical, moral and spiritual training, the fraternal organizations upon the financial security of the community thru their life insurance program, aid to the ill and unfortunate and concentration on the maintenance and perpetuation of a high cultural development.

Purely humanitarian instincts guided the pioneers to form the fraternal organizations. The plight

of widows and orphans left destitute with demeaning public charity as the only means of alleviating their misery, was a powerful spur for a conservative, safe and sound policy that has guided the fraternal organizations for over a century. Even in the early, formative years when the going was rough they lived up to every obligation. They have never deviated from those precedents.

The decades that have passed have brought many changes in every phase of our lives. The advances of this era are difficult to comprehend. Life has become more and more complex. The periods allotted us to reflect and analyze are rare indeed. We have to judge our planning and action on the basis of reputation and past performance. To provide for the security and well-being of those dependant upon us is a constantly gnawing problem, its solution the only road to peace of mind. Wildcat schemes for quick and easy riches are exactly that, wiping out in a flash not only the material assets but leaving scars on the mind and soul.

You need the "blue chips" to assure your future and that of those you love. High among these you can rank our own fraternal organizations, whose financial stability is far above the legal requirements. The Czechoslovak Society of America, the Slovanic Benevolent Order of the State of Texas, Unity of Czech Ladies and Men and the Western Bohemian Fraternal Organization have earned the thanks and respect of every Sokol and are more than deserving of our confidence for the future.

What greater thanks can we give them than to avail ourselves of their services and program for every member of our family. The life of our ethnic group and the even richer culture the Czechoslovaks can still bring to these United States of America rests entirely upon the strengthening of every

fiber of our national and community lives. To this our fraternal organizations rededicated themselves very firmly with the Sokols and other organizations at the convention held in conjunction with the 50th anniversary ceremonies of the founding of the Czechoslovak Republic in Washington, D. C., in October, 1968.

It is our fond hope that the high ideals and sound program hammered out and accepted there will become the reality it deserves to be. And let the mutual respect and cooperation between the Sokols and the Czechoslovak Society of America, Slovanic Benevolent Order of the State of Texas, Unity of Czech Ladies and Men and the Western Bohemian Fraternal Organization continue far into the future. Nazdar!

JAMES L. CIHAK:

## XII SLET PROGRAM BOOK

The program book published on the occasion of the XI Slet in Chicagoland, June 1965, was a new landmark in Slet publications. It contained over 70 pages of district and unit histories, inspirational articles, Slet statistics, biographies and a wealth of other material. It was a publication to be treasured for the future and has served a valued purpose in the intervening years. Decades from now it will still be used as source material for the Sokols of the future.

We are planning to make the program book for the XII Slet an even more inspiring and desirable one. Actually it should be a storehouse of individual memories. We are inviting our Sokol and Sokolice members, young and old, to take an active part in this publication, for only you can record, for the future, events that have taken place in your Sokol life. We urge everyone to reminisce and pick out certain highlights of outstanding worth. The articles are not limited in scope. They can be humorous or serious, short biographical sketches of outstanding instructors, officers or members, great or small projects of your unit, the affect of Sokol on your community. In fact, the field has been purposely left wide open in the hope we will be able to capture much material that will do justice to the Sokol efforts in our lives.

Please don't pass up this opportunity to record gems that are in your mind, and yours alone. These matters are not only for the future but for the present as well.

All articles will be edited. Do not hesitate to write your impressions because you have not done so in the past. You can rest assured your efforts will be welcome and will be presented in printed form to make you proud of your participation in this project.

Articles will be accepted in Czech and English. The Czech articles will be translated into English as we want them to be read especially by our young and the general public. The length of the articles not to exceed 500 words.

Even though the Slet will be held June 26-29, 1969, we are setting a tentative deadline of May 1. A work of this size will require plenty of time to do

justice to the XII Slet and to the American Sokols upon whose shoulders still rests the major responsibility for maintaining the Sokol ideals. We have faith, we believe the Sokols shall again rise to their position of eminence in the land where it first saw the light of day.

Your acceptance of your share of the responsibility for the success of the "XII Slet Program Book of Memories" will be deeply appreciated by Sokols everywhere, especially by those in Czechoslovakia. Their fondest dream is to be able to again lead the nation into the paths of its great leaders.

Send your articles as soon as possible to:

James L. Cihak  
405 — 50th Place  
Western Springs, Illinois 60558

## Progressive Czech

By PROF. B. E. MIKULA

In his desire to help students secure a mastery of the fundamentals of the Czech language, Prof. Mikula wrote a textbook that is now in its fifth edition. It is both a reader and grammar adapted to both school work and individual home study. This edition has again been revised and has added material by Prof. Anderle of No. Carolina State Univ. and Dr. Jirak of Roosevelt College, Chicago, Illinois.

The author had in mind both those who do not have a speaking knowledge of Czech and those who speak the language but lack a thorough knowledge of the grammatical fundamentals.

The publishers are the Czechoslovak National Council of America. This is just one of the Council's projects to keep alive the Czechoslovak cultural heritage.

Prof. Mikula's Progressive Czech can now be secured from the American Sokol Organization, 6426 W. Cermak Road, Berwyn, Ill. 60402. The price of the book is \$5.00, including postage. Orders will be mailed immediately.

## SOKOLSKÁ ÚVAHA.

Není utěšený pohled, jaký nám poskytuje dnešní lidská společnost. Dávný rozkol stavů a tříd nejen že se nepřiblížil přes válečné zkušenosti ní o krok, naopak on v době novější vyspěl v hotový rozvrat, v boj všech proti všem, jehož konce — což je to nejšmutnější — nelze dohlédnouti, jeho škod spočítati. Doba zachvácená je morem sobectví, nenasytností, kořistnictvím bez práce, třebaš přes mrtvolly a ke škodě národa i státu.

Boj o chléb a právo ve světě, to celkem jest, zápas o světlo a svobodu, vzepření proti útisku a má proto na své straně každého, komu konečné blaho na srdci leží. Ale jako vše na světě má svůj rub a líc a každé světlo svůj stín, tak i tento boj má svoje stíny a nejsou to vždy čisté zbraně, jimiž se bojuje, nejsou to šmahem poctivá hesla, pod nimiž se útočí, nejsou to veskrze bezúhonní vůdcové, za kterými často bezmyšlenkovitě dav se řítí. Vidíme to v našich Spojených státech. Stávky, demonstrace, plnění . . .

Poznání vždy určitě po čase přijde, když přehlíží se cesta vykonaná, když skládají se účty, aby se poznalo, že výsledky nejsou v žádném poměru k obětem boje, k silám vynaloženým často nadarmo.

To proto, že bojující ženou se za vzdáleným, nedostupným cílem, přehlížejíce to, co jest na dosah ruky a co jednou byvši uchopeno, bylo by vydatnou pomůckou pro boj za to vzdálenější a tížeji dobytý. To proto jest, že lidu milejší břeškná fráze a zvučný slib, než pravda nekrášená a že nejlepší přítel jeho musí ustoupiti kterémukoliv mluvčovi, jen když tento slibuje věci třeba naprosto nemožné. O tom lid neuvažuje, lid chce být klamán a žel, dosti jest nesvědomitců, kteří tomuto přání ochotně hoví.

A po každém vyúčtování takovém dostaví se otrava tím silnější, čím bezvýhradněji odevzdal se

kdo proudu dotyčnému a volání "zrada" často zamění ona bojovná hesla, za kterými bez rozmyslu vpřed se pádilo.

Zrada? Nikoliv, spíše bezrada, nedostatek plánu, neporozumění poměrům a hlavně nedostatek smyslu pro povinnost u vedených i vůdců.

Tím jsme stanuli u nejhlubší trhliny, jakou utrpěl životní názor současného lidstva, u pukliny, z níž prýští kalný zdroj dnešní společenské roztržiténosti, tak těžce doléhající na všechn moderní život.

Nedostatek smyslu pro povinnost!

Nechci tím říci, že by věky předchozí byly prosty vady této, vždyť' zajisté byli vždy svědomití a beze svědomí, pilní a lenoši, charakterní a chamrad', ale nikdy snad nebylo čeládky povinnost nezající tolik jako dnes. Čeládky, která krade výsledky pile druhých.

Nedostatek ten je hodný politování tím většího, čím neutěšenějším se jeví pohled do budoucna v té změti zájmů nejrůznějších, navzájem se křížujících a potírajících.

Jedni čekají nápravy od sociální revoluce, druzí od nespoutané volné myšlenky a ohromná část lidu věří nezvratně, že kýžený blahobyt sám sebou nastane, jakmile jeden či druhý ideál zmíněný dojde splnění svého. Třetí prostě berou, plení i vraždí.

Leč žádný ohled k zvučným heslům tēm nemůže zastřít poznání, že ani jeden z nich nesplní naděje potud bláhové, pokud zapominatí se bude, co bezpečně přivodí výsledek pozitivní — na práci totiž a spojené s ní povinnosti.

Vzkaz tento vyplynul z tolikerých poslání a činů našich dobrých sokolských lidí, a já nemám přání lepšího, než abychom vlastní píli a prací dospěli na metu nejvyšší — aby lidé přišli k poznání, že není možno stavět osobní štěstí na neštěstí a utrpení druhých.

— kmp. —

JERRY RABAS:

### Jak se připravujete na sokolský slet?

Práce na přípravách XII. sletu Amerického sokolstva jsou v plném proudu. Pilně se pracuje nejen ve sletovém výboru, ale zejména v našich jednotách a v tělocvičnách. Pravidelně a soustavně se nacvičují prostrná, připravují se cvičenci pro závody, plánuje se společný zájezd do Chicaga na slet, dávají se dohromady cestovní fondy atd. Vše má jeden cíl, aby XII. slet Amerického sokolstva byl mohutný a úspěšný.

Propagační odbor Sletového výboru má za úkol seznámit širokou veřejnost s významem a úkolem sletu a tím získat co možno největší návštěvu. Aby tento úkol mohl dobře plnit, potřebuje Vaší spolupráci. Napište nám jak se ve Vaší jednotě připravujete na slet, kolik pojedje cvičenců, kolik ostatních

návštěvníků, jak dáváte dohromady cestovní fondy, jaký druh transportace použijete, jaká nálada a nadšení pro slet je ve vaší jednotě atd. Je toho jistě hodně o čem můžete napsat a co pak můžeme použít k další propagaci sletu. Uvítali bychom také články české i anglické o dojmech z minulých sletů či o ideových důvodech nadšených příprav letošního sletu. Proto nezapomeňte a napište na adresu: Publicity Committee, XII American Sokol Slet, 6426 W. Cermak Road, Berwyn, Ill. 60402. Děkujeme předem.

Ba, spokojenost jest ten těžký olověný cop, který především přetnouti dlužno, máme-li hlavou sí nejen směleji hodit, ale i volněji myslit. — "Věčný ruch", anebo chcem-li též: "Věčná nespokojenost!" — M. Tyrš.

## První valný sjezd České Obce Sokolské.

(24. března 1889)

Dne 28. září 1888 sešli se z popudu Pražského Sokola zástupci Sokola Pražského a sokolských žup, kterých bylo tehdy 8, a jednomyslně rozhodli, aby byl utvořen ústřední spolek sokolských jednot v království Českém, jemuž dáno jméno Česká Obec Sokolská.

Za základ zřízení ČOS. bylo vzato župní ústrojí, které se výborně osvědčovalo a to tím způsobem, že jen župy sokolské mohly být členy ČOS., nikoli jednotlivé jednoty, vyjímajíc jednotu Sokol Pražský, které byla přiznána povaha sokolské župy pro rozsah a její význam v Sokolstvu.

The great majority of brothers and sisters attend the Sokol gymnasium for the sole purpose of exercise. But the other important values of the Sokol movement are neglected. The Sokol does not develop only the physique; nor concentrates only on gymnastics. The Sokol is concerned with the conscientiousness of the brothers and sisters and wants us to know why we are in the Sokol; what the Sokol principles are; its organization and history; and what influence it has upon our physical and moral evolution.

Stanovy ČOS. byly úředně schváleny již 5. listopadu 1888 a ustavující valný sjezd ČOS. byl svolán na den 3. února 1889. Musel však být odložen pro úmrtí starosty Sokola Pražského G. Žižky na den 24. března 1889. Prvními členy ČOS. byly župy: Havlíčková, Krkonošská, Plzeňská, Podkrkonošská, Podřipská, Fügnerova, Tyršova, Středočeská, Východočeská, Žižkova a Sokol Pražský. Pozdější útvar mohutného sdružení sokolského — ČOS., vystiňující potřeby a účely organizační velkého celku, nebyl dílem jednoho okamžiku a jedné hlavy. Útvar ten byl výsledkem různých obměn a zdokonalování, jak to vyžadovala doba a postupný rozvoj věcí, stále nových a nových úkolů zabírajících.

První valný sjezd České Obce Sokolské, tudíž ustavující sjezd ČOS., byl konán 24. března r. 1889 v tělocvičně Sokola Pražského. Účastnilo se ho 147 zástupců z 207 oprávněných. Prvý výbor tvořil starosta, 4 členové předsednictva, 4 náhradníci a 18 zástupců 10 žup, 1 zástupce Sokola Pražského, celkem 28 členů. Prvním starostou byl zvolen dr. Jan Podlipný, jednatelem Tyršův žák a pokračovatel dr. Josef Scheiner, který též vypracoval řády a stanovy. Roku 1906 přistoupily k ČOS. i župy moravské a r. 1920 vstupem žup slovenských vznikla Československá Obec Sokolská.

Československá Obec Sokolská byla v roce 1939 rozpuštěna nacisty. Na sklonku roku 1945 znovu vešla v život — leč — již roku 1948 zničena Moskvou.

V roce 1968 změny v čl. komunistické straně postavily před svědomí světa obrovské síly čl. lidu

a lavina úsilí o opravdovou svobodu, demokracii a znovu-vzkříšení ČOS. udivila komunisty. Lid prokázal, že nezapomněl na Masaryka, Štefánika, Beneše, na Fügnera a Tyrše, na dobu Masarykovy republiky, na zdravé zásady vývojové, nesené Sokolstvem.

\* \* \*

V noci z 20. na 21. srpna 1968 bylo Československo zákeřně přepadeno vojsky Varšavské smlouvy, jejíž Československo bylo věrným členem. Celých 650,000 po zuby ozbrojených vojáků vyslalo Rusko a s nimi přišly i vojenské jednotky Východního Německa, Polska a Maďarska. Čechoslováci nemohli věřit, nemohl věřit svět. A Moskva diktuje dál. Nový, ještě strašnější Mnichov se stal skutečností! Naděje na pravidelnou sokolskou práci, na výchovu tělesnou spojenou se vzděláním mravním, pěstování vlasteneckého citu a nabádání k práci pro národ, zakříknuto.

Lid stojí pevně proti této okupaci. Nekomunisté i komunisté. Věří dále, že cesta budoucích dní nepovede k smrti. Listuje v dějinách a poznává, že byly doby, kdy národ byl téměř vyhuben; vždyť i mužové jako Dobrovský zapochybovali, že znovu vstane, a přece se probudil k novému plnému životu. Ptáš-li se, kde byla skryta jiskra života, nalezněš ji opět v dějinách . . . Byly to ideje mravní, ať pravda Husova nebo dobro Komenského i jeho pevná víra, jež živila naději potlačených v dobách nejtěžších, byly tu základy, jež stavěla četná řada duševních pracovníků a na těchto základech se podařilo vystavět nový chrám národní usilovnou prací, pevnou vírou i láskou českých buditelů . . . Víra, jež hory přenáší, láska, jež vše zmůže a usilovná práce všech dobrých byla kouzla, jež ze spánku probudila národ . . .

It is not sufficient to have a beautiful and healthy body; it must also contain a matured spirit. This is, as a matter of fact, the Sokol foundation; to develop a healthy body together with a healthy mind. They should be so combined that one cannot exist without the other.

Národ je malý, bezmocný i chudý . . . Ale, že nepřestává být věrným sobě, pravdě a spravedlnosti, protože je velký silou ducha, dočká slavných dnů svobodného života. Vstane pak k nové, radostné práci Československá Obec Sokolská s členstvem prosyceným upřímnou opravdovostí a pevnou snahou práce vnitřní k povznesení hodnoty čl. člověka a člena sokolského sdružení zvláště. Národ bude velký, mocný i nad jiné bohatý, vyjde-li z těžkých zkoušek mravně silný a charakterní. A takovým zůstává!

Jsme s lidem, jsme se Sokolstvem duchem i srdcem. Nikdy ho neopustíme! Dle svých sil a dle svých možností to vždy znovu prokážeme!

— kmp. —

K. M. PRCHAL:

## Tomáš Garrigue Masaryk.

(K sedmému březnu.)

Za jeho života byl den narozenin T. G. Masaryka svátkem celého národa, dnem radostných a vroucích přání, aby byl zdrav dlouhá, dlouhá léta . . .

V roce 1937 odešel. Letos již po dvaatřicáté vzpomínáme Jeho narozenin bez Něho.

Vzpomínání na bratra Masaryka jest národu i nám stále zdrojem síly, příkladem radostné, nesobecké a nezištné národní práce, kterou byl přímo nabit celý Jeho život. Posvětil národu všechny své dny a celé srdce své až do nehlubšího záchvěvu a naplnil poslání, jež osudem mu bylo přikázáno, dokonalou měrou . . .

Odešel, ale zůstává se svým národem. V myslích a srdcích svého lidu. S Jeho jménem spojuje víru, že zazní znovu jásavý zvuk písně vítězství bojovníkům za pravdu a právo národa.

Také my máme vděčné vzpomínky na presidenta Osvoboditele československého národa a tyto letí do Lán, do místa Jeho posledního odpočinku. Vzpomínáme! Nezapomínáme!

T. B. HLUBUČEK:

## Nový pokus o vzdělávací činnost.

Jednota Sokol Tyrš v Cedar Rapids, Iowa, měla během minulých desetiletí řadu dobrých, nadšených vzdělavatelů, kteří měli upřímnou snahu rozvinouti činnost, jež by prospěla zdravému vzrůstu Jednoty a stmelila členstvo. Bohužel, ne vždy se to setkalo se žádoucím zdarem. Jen tak mimoděk vzpomínám bratři Franty Filipa, C. B. Svobody, Zdeňka Pauka, Rudolfa Nováka, M. L. Hromádky a dalších. Někteří se funkce vzdělavatele raději vzdali, nebo se prostě "ztratili" z obzoru. V poslední schůzi 3. února bylo znovu mluveno o žádoucím utvoření vzdělávacího odboru a br. T. B. Hlubuček se uvolil funkci vzdělavatele přijmouti s podmínkou, že se mu dostane spolupráce. Zdůraznil, že sami musíme rozhodnout, zda si takové činnosti přejeme, nebo ne. V minulosti karty byly některým bratřím nejdůležitější příčinou sokolské schůze. Přiznejte si, že to byla pravda. Samozřejmě, že přednáška neb rozhovor o sokolství, neb jiných vážnějších předmětech nemůže s kartami konkurovat.

V každém případě jest činěn nový pokus. Zda se vydaří, nebo stane pokračováním předešlých let, to bude záležet na bratřích. Do začátku jsou v přípravě dva podniky. V neděli 9. března ve 2 hod. odpoledne v sokolské klubovně vzpomínkový program na T. G. Masaryka a jeho syna Jana. Promluví br. Hlubuček, zajímavé filmové záběry z Československa vzaté těsně před srpnovou sovětskou

invasí promítne br. George J. Naxera a program zpěvními čísly zpestří pí. Slávka Krejčová z Chicaga. Program jest pořádán Sdružením českých spolků, jehož jest Sokol členem a spoluzakladatelem a to znamená, že program jest "nás a pro nás". Druhý den, v pondělí 10. března, po společné "pot luck" večeři pro oba sbory br. Hlubuček promluví na téma "Golden Age" — "Zlaté stáří". Proslov jeho bude podložen 10letou zkušeností nabytou v době, kdy byl správcem České útulny v Chicagu.

Ve schůzi Jednoty Sokol byl také zvolen předsedou organizačního výboru br. Edward Kuba, reprezentant mladší generace, a úkolem tohoto výboru jest provést nábor členstva. Minulost nás naučila, že svornou spoluprací se nechá vykonati mnoho. Sestry jsou v mnohém směru čilejší. Jejich schůze jsou mnohem lépe navštíveny, jsou zajímavější a málo kdy se stane, aby na programu nebylo uvádění nových členek. Samozřejmě, že zdravá činnost sboru reflektuje také na finance a po této stránce sbor žen jen jde příkladem.

## Jedenáct otázek.

Zkoumali jste někdy, jak spolehlivá je vaše paměť pokud jde o novodobou československou historii? Zkuste to na deseti otázkách.

- 1) Jak, kde a kdy zahájil T. G. Masaryk získávání světové veřejnosti pro československou věc?
- 2) Co si pamatujete o rakouské persekuci Čechů za první světové války?
- 3) Jak byla veřejně odhalovaná i přes přísnou cenzuru novin?
- 4) Co si ještě pamatujete o vystoupení českých spisovatelů?
- 5) Znáte text přísahy čs. legionářů v Rusku?
- 6) Víte, jak byla sibiřská anabase legionářů hodnocena vládami dohodových států?
- 7) Znáte text t. zv. Pittsburské dohody? Víte, že má podpisy 17 Slováků a 12 Čechů?
- 8) První československá vláda byla: Masaryk, Beneš, Štefánik. Víte, kdo byli první čs. vyslanci u spojeneckých vlád?
- 9) Co si pamatujete ještě dnes o tom, že císař Karel se pokoušel ještě 16. října 1918 přetvořit Rakousko ve federaci?
- 10) Znáte text prvního zákona Československé republiky?

Tyto a sto dalších otázek si budete moci zodpovědět ze stránek knihy: THE BIRTH OF CZECHOSLOVAKIA — ZROZENÍ ČESKOSLOVENSKA, kterou vydala washingtonská odbočka Čs. národní rady americké v anglickém jazyku, aby pomáhala osvětlit historické pozadí 28. října 1918, jehož 50. výročí jsme nedávno vzpomínali.

Naše jedenáctá otázka zní: Máte již tuto dokumentární knihu jedinečné hodnoty? Máte také americké přátele, které budete chtít potěšit dárkem. Letos je vám to velmi usnadněno — cenná dokumentární a časová kniha "The Birth of Czechoslovakia" splní všechno, co se od hodnotného dárku očekává. — Cena knihy je \$5.00 i s poštovním. K objednavce připojte šek vyplněný na CNCA/DC a pošlete na adresu: Mrs. Anna M. Faltus, 4708 Kenmore Ave., Apt. 303, Alexandria, Va. 22304. — (Československá národní rada americká — odbočka Washington.)

## Los Angeles Sokol-AAU. Gym Meet

On Saturday, Feb. 15, 1969, the Los Angeles Sokol sponsored a gymnastic meet (with an A.A.U. sanction) and invited several clubs and schools. The competitions consisted of three divisions: Bantam (9 and under), Midget (10-12) and Junior (13-15).

All routines were optional with competition on Free Ex, hi-lows, balance beam (high), and vault.

The caliber of gymnastics was very high. Among the bantam division, we saw an aerial twist, and backhand springs were common. This high caliber continued with hechts off the hi-lows, walkovers on the beam, and layouts on the horse.

However the Los Angeles Sokol girls held their own. We had five enter the meet with results as follows:

Linda Wortner—8th place, All Around, Bantam Division.

Cindy Santo—6th place, All Around, Midget Division.

Nina Zvaleko—8th place, All Around, Midget Division.

Hanna Lauterkranc—8th place, All Around, Midget Division.

Helen Pelc—Midget Division, Balance Beam, Hi-Lows, and Vault only.

All in all there were 85 competitors. Clubs were San Pedro High (coached by Florence Palas, Sokol member), King Junior High, Verdugo Hills High (coached by Marcella French, former Sokol member), L. A. Athletic Club, Olympettes, San Bernardino "Y," Flipettes, and Nemitz Junior High.

This is something new started by our Unit and has proven most popular.

Ruth Santo, Secretary

L. A. Sokol Board of Instructors

## Remember?

When gym classes were held on Tuesdays and Fridays for the men's and boy's classes and on Wednesdays and Saturdays for the women's and girls' classes. Then free gym class on Sunday mornings for those who wanted to get in some extra work and just everyone did.

When gym classes did not only include work on the apparatus, but also high jumping and shot putting.

When the parents did not make excuses for their children for missing gym.

When parents did not make up other excuses for their children.

When you left the front door open.

When the poor were too proud to take charity.

When you were not afraid to go out at night.

When criminals went to jail.

When you could always find someone willing and able whenever you wanted something done.

When people expected less and valued what they had more.

When taxes were only a nuisance.

When you bragged about your city.

When songs had a tune.

When the flag was a sacred symbol.

From "Topix"—Sokol Baltimore, Md.

## The United Sokols of the East

The United Sokols of the East will present an "Exhibition of Physical Fitness" on Sunday, May 25, 1969, at Boonton Sokol Camp, Boonton, New Jersey. The program will begin at 2 P.M.

The United Sokols of the East is an organization composed of the following eastern Sokol organizations: American Sokol, D. A. Sokol, Sokol Orel, Sokol USA and the Long Island Sokol Association.

The various groups will be arriving at the camp by car and chartered bus as early as 9 A.M. to take advantage of the all-day picnic. It is estimated that 2,500 to 3,000 persons will attend the festivities.

Charles Zraly

## First Congress Under the Constitution

On March 4, 1789, 180 years ago, the United States Constitution was declared in effect and on that same day Congress met for the first time, in Federal Hall, New York City. It lacked a quorum, only eight Senators and 13 Representatives being present. The newly elected members from the more distant states were slow in reaching New York, and it was a month before a quorum assembled to count the electoral votes that unanimously elected George Washington the first President. Fifty-four of the members of the first Congress had been members of the Constitutional Convention or state ratifying conventions. All but seven had advocated ratification of the Constitution.

## Sto roků university v Nebrasce.

V rámci oslav stého výročí založení státní university v Lincoln český studentský klub Komenský připravuje na neděli 27. dubna odpoledne slavnostní program. Klub našich studentů uspořádal v minulosti už tři takové podniky s ukázkami českého folkloru a byly vždy největší manifestací na půdě této university díky porozumění a pomoci krajanů z Nebrasky a sousedních států. Letošní program české písničky, hudby a tance, na kterém se budou také podílet čeští studenti z Československa, kteří nedávno byli tak pohostinně přijati v Crete, slibuje být dobrou propagací českého národopisu i manifestací za svobodu a nezávislost staré vlasti. V rámci programu bude též volba královny klubu Komenský. Rodiče českých studentek na universitě v Lincoln žádám, aby vyzvali svá děvčata k účasti na této soutěži. Informace podá pí. J. Lord, 2701 No. 27th Str., Lincoln, Nebr. Během našeho programu bude podávána káva a koláče. Váš příspěvek na výdaje klubu a pohoštění je minimální, dolar pro dospělé a 50 centů pro děti. Krajané, podpořte práci českých studentů na universitě, pamatujte na neděli 27. dubna a přijďte do Lincoln. Slavnost se koná ve velkém sále Student Union na universitě. — K.

# EXECUTIVE BOARD

February 25, 1969

Bro. S. Barcal recognized sis. June Pros as Secretary pro tem, due to sis. B. Prener's injury.

Reports of Districts: Northeastern District meeting (Jan. 19, 1969) minutes.

Report of the Naardenský Výbor—London, England, inviting us to join with other Slovanic groups as an International Committee. Bro. C. Prchal will answer this request.

Letter from the Western District informing us of their increase in membership.

Letter received from the Czechoslovak National Council offering to supply us with English articles which could be printed in the American Sokol.

Bro. S. Barcal received a letter from the Czechoslovak National Council thanking us for our support and they in turn will give us their full support for our Slet.

Letter received from the Southern District annual meeting congratulating the ASO. for their work and signed by all members present.

**BOI.**—Sis. L. Zdenek: The men's and junior boys apparatus films are ready, will be used in Milwaukee this Sunday and then sent to Dallas. A tentative program has been set, also the suggested activities.

Workshops for calisthenics have been held or will be held in the near future for the Central Dist. The BOI. recommends filming the Slet activities or taking slides as a historical record. Invitations will be sent to various groups of folk dancers, asking them to participate in the Sunday program. Sis. Prchal and Zdenek will edit the dances to fit the allotted time. It is becoming more and more difficult to contact Mr. Silverman as to uniforms and therefore will prepare a listing of all possible sources and will have this ready in the near future. Mr. Silverman will be requested to send back all Sokol belting which in turn may be sold thru the office as the emblems are.

Bro. E. Linhart: All material has been sent to the District Directors who in turn are to distribute to their units. The Northeastern District has been sent information pertinent to their summer course.

As of this date the Executive Board of the ASO. voted to terminate our agreement with Mr. Silverman, Sokol Supply. Bro. S. Barcal suggested contacting various uniform suppliers such as those who supply the high schools and colleges.

**Editor**—Bro. C. Prchal reported the American Sokol should be in the mail. Next month's publication will need additional pages re: rosters and Slet information. Bro. Prchal requested all articles to be given to him on time, deadline will be adhered to. Bro. G. Basta made motion to increase additional pages as needed. Approved.

**Publicity**—Sis. A. Basta: Concentration is on Slet. Newspapers have been contacted. Articles have been sent to CSA, SPJST, UCLM and WBFA, requesting they publish same in their monthly releases. Letter sent to WTAQ requesting time on their radio program. Bro. Domansky cut stencil for handbill which will be distributed at Central District unit exhibitions. Sis. Schnabl will see if she can cut second stencil. Received permission from four busi-

nesses to use their billboards for Slet advertising. The revised Sokol pamphlets should be ready next week. Phone conversation with sis. Ruzicka. She will stop off in New York as requested by the Eastern District.

**Educational**—Bro. J. Cihak: All efforts are being centered on the Slet. An article dealing with the XII Slet Program Book will be printed in the American Sokol next month, had 1,000 copies printed to be distributed with other program material. Attended the annual meeting of Sokol and Sokolice Detroit, installed officers and presented various awards to outstanding members. This was a very rewarding evening and Sokol Detroit is looking forward to the forthcoming Slet. Bro. Cihak reported on the book "Time and Tide," a letter of thanks to be sent and book will be returned if requested. Articles are being prepared for the American Sokol and Souvenir Program Book.

**Financial Secretary**—Bro. F. Vodrazka reported in the absence of Sis. A. Falta.

**Treasurer**—Bro. F. Vodrazka: Sis. Sotka has sent letters to the various savings and loan associations requesting their financial statements.

**Office**—Sis. Sotka: The requests for dues cards, applications for membership, quarterly forms, educational pamphlets, membership pins and emblems have been filled. Received pictures of the Slets in Praha, some dating back to 1914, from Bro. J. Martiny, Sokol Town of Lake. — Sis. Schnabl: Pitny Bowes postage meter has been ordered. Have been in touch with sis. B. Prener and processed all non-Slet correspondence. Will type any stencils (Czech) for sis. Pros. — Sis. Pros: All BOI. material has been sent as requests are received. Letter sent to Mr. Harry Magers requesting the use of the Republican office next door, granted. Met with bro. Edwin Halik, Housing Chairman, compiled, mimeographed and mailed housing information to all units and directors. Met with bro. Cihak, Program Book Chairman, mimeographed and mailed requests for ads and well wishers to all units. These two mailings were done with the greatly appreciated help of sis. Hattie Vrba and Fonda Gurtler. Sent letter to all unit secretaries asking for their unit publications.

**President**—Bro. S. Barcal: All correspondence has been answered. Attended the meeting with the editor of the Tribune and the combined BOI. meeting. The majority of time and attention is directed toward the forthcoming Slet activities.

## Financial Report ASO.

February 1969

### INCOME:

Dues .....	\$ 1,207.20
Convention Fund .....	434.25
Special assessment .....	1,589.00
Resale of jewelry .....	76.00
Sokol emblems, decals, stickers, postage..	40.74
Miscellaneous income .....	25.00

Total Income .....\$ 3,372.19

### DISBURSEMENTS:

<b>Administrative Department</b>	
Salaries .....	\$ 254.40

F.I.C.A. & F.W.T. for January	101.80
Rental, janitor service, phone ..	273.61
Office supplies .....	100.33
Repairs to office machines ....	15 55
Insurance and fees .....	98.52
Travel expense .....	54.90
Petty cash .....	38.15
	<hr/>
	\$ 937.26

**Educational Department BOI.**

Salaries .....	\$ 206.80
F.I.C.A. & F.W.T. for January	55.20
Printing additional copies "Sokol Gymnast" & educ. article ....	85.93
Editor "Sokol Gymnast" .....	25.00
Phone .....	10.60
	<hr/>
	\$ 383.53

**Sokol Publication**

Printing "American Sokol" — February issue .....	\$ 654.04
Editor "American Sokol" .....	75.00
Postage for Dec. 1968 and Jan. 1969 issues .....	74.56
	<hr/>
	\$ 803.60

**Miscellaneous**

XII Slet expense .....	\$ 601.77
Advance to XII Slet Committee	2,500.00
Miscellaneous expense .....	14.00
	<hr/>
	\$ 3,115.77
Total Disbursements .....	\$ 5,240.16

**BALANCE:**

Totals brought forward:	
Western National Bank of Cicero—check- ing account .....	\$ 7,286.02
Income—February 1969 .....	3,372.19
	<hr/>
	\$10,658.21
Disbursements—February 1969 .....	5,240.16
	<hr/>
	\$ 5,418.05

**The XII ASO. Slet Committee**

February 28, 1969

Sis. Pros: Housing and program material has been mailed to all units, done with the help of sisters Vrba and Gurtler. Mr. Harry Magers granted permission to use the Republican office next door, as Slet headquarters from June 23 thru June 30th. Invitations have been sent to three folk dancing groups asking them to participate in the Sunday program, more will be notified in the near future. Mimeographed 2,000 copies of publicity handbill to be distributed at local exhibitions.

Received letter from the agent of Miss America stating she is sorry she will be unable to accept invitation due to prior commitment.

**REPORT OF COMMITTEES:**

**BOI.**—Bro. Linhart and sis. Zdenek reported on the tentative program, not in this order, which is:

1. Calisthenics—1st and 2nd children's classes.
2. Calisthenics—Junior boys and girls.
3. Calisthenics—Senior men and women.
4. Horse vaulting—Juniors and seniors.

5. Calisthenics—Tots classes (to be reappraised).
6. Beseda—Folk dancers other than gymnasts.
7. Apparatus—Advanced.
8. Central District 1st and 2nd classes—Wampus Table.

**Activities:**

1. Wednesday night—Judges meeting, Slet headquarters.
2. Thursday night—Teen Hop, Sokol Brookfield.
3. Friday night—Banquet, Gold Room, Pick Congress Hotel.
4. Saturday night—Victory Dance, free admission for awards, dances, one for adults, one for teens.

The BOI. recommended filming Slet activities, after long discussion it was decided bro. Madera will form committee (as chairman) and obtain prices for 1600 ft. 16 mm vs. 8 mm. Bro. Halik made motion to use Sokol Havlicek-Tyrs (Sokol Tabor was not available) for the Victory Dance and Awards Nite. Approved. Bro. Drnec reported he contacted bro. Zakrocky who in turn asked who was doing the orchestrating. Bro. Linhart stated bro. Kubina will do senior calisthenics and bro. Zakrocky will do junior calisthenics. Bro. Kubina will find out which instruments will comprise bro. Zakrocky's band. Bro. Linhart will contact both brothers to make final arrangements.

**Financial**—Bro. Vodrazka excused, sis. Fara read written report. Spoke to Dr. Ondrus and advised the schedule of charges have been prepared and waiting approval by School Board at March meeting. Seals, printer should receive March 3rd and we are striving to get same by March 15th. Committee is in the process of obtaining prices for following items: Decals, ident. set, money fold, Capri key tag, quickoin, embroidered emblems, pennants, sweat shirts, letter opener, neck pendent, bracelets, brooch, pens, bumper stickers. Upon receipt of prices, committee will meet to make selection. The Slet Committee requested samples at next meeting, and suggested using the official Slet emblem on souvenirs.

**Publicity—English:** Sis. Basta reported articles have been sent to various fraternal publications. Pictures have been taken by the Tribune, but hope the units understand we have no say so as to which photos will be used. Contacted radio station WTAQ. Received OK on four billboards. The revised Sokol pamphlets will be ready next week.

**Czech:** Bro. Rabas requested the Slet Committee set up budget for publicity, \$2,000 allotted in 1965. Bro. Linhart made motion to allow \$2,000. Approved. The poster sketch done by bro. Richter was presented, sis. Schnabl made motion to hold said poster in abeyance with decision to be made at next meeting. Approved. Articles have been sent to Czech publications.

**Housing**—Bro. Halik: Information listing hotels and motels has been sent to all units, if necessary this list can be increased. Once all sites are designated bro. Prchal will be asked to work on vicinity map.

**Management**—Bro. Drnec stated now all dates have been set, will begin work on arranging halls and music.

**Banquet**—Sis. Cihak: Contact with the Pick Con-

# SOKOL GYMNAST

March 1969

EDITOR—MILDRED PRCHAL

2419 Scoville Avenue, Berwyn, Illinois 60402

## XII SOKOL SLET CALISTHENICS — AMERICANA

(Continued from December issue)

- No. 1—7 steps in place.  
 No. 2—7 short steps to No. 2 marker.  
 No. 3—7 short steps to No. 3 marker.  
 No. 4—7 steps to No. 4 marker.  
 No. 5—7 steps to No. 5 marker.  
 8. All 90° turn right to closeheel stand, sidearm, palms down.  
 VII. 9-12. Hold.  
 VIII. 13. Closearm.  
 14-16. Hold.

For 1st and 2nd Classes of Girls and Boys

## SECTION I

Part A: 8 measures, 4/4 time.

- I. 1. Reararm outward, palms forward.  
 2. —  
 3. frontarm outward, palms up.  
 4. —  
 II. 5. Right sidearm downslant, left uparm outward, look up to left hand, palms down.  
 6. —  
 7. Closearm.  
 8. —  
 III. 9. Reararm outward, palms forward.  
 10. —  
 11. Frontarm outward, palms up.  
 12. —  
 IV. 13. Left sidearm downslant, right uparm outward, look up to right hand, palms down.  
 14. —  
 15. Closearm.  
 16. —  
 V. 1. Frontarm, downslant, palms down.  
 2. —  
 3. Uparm outward, thumbs back.  
 4. —  
 VI. 5. Stand left sidestride—reararm, palms forward.  
 6. —  
 7. —  
 8. Close left to closeheel stand, closearm.  
 VII. 9. Frontarm downslant, palms down.  
 10. —  
 11. Uparm outward, thumbs back.  
 12. —  
 VIII. 13. Stand right sidestride—reararm, palms forward.  
 14. —  
 15. —  
 16. Close right to closeheel stand, closearm.

PART B: 8 measures, 4/4 time.

- I. 1. Foretouch left—frontarm, thumbs up.  
 2. Close left to closeheel stand, closearm.  
 3. Foretouch right—frontarm, thumbs up.  
 4. Close right to closeheel stand, closearm.  
 II. 5. Lunge left sideward—left uparm outward, palms down, right sidearm downslant, palms down.  
 6. —  
 7. Close left to closeheel stand, closearm.  
 8. —  
 III. 9. Foretouch right—frontarm, thumbs up.  
 10. Close right to closeheel stand—closearm.  
 11. Foretouch left—frontarm, thumbs up.  
 12. Close left to closeheel stand, closearm.  
 IV. 13. Lunge right sideward—right uparm outward, palms down, left sidearm downslant, palms down.  
 14. —  
 15. Close right to closeheel stand, closearm.  
 16. —  
 V. 1. Stand left sidetouch—sidearm, palms down.  
 2. Close left to closeheel stand, closearm.  
 3. Stand right sidetouch—sidearm, palms down.  
 4. Close right to closeheel stand, closearm.  
 VI. 5. Jump to stride stand—thru sidearm, uparm, thumbs back.  
 6. —  
 7. Jump to closeheel stand, closearm thru sidearm.  
 8. —  
 VII. 9. Thru frontarm, uparm left.  
 10. Closearm thru sidearm.  
 11. Thru frontarm, uparm right.  
 12. Closearm thru sidearm.  
 VIII. 13-15. Cross right over left—sidearm, palms down—180° turn left to closeheel stand.  
 16. Closearm (gymnasts are now facing back to tribune).

Repeat Parts A and B, Section I, so that gymnasts face front.

### 2nd CLASS GIRLS

Passage to Section II — 8 measures, 3/4 time

- I.-II. 1-6. Hold.  
 III.-IV. 7.-12. 1st 5: 6 steps in place, 180° turn left, starting left.  
 2nd 5: 6 steps in place, starting left—no turn.

- V.-VI.-VII. 1.-9. Three waltz steps, starting left, form circles of 10 girls each; sidearm on 1st waltz step, palms down, grasping neighbor's shoulders and adjusting circle to that distance.  
VIII. 10.-12. Hold.

## SECTION II

## Part A — 16 measures, 3/4 time

(All movements are soft and continuous)

- I. 1.-3. Knee dip, frontarm, palms down.  
II. 4.-6. Knee dip, thru closearm, reararm, palms back.  
III. 6.-9. Knee dip, stand left forestep, uparm thru close and front arm, palms forward.  
IV. 10.-12. 180° turn right on toes to ½-squat right foretouch, deep frontbow, frontarm inward, fingers touching instep.  
V. 1.-3. Uprise, draw right to closeheel stand; upright, uparm, grasp neighbors' hands.  
VI. 4.-6. Frontbow, arms remain clasped in uparm.  
VII. 7.-9. Upright, arms remain clasped in uparm.  
VIII. 10.-12. Release neighbors' hands, closearm thru frontarm.  
IX.-XVI. 1.-12., 1.-12. Repeat I.-VIII. — girls will be facing in.

## Part B — 32 measures, 3/4 time

Sidearm overlapping arms, holding lightly, easily. Use continuous and flowing moves.

- I. 1.-3. Left sidebow.  
II. 4.-6. Upright, right sidebow.  
III.-IV. 7.-12. Upright, repeat I.-II.  
V. 1.-3. Upright frontbow.  
VI. 4.-6. Upright, rearbow.  
VII.-VIII. 7.-12. Upright, repeat V.-VI.  
IX. 1.-3. Upright stand left sidestep (short), high right frontleg inward.  
X. 4.-6. Stand right sidestep (short) high frontleg left inward.  
XI. 7.-9. Closeleg stand.  
XII. 10. Quick sidebow left.  
11. Quick upright.  
12. Hold.  
XIII. 1.-3. Stand right sidestep (short) high left frontleg inward.  
XIV. 4.-6. Stand left sidestep (short) high right frontleg inward.  
XV. 7.-9. Closeleg stand.  
XVI. 10. Quick sidebow right.  
11. Quick upright.  
12. Hold.  
XVII. 1.-3. Lunge left sideways.  
XVIII. 4.-6. Relunge sideways to right.  
XIX. 7.-9. Relunge sideways to left.  
XX. 10.-12. Uprise, draw left to right to closeleg stand.  
XXI.-XXIV. 1.-12. Repeat XVII.-XX., but starting right sideways.  
XXV. 1.-3. Frontbow.  
XXVI. 4.-6. Upright.  
XXVII. 7.-9. Rearbow.  
XXVIII. 10.-12. Upright.  
XXIX. 1.-3. Halfbend uparm inward (5th).  
XXX. 4.-6. Three steps in place, starting left 180° turn left.

- XXXI. 7.-9. Closearm thru frontarm.  
XXXII. 10.-12. Hold.

## Part C — 16 measures, 3/4 time

(Have head and eyes follow hands)

- I. 1.-3. Slight left sidebend; left sidearm, right frontarm inbend.  
II. 4.-6. Upright, right sidebend (slight); swing downward to right sidearm, left frontarm inbend.  
III. 7.-9. Upright, circle frontway, downwards to right sidearm, left frontarm inbend.  
IV. 10.-12. Left sidebend, swing downward to left sidearm, right frontarm inbend.  
V.-VII. 1.-9. Repeat I.-III., but start with right sidebend, right sidearm—(opposite).  
VIII. 10.-12. Upright, swing downward to closearm.  
IX. 1.-3. ½ squat knee dip, trunk turn 90° left, left sidearm, right frontarm inbend.  
X. 4.-6. ½ squat knee dip, trunk turn 90° right, swing downward to frontarm.  
XI. 7.-9. ½ squat knee dip, trunk turn 90° right, swing downward to right sidearm, left frontarm inbend.  
XII. 10.-12. ½ squat knee dip, trunk turn 90° left, swing downwards to frontarm.  
XIII. 1.-3. ½ squat knee dip, swing downwards to reararm.  
XIV. 4.-6. ½ squat knee dip, swing downwards to uparm (5th).  
XV. 7.-9. Three steps in place starting left, 180° turn left, arms hold.  
XVI. 10. Closearm thru frontarm.  
11.-12. Hold.

## Passage to Section III — 8 measures, 2/4 time

- I.-IV. 1.-8. Hold.  
V.-VIII. 9.-16. 1st 5: hands on hips, knuckles in; girls run forward with 8 short light running steps, starting left and move to the following positions:

(markers)	5	4	3	2	1
(girls)	5	4	3	2	1

2nd 5: hands on hips, knuckles in; girls run forward with 8 short light running steps, starting left and move to markers in their own row as shown above. On the 7th and 8th steps, turn left about to face front.

## SECTION III

## Part A — 16 measures, 2/4 time

On 1st count, girls grasp hands, halfbend sidearm downslant; end girls' free hands on hips; all girls using moderate sidebows in polka steps.

- I.-II. 2 polka steps forward, starting left.  
III.-IV. 2 polka steps backward, starting left.  
V. 1 polka step left forward.  
VI. 1 polka step right backward.  
VII. 1 polka step left in place with a 90° turn left; hands hold (each girl's right hand is at her own shoulder, left frontarm inward—hand at right shoulder of girl in front; end girls' free hands still remain on hips).  
VIII. 3 stamps in place, right, left, right.

IX.-X. Heel and toe polka step to right (explanation: IX-1—with uphop left, stand right sidetouch with heel; IX-2—with uphop left, stand right cross foretouch, bent knee; X—regular polka step right sideward).

XI.-XII. Repeat IX.-X., but to left side.

XIII. 1 polka step right forward.

XIV. 1 polka step left backward.

XV. 1 polka step right in place with 90° turn right; hands hold.

XVI. 3 stamps in place, left, right, left.

**Part B — 24 measures, 2/4 time**

(Girls are still holding hands)

I. 1. Slight rearbow, ½ squat right, left foretouch outward on heel.

2. Upright, closeleg.

II. 3. Slight frontbow, ½ squat left, right rear-touch outward.

4. Hold.

III. 5.-6. Upright, polka step right forward.

IV. 7.-8. Polka step left forward.

V. 9. Slight rearbow, ½ squat left, right foretouch outward on heel.

10. Upright, closeleg.

VI. 11. Slight frontbow, ½ squat right, left rear-touch outward.

12. Hold.

VII. 13.-14. Upright, polka step left backward.

VIII. 15.-16. Polka step right backward.

IX.-XII. 1.-8. Center girl, hands on hips, 4 polka steps in place, starting left, 360° turn left.

Girl No. 2, left hand on hip, right arm upward outward, forming an arch with girl No. 1 on her right; girl No. 1 does 4 polka steps starting left in place, with a 360° turn left under arch.

Girl No. 4, right hand on hip, left arm upward outward forming an arch with girl No. 5 on her left; girl No. 5 does 4 polka steps in place, with a 360° turn right under arch.

Girls No. 2 and No. 4 put free hands on hips, 4 polka steps in place, facing front.

XIII.-XVI. 9.-16. Center girl stands, thrusts arms uparm outward, forming an arch with girl No. 2 on her right and girl No. 4 on her left. In 6 polka steps, all starting left, No. 1 leads No. 2 thru the arch on the right side and back to place, while

No. 5 leads No. 4 thru the arch on the left side and back to place. Hands are joined loosely at fingers to prevent twisting and tangling of arms.

XVII.-XXIV. 1.-16. Repeat measures I.-VIII., Part B—exactly.

**1st CLASS GIRLS (Continued)**

**Part B — 24 measures, 2/4 time**

I. 1. Frontarm left, palm down, foretouch left.

2. Closearm, draw left to closeheel stand.

II. 3.-4. Repeat I, but with right arm and foot.

III. 5. Uparm left, palm front, thru frontarm, rear-touch left.

6. Closearm thru frontarm, draw left to closeheel stand.

IV. 7.-8. Repeat III., but with right arm and foot.

V.-VIII. 9.-16. Repeat I.-IV. exactly.

IX. 1.-2. Squat support, knees together, hands outside of legs.

X. 3.-4. Uprise, closeheel stand.

XI.-XII. 5.-8. Repeat IX., X.

XIII. 9. Foretouch left, hands on hips, knuckles in. 10. Draw left to closeheel stand.

XIV. 11.-12. Repeat XIII., but with right foot.

XV. 13.-14. )

XVI. 15.-16. ) Four steps, in place, starting left, 180° turn left.

XVII.-XXIV. 1.-16. Repeat I.-VII of Part B — girls will still be facing back.

**ALL 4 CHILDREN'S CLASSES**

**Passage to Finale — 4 measures, 4/4 time**

I. 1.-4. (1st class girls) 4 steps in place, starting left, 180° turn left to face front.

(other classes) Hold.

II.-IV. 5.-16. Hold.

**FINALE**

**8 measures, 4/4 time (all classes)**

I. 1. Squat support in rear of hands, knees close, head bowed.

2. —

3. Upright, forestep left—reararm, thumbs front.

4. —

II. 1. Forestep right—frontarm upslant right, thumbs up left hold.

2. —

3. Close left to closeheel stand—closearm.

4. —

III. 1. Squat support in rear of hands, knees close, head bowed.

2. —

3. Upright, forestep right—reararm, thumbs front.

4. —

IV. 1. Forestep left—frontarm upslant left, thumbs up, right hold.

2. —

3. Close right to closeheel stand—closearm.

4. —

V. 1. Toestand—uparm thru frontarm, thumbs back.

2. —

3. Closeheel stand—closearm thru frontarm.

4. —

VI. 1. Frontarm outward left, palm up.

2. —

3. Frontarm outward right, palm up (hands cross at wrists with neighbor's).

4. —

VII. 1. Hands on hips (girls: knuckles down; boys: thumbs back).

2. —

3. Front bow—deep.

4. —

VIII. 1. Upright, forestep left—uparm outward, palms in.

2.-4. —

IX. 1. Close left to closeheel stand—closearm.

**END**

**2nd CLASS BOYS IN NEXT ISSUE**

## PHYSICAL EDUCATION DIRECTORS

Well known to you are the many and countless details encompassed in the preparations for an indoor gymnastic exhibition or a district Slet; the matter of continual rehearsals, arrangements for the procurement of music, uniforms, special outfits and required equipment; the formation of a program, coordination of the various events, and the individual personal problems which crop up unfailingly.

Those of you who have had experience in dealing with such situations have proved your abilities as true leaders, and have gained respect as such; not perhaps by public acclaim, but through the medium of your classes and the understanding of all interested officers and members of your unit.

In far too many instances, our membership in the lodges and districts are backward in acknowledging the worthwhile efforts which are being devoted to the educational and moral advancement of our youth through the medium of the Sokol system of physical training. However, it must be remembered that a majority of our members are not in close contact with the routine of gymnastic training and their knowledge in this respect is very limited. It is therefore, not a case of unconcern, as much as of a lack of understanding.

Our physical education directors and instructors have learned, however, to accept and perform their duties with a sense of loyalty and are rewarded by their record of accomplishment on the field of performance. There can be no greater satisfaction

to an instructor than to see the fruits of labor blooming into a well-conducted, well-performed exhibition.

On the other hand, those of you who are functioning as instructors for the first time, will find yourselves "on the spot" in many instances. These are the times when each of you must assert yourself and prove to your classes and to yourself that you are a leader. Always keep in mind that good common sense, fair play, and honest judgment are the important factors which will decide the success of your classes. Discipline is a "must," but not the blind arrogant discipline which conflicts with a sense of fairness, rather an orderly discipline which will give the gymnasts a pride in being part of the total program. Leaders are not born—they are persons who experience both success and failure and who continue to add to their store of knowledge by learning a lesson from each venture and utilizing this knowledge in future endeavors.

Discouragement is one of the main obstacles in a leader's path. Through the course of life, in both work and play, a person will be confronted by some reason for discouragement—one of the best places to learn the art of overcoming this bugaboo, is in the Sokol gymnasium; to succumb to discouragement is to admit defeat, and in these encounters there should be no submittance to defeat. A new outlook or perhaps another plan may easily turn out to be the needed incentive for a fresh start.

(From Sokol Times)

### Corrections

**WOMEN'S CALISTHENICS:** November issue, pictures on page 43, PART I.—A., measure V., count 1. shows R frontleg, and measure VI., count 1, L frontleg; should be **MEASURE V., COUNT 1, L FRONTLEG AND MEASURE VI., COUNT 1, R FRONTLEG** (notes are correct).

November issue, page 44, Part II.—A., measure VII. and VIII. have been changed to **REPEAT MEASURES I. and II. WHICH ARE AS FOLLOWS:**

- I. 1. Jump in place to stand astride—thru sidearm uparm inward, fingers touching.
2. Jump to closeheel stand—thru sidearm closearm.

II. = I.

**JUNIOR GIRLS MIMEO APPARATUS:**  
**LOW DIVISION B, UNEVEN BARS;**  
**CHANGE 3rd LINE TO READ: "ALTERNATELY TO HIGH BAR OVERPASS LEFT SIDELEG TO FRONT TO HANG LYING CLOSELEG ON LOW BAR."**

### The Women's Championship Division will Include Rings

The rings exercise must include the following:

**MOUNT — SWINGING — HOLDS  
 SUPPORTS — DISMOUNT**

Elements of difficulty:

- C) German Roll (1 leg and other ankle in rings)  
 Straight arm support on top of rings holding straps—inverted hangs, bird's nest, etc.  
 Straddle dismount  
 Uprise to leg overhang on wrist, knee in ring
- B) Dislocates, front and back  
 Swing into arched inverted hang  
 "L" positions  
 Pull to lift hang  
 Sitting in rings, rotates, front and back  
 Standing in rings—splits (more than ½)
- A) Jump to lifthang  
 Bird's nest  
 Inverted hang, stride split  
 Swing to lift hang

The happiest is he who suffers least; the most miserable is he who enjoys least. Ever more sorrow than joy—this is the lot of all of us. — J. J. Rousseau.

gress. The committee will meet and decide on menu and prices. Would like permission to have tickets and invitations printed. Approved. Mailing list is being prepared, as to speaker, hope to get someone in the gymnastic field.

**Souvenir Program**—Bro. Cihak: 1st mailing to units, Presidents, Secretaries and Directors has been sent. Explained the program book set up and what will be printed.

**Sokol Exhibit**—Bro. Janecka is requesting the use of the downstairs of Lincoln Federal for one month. Will contact Berwyn Postmaster re: cancellation;

free radio time, next month will have article for American Sokol.

**Farewell Dance**—Bro. Basta: Sokol Berwyn would like to hold a chicken barbecue. Offer accepted. This to be published as Slet activity. Sis. Cihak suggested a luncheon between 11 and 1 p.m. Sunday.

Bro. Zenisek made motion to mail the minutes to all Slet members, in turn the reading would be dispensed with. Approved.

Bro. Drnec invited all members to the March Central District meeting to view the 1965 Slet film taken by bro. Madera.

## Sokol Detroit

By Charles Novacek

Our joint annual meetings were always a fine exhibit of the joint efforts of Sokolice and Sokols. Once again on February 14, 1969, members of Sokolice and Sokol met and filled the occasion with dignity. During moments like these, the pledge of allegiance to the flag suddenly brings to us the full meaning of patriotism. We do belong! We are a part of! We love our country!

Bro. DeConti, President of Sokol Detroit, and sister Jarmila Zboril, President of Sokolice Ladies Auxiliary, jointly directed the meeting. Two distinguished visitors were acknowledged: bro. Cihak from Chicago, and bro. Benesh. Our brothers and sisters who died in 1968, were remembered: bro. Jirasek, bro. Literak, bro. Valek, sis. Eisner and sis. Wimmer.

Reports of officers indicate that our Sokol organization is financially stable and morally high. Chairman of the Teen Club, Judy Smagay, described the activities of our young gymnasts and expressed gratitude to Sokol and Sokolice for their contribution to make the Teen Club a reality.

We are happy to see our growing youth. Facts presented here tonight by various committees show moral and material prosperity. And yet, bro. DeConti pointed out, that all this would be impossible without our devoted sisters and mothers who so diligently and without reservations contribute the time and bring our young gymnasts for classes. Sokolice, without a doubt is the backbone of Sokol Detroit. Our future is bright. By preserving our brotherhood and sisterhood, we can foresee again a prosperous 1969.

## Sokolice Omaha

Sister Marie Chval Skalak was born in Elstyaín, Bohemia, on March 25, 1882. Her family came to America in 1886 when she was 4 years old. She had four brothers and two sisters, Matthew, Joseph, John, James, Anna and Barbara. Barbara and Marie are the only ones living. Her parents names were James and Anna Chval. She married Joe Skalak on July 8, 1908. He passed on November 8, 1941. She had three children, two living, a son in Missouri and a daughter in Whittier, Calif. Also, she has five grandchildren and seven great-grandchildren.

Sister Skalak joined Sokolice Omaha in January, 1897, making her our oldest member of 72 years.

Bro. Cihak, Educational Director of ASO., confirmed that Sokol Detroit and Sokol Ladies Auxiliary are one of the finest and best organized units in the United States.

Undoubtedly Sokol is proud of its achievements in physical fitness programs throughout the United States. All this is done without reservation, without compensation, without desire for fame. "No profit, no glory." Only a selfish desire for promotion of human excellence. "Further and higher" as the ideals of the founders of Sokol thunder on gym fields and in stadiums. Love for country, love for one another, desire for mental and physical purity, desire for progress and happiness.

Certificates for 25 and 40 year memberships have been awarded to the following members:

Honorary membership was awarded to our deceased bro. Kopecek. Sis. Kopecek received the plaque from bro. Cihak and expressed her gratitude to the membership. The whole room was filled with emotion.

Also, an Honorary Membership was awarded to bro. Benesh. Bro. Cihak, a long time friend of bro. Benesh, proudly handed the plaque to him expressing appreciation in the name of all Sokols for his gallant services.

Officers of Sokol and Sokolice for 1969 have been recognized. Bro. Cihak congratulated them saying that their moral responsibility is to lead the organization and in their hands lies the future of Sokol.

At this time, bro. DeConti adjourned the joint annual meeting and introduced a short musical program prepared by bro. Wesly.

She was active as a gymnast and especially good in the high jump. Her daughter, Irma Rican, still has the medals she won. Sister Skalak used to tell about the Slet in St. Louis in 1904. It was at the same time the Columbian Exposition was there. For 15 years she lived with her daughter, Irma, in Whittier, Calif. and kept up her Sokolice Omaha membership. When she stopped working, she returned to Omaha so she could again be among her old friends and to once again attend the monthly meetings of the Sokolice. Sister Skalak was a devoted member.

At present, she is living in the Florence Heights Village Nursing Home. In January 1969 she fell and broke her hip and is now recuperating. One of her

wishes is: that more Czech children would join Sokol.

And sister Skalak's best friend is sister Pauline Hruban. Sokolice Omaha's second oldest member.

\* \* \*

Sister Pauline Michal Hruban was born in Omaha, Nebr., on March 4, 1883. Attended public schools and business college in Omaha and worked at Paxton Vierling Iron Works. She married Albert Hruban, a florist, April 30, 1911. They had two children, Stanley and Irene. Sister Pauline and her husband operated the Park Avenue Florist of Omaha for many, many years. Son Stanley now operates it. Everyone in the Hruban family are Sokol members.

Other lodges of which Sister Pauline is a member are: Lodge Vlastislava No. 29, UCL&M., Lodge Dobromila No. 116, WBFA., Edith Cavell Royal League Council No. 1, Mother's Club (Sdružení českých žen a matek), Old Settlers (Staří osadníci) and Pythian Sisters Eunice Temple.

Sister Hruban joined Sokolice Omaha in January 1898, making her our second oldest member of 71 years."

Sister Hruban was an active gymnast for many years. The Sokol tradition was not dropped by the children as daughter, Irene, married Charles Ruzicka of Sokol Town of Lake, where grandson Albert Ruzicka is now a member. Son Stanley married the former Marie Dusek, a gymnast of a few years ago and a member of Sokolice Omaha. Sokol Omaha claims their son Jamie Hruban who attends the University of New Mexico and is leading the gymnasts on the varsity team, looking forward to

the Olympics in 1972, thus proving our Sokol aims and traditions.

\* \* \*

The third member which is most amazing is sister Fannie Hambek Jelen, born on May 21, 1886, in Omaha, Nebraska, "going on 83 years young."

What is so amazing is that sister Jelen has become known as the "Coffee Lady" of Sokol Hall. She makes and serves hamburgers, weiners and coffee every Saturday night and in addition makes coffee at various other functions there.

Sister Fanie started "turning" with the Sokols when she was about 12 years old. But she is what you might say a new member joining Sokolice Omaha in October 1935.

Sister Fannie married Jerry J. Jelen who was also a gymnast and a longtime (lifetime) member of Sokols. He worked on various committees and was very active in Sokol events up to the time of his death in Dec. 1951. Jerry's father, Frank Jelen, was one of the organizers of the Sokols in Omaha and was the first president in 1877. Fannie's son, Claude L. Jelen, was president of the Sokols in 1965 and at the present time serves in an advisory capacity on accounting and tax matters for Sokol Omaha. Sister Fannie's daughters, Gladys Stranglen and June Kahre, were also "turning girls." Sister Fannie's younger son, Jerry F. Jelen, now lives with his family in Little Rock, Arkansas.

\* \* \*

At this time, Sokolice Omaha salutes these three outstanding members. Nazdar!

Blanche Masek, President

FRED STANKOVSKY:

## Sokol Milwaukee

On Friday, November 29, 1968, Sokol and Sokolice Milwaukee were co-hosts to 15 of the Czechoslovak basketball players. They arrived at General Mitchel airport two hours late, and were greeted by bro. and sis. Joseph Ondracek and bro. and sis. Fred Stankovsky. Amazed at hearing the Czech language spoken they immediately felt at home. Only a few of the young men spoke English.

On Saturday they visited the beautiful Brookfield Shopping Center and witnessed Americans doing their Christmas shopping. Many comments were made regarding the great amount of automobiles and the large selection of merchandise available.

Sunday evening the game was played after which a reception was held at the Knights of Columbus Hall in Waukesha. Our Sokolice supplied the Czech bakery and it was enjoyed to the last crumb. An uncle of Jiri Zidek was located in Chicago and an enjoyable conversation was held via phone.

On Monday they departed to play games in neighboring states and cities. On December 7th they arrived in the town of Sheboygan where they played Lakeland College that evening. The following day was free so three of our Sokol members, the Hrons, picked them up and brought them to Milwaukee. They were taken to many places of interest and were amazed at the beautiful homes in which the Negroes resided as well as the worst in the inner core. Their freedom of movement dispelled many

wrong ideas they had received from their own country. The rest of the day they were hosted by the Hrons and relatives.

December 10th they played a game in Racine and again many Milwaukeeans were there to see them play. After the game a party was held for them at the motel at which they were staying. We learned that they had not been given any spending money so Sokol and Sokolice Milwaukee each donated \$50 each with another \$150 collected by the Hrons among the Czechs in the vicinity. Each player was presented with \$15. The joy it brought these young men was a pleasure to behold. A noted change was seen in their ideas of Americans. They realized we all have to work for a living and were in awe of all the merchandise we can purchase without question. They were amazed at the earnings made even by the most unskilled workers. Freedom of speech and movement were most appreciated and they seemed to be catching on to it too. The party finally broke up at 2:00 A.M. The following morning the Ondraceks and Stankovskys saw them off at the airport. They were headed for their last game in Cleveland. From reports, Cleveland treated them royally. We hope they went home with fond memories of America and its people, especially the Sokols and Sokolice.

A great lesson was learned from these young men—that we still live in the best country in the world. Let's keep it this way—the Sokol way.

## Directory of the American Sokol Organization

### EXECUTIVE BOARD ASO.:

Meetings fourth Tuesday, 5611 W. Cermak Road, Cicero, Illinois 60650. President: Stanley Barcal. Secretary: Betty Prener. Kindly make all checks and Money Orders payable to the AMERICAN SOKOL ORGANIZATION, 5611 W. Cermak Road, Cicero, Illinois 60650.

### BOARD OF INSTRUCTORS ASO.:

Combined meetings every 3rd month at Sokol office, 5611 West Cermak Road, Cicero, Ill. 60650

Director of Men: Edward Linhart, 1820 Ridgeland Ave., Berwyn, Ill. 60402.

Ass't. Director: Richard Ptacek, 4320 Clinton Avenue, Berwyn, Ill. 60402.

Secretary: Paul Lebloch, 2212 Hainsworth Ave., North Riverside, Ill. 60456.

Director of Women: Lorraine Zdenek, 9709 S. Mason, Oak Lawn, Ill. 60453.

Ass't. Director: Ellen Jeanne Schnabl, 2503 Harvey Ave., Berwyn, Ill. 60402.

Secretary: Mildred Udaykee, 7515 W. 58th St., Summit, Illinois 60503.

### EASTERN DISTRICT, NEW YORK, N. Y.

Meetings 3rd Monday at different unit each month. President: Charles Zraly. Secretary: Blanche Zraly, both 29 Holland Court, Valley Stream, New York 11580. Director of Men: Frank Capek, 39 Barnes Dr., Ridgely Park, N. J. 07660. Director of Women: Norma Zabka, 6600 Boulevard East, West New York, N. J. 07093. Educational Director: Joy Misek, 24-16 — 40th Ave., Long Island City, N. Y. 11101. Public Relations: Edward Stetka, 2100 Meadowview Drive, Baltimore, Md. 21207.

### NORTHEASTERN DISTRICT, CLEVELAND, OHIO

Meetings 3rd Wednesday, Sokol Tvr's, 3689 East 131st St., Cleveland, O. 44120. President: Emil Pekar, 6801 Glenella Dr., Seven Hills, Ohio 44131. Secretary: Wilma A. Sevcik, 4102 Fulton Road, Apt. G-33, Cleveland, Ohio 44144. Director of Men: Edwin J. Jirousek, 13718 Southview Ave., Cleveland, O. 44120. Director of Women: Agnes Hantl, 6224 Winchester Drive, Seven Hills, Ohio 44131. Public Relations: Elsie Khol, 13212 Maplerow Ave., Cleveland, Ohio 44105.

### CENTRAL DISTRICT, CHICAGO, ILLINOIS

Meetings 4th Wednesday, Sokol Havlicek-Tyr's, 2619 S. Lawndale Ave., Chicago, Ill. 60623. — President: Joseph F. Drnec, 5715 West 23rd Street, Cicero, Illinois 60650. Secretary: James Kriz, 2520 Park Ave., No. Riverside, Ill. 60546. Director of Men: Charles Kalat, 615 Schlingerland Drive, Schaumburg, Ill. 60172. Director of Women: Lily Jo Vesely, 6246 W. 26th St., Berwyn, Ill. 60402. Educational Director: Jos. Janecka, Jr., 7306 Ogden Ave., Riverside, Ill. 60546.

### WESTERN DISTRICT, OMAHA, NEBRASKA

Meetings 2nd Monday, Sokol Auditorium, 2234 So. 13th Street, Omaha, Nebr. 68108. — President: Edward Pavoucek, 2306 Jefferson, Bellevue, Nebr. 68005. Secretary: Phyllis Jirka, 6514 So. 45th Street, Omaha, Nebr. 68117. Director of Men: Raymond Lastovica, 4870 Vinton, Omaha, Nebraska 68106. Director of Women: Bozena Drozda, 2627 No. 102nd Ave., Omaha, Nebr. 68134. Educational Director: Alfred Swoboda, 5816 S. 15th Street, Omaha, Nebr. 68107.

### SOUTHERN DISTRICT, DALLAS, TEXAS

Meetings 2nd Thursday, Sokol Athletic Center, 7448 Greenville Ave., Dallas, Tex. 75231. President: George Prevratil, 11212 Yorkmont, Dallas, Texas 75218. Secretary: Vlasta Laznovsky, 5514 Gregg St., Dallas, Tex. 75235. Director of Men: Larrv Laznovsky, Route 1, Ennis, Texas 75119. Director of Women: Sylvia Laznovsky, Route 1, Ennis, Texas 75119. Educational and Public Relations Director: Jerry Milan, 6208 Lakeside Drive, Fort Worth, Texas 76135.

### PACIFIC DISTRICT, LOS ANGELES, CALIF.

Meetings in Sokol Hall, 500 No. Western Ave., Los Angeles, Calif. 90004. President: V. Salak, 518 N. Niagara St., Burbank, Calif. 91505. Secretary: Bess Haralek, 10246 McVine Ave., Sunland, Cal. 91040. Financial Secretary and Treasurer: Louise Nekuda, 12242 Magnolia Blvd., No. Hollywood, Calif. 91607. Director of Men: Lou Hintnaus, 1321 — 21st St., Manhattan Beach, Calif. 90267. Director of Women: Mirka Keith, 250 Molino Dr., San Francisco, Calif. 94127. Educational Director: Emil Nekuda, 12242 Magnolia Blvd., No. Hollywood, Calif. 91607.

### EDUCATIONAL DIRECTOR:

James L. Cihak, 405 — 50th Place, Western Springs, Ill. 60558.

### BY-LAWS COMMITTEE:

Address all mail to American Sokol Organization, 5611 W. Cermak Road, Cicero, Illinois 60650.

### PUBLIC RELATIONS COMMITTEE:

Chairman: Anna Basta, 2629 Maple Ave., Brookfield, Ill. 60513.

### ORGANIZING COMMITTEE:

Chairman: Emilie Welcl-Ruzicka.

### EASTERN DISTRICT, NEW YORK, N. Y.

Sokol Baltimore, Maryland. — Meetings October thru April—2nd Sunday of the month; May thru September—4th Tuesday of the month. American Sokol Center, 2931 E. Madison St., Baltimore, Md. 21205. President: Donald Otcenasek, 8231 Old Philadelphia Rd., Baltimore, Md. 21237. Secretary: Henry J. Vrzalik, 201 Lyndale Ave., Baltimore, Md. 21236. Financial Secretary: Bohus Bata, 509 Castle Drive, Baltimore, Md. 21212.

Educational Director: Edward Stetka, 2100 Meadowview Drive, Baltimore, Md. 21207.

Sokolice Baltimore, Md. — Meetings 2nd Sunday. American Sokol Center, 2931 East Madison Street, Baltimore, Md. 21205. President: Sylvia Peifer, 318 Upper Landing Road, Baltimore, Md. 21221. Secretary: Roberta Lubin, 812-B Wilson Point Road, Baltimore, Md. 21220. Financial Secretary: Libbie Vrzalik, 201 Lyndale Ave., Baltimore, Maryland 21236. Educational Director: Edward Stetka.

Sokol Belcamp, Md. — Meetings 1st Wednesday, Belcamp Community Center, Belcamp, Md. 21017. President: Frank G. Novak, P. O. Box 65, Belcamp, Md. 21017. Secretary: James V. Hesoun, P. O. Box 44, Belcamp, Maryland 21017. Financial Secretary and Treasurer: Emil Dupal, 255 Hemlock Lane, Aberdeen, Md. 21001. Women's and Men's Director: Joseph Fejfar, P. O. Box 85, Belcamp, Md. 21017. Educational Director: John A. Werback, 343 So. Philadelphia Blvd., Aberdeen, Md. 21001.

## Directory of Units

**Sokol Curtis Bay, Md.** — Meetings 2nd Friday, American Sokol Gymnastic Association, 1527 Cherry St., Baltimore, Md. 21226. — President: James F. Zaruba, 4705 Virginia Ave., Baltimore, Maryland 21225. Secretary: Frank Zamostny, 216 Werner Rd., Baltimore, Md. 21226. Financial Secretary: Sophie Catterton, 221 Sycamore Rd., Linthicum Heights, Maryland 21090.

**Sokol Fuegner, L. I. C., N. Y.** Meetings 3rd Tuesday, Bohemian Hall, 29-19 24th Ave., L. I. City, N. Y. 11105. President: Charles Zraly, 29 Holland Court, Valley Stream, L. I. C., N. Y. 11580. Secretary: Bertha Hochner, 45-35 Utopia Pkwy., Flushing, N. Y. 11358. Fin. Secretary: Robert Moravec, 45-27 Parsons Blvd., Flushing, N. Y. 11355. Director of Men: Richard Kotmel, 43-25 160th St., Flushing, N. Y. 11358. Director of Women: Christine Steuzel, 22-64 21st St., L. I. City, N. Y. 11105. Educational Director: Dinka Kolnik, 26-28 30th Street, Long Island City, N. Y. 11102. Organization Chairman: Maria Stika, 28-05 43rd St., L. I. City, N. Y. 11103. English Publicity: Edward Poboda, 42-04 Layton St., Elmhurst, N. Y. 11373.

**Sokol Little Ferry, New Jersey.** — Meetings 2nd Monday, Sokol Hall, Main & Garden Streets, Little Ferry, N. J. 07643. President: Eugene Zabransky, Saddle Ridge Road, Ho-Ho-Kus, N. J. 07423. Secretary: Henry L. Vesely, 77 Liberty Street, Little Ferry, N. J. 07643. Financial Secretary: Henry Mayer, 21 Mehrhof Road, Little Ferry, N. J. 07643. Director of Men: George Janakis, 15 Beech Street, Little Ferry, N. J. 07643. Educational Dir.: Charles Kuss, 941 Phyllis Lane, Oradell, N. J. 07649.

**Sokolice Little Ferry, New Jersey.** — Meetings 4th Wednesday, Sokol Hall, Main and Garden Streets, Little Ferry, N. J. 07643. President: Blanche Kubat, 41 Henry St., Moonachie, N. J. 07074. Secretary: Kay Janakis, 15 Beech Street, Little Ferry, N. J. 07643. Financial Secretary: Elsie Machotka, 26 Center St., Little Ferry, N. J. 07643. Director of Women: Judy Janakis, 15 Beech St., Little Ferry, N. J. 07643. Publicity Chairman: Blanche Kubat.

**Sokol Newark, New Jersey.** — Meetings 2nd Thursday. President: Ludmila Elkins, 664 Valley Street, Orange, N. J. 07050. Secretary: Barbara Kotlan, 54 Clermont Ave., Irvington, N. J. 07111. Financial Secretary: Anna Votapek, 664 Valley St., Orange, N. J. 07050.

**Sokol New York, N. Y.** — Meetings 4th Thursday, Sokol Hall, 420-424 East 71st Street, New York, N. Y. 10021. President: Vlasten Cihak, 1540 York Ave., New York, N. Y. 10028. Secretary: H. Hochner, 950 East 4th Walk, Apt. 7-H, New York, N. Y. 10009. Financial Secretary: Marie V. Lier, 65-42 — 48th Ave., Woodside, L. I., N. Y. 11377. Director of Men: Stanley Mergle, 1278 — 1st Ave., New York City, N. Y. 10021. Director of Women: Pat Koval, 33-25 — 92nd St., Jackson Heights, N. Y. 11372. Educational Director: Marie Provaznik, 25-64 — 35th St., Long Island City, N. Y. 11103, and Vladislav Slavik, 58-03 Lawrence Street, Flushing, N. Y. 11355.

**Sokol Philadelphia, Pa.** — Meetings 1st Friday, Slovak Hall, 1150-54 N. 4th St., Philadelphia, Pa. 19123. President: Eugene Prostrejnek, 920 Fanshawe Street, Philadelphia, Pa. 19111. Secretary: George B. Novak, 2003 E. Elkhart St., Philadelphia, Pa. 19134. Financial Secretary: Elsie Novak, 2003 E. Elkhart Street, Philadelphia, Pa. 19134. Educational Director: George B. Novak.

**Sokol Schenectady, New York.** — Meetings 1st Wednesday, Czech-American Sokol Hall, 1309 Fifth Ave., Schenectady, N. Y. 12303. President: Fred Guthan, 2351 Consaul Rd., Schenectady, N. Y. 12304. Secretary: Antonia Guthan, 2351 Consaul Road, Schenectady, N. Y. 12304. Financial Secretary for Women: Julia Kverek, 1541 Altamont Avenue, Schenectady, N. Y. 12303. Financial Secretary for Men: Alice Matura, 1 Larkin St., Scotia, N. Y. 12302. Director of Men: Frank Prokop, 1005 — 6th Avenue, Carmen, Schenectady, N. Y. 12303. Director of Women: Caroline Jordan, 1302 — 2nd Ave., Schenectady, N. Y. 12303. Public Relations: Mary Prokop, 1005 — 6th Ave., Schenectady, N. Y. 12303.

**Sokol Washington, D. C.** — Meetings 1st Friday. President: Matthew Neumann, 2071 Park Road, N.W., Washington, D. C. 20010. Secretary: Frank J. Arient, 2725 — 39th St. N.W., Washington, D. C. 20007. Financial Secretary: Gerta Manhal, 1660 Lanier Place N.W., Apt. 405, Washington, D. C. 20009. Educational Director: Jerry Friedrich, 13421 Bartlett St., Rockville, Md. 20853.

#### NORTHEASTERN DISTRICT, CLEVELAND, OHIO

**Sokol Cleveland Cech-Havlicek, Cleveland, Ohio.** — Meetings 1st Sunday, Sokol Cleveland Hall, 20110 Harvard Ave., Warrensville Heights, Ohio 44128. — President:

Ralph Gruber, 3418 Colton Road, Shaker Heights, O. 44122. Secretary: Wilma A. Sevcik, 4102 Fulton Road, Apt. G-33, Cleveland, Ohio 44144. Financial Secretary: Bertha Cihula, 31713 White Road, Wickliffe, Ohio 44092. Director of Men: Anton Verkner, 19412 Mayfair Lane, Cleveland, Ohio 44122. Director of Women: Ann Skoda, 1541 East 191st, Apt. 549, Euclid, Ohio 44119. Educational Director and Public Relations: Ferdinand Jirsa, 3715 Riedham Road, Cleveland, Ohio 44120.

**Sokol Detroit, Mich.** — Meetings 1st Thursday, Sokol Cultural Center, 23600 West Warren, Dearborn Heights, Mich. 48127. President: Ferruccio DeConti, 20205 Winchester, Southfield, Michigan 48075. Secretary: Frank Kalivoda, 19506 Archer, Detroit, Mich. 48219. Financial Secretary: Richard Cole, 6187 Colonial, Dearborn Heights, Mich. 48127. Dues Secretary: Edward Sabados, 15736 Archdale, Detroit, Mich. 48227. Director of Men: James Kalivoda, 6533 Arcola, Garden City, Mich. 48135. Educational Director: Henry Seidel, 10001 Pierson, Detroit, Michigan 48228. Publicity Chairman: William Mily, 6135 Kenilworth, Dearborn, Mich. 48126.

**Sokolice Detroit, Mich.** — Meetings 1st Thursday, Sokol Cultural Center, 23600 West Warren, Dearborn Heights, Mich. 48127. President: Jarmila Zboril, 10319 So. Morrow Circle, Dearborn, Mich. 48126. Secretary: Lillian Teichman, 8977 Manor, Allen Park, Mich. 48101. Financial Secretary: Lillian Brumo, 23136 Murray, Dearborn, Mich. 48128. Director of Women and Educational Director: Carolyn Sabados, 15736 Archdale, Detroit, Mich. 48227.

**Sokol Moravan, Toledo, Ohio.** — Meetings 3rd Sunday, Sokol Hall, 2401 Valentine, Toledo, Ohio 43605. President: Gottlieb F. Capoun, 5302 Grosse Pointe Parkview, Toledo, Ohio 43611. Secretary: Elizabeth Penovich, 2130 Nevada, Toledo, O. 43605. Financial Secretary: Hope H. Saleta, 1809 Rivard Road, Toledo, Ohio 43615.

**Sokol Nova Vlast, Cleveland, O.** — Meetings 2nd Sunday, Czech Hall, 4314 Clark Avenue, Cleveland, O. 44102. President: Přemek Kocian, 12204 Longmead Ave., Cleveland, Ohio 44135. Secretary: Mildred Kolar, 3337 West 88th St., Cleveland, O. 44102. Financial Secretary: Robert Kasper, 6791 Glenella Dr., Seven Hills, Ohio 44131. Director of Men and Educational Director: George Kotlan, 8619 Ridgedale, No. Royalton, O. 44133. Director of Women: June Brada,

4425 Streetsboro Rd., W. Ridgefield, Ohio 44286. Publicity Director: Mary Kotlan, 8619 Ridgedale, North Royalton, Ohio 44133.

**Sokol Rip, Pittsburgh, Pa.** — Meetings at S.G.U.S. Hall, 4th Wednesday, 849 Lockhart Street, Pittsburgh, Pa. 15212. President: Ronald Hranicky, 1611 Mayer Ave., McKeesport, Pa. 15135. Secretary: Standa Prostrednik, 215 Saxonburg Blvd., Pittsburgh, Pa. 15238. Financial Secretary: James Leder, 133 Mason Drive, Glenshaw, Pa. 15116.

**Sokol Tyrs, Cleveland, Ohio.** — Meetings every other month, Board of Directors, 2nd Thursday each month, 3689 East 131st St., Cleveland, Ohio 44120. President: Ladislav Voris, 4250 Bexley Blvd., So. Euclid, Ohio 44121. Secretary: Maxine Dudek, 12195 Valley Lane Drive, Garfield Heights, O. 44125. Czech Secretary: Karel Zahradnick, 12704 Holborn, Cleveland, O. 44105. Fin. Secretary: Mae White-man, 6544 Highland Road, Mayfield Heights, Ohio 44124. Director of Men: Ed. Linhart, 13804 Royal Blvd., Garfield Heights, O. 44125. Director of Women: Gloria Srsen, 6510 Ridgebury Blvd., Mayfield Heights, Ohio 44124. Public Relations: Anthony Suster, 6828 Mill Rd., Brecksville, Ohio 44141.

#### CENTRAL DISTRICT, CHICAGO, ILLINOIS

**Sokol Americky, Chicago, Ill.** — Meetings 2nd Wednesday, 1536 W. 18th Street, Chicago, Ill. 60608. President: Bessie Vokoun, 2642 S. St. Louis Ave., Chicago, Ill. 60623. Secretary: Marie Hanke, 2535 S. Euclid Ave., Berwyn, Ill. 60402. Financial Secretary: Mary Doubek, 1536 West 18th Street, Chicago, Ill. 60608.

**Sokol Berwyn, Illinois.** — Meetings 2nd Thursday, Sokol Berwyn, 6445 W. 27th Place, Berwyn, Ill. 60402. — President: Henry Vydra, 6517 W. 27th Place, Berwyn, Ill. 60402. Secretary: Lada and Adele Stulik, 82nd and Madison, Hinsdale, Ill. 60521. Financial Secretary: Ella Vydra, 6517 W. 27th Place, Berwyn, Ill. 60402. Director of Men: Miles Toman, 1822 So. East Ave., Berwyn, Ill. 60402. Director of Women: Milil Udaykee, 7515 West 58th St., Summit, Ill. 60503. Educational Director: Lada Jenicek, 3423 S. Euclid Ave., Berwyn, Ill. 60402. English Publicity: Diane Mrizek, 6525 W. Sinclair Ave., Berwyn, Ill. 60402. Czech Publicity: Ella Vydra.

**Sokol Brookfield, Ill.** — Meetings 1st Wednesday, National Hall, 3909 Prairie Ave., Brookfield, Ill.

60513. President: Rudolph Svoboda, 2343 S. 14th Ave., No. Riverside, Ill. 60546. Secretary: Anne Fara, 791 Fairfield, Elmhurst, Ill. 60126. Financial Secretary: Mildred Drahorad, 3526 Raymond, Brookfield, Ill. 60513. Director of Men: Bob Michalek, 9103 West Sherman, Brookfield, Ill. 60513. Director of Women: Jeri Doman-sky, 1433 Alima Terr., La Grange Park, Ill. 60525. Educational Director: Allen Pekar, 4125 Deyo Ave., Brookfield, Ill. 60513. English Publicity: Betty Vokurka, 4039 Konrad, Lyons, Ill. 60534. Czech Publicity: Anne Fara.

**Sokol Cechie, Chicago, Illinois.** — Meetings 3rd Tuesday, National Hall, 1643 N. Cicero Ave., Chicago, Ill. 60639. — President: Otto Glasser, 587 E. Parkway Rd., Riverside, Ill. 60546. Secretary: Emilie Zibrid, 1040 S. Edgewood Ave., Lombard, Ill. 60148. Treasurer: Louis Rosulek, 948 N. Lockwood Ave., Chicago, Ill. 60651.

**Sokol Chicago, Ill.** — Meetings 3rd Monday, Sokol Berwyn, 6445 W. 27th Pl., Berwyn, Ill. 60402. President: Stanley Barcal, 2437 S. Harvey Ave., Berwyn, Ill. 60402. Secretary: Charles Zdenek, 9709 S. Mason, Oak Lawn, Ill. 60453. Fin. Secretary: Robert Barcal, 1522 S. 58th Court, Cicero, Illinois 60650.

**Sokolice Chicago, Ill.** — Meetings 3rd Monday every other month, Sokol Berwyn, 6445 West 27th Pl., Berwyn, Ill. 60402. President: Ann Falta, 2540 S. St. Louis Ave., Chicago, Ill. 60623. Secretary: Rose Barcal, 2437 Harvey Ave., Berwyn, Ill. 60402. Financial Secretary: Mildred Vesely, 1626 Gunderson Ave., Berwyn, Illinois 60402.

**Sokol Fuegner, Chicago, Illinois.** — Meetings 3rd Friday, 10756 Greenbay Ave., Chicago, Ill. 60617. President: Jerry M. Bender, 10730 Ave. "H", Chicago, Illinois 60617. Secretary: Ronald Wilson, 10923 Mackinaw Ave., Chicago, Ill. 60617. Fin. Secretary: Vince Janes, 10822 Buffalo Ave., Chicago, Ill. 60617.

**Sokol Havlicek-Tyrs, Chicago, Illinois.** — Meetings 2nd Wednesday, Sokol Havlicek-Tyrs, 2619 S. Lawndale Ave., Chicago, Illinois 60623. President: George Basta, 2629 Maple Ave., Brookfield, Ill. 60513. Secretary: Leo Chlud, 2847 So. Harding Ave., Chicago, Illinois 60623. Financial Secretary: Vac-lav Zenisek, 2627 S. Karlov Ave., Chicago, Ill. 60623. Director of Men: Ray Krabec, 1915 S. Clarence Ave., Berwyn, Ill. 60402. Educational Director: Joseph Janecka, 7306 Ogden Ave., Riverside, Ill. 60546.

**Sokolice Havlicek-Tyrs, Chicago, Illinois.** — Meetings 2nd Wednesday, Sokol Havlicek-Tyrs Hall, 2619 S. Lawndale Ave., Chicago, Ill. 60623. — President: Zdenka Kovar, 2852 So. Kolin Ave., Chicago, Ill. 60623. Secretary: Jana Smolik, 1507 S. Grove Ave., Berwyn, Ill. 60402. Fin. Secretary: Louise Hladik, 5511 W. 23rd Place, Cicero, Illinois 60650. Director of Women: Ethel Rus, 2727 S. Avers Ave., Chicago, Ill. 60623. Educational Director: Zdenka Tintera, 2203 S. Ridgeland Ave., Berwyn, Ill. 60402. Public Relations: Anna Basta, 2629 S. Maple Ave., Brookfield, Ill. 60513.

**Sokol Milwaukee, Wisconsin.** — Meetings 1st Thursday, International Institute, Milwaukee, Wis. President: August Shabart, 2847 N. 39th St., Milwaukee, Wis. 53210. Secretary: Fred C. Stankovsky, 3834 N. 38th Street, Milwaukee, Wis. 53216. Financial Secretary: Charles Richter, 5459 No. 38th St., Milwaukee, Wis. 53209. Director of Men: Fred C. Stankovsky. Educational Director and Organization Chairman: Henry Zelenka, 2852 N. 78th Street, Milwaukee, Wis. 53222.

**Sokolice Milwaukee, Wisconsin.** — Meetings 1st Thursday, International Institute, Milwaukee, Wis. President: Barbara Shabart, 2847 N. 39th St., Milwaukee, Wis. 53210. Secretary: Emily Stankovsky, 3834 No. 38th St., Milwaukee, Wis. 53216. Financial Secretary: Mary Zelenka, 2852 N. 78th St., Milwaukee, Wis. 53222. Director of Women: Emily Falarsh, 4435 N. 49th St., Milwaukee, Wis. 53218. Educational Director: Henry Zelenka.

**Sokol Mladocech, Racine, Wis.** — Meetings last Wednesday, Sokol Mladocech Hall, 1313 Lincoln St., Racine, Wis. 53402. President: James J. Fetek, 4905 James Ave., Racine, Wis. 53402. Secretary: Steve J. Mostenan, 7914 — 20th Ave., Kenosha, Wis. 53140. Fin. Secretary: Frank Groulik, 2044 Erie Street, Racine, Wis. 53402. Director of Men: Steve J. Mostenan.

**Sokolice Mladocech, Racine, Wis.** — Meetings last Wednesday of March, June, September and December, Sokol Mladocech Hall, 1313 Lincoln Street, Racine, Wis. 53402. President: Grace Smerchek, Rt. 1. 2506 — 5½ Mile Rd., Racine, Wis. 53402. Secretary: Dolly Mostenan, 7914 — 20th Ave., Kenosha, Wis. 53140. Fin. Secretary: Mary Fetek, 723 St. Patrick St., Racine, Wis. 53402. Director of Women: Alice Larson, 1834 Polaris Ave., Racine, Wis. 53404.

**Pizensky Sokol of Chicago, Ill.** — Meetings 2nd Thursday, CSA. Building Annex, Lombard Avenue and Cermak Rd., Cicero, Ill. 60650. President: Frank L. Konopasek, 16610 Fulton Terrace, Tinley Park, Ill. 60477. Secretary: Marie Konopasek, 16610 Fulton Terrace, Tinley Park, Ill. 60477. Fin. Secretary: Joseph Kilberger, 3735 Arthur Ave., Brookfield, Ill. 60513.

**Sokol Rozvoj, Chicago, Illinois.** — Meetings 3rd Friday, Danish American Athletic Center, 4624 N. Pulaski Road, Chicago, Ill. 60630. President: Rudolph Gurtler, 6416 W. 28th St., Berwyn, Ill. 60402. Secretary: Hedvika Vrba, 2135 S. Kenilworth Ave., Berwyn, Illinois 60402. Financial Secretary: Ann Bagel, 4906 West Berwyn, Chicago, Ill. 60630.

**Sokol Slavsky, Cicero, Illinois.** — Meetings 1st Wednesday, Gold Room, CSA. Bldg., 2138 S. 61st Court, Cicero, Ill. 60650. — President: Edwin Halik, 3643 Ridgeland Ave., Berwyn, Illinois 60402. Secretary: Mildred Pinc, 3629 So. 57th Avenue, Cicero, Ill. 60650. Financial Secretary: Frank Marecek, 2617 So. Clinton Ave., Berwyn, Ill. 60402. Director of Men: Bernard Babka, 2346 So. Harvey Ave., Berwyn, Ill. 60402. Director of Women: Dorothy Turek, 1808 Wisconsin Ave., Berwyn, Ill. 60402.

**Sokol St. Louis, Mo.** — Meetings 2nd and 4th Monday, American-Czech Educational Center, 4690 Lansdowne, St. Louis, Mo. 63116. President: William Shana, 9145 Desmond Drive, St. Louis, Mo. 63126. Secretary: Norman W. Krizek, 5727 Arthur Ave., St. Louis, Mo. 63139. Fin. Secretary: Anton Kylian, 4551 Varrelman Ave., St. Louis, Mo. 63116. Director of Men: Milton Moravek, 12012 Southwick, Concord Village, St. Louis, Mo. 63128. Director of Women: Helen Pescoat, 6401 Mardel, St. Louis, Mo. 63109. Educational Director: John Reiner, Sr., 4232 LaSalette, St. Louis, Mo. 63123.

**Sokol Stickney, Illinois.** — Meetings 1st Wednesday, except July and August. Sokol Stickney, 4131 S. Home Avenue, Stickney, Illinois 60402. — President: William Vrba, 4224 Home Avenue, Stickney, Ill. 60402. Secretary: Margaret Sheridan, 3939 Clarence Avenue, Stickney, Ill. 60402. Fin. Secretary: Ann Muzik, 9030 Rochester, Brookfield, Ill. 60513. Director of Men: William Meyer, 3928 Home Avenue, Stickney, Ill. 60402. Director of Women: Nancy Pajeau, 4421 Maple Ave., Stickney, Ill. 60402. Educational Director: Joseph Sheridan,

3939 Clarence Ave., Stickney, Ill. 60402. Publicity Chairman: Marie Kladiva, 4220 Clinton Ave., Stickney, Ill. 60402.

**Sokol Tabor, Berwyn, Illinois.** — Meetings 1st Friday, Sokol Tabor, 1602 S. Clarence Ave., Berwyn, Ill. 60402. President: Frank J. Balsanek, 3636 S. Lombard Ave., Berwyn, Illinois 60402. Secretary: Charles Svoboda, 2100 S. Harvey Ave., Berwyn, Ill. 60402. Financial Secretary: Joseph Moravec, 1346 So. Kenilworth Ave., Berwyn, Ill. 60402. Director of Men: James Berousek, 2517 Forest Ave., North Riverside, Ill. 60546. Educational Director: Charles M. Prchal, 2419 Scoville Ave., Berwyn, Ill. 60402.

**Sokolice Tabor, Berwyn, Illinois.** — Meetings 1st Friday, Sokol Tabor, 1602 S. Clarence Ave., Berwyn, Ill. 60402. President: Mae Linhart, 1820 Ridgeland Ave., Berwyn, Ill. 60402. English Secretary: Louise Chott, 6411 — 34th St., Berwyn, Ill. 60402. Czech Secretary: Anna Vitek, 1632 Home Ave., Berwyn, Ill. 60402. Financial Secretary: Helen De Klyen, 1329 So. Euclid Ave., Berwyn, Ill. 60402. Director of Women: June Pros, 1606 East Ave., Berwyn, Ill. 60402.

**Sokol Town of Lake, Chicago, Ill.** — Meetings 2nd Wednesday, Polish Highlanders Hall, 3035 W. 51st Street, Chicago, Ill. 60632. President: George Vytlačil, 12515 Harold Ave., Palos Park, Ill. 60463. Secretary: Anton Smunt, 5342 So. Fairfield Ave., Chicago, Ill. 60632. Fin. Secretary: James Jansky, 1517 Ostrander Ave., La Grange Park, Ill. 60525. Director of Men: Joseph Holoubek, 5322 So. Maplewood Ave., Chicago, Ill. 60632. Educational Director: Curt Mentzer, 11358 So. Hamlin Ave., Chicago, Ill. 60655.

**Sokolice Town of Lake, Chicago, Illinois.** — Meetings 2nd Wednesday every other month, Polish Highlanders Hall, 3035 W. 51st Street, Chicago, Ill. 60632. President: Irene Ruzicka, 3308 West 66th Street, Chicago, Illinois 60629. Secretary: Anna Kuchler, 5249 S. Whipple St., Chicago, Ill. 60632. Fin. Secretary: Blanche J. Cihak, 405 W. 50th Place, Western Springs, Ill. 60558. Educational Director: James L. Cihak.

**Sokol West Suburban, Downers Grove, Ill.** — Meetings 4th Monday. Mailing address: Sokol West Suburban, P. O. Box 181, Downers Grove, Ill. 60515. President: Caroline Dunovsky, 4917 Elm Street, Downers Grove, Ill. 60515. Secretary: Mildred Bruno, 307 W. Naperville Rd., Westmont, Ill. 60559.

Financial Secretary: Barbara Don-da, 22W. 507 Sycamore, Glen Ellyn, Ill. 60137. Director of Men: Bob Lemke, 1520 George Street, Downers Grove, Ill. 60515. Director of Women: Elsie Fitzpatrick, 422 N. Grant St., Westmont, Ill. 60559.

#### WESTERN DISTRICT, OMAHA, NEBRASKA

**Sokol Cedar Rapids, Iowa.** — Meetings 1st Monday, Sokol Hall, 415 — 3rd St. S.E., Cedar Rapids, Iowa 52401. President: Jos. Pazour, 72 — 18th Avenue S.W., Cedar Rapids, Iowa 52404. Secretary: Don Pulkrab, 2436 — 1st St. S.W., Cedar Rapids, Iowa 52404. Financial Secretary: Karel Jares, 1015 2nd Street S.E., Cedar Rapids, Ia. 52402. Director of Men: Errol Lindsey, 1922 Mallory S.W., Cedar Rapids, Iowa 52404. Public Relations: George Naxera, 242 Wilson Ave. S.W., Cedar Rapids, Iowa 52404.

**Sokolice Renata Tyrsova, Cedar Rapids, Iowa.** — Meetings 1st Monday, Sokol Hall, 415 — 3rd Street S.E., Cedar Rapids, Iowa 52401. President: Bette Trefny, 1708 Center Point Rd. N.E., Cedar Rapids, Iowa 52402. Secretary: Mana Zlatohlavek, 392 — 16th Ave. S.W., Cedar Rapids, Iowa 52404. Financial Secretary: Rose Marek, 289 Wilson Avenue S.W., Cedar Rapids, Iowa 52404. Director of Women: Betty Petrzalek, 1501 — 2nd St. S.W., Cedar Rapids, Iowa 52404. Educational Director: Kveta E. Smith, 1940 Washington Ave. S.E., Cedar Rapids, Iowa 52403. Public Relations: Marie Vitek, 3902 Wenig Road N.E., Cedar Rapids, Iowa 52402.

**Sokol Crete, Nebraska.** — Meetings 1st Wednesday, Sokol Auditorium, 12th and Norman St., Crete, Nebr. 68333. President: Steve E. Pomajzl, Route 2, Wilber, Nebr. 68465. Secretary and Fin. Secretary: Lester G. Bruns, 839 Ivy Ave., Crete, Nebr. 68333. Director of Men: Elmer G. Pomajzl, 1117 Oak St., Crete, Nebr. 68333.

**Sokolice Libuse, Crete, Nebr.** — Meetings 1st Wednesday, Sokol Hall, 136 West 12th Street, Crete, Nebraska 68333. President: Alice Kalkwarf, 807 Oak Street, Crete, Nebr. 68333. Secretary: Blanche Heeren, R. R. 1, Box 136, Crete, Nebr. 68333. Financial Secretary: Alice Kovarik, 729 Norman, Crete, Nebr. 68333. Director of Women: Sharon Duba, Rt. No. 1, Crete, Nebr. 68333. Educational Director: Irma Holoch, 242 W. 7th, Crete, Nebr. 68333.

**Sokol Fuegner-Tyrs, So. Omaha, Nebraska.** — Meetings 1st Monday, So. Omaha Sokol Hall, 5601 S. 21st Street, Omaha, Nebr. 68107. President: Edward Pavoucek, 2306 Jefferson, Bellevue, Nebr. 68005. Secretary: Irvin Holtz, 1706 Bellevue Blvd., Bellevue, Nebr. 68005. Financial Secretary: Victor F. Novotny, 4621 Valley, Omaha, Nebr. 68106. Director of Men: Vojmir Benak, 5919 S. 15th Street, Omaha, Nebr. 68107. Educational Director and Public Relations: A. Swoboda, 5816 S. 15th St., Omaha, Nebr. 68107. English Publicity: George Buglewicz, 5848 So. 18th, Omaha, Nebr. 68107.

**Sokolice South Omaha, Nebraska.** — Meetings 2nd Tuesday, So. Omaha Sokol Hall, 5601 South 21st Street, Omaha, Nebraska 68107. President: Louise Tonar, 5009 So. 19th Street, Omaha, Nebraska 68107. Secretary: Emma Benak, 5919 S. 15th St., Omaha, Nebr. 68107. Fin. Secretary: Barbara Swoboda, 5816 So. 15th Street, Omaha, Nebr. 68107. Director of Women: Phyllis Jirka, 6514 S. 45th Street, Omaha, Nebr. 68107. Organization Chairman: Mary Ryba, 3502 Polk St., Omaha, Nebr. 68107. Public Relations: Bea Pavoucek, 2306 Jefferson, Bellevue, Nebr. 68005.

**Sokol Omaha, Nebr.** — Meetings 2nd Wednesday, Sokol Auditorium, 2232 South 13th Street, Omaha, Nebr. 68108. President: Anton Krejci, 2428 So. 14th St., Omaha, Nebr. 68108. Secretary: Joseph Bures, 2126 S. 38th Street, Omaha, Nebr. 68105. Financial Secretary: Frank Susterka, 3920 Wright St., Omaha, Nebr. 68105. Director of Men: Raymond Lastovica, 4870 Vinton St., Omaha, Nebr. 68106. Educational Director: Alfred Hasterlo, 1432 Pasadena Ave., Omaha, Nebr. 68107. Public Relations: Heinz Rohde, 6627 Evans St., Omaha, Nebr. 68104.

**Sokolice Omaha, Nebraska.** — Meetings 2nd Tuesday, Sokol Auditorium, 2232 S. 13th St., Omaha, Nebr. 68108. President: Blanche Masek, 4048 S. 13th St., Omaha, Nebr. 68107. Secretary: Patricia Lastovica, 109 E. 16th Ave., Bellevue, Nebr. 68005. Fin Secretary: Mildred Krejci, 2428 S. 14th Street, Omaha, Nebr. 68108. Director of Women: Beverly Kilborn, 1505 Polk Street, Omaha, Nebr. 68107. Educational Director: Linda Beran, 1836 West Adams, Millard, Nebr. 68043. Public Relations: Bernice Cahoy, 5822 S. 17th, Omaha, Nebr. 68107.

**Sokol Schuyler, Nebraska.** — Meetings 2nd Wednesday, Ed Varejcka's Basement, 418 East 14th

Street. President: Jaroslav Schmid, 509 East 15th. Secretary: Ed Varejcka, 418 East 14th. Financial Secretary: John Krca, 1009 "A" Street, Box 302. Director of Men and Women: Ed Varejcka. All in Schuyler, Nebr. 68661.

**Sokol Wilber, Nebr.** — Meetings 1st Monday, Sokol Auditorium, Wilber, Nebraska. — President: J. J. Novak. Secretary: Frank Kucera, P. O. Box 362. Financial Secretary: Lillie Kovar, Box 47. Director of Men: Alfred Chab. Director of Women: Olga Chab. Educational Directors: Alfred and Olga Chab. All Wilber, Nebr. 68465.

#### NORTHERN CIRCUIT OF WESTERN DISTRICT

**Sokol Hopkins, Minnesota.** — Meetings 2nd Saturday. — President: Josephine Poul, 129 — 9th Avenue North. Secretary and Fin. Secretary: Ludmila Kaminsky, 11401 N. Oakvale Rd. Both Hopkins, Minnesota 55343.

**Sokol Minneapolis, Minnesota.** — Meetings 2nd Saturday every other month. — President: Edward Andrle, 4827 N. Bryant Ave., Minneapolis, Minn. 55430. Secretary: Fanca Hosek, 3350 Upton Ave. No., Minneapolis, Minn. 55412. Financial Secretary: James Forst, 4409 — 32nd Ave. So., Minneapolis, Minn. 55406.

**Sokol St. Paul, Minnesota.** — Meetings 4th Wednesday, 381 Michigan, St. Paul, Minn. 55102. President: Robert Vanyo, 446 Bay St., St. Paul, Minn. 55102. Secretary: Lillian Kodada, 205 Oneida, St. Paul, Minn. 55102. Financial Secretary: Wayne Hawkinson, 5921 Upton Ave. So., Minneapolis, Minn. 55410. Director of Men: Henry E. Jansen, 1279 So. Cleveland Ave., St. Paul, Minn. 55116. Director of Women: Georgiana Buzicky, 1709 Rome Ave., St. Paul, Minn. 55116. Educational Dir.: Lorraine Vanyo, 364 Goodhue, St. Paul, Minnesota 55102.

#### SOUTHERN CIRCUIT OF WESTERN DISTRICT

**Sokol Caldwell, Kansas.** — Meetings 1st Sunday, Sokol Hall, 12 miles west of Caldwell, Kansas 67018. President: Joseph Netahla, Route 1, Bluff City, Kansas 67018. Secretary: Carrie Anton, Bluff City, Kansas 67018. Fin Secretary: E. E. Misak, Bluff City, Kansas 67018.

**Sokol Karel Jonas, Wilson, Kansas.** — Meetings 4th Sunday, every 3rd month, Wilson Opera House, Wilson, Kansas 67490. President: Emil Zahradnik, Wilson, Kansas

67490. Financial Secretary: Alice Sula, Wilson, Kansas 67490.

#### SOUTHERN DISTRICT, DALLAS, TEXAS

**Sokol Corpus Christi, Texas.** — Meetings 2nd Sunday, Sokol Hall, 1346 Daytona, Corpus Christi, Tex. 78415. — President: Frank Sacky, 3418 Brauner Parkway, Corpus Christi, Tex. 78411. Secretary: Jim Kucera, 1936 Ayers, Corpus Christi, 78404. Financial Secretary: Adela Sijansky, Route 3, Box 277, Corpus Christi 78415. Director of Men: Jim Kucera. Educational Director and Organization Chairman: Jim Kucera. Czech Publicity: John Stasa, 1346 Daytona, Corpus Christi, Texas, 78415.

**Sokol Fort Worth, Tex.** — Meetings 4th Wednesday, Sokol Hall, 3221 N.W. 28th Street, Ft. Worth, Tex. 76106. President: Donald D. Steinman, Rt. 6, Box 268, Fort Worth, Texas 76101. Secretary: Anne Johnson, 5713 Buchanan St., Ft. Worth, Texas 76114. Financial Secretary: Anna Milan, 2216 Loving Street, Ft. Worth, Tex. 76106. Director of Men: Jerry Milan, 6208 Lakeside Drive, Fort Worth, Tex. 76135. Director of Women: Henrietta Milan, 6208 Lakeside Drive, Fort Worth, Texas 76135. Educational Director: Jerry Milan.

**Sokol Houston, Texas.** — Meetings 2nd Sunday, Sokol Houston Hall, 1314 West Patton, Houston, Texas 77029. President: Charles Peterzelka, Rt. 1, Box 115, Cypress, Tex. 77429. Secretary: Doris Peterzelka, Rt. 1, Box 115, Cypress, Tex. 77429. Financial Secretary: Elsie Svec, 9602 Airline Dr., Houston, Tex. 77037. Director of Men: Sidney Soukup, 3142 Fondren, La-Porte, Tex. 77571. Dir. of Women: Martha Busch, 1310 Aldine Meadow, Houston, Tex. 77039.

**Sokol Karel Havlicek-Borovsky, Ennis, Tex.** — Meetings 4th Sunday, Sokol Hall, Highway 34 East, Ennis, Texas 75119. — President: Edwin Laznovsky, Route 2. Secretary: Annastazie Jurcik, Route 2. Financial Secretary: Bettie Houdek, 1100 South Paris. Director of Men: Lawrence Laznovsky, Route 1. Director of Women: Sylvia Laznovsky, Route 1. Educational Director: Leslie Moucka, 401 E. Milam. All Ennis, Texas 75119.

**Sokol Karel Havlicek, Yukon, Oklahoma.** — Meetings 1st Sunday, Czech Hall, Rt. 3, 2½ miles South of Yukon, Okla. 73099. President: John Kouba, Rt. 2, Box 101, El Reno, Okla. 73036. Secretary: Anna Smrcka, Route 3, Box 140, Yukon, Okla. 73099. Financial Secretary: Willie Kouba, 3835 W. Lib-

erty, Oklahoma City, Okla. 73107. Dir. of Women: Anna Smrcka.

**Sokol Praha, Prague, Okla.** — Meetings 1st Tuesday, Sokol Hall, Main and Avenue A, Prague, Okla. 74864. President: James Pospisil, Rt. 2. Secretary: Leonard Walenta, Route 1. Director of Men: Frank Sefcik. All Prague, Okla. 74864.

**Sokol Zizka, Dallas, Texas.** — Meetings 3rd Sunday, Sokol Athletic Center, 7448 Greenville Ave., Dallas, Texas 75231. President: George Prevratil, 11212 Yorkmont Circle, Dallas, Texas 75218. Secretary: Vlasta Maca, 7011 Concord Ave., Dallas, Tex. 75235. Fin. Secretary: Maude Schell, 103 Thompson Drive, Richardson, Tex. 75080. Director of Men: Joe Pokladnik, 6234 East University, Dallas, Tex. 75214. Educational Director: Helen Oates, 10907 Cinderella, Dallas, Texas 75229.

#### PACIFIC DISTRICT, LOS ANGELES, CALIF.

**Sokol Fresno, Calif.** — Meetings 2nd Sunday, 7823 No. Temperance, Clovis, Calif. 93612. President: Lew Duzi, 1706 W. Dayton, Fresno, Calif. 93705. Secretary: Helen Hulbert, 7823 No. Temperance, Clovis, Calif. 93612. Financial Secretary: Mary Falls, 8395 North Peach, Clovis, Calif. 93612. Director of Men: Al Grim, 4620 N. Fisher, Fresno, Calif. 93726. Director of Women: Marty Lizak, 419 Williams Ave., Madera, Calif. 93637. Educational Director: Emil Prudek, 5635 E. Shaw, Clovis, Calif. 93612. Publicity Chairmen—English: Lynn Pokorny, 5333 E. Teague, Clovis, Calif. 93612. Czech:

Louise Muzyer, 3351 Harvard, Fresno, Calif. 93703.

**Sokol Los Angeles, California.** — Meetings 2nd Saturday, Sokol Hall, 500 N. Western Ave., Los Angeles, Calif. 90004. President: Vaclav Salak, 518 No. Niagara, Burbank, Calif. 91505. Secretary: Emanuel Kejzlar, 1822 Harriet Lane, Anaheim, Calif. 92804. Financial Secretary: Emil Nekuda, 12242 Magnolia, No. Hollywood, Calif. 91607. Director of Men: Lubo Hintnaus, 1321 21st Street, Manhattan Beach, Calif. 90267. Educational Director: Emil Nekuda.

**Sokolice Los Angeles, Calif.** — Meetings 2nd Saturday, Sokol Hall, 500 N. Western Ave., Los Angeles, Calif. 90004. President: Louise Nekuda, 12242 Magnolia Blvd., No. Hollywood, Calif. 91607. Secretary: Ella Kuderna, 2445 No. Orchard Dr., Burbank, Calif. 91504. Financial Secretary: Jirina Cymbal, 19017 Kinbrace St., Northridge, Calif. 91324. Director of Women: Jirina Svoboda, 2305 Canyon Dr., Los Angeles, Calif. 90028. Educational Director: Emil Nekuda, 12242 Magnolia, No. Hollywood, Calif. 91607.

**Sokol Portland, Oregon.** — Meetings 2nd Sunday, 3921 S.E. 47th Ave., Portland, Ore. 97206. President: Louis Spousta, 13525 S.W. Bend Road, Tigard, Oregon 97223. Secretary: Anna Jansky, 8850 S.W. Cashmur Lane, Portland, Ore. 97225. Financial Secretary: Julia Cepica, 4224 N.E. 20th Ave., Portland, Ore. 97211.

**Sokol San Francisco, Calif.** — Meetings 2nd Friday. P. O. Box 16263, San Francisco, Calif. 94116. President: John Lorenz, 1334 — 21st Ave., San Francisco, Calif. 94122. Secretary: Francis Seystal, 512 Van Ness Ave. #218, San Francisco, Calif. 94102. Financial Secretary: Zdenek Vybiral, 2929 Market St., San Francisco, Calif. 94114.

**Sokolice San Francisco, Calif.** — P.O. Box 16263, San Francisco, Calif. 94116. — President: Rose Stulir, 1185 Butterfield Rd., San Anselmo, Calif. 94960. Secretary: Stella Tatro, 2765 McAllister, San Francisco, Calif. 94118. Financial Secretary: Vally Salz, 68 Collins Street, San Francisco, Calif. 94118. Director of Women: Miroslava Keith, 250 Molimo Drive, San Francisco, Calif. 94127.

**Sokol Scio, Oregon.** — Meetings 1st Sunday, ZCBJ.-Sokol Hall, Scio, Oregon 97374. — President: John E. Tannich, 1232 East Front Ave., Albany, Ore. 97321. Secretary: Bessie Dobrkovsky, Rt. 2, Box 9, Scio, Ore. 97374. Fin. Secretary: Mary Tannich, 1232 East Front Ave., Albany, Ore. 97321. Director of Men: John E. Tannich. Director of Women: Bessie Dobrkovsky.

**Sokol Seattle, Washington.** — Meetings 2nd Friday. President: Matous Victor, 17295 Palatine, No. Seattle, Wash. 98133. Financial Secretary: Vilma Vojta, 8475 West Mercer Way, Mercer Island, Wash. 98040. Children's Director: Anthony Novotny, 1919 East Calhoun, Seattle, Wash. 98102.

## Report on the AAU. Convention in Las Vegas, Nevada

(December 1968)

The gymnastics meeting was held at the Sahara Hotel amidst the constant lure of the gambling tables. This meeting was quite crucial in that the potential settlement of the 12 year conflict between the A.A.U. and U.S.G.F.-N.C.A.A. was at stake.

Jerry Hardy presided over the joint meeting between the men and women's committees. The National Senior and Junior Championships were discussed. The Senior meet will be in Atlanta, Ga. (date unknown) and the Junior meet will be in Fresno, Calif.

A general rule book for gymnasts was discussed and an outline that was formerly submitted will be consulted.

The 1969 Gymnastrada in Basel, Switzerland, between July 2-6, 1969, was reviewed. This is the biggest exhibition or Slet of its kind in the world. Exhibition teams from every country in the world will be booked to appear. There is a possibility that

amongst the American Sokols, a tour will be conducted which will include an additional feature of visiting the gymnasts in Prague. This would be completely an educational trip and not of the vacation type.

The important question as to whether or not a commission was to be formed between the A.A.U. and U.S.G.F. was debated extensively. This commission is to establish policy for gymnastics throughout the U.S.A. There would be 5 board members from each side. After considerable discussion, the committee voted unanimously for the commission, and now it was up to the A.A.U. Board of Delegates. The situation looked bad for the gymnasts at first, but after much oratory the general assembly voted by "state" roll call. The vote went in favor of the commission by about 700 to 60. The U.S.G.F. has accepted the concept of the commission and so it looks like peace at last.

## What you EARN during your lifetime isn't important, but the amount you SAVE is important!

Secure an insured savings plan with a Modern Society in its second century of FRATERNAL INSURANCE SERVICE to American Families offering a complete new portfolio of popular policies for Adult and Junior members of the family.



- LIFE
- ACCIDENT & SICKNESS
- HOSPITALIZATION
- DREAD DISEASE
- RETIREMENT
- MORTGAGE REDEMPTION

Be Modern — Go Modern — Join and insure with

## **CZECHOSLOVAK SOCIETY of AMERICA**

PIONEER OF FRATERNAL LIFE INSURANCE

**C.S.A. BUILDING**

**2138 SOUTH 61st COURT      CICERO, ILL. 60650**

## AŤ JEDETE KAMKOLIV

vlakem, lodí nebo letadlem,  
po celém světě nebo jen  
po Americce,

vždy pojedete nejlépe od

**HEGER**

## TRAVEL BUREAU

6118 W. Cermak Road

Cicero, Illinois 60650

Townhall 3-4774

**COUNTRY'S MIGHT!**  
Sign up for  
**U.S. SAVINGS BONDS,  
FREEDOM SHARES**

### THEORIE A PRAKSE.

Návod, kterak zbohatnout  
a mít vždycky plno mincí,  
v mládí vydal jakýs bloud,  
který umřel v — chudobinci!

Rađu, jak je možná věc  
bláženě a dlouho žítí,  
napsal kýsi učeneč,  
který umřel na — třicítí!

Manžel: "Jakže, oběd ještě není  
hotov? To se tedy jdu najíst do  
restaurace!"

Manželka, která vedla cvičení  
starších a přišla později domů:  
"Bože, to bys nemoh' těch pět mi-  
nut počkat?"

Manžel: "No a za pět minut to  
opravdu bude?"

Manželka: "To ne, ale šla bych  
s tebou."

Malá Mánička zlobila ve cvičení.  
Maminka jí straší, že si opatří ji-  
nou, lepší holčičku.

"To nepůjde!" povídá Mánička  
klidně.

"Proč?" překvapena se táže ma-  
minka.

"Nikdo nebude tak hloupý, aby  
ti dal za zlou hodnou!"

## Spring and Summer Grave Decoration

should be ordered

**NOW!**

Those who shall order first,  
shall be so served.

**SINGLE, DOUBLE DEPTH  
and COMPANION**

## GARDEN CRYPTS

are available on pre-need sale  
basis for cash or on easy terms.

**EARTH BURIALS  
CREMATION**

## BOHEMIAN NATIONAL CEMETERY

5255 No. Pulaski Road

Phone: KEystone 9-8442

STanley 8-8442

KAREL M. PRCHAL:

## ZA TŘI MĚSÍCE!

Přelétáme v duchu pohnuté dějiny české a řekněme poctivě: ta česká země a rod z ní vyrůstající je nasáklá něčím, co přes všechny pohromy dává znovu a znovu růst ušlechtilému lidství, bratrství a demokracii. Sokolství jest toho nejskvělejším projevem.

Všechna minulost amerických sokolských dějin je obsažena v tužbách, v úsilích a v úspěších Sokolstva. Ona nám přikazuje, že musíme hlídat a bránit to, co máme, aby dějiny i budoucího sokolského díla byly jasné a čestné. To znamená vytrvat a neuhýbat.

K vytrvání i silný potřebuje posílení. Takovým posílením zajisté bude opět náš XII. sokolský slet ve velkém Chicagu. V jednotlivých, v tělocvičnách po celých Spojených státech i Kanadě se připravují cvičenci s jejich vedoucími, připravují se jednotlivci, aby byli účastni svátků, které připravuje sobě a veřejnosti Sokolstvo jednou za čtyři léta. Kdyby tak mohlo být číselně ukázáno, kolik díla a práce a námahy dává se sletovému

dílu zadarmo, z lásky a z nadšení! A práce každým dnem přibývá a roste.

Za tři měsíce budou tyto dny zde. Pošlete k nim svůj dorost. Účast na sletu může vykonat mnoho dobrého pro budoucí dny dorostu v Sokole. Poznává štěstí společné práce, výsledky dobrovolné kázně, teplo bratrství a sesterství. Duše vnímavá tím sílí a roste . . .

Za tři měsíce! Zaříd'te si své dny tak, aby jste zase mohli být mezi svými, mohli se účastnit radostných dnů. Vaše přítomnost vám ukáže ty nevyhovitelné dojmy ať přijedete jako cvičenci nebo diváci při jednotlivých dnech sletových. Při závodech, nebo hlavním dnu sletovém. Uvidíte jedinečné shromáždění Sokolstva a jeho přátel, velkolepý hold krásy, síly a podřízení se zájmům celku! Důkaz životnosti organizace, která se představí jako pevná jednota duší i těl! Jásavý výkřik lidí, sloužících vlasti, spravedlnosti, pravdě, svobodě . . .

Nazdar!

# 71st

SUCCESSFUL

# YEAR

Fraternal Life Insurance

## PROTECTION

Organized in 1897 with 1,259 insured members in 8 states. Now licensed in 20 states, over 60,000 certificates, has over \$86,000,000 of insurance in force. Total assets over \$30,000,000. Offers Legal Reserve Fraternal Life Insurance to Juveniles and Adults to age 65.

HOME OFFICE:

1900 1st AVENUE N.E.

CEDAR RAPIDS, IOWA 52402

CHARLES H. VYSKOCIL, President

U.S. SEN. ROMAN L. HRUSKA, Chairman of the Board

ELMER F. KARASEK, Vice-President

JERRY DRAHOVZAL, Secretary

GEORGE J. SHULTZ, Treasurer

WESTERN BOHEMIAN  
FRATERNAL ASSOCIATION

Západní Česko-Bratrská Jednota

LARGEST

CZECH-AMERICAN

ORGANIZATION IN U.S.A.