

AMERICAN SOKOL

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Educational and Physical Culture Organization

GEORGE HERINK

SOKOL YOUTH — LIFE-BLOOD OF THE FUTURE

In many instances, through absorption or honest oversight, the Sokols have been more or less guilty of indifference to the role the young people play in shaping the destinies of the future. Possibly we've been a little too complacent, too lethargic in directing energies towards this end.

The Future Sokol Leaders program is a fundamental step in the right direction, however only a partial solution, for it is equally important we not only attract, but retain all of these young gymnasts and infuse within them a spark of responsibility towards the Sokol.

It is paramount these youngsters who have been trained and nurtured from childhood, through their junior years, remain faithful as they mature into young adulthood.

There is a desperate need for the young to take over the administrative reins and committee responsibilities.

Experience reaps bountiful benefits—a world of knowledge at the beckoning—a priceless education in all facets of life—a sustenance in latter-day endeavor.

It stands to reason, in order to prosper and grow it is most necessary there be a constant influx of new members to keep pace with the loss due to deaths, apathy and general unconcern. Any group would soon falter—the Sokols being no exception.

New blood brings new strength, energy, fresh ideas—so vital for the well-being. There is requisite for exchange of ideas between young and old—an ideal situation if properly applied—ignored and neglected—interest will wither on the vine.

In the noble history of the Sokol, greatest heights were achieved with brilliant, dynamic, energetic youth—guided, tutored along the path by many many devoted, competent and progressive leaders.

Therefore it behooves us to revitalize our every effort—specifically the greatest requirement is youth.

With due respect to all the dedicated Sokols of the past and present, if we are to continue teaching the ideology of our illustrious founders—Tyrs and Fuegner—the burden will eventually fall upon the shoulders of our young people—the life-blood of the future.

AMERICAN SOKOL



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Calendar of Events

FEB. 6th—SOKOL WEST SUBURBAN, Downers
Grove, Ill. — Valentine Dance, 9 p.m.
FEB. 6th—SOKOL WASHINGTON, D. C.
Šibřinky.
FEB. 6th—SOKOL ST. LOUIS, MO.
Barn Dance.
FEB. 6th—SOKOL ST. PAUL, MINN. — Sibrinky
at the C.S.P.S. Hall. Music by "Bill Bartusek
Band."
FEB. 7th—CLEVELAND SOKOLS, COMBINED
WINTER EXHIBITION. — Cuyahoga Commu-
nity College.
FEB. 7th—SOKOL TABOR, BERWYN, ILL.
Bohemian American Concertina Band, 2 p.m.
FEB. 7th—SOKOL DETROIT, MICHIGAN.
Teen Club Pancake Breakfast.
FEB. 10th—SOKOL BROOKFIELD, ILLINOIS.
Valentine Smorgasbord Luncheon.

FEB. 13th—SOKOL BALTIMORE, MARYLAND.
Šibřinky.
FEB. 14th—SOKOL DETROIT, MICHIGAN.
Valentine Day Dance.
FEB. 14th—SOKOL MILWAUKEE, WISCONSIN.
Annual Jaternice and Pork Dinner.
FEB. 14th—SOKOL SLAVSKY, CICERO, ILL.
Spaghetti Dinner.
FEB. 14th—SOKOL MILWAUKEE, WISCONSIN.
Annual Jaternice and Pork Dinner.
FEB. 19th—SOKOL DETROIT, MICHIGAN.
Joint Meeting.
FEB. 20th—SOKOL TOWN OF LAKE, CHICAGO,
ILL. — Townites Annual Masquerade Dance,
CSA Peacock Room, Cicero, Ill. 8:30 p.m.
FEB. 27th—SOKOL HAVLICEK-TYRS, CHICAGO,
ILL. — Annual Masquerade Dance.
FEB. 27th—SOKOL & SOKOLICE SO. OMAHA.
Annual Večirek. — Members only.
MAR. 6th—SOKOL BROOKFIELD, ILLINOIS.
Annual Gymnastic Exhibition.
MAR. 13th—SOKOL TABOR, BERWYN, ILL.
Annual Gymnastic Exhibition.
MAR. 14th—SOKOL STICKNEY, ILLINOIS.
Corned Beef and Cabbage Dinner, 12-5 p.m.
MAR. 20th—SOKOL BALTIMORE, MARYLAND.
Dozvuky.
MAR. 21st—SOKOL SLAVSKY, CICERO, ILL.
Annual Gymnastic Exhibition, Cicero Stadium.
MARCH 27th—SOKOL BERWYN, ILLINOIS.
Annual Gymnastic Exhibition.
MAR. 31st—SOKOLICE HAVLICEK-TYRS, CHI-
CAGO, ILL. — Luncheon and table games.
APR. 17th—SOKOL STICKNEY, ILLINOIS.
Annual Gymnastic Exhibition, Morton West High
School, 7 p.m.
APR. 17th—SOKOL BROOKFIELD, ILLINOIS.
Chicken Dinner.
APR. 18th—SOKOL HAVLICEK-TYRS, CHICAGO,
Ill. — Annual Gymnastic Exhibition.
APR. 24th—SOKOL STICKNEY, ILLINOIS.
Pork Dinner, 12-5 p.m.
MAY 2nd—SOKOL WEST SUBURBAN, Downers
Grove, Ill. — Annual Gymnastic Exhibition.
MAY 14th—SOKOL MILWAUKEE, WISCONSIN.
Interclass Gym Meet.
MAY 15th—SOKOL MILWAUKEE, WISCONSIN.
Interclass Track Meet — Lake Front.
MAY 16th—SOKOL HAVLICEK-TYRS, CHICAGO,
ILL. — Pork Dinner.
MAY 21st—SOKOL BROOKFIELD, ILLINOIS.
Card and Bunco Party.
MAY 23rd—SOKOL MILWAUKEE, WISCONSIN.
Annual Gymnastic Exhibition.
JUNE 10th—SOKOLICE HAVLICEK-TYRS, CHI-
CAGO, ILL. — Smorgasbord Luncheon.
JUNE 13th—CENTRAL DISTRICT — ANNUAL
GYMNASTIC EXHIBITION.

TAKE TIME TO

LIVE—that is what time is for.
WORK—it is the price of success.
PLAY—it is the fountain of health and wisdom.
BE FRIENDLY—it is the road to happiness.
LAUGH—it is the music of the soul.

AMERICAN SOKOL

VĚSTNÍK AMERICKÉ OBCE SOKOLSKÉ

Ročník—Vol. XCII.

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SOKOL EDITORS: AN INTRODUCTION AND A FAREWELL

The retirement of bro. Charles Prchal as editor of the American Sokol publication creates a great void in the hearts of Sokols everywhere.

His inspirational editorials and numerous essays will be sorely missed by all who cherish their Czech heritage.

Having served 31 years as President of the Sokol; being associated with the Sokol Organ some 50 years is truly a remarkable achievement. Few people in life have shown such devotion to a cause.

Bro. Prchal devoted an entire lifetime preaching the philosophy of Tyrs—"A man perfect physically, mentally and morally—a patriot ready to the call of his country, ever ready to draw a sword in defense of Democracy, Liberty and Humanity"—the basic principles upon which the Sokol movement was founded.

Following in the footsteps of a man of such great stature is comparable to treading along the path of some literary giant.

With deep reverence I recall other great names—Cermak, Kosar, Jelinek, Welcl—men who had passed on to the Great Beyond—truly legends in the annals of Sokol-dom.

But like the ever changing ocean tides, time never remains constant. Life carries on anew. New faces appear upon the horizon carrying the torch of those who had preceded.

In the last decade or so the nation has witnessed a radical change in times—civil unrest, uprisings on our campuses, changing neighborhoods, etc. The Sokols like all other organizations have been affected—encountering problems never envisioned by the founding fathers.

It is in an ensuing atmosphere that your officers have prevailed upon me to assume editorship of the American Sokol.

With a deep sense of humility, I am honored with the entrusted confidence—fully realizing the tremendous task ahead.

I pledge my utmost to continue on in the tradition of my great predecessors—pleading, admonishing, exhorting—on to greater effort.

With your patience, trust and cooperation I am confident all future objectives can be attained. — Nazdar!

GEORGE HERINK

CHARLES M. PRCHAL, HONORARY PRESIDENT, AMERICAN SOKOL ORGANIZATION

January 20, 1971, will mark the 75th milestone in the life of bro. Charles Prchal. His was a life filled with devotion and untiring effort in behalf of our cherished Sokol ideals.

Bro. Prchal was born in Golčov Jenikov, Czechoslovakia, in 1896, where he attended both, elementary and secondary schools. The Prchal family moved to our shores during the year 1911.

He continued his education here, attending night school classes and several specialized correspond-

ence courses. His chosen profession became architecture, being employed by the Western Electric Co. from 1918 until his retirement a few years ago.

His Sokol interests began at the early age of six, attending classes and in competition as a youngster. Upon arrival to the United States he became active at Sokol Havlicek-Tyrs in Chicago, where he held many offices during his years of membership in that unit.

In 1930 bro. Prchal transferred to Sokol Taber in Berwyn, Ill., again becoming involved, where he is still a member to this day.

He was elected President of the American Sokol Organization in 1934, although his membership and experience on the Executive Board dated back to 1920. During his over 31 years of presidency he authored many articles, made countless addresses, was most active in Sokol educational work. He visited all the Sokol units in America, on many occasions representing the Sokol in Canada and Europe. He was chairman of the Slet excursion to Prague in 1938.

In addition to his Sokol endeavors he held office in the Czechoslovak National Council from 1938-50.

As a result of his activism in behalf of Sokol and the entire Czech community in America he was made an honorary member in almost all the Sokol units, including Sokol Praha, first unit founded by Tyrs and Fuegner.

At the 1965 convention in Chicago bro. Prchal declined to again assume office of President, but acceded to becoming editor of the American Sokol and served in that capacity through 1970.

Some of the organizations in which he is associated are: Czechoslovak Singing Society "Lyra", C.S.A. male chorus, Western Bohemian Fraternal Association, Bohemian National Cemetery, Svoboda Obec, Czechoslovak Engineers, Association for Czech and Slovak Studies at the University of Chicago, and others.

The Executive Board of the American Sokol Organization and our entire Sokol family along with the Czech and Slovak community in America wish to congratulate you, bro. Prchal, on your 75th birthday. Our wish is your continued good health and happiness in years ahead.

Sokol Baltimore

Every member of Sokol Baltimore can be very proud of the accomplishments in the long 98 year history of our Unit. However, we must not and cannot sit back and repose in a circumscribed self-satisfaction, but rather we must continually plan ahead; we must analyze each event that is conducted and constantly strive for improvement. It is very important to plan for the future and to set certain goals to attain, which can be used as a yardstick to determine if our entire program has been a success or a failure. To embark into a new season without any plans shows an absolute lack of proper organization.

The axiom, "Where there is activity, there is life," suggests that we must increase our activities in order to attract more persons into our ranks, as an average individual will readily apply for admission to an organization which is full of action.

We must set two important goals to be attained by our 100th anniversary. First, we must double our membership and, second, we must be on the threshold of constructing a new Sokol gym.

The founder of SOKOL, Dr. Miroslav Tyrs, wrote: **WHAT WE INTEND AND WANT WILL NEVER BECOME A REALITY UNTIL WE JOIN THE RANKS OF THOSE WHO REACH FOR A GOAL SO LOFTY, THAT THEY CANNOT BE HELD BACK FROM HASTENING**

AFTER THE SLOGAN OF SLOGANS — FORWARD AND ONWARD.

The Sokol system does not train persons to have strong arms but weak legs. Rather, it concentrates upon exercises for all parts of the body; its purpose is to bring up men and women with strong and beautiful bodies and alert and clean minds. In other words, the Sokol system was formed to help young people to grow up to be good citizens with strong and healthy bodies and minds.

We must understand strength, not as the coarse strength of muscles, but the strength of the entire body, together with moral strength.

Strength facilitates a person in his struggles during life, offers him joy, eases his conscience and permits the ready development of his intellectual powers.

Every member of SOKOL may have the deepest belief in the principles of the SOKOL organization, pay his dues regularly and wear the SOKOL emblem with pride. Yet, if he or she does not attend meetings, at least occasionally, he or she will not enjoy a full SOKOL life.

Going to a SOKOL meeting should not be viewed as merely a duty or as an interruption in a busy life. Rather, it may well be considered as a delightful and rewarding experience. When a brother or sister attends a meeting he or she can depend upon a cordial, sincere welcome and be made to feel that, truly, there is where he/she belongs. Observing the dedicated members carrying on in the work will be most gratifying, and any brother or sister, whether or not he/she is active, can, by his/her very presence, justly feel that he/she, too, is an integral part of the proceedings.

Sokol Baltimore "Topix"

"It Could Never Happen To Us"

Individuals or groups are not immune to outside influences of the social change generated as a part of the evolution of man.

Preserving "the impeccable" standards of the past would construct a Chinese Wall of isolation and abolishing the past would lead to destruction.

What happened? Where did we fail? Who is responsible? Can it be corrected? Will it spread and continue? Answers are difficult and painful.

Somehow one becomes tight, voices turn low, insecure, incoherent, even guilty. Suddenly people are afraid. Implications are serious. It feels as if some inexplicable shadow overcasts one's peaceful and orderly unit. Social behavior changes and society begins to suffer.

Arrogant time proudly demands its price, claims its right for existence, spits on heritage and screams loudly, "FREEDOM", "PEACE", in the land of freedom and peace, no matter what. Confused masses do not understand words as "PEACE". They have read it, heard it, pronounced it, even painted it. Yet the meaning is empty—distorted. Stubborn voices cry "FREEDOM"! And leave a trail of destruction covered with picket signs which spell "PEACE". No doubt, clever organizers working for the enemy carefully infiltrate the weakest part of our society—the youth.

Excerpt from Article by Charles Novacek, Sokol Detroit News

NINETY-SECOND YEAR

This issue marks the beginning of the 92nd year of uninterrupted publication of our Sokol journal—another milestone in a long and colorful past. It was in January, 1879, that the Sokol Americký first was published; Gustav E. Reisl being the first editor.

Presently it is known as the American Sokol, and today it still remains the oldest Sokol organ in the entire world.

In the early days many Czech publications graced the nation. All have become extinct since. Only the American Sokol continues on relentlessly after 91 eventful years, performing the traditional function—a communication, a life-line between brother and sister across this vast land of ours—quietly relating portrayal of courage, determination and effort—in extending Sokol ideals into everyday life.

Many a printed word has enriched its pages—prose, poetic, classical literature—gifted journalists and writers who gave their all—truly in the finest Tyr's time-honored tradition.

And today, the American Sokol will continue to remain steadfast, with clear and proud conscience, probing into the future—faithful to the precepts and obligations so distinctly emblazoned from the very first unveiling of the Sokol Americký in January 1879.

Sokol Miami

On November 14-15, 1970, Sokol Miami celebrated its first anniversary. To commemorate the occasion the American Sokol Organization as well as Sokol St. Louis, Mo., our oldest unit, having been organized in 1865, conducted a tour to Miami. Sokol members gather from many parts of our country. A fine banquet was prepared by the members of Sokol Miami and the guest speaker on this occasion was sis. Betty Prener, I Vice President of the American Sokol Organization. Her speech follows:

"Dear brothers, sisters, and friends of Sokol:

We are gathered here today to celebrate an event of great importance to us—yes, an event that all Sokol members can be proud of. You all know that due to world events and politics Sokol leadership has fallen to us. We all know what has happened to the Sokol organization in Czechoslovakia, an organization with 7 million members in 1948. Therefore we are fortunate that as Americans we can pass on to succeeding generations the basic principles and ideals of Dr. Miroslav Tyr's and Jindrich Fuegner. These ideals have sustained our American Sokol Organization for 105 years, and today we can proudly assert that we are an active growing organization, and this due to a program of physical fitness and constant activity. You saw a small example of this last Monday—some setting-up exercises to stimulate the appetite. But let me assure you our program encompasses much more. We conduct gymnastic Slets—on a district and national scale—our last Slet was held in Chicago in 1969 in which some of you participated not only in competition, but in the pre-Slet preparations, so necessary to the success of any venture. Also at our XI Convention held last June in Cleveland, Ohio—Sokol Miami delegates were officially welcomed and seated with delegates representing 74 units from all over the United States. This Convention, lasting three days, covered many aspects

of our Sokol activity and set the guidelines for our course in the next five years. And already a member of Sokol Miami holds a place of honor on our Executive Board—yes, your active and most energetic sis. Emily Welcl-Ruzicka—Chairman of our Organization Committee. Let me say that Sokol Miami is most fortunate to number among its members many energetic workers and I refer here to your committee who, last Monday, so efficiently served over 180 delicious dinners in approximately thirty-five minutes. This committee can come to Chicago and work with us anytime. You'll be welcomed with open arms. For it is only by combined effort and a common goal that success is attained.

And now it is my distinct pleasure to extend to the entire membership of Sokol Miami from the Executive Board of the American Sokol Organization greetings and most hearty congratulations on this your first anniversary. Happy birthday!"

On this occasion eighteen new members were initiated. Sokol Miami was presented with an American Flag by bro. Frank and sis. Jo Simpach, and a Unit Flag by sis. Annette Macoun.

Answer To Our Growing Problem: One Czech National Hall

This idea of unifying our Czech resources in Cedar Rapids, setting aside all personal differences and facing reality without prejudice, is nothing new. During the past decades, even when Czech life was flourishing, we could hear many times: "It is a pity that the Czechs in Cedar Rapids are not unified and their fraternal and cultural activities centered under one roof." Other cities with a notable Czech population have accomplished this and are proud of it. I could mention Dallas, Texas, St. Louis, Missouri, Baltimore, Md. and others. At present we have only two Czech halls in Cedar Rapids: Sokol Hall and C.S.A. Hall. The third building belonging to Z.C.B.J. lodges, was sold last

year, leaving several lodges homeless. The remaining halls are aging and deteriorating, requiring costly repairs and maintenance, both lacking younger membership that would be able and willing to assume responsibility. How many more years before some drastic action must be taken, regardless of our sentiments and pride? Even though something should have been done years ago—not everything should be considered lost. By selling both remaining Czech buildings and consolidation of funds on hand, a brand new building, a truly Czech National Hall could be planned and built in a suitable location where the Sokol could continue with its program of physical culture, all Czech lodges, units and groups could conduct their meetings and activities, Czech School with its classes could be accommodated, space for a Czech library and even a small Czech museum to safeguard articles of Czech art, history and heritage could be provided. If this sounds like a huge or perhaps impossible project I may only say that it would be one of the most important projects the Cedar Rapids Czech community had ever taken. **But it could be done!** By making this major investment, we would prolong fraternal and cultural life of our nationality and above all give our younger generation an incentive to work for something concrete and worthwhile. One representative Czech National Hall would also add to the prestige of the Czech community and I firmly believe that it would truly mean a **New Era of Fraternalism**, a fulfillment of a dream several preceding generations had deep in their hearts but were unable to bring to realization. After all, it is also a matter of our ethnic survival.

Theodore B. Hlubucek

Anthony J. Suster

Many Sokols, especially in the Cleveland area, still have not completely recovered from the shock



A. J. Suster

of the sudden death of beloved Anthony Suster, who passed away at the relatively young age of 46.

Brother Suster devoted many many years at all levels of Sokol work: national, district and unit, contributing much of himself, his time and energy. His was a deep love of Sokol.

Bro. Suster was one of the first Czech exiles to arrive on the Cleveland scene July 1949. Following

a short stay on the west coast he moved to Chicago where he became associated with the *Svornost*, a Czech daily newspaper.

Eventually he returned to his beloved Cleveland. Soon enlisted in the armed forces. Upon discharge from service shortly became editor of the *Novy Svet* publication in that same city.

From the newspaper field bro. Suster became involved with the Nationalities Services Center. His flair for leadership again pronounced itself, assuming directorship of the Center.

Upon first arrival to Cleveland he became member of Sokol Nova Vlast. After becoming wed to

sis. Elsie Volenik bro. Suster transferred to Sokol Tyrns, ultimately becoming starosta of that unit and President of the Northeastern District.

The greatest ambition was to combine all Sokol units in the area into one—as a result the American Sokol, Inc. was founded. Naturally, bro. Suster presided over this organization until his sudden death.

He failed to realize fulfillment of his dream, but however, was comforted with the initial step undertaken by the group—the land purchase for a new Sokol Center.

His was a life dedicated to the Sokol aims; ideals and goals. All who were so closely associated with this great man will never recover from his loss and tragedy of his dying at such an early stage in life.

Betty M. Hosticka,
Sokol Nova Vlast, Cleveland

FREEDOM: A PRECIOUS POSSESSION

Freedom is placed in jeopardy more by those who will not exercise it than by those who will not permit it. Indifference opens more gates to the enemy than does tyranny.

Yet indifference to abuses of the Bill of Rights is as serious as indifference to its denial. As long as decent citizens permit their own rights to be abridged because others are more vocal or more violent, they are inviting another kind of tyranny. When only the unruly are deemed to have the unbridled right to exhibit their displeasure with conditions with which they disagree, we are taking a long step toward chaos and fewer rights for all.

Freedoms granted Americans are a two-way street. By no dictates of logic can it be assumed that in advocating changes to assure what you consider your rights, may you trample on mine. The legality—and morality—of your espousal of a cause ends when it infringes on my rights. A criminal's legal safeguards must not be used to diminish the rights of his law abiding victim. These are truths which many of our radical dissidents disregard.

The precious guarantees of the Bill of Rights were not born because some high-minded gentlemen penned self-evident truths shortly after our country was founded.

The great liberties assured by the Bill of Rights were paid for in agony, blood, and sacrifice of lives. They can be kept secure only by vigilant conscience and the courage to speak out—and that applies to every American citizen—on every side of every issue.

Many of our inactive units have a wealth of human talent plus financial resources. The membership of these units should examine their conscience and ask if they are doing their part to help perpetuate our rich Sokol and Czechoslovak heritage. Where geographically practical the inactive units should work together for a common goal. With a little pioneering spirit these units can help insure the future growth and success of the Sokol in America. Přelom — Přeskoč — Nepodlez!

Paul Lebloch, Central District

SOKOL GYMNAST

January 1971

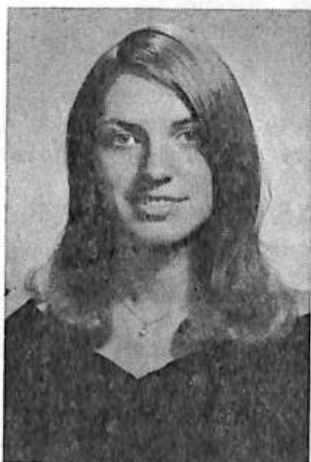
Edited by AMERICAN SOKOL BOARD OF INSTRUCTORS

AMERICAN SOKOL ORGANIZATION MERIT AWARD FOR 1970-71

Upon the recommendation of the Merit Award Committee, which had met and thoroughly examined all applications of applicants, the following merit awards have been approved by the Executive Board to be paid from the Sokol Future Leaders Fund. This is the last of the awards to be given under the 1965 Convention Scholarship Award rules. Future awards will be allocated as Merit Awards as voted upon at the last Convention held in Cleveland, Ohio, June 1970.

* * * * *

EASTERN DISTRICT	PATRICIA HOLUB	Sokol New York Springfield College
NORTHEASTERN DISTRICT	No applications	
CENTRAL DISTRICT	JAMES BEROUSEK, JR.	Sokol Tabor, Berwyn, Illinois Western Illinois University
WESTERN DISTRICT	DONNA MINARIK	Sokolice South Omaha (renewal) University of Nebraska
	JOHN KOCOUREK	Sokol Fuegner-Tyrs, South Omaha University of Nebraska
SOUTHERN DISTRICT	MICHAEL CALDWELL	Sokol Zizka, Dallas, Texas University of Oklahoma
PACIFIC DISTRICT	LADDYNE LIZAK	Sokol Fresno, California Reedly College



PATRICIA HOLUB
Sokol New York



JAMES BEROUSEK, JR.
Sokol Tabor

MERIT COMMITTEE

GEORGE KALAS, Chairman

ELLEN JEANNE SCHNABL LORRAINE ZDENEK EDWARD SCHNABL EDWARD LINHART

Midwest Gymnastics Championships held at Addison Trail High School

During the Thanksgiving weekend (1970) the Women's Senior Midwest Championships were held on Friday, November 27, followed with the Men's Midwest Championships on Saturday.

The women had 26 all-around entries from Pennsylvania, Ohio, Michigan, Maryland, Iowa, etc. Roxanne Pierce of Potomac, Md., was the all-around winner. She is also a member of the World USA Team. Close behind her were Connie Israel of Ames, Ia. and Diane Sepke of Oak Park, Ill. 5th place all-around was taken by Betty Crepley of the Monessen Sokols, Monessen, Pa.

The men entries averaged 120 per event with 356 total entries and 55 universities represented. Iowa State University (Ames, Ia.) was the team winner. Brent Simmons of Iowa State won the all-around.

These competitions are annual affairs. The women's group has been separated from the men's competition for a few years. The junior women's competition, however, will be held on January 30th, 1971, at the University of Illinois—Chicago Campus. Anyone interested may contact Miss Betty Meyer of Northeastern State University, Physical Education Department, St. Louis and Bryn Mawr, Chicago, Ill. P. F.

Central District Junior Boys Volleyball & Basketball Results

The Central District held their annual Volleyball and Basketball Tournaments during the month of December. Volleyball was played at the Brookfield and Tabor Sokols, while the Basketball Tournament was held at Sokol Slavsky.

Volleyball

1. Tabor I
2. Berwyn
3. Brookfield
4. Slavsky II
5. Tabor II
6. Slavsky I

Basketball

1. Tabor I
2. Brookfield
3. Berwyn
4. Slavsky
5. Tabor II

Elmer Kulousek, Director of Games

SOUTHERN DISTRICT GYMNASTIC CLINIC

The Southern District sponsored a girls' and women's gymnastic clinic at Sokol Zizka on November 28th and 29th. There were 60 students representing Zizka, Ennis, Ft. Worth and Houston. Clinic instructors were:

Kathy Rigby—present U.S.G.F. All-Around Champion, member of the 1968 Olympic Team. She was a member of the 1970 World Games Team, competing in Yugoslavia, winning a silver medal on the balance beam.

Wendy Cluff—member of the 1968 Olympic Team and the 1970 World Games Team.

Beverly Marquette—Class 2 NCAA All-Around Champion.

Bud Marquette—one of the best informed coaches in the world and official coach of this year's U.S. World Games Team.

Each working session began with warm-ups

SOKOL GYMNASTIC COLUMN Hardening Starts Early in Life

by T. R. VAN DELLEN, M.D.

Reprinted, courtesy of the Chicago Tribune

No one knows what makes the arteries harden, but the process begins early in life. The condition has been found in newborns and during autopsies performed upon young soldiers killed in combat. It is for this reason prevention should begin during childhood or the teens. Why wait until the arteries become hard enough to cause heart attacks or strokes?

There are many facets to arteriosclerosis, including exercise, weight, hormones, smoking, heredity, emotional makeup and cholesterol. Many authorities stress a diet that minimizes the intake of cholesterol. They also believe that parents should cooperate by serving less animal fats, cream, whole milk and no more than four eggs a week. Buy lean cuts of meat and trim away all fat. Use skim milk only and substitute margarine for butter. When cooking, avoid whole milk, cream and egg yolks. Use more polyunsaturated vegetable oils. Coconut and olive oil have no effect.

Dietary habits are not easy to change. The food industry can be most helpful by altering the fatty acid content of a variety of edibles. But many authorities believe we have no choice.

For example, many ice creams are rich in animal (saturated) fats. Select those that contain vegetable oils and skimmed milk. The skin of chicken, turkey and duck also is fatty. Fried foods, liver and other organ meats should also be restricted. Shellfish ought to be limited. It will not be easy for a growing teen-ager to follow these dietary restrictions, but perhaps some of these suggestions will rub off on others in the home.

Most of the foods mentioned also are low in calories and should help the person maintain normal weight. Green vegetables, fresh fruits, low caloric drinks, dietetic desserts and sugar substitutes contribute nothing to the cholesterol level and are not fattening. We must also stress PHYSICAL FITNESS at every age because it improves circulation and muscle tone. FITNESS also means that a person can exert himself without overtaxing the respiratory and circulatory systems.

which were strongly stressed as was the importance of basic fundamentals. Warm-ups were followed by a few basics in tumbling. Each clinic instructor was in charge of one apparatus and each student was given individual attention.

The clinic, although limited only to Sokols, received very favorable publicity. Several articles regarding the clinic appeared in the local papers and the exhibition which was presented by the instructors and a few of the Sokol girls on Sunday afternoon had TV coverage.

All of the Unit directors and instructors were extremely satisfied with the clinic, the smoothness with which it progressed and the material covered. It was unanimously agreed that the clinic was excellent and of great benefit to everyone attending.

Sylvia J. Laznovsky,
Southern District Women's Director

MILDRED PRCHAL

HIGHLIGHTS OF CONGRESS OF COACHES

November 14 and 15, 1970, Kansas City, Missouri

Saturday, November 14, 9:00 a.m. — combined meeting of men and women — over 150 attended.

Report by Mr. Bare and other officials who attended Yugoslavia competitions and meetings during the World Games in October.

RESULTS — WORLD GAMES 1970

Women		Individuals	
Russia	380.65	1. Turistcheva, Russia	77.05
East Germany	377.75	2. Zuchold, East Ger.	76.45
Czechoslovakia	371.90	3. Voronina, Russia	76.15
Japan	371.75		
Romania	364.50	USA Team (Individuals)	
Hungary	362.80	15. Cathy Rigby	74.45
USA	360.20	33. Moore	71.80
		33. Cleaves	71.80
		44. Cluff	71.05
		49. Carver	70.30
		Chase	69.30

Kathy Rigby is the first American girl to win an individual medal in an International Meet in 38 years. She won the silver medal on the balance beam.

Men		Individuals	
Japan	571.10	1. Kenmotsu, Japan	115.05
Russia	564.35	2. Tsukahara, Japan	113.85
East Germany	553.15	3. Nakayama, Japan	113.80
Jugoslavia	549.45		
Poland	547.05	USA Team (Individuals)	
Switzerland	541.75	Sakamoto	111.65
USA	537.60	Kanati	107.65
		Avener	105.20
		Simmons	105.15
		Greenfield	105.00
		Lindner	102.15

Interesting impressions by Wettstone, Rotzheim, Muzyesko and Grossfeld were expressed, among them, "teams of nations with less discipline gave lower level performances." "Swiss team was best coached. Their gymnasts are subsidized and have all expenses paid."

Gene Wettstone reported on preparations for Russian teams of men and women to tour the U.S. during February.

Combined meeting was adjourned and separate meetings of men and women then convened.

Mrs. Shirley Bryan conducted the U.S.G.F. Women's meeting.

Meeting was convened at 10:30. A large group of women coaches and instructors, also men interested in women's gymnastics attended. Chairmen of various departments, judges' sessions, age group program, training camp, membership, etc., gave reports on progress. Camp for next summer will be from June 23rd to July. In last summer's training camp, 63 were registered—tuition was free for some; many were very young. The program consisted of exercise on apparatus, tumbling, ballet; only starting technique was given—rate was \$65.00. Discipline was stressed.

Artistic gymnastics judges cannot judge Modern Gymnastics (officially); however, until we have a

group of well trained judges for Modern Gymnastics, it will be necessary to call on artistic gymnastics judges for our competitions to be held during 1971.

Mrs. Darlene Darst reported that new exercises for artistic gymnastics, 3 levels have been composed—they are more difficult and have been tested in different parts of the country. These will be filmed in January and will be available with exercise notes in September of 1971. These exercises will be in effect during 1972-1975.

Examination (judges) Committee consists of: Mrs. C. Pond, coordinator, Varina French, Mrs. Varine French will be in charge of written exams, Mrs. Darlene Darst and Shirley Bryan, oral exams.

If individual fails in first judges' examinations, she can be retested according to certain requirements, but if she fails again, she must wait a year for retesting. If score is lower, regional rating will hold.

* * *

Sunday, November 15th, 1:00 p.m. Modern Gymnastics meeting presided by Mildred Prchal with the assistance of Shirley Bryan.

This meeting was very well attended, 62 women and men interested in Modern Gymnastics were present.

Report for the last year included arranging and illustrating exercises and music for III Class and II Class competitions in Modern Gymnastics translating Rules and Code of Points and conducting our first National Competitive Modern Gymnastics Clinic in Sokol Camp Woodlands, Barryville, New York. Faculty consisted of Marie Bakos, former coach of Hungarian team, Eva Balasz, visiting instructor also from Hungary, sis. Norma Zabka, American Sokol Eastern District Director of Women, guest instructor sis. Marie Provaznik and Mildred Prchal, Chairman of USGF Modern Gymnastics.

For 1971 we will have two competitive Modern Gymnastics Clinics in the east (Sokol Camp Woodlands); the first will be held from June 24th to July 1st and the second August 28th to September 4th. Others are being arranged for California, in the far west and in the midwest. Local and regional competitions will be held in compulsory exercises. National competitions are being contemplated.

Discussion was held at some length. High schools and colleges are organizing clubs for Modern Gymnastics. Many of the people present at the Congress of Coaches registered their names as desiring to become regional directors for Modern Gymnastics in their area.

A special meeting was held in Kansas City on Friday, November 13th, regarding filming of compulsory Modern Gymnastics Exercises. Shirley Bryan, Glenn Wilson and Mildred Prchal were present. M. Prchal will teach exercises to selected girls and filming will be done either in Chicago or in St. Louis. Color of leotards and implements, also background and music were discussed. These films would be sold with the compulsory exercises at a nominal sum.

PAUL FINA

REPORT ON NATIONAL A.A.U. CONVENTION

December 1, 1970, Sheraton Palace Hotel, San Francisco, Calif.

Joint Men's and Women's Committee (Gymnastics)

About 40 total attended the meeting to hear the status of the National A.A.U. now that the U.S.G.F. has been recognized as the governing body by the F.I.G. Too, it was stated that the U.S. Gymnastics Commission was dissolved.

Reports followed on the past year's major meets.

Junior National Exercises (this is a different event from the Junior Olympics) will only change in the women's events. Anyone interested in receiving the exercises, stick figures, music, and films of the women's exercises can write to Dick Mulvihill Physical Education Dept., Old Gymnasium, Urbana, Ill. Send \$10.00 along with the request for the women's age group exercises. The ages run 9 under, 10-12, 13-14, 15-18 years.

Women's Olympic Committee Meeting Dec. 2nd

Because sis. Mildred Prchal could not attend this meeting, our National A.A.U. representative, Paul Fina, took notes on the meeting. Only 5 members were in attendance so a quorum was not possible. Qualifying methods for Pan American Games were discussed. There was no question that the U.S.G.F. and the A.A.U. Senior Nationals were to be the qualifying rounds. Top 15-25 will qualify for the final tryouts from each meet. Pan American compulsories will not be used except for the final tryouts. They are too easy. It should be noted that a team of girls will be sent to Russia at the same time as the Pan American Games in Cali, Colombia. The finals will pick out 15 girls and there will be two teams, one for each journey.

A training camp will be held for the final division. Seven will go to the Pan American Games.

As to the Olympic Games tryouts for Munich, 1972. The first tryouts may be during the Thanksgiving week of 1971. Forty will be selected and only those will be considered as candidates for the Olympics. Top 20 will be determined at a National Championship. A girl must enter both the National A.A.U. and National U.S.G.F. meets and the total of both scores will be used.

Thus the meeting ended with mail vote required. The coaches and managers have yet to be selected.

Men's Committee Meeting Dec. 2nd

Tom Maloney gave a report on F.I.G. activity. Only 4 compulsory exercises are available as yet for the Olympic Games.

Jerry Hardy reviewed the loss of membership of the A.A.U. to the F.I.G. It was indicated that the F.I.G. has the authority to exercise its option as to who is to be the governing body in the case of the U.S.A. since there is no supreme body in the U.S.A. to establish the governing body. In other countries it is the Olympic Committee.

Licensing of apparatus is now possible through the A.A.U.; the equipment people can apply.

Elections were held for national chairman. Tom Maloney was elected.

Insurance of gymnasts may be included in the future registration procedure. This is a cheap method of securing insurance for a year.

In the future, compulsory exercises will be used to qualify performers for the optionals. Top 15 in each event plus top 15 all-around will be allowed to compete in the optionals (maximum 30 per event). This puts emphasis on the compulsories. Team scores will be based on 3 best scores in compulsories and optionals (if they qualify).

FLORENCE PALAS

NOTES FROM A.A.U. AND OLYMPIC MEETING

San Francisco, Calif., 1970

The Quaker Oats Company, through their Junior Olympic program, reached over 221,000,000 million people in 1970, at a cost of \$2,000,000 to date.

Results of the 1970 Junior Olympic Championships at Knoxville were mailed to each competitor, coaches and chaperons. Also a questionnaire to help expedite next year's meet. Received 40% return.

1971 Junior Olympic Championship to be held in Colorado Springs at Air Force Academy. A souvenir brochure, with all names included, will be given to each contestant.

The Kennedy Foundation has discussed with the AAU prospects of holding a similar J. O. for the handicapped. This was done in Long Beach this year with great success.

1972 J. O. Championships to be held in Spokane, Washington.

The new J. O. handbook will include a press release in the back of the book. In the future 30 days advance notice must be given to order awards. No more special delivery or air mail, too expensive. The design of the award medals will be changed.

Don Wilderoter was elected chairman of the Women's Gymnastic Committee for 1971. He will

appoint committees and chairmen to set up regional areas. Erna Wachtel is chairman of the Technical Committee.

Cathy Rigby, first (silver) medal winner for U.S. in World Games, nominated for Sullivan award by gymnastic committee.

In the future Olympics, International Olympic Committee will not give medals for individual events, only all-around and team. Certificates will be given to individual winners.

A new concept by the F.I.G. has been proposed for compulsory exercises. Elements will be prescribed and the team is to combine them in their own original exercise.

The International age for women is 14 years within the year of competition. AAU voted to adopt the same rule for senior level. Jr. National age will be 13 years in 1972.

Florida Gold Coast may host 1971 Sr. AAU Championships May 6-7-8. Anyone else interested should contact Tom Maloney or Olin Cassell by January 15th.

Pacific AAU interested in Jr. Nationals. Fresno did bid for 1972 Jr. Nationals.

1970-1975 A.S.O. EXECUTIVE BOARD

How well do you know the officers of the American Sokol Organization—the ones elected for 5 year terms at the 1970 Cleveland Sokol Convention?

In their hands lies the responsibility for the continued success of the Sokol. Among the officers elected many had previously served on the Executive Board, perhaps not in the same capacity. There are some new faces. Several of the previous officers relinquished their chairs, allowing for a new person to express dedication and feeling towards Sokol.

It is our desire that our membership know the individuals who will be guiding us through the next five years. Do you know who they are—their background to undertake this great responsibility?

To help you understand and know your leaders better, each member of the Executive Board was requested to submit an autobiography as to Sokol background, family, work or profession, interests, etc.

These real-life stories will appear in the American Sokol individually, one each month. This will enable you, as a fellow Sokol, to recognize and familiarize yourself with the people upon whom we had bestowed the highest Sokol honor.

June Pros, Secretary

Stanley Barcal, President, A.S.O.

Born in Zurich, Kansas, November 21, 1912; one of five children. Moved to Chicago in 1927 when the family became custodians of Sokol Chicago. At the age of 15 started attending gym classes, and so began an outstanding Sokol career.

Graduated high school, continued advance study in evening courses at Chicago's YMCA College. In 1935 was employed by the Saunders and Co., a pipe distributor, as truck driver and warehouse man. After three years moved into Sales. In 1942 was transferred into Purchasing. In 1963 elected to the Board of Directors, and now is Executive Vice-President of the company.

Married Rose Lizak, a member of Sokolice Chicago, June 1939. Daughter Roseann lives in Denver, Colorado, has one child. Carolann, married, a high school teacher, resides in Louisville, Kentucky. Julie, 16, and Richard, 14; both attend Morton East High School. Wife, Rose, is secretary of Sokolice Chicago.

Bro. Barcal competed as a junior in District and National Slets, became Junior Boys American Sokol Champion. Competed in the Slets in Prague in 1932 and 1938. Also entered competition repre-

senting Sokol Chicago in the AAF and AAU; in duel meets with the University of Chicago and that of Illinois. Placed 3rd in the Sokol Championship Division in Cleveland 1935; 2nd the following Slet, and 1st in 1947.

During the last several Sokol Conventions bro. Barcal represented Sokol Chicago. His activity as 1st Assistant Director of the American Sokol Organization Board of Instructors began under the leadership of bro. Jelinek, continuing in this same capacity under bro. Kudrnovsky and bro. Halik. Still is a member of the BOI, and assists bro. Linhart as much as possible.

Bro. Barcal has been a member of the Executive Board for 10 years under the presidency of bro. Prchal. At the 1965 Sokol Convention was elected President, and re-elected in 1970.

As a Sokol instructor he started early in life, having taught at Sokols Rozvoj, Chicago and Berwyn. To this day bro. Barcal instructs men's classes at Sokol Berwyn and assists Sokol Slavsky's Sunday morning class. In 1933 was Traveling Instructor for the Central District, Wisconsin area. In 1935 attended a month's course in Ohio.

Bro. Barcal states: "My driving ambition is for the continued advancement of Sokol ideals, looking towards the future, shoulders square, head high, open mind. Times change but the Sokol tradition must remain.

This will someday be the legacy for the younger generation. We must instill within them the love and understanding that we ourselves have gained through Sokol. We must stress gain in membership, continued activity in Unit and District, and a progressive program for senior members as well as youth. This is a responsibility for us all. Let's live Sokol with hearts and mind."

DREAMS

When years have drifted by me and youth is gone from view, I search the land of memory for things I used to do. And as I wander back again in times when I was gay, it doesn't seem like years have passed but just like yesterday. The road that leads to memory is paved with broken dreams but once traversed recalls to me my most sought after schemes. It's just as though I live again in peace and comfort rare: great expectations for a moment are my own to share. That is why I like to go back where my dreams begin and glory in the reverie of things that might have been.

Now the storm is over, clouds have blown away and we must make ready for another day. It's time to mend the pieces of our broken dreams, now we must sail upon the uncharted streams. All that went before us is over and done—time is leaping forward—new faith must be spun. Life holds many detours hidden out of sight but mankind will prosper if it seeks the right. Making of each error stairways to success—doing this, we will find bits of happiness. Now the storm is over, clouds have blown away and we must make ready for another day.

Philosophy is the microscope of thought. — Victor Hugo.



A Message From the Director of the Fed. Bureau of Investigation

Our nation's colleges and universities are beginning their fall terms. Thousands of our finest young people are resuming their pursuit of education which will enable them to better serve their communities and their country. These young men and women will soon be among those entrusted with the responsibility of leadership and the obligation of shaping the future direction of our nation. It is imperative that their preparation for this most significant task be of the highest quality and that it be gained in an uninterrupted atmosphere conducive to educational excellence.

The responsibility for insuring that these goals are achieved rests squarely with college administrators. They alone, by setting the guidelines of conduct, control the activities of their students. Let not the issue of student conduct be clouded by philosophical mouthings of self-determination, cries of repression, or claims of attack against intellectual freedom. College administrators must rise to face the issues honestly and then have the courage to firmly implement policies that will not permit or condone any illegitimate interruption of the educational process. This position must be maintained regardless of the dire consequences threatened by those who seek, either deliberately or through confused direction, to disrupt our institutions of higher learning.

The radicals who have plagued many of our colleges and universities know well that their success in part is dependent upon weak administrators—leaders who prefer to accept the responsibility of maintaining order. Certainly, unlimited freedom of students to disrupt or destroy and doubtful punishment for such activity give great impetus to its continuation. College administrators across the land must unite in placing order on their individual campuses as the top priority item. Unruly students, of course, are not the only bane of college and university officials. Some faculty members act like rabid anarchists and spend most of their time encouraging enthusiastic but naive young people to overthrow established procedure. To some professors, academic freedom appears to mean freedom to destroy our educational processes. The disarrays of last spring must be replaced with firm, established policy designed to protect the entire student body and not just a vocal minority whose uncontrolled activities threaten the entire structure of higher education.

Law enforcement officers must insure that the enforcement of law and order on college campuses is worthy of the respect of the entire citizenry. The campus is not a privileged sanctuary and law-breaking in any form should not be condoned. Enforcement of the law on the campus must be vigorous, yet never tainted with excessive force or the venting of emotions unworthy of a professional police officer.

Just as we call on college administrators to unite and accept their responsibility of restoring order on their campuses, we, too, in the event of their failure, must perform our duty in strict observance of the rule of law we swore to uphold.

John Edgar Hoover, Director

ADOLPH HEYDUK

(1835-1923)

Translated by R. A. GORMAN

Adolph Heyduk, a contemporary of Halek and Neruda, was born June 7th, 1835, and died, February 6th, 1923. Unlike so many of the Czech poets, Heyduk was not a journalist or lawyer, but spent his active years as a professor of drawing in the technical (real) schools of Pisek. The years spent in the peaceful small town environment had a marked mellowing effect upon Heyduk and his poetry reflects all the soothing tenderness of undisturbed nature. Heyduk's genuinely sincere lyrics are a faithful reproduction of every mood of nature, of every whim of man. His poetry is plain, simple and yet full of beauty and emotional depths.

WINTER

Winter speeds across the plain,
Thunders drum the marching strain,
And what once within me blossomed
Will not bear new fruit again.

Winter settles in the park
Where the trees stand bleak and stark;
With a merry song who'll cheer me
When it's cold and when it's dark?

Winter roams about the grove,
Silenced birds leave in a drove;
'Twill be hard to dream of Maytime
And of roses that once throve.

Winter hastens towards the field
Where frosts have cast their chilling shield.
And I fear that what once pained me
Will again new anguish yield.

Winter grips the forest's wreath,
Blows across the moss and heath;
And I know not how I can live
When my song no more shall breathe.

TORCELLO

Torcello, you distant island,
Longing drew me to your shores,
In your groves I want to linger
Here man! Throw away the oars!

Here at last I want to linger
In the shade of swaying trees,
While my thoughts turn to my country,
To my home beyond the seas.

And I rested . . . the trees above me
Showered leaves unto my bed,
And each floweret 'twixt the grasses
Waved at me its nodding head.

Thence I gazed far in the distance,
Listening to the ocean's sound,
To whose elemental beauty,
No one yet the answer found.

And while gazing, thinging, dreaming,
Something stirred my soul again,
Like young birds . . . these sweet songs fluttered
Longing for their native plain.

Financial Report ASO.

December 1970

INCOME:

Dues	\$1,492.50
Convention Fund	585.50
Special assessment	1,205.00
Dividends and interest	719.15
Subscriptions to "American Sokol"	15.00
Resale of jewelry	9.00
Miscellaneous	35.15
	<hr/>
	\$4,061.30
Transfer of funds from Future Sokol	
Leaders Fund—Merit Awards	600.00
	<hr/>
Total Income	\$4,661.30

DISBURSEMENTS:

Administrative Department	
Salaries	\$ 350.03
F.I.C.A. & F.W.T. for Nov.	100.02
Rental, janitor service, phone ...	285.87
Travel expense	104.00
Office supplies	37.76
Postage and freight	33.39
Machine maintenance, decorations	14.44
Safe deposit box rental	7.50
Sokol emblem decals	1,115.40
	<hr/>
	\$2,048.41

Educational Department BOI.

Salaries	\$ 219.44
F.I.C.A. & F.W.T. for Nov.	38.40
Editor "Sokol Gymnast" — Nov.	
and Dec. issues	50.00
Add'l. copies "Sokol Gymnast"	28.00
Office supplies	33.81
Postage, dues	20.70
Travel expense	213.00
	<hr/>
	\$ 603.35

Sokol Publication

Printing "American Sokol"	\$ 585.84
Editor "American Sokol"	75.00
Postage "American Sokol" —	
Nov. and Dec.	87.56
	<hr/>
	\$ 748.40

Miscellaneous

Advance to Uniform Division ...	\$2,500.00
Uniform Division—Salary, phone	91.35
Future Sokol Leaders Fund —	
Merit Awards	600.00
	<hr/>
	\$3,191.35

Total Disbursements\$6,591.51

BALANCE:

Total brought forward:	
Western National Bank of Cicero—check-	
ing account	\$3,342.54
Income — December 1970	4,661.30
	<hr/>
	\$8,003.84
Disbursements — December 1970	6,591.51
	<hr/>
	\$1,412.33

Sokol San Francisco.

Vzpomínka na 28. říjen stala se pro krajanickou obec zálivu San Franciska tradičním svátkem. Každého roku Sokol San Francisco připraví důstojný program. Letošní rok však předčil všechny ostatní. Do nově Sokolovny v předměstí se sešlo na 300 krajanů. Starokrajané, nověpřijetí, američtí přátelé a naše mládež. Br. Jaromír Marek připravil za pomoci členů Sokola historické pásmo, které bylo překvapením a tak vlastenecky dojemné, že mnoho krajanů mělo slzy v očích. Br. Marek dovedl spojit recitace, světelné obrazy, sborový zpěv, solové zpěvy, skupiny našich káňat v jeden překrásný plynulý celek. Br. Vilém Buršík promluvil anglicky a br. J. Marek česky o významu svátku pro nás krajaný. Br. Ant. Hanák a ses. Eliška Buršíková recitačně doprovázeli celé pásmo. Ses. Jiřina Hanáková virtuózně zahrála na klavír. Neobyčejně dojemně zapůsobila recitace ses. Buršíkové. Mohutně vyzněl sborový zpěv Sukova pochodu "V nový život". Mnoho krajanů, kteří dosud stáli stranou naší práce národní, ocenili naši snahu a přihlásili se za členy Sokola. Jiří Špánek.

Náš žalov.

Obdrželi jsme z Československa smutnou zprávu, že 4. prosince navždy odešla ses. Anča Maršatová (rozená Vacková). Dlouhá těžká choroba podlomila její zdraví. Byla dlouholetá sokolská pracovnice.

Americké Sokolstvo poznalo v Anči Vackové dobrou členku technického předsednictva obec (náčelnictva), kde působila mnoho let jako jednatelka. Byla dobrou závodnicí a cvičitelkou.

Po návratu do rodné vlasti se provdala a pokračovala v sokolské činnosti. Setkaly jsme se o sletech v Praze. Dostalo se jí vyznamenání:

Za vynikající práci v tělovýchově.

Zasloužila cvičitelka I. stupně.

Bývalá sletová jednatelka ČOS.

První místonáčelnice ÚV ČSTV.

Náčelnice SK Slávia Praha.

Zanechává truchlícího manžela Jozefa Maršata a syna Mirka Maršata. Čest budiž její nehynoucí památce. bmp.

Čs. oddělení Hlasu Ameriky vyznamenáno. V auditoriu ministerstva zahraničí ve Washingtonu se konala slavnost, na které byla udělena výroční vyznamenání oddělením i jednotlivým pracovníkům Americké informační služby (USIA). Mezi odděleními USIA, která dostala čestné vyznamenání za zásluhy (Meritorious Honor Award), bylo Československé oddělení Hlasu Ameriky. Ve zvláštním diplomu, který členům oddělení odevzdal osobně ředitel USIA, Frank Shakespeare, se praví: "For outstanding and sustained performance in responding effectively to the extraordinary challenge posed by the post-January 1968 developments in Czechoslovakia."

The Voice of America has tripled its Polish-language broadcasts to spread the word of the riots in that Red nation. At the same time, VOA officials have stepped up their broadcasts in Hungarian, Czech and Slovak, blanketing the Communist bloc with news of the rebellion.

KAREL M. PRCHAL 75.

20. ledna t. r. dožívá se K.M. Prchal sedmdesátipětilet. Ani se tomu nechce věřit. Vidíme jej stále duševně i fyzicky svěžího, plného zájmu o sokolské a veřejné dění a plného nadšení všude tam, kde se jedná o dobrou společnou věc sokolského či národního zájmu.

S jeho osobností je spojeno kus slavné historie sokolského hnutí v USA. Přes třicet let stál v čele Amerického sokolstva jako jeho starosta. Po tu dobu byl opravdovým ideovým vůdcem sokolského bratrstva v USA, strážcem sokolských ideálů zakladatelů hnutí Tyrše a Fuegnera a jejich správného uplatňování za podmínek značně odlišných, jak prostředím tak dobou. Dovedl vždy úspěšně překonat lhostejnost malověrných, dovedl vnést do sokolských duší a srdcí opravdové nadšení svými články a projevy, kterých bylo za tu dlouhou dobu nesčíslné množství. Za těžkých podmínek amerického prostředí dovedl vést sokolské hnutí přes všechna úskalí tolika let a mimořádných událostí. Dovedl je uplatňovat v americkém prostředí a zařadit je vždy na správné místo potřeb doby a krajanských i národních zájmů.

Za jeho vedení viděli jsme plné uplatnění Sokolstva v boji za osvobození Československa z nacistické okupace. Stál v popředí těchto snah v našem krajanském životě, byl předsedou Českého národního sdružení a později též Čs. národní rady americké. Dovedl včas rozpoznat co se stalo v ČSR po druhé světové válce a co znamenal puč komunistů v r. 1948. Příklad se ihned o to, aby účast Amerického sokolstva na sletu v Praze byla odřeknuta. Byl jedním z těch, kteří byli pomocníky novým čs. exulantům, uprchlíkům před komunistickým pronásledováním. Také Manifest, čtený na posledním našem sletu, byl jeho dílem a iniciativou. Vedl sokolské hnutí vždy správnými cestami nejlepších zájmů sokolských a národních.

Je opravdu těžko v několika řádcích zhodnotit sokolské a národní dílo K. M. Prchala. Jeho lidský profil a vše, čeho by dnes při tak významném životním jubileu bylo třeba vzpomenout. Kolik to bylo článků, výzev a statí uveřejněných jen v našem Sokole americkém, kolik proslovů a přednášek, jak v USA, v Kanadě i v ČSR, co vzdělávací a organizační práce! Za to vše získal si mnoho věrných přátel v sokolských i amerických kruzích.

Při jeho pětasedmdesátce skláníme se s úctou před jeho velkým životním dílem. Víme, že je to jen malá kytička k jeho jubileu, ale věříme, že bude stejně mile přijata jak byla myšlena. Do dalších let přejeme bratru Prchalovi hojnost zdraví a radostí z osobních i sokolských úspěchů. jr.

Čeština je třetím jazykem v Texasu po anglické a španělské řeči užívaným. V Texasu je asi půl milionu obyvatel původu českého. Texasská A and M. University dává počáteční a pokračující kursy češtiny. Vláda Spojených států povzbuzuje studenty k jeho studiu jako přípravu pro pozdější potřebu za hranicemi. V roce 1969-70 35 studentů navštěvovalo kursy češtiny na A and M. Učí na ní m. j. dr. Jan M. Skřivánek, člen SVU, čtvrtá generace česká v USA a Josef J. Skřivánek. Pro studenty češtiny je několik stipendií.

Pátý sjezd Společnosti pro vědy a umění se zdarem uzavřen.

Jeho konání málem bylo ohroženo tím, že generální tajemník dr. Hanuš J. Lexa dva týdny před sjezdem byl postižen srdečním záchvatem a odvezen do nemocnice. Ti členové newyorské skupiny, kteří pomohli sjezd uskutečnit, více méně pokračovali na přípravách dr. Lexou už vykonaných často pod stálým jeho dozorem z nemocnice telefonicky udržovaným. Jsme opravdu šťastni, že dr. Lexa už je v domácím ošetření, s nejlepší prognosou na rychlé a plné uzdravení.

Dne 6. listopadu dosáhlo SVU počtu 1,365 členů z toho 175 přispívajících.

Do předsednictva byli zvoleni:

Předseda: Dr. Jan V. Mládek, International Monetary Fund.

Místopředsedové (v abecedním pořádku—5): Dr. Vojtěch E. Andic, Union University; Thomas M. Messer, ředitel, Guggenheim Museum; Dr. Miloš Rečciog, ml., Dept. of H.E.W.; Dr. Jiří Škvor, Université de Montréal; Dr. Rudolf Šturm, Skidmore College.

Generální tajemník: Dr. Hanuš Lexa, New York University.

Pokladník: Arch. Emil Royco.

Redaktor Zpráv SVU; Dr. Vratislav Bušek.

U příležitosti 5. sjezdu SVU, jsme vydali off setem na 72 stranách hru Jana Amose Komenského "Diogenes Cynicus Redivivus", poprvé do anglického jazyka obětavě přeloženou Michaellem C. Mittelstadtem, Ph.D., Assoc. Professor of Classics, State University of New York, Binghamton, N. Y. pod titulem "Diogenes the Cynic Back From the Grave". K dostání v kanceláři SVU. Cena \$3.00.

ŽURNALISTICKÁ SEKCE SVU.

Na pátém sjezdu SVU v New Yorku byla řádně ustavena žurnalistická sekce, do které se přihlásilo už na 70 členů. Předsedou sekce je V. Nevlud Duben, místopředsedy dr. B. M. Lajda a J. J. Lorenec. Jednatelkou-pokladnicí je Anna M. Faltusová 1315 — 16th Street N.W., Washington, D. C. 20036. Ve vedení sekce je dále Josef Žanda (1773 Campbell Ave., Thousand Oaks, Calif. 91360), který povede po zástíto sekce archiv SVU a výstřížkovou službu. Dále bylo rozhodnuto, aby sekce měla jednatelský poradní výbor, složený ze zkušených aktivních novinářů, a síť oblastních jednatelů. Seznam členů obou sborů bude předložen písemně všem členům sekce. Doporučuje se, aby se v místních pracovních skupinách SVU organizovaly místní žurnalistické sekce. Jejich členem může být každý člen SVU, který je žurnalistou nebo který má o žurnalistiku zájem. Sekce se má věnovat zásadně těmto úkolům: a) Vzájemná informace a profesionální pomoc. b) Propagace činnosti SVU. c) Zájmové vědecké žurnalistiky, pokud se dají zvládnout. d) Iniciativa a podpora studijní, novinovědné činnosti. e) Pomoc při udržování českého a slovenského tisku zahraničí; aktivní pomoc, konstruktivní kritika evidence.

Spolky s dvojím účelem líbí se mi tak málo, jako řemeslník s dvojím řemeslem. Není pak ničím pořádné. — M. Tyrš.

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Rod Jana A. Komenského.

O oslavách Komenského na kongresu Společnosti pro vědy a umění bylo již obšírně psáno v krajan-ském tisku. Mezi slavnostními hosty byla paní Ger- ta Ludmila Figulusová-Kalliková z Kalifornie, po- tomek Jana Amose Komenského. Podívejme se na tento rod.

Otec Komenského byl mlynářem. Komenský se oženil r. 1618 s Magdalenou Vizovskou, která však i se dvěma synáčky zemřela za moru v Přerově. Druhá žena Komenského (roku 1624) byla Dorota, dcera faráře betlemské kaple Jana Cyrila Třebíč-ského. O dětech z tohoto manželství víme, že syn Daniel zemřel svobodný a dcera Dorota se vdala za Jana Molitora. Dcera Alžběta se provdala roku 1649 za česko-bratrského kazatele a biskupa Petra Figuluse z Jablonky.

Petr Figulus měl tři syny, Jana Theodora, Sa- muela Amose a Daniela Arnošta. Daniel, který přijal jméno Jablonský, byl dvorským kazatelem v Berlíně a roku 1733 se stal zakladatelem a předsedou berlínské akademie věd. Jan Theodor proslul jako učenec.

Samuel Figulus, jeho syn i vnuk byli kazateli Jednoty. V šesté generaci je znám Theodor Figu- lus, lékař žijící v pruském Slezsku. Jeho syn, Jiří Viktor Fikulus, odešel do Jihoafrické Unie a žil tam 43 léta. Roku 1899 se zúčastnil burského po- vstání, byl zajat a internován na ostrově svatě

Heleny. Za první světové války bojoval jako dobro- volník v britském vojsku. Roku 1921 se vrátil do Prahy, aby dal svoji dcerku Gertu česky vychovat.

Dcera Jiřího Figuluse, paní Kalliková, se zúčast- nila oslav Komenského na sjezdu SVU, vyslechla šestnáct vědeckých přednášek o Komenského díle a promluvila o svých zkušenostech vyučování češtin- y v Jižní Africe. Z delšího rozhovoru s touto roz- šafnou paní vyjímáme několik vět:

"Po válce jsem se vrátila se svým tatínkem do Československa, abych dostala české vychování. Stala jsem se československou učitelkou a po šest let jsem učila v Praze. Jsem velmi hrdá, že jsem mohla studovat v zemi svých předků.

Je třeba dbát, aby se naše děti a potomci neztratili, ale aby poznali svoji minulost, znali svoji nynější situaci a aby byli posílení na budoucnost."

Po tři sta letech k nám mluví Komenský česky, ústy paní Kallikové. A kdyby naši pradědové mohli mluvit, řekli by totéž: "Uchovej svoji velkou mi- nulost pro své potomky v Americe! Ukaž velikost svého citění! Přispěj štědrě na založení naší ka- tedry českých a slovenských studií."

Napište šek na "CZECH AND SLOVAK STUD- IES, UNIVERSITY OF CHICAGO" a pošlete ho na adresu Dr. R. E. Streeter, University of Chi- cago, 1050 East 59th Street, Chicago, Ill. 60637. Pomůžete uchovat co je Vám svaté do dob, až pře- jdou vichřice hněvu.

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