

# AMERICAN SOKOL

VOL. XCV — NO. 2

FEBRUARY 1974

PUBLICATION OF THE AMERICAN SOKOL  
Educational and Physical Culture Organization

## A TIME FOR UNITED ACTION

The recent sale of the Sokol Havlicek Tyrs building in Chicago saw the final curtain on Sokol gymnastic activity in that city. The changing neighborhood, so typical of what has transpired in all of the nation's great cities during the past decade, necessitated this move. Sokol Havlicek Tyrs was the last of the gymnastically active Units within the city proper. The Victory Dance and the Awards Night during the XIII. Slet Days was the last formal Sokol function to be held in the old Sokol Hall.

It was in the 1920's and 30's that the Sokol movement reached its highest pinnacles. The heavy surge of immigrants during those fabulous years produced a golden era in the annals of Sokol history.

Those were the days when Sokol Units dotted many sectors of the city — Sokols Americky, Pilsen, Chicago, Havlicek Tyrs, Town of Lake, Rozvoj, Cechie and Sokol Fuegner on the very southeastern fringe of Chicago-land.

Yes! Those were indeed glorious years, but alas, time marches on. What were once proud bastions of Czech community life have all but vanished, and only memories remain. Presently, not one of the Sokol Units mentioned possesses a Home of its own; meeting periodically in rented quarters. With the exception of Sokol Chicago, merely content to remain together as a social group, contributing what they can towards the Sokol cause, financially and morally. During all these years, as the Units disposed of their facilities, not one of them made a move to rebuild to carry on in the Sokol tradition of physical culture and body development in some other locale.

But Sokol Havlicek Tyrs is attempting to make the transition — to establish a Sokol Center in another area. This is indeed a bold venture, requiring time, great initiative and daring, the same resolute spirit of determination that was manifested by our "showcase" Sokol Units in Detroit, St. Louis, Ennis, Dallas, Houston, and Sokol Fort Worth already having made its initial step with a vast land purchase. In Cleveland, the American Sokol, Inc. had made an identical purchase of land, only to be deterred by the local zoning ordinance. We hope this problem will be soon resolved.

This will perhaps be the last opportunity for all of the once proud Sokol Units in Chicago to gather up the pieces and unite with Sokol Havlicek Tyrs in making a new start in some other location. It will require the unstinted cooperation of all the people who hold Sokol dear at heart, everywhere!

GEORGE HERINK



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## Calendar of Events

MARCH 2nd — SOKOL BROOKFIELD, ILL.  
Gymnastic Exhibition.  
MARCH 9th — SOKOL TABOR, BERWYN, ILL.  
Gymnastic Exhibition.  
MARCH 9th — SOKOL OMAHA, NEBR.  
Sokolice 85th Anniversary Banquet.  
MARCH 9th — SOKOL SAN FRANCISCO, CAL.  
T. G. Masaryk Commemoration — Cultural  
Program — Czech Dinner & Dance .

MARCH 14th — SOKOLICE ST. LOUIS, MO.  
Chicken Dinner Special.  
MARCH 16th — SOKOL STICKNEY, ILL.  
Corned Beef & Cabbage Dinner.  
MARCH 17th — SOKOL SO. OMAHA, NEBR.  
St. Patrick's Day Dance — Frankie Hazuka  
Music.  
MARCH 17th — SOKOL SLAVSKY, CICERO, ILL.  
Gymnastic Exhibition — Morton East H.S.  
MARCH 23rd — SOKOL BERWYN, ILL.  
Gymnastic Exhibition.  
MARCH 27th — SOKOL OMAHA, NEBR.  
Sokolice Style Show at Southroads.  
APRIL 11th — SOKOLICE ST. LOUIS, MO.  
Chicken Dinner Social.  
APRIL 20th — SOKOL SAN FRANCISCO, CAL.  
An Evening with Jára Kohout, Czech Comic.  
APRIL 27th — SOKOL DETROIT, MICH.  
Spring Dance.  
APRIL 27th — SOKOL STICKNEY, ILL.  
Gymnastic Exhibition — Morton West High  
School.  
APRIL 28th — SOKOL ST. LOUIS, MO.  
Choral Group's Afternoon Czech Dinner Party.  
APRIL 29th — SOKOL OMAHA, NEBR.  
Mother & Daughter Banquet.  
MAY 4th — SOKOL WEST SUBURBAN, ILL.  
Gymnastic Exhibition.  
MAY 5th — SOKOL SOUTH OMAHA, NEBR.  
Annual Gymnasticale.  
MAY 5th — SOKOL OMAHA, NEBR.  
Spring Pork Dinner — Crowning Omaha Czech  
Queen.  
MAY 9th — SOKOLICE ST. LOUIS, MO.  
Chicken Dinner Social.  
MAY 17th — SOKOL OMAHA, NEBR.  
Falstaff Party.  
MAY 19th — SOKOL MILWAUKEE, WIS.  
Sokolice 75th Anniversary.  
MAY 21st — SOKOLICE HAVLICEK TYRS,  
CHICAGO, ILL.  
Bunco Party — 11 A.M. — Mid-America Build-  
ing, Cicero, Ill.  
MAY 25-26th — PACIFIC DISTRICT SLET,  
SAN FRANCISCO, CAL.  
Sokol San Francisco 70th Anniversary (Host).  
JUNE 2nd — EASTERN DISTRICT (SOUTHERN  
CIRCUIT)  
Wreath-Laying Ceremony at Arlington National  
Cemetery.  
JUNE 2nd — SOKOL MILWAUKEE, WIS.  
Annual Gymnastic Exhibition.  
JUNE 8-9th — SOKOL SO. OMAHA, NEBR.  
Sokol's Czech Festival.  
JUNE 21-23rd — WESTERN DISTRICT SLET  
Sokols Wilber and Crete, Co-Hosts.  
JUNE 23rd — CENTRAL DISTRICT SLET,  
RIVERSIDE, ILL.  
Riverside-Brookfield High School Stadium.  
OCT. 5th — SOKOL STICKNEY, ILL.  
Farmer's Dance.  
OCT. 10th — SOKOLICE ST. LOUIS, MO.  
Chicken Dinner Social.  
NOV. 14th — SOKOLICE ST. LOUIS, MO.  
Chicken Dinner Social.  
NOV. 15-17th — SOKOL MILWAUKEE, WIS.  
Holiday Folk Fair.

# AMERICAN SOKOL

VESTNÍK AMERICKÉ OBCE SOKOLSKÉ

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C. M. Prchal

## JINDRICH FUEGNER

Jindrich Fuegner, one of the founders of the SOKOL movement was born in Prague, September 12, 1882, the son of an old established merchant family. After his elementary schooling he entered the New Town Gymnasium in 1832. His parents were anxious to have him continue in the mercantile field. Young Fuegner gained his first training and education in this activity right in Prague. However, to acquire broader knowledge and become more proficient as a merchant he spent some time in Trieste and later traveled in Germany, Netherlands, Belgium, France and England. In this way he became acquainted with the leading mercantile establishments throughout Europe, at the same time gained other valuable knowledge and training.

Returning to Prague the young merchant entered his father's textile establishment, later taking over its complete independent management. He married Catherine Turecka on September 10, 1853. A year later, July 23, 1854, became the proud father of Renata, a daughter who grew up within the sphere of her father's influence. On August 18th, 1872, eighteen year old Renata married Dr. Miroslav Tyrs. Since then the three names, Fuegner, Tyrs and Renata became a treasured heritage to the entire nation. These three names, in fact, represent an inspiring program for a nation to follow. The same lofty ideals to which her father and husband devoted their lifetime, Renata, the daughter and wife followed unswervingly.

Early in 1854, Fuegner was appointed to the office of general agent for "NUOVA", an Italian Insurance Company, for which he gained a large popularity in Bohemia.

Five years later, in 1859, he was elected to membership of the Chamber of Commerce and Industry. In 1864 he left the office of the Insurance Company to become director of the Czech Mortgage Bank. He proved to be very competent in all matters pertaining to commerce and was sought after especially for his talents in organizational matters, and frequently called in as a qualified consultant. In fact, his word carried weight even in matters beyond commerce and industry, in problems concerning the entire country.

Fuegner's private library was known to contain nearly all of the leading works in European literature; became one of the largest and most selective of all the private collections in all Bohemia. This is best attested by Fuegner's own linguistic and encyclopedic knowledge. Outstanding writers, patriotically minded, were known almost as daily guests in his family circle. He loved music, especially serious, classical compositions. The organ became his favorite musical instrument. He held in deep reverence old Bohemian Choral selections and helped perpetuate them. Among Fuegner's other credits must be mentioned his efforts on behalf of then growing Bohemian shorthand and its wider use.

It must be emphasized at this point that in spite of all of Fuegner's accomplishments his greatest claim to recognition was his role as President of the Prague Sokol; elected to this office at the general meeting on February 16th, 1862. He was not only the first President, but in this office he proved himself unique in his approach to the problems of the unit's efforts; participating most ardently in gymnasium activities, in excursions and consultations.

In those days, the Bohemians active in National life were used to cramped, limited conditions, and so, we find the SOKOL renting the quarters of the Regional teacher of gymnastics, Jan Malypetr, who was able to offer his hall only during certain limited hours. Fuegner in order to avoid opposition rented the spacious Apollo Hall for an annual fee of 1800 gulden. Although many of Sokols looked upon this venture with doubts, the rental agreement was approved, April 10, 1862, after Fuegner asserted he would assume the full payment if not consented by the unit. By this bold step Sokol moved forward, far ahead of any of the other organizations in Prague. Through Fuegner's relentless efforts the Sokol Hall was equipped with all necessary apparatus. The unit grew from its original 80 members to one thousand.

Editor's Note: — The above article will be concluded in next month's issue of the American Sokol publication.

**Enroll That New Sokol Member NOW!**

## MEETING OF THE EXECUTIVE BOARD OF THE A.S.O.

JANUARY 22, 1974

Vice-Pres., Sis. Betty Prener presided in the absence of Bro. Stanley Barcal. Present: Bros. G. Basta, E. Linhart, J. Janecka, G. Herink, J. Rabas. Sisters J. Pros, A. Sotka, E.J. Schnabl, A. Basta, L. Zdenek.

Correspondence: Invitation from Sokol Milwaukee to have Sisters Prener and Pros as guest speakers at their 75th Anniversary Dinner, May 19th, approved. — Inquiry from Sokol Newark regarding dual membership and transfer information. — Also inquiry from Bro. Pavoucek as to Merit Award applicants. — Birthday Greetings sent to Bro. Karl Zahradnick on his 80th birthday.

Director of Women, Sis. Schnabl: Attended Central District's Women's BOI meeting. — Also the District's Annual Meeting. — Judged 4 Girls High School Gymnastic Meets. — Working with the ASO Educational Committee. — ASO Gymnastic Skills Program will be revised. — Recommended renewal of the USGF Magazine subscription.

Director of Men, Bro. Linhart: Attended the Annual Meetings of the Central District and Sokol Brookfield. — Invited to the District's BOI Annual Meeting, Feb. 17th. — Sis. Pros will write and ask Sokol USA, Polish Falcons, Catholic Sokols, D. A. Sokol, Orel and Turners to send letters requesting the inclusion of Gymnastics in the President's Program. — Received Bro. Kalat's complete Slet Trophy report. — Approved, payment of \$282.22 to Bro. Paul Fina, attending USGF Conference.

Financial Sec'y., Sis. Sotka: Tax reports prepared and federal taxes deposited. — Changes of address mailed 32 Units, no let-up in changes on mailing list, 308 in December. — Received refund of \$173.28 from the Cicero-Berwyn-Press, one-half cost for alterations in the Slet Program Book. — Mailed checks to the 13 Merit Award winners. — Sokol St. Louis requesting some eulogies.

Treasurer, Bro. Basta: In agreement with report of Financial Sec'y. — Displayed comparison chart for the past 3 years.

Publicity, Sis. Basta, Bro. Rabas: Christmas Greetings placed in various newspapers. — Approved, \$10.00 be paid Sis. Zackova for greetings on radio.

Uniform Division, Sis. Prener: Books will be audited. — Requested permission to purchase a 2-drawer file, approved.

Educational Committee: Bro. Barcal and Sis. Prener are Co-chairmen. — Meeting was held on Jan. 8th. — All Executive Board members requested to write a short resume of their duties. — Bro. Pirka is compiling listing of historical dates. — All material printed in the American Sokol pertaining to this committee will be cleared by the same. — Articles will appear once a month in the Sokol publication. If space is available additional articles may appear. — Approved, to have 10,000 Educational Pamphlets be printed by the Cicero-Berwyn Press at \$523.73 plus cost of cuts and updating.

Sec'y., Sis. Pros: Unit Rosters are coming in slowly. Stresses the importance of the listings. Mailing plates changed as Rosters are received.

General Discussion: A.B. Dick service contract approved at \$90.00, and Royal Copier service contract approved at \$75.00. — Bro. Joseph Sotka and Miles Pros, Sr. each received \$50.00 for work in paneling of the ASO Office. Various other work will soon be done in the Sokol Headquarters by Miles Pros, Jr., Rick Barcal and George Bartusek. — Purchase of a stencil file was approved. — All obsolete Sokol files will be discarded. — Movies of the XIII. Slet taken by Bros. Milan and Laznovsky plus the ASO Slides were to be shown, January 27th.

## DISTRICT REPORTS

### Southern District

DECEMBER 6, 1973

Pres., Bro. George Prevratil presided. Present: Bros. Don Steinman, Larry Laznovsky, Oldrich Parma, Miro Jurcik, Harrell Hamilton, H. B. Smith, Stuart Hamilton. Sisters Sylvia Laznovsky, Bernice Hamilton, Rose Steinman, Helen Parma, Vlasta Laznovsky. Guest, Bro. Joseph Pokladnik.

Correspondence: Unit reports from Sokols Houston, Yukon, Corpus Christi. Also, their 1974 officers and committees.

#### UNIT REPORT

Sokol Corpus Christi: Nov. meeting, 24 in attendance. Gained 10 regular members. — Held Barbeque picnic, Oct. 25th. — Annual meeting, Nov. 11th. — Social and Flea market, Nov. 18th. — Calendar sale to raise funds for equipment.

Sokol Zizka: Annual meeting attendance, 74. Gained 3 regular, 14 associate members. — 2 dances and 3 rentals. — Christmas party to be held jointly with SPJST Lodge, Dec. 16th. — Gymnasts presented a program for the physical education teachers at the Fairmont Hotel. — Plan to participate at the dedication of the Dallas Convention Center.

Sokol Karel Havlicek-Borovsky: Nov. meeting, 33. Gained 20 regular, 15 associate members. — Dance, Dec. 8th. — Will hold Christmas party and program with SPJST and WFLA Lodges, Dec. 9th. — Will participate in Dallas Convention Hall dedication. — Elected Educational Director. — Will host 1974 District Slet.

Sokol Fort Worth: Gained 11 associate members. — Held fund-raising project for Free-exercise pad. — Will take part in the Dallas Convention Center. — Working on Skills tests. — Christmas party and program, Dec. 20th. — Annual meeting, Dec. 17th. — Newsletter published in November.

Sokol Houston: Nov. meeting, 25. Gained 1 regular, 5 associate members. — Thanksgiving dance held, Nov. 21st. — Annual meeting, Dec. 2nd. — Christmas party, Dec. 21st. — New Year's Eve dance.

Sokol Yukon: Nov. meeting, 15. — Gym classes held weekly. — Plan Pot-luck supper. — 2 Course students assisting in classes. — Classes re-scheduled into 2 one-hour sessions, and into age groups, proving efficient and accomplishing more.

Director of Men, Bro. Laznovsky: Volleyball tourney held in Ennis, Nov. 7th. — Corpus Christi, Fort Worth, Dallas and Ennis participated. District BOI annual meeting held the following day. — Stated schedule for dedication of the Dallas Convention Hall. Each Unit to provide the equipment used. — Mailed Men's and Jr. Boys apparatus routines. In process of filming same.

Director of Women, Sis. Laznovsky: Drafted Small girls, Jr. girls, and Women's routines with Sis. Stoeppelman.

Educational Director, Bro. Parma: Suggests each Unit elect Educational committee. Has no reports from Unit Directors. — Represented District at the physical education teachers program.

Discussions: Sokol in Ennis will host the 1974 District Slet. — Annual meeting, January 27th, in Fort Worth. Energy crisis could create a possible problem. Sokol Units at Corpus Christi, Yukon and Houston will be contacted for their opinion. — Charter bus will leave Dallas, March 14th, return the 17th for the Monterrey Gymnastic exhibition.

## Northeastern District

DECEMBER 13, 1973

Pres., Bro. Edwin Jerousek presided with 23 members in attendance following a delightful buffet dinner combined with the BOI. A moment of silence in memory of departed Bro. Bert Box.

Correspondence: Several donation requests. Approved, \$5.00 contribution to the "Council of Higher Education", and \$10.00 greeting ad in the Novy Svet.

President, Bro. Jerousek: Represented Sokols at the 75th Anniversary of Bohemian National Hall, Nov. 4th, and the Cancer Home Dinner, Nov. 18th. — Stated the music and tape were sent to Texas so the Red, White and Blue number could be orchestrated on tape. — Sue Franks and Charles Vavra were recipients of \$200.00 each from the ASO Scholarship Fund. — Sue Franks made the Gymnastic team at Miami University.

Vice-Pres., Bro. Pekar: Reported on the Social held Oct. 27th, at Sokol Nova Vlast. Profit of \$58.09. It was voted to subsidize the dinner. — Receipt of \$25.00 from the St. Wenceslas Day Committee. — Attended several social affairs representing the Sokols.

Treasurer's Report: Balance in Checking Account, \$314.07.

### UNIT REPORT

Sokol Moravan: Annual meeting held, Dec. 9th. Sokol Detroit: Bro. Kovar: Teen Club realized a profit in excess of \$500.00 selling pre-packaged popcorn. — Annual meeting, Jan. 20th. — Appreciation for the plaque presented at their "Dream Come True".

Sokol Cleveland-Cech-Havlicek, Bro. Kavan: Election of officers held, Dec. 2nd. Voted on increase in dues for men and women. Following meeting participated in Spaghetti Dinner with Sokol Tyrs.

Sokol Nova Vlast, Bro. Kocian: Have a new fund-raising project; selling Entertainment Booklets under direction of Bro. Gene Koerber. — Annual meeting held, Dec. 9th, in conjunction with

a Christmas Party. Ten new members were installed. — Bro. Frank Pliska will be 80 yrs. old on Jan. 1st.

Sokol Tyrs, Bro. Robert Jirousek: 15 new members initiated at Annual Meeting. — Sokol Float participated in the Thanksgiving Day Parade in Cleveland, and also in the Christmas Parade at Southgate in which it received a prize of \$300.00. Films of the parade to be presented on TV on Christmas Day. — Night in Prague to be held, Jan. 26th, at Al Koran Mosque.

New Business: District Annual meeting to be held, Jan. 20th, at Sokol Hall in Dearborn, Michigan. Bus will depart from Sokol Cleveland at 6:00 A.M. — Cotillion Ball at Hotel Sheraton Cleveland, Feb. 16th. Sis. Olga Nemecek will represent District on the Ball Committee. — XIII. ASO Slet films now available. — Openings still for the 250 Club.

B.O.I. Bro. Dusek: Reported upon meeting held Nov. 8th. — Sisters Alice Khol, Georgia Jencik and Jane Mastny conducted a Clinic at Mentor, receiving a check for this for the District. — Sis. Betty Hosticka and Bro. Emil Pekar co-hosted the Oct. Social. Plan another in the Spring combined with a Dance Clinic.

Combined Winter Exhibition, Feb. 3rd: Under the direction of Bro. Rich Rejna. Nastupy, with Bro. Edwin Jirousek in charge. Help is needed with tickets and security. No advance sale tickets. Sis. Lisa Podojil will participate in the exhibition.

## Central District Annual Meeting

January 20, 1974

Pres., Bro. Joseph Drnec presided with 53 members in attendance.

Correspondence: Sokol St. Louis' thanks for Bro. Joseph Drnec and Edwin Halik visiting their Unit. — Invitation to Sokol Stickney's Installation, Jan. 26th. — Sokol Milwaukee's explanation for not attending the District's Annual Meeting. Also a request for Pres. Drnec to be guest speaker at the Sokolice's 75th Anniversary, May 19th, approved. — Announcements from the Units of their future activities.

Director of Women, Sis. Carolee Michalek: Corrections and additions for the Junior and Senior Calisthenics and tapes for 2nd Class competition floor exercises were distributed. — Volleyball season ended. Sokol Slavsky was 1st, Sokol Tabor 2nd in Division A. Sokol Berwyn I and Sokol Brookfield tied for 1st; Sokol Stickney and Sokol Tabor tied for 2nd in Division B. — Approved, to hold a Modern Gymnastic Clinic — Anyone interested in writing calisthenics, apparatus or special numbers is urged to do so.

Director of Men, Bro. Paul Lebloch: Present BOI officers are Director, Bro. Lebloch; Assistants, Bros. James Berousek, Edward Jelinek; Games Director, Bro. James Placek. — 2nd Class Awards Dinner was a success, featuring top gymnasts and the District's Folk Dancers. — The Vaulters and Folk Dancers performed at Sokol, as well as outside functions. — Volleyball season ended. Sokol Brookfield was 1st, Sokol Berwyn 2nd, Sokol

Tabor 3rd in the Jr. Boys Division. In the Men's Division, Sokol Berwyn was 1st, Sokol Chicago 2nd, Sokol Tabor 3rd. — Basketball final standings saw Sokol Tabor 1st, Sokol Slavsky 2nd, Sokol Brookfield 3rd in the Jr. Boys Division. Sokol Stickney was 1st, Sokol Tabor 2nd in the Men's Division. — The Directors Conference will be held, Feb. 17th. — A sum of \$90.00, representing basketball fees, was turned over to the Treasurer. — If a request is made, several boys would be sent to St. Louis to teach the vaulting numbers.

#### UNIT REPORT

Sokol Town of Lake, Bro. Jerry Madera: Annual Masquerade Ball, Feb. 9th. — Although having no classes or gym, they support other Units in their fund-raising efforts.

Sokol Stickney, Bro. William Meyer: In reviewing the past year as President of his Unit, received good cooperation, with the membership growing. — Installation of officers, Jan. 26th.

Sokol Brookfield, Bro. Roy Zitny: Jr. Boys have a full schedule on weekends. — Change made in class days. Women on Mondays and Wednesdays. Jr. Boys, Tuesdays and Thursdays. — Exhibition, March 2nd.

Sokol Cechie, Bro. Otto Glaser: No gym classes. Unit has 50% attendance at its meetings.

Sokol Berwyn, Bro. Edward Schnabl: Classes strong in Men's and Women's, weak in Jr. Boys. Exhibition, March 23rd. — Spring Polka Dance being planned.

Sokol Slavsky, Bro. John Satek: Unit has problems due to changes in management of the CSA Building, however, most are resolved. — 29 new members initiated, with 12 more to be initiated at future meeting. Membership growing due to good workers.

Sokol St. Louis, Bro. Ronald Triska: Described their new addition, a game room, a special room for teaching the Czech language, and other facilities. — Stated older members must look to younger members to help keep Sokol ideas alive.

Sokol West Suburban, Bro. Jindra: Now have classes for Men and Women. Enrollment of 400. Installation, Jan. 22nd. — Exhibition, May 4th.

Sokol & Sokolice Chicago, Bro. Stanley Barcal, Ann Falta: Both Units support all other Sokols in their fund-raising. Men's volleyball team finished in 2nd place.

Sokol & Sokolice Tabor, Bro. James Berousek, Sister Mae Sotka: Reported on their activities. — Weekly Bingo nights a financial success but affect attendance in Men's class, which is now cut down to one day a week. — Jr. boys more interested in volleyball and basketball than calisthenics.

Sokol & Sokolice Havlicek Tyrs, Sis. Ann Basta: Sale of the Sokol Building finalized as of Dec. 1973. — 11 members visited 5 suitable sites for relocation for a new Sokol Center. — First of the Sokol's 2 meetings were held at Lawndale Park. — Unit striving to keep active to raise funds for relocation. Bunco Party, May 21st, and mid-week picnics during July and August. — Women's class temporarily merged with Sokol Berwyn.

Educational Director, Bro. Ernest Pirka: Now has served 2 yrs. — Visited all Units and acquainted himself with all their directors. — Prepared and

gave a 5-part lecture entitled "We Sokols". — Established and collected District Library housed at Sokol Brookfield, to date 4,000 items. Sokol Havlicek Tyrs has placed its library with that of the District. The District Library is not a Unit, personal or restricted library. It is open to all Sokol members.

Auditing Committee, Sis. Mary Toman: Read detailed audit. Everything is in order.

Treasurer, Bro. Otto Glaser: Receipts, \$9,375.83. — Disbursements, \$7,086.68. — Monies in Savings & Loans and Bonds, \$6,648.11. — Total Assets, Dec., 1973, \$8,937.26.

Secretary, Sis. Mildred Pavek: District Membership, 2459. Gain of 266 members.

Folk Dancers, Sis. June Pros: Gave a detailed report on the costumes and material on hand. Monies spent to date, \$348.00. — Dancers will visit all 2nd and Jr. classes to acquaint the young people with the Dance Group.

By-Laws, Bro. Edwin Halik: Commented on the lack of interest by the membership for this committee. Asked for volunteers.

Membership, Bro. Rudolph Svoboda: Another ASO Membership Drive will start Jan., 1974, ending in 1975 in Detroit at the Convention.

New Business: Bro. George Herink reported on the sale of Sokol Havlicek building. An earnest effort is being made to relocate in another area. Asked all inactive, as well as active Units, to help in this move, a large undertaking, requiring all the support it can get from everyone. Bros. Schnabl and Barcal voiced these same thoughts. — Sis. Basta was authorized to negotiate for rental of the Riverside-Brookfield Stadium for the District Slet. — After much discussion it was approved that the District President be empowered to appoint a committee to review the possibility of perpetuating the Recognition Dinner. — Approved, the remuneration of the District officers remain the same as last year.

Good of the Order: Bro. Edward Linhart stressed youth, active members, activity in Units and activity in membership. Congratulated the District on its part in the XIII Slet. Stated classes are geared with something for all and lack of interest could be due to the instructor not making the calisthenic drill interesting. Membership in gym classes is the backbone of our organization.

Installation of Officers: Bro. Barcal and Sis. Prener were the Installing Officers. Those installed were Pres., Bro. Joseph Drnec; Vice-Presidents, Bros. Edwin Halik, William Meyer; Financial Sec'y., Bro. Rudolph Svoboda; Treasurer, Bro. Otto Glaser; Sec'y., Sis. Mildred Pavek; Auditors, Sisters Mary Toman, Irene Ruzicka, Marian Wronski. — The Folk Dancers performed several dance numbers to close out the meeting.

## Sense of Participation

"The high divorce rate, enormous use of drugs and increasing mental illness are signs of a society turned against itself," says Lewis Yablonsky, author-educator. "We need a sense of participation, acceptance from and commitment to others."

# SOKOL GYMNAST

February 1974

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 Edited by AMERICAN SOKOL BOARD OF INSTRUCTORS
 

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## GYMNASTIC SKILLS PROGRAM

### Directors - Instructors - Gymnasts

IN MARCH OF 1972 THE AMERICAN SOKOL ORGANIZATION INSTITUTED A PROGRAM OF GYMNASTIC SKILLS. THIS WAS INTENDED TO HELP DEVELOP BASIC SKILLS IN YOUNGSTERS AND NEW MEMBERS. AS OF THIS DATE, 531 BOYS AND GIRLS HAVE PARTICIPATED IN THIS PROGRAM. THEY HAVE RECEIVED AN AWARD (SOKOL PATCH), DESIGNATING THEIR ABILITY TO PERFORM THE REQUIRED SKILLS ON APPARATUS, TUMBLING, AND TRAMPOLINE. AFTER REVIEWING THE PROGRAM, AND WITH SLIGHT MODIFICATIONS, THE AMERICAN SOKOL B. O. I. WILL CONTINUE THIS TESTING FOR THE SOKOL CLASSES AND THE AWARDING OF GYMNASTIC SKILLS EMBLEMS.

FOR FURTHER INFORMATION, TABULATING MATERIAL AND PATCHES, CONTACT THE AMERICAN SOKOL.

SYLVIA PISTORIUS

EDWARD LINHART

A.S.O. Gymnastic Skills Program

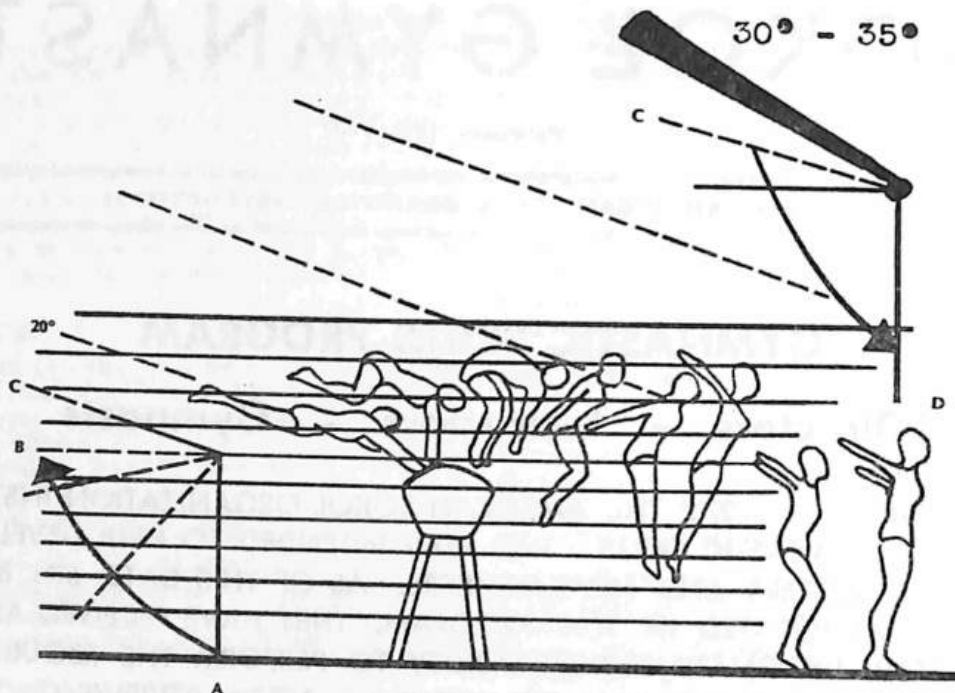
## SOKOL UNITS PARTICIPATING

### Girls Classes

Sokol Little Ferry, New York  
 Sokol Tyrs, Cleveland, Ohio  
 Sokol Milwaukee, Milwaukee, Wis.  
 Sokol Slavsky, Cicero, Ill.  
 Sokol St. Louis, St. Louis, Mo.  
 Sokol West Suburban, Downers Grove, Ill.  
 Sokol So. Omaha, Omaha, Neb.  
 Sokol Libuse, Crete, Neb.  
 Sokol Renata Tyrsova, Cedar Rapids, Ia.  
 Sokol Fort Worth, Fort Worth, Tex.

### Boys Classes

Sokol Detroit, Detroit, Mich.  
 Sokol Tabor, Berwyn, Ill.  
 Sokol Milwaukee, Milwaukee, Wis.  
 Sokol Slavsky, Cicero, Ill.  
 Sokol St. Louis, St. Louis, Mo.  
 Sokol West Suburban, Downers Grove, Ill.  
 Sokol So. Omaha, Omaha, Neb.  
 Sokol Los Angeles, Los Angeles, Calif.  
 Sokol Cedar Rapids, Cedar Rapids, Ia.



## Girls' Vaulting

### Layout Bent Leg (Squat) Vault — Pre-Flight

What are we looking for in pre-flight for the layout squat vault? This vault used in the DGWS/USGF National Compulsory Intermediate level has been illustrated to explain this action. As pictured A to B represents the 90° rotation from the board during pre-flight. B to C represent the 20° the vaulter in the illustration has gone above horizontal (A total of 110° clockwise rotation in pre-flight). C to D illustrates the 110° counter-clockwise rotation in the afterflight. Angles drawn in to facilitate understanding of the article.

The question is — which angle 20° or 45° out of the two would be considered the proper one; 20° versus 45° for pre-flight in the layout vaults? The best angle for layout vaults occurs between 30-35° angles above the horizontal. This gives sufficient height and distance for the flight and insures a conservation of energy as well.

"Beyond this point — over 40° — is to become more difficult to control flight due to the additional speed and strength required to push out of the more inverted position. Therefore, the less inverted position is more advantageous not only for blocking angle, but to reverse the direction quickly at the time of the contact to rotate upward as in the case in layouts. Thus the afterflight is under control and a good vault is executed.

Reprint from *Gymnast* 1-1974

## PRAISE

"When I taught at Northwestern University," I always urged the students to 'pause and praise' writes Dr. George W. Crane in *Salesman's Opportunity* magazine, "Each of us at birth is branded across the chest with this invisible tattoo: 'I want to feel important.'"

## PATIENCE

Patience is man's greatest virtue.  
Or so the saying goes.  
A gymnast must have said it,  
For a gymnast surely knows,  
that in this funny sport of ours  
Discouragement runs high,  
And at times the very best will find  
This virtue's passed him by,  
When hands are ripped and throbbing  
When every muscle's sore.  
Can a gymnast still have patience,  
to limp back in for more?  
When you've lost old moves you used to do  
And progress seems so slow,  
Can you still have faith in better days  
And not feel sad and low?  
Can you admit you're frightened  
Yet not give into fears?  
Can you conquer pain, frustration,  
And often even tears?  
When someone else does something  
You've tried so long to do,  
Can you feel really glad for her?  
And not just petty you?  
And when success seems far away,  
Your efforts all in vain  
Can you force yourself to wear a smile,  
And disregard the pain?  
If despite the tribulations,  
You can say "I won't give in."  
Maybe someday you'll discover,  
That it's now your turn to win.

By Ruthie Budd  
from *Modern Gymnastic Troupe*

# 1973 AMERICAN SOKOL SLET STATISTICS

## APPARATUS COMPETITIONS

Junior Girls Div.	Teams	Contestants
Low B	24	180
Low A	21	157
Inter.	22	109
High	7	32
Championship		16

Women's Div.	Teams	Contestants
Low B	3	28
Low A	5	47
Inter.	4	23
High	1	14
Championship		5

Junior Boys Div.	Teams	Contestants
Low	17	121
Inter.	9	39
High	2	12
Championship		5

Men's Div.	Teams	Contestants
Low	6	44
Inter.	1	7
High	2	10
Championship		4

### Sunday's Slet Participants —

Tots	84
I & 2 Class Girls	260
I & 2 Class Boys	144
Junior Girls	612
Women	342
Junior Boys	172
Men	152
Folk Dancers	108
District Spec. Numbers	3

## Additional Activities —

Unit Special Number Competition	10 units
Women's & Jr. Girls Volleyball	13 teams
Men's Volleyball	11 teams
Junior Boys Volleyball	10 teams
Girls Swimming	13 Ind.
Men's&Women's Bowling	5 teams—32 Ind.
Men's&Women's Golf	32 Ind.

## Paid Attendance To: —

Banquet	533
Unit Special Number Contest	538
Championship Tournament	1005
Victory Dance: —	
Students	704
Adults	607
Slet Program	3405

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## DATES TO REMEMBER

•

### VII PAN-AMERICAN GAMES

Santiago, Chile  
October 12-26, 1975

•

### XII OLYMPIC WINTER GAMES

Innsbruck, Austria  
February 3-14, 1976

•

### GAMES OF THE XXI OLYMPIAD

Montreal, Canada  
July 16 - August 1, 1976

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## OLYMPICS MAY BAN COLLEGE PROS

Lord Killanin, president of the International Olympic Committee, said today that American college athletes may be ineligible if they compete as professionals in one sport and as amateurs in another.

He was referring to the new rule passed last month by the National Collegiate Athletics Association (NCAA), allowing pros to retain amateur status in a particular sport.

The IOC executive committee has still not finished drafting its revised eligibility rule. But Killanin told a news conference: "Certainly the Olympic rules on professionalism of this kind are not likely to be changed in the foreseeable future.

Rule 26 of the Olympic code says a competitor is eligible for the Olympics "if he does not receive, or has received any remuneration for participation in sport."

The IOP executive panel, which wound up a three-day meeting at Olympic headquarters, expects to have its new eligibility rule ready in about two months. A draft will be sent to all IOC members, who will vote on it at Vienna next October.

## NEW BEAM FOR WOMEN?

The new beam is still as hard as ever.

The FIG Congress in Rotterdam produced a vote of 21 against and 8 in favor of the "new" beam for 1974 World Championships. In London at the European Championships gymnasts were given opportunity to try a soft smooth leather-like covering on the beam. They preferred this to the carpeting or cushioning material that is being adhered to the solid wood although both of these types give greater comfort and more protection to the gymnast. Due to the shortness of time and lack of distinct specifications, the unpadded beam will be official for all international competitions until the Europe Championships for Women in Norway, Fall of 1975.

(Gymnastic News Notes)

## A PRESIDENTIAL MESSAGE

In my first experience as a schoolteacher, serving as principal of a small school at Cotulla, Texas, I learned by first-hand observation a fact now well established by thorough research: that mental fitness begins with physical fitness in our children.

Faced in the school room with laggard minds, to which learning came slowly if at all, I took my first paycheck to buy a volleyball and net for the playground use of the pupils I was teaching — or trying to teach. I shall never forget the change that was brought into the classroom from the playground after those sessions of organized physical activity began. From that day forward, teaching had a chance and the children themselves had a far better chance in life.

Today it is a delusion for any community to regard the playground as a luxury and the classroom as the only essential. Play — planned, supervised and properly equipped — is as essential to the development of young Americans as study. Fitness of body is indispensable for fitness of mind.

Many Americans take for granted that all our schools are like the schools they knew in their own youth — or know for their own children now. Unhappily, that is not the case. A surprisingly high number of our children's schools have no provisions for organized and useful physical recreation activities. The scars and costs of this neglect will live on beyond us — unless we act.

I urge citizens of every community to concern themselves with the physical fitness programs and resources of the schools that serve their children. This is not an activity which needs to be left to school authorities alone. Civic organizations, public-spirited citizens, churches and other organizations may through their own efforts and means make tangible and meaningful contributions to such endeavors.

Let's give our children a chance to be fit citizens by providing them — and their teachers — with at least the first essentials of equipment required for a program of physical fitness.

LYNDON B. JOHNSON

36th President of the United States

**Support Your Local Sokol Unit . . .**

**ASSIST IN THE MEMBERSHIP DRIVE!!**

**Help Fill The Attendance  
In The Gym Classes**

## HISTORICAL DATES

One of the best effective methods an Educational Director can use in presenting Sokol and its ideas is a Bulletin Display Board, and the use of the Unit's Newsletter Bulletin. Its merit lies in the fact that the subject material reaches a greater number of people.

Using historical facts and dates will enhance interest especially in disseminating Sokol history. There is a wealth of material that may be borrowed from your Unit or District. There are Units that have excellent libraries where one can gather dates and matter on respective Units and local interest.

Following are some dates pertaining to Sokol. A listing of our National American Holidays is not shown because of our present method of recognizing these events. Each State and locality have different dates to celebrate.

### FEBRUARY

**Feb. 2, 1841**

The first Czech Ball was presented in Prague. The invitation and arrangement were printed in the Czech language. Since German was the official language of the Kingdom, this was a daring event.

**Feb. 2, 1908**

Founding of the Alliance of Slavonic Sokols.

**Feb. 10, 1860**

Birth of Karel Vanicek, a great Sokol writer.

**Feb. 14, 1865**

Founding of the Sokol movement in the United States. This took place in St. Louis, Mo. and was known as Spolek Sokol.

**Feb. 25, 1865**

The Prague Sokol Unit presented its first Masqued Ball — ŠIBŘINKY. It was a gala affair. To this day we honor this eventful affair.

### MARCH

**March 1, 1863**

First public athletic and gymnastic exhibition by the Prague Sokols under the direction of the famed first Director and Founder of Sokol — Dr. Miroslav Tyrs.

**March 2, 1862**

First classes offered in the Sokol System in Prague.

**March 7, 1850**

Birth of Thomas Garrigue Masaryk. He was a Sokol member; a very ardent supporter of the Sokol. His wife (an American by birth), and his children were all members of Sokol and all attended classes. It is well to emphasize that Dr. Masaryk and Dr. Tyrs did meet and discussed the value of Sokol in the building of a strong Czech and Slovak nation.

**March 17, 1832**

Birth of Dr. Miroslav Tyrs, founder of the Sokol movement, creator of the Sokol system of calisthenics, athletics, and gymnastics, editor of the "Sokol", a physical culture revue, and first Director of the Prague Sokol unit.

**March 25, 1892**

Jindra Vanicek elected Director of Czechoslovak Sokol Organization (Ceskoslovenska Obec Sokolska). He was the innovator of great Sokol Slets.

**March 27, 1862**

A custom was inaugurated to address Sokols — one to another — in the informal pronoun in the second person — "Thee" in Czech "Ty". This second person informal is used fraternally, between friends. "You" or "Vy" is formal and is used as a form of respect as to parents, elders, and esteemed persons.

**March 28, 1592**

Birth of Jan Amos Komensky (Comenius), an educator, who created and introduced to the world a modern system of education. Truly an important person to honor.

With a little foresight and planning an interesting display can be prepared, and by requesting articles for display can create and renew interest in Sokol. Finally, comments on these dates could and should be incorporated in the Unit Newsletter. True, the circulation is mainly limited to your members, but it is a good means to educate.

Educational Committee

## SOKOL STICKNEY

Sokol Stickney is one of the very active Units in the Chicago area, having a full gymnastic program in addition to a great deal of social and fund-raising activity — Swim parties, New Year's Eve party, Pancake breakfasts, Corned beef dinners, etc.

Last November the Unit sponsored a 3-day Las Vegas Tour, numbering 100 individuals. The Thanksgiving Turkey Raffle (192 turkeys) was a great financial success. And best of all, the membership is growing, almost 40 new members recently being initiated.

## SOKOL SAN FRANCISCO

The Sokol's social activity started with a Valentine Dance, Feb. 9th. On March 9th, T. G. Masaryk's birthday was to be commemorated with a Cultural program, Czech dinner and a Dance. On April 20th, a Show and a gay evening with Bro. Jary Kohout, a well-known Czech comic from New York. On Memorial Day week-end, May 25th-26th, the Unit will host the Pacific District Slet.

Approval was voted upon for the purchase of High-Low bars for the gym classes, the monies to be re-imbursed by various fund-raising efforts. A move is being made to set up a room into a Library or Cultural Center. Through the efforts of Sis. Stroleny all books have been catalogued and ready for shelving. And now a cook-book is in process of assembling and typing of recipes for publication. This is another money-raising effort for gymnastic equipment. Any kind of recipe is acceptable, with an effort to include all nationalities — German, Czech, Russian, Lithuanian, etc. Send them to: Mary Frances Maier, 1216 Balboa Ave., Burlingame, Cal. 94010.

## SOKOL NOVA VLAST

At the December meeting of Sokol Nova Vlast the following brothers and sisters were honored for their many years of loyalty and service in behalf of Sokol: 63 yrs. — Sis. Marie Hlavacek; 50 yrs. or more — Bros. Antos, Nebesar, Frank Pliska, John Galik, Lad Linek, Jerome Pokorny, Jerry Jirik, Sisters Antos, Mildred Kotlan, Agnes Nebesar, Barbara Sevcik, Lillian Simandl, Marie Zitek, Rose Blaholil; 40 yrs. — Sis. Rose Schmidt; 25 yrs. — Bros. Felix Bakalar, Jerry Pekarek, John Darovec. Sisters Jarmila Skorepa, Geraldine Skoupa, June Brada, Agnes Bakalar, Mildred Pekarek, Jarmila Pacent, Lillian Kubelik, Helen Duril, Frances Jeffers.

Congratulations to them all upon reaching a milestone in Sokol membership.

B.H.

## American Sokol Organization FINANCIAL REPORT

### January 1974

#### RECEIPTS:

Dues .....	\$ 4,645.00
Convention Fund .....	2,865.00
Special Assessment .....	5,373.60
Dividends and Interest .....	143.75
Resale of Jewelry .....	111.00
Membership Kits, Decals, Office Supplies .....	24.10
Postage .....	13.44
A.S.O.—B.O.I. Instructors Course .....	528.25
Slet Film Deposits .....	150.00
Refunds .....	181.01
Miscellaneous .....	10.50
<b>Total receipts .....</b>	<b>\$14,045.05</b>

#### DISBURSEMENTS:

<b>Administrative Department</b>	
Salaries .....	\$ 309.51
F.I.C.A. & F.W.T. —	
December 1973 .....	102.44
Illinois Withholding Tax —	
4th qtr. 1973 .....	35.97
Rental, Janitor Service,	
Phone, Electric .....	317.64
Office Supplies, Postage .....	104.56
General Office Repairs	
and Decorating .....	363.13
Advertising .....	115.00
Service Contracts .....	90.00
Miscellaneous .....	5.00
	<b>\$ 1,443.25</b>
<b>Educational Department BOI</b>	
Salaries .....	\$ 208.82
F.I.C.A. & F.W.T. —	
December 1973 .....	51.64
Illinois Withholding Tax —	
4th qtr. 1973 .....	12.48
Editor "Sokol Gymnast" .....	25.00
Add'l. copies "Sokol Gymnast" .....	28.00
Postage .....	11.99
Office Supplies .....	30.17

Subscriptions .....	18.00
Travel Expense .....	282.22

668.32

#### Sokol Publication

Printing "American Sokol" ....	\$ 604.32
Editor "American Sokol" .....	75.00
Postage — December 1973 and	
January 1974 Issues .....	113.63

792.95

#### Miscellaneous

Uniform Div. — Salaries, F.I.C.A.,	
F.W.T., I.W.T., Phone,	
Office Supplies .....	\$ 247.27
Slet Film Refunds .....	35.00
A.S.O.—B.O.I. Instructors Course	58.20
Special Appropriations —	
Southern District A.S.O. ....	1,489.21

1,829.68

Total Disbursements .....	\$ 4,734.20
Balance brought forward:	
Western National Bank of Cicero —	
Checking Account .....	\$ 2,694.18
Receipts — January 1974 .....	14,045.05
	<b>16,739.23</b>
Disbursements — January 1974 .....	4,734.20
	<b>\$12,005.03</b>

#### FUTURE SOKOL LEADERS FUND

##### January 1974

Clara H. Pokorny,	
in memory of bro. Albert Buzicky ....	\$ 2.00
Sokol Detroit Ladies Auxiliary,	
in honor of Ed Linhart & June Pros ....	20.00
In memory of sis. Marie Dolejsi:	
Clara H. Pokorny .....	\$ 3.00
Mr. & Mrs. Charles Krusina .....	5.00
Sokol Hopkins .....	5.00
Mr. & Mrs. Joseph Kaminsky	
Sokol Club of Hopkins	
Mrs. C. H. Pokorny	
Mr. & Mrs. Lad Cermak	
Mrs. Anna Slice	
Mr. & Mrs. Lad Strachota	
Mrs. Mary Strachota	
Mr. & Mrs. Frank Verner	
Mr. & Mrs. Joseph Hosek	
Mr. & Mrs. Joseph Saliny	
Mrs. Anna Chlebecek	
Mr. George Chlebecek	
Mr. & Mrs. Richard Saliny	
Mr. & Mrs. James Chlebecek, Jr.	
Mr. Joseph Dolejsi, Jr.	
Mr. Jay Dolejsi	
Mr. Dennis Saliny	
Mr. & Mrs. Wayne Hawkinson	
Mr. & Mrs. Miro Verner	
Mr. & Mrs. Ted Vasko	
Mr. & Mrs. Karel Vasko	
Mrs. Francis Miller	
Mr. & Mrs. Elmer Weber	
Mrs. Marie Veverka	

Mr. & Mrs. Ed Viska	
Mr. & Mrs. Duane Blake	
Mr. & Mrs. Charles Krusina	135.00
	148.00
Hoyme Savings & Loan — Dividend	150.93
	\$320.93

## ERNEST FOUNIE

In December, death has taken from our Sokol family another of our Honorary Members — Bro. Ernest Founie, who passed away after a long illness, in his 83rd year. Bro. Founie was a member of Sokol St. Louis for 59 years. As a young man coming from the town of Strakonice in Bohemia, soon upon arrival became a member of Sokol. That was in the year of 1914. Immediately he became active in the gymnasium, as well as on other committees. For many years he sang in the Choral Club — Hlahol. Bro. Founie left us an example of a true Sokol.

John Reiner

## EMMA LASTOVICA

Sis. Emma Lastovica was born in Geddes, South Dakota, on Sept. 20, 1913 and departed this life on Nov. 12, 1973. Was a member of Sokolice South Omaha since 1947, and was President from 1961 to 1963.

Together with her husband, Bro. Charles Lastovica, they were willing and capable caretakers of the Sokol Hall from Dec. 1954 to 1964. They fulfilled their duties beyond expectation. The Sokol Home and their home being encompassed under one roof was greatly enriched because of their Sokol love and devotion.

Sis. Lastovica will long be remembered for her willingness to help; the conscientious manner in which she handled matters, and above all her friendliness. She is survived by her husband, Charles; son, Charles Jr.; daughter, Sherry and three grandchildren.

Deepest sympathy is extended to her family as we share in their loss.

## Law Enforcement

Citizens must lead the way, states Congressman William Chappell (Fla.), For: ". . . a turn-around on permissiveness — in the home, school, church, or court. Quit coddling criminals; insist courts do their job; deal more firmly with subversives; teach our own children respect for discipline; work for community safety; support measures to cut down the drug trade; show respect for our law enforcement officers."

## NAŠE SOKOLOVNA

Již v začátcích Sokolstva jak v Československu tak i v Americe, jakmile byla někde založena

sokolská jednota, přáním a snahou členstva bylo zbudování vlastního stánku, vlastní sokolovny.

Nikdy ani v minulosti nebyla to snadná věc. Strádalo se, pořádaly se různé podniky ve prospěch stavebního fondu a pak nastaly dlouhé debaty při hledání příhodného místa a různé názory jak budova by měla vypadat. Když konečně se stavba podařila, nastaly starosti s jejím udržováním. Časem čteme, že i v dnešní době se najde jednota, která staví vlastní sokolovnu, ale těch je málo. Spíše čteme, že jednoty tělocvičny prodávají. Většina tělocvičen byla postavena našimi předchůdci, na nás je jen, abychom je udrželi, případně zmodernizovali. Ani to však v dnešní době není snadná práce.

Sokol San Francisco postavil svou sokolovnu na Page Street, roku 1912, po dlouhém dohadování a střádání peněz. Je nutno poznamenat, že i nesokolská krajanská obec velmi pomohla finanční půjčkou. Trvalo to dosti dlouho, než byla zaplácena. Budova vyhovovala jakž tak do roku 1960. Pak se její okolí změnilo do té míry, že členové i návštěvníci byli vystaveni násilnému přepadu. Bylo rozhodnuto tajným hlasováním (95%), budovu prodat a při prodeji jsme si slíbili, že do roka a do dne najdem novou budovu. Nebylo však snadné najít ve městě budovu vyhovující našim potřebám a nebo cena byla příliš vysoká.

Naskytl se příležitost koupit budovu v předměstí v San Mateo za přiměřeně stejnou cenu. Místo v předměstí bylo kritizováno a dokonce bylo předpověděno, že za rok "půjdem na buben". Jsme v San Mateo již čtvrtý rok a budovu jsme nejen udrželi, ale i zlepšili. Její kupní cena 70,000 dol. má dnes dvojnásobnou cenu. Budova by mohla být ještě modernější, ale potřebovali bychom více nadšených pracovníků.

Sokolovna sama však by byla mrtvou budovou, kdyby jí každé cvičení sokolské mládeže neoživilo a každý měsíc návštěvníci našich podniků. — Pomozte nám udržet a zmodernizovat naši sokolovnu.

Jiří Španek

## SOKOL BERWYN

V neděli 13. ledna 1974 se konala schůze a současně byli uvedeni úředníci do svých funkcí na rok 1974. Byla zahájena předsedou, bratrem Fredem Krimmelem, který poděkoval předcházejícím členům, kteří konali svoji práci poctivě a byli velmi nápomocni. Potom předstoupil bratr Stan. Barcal, aby ještě jednou všem poděkoval a uvedl nové úředníky.

Představujeme vám naše nové úředníky pro rok 1974:

Br. Ed Schnabl, předseda; sestra Ruth Švestka, míst. před.; — dále v různých úřadech jsou tito bratři a sestry:

M. Kněz, Stan Ziemba, Mary Drenth, Fred Kala, Carol Strejc, E. Jelínek, Dan Vladic, Paul Gilbert, Boh. Vydra, Irv. Proksa, Les Shrofe a redaktor "Falconite", Ellen Jeanne Schnabl, a Elsie Gilbert.

Dále byl přečten protokol a zprávy různých výborů. Bratr F. Kala, měl velmi zajímavou přednášku o Malibě, která se nachází na naší oponě —

Libuše, a kterou maloval malíř Frank Čtrnáctý a letos už je 50 leté jubileum.

Dále členové Men's Club, kteří pořádali novoroční slavnost, že se jejich zábava všestranně vydařila. Dále se jednalo o zvýšení platu cvičitelům.

Na této schůzi byla přítomna naše starší sestra a zakladatelka Františka Sýkorová, která oslavila 16. ledna svých 89 let. Její dcera, paní M. Svobodová ji překvapila krásným velkým dortem a pak jsme povstali a zazpívali Happy Birthday. Popřáli jsme naší milé sestře mnoho zdarů a hlavně zdraví do dalších let.

Po schůzi následoval krásný program, kde účinkovala mládež Sokola v národních krojích.

Milada Hodoval

## VÝZNAMNÍ SOKOLOVÉ

Centrální okresní americká sokolská organizace uspořádala oslavu se společnou slavnostní večeří na počest svých významných pracovníků bratra Edwarda Linharta a sestry June Prosově. Slavnostní večeře byla v sobotu 19. května 1974 v budově Sokol Tábor.

Oba vyznamenaní se zasloužili o výchovu dorostu a rozkvět organizace a nezištně se podíleli na všech úkolech se vši odpovědností a láskou.

Bratr Linhart je členem Sokola přes 45 let a sestra Prosová už 15 let. Během těchto let oba věnují mládeži celý svůj čas i svoje zkušenosti. Pod jejich vedením vyrůstají noví zdatní Sokoláci, kteří budou jednou reprezentovat naši vlast a budou děkovat svým obětavým cvičitelům za jejich práci a pochopení a hlavně vytrvalost. Pod vedením tak zdatných Sokolů jakými jsou bratr Linhart a sestra Prosová naše organizace, která překročila doby zlé a nejhorší nemůže zahynout. Organizace Amerického Sokola je na oba vyznamenané členy právem hrda.

## SOKOL TYRŠ

V neděli 2. prosince se konala tato nejdůležitější schůze v roce. Byly podány zprávy všech odborů, které každého jen potěšily. Pokladník br. Robert Jiroušek čte ty čísla, která tolik povídají a která dávají nejlepší naději do budoucnosti jednoty. To rozumné šetření a opatrné vydávání je zásadou naší mládeže, která se řídí tím dobrým "Kdo šetří má za tři." Zpráva náčelníka byla tak obsáhlá, že by z ní mohla být kniha. Činnost ve cvičicích je skutečně velká a každý musí obdivovat tu práci jak vedoucích tak každého cvičence. Podniků bylo každý měsíc několik a potěšující bylo oznámení, že při vánočním průvodu, který se konal jednu neděli, dostal vůz naší jednoty první cenu a byl odměněn 300 dolary. Každý odbor pilně pracuje ve prospěch jednoty co dokázali zprávy, jak šicího kroužku, který za dobu svého trvání byl tím největším přínosem financí tak také toho spolku těch mladých Hobby Club. Bylo radostné pohledět když mladý cvičenec odevzdával jejich dar 100 dol., který získali mytím aut a slíbil, že opět v nejbližší době dají dalších 100 dolarů.

Zpráva matrikářky a výberčí příspěvků byla také překvapující, když oznámila, že v dnešní schůzi velká většina členů zaplatila příspěvky na příští

rok. V této schůzi bylo přijato a bratrem starostou uvedeno do jednoty 12 nových členů. Odznaky za členství v Sokole byli odměněni dva bratři. Je to bratr Frank Maňák, který je 40 let Sokolem a který tak ochotně věnoval svůj čas ve prospěch jednoty. Druhým bratrem je Ludvík Rychtera, který je Sokolem 50 roků. U bratra Rychtery je Sokolství od útlého mládí v krvi. Jako žák se zúčastnil Brněnského sletu v osudném roce 1914 a při příchodu do této země ho první cesta vedla do Sokola.

Byly provedeny volby úředníků na rok 1974. Není změn, co je tím největším důkazem, jakou důvěru členstvo má v ty bratry a sestry, kteří tak svědomitě jednotu vedou.

Opět se jeden rok sokolské práce vepsal do dějin jednoty Sokol Tyrš. Do budoucnosti je přáním nás všech, aby jednota kráčela "Jen stále výš — až k metám nejvyšším".

K.Z.

## VDĚK BRATRA KARLA ZAHRADNÍČKA

Byl jsem velmi překvapen na valné hromadě, když mě byl bratrem župním starostou Edwina Jirouskem předán diplom za moji práci v Sokole. Neočekával jsem toho a myslel jsem že to moje životní číslo nebude vzpomenuť Nemohu za to, že jsem se narodil a že přišla tá osumdesátka. Také to stáří je problematické, když musíme být svědci odchodu toho všeho, co jsme po celý život měli tak rádi. Jsou to ty naše kdysi české čtvrtě města, které byly vybudované láskou a pilí našich krajanů, která se změnila dnes na Afriku. Jsou to naše budovy, námi opuštěné, které však budou svědkem v těch těžkých finančních dobách bylo u našich krajanů tak velké nadšení. Nikdo nemohl předvídat co přijde a dnes jsme nuceni přizpůsobit se poměrům. To jsou bolesti, na druhé stránce je zde opět radost.

Vzpomínám za svého 23 letého úřadování jako jednatel jednoty na dřívější Valné hromady. Tyto schůze byly vždy nejméně navštívěny a to mnozí říkali "Raději tam nepůjdu — dali by mě nějakou práci." Tehdy se volilo z přítomných a mnoho zbytečného času se ztrácelo o volbu na nějaký úřad. Obvyčejně to dopadlo tak, že jsem slyšel jak někdo řekl: "Ale vem to, ať to ukončíme, však do schůzi nemusíš chodit." Dnes to není a ta naše sokolská mládež, třeba že již neovládá českou řeč, má v sobě poklad a to je láska k té velké myšlence sokolské. Ti naši cvičící to je základ jednoty a až jich nebude, nebude to více Sokol, ale jen nějaký spolek. Proto jsem se dožil toho, že v těch cvičicích vidím budoucnost jednoty.

Děkuji Vám za tu poctu udělení toho diplomu. Nezasloužil jsem toho, vždyť jsem jen vždy chtěl pracovat v tom duchu zakladatelů Sokola, co není práce, ale povinnost. Potěšili jste mě, tak jak jsem byl potěšen tím, že není změn úředníků na příští rok 1974. Do toho nového roku všem členům Sokola Tyrš přeji tu nejlepší životní pohodu a aby br. John Kiml nemusel číst tolik jmen těch, kteří odešli.

K.Z.

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birthday; treat others as if it was  
their birthday.

Doing nothing is hard — you  
cannot stop to rest.

It's smart to pick your friends  
— but not to pieces.

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processes that should never be  
undertaken prematurely.

The person who is ready today,  
got ready yesterday.

Public indignation is extremely  
short-winded.

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teen-ager to realize that "No!"  
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**SOKOL FRANK PLÍSKA "80"**

Bratr Frank Plíska je Sokolem od svých čtrnácti let. Byl známým přeborníkem, instruktorem, náčelníkem v Detroitu, v Pittsburghu a v Clevelandu, kde se též stal náčelníkem Severovýchodní župy. Jednotě, župě a vlastně všem Sokolům přinesl celou řadu cen, diplomů a pochvalných dopisů zrovna tak, jako později přinášela celá jeho sokolská rodina. Od něj "vystudovalo" sokolství hodně nadšených vlastenců v Americe a naučilo se dýchat magnezium v tělocvičně u bradel i u hrazdy s tím, že se z nich stali úspěšní přeborníci.

Bratr Plíska se narodil 1. ledna 1894 v Prostějově. To jen pro archiv Sokolů v Americe, kteří se nejen stali pionýry na půdě Nového světa, ale kteří též dokazují, že sokolství není jen "náhodilá věc".

Milý bratře Františku, jménem manželky Anny, dětí, jednoty Sokol Nová Vlast a všech Sokolů na této zeměkouli Ti přejeme: Nazdar!

P.K.

**SOKOL V CLEVELANDU**

Opět jeden rok sokolské práce je za námi a stojíme na prahu nového roku. Minulý rok byl rokem sletovým a v tomto roce bude to přípravná práce, aby za čtyři léta příští slet byl ještě větší. Na Nový rok dělají se obyčejně různé resoluce. Tyto nemusí však dělat Sokol, neb ty má již ve slovech zakladatele Dr. Miroslava Tyrše, že "větším ruchem žijeme." Také tento rok naše župa má již velký program.

Sokolské jednoty clevelandské spoléhají na podporu veřejnosti také v tomto roce. Důvěru veřejnosti nikdy nezklamaly a nezklamou. Půjdou vždy za ideály rovnosti a bratrství, v hesle: Ve zdravém těle — zdravý duch! Volný, svobodný Sokol nebude nikdy maširovat na komando, ale dobrovolně pochodovat v duchu velkého poslání. Do toho nejúspěšnějšího nového roku naše věrné Nazdar!

K.Z.

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