

AMERICAN SOKOL

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Educational and Physical Culture Organization

XI. SJEZD AOS.

Vážným a vysoce významným jedenáctým sjezdem Americké Obce Sokolské dostává se nám možnost k památným dějům 105. let připojit další léta myšlenky vznícení a stálého posilování národa, výchovou zdatných, blaha a zdatu národa oddaných pokolení.

Mužové, kteří zaseli prvé símě sokolství do půdy Spojených států, neznali, ba nemohli předvídati jeho osudy. Věřili však v budoucnost a troufali si s pouhým vědomím, že konají dílo dobré. Netušili, že se ono stane základem organizace, která mohutněla, rostla a plnila své poslání. Poslání znamenající na jedné straně sílu, kázeň, životnost, činnost, na druhé skromnost, nevstřícnost, spravedlivost, zásadovitost. Založili organizaci, která znamená práci v duchu Tyršových příkazů, která je pro věky a věčnost. A proto, nesejde-li s cest, neopustí-li úkol, směr a cíl, který jí byl dán do vínku, bude zde Sokolstvo na věky.

XI. sjezd je časovým mezníkem, který je nám východiskem k další, pronikavější činnosti. Bohatá a plodná byla minulost, zkušenosti dobré i zlé. Dostalo se nám mnohých uznání. Pověst naše je dobrá.

V kázni, lásce a obětavosti dodělali jsme se mnohých úspěchů — ale není možno říci, že by všeho nemělo být více. Máme také své stíny. Za stín největší pokládám lhostejnost mnohých k přítomnosti a budoucnosti — a málo vytrvalosti.

V křižovatkách nekonečnosti sjezd určí cesty, kterými půjdeme. Zástupcům je ctí v duchu 105. let a příkladem předchůdců uvažovat na polích, která byla Sokolstvu vykázána jeho zakladateli, jeho minulostí a přítomností: silnit myšlenku sokolskou, získat pozornost mnohých a přivést je do oblasti duševního života sokolského; nést smysl pro pravdu, spravedlnost a bratrství činu.

Jednání zajisté bude takové, aby splněny byly všechny ty krásné naděje k sjezdu se upínající, aby úkoly sjezdové vykonány byly s vřelou láskou, nejlepší vůlí a snahou dosíci nejlepších možností dalšího sokolského růstu; že připraví půdu pro práci, která přejde na nové generace.

Ve 2 odbojových akcích stalo se heslem Sokolstva a heslem českých a slovenských lidí: zachránit překrásnou a milou zem Čechů a Slováků, která mnohým z nás byla rodnou vlastí a vlastí našich otců a dědů. Dát jí možnost žít št'astně, svým vlastním životem, o kterém národ sám by rozhodoval. Přes trvání Sokolstva v Americe po sto a pět let, máme

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AMERICAN SOKOL



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OFFICE OF THE EXECUTIVE BOARD ASO.

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Additions and Changes To Listing of Delegates:

American Sokol Executive Committee: Public Relations—Ann Basta.

Sokol Newark: Frank Bartell, delegate; Ella Bartell, alternate.

Sokol and Sokolice Mladocech: Catherine Krimmel (Sokol Berwyn), delegate.

Sokol Town of Lake: Bohumil Lankas, delegate; Anton Smunt, alternate.

Western District: Men's Director Vojmir Benak will take bro. Lastovica's place.

Sokol Fuegner-Tyrs, So. Omaha, Men: Al Swoboda, delegate.

Sokol Minneapolis: Lorraine Vanyo, (St. Paul) delegate.

Sokol Fort Worth: Jerry Milan, delegate; Donald Steinman, Sr., alternate.

Calendar of Events

JULY 4th—SOKOL SO. OMAHA, NEBRASKA.
Family Picnic — Sokol Park.

JULY 4th—SOKOL HAVLICEK-TYRS, CHICAGO.
Opening of the Camp — Crystal Lake, Illinois.

JULY 11th-12th—SOUTHERN DISTRICT SLET
to be held at Sokol Karel Havlicek Borovsky,
Ennis, Texas.

JULY 12th—SOKOL DETROIT, MICHIGAN.
Summer Exhibition (Veřejný) at Sokol Camp.

JULY 12-18—SOKOL ST. PAUL, MINN.
Children's Camp Week at Sokol Camp, Pine City,
Minn.

AUG. 2-8—SOKOL OMAHA, NEBRASKA.
Boys week at Sokol Camp.

AUG. 9th—SOKOL ST. PAUL, MINN. — Picnic at Sokol Camp on Cross Lake at Pine City.

AUG. 9-15—SOKOL OMAHA, NEBRASKA.
Girls week at Sokol Camp.

AUG. 22nd—SOKOL SO. OMAHA, NEBRASKA.
Barbecue Beef Dinner — Dancing. Sokol Park.
Advance tickets.

AUG. 23rd—SOKOL DETROIT, MICHIGAN.
Summer Festival at Sokol Camp.

JULY 26th - AUG. 2nd—PACIFIC DISTRICT.
Summer Camp at Dinky Creek, Fresno, Calif.

SEPT. 10th—SOKOL SO. OMAHA WEEK-END
IN LAS VEGAS.

SEPT. 11th—SOKOL SLAVSKY, CICERO, ILL.
Fall Family Picnic, White Eagle Grove Center,
Lyons, Ill.

SEPT. 13th—SOKOL BALTIMORE, MARYLAND.
Crab Feast.

SEPT. 26th and 27th—EASTERN DISTRICT.
Annual Meeting.

SEPT. 27th—SOKOL DETROIT LADIES AUXILIARY. — 50th Anniversary Celebration.

OCT. 3rd—SOKOL STICKNEY, ILLINOIS.
Farmer's Dance.

OCT. 17th—SOKOLICE BALTIMORE, MD.
80th Anniversary Celebration.

OCT. 31st—SO. OMAHA SOKOL HALL BOARD
OF DIRECTORS Masquerade Dance. 21st and
"U" Streets.

OCT. 31st—SOKOL BALTIMORE, MARYLAND.
Halloween Dance.

NOV. 14-15—SOKOL MIAMI, FLA. — Celebration
of 1st Anniversary at the Czechoslovak Club.

NOV. 28th—SOKOL SLAVSKY, CICERO, ILL.
Annual Dinner-Dance, Peacock Room, C. S. A.
Bldg., Cicero, Ill. 6:00 p.m.

DEC. 31st

SO. OMAHA SOKOL HALL, 21st and "U" Streets.
New Year's Eve Dance.

XI. sjezd AOS.

(Dokončení z první strany)

upřímný vztah k našim v Československu. Budeme zajisté opakovat svůj slib, že na našem úseku v americkém životě nepřestane připomínat zničenou jejich národní svobodu a zvedat jejich právo na život svobodný.

Ostře odsuzujeme okupaci — ale útlak nemůže umlčet myšlení, umrtvit srdce. . . . Prosovětský loutkový režim je nenáviděn celým národem.

Necht' rozhodnutí sjezdu ukáží věrnost sokolským zásadám, ukáží cestu vývoje a jsou vůdtkem do příštích let všem těm, kdož za prapory sokolskými půjdou v budoucnosti. Ať hlas jeho touhy pronikne do všech srdcí, která nosí sokolskou lásku. Ať duch jeho zabouří do svědomí všech, kteří umdlévají.

Kupředu! K metám planoucím! Pro čest Sokolstva! — Nazdar!

AMERICAN SOKOL

VĚSTNÍK AMERICKÉ OBCE SOKOLSKÉ

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REPORT OF THE PRESIDENT, STANLEY BARCAL

In the month of June, 1965, just five years ago, at the American Sokol Organization Convention in Chicago, I was elected to the office of President. All of the elected officers were installed in September, 1965.

There were projects that the former officers were still working on such as the very successful Centennial Stamp and the 1965 Slet and Instructors' Course. In due time these were completed and now are a part of our Sokol history.

The transition from one group of officers to another was gradual and orderly and with complete cooperation with all members concerned.

Since my month by month activities have been published in our American Sokol, it will not be necessary to report on the many meetings and special meetings or the trips made to Units and Districts, as all of these and more are the duty of the President of the American Sokol Organization. I hope this was done to the satisfaction of our membership.

We adopted a policy that all of our respective committees have access to the ASO. office for their meetings. We likewise decided to have a wide representation at the various functions that we were invited to attend: If it was primarily a gymnastic function, the Men's and Women's Directors would attend; organizational work was handled by the Organization Chairman; education by the Educational Director and administrative work by the rest of the officers. At these affairs, the District was always asked to conduct a meeting of Unit and District officers and other members, thereby broadening our line of communication.

The 1967 Mid-Slet was hosted by the Southern District in Dallas, Texas, along with meetings with Unit officers and District Presidents.

In 1968, a meeting of District Presidents and the Standing By-Laws Committee was held in Chicago.

Also in 1968, we moved our office from Cicero to Berwyn because of the need for more working office space.

In 1969, we conducted the ASO. Slet in Chicago and with the fine cooperation from our Units and Districts and the weatherman, this, too, was a success. On this occasion, a meeting of Unit and District Presidents was also called. Following the Slet, a two-week Instructors' Course was sponsored by the ASO.

A highlight of 1969 was when a new Unit, Sokol Miami, was initiated into our Sokol family. This was primarily done through the efforts of sister Emilie Welcl-Ruzicka. On this occasion, a tour to Miami was sponsored by the ASO.

Each year on Memorial Day, we pay our respects to the ASO. Past Presidents who have passed on—thereby paying tribute to all of those devoted members who gave us our Sokol Organization for us to carry on.

Let it be remembered that almost all of your ASO. officers are fully employed. They carried out the duties of their respective offices with enthusiasm and determination. Special recognition is given to our Secretary, sis. Betty Prener, who traveled many miles to attend meetings and conducted the many duties of the Sokol office by phone with her capable office staff. I am grateful for having had such a devoted and cooperative Executive Board, for without these very capable officers and members, none of the aforementioned undertakings would have been possible.

These last five years of my Sokol life have truly been rewarding. I have had the honor of serving you and I had an opportunity to meet and work with some of the most sincere and devoted leaders and members in our Sokol family. I shall be forever grateful to this American Sokol Organization.

Nazdar!

REPORT OF THE SECRETARY, BETTY PRENER

Five years ago when I accepted this office, there were many, many people who asked, "But how are you going to work this out, how can you take charge of an office and be situated 54 miles away?" And yet the long-range planning of five years ago has been put into effect, and has brought results not even thought of then.

Office Organization

The idea of getting office personnel to take over the work in the office was an excellent one. This

enabled the officers to fulfill the duties of their respective offices and put the responsibility in the various departments where it is properly coordinated and taken care of.

We were exceptionally fortunate to obtain the services of sis. Agnes Sotka to take charge of our books and do the accounting. With proper instruction received from sis. Blanche Cihak, sis. Sotka has been of tremendous help and support in her respective position. The Auditing Committee has had no difficulty in auditing the books. She answers

correspondence pertaining to the accounting procedure.

For the secretarial functioning of this office, sis. EllenJeanne Schnabl was willing to devote a portion of her time to handle this phase of the operation. Here again we were fortunate for sis. Schnabl's past business experience prepared her for a fine correspondent, and the Sokol background of both sisters Sotka and Schnabl, enabled us to set up our mode of operation. It was simply this—our contact had to be by phone, and then, as my time would permit, I would be in the office. This could only be on a week-end, or of an evening, and some of my vacation time was devoted to Sokol activity. This was a very heavy schedule as being fully employed during the day only after office hours (my free time) was devoted to the Office of Secretary. In this respect I would like to mention that bro. Stanley Barcal, sis. Blanche Cihak, bro. George Basta, bro. Frank Vodrazka, bro. Ed Linhart—are all fully employed devoting all their spare time to Sokol activity.

Sis. Anne Falta, our Financial Secretary, has been most helpful in taking care of the office during the absence of our personnel, and thus there was someone present five days a week when the office was open. Sis. Falta also took full charge, and did remarkably well, in the checking of the American Sokol address list. This is a task that must be done each month and the changes, additions, and deletions recorded. This she has done faithfully and willingly without remuneration. This then was our office task force, so to speak.

As we progressed and approached the time for our XII American Sokol Slet, we obtained the part-time services of sis. Mildred Udaykee, who fitted in very nicely into our overall work group, but unfortunate personal circumstances (the loss of her husband), forced her to seek full-time employment with fringe benefits. However, watching from the side-lines and keenly absorbing administrative work, was sis. June Pros, and upon being approached by bro. Stanley Barcal to accept the position of Slet Secretary, acquiesced and we had obtained another excellent and devoted Sokol worker. The load of Slet correspondence fell on her shoulders. I'm certain that bro. George Basta, Slet Chairman, will report more fully on Slet matters.

By-Laws

As we were getting our feet on the ground, it soon became apparent that we check with our units as to by-laws they were using, i.e.—units who have set up their own by-laws, (based on the ASO. by-laws), and units who use or follow the ASO. by-laws. This turned out to be an interesting project, as it brought forth the re-reading and checking of unit by-laws. For the record out of a total of 73 units:

- 6 units use their own by-laws.
 - 5 units use ASO. by-laws with a few minor amendments to fit local conditions.
 - 47 units follow ASO. by-laws.
- This accounts for 80% of our units. All 6 Districts follow the ASO. by-laws.

Amendments to the by-laws were made when meeting of By-Laws Committee was held in Chicago on the occasion of the Presidents' Conference in May 1968.

Also at this time a booklet entitled "Parliamentary Procedure" American Sokol Organization, and printed by bro. Charles Zraly, Standing By-Laws Committee Chairman, was issued and distributed to all units. This is a very informative booklet.

Meetings

The Executive Board held a total of 46 regular meetings from August 27, 1965, through April 28, 1970.

Attendance	Present	Excused	Lv. of Absence
Stanley Barcal	45	1	
Blanche Cihak	31	13	
George Basta	39	7	
Betty Prener	43	3	
Anne Falta	44	2	
Frank Vodrazka	25	18	
James Cihak	31	10	3
Charles Prchal	41	3	
Emily Welcl-Ruzicka ..	19	2	25
Ed Linhart	44	2	
Lorraine Zdenek	39	7	
Anne Basta	36	10	
Jerry Rabas	38	7	
Anne Fara	24	11	3
Jerri Domansky	6	19	
Rudy Svoboda	29	2	
*Frank Svamera	12	5	2

*Bro. Frank Svamera was on leave traveling in Czechoslovakia when we heard of his passing in June 1967.

The above table indicates that 5 members achieved an attendance of 90% and over, and our overall attendance averages 80%. Truly we all did the best we could in the time available to us.

American Sokol

History is a narrative, a written account of events affecting a nation, institution, an organization. With the mastery of the art of writing man was enabled to transmit his record to posterity. The American Sokol Organization, in its 105th year, has a written record in the bound volumes of our publication, American Sokol (formerly known as Sokol Americky), for 91 years that we know of. Our library contains issues dating from 1879. This is the first volume of our publication. We have volumes through the year 1969—almost three-quarters of a century. This span of years of our history, the work of hundreds of people, covers only two shelves of our large bookcase.

For the record, we are missing volumes of American Sokol (Sokol Americky) for the years of:

1883	1901	1922	1927
1884	1902	1923	1929
1885	1903	1924	1942
1886	1904	1925	
1887	1905		
1889			

We would like very much to complete our set of American Sokol and anyone knowing where volumes (as listed above) can be obtained, we would be most appreciative of being informed.

Office and Equipment

The obtaining of larger office facilities has enabled us to function smoothly, comfortably.

The ASO.-BOI. has a place to hold its meetings and the office equipment is at their disposal. Their records are kept here.

Obtaining the 3M copying machine has greatly facilitated communications as copies can easily be made and readily distributed. The mimeograph is used for making numerous copies of technical material. We have addressograph-multigraph equipment for the making of our address plates, thus enabling us to have a complete record of our membership. This is very important. We purchased 2-4 drawer filing cabinets, and 2-2 drawer filing cabinets. These files house our current correspondence and quarterly reports. Our older filing equipment (2 files) has been moved into the basement where we have ample dry storage space. Our adding machine and check protector are in good condition and are serving us well. However, we are sorely in need of two good typewriters. The Royal portable electric, now in use, has been loaned to us by bro. Stanley Barcal. While we greatly appreciate this, and are grateful, our organization should have this equipment. The cost of repairs to our present typewriters is prohibitive, — the machines are worn out. I, therefore, recommend that provision, for one new electric typewriter and a second used or rebuilt electric typewriter, be made in the budget.

Events

The Dallas Mid-Slet in 1967 sponsored by the Southern District brought forth the depth of feeling for Sokol. The tremendous enthusiasm of the gymnasts was truly inspiring. The efforts of the members of the Southern District in presenting this inspiring program are truly commendable. It was a tremendous moral success.

The XII American Sokol Slet held in 1969, indicated again that because of its being centrally located, Chicago is ideally situated for Slet activity. The work performed by the Central District members assured the success of the various events of the XII Slet. As Recording Slet Secretary, I feel it proper to state that the excellent cooperation of sis. June Pros as Slet Secretary, the very capable assistance of sis. Agnes Sotka, and the direction of bro. George Basta, XII American Sokol Slet Chairman, was a tremendous asset.

The Panel Discussion held during XII Slet activity was very beneficial again as a means of communication and an exchange of opinions so necessary in today's pressure of events. This could be repeated as occasion arises.

The Florida Tour in November 1969—the occasion being the installation of a new unit, Sokol Miami—was successfully conducted by sis. June

Pros, assisted by sis. Anne Falta. With the itinerary as prepared by sis. Emily Welcl-Ruzicka, the tour was interesting and pleasant, with just the right diversion. It was beneficial to Sokol Miami and to the Czech ethnic group there. Our financial result was very satisfactory.

New Division

Changing times have brought us face-to-face with the situation of supplying our gymnastic classes with uniforms. Inasmuch as the ASO. was always in the forefront of having all classes properly uniformed—it was decided that the ASO. would become a distributor of uniforms. This is a service to our members and will be handled as a division or a department of the ASO. Sis. June Pros and Ellen Jeanne Schnabl visited several sources of supply to ascertain those best suited to fulfill our needs. Under the capable eye of sis. June Pros this division is now being set up and will soon be functioning for all our units. Details will be resolved as they come up. A catalog will be issued to all units for their convenience. The assembling of all details and aspects of this Division takes time, but with the indulgence of all units we feel this uniform matter will be resolved to the satisfaction of all.

Summary

The past five years have slipped by all too fast. In looking back there are many things that could have been done, but due to circumstances beyond one's control, were not. One such project was the establishment of an ASO. Library. This will require the work of several people coordinating the material we do have, such as technical, educational, historical, etc., and properly setting this up. It is my wish to see if this can be accomplished in the not too distant future. I hope this wish is granted to me.

At this time I would like to thank bro. Frank Vodrazka for his support, cooperation, and assistance, which was given in spite of a heavy schedule of other duties.

To bro. Stanley Barcal, President of the ASO., goes my most sincere gratitude and appreciation for his perseverance, deliberation, and tolerance in handling the many projects and challenges brought forth during this term. It was a pleasure and a distinct privilege to work with him.

There is a fine rapport existing between our Districts and our ASO. office. That is the sort of understanding that makes our work mutually beneficial.

To have had the privilege of being Secretary of this great organization of ours is something to be cherished, and, I assure you, will never be forgotten. My sincere thanks.

Nazdar!

REPORT OF THE ASO. DIRECTOR OF MEN, EDWARD C. LINHART

1965-1970 — XI CONVENTION

Brother and Sisters of the American Sokol:

I am presenting a very brief report of my activities during the past five years. With my accept-

ance and election to the position of Director of Men at the last convention in Chicago, I did not fully realize the monumental task lying ahead. If I have succeeded in a small way, to bring Sokol ideals and traditions, and improved Sokol ties with

our members, units, districts, and the national organization, then I am satisfied that I have contributed. To assist me in our BOI. work, I had a committee of unselfish members who devoted endless time and effort. Our BOI. consisted of brothers Dick Ptacek, 1st Asst. Director; Roy Zitny, 2nd Asst. Director; George Kalas, Asst. Director; Paul Lebloch, Secy.; John Satek, Games; Paul Fina, AAU. Rep.; George Basta, Scholarship Committee; Stanley Barcal, President ASO.; Charles Kalat, Central District Director, and Edward Schnabl. Meetings of our board were held monthly with excellent attendance. Combined meetings with the women's BOI. were held quarterly or oftener if necessary. I attended all the monthly meetings of the Executive Board where I reported on all activities of the BOI. and included a monthly report.

Conferences and Meetings:

In July of 1966, I attended the Slovak Slet in New York, and met with their Executive Board and Technical Staff.

February 1967, I visited Cleveland for their Kick-Off Fund and Banquet wherein we held a workshop and practice session. During that month I also attended judging clinic at the Olympic Committee Convention in Chicago. During April I visited the Southern District and held workshop meetings, and inspected facilities for our Mid-Slet in Dallas.

February 1968, I conducted a District Directors' Conference at the Oak Park Arms Hotel in Oak Park, Illinois. All Directors—men and women of American Sokol, were present, as well as the officers of the Executive Board and guests. We discussed and acted upon all phases of our work. A great deal was accomplished. In May I attended the District Presidents' Conference at the Oak Park Arms Hotel where I reported on our activities and presented recommendations from the previously held District Directors' Conference. In November I attended the Congress of Gymnastic Coaches Conference held in Chicago.

Each year I also attended the annual Central District Directors' Conferences along with the meetings of the Scholarship, Rules, Uniform, Slet, and Organizing Committees.

Physical Fitness Tests:

These tests were conducted on a national level, headed by bro. John Satek, with the cooperation of the AAU. and Quaker Oats Co. Packages of material were sent to all units with instructions and information for each. Final results were sent to AAU. and our office. At this time, I am preparing, for approval, a series of gymnastic tests for children—can be known as Gymnastic Skills—and be awarded with certificate or achievement award.

Scholarship Committee Awards

After the 1965 Convention, a committee was formed of members of the BOI., headed first by George Basta and later by Paul Lebloch. It made provisions for allotting sums of money from the Future Leaders Fund. Allocations of \$100.00 per year for 2 years were made available to two Sokol members from each District if they met certain requirements. A few of the Districts did not avail

themselves of this opportunity to help their members financially. Full reports of this committee will be presented by Paul Lebloch.

Attendance Reports:

The reporting of attendance procedure in operation now has had its drawbacks. I do receive some reports from District Directors which are very complete. Others dribble in from units. I must request more cooperation from our District Directors in this respect and ask them to instruct the unit directors of the importance of this report.

Travel Instructor Fund:

This fund, set up in 1965, was to assess each Sokol member \$1.00 per year and have the American Sokol Executive Board contribute \$0.50 for each \$1.00 collected. The fund was to be used for hiring a traveling instructor for the ASO. However, if this was not possible, rules and regulations were established that Districts could use these funds for their instructional work, with the approval of the National BOI. During the five years of this plan, no traveling instructor was available, and all Districts have made use of this plan. I hope they have all benefited thru the wise usage of the fund and will continue to support it.

Uniform Division — Sokol Supply

After sister Hilda Jelinek relinquished the Sokol Supply Co., we made various attempts to have individuals supply us with uniforms, but this proved unsatisfactory. At this time, the American Sokol has become its own distributor, and set up a separate department in our office, now known as the **Uniform Division**. I think this will be the solution to our needs. Our Uniform Committee will present several recommendations for changes at this time.

Tournament Rules

A committee headed by bro. R. Ptacek has held annual meetings and revised rules of our tournaments, judging, and procedures. Our brother Slovaks have joined with us in this endeavor and cooperated by sending delegates and approving their decisions. Several changes will be presented at this convention.

Sokol Gymnast

At the beginning of my term in office, I asked sister Mildred Prchal to become editor of our Sokol Gymnast. She graciously consented, and has done a superb job of presenting rich information, submitting and translating drills, instruction aids, and drawing her own figures for illustration purposes. Recently, she has made available information she received from attending the *Moderne Gymnastique* Technical Committee meetings in Bulgaria. She was selected as the official Representative/Delegate from the U.S.A. National Gymnastic Commission. As the Sokol Gymnast is printed in our official organ, we also have an additional printing of this section, copies of which I send to our District Directors, who, in turn distribute them to our Junior classes.

Schools and Clinics:

During this span of years, I was active in conducting various courses and clinics. The Western District group came to Chicago twice—I conducted two week District courses at their own camp. I assisted the Central District conduct two week evening courses, and also week-end courses. I prepared and presented clinics for the Chicago Parks District and Chicago City College. After our last Slet, I was Director of School at Potters Lake where we combined our teaching staff and pupils with Sokol USA. This was one of our largest schools held in recent times. Whenever I traveled to different districts, it was always made possible for me to teach and instruct some phase of our gymnastic program. Since my time was not always free, I could not fulfill the demands made upon me to teach and conduct courses and schools in more distant parts of the country. I was able to visit all districts of the American Sokol with the exception of the Pacific District, which I hope can be done in the future.

Sokol Slets:

Perhaps the most significant highlights of these past years were the Mid-Slet in Dallas, Texas, in 1967, and our main Slet in Chicago in 1969. These both created wide interest in units, and expanded our attendance in all classes. For the Dallas Mid-Slet, our national BOI. prepared all the technical work. As an extra award, we were able to secure medals from the AAU. Development Program and to award them to place winners on each apparatus in each division of competition. A total of 300 medals, in addition to our regular Sokol awards, were distributed. The Southern District showed great foresight and prepared all the needed facilities. The Slet and competitions, held in the vast air-

conditioned Dallas Memorial Auditorium, left nothing to be desired. The parade of our gymnasts thru downtown Dallas will always be remembered.

In the Chicagoland Slet in 1969 the BOI. again prepared all technical work. Calisthenics and music for our Juniors and Seniors were all new and of modern trend. Prior to the Slet we filmed the apparatus exercises which met with full approval of all concerned. During this period I visited districts and units to instruct them in calisthenic and apparatus moves. Our program, which lasted 4 days, left free time to all for sightseeing, shopping, and visiting. A color film of all Slet activities has been produced, and is now being shown in many of our units.

In addition to my teaching activities at Sokol Tabor, I have tried to keep contact with other organizations. I have also been fortunate to work with bro. A. Walko of Sokol U.S.A. and bring our organizations to work in closer ties.

The members of our BOI. have my heartfelt gratitude for their devoted cooperation and their sacrifice of time and effort whenever I called upon them.

My most sincere thanks to bro. Stanley Barcal, President, for his encouragement and assistance, and to the Executive Board which has supported and cooperated with all our recommendations and requests.

The years have passed swiftly, and there are many brothers and sisters in our group who I came to know and will remember for a long time. Their devotion to Sokol will urge me on to greater Sokol endeavors, for more productive and successful work. I wish to thank all of the Sokol members for giving me the opportunity to head this department of a great organization.

Nazdar!

REPORT OF THE ASO. DIRECTOR OF WOMEN, LORRAINE ZDENEK

This report covers the five-year period from my election in September, 1965, when I organized a Women's BOI. Every member was selected with a view to specified talents that our BOI. might be well-functioning, thoroughly covering all areas of our work. The committee was approved by the ASO. Executive Board and in October, 1965, began its duties. The Women's BOI. consisted of: sisters C. Dunovsky, A. Halik, J. Krizenecky, M. Pokorny, M. Prchal, M. Ptacek, and E. J. Schnabl. Of these, sis. Schnabl was elected 1st Assistant Director in charge of the Junior classes, sis. A. Halik, 2nd Assistant Director in charge of all Children's classes and sis. J. Krizenecky, 3rd Assistant Director, a new office, specifically for the composition of competition exercises and sis. Pokorny, as secretary. Each year these offices have been accepted anew by each of these very talented sisters; the only exception has been with sis. Pokorny, who resigned in 1966. Her office was assumed by sis. Mili Udaykee, who still is our secretary. Sis. M. Prchal has been our Editor of the Sokol Gymnast, representative to the U.S.G.F. and to the Olympic Committee; sis. Ptacek has processed all attendance reports during this

period; sis. Dunovsky, during all competitions, has diligently handled competitors' entries and numbers and has assisted otherwise throughout. Our committee later was enlarged by the acquisition of sis. June Pros, Janet Kalat and Lori Theisen and Rose Sladek. These have all been of exceptional assistance.

Mid-Slet — 1967:

From our first meeting held in June, 1966, in which we met with bro. Milan of the Southern District, all our meetings and activities were directed toward the preparation of Mid-Slet activities.

Competition exercises were composed by sis. Krizenecky and calisthenics were taken from previous years. We had marvelous cooperation from the Southern District in preparing in advance all supplies, machines, etc., which we requested. With the full cooperation of the BOI. members, I entered the Judges' meeting on July 12th fully confident that we were prepared.

July 13: sis. EllenJeanne Schnabl was Division referee of the Junior Girls' competitions. There

were a total of 268 competitors, including 48 teams, with 27 judges.

July 14: sis. Jeri Krizenecky was Division referee of the Women's Competitions. There were 51 competitors, including 8 teams, with 19 judges.

Volleyball tournament was conducted by sis. J. Pros. There were 8 teams with officials from the Y.W.C.A.

July 15th: Championship competitions with sis. S. Laznovsky as Head Judge. There were 15 contestants in Junior Girls and 3 contestants in the Women. I was Division Referee and sis. Caroline Dunovsky handled all entries and contestant numbers.

The parade was very impressive and beautifully planned.

July 16th: After a very good rehearsal, the Slet Assembly proceeded on time. Second class calisthenics, written by sis. Halik, were performed by 42 girls and 23 boys; special calisthenics written by bro. Frank Prihoda were performed by 17 women and 16 men; 268 Junior Girls, performed their calisthenics composed by sis. Z. Tintera; 171 Women performed calisthenics, written by sis. Prchal.

Directors' Conference — 1968:

This Conference was held in February, 1968, attended by all District Directors and members of the ASO.-BOI. For the first time, a vote was extended to five men and five women other than the District Directors. Our agenda covered all our scheduled projects; the results of this conference have been recorded in the American Sokol.

ASO. Slet — 1969:

During the summer of 1968, our thoughts turned to the ASO. Slet and Competitions scheduled for 1969. All calisthenics and competition exercises were distributed by the end of 1968. Sis. Krizenecky again composed all competition exercises and Children's calisthenics of 1965 were revised by a committee of several members. Junior calisthenics for girls was written by sis. Schnabl, and Senior Women's calisthenics by sis. Prchal.

We had monthly BOI. meetings jointly with the Men's BOI. during this entire season.

Judges' meeting was held June 25th where rules as well as exercises were discussed.

June 26th: Junior Girls' competitions were under the direction of sis. E. J. Schnabl. Competing were a total of 306 contestants, including 52 teams.

Volleyball tournament with 9 teams entered, was conducted by sisters Ptacek and Kalat.

June 27th: Senior Women's competitions under the direction of sis. Krizenecky. Competing were a total of 80 individuals, including 8 teams.

June 28th: The morning brought Championship compulsory competitions, under my direction. There were 14 contestants, 10 of whom were Junior Girls. In the afternoon, the optional competition was held, under sis. Prchal's direction. Miss Betty Meyer was head scorer for the meet.

June 29th: After a rainy morning, when part of our rehearsal was held indoors, the General Assembly began promptly at 2:00 P.M. Participating in calisthenics were: 1,106 participants; 117 Tots (boys and girls); 250 1st and 2nd Classes of Girls; 376 Junior Girls and 368 Women. The Beseda had 96 persons, Wampus Board, 216 and a Special

Number with Pennants had 108.

We felt that this Slet was very successful.

School — 1969:

My assignment for the school was that of Registrar, secretary-coordinator, with various teaching assignments. There were 94 students, 74 of whom were ASO. students, 20 were from Sokol USA. There was a full roster of highly qualified instructors. The schedule was thorough and time-wise very full. We were hampered by the necessity of splitting classes but felt that the students did learn.

It would be my personal recommendation, however, that the roster of students be limited to no more than 50; rather conduct two schools instead of one, at intervals. It is impossible to give sufficient individual attention to all the students when there are so many, much less get to know them individually.

Uniforms:

In January, 1967, we opened negotiations with a manufacturer of New York City with a view to acquiring a uniform supplier. It was my assignment to deal with Mr. Silverman. Samples were rapidly submitted, corrections needed; several styles of uniforms were altered, with full sanction of the District Directors.

A meeting was held in Chicago with Mr. Silverman in August of 1968, after which we felt all problems had been solved. Price lists were published and orders submitted. Mr. Silverman was, in short, a man who did not live up to our expectations and negotiations with him were concluded in March, 1969.

Further pursuing a uniform supplier, a Mr. Walter Zwickel was suggested, a meeting was held with Mr. Zwickel in January, 1970, samples submitted, and from a problem of prices has come this result: At the request of the ASO.-BOI. the ASO. Executive Board has voted to assume the responsibility of supplier of Sokol uniforms. Under the capable direction of sis. Pros, who has coordinated a full supply of all our uniform needs from many sources, the ASO. Uniform Division has been placed into operation. . . . A successful conclusion to a five-year headache.

In compiling this report, I have endeavored to be concise, eliminating those day-to-day activities which are the duty and responsibility of every Sokol Director, be it Unit, District or ASO.

I have attended all meetings of the Women's BOI., Joint BOI., Executive Board and committee meetings whenever possible; a few I have missed. I have replied to all correspondence and requests, be it for material, articles to be written, or information.

I have served on the following committees: School, Scholarship, Traveling Instructors' Fund, Competition Rules, Revision of Sokol Manual; I have taught at several clinics and schools, upon request.

I represented ASO. in the capacity of Director of Women at the Sokol USA Competitions and Slet in New York in 1966, and attended such social affairs as it was possible for me to do so, upon invitation.

Acknowledgments: It would not be possible to fulfill this office without the full cooperation of a

BOI. always willing to complete any task assigned. In this I have been most fortunate. My thanks to: sis. J. Krizenecky for her composition of competition exercises, to sisters Prchal, Schnabl and Halik for the composition of calisthenics, to our secretary for all her time and effort, and to each member of the ASO. Women's BOI. for their many hours of deep devotion to duty. To bro. Linhart for the splendid cooperation he has extended to me throughout our term of office. To the ASO. Execu-

tive Board, which has always supported the Board of Instructors in our recommendations and requests, and which has ever been a source of inspiration to us ALL by their belief in our ability to fulfill our goals.

The Women's BOI. extends their greetings to the delegates of this, the XI Convention of the ASO., and every good wish for the completely successful conclusion of all your deliberations.

Nazdar!

REPORT OF THE EDUCATIONAL DIRECTOR, JAMES L. CIHAK

June 1965 to June 1970

Assembled material for--

1965 Slet Historical Program (160 pages)

1969 Slet Historical Program (194 pages)

Edited Dr. Tyrš' "Historical Preface to Foundation of Physical Culture" and "Our Task, Aim and Goal," and "Dr. Joseph Scheiner" by Antonin Krejci for reprinting in 1966.

Edited "Dr. M. Tyrš" by Joseph Cermak and added new material to it (1966).

Composed the new informative 40 page brochure "Sokol and The Sokol Idea" (1966).

Translated Joseph Cermak's brochure "Epistles on Self-Control."

Wrote many articles for our "American Sokol,"

Sokol units and officers.

Worked with and furnished material as well as did research work for 8 university professors writing on "Czechoslovaks in America" or on Sokol specifically.

Furnished Sokol material and assisted in research for 18 university students working for a master's or doctor's degree. All of these had selected "Sokol" for their thesis.

Spoke on Sokol at universities, high schools and our Sokol units.

Translated many articles by leading Sokol writers.

Served on ASO. Auditing Committee (by request).

Nazdar!

REPORT OF THE EDITOR, CHARLES M. PRCHAL

Ninety-one years have passed since the first issue of the AMERICAN SOKOL reached the Sokol families and for the past nine decades it has fulfilled its pledged goal. Its mission was and is to aid and strengthen the Sokol Ideals and our country. It is a true image of the honest untiring efforts of the thousands of brothers and sisters. It is the oldest Sokol publication in the whole world.

Having held the office of the President of our Organization for over thirty-one years, I retired from these duties at the 1965 Convention and assumed the editorship of the American Sokol. The office of Editor was not strange to me, having been connected with the Editorial Department for 7 years and with this publication for 50 years.

A number of excellent fellow workers, true to their Sokol discipline and loyalty, generously gave of their time and effort in assisting with the publication. Among those who have contributed more than five times to the publication, I need mention bro. James Cihak, 43 (included articles on Sokol Stamp); Stanley Barcal, 15; John Reiner, 9; Edward Stetka (Topix), 18; R. A. Gorman, 11; Emily Ruzicka, 14; E. K., 6; Charles M. Prchal, 144, (Czech and English articles, timely, inspirational, declarations, themes, appeals, remarks) and article "Boj o pátou kolonu" in 8 parts. Additional writers contributed with 33 articles.

Further published were: 53 reports of meetings of the Executive Board and Slet Committee, 52 financial reports and reports on Future Sokol Leaders Fund and 26 declarations, announcements and resolutions.

Reports from Districts: Eastern, 35; Northeastern, 24; Central, 25; Western, 29; Southern, 27; Pacific, 19; 297 articles and reports from units. Some of these were received from the Sokol Office with request for publication. 19 historical articles. Once per year Statement of Ownership, Management and Circulation. Every March, with the help of sis. Ann Falta, the Directory of the American Sokol Organization was prepared.

Before the Southern District Slet, publicity releases stressing the Slet and advertising its significance were included. Educational and instructional inserts were included in almost every issue. Whenever possible photographs and illustrations were used if submitted in suitable form for reproduction.

On the political arena the American Sokol always stood unyieldingly against all communist infiltration and their efforts. In this spirit, wrote the "Manifesto" presented at our last Slet.

A number of columns were given, from time to time, to material not strictly within the scope of the Sokol Ideals, but were of general and cultural interest to our people. With this in mind inserts were added, excerpts from Czech history and literature and English translations of outstanding Czech poets as submitted by bro. R. A. Gorman.

All through my years of editorship the following pattern prevailed: To urge and build the strength that leads to action, to foster brotherly love that leads to faithfulness, to urge our brothers and sisters to work, the only path to ultimate victory. Love in the true sense is expressed by our motto

"Neither Gain nor Glory" and these are not just hollow words.

It was my sincere aim to show the way to perpetuate the noble ideals of Miroslav Tyrs, pointing out repeatedly the need for honest, straightforward action and plain open expression. Always advocated that we, as true Sokols, should be unafraid of self-criticism and criticism from others whether the subject is present or absent. In all this exhortation only one way was followed . . . a straight path to all inclusive brotherly love and loyalty to the Sokol Ideals.

Very often, news releases and reports from the various meetings arrived too late for efficient handling; some were received as late as ten days after announced deadline. For instance, one of the districts sent in the proceedings from its October meeting the following January. Much of the material would have lost its value if held back for the next issue, and for this reason, very often, the publication was delayed.

Among my activities was work in my own unit, Sokol Tabor, two addresses at the observances of October 28th (the Czechoslovak day of re-birth, 1966 and 1969), two addresses at the Memorial of Lidice near Joliet, Illinois (1969 and 1970), recalling the tragic extermination of an innocent village and its population. Initiated new officers and

acted as MC on various programs, spoke at many funerals of Sokol members in Chicago, its suburbs, in Omaha, Cedar Rapids, and wherever called upon to do so, every year spoke at the graves of our past presidents at Bohemian National Cemetery on Memorial Day; there we remembered all Sokols who had departed.

I have always tried to elevate the Sokol high above its basic physical aims—have tried to lead and inspire, to plant seeds of Sokol teachings deep in the hearts of brothers and sisters, knowing that only in such way, when so inspired and so motivated have we the right to call ourselves SOKOLS. There is moral strength and full justification to carry on the Sokol movement.

Today when surrendering the office of Editor of the American Sokol, it is my pleasant duty to thank each and every one who aided me in my efforts, as well as brothers and sisters for their expressions of appreciation reaching my desk from time to time, from all corners of our United States.

My heartfelt thanks to all.

To the publication, AMERICAN SOKOL, as well as to the whole American Sokol Organization, I wish the full support of the membership and complete success!

Nazdar!

XII AMERICAN SOKOL SLET

On September 13, 1968, the duly appointed officers were installed at this first meeting of the XII American Sokol Slet:

Chairman	George Basta
Co-Chairmen	William Vrba James Cihak Stanley Barcal
Recording Secy.	Betty Prener
Secretary	June Pros
Treasurer	Frank Vodrazka
Technical	Edward Linhart Lorraine Zdenek

Copies of the duties of the various committees were distributed. After a brief discussion the following Committee Chairmen were elected:

Financial	Frank Vodrazka
Publicity	Ann Basta Emilie Ruzicka
Czech	Jerry Rabas
Housing	Edwin Halik
Management	Joseph Drnec
Exhibit	Joseph Janecka
Banquet	Blanche Cihak
Souvenir Program	James Cihak

By this time the BOI. had many of their projects in working order and progressing nicely.

From this time on regular monthly meetings were held, officers and committees met as often as necessary. Work progressed rapidly.

Preparations were under way by the beginning of 1969 through letters, phone calls and personal contacts. The Slet office was a beehive of activity. Many volunteers came in to type and stuff envelopes, sometimes working late into the evening.

The Souvenir Program Book was well received and will remain as an Historical Journal which delves into the present as well as the past. A few copies are still available at the office.

At last the final week arrived—visitors and guests began arriving and the activities began with the Judges' meeting on Wednesday evening, and continued throughout Sunday.

Thursday, June 26th

Three activities were taking place during the evening, following the Junior Competition which began early in the morning. Volleyball Tournaments were held at Sokol Slavsky for women, Berwyn Recreation Center for men and the Juniors spent a noisy evening at Sokol Brookfield where the "Teen Hop" took place.

Friday, June 27th

The Senior Competitions started in the early morning.

Approximately 600 people filled the Great Hall of the Pick-Congress Hotel to partake of the gala Banquet and Program prepared by the Banquet Committee and BOI. We were honored to have with us Col. Frank Kobes of the United States Military Academy, West Point, as guest speaker.

Saturday, June 28th

Over 600 people attended the Championship Competitions held at Morton West High School, the location for all the Slet competitions.

All competitors and guests gathered at Sokol Havlicek-Tyrs Saturday evening for the Awards Nite and Victory Dance. The display and presentation of awards was very effective, followed by a

joyous evening of dancing and visiting with old friends and making new ones. For results and further information see the BOI. report.

While these various activities were going on hundreds of people visited the Sokol Slet Exhibit which was displayed thru the courtesy of Lincoln Federal Savings.

Sunday, June 29th—Morton West Stadium

Sunday morning started out with a cloudburst and forced part of the rehearsal indoors, under very crowded conditions. The threatening weather continued but the colorful parade started as scheduled, which was well received by the audience of over 5,000 people. Many former gymnasts had a tear in their eye and a lump in their throat when the parade concluded with the mass formation

covering the entire field, with well over 1,000 participants. Senator Roman Hruska and Berwyn Mayor Emil Vacin were the guest speakers. The many, many months of hard work came to being as the program got under way. Those of you who did not have the opportunity to view this spectacular event may do so by renting the official XII Slet film, from the ASO. office.

The day's activities ended at the Farewell Bar-B-Q, sponsored by Sokol Berwyn.

The entire Slet activities netted approximately \$10,000.00. For further details see the financial report.

This was all made possible by the combined efforts of officers, chairmen committees, gymnasts and our many friends that supported these events. George Basta, Chairman June Pros, Secretary

České sokolské zpravodajství.

České zpravodajství bylo důležitou součástí úspěšné sokolské práce v uplynulých pěti letech, t. j. od poslední konvence AOS. Jeho snahou bylo informovat naši krajaňskou veřejnost, roztroušenou po celých Spojených státech a Kanadě o sokolské práci a činnosti a to nejen výkonného výboru AOS., ale i jednotlivých jednot a žup. Byla napsána řada článků a informačních zpráv "Sokolské zpravodajství", které byly zaslány českému a slovenskému tisku v USA, Kanadě a i v jiných částech svobodného světa. Tyto všechny časopisy naše zprávy přijímaly a otiskovaly je buď v plném anebo alespoň ve zkráceném znění. Patří jim náš srdečný dík.

Sokolské zpravodajství vyvrcholilo zejména při loňském XII. sokolském sletu, kterému se dostalo velké publicity na stránkách českého tisku. Tato publicita opravdu zmobilisovala naši krajaňskou veřejnost k tak nebývalé velké účasti na sletu a přispěla k mimořádnému úspěchu XII. sletu a k nadšení, které z něho vyznělo.

Také české radiové programy vycházely vstříc našemu sokolskému zpravodajství a to nejen v chicagské oblasti, ale i v jiných místech USA. I jim patří náš srdečný dík za spolupráci.

Jaroslav Rabas.

REPORT OF THE FIN. SECRETARY, ANN FALTA

Sisters and Brothers:

In 1965 at the convention in Chicago, I was elected Financial Secretary of the American Sokol Organization. It gave me honor and your trust.

I gave two days a week and more of my time, and filled in for office help when on vacation.

We were fortunate to get sister Agnes Sotka, Treasurer of Sokolice Town of Lake, to do our accounting for us. She agreed to put in three days a week. She is efficient and conscientious. She has done a very good job in handling our department, for the past five years. She has processed the quarterly reports every three months and gotten them ready for audit. Agnes and I also worked on the mailing list together, which is a headache at times. Changes of addresses are a big problem, as well as time consuming.

Thank you, Agnes, for a job well done in the five year period. We have always gotten along together, for that you have my appreciation. My best wishes to you and Joe, who helped us in many tasks at the office.

With brother Charles Prchal we prepared new rosters of district and unit officers for American Sokol every March for the five years.

I hope that the convention names more than four members for the Auditing Committee. Brother James Cihak took over for a member out of town. Thank you, Jim.

I want to thank the officers of the Sokol units

for their cooperation with the national office. I know that it is not easy in the units to elect a financial secretary. It is a task and responsibility to have the members pay on time, so that there is no loss of membership in the unit. I like to know that every one tried their best.

Every delegate should read the Membership Statistical Report. Some units showed big gains, others are at a standstill or loss. Last year a new unit was formed in Miami, Fla. The credit goes to Emilie and Frank Ruzicka. I hope that we will be able to form Sokol units in other places.

I am leaving my office of Financial Secretary. I have been happy in the performance of my duties. It has brought me many joyous moments. I will miss working in the office with the girls. Since the year 1947 it has been my second home. There were many other duties, which would take too much space. I hope that I have been useful to the Organization. I leave that up to you to judge.

I leave with the deepest thanks to President Stanley Barcal, Secretary Betty Prener, Treasurer Frank Vodrazka, Editor Charles Prchal. For their confidence and cooperation given me in my work. Thank you to the members of the Executive Board and the Sokol membership.

I wish the new board success in their endeavors. Pledge yourselves to work faithfully toward greater goals.

Nazdar!

1965 — 1970

AMERICAN SOKOL ORGANIZATION

COMPARATIVE STATEMENT OF CASH RECEIPTS AND DISBURSEMENTS

RECEIPTS	Year Ended 12-31-65	Year Ended 12-31-66	Year Ended 12-31-67	Year Ended 12-31-68	Year Ended 12-31-69	1st Quarter 3-31-70	TOTAL
Dues	\$19,114.95	\$18,283.55	\$18,461.15	\$17,677.70	\$18,583.00	\$ 5,339.85	\$ 97,460.20
Convention Fund	1,678.75	1,797.50	1,982.25	2,077.25	1,864.00	1,506.25	10,906.00
Dividends and Interest	3,003.49	2,546.63	2,418.32	4,217.02	5,691.97	1,436.92	19,314.35
Resale of Jewelry, Plaques and Uniforms	609.94	469.70	501.20	611.91	1,245.80	59.00	3,497.55
Advertising American Sokol	853.00	859.00	859.00	852.00	941.25	580.00	4,944.25
American Sokol Subscriptions	21.00	24.00	14.00		24.00		83.00
Sokol Caps and Emblems	53.60	62.64				205.60	321.84
Manuals, Textbooks and Pamphlets	84.50	362.20	352.80	163.60	739.15	273.45	1,975.70
Instructor's Course (Fees)	4,945.95				2,348.00	56.00	7,349.95
Resale of Supplies	3.00	29.11	6.48			3.20	41.79
Miscellaneous Income	51.73	243.64	53.00	101.95	123.01	8.00	581.33
Special Assessment	629.00	5,514.00	7,319.75	8,805.00	7,278.00	5,865.50	35,411.25
Deposit — Sokol Film		695.00			715.00	150.00	1,560.00
Matured U.S. Savings Bond		1,000.00		2,500.00			3,500.00
Prepayment of Postage		137.28				10.74	148.02
Refunds			8.60	84.64	337.12		430.36
Entree fee Dallas Mid-Slet			333.00				333.00
Refund of Insurance Prem.					82.00		82.00
SUB-TOTAL	\$31,048.91	\$32,024.25	\$32,309.55	\$37,091.07	\$39,972.30	\$15,494.51	\$187,940.59
Transferred from Svgs. and Loans Accts.	5,000.00	500.00	600.00	400.00	400.00		6,900.00
Repayment of Advance by Slet Comm.	3,000.00				2,500.00		5,500.00
Fund Raising Projects	1,206.12	526.05			7,468.96		9,201.13
From XI ASO. Slet	1,501.23	8.75	6,832.85				8,342.83
From XII ASO. Slet					3,239.28		3,239.28
Sale of 5c Sokol Stamps and 1st Day Covers ..		19,817.49	1,550.00	72.15			21,439.64
TOTAL	\$41,756.26	\$52,876.54	\$41,292.40	\$37,563.22	\$53,580.54	\$15,494.51	\$242,563.47
Future Sokol Leaders Fund	\$ 1,880.47	\$ 1,106.08	\$ 1,114.70	\$ 2,255.05	\$ 2,429.86	\$ 2,084.34	\$ 10,870.50

**DISBURSEMENTS
ADMINISTRATIVE DEPT.**

	Year Ended 12-31-65	Year Ended 12-31-66	Year Ended 12-31-67	Year Ended 12-31-68	Year Ended 12-31-69	1st Quarter 3-31-70	TOTAL
Salaries	\$ 6,653.71	\$ 2,366.07	\$ 2,460.45	\$ 3,138.57	\$ 3,868.02	\$ 864.51	\$ 19,351.33
F.W.T. — F.I.C.A. — I.W.T.	890.39	661.61	664.30	732.16	1,420.05	211.81	4,580.32
Travel Expense		167.51	1,393.31	1,337.50	1,260.45	67.50	4,226.27
Rent	1,140.00	1,140.00	1,155.00	1,700.00	2,600.00	600.00	8,335.00
Telephone	618.67	349.97	421.81	442.77	456.37	77.23	2,366.82
Postage and Express	1,239.59	16.72			227.03		1,483.34
Janitor Service	241.38	168.00	187.77	209.54		70.00	876.69
Insurance	242.00		103.00	279.00	269.38	74.00	967.38
Public Service	154.05	62.43	47.53	57.42	170.45	41.62	533.50
Printing and Supplies	667.07	448.44	568.26	735.48	1,172.30	270.45	3,862.00
Advertising	177.00			110.88	43.75	43.75	375.38
Bank Charges	15.46	4.50	4.50		7.50		31.96
Dues and Fees	17.60	1.00	1.00	3.00	17.00	2.00	41.60
Miscellaneous Expense	95.77		85.50	139.49	159.58	15.00	495.34
Refund		107.50	8.60	3.54			119.64
Furniture and Fixtures		362.96			557.07		920.03
Donations		191.00	113.00		225.46		529.46
Maintenance of Equipment	140.68	212.60	66.00	96.20	802.39	15.80	1,333.67
Jewelry and Emblems	733.11	286.37	883.19	72.91		582.98	2,558.56
Educational Material				55.68	600.20		655.88
Expense with Issue of Sokol Stamp	1,095.33						1,095.33
Sokol Hats	6.00						6.00
SUB-TOTAL	\$14,127.81	\$ 6,546.68	\$ 8,163.22	\$ 9,114.14	\$13,857.00	\$ 2,936.65	\$ 54,745.50
MISCELLANEOUS							
Petty Cash	50.00	535.43	359.82	25.00	73.73	90.63	1,134.61
Moving				362.43			362.43
Slet Expense	74.44			314.72	5,109.87		5,499.03
Advance to XI Slet Comm.	3,000.00						3,000.00
Convention Expense	5,159.56					73.50	5,233.06
General Office Repairs		44.19					44.19
Film Rental Refund		540.00			255.30	345.00	1,140.30
Scholarships		500.00	600.00	400.00	400.00		1,900.00
Invested in U.S. Treas. Bonds		14,293.09		14,139.97			28,433.06
Invested in Savings and Loans		9,500.00	18,000.00				27,500.00
Tour Expense					6,393.51		6,393.51
TOTAL	\$22,411.81	\$31,959.39	\$27,123.04	\$24,356.26	\$26,089.41	\$ 3,445.78	\$135,385.69

EDUCATIONAL DEPT. (BOI.)	Year Ended 12-31-65	Year Ended 12-31-66	Year Ended 12-31-67	Year Ended 12-31-68	Year Ended 12-31-69	1st Quarter 3-31-70	TOTAL
Salaries	\$ 1,501.00	\$ 2,238.20	\$ 2,310.90	\$ 2,493.60	\$ 2,457.11	\$ 658.32	\$ 11,659.13
Withholding Taxes	483.67	580.32	566.10	744.80	672.41	180.05	3,227.35
Travel Expense	55.75	468.74	564.72	1,298.43	295.54		2,683.18
Instructors Course and Clinics	6,157.87	155.00			8,707.28	75.00	15,095.15
Printing and Educational Material					788.13	123.55	911.68
Postage and Telephone	248.00		32.50	87.92	97.56	11.23	477.21
Olympic Film	43.00						43.00
District Activity Support			1,942.03	3,438.47		1,602.95	6,983.45
Miscellaneous Expense		60.95		32.45			93.40
Refund Instructors Course	1,394.50						1,394.50
Sokol Gymnast	146.20	605.20	632.64	608.88	300.00	158.44	2,451.36
Supplies and Printing	165.33	2,514.37	260.22		171.16	31.60	3,142.68
District Activity Support				96.18	1,963.62		2,059.80
Association Dues	60.00	60.00	80.00	80.00	110.00	10.00	400.00
Social Emblems and Belts			274.03				274.03
Recording Tapes and Orchestrations			114.00			6.00	120.00
Entry Fee Dallas Mid-Slet			333.00				333.00
Rental Conference Room				45.00			45.00
Luncheon for Delegates				103.81			103.81
Secretarial Service	72.51						72.51
TOTAL	\$10,327.83	\$ 6,682.78	\$ 7,110.14	\$ 9,029.54	\$15,562.81	\$ 2,857.14	\$ 51,570.24
SOKOL PUBLICATION							
Editor's Salary	\$ 1,310.00	\$ 900.00	900.00	900.00	900.00	225.00	5,135.00
Printing and Mailing List	8,226.72	6,462.33	7,105.50	6,706.40	7,464.18	2,031.43	37,996.56
Postage	456.63	320.02	346.26	454.88	519.01	122.94	2,219.74
Binding		74.88					74.88
TOTAL	\$ 9,993.35	\$ 7,757.23	\$ 8,351.76	\$ 8,061.28	\$ 8,883.19	\$ 2,379.37	\$ 45,426.18
GRAND TOTAL	\$42,732.99	\$46,399.40	\$42,584.94	\$41,447.08	\$50,535.41	\$ 8,682.29	\$232,382.11

STATEMENT OF ASSETS

DEPOSITED IN SAVINGS AND LOANS

*Belle City	Acct. No. P2412	\$ 100.00	
Capital Federal	" " 5728-1	2,463.44	
Central Federal	" " 1291-4	5,000.00	
Citizen S/L	" " 1253	5,000.00	
Civic S/L	" " 304	5,000.00	
*Clyde S/L	" " 91172	13,516.30	
Fidelity S/L	" " 1219	10,000.00	
Guaranty S/L	" " 10258	4,109.14	
Home Federal	" " 357247-6	10,000.00	
*Hoyne S/L	" " 21868-0	11,000.00	
Labe S/L	" " 5060	5,000.00	
Lincoln Federal	" " 33591-1	5,994.32	
Mid-America S/L	" " 3647-5	5,000.00	
Olympic Federal	" " 870475 1	8,000.00	
Prospect S/L	" " 542	500.00	
Second Federal	" " 88010	1,000.00	
Talman S/L	" " 2698-9	5,000.00	
Western Federal	" " 8831	5,000.00	
Total		\$101,683.20	\$101,683.20

OTHER SECURITIES

	Cost	Book Value	
U.S. Treas. Bonds 4½% coupon due 11-25-73 (will yield 4.8%)	\$14,293.09	\$ 15,000.00	
U.S. Treas. Bonds 4¼% coupon due 11-25-74 (will yield 5.14%)	14,139.97	15,000.00	\$ 30,000.00
Bank Balance January 1, 1965		\$ 3,311.38	
Receipts 1-1-65 thru 3-31-70		242,563.47	
		\$245,874.85	
Disbursements 1-1-65 thru 3-31-70		232,382.11	
		\$ 13,492.74	\$ 13,492.74
TOTAL ASSETS 3-31-70			\$145,175.94

FUTURE SOKOL LEADERS FUND

As of January 1, 1965	\$ 15,645.80
Contributions and interest earned 1-1-65 thru 3-31-70	10,870.50
	\$ 26,516.30
Scholarships awarded	1,900.00
TOTAL as of March 31, 1970	\$ 24,616.30

(*) Savings and Loan Associations in which funds are deposited.

This statement of cash receipts and disbursements has been prepared for the period of January 1, 1965, through March 31, 1970, showing receipts and transfer from savings and loan associations during the above period. Also shown, are the contributions received from donors to the Future Sokol Leaders Fund, plus the interest earned. During this period, a total of \$1,900 was allocated in scholarship awards.

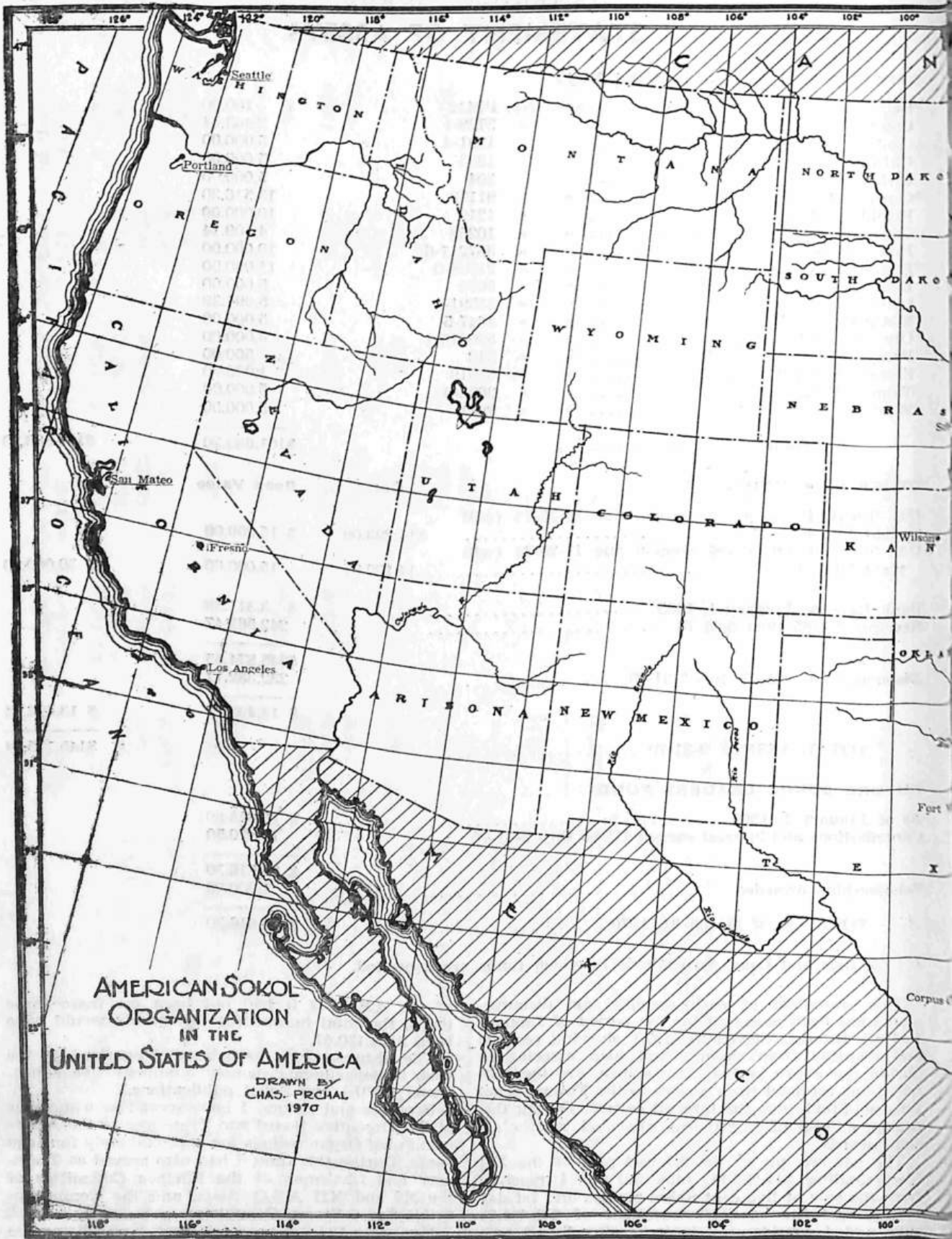
The net receipts of the XI and part of the XII Slet, totaling \$11,582.11, plus \$21,439.64 received from the sale of five cent Sokol stamps and 1st day covers, and the special assessment of \$35,411.25 have added considerably in increasing the income

of the A.S.O. If it had not been for these three items, the total income for this period would have been \$174,130.47.

The disbursements have been categorized on the basis of departments, namely, administrative, educational (BOI.) and Sokol publications.

Brothers and sisters, I have served as a member of the Executive Board and Treasurer of the American Sokol Organizations for approximately fourteen years. During this time, I had also served as Treasurer and Chairman of the Finance Committee of the XI and XII A.S.O. Slets, and the Commemorative Sokol Stamp Committee.

For some time, I have felt that I was doing the



AMERICAN SOKOL
ORGANIZATION
IN THE
UNITED STATES OF AMERICA

DRAWN BY
CHAS. PRCHAL
1970

SOKOL GYMNAST

June 1970

EDITOR—MILDRED PRCHAL

2419 Scoville Avenue, Berwyn, Illinois 60402

REPORT OF SOKOL GYMNAST EDITOR, MILDRED PRCHAL

NOVEMBER 1965 — JUNE 1970

53 issues of the Sokol Gymnast were published during the above period. 45 of these consisted of 4 pages each, 8 consisted of 8 pages each. (July-August issues were combined.) With the exception of material contributed by the individuals listed below, all material for girls, boys, women and men was composed by the editor or adapted and translated from authoritative sources. (The contributions of material from others were either sent direct or re-published from regional bulletins): Karol Bednar, through Sokol Times—5; James L. Cihak—7; Paul Fina—3; Annelis Hoyman—1; Jane Jurew—1; Ed Linhart—2; Frank Michalek—1; Dr. Pelech—1; Jerry Polacek—5; C. M. Prchal—2; Marie Provaznik—14; Anneliese Schlottman—1; E. J. Schnabl—1; Ed Stetka—(Topix) 14; Lorraine Zdenek—2; E. Ruzicka—1.

My thanks and appreciation go to all, especially to sis. Marie Provaznik and bro. Ed Stetka for so many fine articles. Numerous letters from students of high schools and universities requesting aid and material for these were answered.

All illustrations including those for my composition of the 1969 Slet calisthenics for women were drawn by myself.

Attended AAU, Olympic, USGF. meetings and conventions, Congresses of Coaches. Was on the Staff of Instructors for the Chicago Dancing Masters Convention twice. Attended Modern Gymnastics workshop in Dobrichovice, Czechoslovakia, in 1968. Represented United States Gymnastics Commission during World's Championships in Modern Gymnastics held in Varna, Bulgaria, in Sept. 1969; also Judges' School and 4-day Trainers' Sessions after the Championships.

Contributed material to AAHPER Gymnastics Guide for June 1965-June 1967 and again for the June 1968-June 1969 issue. Prepared articles for Modern Gymnast and Mademoiselle Gymnast, for Penn State University Gymnastics program. Judged

for many local and National AAU. and USGF. competitions.

* * *

From November 1957 until November 1965, the publishing of the Sokol Gymnast "went thru" periods of experimentation. It was issued as a Federation Bulletin for both the American Sokol Organization and Sokol U.S.A. for about a year. Then back to the American Sokol Gymnast again for a couple of years. The Eastern District edited and published the Sokol Gymnast for 6 months, editor bro. W. Slavik. The Northeastern District followed with a few months of publishing. For a period of about 1½ years the Gymnast ceased altogether and technical bulletins were mimeographed when necessary.

The Sokol Gymnast should be given very serious consideration in the convention meetings.

My recommendation is that the Editorial Staff be an active body and be set up of the two National Directors of men and women and the 12 District Directors of men and women. That each month, articles (no matter how short) be contributed by both national directors; that 2 directors from a designated district also send articles; for girls and women by the women's director and for boys and men by the men's director; that the Editor be "one who edits, one who prepares the work of another for publication; one who revises, corrects, arranges or annotates a text, etc."

During the critical period in which we live, the Ideals and Principles of our Sokol, so sorely neglected in our gymnasiums for a long time, must again become a vital part of the Sokol life; otherwise the Sokol will become no more than one of the many clubs for gymnastics in our country with a new motto: "For Gain, For Glory!"

My sincere wishes for successful deliberations and for a bright future for our Sokol!

Nazdar!

F.I.G. (Responsibilities of Superior Judge)

If the two middle scores are out of line according to the FIG point spread for preliminary or final competition, the superior judge calls a conference, reviews the routine, and gives her score. The middle score furthest from the score of the superior judge must adjust, so that the scores fall within the range.

Example: Preliminary Point Differences

1. Superior Score—7.4 (1.0 range)

Middle Scores—6.5 and 7.6

The 6.5 score must adjust to at least 6.6 to bring the scores in line.

Average—6.6 and 7.6—7.1

2. Superior Score—8.9 (.5 range)

Middle Scores—9.0 and 8.4

The 8.4 score must adjust to at least 8.5 to bring the scores in line.

Average—9.0 and 8.5—8.75

The average score must also be in line with the score of the superior judge according to the FIG point differences:

	Superior Judge's Score	Average Score
Prelims	9.5 — 10.0	Within .3
	8.5 — 9.45	.5
	Below 8.5	1.0
Finals	9.5 — 10.0	.2
	8.5 — 9.45	.3
	7.0 — 8.45	.5
	Below 7.0	1.0

If the average score is out of line with the score of the superior judge, a conference is called and the superior judge quickly reviews the routine giving her score. She then takes the middle score closest and in line with hers and flashes that score as the average. (Judges do not adjust scores in this instance.)

Example: Final Point Differences

1. Superior Score—9.0 (.3 range)
2. Average Score—8.6 Scores—85 87

The 8.6 average score is not within the .3 range, so the 8.7 score is taken and flashed as the average.

If neither of the 4 of the two middle scores is within the range, the superior judge takes the score closest to her own and flashes that score as the average. (Judges do not adjust scores in this instance.)

Example: Final Point Differences

1. Superior Score—9.2 (.3 range)
2. Average Score—8.8 Scores—88 88

The 8.8 average is not within the .3 range, so the 9.0 score is taken and flashed as the average.

Example: Final Point Differences

1. Superior Score—9.8 (.2 range)
2. Average Score—9.5 Scores—9.5 9.5

The 9.5 average is not within the .2 range, so the 9.7 score is taken and flashed as the average.

If none of the four individual scores are in line with the score of the superior judge, the judges are given a chance to adjust their scores. If the judges refuse to do so, the superior judge overrules them and flashes her own score as the average score.

Example: Final Point Differences

1. Superior Score—9.4 (.3 range)
2. Average Score—9.0 Scores—9.0 9.0

Judges refuse to adjust. The superior judge flashes her own score as the average score.

In case of protest, after review and decision by the Jury, the Meet Referee or President of the Jury takes either:

1. The score of the four individual scores closest to the decision of the Jury OR:
2. The score of the superior judge, if it is more in line with the decision of the Jury.

This score is then flashed as the average score.

CENTRAL DISTRICT II CLASS GIRLS' COMPETITION

Sokol Brookfield, Brookfield, Ill., May 23, 1970

Competition consisted of 8 events: Sokol Quiz, Marching Tactics, Calisthenics, Uneven Bars, Rings, Floor Exercise, Horse Vault.

HIGH DIVISION

(4 teams, 26 individuals)

Teams:

1. SOKOL SLAVSKY I 676.9
2. SOKOL TABOR I 662.9

Individuals: (First 10)

1. Kim Skubich, Havlicek-Tyrs 171.6
2. Sue Smolucha, Slavsky I 168.70
3. Kathy Babka, Slavsky I 166.20
4. Tracy Morgan, Havlicek-Tyrs 165.90
5. Carol Maciesewski, Tabor I 162.60
6. Diane Podzamsky, Slavsky I 158.90
7. Cathy Bercini, Slavsky I 158.30
8. Susan Ledvort, Tabor I 158.20
9. Mary Ann Marik, Tabor I 158.00
10. Danna Mangini, Berwyn 157.00

LOW DIVISION

(10 teams — 72 individuals)

Teams:

1. BROOKFIELD 864.8
2. TABOR I 827.4
3. HAVLICEK-TYRS I 826.7
4. WEST SUBURBAN I 821.1
5. BROOKFIELD III 781.10

Individuals: (First 20)

1. Marianne Baron, Brookfield I 169.0
2. Donna Wesolowski, Havlicek-Tyrs 168.7
3. Wendy Michalek, Brookfield I 168.3
4. Peggy Rus, Havlicek-Tyrs I 167.5
5. Cynthia Kourim, Brookfield I 166.9
6. Valerie Vanek, Brookfield I 166.7
7. Jackie LeMieux, Brookfield I 166.3
8. Janet Pistorius, West Suburban I 165.1
9. Cindy Dvorsky, Tabor I 164.3
10. Barbara Remec, West Suburban I 164.1
11. Lorelei Hahn, Tabor I 163.3
12. Jean Gorman, Tabor I 161.5

13. Carol Behnke, West Suburban I	161.1
14. Donna Kamenski, Brookfield	160.4
15. Kathann Jindra, West Suburban I	159.6
16. Jody Kummerau, Brookfield, Ill.	158.5
17. Betty Jo Hennig, Brookfield III	157.9
18. Vicky Kalivoda, Brookfield	157.6
19. Mary Jo Palter, Berwyn	157.0

20. Sylvia Leicht, Havlicek-Tyrs I	156.8
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Judges: 24; Tabulating Committee: 12; Board of Appeals: 4.

Ellen Jeanne Schnabl, II Assistant Women's Director
Marie Ptacek, Women's Director

INSTRUCTORS and DIRECTORS A SCHOOL IN MODERN GYMNASTICS

will be held

at Sokol Woodlands, Barryville, N. Y.

from August 30th to September 4th, 1970

for women physical education teachers in colleges, high schools, and public systems, and for instructors in gymnastic clubs and organizations.

The school is designed to give training and knowledge in the field of Modern Gymnastics. The curriculum will include progression, theory, teaching method, practice of teaching exercises with various hand implements used in Modern Gymnastics such as balls, Indian clubs, jump ropes, hoops, streamer, etc. — selection of musical accompaniment suitable for Modern Gymnastics, and composition of sequences with and without implements. These implements are used in compulsory events in the International Competitions in Modern Gymnastics, sponsored by the Women's Commission on Modern Gymnastics of the International Gymnastic Federation (F.I.G.) headed by Mme. Villancher of Paris.

The school instructors will be:

Sis. Mildred Prchal of Berwyn, Illinois, former National Director of Women, American Sokol Organization, present editor of the ASO. monthly publication "Sokol Gymnast," chairman of the Women's Committee on Modern Gymnastics of the U.S. Gymnastic Federation.

Sis. Norma Zabka of New York, N. Y., Director of Women of the ASO. Eastern District; Assistant

Professor of Physical Education and Director of Gymnastics, Hunter College of the City University of New York; and other selected personnel.

Registration fee \$25.00—not refundable.

Enrollment, including room and board, \$70.00 per student.

Enrollment will be limited.

APPLICATION FORM 1970 MGS

Name _____

Sex _____ Age _____ Birth Date _____

Address _____

City _____

State _____ Zip _____

Phone _____

Gymnastic Affiliation _____

Are you a teacher or Gymnastic Coach? _____

Are you a member of American Sokol _____

I am enclosing the Registration Fee of \$25.00 (not refundable). I will pay the balance upon arrival at Sokol Woodlands.

(Make check or money order payable to Sokol Woodlands.)

Send your application to:

Sokol Woodlands
Mail Road, Barryville, N. Y. 12719
Tel.: (914) 956-7141

Czechoslovak Olympic Committee Sets Up Basic Selection Team Preparing for 1972

Naturally one of the basic criteria (of selection to the team) is, and will be, the viewpoint of fitness. Consequently, included into Olympic preparations in Czechoslovakia are all Olympic events with the exception of football, the participation of which will be decided only in 1971.

Until now Czechoslovakia has taken part in all Olympic Games with the exception of 1896 and 1904 and has competed in all events with the exception of field hockey and judo.

As regards sports success, Czechoslovakia has won 36 gold, 36 silver, and 28 bronze medals (in 1968 7 gold, 2 silver, 4 bronze) with 46 4th place positions, 36 5th, and 44 6th. Czechoslovakia can boast that it has enriched the Olympic movement

with such remarkable personalities as Emil Zatopek or Vera Odlozilova-Caslavska.

Big attention is devoted to the preparation of athletes for the future Olympic Games. Though, in the first place this task is to be fulfilled by the respective sports governing bodies, the Czechoslovak Union for Physical Training and Sports, and the Czechoslovak Olympic Committee have announced rules valid for all sports events which ought to contribute to enhancing the scientific and systematic aspects of the preparations.

Special care will be devoted to qualified medical care concerning top athletes and to the post-graduate training of coaches. The important psychological section solves the principles of long term Olym-

pic preparation in a similar way as it tends to create prerequisites for the anchoring of psychological preparation into the system of the training of top athletes.

A very important period will be the years 1969 and 1970 when all sports governing bodies will concentrate on the selection and identification of the outstanding athletes.

OTAKAR BREZINA

(1868-1929)

Translated by R. A. GORMAN

Brezina spent his active years as a teacher in western Moravia, whose peaceful, secluded atmosphere enabled him to write his grandiose at times unreal views of life, cloaked in a diction and style rarely equaled in Czech literature. Brezina's poetic works may well be summed up in the following six volumes, each of which carries its own interpretation of the problems of life. "Mysterious Distances" (1895) followed by "Dawning in the West" (1896) to which he added "The Polar Winds" (1897). Then came a two year period of silence broken in 1899 by "The Temple Builders." The cycle of Brezina's poetic mysticism concludes with "The Hands" (1901) and "The Symphony of Streams" (1903).

A MEMORY

Through the rhythm of your steps and through the vaporous quiver of your sounds,
(Wherein slumber forgotten words) before me now flares to glowing heat,

That one day's smouldering sunset, and in a verdure of lights rebounds
And overcomes me with its clouds of sweet scent and languorous warmth's deceit.
For years, that sweet scent ripened within me. And as I now inhale,
A question long thought dead and speechless, rises in smoke from its decay,
Like the sweetness of a thought, that melted too late with life's destructive gale,
Like the burning oil of fully ripened olives . . .
Over my dreams' furrowed way,
I sail at night with the song of waves that dash beneath my meter's oars,
I am carried away beneath the celestial map's outspread, starry wings,
And I feel in the winds that blow from desolate island shores,
The peace of cypress blossoms, of soft, warm shadows and glowing Springs.

100th Year Anniversary Jubilee Concert of the Czech Singing Society Lyra

Thousands of Czechs and Slovaks rejoice and proudly acknowledge their deep understanding and appreciation for the fine work which Lyra has done in preserving and making available to us all, the beautiful songs of our mother country, for the past one hundred years.

Hundreds of Czechs, Slovaks and their friends were thrilled, and inspired with renewed vigor and ambition, after attending this wonderful Jubilee Concert on Sunday, May 3, 1970, in the Morton Auditorium, in Berwyn, Illinois. The program was excellent, the soloists performed with inspired perfection, and Lyra demonstrated once again, its excellent training with a marvelous performance, which all who attended, shall long remember as a beautifully short sojourn "back home."

The stirring nostalgia of the songs revived in me, a welling pride of being a part of this beautiful and proud heritage, and called to mind the wealth of Czechoslovak culture brought to America, by our parents and grandparents, for which we can all be proud, not only as Czechs and Slovaks, but as Americans as well.

As president Nixon said in the closing statement of his congratulatory message to Lyra, the Czechoslovak culture "enriched the legacy of our land." The wonderful efforts of our great national societies, such as Lyra, American Sokol Organization, C.S.A., the Czechoslovak National Council of America, Sokol U.S.A., and hundreds of other fine organizations have preserved the heritage of our

proud nation, and shall continue in their efforts to further disseminate this culture to our people, and to our friends, here in the United States of America.

The year 1970 shall stand as a milestone in the history of many of our greatest Czech and Slovak organizations. It is the 100th Anniversary of Lyra. It is the year of the National Conventions of the American Sokol Organization, the Czechoslovak National Council of America, the C.S.A., and the Sokol U.S.A. Decisions for maintaining the goals of each organization will be made, plans for future growth and expansion will have to be worked out to continue the fine work each has contributed as a unit, to its own well-being, and for the benefit of its membership as a whole.

It is, however, most urgent that a concerted effort be made by all of these organizations to unify, correlate, and disseminate this culture to each other, for a better understanding of what we are doing, when, where, and why, thereby utilizing to its fullest, the potential, and all of the facets of our entire culture.

I appeal to the delegates of all of these coming conventions to seriously consider, and propose some means to create a method by which the activities of each organization be made available to all of the others, for the mutual benefit of us all.

Adolph Cierny, Jr.
President of the Supreme Court
Sokol U.S.A.

American Sokol Organization a great injustice by not being able to attend regularly, meetings of the Executive Board. Shortly after the last Slet, my mind was made up as to what my decision should be—not to be a candidate for the office of Treasurer.

I find that my duties as President of the Czechoslovak Society of America and the Bohemian Home for the Aged demand a great deal of time. I regret

that I will not be able to attend the forthcoming convention to submit this report personally.

During the years I have served as member of the Executive Board and Officer of the A.S.O., I have made many friends whom I will long remember. I wish you and the American Sokol Organization continued success.

Nazdar!

FRANK J. VODRAZKA, Treasurer

FROM THE ORGANIZATION CHAIRMAN

The 1965 Sokol Convention added the Organizational Chairman to the list of officers and directors. Emilie Welcl-Ruzicka was elected and a new article was inserted into the by-laws. The department was to "reactivate inactive units" and the statistics showed many such units in all Districts (seven in the Chicago area alone). With this bleak outlook we began a study of the situation and visited many unit and district meetings, but seem to have barely scratched the surface. We were "trouble shooters" in some instances where knowledge of by-laws and personal contact and long-time experience in Sokol offices helped solve troublesome situations. Everywhere there were fellow-workers and old acquaintances from long ago and more and more we saw that mostly lack of communication was to blame for the problems facing us. Visiting officers, instructors, organizers, lecturers, more teaching material, more supervision is vitally needed.

We found that Sokol work was not keeping up with the times. Our customs and habits of 20, 30, 50 years ago have changed and our family life and club activities should have adjusted accordingly. No other organization but Sokol has the ability to promote for America the program of physical fitness such as we have in the Tyrs system of Sokol education.

It is a full, thorough program which can be used for all ages, however it depends on the instructor, physical director, unit and district officers to see that it is fulfilled.

Now, before the 1970 convention there are

- 1) units without gyms, but conducting regular meetings,
- 2) units with gyms available which are not being used for lack of instructors and other reasons,
- 3) units with assets with little or no activity of any kind.

We found isolated units very much in need of assistance in all phases which would require weeks before being able to move on. We found gyms which received very little attention in the past and were entirely dependent on one or two members with a following. It is evident that when these pass on or move away that the unit falls apart immediately. More cooperation between units and districts was developed in some areas.

Many of our officers in inactive units are older persons who for many years have been doing their best to keep the unit together with no gym work and very little, if any, social activity. Sokol work

was always done by dedicated volunteers, who gave their time and forfeited other income for the work they loved. They followed Tyrs' teaching, building children of good character with a sound mind in a sound body into junior years and adulthood. The Czechs have a splendid record of good citizenship in the USA dating back to the 1600s. History of St. Louis and Chicago and cities in the East show our people active early in 1800. They did plays, organized choruses, reading clubs, started newspapers and founded the first Sokol in 1865 just a few years after Dr. Tyrs started in Prague.

Recommendations for the next period were based on experiences in the last many years as follows:

1) Organization work must go on in active units and districts steadily before they begin to show decline in attendance in a) meetings, b) gym classes, c) committees. Every semester and every club year should include educational activities, such as lectures, plays, exhibitions, outings, crafts, inter-unit meets, inter-district meets, social activities, all-around gym program games, misc. training, in all age groups from 6 to past retirement.

2) The Organization Dept. should work closely with the physical directors corps, with exchange of delegates, both being included in clinics, instructor courses, forwarding of material and ideas. Same for districts and units.

3) Open our gyms to members who are employed but not interested in apparatus work, and to members not employed and free in the afternoons. Organize activity programs for these groups, such as social, light gym work and crafts.

4) Material should be supplied to every unit and district to do setting up exercises before every meeting, during meetings and follow educational programs of physical fitness in our every day living.

5) If more attention was paid to administration of units and districts, the results would be rewarding. Therefore, it is more than necessary to gain the services of members and officers, to give more time to their various units and districts and the Executive Board to supervise and conduct a schedule where declining units are assisted before it is too late. Also, make a survey to locate large communities where our people are residing and where no Sokol unit exists.

In conclusion, thanks to all who have worked with the Org. Dept. and helped start this long-needed program. — Nazdar!

EMILIE WELCL-RUZICKA

MEMBERSHIP STATISTICAL REPORT

AMERICAN SOKOL ORGANIZATION

I qtr. 1965 to IV qtr. 1969 inclusive

	1st qtr. 1965		1965		1966		1967		1968		1969		Gain or Loss 5 Yr. Period		Members Lost by Death		
	Men	Women	Men	Women	Men	Women	Men	Women	Men	Women	Men	Women	Men	Women	Men	Women	
EASTERN DISTRICT																	
Sokol Baltimore	122		127		126		125		119		114		114	-8		21	
Sokolice Baltimore		103		103		105		109		111		114		11			7
Sokol Belcamp	63	43	63	43	61	41	57	36	56	34	54	36	54	-9	-7	1	
Sokol Curtis Bay	18	32	17	29	17	27	14	24	14	24	14	23	14	-4	-9	3	4
Sokol Fuegner, L. I.	48	38	49	38	48	42	48	41	45	44	45	42	45	-3	4	3	1
Sokol Little Ferry	117		106		99		100		102		98		98	-19		19	
Sokolice Little Ferry		105		99		106		118		125		124		19			2
Sokol Newark	10	22	10	22	10	22	10	21	10	19	10	18	10	0	-4		3
Sokol New York	135	114	140	116	132	102	131	104	125	104	124	105	124	-11	-9	14	16
Sokol Philadelphia	42	30	34	29	34	28	34	28	32	28	28	27	28	-14	-3	7	1
Sokol Schenectady	52	49	51	47	50	43	46	39	44	39	42	39	42	-10	-10	6	6
Sokol Washington, D. C.	48	45	45	43	44	40	45	41	54	48	63	53	63	15	8	4	
TOTALS	655	581	642	569	621	556	610	561	601	576	592	581	592	-63	0	78	40
NORTHEASTERN DISTRICT																	
Sokol Cleveland-Cech-Havlicek ...	86	129	84	129	84	131	82	132	80	132	76	126	76	-10	-3	7	8
Sokol Detroit	176		187		208		236		224		208		208	32		15	
Sokolice Detroit		185		186		194		218		223		221		36			11
Sokol Moravan	23	31	22	29	19	26	19	26	19	25	18	23	18	-5	-8	2	4
Sokol Nova Vlast	78	96	82	101	85	98	81	96	89	102	90	103	90	12	7	9	4
Sokol Rip	27		27		24		23		21		21		21	-6		1	
Sokol Tyrs	168	197	162	188	155	186	151	180	145	171	142	176	142	-26	-21	11	3
TOTALS	558	638	564	633	575	635	592	652	578	653	555	649	555	-3	11	45	30
CENTRAL DISTRICT																	
Sokol Americky	8	16	8	15	6	15	4	14	4	14	4	14	4	-4	-2	2	1
Sokol Berwyn	45	74	50	76	50	75	50	73	49	76	53	85	53	8	11	5	7
Sokol Brookfield	42	47	43	45	45	49	42	55	45	58	49	55	49	7	8	3	4
Sokol Cechie	21	22	21	22	21	22	20	19	18	17	18	16	18	-3	-6	2	3
Sokol Chicago	70		69		64		58		58		55		55	-15		12	
Sokolice Chicago		72		65		64		62		60		58		58	-14		5
Sokol Fuegner	117		170		141		137		54		—		—	-63		5	
Sokol Havlicek-Tyrs	149		140		135		127		124		125		125	-24		23	
Sokolice Havlicek-Tyrs		153		156		162		160		155		149		149	-4		11

	1st qtr. 1965		1965		1966		1967		1968		1969		Gain or Loss 5 Yr. Period		Members Lost by Death	
	Men	Women	Men	Women	Men	Women	Men	Women	Men	Women	Men	Women	Men	Women	Men	Women
Sokol Milwaukee	60		57		60		58		58		55		-5		9	
Sokolice Milwaukee		96		91		90		89		87		90		-6		6
Sokol Mladocech	53		53		53		51		49		49		-4		2	
Sokolice Mladocech		64		63		60		66		64		56		-8		4
Plzensky Sokol of Chicago	80	102	81	104	85	102	94	117	99	122	105	124	25	22	3	9
Sokol Rozvoj	14	15	11	15	11	14	11	14	10	14	10	15	-4	0	3	2
Sokol St. Louis	169	91	168	91	166	96	163	104	166	113	162	121	-7	30	16	2
Sokol Slavsky	112	160	108	153	106	143	113	135	116	135	113	145	1	-15	14	15
Sokol Stickney	53	80	56	83	56	96	52	74	48	69	59	67	6	-13	2	2
Sokol Tabor	118		127		121		118		119		119		1		20	
Sokolice Tabor		160		156		157		152		152		159		-1		11
Sokol Town of Lake	96		96		90		76		74		70		-26		14	
Sokolice Town of Lake		117		111		105		95		92		91		-26		9
Sokol West Suburban	13	31	13	43	12	48	9	37	6	31	4	27	-9	-4	1	
TOTALS	1220	1300	1271	1289	1222	1298	1183	1266	1097	1259	1050	1272	-170	-28	136	91
WESTERN DISTRICT																
Sokol Cedar Rapids	142		135		135		134		144		153		11		17	
Sokolice Renata Tyrsova		174		177		174		175		177		189		15		16
Sokol Crete	17		18		23		24		22		21		4		4	
Sokolice Libuse — Crete		62		62		62		63		73		69		7		7
Sokol Fuegner-Tyrs	142		133		138		137		150		290		148		18	
Sokolice So. Omaha		87		91		96		91		102		126		39		1
Sokol Omaha	158		152		145		147		148		131		-27		23	
Sokolice Omaha		168		162		161		167		163		168		0		9
Sokol Schuyler	12	9	12	9	12	9	12	9	10	9	10	10	-2	1	4	
Sokol Wilber	48	70	46	67	46	66	43	63	42	63	46	65	-2	-5	7	8
Sokol Hopkins	5	9	5	8	5	7	5	7	5	7	4	7	-1	-2	1	2
Sokol Minneapolis	10	8	10	8	10	8	10	8	10	8	9	8	-1	0	1	
Sokol St. Paul	47	59	46	58	42	53	42	54	41	57	41	63	-6	4	7	2
Sokol Caldwell	10	6	10	6	8	5	8	5	8	6	6	5	-4	-1	3	2
Sokol Karel Jonas	6	8	6	8	5	8	5	8	5	7	14	15	8	7	1	1
TOTALS	597	660	573	656	569	649	567	650	585	672	725	725	128	65	86	48
SOUTHERN DISTRICT																
Sokol Corpus Christi	43	40	45	42	42	37	49	44	49	44	54	49	11	9	4	4
Sokol Fort Worth	30	17	30	18	31	19	24	19	22	16	24	18	-6	1	1	1
Sokol Galveston	7	8	7	8	—	—	—	—	—	—	—	—	-7	-8	Unit dissolved	
Sokol Houston	47	38	58	39	61	47	74	60	77	67	94	69	47	31	2	1
Sokol Karel Havlicek, Ennis	68	31	71	33	65	36	69	36	74	43	86	47	18	16	5	
Sokol Karel Havlicek, Yukon	17	24	27	19	23	30	26	32	27	34	25	32	8	8	2	2

	1st qtr. 1965		1965		1966		1967		1968		1969		Gain or Loss 5 Yr. Period		Members Lost by Death	
	Men	Women	Men	Women	Men	Women	Men	Women	Men	Women	Men	Women	Men	Women	Men	Women
Sokol Praha, Okla.	7	1	5	5	5	5	5	5	—	—	—	—	-2	4	2	0
Sokol Zizka, Dallas	88	75	89	76	85	75	83	74	86	79	82	77	-6	2	10	7
TOTALS	307	234	332	240	312	249	330	270	335	283	365	292	58	58	26	15

PACIFIC DISTRICT

Sokol Fresno, Cal.	33	31	31	29	29	29	28	29	27	29	27	29	-6	-2	3	0
Sokol Los Angeles	143		137		122		112		106		113		-30		10	
Sokolice Los Angeles		137		141		123		122		118		116		-21		10
Sokol Portland, Ore.	9	11	10	12	10	13	8	12	10	13	11	12	2	1		2
Sokol San Francisco	111		113		92		89		84		82		-29		7	
Sokolice San Francisco		72		75		69		68		67		67		-5		6
Sokol Scio, Ore.	18	19	16	18	11	13	9	11	10	9	8	7	-10	-12	1	3
Sokol Seattle, Wash.	17	23	21	19	21	18	21	16	21	16	22	17	5	-6		1
TOTALS	331	293	328	294	285	265	267	258	258	252	263	248	-68	-45	21	22
*Sokol Miami, Fla.											47	57				

* Sokol Miami was installed into the A.S.O. November 15, 1969, at which time they had 104 members, but the decision of the Executive Board was that they would not pay dues to the A.S.O. until the first quarter of 1970.

GRAND TOTALS

EASTERN DISTRICT																
New York, N. Y.	655	581	642	569	621	556	610	561	601	576	592	581	-63	0	78	40
NORTHEASTERN DISTRICT																
Cleveland, Ohio	558	638	564	633	575	635	592	652	578	653	555	649	-3	11	45	30
CENTRAL DISTRICT																
Chicago, Ill.	1220	1300	1271	1289	1222	1298	1183	1266	1097	1259	1050	1272	-170	-28	136	91
WESTERN DISTRICT																
Omaha, Nebraska	597	660	573	656	569	649	567	650	585	672	725	725	128	65	86	48
SOUTHERN DISTRICT																
Dallas, Texas	307	234	332	240	312	249	330	270	335	283	365	292	58	58	26	15
PACIFIC DISTRICT																
Los Angeles, Calif.	331	293	328	294	285	265	267	258	258	252	263	248	-68	-45	21	22
GRAND TOTAL	3668	3706	3710	3681	3584	3652	3549	3657	3454	3695	3550	3767	-118	61	392	246

TOTAL PAYING MEMBERS — MEN 3,550
TOTAL PAYING MEMBERS — WOMEN 3,767
TOTAL MEMBERSHIP A.S.O. 7,317

ANN FALTA, Financial Secretary

AGNES D. SOTKA, Accounting Department

PUBLICITY — ANN BASTA

The last Convention approved a Publicity Committee which during the past five years had done its best in promoting our Sokol ideals. Having no previous agenda or experience, we learned through our own mistakes.

The committee recommended a standardization of all office supplies and stationery and this was approved by the Board. Also new application blanks and dues cards, all bearing same identity for a corporate image.

The promotional work for the Czech publications was done very capably by bro. Jerry Rabas. His coverage not only in the Chicago area Hlasatel but in other Czech publications throughout the U.S. was excellent. Coverage was in all Czech areas, Cleveland, New York, Omaha and Dallas, as well as in the Canadian Czech papers.

Our largest task and most concentrated efforts were in promoting our XII Sokol Slet in the Chicagoland area last year. Our English publicity began as early as March and April with full page writeups with many pictures in the Chicago Tribune and Sun-Times, though in some editions only half page coverage was received. Still it began to bring inquiries into the ASO. office not only about our Slet but also about our gym classes and activities. Beside the usual Czech radio program coverages, for the first time we had two English radio interviews on a suburban station WTAQ which serves a large suburban area in which many people of Czech descent reside. One interview was of ten minute duration; however, the other about half

hour and very informative. Helped reach into the homes, as not all people subscribe to local papers. The greatest publicity was done by our Czech papers and the Life papers which serve the areas with the largest Czech and Slovak populations. The Slovak "Sokol Times" also helped our Slet publicity. These means of advertising we feel were mainly responsible for the large attendance at the Slet, and well worth all the efforts.

We received additional publicity in the spring of 1969 when a magazine article was done on Czechs in the Chicago area in the "Chicago" magazine published quarterly. It gave very good coverage to our Czechs as well as the Sokols and their activities. It also included our cultural and fraternal organizations. A well written article of which all our Chicago area Czechs can be proud.

The past two years, the Sokols have participated with an exhibit at the annual International Folk Fair held each fall at Navy Pier and sponsored by the local ethnic groups of Chicagoland. Displays show pictures from our last two Slets and most recently we also showed slides of the 1965 Slet which the public found most interesting. Many inquiries about our gym activities and locations of our Sokol halls, which if scattered more in the area would have many interested people. Overall, we are trying to bring Sokol activities to the general public so we can gain interest and support in our gymnastic exhibitions and Slets. If we can accomplish this in some small way, then we feel we have done our work and will derive a measure of self-satisfaction.

ASO. EXECUTIVE BOARD

Meeting Held May 26, 1970

Reports: Northeastern District minutes of meetings March 25, and April 22, 1970; Southern District minutes of meeting April 9, 1970; Western District minutes of meeting April 13, 1970; Eastern District minutes of meetings April 18, and May 18, 1970.

Sis. A. Basta gave highlights of District minutes received. — Mr. Tuma of Denni Hlasatel acknowledges our invitation to Convention. Will not be able to send a representative, however, will publish articles and photos submitted by us. Bro. Rabas authorized to phone reports of Convention activity daily.

— Sis. Anna Macoun of Sokol Miami, sends hearty greetings and donation of \$20.00 to Future Sokol Leaders Fund. Check was brought by sis. E. Welcl-Ruzicka. Sis. Macoun is looking forward to welcoming us in November in Miami. — Sokol Detroit Ladies Auxiliary celebrating 50th anniversary Sept. 27, 1970. Approved that bro. President and his wife represent us at this event. — Sokol U.S.A. acknowledges our invitation to Convention and will send their representatives. — The family of Prof. Dr. Adolf Prochazka advised us of his passing. — Invitation from C.S.A. to attend their Convention and main banquet August 5th. Representative will be sent. Also ½ page ad in souvenir program book approved. — Western District asking for reply regarding attendance at their Slet. Bro. T. Suster sends list of organizations to be invited to Convention—article will be sent to Novy Svet. — Invitation from the Unity of Czech Ladies and Men to

Centennial Banquet August 14—approved purchase of two tickets. — Sokol U.S.A. seals will be purchased. — Letter from bro. and sis. Cihak advising they will not attend Convention and are not candidates for office or membership in the next Executive Board. We will abide by their wishes.

Committee Reports: ASO.-BOI. sis. L. Zdenek read her report for the month of May. Sent out entries and medical releases for the Sokol U.S.A. competitions in Monessen. Attended Rules and Uniform Committee meetings, also practice session at Sokol Slavsky in regard to floor exercise tapes. Music has been retaped. Attended the joint BOI. meeting and is presently compiling report for Convention.

ASO.-BOI. bro. E. Linhart read report for the month of May. Attended By-Laws, Rules Committee, and Uniform Committee meetings, written several articles for Sokol programs. Read minutes of the joint BOI. meeting. Expense of \$186.60—attendance of bro. Emil Milan to Olympic Committee, approved. Reimbursement to Central District of \$317.26 for clinic conducted in St. Louis, and \$83.75 for clinic in Milwaukee approved. Scholarship Committee will accept applications subject to the rules that will be set at the Convention for the year 1970.

Editor bro. C. Prchal reports the American Sokol May issue is ready. Error was made in the name, was called to the attention of the printer. Needs reports of all officers for the Convention in the June issue. Financial report will be included. Attended Lyra Singing Society concert which was very impressive and well attended. Banquet which

followed concert was a fine way of commemorating their 100th anniversary. (Bro. Prchal was the Master of Ceremonies.)

Educational Director bro. J. Cihak was excused. His report for the Convention was received and given to bro. Prchal.

Organization Director sis. E. Welcl-Ruzicka was welcomed back from Florida. Reports Sokol Miami has 130 members. Dual membership brought up. A suggested by-law change should be called to the attention of the by-law committee. The Czech Club has been reserved for November 14 and 15, and asks bus tour from Chicago at that time to commemorate first anniversary of Sokol Miami. Will also request tour from Cleveland and New York. Also to send one or two top gymnasts to this function to perform for program. Believes units need education in administrative work. Will not be able to accept any office in the Executive Board because of making Miami their permanent home. Will be active in Sokol there. Brought greetings from bro. Frank Simpach and bro. and sis. Horak. Discussion ensued as to what district to incorporate the unit Sokol Miami. All present agreed (unanimously) that Sokol Miami be incorporated into the Eastern District scope of activities. A tour about November 14 and 15 was approved to Miami on the occasion of their first anniversary. Sis. Ruzicka will represent ASO.-BOI. at AAU. meeting in Florida.

Financial Secretary sis. A. Falta advised that bro. Frank Vodrazka is pretty busy working on financial report. Sis. Falta presented the financial report for April, read the receipts and disbursements. Had an audit of the books and the Slet final report, and the Miami Tour, and reports everything is audited, in order, and ready for the Convention.

Public Relations sis. A. Basta has been busy working on Central District Slet. Will prepare a summary, with bro. J. Rabas, for the convention of publicity activity. Bro. Rabas is preparing an article about the Convention.

Secretary—Office report. Sis. A. Sotka. All income and expense recorded; financial report for April prepared; federal taxes deposited. Filled all orders for belting, emblems, pins, luggage stickers, plaques, quarterly reports, dues cards, and applications for membership. Mailing list changes in zones are turned over to Cicero-Berwyn Press every month. The copies of Progressive Czech received on consignment, approved for payment. Listed 23 units who have not paid first quarter dues. Units in arrears for Convention Fund and Special Assessment (4) listed. Listed units who owe for shortages in dues or Special Assessment (7); outstanding bills for membership kits and pins (9) units, also emblems and belting. One district owes for plaque and one district for office supplies. November 1969 ad in American Sokol still unpaid. — Sis. Ellen Jeanne Schnabl reported that with sis. June Pros sent out Czech and English invitations to the Convention (national organizations). Set up and ran off various credential forms, voucher forms, and covering letters. These will be mailed early in June. Uniform Division has started taking orders. Need to open bank account. — **Sis. June Pros reported**

invitations mailed, mailed requests for catalogues and various materials for bro. E. Linhart, mailed all uniform information to all units and districts (directors) of the American Sokol Organization and Sokol U.S.A. Sent orders as received, ordered some stock, moved articles into the basement, set up shelving. Met with representatives of various companies for uniform and invoice information. Have invoices which must be paid. Sokol emblems, sweat shirts, and belting, will be handled by Uniform Division. An account to be opened at the First National Bank of Cicero in the amount of \$2,500.00 for the Uniform Division of the American Sokol Organization was approved. Also approved that 3 signatures be authorized, President, Treasurer, and sis. June Pros, and two out of three signatures will be required for the signing of checks. Approved that 5,000 invoices be ordered, as per layout submitted (invoices to be used by the Accounting Department and the Uniform Division of the ASO.), also 2,500 window envelopes to be ordered. Insurance and bonding will be taken care of by bro. George Basta. Sis. B. Prener wrote articles; also Convention report, and answered correspondence received. Vacation checks will be issued (as per approval) for 2 weeks each to sis. Agnes Sotka and Ellen Jeanne Schnabl, and for 1 week for sis. June Pros.

President bro. S. Barcal reported attended Lyra banquet, where the Sokol organization was well represented. The entertainment was exceptional. Bro. Prchal did a very fine job as Master of Ceremonies. Banquet was a fitting climax to the 100th anniversary commemoration of this fine organization. Attended BOI. and Uniform Committee meetings. The Uniform Committee made a very necessary step we had to take and is a service to our units. Articles written for the Convention and have been in touch with bro. Tony Suster.

Slet Committee—bro. George Basta, Chairman. The financial report was audited and the inventory left was turned over to the ASO. As the last act of the Chairman of the Slet Committee, bro. Basta turned over to the President, a check in the amount of \$8,475.31. Bro. Basta mentioned that this represents much work done by the committees and extended his thanks for their fine cooperation. Bro. Barcal thanked bro. Basta for the efforts expended and a rousing vote of thanks was given and the XII Slet is now history.

Convention—The agenda was studied. General discussion followed. The District Presidents were named to the Credentials Committee together with sis. A. Falta from the Executive Board.

Memorial Day Services—The members of the Executive Board will attend ceremonies at the Bohemian National Cemetery and pay their respects to those who have passed on.

Convention delegates—Motion made and carried that the Publicity and Public Relations Chairman, as an officer of the Executive Board, be added to the list of officers attending the Convention, having one vote, and with full power as a Convention delegate; sis. A. Basta being the Chairman.

Financial Report ASO.

May 1970

INCOME:

Dues	\$ 915.00
Convention Fund	50.75
Special assessment	53.00
Dividends and interest	743.94
Resale of jewelry and plaques	52.00
Sokol belting, emblems, postage	28.56
Miscellaneous income	168.91
XII ASO. Slet profit	8,475.31

Total Income\$10,487.47

DISBURSEMENTS:**Administrative Department**

Salaries	\$ 677.44
F.I.C.A. & F.W.T. for April	98.24
Rental, janitor service, phone, electric	301.60
Advertising, postage	210.84
Office supplies	71.57
Travel expense	12.00
Petty cash	47.20

\$ 1,418.89

Educational Department BOI.

Salaries	\$ 219.44
F.I.C.A. & F.W.T. for April	38.40
Postage, phone	28.55
Travel expense	186.20
Editor "Sokol Gymnast"	25.00
Advt'l. copies "Sokol Gymnast"	28.00

\$ 525.59

Sokol Publication

Editor "American Sokol"	\$ 75.00
Printing "American Sokol"	528.00
Postage "American Sokol"	41.56

\$ 644.56

Miscellaneous

Advance to Uniform Division ..	\$2,500.00
Slet film deposit refunds	70.00
Special appropriations—Central District	401.01
Miscellaneous	120.00

\$ 3,091.01

Total Disbursements\$ 5,680.05

BALANCE:**Totals brought forward:**

Western National Bank of Cicero—check- ing account	\$14,455.53
Income — May 1970	10,487.47

\$24,943.00

Disbursements — May 1970 5,680.05

\$19,262.95

Future Sokol Leaders Fund

Victoria Machotka, in memory of William Machotka	\$10.00
Albert and Eleanor Cecka, in memory of Anna Klaus	10.00
	\$20.00

FROM OUR DISTRICTS**EASTERN DISTRICT**

April 18, 1970

Letter from bro. G. Novak of Sokol Philadelphia in regards to presentation of awards to honorary members.

½ page ad in XI American Sokol Convention Souvenir Program will be submitted.

Report of Director of Women—It was decided not to conduct a district instructors school this year. A beginners school will be held immediately following the Slovak Slet at Monessen, Pa. A three weeks advanced school will be held at Boonton, N. J., conducted by Sokol USA. A modern gymnastics school will be held at Barryville, N. Y., from August 16 to 23, which will be directed by sis. Mildred Prchal and assisted by sis. Norma Zabka. This is aside from regular gymnastics. Sent in opinion on scholarships to the ASO.

Report of Director of Men—The United Sokols of the East participation consists of gym competitions, volleyball, bowling and track and field meets. The scholarship awards had been discussed and it was unanimously approved that the money could be used to a better advantage.

Sokol Baltimore—Considering merger with Sokol Belcamp. It had been unanimously approved by both units. Three members from each unit will meet to make further plans for the merger. A new Sokol Hall would be built and named Sokol Maryland.

Due to the illness of bro. Ed Stetka the annual exhibition will be canceled. Bro. Stetka had always taught the drills.

Bro. Otenasek read a letter composed by bro. Frank Novak of Sokol Belcamp on the Sokol situation of today concerning our youth. It was so well received that bro. Zraly suggested this letter be sent to the American Sokol and Sokol Times for publication.

Sokol Little Ferry—Bros. Capek and Janakis and sis. A. Benda are to be commended for their efforts in the instruction of gym classes. A sum of \$1,300 was raised for the traveling fund.

Sokolice Little Ferry—A training period had been held at Sokol Little Ferry. A one week training period will be conducted at Sokol Little Ferry this summer.

Sokol Newark—They were not the sole owners of the Sokol Hall which has been sold. Their share is only one seventh.

Sokol New York—The Sokol Hall is being renovated by three volunteers. Will try to build up the business. A Czech school will once again be conducted at Sokol Camp in East Haddam under the direction of sis. Provaznik. Czech children between the ages of 7 to 15 will be accepted. The rules of order had been printed for the officers. Ten new members had been accepted.

Sokol Washington—Installed 40 new members. A building on Park Road will be available to hold meetings. The wreath laying ceremonies at Arlington will be held on May 24th after which a picnic will be held at Palisades Park.

The lack of instructors has proven to be the greatest handicap of all units of the Eastern District.

Immediately after the convention, by-laws should be printed as adopted by the convention.

All unit by-laws should be governed by the ASO. by-laws.

Best wishes were sent to bro. Ed Stetka for a speedy recovery.

May 18, 1970

Check of \$50.00 from Sokol Washington in regards to reimbursement of student who attended Sokol Course in 1969.

Check of \$25.00 from Sokol Belcamp for sale of chance books. Ask that we send another 25 books.

Newsletters from Sokols New York, Chicago and Nebraska.

Bro. Zraly printed and distributed the article, "Sokol Situation," as written by bro. Frank Novak of Sokol Belcamp.

Report of Director of Men—Attended exhibitions of Sokols Fuegoer and Little Ferry.

Report of Director of Women—Attended exhibitions of units. Requests units to send her the names of those who are planning to attend Sokol Courses.

Sis. Provaznik regrets inability to attend Convention in Cleveland since she will be hospitalized at that time in Albany Hospital, New York. The best of luck for a speedy recovery.

Sokolice Little Ferry—Unit has been active socially. Have started a drive for funds. Sis. Audrey Benda will conduct a one week course at Sokol Little Ferry in July.

Sokol Little Ferry—The men's division will pay the expenses of sis. Audrey Benda to attend the school being conducted by sis. Mildred Prchal at Barryville, New York.

* * *

NORTHEASTERN DISTRICT

March 25, 1970

25 delegates present.

Brother Pekar called the meeting to order at 8:55 P.M. The delegates pledged allegiance to the flag.

Sister Jirousek read the minutes from the February meeting. Minutes of the February, 1970 meeting accepted as read.

Bro. Pekar represented the Northeast District at the Yugoslav Sokol banquet and he also attended Sokol Detroit's winter gymnasticale.

Letter regarding BOI. Scholarship awards given to BOI. for disposal. ASO. suggests that the District officers visit Sokol Rip to help resolve problems. Bro. Pekar and the Presidents of each of the Cleveland units will visit Sokol Rip.

REPORT FROM UNITS:

Sokol Detroit—The gymnasts are now preparing for their summer exhibition, at Sandy Bottom Lake. Bro. Kovar stated that Sokol Detroit would like to host the next national ASO. convention.

Sokol Detroit Ladies Auxiliary—The unit is preparing for the celebration of Sokol Detroit Ladies Auxiliary 50th anniversary.

Sokol Nova Vlast—The fund for Peter Sykora is now \$4,200.00.

Sokol Tyrns—The sale of the hall is underway. Bro. Pekar appointed a Committee for the District Slet.

Sokol Tyrns donated bleachers to Odd Fellows Farm. The Trustees of the farm accepted the bleachers on condition that Sokol members put up the bleachers and maintain them.

Convention: Bro. Suster gave a complete report on the program of the convention, including the social events.

Sister Jirousek reported that bro. Jirousek is working with the hotel regarding arrangements for the welcome party.

The convention souvenirs, which are charm bracelets for women and money clips are now available. Bro. Suster stated that beer mugs with the Sokol emblem will also be sold.

BOI.—All units are preparing for the District Slet.

April 22, 1970

Received communication and invitation in re: Nationalities Service Center dinner. Bro. and sis. R. Jirousek will represent the Executive Committee.

Bro. Pekar reported that he attended several Slovak affairs as the official representative of the Executive Committee.

Sokol Detroit—273 persons attended the unit's luncheon.

Sokol Detroit Ladaies Auxiliary—Two new members were initiated.

Sokol Cleveland-Cech-Havlicek—Movies of the 1969 ASO. Slet in Chicago will be shown.

Sokol Nova Vlast—The winter exhibition was a financial as well as gymnastic success.

Sokol Tyrns—The sale of building is being negotiated.

BOI.—All units are preparing for the District summer Slet. On May 24 the District will hold a Workshop at Sokol Tyrns Hall. Bro. Walko of the U.S. Sokol will conduct the workshop. Boys' and Girls' competitions will be held on June 5 and the Boy's and Girl's Slet will be on June 20. The Northeastern District will participate in the course held on June 29 by the U.S. Sokol in Pennsylvania.

* * *

SOUTHERN DISTRICT

April 9, 1970

Correspondence: From the office of the American Sokol Organization a check for \$53.20 to cover traveling expenses of District Directors to conduct clinic in Corpus Christi.

From Sokol Houston—Enclosing a check for \$50.00 as the part of donation for the SPJST Rest Home and also indicating making plans to furnish a room in the new SPJST Rest Home in Needville.

Acknowledging minutes of the Executive Board of the American Sokol Organization and minutes of various Districts.

Corpus Christi—Gained two members.

Dallas—Gained 3 members. Plan to hold an Awards Dinner. Hosted volleyball tournament. Gymnasts plan to participate in Polka Festival program.

Ennis—Gained 4 members. Held Easter egg hunt for the youth. Preparing for Polka Festival; making a float, gymnastic program, pastry bake day. Ladies sewing circle donated a quilt for raffle.

Houston—Gained 6 members. Socials on Sunday. Participated in volleyball tournament in Dallas—will host a tournament.

Director of Women—Mailed out survey sheets to all units in regard to gymnasts tentative participation in the Slet competitions. Sent out information on Polka Festival program.

Director of Men—Volleyball tournament in Dallas well attended and successful, Sokol Houston placed first in the mixed team and in the women's team, Sokol Fort Worth was first in the men's team and Zizka Dallas juniors placed first.

Advanced Guard of Sokols in Miami

Gymnast members all over the globe, remember well their teachings of a strong and worthy ideal of Sokol. They came in many forms and ways, energized by men of future foresight and dreams, always interested to have a strong body, clear mind and brotherly fellowship. They tried many ways to bring forth ideals of alert minds, progressive theories of body development, along with apparatus and calisthenics. This was incorporated to bring in the masses to help stimulate and strengthen the body; but in mass there is strength. Basically their thoughts took a while to catch on, as our history tells us. When this culture took over, the end result was fantastic. Membership became a cherished special prestige.

Calisthenics, as we call them, are basic, and a way of developing our bodies. There are many ways our modern life is effected by calisthenics. All athletes do calisthenics. All athletes do calisthenics, ballet dancers use many forms, others do them to loosen up and prepare themselves.

Doctors have their heart patients do a mild form of calisthenics. They are told to do them in moderation, but they are an integral part of their recovery.

Walking is also a teaching of Sokol principles. In order to approach the basics of Sokol ideals in ways of walking, there are also ways to do them right. To walk erect, head high, breathe in fresh air, vigorous step and a determined mind.

Stroke cases are also told to exercise certain muscles in order to bring back the tone and strength that they again can function as before their attack.

Our basic Sokol teachings are as important now as then when our founders had their visions. So few are cognizant, that the Sokol body building program is needed, that all would storm the doors of gyms anywhere in the world. Those that are interested to lose weight can do it with ease through calisthenics. Our aged could help themselves with a mild form of calisthenics. Those of Sokol upbringing know this to be fact.

Of all Sokols in the world, their percentage of stiffness and arthritis is the smallest in the world. Many a doctor will tell by their examination that they that have good hearts and muscle tone have in their younger life been SOKOLS or Turners.

Sokol Miami has tried and is doing this since their inception. Under the experienced tutelage of sister Emily Welcl-Ruzicka, (a Sokol of much renown) our instructor, had vision, patience, heart and perseverance, giving these Senior Sokol citizens

some form of exercise and group therapy. They are told and taught that not only are Sokol calisthenics good for their weary bodies, it is good for their health, stiff joints and POUCHY STOMACHS. The fruit of the labors was in a joint venture at Tampa, Florida, where more than 20 senior Sokol brothers and sisters put on an exhibition of precision calisthenics. The large audience applauded very vigorously including a small group of college students, that were present, they shouted complimentary remarks. They too were surprised what senior citizens can do.

It is felt that Sokol should start a program for senior citizens, that they too can enjoy a full and fruitful life such as has been started in Sokol Miami. A class to teach and help these senior citizens in a helpful program.

The Sokol Miami program is like an all day picnic; the program starts with a class of calisthenics at 3:00 P.M., this lasts for about an hour, followed by group dancing and a songfest. Time is called, those that are thirsty can indulge in coffee and good old-fashioned Czechoslovak pastry, followed by a session of card playing. At 4:30 P.M. hot soup is enjoyed by all. Supper is served at 5:30 P.M., followed by an evening of good Sokol fellowship. Membership is growing rapidly due to visual results of group therapy. Sokol ideals and ethnic thoughts. Czechoslovak people can gather to have not only their life prolonged, they see results in their own body and mind.

Sokol Miami is preparing for their First Anniversary to be held November 14th and 15th. A banquet on Saturday and Sunday exhibitions from many visiting and local Sokols, plus gymnastic numbers.

A suggestion—if you want to see this program in progress, come out and visit sunny, friendly Sokol Miami.

Frank L. Simpach, Jr.
Vice President of Sokol Miami

Vancouver, Wash., 23. května 1970.

Bratr Stanley Barcal, starosta AOS.

Milý bratře:

Oslavili jsme 60 let trvání Sokola Portland, v Portland, Oregon, 17. května 1970.

Byl jsem jediný člen ze zakládajících přítomen, neb má manželka zemřela 20. října 1969.

Připravuji se, vzdor mému stáří 86 let, na zájezd do ČSSR, navštívit rodinu a pak chci vidět tu moji milou vlast a tu krásnou a upřímnou Valašskou Moravu, kde jsem byl narozen a obdržel sokolské vzdělání a byl členem Sokola Valašské Meziříčí — župa Palacký, roku 1900.

Po příjezdu do Pittsburgh, Pa. r. 1907 byl jsem členem tamního Sokola více jak dvě léta a pak po příjezdu do Portland, Oregon, 1910 byl jsem zakládající člen Sokola Portland, kde jsem zastával různé úřady až do dnešní doby.

Nechci vypisovat co jsem kde a kdy v sokolství udělal, neb slib, který jsem dal Sokolu Valašské Meziříčí byl a bude mojí sokolskou povinností až do mé smrti.

Hájil jsem vždy sokolské heslo — Ni zisk — Ni slávu!

Ta naše slavnost 60 let trvání Sokola Portland

byla velmi smutná pro mne, neb jsem ztratil manželku po společném žití 61 let a také jediná ze zakládajících členů Sokola Portland a velmi dobrá pracovnice v našem Sokole. Její stáří 87 let.

Bratře Barcal, velmi by mne těšilo, kdybych mohl obdržet 60 let sokolský odznak od Americké Obce Sokolské, abych mohl dokázat v mém rodišti, že jsem učiněný slib roku 1900 Sokolu Valašské Meziříčí udržel čestně.

Doufám, že zájezd do Československa a lázní v Luhačovicích mne vzpruží tělesně a duševně. Přěji mnoho zdaru k příštím sokolskému sjezdu.

Se sokolským pozdravem,

Karel Wirostek.

Poznámka:—Po úmrtí manželky odstěhoval jsem se do apartamentu starých penzistů ve Vancouver, Washington.



Sokol West Suburban was proud to present to eighteen of its members a ten year pin for loyal service and to mark its tenth birthday. Honorary guests at the dinner held to present these pins were: Bro. Joseph Drnec and bro. and sis. Ed and Ann Halik. Bro. Halik awarded the pins and wished continued success for their Unit. All the present officers were recipients of a pin. Those officers are: Sister Georgianna Kral, President; sister Caroline Dunovsky, Vice-President; sister Barbara Donda, Secretary, and sister Lillian Jindra, Treasurer.

Josephine Pivonka

Funeral services for Josephine Pivonka, 81, who passed away Sunday, May 17, at the Wilber Nursing Home, were held Tuesday, May 19, at 2 P.M. from the Zajicek Funeral Home.

Born on a farm near Wilber on March 17, 1889, she was the daughter of Joseph and Mary Wit Javorsky. She was united in marriage to Adolph Pivonka on June 10, 1919. They made their home on a farm south of Wilber until 1929 when they moved to Wilber.

She is survived by one son, one stepson, one brother, four sisters and four grandchildren.

She was preceded in death by her parents, her husband, one brother and two stepsons.

She was a member of the ZCBJ. Lodge No. 70 of Wilber and a faithful member of Sokol Wilber for a long time. Before she became ill she was always willing to help out where she was needed. Our good workers are dwindling away one by one . . . too fast.

Services were conducted by Rev. Robert Hopkins and Mrs. John Ripa for ZCBJ Lodge No. 70 of Wilber with a song service by Milo Chaloupka, accompanied by Mrs. Bernard Klasek.

Burial was in the Bohemian Slavonian Cemetery near Wilber.

On behalf of Sokol Wilber I extend our deepest sympathy to the Pivonka family on the passing of their mother and Sokol Wilber's faithful member.

Georgia Ripa, Secy., Sokol Wilber

Josephine Taborsky

Eulogy by Sylvia Peifer, President of Sokolice Baltimore, Md.

Our Sokol family has been saddened by the death of our oldest member, sister Josephine Taborsky. She had achieved honorary membership for she had been a Sokolice for more than 60 years. Thus far—a short simple obituary, but what a sense of loss those few words evoke.

As a young mother and the wife of Albert, who preceded her in death, she devoted her life to the rearing of her family, thus freeing her beloved husband to carry out his Sokol duties. Her greatest pride was the fact that hers was a truly representative family raised in the Sokol tradition.

Sister Taborsky never sought honor or praise, but in her quiet unassuming manner, preferred remaining in the background. She was, however, an important part of the cultural aspect of Sokol work. She served for many years as recording secretary and corresponding secretary, making many contributions to the Sokol periodical.

It is unfortunate that the last years of her life could not be spent in the circle of the family she loved. We, of her Sokol family, are grateful to the surviving sons for making her as comfortable as possible during this period.

The loss of a mother is perhaps the greatest sadness we are asked to bear, and we extend heartfelt sympathy to the surviving family, but we know how they will be comforted in the knowledge that

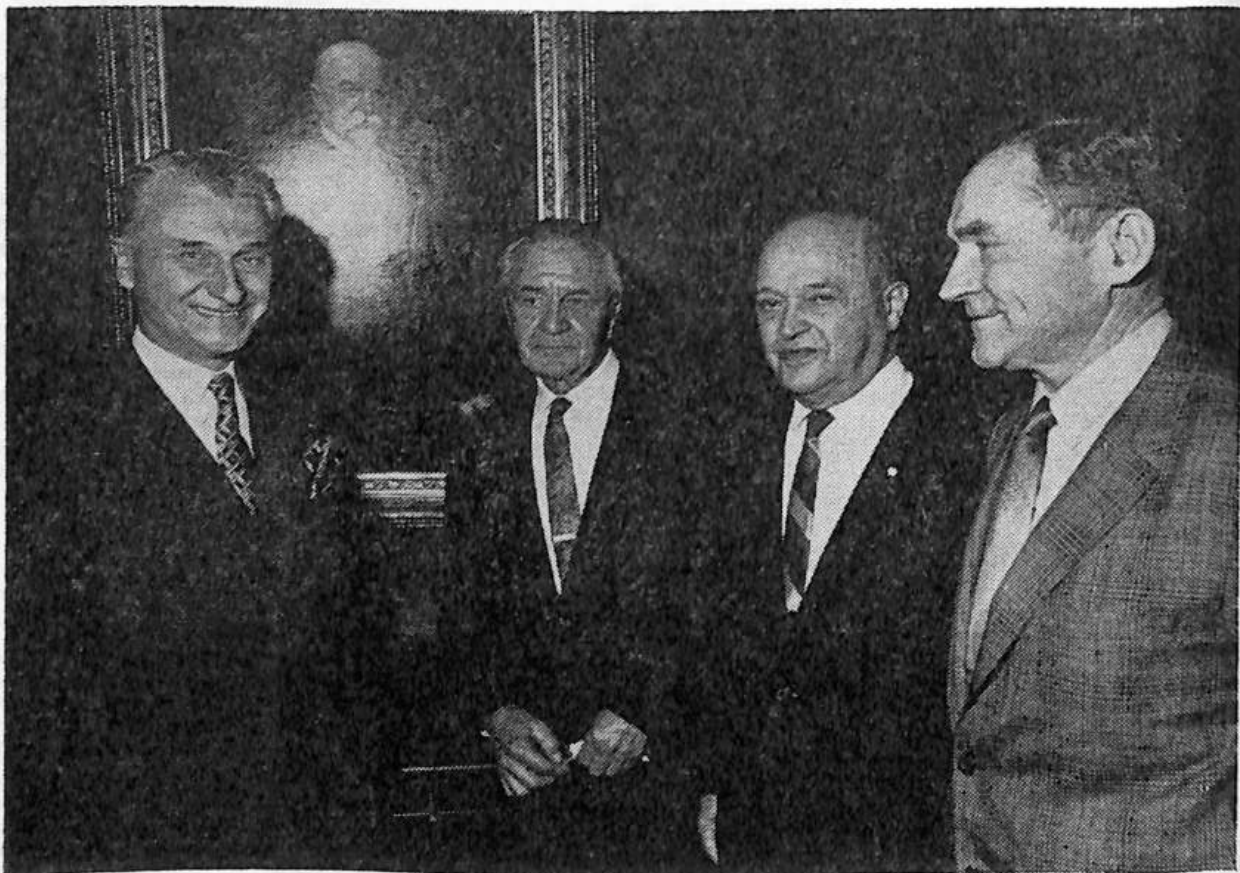
they contributed a great deal to her well-being. She molded their destiny, guided their steps, taught them rudiments of physical and moral well-being, but if it were possible for her to speak she would answer that she had been repaid the great debt owed to her loving care and guidance.

A great man once wrote in his memoirs. "The future destiny of the child is always the work of

the mother," and this is evident in the Taborsky family.

Parting from her is a sorrowful experience, but though she has lost her physical life, she will live on by the examples she has set for us to follow. Those of us who had the good fortune to know her will return to her often in our memories.

May she rest in peace.



13. dubna 1970 daroval továrník, br. Tomáš Bat'a z Toronta, Ontario, Kanada, universitě Chicago obraz Tomáše G. Masaryka, který je krásným dílem akademického malíře Otto Peterse. Na našem obrázku jsou, od leva, průmyslník a lidumil Tomáš Bat'a, předseda správní rady vydavatelstva deníku Hlasatel Frank Malý, br. Karel M. Prchal a starosta ASO. br. Stanley Barcal, kteří byli přítomni důstojného obřadu předání uměleckého díla.

New Czech Radio Program in Cleveland, Ohio

Thursday evenings — 8:00 P.M. to 9:00 P.M. — Radio Station WZAK-FM — 93.1 on your dial. Vaclav Hyvnar in Czech and Joe Kocab in English, both members of Sokol Tyrs.

Other Cleveland Czech and Slovak programs:

Saturday—1:30 p.m. Jerry Bukac, WXEN-FM (106.5 meg.).

Sunday—10:30 a.m. Zdenek and Evelyn Prazak,

both members of Sokol Nova Vlast, WERE-AM (1300).

Sunday—8:30-9:00 a.m. Jos. Pales Slovak Show, WDOK-FM (102).

Sunday—11:00 a.m. Slovak Radio Program, WERE (1300)

Tuesday—9:00-10:00 p.m. Slovak Radio Club, WZAK-FM.

Thursday—9:00 p.m. Slovak Voice of Cleveland, Alex Mikula, member of Sokol Tyrs, WZAK-FM.

Monday thru Friday—Mike Beno's Slovak Program, 12:00 noon, WXEN-FM.

Pozdě, páni stavové!

Vzpomeňme dnes data památného: 1. června 1618 vypovězení Jesuité z Čech. Stojí za vzpomínku dekret pánů direktorů: "Poněvač všem vědomé jest, že jsou oni, jako i všechna škola jejich jezuitská království Českému dosavad k znamenité škodě byli a praktikami svými stavům téhož království všeli-jaké ouklady strojili, skrze to s pomocníky svými v témž království řád, právo, svobody zemské, obecný pokoj rušili a mnoha zlého původové a příčina byli, což všichni tři páni stavové do týchž jezuitů sobě stěžují; poněvač by tedy rádi, co na nich jest, ráčili to chtítí s dostatkem opatřiti, aby království České i budoucně pod št'astným J. M. Císařské jakožto krále Českého kralováním před dalším nebezpečenstvím v pokoji zůstávati mohlo: protož že ráci na místě všech tří stavův království Českého pod obojí podle moci sobě dané a společného stavův snesení je i všechny jiné jezuitu, kdež se ti koli v témž království Českém zdržují, z téhož království nyní i na časy budoucí a věčné vypovídati a přísně jim poroučeti, aby hned a to nejdéle od dnešního dne v témž dni pořad sběhlém, totiž do pátku po seslání Ducha svatého na apoštolu, z téhož království jinam společně se odebrali a také jiným jezuitům, kdež ti koli v témž království jsou a se zdržují o tom, že se ze země vypoví-dají, ano i jim se poroučí, aby se tolikéž v jmeno-vaný den z království Českého vystěhovali a odebrali a na věčnost se do něho nenavraceli, znáti dali."

Trochu šroubované, ale jinak tak jádrné, že O. O. z Tovaryšstva Ježíšova (odpusť Místře!) porozumě-li ku podivu rychle. Dne 8. června po třetí hodině na noc vytáhli z měst Pražských procesím za černým křížem, aby se "na věčnost" do nich nevrátili. Vidím ty tváře pergamenové, jak úsměškem jedo-vatým se stáhly, čtouce ten příkaz strohý "na věč-nost" — to jim, kteří vše tak pěkně měli připra-veno, kteří tak důmyslně položili základy kyklop-ské v době, kdy vyznavači evangelia svěřili se o puntíček na i! A těm vzácným pánům stavům bez rozdílu pořadí byl nađe všecko břich, zatím co při-vrženci Říma vedením jesuitů pracovali do úmo-ru. . . A tak ta věčnost netrvala déle čtyř let, již 14. listopadu 1622 uvázali se Jesuité v řízení uni-versity Pražské, z níž jsou nekatolíci vypuzeni.

K čímu velkému vzchopili se páni stavové, ale bylo již pozdě a nebylo mravní síly u nich, dokud byl čas. Vzácný projev úžasné síly duševní na po-pravišti staroměstském očistil sice památku mu-chedníků pobělohorských, ale pomoci více nedovedl — bylo pozdě, pozdě . . . V.

Do řad krajanů.

Z dnešního řádného sjezdu Československé ná-rodní rady americké se znovu obracíme na vás na všechny, kteří jste již po řadu desetiletí nesli tíži úkolů naší Rady i na vás na všechny, kteří jste až nyní přišli mezi nás a rozmnožili naše řady národ-ních pracovníků.

Celý americký život je terčem zvýšené rozkladné činnosti, pramenící z komunistických zdrojů.

Naše krajská veřejnost ztrácí na své bývalé soudržnosti a průbojnosti.

Americká vláda ochabuje ve svém odporu proti

komunismu a stále vyhledává možnosti smířovaček se Sovětským svazem.

Vlast našich otců prožívá dobu obnoveného sta-linismu, často zdánlivě beznadějnější, než byl stali-nismus původní.

To vše je nám jasno.

Není to však důvodem, abychom všeli hlavu, abychom ztráceli naději či se vzdávali své práce.

Vždyť ani T. G. Masaryk, ač byl všeobecně uzná-vaným představitelem úsilí za osvobození Čechů, Slováků a Podkarpatských Rusinů, se nedopracoval u západních vlád skutečného úspěchu dříve, než těsně před koncem první světové války.

Právě v této době, kdy tolik našich vlastních lidí klesá na mysli, musíme zdvojnásobit svoji práci, musíme udržet víru ve svůj národ a naději na jeho lepší budoucnost.

Vyzýváme vás všechny ku spolupráci s Česko-slovenskou národní radou americkou, abychom spo-lu udrželi svoji americkou svobodu a dočkali se brzy obnovení svobody svých bratří a sester v Československu.

(Ze sjezdu ČSNRA v Chicagu, dne 12. dubna 1970.)

Congressional Salaries in 1789 and Today

On September 22, 1789, 180 years ago, the first Congress voted its members a salary. This first Congress decided that representing the people of the United States was only a part-time job. They gave themselves six dollars a day per member for each day Congress was in session, plus travel expenses. Those days are long since past. In the last 25 years the salaries of U.S. Senators and Representatives have been increased four times. In 1945 they were raised to \$15,000 a year; in 1955 to \$22,000; in 1965 to \$30,000; and in January 1969 to \$42,000. In addition members of Congress are given a tax-free allowance for office expenses and one round-trip home each Congressional session. They must pay taxes, of course, like everyone else. Despite these several increases, present Congressional salaries are probably more commensurate with the responsibilities carried by the nation's legislators.

The reason I know I'll never be rich is that my wife thinks we have to create the impression that we already are.

Have you ever noticed that usually the first screw that gets loose in a person's head is the one that controls the tongue.

The sale of tickets for the 1972 Olympic Games will be opened in the autumn of 1970. They will at first be issued in the form of vouchers which may be exchanged for admission tickets in January, 1972.

Moje paměti.

Kdokolí po letech náhodou divnou
poznámky tyto číst bude,
na trůn si nesedni kritiky kruté
— vždyť to jen pomněnky chudé.

Kdo jsem byl? Průměrný člověk jen český,
prostřední schopnost má byla,
prostřední vědění, průměrná snaha,
prostřední pracovní síla.

Prostřední cvičenec, průměrný chodec,
životem krácel jsem tiše,
jako bych do toho nepatřil světa
ve snů jsem zalétal říše.

Nesmělou písničku pískal jsem cestou,
jak z hnízda vypadlé droždě,
život mne útrap sic ušetřil vlídně,
v požitku ved' mne však pozdě.

Šťasten jsem přece a spokojen skoro:
Dostí můj průměrný Osud
práce mi dává a ta je mi štěstím —
hoj, nejsem zbytečným dosud!

Kritika a sebekritika.

Za dávných dob měli na vědy privilej jen určité stavy nebo jednotlivci z vyšších stavů. Lid byl ze vzdělání vyloučen a ženy obzvláště. Proto se podřizovali rádi těm, kteří mnoho věděli. Časem však vzdělání zevšeobecnělo a protože bylo mnoha lidem vzácným, že také leckomu rozumějí, snažili se to ukázat, vytýkajíce chyby druhým.

Jest jen na prospěch práci, kultuře, ideám, když všichni všechno sledují a naštědše chybu, upozorní na ni. Bez kritiky by leckterý pracovník či pracovnice opojení úspěchem ztratili měřítko, čím věci prospívají, čím snad škodí, nebo co z jejich činnosti dalo by se zaříditi lépe. Ovšem tento dobrý význam má výhradně kritika věcná, spravedlivá, podložená snahou věci prospěti a k zlepšení i vlastní práci přispěti.

Není uměním kritisovati a stát mimo práci. To doveď každý. Není k tomu třeba ničeho víc než pozorování a to nečinný může snad přesně prováděti. Umění jest málo kritisovati a když je nutno říci svůj úsudek, říci jej v pravý čas, pravým způsobem a tónem, po bedlivě úvaze a vyloučení všeho osobního, podepřítí jej věcnými, přesvědčivými důvody a — to by mělo býti nerozlučnou částí sokolské kritiky: současně promyšlené a přesně navrhnouti způsob zlepšení a nabídnouti svou spolupráci tomu, jehož dílo kritisujeme. Nedovedeme-li dvoji poslední, ponechme kritiku povolanejším. Nesmíme mysliti, že ustavičné vytýkání chyb je důkazem odborné znalosti. Naopak, právě kdo mnoho umí a mnohému rozumí, hledá a nalézá vždy nejdříve dobré stránky, přiznává je, už proto, aby kdo pracuje byl předem odškodněn za to nemilé, co budeme musiti říci potom o slabých stránkách práce, a též z prosté spravedlnosti, aby jak dobré, tak špatné bylo přiznáno.

Vůbec si zvykněme raději pracovati než mluvit o práci druhých. Az sami zkusíme vykonati to, co jiní, teprve poznáme, že to i s těmi chybami bylo přec jen kusem práce a že mnohdy sami toho ani tak nedokážeme. Za to sebe kritisujeme nemilosrdně

a nepřehlédněme ani ne-menší své chyby, dobrých svých stránek téměř nevidouce! Sebekritika! Ta je ještě mnohem nesnadnější než kritika druhých. Člověk sám sobě vždy rád odpouští, ale musí, chce-li ve světě mnoho vykonati a celkem dobře vykonati, musí se naučit býti k sobě neúprosným. Vadí tomu hlavně, že neumíme sebe pozorovati tak nestranně, bychom si uvědomili své vady. Neumíme srovnávati své chování a jednání s chováním a jednáním druhých lidí, těch zvláště, kteří se nám líbí a těch, kteří budí naše antipatie. Kdybychom byli lepšími pozorovateli, poznali bychom, jak mnohé, co se třpytí, není zlato, ale též, jak mnohé, co nás první chvíli odpuzuje, po dobrém uvážení a rozboru jeví se mnohem lepším. Dobře-li vše vypořádujete a uvážíte, naleznete ze sta lidí sotva jednu osobu, která by celkovou svou prací a bytostí zaslouhovala odsouzení. Naleznete tolik dobrého, milého a krásného na lidech, na každém něco, že nebudete věděti, v čem dříve se podle nich řídit a zdokonalovati.

Otevře se vám tolik práce na svém ubohém "já", že nezbude vám času hledat chyby na jiných.

Stůjme v slovu!

Slovo dělá muže! je životní pravidlo z dob, kdy všechnu mravní dokonalost a silu měl vyhrazeno muž, ponechávaje ženě jen chyby a slabosti. Dnes bychom si přáli, aby bylo obměněno: Slovo dělá člověka! Ovšem v tom smyslu, že člověkem rozumíme ušlechtilou úctyhodnou bytost, jakou přejeme si mítí nejen muže, ale stejně i ženu.

Je tak krásné, když nalezneme člověka — at' to muž nebo žena — na něhož se vždy ve všem můžeme spolehnouti. Cítíme se bezpečnými a pevnými s ním, práce se daří, cokoli se určí, aspoň z největší části dojde provedení.

Řeč, slovo, je výraz našeho nitra, šat našich myšlenek. Bohužel stala se řeč mnohým lidem čímsi co duchaprázdňě plní život o nic cenněji než skřípot pera provázející psaní. A přece, jak by vše jinak vypadalo, kdybychom si byli vědomi, že každé naše slovo je jednou podobiznou naší duše. Podle toho, jak sami své slovo ceníme, cení druzí celou naši vnitřní bytost. Kdo plýtvá slovy, sliby svými, ten rozmrhává i svou duši.

Některým výchova v dětství, spolehlivost jejich rodičů dala základ krásné vlastnosti: vše splniti, co jsem slíbil; jiná silou vlastního ducha, pevností vůle sami se vchovali k takovému jednání. Ti méně šťastní, jimiž ani rodina ani povaha snad lehkomyslnější nedaly dojíti v dětství aspoň na pěšinku k cíli tomuto vedoucí, ti musí se podvoliti klopotné cestě pozdějšího výcviku. Stačí uvědomiti si, že vše co označíme jako svůj budoucí čin, je slibem a že charakterní člověk plní daný slib, at' byl dán komukoli, at' okolnosti ztěžují provedení až do nemožnosti, at' je věc důležitá nebo bezvýznamná.

Slíbme si však vždy jen to, co splniti můžeme, neukládejme si hned příliš mnoho, aby se nám pak nestalo, že bychom nespĺnili ničeho. Za nespĺnitelné nepovažujeme, čemu jakés překážky v cestu stojí, dané slovo musíme uměti splniti i přes překážky. Tím sladší je pak pocit vykonané povinnosti, když stálo její provedení větší námahu.

Na lidi líknavé se neodvoláváme a vidíme-li kol sebe, že neplní, co slíbili, právě se snažme státí se příkladem spolehlivých lidí, jimž dané solvo je svatým.

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Some people have to be out on a limb before they'll turn over a new leaf.

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Wisdom in a poor man is a diamond set in lead.

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St. Paul Sokol News

On Saturday, May 9th, our gym classes ended with a Dinner and Class program. Both dinner and program were well attended. The dinner was planned by our very capable cook Hattie Fisher and she received a helping hand from our ever faithful Sokol ladies from early morning till late at night. It was very delicious, Hattie!

The tables were decorated beautifully with artificial flowers made by Verna Verner. There were table favors and many door prizes donated by several banks and merchants. The theme of the program was western—"Paint Your Wagon." Each class teacher planned her program. It was all very well done.

It was very interesting and rewarding to see that our Sokol can still command discipline in our classes without difficulty, all due to excellent Sokol training on the teacher's part.

At this time I would like to thank the teachers, the Women's Director Lorraine Vanyo, Men's Director Robert Bastyr and their assistants for a job well done!

Our Sokol meetings have been well attended. Meeting program chairman Shirl Verner and Ron Andrlé plan to have the May Sokol meeting at Fort Snelling park picnic grounds.

At the April meeting a very interesting movie was shown on mouth to mouth resuscitation for all emergencies.

St. Paul Sokol is planning to attend and par-

ticipate in the Western District Slet June 13th and 14th at Cedar Rapids, Iowa. It will be very enjoyable to renew Sokol acquaintances. We are all looking forward to seeing our Western District Sokols.

At this time we all wish bro. Albert Smolik a speedy recovery from his eye operation. Brother Smolik is one of our oldest Sokol members in St. Paul and has always given us a helping hand in Sokol work. Get well soon! — Nazdar!

Lucille N. Pavlicek, President

Rakouský spolkový kancléř dr. Kreisky proti každé okupaci

Předseda Socialistické strany dr. Bruno Kreisky přijal zástupce demonstrantů pro mír ve Vietnamu. Tito protestovali proti způsobu, jakým rakouský rozhlas a televize přináší zprávy o událostech v Jihovýchodní Asii. A dr. Kreisky zástupcům demonstrantů odpověděl:

"Jako předseda Rakouské socialistické strany jsem pro právo na svobodu pro každý národ. To mne však vede k otázce, proč demonstranti nepožadují také odchod sovětských vojsk z Československa a východního Německa. Právo národů na svobodu a samostatnost, které zastávají sociální demokraté, musí platit pro všechny: cizí vojska by měla opustit všechny země, kde jsou nevitána. Musí být jasně odmítnuta cizí vojenská intervence v kterékoliv zemi."

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