

AMERICAN SOKOL

VOL. XCIII — NO. 3

MARCH, 1972

PUBLICATION OF THE AMERICAN SOKOL
Educational and Physical Culture Organization

THE 93rd YEAR

The American Sokol is now in its 93rd year of uninterrupted publication; for it was in January, 1879, that the first Sokol Americký, as it was then called, was published. Today it remains the oldest Sokol organ in existence. Volume upon volume of this proud Sokol publication neatly repose upon the shelves of our ASO library—depicting the history of Sokol in America—a mute testimonial of the courage, devotion and enthusiasm of our illustrious predecessors—who were so imbued with the Sokol ideal.

Whether our Sokol movement will grow and prosper depends entirely upon the unswerving determination of our younger generation, for we cannot bask in the glory of the past or revere in the yesteryear. So it remains to our Sokol journal to continue bridging the gap—a communication—between young and old across this vast land of ours—pleading, exhorting, admonishing on to greater effort.

In the early days many Czech newspapers graced the nation. Presently, with the exception of very few, they've all vanished from the scene. It's a story typical of the times. It does not only apply to us Czechs, but to every nationality. Editor & Publisher, the trade magazine, reports that over 730 American foreign-language papers — nearly two out of three — have folded since 1940. The reasons are sombre and thought-provoking, indeed! For by now, most of the immigrants who arrived when migration was at its peak have either died or grown very old. Their children assimilated into the new world, and were not interested in keeping the ways of the old. The number of Americans who can speak Polish, Italian, Czech, and all other ethnic tongues have steadily dwindled.

So it behooves all of us who are of Czech descent to remain steadfast and preserve of what still remains. It becomes more and more essential that the American Sokol Organization and its publication continue on, tirelessly impressing our young people of their priceless heritage. The very future of our Sokol will be in their hands.

EDITOR

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Calendar of Events

MARCH 31st — SOKOL HAVLICEK-TYRS, CHI-
CAGO, ILL. — Bunco, 11 A.M.
APRIL 1st — SOKOL BERWYN, ILLINOIS.
Gymnastic Exhibition.
APRIL 9th — SOKOL TABOR, BERWYN, ILL.
Concertina Club Dance.
APRIL 9th — SOKOL WASHINGTON, D.C.
Czech Opera "Psohlavci" by Karla Kovařova.
Directed by Mme. Lida Brodenova.
APRIL 14th — SOKOL SOUTH OMAHA, NEBR.
Chicken-Shrimp Dinner.
APRIL 15th — SOKOL STICKNEY, ILL.
Gymnastic Exhibition — Morton West High
School — 7:30 P.M.
APRIL 15th—SOKOL BROOKFIELD, ILL.
Chicken Dinner.

APRIL 15th — SOKOL OMAHA, NEBR.
Chicken Dinner — Kostka Bros. Music.
APRIL 16th — SOKOL LITTLE FERRY, N.J.
75th Annual Gym Exhibition.
APRIL 22nd — SOKOL HAVLICEK-TYRS, CHI-
CAGO, ILL. — Gymnastic Exhibition.
APRIL 22nd — SOKOL LOS ANGELES, CAL.
Cábaret.
APRIL 22nd — SOKOL SOUTH OMAHA, NEBR.
Dance — Frankie Kucera Music.
MAY 6th — SOKOL RACINE, WIS.
Gymnastic Exhibition — 7:00 P.M.
MAY 7th — SOKOL OMAHA, NEBR. — Pork
Dinner — Crowning Omaha Czech Queen.
MAY 12th — SOKOL SLAVSKY, CICERO, ILL.
Card & Bunco Party — Cicero Red Feather Bldg.
MAY 12th — SOKOL SOUTH OMAHA, NEBR.
Chicken-Shrimp Dinner.
MAY 12—13th—SOKOL MILWAUKEE, WIS.
Interclass meet - Track Meet
MAY 13th — SOKOL OMAHA, NEBR. — Chicken
Dinner — Eddie Janak's Music.
MAY 18th — SOKOL DETROIT, MICH.
Springtime Card Party.
MAY 19th—SOKOL BROOKFIELD, ILL.
Bunco.
MAY 21st—SOKOL MILWAUKEE, WIS.
Annual Gymnastic Exhibition.
MAY 21st — SOKOL BALTIMORE, MD. — 100th
Annual Gymnastic Exhibition.
MAY 21st — SOKOL OMAHA, NEBR.
Gymnastic Exhibition.
MAY 21st — EASTERN DISTRICT.
Annual Wreath Laying Ceremony — Arlington
National Cemetery. — Picnic to follow (Palisades
Park).
MAY 26-29th — LOS ANGELES CALIFORNA.
Pacific District Slet.
JUNE 4th — NORTHEASTERN DISTRICT SLET,
CLEVELAND, OHIO. — A.M.L.A. Slovenian Re-
creation Center — Leroy Township — 2:00 P.M.
JUNE 4th—SOKOL SO. OMAHA, NEBR.
Czech Festival.
JUNE 10th — SOKOL OMAHA, NEBR.
Chicken Dinner — Kostka Bros. Music.
JUNE 10th — SOKOL SOUTH OMAHA, NEBR.
Dance — Frankie Kucera Music.
JUNE 17-18th — CENTRAL DISTRICT SLET —
ST. LOUIS, MISSOURI.
JUNE 23-25th — ST. PAUL, MINNESOTA.
Western District Slet.
JUNE 25th — SOKOL DETROIT, MICH.
Summer Exhibition — Sokol Camp.
JULY 14th — SOKOL SOUTH OMAHA, NEBR.
Dance — Eddie Svoboda Music.
AUGUST 12th — SOKOL SOUTH OMAHA, NEBR.
Dance — Eddie Janak's Music.
AUGUST 20th — SOKOL DETROIT, MICH.
Summer Festival.
SEPT. 2nd — SOKOL SOUTH OMAHA, NEBR.
Dance — Al Grebnick Music.
SEPT. 30th — SOKOL LOS ANGELES, CAL.
St. Wenceslav Dance.
SEPT. 30th — SOKOL WASHINGTON, D.C.
25th Anniversary Banquet.
OCT.7th — SOKOL SOUTH OMAHA, NEBR.
Dance — Al Grebnick Music.

AMERICAN SOKOL

VĚSTNÍK AMERICKÉ OBCE SOKOLSKÉ

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Health - Fitness - Continuum and Sokol Training Program . . . Success or Failure?

What is the meaning of the HEALTH-FITNESS-CONTINUUM, in view of our training program? It simply means: To sustain the body and mind of each Sokol member throughout his life, in a state in which all the bodily tissues retain, the optimum power and efficiency. To maintain each Sokol member's health in a state of freedom from disease and remediable defects. To maintain the optimum degree of his muscular strength, speed, endurance, agility and flexibility. To maintain his high aptitude for life, work and play.

To what extent does our training program succeed in fulfillment of the above requirements? To answer this question, let us explore briefly, some of the phases of our training program. Thus, our entire Sokol membership in relation to the Sokol training program consists of four distinct groups.

The first group comprises children and early youth in their most formative years. The core of their program consists of developmental activities and skills. The second group ties in our youth and young people. Their program contains a variety of the most developmental and competitive interests and versatility. The third group includes, mainly members of the post-developmental and post-competitive period. The majority of these members attend the adult classes and partake in the light gym and recreational activities. The fourth, and probably the largest group, takes in our middle-aged and old members. Since only a fraction of our older members attend the regular adult classes, the class program cannot be centered around their needs and interests. For the same reason, for their

small class participation, no special classes or program (there may be few exceptions) are provided for them. Of course there may be a few other reasons for this exclusion. But everything considered, their stoppage of the training program participation at this point seems to indicate a near-failure of our training program, in the fulfillment of the H-F Continuum requirements.

Owing to this stoppage, the majority of our older members fall in the crowd of people with very margin of safety in their physical fitness index, and become ready victims to common ills of old age, and to a syndrom of the "push-button sedentary life; rendering them incapable of self-help, as were Romans by slave labor. Be it as it may; most of us older members are long-time Sokol devotees, bred and nurtured upon the principles and ideals of Tyrs and Fuegner, who propounded among their beliefs the ultimate truth, emphasizing that: "None, even the most glorious past, but only the active present, guarantees the triumphant future."

So, the moment any individual ceases to be on the onward movement, he doesn't only stand still, but he retrogrades as he were moving backward. On that ground, we should not wait for any special classes or organized program to close the gap in the H-F Continuum. Let's step out of the crowd, with a new approach for our individual Health-Fitness Continuum.

**BEGIN TO BE NOW — WHAT YOU EXPECT
TO BE IN YEARS TO COME!**

O. J. Kudrnovsky

MEETING OF THE EXECUTIVE BOARD OF THE A.S.O.

Held February 22, 1972

Bro. Stanley Barcal, President, presided. Present: Bros. R. Svoboda, G. Basta, E. Linhart, G. Herink, E. Halik, J. Rabas, J. Drnec, J. Janecka. Sisters B. Prener, J. Pros, A. Sotka, E. J. Schnabl, A. Basta, J. Drnec, L. Zdenek, A. Falta.

Correspondence: Invitation from Sokol Detroit for a representative to attend their combined Annual Unit meeting Feb. 19th. Bro. Barcal attended said meeting. Northeastern District BOI request for the 1965 and 1969 Slet films; letter will be sent to the District informing them of deposit and rental fee. Sokol Omaha request for By-Laws

and Membership Kits will be sent. Copies of the Western District By-Laws and Resolutions for approval and return of original copy. Bros. Barcal and Halik go over same. Request for ad from the Czech Singing Society Lyra for their program book on their 102nd Anniversary Concert, April 30th. Motion approved to purchase full page ad at \$35. Sis. Basta will prepare text. USGF report, newsletter and materials available, copies given to Bro. Linhart and Sis. Schnabl. Sokol Belcamp requested a greeting for their 30th Anniversary, Bro. Rabas will compose same.

Board of instructors: Bro. Linhart reported on Men's meeting, the Vienna Slet was discussed. Senior Calisthenics need clarification and corrections. Will meet with Bro. and Sis. Wauldauf, Directors of Sokol Abroad — Bro. and Sis. Walko, Directors of Sokol USA — Sunday, Feb. 27th. Bro. Kalas reported on the Merit Award Committee. To date Bro. Kalas has not received any results of the Gymnastics Skills Program; the Gymnastic Skills Patch has been delivered. The new Sokol Crest has been ordered, to be delivered in six weeks (2500), balance of 2500 will be delivered in the future; samples to be sent to Unit Secretaries with letter informing them of the proper means of wearing this crest. The 1973 Slet apparatus and calisthenics are being prepared; recommend the Slet to be held at Morton West. Camp Sears in Pullman, Mich. was suggested as a possible site for the 1973 course. Request Sis. Pros. contact Sears for information, agreed. Request from the Southern District for Special Number Competition for the 1973 Slet. All requests filled. Taped music for the Central District. Will make new tapes of the calisthenics for 2nd, Jr. and Sr. Classes. Met with Bro. Walko and coordinated the calisthenics. Attended the Central District Directors Conference, Feb. 20th. Conducted a calisthenic workshop for the Women's Calisthenics at Sokol Tabor. Request from the Central District to send the rules governing the Special Assessment uses to the Unit Directors at the beginning of the gym season, agreed; also request the Tour Committee plan time to be spent in Czechoslovakia on the 12 day tour. Sis. Schnabl reported correspondence answered, including mailing of calisthenic corrections for Jr. Girls and Women. Next meeting March 10th. Final Report Forms received from the Southern District for the course held there July 1971. Sis. Pros will contact Sis. Laznovsky regarding clarification. The Girl's Gymnastic Skills Test deadline has been changed to May 31st. Presented the finished Sokol Crest, which has been ordered. Regarding dues to AAU, Sis. Pros will call their headquarters for needed information. Motion made, the charge for the Sokol Crest to be \$1.00, carried. Request Sis. Pros. contact George Williams College regarding camp for 1973 course.

Financial Secretary: Sis. Sotka reported the financial report for January prepared. Federal taxes deposited. Quarterly reports processed as quickly as possible. Receiving more requests for membership applications. Vienna Tours are coming along nicely. The office has been very busy the past month making it necessary to spend more time. The State of Illinois Division of Unemployment Compensation requested we fill out a form that determines the liability of nonprofit organizations. They will determine whether or not we must pay same. Another form from the Attorney General of the State of Illinois regarding "Registration under the Ill. Charitable Trusts and Solicitation Act", which will be filled out.

Treasurer: Bro. Secretary Basta reconciled all bank statements. Is in agreement with Financial report.

Auditing: Sis. Falta stated the committee found the books in good order, Feb. 2nd.

Educational; Bro. Janecka reported on the lecture held Feb. 21st. The speaker was Fire Chief Harold Prohaska of the Chicago Fire Academy. A very poor turn-out for this worth-while lecture. Will continue with the two lectures arranged for March and April. Various types of material will be compiled for the use of the District Educational Directors. Bro. Halik rendered his resignation as Educational Director of the ASO. Bro. Barcal accepted with deep regret. As stated in the By-Laws, three names must be submitted and proper procedure taken regarding the election of a Director for this department, which shall be done. Motion made by Bro. Linhart to have Bro. Janecka continue as acting chairman until the proper procedure is met with, carried.

Membership: Bro. Svoboda stated the Units are responding with Membership Chairmen. Hope for a greater interest from all Units. Held two meetings with committee regarding posters and pamphlets. Bro. Hlinka submitted a poster and will also contact various members who can help with drawings, ideas and printing. Bro. Barcal stated if the poster/pamphlet will help motivate a greater interest in our membership drive we will be ahead. Motion made to create a budget of \$1,000. for the Membership Committee, carried.

Uniform Department: Sis. Prener stated this department is very busy. Inventory was taken by Sis. Prener, Basta and Helen Prener. Some sizes are moving rapidly and others are not. Have some soiled items and recommended an inventory sale be held. Gym slipper prices will have to be increased due to the rise in cost. As to the 75c handling charge, was agreed upon by the Executive Board when the department was organized. There have been some questions raised as to this charge being made on small orders. Letter from the Central District Board of Instructors pertaining to this charge. All prices must be reviewed, a committee was formed consisting of Bros. Basta, Schnabl, Barcal and Sis. Prener and Basta. Recommended someone be hired to do the posting as this is a very time consuming project; Sis. Schnabl motion to hire Sis. Helen Prener, carried. Sis. Basta reported on the Men's Uniform Caps, the red and white braid is no longer available but red braid could be used, agreed to use the red braid on the Men's Uniform Caps which are ordered.

Tour Committee: Bro. Rabas stated the tours are coming along well. Movies shown Friday, Feb. 25th at Sokol Tabor. Letters and itineraries have been sent many members. Will continue with publicity. Sis. Falta has been a great help in the mailing. Sis. Falta was rendered for her expenses. — Separate arrangements can be made for anyone wishing to go into Czechoslovakia.

Secretary: Sis. Pros thanked Sis. Prener and Sotka for taking over the work load while she was in the hospital. Officers Directory for March publication almost completed.

President: Attended Membership Committee, BOI meetings. Attended joint meeting of Sokol and Sokolice Detroit, very enjoyable. Installed officers of Sokol Tabor. Sis. Schnabl motion to pay expenses re; meeting in Detroit, carried.

DISTRICT REPORTS

CENTRAL DISTRICT

Annual meeting — January 16, 1972

Pres. Bro. Joseph Drnec presided with 41 members present. Introduced were the following ASO officers: Bros. Edward Linhart, Rudolph Svoboda, Edward Schnabl, Jerry Rabas, Joseph Janecka, George Herink, Sister Agnes Sotka. Also, Bros. Vince Struhelka and Steve Mostenan from Sokol Racine.

B.O.I.: Sis. Tuma, Director of Women, and Bro. Berousek, Director of Men, gave their report. — Combined meeting of BOI will be held Feb. 20th. — 8 Jrs. from the combined Units performed at the Czech Day at the Museum of Science and Industry. — Jan. 9th the Jrs. performed a vaulting number during half-time of Chicago Bulls basketball game at the Chicago Stadium. Audience response was great. — June 25th the Jrs. will do the vaulting number at the Oak Brook Polo Grounds. Bro. Mostenan, Sokol Racine, stated difficulty of getting young men re-interested in Sokol after returning from service or school. Also, thanked the District for the bus-load in attendance at their 1971 exhibition.

Auditing Committee: Chairman, Bro. Svoboda, reported books in very good order.

Slet Committee: Bro. Janecka thanked all who had cooperated and participated at the Slet. Profit from Slet was \$2181.77. It was moved \$200. be kept in the Slet account, approved.

District Officers: Reports were submitted by: Bro. Drnec, Pres., Bro. Janecka, 1st V.P., Bro. Schnabl, 2nd V.P., Sis. Kmen, Sec'y., Bro. Glaser, Treasurer, Bro. Pirka, Chairman, Float & Permanent Exhibit committee.

Old & New Business: The Kadlec District Fund was terminated following a vote. — Discussed: membership, inactive Units, activities, cultural projects, promotion of Sokol ideals, Vienna Slet. — Motion made that meeting of delegates be changed from monthly to quarterly, with the executive officers to meet every month, approved.

Educational Director: Bro. Janecka will stage monthly lectures on various topics. Starting with a lecture on "Physical Fitness" by Harold Prohaska, Chief of the Fire Academy of Chicago, Feb. 21st.

Editor, American Sokol: Bro. Herink asked that each Unit allow ample time to publicize their activities. Also requested articles for publication, in Czech or English.

ASO Financial Sec'y.: Sis. Sotka reported \$8899.42 in the special assessment fund as of July. Allocated from ASO, \$4449.71. Total \$13,349.12.

Unit Activity: Sokol Berwyn, Dinner-Dance Feb. 19th, exhibition April 1st; Sokol Brookfield exhibition March 4th; Sokol Cechie, will show "We, the Czechs" April 18th; Sokol Havlicek-Tyrs, Slivinsky Feb. 26th, exhibition April 22nd; Sokol Slavsky, Spaghetti dinner Jan. 30th, exhibition March 19th; Sokol Tabor, exhibition March 11th, Concertina Club entertainment April 9th, Bingo every Wednesday night; Sokol Town of Lake, Masquerade Feb. 12th; Sokol Racine, exhibition May 6th.

Installation of Officers: At the afternoon session Bro. Stanley Barcal, ASO President, was introduced. Later he was the installing officer. The following

were installed for 1972: Pres., Bro. Drnec; 1st V.P., Bro. Edward Schnabl; 2nd V.P., Bro. Leo Pajer; Sec'y., Sis. Catherine Krimmel; Treasurer, Bro. Glaser; Financial Sec'y., Bro. Rudolph Svoboda; Auditing Committee, Sis. Mildred Hajek, Bro. William Vrba, Joseph Moravec; Publicity, Sis. June Pros; Czech Publicity, Bro. Jan Tesar; Educational Director, Bro. Ernest Pirka.

CENTRAL DISTRICT DIRECTORS CONFERENCE February 20, 1972

District Directors, Bro. Paul Lebloch & Sis. Helen Tuma, presided with 35 directors or representatives in attendance. — Reports on the Volleyball tournaments. Discussion on rules and a clinic. District to purchase rule book for each Unit. A Co-Ed Tournament for Jr. boys & girls, May 13th. For Men & Women, April 28th. — Bro. Schnabl explained \$200. Merit Award available to college students, suggested more publicity and "push" for applicants be made. — Sis. Pistorius and Bro. Kalat, Chairmen of ASO Gymnastic Skills program, stated only Sokol Fort Worth (female) was the only Unit to submit its score sheet. Cutoff date extended. Award Patch to be given to all winners.

Discussion on Men & Women's calisthenics. Agreed Units may drill as they wish for their exhibitions, but coordinate for St. Louis Slet. Bro. Pesek reported on Slet, June 18th, to be held at Magadalanie Athletic Field. Feels all competitions could be in their hall in one day, June 17th. All agreed it necessary to determine number of competitors expected. Also, Victory Dance, Special Numbers performed on Sunday, and Beseda replaced by colorful type of Folk Dance.

Sokol USA invited District to participate in their Competition and Slet, June 10-11th at Potter Lake, Wis., accepted. In turn they'll be invited to St. Louis Slet. — District vaulting number is great success. Will perform in LaGrange, May 20th and June 25th at the Oak Brook Polo Grounds. — Courses in future discussed. 2-week course not feasible. Motion to combine with another District or have week-end courses, carried. — Recommended: Closer bond between Men's & Women's BOI, perhaps combined meetings.

SOUTHERN DISTRICT Annual meeting — January 23, 1972

Pres. Bro. George Prevratil presided. District officers present: Bros. Don Steinman, Jerry Milan, Larry Laznovsky. Sisters Vlasta Laznovsky, Marie Kane, Sylvia Laznovsky. Delegates: Sokol Corpus Christi, Bros. Frank Veselka, Jerry Sijansky; Sokol Ziska, Bros. Oldrich Parma, H. B. Smith, Sister Helen Parma; Sokol Karel Havlicek-Borovsky, Bros. Frank Laznovsky, Joseph Slovak; Sokol Fort Worth, Bro. John Stoeppelman; Sokol Houston, Bros. Jack Lang, William Svec; Sokol Karel Havlicek, Yukon, Oklahoma, Bro. William Kouba, Sis. Anna Smrcka.

Reports were given by Pres., Bro. Prevratil; 2nd Vice-Pres., Bro. Steinman; Sec'y., Sis. Vlasta Laznovsky; Treasurer, Sister Kane. Educational Director, Bro. Milan; Director of Men, Bro. Larry Laz-

novsky; Director of Women, Sis. Sylvia Laznovsky.

Reports of Units: Covered gym and social activities, programs, future plans, financial reports and slate of officers. Reports were good. Total District membership, 709 regular and 224 associate members. — Sokol Yukon inactive, however hope to reactivate in the future. Discussed means to assist Unit, a possible instructor, a gymnastic program, etc. — Sokol Fort Worth recently purchased a 20-acre site, location good, preliminary plans submitted, building will cover approximately 38,000 sq. feet, construction in near future, will initiate building drive in February.

B.O.I.: District Directors recommendations approved: District Course in 1972; Continue to affiliate with AAU and Gymnastic Ass'n of Texas; Quarterly meetings of BOI; Held Sunday Clinics and Judging Clinics; District appropriate \$1.00 for each approved instructor to attend gym clinic; District continue subscribing to Modern Gymnast, Mademoiselle Gymnast and Olympic Turnskinst magazines to each Unit. — 1972 BOI officers: Director of Men, Bro. Larry Laznovsky; Assistants, Bros. Jerry Milan, Sidney Soukup. Director of Woman, Sis. Sylvia Laznovsky; Assistants, Sisters Norma Petrzilka, Henriette Milan. — Annual meeting Nov. 21st, agenda covered Slet, competitions, calisthenics, special numbers, modern gymnastics, volleyball competition, tabulation, judging, pro-na music, merit awards, uniforms and clinics. Also, assistance to inactive Units and special number for 1973 Slet.

New Business: District not reimbursed for shoulder patches distributed to Units in 1970. — Inquiry on current status on associate membership dues. Referred to ASO. — Bro. Petrzilka will represent District at SNPJ Convention in Houston, June 18—21st — Discussion regarding federal taxation. Advise all Units to secure a federal exemption certificate. — District donated \$200 towards Sokol Fort Worth building fund. — Invitation to Sokol Ennis 1st anniversary celebration, Feb. 12—13th.

Good of Order: Unit fund-raising suggestion approved. Sokol calendar of activities and events, including pictures of buildings, gymnast groups, Slet, Czech Day, etc. — Sokol Zizka purchased mimeograph, available for District use. — Unit Educational Director suggested to exchange material. To educate and acquaint our younger generation on the functions of Sokol. — District headquarters to remain in Dallas. — Sokol Zizka will host the next annual meeting in Dallas, Jan. 28, 1973.

1972 District Officers: Pres., Bro. Prevratil; 1st Vice-Pres., Bro. Petrzilka; 2nd Vice-Pres., Bro. Don Steinman; Sec'y., Sis. Vlasta Laznovsky; Treasurer, Sis. Marie Kane; Educational Director, Bro. John Stoeppelman; Public Relations, Bro. Milan.

NORTHEASTERN DISTRICT Annual meeting — January 16, 1972

Pres., Bro. Pekar presided. Delegates were introduced. Moment of silence in memory of deceased Bros. Serpan and Jirsa. Invitation from Czecho-

slovak Society of Arts & Sciences for its Cotillion Ball. Bro. & Sis. Pekar will represent District.

Reports given by Pres., Bro. Pekar; 1st Vice-Pres., Bro. Kovar; 2nd Vice-Pres, Bro. Bob Jirousek; 3rd Vice-Pres., Bro. Gruber. — Organizational Director, Sis. Gladys Jirousek, had nothing to report since no information received from ASO. — Educational Director, Bro. Zahradnicek, in his absence was praised for his involved and appreciated work on behalf of Sokol. — 1970 Convention Committee, Bro. Bob Jirousek gave a comprehensive report on the situation in which the committee found itself after the death of its chairman, but since, all obligations were met. The committee was dissolved.

UNIT REPORT

Sokol Detroit, Bro. Siedlik: Introduced newly elected Pres., Bro. Hurych who reported upon the Unit's last year activities. Their building is self supporting. Last year a \$43,000 payment was made, with \$40,000 to be paid. Sokol Camp is also self-supporting. Educational committee cooperating closely with Narodni Rada. Choral Group established. Performed on television, making good name for Sokol. Sokolice played an important part in Unit's success.

Sokol Cleveland-Cech-Havlicek, Bro. Gruber: While membership declined by 13, participation in gymnastic activities in comparison to last year increased by 6 members. Unit is now sharing facilities with Sokol Tyrs with the sale of their hall. Hall rentals exceptionally good.

Sokol Nova Vlast, Bro. Kocian: Social events successful and profitable. Total membership declined by 2 from past year, now comprising a membership of 186.

Sokol Tyrs, Bro. Franks: Present membership, 299. Representing loss of 5 from previous year. Most important event was the sale of the Sokol building. Also, the move to Sokol Cleveland-Cech-Havlicek. Cooperation with that Unit very successful.

B.O.I.: Bro. Dusek reported on future activities. District Workshop at Sokol Detroit, May 7th; Boys & Girls Competition in Cleveland, June 3rd; District Slet, June 4th. Sis. Wagner thanked the board for its cooperation. Bro. Edward Jirousek gave detailed report of District activities. Bro. Jirousek was presented with a plaque as a token of appreciation.

New Business: Bro. Hurych spoke of social changes affecting Sokol, urging the members to realize them, and act accordingly, not be afraid of the future. Units are accepting members who are non-Czech or Slavic background. Sokol is of Czech heritage but we have to welcome other people among us. Also, many high schools and colleges have qualified instructors which we frequently seek, and therefore should not hesitate using them. — Bro. Hoch raised the question of what can be done to stimulate young people participation in our meetings. It was urged the old members visit the gymnasiums and mingle with the young and establish a rapport with them by explaining what Sokol is about.

1972 District Officers, installed by Bro. Seidlik: Pres., Bro. Pekar; 1st V. P., Bro. Gruber; 2nd V. P., Bro. Kovar; 3rd V. P., Bro. B. Jirousek;

Sec'y., Bro. Nemecek; Treasurer, Bro. Galik; Publicity, Sis. Khol; Organizational, Sis. Gladys Jirousek; Educational, Bro. Zahradnicek; Director of Men, Bro. Dusek; Director of Women, Sis. Wagner.

Treasurer's Report, Bro. Galik: Total Disbursement, \$3,344.56. Total Income, \$7,179.97. Total cash balance, Jan. 1, 1972, \$5,801.29.

Successes

"The Carnegie Institute once analyzed the records of ten thousand persons and reported that only fifteen per cent of success is due to technical training. Eighty-five percent of success rests upon personality factors... It listed these personality traits as first—attitude, then—thoroughness, observation, creative imagination, decisiveness, adaptability, leadership, organizational ability, expression and general knowledge. These figures prove one basic fact—success is more often the result of behavior and attitude than knowledge."

Earl Nightingale

Sokol Karel Havlicek-Borovsky, Ennis, Texas

The 1st anniversary of the handsome new home of Sokol Karel Havlicek-Borovsky was celebrated Feb. 12-13th. A well attended celebration dance, music by Jodie Mikula and orchestra, was held on the opening night.

Festivities on the 2nd day began with a delicious dinner. Opening at 2 P.M. a varied program was held with a large gathering in attendance. Pres. Bro. Edwin Laznovsky extended the welcome. He spoke of the Sokol's fine progress and the growth in new members of 146 since the opening of the new Center one year ago, of the competitive skill of the members. He added, several new pieces of gymnastic equipment were purchased.

The Star Spangled Banner and Kde Domov Múj were sung by Carolyn Honza and Rita Krajic. Bro. Joseph Vytopil, beloved veteran Sokol member, now 82, addressed the gathering in Czech. He told of his pride in Sokol from its beginning, and how gratifying it is that the later generation has carried on the tradition.

The guest of honor and principal speaker was Bro. George Prevratil, President of the Southern District. He was highly complimentary of the progress of Ennis Sokol. Some qualities, such as happiness, truth and brotherhood are found in the tenets of Sokol. He paid high tribute to Bro. Alois Jurcik, founder of the local Unit.

Then came the exciting program of gymnastics. The action was in wide variety — tumbling, trampoline, high & low bars, side horse routines and several special numbers. All ages of gymnasts participated under the direction of Directors of Men & Women, Bro. Larry and Sis. Sylvia Laznovsky. They were ably assisted by Sisters Rita Neff, Lil Laznovsky and Jeanette Zajic. The program was enthusiastically received. Dancing to the music of Johnnie Mensik and orchestra brought the festive occasion to the close.

The officers of Sokol Havlicek-Borovsky are: Pres., Bro. Edwin Laznovsky; Vice Pres., Bro. Eric Moucka; Recording Sec'y., Sis. Jeanette Zajic; Financial Sec'y., Bro. George Good; Treasurer, Bro. Joseph A. Slovak; Educational Director, Bro. Jerry Laznovsky; Dues & Pledge Officers, Sis. Hazle & Bro. Charles Jurcik.

Mrs. Joseph A. Slovak

Learning

If there is to be learning based on the needs of the world, then academics should take a back seat to common sense, respect for authority, self-discipline, morality and the restrictions of freedom that are essential to the existence of our democracy. To give more and more freedom to high school students is a great injustice to them, for so often their righteous zeal and boundless energy leads them to premature marriages, anarchy, drugs, rebellion, crime — all because we ask our children to make mature decisions, knowing full well that maturity comes with responsibility and trying and failing and being dependent and working when you don't want to. We must diminish the responsibilities heaped upon the young. Let them learn by living rather than crash courses in self-administration.

Richard N. Diggs,
Michigan State Institute

Sokol St. Paul

Sokol St. Paul started the New Year with a new slate of officers: Pres., Bro. Jerry Roch; Vice-Pres., Bro. Don Andrie; Sec'y., Sis. Vi Todera; Treasurer, Bro. Wayne Hawkinson; Educational Director, Sis. Lucille Pavlicek; Men's Physical Director, Bro. Robert Bastyr; Women's Physical Director, Sis. Lorraine Vanyo.

Immediately on the agenda and under discussion was the Western District Slet to be held in St. Paul, June 23-25th. Chairman is Bro. Robert Vanyo and Secretary, Sis. Ann Andrie. Focal point of the Slet will be Sokol St. Paul's 90th Anniversary. So far 3 committee meetings have been held. Place of competitions and Slet will be at the Highland Jr. High School in Highland Park, St. Paul, Minn. Those who attended our last District Slet will remember this location, a beautiful school in a beautiful atmosphere. We will appreciate any contributions from other Units for our Slet Program book. Ads: Full page, \$50; ½ page, \$30; ¼ page, \$15; ⅓ page, \$10; Well wishers, \$1.00. Monies can be sent to Robert Vanyo, 445 Bay St., St. Paul, Minn. 55102.

If you are planning a vacation and in doubt where to go, come to St. Paul and attend the Western District Slet and visit our Sokol Camp at Pine City, Minn. A beautiful vacation at Cross Lake. We are anticipating groups from South Omaha, Omaha, Crete, Wilbur, Schuyler, Nebraska and Cedar Rapids, Iowa and hope many more. It will be several months of hard work for our chairman and his committees.

The Unit ended the year with a Christmas program attended by all the Youth classes — a beautiful tree, Santa Claus distributing bags of candy,

a film on Christmas in Foreign Lands and a skit by the Jr. girls. Also a tumbling program by the Tots, and 1st & 2nd class girls.

The December meeting had election of officers, all present enjoying a lovely Christmas party arranged by Sis. Vi Todora. The month of February brought the Sibrinky Dance. Classes will be practicing for Competition. Happy to announce Joan Mazanec, one of our instructors, received great publicity in our local newspaper — a big picture and write-up on her gymnastic abilities due to her Sokol training. Also, in the Senior Citizen group, Bro. Frank Verner was given recognition for the physical fitness program exercises he helps teach. This month the Rochs, Jansens, Fishers, Haselbauers are enjoying the Florida sunshine. We expect them back full of vitality and ready for Sokol participation. In closing, I thank all for the wonderful cooperation received during the past 2 years I served as President of Sokol St. Paul.

Lucille Pavlicek

All in a Day's Work

"When our normal routine is interrupted and our plans thwarted we find ourselves under emotional and nervous strain . . . It is important to notice, however, that interruptions often are the most important aspect of a day's work . . . It should be noted, too, that interruptions and frustrations keep us from settling into stagnant pools. They swirl us into the deeper currents of real living and make us reach out for the life-line. Indeed, if the time comes when there are no problems to be solved, no interrupted plans to be re-adjusted, it is time to sniff around a little to see if something has gone dead."

Harold Blake Walker, clergyman-columnist

Sokol Detroit

Sokol Detroit hosted the N.E. District Annual meeting on Sunday, January 16th. There were 30 representatives in attendance at the Board of Instructors meeting. The meeting was recessed for lunch; after which meeting was continued until 3:00 p.m. The B.O.I. members joined with the delegates of the various units in the district and received a brief resume of their agenda by Br. Pekar. Final meeting adjourned at 4:00 p.m. We feel that both meetings resulted in many excellent exchanges of ideas as well as progress reports by all units. Approximately 46 N.E. District members from the Cleveland area arrived by charter bus and returned at 4:30 p.m.

Charles Bares

Sokol St. Louis

As we enter our 107th Anniversary the year 1972 brings us a great responsibility, as we were fortunate to be given the privilege to hold a "Sokol Slet" of the Central District of the ASO on June 17th and 18th, here in St. Louis, Mo. To hold a Slet is not only the pride and honor in having one; but a combined effort of our entire So-

kol Unit if it is to be a success. It must not be taken lightly, for at its conclusion we will be measured where we stand as real Sokols and Sokolice. In the past, we can proudly point out the St. Louis Sokol Slets of 1904—1940—1955 and 1965, for these were glorious years in our long history. They brought new life, strength and energy into our organization. Our Unit was looked upon with great respect by Sokols all over America. Our members proved to be "Doers" instead of by-standers and lookers on. This year it cannot be otherwise, for we still hold a dedicated membership, which remains proud of the heritage given it by our founders. When the chips are down, they always respond. Now time has come again, when we must show our true colors and strong and united march forward proudly carrying our Sokol Banner!

John Reiner

Financial Report ASO. February 1972

RECEIPTS.

Dues	\$1,070.25
T. G. Masaryk Dues	20.00
Convention Fund	707.50
Special Assessment	1,409.00
Dividends and Interest	75.00
Resale of Jewelry	102.00
Educational Pamphlets, Luggage Stickers	5.90
Postage	1.80
Miscellaneous Income	12.53
Total Receipts	\$3,403.53

DISBURSEMENTS:

Administrative Department	
Salaries	\$331.16
F.I.C.A. & F.W.T. for January	63.14
Rental, Janitor Service, Phone	278.38
Office Supplies	51.83
Repairs to Office Equipment	45.00
Fees	2.00
Travel Expense	82.60
Postage	17.76
Miscellaneous	8.73
	\$ 880.60
Educational Department BOI	
Salaries	\$210.44
F.I.C.A. & F.W.T. for January	48.40
Editor "Sokol Gymnast"	25.00
Add'l. copies "Sokol Gymnast"	28.00
Postage, Tapes, Phone	20.30
	\$ 332.14
Sokol Publication	
Editor "American Sokol"	\$ 75.00
Printing "American Sokol"	528.00
Postage "American Sokol"	53.31
	\$ 656.31
Miscellaneous	
Uniform Division — Salary	
F.I.C.A., & F.W.T., Phone	\$ 175.75
	\$2,044.80

Balance Brought Forward:

Western National Bank of Cicero —	
Checking Account	\$5,534.56
Receipts — February 1972	3,403.98
	8,938.54
Disbursements — February 1972	2,044.80
	\$6,893.74

Future Sokol Leaders Fund

Clara H. Pokorny,	
In memory of Mr. James Miller	\$ 3.00
Joseph & Ludmila Kaminsky,	
in memory of Vaclav F. Miller	5.00
Hoynes Savings & Loan Ass'n. Dividend ..	143.75
	\$151.75

Donations are tax exempt.

Sokol South Omaha's Cookbook

The women of the South Omaha Sokol have combined their culinary skills to prepare a cookbook, "South Omaha Sokol Special." The 776 recipes in the book include everything from soup to dough balls for fishing to Czech specialties. The members did all the work on the book. This included typing, art, cover design and layout, as well as cutting the pages and gathering the 720,000 sheets into single books. The book took more than a year to compile.

The 1st printing was in December, with 1582 books sold in less than 4 weeks. The 2nd printing was received in the past month, 1574 more. And now another order for 2,000 was placed with the printing company. Sis. Pavoucek is general chairman for the project. Books may be obtained from the South Omaha Sokol — 5601 South 21st Street — Omaha, Nebraska 68107.

Edward Pavoucek

**Czech Language at Texas
A & M University**

Encouragement for the study of Texas' third most common language has been advanced at Texas A & M University by a \$1,000 grant from the Supreme Lodge of the SPJST Slavonic Benevolent Order of the State of Texas.

Dr. Jack A. Dabbs, Modern Languages Department head, said it will be used for scholarships to Czech language students.

Preference in selection will go to students who plan to teach Czech in Texas or otherwise advance the cause of the Czech community, he indicated.

"The contribution is further evidence of the insistence of the strong Czech community of Texas that their language and culture should remain strong and proud," Dabbs said.

In recent years A & M has had the largest enrollment in Czech of any U.S. university, reported Dabbs. He makes annual enrollment surveys.

"A large part of our success in maintaining this lead is due to the exceptionally qualified faculty including two nationally recognized leaders of the Czech community," Dabbs added. "They are Dr. John M. Skrivanek and Joseph J. Skrivanek Jr."

The department head also credited financial aid of several other Czech organizations.

John West

WOULDN'T IT BE LOVERLY . . .

If a chocolate éclair had the same number of calories as half a grapefruit?

If going to sleep at night were half as easy as dozing off after the alarm goes off in the morning?

If people who shouldn't wear hotpants didn't?

If paychecks didn't run out before the month does?

If advice were harder to give and easier to take?

If songwriters didn't rhyme words like 'time' and 'mine' and 'dreams' and 'means'?

If the best things in life weren't so expensive?

If June came in between January and February when it's really needed?

If more of us really liked and approved of ourselves?

If hot buttered rum tasted as good as it sounds?

If wishing on wishbones and birthday candles truly worked?

If giving up smoking were half as easy as people who have never smoked think it is?

If the English language weren't so hard to spell?

If pounds weren't so difficult, and buttons so easy to lose?

If being a good sport didn't necessitate doing so many things you'd rather not?

If they made clothes a little larger in the same size?

If there were enough time to figure out what one world crisis is all about before another one comes along to supersede it?

If letting off steam didn't usually get you into more hot water?

If no-iron fabrics, foolproof recipes, painless diets and life-time guarantees really were?

If we all devoted as much intensive thought to which bond issues to vote for as we do to which piece of French pastry to choose?

Jane Goodsell, Michigan AFL-CIO News

SETTING GOALS

"Too many people either don't have a goal in life or too easily lose sight of their goal. He who walks the straightest path in life is the person who has a goal and refuses to be distracted from it. He is also the person who accomplishes the most . . . A worthy life must have a worthy ambition . . . Perhaps the reason you feel that you are getting no place at all is because you're not sure where you're trying to go. Always remember that the man who aims at nothing will hit it every time."

Richard Scott Brannon, author-philosopher

"What Sokol Means"

How can you really explain to our youngsters in the United States what it is to be without freedom? They have never experienced any lack of freedom in their lives, and have no way to apply the knowledge of things foreign to them. During these troublesome times we need ways to build appreciation for true values, and the strength to defend the freedom we now enjoy.

If we are not strong enough to protect our freedoms, they can be taken away from us. **LET US NOT FOOL OURSELVES!** The time is NOW! Let the Sokol movement, plus AMERICANISM, PATRIOTISM, respect for LAW AND ORDER, protect the most precious values of our lives, the freedoms that we now have.

Think about this! I have no intention to preach, but I know what might happen overnight. In fact what happened overnight in Czechoslovakia, where our Sokol was born, more than a hundred years ago.

T. B. Hlubucek

Alfred J. Swoboda

It is with great sadness that we write of the sudden loss of a devoted Sokol brother, Alfred J. Swoboda; suffering a heart attack February 2, 1972. Bro. Swoboda was born June 5, 1914 in Omaha, Nebraska. He was employed by the Union Stock Yards Company for 24 years, as Payroll Distr. Clerk.

He was past-president of Brown Park School PTA, Past President R. M. Marrs Jr. High PTA, member of the Citizens Advisory Committee of the Board of Education, South Omaha Eagles, Aquarists of Omaha, and a member of Ak-Sar-Ben.

Bro. Swoboda was a very dedicated Sokol. He served Sokol South Omaha as Assistant Gym Instructor, delegate to the Western District, Director of Education, Director of Sokol Park, Treasurer for the 1964 District Slet, Hall Board of Directors and Treasurer for 12 years, Bingo Chairman, member of the Honor Guard and Memorial Day Committee. He joined Sokol South Omaha in 1933, and later left our ranks and rejoined and had a total membership of 21 years. He served on many other committees. On the Western District level, Bro. Swoboda was Secretary for the Board of Instructors, Director of Education. He was a delegate to the 1970 American Sokol Convention.

Bro. Al gave much of himself to Sokol South Omaha. His self sacrifice, constant labor and efforts are reflected everywhere in the maintenance of our Hall as he gave many, many hours each week. It is because we had the privilege to have Bro. Swoboda as our member that Sokol So. Omaha has its Hall in the condition of which we are so proud. The trophy case was Bro. Al's sole project. He was looking into the future for our gymnasts to display their trophies. Our Hall was draped in his memory. Funeral service were held Saturday morning at Sokol South Omaha. Rev. George Henriksen officiated. Bro. Edward Pavoucek gave Bro. Swoboda's Sokol eulogy. Six junior boys lead by Bros. Vic Jirka and Vojmir Benak,

and six junior girls lead by Sis. Phylis Jirka, flanked the casket during the Sokol eulogy.

Sokol South Omaha extends its deepest sympathy to Sis. Barbara Swoboda, Sis. Marcia Thomas and Sis. Theresa Novotny, his wife, daughter and mother. We are sharing their loss, but we can say Sokol So. Omaha has been enriched because he lived with us and for us. Peace is his, for he has earned it.

Edward Pavoucek

American Sokol, Inc.

The Annual Meeting of the American Sokol, Inc. of Cleveland, Ohio was held on January 31st, 1972 at People's Savings and Loan, 4300 Clark Avenue.

The following officers were elected for the coming year: Robert E. Jirousek — President; Frank Pliska — Vice President; James Kocian — Treasurer; Lillian Volenik — Secretary. Trustees elected to serve during 1972 were: Emil Pekar, James Kratky, Robert Kunc, Dale Patek, Rose Psenicka, Lad Voris, Dennis Jirousek, and Richard Franks. Gladys Jirousek

Concentration

"No resistance can stand in the way of the man who focuses his entire self on a goal and keeps the pressure going. When every physical and mental resource is focused, one's powers to solve a problem multiply tremendously. Throw your entire self in the struggle to reach your goal. To win in this life you simply have to give your all, every bit of yourself. Hold back nothing. Life cannot deny itself to the person who gives life everything."

Dr. Norman Vincent Peale

Peace

The wise men of antiquity, when they wished to make whole world peaceful and happy, first put their own States into proper order. Before putting their States into proper order, they regulated their own families. Before regulating their families, they regulated themselves. Before regulating themselves, they tried to be sincere in their thoughts. Before being sincere in their thoughts, they tried to see things exactly as they really were.

Confucious

Sokol Los Angeles

Po valné hromadě, která přinesla jen malé změny ve vedení, se přikročilo k intenzivní práci pro zdar veřejného župního cvičení a pro slet ve Vidni. Jsou jistě potíže, které ostatně jsou v každé Jednotě. Především je málo pracovníků činy, ale zato je hodně těch, kteří tu práci sokolskou dovedou krásně odmluvit. Krátce na to mluvení je nás až moc a na tu práci málo. A proto ztráta každého pracovníka není příjemná. A tak i ztráta br. Gajdy, který resignoval na všechny funkce není příjemná a bude se cítit i na dále. Sokol Los Ange-

SOKOL GYMNAST

March 1972

 Edited by AMERICAN SOKOL BOARD OF INSTRUCTORS

GYMNASTIC SKILLS PROGRAM

Directors — Instructors — Gymnasts

In order to promote greater interest in our Sokol activities, a new program called GYMNASTIC SKILLS has been initiated by the American Sokol Board of Instructors. The program is intended to help develop basic gymnastic skills in youngsters. In this manner we hope to better prepare our young gymnasts for more advanced gymnastic activities when they reach the Junior Class level. However, all new members of any class can be introduced to these beginning elements.

This program is not intended as a substitute for current activities and should not be conducted so as to interfere with current Sokol activities such as exhibitions and competitions. The program can be carried on for as long as the Instructor feels it is serving its purpose.

An award will be presented to those gymnasts showing sufficient skill in the performance of the exercises. The program should be completed early, allowing sufficient time for the awarding of patches (awards) prior to the end of the current Sokol season. These will be supplied by the National B.O.I. For further information and tabulation material, contact American Sokol.

CHARLES KALAT Chairmen SYLVIA PISTORIUS
A.S.O. Gymnastic Skills Program

Girls Exercises

INTERMEDIATE BEAM

At beginning of beam standing crossways, hands on hips, knuckles down.

1. Walk with a dip $\frac{1}{2}$ squat on one leg & moderately high frontleg of other alternating to end of beam
2. Polka steps using one hop in proper place & body side bends to end of beam
3. Pas chasse step — using frontarm of leading foot & reararm of other with body bending to end of beam
4. Walk to middle — $\frac{1}{2}$ bend right frontleg, arms in 5th, look up — HOLD
Walk to middle — $\frac{1}{2}$ bend left frontleg, arms in 5th, look up — HOLD
5. Walk to middle — toe on left, right high rear leg no front bow, soft side arm.

* * *

HIGH BEAM

1. Pas chasse step — using frontarm of leading foot & reararm of other with body bending to end of beam

2. Walk to middle — toe on left, right high rear leg, no front bow, soft side arm — opposite
3. From a stand parallel, kneel support left, side-touch right 90 turn left & regrasp in front of body — rear leg right — opposite
4. From a side seat support, hands in back: V-seat straddle — HOLD — straight back
5. From a stride seat support, hands in back: V-seat — closeleg — sidearm straight back.

RINGS

HEAD HIGH — Bottom of rings at top of ears

1. Alternate leg rebound to bent hip hang; lower thru lift hang to stand on floor.
2. Alternate leg rebound to bent hip hang; inverted hang, legs against ropes; bent hip hang; lower thru lift hang to stand on floor.
3. Joint rebound to bent hip hang; lower thru lift hang to stand on floor.
4. Alternate leg rebound to bent hip hang; lower to lift hang (chin) then drop to stand on floor.
5. Alternate leg rebound to bent hip hang; bird's nest; bent hip hang; lower thru lift hand to stand on floor.

RINGS Jump High

1. Frontswing, backswing, frontswing to benthip hang; backswing, drop in back to stand on floor.
2. Frontswing, backswing, frontswing to lift hang (chin) pause; drop to stand on floor.
3. Frontswing, backswing, frontswing to benthip hang; right leg into right ring and uprise to left arm support with right on right rope; drop to bent hip hang; backswing, drop to stand on floor.
4. Frontswing, backswing, frontswing to bent hip hang; backswing, front swing thru to rear hang to stand on floor.
5. Frontswing, backswing, frontswing to bent hip hang; inverted hang; stride split — even as far as possible; benthip hang, backswing to stand on floor.

* * *

HORSE — VAULTING

Preliminaries: First teach running techniques:

- A) Short steps, graduated into long leaps before reaching take-off board.
- B) Refinement of "A)", landing with two feet on the far edge of the board (no steps on board).
- C) Utilizing "A" & "B" — establish "pace" — decide on the individual's length of run needed so that the same amount of steps are used each time.
- D) After "A, B, & C" have been mastered, add a low hurdle which can be gradually raised and set further away in order to learn landings. (Two-foot take off — high flight and steady landing).
- E) When all the previous moves have been accomplished, they must be perfected by moving the takeoff board further and further away from the horse to aid in higher flight.

If necessary, do the following exercises in succession:

- I. Horse with pommels & springboard
- II. Horse with pommels and Reuter Board
- III. Horse without pommels and Reuter Board horse at a lower height
- IV. Horse without pommels, but at proper height for individual's particular division. This 4th way is the manner in which contestant should finally be judged.

All exercises are done from a run, Joint rebound.

1. Squat support — release hands, uprise and with dips halfsquat dismount forward with arched back, uparm.
2. Closeleg squat vault (stretching upward before landing). (For practise: add 90 and 180 degree turns left and right).
3. Stradleg support on horse; uprise, releasing hands to sidearm! dismount forward to closeheel stand on floor. (Practise adding turns).
4. Wolf Vault: A) Left sideleg, right squat thru B) Right sideleg, left squat thru.
5. Side Vault: A) Left; B) Right (Practise adding turns).

* * *

BUCK

1. Crossways — flank way vault (hands in middle of buck and landing exactly in the middle in front)

2. Crossways — stradleg vault
3. Crossways — kneel support — release hands and back swinging them, front swing — "uphop" dismount to stand on floor in front
4. Lengthwise — flank way vault (reaching to far end with hands)
5. Lengthwise — stradleg vault (reaching to far end with hands).

TUMBLING

1. Front Roll 3 each
 - A) Front squat support to front roll squat support
 - B) Front squat sidearm to front roll squat & stand support frontarm
 - C) Straddle seat front roll to straddle support, hands between legs
 - D) Arabesque on either side, side arm, front roll, uprise to stand on feet
 - E) From lunge, sidearm, front roll to squat, uprise.
2. Back Roll 3 each
 - A) Squat support to back squat support
 - B) Straddle stand, front arm support, drop to seat, back roll to straddle stand, frontarm support.
 - C) Straddle stand, drop seat to straddle seat support
 - D) Squat support, back roll to kneel left support — opp.
3. Cartwheel
 - A) From a side stand: 3 left and 3 right
 - B) From a kneel on left, right forestep uparm, cartwheel to right, to straddle stand, sidearm — opposite
 - C) From a run — cartwheel (end facing rear) round off
 - D) From a run — tinsica (and facing front).
4. Headstand
 - A) From a tripod
 - B) From a squat support
5. Backbend
 - A) From lying on back on floor — pushing up (bridge)
 - B) Straddle kneel, frontarm, rear bow head, lean back to touch head on floor and return
 - C) Kneel seat on heels, front bow, uparm palms on floor uprise with torso only, beck bend in uparms touching floor with fingers and return.

NOTE: In scoring this event, grade each letter of each number. Then average them for one letter score on tally sheet.

* * *

FREE FLOOR EXERCISES

1. Polka steps: hands on hips, knuckles down — 2 forward 2 rear 1 to each side — movement for each polka step as follows: hop left, bend right front leg, step right, close left, step right — then opposite — 2/4 tempo.
2. Pas chasse — 3 steps forward 3 steps rear — movement for same is step close step 3/4 tempo — then opposite.
3. Four waltz runs forward — movement as follows: dip ½ squat forestep left forestep right on toe, forestep left on toe — right front arm, left rear arm. As you alternate steps, alternate arms.

4. Step left uphop, hend right frontleg, moderate front bow, rear arm, upright and step right — left rear leg, thru closearm and frontarm up-arm outward — then opposite.
5. Hitch Kick — two to each side — sidearm. Movement is: dip 1/2 squat R forestep, uphop & high L forekick, then R forekick; land on L in 1/2 squat.

* * *

UNEVEN PARALLEL BARS

1. From a stand outside of bars, facing low bar: overgrip jump to hang and
 - A) Side swinging — left sideleg to front hang lying; right sideleg to front hang lying closeleg
 - B) Sideswinging — both legs to left overpass low bar to front hang lying
Sideswing — both legs to right overpass low bar to front hang lying
2. From a hang on high bar overgrip facing low bar
 - A) Contrasing; bend frontleg overpass low bar

to front hang lying
B) Contrasing; stradleg overpass low bar to front hang lying.

3. From a hang overgrip on high bar facing low bar, contrasing bentfront leg overpass low bar to front hang lying: A) 90' turn L, regrasp L overgrip on high bar, regrasp overgrip R on low bar behind body — closeleg V-Seat; B) 90' turn L, regrasp L overgrip on high bar, regrasp overgrip R on low bar behind body — forestep L with uprise, R rearleg; R hand in 5th Position, look up.
4. From a front lying support position, on the high bar, facing low bar, roll forward to hang lying on low bar — regrasp to low bar, dropping to bent hip hang closeleg — rearhang to stand on floor. One step forward, upright.
5. From a stand in between bars, facing low bar, overgrip, jump to support — overpass R sideleg to front, regrasp R hand (stride support); drop back to R knee hang — closeleg benthip hang — drop to rear hang to stand on floor and with one step forward, upright.

Boys Exercises**LOW HORIZONTAL BAR**

1. Hangstanding, overgrip — with alternate rebound — uprotul frontway to front support, with upswing to rear, dismount.
2. Jump to front support, overgrip — overpass right sideleg to front to strideleg support between hands — drop back to right knee overhang and uprise to support strideleg, overpass left sideleg to front — dismount.
3. Jump to front support, overgrip — overpass right sideleg to front to strideleg support between hands — joint regrasp to undergrip — rotate forward in hand support — overpass left sideleg to front — dismount.
4. Jump to front support, overgrip — drop backward to bent hip hang, high underswing dismount.
5. Jump to front support, overgrip — rotate backward, upswing to rear, dismount with 90' turn to left or right.

* * *

RINGS**Jump High**

1. From fronthang, swing to bent hip hang — inverted hang — HOLD — bentleg hang — backswing dismount.
2. From fronthang, swing to bent hip hang and immediately lower to rearhang — PAUSE — bent hip hang — lower to fronthang — dismount.
3. From fronthang — swing — on frontswing, lifthang, at end of backswing lower to hang, frontswing bent hip hang — lower to rearhang — dismount.
4. From fronthang, swing to bent hip hang, backswing, frontswing, foldtumble closeleg, backward, dismount to stand.
5. From fronthang, swing to bent hip hang, backswing, frontswing, foldtumble, stradleg, backward, dismount to stand.

TUMBLING

1. From support squatting, closeleg, press bentleg to headstand, HOLD — foldroll forward to squat — stand.
2. From stand, with alternate rebound, handstand — PAUSE — foldroll forward to squat — stand.
3. Archtumble sideward, stradleg, to left or right.
4. From run — archtumble sideward with turn (90') right or left to rear (roundoff).
5. With short run, alternate rebound — archtumble forward with rebound from hands (handspring).

* * *

LOW PARALLEL BARS**Inside of Bars:**

1. Jump to straddle seat in front of hands — bent hip backward roll to straddle seat in rear of hands — grasp to rear — off seat joint frontleg inward to stand.
2. At end of bars: facing in — inside grip — hang standing — joint rebound to bent hip hang, kip uprise to seat stradleg on bars — offseat joint frontleg inward to stand.

Inside of Bars:

3. Jump to front support, swing to straddle seat in rear of hands — press shoulder stand — HOLD — lower backward to straddle seat in rear of hands — regrasp to rear, offseat joint frontleg inward — rearswing to dismount between bars.
4. Jump to front support — swing — on frontswing, frontleg dismount to right with turn to left (180').
5. Jump to support at end of bars facing out: — swing — on frontswing, stradleg vault dismount.

TRAMPOLINE

1. Ten controlled bounces using arms to aid bouncing and maintain balance — break.
2. Three bounces — seat drop — knee drop — stand.
3. Three bounces — seat drop — chest drop — stand.
4. Three bounces — seat drop — 180° turn — seat drop (swivel hips) — stand.
5. Three bounces — knee drop — foldtumble forward to stand.

VAULTING

- LONG BUCK — 40"-42" high; reuther board 2 ft. from end of buck.**
1. From run, joint rebound, tap off far end of buck — jump to bentleg support (squat) on buck — stand — dismount with arched leap forward.
 2. From run, joint rebound, tap off far end of buck — stradleg vault (straddle).
 3. From run, joint rebound, tap off far end of buck — bentleg vault (squat).
- BROAD BUCK — 40"-42" high — Reuther Board.**
4. From run, joint rebound, tap off — flankleg vault to right or left.
 5. From run, joint rebound, archtumble forward with rebound from head and hands (headspring).

**AMERICAN SOKOL ORGANIZATION
Vienna Tour**



One of the memorable stops we will make on our VIENNA TOUR this summer will be at Oetz, Austria. The American Sokol Organization in 1962 placed a bronze plaque here, honoring the founder of the Sokol movement, Dr. Miroslav Tyrs. The plaque is inscribed in English, Czech and German.

DR. MILOSLAV TYRS
1832 1884

Philosopher, Patriot and Pedagogue,
Founder of the
Sokol Gymnastic Organization

Born in Decin, Czechoslovakia Died in Oetz

Dedicated by the
American Sokol Organization
July 11, 1962



Dr. Miroslav Tyrs vacationed often in Oetz and lost his life in the rushing waters of the Aach River.

A short memorial service will be held and a floral tribute placed on this renowned spot.

APPLICATION FOR AMERICAN SOKOL TOUR VIENNA SLET - JUNE 1972

NAME _____ AGE _____

ADDRESS _____ TEL. (a.c.) _____

CITY, STATE, ZIP _____

MEMBER OF SOKOL _____

Family Members Wishing to Take Tour:

Name	Relationship	Age
_____	_____	_____

I WISH TO COMPETE _____ DIV. OF THE _____ CLASS

I WISH TO DRILL IN CALISTHENICS ONLY _____.

les je incorporovaná organizace a tak letos byl vytvořen jeden správní výbor, kde v čele je br. starosta Salák, místostarostka R. Tvrčková, místostarosta J. Spinka a jednatelka ses. L. Nekudová.

Dost mrzutostí nadělala zpráva z novin, že by Sokol Los Angeles měl kdysi v úmyslu stavět novou sokolovnu. Nebude se stavět, dokonce se o tom ani na žádné schůzi ani neuvažovalo. Ono to dá dost práce udržet to co je. I tak z toho někdy nového předsedu Amer. Czech Ass'n br. Spinku bolí hlava. A tak stavět se nebude. Není ani dostatečný zájem o nějakou společnou budovu, takže zpráva o stavbě se může klidně zapomenout.

Po delší době byl vytvořen zábavní odbor a předsedou se stal takový sokolský nadšenec a dobrý pracovník br. Joe Šeda. Doposud tento odbor měl "na krku" starosta Salák a nebyla to pro něj vůbec žádná zábava. Jako nejbližší podnik je oslava narozenin TGM — 5. března. Dalším bude veřejné cvičení Župy Pacifické po 3 dny v době oslav Memorial Day — 25. května. A pak Vídeň. Ta účast zde nebude taková, jak bylo plánováno. Hodně bylo těch, kteří se přihlásili, ale pak začala pracovat jakási propaganda, že kdo pojedí na slet do Vídně, nedostane visum do staré vlasti a hodně se toho zaleklo. Ale i tak povede župní starosta Salák přes 30 účastníků.

A na konec něco jako výtku. Je zde skautský oddíl Junáka pod vedením br. Fryce. Oni zde založili a udržují českou školu, kde učí učitelka z Čech. Je zde radio půlhodinka — zatím pod vedením br. Ch. Fishera v české řeči. V Sokolovně se mluví hodně česky, schůze jsou vedeny většinou v české řeči, české tance ses. Yvonky Gotwaldové získaly Jednotě značnou popularitu, české písně mají své přední místo a přece se zapomíná na to nejzávažnější: českou knihu. Nebyl zvolen knihovník. Jaksí se na to zapomnělo a zapomíná už několik let. Knihy jsou a další by se získaly, čtenářů je víc než dost, několik knihovníků je také a přece není zvolen knihovník a knihy, české knihy, které tvoří součást té vzdělanosti se nepůjčují. Proč?

Sokolovna hledá nového správce budovy. Zájemci pište na Amer. Czech Ass'n., 500 N. Western Ave., Los Angeles, Cal. 90004

Vit Komarek

Sokol Washington

Cvičení dorostu a žáků, mužů a žen, každý čtvrtek od 7 hod. večer v tělocvičně All Souls-Church, 16th & Harvard St., N.W. Náčelník br. Šťovíček.

Šibřinky měly velmi pěkný úspěch. Krásné prostředí, nádherně vyzdobený sál a stoly, výborná hudba a báječný buffet, který byl bohatě zásobný. Občerstvení za velmi nízké ceny. Náladu báječná a tak sokolská jednota prodloužila tanec o hodinu. Všichni návštěvníci byli spokojeni a projevovali vřelé své uznání. Jednota děkuje těm, kteří přišli a zasloužili se o zdar večera a těm, kdož poslali dar.

21. května 1972 budou, jako každý rok, Sokolové pokládat věnec na hrob Neznámého vojína na Arlingtonském hřbitově. Odpoledne bude piknik v Palisades Parku.

9. dubna Sokol Opera uvede premiéru opery Psohlavci v budově Immaculata College of Washington,

Wisconsin a Nebraska Ave. Opera bude dobře vypravena.

Přípravy na 25. výročí Sokola Washington, D.C. jsou v plném proudu. Banket bude 30. září.

Mat. Neumann

Župa Pacifická

Sokolská župa pacifická konala valnou hromadu dne 23. ledna. V předvečer Sokol Los Angeles uspořádal taneční zábavu ve prospěch župy. Ze zpráv delegátů jsme viděli, že sokolský život na Pacifiku pokračuje i přes to malé nadšení našich krajanů pro sokolskou a národní práci. — Pravda, přijdou si zatančit, ochutnat českou večeří, ale o tu drobnou spolkovou práci nedbají. Dnes sportovní a tělocvičná činnost pro mnohé končí ukončením školního studia. Tím větší zásluhu mají úředníci a cvičitelé, kteří dovedou zapomenout na televizní seriál a věnují svůj volný čas celku a snaží se udržet alespoň to, co máme.

Sokol Los Angeles má velmi dobrou činnost, Sokol San Francisco se udržuje, Sokol Fresno i přes obtíže stále žije.

Uvítali jsme s radostí nově zvoleného starostu Sokola Seattle (Washington), který nám podal potěšující zprávu z dalekého severu. Br. Václav Salák přednesl podrobnosti o zájezdu do Vídně na sokolský slet, který bude velkou národní událostí letošního roku. Pacifická župa připravuje od 6.—13. srpna dětský tábor v Dinkey Creek, nedaleko Fresno. Všechny sokolské jednoty mimo tělocvičnou činnost neopomenou pořádat vzpomínky a oslavy národních svátků. — Tak jako každého léta bude uspořádán vlet na Hum Lake, který se minulého roku těšil velké pozornosti jednot župy.

Br. Salák vedl valnou hromadu česky, když viděl, že všichni delegáti ovládají český jazyk. Do předsednictva byli opět zvoleni: Starosta br. Václav Salák, jednatelkou Marie Půlpánová, pokladní Louis Nekuda, Vzdělavatel a organizátor Jiří Špánek, náčelník Luba Hintnaus, nášelnice Marta Ližák.

Jiří Špánek

Sokol Detroit

Sokolská Akademie, která byla pořádána v neděli 30. ledna, měla nádherný průběh. Patnáct vystoupení žákyň, žáků, dorostu, žen a mužů vyznačovalo se precizním nácvikem a byla odměněna všeobecným potleskem. Pestré baletní číslo, 5 žen mělo stejně krásnou odezvu, jako 32 žákyň, dorostenek, které předvedly ve hravých prostných hru s míčky, švihadly, kotouči a kužely a zakončením písní.

Též vystoupení na tělocvičných nářadích žáků a žákyň, dorostu i žen a mužů mělo bouřlivý ohlas v obecenstvu, nevyjímajíc procvičky na trampolíně. Veselost vzbudilo žertovné vystoupení gymnastů-hostů, tři mužů a dvou děvčat, kteří též zaujali svými bezvadnými cvičeními.

My všichni jsme hrdí na tu naši sokolskou mládež druhé a třetí generace čl. původu a dodnes tklivě se nás dotkne při zahájení vznesení vlajek Ameriky a Československa a zapění hymny Americké a naší "Kde domov můj" a "Nad Tatrou sa blýská." Budiž vzdán sokolským vedoucím náš hluboký vděk!

Ceremoniářem byl také Karel Bareš, hosty vítali bratr starosta Viktor Hurych a ses. starostka Jarmila Zbořil. Hudební pianový doprovod obstarala sestra Lil Bezruč-Jaroh. Cvičící sbor ve všech vystoupeních: bratři a sestry Cara Lynn Pender, John Belavek, Mary Anne Kerr, Harold Pazdernik, Paul Dobbs, James Kalivoda, Edwin Martin, Jarmila Kalivoda, Joan Spiroff, Gerald Taylor, Louis Teichman a Eugene Kopecký.

*

Až z dalekého světadilu, z Austrálie, přichází věstník Tělocvičné Jednoty Sokol Sydney, do Sokola Detroit. Musí tam být mnoho našich českých krajanů, protože je tam tolik českých obchodních oznámků. To my v Detroitu nemáme žádné české obchody. Jejich národní a kulturní dění je na nejvyšší výši. To nám připomíná náš Český národní dům v Detroit, kde do doby, nežli byl prodán, měli jsme středisko našeho lidu, kde každého roku v sezoně od podzimu do pozdního jara, pořádána byla divadla, koncerty, význačné národní vzpomínkové dny a nebylo nic zvláštního, když v týdnů byly odváděny herecké zkoušky na dvě divadla těmi samými herci. Český národní dům šuměl krajanskou snahou pospolitosti, schůze byly přeplněné, tam jistě nebylo v ničem zastávání. Ovšem, dnes už dohoříváme. Přemnoho těch, kteří byly hybnou silou, odešli navždy, naše česká Amerika věkově sestárla, nikdo nenastoupil na její místo. A proto jsme z duše vděční naší druhé a třetí generaci, která v té naší Sokolovně dala nám domov.

Americká premiéra opery "Psohlavci"

Sokol Opera Washington, D.C. uvede poprvé na americkou scénu českou operu "Psohlavci", kterou složil Karel Kovařovic podle stejnojmenného románu Aloise Jiráska. Sokolská operní skupina ve Washingtoně pod vedením Lídy Brodenové vypraví tuto operu v neděli 9. dubna ve 3 hodiny odpoledne v auditoriu školy "Immaculata College" na rohu Wisconsin ave. a Nebraska ave. N.W., Washington, D.C.

Lída Brodenová studuje v českém originále v hlavních rolích s americkými pěvci, kteří neznají česky. Hlavní úlohu Koziny vytvoří John Carpenter, solista místní operní společnosti Civic Opera Ass'n. ve Washingtoně. Jeho choť Gail bude zpívat Kozinovu ženu Hančí. Charles Kopfstein Penk převzal roli hraběte Sternberga. V dalších důležitých rolích vystoupí Shirley Bosta, Llyanna Shaffer, Katherine Prussing, William de Lung, Charles Kuliga, Roger Still, Michael Knarb, Paul Carl a mnozí jiní. Pianista je Stephen Prussing. Kozinovy děti budou hrát Jana a Petr Klavíkoví. Výpravu provede Antonín Švehla. Milica Švehlová-Hasalová nastuduje Menuet.

Zprávy z Chicagské university - české a slovenské stolice

Česká studia mají na University of Chicago pole otevřené, neboť na ní je rozvinut rozsáhlý program studií všech slovanských jazyků a literatur v rámci slavistického departmentu (Department of Slavic Languages and Literatures). Tady je místo pro speciální studia českého jazyka, české literatury a podle potřeby nebo zájmu je otevřena možnost studovat literaturu slovenskou. Ráz studií na této universitě nevede ovšem jen k tomu, aby se vychovávali toliko specialisté v té či oné literatuře nebo v tom a onom jazyce, nýbrž dává ve svém programu možnost studentům jiných zaměření, aby se zároveň seznamovali s různými oblastmi slavistických oborů. Je tedy i studium české slovesnosti začleňováno do studií srovnávacích literatur.

Studium českého jazyka se rozvrhuje podle úrovně znalostí na kursy pro začátečníky a pro pokročilé. Literární přednášky se rozdělují tématicky na přehledové a na speciální (s tematikou výlučně českou nebo komparativní). V letošním školním roce 1971-72 jsou na programu: Jednak souvislý přehled vývoje české literatury od jejích počátků až po tvorbu současnou, jinak speciální přednášky věnované začátkům moderní české poesie, což je spojeno s rozbohem jednotlivých básnických textů.

Je-li řeč o universitě a o možnosti studia, nelze přejít ani ten nejzávažnější zdroj — knižní fondy, které jsou uloženy v universitní knihovně. V jejím slovanském oddělení je možno nalézt bohatou a důmyslně organizovanou a rozvíjenou sbírku české a slovenské literatury. Bez nadsázky se dá říci, že všechno podstatné, co potřebuje studující odborník, tady nalezne. Může listovat v původních nebo nových vydáních vzácných děl naší minulosti. Má k dispozici cenný soubor slovníků češtiny a slovenštiny (mezi nimi i vzácné výtisky slovníků našeho národního obrození). Vedle děl vydávaných v Československu jsou tu dostupné i publikace vycházející v jiných zemích, pokud jsou součástí české literatury nebo studia o ní. Nelze zapomenout ani na závažný okruh starších i nových časopisů, v nichž se kulturní život země odráží vždycky mnohostranně, a tedy činí z nich zvláště potřebný zdroj informací a poznatků. Pro odborníka jsou dále důležité bibliografické prameny, které jsou tu rovněž zastoupeny bohatě. — A pro každého, kdo cítí vztah k duchovním hodnotám té malé, ale kulturním děním vždycky překypující země, dává knihovna příležitost setkat se s vzácnými tisky, které vzešly z dovedných rukou a tiskařských dílen našich lidí. K těmto zvláštním fondům se řadí i soubor stále doplňované české literatury, která byla vydávána v Americe, a také archivní dokumenty spojené s kulturním životem Čechů a Slováků zde.

To je tedy celé pole, které se v universitních posluchárnách a v knihovně otvírá možností studií české i slovenské literatury a českého jazyka. Koncepce universitních přednášek je otvírá nejen studentům, ale i dalším zájemcům, kteří by — třeba jen příležitostně — chtěli prohloubit své poznání na tomto poli.

Directory of the American Sokol Organization

EXECUTIVE BOARD ASO.:

Meetings fourth Tuesday, 6426 W. Cermak Road, Berwyn, Ill. 60402. President: Stanley Barcal, 2437 Harvey Ave., Berwyn, Ill. 60402. Secretary: June Pros, 1606 East Ave., Berwyn, Ill. 60402. Financial Secretary: Agnes Sotka, 1516 Cuyler Ave., Berwyn, Ill. 60402. Kindly make all checks and Money Orders payable to the AMERICAN SOKOL ORGANIZATION, 6426 W. Cermak Road, Berwyn, Ill. 60402.

BOARD OF INSTRUCTORS ASO.:

Combined meetings every 3rd month at Sokol office, 6426 West Cermak Road, Berwyn, Ill. 60402.

Director of Men: Edward Linhart, 1820 Ridgeland Ave., Berwyn, Ill. 60402.

Ass't. Director: Richard Ptacek, 4330 S. Clinton Ave., Berwyn, Ill. 60402.

Secretary: Paul Lebloch, 2212 Hainsworth Ave., North Riverside, Ill. 60546.

Director of Women: EllenJeanne Schnabl, 2503 Harvey Ave., Berwyn, Ill. 60402.

Ass't. Director: Ann Halik, 3643 Ridgeland Ave., Berwyn, Ill. 60402.

Secretary: Lorraine Zdenek, 9709 So. Mason, Oak Lawn, Ill. 60453.

BY-LAWS COMMITTEE:

Address all mail to American Sokol Organization, 6426 W. Cermak Road, Berwyn, Illinois 60402.

PUBLIC RELATIONS COMMITTEE:

Chairman: Anna Basta, 2629 Maple Ave., Brookfield, Ill. 60513.

ORGANIZATION CHAIRMAN: Emilie Welcl-Ruzicka, 910 N.E. 121st, Miami, Fla. 33161.

MEMBERSHIP CHAIRMAN: Rudolph Svoboda, 2343 S. 14th Ave., No. Riverside, Ill. 60546.

EASTERN DISTRICT, NEW YORK, N. Y.

Headquarters Sokol Hall, 420 East 71st St., N. Y. C., N. Y. 10021. Meetings 3rd Monday, alternating between New York, Little Ferry, N. J., Fuegner, L. I. President: Charles Zraly. Secretary: Blanche Zraly, both 29 Holland Court, Valley Stream, New York 11580. Director of Men: Frank Capek, 39 Barnes Dr., Ridgefield Park, N. J. 07660. Director of Women: Norma Zabka, 6600 Boulevard East, West New York, N. J. 07093. Public Relations: Ed Stetka, 318 Upper Landing Rd., Baltimore, MD 21221.

NORTHEASTERN DISTRICT, CLEVELAND, OHIO

Meetings 4th Wednesday, Sokol Tyrs, 3689 East 131st St., Cleveland, O. 44120. President: Emil Pekar, 6801 Glenella Dr., Seven Hills, Ohio 44131. Secretary: Henry Nemecek, 5925 Broadview Road, Cleveland, Ohio 44134. Director of Men: Peter Dusek, 4095 Apple Creek Drive, Cleveland, Ohio 44144. Director of Women: Jeanette Wagner, 3872 Mill St., West Richfield, Ohio 44286. Educational Director: Karel Zahradnick, 12704 Holborn, Cleveland, Ohio 44105. Public Relations: Elsie Khol, 13212 Maplerow, Cleveland, Ohio 44105. Organization Chairman: Gladys Jirousek, 18424 Chagrin Blvd., Shaker Hts., Ohio 44122.

CENTRAL DISTRICT, CHICAGO, ILLINOIS

Meetings 4th Wednesday, Sokol Havlicek-Tyrs, 2619 S. Lawndale Ave., Chicago, Ill. 60623. — President: Joseph F. Drnec, 5715 West 23rd Street, Cicero, Illinois 60650. Secretary: Catherine Krimmel, 809 Greenwood Ct., Roselle, Ill. 60172. Director of Men: Paul Lebloch, 2212 Hainsworth, North Riverside, Ill. 60546. Director of Women: Helen Tuma, 5122 W. 29th Pl., Cicero, Ill. 60650. Educational Director: Ernest Pirka, 1248 W. Addison St., Chicago, Ill. 60613. Organization Chairman: Edward

Schnabl, 2503 Harvey Ave., Berwyn, Ill. 60402. Public Relations: June Pros, 1606 East Ave. Berwyn, Ill. 60402.

WESTERN DISTRICT, OMAHA, NEBRASKA

Meetings 2nd Monday, Sokol Auditorium, 2234 So. 13th Street, Omaha, Nebr. 68108. — President: Edward Pavoucek, 2306 Jefferson, Bellevue, Nebr. 68005. Secretary: Phyllis Jirka, 6514 So. 45th Street, Omaha, Nebr. 68117. Director of Men: Raymond Lastovica, 109 E. 16th Ave., Bellevue, Nebr. 68005. Director of Women: Bozena Drozda, 2627 No. 102nd Ave., Omaha, NE 68134. Educational Director: Helen Karpisek, 2505 S. 6th St., Omaha, NE 68108. Organization Chairman: Barbara Swoboda, 5816 S. 15th St., Omaha, NE 68107.

SOUTHERN DISTRICT, DALLAS, TEXAS

Meetings 2nd Thursday, Sokol Athletic Center, 7448 Greenville Ave., Dallas, Tex. 75231. President: George Prevratil, 11212 Yorkmont, Dallas, Texas 75218. Secretary: Vlasta Laznovsky, 5514 Gregg St., Dallas, Tex. 75235. Director of Men: Larry Laznovsky, Route 1, Ennis, Texas 75119. Director of Women: Sylvia Laznovsky, Route 1, Ennis, TX 75119. Educational Director: John Stoeppelman, Rt. 10 Box 6160, Ft. Worth, TX 76135. Public Relations: Jerry Milan, 6208 Lakeside Dr., Ft. Worth, TX 76135.

PACIFIC DISTRICT, LOS ANGELES, CALIF.

Meetings, every 2nd month, in Sokol Hall, 500 No. Western Ave., Los Angeles, Calif. 90004. President: V. Salak, 518 N. Niagara St., Burbank, Calif. 91505. Secretary: Marie Pulpan, 417 Mt. Washington Dr., Los Angeles, Cal. 90065. Director of Men: Luba Hintnaus, 1321 — 21st St., Manhattan Beach, Calif. 90267. Director of Women: Martha Lizak, 419 Williams Ave., Madera, Calif. 93637. Educational Dir. and Organizer: George Spanek, 1364 Drake Ave., Burlingame, Calif. 94010.

Directory of Units

EASTERN DISTRICT, NEW YORK, N. Y.

Sokol Baltimore, Maryland. — Meetings, 2nd Sun. of the month, no meeting in July and August. American Sokol Center, 2931 E. Madison St., Baltimore, Md. 21205. President: Donald Otenasek, 8231 Old Philadelphia Rd., Baltimore, Md. 21237. Secretary: Henry J. Vrzalik, 201 Lyndale Ave., Baltimore, Md. 21236. Financial Secretary: Edward Stetka, 318 Upper

Landing Rd., Baltimore, MD 21221

Director of Men: John Cervin, Jr., 2811 E. Monument St., Baltimore, Md. 21205. Director of Women: Marie Pokorny, 9812 Gunforge Rd., Perry Hall, Md. 21128. Educational Director: Irene Vincent, 719 W. University Pkwy., Baltimore, MD 21210.

Sokol Belcamp, Md. — Meetings 1st Wednesday, Belcamp Community Center, Belcamp, Md. 21017. President: Frank G. Novak, P. O.

Box 65, Belcamp, Md. 21017. Secretary: Miroslav Jurny, P.O. Box 211, Belcamp, Md. 21017. Financial Secretary: Andy Kasper, 215 Park St., Aberdeen, MD 21001. Director of Women: Linda Pukl, Belcamp, MD 21017.

Sokol Curtis Bay, Md. — Meetings: 3rd Wednesday, 1605 Cereal Street, Baltimore, MD 21226. — President: James F. Zaruba, 4705 Virginia Ave., Baltimore, Maryland 21225. Secretary: Frank Zamostny,

216 Werner Rd., Baltimore, Md. 21226. Financial Secretary: Francis Simon, 3549—3rd Street, Baltimore, Md. 21225.

Sokol Fuegner, L. I. C., N. Y. Meetings 3rd Tuesday, Bohemian Hall, 29-19 24th Ave., L. I. City, N. Y. 11105. President: Charles Zraly, 29 Holland Court, Valley Stream, L. I. C., N. Y. 11580. Secretary: Bertha Hochner, 45-35 Utopia Pkwy., Flushing, N. Y. 11358. Financial Secretary: Jane Cerny, 23-71 37th Street, Astoria, N. Y. 11105. Director of Men: Richard Kotmel, 43-25 160th St., Flushing, N. Y. 11358. Director of Women: Virginia Belsan, 41-35 49th St., Sunnyside, N. Y. 11104.

Sokol Little Ferry, New Jersey. — Meetings 2nd Monday, Sokol Hall, 14 Garden Street, Little Ferry, New Jersey 07643. President: Charles Kubicek, 17 Jackson Street, Little Ferry, N. J. 07643. Secretary: Henry L. Vesely, 77 Liberty Street, Little Ferry, N. J. 07643. Financial Secretary: Henry Mayer, 21 Mehrhof Road, Little Ferry, N. J. 07643. Director of Men: George Janakis, 15 Beech Street, Little Ferry, N. J. 07643. Organizational Chairman: William Zabransky, Jr., 19 Pickens St., Little Ferry, N.J. 07643.

Sokolice Little Ferry, New Jersey. — Meetings 4th Wednesday, Sokol Hall, Main and Garden Streets, Little Ferry, N. J. 07643. President: Helen Schroeder, 41 Prospect Ave., Little Ferry, N.J. 07643. Secretary: Rosalind Farquhar, 50 Columbus Ave., Little Ferry, N.J. 07643. Financial Secretary: Elsie Machotka, 26 Center St., Little Ferry, N.J. 07643. Director of Women: Audrey Benda, 34 Brandt Street, Little Ferry, N.J. 07643.

Sokol Miami, Florida. — Meetings 4th Monday, 15000 No. Miami Ave., Biscayne Gardens Civic Center, No. Miami, Fla. 33161. President: Frank Ruzicka, 910 N.E. 121st Street, Miami, Florida 33161. Secretary: Emilie Welcl-Ruzicka, 910 N.E. 121st St., Miami, Fla. 33161. Financial Secretary: Anne Valentine, 1700 N.E. 137th Terr., No. Miami, FL 33161. Please forward all mail to Secretary.

Sokol Newark, New Jersey. — Meetings 3rd Saturday at homes of members. President: Frank Bartell, 646 E. Pt. Pleasant Ave., Ocean Gate, N. J. 08740. Secretary: Barbara Kotlan, 54 Cleremont Ave., Irvington, N. J. 07111. Financial Secretary: Anna Votapek, 664 Valley St., Orange, N. J. 07050.

Sokol New York, N. Y. — Meetings 4th Thursday, Sokol Hall, 420-

424 East 71st Street, New York, N. Y. 10021. President: Marie Provaznik, 25-64 — 35th St., L. I. C., N.Y. 11103. Secretary: Dorothy Hudecek, 34-19 33rd St. Astoria, New York, 11106. Financial Secretary: Marie V. Lier, 6542 — 48th Avenue, Woodside, N.Y. 11377. Director of Men: Stanley Mergl, 1278 — 1st Avenue, New York City, N. Y. 10021. Director of Women: Pat Koval, 33-25 — 92nd St., Jackson Heights, N. Y. 11372.

Sokol Philadelphia, Pa. — Meetings 2nd Friday, Slovak Hall, 1150-54 N. 4th St., Philadelphia, Pa. 19123. President: Josephine Tunkl, 5836 Akron St., Philadelphia, Pa. 19141. — Secretary: George B. Novak, 2003 E. Elkhart St., Philadelphia, Pa. 19134. Financial Secretary: Elsie Novak, 2003 E. Elkhart Street, Philadelphia, Pa. 19134. Educational Director: George B. Novak.

Sokol Schenectady, New York. — Meetings 1st Wednesday, Czech-American Sokol Hall, 1309 Fifth Ave., Schenectady, N. Y. 12303. President: Fred Guthan, 2351 Consaul Rd., Schenectady, N. Y. 12304. Secretary: Antonia Guthan, 2351 Consaul Road, Schenectady, N. Y. 12304. Financial Secretary for Women: Julia Kverek, 1541 Altamont Avenue, Schenectady, N. Y. 12303. Financial Secretary for Men: Alice Matura, 1 Larkin St., Scotia, N. Y. 12302. Director of Men: Frank Prokop, 1005 — 6th Street, Carmen, Schenectady, N. Y. 12303. Director of Women: Caroline Jordan, 1302 — 2nd Ave., Schenectady, N. Y. 12303. Educational Director: Frank Prokop. Organizational Director: Henry Novotny, 1238 4th Ave., Schenectady, NY 12303.

Sokol Washington, D. C. — Meetings 1st Friday, Barton House, 2225 Barton St. and 10th Street, N. Arlington, Virginia. President: Matthew Neuman, 2071 Park Road N.W., Washington, D. C. 20010. Secretary: Jerry Friedrich, 13421 Bartlett Street, Rockville, Md. 20853. Financial Secretary: Gerta Manhal, 3636 16th St. N.W., Washington, D. C. 20010. Director of Men: Frank Stovicek, 2059 Park Road N.W., Washington, D. C. 20010. Director of Women: Margaret Sue Dillon, 4514 Connecticut Ave. N.W., Washington, DC 20008. Educational Director: Vavro Rysavy, 6061 Munson Hill Rd., Falls Church, Va. 22044.

NORTHEASTERN DISTRICT, CLEVELAND, OHIO

Sokol Cleveland Cech-Havlicek, Cleveland, Ohio. — Meetings 1st

Sunday, Sokol Cleveland Cech-Havlicek Hall, 20110 Harvard Av., Warrensville Heights, Ohio 44122. President: Ralph Gruber, 3418 Colton Road, Cleveland, Ohio 44122. Secretary: Frank Kavan, Jr. 4800 Westbourne Rd., Lyndhurst, Ohio 44124. Financial Secretary: Bertha Cihula, 31713 White Rd., Wickliffe, O. 44092. Director of Women: Ann Skoda, 1541 East 191st, Apt. 549, Euclid, OH 44119. Educational Director: Ann Skoda.

Sokol Detroit, Mich. — Meetings 1st Thursday, Sokol Cultural Center, 23600 West Warren, Dearborn Heights, Mich. 48127. President: Victor Hurych, 16958 Cicotte, Allen Pk., MI 48101. Secretary: Frank Kalivoda, 19506 Archer, Detroit, Mich. 48219. Financial Secretary: Joseph Wimmer, 241 S. Franklin, Dearborn MI 48124. Dues Secretary: Henry Vrbensky, 24232 Audrey, Warren, MI 48091. Director of Men: John Belavek, 52861 Brenton Dr., Rochester, MI 48063. Educational Director, Jan Sklenar, 71 W. Hancock, Apt. 4, Detroit, MI 48201. Organizational Chairman: Peter Vlcko, 773 Farmhan, Lincoln Pk., MI 48146.

Sokolice Detroit, Mich. — Meetings 1st Thursday, Sokol Cultural Center, 23600 West Warren, Dearborn Heights, Mich. 48127. President: Jarmila Zboril, 10319 So. Morrow Circle, Dearborn, Mich. 48126. Secretary: Sophie Rosik, 8947 Memorial, Detroit, Mich. 48228. Financial Secretary: Elaine Friedman, 25051 Thorndyke, — Southfield MI 48075. Dir. of Women: Mary Anne Kerr, 940 S. Gulley Rd., Dearborn Hts., Mich. 48125. Educational Director: Jennie Pazdernik, 10333 S. Morrow Circle, Dearborn, Mich. 48126.

Sokol Moravan, Toledo, Ohio. — Meetings 4th Sunday, Playdium Hall, 1923 Front St., Toledo, Ohio 43605. President: Gotlieb F. Capoun, 5302 Grosse Point Parkway, Toledo, Ohio 43611. Secretary: Elizabeth Penovich, 2130 Nevada, Toledo, Ohio 43605. Financial Secretary: Don Saleta, 1809 Rivard Rd., Toledo, Ohio 43615.

Sokol Nova Vlast, Cleveland, O. — Meetings 2nd Sunday, Czech Hall, 4314 Clark Avenue, Cleveland, O. 44109. President: James Kocian, 12204 Longmead Ave., Cleveland, Ohio 44135. Secretary: Mildred Kolar, 3527 W. 97th St., Cleveland, O. 44102. Financial Secretary: June Brada, 4425 Streetsboro Rd., Richfield, Ohio 44286. Director of Men: Don Kotlan, 3405 W. 41st St., Cleveland, OH 44109. Director of Women: Jeanette Wagner, 3872 Mill Road, Richfield, Ohio 44286. Educational

Director: Joseph Smetana, 8216 Pelham Dr., Parma, OH 44129.

Sokol Rip, Pittsburgh, Pa. — Meetings, 2nd Friday every other month at Ruzomberka Restaurant, Grant Ave, Pittsburgh, PA 15209. President: Joseph A. Ciz, 8140 Remington Drive, Pittsburgh, PA 15237. Secretary: Standa Prostrednik, 215 Saxonburg Blvd., Pittsburgh, Pa. 15238. Financial Secretary: James Leder, 133 Madison Drive, Glenshaw, PA 15116.

Sokol Tyrs, Cleveland, Ohio. — Meetings every other month, Board of Directors, 2nd Thursday each month, 20110 Harvard Ave., Warrensville, OH 44122. President: Richard Franks, 2516 S. Taylor Rd., Cleveland, OH 44110. Sec'y.: Lillian Pierce, 3556 Ingleside Rd., Shaker Hts., Ohio 44122. Financial Secretary: Marie Whiteman, 6544 Highland Rd., Mayfield Hts., Ohio 44143. Director of Men: Bert Box, 13005 Thornhurst Ave., Garfield Hgts., OH 44105. Director of Women: Carol Gedeon, 814 Circlewood Dr., Aurora, OH 44202. Public Relations: Joseph Kocab, Jr., 4501 Cullen Dr., Cleveland, Ohio 44105.

CENTRAL DISTRICT, CHICAGO, ILLINOIS

Sokol Americky, Chicago, Ill. — Meetings, semi-annual at Old Prague Restaurant. President: Besie Vokoun, 2642 S. St. Louis Ave., Chicago, Ill. 60623. Secretary: Hilda Jelinek, 119 E. Lake St., Barrington, IL 60010. Financial Secretary: Mary Doubek, 1536 West 18th Street, Chicago, Ill. 60608.

Sokol Berwyn, Illinois. — Meetings 2nd Thursday, Sokol Berwyn, 6445 W. 27th Place, Berwyn, Ill. 60402. President: Edward Schnabl, 2503 Harvey Avenue, Berwyn, IL 60402. — Secretary: Marie Knez, 6513 W. 27th Place, Berwyn, Ill. 60402. Financial Secretary: Stana Ziemba, 327 Herrick Road, Riverside, IL 60546. Director of Women: Cheryl Zrostlik, 1002 Saylor Avenue, Elmhurst, Illinois, 60126. — Educational Director: Eddie Jelinek, 3619 Wenonah Ave., Berwyn, Ill. 60402.

Sokol Brookfield, Ill. — Meetings 1st Wednesday, National Hall, 3909 Prairie Ave., Brookfield, Ill. 60513. President: Rudolph Svoboda, 2343 S. 14th Ave., No. Riverside, Ill. 60546. Secretary: Anne Fara, 791 Fairfield, Elmhurst, Ill. 60126. Financial Secretary: Rose Fritsch, 3921 Forest, Brookfield, Ill. 60513. Director of Men: Jerry Michalek, 2241 10th Ave., North Riverside, IL 60546. Educational Director: Ernest Pirka, 1248 W. Addison, Chicago, Ill. 60613.

Sokol Cechie, Chicago, Illinois. — Meetings 3rd Tuesday, Na-

tional Hall, 1643 N. Cicero Ave., Chicago, Ill. 60639. — President: Otto Glasser, 587 E. Parkway Rd., Riverside, Ill. 60546. Secretary and Financial Secretary: Elsie Bahnick, 1241 S. 57th Ave., Cicero, IL 60650.

Sokol Chicago, Ill. — Meetings 3rd Monday, Sokol Berwyn, 6445 W. 27th Pl., Berwyn, Ill. 60402. President: Stanley Barcal, 2437 S. Harvey Ave., Berwyn, Ill. 60402. Secretary: Charles Zdenek, 9709 S. Mason, Oak Lawn, Ill. 60453. Fin. Secretary: Robert Barcal, 1522 S. 58th Court, Cicero, Illinois 60650.

Sokolice Chicago, Ill. — Meetings 3rd Monday, Sokol Berwyn, 6445 West 27th Place, Berwyn, Ill. 60402. President: Ann Falta, 2540 S. St. Louis Ave., Chicago, Ill. 60623. Secretary: Rose Barcal, 2437 Harvey Ave., Berwyn, Ill. 60402. Financial Secretary: Sylvia Murphy, 2416 So. Grove Ave., Berwyn, Illinois 60402.

Sokol Fuegner, Ill. — Meetings 3rd Friday, 10756 Greenbay Ave., Chicago, IL 60617. President: Gene Johnson, 10433 Ave. "F", Chicago, IL 60617. Secretary and Financial Secretary: Ken Williams, 10546 Ave. "F", Chicago, IL 60617.

Sokol Havlicek-Tyrs, Chicago, Illinois. — Meetings 2nd Wednesday, Sokol Havlicek-Tyrs, 2619 S. Lawndale Ave., Chicago, Illinois 60623. — President: George Basta, 2629 So. Maple Ave., Brookfield, IL 60513. Secretary: Frank Michalek, 4342 S. Wisconsin Ave., Stickney, IL 60402. Financial Secretary: Vaclav Zenisek, 3142 Highland Ave., Berwyn, IL 60402. Director of Men: Frank Michalek, Michalek, 4342 S. Wisconsin Ave., Stickney, Ill. 60405. Educational Director: Frank Michalek. Organizational Chairman: George Herink, 1823 Scoville Ave., Berwyn, IL 60402.

Sokolice Havlicek-Tyrs, Chicago, Illinois. — Meetings 2nd Wednesday, Sokol Havlicek-Tyrs Hall, 2619 S. Lawndale Ave., Chicago, IL 60623. President: Ann Basta, 2629 S. Maple Ave., Brookfield, IL 60513. — Secretary: Zdenka Tintera, 2900 Lincoln Ave., North Riverside, Ill. 60546. Financial Secretary: Louise Hladik, 5511 W. 23rd Place, Cicero, Ill. 60650. Director of Women: Helen Tuma, 5122 W. 29th Pl., Cicero, Ill. 60650. Organizational Chairman: Louise Kmen, 2520 S. Harding Ave., Chicago, IL 60623.

Sokol Milwaukee, Wisconsin. — Meetings 1st Thursday, International Institute, Milwaukee, Wis. President: Rudy Richter, 5518 W. Roosevelt Dr., Milwaukee, WI

53216. Sec'y. Fred C. Stankovsky, 14325 Sun Valley Dr., New Berlin, Wis. 53151. Financial Secretary: Charles Richter, 5459 No. 38th St., Milwaukee, Wis. 53209. Director of Men: Fred C. Stankovsky, 14325 Sun Valley Dr., New Berlin, Wis. 43151. Educational Director Henry Zelenka, 2852 N. 78th Street, Milwaukee, WI 53222. Organizational Chairman: Ed Porinsky, 10207 W. Park Ridge Ave., Milwaukee, WI 53222.

Sokolice Milwaukee, Wisconsin. — Meetings 1st Thursday, International Institute, Milwaukee, Wis. President: Lillian Funk, 4817 N. Hollywood Ave., Milwaukee, WI 53211. Secretary: Christine Greiner, 3206 E. Grange Ave., Cudahy, Wis. 53110. Financial Secretary: Helen Pilger, 2974 N. 45th St., Milwaukee, WI 53210. Director of Women: Emily Falarsh, 4435 N. 49th St., Milwaukee, Wis. 53218. Educational Director: Henry Zelenka.

Pizensky Sokol of Chicago, Ill. — Meetings 2nd Thursday, CSA Building, 2137 Lombard Avenue, Cicero, Ill. 60650. President: William Cihak, 301 Blackhawk Rd., Riverside, Ill. 60546. Secretary: Dawn Chrastek, 4439 Shabbona Lane, Lisle, IL 60532. Financial Secretary: Joseph Kilberger, 3735 Arthur Ave., Brookfield, Ill. 60513.

Sokol Racine, Racine, Wisconsin. — Meetings last Wednesday, Sokol Racine Hall, 1313 Lincoln St., Racine, Wis. 53402. President: James J. Fetek, 4905 James Ave., Racine, Wis. 53402. Secretary: Steve J. Mostenan, 7914 — 20th Ave., Kenosha, Wis. 53140. Fin. Secretary: Frank Groulik, 2044 Erie Street, Racine, Wis. 53402. Director of Men: Steve J. Mostenan.

Sokolice Racine, Racine, Wis. — Meetings last Wednesday of March, June, Sept., Dec., Sokol Racine Hall, 1313 Lincoln St., Racine, Wis. 53402. President: Grace Smerchek, Rt. 1. 2506 — 5½ Mile Rd., Racine, Wis. 53402. Secretary: Dolly Mostenan, 7914 — 20th Ave., Kenosha, Wis. 53140. Fin. Secretary: Marie Fetek, 723 St. Patrick St., Racine, Wis. 53402. Director of Women: Alice Larson, 1834 Polaris Ave., Racine, Wis. 53404.

Sokol Rozvoj, Chicago, Illinois. — Meetings 2nd Thursday every 3rd month. Danish American Athletic Center, 4624 N. Pulaski Road, Chicago, Illinois 60630. — President: Rudolph Gurtler, 6416 W. 28th St., Berwyn, Ill. 60402. Secretary: Hedvika Vrba, 2135 S. Kenilworth Ave., Berwyn, Illinois 60402. Financial Secretary: Ann Bagel, 4906 West Berwyn, Chicago, Ill. 60630.

Sokol Slavsky, Cicero, Illinois. — Meetings 1st Wednesday, Gold Room, CSA. Bldg., 2138 S. 61st Court, Cicero, Ill. 60650. — President: Edwin Halik, 3643 Ridgeland Ave., Berwyn, Illinois 60402. Secretary: Josephine Drnec, 5715 W. 23rd Street, Cicero, Ill. 60650. Financial Secretary: Frank Marecek, 2617 So. Clinton Ave., Berwyn, Ill. 60402. Director of Men: John Satek, 5310 W. 24th St., Cicero, IL 60650. Director of Women: Ann Halik, 3643 Ridgeland Ave., Berwyn, Ill. 60402. Educational Director: May Konecny, 6713 W. 19th St., Berwyn, IL 60402. Organizational Chairman: John Satek.

Sokol St. Louis, Mo. — Meetings 2nd and 4th Monday, American-Czech Educational Center, 4690 Lansdowne, St. Louis, Mo. 63116. President: William Shana, 9145 Desmond Drive, St. Louis, Mo. 63126. Secretary: Norman W. Kriizek, 5727 Arthur Ave., St. Louis, Mo. 63139. Fin. Secretary: Henry Rak, 4201 Heidelberg Ave., St. Louis, Mo. 63123. Director of Men: Norman Ulrich, R.R. 1, St. Clair, Missouri 63077. Director of Women: Helen Pescoat, 6401 Mardel, St. Louis, Mo. 63109. Educational Director: William Shana.

Sokol Stickney, Illinois. — Meetings 1st Wednesday, except July and August. Sokol Stickney, 4131 S. Home Avenue, Stickney, Illinois 60402. — President: William Vrba, 4224 Home Avenue, Stickney, Ill. 60402. Secretary: Margaret Sheridan, 3939 Clarence Avenue, Stickney, Ill. 60402. Fin. Secretary: Ann Muzik, 9030 Rochester, Brookfield, IL 60513. Director of Men: Irvin Triner, 4223 So. Home Ave., Stickney, IL 60402. Director of Women: Marie Vachata, 8030 — 46th St., Lyons, IL 60534. Educational Director: Joe Sheridan, 3939 Clarence Ave., Stickney, IL 60402.

Sokol Tabor, Berwyn, Illinois. — Meetings 1st Friday, Sokol Tabor, 1602 S. Clarence Ave., Berwyn IL 60402. President: James Berousek, 2517 Forest, No. Riverside, IL 60546. Secretary: Joseph Moravec, Jr., 1346 Kenilworth Ave. Berwyn, IL 60402. Financial Secretary: Tom Sotka, 1516 Cuyler Ave., Berwyn, IL. 60402. Director of Men: Keith Heilder, 1342 Maple Ave., Berwyn, IL 60402. Educational Director: Charles Sazavsky, 1814 Elmwood Ave., Berwyn, IL 60402.

Sokolice Tabor, Berwyn, Illinois. — Meetings 1st Friday, Sokol Tabor, 1602 S. Clarence Ave., Berwyn, Ill. 60402. President: Mae Linhart, 1820 Ridgeland Ave., Berwyn, Illinois 60402. Secretary: Camille Pekarek, 1538 Harvey

Ave., Berwyn, Ill. 60402. Financial Secretary: Helen De Klyen, 1329 S. Euclid Ave., Berwyn, Ill. 60402. Director of Women: Nancy Recchia, 903 Linden Ct., Western Springs, Ill. 60558.

Sokol Town of Lake, Chicago, Ill. — Meetings 2nd Wednesday, Polish Highlander Hall, 3035 W. 51st Street, Chicago, Ill. 60632. President: George Vytlačil, 12515 Harold Ave., Palos Hts., Ill. 60463. Secretary: Anton Smunt, 5342 So. Fairfield Ave., Chicago, Ill. 60632. Fin. Secretary: James Jansky, 1517 Ostrander Ave., La Grange Park, Ill. 60525. Educational Director: James L. Cihak, 405—50th Pl., Western Springs, Ill. 60558.

Sokolice Town of Lake, Chicago, Illinois. — Meetings 2nd Wednesday every other month, Polish Highlander Hall, 3035 W. 51st Street, Chicago, Ill. 60632. President: Irene Ruzicka, 3308 West 66th Street, Chicago, Illinois 60629. Secretary: Anna Kuchler, 5249 S. Whipple St., Chicago, Ill. 60632. Fin. Secretary: Blanche J. Cihak, 405 W. 50th Place, Western Springs, Ill. 60558.

Sokol West Suburban, Downers Grove, Ill. — Meetings 4th Tuesday. Mailing address: Sokol West Suburban, P.O. Box 181, Downers Grove, IL 60515. President: Barbara Donda, 22W507 Sycamore, Glen Ellyn, IL 60137. Secretary: Evelyne Behounek, 4827 Cornell, Downers Grove, IL 60515. Treas.: Sylvia Pistorius, 342 Naperville Rd., Westmont, Ill. 60559. Director of Men: James Jindra, 749 Hitchcock, Lisle, IL 60532. Director of Women: Sylvia Pistorius, 3342 W. Naperville Rd., Westmont, IL 60559.

WESTERN DISTRICT, OMAHA, NEBRASKA

Sokol Cedar Rapids, Iowa. — Meetings 1st Monday, Sokol Hall, 415 — 3rd St. S.E., Cedar Rapids, Iowa 52401. President: Jos. Pazour, 72 — 18th Avenue S.W., Cedar Rapids, Iowa 52404. Secretary: Don Pulkrab, 2436 — 1st St. S.W., Cedar Rapids, Iowa 52404. Financial Secretary: Dennis Hrabak, 1731 Hamilton S.W., Cedar Rapids, Iowa 52404. Director of Men: Rick Bartunek, 2709 Primrose Lane S.W. Cedar Rapids, IA 52404. Educational Director: Theodore Hlubucek, 137—37th St., N.E. Cedar Rapids, IA 52402. Organizational Chairman: Dick Kittrell, 1527—48th St., N.E., Cedar Rapids, IA 52402.

Sokolice Renata Tyrsova, Cedar Rapids, Iowa. — Meetings 1st Monday, Sokol Hall, 415 — 3rd Street S.E., Cedar Rapids, Iowa 52401. President: Libbie Melsha,

2449 Wisconsin St., S.W. Cedar Rapids, IA 52404. — Secretary: Mana Zlatohlavek, 392 — 16th Ave. S.W., Cedar Rapids, Iowa 52404. Financial Secretary: Mary Ann Pochobradsky, 2419 Victoria Dr. S.W. Cedar Rapids, IA 52403. Director of Women: Kveta Smith, 1940 Washington S.E. Cedar Rapids IA 52403. Educational Director: Kveta E. Smith, 1940 Washington Ave. S.E., Cedar Rapids, IA 52403.

Sokol Crete, Nebraska. — Meetings 1st Wednesday, Sokol Auditorium, 12th and Norman St., Crete, Nebr. 68333. President: Steve E. Pomajzl, Route 1, Wilber, Nebr. 68465. Secretary and Fin. Secretary: Lester G. Bruns, 839 Ivy Ave., Crete, Nebr. 68333. Director of Men and Educational Director: Elmer G. Pomajzl, 1119 Oak St., Crete, Nebr. 68333.

Sokolice Libuse, Crete, Nebr. — Meetings 1st Wednesday, Sokol Hall, 136 West 12th Street, Crete, Nebraska 68333. President: Alice Kalkwarf, 807 Oak Street, Crete, Nebr. 68333. Secretary: Blanche Heeren, R. R. 1, Box 136, Crete, Nebr. 68333. Financial Secretary: Alice Kovarik, 729 Norman, Crete, Nebr. 68333. Director of Women: Albina Banks, 2023 Main, Crete NE 68333. Educational Director: Albina Banks.

Sokol Fuegner-Tyrs, So. Omaha, Nebraska. — Meetings 1st Monday, So. Omaha Sokol Hall, 5601 S. 21st Street, Omaha, Nebr. 68107. President: Edward Pavoucek, 2306 Jefferson, Bellevue, Nebr. 68005. Secretary: Irvin Holtz, 1706 Bellevue Blvd., Bellevue, Nebr. 68005. Financial Secretary: Victor F. Novotny, 4621 Valley, Omaha, Nebr. 68106. Director of Men: Vojmir Benak, 5919 S. 15th Street, Omaha, Nebr. 68107. Educational Director: — and Organizational Chairman: A. Swoboda, 5816 S. 15th Street, Omaha, Nebr. 68107.

Sokolice South Omaha, Nebraska. — Meetings 2nd Tuesday, So. Omaha Sokol Hall, 5601 South 21st Street, Omaha, Nebraska 68107. President: Erna Menshik, 5431 S. 24th St., Omaha, NE 68107. Secretary: Virginia Patera, 4514 Primrose Lane, Omaha NE 68157. Financial Secretary: Barbara Swoboda, 5816 So. 15th Street, Omaha, Nebr. 68107. Director of Women: Phyllis Jirka, 6514 S. 45th Street, Omaha, NE 68117.

Sokol Omaha, Nebr. — Meetings, 1st Monday, Sokol Auditorium, 2234 S. 13th St., Omaha, Nebr. 68108. President: James Velehradsky, 1322 "U" St., Omaha, Nebr. 68107. Secretary: Joseph

Susterka, 3920 Wright St., Omaha, Nebr. 68105. Financial Secretary: Raymond Lastovica, 109 E. 16th Ave., Bellevue, Nebr. 68005. Director of Men: Raymond Lastovica, 109 East 16th Ave., Bellevue, Nebr. 68005.

Sokolice Omaha, Nebraska. — Meetings 1st Monday, Sokol Auditorium, 2234 S. 13th St., Omaha, NE 68108. President: Helen Karpisek, 2205 S. — 6th, Omaha, NE 68108. — Secretary: Patricia Lastovica, 109 E. 16th Ave., Bellevue, Nebr. 68005. Fin. Secretary: Mildred Krejci, 2428 S. 14th Street, Omaha, Nebr. 68108. Director of Women: Beverly Kilborn, 1505 Polk Street, Omaha, Nebr. 68107. Educational Director: Linda Beran, 1836 West Adams, Millard, Nebr. 68137. Organizational Chairman: Gladys Velehradsky, 1322 "U" St., Omaha, NE 68107.

Sokol Schuyler, Nebraska. — Meetings 2nd Wednesday, Ed Vारेजका's Basement, 418 East 14th Street. President: Jaroslav Schmid, 509 East 15th. Secretary: Ed Vारेजका, 418 East 14th. Financial Secretary: John Krca, 1009 "A" Street, Box 302. Director of Men and Women: Ed. Vारेजका. All in Schulyer, Nebraska 69661.

Sokol Wilber, Nebr. — Meetings 1st Monday, Sokol Auditorium. Wilber, Nebraska. — President: Alfred Chab, Rt. 2. Secretary: Lois Havel, P. O. Box 463. Financial Secretary: Lillie Kovar, 303 Main. Director of Men: Alfred Chab. Director of Women: Olga Chab. Educational Directors: Alfred and Olga Chab, Rt. 2. — All Wilber, Nebr. 68465.

NORTHERN CIRCUIT OF WESTERN DISTRICT

Sokol Hopkins, Minnesota. — Meetings 2nd Saturday at members homes. President: Josephine Krusina, 4237 Oak Drive Lane, Hopkins, Minn. 55343. Secretary and Fin. Secretary: Ludmila Kaminsky, 11401 N. Oakvale Road, Hopkins, Minn. 55343.

Sokol Minneapolis, Minnesota. — Meetings 2nd Saturday every other month. — President: Edward Andrl, 4827 N. Bryant Ave., Minneapolis, Minn. 55430. Secretary. Frances Hosek, 3350 Upton Ave. No. Minneapolis. Minn. 55412. Financial Secretary: Luella Greb, 3514 Utah Ave. S., St. Louis Park, MN 55426.

Sokol St. Paul, Minnesota. — Meetings 4th Wednesday, 381 Michigan, St. Paul, Minn. 55102. President: Jerry Roch, 1791 Tatum Street, St. Paul, MN 55113. Sec-

retary: Vi Todora, 445 Bay Ave., St. Paul, MN 55102. Fin. Sec'y. Wayne Hawkinson, 5921 S. Upton Ave., Minneapolis, Minn. 55410. Men's Director: Robert Bastyr, 930 Chippewa, St. Paul, Minn. 55118. Director of Women: Lorraine Vanyo, 364 Goodhue St., St. Paul, MN 55102. Educational Director: Lucille Pavlicek, 1461 Edgcombe Rd., St. Paul, MN 55116.

SOUTHERN CIRCUIT OF WESTERN DISTRICT

Sokol Caldwell, Kansas. — Meetings 1st Sunday, Sokol Hall, 12 miles west of Caldwell, Kansas 67018. President: Joseph Netahla, Route 1, Bluff City, Kansas 67018. Secretary: Carrie Anton, Bluff City, Kansas 67018. Fin Secretary: Louise Skeen, Bluff City, KS 67018.

Sokol Karel Jonas, Wilson, Kansas. — Meetings 1st Sunday every 3rd month, Wilson Opera House, Wilson, KS 67490. President: Joe Sebesta, Wilson, KS 67490. — Sec'y.: Alice Sula, Wilson, KS 67490. Treasurer: Joe Adamek, Wilson, Kansas 67490.

SOUTHERN DISTRICT, DALLAS, TEXAS

Sokol Corpus Christi, Texas. — Meetings 2nd Sunday, Sokol Hall. President: Frank Veselka, 4949 Blundell, Corpus Christi, TX 78425. Sec'y.: Annie Spencer, 4921 Trinity Corpus Christi, Tex. 78411. Financial Secretary: Adela Sijansky, Route 3, Box 277, Corpus Christi, TX 78415. Director of Men: Jerry Sijansky, Rt. 3 Box 277, Corpus Christi, TX 78415. Director of Women: Eandra Howard, 5833 Rio Vista Dr., Corpus Christi, TX 78412. Educational Director:

Sokol Fort Worth, Tex. — Meetings last Monday, Sokol Hall, 3221 N.W. 28th Street, Ft. Worth, Tex. 76106. President: Donald D. Steinman, 1700 N.W. 20th St., Ft. Worth, TX 76106. Secretary: Anne Johnson, 5713 Buchanan St., Ft. Worth, Texas 76114. Financial Secretary: Jeannie Mason, 2319 Loving, Fort Worth, Tex. 76106. Director of Men: Jerry Milan, 6208 Lakeside Drive, Fort Worth, Tex. 76135. Director of Women: Henrietta Milan, 6208 Lakeside Drive, Fort Worth, Texas 76135. Educational Director: Johnny Stoeppelman, Eagle Mountain Circle, TX 76135.

Sokol Houston, Texas. — Meetings 3rd Tuesday, Sokol Houston Hall, 1314 West Patton, Houston, Texas 77009. President: Charles Petrzelka, Rt. 1, Box 115, Cypress, Texas 77429. Secretary: Doris

Petrzelka, Rt. 1, Box 115, Cypress, Tex. 77429. Financial Secretary: Elsie Svec, 9602 Airline Dr., Houston, Tex. 77037. Director of Men: Bill Petrzelka, Rt. 1 Box 79, Cypress, TX 77429. Director of Women: Norma Petrzelka, Rt. 1 Box 79, Cypress, TX 77429. Educational Director: Jack Lang, 11906 Hillcroft, Houston, TX 77035. Organization-Membership: Elsie Svec, 9602 Airline, Houston, TX 77037.

Sokol Karel Havlicek-Borovsky, Ennis, Tex. — Meetings 4th Sunday, Sokol Hall, Rt. 2, Ennis, TX 75119. President: Edwin Lanzovsky, Route 2. Secretary: Joannette Ann Zajic, 407 N. Preston Apt. B2, Ennis, TX 75119. Financial Sec'y.: George Good, Rt. 2. Director of Men: Lawrence Lanzovsky, Rt. 1. Director of Women: Sylvia Lanzovsky, Route 1. Educational Director: Jerry Laznovsky, Route 2, All Ennis, TX 75119.

Sokol Karel Havlicek, Yukon, Oklahoma. — Meetings 1st Sunday, Czech Hall, Rt. 3, 2½ miles South of Yukon, Okla. 73099. President: John Kouba, Rt. 2, Box 101, El Reno, Okla. 73036. Secretary: Anna Smrcka, Route 3, Box 140, Yukon, Okla. 73099. Financial Secretary: Willie Kouba, 3835 W. Liberty, Oklahoma City, Okla. 73107. Director of Men: Albert Stejskal, Rt. 3, Yukon, Okla. 73099. Director of Women: Anna Smrcka.

Sokol Praha, Prague, Okla. — Meetings 1st Tuesday, Sokol Hall, Main and Avenue A, Prague, Okla. 74864. President: James Pospisil, Rt. 2. Secretary: Leonard Walenta, Route 1. Director of Men: Frank Sefcik. All Prague, Okla. 74864.

Sokol Zizka, Dallas, Texas. — Meetings 3rd Sunday, Sokol Athletic Center, 7448 Greenville Ave., Dallas, Texas 75231. President: Joseph Ehrenberger: 10411 Maple-ridge Drive, Dallas, Texas 75238. Secretary: Charles Thompson, 9749 Gatecrest Dr., Dallas, TX 75238. Financial Secretary: Marie Janousek, 11221 Desdemona Drive, Dallas, Tex. 75228. Director of Men: William Amick, 9855 Elmcrest Dr., Dallas, TX 75238. Educational Director: Oldrich Parma, 6418 Maple Ave, Dallas TX 75235.

PACIFIC DISTRICT, LOS ANGELES, CALIF.

Sokol Fresno, Calif. — Meetings 2nd Sunday each month, in different homes. — President: Emil J. Prudek, 5635 E. Shaw, Clovis, Calif. 93612. — Secretary: Helen Hulbert, 7823 No. Temperance, Clovis, Calif. 93612. Financial Secretary: Mary Falls, 8395 North Peach, Clovis, Calif. 93612.

Director of Men: Andy Yakovetic, 4629 N. Fisher, Fresno, CA 93726. Director of Women: Marty Lizak, 419 Williams Ave., Madera, Calif. 93637. Educational Director: Frank Krasny, 1033 Delphia, Fresno, CA 93728. Organization-Membership: Joe Maslowski, 5184 E. Madison, Fresno, CA 93727.

Sokol Los Angeles, California. — Meetings 2nd Saturday, Sokol Hall, 500 N. Western Ave., Los Angeles, Calif. 90004. President: Vaclav Salak, 518 No. Niagara, Burbank, Calif. 91505. Secretary: Louise Nekuda, 12242 Magnolia, N. Hollywood, CA 91607. Financial Secretary: V. Horacek, 758 24th St., San Pedro, CA 90733. Director of Men: Lubo Hintnaus, 1321 21st St., Manhattan Beach, CA 90266. Director of Women: Libbie Pelc, 1330 N. Lima, Burbank, CA 91505. Educational Director: Jiri Liska, 401 S. Muirfield Rd., Los Angeles, CA 90005.

Sokol Portland, Oregon. — Meetings 2nd Sunday, 3921 S.E. 47th Ave., Portland, Ore. 97206. President: Alois Spousta, 13525 S.W. Bend Road, Tigard, Oregon 97223. Secretary: Anna Jansky, 8850 S.W. Cashmur Lane, Portland, Ore. 97225. Financial Secretary: Julia Cepica, 4224 N.E. 20th Ave., Portland, Ore. 97211. Educational Director: James Bubenik, 6117 S. E. Monroe, Portland, Oregon 97222.

Sokol San Francisco, Calif. — Meetings: Second Monday, 847 No. San Mateo Dr., San Mateo, Calif. 94401. President: Jaromir Marek, 7243 Carran Ave., Stockton, Calif. 95207. Secretary: Milos Stangl, 36255 Christine St., Newark, Calif. 94560. Financial Secretary: Edwin Keith, 250 Moline Dr., San Francisco, Calif. 94127. Director of Director of Men: Karel Samal, 3300 Los Prados, San Mateo, CA 94403. Educational Director: Jan Kucera,

1914 11th Ave., San Francisco, CA 94122. Organizational Chairman: Karel Mikes 2181 Bunker Hill Dr., San Mateo, CA 94402.

Sokolice San Francisco, Calif. — Meetings: Second Monday at 847 No. San Mateo Drive, San Mateo, Calif. 94401. President: Blanche Duffey, 249 Poplar Ave., San Mateo, Calif. 94402. Secretary: Elizabeth Jozifek, P. O. Box 175, Montero, CA 94037. Financial Secretary: Elizabeth Bele, 11 Fairview Pl., Millbrae, CA 94030. Women's Director: Blanche Duffy, 249 Poplar Ave., San Mateo, CA 94402.

Sokol Seattle, Washington. — Meetings once every 2 months. — President: Jaroslav Zimiek, 4015 Ashworth, Seattle, WA 98103. — Secretary: Anthony Novotny, P.O. Box 6, Manchester, WA 98353. Fin. Secretary: Wilma Vojta, 8475 West Mercer Way, Mercer Island, WA 98040.

Výroční schůze American Sokol, Inc.

V pondělí 31. ledna se konala výroční schůze této sokolské korporace. Jak je snad každému známo je tato korporace sdružením dvou clevelandských sokolských jednot a to: Sokola Tyrš a Sokola Nová Vlast. — Účel její je, aby ve spojení všech sokolských jednot bylo postaveno nové moderní středisko, jež by bylo chloubou českého Clevelandu. Od založení se pracuje na tomto projektu. Práce pokračuje pomalu, ale jistě. Myšlenka se mění ve skutek a z mlhavého začátku se pomalu probíráme k jasnějšímu zítřku. Je to práce, která těší, když je podpořena láskou k věci tak vznešené. V této náladě také probíhalo jednání na výroční schůzi.

Na schůzi byl přítomen velký počet zástupců obou jednot a každý s tím největším zájmem sledoval celý průběh schůze.

Byly tam podány zprávy o činnosti za uplynulý rok. Potěšující byla zpráva pokladníka. Pozemek je zaplacen a během roku byl zveleben.

Velmi úspěšné bylo předvádění filmu "Hoří, má panenko!" a bylo by žádoucí, aby se takový film opakoval. Také byl potvrzen dar Západocheské bratrské jednoty. — Každého daru bude použito ke konečnému cíli na nové sokolské středisko. S potěšením bylo také konstatováno, že většina úpisů byla zaplacená.

Starosti jsou stále velké. — Pozemek je v osadě Valley View. Je nutno překonat mnoho překážek, jako je i nepochopení účelu stavby v osadě, která není obeznamena s činností sokolské tělovýchovy. Také je zde jednání o důležitém "Rezoning". Svědomitě se o ně stará br. Bill Edwards. Korporace takového rozsahu jako je American Sokol Inc., potřebuje nejschopnější a nejobětavější úředníky.

Proto na rok 1972 byli v této výroční schůzi zvoleni:

Předseda br. Robert Jiroušek; místopředseda br. Frank Pliska ml.; tajemnice ses. Lillian Volenik; pokladník br. Přemek Kocián.

Trustees zvolení na rok 1972 byli: Emil Pekar, James Krátký, Robert Kunc, Dale Pátek, Rose Pšenicka, Lad Voris, Richard Franks a Dennis Jiroušek.

Matice Vyššího vzdělání

Dne 30. června 1972 Matice dokončila šedesátý devátý rok své činnosti a díky Vaší pomoci, ve školním roce 1970-71 poskytla pomoc 23 studentům, 7 dívkám a 16 hochům; 9 studovalo výchovu, 3 obchodní vědy a ekonomii, 3 lékařství, 2 hubu, 1 inženýrství, 1 chemii a biologii, 1 lesnictví, 1 geologii, 1 vojenskou vysokou školu a — umění. Celkový počet studentů, od založení Matice 1902, dosáhl čísla 608. Celková suma peněz vydaná v bezúročných půjčkách ve školním roce 1970-71, byla \$12,300.00.

Matice vzdává vřelý dík podpůrným spolkům, sokolským jednotám a všem jiným organizacím, českému a slovenskému tisku, jakož i jednotlivcům, kteří jak slovy tak skutky přispěli k tomu, aby americká mládež čs. původu dosáhla vyššího vzdělání.

HOVORKOVA NADACE

Třetí rok činnosti Hovorkovy Nadace je následující: 41 studentů (20 dívek a 21 hochů) dostali stipendia ve výši \$24,200.00. 19 studovalo výchovu (z toho 7 slavistiku), 4 umění, 4 chemii a biologii, 3 lékařství, 2 politickou vědu a vládu, 2 geologii, 2 obchodní vědy a ekonomii, 1 inženýrství, 1 vzdušný prostor, 1 film a televizi, 1 zubní lékařství, a 1 nemocniční ošetřování. Ve třech letech bylo podporováno 87 studentů a celková suma peněz vydaná na stipendia byla \$56,443.00.

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It's not until a fish opens its
mouth that it gets into trouble.

People who complain about the
way the ball bounces are usually
the ones who dropped it.

Not what we gain, but what we
give, measures the worth of a life
we live.

Fellows with explosive tempers
often get all banged up.

The best way to make your
dreams come true is to wake up.

Don't blame a man too harshly
for acting like a fool. He may not
be acting.

BORE: a person who talks when
you wish him to listen.

There is nothing in the world
as healthy as a good laugh . . .
Laugh and live longer.

A husband is like a wood fire.
He generally goes out if unattend-
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Majales 1972

Vrcholná společenská událost čs. krajské obce ve Washingtonu D.C. — jarní ples MAJALES — bude letos 29. dubna opět v hotelu Shoreham. Washington radostně ohlašuje, že čestné předsednictví Majalesu 1972 přijal nejproslulejší žijící čs. umělec — dirigent světového jména — Rafael Kubelík. Třebas plně zaměstnán svými závazky dirigentskými a přípravami k převzetí zvláště čestné, ale také nesmírně náročné funkce hudebního ředitele Metropolitan Opery v New Yorku, Kubelík přijetím čestného předsednictví Majalesu projevil uznání velkého kulturního významu této společenské události prvního řádu. Neboť washingtonský Majales je jednou z příhodných cest, jimiž se úspěšně připomíná kulturní přínos Čechů a Slováků Americe i jiným zemím.

Jméno Rafaela Kubelíka jako čestného předsedy velmi zvyšuje lesk skvělé tradice Majalesu a jeho význam jako hlavního pramene pro krajskou činnost charitativní — i pro plánované akce

kulturní. Výkonnou předsedkyní Majalesu 1972 je paní Zdenka Vozáriková. Je tradicí Majalesů, že předvádějí také vystoupení folkloristického rázu. V umělecké spolupráci s paní Lidou Brodenovou nacvičuje ředitelka baletní školy Irena Prochotská tance, které její žáčky předvedou v původních národních krojích.

Umělecky provedené programy Majalesu mají trvalou upomínkovou cenu a svými stránkami "Patronů" plesu jsou svědectvím, jakým sympatiím se Majales těší jak v kruzích krajanů i ze vzdálené Ameriky a Kanady, tak i u četných amerických přátel zvučných jmen.

Josef Kučera

Creed

I expect to pass through this world but once. Any good thing, therefore, that I can do, or any kindness that I can show, let me do it now. Let me not defer or neglect it, for I shall not pass this way again.

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