



AMERICAN SOKOL

PUBLICATION OF THE AMERICAN SOKOL
Educational and Physical Culture Organization

NOVEMBER, 1969

FOR LAW AND ORDER A Resolution

WHEREAS, the members of the American Sokol Organization, who believe in God and revere our Country's flag and realize the necessity to preserve the Constitution of the United States of America and the Bill of Rights, which have served to establish the finest system of government in the world, and

WHEREAS, we deplore the presence of crime in our streets, violence and disorder on our campuses, and lack of respect by a minority of our people for our Country's flag and the rights of others, and

WHEREAS, we abhor the anarchy and chaos in our schools and communities with a continuance of riots, demonstrations, and disorders which bring about malicious destruction of property and danger to the personal safety of our people, and

WHEREAS, we and all other loyal Americans, having displayed much patience and forbearance, are angered, dismayed and distgusted with the illegal acts of radicals, extremists, trained agitators and militants, and

WHEREAS, we desire to express our concern for the future of our society and particularly our youth, the majority of whom are decent and law-abiding,

BE IT HEREBY RESOLVED that we stand for discipline of those who defy our laws, with the knowledge that public order is essential to achieve a solution to our domestic problems;

that we call for the full support of our membership for our law enforcement agencies and courts, and full cooperation in the enforcement of their duties in the prosecution of those who have caused, instigated or aided violations of our laws and disorders in our schools and communities;

that we favor intelligent dissent, properly used and presented, but not as an excuse for violence or destruction;

that we demand the arrest and prosecution of those dissidents, radicals and militants who engage in criminal acts of riot, disorder and rebellion against the laws of our Country;

that we demand the expulsion from school of those participating in violent demonstrations, riots or the disruption of classes and the operation of schools, colleges or universities, public or private, whether on or near the school premises, and we demand the revocation of scholarships, grants or other monetary aids of a public nature extended to those participating in such acts.

BE IT FURTHER RESOLVED that this resolution be read on the floor of the units at an appropriate session, posted in a prominent place in the unit quarters, reproduced in unit bulletins and given publicity through the local media so that not only the members of our American Sokol Organization but also the citizens of our Country will know that the American Sokol Organization respects the laws of our land and supports those charged with their enforcement.

(Arranged in line with Resolution adopted in Convention of the Benevolent and Protective Order of Elks — July 14, 1969.)

AMERICAN SOKOL



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OFFICE OF THE EXECUTIVE BOARD ASO.

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Calendar of Events

- NOV. 29th—SOKOL LITTLE FERRY, N. J.
Testimonial to bro. William Zabransky, Jr.
- NOV. 29th—SOKOL SLAVSKY, CICERO, ILL.
Annual Dinner Dance
- DEC. 6th—SOKOL SOUTH OMAHA, NEBR.
Big Joe Dance.
- DEC. 6th—UNITED SOKOLS OF THE EAST. —
Annual Bowling Tournament, Queens Bowling
Center.
- DEC. 6th—SOKOL NOVA VLAST, Cleveland, O.
St. Nick's Dance.
- DEC. 7th—SOKOL WASHINGTON, D. C. společně
s CENTREM, Mikulášskou zábavu, nadílku pro
děti, jaternicové hody s programem.
- DEC. 7th—SOKOL BERWYN. — Spaghetti Dinner.
- DEC. 12th—SOKOL SOUTH OMAHA, NEBR.
Chicken/Shrimp Dinner, 6:30 P.M. \$1.50. Danc-
ing.
- DEC. 14th—SOKOL DETROIT, MICHIGAN.
Children's Christmas Party.
- DEC. 19th—SOKOL MILWAUKEE, WISCONSIN.
Christmas Party.
- DEC. 20th—SOKOL SOUTH OMAHA, NEBR.
Sokol Family Christmas Party.

December 31st

- SOKOL BALTIMORE, MARYLAND — New Year's
Eve Dance.
- SOKOL BROOKFIELD, ILL. — New Year's Eve
Banquet.

- SOKOL HAVLICEK-TYRS, CHICAGO, ILL.
New Year's Eve Dance.
- SOKOL LITTLE FERRY, NEW JERSEY.
New Year's Eve Party.
- SOKOL SAINT LOUIS, MO. — New Year's Eve
Celebration.
- SOKOL NEW YORK — "Silvestr" — New Year's
Eve Dance, Sokol Hall.
- SOKOL SOUTH OMAHA, NEBR. — New Year's
Eve Dance. Music by Frankie Hazuka.

— 1970 —

- JAN. 9th—SOKOL SOUTH OMAHA, NEBR.
Chicken/Shrimp Dinner, 6:30 P.M. \$1.50. Danc-
ing. Advance tickets needed.
- JAN. 24th—PACIFIC DISTRICT. — Semi-formal
Ball.
- JAN. 25th—PACIFIC DISTRICT. — Annual
Meeting.
- JAN. 31st—SOKOL BERWYN, ILLINOIS.
Dinner Dance.
- JAN. 31st—SOKOL ST. LOUIS, MO. BOARD OF
INSTRUCTORS. — Barn Dance.
- JAN. 31st—SOKOL WASHINGTON, D. C.
Šibřinky.
- FEB. 7th—SOKOL NEW YORK. — "Sibrinky" —
Sokol Hall.
- FEB. 7th and 8th—WESTERN DISTRICT.
Annual Meeting.
- FEB. 8th—SOKOL MILWAUKEE, WISCONSIN.
Jaternice Dinner.
- FEB. 14th and 15th—UNITED SOKOLS OF THE
EAST. Volleyball Tournament, Sokol New York.
- FEB. 25th—SOKOLICE SOUTH OMAHA, NEBR.
Fashion Show, 7:30 P.M., So. Omaha Sokol Hall,
21st and U.
- MAR. 1st—SOKOL BROOKFIELD, ILLINOIS.
Annual Gymnastic Exhibition.
- MAR. 7th—SOKOL TABOR, BERWYN, ILL.
Gymnastic Exhibition.
- MAR. 15th—SOKOL SLAVSKY, CICERO, ILL.
Gymnastic Exhibitaion.
- MAR. 15th—SOKOL STICKNEY, ILLINOIS.
Corn Beef and Cabbage Dinner.
- MAR. 21st—SOKOL BERWYN, ILLINOIS.
Gymnastic Exhibition.
- APR. 12th—SOKOL HAVLICEK-TYRS, CHICAGO.
Gymnastic Exhibition.
- APR. 25th—SOKOL STICKNEY, ILLINOIS.
Annual Gymnastic Exhibition.
- APR. 25th—SOKOL STICKNEY, ILLINOIS.
Gymnastic Exhibition.
- MAY 3rd—SOKOL WEST SUBURBAN, Downers
Grove, Ill. — Annual Gymnastic Exhibition.
- MAY 15th—SOKOL MILWAUKEE, WISCONSIN.
Interclass Meet
- MAY 16th—SOKOL MILWAUKEE, WISCONSIN.
Track Meet
- MAY 24th—SOKOL MILWAUKEE, WISCONSIN.
Gymnastic Exhibition
- MAY 24th—SOKOL STICKNEY, ILLINOIS.
Pork, Dumpling and Sauerkraut Dinner.
- SEPT. 26th and 27th—EASTERN DISTRICT.
Annual Meeting.
- OCT. 3rd—SOKOL STICKNEY, ILLINOIS.
Farmer's Dance.

AMERICAN SOKOL

VĚSTNÍK AMERICKÉ OBCE SOKOLSKÉ

Ročník—Vol. XC.

November — 1969 — Listopad

Číslo—No. 11

BETTY PRENER:

ANNUAL MEETINGS

The time is fast approaching for the election of officers in units and districts. Most of the units hold annual meetings in the month of December. This is the time also, when reports are presented—a résumé of the work done for the year, with suggestions of what should be put on the program for the ensuing year. Much thought goes into the writing of these reports and the decisions made so that the work in the units will progress as smoothly as possible.

This, also, is the year when the units elect their delegates to the Convention, which is just so many months away—June 1970.

Our XII American Sokol Organization Slet has proven to many of us that we are a healthy organization, on the move and capable of new trends. More and more emphasis is being made on gymnastics in our daily lives, and we feel that an upsurge in gymnastic activity is imminent all across the country. It, therefore, behooves us to elect those delegates and officers to represent us well at the Convention and also as leaders of our units. With forward-looking and progressive people heading our organizations, we can accomplish much to-

ward spreading the ideals of Dr. Miroslav Tyrs and Dr. Jindrich Fuegner. This is good for mankind everywhere.

With the year drawing to a close, your fourth quarter reports will soon be filled out and your dues (payable to the ASO.) computed, for the year 1969. If your unit is delinquent in the payment of dues, special assessment, and Convention fund—now is the time to check your records and make the payments. Units who will be in arrears in the payments will, of necessity, have to be reported at the Convention. Check your records, and see to it that your unit and the units in your district, are in good standing.

It is also well to check the membership of your unit so that our records (those of your unit and the ASO.) are in agreement. This will facilitate smooth handling of the number of Convention delegates each unit is entitled to according to the by-laws.

We would appreciate hearing from you as soon after your elections have taken place, with the names and addresses of your officers and Convention delegates for 1970.

JAMES L. CIHAK:

IN RETROSPECT

We expected a lot from the XII Sokol Slet in June 1969, and got it. In some respects it was much better than we had anticipated, in others it showed weaknesses that are not too glaring and which can be remedied with a little good will and sincere effort.

The general upheaval in American life did not leave us untouched. That would be asking for too much. Some basic things saved the day and proved overwhelmingly that the Tyrs theory of self-discipline, striving for community and national consciousness, and devotion to physical fitness and loyalty to democratic principles was even more valuable today than when originally formulated.

The administrative, financial and technical experience gained in the preparations for and execution of the XII Slet have given many new people an insight into the entire

operation. The response of our Sokol units, our fellow Sokols and organizations showed conclusively that our efforts are appreciated and fairly valued for what they are. There seemed to be a keener interest and an almost visible, though not expressed, desire to convince the Sokols that they must carry on, that they have a greater significance than they realize.

It seemed as if the Sokols were being regarded as one of the few islands of maturity and sanity, determined to respect the traditions and accomplishments of the past century.

Changes there have been, new methods have been adapted to our use in perfect accord with our guiding principles. The more we see and read about the unbridled actions of others the more we become convinced of the value of the methods we had

been trained to follow. To be fair and just, to evaluate everything presented to us, to strive for a general advance of the entire nation, to appreciate the efforts and sincerity of others, yes, to do everything possible within the limits of our ability to preserve the great yet simple ideas that have made America great, — all of these are ingrained characteristics forming a bridge, a solid one into a new century.

We have nothing to fear. As long as we can instill these ideas and ideals into at least a few score of individuals in every decade, we will always have a corps of leaders who will lead the rest. Someone wrote,

"There is no history, — only biography." The more one thinks about this, the more one becomes convinced of its meaning. In every generation and century, there have always been a handful of people who set the pace. Some ideas, philosophical, religious, scientific, moral, ethical, economic, social, etc., have swayed humanity for centuries. You know many of them as well as we do.

Some ideas never die and neither does the memory of their creators. We have had magnificent examples in Sokol, especially in Tyrs and Fuegner. Let our lives show our realization of their worth by our actions.
Nazdar!

Bro. James Primus

A high honor was bestowed on bro. James Primus of Sokol Baltimore earlier this year when he was elected and installed to the office of Grand Commander of the Knights Templar of the State of Maryland. In assuming this office, he became the oldest individual in the United States ever to be elected to this office and the only known person of Czech descent to attain this high position in the Masonic Order.

Bro. Primus has been a member of Sokol Baltimore for 68 years and when the years that he spent in the Sokol gym are taken into consideration, his total activity in Sokol is in the neighborhood of 80 years. He was President of Sokol Baltimore for several years, a position which he held with dignity. He was also chairman of the Entertainment Committee for many years. However, most of his memories are of the years which he spent in the gym classes and the competitions in which he participated. He remembers many of the names of some of the outstanding Sokols with whom he

competed. He recalls the days which he spent in the gym classes, directed by bro. Frank Stetka, under whose instruction he gained confidence, strength and the qualities of leadership.

He was Honorary Consul for the Czechoslovak Republic for many years, resigning in 1949 when the Communists came to power.

Bro. Primus claims that the training which he received in Sokol prepared him for the positions which he has held and which he is now holding—strength, confidence and leadership.

Bro. Primus has been an exemplary, active person throughout his life and today at the age of 87 he has not changed. His stride and posture is similar to those of a retired officer of the Armed Forces; the stride and posture which he developed during the years which he spent in the Sokol gym classes.

Bro. Primus, we salute you with a very hearty Sokol NAZDAR!

Ed Stetka

The Birth of Czechoslovakia in Documents

Czechoslovakia was created as an independent state at the end of the First World War after dramatic developments which took place in many parts of the world. The exciting and fascinating story of these events is told in a book "The Birth of Czechoslovakia" which was published in 1968 by the Washington, D. C. Chapter, of the Czechoslovak National Council of America.

The book consists of a brief introduction by Cestmir Jesina, the editor of the book, providing a historical perspective and a general background to the final efforts which culminated in the formation of Czechoslovakia. The rest of the book presents texts of important documents collected from many sources. It is the only systematic and comprehensive presentation of documents relating to the formation of Czechoslovakia which has ever been published.

The book further contains many contemporary photographs which illustrate the events leading to the declaration of Czechoslovak independence in

October 1918. The book has 110 pages of text and 48 pages of photographs.

"The Birth of Czechoslovakia" is a book of permanent value as a source of authentic information. For this reason the book has been acquired by libraries of academic institutions, public libraries, and many other scientific organizations as well as individuals. It can be now found in the Library of Congress, libraries of major universities, the Bodleian Library of Oxford, the Library of the British Broadcasting Corporation, the International Advisory Council of New York, the United Nations Library and in countless other places stretching from Europe to Hawaii to Australia.

The existing stock of the book is rapidly disappearing. If you have overlooked previous announcements, this may be a new opportunity for you to acquire this valuable book. Order with remittance of \$5.00 should be sent to: Mrs. Anna Faltus, Apt. 303, 4708 Kenmore Ave., Alexandria, Va. 22304. Make check payable to: CNCA/DC.

Brother Edward J. Cihak Promoted To Lt. Colonel



Bro. Cihak was born in Chicago, Ill., on December 1, 1929. He graduated from Morgan Park Military Academy, Drake University and from J. A. Komensky Czech School.

Enlisted as a private in the U.S. Air Corps during the Korean War. Attended Officers Training School and was commissioned 2nd Lieutenant. Served in Korea. Served in Vietnam as a Captain and is there again for his second tour of duty as a Major. Promoted to Lt. Col. September, 1969.

He is the son of Blanche and James Cihak and like them is a member of Sokol Town of Lake.

He is married to the former Susan J. Shafer. They have two sons, James Scott, 11½ years old, and Stephen, 9 years old.

K. M. Prchal

Ne barák – hrad pevný to byl . . .

Dne 15. listopadu 1883 zemřel v Praze Josef Barák, právě 3 dny před otevřením znovuzbudovaného divadla Národního, pro něž tolik a s takovou láskou pracoval. 86 roků se vrší od smrti muže, jenž paměti nejvděčnější zaslouhuje stejně pro statečnost jako pracovitost svou a o jehož vlastenectví nadšeném i obětavosti oddané ani vzdálené poněti nedovedeme si učinit . . . Vedle dělnictva Barák nejhorlivěji pracoval pro studentstvo české, jehož byl miláčkem a vůdcem zbožňovaným.

Organisátor, novinář, řečník, spisovatel, demokrat — tot' význačná pole činnosti Barákovy, je všechny pak prolíná neúmorná pracovitost a nadšení, nechladnoucí ani za poměrů nejhorších. Opětovně zatčen a žalářován, ve vyhnanství a pod policejní do-

hlídkou držen (Štýrský Hradec, Maribor), neochabuje nikdy, a když roku 1866 Prusáci, obsadivše Prahu, zapověděli všechny české listy a hry divadelní dotud, pokud nebude postaven tlumočník, hrdlem jim ručící, nerozpakoval se Barák ani na okamžik k úkolu tomuto. A tak mohly noviny vycházet a divadlo hráti, ba v tomto vypravěny na ručest hry, které dříve vláda rakouská zakázala: Tylův "Jan Hus" a "Žižkova smrt".

Barák byl vzorem neohroženého novináře českého, jeho týdeník "Svoboda", jež od r. 1867 do 1873 vydával, těšil se pro přímou a rozhodnou svou velikou oblibu lidu českého, jenž zejména britké "kukátko" dychtivě čítával.

Již dne 8. listopadu 1867 "slavil v nejužším kruhu, t. j. sám s sebou, jubileum doručeního mu stého přípisu úředního v záležitostech tiskových a vůbec politických", počátkem pak července r. 1868 nastoupil trest půldruha roku těžkého žaláře pro "zločiny tiskem spáchané". Vyšel ze žaláře, začal znovu tam, kde před osmnácti měsíci přestal, opět psal, řenil, organizoval, přednášel: nabádaje ku práci neustálé — pracoval sám do úmuru za poměrů, málo hodných závidění. Vydával Ottovu bibliotéku prstonárodních přednášek, "Osvětu lidu", v "Dělnických listech" pak, jež pro dělnictvo české vydával, pracoval proti směru mezinárodnímu, jenž v Čechách dělnictvem dlouho byl a částečně i později byl chápán a prováděn jako beznárodní. V bezpočetných přednáškách v Praze i na venkově slovy prostými, nešroubovanými, za to vždy nadšenými předváděl vzory charakterních pracovníků českých, zejména z dob slávy a moci národa českého.

Nedostžitelným byl v pořádání národních slavností, jež pokládal za nejvýše nutné ku povzbuzení zdeptaného sebevědomí národa, ale ani prostou zábavou nepohrdnul. Ba za jednu z velkých, protože nepopíratelným úspěchem provázených zásluh dlužno Barákovu připočísti deklamatorní, hudební a pěvecké zábavy (besedy), jež v letech šedesátých hlavním přičiněním jeho pořádány každý týden v sále konviktském; na probuzení ducha národního měly v Praze i na venkově, kde vzoru následováno, účín veliký.

Vrátil se z Kostnice, kdež o druhé pouti Čechů, dne 4. července 1883, promluvil jednu z nejučvatnějších řečí svých, Barák ulehl, aby nevstal více. Pohřeb jeho, účastí nejširších vrstev lidových, ukázal nejlépe, jaké lásce těšil se Barák, jemuž potom Beseda "Sladkovský" na hřbitově Olšanském postavila pomník, pěkně to dílo Strachovského.

Pro nás Sokoly zajímavá jest vzpomínka, že náš Jindřich Fuegner i na Barákovu osvědčil slechetnost svoji; bez pomoci Fuegnerovy byl by Barák snad zahynul hladu ve vyhnanství štýrském, kam jej roku 1860 zavezli proto, že pověstnému řediteli pražské policie Páumanovi provolal "pereat" . . . (at' zhyne, pryč s ním!). V.

* * *

A ještě jedna zajímavá vzpomínka: Pozdravem sokolským bylo na začátku hornické Zdař bůh! Avšak záhy a sice horlivým přičiněním Em. Tonnera ujalo se jasné a zvučné Nazdar!, kteréžto dle pozdějšího návrhu (15. června 1862) Jos. Baráka mělo sloužit vždy a všude mezi členy jednoty co pozdrav bratrský s vyloučením smekání a jiných konvencionálních pozdravů.

GYMNASTICS MODERNE

The United States Gymnastics Federation published booklet "Gymnastique Moderne" prepared by our sister Prchal. Introduction states:

"Gymnastique Moderne. A new title for a new concept in international style gymnastics for women. The International Gymnastics Federation has sponsored four World's Championships in this new event for women. To date the U.S.A. has not participated in any of those world-class events, however, the U.S.G.F. women's committee has pioneered some significant progress towards the development of this sport in our nation.

This publication represents the first of a series. It has been prepared, written and illustrated by the Chairman of the U.S.G.F. Gymnastique Moderne Committee, Mrs. Mildred Prchal, of Berwyn, Illinois. It should go without saying that she is one of the most highly qualified to prepare this basic publication for beginners. Mildred, energetic, hard-working and dedicated to a sport that has been part of her entire life, has continued to research this event during the past several years. In Sep-

tember of 1969, she attended the World's Championships in Gymnastique Moderne, held in Varna, Bulgaria.

The United States Gymnastics Federation is indeed privileged to present this work to those of you involved in physical education, gymnastics and related fields of teaching and coaching. We feel that this new event, without the need for heavy and expensive apparatus, offers a great opportunity for American girls to participate in a challenging portion of the sport of gymnastics. Several nations recently attempted to include this event in the Olympic Games, and although unsuccessful at the time demonstrated the great interest in this event in many parts of the world.

Our thanks to Mildred Prchal, long time leader of gymnastics in the Sokol movement and certainly one of the truly great leaders in the field of women's gymnastics. I trust those of you utilizing this book will find it of value in your programs. We are pleased to make it available to you."

KAREL M. PRCHAL:

50 LET SOKOLA TYRŠ V CLEVELANDU.

V sobotu, 4. října 1969, konána v sokolovně v č. 3689 East 131st St. důstojná oslava 50. let — banketem.

Slavnostní program byl zahájen v 6:30 večer a zahrnoval seznamovací hodinu, bohatý oběd, představení hostí br. Edwinem W. Jirouškem, který byl obřadníkem večera.

Starosta jednoty, br. Lad Voris, promluvil o minulých a budoucích dnech Sokola Tyrš.

Starosta AOS., br. Stanley Barcal, pozdravil jednotu, zdůraznil význam zlatého jubilea, vyzvedl úkoly, které dává Sokolstvu doba a leta, která přicházejí, přál jednotě další šťastné dny na cestě pokroku, pravdy, práva a bratrství, na cestě, kterou Sokol Tyrš kráčet prvních 50 let.

Koncertní hudba jednoty a její "Theatrical Guild Chorus" za vedení Elmer Bielerera přednesl 7 čísel.

"Theatrical Guild" přednesl tři sbory. Řídil Donald J. Ranc.

Cvičení na nářadí bylo jedno z nejlepších.

Závěrečné velké číslo: minulost, přítomnost a budoucnost, které napsal a nacvičil br. Edwin J. Jiroušek, nebylo jen holdem jednotě, ale velké myšlenky Tyršově.

Všechny projevy byly pozorně vyslechnuty a všechna čísla se zájmem sledována a vesměs odměněny nadšeným potleskem.

Jubilující jednotě dostalo se velkého počtu blahopřejících projevů. Také připojují svoje upřímné blahopřání k záslužné činnosti Sokola Tyrš na poli sokolském a národním. Necht' do dalších let poctivé práce provází jednotu ve všem ZDAR!

* * *

Banket byl také "Labutí písní", protože to byl poslední podnik v sokolovně. Budova je prodána.

K slavnosti vydán byl památník, z jehož obsahu podávám článek "A LOOK INTO THE PAST".

50 YEARS OF SOKOL TYRS

By Charles Zahradnick, Secretary and Historian of Sokol Tyrš

July 20, 1919, was a hot summer day. Brother Jan Sebek invited several friends to his home at 3592 East 131st Street. They were bro. Jan Lacina, Gustav Hanacek, Alois Prikryl, Jan Fencel, Antonin Panka and Josef Petrivalsky. Under the shady trees in this newest Czech settlement in Cleveland the need for a new Sokol unit was discussed. Shifting of the population from the old sections of "Praha Street, Grotton and Quincy" urged these members to think seriously about the new unit.

The group selected their president pro tempore, bro. Jan Sebek and secretary, bro. Jan Fencel. The next meeting was called for July 25, 1919. At that time additional Sokol brothers attended the meeting. They were bro. Bedrich Husa, Jan Charvat, Vaclav Silhavy, Vaclav Krivanek, Antonin Hejl, Adolf Andrs, J. Benes, Dolezal, Vonrich and F. Mares. A three-member committee was elected to call the initial meeting for the purpose of forming a new Sokol unit. The initial meeting was called for August 17th, 1919, and was held at the "Jan Amos Komensky Hall" on East 131st Street. All Cleveland Sokol units were represented. The meeting was called to order by the District President, bro. Vaclav Prech. The charter members voted on the new name for the unit "The Jan Amos Komensky Sokol Unit." The first officers elected were: bro. Antonin Gruber, President; bro. Thomas Slama, Vice President; bro. Josef Petrivalsky, Secretary; bro. Jan Fencel, Treasurer; bro. Bedrich Husa, Financial Secretary, and bro. Jan Sebek, Technical Director.

Except for great enthusiasm and courage, the unit had nothing. The gym classes were arranged from one hour to the other, the gym floor was rented. No apparatus was available. Only boys and girls were able to gym at that time. The first educational lecture for members was presented by bro. Jan Sebek on November 6, 1919. That led to the formation of a dramatic circle within the unit

ENROLL IN WINTER SESSION OF SOKOL USA GYMNASTIC SCHOOL

DECEMBER 26-31, 1969 AT

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and on January 4, 1920 the first Czech play was performed by Sokol Jan Amos Komensky members, under the directorship of bro. Alois Prikryl. In February the first Sokol Dance "Sibrinky" was held.

The national headquarters, the American Sokol Organization, accepted the new unit as a member on May 20, 1920. The number of girls and boys participating in the first gymnastic exhibition was 230. At the close of that year the unit had its own apparatus equipment and the financial assets reached \$2,000.00. About 130 members were paying dues at the end of 1920.

The gymnasium in Komensky Hall was becoming smaller and smaller with the increasing number of gymnasts. A Building Committee was elected and bro. Jan Sebek became its chairman. In April, 1921, bro. Sebek announced that the Committee bought several lots on the corner of East 131st Street and Melzer Avenue. Meeting the financial obligation was made possible by bro. John Vane. The down payment was \$500.00 and the unit's enthusiasm had grown to the extent of dreaming of a new home for Sokol Jan Amos Komensky. Volunteer work of

many brothers landscaped the lots, built the fence around it and the gymnasts had their first gymnastic field during the summer months.

The Sokols announced the bond sale and in June, 1926, \$62,000.00 was available for building the new Sokol home. The "Vcelka" Loan Co. offered to underwrite the additional money needed, and because two halls on the same street with identical names was impossible, the SOKOL JAN AMOS KOMENSKY UNIT changed its name to "SOKOL TYRS UNIT" and incorporated the organization with the State of Ohio.

In October, 1926, the basement for the new building was excavated. The Building Committee was of the opinion that the building must also bring in an income to run the gymnasium. A movie theater was therefore included in the building plans, as well as two front stores for rent. During the later years the Mt. Pleasant Theater's rental helped tremendously in paying the loan and interest. In December, 1926, the Sewing Circle of Sokol was formed by our sisters and they have done a fascinating job of fund raising throughout the history of Sokol Tyrs. (Continued)

ASO. EXECUTIVE BOARD MEETING

Meeting Held Oct. 28, 1969

Bro. S. Barcal, President, presided.

Reports of Districts: Minutes of meeting of the Southern District 9-11-1969; minutes of meeting of the Eastern District 7-15-1969; minutes of the annual meeting of the Eastern District 9-28-1969; minutes of meeting of the Pacific District 9-27-1969; minutes of meeting of the Northeastern District 10-5-1969.

Correspondence: An invitation from Sokol Little Ferry, N. J. honoring bro Wm. Zabransky, Jr. with testimonial dinner November 29th. — Czechoslovak National Council invitation to view showing of 2 films. Evening was well attended. — Czechoslovak Council of Canada sent calendar of historic dates. — Letter from Austria referred to Sparta. — K. Safranek letter referred to Czechoslovak National Council — Booklet received from Czechoslovak Arts and Sciences. — Greetings from Varna, Bulgaria, sent by sis. M. Prchal. Also greetings sent by sis. B. Cihak from Tokyo, Japan. — Bro. C. Zraly advises will attend testimonial dinner honoring bro. Vaclav Pechar. — Denni Hlasatel New

Year's placement of ad approved, format to be prepared by bro. Rabas.

Reports: ASO-BOI. Sis. L. Zdenek read report for the month of October.

Bro. E. Linhart read minutes of Combined Board of Instructors' meeting. Request of American Turners who want to cooperate with the ASO. turned over to the Central District. BOI. request for secretarial assistance at Convention. Bro. Ptacek will review competition rules. Apparatus dimensions to be reviewed. Supplier of uniforms will be contacted by bro. Linhart and sis. Zdenek after receipt of Dun and Bradstreet report. Suggest ASO. conduct self-improvement gymnastic clinic in 1970. Also read Director's report for October. With bro. G. Basta reviewed and prepared commentary on Slet film. Central District preparing 2 week-end instructors course in December. Western District planning to conduct District self-improvement course for juniors February 6-8, 1970. Bro. Barcal reminded that Northeastern District will hold a course in Detroit (at camp) right after Detroit exhibition and expects instructors from the ASO-BOI.

Editor: Bro. C. Prchal reports that for the first time American Sokol was ready on the 15th of the month Received letter from Prof. Hruban. Article

referred to was printed in several of our news media, therefore, decision reached was not to print in American Sokol. Spoke at the commemoration of the 51st Anniversary of the Independence of the Czechoslovak Republic at Sokol Havlicek-Tyrs for the Association of Czech and Slovak Organizations and Clubs in Chicago and Vicinity. He also spoke for Lodge Křivoklát-Trocnov, CSA., on Czech history. Resolution for "Law and Order" approved for publication with certain changes. Bro. Prchal will obtain permission to print from the Elks. Articles for Christmas and New Year issues should be in as soon as possible.

Financial Secretary: Sis. A. Falta read report of income and disbursements for September. Bro. Prchal, sisters Ruzicka and Falta represented the Executive Board at the Moravian Festival, which was nicely attended. Bro. Prchal spoke for the American Sokol Organization. Working on the Tour.

Publicity: Sis. A. Basta. Concentrating on the Folk Fair, November 1 and 2. Would like to sell pennants and program books. Request to use one Slet flag at the Fair granted. Pictures of the Slet will be displayed. Sis. Z. Kovar will show slides. Sis. B. Cihak will check slides taken of last Slet. Bro. J. Madera will also be contacted for use of his slides. Finished English Slet Publicity Scrap Book.

Slet Chairman: Bro. G. Basta submitted financial comparison between 1965 and 1969 Slets. Prepared chart showing his version of Slet Committee organization (set up) by Chairman designated by appointment of the Executive Board. Three main categories which would come under the supervision of the three Slet Co-Chairmen. Also designate the theme of the Slet and incorporate the design (logo) for all Slet media—seals, letterheads, program book.

Tour Committee: Sis. J. Pros submitted detailed report. Tour arrangements progressing smoothly. Bus filled to capacity. All arrangements for hotel accommodations completed. Passengers given last minute instructions.

Secretary: Office report. Sis. A. Sotka report for October. Income and expense recorded, prepared September financial report. Units requesting program books and membership kits. Institute of Scientific Information requests two 1-year subscriptions to American Sokol. Moravian House returned commission check (for Slet tickets sold) as donation. Helped with Miami tour preparations. Checks issued for 4 scholarships. Transfer funds from Future Sokol Leaders Fund to checking account. Purchased key tags from the XII ASO. Slet Committee for Sokol Miami installation. — Sis. E. J. Schnabl reports calendar schedule set up for Slet film. Ordered 2,000 Sokol and the Sokol Idea Pamphlets; sent out Scholarship Committee's grants with notifications to the respective District Directors and Presidents. Set up Convention file. — Sis. B. Prener wrote article highlights of Executive Board meeting. Spent one Saturday afternoon straightening up and unpacking office records and material, the basement is now in order thanks to bro. S. Barcal, E. Linhart, P. Lebloch and sis. E. Schnabl. Found bound issues of Sokol Americky dating back to 1897, which will be cleaned up.

Broken trophies were taken by bro. E. Linhart to see if repairs can be made.

President: Bro. S. Barcal reports bro. A. Hrebik is looking for black and white pictures of the Slet for the Denni Hlasatel calendar. — Bro. G. Spanek writes progress is being made and new members were initiated. — Attended anniversary dinner at Sokol Tyrs, which was well attended, also North-eastern District meeting. Convention and facilities therefor were discussed. Attended 90th anniversary dinner of Sokol Pilsen. Bro. G. Basta was present. Bro. J. Drnec and myself extended greetings. Attended 51st anniversary commemoration of the Czechoslovak independence, the proceeds of which would go to displaced persons coming to this country. Bro. Prchal was Czech speaker. Several Sokol members appeared in uniform in stage tableau. Attended meeting of officers at Sokol Fuegner. Outstanding bills and roster of members was presented to them. Obtained list of new officers. Attended Central District meeting which was well attended and saw the slides shown by bro. J. Madera.

Financial Report ASO. October 1969

INCOME:

Dues	\$ 3,067.80
Convention Fund	10.00
Dividends and interest	255.94
Jewelry	88.80
Educational pamphlets, postage	23.46
Emblems and belting	21.80
Membership kits	10.20
Slet film rentals	300.00
ASO.-BOI. Instructors Course at Potters Lake	151.00
Miscellaneous income	11.40
Miami Tour	6,461.50
	<hr/>
	\$10,401.90
Transfer of funds from Future Sokol Leaders Fund—Scholarships	400.00
	<hr/>
Total Income	\$10,801.90

DISBURSEMENTS:

Administrative Department	
Salaries	\$477.73
F.I.C.A. & F.W.T. for Sept.	65.32
Illinois Withholding Tax	14.94
Rental, janitor service, phone ...	259.64
Office supplies	84.78
Travel expense	58.80
Petty cash	19.27
	<hr/>
	\$ 980.48
Educational Department BOI.	
Salaries	\$202.64
F.I.C.A. & F.W.T. for Sept.	55.20
Illinois Withholding Tax	12.01
Editor "Sokol Gymnast"	25.00
Add'l. copies "Sokol Gymnast" ..	27.72
	<hr/>
	\$ 322.57
Sokol Publication	
Editor "American Sokol"	\$ 75.00

SOKOL GYMNAST

November 1969

EDITOR—MILDRED PRCHAL

2419 Scoville Avenue, Berwyn, Illinois 60402

ANNELIS STRANGE HOYMAN:

TEACHING OF GYMNASTICS – MUSIC AND MOVEMENT

(Continued)

In the following each group is discussed separately as to their characteristics, the path of movement, the counts used, and the meters most suitable.

A. "Pressing" Movements

These are marked, energetic, abrupt movements such as shoulder stretchings, hamstring stretchings, quick arm stretchings. The path of movement is short, but often preceded by a bigger swing. The abrupt character is expressed by accentuated cords or punctuated notes in the music.

The most suitable meters for this type of movement are 2/4, 4/4 or a slow 3/4 (6/8 meter and a quick 3/4 meter are used less frequently).

The count of the exercise can be 3-count or 2-count.

B. "Springing" Movements

These are "light" small movements done in addition to the actual exercise; they occur mostly in the shoulder joint, ankle-, hip-, or knee joint (done with abdominal exercises, balance exercises).

The path of movement is short and the movement does **not** go to the limit as do the above-mentioned.

The mode of playing is slightly staccato and otherwise expressed by appoggiatura.

The most suitable meters for springing movements are 2/4, 4/4, slow 3/4 and more seldom 3/8 meters.

Count of the exercise is 2-count or 3-count.

C. "Bouncing" Movements

Bouncing is produced when several joints simultaneously partake in a movement and this goes to the limit as for instance trunk forward bent standing bouncing in the hip joint (often done with a sweep swing of the arms) or sidebending with bouncing in the position.

Also included in this group are leg and arm swinging to 180°. The path of movement is longer than for the previous groups, except in the sidebending where it is relatively short.

Inertia is the driving force in the bouncing and ties the movements together. The movements are in themselves lively, elastic.

The most of playing is portamento.

The bigger movements require more time for relaxation between the repetitions than do the previous movement types. Therefore more time is necessary between the accents. The best meters to

us would be 6/8 or quick 3/4, where accent falls on 1 only, or in some instances 3/4 meter. The tempo should be around 60-80.

The count of the exercise is 2-count or 3-count.

D. "Giving" Movements

When using the term "giving" we think exclusively of trunk bending backward in the upper part of the spine. It is one of the most difficult exercises to do, because of stiffness in the upper back; and the path of movement is the shortest within all the types of movements. However, due to the difficulty of performing this movement it requires a certain length of time and must be done calmly and smoothly.

The accent in the music must fall with the active movement of the exercise.

The tempo is relatively slow. 6/8 or fast 3/4 meters are best for this purpose.

The way of playing is a broad legato.

The count is generally 2-count.

E. Swinging Movements

To this category belong big swinging movements of the arms alone or with arms and the trunk together or of the legs. Movements can be done with trunk twisting or trunk bending in various planes from standing or sitting starting position.

The path of movement is at least 180°. Swinging under 180° belongs to bouncing movements. Between the big swinging movements other forms of movements can be added (handclaps, pressings or smaller swings), but the big swings give the exercise its character and the music should be chosen to match this.

The music will have many running notes that can support the big movements and carry them on. There must, however, also be a **starting** moment to give flight to the movement and this requires a certain accentuation in the music.

The mode of playing is portamento.

Best meter to use is 6/8 rhythm, more seldom slow 3/4 meter with many runs.

The count is mostly 2-count, seldom 3-count.

F. Gliding Movement (Sustained)

Sustained movements exhibit varying amounts of force kept evenly throughout. Gliding or sustained movements occur in slow changes of position as during balance exercises, by trunk leaning back-

ward or sustained weight transferences in walking exercises.

The sustained character is expressed in the melody, which should be without too big intervals. The music should be calm; runs in the melody such as triplets or triols accentuate the sustained character.

The mode of playing is legato.

Practically all kinds of meters can be used. 2/4, 4/4, slow 3/4, etc.

The count of this exercise can be either 2-count or 3-count.

G. Combined Movements

In these exercises two or more parts of the same exercise have different character or quality. The combination can be swinging and gliding, swinging and giving, or other combinations.

Accordingly the music must contain parts of different quality. This is rather difficult to find. And because of the combination no specific directions as to meter or way of playing can be given. Both depend upon the specific exercise for which the music is chosen.

Music to Balance Exercises, Walking and Running

Balance exercises are usually sustained in quality, in that they consist of positions and controlled

changes of positions combined with gliding transferences or easy ball exercises.

Music from combined exercises can often be used.

The mode of playing is legato.

The meter is dependent of the specific exercise, but 6/8 and fast 3/4 meter are seldom used.

The count can be 2-count or 3-count.

Walking—Experience has shown that it is very difficult to find completely satisfactory music to plain walking. One reason for this is that the individuality is more pronounced in this natural movement than in the more artificial exercises. Regular marches are no good. Their quality is too marked, the tempo too slow.

Compositions which combine triols or 1/16th notes are best.

Most suitable meters are 4/4 or 6/8.

Running—It is quite easy to find suitable music to plain running. The tempo should be approximately 180 steps per minute.

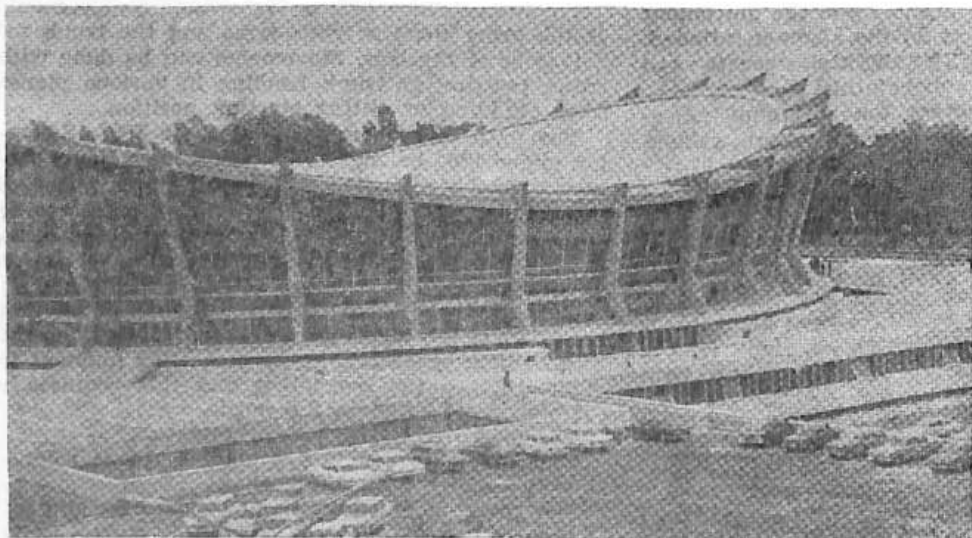
The run should be alert, light, the music high pitch if possible. Staccato playing is best.

The accents in the music must follow shortly after each other and be of the same force most of the time. Most suitable meter is a 2/4 meter (6/8 is used more seldom).

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MILDRED PRCHAL:

IV. WORLD'S GYMNASTIQUE MODERNE CHAMPIONSHIPS Conducted in Varna, Bulgaria, Sept. 27, 28, 29, 1969, Hall of Sports and Culture



SCENE OF
CHAMPIONSHIP

Hall of Sports and
Culture

Varna, Bulgaria

On September 21st I arrived at the International Hotel, situated about 12 miles from Varna in a resort area called "Golden Sands" on the Black Sea. When leaving home it was my understanding that much of the business, Judges' Sessions, etc. would be conducted here. Because of previous

commitments, however, the hotel was unable to provide accommodations and the events were held in two other locations. With the exception of Mme. Villancher, FIG. Chairman, and Mme. Chagurova of the Bulgarian delegation who were also in the International Hotel, all of the delegates and gym-

nasts were housed in various hotels, most of them in the Sportspalás, a hotel with dormitory facilities as well as a gymnasium and assembly hall. This Sportspalás was located about 3 miles from the International Hotel high on a hillside (103 steps up). Judges' sessions, the official training sessions, and the Championship, itself, however, were in the Hall of Sports and Culture in the city about 12 miles from the International Hotel. It was very difficult to communicate with anyone since very little English is understood and very little effort is made to understand any of the Slav languages except Bulgarian. Next day a taxi took me to the Sportspalás and I found the Czech girls practicing in the gymnasium. Japan, Korea, Cuba, Germany and others were awaiting their turn.

From the Czech coach I learned that the Judges' Sessions would start on the morning of the 25th in the Hall of Sports and Culture in Varna, where the FIG Modern Gymnastics Council was just then having a meeting. At the Hall of Sports and Culture I contacted Mme. Kveta Cerna, Czechoslovak Chairman of Modern Gymnastics, and others of the Council, was duly registered and given the program of all events with official pins and tickets of admission to all events, etc.

For the next two days I "sat in" on the training periods in the Sportspalás. Each group was allowed two hours for warm-up and practice. Among the groups I saw were the Japanese who were participating in the World Championships for the first time, Koreans also for the first time, the Russians, Cubans and others. The Russians drew a group of spectators who were anxious to see the "warm-ups" of these top contenders. I was not surprised, however, to see a traditional ballet "lesson" starting with a complete set of ballet barre technique, adagio, turns, pirouettes, combinations with tour jetés, grand jetés, etc. Some body waves and backbends. Cubans had some ballet warm-ups, concentrated on stretching, high extensions. Japanese and Koreans concentrated upon limbering, stretching, and their familiar lunge routine; the warm-ups of other countries I had the opportunity to see, including Sweden and Denmark, were different. A detailed report of the work of some of the groups is included in my technical report. It was very evident that there were two very different interpretations of Modern Gymnastics, one by countries in the truly rhythmic style we have seen by Swedes, Danes and Swiss, as against that with the predominantly ballet technique that distinguishes the Russians, Bulgarians, Cubans and to some extent Roumanians.

* * *

JUDGES' SESSIONS

September 25, 26, Hall of Sports and Culture

Early in the morning I met the Czech delegation at the Sportspalás and went with them by special bus to the Hall of Sports and Culture in Varna. I sat between the two delegates from Czechoslovakia who not only took turns in interpreting all proceedings which were only in French and German, but later gave me all the current General Rules, Code of Points, Rules for Group Exercises, for individual

exercise with jump rope, Ball, Hoop and Exercise without implement (this latter event was eliminated from future World's Championships in a meeting held after the Championships).

The First Session started at 9:00 a.m.

Members of the Gymnastique Moderne Council were: Mme. Berthe Villancher, FIG. Chairman of Gymnastique Moderne, France; Mme. Gotta, Technical Chairman, Italy; Mme. Urzinykov, NDR. (Eastern Germany), Mme. Furster, DDR. (Western Germany), Mme. Batajan, SSSR., Mme. Chagurova, Bulgaria, Mme. Abat, Hungary, and Mme. Cerna, Czechoslovakia.

All business was conducted in French and German, occasionally in Russian; without the help of the Czechs who sat with me throughout all the sessions I would have been at a great disadvantage.

18 countries were registered for participation in the Championships; 3 of them only in individual competitions. Belgium, Bulgaria, Cuba, Czechoslovakia, Denmark, Eastern Germany, France, Holland, Hungary, Italy, Japan, Yugoslavia, Korea, Poland, Roumania, Russia, Sweden, Western Germany. Two countries sent delegates only: Israel and the United States.

Mme. Villancher greeted all delegates present and stated that only officials could speak on business. Judges could participate in all discussions on events including those they had been selected to judge. Judges were then named from the list of those who had attended Judges' Sessions in Dobrichovice, Czechoslovakia, last April.

The Championships consisted of: 1. Compulsory Group Exercise with ball (6 girls). 2. Individual Compulsory Ball Exercise. 3. Optional Exercise with Hoop. 4. Optional Exercise with Jump Rope. 5. Optional Exercise without implement.

PART I OF RULES: The compulsory individual ball exercise was thoroughly discussed. This discussion was led by Mme. Cerna, who was the author of the ball exercise. All penalties for infractions were thoroughly studied and corrections in text (last picture of E part) were made. (The arm in the kneel should be directly forward, not upward.) The delegates and judges then assembled in the gymnasium for practical judging. 5 girls executed the ball exercise and various points were clarified.

After lunch the same procedure was followed regarding optional exercises with the hoop.

SEPTEMBER 26—II. PART OF RULES: (Most of these Rules were given to me in Czech, others in French; these were practically a repetition of the sessions in April.) Discussion on A. Optional Individual Exercises, Special General Rules for Exercise without Implement and with Implement. B. Specific individual exercise with implement.

There was an important discussion regarding stretched feet and legs and deep back bends (ballet technique). Mme. Villancher stated that all should be to NATURAL maximum. Turning out and arched feet will not be stressed. Those without ballet technique will not receive a penalty. This "will help weaker countries who do not have the ballet technique available." In my estimation and later during competitions, it was definitely this difference that determined the scores of the top gymnasts.

Having more than one instrument? Alternating instruments?

After some discussion it was conceded that alternating piano with percussion drum or clapping could be possible but there would be a risk of losing points if the change from one instrument to another would not be successful. Finally Mme. Villancher decided that no alternating of instruments would be allowed. At 10:30 the assembly moved to the gymnasium where 4 girls were judged, various elements of judging were brought up, faults and merits pointed out. Remark: Split can only be used as passing element. Greatest faults were lack of lightness, value of composition, elements of difficulty. No. 4 Gymnast, a Czech, was given special mention by Mme. Villancher, who said "this is an example of what I hope for the future of Modern Gymnastics." All Modern Gymnastics should be done with central movement and total movement, (movement to begin with pelvis).

Back again to assembly hall and a review of jump rope rules. More demonstrations with jump rope.

Mme. Gotta—Jump Rope. Rope must have no handles but it is allowed that center of rope (about 25 cm.) (10 inches) may be thicker. If not according to rules, 1 pt. penalty. Exercise has two parts: 1. Jumps over rope with straight body. 2. Elements that must be executed with accompaniment of body movements; figure 8s, swing from side to side,

continuous rope movement. When jumping over SLOWLY TURNING ROPE, ARMS ARE STRAIGHT; over FASTER TURNING ROPE, TURN FROM ELBOW; over FAST TURNING OF ROPE, TURN FROM WRIST. DOUBLE TURNING OF ROPE: with one jump. LEAP OVER DOUBLED ROPE TURNING IT WITH RIGHT HAND UNDER FEET.

Touching floor lightly with rope is not penalized but if hard, it interferes with movements that follow.

GROUP COMPOSITION RULES were next. Some rules were brought up and clarified. Some countries found it necessary to correct or change parts of their Group Ball Exercise before next day's competitions because of misinterpretation. Timing begins 30 seconds from instant when the 6th gymnast enters area. Or gymnasts may enter and begin at once. If a team starts with a soloist or even 4 girls, timing starts when the other two join in work. (Some countries had soloists and were obliged to change.)

Dropping ball, 1 pt.—but other errors caused by the dropping must also be added.

No phonograph records can be used for any of the exercises.

Judges keep half of slip for their own records.

After all business, leaders of groups had a final meeting and a social evening followed.

(Continued)

Youth

Youth is not entirely a time of life—it is a state of mind. It is not wholly a matter of ripe cheeks, red lips or supple knees. It is a temper of the will, a quality of the imagination, a vigor of the emotions, a freshness of the deep springs of life. It means a temperamental predominance of courage over timidity, of an appetite for adventure over love of ease.

Nobody grows old by merely living a number of years. People grow old only by deserting their ideals. Years may wrinkle the skin, but to give up interest wrinkles the soul. Worry, doubt, self-distrust, fear and despair—these are the long, long years that bow the head and turn the growing spirit back to dust. Whatever your years, there is in every being's heart the love of wonder, the undaunted challenge of events, the unflinching child-like appetite for what next, and the joy and the game of life.

You are as young as your faith, as old as your doubt; as young as your self-confidence, as old as your fear; as young as your hope, as old as your despair. In the central place of every heart there is a recording chamber; so long as it receives messages of

beauty, hope, cheer and courage, so long are you young. When the wires are all down and your heart is covered with the snow of pessimism and the ice of cynicism, then, and only then are you grown old. — (General Douglas MacArthur in his 75th birthday speech.)

Official Olympic Hymn

Cantata by COSTIS PALAMAS

Set to music by SPIROU SAMARA in 1896

Adopted as official Olympic Hymn by the International Olympic Committee in 1957

Immortal spirit of antiquity,
Father of the true, beautiful and good,
Descend, appear, shed over us thy light
Upon this ground and under this sky
Which has first witnessed thy unperishable fame.

Give life and animation to those noble games!
Throw wreaths of fadeless flowers to the victors
In the race and in the strife!
Create in our breasts, hearts of steel!

In thy light, plains, mountains and seas
Shine in a roseate hue and form a vast temple
To which all nations throng to adore thee,
Oh immortal spirit of antiquity!

(Free translation from Greek into English)

Printing "American Sokol" —	
October issue	522.72
Postage — Sept. and Oct.	72.92
	<hr/>
	\$ 670.64

Miscellaneous

Special appropriations — Eastern	
District ASO.	\$150.00
ASO.-BOI. Instructors Course at	
Potters Lake	22.50
Film rental and other refunds ...	38.00
Miami Tour	94.08
	<hr/>
	\$ 304.58

Total Disbursements\$ 2,278.27

Balance:

Totals brought forward:	
Western National Bank of Cicero —	
checking account	\$ 3,021.34
Income — October 1969	10,801.90
	<hr/>
	\$13,823.24

Disbursements — October 1969	2,278.27
	<hr/>
	\$11,544.97

Future Sokol Leaders Fund

Bro. and sis. Anne Zvolanek:	
In memory of bro. M. L. Hromadka,	
Cedar Rapids, Ia.	\$ 5.00
In memory of bro. Wesley Laznovsky	5.00
In memory of bro. Emil Hrabina	5.00
In memory of sis. Marie Prevratil	5.00
In memory of sis. Frances Podhrasky ...	5.00
In memory of sis. Willie Jurcik	5.00
Bro. and sis. John Dolejsich	10.00
Clyde Savings & Loan—Dividend	138.17
	<hr/>
	\$178.17

\$400.00 transferred from Clyde Savings & Loan account to Western National Bank of Cicero for scholarships awarded.

(The above contributions are tax exempt.)

Closing Meeting of the XII ASO. Slet Committee

October 29, 1969

Very fine attendance. Reports were presented by BOI. Directors bro. Ed Linhart and sis. Lorraine Zdenek. Their reports were statistical—we list them for your information.

In competitions were: 178 junior boys, 52 men, 319 junior girls, 84 women.

June 29, 1969, Slet participation:

Tots — a first time	112
I. and II. Class Girls	250
I. and II. Class Boys	240
	<hr/>
Juniors — Girls	376
Juniors — Boys	186
	<hr/>
Seniors — Women	368
Seniors — Men	216
	<hr/>
	584

Total participants 1,748

Ceskoslovenska Beseda — 12 circles of 8	96
Wampus Board (Boys and Girls)	216
Pennants — Junior Girls and Women	108

Sis. Anne Basta, English Publicity Chairman, advised excellent coverage was obtained from Czech and local English papers. Largest publicity appeared in Life Newspapers, Community Reporter, and Lawndale News of 26th Street, Brookfield Citizen—as well as Southwest Herald and Brighton News. Radio interviews on WTAQ in Czech and English. Cermak Road businessmen gave publicity on billboards and Magikist on Eisenhower Expressway and Cicero. Hopefully for the next Slet T.V. coverage will be obtained. Our final summation is that regardless of publicity coverage, we must rely on our own Czech people and the parents of our participants.

Our Czech Publicity Chairman, bro. Jerry Rabas, prepared many articles which were published not only in our local papers, but in Canada, Australia and Europe. Fraternal organizations published many articles. The Voice of America had taped our program. Articles for Czech publicity were written by bro. J. Rabas, C. Prchal, A. Hrebik and sis. J. Zacek. A scrap book of English articles was presented by sis. A. Basta and the Czech scrap book will soon be completed.

Bro. Frank Vodrazka, Chairman of the Financial Committee, submitted, at this time, a tentative financial report giving a general outcome of the individual projects comprising our Slet activity. Souvenir program books on hand are being offered our units at 6 for \$3.00. Souvenirs on hand will be made available to units—sweat shirts and pennants, and a few others. Recommendation that a proportionate share be approved for payment to the Central District at this time—balance to be paid on submission of complete report. Payment of \$1,350 to Central District approved.

Chairman of the Banquet Committee, sis. Blanche Cihak, reported a complete sell-out and we realized a better return than for several banquets held in the past. Committee worked diligently and was dissolved about five weeks ago.

Sokol Exhibit, bro. Joe Janecka, felt turnout could have been stronger. There was a shortage of help. However, there was a profit made.

Bro. Charles Kalat, Chairman of the Trophy Committee, submitted a most complete report, which will prove most beneficial to future Slet Trophy Committees. The trophy display was photographed.

Hospitality Committee, bro. Tony Smunt, read his report containing several recommendations for consideration of future Slet Committee. Suggested numbering of chairs for the box seats.

Questionnaires sent to districts have been received and the overall response will again make excellent basis to work from in the future.

Bro. George Basta presented a chart indicating a set-up of the Slet Committee and its functioning in three major categories—each category would be headed by the Slet Co-Chairmen. Committees would function in respective category. Suggestion of coordinating Slet Logo to be used throughout on

stationery, seals, poster, souvenir program book, etc.

Recommendation of a standing committee met with good response. Approved that a committee be appointed, by the Executive Board of the ASO., to go into action two years in advance of the Slet date.

Bro. Stanley Barcal in summation of XII Slet activity, expressed his overall satisfaction with the outcome and sincerely thanked everyone who participated and worked to make the Slet a success, both financially and morally. He then declared the Slet Committee disbanded, with the exception of Slet officers, who will continue in present capacity until complete financial report is submitted.

Meeting adjourned after which we viewed the XII ASO. Slet film and refreshments were served—a fitting close to another Sokol accomplishment!

Betty Prener, Recording Secretary

FROM OUR DISTRICTS

EASTERN DISTRICT

September 15, 1969

Correspondence: Minutes from the ASO. Executive Board of May 27 and July 22, 1969.

Officers of the XII American Sokol Slet extend their sincere appreciation to all members for their financial and moral support.

Bro. Zraly received a letter from the ASO. Executive Board to attend a meeting of Sokol Curtis Bay on August 11 in reference to the sale of their hall and the future of Sokol Curtis Bay.

Several letters had been received from bro. E. Stetka and a roster of the membership of Sokol Curtis Bay from the ASO.

Sokol Little Ferry has started to establish a reserve of funds by issuing bonds at the interest of 4% annually to their members only. The money will be used to renovate their hall.

Invitation to attend a testimonial dinner honoring bro. V. Pechar of D.A. Sokol on November 8, 1969. Bro. and sis. Zraly have been designated to represent the Eastern District.

Bro. Zraly reported on the meeting held at Sokol Curtis Bay on August 11. Another meeting was scheduled for Sept. 5th which was attended by several members of the Southern Circuit. Bro. Ed Stetka sent a letter in reference to the meeting stating that Sokol Curtis Bay sold their hall to the American Legion the previous week.

Sis. Zabka reported on the Chicago Slet. The Slet was a success and well organized. There was a total of 79 participants from the Eastern District.

Bro. Zraly stated that the XII American Sokol Slet was the best Slet held in Chicago in many years. The performance on the field, in spite of inclement weather in the morning, was very good.

All of the officers who worked on the committee should be commended for the splendid work they did.

Our best wishes for a speedy recovery to bro. Henry Vesely who has been ill in the hospital for several weeks this summer. His home address is 77 Liberty Street, Little Ferry, New Jersey 07643.

EASTERN DISTRICT

Annual Meeting — Sept. 28, 1969

Bro. Zraly presiding. Bro. Zraly asked the delegation to rise and observe a moment of silence in memory of our departed brothers and sisters. Bro. Zraly introduced the officers of the district. The delegation joined in the singing of "Aj Lucka, Lucka."

Report of Secretary—Blanche Zraly: Gave an account of work accomplished during the year.

Report of President—Charles Zraly: Gave an account of his activities during the past year. Is concerned at the lack of delegates at monthly meetings. Noted that transportation to meetings proves to be a problem. The number of delegates from each unit should be increased. Gave his thanks to everyone for their support during the past year and hopes for better cooperation in the ensuing year.

Report of Treasurer—Anton Chaloupka: Gave an account of expenditures for the past year.

Report of Financial Secretary—Henry Vesely: (Absent due to illness.) Report given by bro. Chaloupka.

During the past year there had been an increase of 31 members in the Eastern District.

Report of Director of Men—Frank Capek: Gave a report of activities which had been very good. Participated in volleyball, bowling tournaments and track and field meets. Junior boys' and men's attendance has been very poor with the exception of Sokol Baltimore which has a very good junior boys class. Praised sis. Provaznik for her untiring effort in preparing and teaching at refresher schools which she has been in charge of.

Report of Director of Women—Norma Zabka: Our district participated in many events during the year. Refresher courses were conducted by sis. Provaznik. Bro. E. Stetka and bro. F. Stovicek assisted at the refresher course in Belcamp. Six students attended the ASO. Instructors Course at Potters Lake, Wisconsin. The United Sokols of the East Exhibition held at Boonton was very good. This was the first year that we were not victorious in the events held at the Chicago Slet. Sokol Belcamp has been reactivated and Sokol Washington has added junior and senior classes.

Report of Educational Dir.—Joy Misek: Stressed the need for more cooperation of the BOI. and Educational Director of each unit. Suggested that all gym classes have singing and marching before regular gym session. Each new member should be presented with a Sokol pin and by-laws book.

Report of Southern Circuit—(Edward Stetka, absent) Report given by bro. Neumann. Units of the Southern Circuit had participated in the Chicago and Boonton Slets. Sokol Curtis Bay sold their hall to the American Legion. Sokol Baltimore has invited Sokol Curtis Bay to join their unit. If they do not disband they are welcome to use Sokol Baltimore's Hall. The Southern Circuit places a wreath at the Tomb of the Unknowns each year at Arlington National Cemetery.

Technical committee meeting was held Sept. 27. Training schedules will be held each month alternating with the Southern Circuit. Sis. Provaznik will be in charge of these classes. Students who

attended the course at Potters Lake state that they gained much knowledge which will be helpful in instructing their classes. Sis. Provaznik blames the lack of teachers in our units, for the poor attendance of the junior and senior classes. All units should participate in bowling and volleyball tournaments. The best will be selected to compete in the United Sokol Tournaments. A track and field meet will be held.

Bro. Zraly gave a report on the ASO. Convention to be held in Cleveland in 1970. He advised the units that individuals who want to propose any changes in the by-laws should send them to the District with the approval of their unit, who will forward them to the ASO. All proposals must be sent to the ASO. 60 days prior to the Convention.

UNIT REPORTS:

Sokol Baltimore, bro D. Otenasek: Has combined meetings and socials with the women's division. After each meeting the members sing as they march around the hall. Raising funds to either build a new hall or expand the existing facility. A Sokol band is being formed.

Sokol Belcamp, bro Frank Novak: This is the second year of reactivity of their gym classes. Much credit goes to bro. Lago for his assistance.

Sokol Fuegner, sis. Bertha Hochner: Need more senior instructors.

Sokol Little Ferry, bro. Eugene Zabransky: The new addition to their hall will cost approximately \$26,000.

Sokolice Little Ferry, Blanche Kubat: Have increased their membership. Donated \$2,000 to the building fund. Play volleyball evenings. Gym classes well attended.

Sokol Newark, sis. Anne Votapek: The Sokol Hall has been sold. Meetings are held in the homes of members. Hope to participate in the bowling tournaments.

Sokol New York, sis. Marie Provaznik: Attended all competitions and Slets. The children's camp was open for three weeks. Also three weeks for Czech children who were taught by sis. Provaznik who will be 79 years young on Oct. 24th. Business at hall very poor for entire year.

Sokol Philadelphia, bro. George Novak: Unit is active socially.

Sokol Schenectady, sent in written report. Children's classes are held on Monday nights. Bowling league to start in September.

Sokol Washington, bro. Jerry Friedrich: States that bro. Neumann is leader of all activities. Do not have a hall so activities are limited under the direction of bro. Frank Stovicek in his back yard. A children's choir is being organized under the direction of sis. Lida Brodenova. Annual event is the wreath laying at the Tomb of the Unknowns at Arlington National Cemetery. Information is sent to United States Senators about our Sokol Organization.

Publicity Director will contact the ASO. Publicity Director for information.

At the coming Convention in 1970 the matter of units disbanding will be brought up.

The Eastern District is planning to have a Sokol Course next summer but no site has been selected.

Sis. Provaznik said that a course will be held at Monessen, Pa., after the SGUS. Slet.

To save a great deal of traveling expenses, bro. Chaloupka suggested that we use directors from our district when having a course. This was in regards to the instructor who traveled from Texas to Belcamp to teach for only one week.

Messages of congratulations are to be sent to the 50th Anniversary of Sokol Tyrns, Cleveland, and the new unit which is being installed at Miami, Florida, on November 15, 1969.

Bro. Neumann led the delegation in singing of *Spejme Dal*."

* * *

NORTHEASTERN DISTRICT

October 5, 1969

Guest: Bro. Stanley Barcal, President of the ASO.

Bro. B. Jirousek reported on the 1970 Convention meeting, to be held June 21, 22, 23, and 24, 1970, at the Hollendon House. The BOI. has ruled out the competitions and also the Akademie. The By-laws Committee will meet before the Convention. A Get-Acquainted Party will be held on Sunday after the Slet. A secretarial pool will be hired for the Convention. Will have tours for the guests. A luncheon will be held on Tuesday noon—instead of a banquet.

Sis. G. Jirousek reported that the Annual Český Den is the same day our Slet is scheduled for.

REPORTS FROM UNITS:

Sokol Tyrns is in the process of selling their building. The gym classes have started. Celebrated their 50th Anniversary, October 4th, with a banquet and dance.

Sokol Cleveland-Cech-Havlicek: Would be having a meeting that afternoon. Invited L. Voris to address the membership.

Sokol Nova Vlast: Gym was painted. Will have a St Nick's Dance on December 6th. Feb. 14th will have a Special Dance for the benefit of Pete Sykora. Youth Group and Hobby Club from Sokol Tyrns had a car wash for his benefit—profit \$280.00. P. Sykora is now at Highland View Hospital. Bro. Kocian invited Sokol Tyrns to join their gym classes at this time.

Sokol Detroit: Next month their unit will vote on an assessment. Their Nominating Committee has a slate made up a month early, so the members could check it out. Administrative wise things are running smooth. Nov. 8 and 9 will have a bazaar, made \$4,000.00 to \$5,000.00 on last bazaar. Their mortgage is down to \$100,000.00—made a \$10,000.00 payment, had extra money available. Sokol Detroit and Sokolice Detroit combined have the largest membership. The Camp belongs to Sokol Detroit, it's self-sustaining, and is run strictly as a business. The profit from the summer exhibition was \$1,600. Sokol Detroit Youth Group has started a fund for Pete Sykora, Nova Vlast. Their youth group raised \$1,300.00 last year.

BOI. joined us at 11:00 A.M.—Discussed the Slet Convention—program for the year, hold a beginners course, hope to get instructors from ASO. Would like to plan a Slet for younger boys and girls, competitions, Slet, and dance—9 to 12 age group.

Bro. Barcal had an informal talk—communications in a district after a large affair with the ASO. have proven beneficial. The cooperation at the Slet was excellent. The committee consists of 120 people. Gave tentative report on Slet finances.

1970 ASO. Convention was discussed. Arrangements, number of delegates and expenses.

Also discussed was the Future Sokol Leaders Fund.

Bro. E. Jirousek reported last Slet was very well organized.

Bro. Pekar thanked bro. Barcal for coming and also Cleveland-Cech-Havlicek for hosting the meeting.

* * *

CENTRAL DISTRICT MEN'S BOI. MEETING

Held October 13, 1969

Volleyball and basketball tournaments were discussed. It was decided to have both junior and senior volleyball tournaments. The junior tournament will again be held on two Sunday afternoons. The men's tournament will have an "A" division and a "B" division. A men's basketball tournament will also be held. A decision on a junior basketball tournament will be made next month.

Calisthenic exercises for junior boys and apparatus exercises for junior boys and men were distributed. A committee was set up to get exercises for 1st and 2nd Class boys by next month.

A committee was set up to start gathering ideas for a District Special Number for the next Slet.

A district instructors course will be held on December 5 and 6 and December 12 and 13.

The Central District had 29 students at the ASO. Course last summer out of a total of 90 students.

* * *

CENTRAL DISTRICT WOMEN'S BOI. MEETING

We will be holding our Central District course on December 5th and 6th at Sokol Brookfield and December 12th and 13th at Sokol Tabor. The instructors will be:

Apparatus terminology—bro. E. Linhart, calisthenic terminology—bro. E. Halik, spotting and guarding—bro. R. Ptacek, marching—bro. E. Halik, apparatus moves—bro. E. Linhart and R. Ptacek, games—bro. J. Polacek, Sokol Organization—bro. S. Barcal, understanding music—sis. L. Zdenek, class instruction—bro. C. Kalat.

Volleyball rules and entry forms were handed out for our tournament, which will begin November 3rd. Bros. J. Cerny, C. Hlinka, E. Hlinka and J. Schultz, all of Sokol Chicago, will referee the games.

This year we will use the 1965 Tot's Drill, which was used only once. Sis. C. Michalek will make any changes or revisions. I also handed out the junior girls and women's apparatus exercises.

I was advised by the ASO. that Mary Gilbert of Sokol Berwyn received the Sokol Scholarship award this year.

We have also been informed that the Turner Organization seems interested in getting together with us for competitions, etc. Also, a letter was received from the Chicago Judo and Karate Centers, to promote and stimulate interest in the sport. A demonstration could be given to our members without charge. This would be an opportunity to raise

funds and charge an admission. This has been passed on to the units.

* * *

American Sokol Organization, Berwyn, Ill.

Dear Sister Ptacek:

We at Sokol Slavsky would like to express our gratitude for the wonderful opportunity given our Junior Class members to further their Sokol ideals and skills, by attending the course at Potters Lake this summer.

The youngsters have each thanked us individually for being chosen to attend, and we now convey their thanks, as well as ours, to you for sponsoring their attendance. We know they all enjoyed the experience and worked hard at each and every phase of the program offered to them. Your interest in them has been very fruitful—two are full time teachers; two are regular assistants and the others are serving on the Jr. Board and ready to come in and help whenever called upon.

Keep up the good work at these summer courses!

Nazdar!

SOKOL SLAVSKY BOARD OF INSTRUCTORS

John Satek, Mae Simonek, Directors

The following students have sent letters of appreciation and thanks: Millie Masek, Chris Sykora, Georgia Nesladek, Audrey Podzamsky, Cynthia Hokr, Janice Wostratzky.

* * *

SOUTHERN DISTRICT

September 11, 1969

Correspondence: From the Third Czech Spectacular Committee of SPJST Lodge 66, Waco—expressing appreciation for Southern District participation in their Czech Spectacular program and an invitation to participate again if the fourth Spectacular is held two years hence.

From sister Betty Prener on behalf of ASO. expressing sympathy to the Southern District in the death of sister Marie Prevratil.

Acknowledging donations to the Southern District in the memory of sister Marie Prevratil: \$25.00 by sister Mildred Nemecek of Minneapolis, Minn., \$10.00 by bro. Anton Nemecek of Minneapolis, Minn., and \$25.00 by bro. Frank Cechan and his mother of Sokol Zizka, Dallas.

REPORT OF UNITS:

Corpus Christi—Lost one member. Held a benefit "Fair" for traveling fund for gymnasts.

Dallas—Lost two members by death. Will celebrate 10th anniversary of present building, September 13, with a short gym program and dance. The gym group had been requested and will take part in the Metropolitan Opera "Aida" which will be presented during the State Fair.

Ennis—Purchased 3 acres of adjoining property for future expansion. Gymnasts participated in the Czech Spectacular program.

Fort Worth—Held special summer gym classes with 15 attending. Will hold competitions. Technical Staff assisted in instructing a 3-day clinic at Birdville Gym.

Report of the Technical Staff: — Director of Women: 31 gymnasts participated at Czech Spectacular at Elm Mott; units Dallas, Corpus Christi, Houston and Ennis were represented.

In contacting representative of Sokol Zizka of Dallas to the Czech Day committee during this meeting were informed that the Sokols are limited to approximately 20 minutes. Also suggested some type of program to be presented on the mobile stage during the afternoon.

Technical Staff of Fort Worth reported on planned competitions and events to take place. Events will be: Volleyball, rope climbing, shuttle run, standing broad jump, sit-ups, basketball throw and trampoline. All classes will participate. Medals and ribbons will be awarded in each division and a trophy for volleyball.

Brother President called attention to the fact that some time ago this committee held a discussion in regard to the Southern District furnishing a room for the SPJST Rest Home and that units will sponsor a benefit function for this purpose. Units Dallas and Ennis had indicated interest and participation. Dallas has already initiated a function for this purpose. Other units will be contacted and informed of this matter.

* * *

PACIFIC DISTRICT

Meeting Held Sept. 27, 1969

Meeting called to order by Pres. bro. Salak, who extended congratulations to Sokol San Francisco

on the acquisition and Grand Opening of their new Sokol Hall.

Bro. Salak spoke briefly about outing at Hume Lake over the Labor Day weekend. Those who attended (78 from Los Angeles and 2 from Fresno) all enjoyed the outing.

Bro. Salak stated the main reason for calling this meeting was to discuss a Sokol Camp to be held sometime in July or August, 1970. The Pacific District decided to sponsor this Sokol Camp mainly for the youngsters. Too little is done for our future Sokols and it is important we try to keep them happy and interested.

Sis. Lysak reported she contacted the Madera County officials regarding Dinkey Creek Camp-ground, which would serve our purpose very nicely.

After a lengthy discussion it was decided by all present that if camp will be available, the Pacific District would contribute some funds for this purpose.

Bro. Salak stated the Pacific District would give a semi-formal ball on Jan. 24, 1970, and all profits from this affair would be contributed to the camp fund.

Bro. Salak proposed the Pacific District do something to aid Sokol Seattle, since they seem to be in need of an instructor.

Sis. Nekuda suggests a clinic be held in Los Angeles and each unit be urged to send instructor aspirants to this clinic.

Jiří Naxera.

Ve čtvrtek, 6. listopadu, byl jsem volán br. Ondřejem Polehnou ze Cedar Rapids, že zemřel, po krátké nemoci, br. Jiří Naxera. Dal mi jeho životní data:

"Narodil se 2. března 1901 v Rychnově nad Kněžnou v Čechách. Do Spojených států, přímo do Cedar Rapids, přijel se svými rodiči, sestrou a bratrem v roce 1913. Pohřeb na Český národní hřbitov v Rapidsích. Za přátele a Sokolstvo promluví dr. Antonín Hřebík."

Br. Naxera byl členem Sokola Cedar Rapids a své jednotě sloužil v mnohých úřadech i v úřadu starosty. Také v mnohých spolcích, jichž byl členem, účastnil se činně jejich usilování.

V druhém československém odboji účastnil se prací vedoucích k osvobození rodných krajů z nacistického žaláře.

Mnoho cestoval a o svých zkušenostech přednášel; svá slova doprovázel obrázky, které sám zachytil.

V Jiřím Naxerovi pozbyly Rapidse pracovní energii dobrého amerického občana a věrného syna svého národa.

Vděčná mu budíž paměť!

kmp.

In Memoriam

(Delayed report)

BRO. CHARLES J. KOLAR died May 23, 1969, at the age of 78. At the time of his death he had been a member of Sokol 61 years, two in Europe and 59 in the American Sokol.

Bro. Kolar was active in many lodges, but Sokol was closest to his heart. He became a member of

Sokol Nova Vlast in 1911 and served as president of the unit for ten years. He was a charter member of the N.E. District and became its first secretary, holding that office for ten years. He was an ardent gymnast and a charter member of the Sokol Fresh Air Camp in Twinsburg, Ohio. He was a prompter for the Czech plays and musicals put on by Sokol units.

As all Sokols in the first World War were active in the liberation of their homeland, so was he a member of the Czech National Alliance.

He was a well read man with a sense of humor who lived and loved all forms of Czech culture. He will be missed not only by his family, but by all his true Sokol friends. Our sincere sympathy to his wife, sister Marie, his daughters, sisters Geraldine Jirousek and Mildred Ptak, and son-in-laws, bro. Edwin J. Jirousek and Zdenek V. Ptak and their families.

Hugo Jecmen, Our Former Gym Instructor, Has Passed Away

On October 30th, 1969, our former gym instructor, Hugo Jecmen, died suddenly, leaving his wife Anna, son Hugo, daughter Jayne, brothers Tony, Adolph, Charlie, Emil and the late Joseph. He was a wonderful gymnast in his youth and later became one of our best gym instructors. While serving as our instructor he was sent to the Sokol Slet held in Prague, Czechoslovakia, where he also took a teacher's course in Tyrš' Dum, also in Prague, Czechoslovakia. We wish to extend our deepest sympathy and sacred be his memory.

John Reiner in The Sokol St. Louis News



Ferdinand
Vodák
s manželkou
Marií
v den jejich
zlaté svatby.

Za bratrem Ferdou Vodákem.

Není měsíce ani roku, aby nám z našeho kruhu sokolského neodešli bratři, kterých postrádáme a řady jejich jest těžko vyplnit. Jest to několik dní, co byl pochován starý sokolský harcovník br. Ferdinand Vodák. Br. Vodák narodil se v Žichlici v plzeňském kraji roku 1888 a do Spojených států přijel roku 1908. Maje sokolské vychování ve staré vlasti, po příjezdu hned vstoupil do Sokola. Měl v mysli, že sokolská výchova jest jediná, která vytváří charakter člověka a přivádí ho tak vyspělého do společenského kruhu. V těchto myšlenkách žil, plně využíval každé příležitosti, aby přesvědčil jiné v co věřil. Stal se tak představitelem a hlavním organizátorem sokolského hnutí v Town of Lake. Zorganizoval a spojil v jeden celek jednotu Pokrok a Praha v Sokol Town of Lake. Tehdejší "School Hall" (Č.S.P.S. Patronát školy) na 48. ulici byl jeho místem, kde prožil nejvíce let svého života. Bydlil nedaleko této budovy, kde byla tělo- cvična, byl tam denním návštěvníkem ve schůzích různých organizací, avšak hlavním jeho cílem bylo udržování tělocvičny, kam docházel denně, dohlížel na cvičící a kolikrát i musel sám převzít vedení, když bylo potřeba. Jeho snahou bylo postavit Sokol Town of Lake do popředí a mnohokrát se mu to podařilo k jeho největší radosti. V letech dřívějších stal se přeborníkem Vsesokolského sletu v Praze a stal se i místostarostou v předsednictvu Americké Obce Sokolské. V prvním a druhém odboji byl hlavním činitelem s jinými bratry a sestrami za osvobození Čsl. Republiky. S jejich přičiněním Town of Lake získal \$10.000. Byl zakladatelem Dramatického odboru, jehož byl stálým členem. S jinými bratry a sestrami se hrálo na sta divadel na jevišti ve "School Hallu", ale také v přírodním divadle v sokolském dětském táboře ve Willow Springs. Br. Vodák byl muž charakterní a energický, nikoho nikdy neurazil, spíše uklidňoval roztržky mezi bratry, které kolikrát vznikly ve schůzích.

Záhadná nemoc částečně umlčela jeho víru v lepší bytí; byl upoután na lůžko, ale stále doufal, že přijde nový den a že se zase vrátí v naše řady. V jeho mysli vězela plná vůle, že nastane obrat k lepšímu. Avšak nedočkal se; smrt přišla a skosila ho v pondělí, dne 6. října 1969. Byl zpopelněn na Českém nár. hřbitově.

Jméno br. Ferdinanda Vodáka bude vždy zapísáno zlatým písmem v historii Sokola v Town of Lake.

Bohumil Lankaš, Sokol Town of Lake.

Bratra Vodáka znal jsem od roku 1913, a když při druhé volbě Výkonného výboru AOS. v květnu 1934 byl zvolen mým místostarostou, našel jsem v něm činovníka konajícího své povinnosti. Málo kdo pochopí, co vzácného pochopení pojilo nás jednoho k druhému a naší věci společné. S radostí se chápal práce národní, ale ve chvílích nejvyššího vzletu zvuk jména "Sokol" vždy nám v uších zněl nejvřeleji. Viděl jsem jeho činy, jeho usilování a nad vše vynikalo sokolství, co brána nejvyššího našeho snažení duševního i tělesného.

Ferda nebyl by mohl to vše, co mu k zásluze patří konat a vytvořit, kdyby nebyl št'astným manželem. Choť jeho Marie věrně při něm stála a neochabovala v lásce a důvěře ve věc sokolskou.

Br. Vodák byl muž vděčné paměti hodný; budiž mu tato vzpomínka obětinou skromnou sic, ale ze srdce upřímného jdoucí!

Karel M. Prchal.

John Tannich, 74, of Albany, Long a Scio Czech Leader, Dies Suddenly

(From a Scio, Oregon, newspaper)

Word reached Scio Wednesday, October 8th, of the sudden death that day of John Edmond Tannich, 74, of Albany, when he was in a Portland store. His death was caused by a heart attack, according to a report of Good Samaritan Hospital where he was taken.

He has long been active in Czechoslovak lodges in Scio, being president of both the Lodge Tolstoj No. 224 of Scio, located in Richardson Gap, and of the Z.C.B.J. Lodge in Scio, and also member of the Sokol Lodge (athletic organization) of Scio. He was also a member of BPOE in Albany.

He was born April 16, 1895, at Weimar, Texas, and he grew up in that state.

He was married in 1917 at Hillje, Texas, to Marie Pustejovsky, who survives.

They moved from Texas to Albany, Oregon, in 1921. He owned and operated the Tannich Hardware & Appliance in Albany since 1945, having held a closing out sale only recently. The store was operated for many years on Main Street in East Albany, but moved several years ago to the West Second Ave. location in downtown Albany.

Surviving, besides the wife, are five children: Mrs. Henrietta McClain of Salem, Rudolph Tannich of Cheney, Wash., Mrs. Lillian Boyanovsky of Portland, Ted Tannich of Albany, and Mrs. Margaret Henderson of Seal Beach, Calif.; 16 grandchildren and six great-grandchildren; two brothers and six sisters.

* * *

Bro. Tannich was a devoted Sokol. For many, many years he served as the president of Sokol Scio. He was one of the great Sokol organizers—who stood high and firm. Sokols suffered a great loss which will not soon be forgotten.

We wish to convey our deepest sympathy to the family and Sokol Scio.

cmp.

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A Ť JEDETE KAMKOLIV

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chvilku tak krásně svítila
jasným se světlem trásla —
a potom zase zhasla.

Ríkává se: Slovo dělá muže. Ale
neměl by jej dělati spíše skutek?

Srdce osudem zrcené je jako
rozšlápnutý doutník — je na had-
ry a přece doutná a přece je v
něm žár.

Štěstí, které si člověk vyvzdo-
ruje, později nejdříve zaplatí.

"Ale máte vy štěstí, Rybáková!
Pátý dítě, a zase kluk!"

"Jediná škoda, sestřičko, že ne-
přišli najednou — byla bych se s
nimi dostala do novin."

"Tak prý jste dostali chlapečka,
sestřičko Vonásková?"

"Jo, dostali! To vědí, nám taky
někdo něco dá!"

Že mohl zapomenout. Babička:
Ale, pane notáři, vždyť mě přeci
znají: dělali mi svatební smlouvu!

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AND CIRCULATION**

(Act of October 23, 1962: Section 4369, Title 39,
United States Code)

1. Date of filing: September 24, 1969.
2. Title of publication: American Sokol.
3. Frequency of issue: Monthly — except bi-monthly July-August issue.
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5. Location of the headquarters or general business offices of the publishers: 6426 W. Cermak Road, Berwyn, Illinois 60402.
6. Names and addresses of publisher, editor, and managing editor: Publisher—American Sokol Educational & Physical Culture Organization; Editor—Charles M. Prechal, 2419 Scoville Avenue, Berwyn, Illinois 60402; Managing Editor—Executive Board American Sokol Organization, 6426 West Cermak Road, Berwyn, Illinois 60402.
7. Owner (If owned by a corporation, its name and address must be stated and also immediately thereunder the names and addresses of stockholders owning or holding 1 percent or more of total amount of stock. If not owned by a corporation, the names and addresses of the individual owners must be given. If owned by a partnership or other unincorporated firm, its name and address, as well as that of each individual must be given.) Stanley Barcal, President, 2437 S. Harvey Avenue, Berwyn, Ill. 60402. Blanche J. Cihak, L. Vice-Pres., 405 — 50th Pl., Western Springs, Ill. 60558. George C. Basta, II, Vice-Pres., 2629 S. Maple Ave., Brookfield, Ill. 60513. Betty Prener, Secretary, 444 Oxford Lane, Crystal Lake, Ill. 60014. Ann Falta, Financial Secretary, 2540 S. St. Louis Ave., Chicago, Ill. 60623. Frank Vodrazka, Treasurer, 1639 S. Grove Ave., Berwyn, Ill. 60402.
8. Known bondholders, mortgagees, and other security hold-

ers, owning or holding 1 percent or more of total amount of bonds, mortgages or other securities. None.

9. For completion by nonprofit organizations authorized to mail at special rates (Section 132.122, Postal Manual). The purpose, function, and nonprofit status of this organization and the exempt status for Federal income tax purposes have not changed during preceding 12 months.

10. Extent and nature of circulation:

	Average No. Copies Each Issue During Preceding 12 Months	Single Issue Nearest To Filing Date
A. Total No. copies printed (Net press run)	5600	5600
B. Paid circulation.		
1. Sales through dealers and carriers, street vendors and counter sales.	none	none
2. Mail subscriptions.	none	none
C. Total paid circulation.	5450	5450
D. Free distribution (including samples) by mail, carrier or other means.	none	none
E. Total distribution (Sum of C and D)	5450	5450
F. Office use, left-over, unaccounted, spoiled after printing	150	150
G. Total (Sum of E and F—should equal net press run shown in A)	5600	5600

I certify that the statements made by me above are correct and complete.

CHARLES M. PRCHAL, Editor

(Signature of editor, publisher, business manager, or owner)

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