

AMERICAN SOKOL

VOL. XCI. — NO. 3

MARCH, 1970

PUBLICATION OF THE AMERICAN SOKOL
Educational and Physical Culture Organization

S. HARRISON THOMPSON:

THE MEANING OF MASARYK FOR TODAY

(This article was written on the occasion of the one hundredth anniversary of T. G. Masaryk's birth)

It is a simple law of history that the stature of really great men looms larger with the passing of time. Of no figure of the past century is this more true than of Thomas Garrigue Masaryk. His long life spanned almost the period between the great revolution of 1848 and the shame of Munich. Rooted by birth in the common people, he gathered into himself the strains of the noblest Czech and Slovak traditions, fused them with the best and most enlightened idealism of western civilization, fired the youth of his own and neighboring Slavic nations with loyalty to these ideals, and then led his people to freedom through the mazes and confusions of a titanic world struggle. As if that were not enough, he accepted the political leadership of his people as president. History is replete with examples of men who are superb idealizing and agitating forces until placed in positions of responsibility. But Masaryk placed in a like position, even increased his stature in the eyes of the world. For seventeen years his leadership, his humane spirit, his simple courage, his profound understanding of the spirit and traditions of his people, his winsome candor, fortified and broadened the fundamental basis of Czechoslovak social, political and intellectual life. He went even deeper. From first to last he emphasized the deeply religious nature of Czech and Slovak historical development. He regarded the traditions of Hus, Chelčický, the Bratrství, the Czech revival from Dobrovský to Havlíček and Palacký as primarily a religious matter. Whether Catholic, Protestant or free thinker, he regarded the Czech and the Slovaks as peculiarly sensitive to humanitarian motivation which to him was essentially religious in origin. "Christ, not Caesar," as he said to Karel Čapek, is the secret of Czechoslovak history.

It is necessary now, on the occasion of the one hundredth anniversary of his birth, to recall and reemphasize these direct if superlatively impressive simplicities. The people Masaryk led out of bondage to the Hapsburgs into the freedom they knew so well how to use, are now passing through what is certainly a deeper valley of tribulation. It may not last so long—that we earnestly hope. But coming so soon after the imprisonment and

(Continued on page 34)

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OFFICE OF THE EXECUTIVE BOARD ASO.

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Calendar of Events

- APR. 4th—SOKOL NOVA VLAST, CLEVELAND, OHIO. — Gymnastic Exhibition.
- APR. 4th—UNITED SOKOLS OF THE EAST. Gymnastic Competitions 10 A.M. Men—Bohemian Hall, Astoria. Women—Slovak Hall, Astoria.
- APR. 5th—SOKOL TABOR, BERWYN, ILL. Bohemian American Concertina Association. 2:00 to 10:00 P.M.
- APR. 12th—SOKOL HAVLICEK-TYRS, CHICAGO. Gymnastic Exhibition.
- APR. 15th—SOKOL BROOKFIELD, ILL. Luncheon is Served.
- APR. 17th—SOKOL TYRS B.O.I., CLEVELAND, OHIO. — Fish Fry. Serving from 5:00 p.m.
- APRIL 22nd—SOKOL DETROIT LADIES AUXILIARY. — Springtime Card Party.
- APRIL 24th—SOKOL FUEGNER-TYRS, SOUTH OMAHA, NEBR. — Men's Stag Night.
- APR. 25th—SOKOL STICKNEY, ILLINOIS. Gymnastic Exhibition.
- APR. 26th—SOKOL LITTLE FERRY, N. J. Annual Gymnastic Exhibition.
- MAY 2nd—SOKOL NEW YORK, N. Y. — Annual Gymnastic Exhibition. 7 P.M. Sokol Hall.
- MAY 2nd—SOKOL MLADOCECH, RACINE, WIS. Annual Gymnastic Exhibition.
- MAY 3rd—SOKOL WEST SUBURBAN, Downers Grove, Ill. — Annual Gymnastic Exhibition.
- MAY 3rd—SOKOL FUEGNER, L. I. C., N. Y. Gymnastic Exhibition.
- MAY 6th—SOKOL SLAVSKY, CICERO, ILL. . . Mother and Father's Day program. Gold Room, C.S.A. Building.
- MAY 8th—SOKOL SLAVSKY, CICERO, ILL. Bunco and Card Party. Cicero Community Chest Building, 5341 West Cermak Rd., Cicero, Ill.
- MAY 10th—SOKOL BALTIMORE, MARYLAND. Bull Roast.
- MAY 10th—SOKOL TYRS JR. HOBBY CLUB, CLEVELAND, O. — Pancake Breakfast. Serving from 8:00 a.m.
- MAY 15th—SOKOL MILWAUKEE, WISCONSIN. Interclass Meet
- MAY 15th—SOKOL BROOKFIELD, ILL. Fashion Show.
- MAY 16th—SOKOL MILWAUKEE, WISCONSIN. Track Meet
- MAY 17th—SOKOL BALTIMORE, MARYLAND. Annual Gymnastic Exhibition.
- MAY 20th and 21st—SOKOL DETROIT LADIES AUXILIARY. — Rummage Sale.
- MAY 24th—SOKOL MILWAUKEE, WISCONSIN. Gymnastic Exhibition, 2:00 p.m., at St. Aloysius Gymnasium, 1435 So. 92nd Street.
- MAY 24th—SOKOL STICKNEY, ILLINOIS. Pork, Dumpling and Sauerkraut Dinner.
- MAY 24th—EASTERN DISTRICT. — Arlington National Cemetery.
- JUNE 7th—SOKOL SLAVSKY, CICERO, ILL. . . Family Picnic. White Eagle Grove Center, Lyons, Illinois.
- JUNE 13-14—WESTERN DISTRICT SLET, Cedar Rapids, Iowa. La Salle High School, 1st Ave. and Edgewood Rd. S.W.
- JUNE 14th—CENTRAL DISTRICT "Sokol Physical Fitness Day" — Riverside-Brookfield High School Stadium, 2:00 p.m.
- JUNE 14th—CLEVELAND, O. — "ČESKÝ DEN." D.T.J. Farm.
- JUNE 21st—NORTHEASTERN DISTRICT, Cleveland, Ohio. — District Slet at the I.O.O.F. Camp.
- JUNE 21-24—AMERICAN SOKOL ORGANIZATION XI CONVENTION, Manger Hotel, Cleveland, Ohio.
- SEPT. 11th—SOKOL SLAVSKY, CICERO, ILL. Fall Family Picnic, White Eagle Grove Center, Lyons, Ill.
- SEPT. 13th—SOKOL BALTIMORE, MARYLAND. Crab Feast.
- SEPT. 26th and 27th—EASTERN DISTRICT. Annual Meeting.
- SEPT. 27th—SOKOL DETROIT LADIES AUXILIARY. — 50th Anniversary Celebration.
- OCT. 3rd—SOKOL STICKNEY, ILLINOIS. Farmer's Dance.
- OCT. 31st—SOKOL BALTIMORE, MARYLAND. Halloween Dance.
- NOV. 28th—SOKOL SLAVSKY, CICERO, ILL. Annual Dinner-Dance, Peacock Room, C.S.A. Bldg., Cicero, Ill. 6:00 p.m.

AMERICAN SOKOL

VESTNÍK AMERICKÉ OBCE SOKOLSKÉ

Ročník—Vol. XCI.

March — 1970 — Březen

Číslo—No. 3

XI ASO. CONVENTION

The XI National Convention of the American Sokol Educational and Physical Culture Organization, with headquarters in Berwyn, Illinois, will be held at the Manger Hotel in Cleveland, Ohio, from Sunday through Wednesday, June 21-24, 1970.

It will open with the ASO. N.E. District gymnastic exhibition at the Odd Fellows Camp in Glenwillow, Ohio, Sunday, June 21, at 2 p.m. A welcome party for the delegates will be held that evening at 8 p.m. at the Manger Hotel on 13th Street and Chester Avenue.

A children's special gymnastic competition will be held Saturday, June 20, at Sokol Nova Vlast. Ages of the young gymnasts range from 10-12.

The calendar of events will include:

Monday, June 22

Opening of the convention at 9 a.m. Hotel Manger Mather Room. After luncheon, there will be a series of seminars on public relations, organization and education. The Board of Instructors and all standing committees will begin their individual work at 2 p.m.

Spouses of conventioners and guests will have a chance to tour some of the famous Cleveland spots such as Cleveland Cultural Gardens, Art Museum, etc. Mrs. Emily Vencl of Sokol Tyrs, will be in charge.

Evening will be free for the delegates to visit restaurants or shows of their choice.

Tuesday, June 23

After the morning session, which will begin at 9 a.m., there will be a luncheon for the delegates

and their guests at the Grand Ballroom of the Manger Hotel. Thomas L. Boardman, Editor-in-Chief of the Cleveland Press, will address the convention on the subject: "What the Czech and Slovak ethnic groups have contributed to the United States."

The chairman of arrangements for the luncheon is Mrs. Frank Hosticka from Seven Hills, member of Sokol Nova Vlast in Cleveland.

At 8 p.m. Tuesday, there will be a free Variety Show for all delegates, spouses and their guests at the Grand Ballroom of Manger Hotel.

Sokol Tyrs' 40 piece Concert Band, Theatrical Guild and other groups will present this show. In charge of arrangements for this event is Donald Ranc, of Sokol Tyrs in Cleveland.

Wednesday, June 24

After the review of the reports of the ASO. officers for the past five years, new officers of the ASO. will be elected. Also next convention city will be selected.

American Sokol Organization has been in existence for 105 years in the United States. The first one of the 72 units now in existence was founded in St. Louis, Mo. Stanley Barcal, from Chicago, is the national president. A. J. Suster of Brecksville, Ohio, is convention committee chairman.

The Sokol organization specializes in education of the youth in good citizenship and gymnastic physical fitness. Many of our instructors are volunteers and receive no pay for their services. The Sokol gymnastic movement originated in Czechoslovakia in 1862, but because of prevailing conditions is inactive at this time.

ATTENTION: TO ALL UNITS

In connection with the XI Convention to be held in Cleveland June 21-24 please take notice:

We are planning an interesting exhibit in the lobby and mezzanine of the Manger Hotel.

Please send us photos showing some of your gymnastic activities such as talents in classes, calisthenics, apparatus and gym exhibitions plus any events that your unit promotes during the year.

Send photos of very special interest of which you are proud—such as new buildings as in Dallas, Detroit, St. Louis, Houston, etc. Send blown up photos as large as possible. Display of this sort will inspire and stimulate desires and thoughts of the delegates who would return to their units encouraging modernization and expansion of their

present facilities or even think of new buildings. It is proof positive that units that have accomplished the goal of erecting new buildings are most active and successful.

Help us make this exhibit interesting showing cross section of our nationwide activities.

Photos should be 8x10 or larger. All will be returned to their respective units.

Exhibits to be in our possession by June 10th.

Respond by sending all materials to:

XI A.S.O. National Convention Committee
c/o Emil Pekar — Hotel Manger
East 13th and Chester
Cleveland, Ohio 44114

To All Delegates of the ASO. XI Convention, Presidents and Secretaries of the Units and Districts, Guests

The American Sokol XI National Convention will be held in Cleveland, Ohio, June 22, 23 and 24, 1970. It will be preceded by a By-Laws Committee meeting on June 19 and by a gymnastic exhibition on Sunday, June 21.

All activities, with the exception of the gymnastic exhibition will be held in the Manger Hotel, East 13th Street and Chester Avenue. The exhibition will be held at the I.O.O.F. Fresh Air Camp in Glenwillow, Ohio, some 20 miles southeast of Cleveland. Bus transportation to this event will be provided from the hotel.

A complete schedule and agenda of the

Convention and the various Sokol activities, will be announced as soon as final details have been arranged.

20,000 conventioners will be in Cleveland at the same time the Sokols will be here, and rooms will be limited. Don't delay. Make your reservations AS SOON AS POSSIBLE.

Sincerely yours,

A. J. Suster, Chairman
Convention Arrangements
Committee

John Galik
Housing Chairman

Slovanic Benevolent Order of Texas To Southern Dist. ASO.



George Prevratil, President of the Southern District, American Sokol Organization, receiving from Cyril Pokladnik, District III Director of Slovanic Benevolent Order of Texas (SPJST) a check for one thousand

(\$1,000.00) dollars representing the annual gift from SPJST.

SPJST has for many years been interested in the work of Sokol and has annually made a contribution to its work.

The SPJST in its most recent 20th Convention in Dallas again endorsed the work of Sokol and voted to continue making these annual contributions.

District Director Pokladnik has been a member of Sokol for many years, having originally belonged in Minnesota and later transferring his membership to Dallas. In presenting the check to President Prevratil, brother Pokladnik said: "SPJST takes great pride in supporting Sokol, its ideals and its many worthwhile projects." And in receiving the check, brother Prevratil acknowledges and thanks the SPJST for their generous moral, physical and monetary support. — Nazdar!

From Vice President Agnew's Address

During Abraham Lincoln Dinner in Chicago
February 12, 1970

Civil disobedience, unless it is testing the legality of law in the courts, is arrogance, he said, whether it takes the form of secession, trespassing upon private or public property, the disruption of a college campus, the refusal to pay taxes, or the refusal to obey the order of a court.

Admissions Are Covered

Universities must follow intelligent systems as to admission of students and accrediting of instructors, the Vice President said.

"Where methodical instruction and extended training are needed to become qualified, it is right and proper that men should be treated as unequal," he said.

"For example, it is not right that the unqualified should sit on boards of admission to decide who is qualified to receive instruction in institutions of higher and professional learning."

No university, business firm, or labor union should discriminate among applicants on any basis other than "aptitude for learning and practicing its craft," he said.

"But it should discriminate upon this basis," Agnew said.

Just as in the case of medical doctors, only the best suited applicants should be admitted in other professions, vocations, and the liberal arts, he said.

Poses a Question

"For those who think that there should be ethnic quotas, or race quotas, or socio-economic class quotas in the admissions to colleges or universities, I would address this question: When next you are sick, do you wish to be attended by a physician who entered medical school to fill a quota or because of his medical aptitude?"

"When next you travel by jet airplane, do you want to go in a plane designed by engineers selected to fill a quota, or by aptitude?"

"When next you build a house, do you want an architect selected for architectural school by aptitude or by quota?"

Every so often, one hears that this or that Sokol unit is run by cliques and you know, this is absolutely correct. These cliques are composed of the hard-working, faithful Sokols who attend most, if not all of the meetings and accept appointments to various committees and who are willing to give freely of their time, talents and often times, their resources. They are sincere in their belief that the more one puts into the Sokol organization the more one gets out of it.

As a rule, there is no question about the enthusiasm, the responsibility and the efforts of the members of the cliques and certainly they are of inestimable value to the Sokol. It is therefore suggested that more of the Sokol members join the cliques in their units and it is not a difficult thing to do. You can begin by . . .

Attending meetings of your unit regularly.

Taking a more active interest in Sokol activities. Making helpful, constructive suggestions.

Serving on committees.

Show a continual and constructive interest in all Sokol affairs and before you realize it you are knee-deep in Sokol activities, enjoying yourself and your active members more fully.

You will find yourself a member of the clique in your unit and you will be surprised to know how anxious the other members of the clique are to have you associated in the work with them. As stated previously, it is an easy matter to join the clique in your Sokol Unit and it is suggested that you do so.

(Sokol Baltimore "Topix")

JOSEF SVATOPLUK MACHAR

(1864 - 1942)

Translated by R. A. GORMAN

Joseph Svatoopluk Machar, the outstanding Czech realist in poetry, was born February 29th, 1864, in Kolin and died March 17th, 1942.

Some of Machar's original works bear marked traces of Vrchlicky's lyricism, but soon the maturing poet surrenders the neurotic, sceptical eroticism of his early works and embarks upon reflective, philosophical and critical writings that dominate his more mature works. Machar's poetry is marked by a deep sincerity of thought, a piercing penetration of the restless human soul and a definite deviation from the conventional form of the poetry of his predecessors and contemporaries. In his own evaluation Machar has placed himself as a direct follower of Celakovsky, Havlicek and Neruda, with whom he feels an intellectual and spiritual affinity.

NEAR JERUSALEM

Atop Golgotha, tower three darkened crosses;
Atop each cross, a bloody, lifeless form.

The evening clouds stretch out their crimson wings
Above the city's mansions and cathedrals,
Above the homes, the walls and fragrant gardens,
While the winds that drive the restless roaming
clouds,

Ruffle the silvery waves of ripened olives
Upon the mountain tops of distant Cedron.
Toward the city's gates are noisily returning
The multitudes who saw the gruesome hanging,
Satisfied now, the lifeless forms ceased swaying.

A lonely soldier stands beneath each cross,
The first, a Roman, of his Rome is thinking,
Of Roman women, theatres and baths,
Longingly thinking of the crowded Forum,
The while he casts his brutal coarse damnation
Upon the stench-filled city, dormant at his feet,
And on the race of filthy Jews therein.

The second soldier sends to distant Gaul
His hope filled dreams and thoughts.
He thinks of woods alive with birds and beasts,
Of cooling streams with pure transparent waters,
Of light-haired women with their tempting charms,
The feasts, the songs, the cups o'erfilled with wine—
Of these he thinks, and casts a look of utter hatred
Scornfully, bitterly across the sleeping land.

The third, a dusky Ethiopian soldier,
Resting on his upward pointing spear
Rolls lazily his large, white gleaming eyeballs
Towards the swaying bodies, bedecked with smears
of blood
Towards the rolling waves of gardens filled with
olives,

The dreaming city bathing in the sunset,
The darkened, mystic, distant mountain tops . . .
He neither thinks nor dreams
But nods his head and yawns.

The Meaning of Masaryk for Today

(Continued from cover page)

brutality of German occupation, it is a sore trial, and hardly to be endured. One who knows this people must have faith that behind the mask of silence and acquiescence enforced by an incredibly ruthless conqueror, every true Czech and Slovak keeps firmly before his eyes the image and the ideals of T. G. Masaryk, who truly earned the title of "otec národa," and that these ideals will once again be triumphant in a land that has so often had to bow its neck before a greedy and insatiable conqueror. A people that of its own free will has chosen and accepted the leadership of so many men in this remarkable tradition of truth and

simplicity, of charity and Christian idealism, cannot be conceived as losing this ineradicable character in a few short years. The truth must conquer; we must believe that it can and will. Masaryk would have felt and taught so. This would have been his message, as it was that of his teachers, Jan Hus and Jan Amos Komenský, Palacký and Havlíček, before him. We who are living in the free world must hold to this thought and strive with all our might to bring it into effect. Most of all we must not lose faith with Masaryk. If Czechoslovakia is not free, the freedom of the whole world is in danger.

ASO. EXECUTIVE BOARD

Meeting Held Feb. 24, 1970

Reports: Western District Executive Board meeting Jan. 12, 1970. — Eastern District minutes of meeting Jan. 19, 1970. — Southern District minutes of meeting (annual) Jan. 25, 1970. — Northeastern District minutes of meeting Jan. 18, 1970.

Correspondence: Thank you note for expression of sympathy extended to the family of sis. Marie Balek. — Southern District Resolutions Committee sent resolution expressing their gratefulness to the Executive Board for their efforts on behalf of Sokol. — Greetings from the annual meeting of the Southern District held in Dallas with all units represented—23 delegates and 9 guests. — Historical data from the Western District referred to bro. J. Cihak. — Sis. Ruzicka requesting additional copies of American Sokol; activities of Sokol Miami increasing, and asks for calisthenics in Czech. — Czech Singing Society Lyra commemorating 100th anniversary with concert program—full page ad approved for souvenir program book. — Sokol Rip, bro. R. Hranicky requesting membership applications. — Copy of letter from Sokol Baltimore to Sokol Belcamp. — Bro. Emil Pekar, Chairman of the Exhibit Committee of the ASO. Convention, requests publication of an article concerning exhibiting photos of our Sokol buildings, both new and remodeled, also interior renovation.

BOI.—Bro. E. Linhart read his report for the month of February. Submitted bill for plane fare to Omaha and return (\$80.85) to be charged to the Western District fund—approved. Read minutes of Combined BOI. meeting. Recommendation that Central District be reimbursed \$205.00 for week-end instructors course approved. Discussion followed regarding ASO. scholarship fund—District Executive Committee and District BOI. will be contacted for their views. — Sokol USA Slet at Monnessen, Pa. Information will be published in the American Sokol. Discussion followed regarding American Sokol Federation.

Sis. L. Zdenek absent due to illness.

Editor: Bro. C. Prchal advised February issue of American Sokol is in the mails. March issue—asks additional 8 pages due to roster listing, approved. Spoke at the funeral services of bro. Spatny, member of Sokol Havlicek-Tyrs. Bro. Zabransky sends \$3.00 for Sokol publication and a contribution of \$5.00 sent by sis. Vlasta Newcomer from St. Louis. Roster of units being worked on with sis. Falta.

Financial Secretary sis. A. Falta read report of receipts and disbursements for January. Working on roster—14 units have not sent in names and addresses of newly elected officers. 10-year pins have gone up in price. Must charge \$1.50 plus postage. Advised which units were delinquent in payment of dues, special assessment. Delinquent units will be notified with copies to District.

Slet: Bro. G. Basta, a few outstanding accounts (advertising). Bro. J. Cihak will follow for payment. The Slet report will be audited in April.

Secretary: Office report. Sis. A. Sotka reports quarterly reports processed, all income and expense items recorded. Prepared financial report. Federal tax monies deposited. Correspondence answered. Report on XII ASO. Slet film. Bro. Charles Svoboda of Sokol Tabor has been making the necessary repairs and has cleaned the film and put it in order. Total refund to be made to Southern District as film did not arrive in time for viewing. Sokol Yukon to be refunded \$35.00. Prepared accounting of Southern District's Special Assessment fund. Checks mailed to Eastern, Northeastern, and Pacific districts for ASO.-BOI. course expense to be assessed against respective special assessment accounts. With sis. J. Pros met with Berwyn Assist. Postmaster, also Acting Executive Officer, regarding the mailing of our publication. A count must be made to the post office monthly of the number of copies going to the 8 zones in the U.S., plus foreign mail. 50-year pins ordered and the price has been increased. Bro. A. Suster borrowed our "Sokol" cut for Convention letterhead. Listed contributions to Future Sokol Leaders Fund. Also reported receipt of annual contribution of \$1,250.00 from the Western Bohemian Fraternal Associa-

tión. — Sis. E. Schnabl reports correspondence answered. Reports further on the Slet film mailing to the Southern District and Sokol Yukon. Also listed districts and units who have not reported names of delegates to the Convention. — Sis. J. Pros mailed requested labels to bro. A. Suster for mailing of convention material. With E. Schnabl are checking the by-laws to make certain of changes being incorporated in mimeographed copy. Mailed listing of delegates to bro. Suster for sending hotel information. — Sis. B. Prener received hotel reservation cards for convention and distributed to the Executive Board officers and members. Correspondence was answered.

Those delegates driving to the Convention will be paid 8c per mile.

President: Bro. S. Barcal reported receiving call from bro. Kalivoda of Detroit extending invitation to install officers. Convention matters are picking up momentum. Much enthusiasm is generated. By-laws are being studied. Has been in touch with the office regularly.

Finnacial Report ASO. February 1970

INCOME:

Dues	\$ 1,250.00
Convention Fund	314.50
Special Assessment	1,318.00
Resale of jewelry	21.00
T. J. Masaryk dues	9.00
Sokol emblems and belting	92.40
Sokol Manuals and "Progressive Czech"	74.00
Postage	1.72
Contribution to "American Sokol" publication	5.00
Slet film rentals	50.00
ASO.-BOI. Instructors Course	36.00
Total Income	\$ 3,171.62

DISBURSEMENTS:

Administrative Department	
Salaries	\$298.52
F.I.C.A. & F.W.T. for January ...	53.64
Rental and janitor service	221.25
Office supplies	199.60
Insurance	74.00
Jewelry	582.98
Travel expense	10.00
Petty cash	46.00
Miscellaneous	15.00
Total	\$ 1,500.99

Educational Department BOI.	
Salaries	\$219.44
F.I.C.A. & F.W.T. for January ...	38.40
Office supplies and Sokol Manuals	155.15
Editor "Sokol Gymnast"	25.00
Add'l. copies "Sokol Gymnast" ..	27.72
Total	\$ 465.71

Sokol Publication	
Editor "American Sokol"	\$ 75.00
Printing of "American Sokol"	556.38
Total	\$ 631.38

Miscellaneous

Film rental refunds	\$205.00
ASO.-BOI. Instructors Course	75.00
Special appropriations:	
Western District ASO.	349.75
Pacific District ASO.	436.00
Northeastern District ASO.	110.00
Central District ASO.	205.00
Total	\$ 1,380.75

Total Disbursements \$ 3,978.83

BALANCE:

Totals brought forward:	
Western National Bank of Cicero—checking account	\$14,319.83
Income — February 1970	3,171.62
Total	\$17,491.45
Disbursements — February 1970	3,978.83
Total	\$13,512.62

Future Sokol Leaders Fund

Western Bohemian Fraternal Assn.	\$1,250.00
In memory of sis. Marie Balek:	
Mr. & Mrs. Arthur Triska	10.00
Mr. & Mrs. William J. Shana	10.00
Mrs. Marie Stastny	10.00
Mr. & Mrs. Frank Ulrich	10.00
Mr. & Mrs. Frank Pelich	5.00
Charles Prchal	10.00
Blanche and Jim Cihak, in memory of Dr. Lester Janes	25.00
Bohumil and Adela Lankas, in memory of Frank Korb, Sr.	10.00
Total	\$1,340.00

(The above contributions are tax exempt.)

FROM OUR DISTRICTS

EASTERN DISTRICT

January 19, 1970

Sis. Henrietta Hochner, residing in Florida, sends her best wishes to all. Attended installation of new Sokol unit in Miami, Florida.

Newsletters from Sokols New York and Baltimore.

Mid-season meeting will be held on March 14, 1970, at Barton House, Arlington, Virginia.

Bro. Neumann will be contacted to select a suitable place where the technical committee could hold a training session. Bro. Albert Walko will be asked to teach and correct the calisthenics and apparatus moves.

Delegates should inform units that all suggestions and requests for changes in by-laws be put in writing and submitted to the Eastern District for evaluation. Only those who know what is going on at Unit and District level should be selected as delegates to the Convention. These delegates should be available to work on committees at the Convention.

Director of Women, sis. Zabka: All units are preparing for their exhibition. A judging course will be held at Hunter College, New York.

Director of Men, bro. Capek: Next year unlimited teams will be allowed in the bowling tournament. The technical committee has proposed that a Junior Bowling Tournament be held on a Saturday and Sunday. To be approved by membership organizations. April 4th—United Sokols of the East Gym Meet at S.T.J., Astoria for women and Bohemian Hall for men.

Chance books will be distributed to units at the mid-season meeting to be held in the Southern Section on March 14th. Cash prizes will be awarded.

The Eastern District extends their deepest sympathy to the families of sister Eleanor Gregor who passed away on December 31st and sister Albertina Holy who passed away on December 15th.

* * *

WESTERN DISTRICT

BOI. ANNUAL MEETINGS

February 7, 1970

Men's Meeting — Permission for underaged gymnasts given by the District if the individual Unit feels person is capable.

Judging at the Slet: Each Unit should try to bring one judge for each team in which Division it is competing.

Women's Meeting — All Units were invited to the Slovak Slet to be held immediately following the National A. O. S. Convention.

Sis. Betty Petrzalek of Sokolice Cedar Rapids gave a Slet Report. Dates of June 13 and 14, 1970 are confirmed for the use of La Salle High School. A tentative plan for Friday night judges meeting preceding High Division Competition for Women.

The uniform problem was discussed. High Division Women in competition can wear black or white gym shoes. Championship Women wear white.

Age limit for competitors will be left up to the individual Unit with the approval of the District BOI.

Advancement of girls for competition with regard to sublevels Low A and B in Low National competition and single Low at the District: Decision was made that if a person wins 1st, 2nd or 3rd place at a National Competition the individual MUST advance to Intermediate District Competition; also Intermediate to High. If that person placing in National Competition chooses to stay in the Division in which she placed to compete on the District level, she may compete for a team trophy but not for an individual trophy.

Bro. Linhart, National Men's Director in attendance at the meeting, gave his opinion without regards to favoritism.

Placing of the reuther board in order to complete an advanced vault was so stipulated as a guide to all unit instructors. Clarification — any gymnast having the board too close cannot complete an advanced vault.

Combined Meeting — Four representatives from Sokol Caldwell, Kansas were introduced and welcomed to the meeting.

Main item discussed was the Cedar Rapids Western District Slet. It will be held June 13 and 14, 1970. Slet Chairman, Edward Kuba gave plans

for the Slet. La Salle High School will seat 700-800. The Sunday Program will be indoors. At his request, a tentative count of 200 participants and visitors was given to bro. Kuba.

A Hospitality Hour will be held Saturday evening at the Hall.

The floor was given to National Men's Director Ed Linhart. His first announcement was that the ASO. has found a new supplier for Sokol uniforms, Zwickel from Philadelphia, Penn. The ASO. Executive Board has voted to become the distributor. A complete line of uniforms and possibly shoes will be carried at a slightly higher cost.

1970 National Cleveland Convention — At this convention 6 District Captains will elect a National Men's and a National Women's Director for a 5-year term.

Also discussed was the issue of the \$1.00 per member assessment, it's use by the District in it's 5-year existence and the fact that the convention will vote on whether to continue the assessment for another 5 years.

WESTERN DISTRICT ANNUAL MEETING

February 8, 1970

List of 1970 Western District Officers given to bro. Linhart. Letter received from sis. Trefny regarding recommended By-Law corrections.

Plane fare for Bro. Linhart will be paid by the District.

Bro. Pavoucek welcomed Bro. Linhart. Bro. Linhart extended congratulations to all of the Western District on being a very active district and wished Cedar Rapids a successful District Slet.

Each Unit sending competitors should send a competent judge for each division represented by their Unit.

Director of Men — Ray Lastovica: 52 tots, 148 Small Boys, 47 Jrs. and 40 Men totaling 287 active gymnasts in the District Men's Division.

All drills have been sent out.

Director of Women — Bozena Drozda: 30 Tots, 119 Class I, 154 Class II, 154 Jrs., 46 Women and 65 Others, totaling 635 active in the District gyms.

District Clinic conducted by bro. Linhart and Sis. Drozda with 54 attending, 10 instructors and directors attended.

In Sept. 1969 received word of \$100 Scholarship Awards given to 2 So. Omaha girls.

All materials have been received by the Units and all are in preparation for the District Cedar Rapids Slet.

Director of Education — Alfred Swoboda, has compiled a booklet on Sokol History and one will be given to each Unit Educational Director.

Bro. again reminded all units to take advantage of the \$100 AOS. Scholarship. Rules for same were clarified.

Director of Organization—Barbara Swoboda, congratulated all the new officers that have been elected. Our membership is expanding and a new unit of Miami has started up. Let's use this motto, "March We On, Stoutly On, for Another Successful Year".

Slet Chairman—Ed Kuba. Bro. Kuba stated that an evening Saturday meal will be planned; also suggested pursuing the possibility of engaging the Moravian Dancers to perform for the Slet.

At this time President Pavoucek congratulated Cedar Rapids and thanked them for accepting the hosting of the 1970 Western District Slet. Is confident that it will be another fine Slet.

1970 AOS. Convention — Voting protocol was defined for the delegate. All Units MUST be current on dues in order to have Voting Power at the convention. Any Unit not having a delegate may give voting power to another Unit in the District.

Motion by bro. Kuba that honors bestowed upon members of longevity be handled on a Unit basis and that the per capita assessment continue to be paid to the ASO.

Seat of the District will remain in Omaha.

All Units practice the one for one Membership Drive — It works. Ask Sokol So. Omaha.

1970 Western District Instructor's School will be dispersed.

1971 Western District Slet—Site will be discussed at the Semi-Annual meeting.

All last year officers accepted and were reelected but Sis. Pavoucek, the Historian. Sis. Blanche Heeren is the new Historian.

Bro. Ed Linhart installed the Officers.

September 26 and 27, 1970 — Semi-Annual District Meeting. Bro. Linhart indicated that the possibility of substituting the Slovak Slet for the AOS. Mid-Slet would be discussed at the convention.

UNIT REPORTS:

Sokol Caldwell — 12 members. Had 40-year pin dedication. Dances, Card Party and Bingo. Community business meetings. Wedding dances, Family Reunions and Suppers.

Sokol Cedar Rapids — 153 members. Sokol Bulletin set up. Preparing for the Western District Slet. Sokol Park Supper.

Sokol Cedar Rapids BOI. — 20 Tots, 60 Small Boys, 15 Jrs. and 10 men. Preparing for the Slet. Did High School judging. Danced Beseda for Nursery Convention.

Sokolice Cedar Rapids — 189 members. Increase of 6. Kolache Bake Sales. Prepared Pork Supper for brothers. Served at a Wedding Reception and several Banquets. Card Party. Rummage Sale. Memorial Fund. Sewing & Quilting Circle. Donations to the Bohemian Home for the Aged and Czech School. Bro. Hlubucek talked about his European Tour. Pot Luck Supper and Christmas Party.

Sokolice Cedar Rapids BOI. — 26 Tots, 68 Small Girls, 20 Jrs., 8 Women, 4 Keep-Fit and 18 Adult Recreation. Advanced girls took part in two meets outside of Cedar Rapids. Members of BOI. now judge at the High School Girls Gymnastic Meets. Beseda dancing for Nurserymen's Ass'n. Christmas treats for Tots Classes and Small girls.

Sokol Crete — 23 members. Increase of 2. Made drive for new members. Car Washes. Ten Dances. Leased part of the gym to Doane College Wrestling Class. Rent Hall for Crete Firemen. Rent Hall for Legion. Bingo. Dinner held for all gymnasts after Chicago Slet.

Sokol Crete BOI. — 18 Small Boys, 7 Yrs. and 3 Men. Teen Dance. Boys performed for Saline County Fair. Slet Dinner.

Sokolice Crete — 69 members. Bingo. Served at the Annual Firemen's Dinner. Donated to March of Dimes and Heart Fund. Annual Christmas Covered Dish Dinner with gift exchange. Song fests after the meetings.

Sokolice Crete BOI — 14 Small Girls, 11 Jrs. and 9 Keep-Fit.

Sokol Omaha — 137 members. Newsletter being published. Weekly Dances. Raffles and Hall rentals. Sokol Auditorium designated as Fall Out Shelter. Social evening after meetings with Sisters. Christmas Party for Juvenile gym classes and Czech School children.

Sokolice Omaha — 166 members. Gain of 2. — Formed a Nominating Committee to slate new members. Purchased an addressograph and are in the process of acquiring a new Flag for the School Room. A newsletter Committee was formed with the brothers — ads were sold and the Newsletter is now published monthly. Free admittance to all Sokol-sponsored Dances has been granted to all paid up members. Held Bake Sale at the Southroads of which half of our profits was given to our brothers. Letters were sent to our Senators regarding the proposed Dam Site which would inundate our Sokol Camp. Held a Cosmetic Party after November Meeting. Ladies Christmas Party. Coffee Pot Drawing at each meeting. Hold joint meeting with brothers about every other month. Two Sokolice celebrated their 50th Wedding Anniversaries — sis. Ann Nelson and sis. Marie Tomanek.

Sokol & Sokolice Omaha BOI. — 12 Tots, 30 Small Boys, 16 Jrs. and 12 Keep-Fit. — 30 Small Girls, 24 Jrs., 5 Women and 8 Keep-Fit. Formed Gym Club. November Fall Pork Dinner & Carnival. Small classes sold penny chances. Jrs. sold chances on stereo and Gym Club is selling candy. Numerous gymnasts performed at High School functions. Jr. and Women have demonstrated at clinics conducted by Sis. Beran. Halloween Party for young adults. Christmas Caroling Party. New Year's Eve Social evening. Sledding Party.

Sokol South Omaha — 290 members. Increase of 140 in 1969. — Free Dinner to new members. — Suspended Unit dues for college students who maintained a C Average. Formed an Administrative Committee. Published monthly Newsletter. Reactivated our Building Fund. Put new floor in caretakers apartment. Refinished the gym floor. Monthly Chicken Dinners. Weekly Bingo. Catered by W.B.F.A. Lodge 72 70th Anniversary Dinner. Men's Stag. New Year's Eve Dance. Post Office Tour. Annual Costume Party. Family Christmas Party. Attended the Nebraska-Oklahoma football game. Sokol Park Family Picnic. Christmas Party for Juvenile gymnasts.

Sokolice So. Omaha — 126 members. Increase of 8. Conducting membership drive for 1970. Received the \$100 AOS. Scholarship Award for two of our Sokolice. They are Donna Minarik and Jolene Swoboda. Holiday Festival and Duck Dinner. Sell refreshments at Bingos. Sis. Pavoucek has taken upon herself the project of coupon and label refund. Fashion Show. Letter was sent to Senators regarding opposition of the construction of a dam on the Platte River Basin. Pot Luck Dinner for members in a December Meeting with a gift exchange. Christmas Party for juvenile

gymnasts. Donated to Czech School for Christmas Party.

Sokol & Sokolice So. Omaha BOI. — 10 Jrs., 55 Small Boys and 5 Men. — 30 Tots, 60 Small Girls, 29 Jrs. and 2 Women. Monthly Gym Club Meetings. Card Party. Sold Wall Plaques, Ashtrays, Spices and has a Bake Sale. Held Parent's Night for all classes. Had special meeting with parents for Gym Club Members.

Sokol St. Paul — 43 Men and 63 Women. Gain of 2. Received a trampoline from St. Louis, Mo. for shipping costs. Joan Bour was Bouncing Girl in St. Paul Winter Carnival. Sibrinky Dance. Danced for the New Prague Kolache Day Festival in Montgomery, Min., Holy Childhood and Welcome Week at The U. of M. Christmas Party.

Sokol St. Paul BOI. — 24 Tots, 25 Small, 11 Jrs., 6 Women and 14 Keep-Fit. Halloween Party. Ran Physical Fitness Test for boys and girls. Exhibition & Dinner. February Teachers Clinic. Rummage Sale, Sibrinky and Teen Dance. Children's Christmas Party.

Sokol Wilber BOI. — 19 Small Boys and 2 Jrs. Halloween and Christmas Parties.

Sokol Wilber — 111 members. Bake Sale. Dances. Czech Days Meals. Bingo. Renting of Hall. Serving at receptions. Allow Bloodmobile to operate free of cost at the Hall. Donations to the Red Cross, Cancer and Heart Funds. Christmas Party. Members' Anniversary Party. Alumni Banquet. Boy Scout Pancake Feed.

Sokol Hopkins — 4 Men and 7 Women.

Sokol Schuyler — 10 Men and 10 Women.

Sokol Wilson — 14 Men and 16 Women.

Council of Higher Education

ANNUAL REPORT 1968-1969

MATICE ended its 67th year of activity on June 30, 1969. With your continuous help it was possible for 32 students (12 girls and 20 boys) to receive interest-free loans for the academic year 1968-69. Their curricula were: 15 studied Liberal Arts and Education, 5 Engineering, 4 business, 2 Law, 1 Medicine, 1 Nursing, 1 Philosophy, 1 Psychology, 1 Theology and 1 Forestry, of these 14 were new students. The total number of students, since the founding of MATICE in 1902, is 571. The total sum of money given in the academic year 1968-69, as interest-free loans, was \$20,954.00.

MATICE wishes to express its sincere appreciation to all Fraternal Societies, Sokol and other organizations, Czech and Slovak newspapers as well as to the individuals, who with their good will and financial generosity helped the American students of Czech and Slovak descent acquire university education with a Bachelor and very often with a Master's or Doctor's degree.

HOVORKA FUND

In the first year of its activity, 10 students (3 girls and 7 boys) received scholarships in the total sum \$11,425.00. Their curricula were: 5 Slavistic Studies, 2 Engineering, 1 Medicine, 1 Law, and 1 Social Studies.

Requirements for Scholarships From the James and Helen Hovorka Endowment Fund

The applicant must be a descendant of one or both Czech or Slovak parents, must have an interest and sympathy to promote Czech or Slovak culture and history, must be a full-time student in good standing at an accredited college or university, has completed at least one year of study with a high academic standing, is taking courses of study leading to at least a Bachelor degree and must be in financial need. Additional consideration will be given to the students majoring in the study of Czech and Slovak, and other Slavic languages, literature, history and other related fields and who are identified in the community with their Czech or Slovak background.

Applications may be obtained from and returned to the Secretary, Dr. Jan Mička, 2408 S. Oak Park Ave., Berwyn, Ill. 60402, during April and May, but not later than June 1.

Bro. and Sis. Eugene Prostrednik



The Golden 50th Wedding Anniversary of Bro. and Sis. Prostrednik was celebrated on February 25, 1970.

They reside at 920 Fanshowe St., Philadelphia, Penna.

They have been active in Sokol all these years as well as before their marriage.

Bro. Prostrednik, as a gymnastic instructor left in 1917 from Sokol Mladocech, Racine, Wis. (his home town) for Sokol Philadelphia to teach and met his future wife in his gym class.

During the first World War Br. Prostrednik served his country as a Captain in the U. S. Army as a Physical Education Instructor.

SOKOL GYMNAST

March 1970

EDITOR—MILDRED PRCHAL

2419 Scoville Avenue, Berwyn, Illinois 60402

EXERCISE WITH INDIAN CLUB

32 meas. — $\frac{3}{4}$ — 3 meas. introduction.

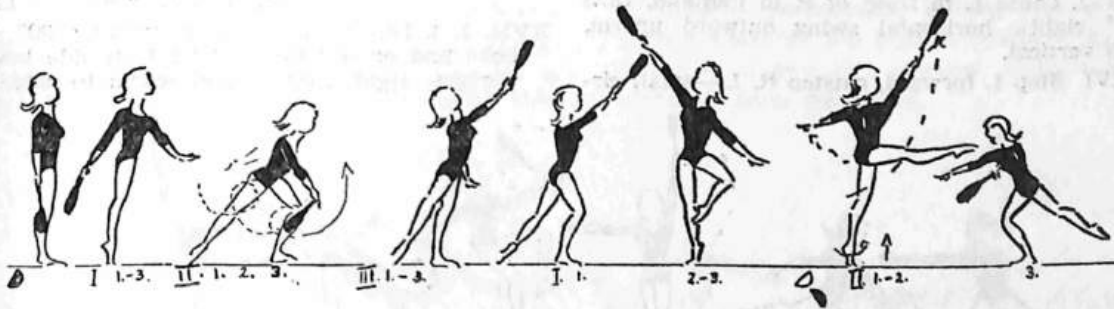
Stand, arms closed, Indian Club in right hand; gymnast in upper right corner.

- I. 1.-3. Toestand — right rear outward, left low frontarm.
- II. 1.-3. Halfsquat step L forward, moderate front bow, body wave forward—3 small circles of club forward outside of right arm as arm moves to frontarm.
- III. 1.-3. Uprise, upright, R reartouch, shoulder rear bow—right frontarm upslant.

I.-III. meas. Intro. — 0.5 pt.

EXERCISE

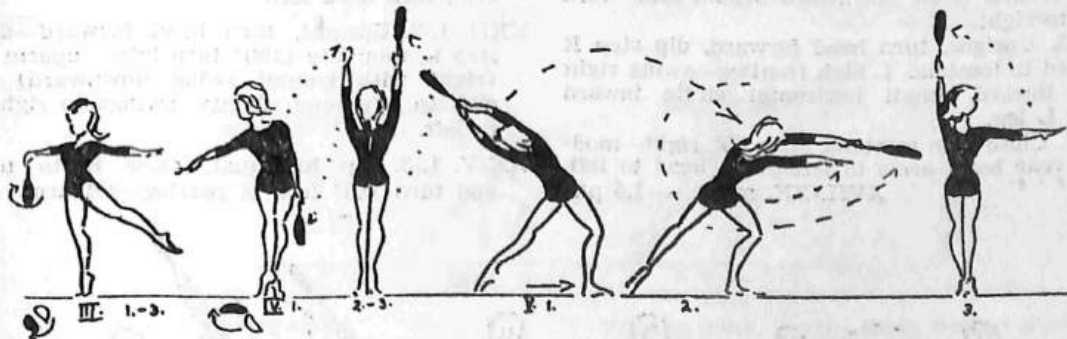
- I. 1. Halfsquat step R forward.
2.-3. Uprise R toestand, bend L frontleg, L foot at R calf, trunk turn right—flank swing downward to uparm outward, thru closearm left low front outward—look at right arm (arms in line).
- II. 1.-2. Turn trunk forward—step L forward, high hop L turning 90° left, thrust R front.
3. Lower to stand on L, lean to left; circle right thru rear, close and front inward; thru closearm left sidearm, turn head to left.



- III. 1.-3. Uprise, turn head front, step R to side, toestand R turning 180° right, L rearleg—right frontarm, small horizontal circle under arm outward.
- IV. 1.-3. Cross L in front of R in toestand, 135° turn to right, uparm (right thru close, frontal swing outward).

I.-IV. meas. — 1.2 pts.

- V. 1.-3. Side step R, close L, lunge R to right, side bow right—change club to left hand; simultaneous frontal circle left outward, frontal swing right inward, right sidearm—head to right; on "3." close L to R in toestand—uparm left, right sidearm.



- VI. 1.-2. Turn head forward, 90° turn to right, halfsquat step R forward, front bow—swing left arm to rear, small circle of club outside of arm, while raising left arm to uparm; thru closearm right sidearm (leg, trunk and arms in one line).
3. Hold.
- VII.-VIII. Change weight to halfsquat L, R foretouch, deep rear bow, L uparm, club in line

touches ground, right low front.

V.-VIII. meas. — 1 pt.

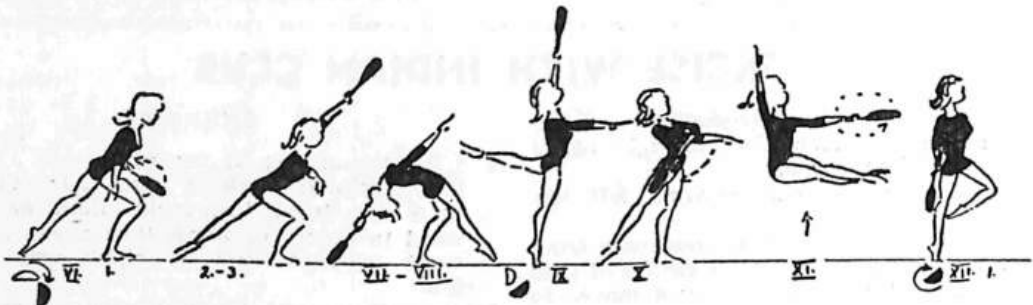
- IX. 1.-3. Upright—step R forward on halftoe turning 45° right, L leg extended to rear—right frontarm.
- X. 1.-3. Waltz step L forward (3 steps, L, R, L)—cross wrists in frontarm left over right, small

circle downward inward with left (over right forearm), moderate sidebow to right.

XI. 1.-3. Upright—step R forward, extend L front, rebound from R, sharply close R under L with beat—swing downward right to uparm, small circle of left downward, club outside of forearm.

XII. 1.-3. Step L forward in toestand, turn 360° right, R bend sideleg (toes at L calf)—arms low rear inward changing club to right hand. On "3rd" count arms left, club in line with right arm, L halfsquats.

IX.-XII. meas. — 1.5 pts.



XIII. 1.-3. Step R forward, 2 hops on R turning 270° right, L extended to rear.

Arms: 1.-2. Right front outward, small horizontal circle of right arm under hand outward.

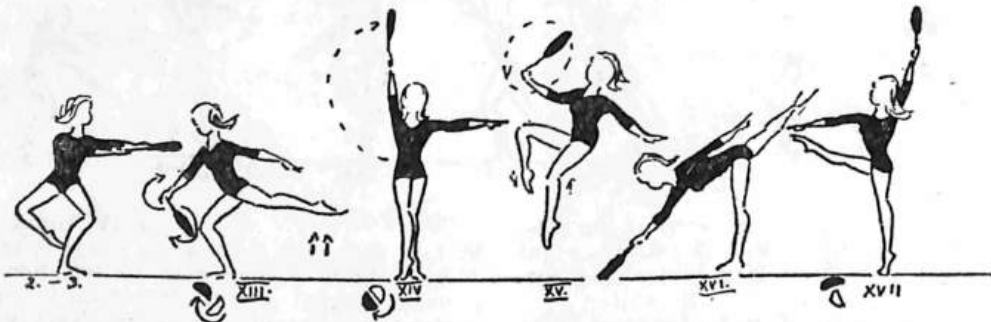
XIV. 1.-3. Cross L in front of R in toestand, turn 180° right—horizontal swing outward uparm, club vertical.

XV.-XVI. Step L forward, catstep R, L,—small cir-

cle down outward (R frontarm), left hold; step L forward, arabesque on L, R high rearleg—right frontarm upslant, left reararm—club in line with right arm touches ground.

XIII.-XVI. meas. — 1.2 pts.

XVII. 1.-3. Dip to toestand L turning 90° right, bend and extend forward R; thru side bow left upright—right uparm, L closearm to sidearm.



XVIII. 1.-3. Step R forward, close L rear in toestand—moderate side bow right—R sidearm, small frontal circle downward behind arm—turn head to right.

XIX. 1.-3. Upright, turn head forward, dip step R forward to toestand, L high frontleg—swing right front inward, small horizontal circle inward under L leg.

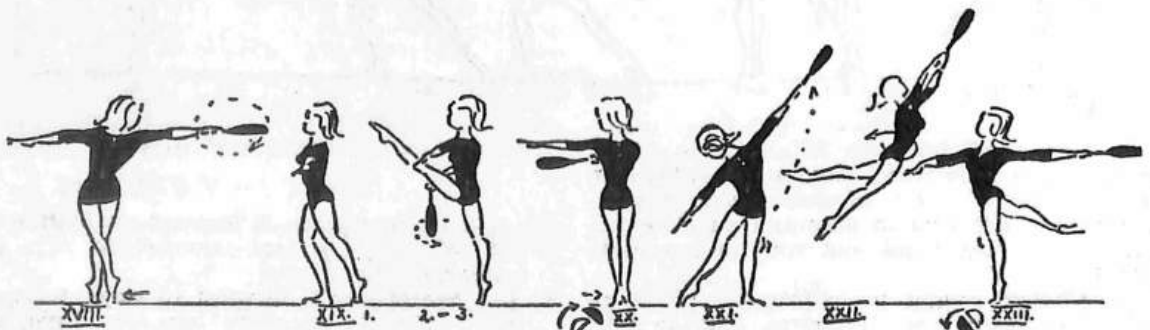
XX. 1.-3. Close L to toestand, turn 90° right—moderate rear bow—arms to left—turn head to left.

XVII.-XX. meas. — 1.5 pts.

XXI. 1.-3. Dip halfsquat R to side (preparation)—side bow left, frontal swing right downward sidearm, turn head left.

XXII. 1.-3. Upright, turn head forward—dip side step L, tour jete (180° turn left)—uparm inward (right with frontal swing downward) change club to left hand; frontal swings to right, arms to left.

XXIV. 1.-3. Dip halfsquat, close R to toestand, and turn 180° left, R rearleg—sidearm.



XXIV. 1-3. Dip halfsquat, close R to toestand, turn trunk to right, moderate side bow right—arms to left—turn head to right.

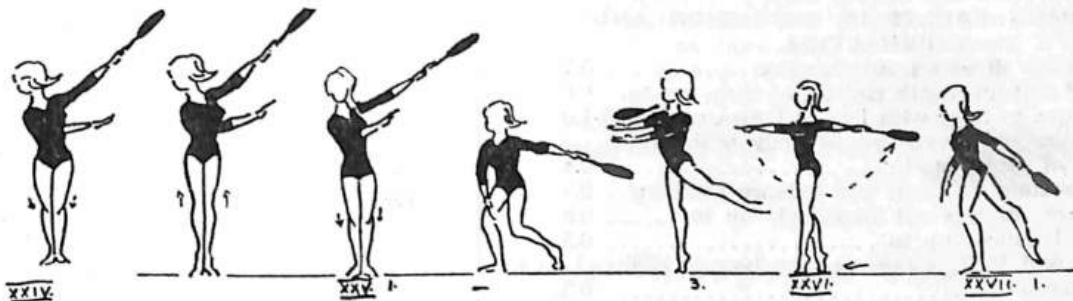
XXI.-XIV. meas. — 1.5 pts.

XXV. 1-3. Upright—turn trunk and head forward; dip step R forward to toestand, L rearleg—body wave forward—frontal swing downward to

frontarm, throw club from left hand to right hand.

XXVI. 1-3. Close L in front of R in toestand—turn trunk to left, moderate side bow to left—left front outward, right downward to rear.

XXVII. 1-3. Halfsquat step L forward, toestand turning 90° left, R rearleg, side bow right—right frontarm, small horizontal circle inward over right forearm, left sidearm.



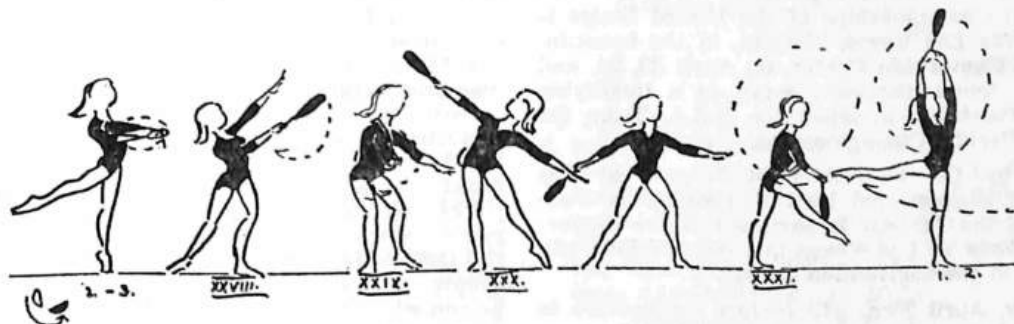
XXVIII. 1-3. Halfsquat L, R sidetouch—arms to left, side bow.

XXV.-XXVIII. meas. — 0.6 pts.

XXIX.-XXX. Side body wave to right, L sidetouch. Arms: In XXIX. meas. right arm executes a small frontal circle to right; in XXX. meas. side

bow to left—sidearm.

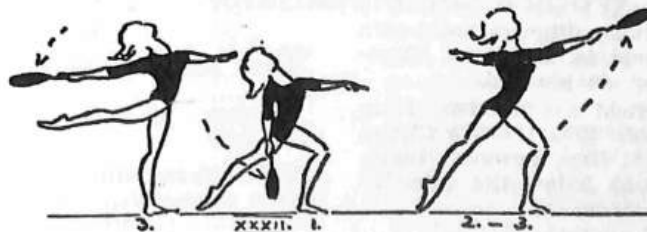
XXXI. 1-3. Upright—change weight to L, R frontleg inward, (preparation) sideleg, rearleg (R leg swings smoothly hip high to rearleg), moderate upper front bow and rearbow; upright—frontal circles of arms downward.



XXXII. 1. Halfsquat L, R reartouch (hold rear bow) close right.
2. Turn trunk to left, look forward—right frontal

swing to frontarm outward, left sidearm.
3. Hold.

XXIX.-XXXII. meas. — 1 pt.



HOW TO TEACH

1. Exercise with Indian Club includes basic elements of Indian Club technique.
2. Hold club firmly: during big circles and medium circles, and swings and in all positions of arms where club is in line with arm, do not bend in wrist; index finger is on neck of club.
3. Small circles are executed between thumb and index finger, i.e. when in sidearm; small frontal circles downward behind arms: head of club

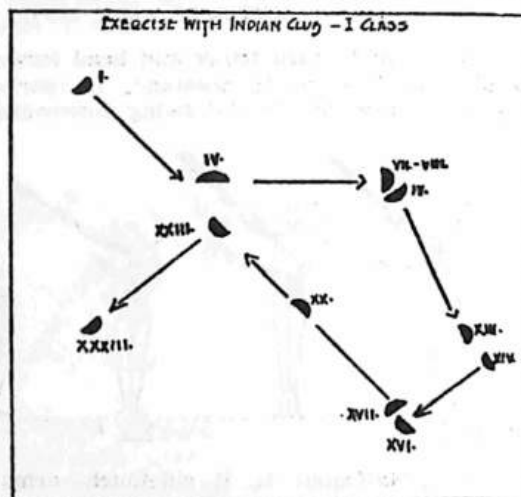
- turns in palm. During small frontal circles downward in front of hand in sidearm.
4. During circles only the head of the club is held in palm. If the gymnast also holds a part of the neck, the circles are not smooth and the club direction is disrupted. During small circles the arm bends moderately in the elbow; when finishing small circles, arms stretch.
5. In the XII. meas. the club is changed from left to right behind the body at the right hip at

- finish of turn on 2nd count. During turn, gymnast only bends arms in back and prepares to transfer club.
6. In the XXV. meas. throwing of the club into right hand is executed with palm upward and right catches club also with palm up. The whole movement is accompanied with front body wave.
7. XXIX.-XXX. meas. should be very smooth, small frontal circle in XXIX. meas. is slow, to harmonize with side body wave.

COMMON FAULTS IN EXECUTION AND PENALTIES

Indian Club diverts from direction	0.2
Crooked and unsmooth circling of club—up to ..	0.6
Club drops to floor with loss of 1 measure..	0.5-1.0
Disharmony of movement of body with movement of club—up to	0.4
Low toestands on turns and balance positions..	0.2
Movements of legs not amplified—up to	0.6
Loss of balance—up to	0.5
In VII. and VIII. measures rear bow is below horizontal	0.5
Low leaps or heavy landing—up to	0.4
Incomplete turn in tour jete or diverting from direction—up to	0.4
Side body waves not smooth—up to	0.4
Side body wave piked	0.4

- Front body wave not smooth or pelvis not pressed forward—up to
 0.6 |
- In XXXI. meas. swing of leg lower than horizontal—up to
 0.4 |



Music for Indian Club exercise is available — please write to Sokol office.

Championships of the United States - 1970

The 1970 Championships of the United States is scheduled for Las Vegas, Nevada, in the beautiful Las Vegas Convention Center, on April 23, 24, and 25th. This competition will serve as a qualifying meet for the trials to select the U.S.A. Team for the 1970 World's Championships.

Hosted by the University of Nevada at Las Vegas, and co-sponsored by U.S. Gymnastics Federation and the Athletic Department of the University of Nevada at Las Vegas. All competitions will take place in the Convention Center.

Thursday, April 23rd, will feature competition in all events for men and women, utilizing the current international compulsaries, as printed by the

USGF, and as prescribed for the 1970 World's Championships.

Friday, April 24th, Optionals in all events for men and women.

Saturday, April 25th, the finals, in each event, featuring the top six men and women as determined by their score in the two previous sessions combined. To determine individual event Champions.

The top six men and women, in the all-around event, which will be determined on the basis of the cumulative scores for Thursday's and Friday's events, will receive All-American Plaques, to be presented Saturday during the Finals. Individual events winners and second and third place gymnasts will receive appropriate individual awards.

1970 World's Championships - Yugoslavia

1970 World's Championships, although beset with some problems, will be held in Ljubljana, Yugoslavia, this coming October, as planned.

The United States will field a full team of six men and six women for this 1970 World's Championships. Plans are not yet firm, however, tentatively every gymnast should follow the calendar listed below:

Qualifying Meets: USGF Championships (men and women)
AAU Championships (men and women)

NCAA Championship (men)

Trial: Men and women. Planned for mid-August, 1970.

Training Camp to follow trials, two weeks or more long.

U.S.A. Team will, according to the current plans, have a competition with Great Britain, en route to the World's Games . . . and then take part in a three-way competition with Switzerland (host) and Japan en route home from the World's Games. Should be a busy two weeks of great gymnastics for those who make the team.

MY SINCERE THANKS to all who visited me, sent flowers or cards during my stay in the hospital.

MILDRED PRCHAL

Br. Prostrednik had been an instructor for many, many years and also President of Sokol Philadelphia. He was always assisted by his dear wife. They both worked on various committees usually aided by their daughter Sis. Erma Prostrednik-Janecka, who is now the wife of Br. Jos. Janecka of Riverside, Ill., who is Vice President of Sokol Havlicek-Tyrs and the Central District.

This was a most joyous occasion for this dedicated Sokol family, their relatives and friends.

Heartiest congratulations and a Sokol Nazdar!

Are You Unselfish?

There is a great deal of difference between generous and being unselfish. A generous person is one who does something nice for another because

he wants to do it . . . for one reason or another. An unselfish one is a person who does something for somebody simply because he thinks that somebody would like to have him do it. Though he never suspects it, a generous person thinks of himself first . . . it makes him feel good to be generous. An unselfish person thinks of the other fellow first. One is glad to give something, the other to give up something.

An unselfish person always endeavors to cheerfully put himself out for others. One of his hallmarks is his impulse to be considerate. If you are curious to know how you stack up in this matter . . . there is a quick and simple test. Just ask yourself how long it has been since you did something unselfishly. — (The Little Gazette)

—Sokol Baltimore "Topix"

Current Material Available Through the USGF. Women's Committee

1. **National Compulsory Routines—USGF-DGWS.** (Adopted by the AAU Jr Olympic Program.) Effective through 1971. Includes floor diagram, music for floor exercise, table of penalties and deductions. 48 pages. \$1.50 per copy.

Tape recording of floor exercise music. \$2.00 for all 3 levels.

Order both from: Miss Betty Meyer
1786 W. Farm Road
Lake Forest, Illinois 60045

Films of USGF-DGWS National Compulsories:

Athletic Institute
Merchandise Mart Plaza
Chicago, Illinois

2. **4th Championships of the World—Gymnastique Moderne—Compulsory** — Varna, Bulgaria. All rules, regulations, compulsories with music and diagrams, effective through 1970. Every element of modern gymnastics with ball is included in this exercise. Translated by Mildred Prchal, Chairman, Modern Gymnastics Committee, USGF. \$1.00 per copy.

3. **Gymnastique Moderne—USGF Competitive Compulsory Exercises for Regional Competitive Class III**—by Mildred Prchal, Chairman, Modern Gymnastics Committee, USGF. \$1.50 per copy.

Order #2 and #3 from: Dr. Annelis S. Hoyman
Dept. of Women's P.E.
University of Illinois
Urbana, Ill. 61801

4. **Films—Modern Gymnastics.**

A. **Third World Championships from Copenhagen, Denmark, 1967.** Color, Super 8. Rental for three day period—\$6.00.

B. **Individual Exercises with hoop, rope, and free**—by the Bulgarian Modern Gymnastics Team exhibitions in Basel at the World Gymnestrada, 1969. 250. feet — Color, Super 8. Rental for three day period—\$7.50. For Sale —\$50.00 payable with order.

Order from: Agnes Vidovic
Amundsen-Mayfair Campus
Chicago City College
4626 N. Knox
Chicago, Illinois 60630

5. **FIG Code of Points for Women—Official.** Contains all rules, difficulty ratings, and vault illustrations for Women's Gymnastics. Translated for FIG by Mrs. Jackie Uphues, Chairman, Women's Technical Committee, USGF. Also includes: "Supplemental Study Guide" — (Notes from Rome). \$2.00 per copy:

Order from: Mrs. Marcia Junas
Address above (#4)
or: USGF Tucson Office
Box 4699
Tucson, Arizona 85717

6. **Rules and Policies for USGF Age Group Developmental Competitions.** Conducting Competition Booklet. Compiled by the Age Group Developmental Program Committee. Miss Betty Meyer, Chairman; and the Women's Technical Committee, Mrs. Jackie Uphues, Chairman. \$1.50 per copy. (Available Jan. 1, 1970.)

Order from: U. S. G. F.
Box 4699
Tucson, Arizona 85717

7. **National Collegiate Directory: Women's Gymnastics.** Compiled by Mrs. Greta Trieber, Chairman, Education Committee, USGF. Available by November, 1969. Directory of the Universities and Colleges offering courses and/or competitive programs, women's gymnastics on the undergraduate level and graduate level, listing the curriculum and professional preparation and the type of competitive program. \$2.25 per copy.

Order from: Mrs. Greta Trieber
Department of Women's P.E.
Indiana State University
Terre Haute, Indiana 47809

8. **Annotated Gymnastics Bibliography.** Price \$5.00 per copy.

Order from: Miss Judith B. Hall
Department of Women's P.E.
Illinois State University
Normal, Illinois 61761

Have you noticed it's no longer necessary to encourage young people to set the world on fire?

T. B. Hlubuček:

Česká řeč v Cedar Rapids po 100 letech.

Z nedávno objevených novinových výstřižků je vidno, že české řeči se začalo v městě Cedar Rapids, Iowa, vyučovat hned před 100 lety a jest v tom pokračováno do dnešní doby. Snad největší zásluha na vyučování českého jazyka během letních měsíců patří zesnulému vynikajícímu Čechu a býv. starostovi Sokola br. M. L. Hromádkovi, neboť česká škola se nejen udržela, ale zápis žactva ustavil rekord. Ještě v minulém roce bylo zapsáno do letní školy bezmála 90 dětí a očekává se, že letos nebude menší. Rok 1970 přidává další epistolu, která by nás měla potěšit. Zásluhou Sdružení českých spolků zajištěn večerní kurs základní češtiny pro dospělé pod záštitou Kirkwood Community College. Bude zahájen ve středu 8. dubna a vyučováno bude v budově vyšší školy osady sv. Václava každou středu po 10 týdnů od 7 do 9 hod. večer. Za učitele získán br. T. B. Hlubuček, který zájmem české matiční školy i večerním kursům pro dospělé, jakož i kursům občanské nauky pro uchazeče amerického občanství věnoval mnoho let před svým předsídlením do Chicaga r. 1958.

Uznání zasloužilému Sokolu.

Družstvo Českého národního hřbitova v Cedar Rapids přijalo jednomyslně **resoluci uznání** a poslalo ji br. Vincent Kubovcovi, zasloužilému sokolskému pracovníku, který přes 60 let zastupoval Těl. Jednotu Sokol ve hřbitovním družstvu, jehož se po smrti br. Tomáše Suchomela r. 1947 stal předsedou a setrval jím dvacet let. Zásluhou br. Kubovce hřbitov byl zveleben tou měrou, že se stal chloubou všech Čechů v Iowě a byl obdivován americkou veřejností. Letos poprvé v historii se bude celoměstská slavnost Zdobení hrobů konati na Českém národním hřbitově pod záštitou vojenských vysloužilých organizací za těsné spolupráce Sdružení Českých Spolků, v kteréžto organizaci jest Sokol od prvního počátku zúčastněn.

Marie Balek.

25. ledna 1970 odešla v nenávratno sestra Marie Balek, rozená Pacl — v Chicagu. Osud jí dopřál 87 roků krásného života. Její manžel Frank zemřel v roce 1926.

Žena vzácného srdce. Srdce naplněného láskou k rodině, láskou k věci sokolské, k věci československého lidu; láskou velikou, opravdovou. Člověku připadalo, že její oddanost byla nejvznícenější potřebou jejího ducha.

Vidím ji živě před sebou. Na Sacramento Ave., blíže padesáté první ulice, na 107. ulici, nedaleko Western Ave. a ve Western Springs. Radostně vítala hosty. Hřejivý a radostný úsměv jiskřil její oči. V Sokole Town of Lake, kde byla dlouhá, dlouhá léta členky, ve "School Hall" a v táboře, pokud jej jednota měla ve svém vedení, v horku, s druhými sestrami připravovala obědy a večere. Nic jí nebylo obtížno, radovala se z úspěchu dobré věci. Tak mile to činila. Obohatila nás mnohými cenný-

mi poznatky, seznáním řady plněných úkolů dobré pracovnice na roli sokolské.

Byl to teskný pocit s ní se loučit. Ale, ač ztratila svůj život fyzický, žije dále svým příkladem. Budeme se vracet, budeme se všichni, kdož jsme jí znali, vracet vzpomínkami . . .

V duši zůstal smutek.

Měla št'astný domov u své dcery, naši mistostarostky, sestry Bláži Čihákové a jejího manžela Jima. Velkou radostí byla jí její rodina. Mimo Čiháků rodina syna Edwarda F. Bálka, sestra Emily Řiha, švagrová Anna Halat, vnoučata a pravnoučata.

Veliká účast na pohřbu, mnoho květin v kapli, zřejmý smutek v očích přítomných hovořil o lásce, které se sestra Bálková těšila.

Vřelá rozlučná slova pronesla ses. Vlasta Vrázová.

Doprovodili jsme zesnulou na Český národní hřbitov v Chicagu. Odešla . . . Přejeme jí klidný spánek.
K. M. Prchal.

Tomáš Špatný.

6. února 1970 v Mexiku, kam zajel, aby poznal lidi, život a kraje, sousedící na jihu se Spojenými státy, dodýchal náhle sokolský dělník, cele oddaný bratrstvu, věrný vyznavač Tyršovy idee, bratr Tomáš Špatný. V listopadu loňského roku se dožil 80. let — věku patriarchy.

Rád viděl svět. Vykonal s námi a s Čsl. národní radou amer. mnohou cestu. V roce 1969 podíval se do rodných krajů, do míst, kde rostla jeho mladá léta. Letos vykonal osudnou cestu do Mexika. Plánoval, že později v roce uvidí Hawaii . . .

Již před svým odjezdem do Spojených států cvičil v Sokole v Prachaticích. Po příjezdu do Ameriky stal se členem Sokola Tyrš v Chicagu a po spojení jednoty se Sokolem Havlíček v roce 1911 stal se zakládajícím členem cíle jednoty, Sokola Havlíček-Tyrš. Zde poznal jsem ho ve cvičení v roce 1912. Bylo mi dovoleno cvičit s bratry, stal jsem se tajemníkem cvičitelského sboru, i když jsem se nemohl stát členem až v roce 1914, kdy jsem dosáhl svých 18. let. Zůstali jsme si blízcí po všechna léta. Nebylo disharmonie v našich dnech.

Rád zpíval. Když v roce 1935 založen Pěvecký kroužek župy Střední, stal se jeho členem. Ještě v loni, v našem lese, kde sídlivali Indiáni, nesly se melodie národních našich písní.

Po všechna léta se živě zajímal o vývoj sokolských prací. Hovořil o Sokole, nešetřil slovy oceňujícími co bylo konáno, obdivuhodnou snahu i plii jednotlivců. Měl radost z nadšení a lásky, která tvořila divy.

Poslední dobu, po té, když prodal svůj majetek v Yorkville, bydlil u svého syna, Tomáše, mladšího. Měl zde pěkný domov; syn a jeho manželka byli k němu velmi hodní. Želí jeho odchodu a s nimi i druhý syn Edward.

Odešel nám vzácný bratr. Měl srdce prosté každé sobeckosti, falše, malosti. Promluvil jsem o jeho životě a rozloučil se s ním. Viděl jsem žal v očích všech, kdo přišli se s ním rozloučit. Bratři odnesli jeho pozůstatky do vozu, který je dovezl do krematoria na Českém národním hřbitově.

Vzpomínáme. Nezapomenem.

Pokoj jeho popelí. . . .

K. M. Prchal.

Directory of the American Sokol Organization

EXECUTIVE BOARD ASO.:

Meetings fourth Tuesday, 6426 W. Cermak Road, Berwyn, Ill. 60402. President: Stanley Barcal. Secretary: Betty Prener. Kindly make all checks and Money Orders payable to the AMERICAN SOKOL ORGANIZATION, 6426 W. Cermak Rd., Berwyn, Illinois 60402

BOARD OF INSTRUCTORS ASO.:

Combined meetings every 3rd month at Sokol office, 6426 West Cermak Road, Berwyn, Ill. 60402.

Director of Men: Edward Linhart, 1820 Ridgeland Ave., Berwyn, Ill. 60402.

Ass't. Director: Richard Ptacek, 4320 Clinton Avenue, Berwyn, Ill. 60402.

Secretary: Paul Lebloch, 2212 Hainsworth Ave., North Riverside, Ill. 60546.

Director of Women: Lorraine Zdenek, 9709 S. Mason, Oak Lawn, Ill. 60453.

Ass't. Director: Ellen Jeanne Schnabl, 2503 Harvey Ave., Berwyn, Ill. 60402.

Secretary: Mildred Udaykee, 7515 W. 58th St., Summit, Illinois 60503.

EDUCATIONAL DIRECTOR: James L. Cihak, 405 — 50th Place, Western Springs, Ill. 60558.

BY-LAWS COMMITTEE: Address all mail to American Sokol Organization, 6426 W. Cermak Road, Berwyn, Illinois 60402.

PUBLIC RELATIONS COMMITTEE: Chairman: Anna Basta, 2629 Maple Ave., Brookfield, Ill. 60513.

ORGANIZING COMMITTEE: Chairman: Emilie Welcl-Ruzicka.

EASTERN DISTRICT, NEW YORK, N. Y.

Headquarters Sokol Hall, 420 East 71st St., N. Y. C., N. Y. 10021. Meetings 3rd Monday at different unit each month. President: Charles Zraly. Secretary: Blanche Zraly, both 29 Holland Court, Valley Stream, New York 11580. Director of Men: Frank Capek, 39 Barnes Dr., Ridgefield Park, N. J. 07660. Director of Women: Norma Zabka, 6600 Boulevard East, West New York, N. J. 07093. Educational Director: Joy Misek, 24-16 — 40th Ave., Long Island City, N. Y. 11101. Public Relations: Edward Stetka, 2100 Meadowview Drive, Baltimore, Md. 21207.

NORTHEASTERN DISTRICT, CLEVELAND, OHIO

Meetings 4th Wednesday, Sokol Tyrs, 3689 East 131st St., Cleveland, O. 44120. President: Emil Pekar, 6801 Glenella Dr., Seven Hills, Ohio 44131. Secretary: Wilma A. Sevcik, 4102 Fulton Road, Apt. G-33, Cleveland, Ohio 44144. Director of Men: Edwin J. Jirousek, 16214 Maplewood Ct., Maple Hgts., O. 44137. Director of Women: Agnes Hantl, 6224 Winchester Drive, Seven Hills, Ohio 44131. Educational Director Karel Zahradnicek, 12704 Holborn, Cleveland, Ohio 44105.

CENTRAL DISTRICT, CHICAGO, ILLINOIS

Meetings 4th Wednesday, Sokol Havlicek-Tyrs, 2619 S. Lawndale Ave., Chicago, Ill. 60623. — President: Joseph F. Drnec, 5715 West 23rd Street, Cicero, Illinois 60650. Secretary: Louise Kmen, 2520 So. Harding Ave., Chicago, Ill. 60623. Director of Men: Charles Kalat, 615 Schlingerland Drive, Schaumburg, Ill. 60172. Director of Women: Marie Ptacek, 4330 S. Clinton Ave., Berwyn, Ill. 60402. Educational Director: Jos. Janecka, Jr., 7306 Ogden Ave., Riverside, Ill. 60546. Organization Director, Edwin Halik, 3643 So. Ridgeland Ave., Berwyn, Ill. 60402. Public Relations: Ann Basta, 2620 Maple Ave., Brookfield, Ill. 60513.

WESTERN DISTRICT, OMAHA, NEBRASKA

Meetings 2nd Monday, Sokol Auditorium, 2234 So. 13th Street, Omaha, Nebr. 68108. — President: Edward Pavoucek, 2306 Jefferson, Bellevue, Nebr. 68005. Secretary: Phyllis Jirka, 6514 So. 45th Street, Omaha, Nebr. 68117. Director of Men: Raymond Lastovica, 4870 Vinton, Omaha, Nebraska 68106. Director of Women: Bozena Drozda, 2627 No. 102nd Ave., Omaha, Nebr. 68134. Educational Director: Alfred Swoboda, 5816 S. 15th St., Omaha, Nebr. 68107. Organization Director: Barbara Swoboda.

SOUTHERN DISTRICT, DALLAS, TEXAS

Meetings 2nd Thursday, Sokol Athletic Center, 7448 Greenville Ave., Dallas, Tex. 75231. President: George Prevratil, 11212 Yorkmont, Dallas, Texas 75218. Secretary: Vlasta Laznovsky, 5514 Gregg St., Dallas, Tex. 75235. Director of Men: Larry Laznovsky, Route 1, Ennis, Texas 75119. Director of Women: Sylvia Laznovsky, Route 1, Ennis, Texas 75119. Educational and Public Relations Director: Jerry Milan, 6208 Lakeside Drive, Fort Worth, Texas 76135.

PACIFIC DISTRICT, LOS ANGELES, CALIF.

Meetings in Sokol Hall, 500 No. Western Ave., Los Angeles, Calif. 90004. President: V. Salak, 518 N. Niagara St., Burbank, Calif. 91505. Secretary: Patricia Zboril, 8405 E. Clanton, San Gabriel, Calif. 91776. Financial Secretary and Treasurer: Louise Nekuda, 12242 Magnolia Blvd., No. Hollywood, Calif. 91607. Director of Men: Lou Hintnaus, 1321 — 21st St., Manhattan Beach, Calif. 90267. Director of Women: Martha Lizak, 419 Williams Ave., Madera, Calif. 93637. Educational Dir.: Emil Nekuda, 12242 Magnolia Blvd., No. Hollywood, Calif. 91607. — Board of Instructors Secretary: Louise Nekuda.

Directory of Units

EASTERN DISTRICT, NEW YORK, N. Y.

Sokol Baltimore, Maryland. — Meetings October thru March, 2nd Sunday of the month; April thru September—4th Tuesday of the month. American Sokol Center, 2931 E. Madison St., Baltimore, Md. 21205. President: Donald Otenecek, 8231 Old Philadelphia Rd., Baltimore, Md. 21237. Secretary:

Henry J. Vrzalik, 201 Lyndale Ave., Baltimore, Md. 21236. Financial Secretary: Edward Stetka, 2100 Meadowview Drive, Baltimore, Md. 21207. Men's Director: Thomas Manning, 502 So. North Point Road, Baltimore, Md. 21224. Educational Director: Albert Pokorny, 9812 Gunforge Rd., Perry Hall, Md. 21128.

Sokolice Baltimore, Md. — Meetings 2nd Sunday. American Sokol

Center, 2931 East Madison Street, Baltimore, Md. 21205. President: Sylvia Peifer, 318 Upper Landing Road, Baltimore, Md. 21221. Secretary: Rosemarie James, 4913 Sinclair Lane, Baltimore, Md. 21206. Financial Secretary: Libbie Vrzalik, 201 Lyndale Ave., Baltimore, Maryland 21236. Women's Director: Marie Pokorny, 9812 Gunforge Rd., Perry Hall, Md. 21128.

Sokol Belcamp, Md. — Meetings 1st Wednesday, Belcamp Community Center, Belcamp, Md. 21017. President: Frank G. Novak, P. O. Box 65, Belcamp, Md. 21017. Secretary: Frank Hladky, P. O. Box 63, Belcamp, Maryland 21017. Financial Secretary and Treasurer: Emil Dupal, 255 Hemlock Lane, Aberdeen, Md. 21001. Director of Men: Joseph Fejfar, P.O. Box 85, Belcamp, Md. 21017. Director of Women: Rosalie Bara, P.O. Box 152, Belcamp, Md. 21017. Educational Director: John A. Werback, 343 So. Philadelphia Blvd., Aberdeen, Md. 21001.

Sokol Curtis Bay, Md. — Meetings 2nd Friday, 4705 Virginia Ave., Baltimore, Md. 21225. — President: James F. Zaruba, 4705 Virginia Ave., Baltimore, Maryland 21225. Secretary: Frank Zamostny, 216 Werner Rd., Baltimore, Md. 21226. Financial Secretary: Frances Simon, 3549—3rd Street, Baltimore, Md. 21225.

Sokol Fuegner, L. I. C., N. Y. Meetings 3rd Tuesday, Bohemian Hall, 29-19 24th Ave., L. I. City, N. Y. 11105. President: Charles Zraly, 29 Holland Court, Valley Stream, L. I. C., N. Y. 11580. Secretary: Bertha Hochner, 45-35 Utopia Pkwy., Flushing, N. Y. 11358. Fin. Secretary: Robert Moravec, 45-27 Parsons Blvd., Flushing, N. Y. 11355. Director of Men: Richard Kotmel, 43-25 160th St., Flushing, N. Y. 11358. Director of Women: Virginia Belsan, 41-35 49th St., Sunnyside, N. Y. 11104. Educational Director: Dinka Kolnik, 26-28 30th Street, Long Island City, N. Y. 11102. Organization Chairman: Maria Stika, 28-05 43rd St., L. I. City, N. Y. 11103.

Sokol Little Ferry, New Jersey. — Meetings 2nd Monday, Sokol Hall, Main & Garden Streets, Little Ferry, N. J. 07643. President: Charles Kubicek, 17 Jackson Street, Little Ferry, N. J. 07643. Secretary: Henry L. Vesely, 77 Liberty Street, Little Ferry, N. J. 07643. Financial Secretary: Henry Mayer, 21 Mehrhof Road, Little Ferry, N. J. 07643. Director of Men: George Janakis, 15 Beech Street, Little Ferry, N. J. 07643.

Sokolice Little Ferry, New Jersey. — Meetings 4th Wednesday, Sokol Hall, Main and Garden Streets, Little Ferry, N. J. 07643. President: Beatrice Novotny, 11 Grove St., Little Ferry, N. J. 07643. Secretary: Kay Janakis, 15 Beech Street, Little Ferry, N. J. 07643. Financial Secretary: Elsie Machotka, 26 Center St., Little Ferry, N. J. 07643. Director of Women: Audrey Benda, 34 Brandt Street, Little Ferry, N. J. 07643.

Sokol Newark, New Jersey. — Meetings 3rd Saturday at homes of members. President: Frank Bartell, 646 E. Pt. Pleasant Ave., Ocean Gate, N. J. 08740. Secretary: Barbara Kotlan, 54 Cleremont Ave., Irvington, N. J. 07111. Financial Secretary: Anna Votapek, 664 Valley St., Orange, N. J. 07050.

Sokol New York, N. Y. — Meetings 4th Thursday, Sokol Hall, 420-424 East 71st Street, New York, N. Y. 10021. President: Marie Provaznik, 25-64 — 35th St., L. I. C., N. Y. 11103. Secretary: Elizabeth Barters, 309 E. 78th St., New York City, N. Y. 10021. Financial Secretary: Marie V. Lier, 65-42 — 48th Ave., Woodside, L. I., N. Y. 11377. Director of Men: Stanley Mergl, 1278 — 1st Avenue, New York City, N. Y. 10021. Director of Women: Pat Koval, 33-25 — 92nd St., Jackson Heights, N. Y. 11372. Educational Director: Jan Petlicka, 37-20 — 81st St., Jackson Hts., N. Y. 11372

Sokol Philadelphia, Pa. — Meetings 1st Friday, Slovak Hall, 1150-54 N. 4th St., Philadelphia, Pa. 19123. President: Josephine Tunkl, 5836 Akron St., Philadelphia, Pa. 19141. — Secretary: George B. Novak, 2003 E. Elkhart St., Philadelphia, Pa. 19134. Financial Secretary: Elsie Novak, 2003 E. Elkhart Street, Philadelphia, Pa. 19134. Educational Director: George B. Novak.

Sokol Schenectady, New York. — Meetings 1st Wednesday, Czech-American Sokol Hall, 1309 Fifth Ave., Schenectady, N. Y. 12303. President: Fred Guthan, 2351 Consaul Rd., Schenectady, N. Y. 12304. Secretary: Antonia Guthan, 2351 Consaul Road, Schenectady, N. Y. 12304. Financial Secretary for Women: Julia Kverek, 1541 Altamont Avenue, Schenectady, N. Y. 12303. Financial Secretary for Men: Alice Matura, 1 Larkin St., Scotia, N. Y. 12302. Director of Men: Frank Prokop, 1005 — 6th Avenue, Carmen, Schenectady, N. Y. 12303. Director of Women: Caroline Jordan, 1302 — 2nd Ave., Schenectady, N. Y. 12303. Educational Director: Frank Prokop.

Sokol Washington, D. C. — Meetings 1st Friday, Barton House, 2525—10th St., N. Arlington, Virg. President: Matthew Neuman, 2071 Park Road, N. W., Washington, D. C. 20010. — Secretary: Jerry Friedrich, 13421 Bartlett Street, Rockville, Md. 20853. Financial Secretary: Gerta Manhal, 1660 Lanier Place, N.W., Apt. 405, Washington, D. C. 20009. Men's Director: George Toula, 11417 Georgetowne Dr., Potomac, Md.

20854. — Educational Director: Vavro Rysavy, 6061 Munson Hill Rd., Falls Church, Va. 22044.

NORTHEASTERN DISTRICT, CLEVELAND, OHIO

Sokol Cleveland Cech-Havlicek, Cleveland, Ohio. — Meetings 1st Sunday, Sokol Cleveland Cech-Havlicek Hall, 20110 Harvard Av., Warrensville Heights, Ohio 44128. President: Ralph Gruber, 3418 Colton Road, Shaker Heights, O. 44122. Secretary: Wilma A. Sevcik, 4102 Fulton Rd., Apt. G-33, Cleveland, Ohio 44144. Financial Secretary: Bertha Cihula, 31713 White Rd., Wickliffe, O. 44092. Director of Men: Anton Verkner, 19412 Mayfair Lane, Cleveland, O. 44122. Director of Women: Ann Skoda, 1541 East 191st, Apt. 549, Euclid, Ohio 44119. Educational Director and Public Relations: Ferdinand Jirsa, 3715 Riedham Road, Cleveland, Ohio 44120.

Sokol Detroit, Mich. — Meetings 1st Thursday, Sokol Cultural Center, 23600 West Warren, Dearborn Heights, Mich. 48127. President: Henry Siedlik, 5651 Argyle, Dearborn, Mich. 48126. Secretary: Frank Kalivoda, 19506 Archer, Detroit, Mich. 48219. Financial Secretary: Richard Cole, 6187 Colonial, Dearborn Heights, Mich. 48127. Dues Secretary: Edward Sabodos, 15736 Archdale, Detroit, Mich. 48227. Director of Men: James Kalivoda, 6533 Arcola, Garden City, Mich. 48135. Educational Director: Henry Seidel, 10001 Pierson, Detroit, Michigan 48228.

Sokolice Detroit, Mich. — Meetings 1st Thursday, Sokol Cultural Center, 23600 West Warren, Dearborn Heights, Mich. 48127. President: Jarmila Zboril, 10319 So. Morrow Circle, Dearborn, Mich. 48126. Secretary: Lillian Teichman, 8977 Manor, Allen Park, Mich. 48101. Financial Secretary: Lillian Brumo, 23136 Murray, Dearborn, Mich. 48128. Director of Women: Cara Lyn Pender, 26835 Glendale, Detroit, Mich. 48239. Educational Director: Irene Kopecek, 6210 Orchard, Dearborn, Mich. 48126.

Sokol Moravan, Toledo, Ohio. — Meetings 4th Sunday, Paladium Bowling Alley, 1970 Front St., Toledo, Ohio 43605. President: Gottlieb F. Capoun, 5302 Grosse Pointe Parkview, Toledo, Ohio 43611. Secretary: Elizabeth Penovich, 2130 Nevada, Toledo, Ohio 43605. Financial Secretary: Hope H. Saleta, 1809 Rivard Road, Toledo, Ohio 43615.

Sokol Nova Vlast, Cleveland, O. — Meetings 2nd Sunday, Czech Hall, 4314 Clark Avenue, Cleve-

land, O. 44102. President: James Kocian, 12204 Longmead Ave., Cleveland, Ohio 44135. Secretary: Mildred Kolar, 3337 West 88th St., Cleveland, O. 44102. Financial Secretary: Robert Kasper, 6791 Glenella Dr., Seven Hills, Ohio 44131. Director of Men: Donald Kotlan, 3405 W. 41st St., Cleveland, Ohio 44109. Educational Director: Jindrich Nemecek, 11412 St. Mark Ave., Cleveland, Ohio 44111. Director of Women: Jeanette Wagner, 3872 Mill St., W. Richfield, Ohio 44286.

Sokol Rip, Pittsburgh, Pa. — Meetings at V.F.W. Madison Post 575, 1105 Voskamp St., Pittsburgh, Pa. 15212. — Last Friday every other month. President: Ronald Hranicky, 1611 Mayer Avenue, McKeesport, Pa. 15135. — Secretary: Standa Prostrednik, 215 Saxonburg Blvd., Pittsburgh, Pa. 15238. Financial Secretary: James Leder, 133 Mason Drive, Glenshaw, Pa. 15116.

Sokol Tyrns, Cleveland, Ohio. — Meetings every other month, Board of Directors, 2nd Thursday each month, 3689 East 131st St., Cleveland, Ohio 44120. President: Ladislav Voris, 4250 Bexley Blvd., So. Euclid, Ohio 44121. Secretary: Maxine Dudek, 12195 Valley Lane Drive, Garfield Heights, O. 44125. Czech Secretary: Karel Zahradnick, 12704 Holborn, Cleveland, O. 44105. Fin. Secretary: Mae White-man, 6544 Highland Road, Mayfield Heights, Ohio 44124. Director of Men: Ed. Linhart, 13804 Royal Blvd., Garfield Heights, O. 44125. Director of Women: Gloria Srsen, 6510 Ridgebury Blvd., Mayfield Heights, Ohio 44124. Organizational Director: William Stepnicka, 750 Northfield Road, Bedford, Ohio 44146. — Public Relations: Anthony Suster, 6828 Mill Rd., Brecksville, Ohio 44141.

CENTRAL DISTRICT, CHICAGO, ILLINOIS

Sokol Americky, Chicago, Ill. — Meetings 2nd Wednesday, 1536 W. 18th Street, Chicago, Ill. 60608. President: Bessie Vokoun, 2642 S. St. Louis Ave., Chicago, Ill. 60623. Secretary: Marie Hanke, 2535 S. Euclid Ave., Berwyn, Ill. 60402. Financial Secretary: Mary Doubek, 1536 West 18th Street, Chicago, Ill. 60608.

Sokol Berwyn, Illinois. — Meetings 2nd Thursday, Sokol Berwyn, 6445 W. 27th Place, Berwyn, Ill. 60402. — President: Catherine Krimmel, 809 Greenwood Ct., Roselle, Ill. 60172. Secretary: Marie Knez, 6513 W. 27th Place, Berwyn, Ill. 60402. Financial Secretary: Stana Ziemba, 2640 Highland Ave. Berwyn, Ill. 60402. Director of Men: Edward Schnabl, 2503 Har-

vey Ave., Berwyn, Ill. 60402. Director of Women: Diane Mrizek, 6525 W. Sinclair Ave., Berwyn, Ill. 60402. Educational Director: Fred Krimmel, 809 Greenwood Ct., Roselle, Ill. 60172. — Publicity: (Czech) Ella Vydra, 6517 W. 27th Place, Berwyn, Ill. 60402. English: Madeline Theisen, 4333 W. Cortez, Chicago, Ill. 60651. — Newsletter Editor: Betsy Moulis, 76 Riverside Rd., Riverside, Ill. 60546.

Sokol Brookfield, Ill. — Meetings 1st Wednesday, National Hall, 3909 Prairie Ave., Brookfield, Ill. 60513. President: Rudolph Svoboda, 2343 S. 14th Ave., No. Riverside, Ill. 60546. Secretary: Anne Fara, 791 Fairfield, Elmhurst, Ill. 60126. Financial Secretary: Rose Fritsch, 3821 Forest, Brookfield, Ill. 60513. Director of Men: Joseph Domansky, 1433 Alima Terrace, La Grange, Ill. 60525. Director of Women: Betty Vokurka, 4039 Konrad, Lyons, Ill. 60534. Educational Director: Allen Pekar, 4125 Deyo Ave., Brookfield, Ill. 60513.

Sokol Cechie, Chicago, Illinois. — Meetings 3rd Tuesday, National Hall, 1643 N. Cicero Ave., Chicago, Ill. 60639. — President: Otto Glasser, 587 E. Parkway Rd., Riverside, Ill. 60546. Secretary and Financial Secretary: Emilie Zibrid, 1040 S. Edgewood Ave., Lombard, Ill. 60148.

Sokol Chicago, Ill. — Meetings 3rd Monday, Sokol Berwyn, 6445 W. 27th Pl., Berwyn, Ill. 60402. President: Stanley Barcal, 2437 S. Harvey Ave., Berwyn, Ill. 60402. Secretary: Charles Zdenek, 9709 S. Mason, Oak Lawn, Ill. 60453. Fin. Secretary: Robert Barcal, 1522 S. 58th Court, Cicero, Illinois 60650.

Sokolice Chicago, Ill. — Meetings 3rd Monday, Sokol Berwyn, 6445 West 27th Place, Berwyn, Ill. 60402. President: Ann Falta, 2540 S. St. Louis Ave., Chicago, Ill. 60623. Secretary: Rose Barcal, 2437 Harvey Ave., Berwyn, Ill. 60402. Financial Secretary: Sylvia Murphy, 2416 So. Grove Ave., Berwyn, Illinois 60402.

Sokol Havlicek-Tyrns, Chicago, Illinois. — Meetings 2nd Wednesday, Sokol Havlicek-Tyrns, 2619 S. Lawndale Ave., Chicago, Illinois 60623. — President: George Basta, 2626 Maple Ave., Brookfield, Ill. 60513. Secretary: Charles Basta, 3122 So. Kenilworth Ave., Berwyn, Ill. 60402. Financial Secretary: Vaclav Zenisek, 2627 So. Karlov Ave., Chicago, Ill. 60623. Director of Men: Ray Krapek, 1915 S. Clarence Ave., Berwyn, Ill. 60402. Educational Director: Frank Michalek, 4342 S. Wisconsin Ave., Stickney, Ill. 60405.

Sokolice Havlicek-Tyrns, Chicago, Illinois. — Meetings 2nd Wednesday, Sokol Havlicek-Tyrns Hall, 2619 S. Lawndale Ave., Chicago, Ill. 60623. — President: Zdenka Kovar, 2852 So. Kolin Ave., Chicago, Ill. 60623. Secretary: Jana Smolik, 1507 S. Grove Ave., Berwyn, Ill. 60402. Fin. Secretary: Louise Hladik, 5511 W. 23rd Place, Cicero, Illinois 60650. Director of Women: Carolee Michalek, 4342 So. Wisconsin Ave., Stickney, Ill. 60405. Educational Director: Ethel Rus, 2727 So. Avers Ave., Chicago, Ill. 60623. Public Relations: Anna Basta, 2629 S. Maple Ave., Brookfield, Ill. 60513.

Sokol Milwaukee, Wisconsin. — Meetings 1st Thursday, International Institute, Milwaukee, Wis. President: August Shabart, 2847 N. 39th St., Milwaukee, Wis. 53210. Secretary: Fred C. Stankovsky, 3834 N. 38th Street, Milwaukee, Wis. 53216. Financial Secretary: Charles Richter, 5459 No. 38th St., Milwaukee, Wis. 53209. Director of Men: Fred C. Stankovsky. Educational Director and Organization Chairman: Henry Zelenka, 2852 N. 78th Street, Milwaukee, Wis. 53222.

Sokolice Milwaukee, Wisconsin: — Meetings 1st Thursday, International Institute, Milwaukee, Wis. President: Barbara Shabart, 2847 N. 39th St., Milwaukee, Wis. 53210. Secretary: Emily Stankovsky, 3834 No. 38th St., Milwaukee, Wis. 53216. Financial Secretary: Mary Zelenka, 2852 N. 78th St., Milwaukee, Wis. 53222. Director of Women: Emily Falarsh, 4435 N. 49th St., Milwaukee, Wis. 53218. Educational Director: Henry Zelenka.

Sokol Mladocech, Racine, Wis. — Meetings last Wednesday, Sokol Mladocech Hall, 1313 Lincoln St., Racine, Wis. 53402. President: James J. Fetek, 4905 James Ave., Racine, Wis. 53402. Secretary: Steve J. Mostenan, 7914 — 20th Ave., Kenosha, Wis. 53140. Fin. Secretary: Frank Groulik, 2044 Erie Street, Racine, Wis. 53402. Director of Men: Steve J. Mostenan.

Sokolice Mladocech, Racine, Wis. — Meetings last Wednesday of March, June, September and December, Sokol Mladocech Hall, 1313 Lincoln Street, Racine, Wis. 53402. President: Grace Smerchek, Rt. 1, 2506 — 5½ Mile Rd., Racine, Wis. 53402. Secretary: Doly Mostenan, 7914 — 20th Ave., Kenosha, Wis. 53140. Fin. Secretary: Marie Fetek, 723 St. Patrick St., Racine, Wis. 53402. Director of Women: Alice Larson, 1834 Polaris Ave., Racine, Wis. 53404.

Pizensky Sokol of Chicago, Ill. — Meetings 2nd Thursday, CSA. Building Annex, Lombard Avenue and Cermak Rd., Cicero, Ill. 60650. President: Frank L. Konopasek, 16610 Fulton Terrace, Tinley Park, Ill. 60477. Secretary: Tillie Newman, 2613 Oak Park Ave., Berwyn, Ill. 60402. Financial Secretary: Joseph Kilberger, 3735 Arthur Ave., Brookfield, Ill. 60513. Educational Director: Joseph Kubik, 802 So. Elm St., Mt. Prospect, Ill. 60056.

Sokol Rozvoj, Chicago, Illinois. — Meetings 3rd Friday every 3rd month. Danish American Athletic Center, 4624 N. Pulaski Road, Chicago, Illinois 60630. — President: Rudolph Gurtler, 6416 W. 28th St., Berwyn, Ill. 60402. Secretary: Hedvika Vrba, 2135 S. Kenilworth Ave., Berwyn, Illinois 60402. Financial Secretary: Ann Bagel, 4906 West Berwyn, Chicago, Ill. 60630.

Sokol Slavsky, Cicero, Illinois. — Meetings 1st Wednesday, Gold Room, CSA. Bldg., 2138 S. 61st Court, Cicero, Ill. 60650. — President: Edwin Halik, 3643 Ridgeland Ave., Berwyn, Illinois 60402. Secretary: Mildred Pinc, 3629 So. 57th Avenue, Cicero, Ill. 60650. Financial Secretary: Frank Marecek, 2617 So. Clinton Ave., Berwyn, Ill. 60402. Director of Men: John Satek Jr., 5310 W. 24th Street, Cicero, Ill. 60650. Director of Women: Mae Simonek, 1911 So. 61st Ave., Cicero, Ill. 60650. — Educational Director: May Konecny, 6713 W. 19th St., Berwyn, Ill. 60402.

Sokol St. Louis, Mo. — Meetings 2nd and 4th Monday, American-Czech Educational Center, 4690 Lansdowne, St. Louis, Mo. 63116. President: William Shana, 9145 Desmond Drive, St. Louis, Mo. 63126. Secretary: Norman W. Kriizek, 5727 Arthur Ave., St. Louis, Mo. 63139. Fin. Secretary: Anton Kylian, 4551 Varrelman Ave., St. Louis, Mo. 63116. Director of Men: Norman Ulrich, R.R. 1, St. Clair, Missouri 63077. Director of Women: Helen Pesoat, 6401 Mardel, St. Louis, Mo. 63109. Educational Director: John Reiner, Sr., 4232 La-Salette, St. Louis, Mo. 63123.

Sokol Stickney, Illinois. — Meetings 1st Wednesday, except July and August. Sokol Stickney, 4131 S. Home Avenue, Stickney, Illinois 60402. — President: William Vrba, 4224 Home Avenue, Stickney, Ill. 60402. Secretary: Margaret Sheridan, 3939 Clarence Avenue, Stickney, Ill. 60402. Fin. Secretary: Ann Muzik, 9030 Rochester, Brookfield, Ill. 60513. Director of Men: William Meyer, 3928 Home Avenue,

Stickney, Ill. 60402. Director of Women: Nancy Pajeau, 4421 Maple Ave., Stickney, Ill. 60402. Educational Director: Joseph Sheridan, 3939 Clarence Ave., Stickney, Ill. 60402.

Sokol Tabor, Berwyn, Illinois. — Meetings 1st Friday, Sokol Tabor, 1602 S. Clarence Ave., Berwyn, Ill. 60402. President: Frank J. Balsanek, 3636 S. Lombard Ave., Berwyn, Illinois 60402. Secretary: Mike Willet, 3327 Euclid Ave., Berwyn, Illinois 60402. Financial Secretary: Joseph Moravec, 1346 So. Kenilworth Ave., Berwyn, Ill. 60402. Director of Men: James Berousek, 2517 Forest Ave., North Riverside, Ill. 60546. Educational Director: Charles M. Prchal, 2419 Scoville Ave., Berwyn, Ill. 60402.

Sokolice Tabor, Berwyn, Illinois. — Meetings 1st Friday, Sokol Tabor, 1602 S. Clarence Ave., Berwyn, Ill. 60402. President: Mae Linhart, 1820 Ridgeland Ave., Berwyn, Illinois 60402. Secretary: Louise Chott, 6411 — 34th St., Berwyn, Ill. 60402. Financial Secretary: Helen De Klyen, 1329 So. Euclid Ave., Berwyn, Ill. 60402. Director of Women: June Pros, 1606 East Ave., Berwyn, Ill. 60402.

Sokol Town of Lake, Chicago, Ill. — Meetings 2nd Wednesday, Polish Highlander Hall, 3035 W. 51st Street, Chicago, Ill. 60632. President: George Vytlačil, 12515 Harold Ave., Palos Park, Ill. 60463. Secretary: Anton Smunt, 5342 So. Fairfield Ave., Chicago, Ill. 60632. Fin. Secretary: James Jansky, 1517 Ostrander Ave., La Grange Park, Ill. 60525. Educational Director: James L. Cihak, 405—50th Pl., Western Springs, Ill. 60558.

Sokolice Town of Lake, Chicago, Illinois. — Meetings 2nd Wednesday every other month, Polish Highlander Hall, 3035 W. 51st Street, Chicago, Ill. 60632. President: Irene Ruzicka, 3308 West 66th Street, Chicago, Illinois 60629. Secretary: Anna Kuchler, 5249 S. Whipple St., Chicago, Ill. 60632. Fin. Secretary: Blanche J. Cihak, 405 W. 50th Place, Western Springs, Ill. 60558.

Sokol West Suburban, Downers Grove, Ill. — Meetings 4th Tuesday. Mailing address: Sokol West Suburban, P.O. Box 181, Downers Grove, Ill. 60515. President: Geogiana Kral, 428 Davis, Downers Grove, Ill. 60515. Secretary: Barbara Donda, 22 W. 507 Sycamore, Glen Ellyn, Ill. 60137. Treasurer: Lillian Jindra, 749 Hitchcock, Lisle, Ill. 60532. Men's Director: Larry Racana, 225 Edgehill Drive, Lemont, Ill. 60439. Women's Director: Lillian Jindra, 749 Hitch-

cock, Lisle, Ill. 60532. Publicity: Mildred Bruno, 307 W. Naperville, Westmont, Ill. 60559.

WESTERN DISTRICT, OMAHA, NEBRASKA

Sokol Cedar Rapids, Iowa. — Meetings 1st Monday, Sokol Hall, 415 — 3rd St. S.E., Cedar Rapids, Iowa 52401. President: Jos. Pazour, 72 — 18th Avenue S.W., Cedar Rapids, Iowa 52404. Secretary: Don Pulkrab, 2436 — 1st St. S.W., Cedar Rapids, Iowa 52404. Financial Secretary: Karel Jares, 1015 2nd Street S.E., Cedar Rapids, Ia. 52401. Director of Men: Errol Lindsey, 1922 Mallory S.W., Cedar Rapids, Iowa 52404. Educational Director: Theodore Hlubucek, 137—37th St., N.E. Cedar Rapids, Iowa. 52402.

Sokolice Renata Tyrsova, Cedar Rapids, Iowa. — Meetings 1st Monday, Sokol Hall, 415 — 3rd Street S.E., Cedar Rapids, Iowa 52401. President: Bette Trefny, 1708 Center Point Rd. N.E., Cedar Rapids, Iowa 52402. Secretary: Mana Zlatohlavek, 392 — 16th Ave. S.W., Cedar Rapids, Iowa 52404. Financial Secretary: Rose Marek, 289 Wilson Avenue S.W., Cedar Rapids, Iowa 52404. Director of Women: Betty Petrzalek, 1501 — 2nd St. S.W., Cedar Rapids, Iowa 52404. Educational Director: Kvetta E. Smith, 1940 Washington Ave. S.E., Cedar Rapids, Iowa 52403. Public Relations and Czech Publicity Chairman: Marie Vitek, 3902 Wenig Road N.E., Cedar Rapids, Iowa 52402.

Sokol Crete, Nebraska. — Meetings 1st Wednesday, Sokol Auditorium, 12th and Norman St., Crete, Nebr. 68333. President: Steve E. Pomajzl, Route 2, Wilber, Nebr. 68465. Secretary and Fin. Secretary: Lester G. Bruns, 839 Ivy Ave., Crete, Nebr. 68333. Director of Men and Educational Director: Elmer G. Pomajzl, 1117 Oak St., Crete, Nebr. 68333.

Sokolice Libuse, Crete, Nebr. — Meetings 1st Wednesday, Sokol Hall, 136 West 12th Street, Crete, Nebraska 68333. President: Alice Kalkwarf, 807 Oak Street, Crete, Nebr. 68333. Secretary: Blanche Heeren, R. R. 1, Box 136, Crete, Nebr. 68333. Financial Secretary: Alice Kovarik, 729 Norman, Crete, Nebr. 68333. Director of Women and Educational Director: Norma Henning, 1121 Ivy, Crete, Nebr. 68333.

Sokol Fuegner-Tyrs, So. Omaha, Nebraska. — Meetings 1st Monday, So. Omaha Sokol Hall, 5601 S. 21st Street, Omaha, Nebr. 68107. President: Edward Pavoucek, 2306

Jefferson, Bellevue, Nebr. 68005. Secretary: Irvin Holtz, 1706 Bellevue Blvd., Bellevue, Nebr. 68005. Financial Secretary: Victor F. Novotny, 4621 Valley, Omaha, Nebr. 68106. Director of Men: Vojmir Benak, 5919 S. 15th Street, Omaha, Nebr. 68107. Educational Director: A. Ewoboda, 5816 S. 15th Street, Omaha, Nebr. 68107. Public Relations: John Stanek, 5818 So. 17th St., Omaha, Nebr. 68107.

Sokolice South Omaha, Nebraska. — Meetings 2nd Tuesday, So. Omaha Sokol Hall, 5601 South 21st Street, Omaha, Nebraska 68107. President: Anne Novotny, 1926 S. 46th Street, Omaha, Nebraska 68106. Secretary: Emma Benak, 5919 S. 15th St., Omaha, Nebr. 68107. Fin. Secretary: Barbara Swoboda, 5816 So. 15th Street, Omaha, Nebr. 68107. Director of Women: Phyllis Jirka, 6514 S. 45th Street, Omaha, Nebr. 68107.

Sokol Omaha, Nebr. — Meetings 2nd Wednesday, Sokol Auditorium, 2232 South 13th Street, Omaha, Nebr. 68108. President: Anton Krejci, 2428 So. 14th St., Omaha, Nebr. 68108. Secretary: James J. Velehradsky, 1322 "U" St., Omaha, Nebr. 68107. Financial Secretary: Jos. J. Susterka, 3920 Wright St., Omaha, Nebr. 68105. Director of Men: Raymond Lastovica, 109 East 16th Ave., Bellevue, Nebr. 68005.

Sokolice Omaha, Nebraska. — Meetings 2nd Tuesday, Sokol Auditorium, 2232 S. 13th St., Omaha, Nebr. 68108. President: Blanche Masek, 4048 S. 13th St., Omaha, Nebr. 68107. Secretary: Patricia Lastovica, 109 E. 16th Ave., Bellevue, Nebr. 68005. Fin. Secretary: Mildred Krejci, 2428 S. 14th Street, Omaha, Nebr. 68108. Director of Women: Beverly Kilborn, 1505 Polk Street, Omaha, Nebr. 68107. Educational Director: Linda Beran, 1836 West Adams, Millard, Nebr. 68043. Public Relations: Bernice 68043.

Sokol Schuyler, Nebraska. — Meetings 2nd Wednesday, Ed Varejcka's Basement, 418 East 14th Street. President: Jaroslav Schmid, 509 East 15th. Secretary: Ed Varejcka, 418 East 14th. Financial Secretary: John Krca, 1009 "A" Street, Box 302. Director of Men and Women: Ed. Varejcka. — Educational Director: Anna Kral, 1503 Denver. All in Schuyler, Nebr. 68661.

Sokol Wilber, Nebr. — Meetings 1st Monday, Sokol Auditorium, Wilber, Nebraska. — President: Alfred Chab. Secretary: Georgia Ripa, Rt. 1, Czech Vlg. Financial Secretary: Lillie Kovar, Box 47. Director of Men: Alfred

Chab. Director of Women: Olga Chab. Educational Directors: Alfred and Olga Chab. All Wilber, Nebr. 68465.

NORTHERN CIRCUIT OF WESTERN DISTRICT

Sokol Hopkins, Minnesota. — Meetings 2nd Saturday at members homes. President: Josephine Poul, 129 — 9th Avenue North. Secretary and Fin. Secretary: Ludmila Kaminsky, 11401 N. Oakvale Rd. Both Hopkins, Minnesota 55343.

Sokol Minneapolis, Minnesota. — Meetings 2nd Saturday every other month. — President: Edward Andrie, 4827 N. Bryant Ave., Minneapolis, Minn. 55430. Secretary: Fanca Hosek, 3350 Upton Ave. No., Minneapolis, Minn. 55412. Financial Secretary: James Forst, 4409 — 32nd Ave. So., Minneapolis, Minn. 55406.

Sokol St. Paul, Minnesota. — Meetings 4th Wednesday, 381 Michigan, St. Paul, Minn. 55102. President: Lucille Pavlicek: 1461 Edgecumbe Rd., St. Paul, Minn. 55105. Secretary: Georgiana Buzicky, 1709 Rome Ave., St. Paul, Minn. 55116. Financial Secretary: Richard Depta, 1907 Sharon Ave., S. E. Minneapolis, Minn. 55414. Men's Director: Robert Bastyr, 930 Chippewa, St. Paul, Minn. 55118. Women's Director and Educational Director: Lorraine Vanyo, 364 Goodhue St., St. Paul, Minn. 55102.

SOUTHERN CIRCUIT OF WESTERN DISTRICT

Sokol Caldwell, Kansas. — Meetings 1st Sunday, Sokol Hall, 12 miles west of Caldwell, Kansas 67018. President: Joseph Netahla, Route 1, Bluff City, Kansas 67018. Secretary: Carrie Anton, Bluff City, Kansas 67018. Fin. Secretary: E. E. Misak, Bluff City, Kansas 67018.

Sokol Karel Jonas, Wilson, Kansas. — Meetings 4th Sunday, every 3rd month, Wilson Opera House, Wilson, Kansas 67490. President: Emil Zahradnik, Wilson, Kansas 67490. Financial Secretary: Alice Sula, Wilson, Kansas 67490.

SOUTHERN DISTRICT, DALLAS, TEXAS

Sokol Corpus Christi, Texas. — Meetings 2nd Sunday, Sokol Hall, 1346 Daytona, Corpus Christi, Tex. 78415. — President: Roy Peal, 1334 Ormond, Corpus Christi, Tex. 78415. Secretary: Annie Regmund, Rt. 3, Box 458, Corpus Christi, Texas. 78415. Financial Secretary: Adela Sijansky, Route 3, Box 277, Corpus Christi, Tex. 78415. Di-

rector of Men: Paul Chapman, 530 Pearson Flour Bluff, Texas 78412. Director of Women: Janice Chapman, 530 Pearson Flour Bluff, Texas 78412.

Sokol Fort Worth, Tex. — Meetings last Monday, Sokol Hall, 3221 N.W. 28th Street, Ft. Worth, Tex. 76106. President: Donald D. Steinman, Rt. 6, Box 268, Fort Worth, Texas 76118. Secretary: Anne Johnson, 5713 Buchanan St., Ft. Worth, Texas 76114. Financial Secretary: Anna Milan, 2216 Loving Street, Ft. Worth, Tex. 76106. Director of Men: Jerry Milan, 6208 Lakeside Drive, Fort Worth, Tex. 76135. Director of Women: Henrietta Milan, 6208 Lakeside Drive, Fort Worth, Texas 76135. Educational Director: Henry Grote, 1701 Brittain, Ft. Worth, Texas 76111.

Sokol Houston, Texas. — Meetings 2nd Sunday, Sokol Houston Hall, 1314 West Patton, Houston, Texas 77009. President: Charles Petrzela, Rt. 1, Box 115, Cypress, Texas 77429. Secretary: Doris Petrzela, Rt. 1, Box 115, Cypress, Tex. 77429. Financial Secretary: Elsie Svec, 9602 Airline Dr., Houston, Tex. 77037. Director of Men: Sidney Soukup, 3142 Fondren, La-Porte, Texas 77571. Director of Women: Martha Busch, 1310 Aldine Meadow, Houston, Texas 77039. Educational Director: David Mikeska, 10317 Airline Dr., Houston 77037.

Sokol Karel Havlicek-Borovsky, Ennis, Tex. — Meetings 4th Sunday, Sokol Hall, Highway 34 East, Ennis, Texas 75119. — President: Edwin Laznovsky, Route 2. Secretary: Annastazie Jurcik, Route 2. Financial Secretary: Bettie Houdek, 1100 South Paris. Director of Men: Lawrence Laznovsky, Route 1. Director of Women: Sylvia Laznovsky, Route 1. Educational Director: Jerry Laznovsky, Rt. 2, All Ennis, Texas 75119.

Sokol Karel Havlicek, Yukon, Oklahoma. — Meetings 1st Sunday, Czech Hall, Rt. 3, 2½ miles South of Yukon, Okla. 73099. President: John Kouba, Rt. 2, Box 101, El Reno, Okla. 73036. Secretary: Anna Smrcka, Route 3, Box 140, Yukon, Okla. 73099. Financial Secretary: Willie Kouba, 3835 W. Liberty, Oklahoma City, Okla. 73107. Director of Men: Albert Stejskal, Rt. 3, Yukon, Okla. 73099. Director of Women: Anna Smrcka.

Sokol Praha, Prague, Okla. — Meetings 1st Tuesday, Sokol Hall, Main and Avenue A, Prague, Okla. 74864. President: James Pospisil, Rt. 2. Secretary: Leonard Walenta, Route 1. Director of Men: Frank Sefcik. All Prague, Okla. 74864.

Sokol Zizka, Dallas, Texas. — Meetings 3rd Sunday, Sokol Athletic Center, 7448 Greenville Ave., Dallas, Texas 75231. President: Joseph Ehrenberger: 10411 Maple-ridge Dr., Dallas, Texas 75238— Secretary: Comer S. Caldwell, 405 Shadywood Lane, Richardson, Texas 75080. Financial Secretary: Marie Janousek, 11221 Desdemona Drive, Dallas, Texas 75228. Director of Women: Rose Novak, 805 Shebrook, Richardson, Tex. 75080.

PACIFIC DISTRICT, LOS ANGELES, CALIF.

Sokol Fresno, Calif. — Meetings 2nd Sunday, Clovis Orange Hall, 2nd and Pollasky Street, Clovis, Calif. 93612. President: Lyn Pokorny, 5333 E. Teague, Clovis, Calif. 93612. — Secretary: Helen Hulbert, 7823 No. Temperance, Clovis, Calif. 93612. Financial Secretary: Mary Falls, 8395 North Peach, Clovis, Calif. 93612. Director of Men: John Pokorny, 5333 E. Teague, Clovis, Calif. 93612. Director of Women: Marty Lizak, 419 Williams Ave., Madera, Calif. 93637. Educational Director: Frank Krasny, 1033 Dalphia, Fresno, Calif. 93728.

Sokol Los Angeles, California. — Meetings 2nd Friday, Sokol Hall, 500 N. Western Ave., Los Angeles, Calif. 90004. President: Vaclav Salak, 518 No. Niagara, Burbank, Calif. 91505. Secretary: Joseph Seda, 1366 Calle Gomerio, Thousand Oaks, Calif. 91360. Financial Secretary: Emil Nekuda, 12242 Magnolia, No. Hollywood, Calif. 91607. Director of Men: Lubo Hintnaus, 1321 21st Street, Manhattan Beach, Calif. 90266. Educational Director: Emil Nekuda.

Sokolice Los Angeles, Calif. — Meetings 2nd Friday, Sokol Hall, 500 N. Western Ave., Los Angeles, Calif. 90004. President: Louise Nekuda, 12242 Magnolia Blvd., No. Hollywood, Calif. 91607. Secretary: Helen Jakl, 717 No. Rosemont, Los Angeles, Calif. 90026. Fin. Secy.: Rita Tvrdik, 4122 W. 2nd St. Apt. 7, Los Angeles, Calif. 90004. Director of Women: Ruth Santo, 528 Heliotrope Dr., Los Angeles, Calif. 90004. Educational Director: Emil Nekuda, 12242 Magnolia, No. Hollywood, Calif. 91607.

Sokol Portland, Oregon. — Meetings 2nd Sunday, 3921 S.E. 47th Ave., Portland, Ore. 97206. President: Louis Spousta, 13525 S.W. Bend Road, Tigard, Oregon 97223. Secretary: Anna Jansky, 8850 S.W. Cashmur Lane, Portland, Ore. 97225. Financial Secretary: Julia Cepica, 4224 N.E. 20th Ave., Portland, Ore. 97211. Educational Director: James Bubenik, 6117 S. E. Monroe, Portland, Oregon 97222.

Sokol San Francisco, Calif. — Meetings: Second Monday, 847 No. San Mateo Dr., San Mateo, Calif. 94401. President: Jaromir Marek, 7243 Carran Ave., Stockton, Calif. 95207. Secretary: George Spanek, 1364 Drake Ave., Burlingame, Cal. 94010. Financial Secretary: James Duffey, 249 Poplar Ave., San Mateo, Calif. 94402. Men's Director: Ernie Grueger, 604 Burrow Ave., San Bruno, Calif. 94066.

Sokolice San Francisco, Calif. — Meetings: Second Monday at 847 No. San Mateo Drive, San Mateo, Calif. 94401. President: Blanche Duffey, 249 Poplar Ave., San Mateo, Calif. 94402. Secretary:

Betty A. Dempnock, 4221 Bettina Ave., San Mateo, Calif. 94401. Financial Secretary: Francis Meyer, 1216 Balboa Ave., Burlingame, Calif. 94401. Women's Director: Blanche Duffey, 249 Poplar Ave., San Mateo, Calif. 94402.

Sokol Scio, Oregon. — Meetings 1st Sunday, ZCBJ.-Sokol Hall, Scio, Oregon 97374. — President: Edward Dobrkovsky, Rt. 1, Box 317, Albany, Oregon 97321. Secretary: Bessie Dobrkovsky, Rt. 2, Box 9, Scio, Ore. 97374. Fin. Secretary: Leopold Pospisil, 2541 Kincaid St., Eugene, Ore. 97505.

Sokol Seattle, Washington. — Meetings 2nd Friday. President: Ladislav Stejskal, 6911 — 40th St. S.W., Seattle, Wash. 98116. Financial Secretary: Vilma Vojta, 8475 West Mercer Way, Mercer Island, Wash. 98040. Secretary: Anthony Novotny, 1919 East Calhoun, Seattle, Wash. 98102.

Sokol Miami, Florida. — Meetings 4th Monday, 15000 No. Miami Ave., Biscayne Gardens Civic Center, No. Miami, Fla. 33161. President: George Zednek, 2171 S.W. 23rd Ave., Ft. Lauderdale, Fla. 33312. Secretary: Emilie Welcl-Ruzicka, 910 N.E. 121st St., Miami, Fla. 33161. Financial Secretary: Frank Ruzicka, 910 N.E. 121st St., Miami, Fla. 33161. Director of Men: Jan Hertl, 1629 West 62nd St., Hialeah, Fla. 33012. Director of Women: Diane Butler, 6261 S.W. 20th Terr., Miami, Fla. 33155. Please forward all mail to Secretary.

ČESKÁ ÚTULNA POTŘEBUJE VĚTŠÍCH DARŮ A ODKAZŮ.

Kdykoliv projde tiskem zpráva o větším daru, neb odkazu naší České Útulně, mohlo by panovati mylné přesvědčení, "že není třeba další pomoci a rozhodně ne darů malých." Nutno mít na mysli dvě věci: Předně velikost Domova a stárnoucí stavby a potom, že Domov má dveře otevřené i těm krajanům, kteří neoplývají majetkem a nemohou si platit plné sazby za péči a ošetření. Všichni, kdož mají zkušenosti s 50, 60letou, nebo ještě starší budovou ví, jak nákladné jsou opravy tak, aby budova vyhovovala potřebám doby. Mezi tím, co menší, neb malé dary pomáhají vydatně mírnit náklad s vydržováním Domova a půl druhého sta jeho osadníků, větší dary a odkazy umožňují nutné opravy, přestavby a zvelebení. — Není tomu dávno, kdy byla přestavěna dvě poschodí hlavní administráční budovy, tak aby se získalo více místa pro osadníky potřebující "supervised" páči. Stálo to sumy peněz. Stavba budovy pro personál známá co Hulka Hall i se štědrým

odkazem zemřelého osadníka Hulky vyžádala si velkého nákladu. Potom ústřední topení vypořádalo služby a muselo být nahrazeno novým. To stálo půl druhého sta tisíc dolarů. Takové peníze se dají shánět. Z odkazu před rokem zemřelého p. Vladimíra Geringera naše Útulna bude dostávat jen úrok což jest velkou pomocí, právě tak jako byl r. 1960 dar zesnulého p. Johna T. Chrástky. Na rozdíl od mnoha jiných institucí, Útulna nedostává žádných vládních subvencí, ani přidělů z národních sbírek jako jest ku příkladu "United Fund", a to znamená, že se musí starati sama o sebe a protože jest ústavem krajanským, to znamená, že podpora jest očekávána od lidu čs. národnosti. Mějme to proto na mysli, kdykoliv se objeví v tisku zpráva o větším daru, neb odkazu.

A ve stejnou dobu nepřestávejte podpořiti toto záslužné dílo svým vlastním darem v mezích svých možností.

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John Kounovsky



Bro. John Kounovsky, charter member of Sokol Chicago (organized in 1892). Since 1895 is living in Hillsboro, No. Dakota; he maintained his membership in Sokol Chicago all this time.

Picture was taken at Christmas 1969. Bro. Kounovsky is 98 years of age, enjoying good health and is very much interested in what the Sokols are doing.

January 25, 1970

American Sokol Organization

Executive Board

6426 W. Cermak Road

Berwyn, Illinois 60402

Dear Brothers and Sisters:

We, the Resolutions Committee, on behalf of the members of the Southern District, American Sokol Organization, would like to express our gratefulness to the officers of the National Headquarters, for their combined efforts for the betterment of our Units and the constancy to the purposes and goals of Sokol.

Nazdar!

Resolutions Committee:

Annastazie Jurcik

Rose Steinman

Doris Petrzelka

72nd

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