

# AMERICAN SOKOL

VOL. XCII — No. 12

DECEMBER, 1971

PUBLICATION OF THE AMERICAN SOKOL  
Educational and Physical Culture Organization

## *Season's Greetings*

WISHING YOU THE BEST OF EVERYTHING  
IN THE NEW YEAR



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# AMERICAN SOKOL



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by the

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## EDITOR

George Herink

1823 Scoville Ave. Berwyn, Ill. 60402

Editor must receive copy for publication by the 26th of the month, preceding publication date.

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## OFFICE OF THE EXECUTIVE BOARD ASO.

June Pros, Secretary

6426 W. Cermak Rd., Berwyn, Illinois 60402  
Tel.: 795-6671

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## EXECUTIVE BOARD:

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## Calendar of Events

JAN. 14th—SOKOL SOUTH OMAHA, NEBR.  
Chicken - Shrimp Dinner.  
JAN. 22nd — SOKOL LOS ANGELES, CALIF.  
Pacific District Semi-Formal Dance.  
JAN. 23rd—SOKOL CLEVELAND-CECH-HAV-  
LICEK — CLEVELAND, OHIO. Card Party.  
JAN. 29th — SOKOL ST. LOUIS, MISSOURI.  
Barn Dance.  
JAN. 29th—SOKOL BROOKFIELD, ILL.  
Spaghetti Dinner.  
JAN. 29th—SOKOL SOUTH OMAHA, NEBR.  
Dance — Music by Al Grebnick

JAN. 30th—SOKOL DETROIT, MICH.  
Gymnastical  
JAN. 30th—SOKOL SLAVSKY, CICERO, ILL.  
Spaghetti Dinner  
FEB. 5th—SOKOL BALTIMORE, MARYLAND.  
100th Annual Šibřinky.  
FEB. 6th — NORTHEASTERN DISTRICT, CLE-  
VELAND, OHIO. Combined Winter Exhibition —  
Cuyahoga Community College. — Metro Campus  
— 3:30 P.M.  
FEB. 12th — SOKOL TOWN OF LAKE CHI-  
CAGO, ILLINOIS. — Townites Annual Masquer-  
ade Dance — CSA Peacock Room, Cicero, Ill.  
FEB. 13th—SOKOL MILWAUKEE, WISCONSIN.  
Jaternice and Pork Dinner — International In-  
stitute.  
FEB. 16th—SOKOL BROOKFIELD, ILL.  
Smorgasborg Luncheon.  
FEB. 19th—SOKOL BERWYN, ILLINOIS.  
Dinner-Dance — 6 P.M.  
FEB. 26th — SOKOL HAVLICEK-TYRS, CHICA-  
GO, ILLINOIS. — Masquerade Dance.  
MARCH 4th—SOKOL BROOKFIELD, ILL.  
Gym Exhibition.  
MAR. 11th—SOKOL BALTIMORE, MARYLAND.  
Dozvuky.  
APRIL 9th — SOKOL WASHINGTON, D.C.  
Czech Opera "Psohlavci" by Karla Kovařova.  
Directed by Mme. Lida Brodenova.  
APRIL 15th—SOKOL BROOKFIELD, ILL.  
Chicken Dinner.  
MAY 12—13th—SOKOL MILWAUKEE, WIS.  
Interclass meet - Track Meet  
MAY 19th—SOKOL BROOKFIELD, ILL.  
Bunco.  
MAY 21st—SOKOL MILWAUKEE, WIS.  
Annual Gymnastic Exhibition.  
MAY 26th-29th — LOS ANGELES, CALIFORNIA.  
Pacific District Slet.  
JUNE 4th — NORTHEASTERN DISTRICT SLET,  
CLEVELAND, OHIO. — A.M.L.A. Slovenian Re-  
creation Center — Leroy Township — 2:00 P.M.  
JUNE 4th—SOKOL SO. OMAHA, NEBR.  
Czech Festival.  
JUNE 23rd-25th — ST. PAUL, MINNESOTA.  
Western District Slet.  
OCT. 28th—SOKOL SLAVSKY, CICERO, ILL.  
Annual Dinner Dance.  
OCT. 28—29th—SOKOL BALTIMORE, MD.  
100th Anniversary Banquet - Celebration.

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## Perseverance

"Let me remind you of 25 baseball players and a gentleman named Gil Hodges and what perseverance did for them. The Mets a few years ago were not only weak, they were the subject of ridicule. But slowly and surely, through hard work and perseverance, they began to move until now, they became world champions... miracles don't happen overnight. It takes a positive mental attitude and it takes hard work. You must convince yourself that each step is a step forward and that slow, steady progress is the way to get things done."

Dr. Norman Vincent Peale

# AMERICAN SOKOL

VĚSTNÍK AMERICKÉ OBCE SOKOLSKÉ

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## TOURS TO EUROPE Vienna Slet — June 1972

The A.S.O. is conducting a charter flight to the III Slet of the Sokol Abroad to be held in Vienna; and a pilgrimage to Oetz where the founder of the Sokol movement, Dr. Miroslav Tyrš, lost his life. It was at this site that a memorial plaque had been placed in 1962 by a large Sokol delegation.

The tour will be in two groups: PLAN "A"; via Pan-Am Airlines of 25 days leaves Chicago June 28th and returns July 23rd. It is for those whose time or vacation schedules permit traveling after the Slet thru the European countries of Austria, Switzerland, Italy and Yugoslavia. PLAN "B"; 12 day budget tour — via Capitol Airlines leaves Chicago June 28th and returns July 9th. This is primarily for our Juniors and Senior gymnasts and spectators whose vacation time for the Slet is limited. After the Slet a short tour of Austria is arranged.

Both of these Charter Flights are limited to Sokol members, Junior or Senior, whose membership is in force six (6) months prior to departure. Family members, husband or wife, children to 18 years of age, or parents all residing in the same household with a qualified Sokol member can participate.

Short outline of above travel plans: PLAN "A": Depart Chicago, June 28th via Pan-Am, return July 23rd. Four day stay in Vienna for Slet activities, first class hotel accommodations, European Plan; two sight seeing trips of one half day each in Vienna area. Leave Vienna July 3rd for 21 days of travels to include Salzburg, Innsbruck, Oetz for memorial services to honor Dr. Miroslav Tyrš, on to St. Anton and Constance to visit monument of Jan Hus, then to Zurich, Luzerne, Stressa, Milan, Florence, Rome, Assisi, San Marino, Venice, Zagreb, Sarajevo, Dubrovnik, Split, Rjeka, Terst and Vienna for farewell dinner with traditional wine tasting at Grinzing before departure for Chicago. Complete ITINERARY will be sent upon request. Price of PLAN "A" tour is: Air Fare Chicago-Vienna-Chicago \$298.00, 21 day land tour \$541.50, TOTAL \$839.50. Price includes: Transportation via modern private buses, first class hotel accommodations with bath or shower — double occupancy (private room \$72.00 extra), meals in Vienna — European plan. During 21 day land tour three meals daily except Luzerne and Rome which is breakfast and dinner. Complete sightseeing tours, admission and fees, tips and taxes and luggage handling of one piece of luggage (44 lbs.).

For those who cannot take the 21 day Tour of Europe and have other travel plans, we have pre-

pared a 4 Day stay in Vienna for the Slet which includes: accommodations at first class hotel, European Plan (breakfast only), transfer from airport to hotel and two and one half days of sightseeing tours of Vienna and vicinity — cost \$392.50.

PLAN "B". 12 days, depart Chicago, June 28th via Capitol Airlines return July 9th. Arrive Vienna June 29th, sightseeing tour of Vienna A.M. June 30th — evening Gymnastic program (Akademie), July 1st A.M. competitions for seniors — afternoon competitions for juniors — evening Czech play at Vienna "Volkstheater". Those not competing have day of leisure. July 2nd A.M. SLET Rehearsal — afternoon SLET — evening Dance. Those not participating in Slet have morning at leisure. July 3rd leave Vienna for drive to Salzburg overnight. July 4th sightseeing of Salzburg, July 5th leave Salzburg for scenic drive into Bavaria, arriving at Lienz overnight, July 6th leaving Lienz and cross into Italy near Dobbiaco (Italian Alps — Italian Tyrol), re-enter Austria arrive Innsbruck, July 7th sightseeing of Innsbruck, July 8th leave Innsbruck via scenic route to arrive Vienna for overnight, Sunday, July 9th leave Schwechat Airport, arriving O'Hare Airport afternoon or early evening of same day. Price of PLAN "B" Tour is \$412.00 which includes air fare, hotel (budget category), continental breakfast throughout, motorcoach, sightseeing tours, one medium sized suitcase handling.

Any other travel plans than those specified above can be arranged for participants of either of the above tours by Weber Travel Agency, who has arranged these tours. They will also assist in handling passports and visas or other travel details.

Presently prices do not include admission to any Sokol Slet Activities. All interested parties will be notified of said prices when available.

Since there is a great interest in the Vienna Tours, we urge our Sokol Members to send their reservations as soon as possible. Deposit of \$125.00 is required for PLAN "A" Tour and \$100.00 is required for PLAN "B" Tour — deposit must accompany reservation.

**NO RESERVATIONS HONORED WITHOUT NECESSARY DEPOSIT.**

Please send all reservations and deposits to:  
American Sokol Organization  
6426 W. Cermak Rd.  
Berwyn, Ill. 60402

Make check payable to American Sokol Organization.

For Further information regarding tours contact the American Sokol Organization at 312-795-6671

or Weber Travel Agency 312-749-1333.

Full ITINERARY will be sent upon request. Further information will be published in the American Sokol publication.

## MEETING OF THE EXECUTIVE BOARD OF THE A.S.O.

HELD NOVEMBER 23, 1971

Bro. Stanley Barcal, President. Present: Bros. G. Basta, E. Linhart, G. Herink, J. Rabas, J. Drnec, E. Schnabl. Sisters: B. Prener, J. Pros, A. Sotka, E. J. Schnabl, A. Basta, J. Drnec.

Correspondence: Letter from Wisconsin State University re: our sending copies of the Sokol Gymnast for their library. Request from Dalhousie University, Nova Scotia for complimentary subscription of our American Sokol for their Learning Resource Centre. Report from the USGF, copies given to Bro. Linhart and Sis. Schnabl. Card from Sis. Ruzicka requesting all BOI material be sent to her. Merit Award letter of receipt, received from Sis. Karen Vavra and Denise Minarik.

Bro. Drnec thanked the Executive Board for the loan of various items from the office for the Central District participation in the Chicago Folk Fair.

Board of Instructors: Bro. Linhart reported on the Men's BOI meeting of 11/17. Request a letter of authorization be given Bro. Fina as representative to the USGF, agreed. Letter informing Mr. Jindrich Palocka may be interested in the position of Traveling Instructor. Application will be sent and request for complete resume. Sis. Prener will send a Junior Boys and Girls Uniform to Vienna, these will be the official uniforms for the Vienna Slet. Pictures of Merit Award recipients will appear in next month's Sokol Gymnast. Attended the Tour Committee meeting and the Gymnastic Skills Committee meeting. Preparation of awards are being worked on. Taught at the Central District Instructors Course Nov. 20th. Sis. Schnabl attended Sokol Havlicek-Tyrs 60th Anniversary, Central District Instructors Course and Clinics. Attended the Gymnastic Skills meeting. Submitted additional songs to the Song Book Committee.

Financial Secretary: Sis. Sotka reported all income and expenses entered to date. Federal Taxes deposited for Oct. Prepared Oct. Financial report. Sokol Zizka requested 300 brochures which were mailed. Lodge SPJST added to our mailing list. 173 changes on the mailing list. Sokolice Los Angeles ordered 100 Sokol pins, demand has been great. Transferred \$1,000.00 from Civic Savings to our checking account to cover requests for payment out of the Special Assessment Fund. Transferred \$1,800.00 from Future Sokol Leaders Fund to checking account to cover Merit Award recipients. Transferred \$5,000.00 to Excursion Account for deposit required by Pan-Am Airways for Vienna Tour. Balance of account at Home Federal changed to 6%, 2 year Certificate.

Treasurer: Bro. Basta stated he is in agreement with Financial Secretary report. Worked on Uniform Division and brought books up to date.

Membership: Sis. Pros read report prepared by Bro. Svoboda. No Unit has reported forming a membership committee. Follow up letter will be sent so ASO Committee can work directly with the Unit Committees. Contacted various printers re: Posters, received only one bid. More information at next meeting. Literature suitable for advertising of membership drive being worked on.

Public Relations: Sis. Basta stated working at the Chicago Folk Fair, Nov. 21st. Will work with Sis. Pros and the Central District for next year's presentation.

Uniform: Sis. Prener stated this department is progressing nicely. Request permission to rearrange shelving to utilize more storage space, agreed.

Sis. Prener reported on the incorrect statement regarding an article stating the death of Sis. Rose Stackhouse which was placed in the American Sokol and the Hlasatel. Called Sis. Stackhouse and apologized for this mishap. Wrote to Bro. Komarek informing of his error.

Editor: Bro. Herink stated the articles he receives can not all be checked out and stated the person who wrote the article must assume full responsibility for said article. Material submitted to printer in plenty of time, but publication is still very late in coming out.

Tour: Sis. Pros reported on Tour Committee meeting. Committee recommends the 12 day Tour be accepted at \$412.00 per person including air fare and ground tour, carried. Highlights of 25 and 12 day Tours to be sent with Annual Letter to all Unit Secretaries. Bro. Rabas will work on 25 day Itinerary and Sis. Pros will work on 12 day Itinerary. Full Itineraries will be sent upon request.

Secretary: Sis. Pros stated following letters sent: to Bro. Pavoucek re; change of meeting date and elections. Bro. Josko requesting their camp in Potter Lake, Wisconsin, for our 1973 Course. Mr. Otten, AAU information on our dues. — Bro. Prevratil regarding new units in their area. Helped set up and worked at the Chicago Folk Fair. Conducted tour to the Milwaukee Folk Fair, organized the Jr. and Sr. Social for the Central District. Attended Tour Committee meeting, Central Dist. Women's BOI meeting. Central Dist. Activity Committee meeting.

President: Bro. Barcal stated attending Sokol Slavsky meeting. Congratulate their Educational Director for the nice presentation. Attended Sokol Havlicek-Tyrs Banquet. Bro. Salak requested permission to have Bro. Spanek visit Sokol Portland, agreed. Attended the Chicago Folk Fair, booth well set up.

## DISTRICT REPORTS

### CENTRAL DISTRICT

October 27, 1971

Pres. Bro. Joseph Drnec presided with 25 members present. Letter received from ASO regarding Membership Drive. Letter sent to Sokol St. Louis granting permission to have the Slet in 1972. Sis. Laznovsky had taken two injured students for medical treatment and therefore was reimbursed.

Director of Women, Sis. Tuma, gave her report. The social for the Juniors is to be held Nov. 12th at Sokol Tabor with dancing and refreshments.

Sis. Pros read the report of Director of Men, Bro. Lebloch. Tour to the Milwaukee Folk Fair, Nov. 21st. Reservations to the Tour for the St. Paul Winter Carnival must be in by Dec. 31st, with a \$10 deposit. Sis. Pros. was praised in doing a great job with the tours. Bro. Drnec donated a cabinet to store Slet and other important Sokol material. Invitation to Sokol Havlicek's Anniversary Dinner, Nov. 6th. Bro. Halik announced Sokol Slavsky will initiate 90 new members at its Nov. 3rd meeting, with a social afterwards. The question of the by-laws regarding Slavic descent arose. Something to be considered at the next convention.

A Float committee was appointed. Bro. Pirka, chairman, and Bros. Halik and Janecka. It is authorized to purchase all necessary materials. Earlier starting time of meetings will be discussed at Annual Meeting, and also other Unit matters. It was moved the next District meeting be held Dec. 15th. The Annual Meeting will be held Jan. 16th. Election of officers will take place. Nominating Committee: Bros. Svoboda, Halik, Zenisek. Sisters Pros and Sramek. Coming events: Sokol Stickney, Spaghetti Dinner, Dec. 4th; Sokol Slavsky, Installation of Officers, Jan. 9th.

**EASTERN DISTRICT**  
November 15, 1971

Pres. Bro. Charles Zraly presided. Present: Bros. J. Babinec, F. Capek, A. Chaloupka, H. Vesely. Sisters B. Hochner, N. Zabka, B. Zraly.

Correspondence — Check for \$68.88 from ASO for Eastern District's share of cost per student to the Southern District Course held in Ennis, Texas. — Sis. Patricia Holub of Sokol New York received renewal of Merit award of \$200 for period of 1971-72. — Sis. Irene Vincent of Sokol Baltimore regrets inability to accept position of Educator of the District. — American Czech Sport Club dance, Nov. 20th.

Director of Men, Bro. Capek — Reports from Sokols Baltimore and Little Ferry. — District has chairmanship of the United Sokols for ensuing year. — Chance books distributed.

Director of Women, Sis. Zabka — Reports from Sokols Little Ferry and New York. — Thanks to Bro. Frank Novak, Pres. of Sokol Belcamp, for copies of calisthenics and competition exercises for children, junior and senior classes. Copies sent all Units. — Sis. Virginia Belsen and Bro. Paul Paces are Athletic Directors of the District. — Senior bowling tournament, Dec. 4th. Juniors, Dec. 12th. — Bills of \$11.25 for engravings, and \$3.24 for mailing competition exercises. — Bro. Petlicka will obtain rates for Eastern District to Vienna Slet.

**UNIT REPORT**

Sokol Little Ferry, Bro. Vesely — Successful Duck Dinner and Dance. — Planning New Year's Dance.

Sokol New York, Bro. Babinec — No gym classes being held until electric power restored, as result of fire. Planning New Year dance.

Sokol Fuegner, Sis. Hochner — Last month's meeting honored Bro. Anton Chaloupka on 50 yr. membership, Sis. Bertha Nahaczewski and Bro. Richard Kotmel upon 20 yr. membership.

Sokol Baltimore — Preparing for its Centennial year. — Will renew dancing the "Beseda" after meetings. — Annual wreath laying ceremonies at Arlington National Cemetery, May 21st.

Treasurer's Report, Bro. Chaloupka — Receipts, \$105.43 — Disbursements, \$230.97.

**SOUTHERN DISTRICT**  
October 14, 1971

Pres. Bro. George Prevratil presided. Present. Bros. Don Steinman, Jerry Milan, Joseph Slovak, H. B. Smith, Larry Laznovsky. Sisters Marie Kane, Sylvia Laznovsky, Patsy Slovak, Henriette Milan, Vlasta Laznovsky, Lil Laznovsky, Rose Steinman.

**UNIT REPORT**

Sokol Zizka — Sept. meeting attended by 37, gained 2 regular, 6 associate members. — Gymnasts participated in Czech Day at State Fair. — 2 dances — Educational Director teaching Czech songs to gym classes.

Sokol Karel Havlicek-Borovsky — Sept. meeting, 30 members, gained 2 regular, 6 associate members. — Hosted volley-ball tournament, 4 Units participating. — 50 gymnasts in State Fair Czech Day. — One dance — Hosted Tour from Chicago — Catered dinner for Farm Bureau convention

Sokol Fort Worth — Gained 24 associate members. — Participated in Czech Day on mobile stage, 50 in coliseum. — Held Award banquet. — 6 man team met Dec. 3-4th with Monterray Institute of Technology.

Sokol Houston — Sept. meeting, 35 members, gained 12 regular, 4 associate members. — Socials on Sundays. — 3 dances. — On agenda; Dances scheduled Oct. 9th, Nov. 7th, 13th, 24th. — Circus Oct. 23rd. — Volley-ball tournament, Nov. 20th. \* \* \*

Director of Men, Bro. Laznovsky — 165 gymnasts participated in Czech Day, tumbling, light apparatus and special numbers. Expressed appreciation to Sokol Zizka for providing necessary apparatus. — Volley-ball tourney at Sokol Houston, Nov. 20th. — Annual BOI meeting same weekend. — Report from Bro. Sijansky from Sokol Corpus Christi, requesting educational material.

Director of Women, Sis. Laznovsky — Completed competitive exercises for junior girls with Sisters Milan and Stoeppelman. Films forwarded to Sis. Schnabl.

Educational Director, Bro. Milan — Will attend Olympic meeting Nov. 5th. — Working on book for educational material for children. Plans to tape some lectures.

Discussions — 1972 District Slet. — Annual Meeting Jan 23rd, at Ennis. — Bro. Prevratil voiced appreciation for reports and perfect attendance of Board.

**PACIFIC DISTRICT**  
October 2, 1971

Pres. Bro. Salak presided. Present: Bros. Hintnaus, Spinka, Pokorny, Dusil, Radej, Bednar. Sisters Pulpan, Pokorny, Bednar, Haralik, from Sokol Los Angeles; Sis. Lizak, Sokol Fresno; Bros. Spanek, Keath, Sisters Spanek, Keath, Sokol San Francisco.

Letters from Sis. Prener, I Vice Pres. ASO, regarding information about Sokol uniforms, and second, recommended District make no move pertaining to Sokol Scio property, it is a hopeless situation; from Bro. Hrebik announcing Sokol Slet in Vienna, June 20 — July 3, 1972.

Bro. Salak asked Vienna Slet participation of Sokols San Francisco and Fresno. Will visit San Francisco in January. Reported 18 gymnasts from Los Angeles Unit were registered. Mentioned latest date for registration is Nov. 30th. Sis. Haralik is flying sec'y., taking care of finances and paper work. Departure date for Tour is June 27th, returning July 25. Calisthenic drills will be mailed to Units as soon as possible. Bro. Dusil recommended traveling funds be established in Los Angeles and San Francisco to help finance the trip for the gymnasts.

Bro. Hintnaus reported gymnastic activity has started at Sokol Los Angeles with 10 women, 15 girls, 4 men and 5 boys attending classes. The "Stara Garda" has 20 members. The Volley-ball team with 10 members in training every week. The Czech School for children, with Sis. Prochazka, has 20 children in the class. Also suggested next year's camping be held at Hume Lake, since many members prefer it.

Bro. Dusil stated the Volley-ball tournament will be held in Utah, Nov. 6th. Invited San Francisco Unit to join Sokol Los Angeles team, making it a Pacific District team, with shared expenses. The team should be supported since it was very favorably representing Sokol.

Sis. Lizak moved the District sponsor the team, seconded. Stated Sokol Fresno Volley-ball team would also appreciate taking part in the tourney. Reported on activities in Fresno. — Bro. Spanek announced visiting Sokol Fresno; and very pleased to find Unit very much alive. Bro. Keith asked the request to hold the District Slet in San Francisco be declined, since they feel unable to master such an event. The Unit is preparing for an Academy. — Sis. Keith stated between 12 to 20 children attending classes, 2 juniors, 3 men and 3 women drilling at Sokol San Francisco.

Bro. Salak received many requests to hold Dingy Creek Camp again in summer 1972. Bro. Bednar agreed to serve as instructor again. Sis. Spanek volunteered to take care of the kitchen. Details will be discussed at the Annual Meeting to be held in Los Angeles, Jan. 23rd. A dance to be held Jan. 22nd, profit going towards camp. — Sis. Spanek showed postcards featuring the Sokol uniforms. The profit from the sale of these will go towards the Traveling Fund for the Vienna Slet gymnasts. — District Slet will be held in Los Angeles, May 26-29.

Financial Report — Checking Account, \$557.11  
— Savings Account, \$870.92.

## THE CASE FOR "SQUARES"

BY ROBERT W. WARREN

Attorney General, State of Wisconsin

Those who currently preach revolution and violence, the destruction of traditional American institutions, and scorn for the generations that preceded them are blind to truth.

My generation has admittedly made some mistakes, which the radicals quickly point out and exploit. On the subject of our accomplishments, however, they remain strangely silent.

The fact is that, whatever our errors, we must have done some things right. We have made America the most affluent country on earth. We have tackled, head-on, a racial problem that no other nation in history has dared to face.

We have publicly declared war on poverty and have gone to the moon. We have abolished polio and begun to curb pollution. We have presided over the beginning of what is probably the greatest social and economic revolution in man's history. Some of these are only in the initial stages, still to be finished.

We have declared ourselves and committed ourselves, and taxed ourselves and almost run ourselves into the ground in the cause of social justice and reform. These things have been accomplished by a generation of "squares."

In present-day society everyone knows what a square is. He is the man who has never learned to get away with it, a Joe who volunteers when he doesn't have to, a guy who gets his kicks from trying to do something better than anyone else, a boob who gets so lost in his work that he has to be reminded to go home at night.

The square isn't thriving too well in today's climate. He doesn't fit too neatly into the current crop of angle-players, corner-cutters, sharpshooters, and promoters. He is burdened down with old-fashioned ideas of honesty, loyalty, courage and dedication.

But he is not on his way to extinction, despite the news you read every day, especially news coming from many of our college campuses.

Where and when did all this campus violence begin? It seems to have emerged out of the West, at Berkeley in California, with the so-called "free speech" movement in the early 1960s. From free speech it advanced to dirty speech, and social causes, and Vietnam and Cambodia and Kent State.

The student radicals, generally led by non-students, progressed from demonstrations to confrontations. And they say all this is being done in the name of non-violence, in the name of peace.

People of all ages who are thinking through the meaning of "non-violence" may be interested in weighing some of the results of the bombing of the Army Mathematics Research Center in Madison. In dollars and cents, the loss exceeded three million dollars; a young researcher, father of three small children, was killed; three others were injured; research on a variety of diseases, and possible cures for them, was set back years; the work of one scientist's lifetime was destroyed. All of this was accomplished in the name of non-violence.

Despite the horrified reaction of straight-thinking people, editorials in The Daily Cardinal, student newspaper at the University of Wisconsin, condoned and even rejoiced in the bombing destruction. Is it any wonder that militant university students deliberately violate laws and ignore rules?

No reasonable person would deny them the right to their opinions and to make those opinions known. But we must protect ourselves from the attitudes and actions of certain of these students—and some

# SOKOL GYMNAST

December 1971

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 Edited by AMERICAN SOKOL BOARD OF INSTRUCTORS
 

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## VESELÉ VÁNOCE A ŠTASTNÝ NOVÝ ROK!

*The above is the traditional Czech greeting, extending the best wishes of the Holiday Season. To our Brother and Sister Sokol members, the American Sokol Organization's Board of Instructors echoes this greeting.*

*It is our sincere wish that 1972 brings us all closer together, swells our ranks, and furnishes everyone with the rewards so richly deserved by unselfish devotion to the Sokol Dream.*

## MERRY CHRISTMAS AND HAPPY NEW YEAR! NAZDAR!

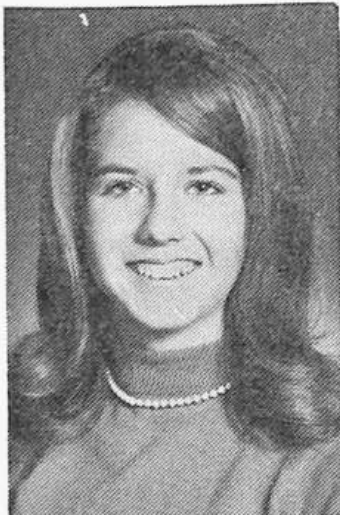
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# AMERICAN SOKOL ORGANIZATION

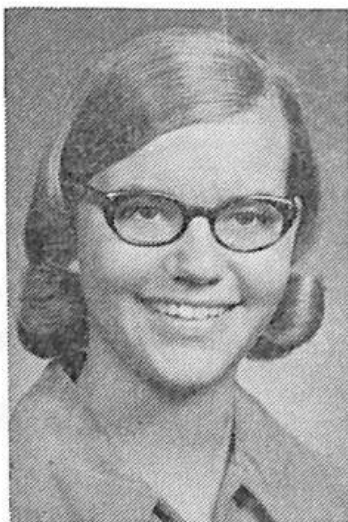
## MERIT AWARD FOR 1971-72

Upon the recommendation of the Merit Award Committee which had met and thoroughly examined all applications of applicants, the following Merit Awards have been approved by the Executive Board to be paid from the Sokol Future Leaders Fund. Those applicants not awarded should re-apply next year.

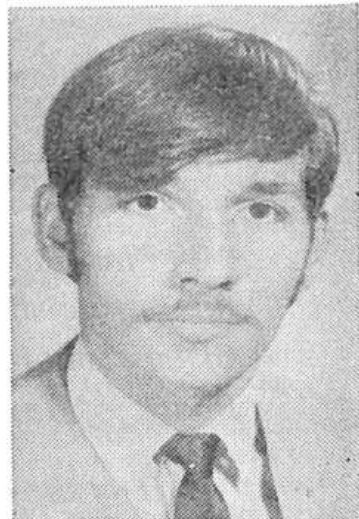


**KAREN VOELKA**  
Sokol West Suburban  
Central Dist.  
Univ. Western Illinois  
Macomb, Illinois

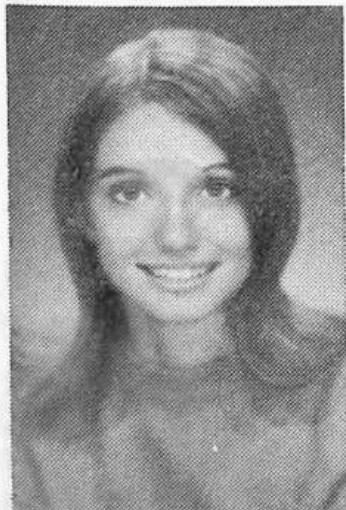
### Merit Award



**KAREN VAVRA**  
Sokol Tyrs  
North Eastern Dist.  
Univ. of Rochester  
New York



**EDWARD C. LINHART, JR.**  
Sokol Tabor  
Central Dist.  
Morton College  
Cicero, Illinois



**DENISE MINARIK**  
Sokol South Omaha  
Western Dist.  
Univ. of Nebraska  
Omaha, Nebraska

•

#### Renewals for 1972 are:

**PATRICIA NASH**  
Sokol New York  
Eastern District

**JAMES BEROUSEK, JR.**  
Sokol Tabor  
Central District

**JOHN KOCOUREK**  
Sokol Fuegner-Tyrs  
Western District

**MICHAEL CALDWELL**  
Sokol Zizka  
Southern District



**PHYLLIS SWOBODA**  
Sokol South Omaha  
Western Dist.  
Univ. of Southern Ill.  
Carbondale, Illinois

•

#### MERIT COMMITTEE

**GEORGE KALAS, Chairman**

Ellen Jeanne Schnabl

Lorraine Zdenek

Edward Schnabl

Edward Linhart

# THE LONGHORSE VAULT 1972

As of 1972, a drastic change has occurred in the judging of the long horse vault. The score will depend on the type of competition being held and five other individual factors.

The score will be comprised of the following:

1. Base score. This is listed for each vault per difficulty rating but reduced by either .3 or .6 pts for bonus points (see Bonus points). Team competition or all around competition (competition 1 or competition 2) has the .3 reduction whereas a final competition in an individual event (competition 3) has the .6 reduction from the former difficulty rating.

2. Rating. These are definitely established into three sections (600, 400, and 600 millimeters) and if last hand(s) to touch is in the 400 mm zone a .5 deduction (from 10) is made.

3. Preflight. The new definition includes the release of the hand as part of the preflight. This gives the vaulter a chance to reach his required angle before pushing off.

4. Second flight. This includes from push off

to the stand. This includes height, distance, alignment or direction, and the stand. About 2.5 pts. can be deducted for second flight.

5. Execution form throughout vault. This includes form, bending of arms and extreme bending of body. Possible 2.3 pts.

6. Bonus points. This is rather new. It is the returning of the reduced points (.3 or .6) for Risk, Originality, and Virtuosity (ROV) and the listed jumps have asterisks indicating the possibilities (up to three asterisks for the very risky vaults. A chart is required to demonstrate the bonus point system.

The foregoing means that judging of the vaults is a more precise matter. It also gives the system for teaching vaulting. An instructor cannot be critical of a vault without knowing fully the six individual factors that establish whether or not a vault has been correctly executed. Using the diagrams of the two vaults let us judge them as pictured.

## DIAGRAMS

### Vault A

- 1. Preflight low (at 6) ..... -5
- 2. Second flight

- height low ..... -3
- distance short ..... -2
- line ..... -0
- stand ..... -0

- 3. Execution ..... -0
- 4. Zone ..... -0
- 5. Bonus points no ROV . +0
- 6. Base Score 9.7
- Score ..... 8.7

### Vault B

- 1. Preflight very low (at 4) -1.0
- 2. Second flight

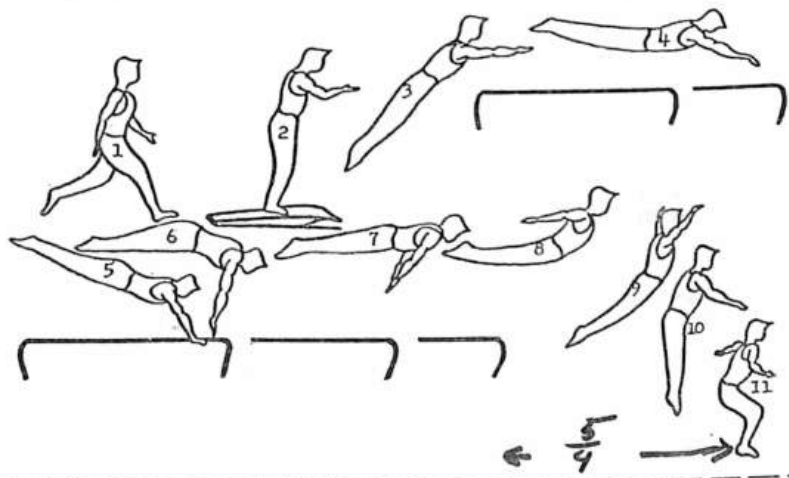
- height low ..... -5
- distance very short . -5
- line ..... -5
- stand ..... -0

- 3. Execution ..... -0
- 4. Zone ..... -0
- 5. Bonus points no ROV +0
- 6. Base Score 9.7
- Score ..... 7.7

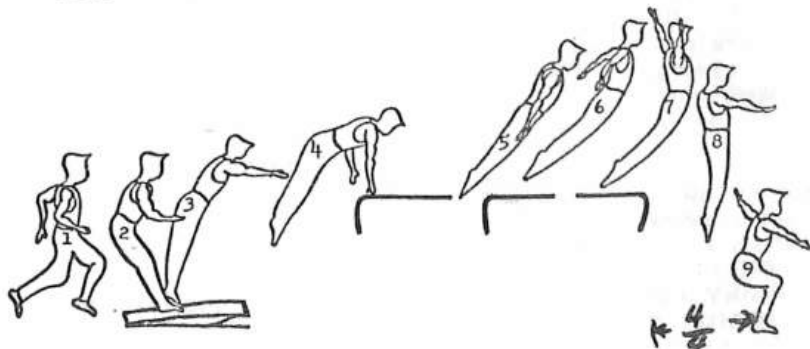
The above should give a pretty good idea of what is involved in the proper performance of a long horse vault. The new rules and new diagrams should be studied.

Br. Paul Fina

**A.** HECHT FROM THE NECK



**B.** HECHT FROM THE CROUP



## FIRST AID CHART

### SUDDEN CESSATION — SUDDEN DEATH!

"Sudden Cessation — Sudden Death!  
Only the most vigorous activity —  
day-out-and-day-in;  
will safeguard — the higher ultimate  
meaning —  
of our existence, and our freedom!"

Dr. Miroslav Tyrš

The Sokol Training program patterned by Dr. Miroslav Tyrš, after the glorious ancient Greek culture and philosophy, is bolstered by new evidence from modern research and scientific studies of the life history of man.

These studies in their entirety clearly indicate, that those who maintain their fitness through vigorous exercise, the core activity of the Sokol training program, suffer less from degenerating diseases and may live longer.

Here below are a few specific scientific findings and benefits, deriving from maximum taxation of the body capacities, through active participation in the Sokol program.

- The venous circulation of the blood is greatly improved. The muscular pressure exerted on veins by the intensive bodily movement, aids in a great measure to a quicker return of blood to the heart; and makes blood-clotting less likely.
- The number and size of the blood vessels that carry the blood to the body cells is enlarged. Likewise the total volume of blood is increased.
- The breathing is greatly improved; by bringing greater volume of oxygen to the lungs and removing more completely, carbon dioxide from the blood.
- A marked decline in the impairment of various metabolic functions, such as: cardiovascular inefficiency; the cholesterol count; and, excessive body weight.
- All in all: through regular participation in the vigorous activity of the Sokol training program, muscles, heart, lungs are developed to give us strength, speed, endurance, agility and flexibility.
- Finally, there seems to be a close relation between the physical effort and mental health. The pleasurable activities of the Sokol training program wash away the fatigue, tension; and encourage the Health and Fitness Continuum.

The total embodiment of the Sokol training program procreates a true picture of health — a happy state of mind — physical and psychical well-being, manifesting itself, when we are pleased, and — being so: —

our whole outlook on life brightens — our blood circulates faster — our heart pumps more blood through our system — our eyes shine — our entire body becomes permeated with a kind of glow and warm feeling: "THE VICTORY OF FULFILLMENT — BLISS OF GROWTH — GLORY OF MOVEMENT — and SPLENDOR OF BEAUTY!"

O. J. Kudrnovsky

## BURSITIS IS COMMON BUT OFTEN PAINFUL

By T. R. Van Dellen, M.D.

Reprinted, courtesy of the **Chicago Tribune**  
Bursitis is one of the most common rheumatic disorders. Bursae are the thin-walled sacs located wherever tendons move across one another or over bones. These structures contain lubricating fluid to help the tendons glide smoothly.

Shoulder bursitis does not begin as true inflammation of a bursa. The culprit is the supraspinatus tendon that passes from the upper shoulder thru the middle of the bursa to the other part of the upper arm. It helps raise or lower the arm, and in so doing may get pinched between the shoulder bone and upper arm bone.

Those who use the arm more than usual — such as violinists, conductors, athletes, and painters — are more likely to be bothered with bursitis of the shoulder. Repeated trauma leads to swelling of the tendon within the bursal sac. A blister forms in much the same way as it does on the foot that rubs against a shoe.

As pressure within the bursa increases, the shoulder becomes painful. This may take place suddenly or gradually. When severe, pain occurs thru-out the shoulder and extends downward into the hand. It may be so excruciating, the arm cannot be moved more than a few inches. Pain lessens within 7 to 10 days, as swelling subsides. Several weeks may elapse before the individual can reach into his back pocket or put an arm into a sleeve without distress. Injecting a steroid directly into the bursa is the best remedy.

Also used are X-rays, procaine injections, or needling to remove the fluid. Heat and massage lessen residual stiffness. It is advisable to move the arm periodically to avoid scar tissue and a frozen shoulder.

### Getting Along

"By nature man is a social creature and when cut off from social contacts becomes morose and unhappy. Therefore, if you cut yourself off from others, you're making yourself unhappy. Everyone needs other people to satisfy inner needs. So get involved. Our Sokol endeavor is a fine outlet in combating that unsatiated desire for fellowship. So share in the participation. You'll find the more you become involved with others, the happier you'll be."

### Getting Involved

"Success is not simply a question of how much skill one has, but of how well he can get along with others," writes Dr. Handas Chaudhuri, Indian philosopher, "The development of an individual as an individual . . . consists in joining hands with others in constructive cooperation without loss of inner freedom and sense of value."

faculty members, too—who recognize no authority except their own wishes. They hold the view that they alone ordain how the university is to be run, and, indeed, how the world should be run. They are highly intolerant of those who hold a differing view.

There are many frightening aspects of this type of thinking. The students and others who engage in it say they distrust us, that they have been deceived. by the "Establishment." A disturbing syndrome, however, is their immediate readiness to accept as absolute truth any pronouncement of the Viet Cong or the North Vietnamese. Their attitude toward their parents runs an interesting gamut—not love, affection, and gratitude, but rather contempt, dislike, and hatred.

This is the Jerry Rubin who is building up a sizable income through the device of a tax-shelter foundation, raking in the money from his teaching and preaching of a new revolution in America—the Jerry Rubin who falls back on the defenses of Constitutional rights as he goes about the business of attacking government.

He and his followers advocate the destruction of Society (the "Establishment") as though it were a terrible foreign bondage.

We know that Society is far from perfect, but we have improved it, and will continue. We have not yet solved the racial problem, but we have faced it. We are terribly worried about the degradation of our environment, about injustices, inequities, inefficient bureaucracy, and other kinds of abuses. We will continue to attack these problems and will ultimately solve them.

In doing so, we will not be intimidated by screaming rioters, by threats, or even by their bombs. We will restore to our colleges and universities the kind of academic climate for which they were designed.

Maybe that's the whole point. Schools are for learning and not for burning. Maybe we have had too much Dr. Spock and not enough Dr. Spank.

Youth has always been characterized by impatient idealism. If it were not, there would be no change. But impatient idealism does not extend to guns, fire-bombs, riots, vicious arrogance and instant gratification. This is not idealism; it is childish tyranny.

Arnold Toynbee, the historian, says that of 21 notable civilizations, 19 perished, not from external conquest, but from the evaporation of beliefs within. Ours is probably the greatest civilization in the history of mankind. It was built on high moral standards and it will remain so only if it is saved from the erosion that is now taking place.

I am not afraid that what is happening today is beyond our capacity to control. I am confident that we will recover from this illness, and that in place of the Yippies, radicals, dropouts, fallouts, and other beatnik "geniuses," we will restore honest manhood to our society.

Fortunately, one positive result of our accomplishments is that our nation is building a whole new set of heroes—men like Armstrong, Lovell, Aldren, Slayton, Collins, Glenn, and others who come from such towns as Wapakoneta, East Perry, Boulder, Sparta, and additional communities hardly known as centers of anti-Establishment.

These men apparently grew up to be squares, for who but a square would volunteer his life for his country's good?

Let me add to this class of heroes the law-enforcement officers of this country, who are in the front ranks against domestic violence. They are the thin blue line between anarchy and domestic tranquility; they, too, volunteer their lives for their country's good.

The road to the future is not an easy one. There is no easy road to greatness, no easy path to progress, or to a crime-free moral society, or to outer space or inner satisfaction. Attaining these goals requires the continuing dedication of each of us.

Eagle Magazine

## Electing New Officers

The time will soon be upon us when we have to elect officers and different committees for the coming year. Usually, with a few exceptions, the results are the same. The old and reliable stay in their jobs, often tired and wishing to be relieved, even for a short time. This is not a healthy situation, as many a time when they grow old or in case of a sickness or death, they are hard to replace.

When a nominating committee is called, many stay away thinking — "Let somebody else do it", and some fearing that for lack of experience they could not qualify, also avoid the meeting. The results? . . . the old and true "Sokol Guard" has to carry on in order that SOKOL and its ideology might survive. How can any good Sokol or Sokolice take this so lightly? What would our Czech Center be without Sokol?

All you have to do is to witness the death of many a former Czech community, where Sokol had died or never existed. Do you want this to happen in St. Louis, Missouri, the cradle of Czech life in America? I am sure that we don't.

Now is the time for you younger members of Sokol to prove this by answering the call by attending when the next Nominating Meeting is held. Then we oldsters with a grateful feeling within our hearts can again joyfully say . . . — "WORK WELL DONE!"

John Reiner, Sokol St. Louis

## Sokol Havlicek-Tyrs 60 Eventful Years

On this day — November 6, 1971 — Sokol Havlicek-Tyrs will have reached another important milestone in its long and colorful history — this anniversary banquet marking its 60th birthday — 60 long years of dedicated Sokol service — never once faltering from the principles of Dr. Miroslav Tyrs and Jindrich Fuegner — the founders of our Sokol movement.

The story of Sokol Havlicek-Tyrs is truly a legend of years and years of untiring effort on the part of countless numbers of individuals — brothers and sisters toiling side by side — giving wholeheartedly of self without any thought of remuneration or praise.

Therefore, it is in appreciation on this special occasion that we delve a little into the annals of

Sokol Havlicek-Tyrs. Sokol Miroslav Tyrs was founded in January, 1903. Sokol Karel Havlicek was instituted August, 1904. It was in 1907 that Sokol Havlicek purchased the present landsite for the sum of \$2,200.00.

The year of 1911 saw the merging of the Sokols and Sokolice of Miroslav Tyrs and Karel Havlicek. In October of the same year the cornerstone of the original building was laid. Three months later the building was formally opened, but it was in 1925 that the remodeling program began in earnest — a new addition to the front, balcony, lodge halls, etc. A mammoth celebration marked the grand opening in September 1926.

During the entire 60 years of its existence the Sokol has had its moments. There were many a memorable and happy occasions. Then their was sadness and heartbreak. There was always the never-ending necessity of raising funds. Then came interruptions due to world and national calamities. — World-War I, the depression, World War II, and now the present mass exodus of our Czech people to the suburbs.

Yes, there were also many a happy times. It was in 1940 that the cherished dream of a Summer Home became a reality with the purchase of 55 lots in Crystal Lake, Ill. Through the volunteered services of brother and sister alike — the Camp soon took shape with construction of kitchen, dining room, dormitories, bar, etc. For a period of some 30 years, each summer found youngsters and grown-up alike — finding contentment, relaxation and joy at Crystal Lake. Land annexation in 1970 forced the ultimate sale of this treasured property.

Many of the members now reside in the suburbs. The ties and love towards the Sokol remains constant as ever. We will continue on with determined and renewed effort sincerely hoping that our friends will join us in Sokol partnership.

### Sokol St. Louis

The Archives committee of Sokol St. Louis is attempting to increase its collection of historical documents, photographs, Czech publications and other items of informational value pertaining to the past years of the Czechs in St. Louis Mo. If any Sokol members or friends have stored away in their attic, garage, basement or elsewhere, any items they wish to contribute to the Archives contact the Sokol. Arrangements will be made to receive these items. Many valuable records of past history have been discarded in the past because of elderly persons not knowing the proper ways to pass these items on for preservation. Please help the Archives committee to promote a continued awareness of the great Sokol and Czech heritage in the St. Louis Area.

Louis Matustik

### Sokol Cedar Rapids

Reports indicate the gym classes are well attended, and the staffs are doing a reasonable job, which is well appreciated. Many new names have been added to the registration rolls. We welcome the new people.

The Sokol's October Pork Supper was successful, as usual, with praise of the quality of food served.

It is a big and responsible job. Both units should be proud that we still have the capacity to successfully handle an undertaking of this kind. All the workers are thanked for the responsible handling of the various duties. Chairman, Bro. Stanek, will have a final report.

It seems that hardly a month goes by that we don't have to report the death of one or more of our members. We note the passing of Bro. Clarence Schulte. We offer our condolences to his family.

A gymnastic exhibition was held Sunday, Nov. 21st, most of the classes participating. Nice talent is developing in the childrens and junior classes. The youngsters nowadays get a much earlier start than used to be the case years ago, when it was thought the children should not be pressed too hard. However, it seems now that if you wait too long, one can actually miss the boat, while waiting to get older.

Joseph Pazour

### Sokol South Omaha

It is with great pride that Sokol South Omaha can boast of its continued increase in membership. We are certain we do not have another Unit within the ASO that can claim an increase in membership that will equal that of Sokol South Omaha. In 1969 we had a total membership of 150 men. In October, 1971, we surpassed the 400 mark, an increase of more than 250 during the past 2 years. This continued increase in membership has not only been beneficial to our Unit, but undoubtedly has made the Western District the fastest growing District of the ASO.

We are all very proud of this great accomplishment. The members who had worked to secure these new members are certainly to be complimented. Our greatest hope is to continue this membership drive in order that we may reach even higher goals and greater achievements for Sokol South Omaha.

Edward Pavoucek

### Sis. Frances Kovarik

Sis. Frances Kovarik, Honorary Member of our Sokol Detroit sokolice, passed away Oct. 1st. after a long illness and years of confinement in her world of darkness, having lost most of her eye-sight in the last 10 years of her life.

Her fondest memories were of her active years in our Sokol where she was a member since 1931 and president for 3 full years. Sis. Frances and her husband, Martin, Sr., recruited many of us of the Czech group to produce both stage plays and operettas, realizing and satisfying many hidden talents among our Czech people.

Her will to do good was a driving force in the Czechoslovak National Alliance, American Red Cross Blood Bank, International Institute and many other varied cultural activities. She had a fierce pride in her Moravian heritage and to promote our Czech customs and artwork wherever possible.

Her passing is especially mourned because she was about the last of her kind. A determined hard worker, compassionate with the oppressed and needy, and ever helpful to those less fortunate

than herself. We will always remember her, and may she now rest in peace.

Jarmila Zboril

## Senior Citizens

A very successful event of our Senior Citizens Club this year was a trip to Battle Creek, Mich. on Oct. 12th under the perfect arrangements and guidance of Bro. Charles Van Cura and Club treasurer Bro. A. Pernicka. A chartered bus left the Sokol Cultural Center with 50 members, as usually the ladies in larger number.

After three hours ride, the group stopped in Richland, Mich. between Kalamazzo and Battle Creek at the Gull Harbor Inn where the proprietor, Mr. A. Zeman, welcomed the group in our Czech language.

After a delicious luncheon and refreshments, we visited the Bird Refuge Park and then an hour tour through the famous Kellogg Cereals factory. It certainly was interesting to see the modern automation of cereal food processing. Weatherwise and otherwise, it was a real pleasure trip.

Frank Moravansky, Sokol Detroit

## Literary Donation to University of Chicago

A collection of books and other source material produced by Czech and Slovak communities in the United States since 1848 has been donated to The University of Chicago Library.

The collection, which contains several thousand pieces, was given by Dr. Zdenek Hruban, Associate Professor in the Department of Pathology of the University's Division of the Biological Sciences and The Pritzker School of Medicine.

Dr. Hruban, a long-time student of Czech and Slovak life in the United States, acquired the material as sources for a history of the Czech and Slovak communities.

The books, pamphlets, and manuscripts in the collection will provide material for historical research and permit scholars to evaluate the contributions of Czechs and Slovaks to the development and culture of the United States, according to Robert Rosenthal, Curator of Special Collections at the University.

Included in the collection are correspondence and pamphlets of the Czech Socialist party of the United States from the 1920s, when a split developed within the party between Communists and Social Democrats. Most Czechs sided with the Social Democrats, but the disagreement provoked heated controversy which is reflected in the collected material.

Also included is a handwritten book of folk songs, dated 1886, reflecting themes of everyday life in the old country, and a rare pamphlet on the early history of Czech, Slovak, and Moravian people in the United States. Other valuable data is contained in a set of newspaper clippings, more than 1100 pages in all, relating to the history of Czechs and Slovaks in Michigan.

The collection supports the University's developing program in Czechoslovak scholarship. It will be housed in the Department of Special Collections at The University of Chicago's new Regenstein Li-

brary, where it will be available to scholars in Czech and Slovak studies.

## Leadership

"Leaders are made, they are not born; and they are made just like anything else has ever been made in this country — by hard effort. And that's the price that we will all have to pay to achieve that goal, or any goal."

The late Vince Lombardi



## RALPH J. PERK Czech, Sokol Elected Mayor of Cleveland

November 2, 1971 was a glorious day for Czechs, Slovaks and Sokols in Cleveland, Ohio. RALPH J. PERK was elected chief executive of our great city. He is the first mayor of Czech ancestry to achieve this honor, being elected by 88,774 voters. For us Sokols this victory is even more significant, since Bro. Ralph J. Perk is a member of Sokol Tyrs, and also Vice-Pres. of the Committee for Liberation of Czechoslovakia. His son, Bro. Ralph J. Jr., a councilman of our city, is member of Sokol Nova Vlast.

Bro. Perk won without the support of the press media (Novy Svet was the only paper endorsing R. J. P. in Cleveland). The Cleveland Press, in its Monday, Nov. 8th publication stated: "It took 20 years for Ralph J. Perk to journey from the red dust of the Southeast Side to the marble columns of City Hall." Bro. Perk knew the beauty of our Hall as a councilman for many years, as well as he knew the needs of our citizens. He proved to be a good councilman of the city and an excellent auditor of Cuyahoga County.

During R. J. Perk's inauguration Nov. 8th, Father Jan Anđel of Our Lady of Lourdes said: "This dedicated man — honest and wise — to him we

pledge our prayers. He is dedicated to make Cleveland the best city in the nation."

Bro. Perk is 57 years old, father of seven children. Wife, Lucille, mother of their children, proved to be a great companion. We wish Bro. Perk good luck and success in the City Hall.

Premek Kocian

## První český starosta Clevelandu

Ralph J. Perk byl právě zvolený starosta města Clevelandu. Obdržel 88,774 hlasů. Br. Perk je členem Sokol Tyrš. Jeho syn, Ralph J. Jr., je členem Sokol Nová Vlast. Br. Perkův životní sen se stal skutečností tak nečekanou, že na ni reagoval sám prezident Nixon, a srdečně gratuloval.

V pondělí 8. listopadu mayor Perk složil slavnostní starostenskou přísahu v zasedací síni městské rady. Dlouhá a trnitá byla cesta ke křeslu clevelandské radnice. Br. Perk byl radním skoro deset let. První volby vyhrál velmi těsně, v posledních už ani neměl opozice. Sloužil s tak poctivou svědomitostí, že se na ni dodnes vzpomíná po celé Broadway.

V listopadu 1962 se stal auditorem. V roce 1965 kandidoval prvně na mayora. Skončil třetí. O čtyři roky později prohrál po druhé o 3,500 hlasů.

Br. Perk šel do voleb téměř s prázdnou kasou. Sbíralo se po dolárku, dávali drobní lidé, pořádaly se stolečkové zábavy, obědy, večírky, sbíralo se i do klobouku. Opravdu zvláštní kampaň!

Perkovi však nikdy nešlo jen o stranu, ale o službu lidem a o svobodnou a prosperující Ameriku. Svým živým zájmem o národnostní hnutí, udržení a uplatnění všech jejích kulturních tradičních hodnot, Perk je přesvědčeným zastáncem názoru, že Amerika bude skutečně duchovně na výši jen tehdy, podaří-li se jí vytvořit ze všech národů, které ji budovaly a budují, skutečnou mosaiku na místě nerealistického násilně amerikanisačního "melting pot" (tavicího kelímku). A právě tohle o Perkovi již Cleveland'ané českého, slovenského, maďarského, polského, německého i černošského původu dávno vědí. Proto si jej také zvolili, ač mnoho peněz na kampaň věnovat nemohl.

Ralph J. Perk — k našim národním tradicím se hlásící Američan českého původu — první Čech mayorem Clevelandu! S nadšeným obdivem gratulujeme.

## Sokol Miami

Plný úspěch a zdar 2. výročí Sokola v Miami. Oslava se vydařila, návštěva na banketu byla velká a program zásluhou Emily Růžičkové byl moc pěkný.

Starosta Sokola Miami Frank Šimpach přivítal všechny hosty a promluvil o velkém pokroku za dobu 2 let, jaký Sokol v Miami vykonal. Louise Polák pak přednesla krásnou báseň, Irenka Štěrbinová zazpívala slovenské písně a zatančila roztomilý taneček v krásném slovenském kroji. Potom nastoupila dlouhá řada nových členů Sokola. Starosta Šimpach je nastolil za velkého potlesku hostů.

V pestrých národních krojích zatančily Besedu sestry Kříž, Růžička, Venzara, Petrášek, Ploužek,

Vnuk, Pills, Bodlák, pak přišly na řadu dorostenky Sokola a hezky zacvičily; poslední číslo nastoupila dlouhá řada žen v bílých šatech s modrou ozdobou značkou Sokola pěkně cvičily; hudbu a pochody obstarával Louis Koestner.

Po dva dny, sobotu a neděli byla místnost Social klubu přeplněná hosty, kteří se dostavili, aby oslavili s námi druhé výročí Sokola v Miami.

Z Lake Worth klubu přijela Moravská kapela a hrála dlouho do noci krásné moravské a české písně. Staří i mladí — všichni tančili. Srdečné díky za dary na stavební fond a všem členům Sokola, kteří se jakýmkoli způsobem přičinili, aby oslava 2. výročí Sokola v Miami se tak dobře vydařila.

\* \* \*

4. listopadu jsme hostili v našem Social klubu velkou návštěvu z Clevelandu — autobusovou výpravu Nového Světa.

Připravili jsme pro ně výtečný oběd, nálada byla veselá, zpívali a pivečko popijeli na Sokolském banketu, vyhrávali pěkné dárky na památku, které jim pošleme — Velice jsme byli potěšeni vaší návštěvou.

Leopoldina Petrášek

## Zpráva American Sokol, Inc.

Filmové představení "Hoří má panenka" v Parma Cinema I and II se skvěle vydařilo. Jak všichni víme, bylo to představení ve prospěch stavebního fondu nového sokolského a kulturního střediska v Clevelandu.

Pořadatelé děkují všem — kdo si zakoupili vstupenky a hojnou návštěvou podpořili dobrou věc.

## Sokol San Francisco

Sokol San Francisco připravil pro své členstvo i pro krajany zálivu San Francisco, velmi důstojnou vzpomínku 28. října ve své sokolovně. Členové Sokola Eliška Buršíková, Lída Mikešová, Jan Kučera, Karel Sýkora, za řízení br. Jaromíra Marka sehráli velmi dojemně divadelní hru Karla Čapka "Matku". V konečné scéně, když matka v dramatické situaci pochopí odchod nejmladšího syna bránit svou vlast, byl promítnut na zadní scénu filmový záběr sovětské invaze Prahy, který ještě více zdramatizoval Čapkovo drama. Mnoho návštěvníků bylo dojata k slzám. Čapkova "Matka" nahradila dlouhý proslav. Káňata Sokola zacvičily vzorně cvičení s tyčemi a ses. Zdenka Marková a Lída Mikešová zazpívali národní písně za doprovodu J. Stibora. Vzpomínka bude zařazena mezi tradiční události Sokola San Francisco. Přišli opět noví krajané, kteří byli překvapení jakou máme krásnou sokolovnu. Na otázku, jak dlouhou jsou v San Franciscu, odpověděli pět let. Neďte se, že to nedovedu pochopit, já když jsem vandrovat cizinou, tak jsem nosil své sokolské "šponovky" pod páždím a moje první cesta byla do místní sokolské jednoty.

Jiří Špánek

A Sokol Unit is judged not so much on the number of members that it has on its rolls or the number of affairs which it sponsors during the year, but it is judged, first of all, by the activities which take place on the gym floor under the direction of an active Director and Board of Instructors. Sokol Baltimore's "Topix"

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through his stomach.

One of the most difficult se-  
crets for a man to keep is his  
opinion of himself.

To handle yourself, use your  
head. To handle others use your  
heart.

The law of success; More bone  
in the back and less in the head.

The man who says it can't be  
done is generally interrupted by  
someone doing it.

We live in a time when a fel-  
low can make more profit out of  
being a character than in hav-  
ing it.

Let's get violence off the streets  
and back on television where it  
belongs.

Laughter is the shock absorber  
that eases the blow of life.

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people thought that television was  
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## Česká Oklahoma ožila

Krajan Jan Kouba z Yukonu poslal výtisk místních novin, které mají pod svým titulem zápis: Yukon: The Czech Capital of Oklahoma. Tyto noviny přinesly obšírný referát o českém festivalu, který byl uspořádán 2. října v onom městě. Na titulní stránce novin je fotografie Sharon Pivnické, české královny Oklahomy 1971, uvnitř listu pak celostránková montáž fotografií ze slavnosti. Můžeme jen gratulovat pořadatelům tohoto festivalu za jejich tak úspěšnou práci. Festival byl důkazem, že obrodná práce česká je i v Oklahomě na radostném postupu. Na 15 tisíc našich přihlíželo programům této slavnosti. A oklahomští Češi, kteří ji organizovali, "Oklahoma Czech Inc." mají také podporu i z nejvyšších míst státu, když guvernér proklamoval Yukon "The Czech Capital of Oklahoma". Po Nebrasce, která první a tak úspěšně zahájila v roce 1960 tuto obrodnou práci na středoamerickém západu, jiskra nadšení zapálila ta-

ké sousední Kansas i Oklahomu. Dík vám, obětaví pracovníci v Yukon. Slibujeme že na příští váš festival přijede ještě více tisíců našich z Oklahomy, ale i ze sousedních států. Kučera

## Sokol Nová Vlast

V neděli 14. listopadu odpoledne se konala řádná členská schůze. Schůzi zahájil a řídil br. starosta Přemysl Kocián.

Po přečtení zápisu z minulé schůze a po podání finanční zprávy bylo přijato 7 nových členů. Je to po mnohaleté přestávce velký úspěch, neboť již dávno nebylo přijato tolik nových členů najednou.

V došlé korespondenci byl odložen do župní schůze k projednání dopis Sokola New York o příspěvku na opravu jejich nedávno vyhořelé sokolovny.

Příští schůze bude konána 12. prosince — na které bude volba nového výboru na rok 1972. — Tato schůze bude též schůzí vánoční s programem.

Steve Dadík

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