

AMERICAN SOKOL

VOL. XCV — NO. 6

JUNE 1974

PUBLICATION OF THE AMERICAN SOKOL
Educational and Physical Culture Organization

I AM YOUR FLAG

I am your flag.
I was born on June 14th, 1777.
I am more than just cloth shaped into a design.
I am the refuge of the World's oppressed people.
I am the silent sentinel of Freedom.
I am the emblem of the greatest sovereign nation on earth.
I am the inspiration for which American Patriots gave their
lives and fortunes.
I have led your son into battle from Valley Forge to the
bloody ridges of Indo-China.
I walk in silence with each of your Honored Dead, to their final
resting place beneath the silent White Crosses, row upon row.
I have flown through Peace and War, Strife and Prosperity,
and amidst it all I have been respected.
My Red Stripes . . . symbolize the blood spilled in defense of this
glorious nation.
My White Stripes . . . signify the burning tears shed by Americans
who lost their sons.
My Blue Field . . . is indicative of God's heaven under which I fly.
My Stars . . . clustered together, unify 50 States as one,
for God and country.
"OLD GLORY" is my nickname, and proudly I wave on high.
Honor me, respect me, defend me with your lives and your fortunes.
Never let my enemies tear me down from my lofty position,
lest I never return.
Keep alight the fires of patriotism, strive earnestly for the
spirit of democracy.
Worship Eternal God and keep His Commandments, and I shall remain
the bulwark of peace and freedom for all mankind.
I am your flag.

Thomas E. Wicks, Sr.
Reprint courtesy of VOICE OF THE UNITY

AMERICAN SOKOL



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Calendar of Events

AUG. 3rd — SOKOL PILSEN, CHICAGO, ILL.
Fair (Pout') — Camp Sokol, New Buffalo, Mich.
AUG. 18th — SOKOL DETROIT, MICH.
Accordion Fest — Sokol Camp
SEPT. 7th — AMERICAN SOKOL, INC.
CLEVELAND, OHIO.
Beer Festival — Česká Sň Sokol.
SEPT. 15th — SOKOL DETROIT, MICH.
Grape Festival.
SEPT. 28th — SOKOL SOUTH OMAHA, NEBR.
Gym Club's Dance

OCT. 5th — SOKOL SLAVSKY, CICERO, ILL.
Dinner Dance — Peacock Room — Olympic
Building.
OCT. 5th — SOKOL STICKNEY, ILL.
Farmer's Dance.
OCT. 10th — SOKOLICE ST. LOUIS, MO.
Chicken Dinner Social.
OCT. 19th — SOKOL BELCAMP, MARYLAND.
Grape Dance — Vinobráni.
NOV. 10th — SOKOL DETROIT, MICH.
Czechoslovak Afternoon Dinner Party.
NOV. 14th — SOKOLICE ST. LOUIS, MO.
Chicken Dinner Social.
NOV. 15-17th — SOKOL MILWAUKEE, WIS.
Holiday Folk Fair.
DEC. 31st — SOKOL BELCAMP, MARYLAND.
New Year's Eve Party.
DEC. 31st — SOKOL ST. LOUIS, MO.
New Year's Eve Celebration
DEC. 31st — SOKOL DETROIT, MICH.
New Year's Eve Dance

SOKOL TABOR, BERWYN, ILL.

Sokol Tabor is another of the Units boasting great activity. It's annual gymnastic exhibition went very well. A good number of their young people are involved with the District's Folk Dancers and the Vaulting Team. They've also staged 4 swim parties during the course of the year, the last being held, May 24th, at the Morton West pool.

The Sokolice's recent Rummage Sale held, May 10th, proved to be most successful. Many of the gymnasts, both junior girls and women, are becoming more and more involved in Modern Rhythmic Gymnastics, which is now becoming the "in" thing. At the April meeting special awards were presented to Sis. Mae Linhart in recognition of her 7 yrs. of service as President of the Sokolice, and Sis. Helen DeKlyne upon her 20 yrs. as Financial Sec'y.

However, greatest preoccupation at the present time is the proposed new frontal addition to the present Sokol building. Ground breaking ceremonies were held, May 19th, with many notables in attendance. The \$100,000 building project will include the removal of the hall stairs, the addition of 4 rooms, added floor space, and a new outward appearance of the building itself. This will undoubtedly add considerably to the value of the present building.

This building project was made possible due to generous donations on the part of the members and various individual fund-raising programs. The Unit's greatest source of revenue are the weekly Games Nights. Sokols in the Chicago area are urged to support this function at Sokol Tabor. You'd be helping their cause immensely.

Attacking the Middle

"The middle-American did not begin to react against the university until evidence mounted that the campuses had become not centers of learning but staging areas from which a hostile new adversary culture launched assaults on American society."

— John R. Coyne, Jr., author-sociologist

AMERICAN SOKOL

VĚSTNÍK AMERICKÉ OBCE SOKOLSKÉ

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AMERICAN SOKOL, INC. OF CLEVELAND, OHIO

Editor's Note: — Following are excerpts of an address by Bro. Robert E. Jirousek as presented at the Kick Off Banquet of American Sokol, Inc. in Cleveland in 1966. At that time, Bro. Jirousek, who was Chairman of the Ways and Means Committee, researched the history of American Sokol, Inc. from February 11, 1960 to February 18, 1966.

* * *

It all began approximately 14 short months after Sokol Tyrs had formally dedicated its remodeled building, at East 131st St. and Melzer Ave., when a 12-member Committee was appointed to begin planning for the future, with the responsibilities of producing a long range program. This first meeting was held Feb. 11, 1960. Subsequent meetings were held during that year. From these sessions, materialized the general opinion that any combined future building and expansion program by the Sokol Units in the Cleveland area must be thoroughly explored. It was with this progressive idea in mind that representatives from Sokol Tyrs, Nova Vlast, Cleveland-Cech-Havlicek and the Slovak Sokol met in session. The delegates were of the opinion that some type of unification and expansion was imperative if the Sokol movement was to survive in the near future.

In March of 1961, a conducted tour was arranged through a new Jewish recreational facility in the area to stimulate the thinking in any future building program. To broaden the scope of thinking, additional representatives were encouraged to participate. Also, it was incorporated at that time that an attempt be made to include possibly a farm or a camp site to suffice future needs.

During the balance of 1962 and early 1963, two individual Sub-committees became active, one searched for suitable acreage, the other conducted a personal poll by mail of all Sokols in the Cleveland area whether to proceed with the expansion program. The results were encouraging and justified efforts to keep working.

The legality of a joint Sokol movement came into the picture. Legal advice was obtained in regards to responsibilities and obligations of individual Units in this plan. This was to be a non-profit organization, consisting of 3 incorporators from each of the Units. This was approved by Sokols, Nova Vlast and Tyrs. Sokol Cleveland-Cech-Havlicek disapproved.

Although temporarily disappointed, the unification program continued. In December of 1964, the incorporators (now called Trustees) were joined by 6 additional appointees. Three working committees were organized — Ways & Means, Site

Investigation and Activities Planning. All the committees performed their obligations and during the Summer of 1965 a very comprehensive report was presented. A vote of confidence resulted to seek a suitable site and continue efforts for possible merger with the other Sokol Units in the area. In addition, the Sokol Tyrs delegates were given permission for the possible sale of their building, the resulting funds to be used in the new building program.

In 1966, the delegates rededicated their efforts to the task they faced. At this time a total of 52 delegates were working on this project. Five long years of progressive planning were finally culminated in the formation of American Sokol, Inc. under the laws of the State of Ohio, February 14, 1966. The following month, 7 new Trustees were elected to head this new group. In early 1967, a Fund Raising Campaign was launched. Seven years of visionary planning had now elapsed!

Bro. Jirousek closed by stating: "The monumental task confronting all of us in starting this tremendous project will not only require your moral and physical support, but will require your financial support. The Sokol ideals, the very proud Czechoslovak heritage and culture, brought to this country more than 100 yrs. ago, very capably contributed to the American way of life and environment — and must — and will be preserved. A new Czechoslovak Culture Center, born in the minds of the present day leadership, and transformed through hard work, methodical planning, and the necessary funds, will be the glowing tribute to all Czechs and to all Slovaks in this community. The dedicated leadership to see a project such as this to a successful conclusion is evident today. But, qualified leadership is only a small, yet very necessary factor. Great importance rests on you and on everybody to morally and financially support this leadership — because, tomorrow may be too late!"

Robert E. Jirousek (February 18, 1966)

* * *

In a letter received February 11, 1974, by your editor, Bro. Jirousek stated: "American Sokol, Inc. purchased a parcel of land in 1970. A period of 4 years has passed in attempting to change the zoning. When the project was started, it was deemed a long range venture and not something to panic about. The greatest drawback has to be insufficient funds to pursue a project at today's inflated material and labor costs."

Editor's Note: — Following are excerpts from Bro. Robert Jirousek's report for the year, 1973, as President of the American Sokol, Inc. in February of 1974:

At the Annual Meeting, held on January 29, 1973, the membership unanimously approved the Nominating Committee's slate of 9 Trustees to serve on the Board. Joining them were Richard Franks, President of Sokol Tyrs, and James Kocian, President of Sokol Nova Vlast, Robert Jirousek was elected for the 2nd time to serve as President.

At the February meeting of the Board, consensus of opinion was to continue in attempting to obtain a favorable zoning change, and to continue with fund-raising activities. During March, a close liaison was maintained between the Sokol attorney and the mayor of Valley View. In April, Pres. Jirousek and the chairman of the Building Committee appeared for the 2nd time before the Valley View Planning Commission to again request a variance in the zoning. The vote was 3 to 2 against. Subsequent meeting in May indicated carrying the zoning change directly to the residents of Valley View under a referendum vote on the November 6th ballot. This was arranged. In the meantime investigation of other possible sites continued, but the cost on many of these where zoning was favorable and utilities available was prohibitive and far beyond the means to finance.

The campaign to promote the referendum vote was entirely in the hands of the Valley View officials. Photos and pertinent information was supplied on request. Not knowing the residents was the greatest handicap in influencing the voters. All of our attempts to get our people actively involved in this struggle were politely rejected.

In September a very successful Beer Festival was promoted, followed by an equally successful 250 Club Dinner & Dance.

On November 6th, the referendum vote on the ballot was turned down by 78 votes. It was hard for our membership to believe that our hopes to construct a beautiful Cultural Center would be rejected. In spite of this disappointment, it is essential we must continue to seek our goal. The Trustees continue to explore other sites. The possibility of resubmitting our request to the residents of Valley View will be carefully studied and evaluated.

Bro. Jirousek closed his report: "To culminate my 2nd yr. as President I conscientiously did everything humanly possible in trying to move our project forward. The time involved from my standpoint and the results in November were frustrating and certainly disappointing. My greatest disappointment again has to be the lack of motivation in assuming responsibilities displayed by many of our American Sokol, Inc. representatives. All of us who are members of this body should search our souls and ask ourselves — What have I done to advance our cause? — And I sincerely know that in a great number of instances the answer is negative.

The need for a new Sokol Cultural Center is still as great now as it was in the past. Our gymnastic programs in the Cleveland area, under outstanding leadership in our B.O.I., are desperately in need of new facilities. It is up to all of us to

somehow get involved and solve this dilemma and provide our youth with something that they, along with all of us, can and should be proud."

MEETING OF THE EXECUTIVE BOARD OF THE A.S.O.

May 28, 1974

Vice-Pres., Sis. Betty Prener presided. Present: Bros. R. Svoboda, G. Basta, E. Linhart, G. Herink. Sisters J. Pros, A. Sotka, E.J. Schnabl, A. Basta.

Correspondence: Invitation from Sokol USA for Bro. Stanley Barcal to attend their Convention Banquet, July 10th. — Letter from Bro. David Stasa re: permission to have access to the minutes of Sokolice Detroit for the dissertation he is writing. Recommended Sokolice Detroit grant his request. — Invitation for Bro. Linhart attend the Western District Slet, June 21-23rd. Request will be granted. — Pacific District requested pins and Citation of Merit. — Sample from Sokol Detroit of the letterhead for Convention stationery. Some changes were recommended by the Board. — Letter will be sent to Sokol Tabor as to the Board's decision on material to be printed in the Sokol publication. Alternatives will be suggested. — Article from Southern District regarding Sokol Yukon will be inserted in the Hlasatel.

Director of Men, Bro. Linhart: Reported on the Men's BOI meeting, May 15th. — Discussion ensued regarding a Summer Gymnastic Camp. Will be presented at the next combined meeting. — Was informed the 1975 Sokol USA Slet will be held at the New York State University, Binghamton, N.Y. All gymnasts will be housed on campus. On the agenda are competitions, Victory Dance and the Slet in the stadium. — Attended Modern Rhythmic Gymnastics National Competition at Morton West. — Ground-breaking ceremonies were held, May 19th, for Sokol Tabor's new addition to its present building, with Bro. Barcal representing the ASO and Bro. Edwin Halik the Central District.

Director of Women, Sis. Schnabl: Attended Rhythmic Gymnastics Competition. Very impressed. — Sent Slet Folk Dance to Sis. Smith. — Sent out copies of the Sokol USA Jr. Girls and Women's Slet Calisthenics. — Judged Central District's 2nd Class Competition. Suggested 3 divisions in the future. — Will send a supply of Report Forms to all District Directors. — Received information on the Sr. Olympics to be held in Los Angeles. — Final Report Forms approved: Central District, Trampoline and Tumbling Clinic, \$50.00; St. Louis Workshop, \$140.00; St. Louis Spotting Clinic, \$168.00. Pacific District, Travel from San Mateo to Los Angeles, \$37.50. — Hopes the American Sokol will advance in Rhythmic Gymnastics. — Discussion ensued on Sokol's participation in the Bicentennial.

Financial Sec'y., Sis. Sotka: Finalized the Sokol Instructors Course held in Naperville, Ill. Receipts, \$14,041.04; Disbursements, \$13,685.08; Profit, \$356.56. — Cost of printing paper increase was \$66.06. — Sokol Portland paid its Special Assessment. — Mailed educational material to Bro. Milan.

Treasurer, Bro. Basta: In agreement with Fin. Sec'y. Report. — Working on Uniform Division comparison report. — Additional Bonds purchased for investments.

Editor, Bro. Herink: Printers are presently in process of moving to new quarters. Approved, the request for a 2-color front page of the new Sokol Song Book for the September issue of the Sokol publication. Cost, \$126.00.

Membership, Bro. Svoboda: Praised the article on membership which appeared in the May Sokol issue. — Sis. Fara had been added to the committee. — Poor response on membership letters sent out. — Decision will soon be made as to membership poster and leaflet display.

Educational Committee, Sis. Prener: Held meeting, May 8th. — Articles received from Sis. Konceny, which will be printed. — Received request from Coe College regarding Folk Dances and Games. — Essay Contest was discussed. Hope to start it in September. — Received educational material from Bros. Cihak, Kala and Krakora, and Sis. Provaznik. — Historical dates will continue to be published.

Secretary, Sis. Pros: Represented Sokol along with Sis. Prener at Sokolice Milwaukee's 75th Anniversary. Program was very impressive. — Worked at the Rhythmic Competitions along with a group of other Sokol women. This USGF Competition was headed by Sis. Mildred Prchal, Chairman, and Sis. Jane Jurew, Meet Director. Competitors for the USA Olympic Team were determined.

DISTRICT REPORTS

Central District

April 24, 1974

Vice-pres., Bro. Edwin Halik presided with 12 members in attendance.

Director of Men, Bro. Paul Lebloch: Reported upon the combined BOI meeting, April 9th. — The Folk Dancers were to perform at Sokol Havlicek Tyrs' Dinner, May 4th; York P.T.A., May 14th; 2nd Class Award Night, May 18th; Modern Gymnastic Clinic, May 25th; Special Number Competition, June 1st; Sokol USA, Potters Lake, Wis., June 8-9th; Central Dist. Slet, June 22-23rd; Toronto Czechoslovak Day and Slet, June 30th. — District Social will be held following the 2nd Class Awards Night, May 18th. — Special Number Competition will be held at Morton West, June 1st. — The Victory Dance will immediately follow the Slet, instead of the usual Saturday preceding the Slet. Awards will be presented at that time. — The St. Louis Workshop for 2nd Class Girls and Jr. Girls held under the supervision of Sisters Jindra and Pistorious and gymnast, Linda Shaffer, was very successful. Bills for air travel and other expenses, \$219.26, were approved for payment. — Bro. Fina's Workshop on spotting expenses incurred, \$168.00, were approved. — Bros. Pavek and Vanak will hold a workshop on apparatus, April 27th. — Each Unit is urged to enter at least one circle of Folk Dancers for the Slet. Bro. Fred Kala is willing to teach the individual Units if necessary. — District will participate in the Memorial Day Parade at the Bohemian National Cemetery, May 30th; Vaul-

ters and Folk Dancers at the Oak Brook Polo Grounds, July 14th; Toronto Slet, June 30th; and Chicago's Captive Nations Parade.

Educational Director, Bro. Ernest Pirka: Cabinets for filing index cards are needed for the library. The library is divided into 3 sections — Sokol Brookfield, District and ASO. They are in English and Czech categories. Sheet music and tapes have now been received for the same.

Discussions: A special meeting for Slet plans is to be held at Sokol Stickney, April 29th. — District wishes to be informed of Sokol Havlicek Tyrs' consolidation efforts of inactive Units. — It was suggested a District Czech Flag for Sokol functions be purchased. Also, that the District appoint a custodian for the Flags. — A By-Laws Committee meeting will be held at Sokol Stickney, May 2nd.

Treasurer: Balance on hand — \$970.70.

May 22, 1974

Pres., Bro. Joseph Drnec presided, with 15 delegates present.

Correspondence: Received check from the ASO for payment of Workshops conducted on Modern Gymnastics, Volleyball, and the one in St. Louis. Also, the information the District's account was charged \$3,645.00 for the 27 students attending the ASO Course in Naperville, Ill.

Director of Men, Bro. Paul Lebloch: Stated new Czech and American Flags have been ordered at about \$30.00 each. District Flag will be cleaned. They are to be used for various events. Flag stands will be purchased. Bro. Kala will be asked to be custodian of Flags. — District teams will be formed to compete with Sokol USA, June 8-9th, at Potter Lake, Wis. Expenses will be paid by the District. — 2nd Class Boys competition was held, May 13th, with Bro. Ron Lutha as Meet Director; the meet very well conducted. The Awards Dinner was well attended. — Met with Bro. Walko regarding the school to be held with District Ludevít Stur at Potter Lake in August.

Director of Women, Sis. Carolee Michalek: Held BOI meeting, May 14th. — All bills for the 2nd Class Competition will be paid upon receipt of same. — Final decision of Women's Sokol competition dates will be left up to the Women's BOI. — Sis. Agnes Pajer received great praise in conducting the 2nd Class Competition and Dinner.

President, Bro. Drnec: Has been in contact with Sokol Racine. Classes will start there in October. Would appreciate help with an instructor, at least once a month, until the Unit gets back on its feet. The Racine group will be attending the District's Slet. — Bros. Drnec, Halik and Herink, along with Sis. Halik, attended Sokolice Milwaukee's 75th Anniversary. The Milwaukee sisters are to be congratulated for an outstanding program.

District Slet: Movers will be needed for the apparatus. — Awaiting word on the sound truck. — Bro. Halik to check the equipment at Riverside-Brookfield Stadium. — Caterer to be contacted for the afternoon of the Slet. — Evening refreshments will be prepared by Sokol people. — Ads for the Program Book are coming in fairly well. — Sis. Pros was in charge of the Slet mailing. Had great help. — Victory Dance will be held at Sokol Berwyn following the Slet.

Southern District

April 25, 1974

Pres., Bro. George Prevratil presided. Present: Bros. Don Steinman, Oldrich Parma, Jerry Milan, Larry Laznovsky, Harrell Hamilton, Miro Jurcik, Frank Cechan, Stuart Hamilton. Sisters Bernice Hamilton, Sylvia Laznovsky, Henriette Milan, Vlasta Laznovsky. Guests — Sisters Helen Parma, Rose Steinman, Vlasta Jurcik, Jeanie Mason.

UNIT REPORT

Sokol Corpus Christi: April meeting, 22 present. — Presented gymnastic program during political rally. — Flea market, April 21st. — Unit competition, May 4th, followed by a dinner for membership.

Sokol Zizka: April meeting, 25. Gained 2 regular, 4 associate members. — 3 rentals and 2 other Board dances. — Gymnasts participated in SWAAU Open Novice meet in Houlton City, Texas.

Sokol Karel Havlicek Borovsky: Preparation for Polka Festival. Float being prepared, gymnastic program will be presented at its Center. — Held 2 dances. — 35 gymnasts participated in a program for Ennis B&PW Petticoat show. — 16 gymnasts attended clinic at NTSU. — Will host volleyball tourney, April 28th.

Sokol Fort Worth: Gained 5 associate members. — Held membership Easter picnic. — 12 juniors attended W. German clinic in Denton. — Held judging session in preparation for the District Slet. — 5 juniors attended meet with Garland Flippers. — Unit competition and exhibition, May 5-6th. — Will stage a gym program for Trinity River Band Festival. — Special gym classes scheduled after the Slet.

Sokol Houston: April meeting, 32. Gained 3 regular, 3 associate members. — On Easter Sunday, held a dinner and social for the membership and an Easter egg hunt for the children. — Plans for Czech Day, July 7th; 3 bands, gymnastic program, Czech food and costumes. — Purchased apparatus and mats.

Sokol Yukon: Plan to hold Unit exhibition on gym night, May 22nd. — Movies and slides of XIII. Sokol Slet and Instructors Course were shown.

* * *

B.O.I. Directors, Sis. and Bro. Laznovsky: Manuals for Men's department ordered. — Taught Slet material at Sokols Yukon and Houston. Several gymnasts from Sokol Corpus Christi were present at Houston. — Made films of girls and junior girls floor exercises.

Educational Director, Bro. Parma: Received 1972 District Slet film from Yukon. — Mid-Slet film repaired. Copies ready to be made. — Received report from Bro. Petrzelka from Houston. — Reminds Units to teach the Sokol marching song for the Slet.

Public Relations, Bro. Milan: Judged and instructed at the W. German and Texas All-Star clinic at NTSU. Urges gymnasts to participate in clinics in their area if possible.

Discussions: Interest in the Slet is high. Ribbons, medals and trophies will be ordered. — Dis-

trict Course will be held, July 7-20th, in Ennis, tentatively to limit 50 students. Tuition fee is \$95.00 per student for 2 weeks. Approved, \$25.00 allocated per student with qualification the student have a 75% attendance. — Approved, a \$20.00 ½-page ad in Sokol San Francisco's 70th Anniversary program book.

President, Bro. Prevratil: Visited Sokol Yukon, April 7th, along with Bros. Parma, Cechan, Laznovsky, and Sisters Parma, Sylvia and Vlasta Laznovsky. Attended their Unit meeting. Directors taught Slet routines. Bro. Parma presented the Unit a sketch of Karel Havlicek, donated by Bro. Hosek, and gave a short resume of Havlicek's life in Czech and English. The Unit was commended for its reactivation.

HELPING SOKOL YUKON

As reported in the American Sokol publication a few months ago, we are extremely pleased with the progress that has been made by Sokol in Yukon, Oklahoma. Their instructors are eager to lead and have a desire to learn more.

We feel that in this small world there are probably Sokols in the Oklahoma City area that have moved from other parts of the country and would enjoy once again taking part and at the same time providing the benefit of their experience to our Unit in Yukon.

If you know of anyone in this locale, please either contact Bro. Larry Laznovsky, Director of Men, Southern District, Route 1, Ennis, Texas 75119, Area Code 214, 875-5987, or Bro. Loren Skarky, Director of Men, Sokol Yukon, 7730 N.W. 25th, Bethany, Oklahoma, 73008.

Southern District B.O.I.

Central District By-Laws Committee

The first meeting of this group was held, May 4th, at Sokol Stickney under the chairmanship of Bro. Edwin Halik. Present were: Bros. Edward Schnabl, Sokol Berwyn; Jerry Pohanka and William Meyers, Sokol Stickney; Roy Zitny, Sokol Brookfield. Sisters Agnes and Mae Sotka, Sokolice Tabor; Louise Kmen, Sokolice Havlicek-Tyrs.

Discussed were procedures for organizing. The following recommendations were submitted: — 1. Each Unit to select one but not more than two delegates to the committee. 2. All recommendations to be submitted through the Units. 3. Committee members need not be delegates to the Convention in 1975. 4. Recommendations will be sent by this committee to the District Executive Board for approval and then submitted to the Convention. 5. The first regular meeting of the By-Laws Committee is tentatively set for Sept. 30th, at Sokol Stickney, at which time the committee will organize and elect its officers. 6. Letters be sent to the Units explaining actions taken at this meeting. The letters to be read at the June and September Unit meetings.

SOKOL GYMNAST

June 1974

 Edited by AMERICAN SOKOL BOARD OF INSTRUCTORS

THIS WE BELIEVE

1. Fitness must be made the concern of the entire age span of participants from five years of age, upward. Individual fitness is a matter of individual motivation, and adult fitness is of equal importance with youth fitness. The natural competitiveness of man should be utilized to motivate adequate participation.
2. Youth needs diversification of activities, and not all of them physical ones, in order to achieve the physical, mental, moral, emotional, and spiritual fitness essential to personal well-being and happiness.
3. Individual fitness depends on personal motivation in the recreational program, but competent, inspirational leadership can encourage and motivate the occasional or non-participant.
4. Participation in community recreation, ethnic group programs of physical activity after school hours are an essential adjunct to, or extension of, the school program of physical fitness.
5. Both school and after-school programs of physical activity need to include "formal" and "informal" activity in physical education and sports, with increased emphasis in later school years upon activities having good "carry-over" value for adult life.

Advisory Committee on Youth Fitness

SOMETHING NEW — WESTERN DISTRICT

Br. E. Linhart:

The Western District started something, and I think the rest of the Sokol Units would like to hear about it.

You have probably heard, that video taping machines are in wide use in the schools today. These machines are a great help in teaching.

So, on January 20th, the Western District received shipment of two complete video units. These units consists of a video camera, video tape recorder, and video monitor (T.V.).

After receiving this equipment, one of the biggest jobs was learning how to use it, and teaching other people how it works. I think that the hardest part was hooking it up. To run it, is no problem. It is just like a T.V. and tape recorder. We did set up rules and regulations for the operation of this machine. Only 6 (six) people in each unit will be able to operate the machine (3 men and 3 women). This, we hope, will cut down the percentage of breakage and service. Don't get me wrong — these machines are tough and will take a lot of abuse.

To get into the use of this unit in the gym —

I know that you have the same thing happen in your gym that happens in ours. When you try to tell a student that he is doing something wrong, it is very hard to explain. You tell him that his toes or legs are bent, and the student says no, they weren't. With the video unit you can show him right where each mistake was made. This way the person can see what he did wrong and cannot make any excuses. This machine also has slow motion and stop action so you can watch for everything.

In the few weeks that it has been in the gym, you can see some improvements in some of our students.

You don't have to stop its use there. You can use it to teach a person how to spot by showing him where and how to place his hands and where to stand. You can have classes to teach people how to judge. You can record a drill and play it back to show him what to look for.

You can do as we did. The two machines will travel over the six units in the Western District. We have a District tape with each machine with

(Continued on page 163)

M. Prchal:

USGF MODERN RHYTHMIC GYMNASTICS CLINIC AND NATIONAL COMPETITION

May 21, 22, 23 and 25th

The Northeastern University in Chicago hosted the very important National Modern Rhythmic Gymnastics Clinic sponsored by the United States Gymnastics Federation on May 21, 22, 23, 1974.

Mme. Kveta Cerna of Prague, Czechoslovakia, a member of the FIG Modern Rhythmic Gymnastics Committee and International Judge arrived in Chicago on May 20th after having conducted a 2-day Clinic in Hunter College, New York. With her on the teaching staff were Dr. Andrea Schmid of San Francisco, California, Dr. Helena Great-house, Riverside, California. Mildred Prchal was translator for Mme. Cerna. Betty Ann Meyer, instructor at the University and a member of the USGF Governing Council, made all necessary preparations. Registration began at 8:00 a.m. on May 21.

30 students, some only part time, attended. 10 hours of instruction, including assignments and study for judges' tests, were conducted each day.

Included in the curriculum were: Basic technique of exercise without apparatus and exercises with official apparatus; evaluations and penalties; progression in creating original difficulties rather than using examples in Code of Points. Official apparatus: ball, hoop, jump rope, clubs, ribbon. Group exercise and musical accompaniment were, of course, discussed.

New additions to the 1970 Code of Points and corrections were given. A new Code of Points will be printed soon.

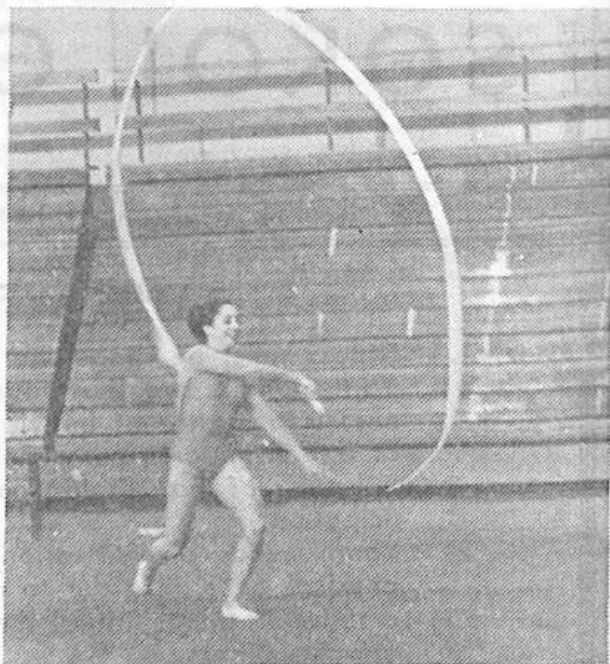
Most interesting to all modern rhythmic gymnasts who have heretofore, strictly adhered to the "taboo" of acrobatic elements in the modern rhythmic exercises, should be the inclusion by the FIG, of the front and back roll in future exercises. Perhaps a forerunner of more to come.

Mme. Cerna was the first FIG Modern Rhythmic Gymnastics member and international judge to visit the United States. This was of tremendous importance and assistance to us.

The 3-day Clinic was followed by the National Modern Rhythmic Gymnastics Competitions; — judges were selected from those who attended the Clinic with Mme Cerna acting as Referee.

On Saturday, May 25th, the II National Modern Rhythmic Gymnastics Competition was held at Morton West High School, Berwyn, Illinois. Events were 6-member group exercise with rope (group work was included for the first time) and individual exercise with ball, ribbon and jump rope. Only the two best scores were considered for each individual.

The judging plan was prepared by Mme. Kveta Cerna. Two areas, one with rug and one without were available to each gymnast. 2 groups of four judges, each with a head judge officiated. Mme. Cerna refereed. After the group competitions the 10 judges remained in place, one group judging



ball, one group judging ribbon (gymnasts alternated, one with ball, the next with ribbon, etc.). The jump rope was later evaluated by four judges and one head judge selected from the first two groups. This was a very good system, allowing Group No. 1 judges to evaluate the finished work of one gymnast, while Group No. 2 judged the next gymnast. Thus the competition continued smoothly with no stop except for conference after the first gymnast. All judges sat in front of the two areas.

The calibre of competitors this year far exceeded those of our first competition last year. Gymnasts from California, Nevada, New York, New Jersey and Illinois participated. Judges were from California, Minnesota, Iowa, New York, Texas and Illinois.

Meet Director was Mrs. Jane Jurew, Regional Director, who did a splendid job of organizing. Betty Ann Meyer of the Northeastern University was Clerical Chairman. A fine crew of workers from the local American Sokol and the Chicago Park District assisted throughout the competition.

The next National Modern Rhythmic Gymnastic Competition will be held in San Francisco, California; meet director will be Dr. Andrea Schmid. Events: 6-member group exercise with 3 balls and 3 ropes. Individual exercises with ball, hoop, ribbon, clubs.

Results of II National Rhythmic Gymnastics Competitions:

I GROUP: University of Illinois 16.30

ALL-ROUND:

I Candace Celigoy, Reno, Nevada	19.00
II Helen Martinez, San Francisco, Ca.	18.70
III Katherine Brym, Riverside, Ill.	18.50
IV Patty Murphy, Chicago, Ill.	18.25
V Debbie Bardarson, Riverside, Ca.	17.95
VI Kim Hanley, Reno, Nevada	17.50
VII Nancy Koetke, Chicago, Ill.	16.70

RESULTS NORTHEASTERN DISTRICT SR. MEN APPARATUS COMPETITION

Saturday, May 4, 1974, Cleveland, Ohio

District Units:	Number of Competitors:
1. Sokol Detroit	0
2. Sokol Nova Vlast	4
3. Sokol Tyrns	13
	Total 17

Judges:

Edwin Jirousek	J. Vencl
Robert Jirousek	William Stepnicka
Karel Vavra	John Dusek
Donald Ranc, Sr.	Lad Pliska
John Galik	Frank Pliska, Jr.
Joe Hibler	Jay Alexander
Edward Lacina, Sr.	Harold Howley

Scorer: Dennis Baca

Meet Director: Peter Dusek

LOW B DIVISION

Name and Unit	Place and Points	
Dennis Jirousek, Sokol Tyrns	1	50.50
Tom Harrison, Sokol Tyrns	2	49.40
Joe Prikazky, Sokol Tyrns	3	47.70
Jim Duffy, Sokol Tyrns	4	46.75
Kevin Koelliker, Sokol Tyrns	5	46.40
Tony Berg, Sokol Tyrns	6	46.35
Roger Becerra, Sokol Nova Vlast	7	45.60
Gene Koerber, Sokol Nova Vlast	8	43.45
Richard Rejna, Sokol Tyrns	9	41.35
Don Ranc, Jr., Sokol Tyrns	10	31.15
FIRST PLACE TEAM: Sokol Tyrns		149.80

LOW A DIVISION

Name and Unit	Place and Points	
Nelson Gedeon, Sokol Tyrns	1	50.70
Bob Kunc, Sokol Nova vlast	2	47.90
Bob Eckhoff, Sokol Tyrns	3	47.65
Jim Kratky, Sokol Tyrns	4	40.70
Carl Johnson, Sokol Nova Vlast	5	37.65
FIRST PLACE TEAM: Sokol Tyrns		139.05

OPEN DIVISION

Name and Unit	Place and Points	
Mike Eckhoff, Sokol Tyrns	1	35.30
John Pesek, Sokol Tyrns	2	28.80
FIRST PLACE TEAM: Sokol Tyrns		64.10

Summary and results submitted by Peter Dusek, District Director of Men.

SOMETHING NEW (From Page 161)

the drills for this year's Slet on them. This way the other units can see the drills. This way, if there are any questions they can be answered before the student comes to compete.

These are just a few of the ways to use this equipment. There are many more ways to use it, but this is just a note to let the rest of the Districts know what the Western District is doing with change in the world today.

This, we hope, will help us advance to be the biggest and best District in the A.S.O.

Nazdar,

Gary J. Masek,
Director of Men
Sokol Omaha

Summer Increases Woe of Athlete's Foot

(Reprinted Courtesy Chicago Tribune)

By T. R. Van Dellen, M.D.

Athlete's foot (tinea pedis) is man's most common fungal disease. It is more prevalent during warm or humid weather because the ringworm organism thrive on heat and moisture. Adult males are bothered most in this country.

Some people seem to have more resistance to athlete's foot. They are able to walk barefoot in contaminated places without developing the condition. However, there is no way to tell in advance whether immunity exists or if it will be permanent. It is for this reason that good foot hygiene is important for all, especially during the summer months.

The following suggestions may help to protect against athlete's foot. Wash the feet at least once a day and dry the toes thoroly. Talcum powder will help to keep the feet dry. Use a bath mat or put a newspaper or towel on the floor next to the shower or tub. Don't walk barefoot on any floor. Always wear your own shoes or slippers. These precautions are mentioned, even tho many people never develop ringworm, because of repeated exposure to the organism.

Lightweight shoes that fit and cotton hose are comfortable for daily wear, especially on hot days. If the feet perspire excessively, avoid nylon or wool hose, as well as sneakers and rubber-soled shoes. Dusting the feet with Tinactin powder also is helpful.

Special precautions must be taken without delay should itching, burning, or cracking develop between the toes. After bathing, use one towel for the feet and another for the rest of the body. Wash the hands thoroly after touching the toes.

It is well to remember that not every lesion on the foot or between the toes is ringworm. Many physicians have laboratory facilities to determine whether the rash is caused by fungi or represents irritation, eczema, or allergy. If ringworm is present, the treatment may include griseofulvin, an antifungal tablet that reaches infected tissue via the bloodstream. Best results are obtained when griseofulvin is used along with applications of a powder or salve that kills surface organism.

AAU TEAM TO TOUR WEST GERMANY

According to Tom Maloney, AAU Gymnastic Coordinator, the U.S. Gymnastic Federation has approved an AAU Gymnastic Team tour of West Germany in September of 1974. This tour will be exhibition only with West German Gymnastic Club in five cities in West Germany. The tour will be conducted during the last two weeks in September 1974. Exact cities visited and dates will be announced later.

The final trials to select the six men and six women gymnasts for this tour were conducted at the 1974 Senior National AAU Championships, Eastern Montana College, Billings, Montana, on April 26-28, 1974. Gymnasts who made the AAU team will have all expenses paid and will receive a competitive uniform and a travel uniform.

RESULTS

1974 CENTRAL DISTRICT COMPETITIONS

Second Class Girls - High Division

Teams

1. Berwyn I	764.6
2. West Suburban I	763.6
3. Brookfield I	742.4
4. Berwyn II	720.8
5. Slavsky I	716.1
6. Tabor I	710.2
7. Stickney I	675.5
8. Stickney II	665.2

Individuals

Place, Name, Sokol	Score
1. Anita Schnabl, Berwyn I	192.6
2. Eva Hanzlik, Berwyn I	188.8
2. Deanna Schabowski, Tabor I	187.2
4. Janet Pistorius, West Suburban I	186.9
5. Maggie Sullivan, Stickney	185.6
6. Gabrielle LeMieux, Brookfield I	185.4
7. Peggy Gilbert, Berwyn I	183.9
8. Cindy Schmitz, Berwyn II	181.7
9. Judy Ruzevich, Slavsky I	180.6
10. Michelle Le Mieux, Brookfield I	180.0
11. Julie Banaszek, West Suburban I	179.5
12. Jenny Hetzer, West Suburban I	179.0
13. Diane Bultas, Tabor	176.6
14. Jean Matias, Brookfield I	176.2
15. Michele Wayt, Brookfield I	175.6
COMPETING: 8 Teams	37 Individuals

Second Class Girls - Low Division

Teams

1. Brookfield I	975.4
2. West Suburban III	956.3
3. West Suburban I	951.7
4. Tabor I	951.5
5. Slavsky I	946.2
6. Slavsky II	938.8
7. Stickney III	936.9
9. Berwyn I	935.3
9. West Suburban II	929.9
10. Berwyn III	915.3
11. Slavsky III	911.7
12. Tabor II	904.3
13. Berwyn II	901.6
14. Stickney II	897.9
15. Berwyn IV	865.3
16. Stickney I	859.4
17. Stickney IV	854.3
18. Tabor III	848.4
19. Brookfield II	836.0
20. Stickney V	830.7

Individuals

Place, Name, Sokol	Score
1. Denise Michalek, Brookfield I	194.7
2. Darlene Heslop, Brookfield I	191.9
3. Vicki Vanek, Brookfield I	191.3
4. Kathy Kubik, Slavsky I	190.8
5. Kristine Ortez, Berwyn III	190.2
6. Clare Shayatovich, West Suburban III	188.9
7. Debbie St. Mary, West Suburban III	188.6
8. Sue Yario, Brookfield I	187.9
9. Regina Scannicchio, Slavsky II	186.9
10. Michelle Mrizek, Berwyn I	186.5
11. Diane Olmstead, Berwyn I	186.4

11. Kathy Langley, West Suburban I	186.4
12. Mary Beth Melcer, West Suburban I	186.3
13. Sue Marvinac, Tabor I	186.0
14. Connie Uthe, Stickney III	185.9
15. Sue Tuggle, Slavsky I	185.8

COMPETING: 20 Teams 124 Individuals

Carolee Michalek — District Director

Anne Halik — Tabulating

Agnes Pajer — Meet Director

Second Class Boys Competition

Teams

1. St. Louis	490.6
2. Tabor	464.5
3. Slavsky I	454.1
4. Brookfield	417.2
5. West Suburban I	376.0
6. Berwyn	358.8
7. Slavsky II	338.1

Individuals

Place, Name, Sokol	Score
1. John Satek, Slavsky I	127.7
2. Rob Musil, Brookfield I	127.4
3. Roy Stanley, St. Louis	124.3
4. Ron Newcomer, St. Louis	122.9
5. Michael Gerhart, Tabor	122.3
6. Steve Sulz, St. Louis	114.6
6. Tony Loll, Stickney	114.6
7. Dale Walinski, Tabor	112.6
8. John Palter, Berwyn	112.2
9. Dan Hogan, St. Louis	111.9
10. Don Hogan, St. Louis	111.0
11. Dan Mugavero, Tabor	109.2
12. Paul Gerhart, Tabor	107.2
13. Milan Kratky, Slavsky I	104.1
14. Bobby Capua, Tabor	103.0
15. Robert Henry, Slavsky I	102.3
15. Dan Sattler, Slavsky I	102.3
15. Gerald Maciejewski, Stickney	102.3

COMPETING: 7 Teams 43 Individuals

Paul Lebloch — District Director

Ron Lutha — Meet Director

John Satek — Tabulating

CENTRAL DISTRICT

SPECIAL NUMBER COMPETITION - 1974

Low Division - Children's Group

I. Slavsky	39.03
II. Berwyn	37.44
III. Stickney	30.30
IV. Tabor	24.15

High Division - Juniors and Seniors

I. Tabor	48.35
II. Slavsky	37.75
III. Berwyn	36.10
IV. West Suburban	32.20
V. Brookfield	30.28
VI. Stickney	27.37

Awards were given to authors of the winning special numbers:

Low I "Jumpin' for Joy" written by Kathy Babka and Lynn Ptacek

Low II "Movements to Moog-sic" written by Terry Gilbert

High I "Palicky" written by Mildred Prchal

High II "A Valentine with Love" written by Ellie Babka

Meet Director: Agnes Pajer

SOKOL TYRS' PRIZE-WINNING FLOAT



The impressive float pictured above, was constructed by Sokol Tyrs, with help from some other Cleveland Sokol members. The structure was packed with tissue flowers. Skillful gymnasts performed on the sparkling set of parallel bars. A box designed with a falcon along with complementary colors of red, white, and blue stripes enclosed hundreds of red, white, and blue helium balloons. When passing the television cameras and Judges' stand the balloons were released and filled the sky. The band played jovially spreading its music throughout the

area. Entering it into the Downtown Cleveland WIXY Radio-May Company Christmas Parade, the float received a trophy. Two weeks later at the Southgate Christmas Parade the float stole first cash prize from its' competitors.

Great inventive plans are again being schemed in the minds of our members. The plans for 1974's float are being sponsored by Corlett Movers. Thanking 1973's hard workers and welcoming the new gang and hoping to inspire all who attend.

Patti Vencel

SOKOL AND SOKOLICE CEDAR RAPIDS

The April 1st Sokolice meeting was probably the highlight of the year, when the Women's Board of Instructors hosted the program and served refreshments. Physical Director, Sis. Kveta Smith, was master of ceremonies and paid special tribute to the loyal supporters of Sokol gymnastic efforts over the years, namely Sisters Martha Kralik, Rose Smrcek, Vera Hanson, Anne Libor, Marie Vitek, Libbie Pauk and special honors to Sis. Mildred Prchal of Chicago who was made honorary member of the B.O.I. Each was presented with a red rose. Recognition was also given to active members of the B.O.I. — Sisters Marge Nejd, Betty Petrzalet, Julia Webster, Hermina Rigel, Cheryl Bartunek, Barbara Pulkrab, Sue Wood, Dorothy Ditch, Mana Zlatohlavek, Marie Vitek,

Beverly Kittrell, Rhonda Gerber, Jerri Spacek Wallig, and Kveta Smith. Then Sis. Vitek presented a Miroslav Tyrs Medallion to Marge Nejd and Kveta Smith for their outstanding Sokol work. Also introduced were the assistant teachers who voluntarily help in teaching gym classes — Sisters Irene Hamouz, Olga Sedenka, Jane Haerther, Pam Webster, Leah Smittkamp, Kim Weber, Debbie Pulkrab, Leanne Kinch, Peggy Ault, Connie Redman, Sue Netolicky, Beth Hrabak, and Sue Kuba. A very fine assortment of goodies were served in conclusion of the evening.

* * *

On April 29th, 35 members of the Sokol Cedar Rapids Beseda Group and the BOI, which included

some of their families, had 3 couples from St. Paul, Minn., representing the Czechoslovak Folk Dancers from that city as their guests. They were Bros. Robert Bastyr, Robert Vanyo, Jim Fisher and Sisters Shirley Bastyr, Pauline Vanyo and Babe Vanyo.

They arrived in Cedar Rapids in a house trailer, together with their sound equipment and instructional material; the purpose being to instruct the local Beseda group in Folk Dances other than the Beseda. This group is the only one of its type in Minnesota. Its repertoire includes not only Czechoslovakian folk dancing, but also Ukrainian, Russian, Israeli, German, Macedonian, Swiss, Irish and Italian.

Just before 5 p.m., Bro. Bastyr, the director, began instructing until it was time out for a Pot-Luck supper and visitation. Then all returned to rehearsing until late in the evening. Our local dancers had learned 3 very effective folk dance routines fairly well, which gives them greater selectivity in filling requests.

Sokol Cedar Rapids Bulletin

SOKOL HAVLICEK TYRS

Due to the hectic turmoil that ensued during the closing days of the sale of the Sokol Havlicek Tyrs building, the promised Farewell Party for its membership never materialized. However, the long-awaited Dinner and Social became a reality on May 4th, at Sokol Brookfield. During the course of the evening's program the District's Folk Dancers performed. Also, marking the occasion, Membership Pins were presented to the following: 50 yrs. — Bros. Leo Chlud, Anton Jelinek, Fred Marsalek, John Louzensky, Frank Sykora. Sisters Kate Danko, Adele Seidemann, Ann Marsalek, Josefa Budilovsky, Mana Kalina; 40 yrs. — Bros. Joseph Rehor, Louis Nedelka, Charles Dvorsky. Sisters Mildred Cerny, Vlasta Tibitanzl, Marie Kolarik; 25 yrs. — Tony Jirousek, Frank Dobias, Joseph Rus, Danny Michalek. Sisters Devone Kalas, Agnes Likas, Josefa Nenecek, Vivian Vejvoda, Emily Korinek, Mildred Dobias, Bessie Jirmasek, Ethel Rus; 10 yrs. — Bros. George Krajcovic, Richard Dolejs, Jerry Srp, Stanley Jancik. Sisters Ella Ronovsky, Albina Bednarik, Pavla Janecka, Elsie Kaiser, Mary Vondrak.

With the sale of its building, the membership is by no means inactive. The gymnasts are presently drilling either at Sokol Berwyn or Sokol Brookfield; having just participated in their respective Unit exhibitions.

The Sokolice, headed by Sis. Ann Basta, are especially on the move. On March 21st they staged a most successful Bunco party. A tour was conducted on April 29th to the Lambs Farm for retarded adults in Libertyville, Ill. Included was a buffet lunch and visits to the gift shop, pet shop and bakery, that were on the premises. On June 6th a tour was held to the Long Grove Community with its quaint old-fashioned shops. To top it all, a 7-hr. boat cruise (a breakfast and luncheon included aboard ship) on Lake Michigan and the Port of Calumet will take place, June 30th.

Every Thursday, during the months of July and August, the Sokolice will be staging their weekly

fund-raising picnics in the forest preserve. For many, many years the hard-earned funds raised during each summer were desperately needed in the maintenance of the old Sokol Hall. Now they'll be ear-marked for the building of a new Sokol Center, when that dream becomes true.

The Sokols and Sokolice of Havlicek Tyrs have no intentions of lying dormant. Many other future activities are in the planning stage.

FINANCIAL REPORT American Sokol Organization

April 1974

RECEIPTS:

Dues	\$4,083.25
Convention Fund	43.00
Special Assessment	301.00
Dividends and Interest	272.65
Advertising in "American Sokol"	672.00
Resale of Jewelry	46.00
Educational Pamphlets, Membership Kits, Manuals, Postage	78.49
Miscellaneous Income	17.70
	<hr/>
	5,514.09

A.S.O. Uniform Division —	
Payment toward Advances	1,533.41
	<hr/>

Total Receipts

\$7,047.50

Administrative Department

DISBURSEMENTS:

Salaries	\$405.04
F.I.C.A. & F.W.T. for March	84.68
I.W.T. for 1st quarter 1974	30.60
Rental, Janitor Service, Phone ...	301.31
Travel Expense	85.27
Office Supplies, Postage	27.98
Miscellaneous	6.96
	<hr/>
	\$ 941.84

Educational Department BOI

Salaries	\$208.82
F.I.C.A. & F.W.T. for March	51.64
I.W.T. for 1st quarter 1974	12.48
Editor "Sokol Gymnast"	25.00
Addit'l copies "Sokol Gymnast" ...	28.00
Postage, Phone	15.54
	<hr/>
	341.48

Sokol Publication

Printing "American Sokol"	\$718.70
Editor "American Sokol"	75.00
Postage	45.84
	<hr/>

839.54

Miscellaneous

Uniform Division — Salaries, F.I.C.A., F.W.T., I.W.T., Phone	\$345.75
Special Appropriations —	
Western District ASO	480.09
Special Appropriations —	
Central District ASO	288.57
	<hr/>

1,114.41

Total Disbursements

\$3,237.27

Balance brought forward:	
Western National Bank of Cicero —	
Checking Account	\$1,884.53
Receipts — April 1974	7,047.50
	8,932.03
Disbursements — April 1974	3,237.27
	\$5,694.76

FUTURE SOKOL LEADERS FUND
May 1974

Emily Ruzicka and George Voyta, in memory of aunt, Rose Voyta	\$ 20.00
Stefie Wortner in memory of brother- in-law, Peter Wortner	10.00
	30.00
Hoyne Savings & Loan Ass'n. - Dividend	150.93
	\$180.93

Donations are tax exempt

STANLEY TABORSKY

Bro. Stanley Taborsky, a member of Sokol Baltimore for 38 years, passed away on May 5th at the age of 56. Actually he spent a half a century in the Sokol ranks as he was enrolled in the boys' gym classes at the age of six.

Bro. Taborsky served as secretary of the Unit for several years and was also a member of the Board of Instructors.

At the time of his death he was the chief electrical engineer at the United States Coast Guard station in Curtis Bay. At one time he was a chairman of the Institute of Electrical and Electronic Engineers.

We extend our deepest sympathy to his family.

Edward Stetka

**Czech Language Courses at
 the University of Houston**

Regular Registration for the "Fall Semester" will be held Aug. 21st and Aug. 26th at the University of Houston. Registration will be for the beginners and advanced classes. The 3rd year may be inaugurated if there are sufficient registered students in time. Audit students are welcome, but must pay some tuition.

Program of classes in Czech Language, Literature, History, etc., leading to the graduate level is being readied and will be activated in accordance with the procedural regulations of the University. Teofil Halama will again be the instructor.

Kindly pass this information to anyone interested; help of everyone is essential to preserve the Czech language in Texas. For further information kindly contact the Registration Office at the University of Houston.

Birdie Hilsher
 John J. Pech

CHARLES DWORAK

Bro. Charles Dworak passed away, March 12, 1974. Was born, December 16, 1901, in Omaha, Nebr. Joined Sokol South Omaha in 1930. He took part in many activities during his 43 years as a Sokol. He was on the Board of Directors for 15 yrs., chairman of the Games Nights for 8 yrs.

Bro. Dworak was very devoted, having served on many committees and gave many hours to Sokol. For many years he helped prepare the Sokol Park for the coming season. He was a cheerful person, and Sokol South Omaha was greatly enriched in having him as a member. He will be sadly missed by everyone.

Surviving is his widow, Philomena; Sisters Agnes Fitle, Bess Signet, Antonette Thompson and Mary Tessin. Deepest sympathy is extended.

Edward Pavoucek

HENRY "HANK" VYDRA

JULY 10, 1909 - APRIL 3, 1974



Sokol Berwyn and the entire American Sokol family is saddened by the sudden passing of a great Sokol leader, Bro. Henry Vydra. His Sokol influence was felt by thousands of youngsters who passed through his classes. Always a stern disciplinarian, his strict adherence to Sokol teachings and principles was tempered by a willing and compassionate heart and hand.

Bro. Vydra's Sokol career began in the gymnasium at age 3. He was assisting in classes while still a youngster himself in the 2nd class of boys. At age 17, he became instructor of all children's classes and also Director of Men of Sokol Berwyn. His early training in the gym qualified him well for his job as instructor, but he had no formal Sokol instructor training till several years after he began his teaching career.

During his many long years as a member of Sokol Berwyn, he served as Men's Director, Secretary, member of the Board of Directors and President. Was also a member of the American Sokol Executive Board and the designer of the

present Men's parade dress uniform. He distinguished himself in the Sokol instruction field by authoring many of the children's calisthenics drills used in the 1940's and 1950's.

During the many long years of teaching his "Sokol Family", Bro. Vydra's constant companion and class assistant was his wife, Ella. Always in the gym with him during classes. Sis. Ella also distinguished herself by holding the office of Financial Secretary for Sokol Berwyn for many, many years.

Always very proud of his Czech background, Bro. Vydra was well-known in Czech theatrical circles for his many performances in CSA and in Klub Bedrich Smetana plays. He was a founder and long-time President of Klub Bedrich Smetana and directed most of the club's performances.

For many years Bro. Vydra also directed and narrated the Czech "Christmas Around the World" performances held each December in Chicago's Museum of Science and Industry.

The entire Sokol family and the Czech ethnic community has truly suffered an irrevocable loss with his passing. His influence will long be remembered.

Edward Schnabl

GUSTAV KUCHTA

Opět opustil naši jednotu bratr, který dlouhá léta byl členem. Po krátké nemoci zemřel v 70 letech jeho plodného života bratr Gustav Kuchta. Byl členem naší jednoty po padesát let a měl jednotu vždy rád.

Bratr Kuchta se narodil v Čechách a do této země přišel s rodiči jako dvouletý chlapec. Přece ale láska ku zemi kde se zrodil byla mu uvědoměnými rodiči dána do jeho srdce, tak že vždy se hlásil k českému původu a stal se členem českých spolků. Že se těšil velké oblibě bylo dokázané na jeho pohřbu, kde takové množství se přišlo s ním rozloučit a doprovodit ho na poslední cestě. Br. Kuchta měl rád přírodu a proto byl dlouhá léta členem klubu přátel lovu a honby.

Jménem jednoty Sokol Tyrš se s bratrem Kuchtou rozloučil br. Voltaire Žižka. Jménem všech členů jeho jednoty Sokol Tyrš, vyslovujeme jeho truchlící manželce, naší sestře Mae, synům Raymond a Donaldu, a všem pozůstalým hluboce proctěnou soustrast. Odpočivej v pokoji — budeme vzpomínat.

K.Z.

SOKOL MIAMI

V záplavě všech zpráv o krásných oslavách narozenin našeho presidenta Osloboditele T. G. Masaryka chybí ještě jedna zpráva a sice o oslavě, kterou se může pochlubit jen Miami. Je to každoroční koncert československé hudby v prvním týdnu měsíce března už po dobu 25 let, kdy pod taktovkou dirigenta orchestru města Miami, Caesar LaMonaca, v Bayfront Park Amphitheater zaznívá večer líbezná melodie Smetanových a

Dvořákových oper a tanců, různé pochody Kmochovy, libivé arie Frimlovy a jiné. Také národní písně jsou zpívány a hymny naší staré vlasti spolu se Star Spangled Banner vždy uzavírají unášející okamžiky na břehu Biscayne Bay. My, miamští Čechoslováci se rádi účastníme a parádujeme v našich národních krojích. Díky naší s. Krausové za sólové vystoupení.

Tyto koncerty jsou umožněny nejen laskavostí a porozuměním City of Miami, Department of Parks and Recreation, ale také finanční obětavostí naší krajanky Annette Macounové v Miami. První koncert uskutečnila s manželem Frankem r. 1950 k uctění památky 100 let. narození presidenta Masaryka a taktéž k uctění celé Masarykovy rodiny a vzpomínce všemu ujařmenému čsl. národu. Jaký to krásný projev lásky k staré vlasti!

My, co rozdáváme programy koncertu o tomto večeru víme, jak rádi návštěvníci miamští přicházejí poslechnout naše krásné melodie, co otázek v různých a různých řečech a vzpomínek nesoucích se zpět k té krásné Masarykově republice.

Vlasta Hron

BR. ANTON HRON slavil 80. narozeniny

Dne 2. června dovršil 80 let svého života br. Anton Hron, dlouholetý člen Sokola New York a zakládající člen Sokola Miami. Byl též členem Sokola Newark. Zúčastnil se závodů a cvičení v reprezentačním družstvu Americkém na sletech v Praze. Sokol Miami oslavil toto významné jubileum při svém pravidelném pondělním shromáždění překvapenkou 3. června. Přítomnost starosty Antonína Hřebíka z Chicaga s manželkou Aničkou dodala zvláštního lesku a pocty našemu starému borci a cvičiteli.

VESELÝ KABARET

Sokola a Sokolic Detroit, měl svoji premiéru, v sobotu dne 27. dubna v té naší Sokolovně v Culture Center, v Dearborn Heights, Michigan. Taneční veselí započalo v 9 hodin večer a ukončeno bylo za velmi velké návštěvy, po jedné hodině po půl noci. Byl to první kabaret pořádaný sokolstvem našim, v rámci již úspěšných československých dnů a stolečkových a karetních her, které vždy jsou navštívěny velkým počtem nás starších usedlíků. A proto byl velmi velký omyl, naši první generace, když řekli sobě, že ten kabaret je jen pro mladé a nepřišli ani ti věrní v nejvěrnějších. Já vím, že kdyby to bylo řekneme v nedělním odpoledni, přišli by všichni, protože přece jenom to řízení auta v noci, jak ženami tak muži, je dosti nebezpečné.

Večer však vyzněl nádherně. Hudebníci naší orchestry KKK, vedoucí bratři Frank Komínek a Evžen Kopecký, vyhrávali a zpívali česky skoro každý taneční kousek. Bylo i několik sester zpěvaček v českých písních, — byl veselý tanec, v kruhu tanečníků v punčochách, pak ve vyhrnutých no-

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havicích a v nošení tanečnic na zádech (smích nad smích). Parádní číslo však bylo, když vběhlo šest tanečnic-sokolic v baletních kostýmech a zatančily "Can-Can". Byl odtančen s takovým elánem, že ani v Paříži na scéně Folies Bergere v době jeho úspěchu nebyl tak zatančen. Však sestry Sokolice sklídily takový potlesk, div ta střecha Sokolovny na nás nespadla.

Řekne se, že veselý kabaret je jenom pro mladé. Jakpak jenom pro mladé? Vždyť i to stáří dá radostně spočinout zrakem na usměvavé lidi, na jejich hezké pobavení a na ladném oblečení našich mladých žen. Večerní roby, svižné kalhotové obleky neb krat'ouňkové sukničky, tak krásně se snesly na těch ženách. Věru, to české pokolení je hezoučké, ovšem to americké též, i muže v to počítaje.

Věřím, že všichni vedoucí, počítaje v to i sestru starostku Jarmilu Zbořilovou a starostu George Eisensteina, byli spokojeni s úspěchem večera. Děkujeme jim za něj z hloubi srdce, za vše to české vyhrávání i písně, za vaši ohleduplnost k nám postarším. Jistě, že příště přijdeme všichni. A v

ukončení, v návštěvě sokolovny, neopomeňte shlédnouti na zdi obraz Sokolovny, krásně vymalovaný sokolicí, dceruškou manželů Evžen a Josephine Kopecký. Též díky mé manželům G. Mary Halsted z Farmington, Michigan.

Marta Poppová

SOKOL LOS ANGELES

Mimo pravidelné cvičení se u nás provádí od-bíjená (zatím příprava v tělocvičně a během roku snad i závodní činnost), a národní tance. V nejnovější době máme zájemce o zápasení, a hlásí se nám cvičitel, takže snad bude utvořen zatím zájmový kroužek.

Po každém cvičení se koná česká školka, která se také chystá vystoupit na veřejném cvičení. Vede ji známý umělec Antonín Hošek, který vyučuje pantomimu na zdejší universitě — UCLA. Je jedním z mála intelektuálů, kteří se aktivně podílejí na naší práci.

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