

AMERICAN SOKOL

VOL. XCIV — NO. 3

MARCH 1973

PUBLICATION OF THE AMERICAN SOKOL
Educational and Physical Culture Organization

Slet Reflections

There are many of us who have greatly enjoyed the programs of the national Sokol Slets, either organized by the American Sokol Organization or by the Sokol U.S.A. in Chicago, or in New York, Cleveland, Pittsburgh, etc., and who have lived through the glorious moments at Soldier Field when thousands of our gymnasts proudly marched into the stadium and presented to the huge and enthusiastic audience the beautiful creations of gymnastic art.

We hope that the American Sokol Slet at the Morton High School Stadium in Berwyn, Ill., June 21-24, 1973, will awaken the Sokol spirit of yesteryear and invigorate our Sokol ranks throughout the country. It will be only proper if we commemorate at this occasion the 95th anniversary of the formation of the first central organization in the world, the Czech National Sokol Union of America, formed August 15, 1879, the distinguished predecessor of the American Sokol Organization, and the 80th anniversary of the two Slovak Sokol original units, the First Slovak Sokol Society of Chicago and the Slovak Sokol Society of New York, through which the Slovak Sokols joined the Sokol movement in the United States.

We want to remind all Sokols of good will about the importance of this 1973 American Sokol Slet in Berwyn and of its far-reaching influence. We urgently need moral reinforcement. Any Slet organized on the district, regional and national levels somehow lifts the spirit of belonging to a great Sokol fraternity, the enthusiasm, and the determination to participate in Sokol activities and to contribute one's share toward the well-being of our Sokol organizations and of the Sokol movement as a whole.

The Sokol U.S.A. is making preparations for effective participation in this coming event.

SOKOL U.S.A. TIMES



AMERICAN SOKOL



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OFFICE OF THE EXECUTIVE BOARD ASO.

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Calendar of Events

MAR. 29th — SOKOL HAVLICEK-TYRS,
CHICAGO, ILL.

Bunco — Luncheon — 10 A.M.

APRIL 7th — SOKOL HAVLICEK-TYRS,
CHICAGO, ILL.

Gymnastic Exhibition.

APRIL 8th — SOKOL LITTLE FERRY, N.J.
Gymnastic Exhibition.

APRIL 12th — SOKOL ST. LOUIS, MO.
Vlasta — Chicken Dinner.

APRIL 14th — SOKOL KAREL HAVLICEK-BO-
ROVSKY, ENNIS, TEXAS.

Dance — Jodie Mikula's Music.

APRIL 21st — SOKOL OMAHA, NEBR.

Dance — Easter Battle of Music — Grebnick
vs Hazuka.

APRIL 28th — SOKOL BELCAMP, MD.

Spring Dance.

APRIL 28th — SOKOL STICKNEY, ILL.

Gymnastic Exhibition — Morton West High
School.

APRIL 30th — SOKOL OMAHA, NEBR.

Annual Mother & Daughter Banquet.

MAY 5th — SOKOL WEST SUBURBAN, DOWN-
ERS GROVE, ILL.

Annual Exhibition — 7:00 P.M. — Herrick Jr.
High School — Grant & Middough — Downers
Grove.

MAY 5th — SOKOL RACINE, WIS.

Gymnastic Exhibition.

MAY 5-6th — SOKOL KAREL HAVLICEK-BO-
ROVSKY, ENNIS, TEXAS.

Polka Festival.

MAY 6th — SOKOL FUEGNER, LONG ISLAND
CITY, N.Y.

Gymnastic Exhibition.

MAY 6th — SOKOL OMAHA, NEBR.

Pork Dinner & Spring Festival — Crowning of
Omaha Czech Queen.

MAY 10th — SOKOL ST. LOUIS, MO.

Vlasta — Chicken Dinner

MAY 12th — SOKOL KAREL HAVLICEK-BO-
ROVSKY, ENNIS, TEXAS.

Dance — Johnny Mensik's Music.

MAY 19th — SOKOL MILWAUKEE, WIS.

105th Anniversary Banquet — Milwaukee Inn.

MAY 20th — SOKOL ST. LOUIS, MO.

Gymnastic Exhibition.

JUNE 3rd — NORTHEASTERN DISTRICT SLET.
A.M.L.A. Slovenian Recreation Center — Leroy
Township.

JUNE 8-10th — HOUSTON, TEXAS.

Southern District Slet.

JUNE 9th — SOKOL KAREL HAVLICEK-BO-
ROVSKY, ENNIS, TEXAS.

Dance — Jodie Mikula's Music.

JUNE 10th — SOKOL MILWAUKEE, WIS.

Gymnastic Exhibition.

JUNE 10th — SOKOL SOUTH OMAHA, NEBR.

Czech Festival.

JUNE 17th — SOKOL DETROIT, MICH.

Summer Slet.

JUNE 21-24th — A.S.O. NATIONAL SLET DAYS.
CHICAGO, ILL.

SEPT. 2nd — SOKOL ST. LOUIS, MO.

Camp Hullabaloo — Imperial, Mo.

SEPT. 9th — SOKOL DETROIT, MICH.

Grape Festival — Sokol Camp.

OCT. 6th — SOKOL STICKNEY, ILL.

Farmer's Dance.

OCT. 11th — SOKOL ST. LOUIS, MO.

Vlasta — Chicken Dinner.

OCT. 20th — SOKOL BELCAMP, MD.

Grape Harvest Dance.

OCT. 27th — SOKOL ST. LOUIS, MO.

Camp Committee Halloween Party.

NOV. 11th — SOKOL DETROIT, MICH.

Czechoslovak Afternoon Dinner Party.

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VĚSTNÍK AMERICKÉ OBCE SOKOLSKÉ

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XIII. A.S.O. SLET MEETING

JANUARY 31, 1973

The third meeting of the Slet Committee was presided by Bro. Stanley Barcal, chairman, with 43 members in attendance.

Technical: Sis. Schnabl reported for the Technical Committee. Tentative schedule for the Slet Days: Wednesday, June 20th, Judges Meetings; Thursday, June 21st, Junior Competitions; Friday, June 22nd, Senior Competitions; Saturday, June 23rd, Championship Competitions. Golf Tournament conducted by Central District. Victory Dance at Sokol Havlicek-Tyrs; Sunday, June 24th, ASO Slet, Morton West High School stadium. Farewell Barbeque at Sokol Berwyn. — Bro. Lebloch will be Parade Marshall for the Slet assembly. Only costumed and uniformed people will be allowed to parade and enter the field by the parade route. Anyone not so attired must purchase a ticket. Bro. Kalat will head the Trophy Committee. Each contestant will receive some type of souvenir remembrance. Morton West swimming pool will be requested. In volleyball, Jrs. may play on Sr. teams, but not in both Jr. and Sr. Divisions.

Finance: Bro. Basta stated the tickets prices. After discussion the following prices were agreed upon by the Slet Committee: Box Seats — \$36.00 (6 seats); Reserved (West stands) — \$3.50. General (West stands) — \$2.50; General (East stands) — \$2.00; Students (7-17) — \$1.50; Championship Competitions — \$1.00; Victory Dance — \$1.00 students — \$1.50 adults.

Program Book: Bro. Herink stated "ad" prices remain the same as in 1969. Districts and various national organizations granted ½-page at no charge. Individual Unit articles (history, activities, future plans, etc.) inserted on regular ad basis.

Letter to be sent requesting cover design. Hopes all Units throughout will concentrate on Well-wisher contributions.

Banquet: Sis. Drnec stated \$250.00 deposit made to the Lexington House, where the Slet Banquet will be held, Thursday, June 21st. Cocktails 6:30 p.m. — Dinner 7:00 p.m. — Program 8:00 p.m. Dancing and socializing to follow. It was approved the charge per person be \$12.50, this will include prime rib, salad, dessert, cocktails before and after dinner. (Initial cost will cover the entire evening). Speeches will be limited. BOI will stage a ½-hour program. Presentation of Membership Drive awards will be made.

Seals: Sis. Prener displayed a sample design by Bro. Joseph Kral, a two-part "Historical Seal". Approved by the Slet Committee.

Display: Bro. Pirka displayed model of 3-sided pylon, which has already met with full approval of all 6 District Presidents. Sis. Pros will send letter to Unit and District Educational Directors informing them of material needed for display.

Housing: Bro. Vytlačil reported final listing will soon be ready. 23 motel/hotels have been contacted. Rates have increased.

Publicity: Sis. Basta had photographer from the Cicero-Berwyn Life take picture of Slet officers for publication. Article will also appear in CSA Journal. Committee needs additional help. Bro. Rabas will have story in the Hlasatel, also spot announcements on the Czech Radio Hour. Requested 5,000 flyers be mimeographed for the local Unit Exhibitions, agreed. Bumper stickers will be printed. Unit News-letters will be contacted and requested to publicize the Slet in each edition.

Next meeting, February 28th, at Sokol Berwyn.

A.S.O. DISTRICT PRESIDENT'S — EXECUTIVE BOARD CONFERENCE

Held in Chicago, Illinois — January 20, 1973

Pres., Stanley Barcal presided. Present were: All the District Presidents and the entire Executive Board with exception of Bro. Joseph Janecka, Edward Hlinka and Sis. Josephine Drnec. Bro Barcal opened by stating the reason for the Conference, as it follows the District Directors Conference, is close to the XIII Slet, and 3 yrs. following the last Convention.

DISTRICT PRESIDENTS REPORTS

Pacific District, Bro. Vaclav Salak: 2 very active Units in District, Sokols Los Angeles, San Francisco. Other Units, Sokols Fresno, Portland and Seattle active socially. — Children's Camp very successful, with great hopes for coming year. — Southern Circuit equally active. Annually plaeg— Will work closer with all Units. Distance is the

greatest handicap. — Discussed the possibilities of organizing Units in Maline, Oregon and San Diego, Cal.

Southern District, Bro. George Prevratil: District has some 800 regular members, 100 associate, 500 active in gyms, one way or other. — Complete harmony exists. — Activity at all-time high and growing. New facilities at Sokols Zizka, Karel Havlicek-Borovsky and Houston. Soon to be followed by Sokols Fort Worth (20 acres) and Corpus Christi (4 acres). Started re-vitalizing Sokol Corpus Christi in Feb. 1969, with continuous gain in momentum. Also Sokol Yukon, given moral and physical help, expecting good results. In past year instituted annual meetings of Unit, District, Educational and District Executive Board. Educational Director is Bro. Oldrich Parma; BOI Board headed by Bro. Larry and Sis. Sylvia Laznovsky. Annual meeting to be held Feb. 4th. — Regretfully stated of the passing of Sis. Marie Kane, having served the District some 35 years.

Eastern District, Bro. Charles Zraly: Activity has somewhat improved over past 5 years. — Membership increased to 1,346. — Financial standing improved. — In 1970, new Sokol Miami Unit accepted. — Northern Section of District participating in activities with United Sokols of the East. — Southern Circuit equally active. Annually placing wreath at "Tomb of the Unknowns" at Arlington Cemetery. — No District Slets, but all active Units hold annual Exhibitions. Many take part in the Sokol USA Slets. — Instructors Course held annually. — Sokols New York and Baltimore held 100 yr. anniversaries; Sokols Little Ferry and Philadelphia, 75 yrs., Sokol Washington, 25 yrs., Sokol Belcamp, 20 yrs. — Sokols Curtis Bay, Newark and Schenectady socially or partially alive. — Big problem is electing new people into office.

Western District, Bro. Edward Pavoucek: 15 Units in District, 10 active gymnastically, 5 socially. Total membership, 1,606. Gym enrollment, 789. Gain of some 200 since 1970 Convention. — Sokol So. Omaha largest ASO Unit in numbers, 422 members. Sokolice So. Omaha, 180. — Sokol Caldwell, Kansas, social Unit. — Sokol Cedar Rapids, Iowa, active gym. Will mark its 100th anniversary this year. Has monthly news-letter. Sokolice Renata Tyrs in 70th yr., active in gym, outside competition and various Festivals. Have Beseda Dance group. — Sokol Crete, in 90th yr., Sokolice Crete, in 81st yr., both active gym. — Sokol Karel Jonas, Wilson, Kansas, social Unit. — Sokol Minneapolis, social Unit. — Sokol Omaha, active gym. In 96th yr., many social activities and fund-raising projects working along with the Sokolice Omaha who are in their 84th yr. Publish a news-letter. — Sokol Schuyler, Nebr., a social Unit in its 82nd yr. — Sokol So. Omaha, in its 85th yr., very active in gym, social events and fund-raising, the most successful being the sale of a cook book. More than 6,000 sold in 1 yr. Sokolice So. Omaha are in their 71st yr. Publish news-letter. — Sokol St. Paul, in 91st yr., active gym. Hosted 1972 District Slet. Many various social and fund-raising projects. Has monthly publication. — Sokol Wilber, Nebr., active gym. Was organized in 1903, re-organized in 1925. Participates in various civic functions.

Northeastern District, outgoing Pres., Bro. Emil Pekar and incoming Pres., Bro. Edwin Jirousek: 4 very active Units and 2 social. — Membership dropping, but hope to see a rise very soon. — Problem concerning property purchased in Cleveland, a beautiful site, but unable to obtain proper zoning to build. — BOI Instructors doing outstanding job. Gym classes very active. Proud to have 15 gymnasts in Inaugural Parade in Washington, D.C. Participate in competitions and Slets with Sokol USA and Canadian Sokols. Also in numerous civic parades. Children's classes filled to capacity with a waiting list. Sokol Detroit is doing wonderfully.

Central District, Bro. Joseph Drnec: 10 active Units, Sokol and Sokolice Havlicek-Tyrs, Sokol and Sokolice Milwaukee, Sokol and Sokolice Racine. Sokol and Sokolice Tabor and Sokols Berwyn, Brookfield, Slavsky, Stickney, West Suburban and St. Louis. 7 inactive Units, Sokol and Sokolice Chicago, Sokol and Sokolice Town of Lake, Sokols Americky, Cechie, Fuegner, Plzensky, Rozvoj. — Hold Annual District meetings. — Workshops at Racine, Milwaukee and St. Louis. — Bus trips to Sokol Racine and St. Louis Exhibitions, 7 buses to the District Slet in St. Louis. — Participated in Bohemian National Cemetery Memorial Day Parade (every year), Berwyn's Houby Parade, Chicago's Captive Nations Parade. — 2 buses to Toronto Slet. — Sokol Chicago celebrated its 80th anniversary and Sokol Havlicek-Tyrs its 60th. — District Vaulting Team and Folk Dancers performing at many outside functions. — District participates in Chicago Folk Fair and Sokol Milwaukee Folk Fair (both each year). — Bus tour to St. Paul's Winter Carnival. — All active Units hold annual Exhibitions. — Participated in Sokol USA Slet at East Troy, Wis. — 38 students were bused to the 2-week Southern District Course in Ennis Texas. — District had large attendance at Sokol Baltimore's 100th anniversary and the Vienna Slet. — District membership, 2,420.

(Continued in next month's issue.)

Sokol Stickney, III.

During the night of the Installation of Officers at Sokol Stickney, January 27th, the following Sokols and Sokolice were presented with membership pins: 50 yrs., Bro. Joseph Vitek, Sis. Frances Vitek; 40 yrs., Bros. Frank Martinek, Frank Hetch; 25 yrs., Bros. Jerry Vondra, Edward Ptacek, James Mejda, Charles Kucera, Frank Havlat. Sisters Anne Zajicek, Libuse Prokop, Helen Prener, Blanche Martinek, Jarmila Marsiglio, Marie Kalous, Geraldine Coates, Louise Cada; 10 yrs., Bros. Richard Taus, Frank Straka, Joseph Sheridan, Joseph Sedlbauer, George Rench, Ladislav Mrnka, Louis Majovsky, Joseph Benedikt, Frank Zakrocky, William Vrba, Richard Vachata, Irv Triner, Alois Uhlik. Sisters Vera Taus, Violet Stranski, Rose Sladek, Margaret Sheridan, Elsie Sedlbauer, Adeline Ramquist, Betty Pour, Anne Muzik, Jarmila Kvasnicka, Marie Kladiva, Rita Huizinga, Irene Cech, Lillian Zakavec, Violet Vrba, Lillian Vondra, Marie Vachata, Agnes Vachata, Georgiana Uhlik, Sandra Triner.

MEETING OF THE EXECUTIVE BOARD OF THE A.S.O.

February 27, 1973

Pres. Bro. Stanley Barcal presided. Present: Bros. G. Basta, E. Linhart, G. Herink, J. Janecka, J. Rabas, R. Svoboda. Sisters A. Basta, E.J. Schnabl, L. Zdenek, A. Sotka, B. Prener.

Correspondence: Invitations from Sokol Milwaukee to its 105th Anniversary Banquet, May 19th, requesting Bro. Barcal as guest speaker; from Sokol Stickney for Bro. William Vrba Testimonial Dinner; from Washington, D.C. Unit to its Mardi Gras. — Denni Hlasatel, ad to appear at Easter-time, \$25.00, approved. — Sokol Houston, hosting Southern District Slet, souvenir program book, approved ½-page ad, \$27.50. — Southern District Resolution Committee, commending Executive Board on its efforts and work accomplished. — Sokol Cleveland-Cech-Havlicek, on Citation of Merit and 990 Annual Report, answered. — Bro. Koch of Sokol New York, payment of dues to ASO of 50-yr. members. Will be answered. — Sokol Corpus Christi, inquiry on insurance for gymnasts. Recommend contact SPJST or other insurance companies.

Director of Women, Sis. Schnabl: Corrected tapes of Jr. Girls and Women's calisthenic music and then sent them out. — Bills for tapes, postage, phone, \$15.98; from Bro. F. Kubina, taping and writing Jr. and Women's calisthenic music, \$75.00. Both approved. Copy of this music sent Bro. Divisek in New York.

Director of Men, Bro. Linhart: Reported on Men's BOI meeting. — Western District's request to conduct a Clinic, April 28-29th, approved. Bro. Linhart will conduct. Women also to send their representative. — Bro. Schnabl prepared new rules, to be printed in the new application for the Merit Award. — Discussed prepared new rules, to be printed in the new applications for the Merit Award. — Discussed present status of U.S. Olympic Committee. — Will assist in teaching Central District Instructors Course during February weekends. — Central District will host Slet Golf Tournament, June 23rd. — Bro. R. Ptacek filming apparatus exercises for Jr. Boys and Men. — Bro. C. Kalat selecting trophies. — Bill for tapes, \$12.50, approved.

Publicity, Sis. Basta and Bro. Rabas: Selecting date for picture taking. — Article in Denni Hlasatel. Pictures will be printed weekly of our Slet activity. Small daily ad to run from March 5th until Slet, \$44.00, approved.

Educational, Bro. Janecka: wrote article honoring Eugene Cernan, Astronaut. Attended dinner in his honor.

Membership, Bro. Svoboda: All Units received final instructions on membership drive. Quarter-reports to be returned as soon as possible. Will make recommendation regarding awards.

Uniform Division, Sis. Prener: Sales good, stocks are in, ready for Slet. Some price increases announced.

Financial Sec'y., Sis. Sotka: Federal and State Compensation reports filed. Federal Taxes deposited. January Financial Report prepared. All requests for Sokol supplies answered. Mailing

list constantly updated. Supply of "Sokol and the Sokol Idea" exhausted. Increased balance on hand at the Berwyn post-office for Sokol mailing to \$75.00. Purchase of filing cabinet for addressograph plates, approved. Membership pin sent 5 and 10 yr. members of Sokol T. G. Masaryk. Arranged for subscription for A.A.U. News and U.S.G.F. Newsletter. — Deposited \$1,500.00 from the Western Fraternal Life Insurance into the Future Sokol Leaders Fund.

Treasurer, Bro. Basta: In agreement with Financial Sec'y. Uniform Division inventory at all time high. Division in the black for the 9-month period.

XIII ASO Slet: Slet Committee minutes of Jan. 31st meeting ratified. Sis. Helen Prener presently Recording Sec'y. on the Committee.

Slet Seal, Sis. Prener: Due to the tight timing schedule final draft of Seal was presented for color and design approval. Printer will be contacted for bid. — Sis. Prener also included her report in representing the ASO at the annual meeting of Sokol and Sokolice Detroit. The Unit has a fine record of progress, will soon be burning their mortgage. Plans being made there for a Caribbean tour in 1974, also the 1975 ASO Convention it will host which will be during its Centennial Year.

DISTRICT REPORTS

Central District Annual Meeting

January 21, 1973

Pres., Bro. Joseph Drnec presided with 62 in attendance. Announcement made of Sokol Stickney's Testimonial Dinner honoring Bro. William Vrba, March 3rd.

Director of Women, Sis. Tuma: Teams entered in Women's A division. Sokol Berwyn 1st Place; Sokolice Havlicek-Tyrs, 2nd Place. Jr. Tournament in progress. Bro. Wostratsky offered to supervise all future volleyball tournaments for Women and Juniors at a certain fee. Unit Directors will take it under advisement. Instructors Courses to be held in near future.

Director of Men, Bro. Lebloch: Thanked Bro. Linhart on assistance with District's Vaulting team. Submitted bills including \$172.00 for Bro. Wostratsky officiating Men and Junior volleyball and basketball tournaments, approved. Sokol Brookfield Juniors won 1st Place in both tournaments. Sokol Tabor Men won 1st Place in basketball. Sokols Berwyn and Chicago tied for 1st in volleyball. Playoff, Feb. 9th, at Sokol Tabor. Social to follow. All Units preparing for Exhibitions. Bro. Vydra is the traveling instructor for 1st and 2nd class boys of the District. Slet Invitational Golf Tournament, Saturday, June 23rd, at Timber Trails. Open to all Districts and Slet visitors. Golfers will not be required to participate in the Slet program.

Educational Director, Bro. Pirka: Referred to the duties of an Educational Director. Plans for a Workshop in the spring. Explained Slovan Historical program, urging Sokol members deposit any material relating to this history into the Library and Archives established at Sokol Brookfield. — 3-sided pylon will be on Slet display, each District responsible for a section.

District Financial Statement, Bro. Glasser: Receipts — \$5,702.43; Disbursements — \$4,793.57; Savings & Loan — \$4,575.00; Total assets — \$10,304.87 as of Dec. 31, 1972.

Slet Financial Statement, Bro. Svoboda: Receipts — \$3,828.47; Disbursements — \$1,394.95; Distribution of profit — Central District, \$1216.76 — Sokol St. Louis, \$1216.76.

Tour Chairman, Sis. Pros: All tours well attended. Next tour, St. Paul, Minn., Feb. 2-4th.

Unfinished Business: In behalf of Sokol St. Louis, Bro. Triska presented a number of questions regarding the District Slet. Much discussion followed re; tickets, Slet meetings, Program books, tours, etc.

New Business: Discussion ensued re; return of monthly meetings of delegates. Finally approved to continue present Board meetings (elected officers only) and the quarterly meetings with delegates. One delegate from each Unit on the Board not already represented as an elected officers. — Bro. Lebloch requested allocation of funds to purchase material to make costumes for the Folk Dance group. Approved \$500.00 be allocated for this purpose.

Discussions: Bro. Zenisek spoke of the unpatriotic acts being committed across the nation. — Bro. Shana supported this statement, urging each Unit to write to Congress in protest. — Sis. Falta presented Sis. Ruzicka with a pin for 50 years of dedication to Sokol. — Sis. Ruzicka spoke on senior citizens in our Units, and their drill for the Slet. — Bro. Herink explained format on Slet Program Book. Also spoke on the future salvation of Sokol, urging in-active Units to seriously consider merging with active Units. — It was announced the combined District membership (men & women) is 2,420.

Officers for 1973: Pres., Bro. Joseph Drnec; Vice-Presidents, Bros. Ed Halik, William Meyer; Sec'y., Sis. Mildred Pavek; Financial Sec'y., Rudolph Svoboda; Treasurer, Bro. Otto Glasser; Educational Director, Bro. Ernest Pirka; Women's Director, Sis. Helen Tuma; Men's Director, Bro. Paul Lebloch; Public Relations, Sis. June Pros; Auditors, Sisters Irene Ruzicka, Marie Toman, J. Wronski.

Eastern District

January 15, 1973

Pres., Bro. Charles Zraly presided. Present: Bros. J. Babinec, F. Capek, A. Chaloupka, H. Vesely. Sisters B. Hochner, L. Pribil, N. Zabka, B. Zraly.

Correspondence: ASO request of Slet cooperation of all Sokol members. Slet Days, June 21-24th. Slet Banquet to be held at the Lexington House, June 21st. — Announcement of Merit Award to Sis. Mary Schroeder of Sokolice Little Ferry. — Czech Radio Hour thanks for \$85.00 donation.

Director of Men, Bro. Capek: Bro. Edward Stetko reimbursed \$20.90, traveling expenses to Clinic at Sokol Little Ferry. — Junior and Senior Competitions to be held in March. Childrens' in May.

Director of Women, Sis. Zabka: Received all calisthenics except Senior Citizens number. No music

received. Made tapes for all Units. — Junior girls and Senior women of the District won the United Sokols of the East volleyball tournament. — Childrens' exercises for United Sokols Competitions soon to be sent out. — Approved, each student attending Course at Little Ferry be reimbursed \$15.00. Sokols New York, \$90.00; Little Ferry, \$90.00; Fuegner, \$60.00; Baltimore, \$45.00. Also, Sis. Rosemarie Rohlf, \$100.00; Sis. Mary Killian, \$50.00; services as cooks at the Course. All Directors at the Course will be reimbursed.

UNIT REPORTS

Sokol Little Ferry, Bro. Vesely: Exhibition, April 8th. Held election of officers. Unit very active.

Sokol New York, Bro. Babinec: New slate of officers elected. — Gym classes improving. — Progress on repairs of the Hall. — Young members promised their assistance. — Sibrinky, Feb. 3rd.

Sokol Fuegner, Sis. Hochner: Officers remain the same. Exhibition, May 6th.

Sokol Miami: Active socially. Sis. Ruzicka will attend Presidents Conference in Chicago.

Sokol Baltimore: Sibrinky, Feb. 24th; Dozvuky, March 24th.

Old & New Business: Sis. Zabka reported on District Directors Conference in Chicago. — Check of \$25.00 sent Sokol Washington; wreath for Tomb of Unknowns at Arlington National Cemetery. — Suggested District charter a plane to ASO Slet in June. — Suggested all meetings be held at Bohemian Hall, Astoria.

Treasurer, Bro. Chaloupka: Refund of \$35.20 sent Sokol Belcamp; overpayment of dues. — Receipts, \$127.90. Disbursements, \$1,026.50.

Slet Souvenir Program Book

Announcement is made of the ASO Slet Program Book which will be processed and edited by Bros. George Herink and Joseph Sotka and assisted by Sis. June Pros, ASO Secretary. The format will again be similar to that of previous ASO Slets — articles in Czech and English by various notables, along with accounts by all the District Presidents and the leaders of our Czechoslovak national and fraternal organizations. Stories will also appear on our Sokol Tours, Courses, Physical Fitness Stamp, Uniform Division, Future Leaders Fund, American Bi-Centennial, etc.

The price of ads will remain the same as 4 yrs. ago in the 1969 Book: Full page — \$75.00; Half page — \$40.00; Quarter page — \$25.00; One-eighth page — \$15.00. Patrons' listings: "To The Sokol Founders" — \$25.00; "To The Youth Of America" — \$15.00; "To The Sokols Of The Past" — \$10.00. In Memorium listings: Bolder Type — \$10.00; — Regular Type — \$5.00. Wellwishers, per line — \$1.00.

All Unit articles will be inserted per regular ad rates, with each Unit providing cuts, mats and copy of the text. The deadline for all ads and articles will be May 1, 1973. It is the fondest hope of the Committee that Sokols all across the nation will cooperate, doing their utmost in promoting the success of this very special book which will be a treasured keepsake of our XIII ASO Slet, as it has in previous National Slets.

FINANCIAL REPORT
American Sokol Organization
February 1973

Sokol Karel Havlicek-Borovsky
Ennis, Texas

RECEIPTS

Dues	\$1,699.93
T. G. Masaryk Dues	9.00
Convention Fund	712.00
Special Assessment	1,426.00
Dividends and Interest	75.00
Advertising and Subscriptions	
"American Sokol"	183.00
Resale of Jewelry	182.50
Membership Kits, Educational Pamphlets,	
Decals	23.90
Ledger Sheets	1.75
Total Receipts	\$4,313.08

DISBURSEMENTS

Administrative Department	
Salaries	\$669.31
F.I.C.A. & F.W.T. for January	148.54
Rental, Janitor Service, Phone	307.99
Insurance	103.00
Office Supplies and Furniture	30.90
Postage	37.70
Service Contracts	85.60
Travel Expense	54.00
	\$1,437.04

Educational Department BOI

Salaries	\$208.82
F.I.C.A. & F.W.T. for January	51.64
Editor "Sokol Gymnast"	25.00
Add'l. copies "Sokol Gymnast" ...	28.00
Postage, Phone	16.47
	329.93

Sokol Publication

Editor "American Sokol"	\$ 75.00
Printing "American Sokol"	566.78
Postage "American Sokol"	82.03
	723.81

Miscellaneous

Uniform Division — Salaries,	
F.I.C.A., Phone	\$345.75
XIII A.S.O. Slet Expense	95.94
	441.69
Advance to XIII Slet Committee	2,500.00

Total Disbursements \$5,432.47

Balance Brought Forward

Western National Bank of Cicero —	
Checking Account	\$8,220.78
Receipts — February 1973	4,313.08
	12,533.86
Disbursements — February 1973	5,432.47
	\$7,101.39

FUTURE SOKOL LEADERS

February 1973

Emily W. Ruzicka in memory of J. V. Welc and Barbara Ruzicka	\$100.00
Donations are tax exempt.	

The 2nd anniversary of the new and attractive Sokol building was held, Feb. 10-11th. Activity began the first night with a Czech dance, Music by Jodie Mikula orchestra. The following day a dinner was served. Then came a gymnastic program. Bro. Jerry Laznovsky, Sokol Educational Director, welcomed the large attendance. He delved into the remarkable progress of the Unit, stating its membership has increased to 584 members. Gym classes held 3 nights a week with 204 gymnasts. A weight-lifting class being started under the direction of Bro. Don York and a morning class for women gymnasts to be instituted with Sis. Lil Laznovsky as the head.

Bro. York added a few words of welcome followed by Bro. Sid Pokladnik, District III Director of SPJST, who gave a short address, praising the Unit on its great strides. Bro. Zazvorka, last living charter member, was recognized. Then came the exciting program with the boys and girls performing tumbling, floor exercises, horse jumping, on the rings and mini-trampoline. All showed great skill. Their uniforms were most attractive. Dancing to the music of Bill Kucera closed out the festive week-end.

The Ennis Unit hosted a volleyball tournament with Sokols Houston, Corpus Christi, Zizka and Fort Worth also participating. The Ennis Jr. Mixed and Women's Team won trophies. Men's and Sr. Mixed trophies were won by Sokol Houston. The following day, Jan 28th, the Ennis Unit hosted the District's Annual Meeting with all the Texas Units represented and also Sokol Yukon, Oklahoma.

Educational Director, Bro. Laznovsky, was guest speaker at the Ellis County Dinner Club's Jan. meeting. He gave highlights of the Sokol Unit in Ennis, District activities and the coming National ASO Slet in Chicago.

Mrs. Joseph A. Slovak

Frank Novak, Sr.

Death claimed another of the Sokol St. Louis "Old Guard" when Bro. Frank Novak, Sr. passed away, December 6, 1972, just 2 weeks following the death of his wife. In his 81st year he was the Unit's second oldest member. His whole life was given to Sokol. Only those still living from his generation are the best witnesses. Starting as a small boy in gym, reaching manhood he became one of the leading gymnasts and an excellent competitor in many gymnastic meets. Ultimately he became Director of Men, and as such was a strict disciplinarian.

When the Sokol Camp was built this became his second love. For years he devoted many week-ends and holidays there in hard work. For 17 yrs. he was chairman of its Board of Directors. He was a dedicated Sokol, who in his life set an example for all of us to follow. May he rest in peace and sacred be his Memory.

Inauguration Day January 20, 1973

Fifteen gymnasts from the three Cleveland Sokol Units, Sokol Tyrs, Sokol Nova Vlast and Sokol Cleveland-Cech-Havlicek, participated in President Nixon's Inaugural Parade on January 20, 1973 in Washington, D.C.

The Mayor of Cleveland, Ralph J. Perk, inquired of the Parade Committee in Washington if nationality groups from Cleveland could be represented in the parade since Cleveland is a large cosmopolitan community. Following approval, local nationality groups were contacted. The Sokols were asked to represent the Czech community in the parade. We proudly accepted. A 12-car train was provided for all Cleveland participants by the Chessie Co. This gave us opportunity to get acquainted with some of the other nationality groups of Cleveland.

Since we were limited to only fifteen participants, it was decided to select twelve Junior Girls and Boys and three of their instructors. The Juniors very ably represented the youth of our Sokol organization. Proudly wearing Sokol warmup suits, we marched and displayed tumbling skills along the parade route as part of the American Heritage Float.

It was indeed an honor for us to participate in this event but all Sokols should be proud that they are members of an organization recognized for its significant contribution to our country's heritage.

Jane Mastny

Sister Mana Sima's 70th Birthday

January 3, 1973 found Sis. Mana Sima celebrating her 70th birthday as well as 50 yrs. member of Sokol Tyrs. Her Sokol life began in Czechoslovakia in 1918 when she joined the junior girls class. It was in 1921 she arrived in the U.S.A. Immediately joining Sokol classes which were, at that time, held at Komensky Hall.

As Sokol Tyrs representative she attended every Sokol Slet since 1933; whether it be in Chicago, St. Louis, Los Angeles, Cleveland, Nebraska or Texas. Besides being gymnastically active, Sis. Mana has shared her many abilities as an instructor, board member and also in various groups within Sokol Tyrs: Teacher of small girls' class; assistant, Jr. girls and Women's classes; Women's Director, 1944-46; BOI member 45 yrs.; cook at the old Sokol farm in Twinsburg; member of the Sokol Sewing Circle, helping organize 10 rummage sales.

In 1958 Sis. Sima initiated a daytime gymnastic class for older women. The class is still in existence with her still as teacher. Each Wednesday night finds her with a smile, teaching the "Swingers" squad on various apparatus, with more energy than the younger gals. With all this, and more to offer all who know her, she has no problem with the generation gap.

We wish her another 70 yrs. of happiness and contentment, and hope she will continue to join in our Sokol activities for many years to come.

Dolly Baca

A Sokol Youth's Letter

Dear Bro. Frank:

We're now in our 3rd week of training at the Lackland Air Force Base, Texas, and I've finally realized that the discipline taught by Sokol is the very same as in the military service. The military depends on the fact that its men are disciplined to do their job properly; and to do a job properly a man must have control over himself.

Here at base each man must pull his own weight as well as watch out for his buddies. This is the basic idea for self-discipline. For 2 years I've attended Sokol Instructors Courses and only now do I realize the full effect of the camp on me, the fact they were training me to become a person with self-discipline, and most of all, to instill this onto others, passing on the heritage which made Sokol what it is today and to build it for tomorrow.

Nazdar!

Michael Holt

Editor's note. — The above letter was received by Bro. Frank Stovicek, Physical Director, Sokol Washington, D.C. Here is what he writes: "Enclosed is a letter from a young brother, Michael Holt, who had just joined the Air Force. He attended our classes for 10 yrs. (he was 10 when he started). We sent him to Beginners Course (Belcamp, 1968) and Advanced Course (Potter's Lake, 1969) for Sokol Instructor. Apparently we all did a good job. The boy had an average attendance about 90% over 10 yrs. Bro. Edward Linhart will be most pleased to read this, for he was instructor at Potter's Lake at the time."

Goals

"Each of us is confronted by the necessity of being both navigator, giving direction to life and and society with the destination of the ship in mind, and helmsman, making fast and frequent adjustment to every wave. It is imperative, however, that in guiding the ship, the ultimate destination shall have priority. It is folly to make fast and furious adjustments to the waves only to blunder onto reefs from port . . . So, while we are making adjustments to the tides and waves, we need to be mindful of the ultimate destination toward which we sail."

— Dr. Harold Blake Walker,
clergyman-columnist

Bring Back Those Years of Long, Long Ago . . .

Every time I start feeling sorry for myself, that I've grown old and cannot be as active in Sokol as in the past, I chase away those gloomy thoughts, remembering how fortunate I was to have been given the privilege to live during those "Golden Years" of Sokol St. Louis. They were indeed "Golden", for myself as well as for those who today are sleeping in eternal peace.

Yes, it is a long, long time ago when our Sokol staged those wonderful "New Year's Eve" programs for which we prepared several months in advance; and were eagerly awaited by all Czechs in St.

Louis. Those fabled "Masked Balls" (šibřinky), with their themes and rich decorations — "The North Pole" — "Bottom of the Sea" — "African Jungle" — "Garden of Eden" — and many others.

Then later our Formal Balls, when invitations were sent out What fun that was! Our yearly hikes (Pěší Výlety), our Sokol Drum and Bugle Corps, Czech and English stage plays (as many as six during the season), the many operettas, our picnics (where we sang Czech songs for hours and hours). The choral group "Hlahol", numbering as many as 35 members, and our quartet of Gregor, Zaloudek, Vovsky and my own small self, promoted songs in all circles, in Czech as well as many American.

When our gym boasted of many outstanding gymnasts and presented two Gymnastic Exhibitions annually. Not forgetting our championship basketball teams. Our Youth Club, the "Noise Makers" (Parta Rámus) bringing songs and merriment wherever they went, but all Sokols at heart, as well as that of the older generation, combining work with pleasure.

In those days it was an honor to be a Sokol, real brotherhood which bound us together in one solid chain of true Sokol ideology. Yes, bring back those years of long, long ago and many of those dear brothers and sisters that preceded us into the realm of the unknown. I feel fortunate to have lived in those happy days and still be alive to reminisce . . .

John Reiner

Law and Order

"Dissent is not a synonym for witless mobs or senseless violence and destruction," Missouri governor Warren Hearness once told a V.F.W. luncheon, "Every democratic government must continually maintain a balance between individual freedom and orderly conduct required by that government to prevent its dissolution into a social jungle."

"Council of Higher Education"

founded by our Sokol Brother

It was in 1902, seventy years ago, when our late Bro. W. F. Severa, a well known manufacturer of pharmaceutical items, donated \$2,500 for the establishment of an organization that would offer interest free loans to gifted young men and women of Czech and Slovak ancestry for university education. It was called "MATICE VYŠŠÍHO VZDĚLÁNÍ" or Council of Higher Education. Prof. Bohumil Šimek, from Iowa State University became the first chairman; Pavel Korab of Iowa City, secretary; W. F. Severa, treasurer; Joseph Mekota, legal adviser; and since 1921, T. B. Hlubucek became acting secretary.

For the years that followed, and until 1924, when the headquarters were moved from Cedar Rapids to Chicago, all annual fund raising campaigns were financed by Bro. Severa. No need to mention that a large number of Cedar Rapids young men and women were helped in financing their higher education through this fine organization. In the late 60's a wealthy Florida couple,

James and Helen Hovorka, established a permanent Foundation by willing almost their entire fortune to the Matic.

Since I am mentioning Bro. Severa, the above was not the only act of his genuine philanthropy. After the first world war, and the establishment of the first Czechoslovak Republic, Oct. 28, 1918, he donated well over \$100,000 for the establishment of an American Home for the orphaned and gifted boys and girls between the ages of 14 and 18 in Kralovo Pole, a suburb of Brno, in Moravia, so that they too could seek higher education in universities and colleges.

I feel that we should never forget these outstanding personalities from our midst just because they are no longer living. They played an important role in shaping our Sokol history and should be remembered in this Sokol Cedar Rapids CENTENNIAL YEAR.

T. B. Hlubucek

America

"There is more patriotism and decency in the American people," writes former Washington correspondent Walter Trohan, "than are dreamt of by dissatisfied professors, pompous figures in the arts, communists, hippies, racists — white nad black — members of the new left, and their associates."

The Sokol Story

Before the Second World War, Prague was recognized as the center of the world-wide Sokol movement. In Prague, Tyrs founded the first Sokol society (1862). Here were the headquarters of the Czechoslovak Sokol Union and the Slav Sokol Federation of Europe. In Prague metropolitan area was the largest concentration of Sokol Units and districts.

Prague was the publishing center of all organizational and technical publications and related Sokol literature supporting an enormous collective Sokol endeavor on the local, district, regional, national and international levels. Prague was the home of great Sokol leaders, writers, and composers. Eleven World Sokol Gymnastic Festivals were organized and staged in Prague — the first in 1882 under the direction of Dr. Miroslav Tyrs. From this center came encouragement for the establishment of the Sokol movement in the United States (1865).

After World War II and the XIth Sokol Gymnastic Festival in Prague (1948), the Sokol movement and its organization in Czechoslovakia (as in Poland and Yugoslavia) was disbanded by the Communist regime. Only the Units in the free world affiliated in the Czechoslovak Sokol Union, survived and soon formed a new organization, the Czechoslovak Sokol Abroad, with headquarters in New York, through the efforts of the exiled leaders of the disbanded Czechoslovak Sokol Union.

The American Sokol movement was not physically affected by the unfortunate situation in Europe. Chicago now became the leading center of the Sokols in the free world. In its metropolitan area is the largest concentration of Americans of Slav

ancestry (Czechs, Slovaks, Poles, and Yugoslavs) with Sokol organizations and branches.

Chicago is the seat of the American Sokol Organization with its official organ "American Sokol" published since 1879; of its Central District, of which 16 units are located in the metropolitan area; of Sokol U.S.A. District "Ludevít Stur" and its 18 lodges in the area; of the Second District Polish Falcons of America and of one District of the Slovak Catholic Sokol of America; the seat of the Czech Catholic Sokol Union and of some units of the former Yugoslav Sokol League.

All the Sokol Gymnastic Festivals of the former American Sokol Federation (American Sokol Organization and Sokol U.S.A.) were organized and staged at Soldier Field (Grand Park) in Chicago. In recent years, the American Sokol Organization has held its national slets at the Morton West High School Stadium in Berwyn (a Chicago suburb) where it will stage its 1973 national slet, scheduled for June 21-24th.

Sokol U.S.A. Times

Recognition

"Among the basic needs of all persons are self-respect and the esteem of others . . . These attributes of self-respect and the esteem of others are enhanced by cooperative action. It is, therefore, of paramount importance that all persons be given as much recognition as possible. It costs little and means so much . . . We must give full and free recognition to all good things that people do."

—Dr. Myron S. Allen, lecturer-instructor-consultant

"Where there is life, there is a bustling and continuous physical activity", are the opening words of the historical preface to TYRS' "FUNDAMENTALS OF PHYSICAL TRAINING", a book which was dedicated to the Sokol movement in Europe. An uninformed critic could make the mistake of thinking that Tyrs would not comprehend the present trend of modern physical training and education. Such judgment would be wrong, because Tyrs with his understanding of the subject was even in his own time far ahead of us today. Tyrs was a pedagogue, not a physical culturist; he was a psychologist and not a sportsman; he developed a physical education system and method which includes all the physical exercises which influence the proper development of the human body and which placed physical training on a level with mental education.

He based his work on this philosophy: "Sokol physical training is centered on the moral, mental and physical development of all people and is obligated to maintain for them a vigorous and physically, morally and mentally healthy life."

"The substance, therefore, of Sokol physical training method is: Health, strength and beauty (intellectual and physical). That is, the physical training endeavor is on an equal level with the mental education. The two cannot be separated."

Sokol Baltimore "Topix"

ENROLL A NEW SOKOL MEMBER!

Your Guarantee of Freedom

There is a precious parchment in Washington, D.C., designed to guarantee your freedom and pursuit of happiness. Anyone, regardless of race, creed, or color is assured these rights; the only requirement necessary is American citizenship. This document, which costs you nothing, is unquestionably your most precious American heritage—it is your Bill of Rights.

So treasured is this single sheet of aged parchment that the bronze and glass case in which it reposes is filled with helium gas, protecting it from possible damage from free oxygen. Special filters have been blended into the glass, shielding it from the ultraviolet rays of sunlight. There is a steel and concrete vault beneath the floor to protect it from fire, bombing or invasion, with a special mechanism that can quickly lower it into the fireproof — bombproof chamber, should danger threaten. An armed guard is present at this shrine 24 hours a day.

Almost a million people annually gaze in reverence at this priceless document that promises every American—in ink that has faded during these turbulent years, but in words that never dim—the right of unfettered life, personal liberty, and pursuit of happiness. This Bill of Rights is the intended guarantee to all Americans against control by totalitarian government.

Few of the guarantees, which are commonly referred to as "constitutional rights" are contained in the Constitution itself; they are in the first ten amendments, placed in force on December 15, 1791. In reality, the revered liberties shown on the yellowing face on this document mean more to the American citizen than the actual Constitution.

The Constitution, which is basically a blueprint for our governmental machinery, became effective in March, 1789, only because a definite understanding had been reached that a Bill of Rights would be added as soon as the first Congress went into session. Many men had a part in formulating these amendments. James Madison, "father of the Constitution", helped guide them to passage.

It is entirely possible to change the Constitution, and it has been done without causing the national blood pressure to rise, but if an attempt were made to lay one finger on, say, Article I of the Bill of Rights, to alter freedom of speech, every single American would be—and rightfully should be—up in arms.

And so it is with the other nine amendments. If you take away one of them, you weaken them all. Take freedom from your neighbors and you enslave yourself. In the words of the late beloved William Allen White, "Liberty is the only thing you cannot have unless you are willing to give it to others."

America's treasured Bill of Rights is a mighty shield guarding the Freedom of all.

M. Robert Beasley

Not one nation, large or small — died in the full vigor and soundness — but fell when it became decrepit, indolent and frivolous.

Miroslav Tyrs

SOKOL GYMNAST

March 1973

Edited by AMERICAN SOKOL BOARD OF INSTRUCTORS

XIII AMERICAN SOKOL SLET NOTES

Central District Invitational Golf Tournament

In conjunction with the XIII American Sokol Slet being held in the Chicagoland area, time has been reserved for golf competition. We have selected Timber Trails Country Club, which is located 10 miles from the Slet Stadium. Competition will start at 12:00 noon, Saturday, June 23, 1973. This will be handicapped by the Peoria System. The charge will be \$9.00 per person, for golf fee and trophies. You may enter either as an individual or team (4 people per team). Sokol members and Slet visitors, both men and women, may compete. Trophies will be awarded for team, low gross, and low net scores. Entries will close June 1st, 1973. Out of towners, please send entry and check (payable to A.S.O. Office, c/o Slet Golf Tournament) 6426 W. Cermak Road, Berwyn, Illinois 60402. If member of a unit, please list name of unit. Berwyn area, contact your Unit Director. Entries are limited to first 60 people. Golfers need not participate in Slet Calisthenics.

CENTRAL DISTRICT GOLF COMMITTEE

Joseph Jahelka Sr. Memorial Cross Country Run

A newly instituted event will be initiated at the Slet Program on Sunday, June 24th. The Czechoslovak Sportsmen (Chicago Branch) will sponsor a cross country run, for boys and men, originating in the Slet Stadium — progressing thru 5 miles of streets in Berwyn and Cicero — and finishing in front of the Slet stands. Mr. Shorter, U.S.A. gold medal Olympic Winner 1972, will be one of the starters in this event. This cross country race is open to all competitors — Junior boys, Senior men, and non-members of Sokol. If interested, please notify Edward Linhart, A.S.O.

American Sokol Instructors School June 25 - July 7, 1973

After the closing of the XIII Sokol Slet Festivities, the A.S.O. will conduct a 2-week Sokol Instructors School. This will be held on the campus of the North Central College located in Naperville, Illinois; about 35 miles west of Chicago. The student body and instructors will be housed in one of the dormitories located on campus. For those who are interested, a beginners course and advanced student course are being contemplated. More information will follow to Unit and District Directors. This being a new approach for our Sokol School, we look forward to a big response from our Sokol ranks.

YOUR INVITATION TO THE

XIII AMERICAN SOKOL SLET

June 21 - 22 - 23 - 24, 1973

J. STERLING MORTON - WEST HIGH SCHOOL
BERWYN, ILLINOIS

DISMOUNT FROM THE BALANCE BEAM

Illustrated on the following page are various dismounts currently used in high balance beam competition. These have been pictured in a progressive manner to allow beginners to work to a higher level.

FROM A STAND PARALLEL ON THE BEAM:

1. Arched jump forward
2. Arched jump backward
3. Arched bent leg jump forward or backward
4. Arched stradleg jump forward or backward
5. Bent frontleg jump forward or backward
6. Frontleg—stradleg jump forward or backward

FROM A STAND CROSSWAYS ON THE BEAM:

7. From a stand—180° turn in jump—dismount
8. Jump to right front bentleg — left rearleg (Stag leap)
9. Jump to right front leg — left rearleg (Split leap)

SUPPORT — DISMOUNT CROSSWAYS ON THE BEAM

10. Support kneeling, right rearleg — flank swing right forward along the beam — (preparation) high rearleg dismount
11. From seat stradleg — rearswing to high rearleg dismount
12. From squat support, left rearleg — swing to high rearleg dismount.

FROM STAND ON THE BEAM

13. From a stand, R or L rearleg — placing hands on the beam, kick into handstand, dismount
14. From a stand, R or L frontleg — turn 90° into parallel handstand — 90° turn, dismount
15. From a stand — R or L frontleg — turn 90° — parallel handstand, handspring, dismount
16. From handstand crossway — rearleg, dismount
17. From handstand crossway — cartwheel, dismount
18. From handstand crossway — handspring, forward diagonally to side of beam (landing crossway)
19. From parallel handstand on the beam, 90° turn to crossway handstand — cartwheel, dismount
20. From parallel handstand — bentleg (squat) vault, dismount
21. From parallel handstand — bent hip (stoop) vault, dismount
22. From parallel handstand — stradleg, dismount.

To: ALL UNIT DIRECTORS

from UNIFORM DIVISION of the A.S.O.

This will be your notice of an increase in our prices on the following Uniform Supplies:

	Resale price
SGR Red Sleeveless Leotard 2 panel (Child's sizes)	\$3.25
BR Red Brief (to be worn under Leotard) — Child's sizes — Adult's sizes)	2.15
RBB Royal Blue Brief (to be worn under Leotard)	2.15

The above prices go into effect immediately. You will note that our order forms note that

prices are subject to change without notice, but we feel you should be informed of the above change.

We appreciate your cooperation and will be happy to fill your orders as promptly as possible.

For Women performing in the mass calisthenics at the XIII Slet, the new official red stretch material HEADBANDS are now available at a cost of \$1.15 each. All women drilling are to have these and only the new official red headband will be allowed.

Nazdar!

AMERICAN SOKOL ORGANIZATION
Uniform Division

Betty Prener

Activity Develops Mastery Over Body

By Dr. Joyce Brothers

(Reprinted, Courtesy Chicago Today)

What drives a person into physical activity and directs his interests to acquire physical skill?

While a certain amount of muscular exercise is necessary, people enjoy movement because of the pleasant feeling and physical satisfaction they derive from it — that so-called muscular sensuousness.

In many physical activities, and particularly in some forms of dance, simple or complex skill patterns are closely related to instinctive patterns of movement. So that perhaps physical activity is also an unconscious need.

Thru physical play an individual is able to find out about himself and his environment. He realizes that thru the pursuits of play curiosities are satisfied about the capabilities of the body, perceptions are widened in regard to the relationship between his body and another person's or between his body and a specific object such as a ball, racquet or body of water. A person begins to understand how his body can act upon an object.

He begins to see the importance of perfect timing and the effect of greater or lesser exertion upon that object. He experiences the extension of self into that mass of space which holds the object driven by his own energy.

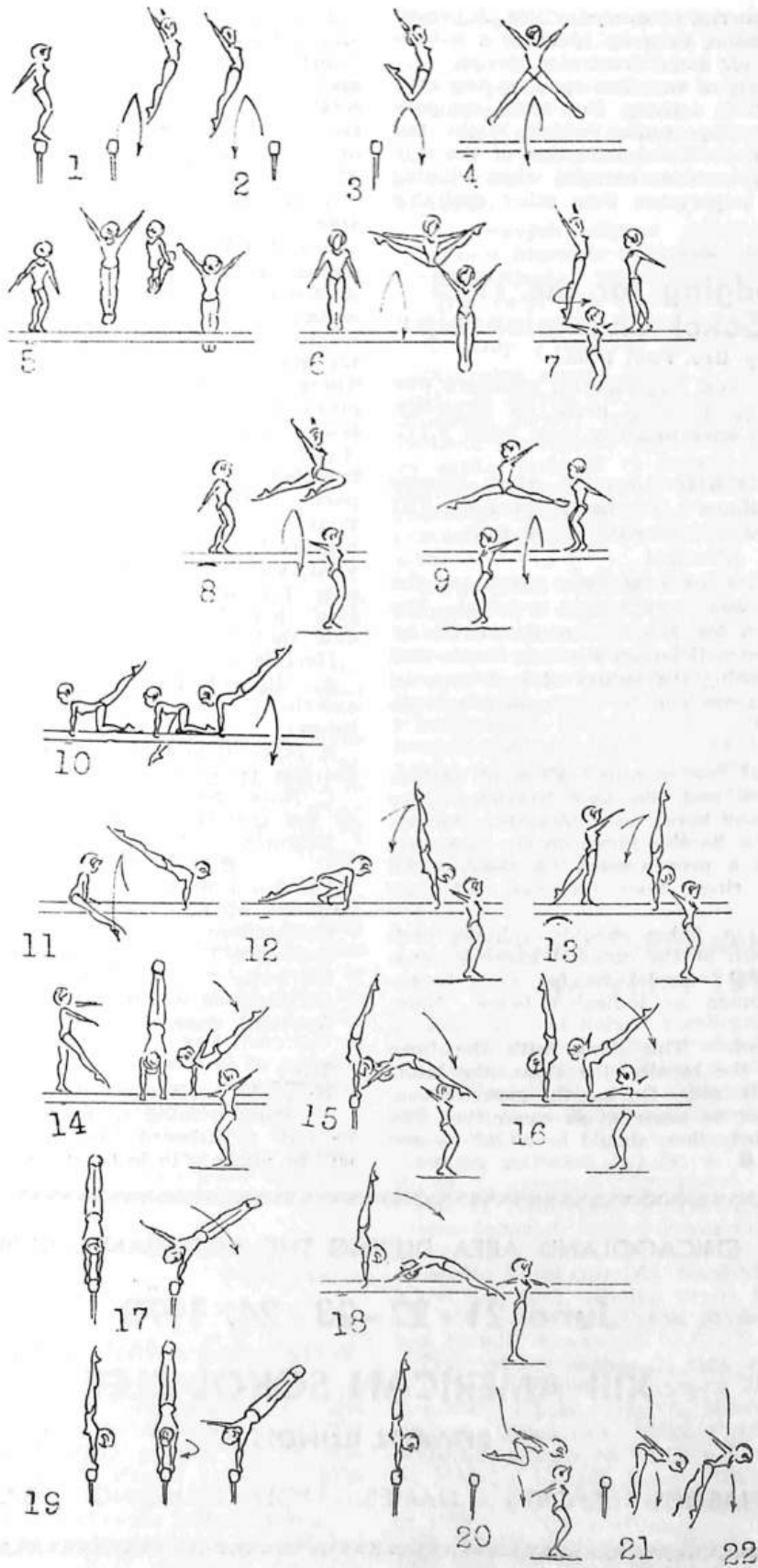
Thus in developing control of himself, of others and of objects, an individual is building courage and perseverance, developing, in short, mastery over himself — something any person finds the utmost satisfaction in attaining.

More than the physical mastery, a person learns mastery over emotions. The mountain climber conquers fear, the loser in a tennis match or swim meet conquers the ill feelings associated with defeat by his opponent.

Man needs to feel power — it is one of his instinctive urges — the self-assertion motive. Many, therefore, speak of sports as a comparatively safe way to express aggressiveness while avoiding the natural aggressive tendency to subjugate and destroy.

Physical reaction is one field in which young people can prove themselves. Its value lies in the fact that achievement or success in any one activity tend to give an individual more stability.

Play is normally a means of relaxation for the older person, for it allows him to withdraw for



a time from the worries of everyday life. A person may also, on occasion, take up sport as a substitute gratification for some frustrated desire.

Games and variety of exercises open up new area of thought as well as activity. For some, competitive sports offer opportunity which might not otherwise be available for satisfaction of the ego. The situation only becomes harmful when winning is given greater importance than other desirable goals in life.

Men's Judging for the 1973 National Sokol Championship

By Bro. Paul Fina

The American Sokol Organization members who will judge the championship event on Saturday, June 23, 1973 will have to know their basic F.I.G. code of points.

There are quite a few changes which became valid as of 1972. Since A.S.O. has adopted the FIG system, our judges will have to adhere to it.

Long Horse is different!

In previous issues the long horse event and the judging system was completely reviewed. The correct breakdown for judging was given. So by reviewing the two articles on the long horse and in addition, reviewing the values of each type of vault, a proper score can be determined by the judge.

Other Events:

During the past few months, values of various moves were given and the new breakdown for the other than long horse was delineated. An additional briefing is hereby given on the technique to use to obtain a proper score on the parallel bars, side horse, rings, floor Exercise, and horizontal bar.

When judging, a judge should evaluate each part or breakdown of the optional exercise separately. Independent calculations for each breakdown can be made as indicated below. Note: Not Long Horse.

1. 4.0 Execution. This deals with the form of the gymnast, the breaks, the stops, the interruptions, the falls, etc. During the exercise execution faults must be recorded as committed. The execution fault deductions should be added up and deducted from 4.0.

2. 3.4 Difficulty. This part consists of A, B, and C moves. For normal competition, 1 C move (worth .6), 5 B moves (worth 5 times .4 or 2.0), and 4 A moves (worth 4 times .2 or .8). The total adds to 3.4. The B and C moves should be recorded and perhaps the A's. Just jot down B or C. For what is missing deduct from 3.4. Note: 11 moves are required.

3. 2.6 Combination. This is new! It separates the stylist gymnast from routine gymnast. The old value of 1.6 is still given for meeting all requirements. If the 11th move is not presented then a .2 deduction is taken from the 1.6. The 1.0 remaining is termed "spiritual expression". This is where the excellent gymnast is compensated for his special effort to look well during the exercise. These are bonuses, i.e. styling, added height, expressive motions, etc. (Risk, Originality, and Virtuosity are dealt with as another factor and the R.O.V. part of the exercise is worth .3. It is included in the over-all evaluation.) The missing parts of the combination are noted and deductions are made from the 1.6. Add "spiritual expression" to the combination points obtained and total is arrived. There is a trend of thought that only .4 should be the value for "spiritual expression" but there is nothing officially written to date that the spiritual part is less than 1.0.

Here is the system at work:

a. Record the execution deductions as the exercise progresses (.2, .2, .3, .5, .2, .3, .3 — see below)

b. Mark B and C's above the deductions as the exercise progresses.

C. Note the fulfilling of the combination also as the exercise progresses.

Example — Rings

C B B B

2h2 2 3 5 2h 5 2 3 (h is for handstand — two required, etc.)

Calculation:

Execution	4.0 -2.6	1.4
Difficulty	2 B's missing (.8)	2.6
Combination missing strength move (.3)		1.3
Spiritual none		0.0

Score

5.3

Note: 11 parts were shown.

To those wishing to judge, please send in your request to Edward Linhart, Dir. A.S.O. Contact will be made with instructions during June.

VISIT THE CHICAGOLAND AREA DURING THE AMERICAN SOKOL HOLIDAYS

June 21 - 22 - 23 - 24, 1973

XIII AMERICAN SOKOL SLET

BERWYN, ILLINOIS

GYMNASTICS - SPORTS - GAMES - FOLK DANCING - BANQUET

A Young Gymnast's Advice

Do you ever ask yourself, "Why am I at Sokol?" If so, you might answer yourself in one or all the following ways; 1. Have fun; 2. Engage in healthful exercises; 3. Learn gymnastic skills; 4. participate in competitive gymnastics. This Sokol can give you. Some of you spend 7 to 10 hours each week pursuing the above at Sokol. Use this time wisely. Get the most from these 7 to 10 hours made available to you.

Come to Sokol with a positive purpose, so you receive of what Sokol wants you to have. Give undivided attention to your coach or instructor. If you don't care to listen, that's your loss, but don't spoil the lessons for the others. Do not distract others who are interested in listening. For example: On the beam or bars, don't laugh, giggle or talk. Distraction could cause a fall, a serious injury, and prevent that person from benefiting in time spent trying to learn. Each of you is entitled to receive instruction free from distraction.

Remember, you not only participate as an individual — but as a team! Sokol's Team! Do your best at all times, whether practicing or competing so that your team may be proud of you. Help each other to improve skills, be unselfish. Remember, each of you represent Sokol to the public. If each of you present a good image, you'll be doing your part in showing what a fine organization Sokol is.

Show kindness to your team members or fellow participants. You will make lifetime friendships. This is really something to work for, you have to work at being a good friend. While at Sokol, repay Sokol for what it does for you. Conduct yourself in a manner that will make others proud that you are a Sokol member.

Repay your instructors with respect, for your instructor is working for two purposes; to help you and help Sokol. If you just pretend to take instructions, this is ultimate disrespect. It's up to you not to waste your time or that of your instructor. Always speak and act respectful to your coach or instructor, and coaches and members of other teams. You owe it to yourself to be respectful to all adults and those students younger than yourself. You have a tremendous influence on younger people. Give them all the help you can. Set an example they will be proud to follow. Give the Sokol as much or even more than you receive. You will be proud you did and Sokol will be proud of you!

Bob Wilson, Sokol Zizka,
Dallas, Texas

XIII. Slet Amerického Sokolstva

Přípravy k XIII. sletu amerického sokolstva jsou v plném proudu. Již od loňského podzimu se schází sletový výbor pravidelně každý měsíc, aby řídil přípravu, rozdělení do řady odborů, kde se pracovávají podrobnosti a stanoví se přesný plán a postup v tom či onom sletovém podniku. Všude je nadšení a radost z rostoucího sletového díla.

Dny 21.-24. června budou opravdu sokolskými svátky, které bude prožívat chicagská metropo-

litní oblast. Z celé Ameriky se sejdou bratři a sestry, nejenom sokolských jednot AOS, ale i Slovenského Sokola v USA a Kanadského Sokola, aby se podíleli na těchto velkolepých sokolských slavnostech. S nimi přijde i tisíce hostů z různých částí této země. Všude se připravují společné zájezdy a zejména mládež dává již dohromady cestovní fondy, aby se mohla zúčastnit v počtu co největším.

Ze sletových příprav vynořují se již obrysy programu hlavních sletových dnů. Ve středu 20. června přijede a registrace sokolských závodníků a hostů. Večer pak schůze soudců pro závody. Ve čtvrtek a v pátek budou v tělocvičně Mortonovy vyšší školy v Berwynu závody dorostu a členstva.

Závěrečné závody budou v sobotu odpoledne. V neděli 24. června v 9 hodin dop. hlavní zkoušky na odpolední sletové vystoupení, které bude opět na stadionu Mortonovy vyšší školy v Berwynu. Sletový banket bude již ve čtvrtek 21. června večer v Sokolovně Havlíček-Tyrš. Pracuje se ještě na přípravách dalších společenských a sportovních podniků.

Bude vydán obsáhlý sletový památník s řadou fotografií a s články významných pracovníků sokolských i národních. Zařazeny budou zdravotice jednotlivců i organizací. Připravuje se vydání historických sletových známek, nálepek dvoudílných, které budou zasílány k odkoupení jednotlivcům i korporacím. Nebude chybět ani prodej upomínkových předmětů na XIII. sokolský slet. Také sokolská výstavka bude instalována.

XIII. slet Amerického sokolstva bude velkou událostí nejen sokolského hnutí, ale i celé české a slovenské krajanské větve v USA. Zdar XIII. Sletu Amerického Sokola.

Jerry Rabas

Dozvyky Sokolského Sletu ve Vídni 1972

Všesokolský Slet Sokola v zahraničí je za námi. Od první světové války a skončení druhé války byla velká změna politická a sice rozdíl ve jménech. Nynější Sokol v zahraničí, je pokračování Sokolské Župy Zahraniční, která byla založena v roce 1921.

Prvým starostou byl br. J. B. Zyka, redaktor, Praha. I. náměstek: Fr. Lukeš, obchodník, Dražďany. II. Náměstek: Dr. Jan Auerhan, min. rada, Praha. Jednatel: Rudolf Frydrych, úředník, Praha. Pokladník: Zdeněk Bělohávek, kožešník, Praha. Náčelník: Karel Gishuebl, faktor, Praha. Náčelnice: Marie Hanušová, učitelka, Praha. Vzdělavatel: Eduard Tábořský, učitel, Praha. Statistikař: Josef Vrabec, zlatník, Praha.

Tyto jednoty patřily do župy zahraniční v roce 1924 podle abecedy: Augsburg, Berlín, Dražďany, Hamburk, Lipsko, Londýn, Moers, Mnichov, Norimberk, Orechovica Gorna, Paříž, Sofia. Brzy se přidružily jednoty na Volině v Rusku, a pak několik jednot v Kanadě. Sokol Štefánik ve Winnipeg, Manitoba, Kanada, byl v lůně českého lidu již v roce 1929.

Já jsem se stal členem Sokola Štefánik v roce 1932 jako 18ti letý a přestoupil z dorostu. Nejsem

jistý, ale podle všeho jsem nejstarší sokol župy zahraniční v U.S.A. Ještě dnes mám členskou knižku z roku 1932, a tehdejší starosta byl můj otec. Jestli je v U.S.A. starší člen této župy, at' se mě ozve.

A teď pár řádků o Sokolovi, Starostovi, člověku a bohatýru písmáku.

Br. Jaroslav Zyka (spisovatelské jméno Borotinský), rodák pražský, narozen 13ho července 1875. Plných padesát let byl členem Sokola Pražského a v těch letech to bylo členství svrchované dělné, oddané, stále pohoťové současně nebo postupně ve složitých sokolských úkonech. Byl časově druhým tajemníkem Č.O.S. po 15 let prvním jednatelem vzdělávacího odboru Č.O.S. po 10 let. Starostou župy zahraniční 21 let. Starostou v Praze Strašnických 17 let. Starostou Sokola Praha Michle 7 let. 23 let pilně pracoval, přispíval do časopisu Sokol, a 16 let do Věstníku Sokolského. Tento sokolský velikán zemřel 5. února roku 1947 ve věku 72 let.

Po stránce literární, byl to skutečně písmák obr. V roce 1899 se stal v Sokole znám jako básník a písmák, divadelní hrou "Vzletem sokolím" věnována Tyršovým ideálům (Mužným Duchem). V roce 1900 se uvedl na veřejnost sbírkou básní "Když kvetl šeřík."

Br. J. B. Zyka byl členem redakce "Venkova". Pod jménem Borotinský vydává 2 knihy básní, 17 divadelních her a jiné. V poslední době byl dramaturgem Lidového divadla "Uranie". Byl také členem spolku českých spisovatelů beletristů "Máj". Dále byl prvním jednatelem Syndikátu tisku, druhým jednatelem Jednoty československých novinářů, jednatelem Spolku českých spisovatelů "Máj". Stal se též redaktorem "Zlaté Prahy", "Světozoru", "Radikálních Listů", "Samostatnosti", a přispíval do beletristicky zábavních týdeníků a denních listů, psal divadelní referáty, umělecké stati a kulturní úvahy. Čest jeho památce.

Josef J. Janečka,
Vzdělavatel A.S.O.

Sokol Miami

Schůze v novém roce Sokola v Miami byla četně navštívená, většina úředníků zůstalo na svých místech. Konali dobrou práci, ušetřili peníze na stavební fond. Uplynuly 3 léta od založení Sokola v Miami. Máme 195 členů a další se hlásí. Na Valentine den pro nás br. Charles Macháček připravil krásný program, zpívaly česky 3 vnoučata pana Svobody z Cicera, Ill., a naše pěvkyně ses. Ploužek, Přibyl za doprovodu pana Kopeckého, a manželé Budějovský tančili solo. Ses. Růžička přednesla veselou báseň a ses. Janoušová řídila program. Byli odměněni hlučným potleskem a pak se tančilo o perníková srdéčka.

V posledním čísle American Sokol udělala redakce malou chybu, že zemřel br. Frank Dlouhý, ten je živ a zdrav a při oslavách hraje pro nás na harmoniku, byla to jeho manželka, která po kratší nemoci zemřela. My zde v Miami jsme v jedné kole, stále něco plánujeme, aby se hosté bavili a zapomněli, že stárnou. Též cvičíme na Sokolský slet v Berwynu, Ill.

Leopoldína Petrášková

Clevelandské sokolské veřejné cvičení

V prostorné tělocvičně Cuyahoga Community College 4. února přihlíželo společnému veřejnému cvičení všech tří clevelandských jednot přes 1,200 diváků. Povzbudivá byla velká účast mladých lidí. Vystoupilo přes 400 cvičenců ze Sokola Tyrš, Nová Vlast a Cleveland-Čech-Havlíček.

Koncertní hudba Sokola Tyrš za řízení kapelníka Bielera upozornila diváky na přesný začátek. Společný nástup všech cvičenců, v čele státní vlajky a sokolský prapor.

Shromáždění přivítal br. župní starosta Edwin Jiroušek a český br. starosta Sokola Nová Vlast Přemek Kocián. Přítomní byli zástupci Sokola Detroit a Toleda, D.T.J., a všech zdejších hlavních spolků. Hosty představil br. župní místostarosta br. Emil Pekar.

Veřejné cvičení řídil náčelník a sestra náčelnice Sokola Nová Vlast Don Kotlan a Jeanette Wagner. Komentátorem byl br. Peter Sikora.

Vystoupili třídy kaňat, žáci a žákyně v společná prostrná, dorostenky ve synchronizovanými cviky na žiněnkách a na vysoké kladině a bradlech s povýšenou žerďí. Volná prostrná předvedli Lea Nesnadný, Ted Cameron a Charles Pešek.

Potom zvláštní číslo žen, moderního tělocviku, rytmické cvičení s důrazem na pohyby, jako při základních prostných, kdy dojem ladeného celku je podmínkou. Náradí mužů a dorostenků byla kůň na šíř, bradla a kruhy. Žáci a žákyně cvičili na bradlech, na koni a kladině.

Největším dojmem zapůsobilo na diváky společné vystoupení mužů, žen a dorostu. Při moderní hudbě cvičilo prostrná přes 200 cvičenců. Krásně sladěné číslo se čtyř rozdílných prostných, vytvářející mohutný celek. Tato prostrná sestavili ses. Jean Dušek, Marian Peterka, Jane Mastny a br. John Ballance, Carl Johnson a Don Kotlan. Uvidíme je na župním sletu 3. června na AMLA v Leroy, Ohio, a koncem června je předvede župa jako samostatné číslo na sletu Americké obce sokolské v Chicagu.

Ceské slavnosti v Nebrasce

Bohatý rok českých slavností v Nebrasce bude zahájen 4. března třetím jarním programem ve Dwight odpo. v Legion Hall. Následuje 6. května už 14. program v Omaze, Sokolské auditorium; 19. května třetí program, pořádaný Záp. Bratrskou Jednotou v Lincoln; 9. a 10. června dvoudenní slavnosti ve Verdigre. Na 10. června Český klub Sokola Jižní Omaha připravil svůj program; 29. a 30. června a 1. července pestré české slavnosti v Clarkson, poté 21. a 22. července už 11. program ve Dwight; a naše manifestace české řeči, písničky a tance vrcholí 4. a 5. srpna ve Wilber, který letos slaví 100 roků svého založení. Krajané, česká Nebraska veďe v této velké akci zajistit budoucnost dědictví českých pionýrů, a česká Nebraska vás srdečně zve. Přijďte manifestovat s námi.

Kučera

ZDAR XIII. SOKOLSKÉMU SLETU!

Directory of the American Sokol Organization

EXECUTIVE BOARD ASO.:

Meetings fourth Tuesday, 6426 W. Cermak Road, Berwyn, Ill. 60402. President: Stanley Barcal, 2437 Harvey Ave., Berwyn, Ill. 60402. Secretary: June Pros, 1606 East Ave., Berwyn, Ill. 60402. Financial Secretary: Agnes Sotka, 1516 Cuyler Ave., Berwyn, Ill. 60402. Kindly make all checks and Money Orders payable to the AMERICAN SOKOL ORGANIZATION, 6426 W. Cermak Road, Berwyn, Ill. 60402.

BOARD OF INSTRUCTORS ASO.:

Combined meetings every 3rd month at Sokol office, 6426 West Cermak Road, Berwyn, Ill. 60402.

Director of Men: Edward Linhart, 1820 Ridgeland Ave., Berwyn, Ill. 60402.

Ass't. Director: Richard Ptacek, 4330 S. Clinton Ave., Berwyn, Ill. 60402.

Secretary: Paul Lebloch, 512 Redondo Dr. Unit 107, Downers Grove, IL 60515.

Director of Women: EllenJeanne Schnabl, 2503 Harvey Ave., Berwyn, Ill. 60402.

Ass't. Director: Mildred Zeman, 224 N. Warwick, Westmont, IL 60559.

Secretary: Lorraine Zdenek, 9709 So. Mason, Oak Lawn, Ill. 60453.

BY-LAWS COMMITTEE:

Address all mail to American Sokol Organization, 6426 W. Cermak Road, Berwyn, Illinois 60402.

PUBLIC RELATIONS COMMITTEE:

Chairman: Anna Basta, 2629 Maple Ave., Brookfield, Ill. 60513.

ORGANIZATION CHAIRMAN:

Emilie Ruzicka, 50 NE 131st St., No. Miami, FL 33161.

MEMBERSHIP CHAIRMAN:

Rudolph Svoboda, 2343 S. 14th Ave., No. Riverside, Ill. 60546.

EASTERN DISTRICT, NEW YORK, N. Y.

Headquarters Sokol Hall, 420 East 71st St., N. Y. C., N. Y. 10021. Meetings 3rd Monday, alternating between Little Ferry, Fuegoer. President: Charles Zraly. Secretary: Blanche Zraly, both 29 Holland Court, Valley Stream, N.Y. 11580. Director of Men: Frank Capek, 39 Barnes Dr., Ridgefield Park, N. J. 07660. Director of Women: Norma Zabka, 6600 Boulevard East, West New York, N. J. 07093. Public Relations: Ed Stetka, 318 Upper Landing Rd., Baltimore, MD 21221.

NORTHEASTERN DISTRICT, CLEVELAND, OHIO

Meetings 4th Wednesday, Sokol Tvr's, 3689 East 131st St., Cleveland, OH 44120. President: Edwin Jirousek, 16214 Maplewood Ct., Maple Hts. OH 14137. Sec'y Henry Nemecek, 5925 Broadview Road, Cleveland, Ohio 44134. Director of Men: Peter Dusek, 4095 Apple Creek Drive, Cleveland, Ohio 44144. Director of Women: Jeanette Wagner, 3872 Mill St., West Richfield, Ohio 44286. Educational Director: Karel Zahradnick, 12704 Holborn, Cleveland, Ohio 44105. Public Relations: Elsie Khol, 13212 Maplerow, Cleveland, Ohio 44105. Organization Chairman: Gladys Jirousek, 18424 Chagrin Blvd., Shaker Hts., Ohio 44122.

CENTRAL DISTRICT, CHICAGO, ILLINOIS

Meetings 4th Wednesday, Sokol Berwyn, 6445 W. 27th Place, Berwyn, IL 60402. — President: Joseph F. Drnec, 5715 West 23rd Street, Cicero, Illinois 60650. Secretary, Mildred Pavek, 2720 Highland Ave., Berwyn, IL 60402. Director of Men: Paul Lebloch, 512 Redondo Dr. Unit 107, Downers Grove, IL 60515. Director of Women: Helen Tuma, 5122 W. 29th Pl., Cicero, IL 60650. Educational Director: Ernest Pirka, 1248 W. Addison St., Chicago, Ill 60613. Public Relations: June Pros, 1606 Berwyn, IL 60402.

WESTERN DISTRICT, OMAHA, NEBRASKA

Meetings 2nd Monday, Sokol Auditorium, 2234 So. 13th Street, Omaha, Nebr. 68108. — President: Edward Pavoucek, 2306 Jefferson, Bellevue, Nebr. 68005. Secretary: Phyllis Jirka, 6514 So. 45th Street, Omaha, Nebr. 68117. Director of Men: Raymond Lastovica, 109 E. 16th Ave., Bellevue, Nebr. 68005. Director of Women: Bozena Drozda, 2627 No. 102nd Ave., Omaha, NE 68134. Educational Director: Robert Vanyo, 446 Bay, St. Paul, MN 55102. Organization Chairman: Barbara Swoboda, 5816 S. 15th St., Omaha, NE 68107.

SOUTHERN DISTRICT, DALLAS, TEXAS

Meetings 2nd Thursday, Sokol Athletic Center, 7448 Greenville Ave., Dallas, Tex. 75231. President: George Prevratil, 11212 Yorkmont, Dallas, Texas 75218. Secretary: Vlasta Laznovsky, 5514 Gregg St., Dallas, Tex. 75235. Director of Men: Larry Laznovsky, Route 1, Ennis, Texas 75119. Director of Women: Sylvia Laznovsky, Route 1, Ennis, TX 75119. Educational Director: Oldrich Parma, 6418 Maple Ave., Dallas, TX 75235. Public Relations: Jerry Milan, 6208 Lakeside Dr., Ft. Worth, TX 76135.

PACIFIC DISTRICT, LOS ANGELES, CALIF.

Meetings, every 2nd month, in Sokol Hall, 500 No. Western Ave., Los Angeles, Calif. 90004. President: V. Salak, 518 N. Niagara St., Burbank, Calif. 91505. Secretary: Bess Haralik, 10246 McVine Ave., Sunland, CA 91040. Director of Men: Luba Hintnaus, 1321 — 21st St., Manhattan Beach, CA 90267. Director of Women: Martha Lizak, 419 Williams Avenue, Madera, Calif. 93637. Educational Dir. and Organizer: George Spanek, 1364 Drake Ave., Burlingame, Calif. 94010.

Directory of Units

EASTERN DISTRICT, NEW YORK, N. Y.

Sokol Baltimore, Maryland. — Meetings, 2nd Sun. of the month, no meeting in July and August. American Sokol Center, 2931 E. Madison St., Baltimore, Md. 21205. President: Donald Otenasek, 8231 Old Philadelphia Rd., Baltimore, MD 21237. Secretary: Sylvia Peifer, 318 Upperlanding Rd., Baltimore, MD 21221. Financial Sec-

retary: Frederick Pazdera, 962 St. Agnes Lane, Baltimore, MD 21207. Director of Men: John Cervin, Jr., 2811 E. Monument St., Baltimore, Md. 21205. Director of Women: Marie Pokorny, 9812 Gunforge Rd., Perry Hall, Md. 21128. Educational Director: Henry J. Vrzalik, 201 Lyndale Ave., Baltimore, MD 21228.

Sokol Belcamp, Md. — Meetings 1st Wednesday, Belcamp Commu-

nity Center, Belcamp, Md. 21017. President: Frank G. Novak, P. O. Box 65, Belcamp, MD 21017. Secretary: James Hesoun, PO Box 44, Belcamp, MD 21017. — Financial Secretary: Valentine Vrba, P.O. Box 52, Belcamp, MD 21017. Director of Men: Martin Lago, P. O. Box 281, Belcamp, MD 21017. of Women: Linda Pukl, Box 224, Belcamp, MD 21017.

Sokol Curtis Bay, Md. — Meetings: 3rd Wednesday, 1605 Ceddox Street, Baltimore, MD 21226. — President: James F. Zaruba, 4705 Virginia Ave., Baltimore, Maryland 21225. Secretary: Frank Zamostny, 216 Werner Rd., Baltimore, MD 21226. Financial Secretary: Frances Simon, 3549—3rd Street, Baltimore, MD 21225.

Sokol Fuegner, L. I. C., N. Y. Meetings 3rd Tuesday, Bohemian Hall, 29-19 24th Ave., L. I. City, N. Y. 11105. President: Charles Zraly, 29 Holland Court, Valley Stream, L. I. C., N. Y. 11580. Secretary: Bertha Hochner, 45-35 Utopia Pkwy., Flushing, N. Y. 11358. Financial Secretary: Jane Cerny, 23-71 37th Street, Astoria, N. Y. 11105. Director of Men: Richard Kotmel, 43-25 160th St., Flushing, N. Y. 11358. Director of Women: Virginia Belsan, 41-35 49th St., Sunnyside, N. Y. 11104.

Sokol Little Ferry, New Jersey. — Meetings: 1st Monday, Sokol Hall, 14 Garden Street, Little Ferry, New Jersey 07643. President: Richard Novotny, 43 E. Joseph St., Moonachie, NJ 07074. Secretary: John F. Donovan, 279 Liberty St., Apt. 33, Little Ferry, NJ 07643. Financial Secretary: Henry Mayer, 21 Mehrhof Road, Little Ferry, NJ 07643. Director of Men: George Janakis, 15 Beech Street, Little Ferry, N. J. 07643. Organizational Chairman: William Zabransky, Jr., 19 Pickens St., Little Ferry, N.J. 07643.

Sokolice Little Ferry, New Jersey. — Meetings 4th Wednesday, Sokol Hall, Main and Garden Streets, Little Ferry, N. J. 07643. President: Helen Schroeder, 41 Prospect Ave., Little Ferry, N.J. 07643. Secretary: Rosalind Farquhar, 50 Columbus Ave., Little Ferry, N.J. 07643. Financial Secretary: Elsie Machotka, 26 Center St., Little Ferry, N.J. 07643. Director of Women: Audrey Benda, 34 Brandt Street, Little Ferry, N.J. 07643.

Sokol Miami, Florida. — Meetings 4th Mon. 150th & No. Miami Ave., Biscayne Gardens Civic Center, No. Miami, Fla. 33161. President: Frank Ruzicka, 50 N.E. 131st St., No. Miami, FL 33161. Secretary: Emilie Ruzicka, 50 N.E. 131st St., No. Miami, FL 33161. Financial Secretary: Annette Slovoda, 2607 Roosevelt St., Hollywood, FL 33020. Please forward all mail to Secretary.

Sokol Newark, New Jersey. — Meetings 3rd Saturday at homes of members. President: Frank Bartell, 646 E. Pt. Pleasant Ave.,

Ocean Gate, N. J. 08740. Secretary: Barbara Kotlan, 54 Cleremont Ave., Irvington, N. J. 07111. Financial Secretary: Anna Votapek, 664 Valley St., Orange, N. J. 07050.

Sokol New York, N. Y. — Meetings 4th Thursday, Sokol Hall, 420-424 East 71st Street, New York, NY 10021. President: John Babinec, 98-40 64th Ave., Forest Hills, NY 11374. Secretary: Dorothy Hudecek, 34-19 33rd St. Astoria, New York, 11106. Financial Secretary: Marie V. Lier, 65-42 — 48th Avenue, Woodside, N.Y. 11377. Director of Men: Stanley Mergl, 1278 — 1st Avenue, New York City, N. Y. 10021. Director of Women: Pat Koval, 33-25 — 92nd St., Jackson Heights, N. Y. 11372. Educational Director: Marie Provaznik, 2564 35th St., Astoria, NY 11103.

Sokol Philadelphia, Pa. — Meetings 1st Friday, — Slovak Hall, 1150-54 N. 4th St., Philadelphia, Pa. 19123. President: Josephine Tunkl, 5836 Akron St., Philadelphia, Pa. 19141. — Secretary: George B. Novak, 2003 E. Elkhart St., Philadelphia, Pa. 19134. Financial Secretary: Elsie Novak, 2003 E. Elkhart Street, Philadelphia, PA 19134. Educat. Director: George B. Novak.

Sokol Schenectady, New York. — Meetings 1st Wednesday, Czech-American Sokol Hall, 1309 Fifth Ave., Schenectady, N. Y. 12303. President: Fred Guthan, 2351 Consaul Rd., Schenectady, N. Y. 12304. Secretary: Antonia Guthan, 2351 Consaul Road, Schenectady, N. Y. 12304. Financial Secretary for Women: Julia Kverek, 1541 Altamont Avenue, Schenectady, N. Y. 12303. Financial Secretary for Men: Alice Matura, 1 Larkin St., Scotia, N. Y. 12302. Director of Men: Frank Prokop, 1005 — 6th Street, Carmen, Schenectady, N. Y. 12303. Director of Women: Caroline Jordan, 1302 — 2nd Ave., Schenectady, N. Y. 12303. Educational Director: Frank Prokop. Organizational Director: Louis Matousek, 1010 Lakeview Ave., Schenectady, NY 12303.

Sokol Washington, D. C. — Meetings 1st Friday, Barton House, 2225 Barton St. and 10th Street, N. Arlington, Virginia. President: Matthew Neuman, 2071 Park Road N.W., Washington, D. C. 20010. Secretary: Jerry Friedrich, 13421 Bartlett Street, Rockville, Md. 20853. Financial Secretary: Gerta Manhal, 3636 16th St. N.W., Washington, D. C. 20010. Director of Men: Frank Stovicek, 2059 Park

Road N.W., Washington, D. C. 20010. Director of Women: Margaret Sue Dillon, 4514 Connecticut Ave. N.W., Washington, DC 20008. Educational Director: Vavro Rysavy, 6061 Munson Hill Rd., Falls Church, Va. 22044.

NORTHEASTERN DISTRICT, CLEVELAND, OHIO

Sokol Cleveland Cech-Havlicek, Cleveland, Ohio. — Meetings 1st Sunday, Sokol Cleveland Cech-Havlicek Hall, 20110 Harvard Av., Warrensville Heights, Ohio 44122. — President: Frank Kavan, 4800 Westburne Rd., Lyndhurst, OH 44124. Secretary: Ann Skoda, 1541 E. 191st Apt. 549, Euclid, OH 44119. Financial Secretary: Bertha Cihula, 31713 White Rd., Willoughby Hills, OH 44092. Dir. of Men: Richard Rejna, 17020 Libby Rd., Cleveland, OH 44137. Director of Women: Ann Skoda, 1541 East 191st, Apt. 549, Euclid, OH 44119.

Sokol Detroit, Mich. — Meetings 1st Thursday, Sokol Cultural Center, 23600 West Warren, Dearborn Heights, Mich. 48127. President: Victor Hurych, 16958 Cicotte, Allen Park, MI 48101. Secretary: Henry Seidel, 10001 Pierson, Detroit, MI 48228. Financial Secretary: Joseph Wimmer, 241 S. Franklin, Dearborn MI 48124. Dues Secretary: Henry Vrbensky, 24232 Audrey, Warren, MI 48091. Director of Men: John Belavek, 52861 Brenton Dr., Rochester, MI 48063. Educational Director: Jan Sklenar, 1029 Island Drive Ct., Ann Arbor, MI 48105. Organizational Chairman: Peter Vlcko, 773 Farmhan, Lincoln Pk., MI 48146.

Sokolice Detroit, Mich. — Meetings 1st Thursday, Sokol Cultural Center, 23600 West Warren, Dearborn Heights, Mich. 48127. President: Jarmila Zboril, 10319 So. Morrow Circle, Dearborn, MI 48126. Secretary: Sophie Rosik, 8947 Memorial, Detroit, Mich. 48228. Financial Secretary: Josephine Kopecky, 15154 Susanna, Livonia, MI 48154. Dir. of Women: Mary Anne Kerr, 940 S. Gulley Rd., Dearborn Hts., Mich. 48125. Educational Director: Jennie Pazdernik, 10333 S. Morrow Circle, Dearborn, Mich. 48126.

Sokol Moravan, Toledo, Ohio. — Meetings 2nd Sunday, Playdium Hall, 1958 Front St., Toledo, OH 43605. President: Fred Bartos, 3444 St. Bernard St., Toledo, OH 43606. Secretary: Elizabeth Penovich, 2130 Nevada, Toledo, OH 43605. Financial Secretary: Don Saleta, 1809 Rivard Rd., Toledo, OH 43615.

Sokol Nova Vlast, Cleveland, O. — Meetings 2nd Sunday, Czech Hall, 4314 Clark Avenue, Cleveland, O. 44109. President: James Kocian, 12204 Longmead Ave., Cleveland, Ohio 44135. Secretary: Mildred Kolar, 3527 W. 97th St., Cleveland, O. 44102. Financial Secretary: June Brada, 4425 Streetsboro Rd., Richfield, Ohio 44286. Director of Men: Don Kotlan, 3405 W. 41st St., Cleveland, OH 44109. Director of Women: Jeanette Wagner, 3872 Mill Road, Richfield, Ohio 44286. Educational Director: Emil Pekar, 6801 Glenela Dr., Seven Hills, OH 44131.

Sokol Rip, Pittsburgh, Pa. — Meetings, 1st Friday every other month at Ruzomberka Restaurant, Grant Ave, Pittsburgh, PA 15209. President: Joseph A. Ciz, 8140 Remington Drive, Pittsburgh, PA 15237. Secretary: Ronald A. Hranicky, 1611 Myer Ave., McKeesport PA 15133. Financial Secretary: James Leder, 133 Mason Dr., Glenshaw, PA 15116.

Sokol Tyrs, Cleveland, Ohio. — Meetings every other month, Board of Directors, 2nd Thursday each month, 20110 Harvard Ave., Warrensville, OH 44122. President: Richard Franks, 2516 S. Taylor Rd., Cleveland, OH 44110. Sec'y.: Sally Stepnicka, 750 Northfield Rd., Bedford, OH 44146. Financial Secretary: Marie Whiteman, 6544 Highland Rd., Mayfield Hts., OH 44143. Director of Men: Bert Box, 13005 Thornhurst Ave., Garfield Hgts., OH 44105. Director of Women: Norma Eckhoff, 9304 Garfield Blvd., Cleveland, OH 44125.

Public Relations: Joseph Kocab, Jr., 4501 Cullen Dr., Cleveland, Ohio 44105.

CENTRAL DISTRICT, CHICAGO, ILLINOIS

Sokol Americky, Chicago, Ill. — Meetings, semi-annual at Old Prague Restaurant. President: Rose Spale, 317 N. River Dr., Algonquin, IL 60102. Secretary: Hilda Jelinek, 119 E. Lake St., Barrington, IL 60010. Financial Secretary: Mary Doubek, 1536 West 18th Street, Chicago, Ill. 60608.

Sokol Berwyn, Illinois. — Meetings 2nd Thursday, Sokol Berwyn, 6445 W. 27th Place, Berwyn, Ill. 60402. President: Fred Krimmel, 809 Greenwood Ct., Roselle, IL 60172. — Secretary: Marie Knez, 6513 W. 27th Place, Berwyn, Ill. 60402. Financial Secretary: Stana Ziemba, 327 Herrick Road, Riverside, IL 60546. Director of Men: Eddie Jelinek, 3619 Wenhah Ave., Berwyn, IL 60402. —

Director of Women: Carol Strejc, 4133 S. Harlem Ave. Apt. 2, Stickney, IL 60402. Educational Director: Fred Kala, 6512 W. 27th St., Berwyn, IL 60402.

Sokol Brookfield, Ill. — Meetings 1st Wednesday, National Hall, 3909 Prairie Ave., Brookfield, Ill. 60513. President: Rudolph Svoboda, 2343 S. 14th Ave., No. Riverside, IL 60546. Secretary: Doris Barda, 3436 Arden, Brookfield, IL 60513. Financial Secretary: Rose Fritsch, 3921 Forest, Brookfield, Ill. 60513. Director of Men: Jerry Michalek, 2241 10th Ave., North Riverside, IL 60546. Director of Women: MaryJane Navratil, 2323 S. 14th, No. Riverside, IL 60546. Educational Director: Ernest Pirka, 1248 W. Addison, Chicago, IL 60613.

Sokol Cechie, Chicago, Illinois. — Meetings 3rd Tuesday, National Hall, 1643 N. Cicero Ave., Chicago, Ill. 60639. — President: Otto Glasser, 587 E. Parkway Rd., Riverside, Ill. 60546. Secretary and Financial Secretary: Elsie Bahnick, 1241 S. 57th Ave., Cicero, IL 60650.

Sokol Chicago, Ill. — Meetings 3rd Monday, Sokol Berwyn, 6445 W. 27th Pl., Berwyn, Ill. 60402. President: Stanley Barcal, 2437 S. Harvey Ave., Berwyn, Ill. 60402. Secretary: Charles Zdenek, 9709 S. Mason, Oak Lawn, Ill. 60453. Fin. Secretary: Robert Barcal, 1522 S. 58th Court, Cicero, Illinois 60650.

Sokolice Chicago, Ill. — Meetings 3rd Monday, Sokol Berwyn, 6445 West 27th Place, Berwyn, Ill. 60402. President: Ann Falta, 2540 S. St. Louis Ave., Chicago, Ill. 60623. Secretary: Rose Barcal, 2437 Harvey Ave., Berwyn, Ill. 60402. Financial Secretary: Sylvia Murphy, 2416 So. Grove Ave., Berwyn, Illinois 60402.

Sokol Fuegner, Ill. — Meetings 3rd Friday, 10756 Greenbay Ave., Chicago, IL 60617. President: Gene Johnson, 10433 Ave. "F", Chicago, IL 60617. Secretary and Financial Secretary: Ken Williams, 10546 Ave. "F", Chicago, IL 60617.

Sokol Havlicek-Tyrs, Chicago, Illinois. — Meetings 2nd Wednesday, Sokol Havlicek-Tyrs, 2619 S. Lawndale Ave., Chicago, Illinois 60623. President: Laddie Vyskocil, 964 S. Milwaukee, Wheeling, IL 60090. — Secretary: Frank Michalek, 4342 S. Wisconsin Ave., Stickney, IL 60402. Financial Secretary: Václav Zenisek, 3142 Highland Ave., Berwyn, IL 60402. Director of Men: Joseph Rus, 3834

Clinton Ave., Berwyn, IL 60402. Educational Director: Frank Michalek, 4342 Wisconsin Avenue, Stickney, IL 60402.

Sokolice Havlicek-Tyrs, Chicago, Illinois. — Meetings 2nd Wednesday, Sokol Havlicek-Tyrs Hall, 2619 S. Lawndale Ave., Chicago, IL 60623. President: Ann Basta, 2629 S. Maple Ave, Brookfield, IL 60513. — Secretary: Zdenka Tintera, 2900 Lincoln Ave., North Riverside, Ill. 60546. Financial Secretary: Louise Hladik, 5511 W. 23rd Place, Cicero, Ill. 60650. Director of Women: Helen Tuma, 5122 W. 29th Pl., Cicero, Ill. 60650. Organizational Chairman: Louise Kmen, 2520 S. Harding Ave., Chicago, IL 60623.

Sokol Milwaukee, Wisconsin. — Meetings 1st Thursday, International Institute, Milwaukee, Wis. President: Rudy Richter, 5518 W. Roosevelt Dr., Milwaukee, WI 53216. Sec'y. Fred C. Stankovsky, 14325 Sun Valley Dr., New Berlin, Wis. 53151. Financial Secretary: Charles Richter, 5459 No. 38th St., Milwaukee, Wis. 53209. Director of Men: Fred C. Stankovsky, 14325 Sun Valley Dr., New Berlin, Wis. 43151. Educational Director Henry Zelenka, 2852 N. 78th Street, Milwaukee, WI 53222. Organizational Chairman: Fred C. Stankovsky, 14325 W. Sun Valley Dr., New Berlin, WI 53151.

Sokolice Milwaukee, Wisconsin. — Meetings 1st Thursday, International Institute, Milwaukee, Wis. President: Lillian Funk, 4817 N. Hollywood Ave., Whitefish Bay WI 53217. Secretary: Christine Greiner, 3206 E. Grange Ave., Cudahy, Wis. 53110. Financial Secretary: Helen Pilger, 2974 N. 45th St., Milwaukee, WI 53210. Director of Women: Emily Falarsh, 4435 N. 49th St., Milwaukee, Wis. 53218.

Pizensky Sokol of Chicago, Ill. — Meetings 2nd Thursday, CSA Building, 2137 Lombard Avenue, Cicero, IL 60650. President: John Solin, 717 Spring St., LaGrange, IL 60525. Secretary: Alice Cordes, 300 Marion St., Elmhurst, IL 60126. Financial Secretary: Joseph Kilberger, 3735 Arthur Ave., Brookfield, IL 60513.

Sokol Racine, Racine, Wisconsin. — Meetings last Wednesday, Sokol Racine Hall, 1313 Lincoln St., Racine, Wis. 53402. President: James J. Fetek, 4905 James Ave., Racine, Wis. 53402. Secretary: Steve J. Mostenan, 7914 — 20th Ave., Kenosha, Wis. 53140. Fin. Secretary: Frank Groulik, 2044 E. Erie Street, Racine, Wis. 53402.

Director of Men: Steve J. Mostenan.

Sokolice Racine, Racine, Wis. — Meetings last Wednesday of March, June, Sept., Dec., Sokol Racine Hall, 1313 Lincoln St., Racine, Wis. 53402. President: Helen David, 1305 Carlisle Ave., Racine, WI 53404. Secretary: Dolly Mostenan, 7914 — 20th Ave., Kenosha, WI 53140. Financial Secretary: Lois Nikl, 900 Romaine Ave., Racine, WI 53402. Director of Women: Alice Larson, 1834 Polaris Ave., Racine, Wis. 53404.

Sokol Rozvoj, Chicago, Illinois. — Meetings 2nd Thursday every 3rd month. Danish American Athletic Center, 4624 N. Pulaski Road, Chicago, Illinois 60630. — President: Rudolph Gurtler, 6416 W. 28th St., Berwyn, Ill. 60402. Secretary: Hedvika Vrba, 2135 S. Kenilworth Ave., Berwyn, Illinois 60402. Financial Secretary: Ann Bagel, 4906 West Berwyn, Chicago, Ill. 60630.

Sokol Slavsky, Cicero, Illinois. — Meetings 1st Wednesday, Gold Room, CSA. Bldg., 2138 S. 61st Court, Cicero, Ill. 60650. — President: John M. Satek, 5310 W. 24th St., Cicero, IL. 60650. — Secretary: Josephine Drnec, 5715 W. 23rd Street, Cicero, Ill. 60650. Financial Secretary: Frank Marecek, 2617 So. Clinton Ave., Berwyn, Ill. 60402. Director of Men: John Satek, 5310 W. 24th St., Cicero, IL. 60650. Director of Women: Carol Rocush, 1519 51st Ave., Cicero, IL 60650. Educational Director: Edwin Halik, 3634 Ridgeland Ave., Berwyn, IL 60402. Organization Chairman: Jerry Zitko, 1603 61st Ct., Cicero, IL 60650.

Sokol St. Louis, Mo. — Meetings: 4th Monday, — American-Czech Educational Center, 4690 Lansdowne, St. Louis, Mo. 63116. President: Ronald Triska, 7029 Mardel St., St. Louis, MO 63109. Secretary: Lawrence Ryll, Jr., 3709 S. Spring Ave., St. Louis, MO 63116. Fin. Secretary: Henry Rak, 4201 Heidelberg Ave., St. Louis, Mo. 63123. Director of Men: Norman Ulrich, R.R. 1, St. Clair, MO 63077. Educational Director: William Shana 9145 Desmond St., Louis, MO 63126.

Sokolice St. Louis, Mo. — Meetings 4th Mon. American Czech Educational Center, 4690 Lansdowne, St. Louis, MO 63116. President: Camilla Ulrich, 4225 Gannett, St. Louis, MO 63116. Secretary: Kamilla Shana, 9145

Desmond, St. Louis, MO 63126. Financial Secretary: Sophia Dostal, 4504 Minnesota, St. Louis, MO 63111. Director of Women: Helen Pesoat, 6401 Mardel, St. Louis, MO 63109.

Sokol Stickney, Illinois. — Meetings 1st Wednesday, except July and August. Sokol Stickney, 4131 S. Home Avenue, Stickney, Illinois 60402. President: William Meyer, 3928 Home Ave., Stickney, IL 60402. Secretary: Margaret Sheridan, 3939 Clarence Avenue, Stickney, Ill. 60402. Fin. Secretary: Ann Muzik, 9030 Rochester, Brookfield, IL 60513. Director of Men: Irvin Triner, 4223 So. Home Ave., Stickney, IL 60402. Director of Women: Evelyn Vizek, 4322 Maple Ave., Stickney, IL 60402. Educational Director: Charles Borvansky, 4542 Hawthorne, Lyons, IL 60534.

Sokol Tabor, Berwyn, Illinois. — Meetings 1st Friday, Sokol Tabor, 1602 S. Clarence Ave., Berwyn IL 60402. President: James Berousek, 2517 Forest, No. Riverside, IL 60546. Secretary: Joseph Moravec, Jr., 1346 Kenilworth Ave. Berwyn, IL 60402. Financial Secretary: Tom Sotka, 245 Walnut Creek Lane, Apt. 1205, Lisle, IL 60532. — Director of Men: Tom Sotka, 245 Walnut Creek Lane, Apt. 1205, Lisle, IL 60532. — Educational Director: Charles Prchal, 2419 Scoville Ave. Berwyn, IL 60402.

Sokolice Tabor, Berwyn, Illinois. — Meetings 1st Friday, Sokol Tabor, 1602 S. Clarence Ave., Berwyn, Ill. 60402. President: Mae Linhart, 1820 Ridgeland Ave., Berwyn, Illinois 60402. Secretary: Camille Pekarek, 1538 Harvey Ave., Berwyn, Ill. 60402. Financial Secretary: Helen De Klyen, 1329 S. Euclid Ave., Berwyn, Ill. 60402. Director of Women: Joyce Bona, 1824 Wesley, Berwyn, IL 60402. Public Relations: Jane Jurew, 710 S. Humphrey, Oak Park, IL 60304.

Sokol Town of Lake, Chicago, Ill. — Meetings 2nd Wednesday. Polish Highlander Hall, 3035 W. 51st Street, Chicago, Ill. 60632. President: George Vytlačil, 12515 Harold Ave., Palos Hts., Ill. 60463. Secretary: Anton Smunt, 5342 So. Fairfield Ave., Chicago, Ill. 60632. Fin. Secretary: James Jansky, 1517 Ostrander Ave., La Grange Park, Ill. 60525. Educational Director: James L. Cihak, 405—50th Pl., Western Springs, Ill. 60558.

Sokolice Town of Lake, Chicago, Illinois. — Meetings 2nd Wednesday every other month, Polish Highlander Hall, 3035 W.

51st Street, Chicago, Ill. 60632. President: Irene Ruzicka, 3308 West 66th Street, Chicago, Illinois 60629. Secretary: Harriet Jansky, 1517 Ostrander Ave., LaGrange Pk., IL 60525. Financial Secretary Blanche J. Cihak, 405 W. 50th Place, Western Springs, IL 60558.

Sokol West Suburban, Downers Grove, Ill. — Meetings 4th Tuesday. Mailing address: Sokol West Suburban, P.O. Box 181, Downers Grove, IL 60515. President: Barbara Donda, 22W507 Sycamore, Glen Ellyn, IL 60137. Secretary: Evelyne Behounek, 4827 Cornell, Downers Grove, IL 60515. Treas.: Sylvia Pistorius, 342 Naperville Rd., Westmont, Ill. 60559. Director of Men: James Jindra, 749 Hitchcock, Lisle, IL 60532. Director of Women: Sylvia Pistorius, 342 W. Naperville Rd., Westmont, IL 60559.

WESTERN DISTRICT, OMAHA, NEBRASKA

Sokol Cedar Rapids, Iowa. — Meetings 1st Monday, Sokol Hall, 415 — 3rd St. S.E., Cedar Rapids, Iowa 52401. President: Jos. Pazour, 72 — 18th Avenue S.W., Cedar Rapids, Iowa 52404. Secretary: Don Pulkrab, 2436 — 1st St. S.W., Cedar Rapids, Iowa 52404. Financial Secretary: Dennis Hrabak, 1731 Hamilton S.W., Cedar Rapids, Iowa 52404. Director of Men: Rick Bartunek, 2709 Primrose Lane S.W. Cedar Rapids, IA 52404. Educational Director. Theodore Hlubucek, 137—37th St., N.E. Cedar Rapids, IA 52402. Organizational Chairman: Dick Kittrell, 1527—48th St., N.E., Cedar Rapids, IA 52402.

Sokolice Renata Tyrsova, Cedar Rapids, Iowa. — Meetings 1st Monday, Sokol Hall, 415 — 3rd Street S.E., Cedar Rapids, Iowa 52401. President: Libbie Melsha, 2449 Wisconsin St., S.W. Cedar Rapids, IA 52404. — Secretary: Mana Zlatohlavek, 392 — 16th Ave. S.W., Cedar Rapids, Iowa 52404. Financial Secretary: Mary Ann Pochobradsky, 2419 Victoria Dr. S.W. Cedar Rapids, IA 52404. Director of Women: Kveta Smith, 1940 Washington S.E. Cedar Rapids IA 52403. Educational Director: Kveta E. Smith, 1940 Washington Ave. S.E., Cedar Rapids, IA 52403.

Sokol Crete, Nebraska. — Meetings 1st Wednesday, Sokol Auditorium, 12th and Norman St., Crete, Nebr. 68333. President: Steve E. Pomajzl. RFD 2, Wilber, NE 68465. Secretary and Fin. Sec'y.: Lester Bruns, 1444 Kingwood

Ave., Crete, NE 68333. Director of Men and Educational Director: Elmer G. Pomajzl, 1117 Oak St., Crete, Nebr. 68333.

Sokolice Libuse, Crete, Nebr. — Meetings 1st Wednesday, Sokol Hall, 136 West 12th Street, Crete, Nebraska 68333. President: Alice Kalkwarf, 807 Oak Street, Crete, Nebr. 68333. Secretary: Blanche Heeren, R. R. 1, Box 136, Crete, Nebr. 68333. Financial Secretary: Alice Kovarik, 729 Norman, Crete, Nebr. 68333. Director of Women: Jean Logsdon, Rt. 1, Crete, NE 68333. Educational Dir.: Albina Banks, 506 Oak St., Crete, NE 68333.

Sokol Fuegner-Tyrs, So. Omaha, Nebraska. — Meetings 1st Monday, So. Omaha Sokol Hall, 5601 S. 21st Street, Omaha, Nebr. 68107. President: Edward Pavoucek, 2306 Jefferson, Bellevue, Nebr. 68005. Secretary: Joseph Hermanek, 3328 Pine St., Omaha, NE 68105. — Financial Secretary: Victor F. Novotny, 4621 Valley, Omaha, Nebr. 68105. Director of Men: Vojmir Benak, 5919 S. 15th Street, Omaha, NE 68107. Educational Director: Victor Smisek, 3615 Martha St., Omaha, NE 68105. Organization: Jerry Divoky, 1511 9th North, Bellevue, NE 68005.

Sokolice South Omaha, Nebraska. — Meetings 2nd Tuesday, So. Omaha Sokol Hall, 5601 South 21st Street, Omaha, Nebraska 68107. President: Emma Benak, 5919 S. 15th St., Omaha, NE 68107. Secretary: Virginia Patera, 4426 Madison St., Omaha, NE 68107. Financial Secretary: Barbara Swoboda, 5816 So. 15th Street, Omaha, Nebr. 68107. Director of Women: Phyllis Jirka, 6514 S. 45th Street, Omaha, NE 68117.

Sokol Omaha, Nebr. — Meetings, 1st Monday, Sokol Auditorium, 2234 S. 13th St., Omaha, Nebr. 68108. President: James Velehradsky, 1322 "U" St., Omaha, Nebr. 68107. Secretary: Joseph Susterka, 3920 Wright St., Omaha, Nebr. 68105. Financial Secretary: Gustav Cisar, 3106 Vinton, Omaha, NE 68105. Director of Men: Gary Masek, 4048 S. 13th St., Omaha, NE 68107.

Sokolice Omaha, Nebraska. — Meetings 1st Monday, Sokol Auditorium, 2234 S. 13th St., Omaha, NE 68108. President: Helen Karpisek, 2205 S. — 6th, Omaha, NE 68108. Secretary: Violet Callaway, 513 Bellevue Blvd., N. Bellevue, NE 68005. — Financial Secretary: Mildred Krejci, 2428 S. 14th Street, Omaha, Nebr. 68108. Director of

Women: Beverly Kilborn, 1505 Polk Street, Omaha, Nebr. 68107. Educational Director: Linda Beran, 14942 Holmes St., Omaha, NE 68137. Organizational Chairman: Gladys Velehradsky, 1322 "U" St., Omaha, NE 68107.

Sokol Schuyler, Nebraska. — Meetings 2nd Wednesday, Ed Vारेजका's Basement, 418 East 14th Street. President: Jaroslav Schmid, 509 East 15th. Secretary: Ed Vारेजका, 418 East 14th. Financial Secretary: John Krca, 1009 East "A" Street. All in Schulyer, NE 68661.

Sokol Wilber, Nebr. — Meetings 1st Monday, Sokol Auditorium, Wilber, Nebraska. — President: Lois Havel, P.O. Box 463, Wilber, NE 68465. Secretary: Doris Behrens, Wilber NE 68465. Financial Secretary: Lillie Kovar, 303 Main, Wilber, NE 68465.

NORTHERN CIRCUIT OF WESTERN DISTRICT

Sokol Hopkins, Minnesota. — Meetings 2nd Saturday at members homes. President: Josephine Krusina, 4237 Oak Drive Lane, Hopkins, Minn. 55343. Secretary and Fin. Secretary: Ludmila Kaminsky, 11401 N. Oakvale Road, Hopkins, Minn. 55343.

Sokol Minneapolis, Minnesota. — Meetings 2nd Saturday every other month. — President: Edward Andrle, 4827 N. Bryant Ave., Minneapolis, Minn. 55430. Secretary: Frances Hosek, 3350 Upton Ave. No., Minneapolis, Minn. 55412. Financial Secretary: Luella Greb, 3514 Utah Ave. S., St. Louis Park, MN 55426.

Sokol St. Paul, Minnesota. — Meetings 4th F r i d a y, 381 Michigan, St. Paul, Minn. 55102. President: Donald J. Andrle, 2492 N. Oxford St., St. Paul, MN 55113. Secretary: Vi Todora, 445 Bay Ave., St. Paul, MN 55102. Fin. Secretary: Shirley M. Bastyr, 930 Chippewa Ave., St. Paul, MN 55118. Men's Director: Robert Bastyr, 930 Chippewa, St. Paul, MN 55118. Director of Women: Pauline J. Vanyo, 364 Goodhue St., S. Paul, MN 55102. Educational Director: Lucille Pavlicek, 1461 Edgcumbe Rd., St. Paul, MN 55116.

SOUTHERN CIRCUIT OF WESTERN DISTRICT

Sokol Caldwell, Kansas. — Meetings 1st Sunday, Sokol Hall, 12 miles west of Caldwell, Kansas 67018. President: Joseph Netahla,

Route 1, Bluff City, Kansas 67018. Secretary: Carrie Anton, Bluff City, Kansas 67018. Fin. Secretary: Louise Skeen, Bluff City, KS 67018.

Sokol Karel Jonas, Wilson, Kansas. - Meetings 1st Sunday every 3rd month, Wilson Opera House, Wilson, KS 67490. President: Joe Sebesta, Wilson, KS 67490. — Sec'y.: Alice Sula, Wilson, KS 67490. Treasurer: Joe Adamek, Wilson, Kansas 67490.

SOUTHERN DISTRICT, DALLAS, TEXAS

Sokol Corpus Christi, Texas. — Meetings 2nd Sunday, Sokol Hall, 5440 Kostoryz Rd., Corpus Christi, TX 78415. President: Frank Veselka, 4949 Blundell, Corpus Christi, TX 78425. Secretary: Frank L. Sacky, 4105 Dublin Dr., Corpus Christi, TX 78413. Financial Secretary: Adela Sijansky, Route 3, Box 277, Corpus Christi, TX 78415. Director of Men: Jerry Sijansky, 1233 Belmeade Dr., Corpus Christi, TX 78412. Director of Women: Sandra Howard, 5833 Rio Vista Dr., Corpus Christi, TX 78412. Educational Director: Gale Thompson, 11613 Haven Rd., Corpus Christi, TX 78410.

Sokol Fort Worth, Tex. — Meetings last Monday, Sokol Hall, 3221 N.W. 28th Street, Ft. Worth, Tex. 76106. President: Donald D. Steinman, 1700 N.W. 20th St., Ft. Worth, TX 76106. Secretary: Anne Johnson, 5713 Buchanan St., Ft. Worth, Texas 76114. Financial Secretary: Jeannie Mason, 2319 Loving, Fort Worth, Tex. 76106. Director of Men: Jerry Milan, 6208 Lakeside Drive, Fort Worth, Tex. 76135. Director of Women: Henrietta Milan, 6208 Lakeside Drive, Fort Worth, TX 76135.

Sokol Houston, Texas. — Meetings 3rd Tuesday, Sokol Houston Hall, 1314 West Patton, Houston, TX 77429. President: Charles Petrzelka, Rt. 1 Box 115, Cypress, TX 77429. Secretary: Cecilia Adkins, 6806 Victoria, Houston, TX TX 77020. — Financial Secretary: Elsie Svec, 9602 Airline Dr., Houston, Tex. 77037. Director of Men: Sidney Soukup, 3142 Fondren, LaPorte, TX 77571. Director of Women: Norma Petrzelka, Rt. 1 Box 79, Cypress, TX 77429. Educational Director: Jack Lang, 11906 Hillcroft, Houston, TX 77035. Organization-Membership: Elsie Svec, 9602 Airline, Houston, TX 77037.

Sokol Karel Havlicek-Borovsky, Ennis, Tex. — Meetings 4th Sunday, Sokol Hall, Rt. 2, Ennis, TX

75119. President: Edwin Laznovsky, Route 2. Secretary: Jeannette Zajic, 407 N. Preston, Apt. B2, Ennis, TX 75119. Financial Sec'y.: Bernice Hamilton, Rt. 2, Italy, TX 76651. — Director of Men: Lawrence Laznovsky, Rt. 1. — Director of Women: Sylvia Laznovsky, Route 1. Educational Director: Jerry Laznovsky, Route 2, All Ennis, TX 75119.

Sokol Karel Havlicek, Yukon, Oklahoma. — Meetings 1st Sunday, Czech Hall, Rt. 3, 2½ miles South of Yukon, Okla. 73099. President: John Kouba, Rt. 2, Box 101, El Reno, OK 73099. — Secretary: Anna Smrcka, Route 3, Box 140, Yukon, Okla. 73099. Financial Secretary: Willie Kouba, 3835 W. Liberty, Oklahoma City, Okla. 73107. Director of Men: Loren Skarky, 7730 N.W. 25th, Bethany, OK 73008. Director of Women: Gail Fletcher, 817 McCall Norman, OK 73069.

Sokol Praha, Prague, Okla. — Meetings 1st Tuesday. Sokol Hall, Main and Avenue A, Prague, Okla. 74864. President: James Pospisil, Rt. 2. Secretary: Leonard Walenta, Route 1. Director of Men: Frank Sefcik, All Prague, Okla. 74864.

Sokol Zizka, Dallas, Texas. — Meetings 3rd Sunday, Sokol Athletic Center, 7448 Greenville Ave., Dallas, Texas 75231. President: Joseph Ehrenberger: 10411 Maple-ridge Drive, Dallas, Texas 75238. Secretary: David Nesuda, 16 Eastcreek, Plano, TX 75074. —

Financial Secretary: Marie Janoušek, 11221 Desdemona, Dallas, TX 75228. — Director of Men: Charles R. Thompson, 9749 Gatecrest, Dallas, TX 75238. Director of Women: Frances McClure, 1423 Lebanon, Dallas, TX 75208. Educational Director: Oldrich Parma, 6418 Maple Ave., Dallas, TX 75235.

PACIFIC DISTRICT, LOS ANGELES, CALIF.

Sokol Fresno, Calif. — Meetings 2nd Sunday each month, in different homes. — President: Emil J. Prudek, 5635 E. Shaw, Clovis, Calif. 93612. — Secretary: Helen Hulbert, 7823 No. Temperance, Clovis, Calif. 93612. Financial Secretary: Mary Falls, 8395 N. Peach, Clovis, CA 93612. — Director of Men: Lew Duzi, 1706 W. Dayton, Fresno, CA 93705. Director of Women: Marty Lizak, 419 Williams Ave., Madera, Calif. 93637. Educational Director: Frank Krasny, 1033 Delphia, Fresno, CA 93728. Organization Chairman: John Pokorny, Jr., 5333 Teague St., Clovis, CA 93612.

Sokol Los Angeles, California. — Meetings 2nd Friday, Sokol Hall, 500 N. Western Ave., Los Angeles, Calif. 90004. President: Vaclav Salak, 518 No. Niagara, Burbank, Calif. 91505. Secretary: Louise Nekuda, 12242 Magnolia, N. Hollywood, CA 91607. Financial Secretary: V. Horacek, 758 24th St. San Pedro, CA 93732. Director of Men: Vaclav Liska, 303 St. Pierre Rd., Los Angeles, CA 90024.

Director of Women: Ruth Santo, 450 S. Rexford Dr., Beverly Hills, CA 90212. Educational Director: Jiri Liska, 303 St. Pierre Rd., Los Angeles, CA 90024.

Sokol Portland, Oregon. — Meetings 2nd Sunday, 3921 S.E. Meetings 2nd Sunday at Cherney residence. — President: Alois Spousta, 13525 S.W. Bend Rd., Tigard, OR 97223. — Secretary: Helen Havel, 1914 NE 67th Ave., Portland, OR 97213. Fin. Secretary: Julia Cepica, 4224 N.E. 20th Ave., Portland, OR 97211. Educational Director: James Bubenik, 6117 S.E. Monroe, Portland, OR 97222.

Sokol San Francisco, Calif. — Meetings: Second Monday, 847 No. San Mateo Dr., San Mateo, Calif. 94401. President: Jaromir Marek, 7243 Carran Ave., Stockton, Calif. 95207. Secretary: Victor Machacek 1655 Funston, San Francisco, CA 94122. Financial Secretary: Elizabeth Bele, 11 Fairview, Millbrae, CA 94030. Educational Director: Jan Kucera, 1914 11th Ave., San Francisco, CA 94122. Director of Men: Al Meier, 1216 Balboa, Burlingame, CA 94010. Director of Women: Mary Francis Meier.

Sokol Seattle, Washington. — Meetings once every 2 months. — President: Jaroslav Zimiek, 4015 Ashworth, Seattle, WA 98103. — Secretary: Jerry Korvas, 1701 SE 18th Pl., Renton, WA 98055. Fin. secretary: Vilma Vojta, 8475 West Mercer Way, Mercer Island, WA 98040.

Akademie Sokolů a Sokolic v Detroit

Byla uspořádána v neděli dne 28. ledna v sokolském domově. Přijelo přes 700 osob s výjimkou cvičících členů v počtu 160. Prostorná Sokolovna nemohla více lidí pojmout, takže přes 200 osob muselo být odmítnuto.

Starosta Sokola bratr Viktor Hurych, v anglickém proslovu vítal všechny přítomné. Taktéž i starostka sestra Jarmila Zbořilová. V anglickém proslovu vystihla sokolskou myšlenku a její náplň po celé století a ukončuje česky.

“Vážení hosté, sestry a bratři, přátelé! Právě je tomu šest let, kdy jsme oslavovali otevření naší krásné nové budovy. Od začátku se nám zdálo, že naše budova bude moc malá, ale statečně náš cvičitelský sbor se dal do práce, vše se ustálilo a pokračujeme v naší sokolské práci.

Vy, naši předkové, jste nám dali školy. Ačkoliv svět se stále mění, naše cíle jsou stejné a sokolstvo pokračuje dál, vzdělávat duševní i mravně, podle učeb našich zakladatelů, hlavně dra. Mir. Tyrše.

Doufáme, že budete spokojeni s našim programem a že si odnesete sokolskou vzpomínku. Na zdar!”

Musíme říci za všechny přítomné, že jsme si od-

nesli překrásnou sokolskou vzpomínku, hluboký citový dojem, ve kterém sestra starostka dala hold těm našim sokolským pracovníkům, kteří z ničeho dali základ a vedli po desetiletí všechnu tu národní a sokolskou práci, aby ji předali do rukou mladších, kteří nyní tak statečně kráčí v odkazu svých rodičů už i v třetí generaci a v těch káňatech v generaci čtvrté.

Bylo to krásné sokolské odpoledne, zaujalo všechny přítomné a není divu, že každé vystoupení bylo provázáno bouřlivým potleskem. Děkujeme všem cvičícím z hloubi srdce, děkujeme cvičitelskému sboru, jehož jména jsou: John Bělohávek, Jimmy Kalivoda, Louis Teichman, Jarmila Kalivodová, Petty Tomeš, Joan Spiroff, Renata Greene, Mary Ann Kerr.

V hudbě doprovodu na piano sestra Lillian Jaroh Bezručová, vkusné programy upravila sestra Janet Bělohávková a do tanečního sokolského víru, skoro samé české písně.

Akademie Sokola Detroit měla úspěch v každém směru. Byla osvěžením v tomto běhu života, přemnohým starším obnovila vzpomínky, kdy i oni v mladistvém věku cvičili a tu sokolskou ideu přinesli sem z té malé české, krásné země a zde v Americe nehyne, ale kvete v té americké krvi a doufejme, že jméno Sokol bude žít věčně, že až my zde nebudeme, ani ta druhá, třetí a čtvrtá generace. Sokolu Zdar!

Marta Poppová

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Sokol Washington, D.C.

Washingtonský Sokol po vánoční době dlouho nezahálel. Hned v prvním týdnu po Novém roce se členové sešli ve slušném počtu na členské schůzi, kde se dověděli kromě jiných zpráv, že br. Št'oviček, náčelník, začal s nacvičováním pro chigagský sokolský slet.

Byly vyslechnuty zprávy br. starosty a jednatele. Stejně tak podaly své zprávy ses. pokladník, účetní a zapisovatelka. Bylo oznámeno, že Sokolské Šibřinky se konají 24. února v rázu Mardi Gras (Péle-Méle). Schůze skončila promítáním filmů, na nichž jsme viděli několik sester a bratří, kteří nás opustili.

Úraz, zlomení levé nohy v holeni vyřadí br. starostu Matěje Neumanna z jeho aktivní činnosti na několik měsíců. Právě v době, kdy začíná jednota svou aktivitu, kdy je jeho rada a vedení nejvíce zapotřebí, kdy se chystají Šibřinky (zájezd divadla — Snížkova skupina — byl již odvolán), a jiné sokolské podniky, je br. starosta upoután na lůžko. Jeho úrazem pozbyla v něm na čas naše

jednota organizátora a hybnou páku veškerého podnikání sokolského a společenského pro další dobu. Věřím, že se brzy uzdraví a že jeho aktivní spolková činnost nuceným odpočinkem nepoleví.

Jan Klimeš

Nový výbor American Sokol, Inc. v Clevelandu

Byl zvolen nový výbor American Sokol, Inc., který má na starosti postavení nového sokolského střediska, plány a spravuje dosud získané fondy.

V jeho čele na rok 1973 jsou: br. Robert Jiroušek, předseda; br. Přemek Kocián, místopředseda; ses. Lillian Voleník, tajemnice; br. Richard Franks, pokladník; br. Emil S. Pekar, předseda finančního a právního podvýboru; br. James Krátký, Jr., předseda stavebního výboru; br. Lad Voris, předseda finančního podvýboru (Fund Raising); br. Dale F. Pátek, předseda správního podvýboru; br. Robert F. Kunc, správce majetku; ses. Rose Pšenička a br. Dennis Jiroušek, náhradníci.

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