

# AMERICAN SOKOL

VOL. XCVI - NO. 2

FEBRUARY 1975

PUBLICATION OF THE AMERICAN SOKOL  
Educational and Physical Culture Organization

## PRESIDENT'S MESSAGE

The year 1975 will be another milestone in the history of the American Sokol Organization as we are meeting in Convention, June 16, 17 and 18th, at Sokol Detroit.

The purpose of the Convention, which is held every five years, is to broaden the lines of communication and understanding between our Brothers and Sisters from all of our Units and Districts, and to discuss, formulate and adopt a common course of action for the next five years.

Sokol Detroit, in conjunction with its 100th Anniversary, is the Host. Much thought and effort has already been put forth by the Convention Committee to fulfill the needs of the Delegates for a meeting of this magnitude.

Our Convention enables every member from all Sokol Units the opportunity of representation through their elected Delegates. Therefore, only by making your needs and wishes known to your elected Delegate, can this be accomplished.

Now is the fitting time to suggest changes or clarification of our By-Laws. However, these suggestions must be in the hands of the ASO By-Laws Chairman, Bro. Charles Zraly and his standing committee 60 days prior to Convention. Our By-Laws must be an up to date and practical means of satisfying our organizational needs.

For those Delegates from inactive Units or Units whose buildings have outlived their usefulness, Sokol Detroit will be pleased to explain and show how they accomplished putting together this fine facility. As we all know, one picture is worth a thousand words.

Extra meetings, involving the various committees, will meet before and during the Convention period. So please come prepared to give your Sokol Organization your very best.

Nazdar,

STANLEY BARCAL,  
President

# AMERICAN SOKOL

436

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## OFFICE OF THE EXECUTIVE BOARD ASO.

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## EXECUTIVE BOARD:

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## Calendar of Events

MARCH 1st - SOKOL SOUTH OMAHA, NEBR.

Annual Sokol Večirek

MARCH 8th - SOKOL TABOR, BERWYN, ILL.

Gymnastic Exhibition

MARCH 8th - SOKOL BALTIMORE, MD.

Dozvuky

MARCH 13th - SOKOLICE ST. LOUIS, MO.

Chicken Dinner

MARCH 15th - SOKOL LOS ANGELES, CAL.

Josefská Taneční Zábava (St. Joseph's Dance).

MARCH 15th - SOKOL BROOKFIELD, ILL.

Gymnastic Exhibition

MARCH 16th - SOKOL SLAVSKY, CICERO, ILL.

Gymnastic Exhibition

MARCH 16th - SOKOL STICKNEY, ILL.

Corned Beef and Cabbage Dinner

MARCH 22nd - SOKOL BERWYN, ILL.

Annual Gymnastic Exhibition

APRIL 10th - SOKOLICE ST. LOUIS, MO.

Chicken Dinner

APRIL 12th - SOKOL LOS ANGELES, CAL.

Hollywood 75 - Cabaret and Dance.

APRIL 13th - SOKOL LITTLE FERRY, N.J.

Gymnastic Exhibition.

APRIL 20th - SOKOL FUEGNER, L.I.C., N.Y.

Gymnastic Exhibition.

APRIL 26th - SOKOL STICKNEY, ILL.

Gymnastic Exhibition

MAY 3rd - SOKOL WEST SUBURBAN, DOWNERS  
GROVE, ILL.

Gymnastic Exhibition - Herrick Jr. High School  
Downers Grove, Ill.

MAY 8th - SOKOLICE ST. LOUIS, MO.

Chicken Dinner

MAY 18th - SOKOL ST. LOUIS, MO.

Gymnastic Exhibition

MAY 18th - SOKOL BALTIMORE, MD.

Gymnastic Exhibition

MAY 18th - SOKOL LOS ANGELES, CAL.

Gymnastic Exhibition and Dance - L.A. City College  
and Sokol Hall.

JUNE 1st - NORTHEASTERN DISTRICT SLET.

A.M.L.A. Recreation Center - Leroy Township, Ohio

JUNE 1st - EASTERN DISTRICT (SO. CIRCUIT)

Wreath-Laying Ceremony - Arlington National  
Cemetery.

JUNE 15th - SOKOL DETROIT, MICH.

Summer Gymnastic Exhibition

JUNE 16-18th - SOKOL DETROIT, MICH.

A.S.O. Convention

JUNE 27-29th - SOKOL USA SLET,

BINGHAMTON, N.Y.

National Slet - New York State University.

## Sokol Berwyn, Ill.

At a recent meeting Sokol Berwyn honored its members of long service to the organization with the presentation of Sokol pins marking their years of membership. Receiving pins for 50 yrs. were Sisters Anna Suchy, Mildred Svoboda; 40 yrs. - Bro. Oliver Kolar; 10 yrs. - Bros. Edward Jelinek, Donald Janicek, Fred Krimmel, Edward Pavek. Sisters Marie Knebel, Mildred Pavek, Carol Strejc; 5 yrs. - Bros. Paul Gilbert, Steve Wielgus. Sisters Marion Frycek, Patricia Gilbert, Lorraine Hynek, Josephine Palter, Christine Rychlicki, Sharon Somolik, Ruth Svestka, Marilyn Wielgus, Maria Vladic.

# AMERICAN SOKOL

VĚSTNÍK AMERICKÉ OBCE SOKOLSKÉ

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February - 1975 - Únor

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## SOKOL WORDS OF WISDOM

Editor's comment:-

Several months ago, Brother Karel Vavra of Cleveland, Ohio, was honored with the presentation of a plaque for his 25 years of outstanding Sokol gymnastic leadership by the membership of Sokol Tyrs. In his acceptance address here are his words of wisdom which everyone of us should take to heart:

"As I accept this plaque, I receive it not as a personal tribute, but as a trust to those who worked hard and believed in the same high Sokol ideals. Unfortunately, we often pay them honor and say our thanks too late. I feel honored but humble because I am not worthy of all your sincere words. Then I realized the fact that you were not praising me but rather the idea we stood for.

Twenty-five years might be a long time in the life of a man, but it is just a second in the life of a nation, just a ripple in an immense ocean, just a small link in an organization of which I am part.

I always compared myself and all of us to links between the past and the future . . . some of us were of the same importance . . . all there for a purpose because the chain of life cannot be broken! The burden of responsibility for the future lies upon all of us.

Who are we . . . where do we aim and what is our task?

Looking back at the tremendous work of our predecessors . . . was their aim any smaller than ours or

was it harder? Those immigrants, without the knowledge of language, of limited education, working long exhausting hours, found the time to attend gym and take a full part in all our national life. Can we measure up to their enthusiasm? Was their task any smaller than ours? They came here with the stigma of the underdog and had to struggle to earn a living and **even then** they built us Sokol halls, churches and national halls. Can we not do the same? Among us we have now men and women of means, the educated and the educators, people with political connections, men and women of national recognition, in the arts and sciences, men and women willing to work . . . could we make that sacrifice?

It is up to all of us . . . whether we leave to those who follow, what we inherited . . . or can we better it.

A tremendous job is awaiting us. It will take the strength of all our members - of those who can apply their wisdom to create the vast power of political and financial strength, those who can mobilize the intellectual community, those who will be willing to roll up their sleeves and work whatever their place and ability be.

That will be our thanks to those who willed us the Sokol Idea. That will be what we bequeath to those who follow us."

Karel Vavra

## XII. American Sokol Convention

Members of the American Sokol Executive Board met with Sokol Detroit Convention Committee members Sunday, December 8, 1974, to discuss plans for the XII National American Sokol Convention to be held June 15-18, 1975, at the Sokol Culture Center, Dearborn Heights, Michigan.

President Stanley Barcal welcomed the Sokol delegation consisting of Convention Committee Chairman Bro. J. Kovar and Bros. V. Hurych and G. Eisenstein and Sisters L. Chiaz, Secretary, and J. Eisenstein and J. Kovar.

Bro. Kovar stated all Convention Committees were working diligently to make the event a great success. The Housing Committee has reserved 160 rooms for delegates at the Holiday Inn in West Dearborn, Michigan. If need

be, can increase the total to 190 rooms. Additional housing will also be available if needed, at the Fairland Motel and Dearborn Townhouse, both a short walk from the Holiday Inn. West Dearborn, a suburb of Detroit, is located about 20 miles from downtown Detroit, about a 25 minute drive from Metro Airport. Public transportation can be had to the hotel area. Plans are being considered to have a morning and evening bus to transport the delegates from the hotel to the Sokol Cultural Center, returning after convention sessions are completed each day. Price of bus transportation to be pro-rated among the delegates riding the buses.

All delegates attending the convention will be furnished housing information and reservations cards mailed to them from the A.S.O. office as soon as all

delegates are announced to the office and housing information is received from the Housing Committee. Each delegate is to make housing reservations **DIRECTLY TO HOLIDAY INN RESERVATION DESK.**

Further details pertaining to the convention and social events were discussed. Information will be published monthly in the American Sokol to keep our delegates and membership informed of the XII National Sokol Convention being hosted by Sokol Detroit in conjunction with its 100th Anniversary.

## Meeting of the Executive Board of the A.S.O.

January 28, 1975

Pres., Bro. Stanley Barcal presided. Present: Bros. G. Basta, E. Linhart, G. Herink, J. Drnec, E. Schnabl, Sisters B. Prener, J. Pros, A. Sotka, EJ. Schnabl, A. Basta, A. Falta.

Correspondence: Official invitation to participate in the XVII Sokol Slet, June 27-29th. - Check from Sokol Detroit in payment of glassware obtained at the ASO office. - Information from CNA Insurance, turned over to the BOI.

Director of Women, Sis. Schnabl: Tapes of Calisthenics and Beseda sent to District Directors. - Letters sent Directors for ideas and suggestions regarding ASO Convention. - In contact with Sis. Walko of Sokol USA. - Attended Educational and Tournament Rules Committee meetings. - Received Sis. Zabka's complete report on the Congress of Coaches. - Final Report form received from the Western District, \$394.60, for 9 attending the Congress of Coaches, approved.

Director of Men, Bro. Linhart: Reported on Men's BOI meeting held Jan. 15th. - Received reports from Bros. Kalas and Fina on the Congress of Coaches. Per diem (\$40.00 each) was approved. - Bro. Fina attended USGF meeting in Tucson, Arizona. Payment of expenses, \$303.48, approved. - Information and request from Bro. Dusek on activities in the N.E. District. - Final Report form, 1974 World Games film, \$75.00; and gymnastic hand apparatus, \$149.00; approved. - Received information from Bro. Walko on Sokol USA Slet. - Compiling information on proposed Gymnastic Clinic in August. - Installed officers at Central District's Annual Meeting. - Central District making survey on chartered flight to 1976 Sokols Abroad Slet in Zurich, Switzerland. - Sokol Tabor's gym classes were shown on TV., Jan. 17th, thanks to Sis. Basta. - The importance of wearing proper Sokol uniforms during classes was stressed.

Educational Committee, Sis. Prener: Song Book sales doing well. - Judges were assigned for the Essay Contest - 1st Div., Sisters Anne Svec, Millie Sullivan, Sylvia Pistorius; 2nd Div., Ellie Babka, Marie Ptacek, EllenJeanne Schnabl; 3rd Div., Bros. George Vytlačil,

Edward Linhart, Ernest Pirka; 4th Div., Bro. Richard Ptacek, Sisters Millie Zeman, Lorraine Zdenek.

Financial Sec'y., Sis. Sotka: Federal taxes deposited, Payroll taxes filed, W-2 forms prepared. - Transferred funds to checking accounts for Merit Awards and Special Assessment payments. - Bro. Pirka requested by Sokol Detroit to speak at its Annual Meeting and install their officers, Feb. 15th. - 32 copies of "Progressive Czech" sent to Sokol Detroit. - Proceeds from Detroit Souvenir Program Book will be used to cover some of the Convention expenses. - Requested information on Associate Members was referred to Bro. Zraly. - Donation of \$1,500.00 received from the Western Fraternal Life Association for the Future Sokol Leaders Fund. - Removed 28 members of Sokol T. G. Masaryk from the records. - 3 Units arrears with their obligations to the ASO: Sokol Praha, Sokol Rip, Sokol Fuegner of South Chicago. - Several service contracts approved.

Treasurer, Bro. Basta: In agreement with report of Financial Sec'y. - Displayed comparison chart. - Discussed various phases for the Convention.

Uniform Division, Sis. Prener: Sis. Rose Sladek is the new manufacturer of Women's blouses. - Order picking up as Exhibitions near.

Convention: Delegates from Sokol Detroit and members of the Executive Board met in Berwyn, Dec. 8th. - Sokol Detroit well organized, the Convention Committee doing a fine job. - Registration will be Sunday evening, June 15th, social that same evening. Minutes and convention proceedings in English.

President, Bro. Barcal: Attended Educational Committee meeting. - Installed officers of several Sokol Units. - Attended 70th Birthday Celebration for Bro. Mikulas of the Czechoslovak Council, Dec. 6th. Request from N.E. District to have Bro. Linhart attend its Winter Exhibition, approved.

Memorial Committee, Bro. Schnabl: Displayed drawings of the Sokol Memorial to be erected at the Bohemian National Cemetery. A decision was made to print a design and a description of the proposed Memorial in the American Sokol publication.

## DISTRICT REPORTS

### Northeastern District

December 12, 1974

Pres., Bro. Edwin Jirousek presided. Meeting opened with a moment of silence on behalf of departed Sister Supik and Rezak.

Correspondence: Requests for ads for the Novy Svec New Year edition, and from the Cotillion Ball Committee, and a donation to the Bohemian Home for the Aged. All were approved.

President, Bro. Jirousek: Presented Mayor Ralph Perk with a Sokol shirt on Oct. 25th during his campaign for a seat in the U.S. Senate. - Participated with the Sokol Tyrns band at the Garfield Heights 75

Birthday Celebration, Oct. 26th. - Represented Sokols at the Anniversary Dinner of St. Joseph Society, Nov. 2nd. - Attended testimonial party for Bro. Karel Vavra of Sokol Tyrs, Nov. 3rd. - Attended the A.S.I. 250 Club Dinner-Dance, Nov. 9th. - Represented the N.E. District at the 50th Anniversary Celebration of Lodge Cleveland, Nov. 10th. - Attended the BOI meeting, Nov. 14th. - Stated By-Law changes should be turned in. - Received notice of the ASO Essay Contest. - Announced Sis. Jane Hosticka received an ASO scholarship and Bro. Charles Vavra's was renewed.

B.O.I., Bro. Peter Dusek: Reported upon the BOI meeting, Nov. 14th. - Dance Clinic held Oct. 12th satisfactory. - Modern Rhythmic Gymnastic Clinic held, Dec. 8th. - Folk Dancers practicing at Sokol Cleveland-Cech-Havlicek for engagements at Swanton, Ohio, Jan. 26th, and at St. Mary's in Bedford, Feb. 1st. Also preparing for Winter Exhibition. - Approved, film be purchased for the library. - All classes preparing for competitions for the Spring. - Red, White and Blue number will not be taught this summer.

#### UNIT REPORT

Sokol Moravan: Written report by Sis. Elizabeth Penovich was read. - Bro. Bartos sent a check for \$200.00 to the District as well as to the A.S.I.

Sokolice Detroit, Sis. Louise Kovar: All officers re-elected. - News-Letter is now 18 yrs. old and self-supporting. - Czech Dinner Party, Nov. 10th, had 420 people in attendance. A very profitable venture. - Krojs and songs of each Czech village are being researched.

Sokol Detroit, Bro. Joseph Kovar: Officers remain the same. - On November 9, 1975, Sokol Detroit will mark its 100th anniversary. - Present membership has 203 male members. - A Marching Band is being organized. - Convention plans are coming along, 5 committee members travelled to the ASO office and met with members of the Executive Board and presented their tentative program.

Sokol Cleveland-Cech-Havlicek, Bro. Frank Kavan: Officers will remain the same for 1975. - Card Party, Jan. 12th.

Sokol Nova Vlast, Bro. Kocian: Four new members were gained. - Bro. M. Pliska was presented with a 40 yr. pin. - Vote on the merger passed, however, due to a technicality it will be brought up again at the next meeting.

Sokol Tyrs, Bro. Robert Jirousek: Annual meeting well attended - 25 yr. pins were awarded Sisters Marie Hibler and Emily Vencl. - 25 new members were initiated. - Annual Night in Prague will be held, Jan. 25th, at Al Koran Mosque.

\* \* \*

A.S.I., Bro. Jirousek: Possibilities of Bohemian National Hall as a place for gym classes. Next ASI meeting, Jan. 20th. - Another 250 Club coming up shortly.

1975 Convention Committee, Bro. Kovar: Committee is composed of 38 members. - Need pictures of the District BOI and Board of Directors by April 15th.

Treasurer, Bro. John Galik: Savings Account - \$2,463.86. Checking Account - \$356.66.

New Business: Letters of appreciation received on Float entered in the Southgate and WIXY - May Co. Parades. - Cleveland Sokol Units Exhibition, Feb. 9th. - Bi-Centennial Commission now includes Sis. Georgia Jencik, Bros. Edwin Jirousek, Emil Pekar, James Kocian, Peter Dusek, Joseph Kocab and Henry Nemecek.

## Eastern District

January 20, 1975

Pres., Bro. Charles Zraly presided. Present: Bros. J. Babinec, F. Capek, A. Chaloupka, J. Donovan, R. Novotny. Sisters B. Novotny, B. Zraly.

Correspondence: Check from Southern Circuit for \$136.75, the profit from the District Exhibition held at Perry Hall High School in Nov. 1974. - Sis. Ellen Garlicki was the recipient of the 1974-75 Merit Award. - Announcement of Bro. Henry Vrzalik elected President of Sokol Baltimore and Sis. Josephine Tunkl, President of Sokol Philadelphia. - Request from Sokol Detroit for an "ad" in the ASO Convention Program Book. Approved, a quarter-page, cost \$30.00. - A correction, Wreath Laying ceremonies at the "Tomb of the Unknowns" and a picnic at Palisades Park on June 1st. - Sokol Baltimore's 103rd Annual Masquerade (Šibřinky), Feb. 8th. - Invitation to Exhibition of D.A. Sokol Metropolitan District, Feb. 9th.

Southern Circuit: Meeting held November 8, 1974. - Buses may be chartered to the Sokol USA Slet in Binghamton, N.Y. - Boys and girls competitions tentatively set for March 16th at Sokol Belcamp. - 1975 Officers: Director of Men: Bro. Edward Stetka; Assistant, Bro. Martin Lago. Director of Women, Sis. Ruth Vrzalik; Assistants, Sisters Marie Pokorny, Lelaine Sain.

President, Bro. Zraly: Installed several new members at Sokol New York. - Attended 5th Anniversary Celebration of Sokol Miami. Installed 20 new members there. - Received request from Sokol Washington on the number of delegates to attend the meeting there, May 31st. - Stated Units may send their alternate delegates to the ASO Convention at their own expense.

Director of Women, Sis. Benda: Sokol Baltimore very active. 3 instructors attended the New England Gymnastic Clinic. - Sokolice Little Ferry active in all classes. Held Jr. Girls in-class competition. - District Exhibition was well received.

Director of Men, Bro. Capek: All Units must get approval from the District before sending instructors to clinics and courses. - Units are planning to participate in the Sokol USA Slet.

Treasurer, Bro. Chaloupka: Receipts, \$1,253.65. Disbursements, \$822.67.

#### UNIT REPORT

Sokol Little Ferry: New Year's Eve affair a success. - Same officers re-elected. - Will hold Annual Picnic.

Sokolice Little Ferry: Sis. Jeanne Zabransky elected President. - Exhibition, April 13th.

Sokol New York: Election of officers will be held, Jan. 26th. - 7 new members were installed.

Sokol Fuegner: Exhibition, April 20th. - Same officers re-elected.

Sokol Miami: Unit progressing nicely. - Total membership more than 225. - Saddened by the loss of Sis. Annette Macoun, a very active member. - Unit is asked to send names of their delegates and their allegiance at the time of voting since some hold dual membership.

## Central District Annual Meeting

January 19, 1975

Pres., Bro. Joseph Drnec presided.

Correspondence: ASO check for \$1,118.27 covering Instructors salary at the Course at Potters Lake, Wis., One-day Clinic at Sokol Brookfield and a one-day Course at Sokol St. Louis. - Membership Drive publicity. - Notice of expiration of District's Fidelity Bond. - By-Laws Committee resumed meetings, Jan. 13th. - Ford City Merchants appreciation to Sokols Berwyn, Slavsky and West Suburban for their performances at the Shopping Center. Enclosed checks for each Unit.

Director of Women, Sis. Carolee Michalek: Sokol USA's Slet to be held, June 29th, at Binghamton, N.Y. Competitions June 27-28th. All activity at N.Y. State University. - Women's and Jr. Girls volleyball tourney was held Dec. 7th, at North Central College. - Judging Clinics will be held in February and March. - 1st Class girls competitions were distributed. - Combined BOI meeting will be held, Feb. 16th. - Bills approved: Rental N. Central College \$320.00; Trophies \$125.00; Postage \$32.85.

Director of Men, Bro. Paul Lebloch: 1975 officers are Bro. Lebloch, Director; Bros. James Berousek, Edward Jelinek, Assistants; Bro. Joseph Placek, Games Director. - 2nd Class awards were presented at a Program and Dinner. - Special Number Competition was a success. - Slet Program and Victory Dance were well received. - Folk Dance Classes continuing monthly under direction of Bro. Fred Kala. - 20 students attended 3-week Course at Potters Lake, Wis. - Announced results of the volleyball tournaments in Chicago-land and St. Louis. - Recommended a Sokol charter flight to the 1976 Slet in Zurich, Switzerland. - Bills approved: Volleyball referee, \$150.00; Trophies, \$110.00.

Auditing Committee, Sis. Marie Toman: Books audited, Jan. 13th. Complimented Treasurer and Financial Sec'y. on neatness and accuracy.

ASO Pres. Stanley Barcal: All committees active for the Convention Year. Urged the delegates to discuss issues to improve our Sokol Organization. - Congratulated the District upon its 1974 Slet. - Stated Bro.

Ernest Pirka will represent the ASO at Sokol Detroit's Annual Meeting, Feb. 15th.

Educational Committee, Sis. Betty Prener: Response to Essay Contest very good. - Duties of the Committee will be clarified at the Convention. - Recommended Convention appropriate funds for a museum of our cultures. This was introduced at the October ASO meeting.

ASO Director of Men, Bro. Edward Linhart: Congratulated the District BOI for the fine cooperation with the ASO BOI. - Stated conflicting dates of the District Slets kept him from attending some of them.

### UNIT REPORT

Sokol Milwaukee, Bro. Fred Stankovsky: Now in their 107th year. - November Folk Fair netted them \$4,600.00. - Jaternice and Pork Dinner, Feb. 16th. - Graduation Program, May 16th. - Thanked the Merit Award Committee in selecting one of their Jr. members.

Sokol Town of Lake, Bro. George Vytlačil: Supporting all other Units with donations. - Masquerade Ball, Feb. 8th. - Letters sent all their members regarding the merger with Chicago-land Sokol Ass'n. Results will be known, March 1st.

Sokol Stickney, Bro. William Meyer: Had a good year due to fine cooperation by the membership. - Have a small building but a big heart. - Support all District functions.

Sokol Havlicek Tyrs, Bro. George Herink: Since the sale of the Sokol building monthly meetings held at Sokol Berwyn. - At present busy with the Sokol merger and relocation.

Sokolice Havlicek Tyrs, Sis. Ann Basta: Very active in fund-raising activities. - Sponsor tours to keep interest alive. - Weekly picnics during summertime most profitable.

Sokol Brookfield, Bro. Roy Zitny: Members active in ASO and District. - Classes doing well. Preparing for their Exhibition and competitions. - Plans being made for remodeling the Sokol Hall. - Grateful to Bro. Pirka for Sokol library. Hopes the District will reimburse the Unit for some of its expenses in this regard. - Same officers re-elected.

Sokol Cechie, Bro. Otto Glasser: Are inactive in gymnastics but active in Sokol as a whole. - Would like definite future plans before any commitment on a Sokol merger.

Sokol Berwyn, Bro. Kala: All classes working towards Exhibition, March 22nd. - In process of up-dating the Sokol Hall.

Sokol Slavsky, Bro. George Simonek: Classes active. Have ample teachers. - Theme of coming Exhibition will be "See the USA". - Very interested in the formation of the new Sokol Ass'n., since ownership of their present building has changed hands and no having lease on the gym.

Sokol West Suburban, Bro. James Jindra: Now in their 16th year. - Have no building of their own. Enrollment, 280 gymnasts. - Exhibition, May 3rd.

AMERICAN SOKOL

# SOKOL GYMNAST

FEBRUARY 1975

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Edited by AMERICAN SOKOL BOARD OF INSTRUCTORS

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## American Sokol Organization Merit Award for 1974-75

Upon the recommendation of the Merit Award Committee which had met and thoroughly examined all applications of applicants, the following Merit Awards have been approved by the Executive Board to be paid from the Sokol Future Leaders Fund. Those applicants not awarded should re-apply next year.



**JANICE WOSTRATZKY**  
Sokol Stickney  
Central Dist.  
Northern Ill. Univ.



**DAVID HOUDEK**  
Sokol Karel Hav. Borovsky  
Southern Dist.  
Tyler Jr. College



**JANE HOSTICKA**  
Sokol Nova Vlast  
No. East. Dist.  
Univ. of Chicago

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## American Sokol Convention

DETROIT, MICHIGAN

MONDAY - WEDNESDAY, JUNE 16 - 17 - 18, 1975

## Sokol Detroit Gymnastic Exhibition

SUNDAY, JUNE 15, 1975



**JAMES HRON JR.**  
Sokol Milwaukee  
Central Dist.  
Univ. of Wisconsin



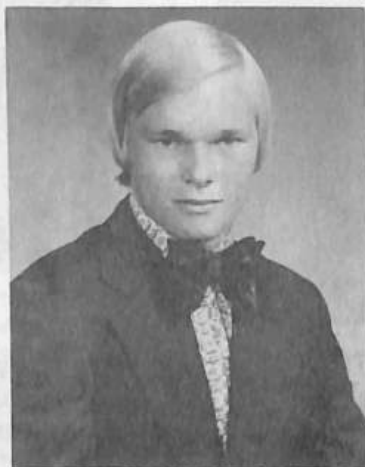
**ELLEN GARLICKI**  
Sokol Little Ferry  
Eastern Dist.  
Wm. Paterson Col.



**RICK LINHART**  
Sokol Tabor  
Central Dist.  
Western Ill. Univ.



**VICKI HURT**  
Sokol South Omaha  
Western Dist.  
Univ. of Nebraska



**JAMES RIHA**  
Sokol South Omaha  
Western Dist.  
Univ. of Nebraska

#### RENEWALS FOR 1974-75

**CHARLES VAVRA**  
Sokol Tyrn

**SUSAN HYNEK**  
Sokol Berwyn

**DENNIS GILBERT**  
Sokol Berwyn

**CHARLES KLAPP**  
Sokol Brookfield

**CARLA SEAMAN**  
Sokol Omaha

**GERALYN DUKICH WILSON**  
Sokol So. Omaha

**JO MARIE ZEMAN**  
Sokol Hav. Tyrn

#### MERIT COMMITTEE

**George Kalas, Chairman**

**EllenJeanne Schnabl**

**Lorraine Zdenek**

**Edward Schnabl**

**Edward Linhart**

## TEACHING THE APPARATUS SKILLS

(Continued from January 1975)

by: O. J. Kudrnovsky

There are two more teaching methods: The "Part (analytic) method" and "Whole (synthetic or gestalt) method."

In the "part method," the ex. is broken down into the smallest components, even before the presentation of the whole ex. Each of these components constitutes an ex. in itself; after their mastery, they are put together into a single ex.

In the "whole method," an ex. is practiced in its entirety over and over until the mastery level is achieved.

Both of these methods are less effective than the "whole-part-whole method," for the ex-topic system. The "part method" predominates in the formal system, while the "whole method" is used in the transfer-training system.

The Transfer-training system - vertical plane progression teaching, is the third major system of teaching app. skills.

This system is based on the assumption that a previously learned coordinated pattern and knowledge of the way body produces and controls force to produce the desired success on the low level of the skill development, can be then transferred, to the higher level of the skill development. In other words: The mastery of easier and simpler ex. helps to the mastery of more and difficult and complex ex.

This system is used to good effect in the individual coaching of the app. exx. It is based rather on the singular, than outspread plane: development of skill, rather than many-sided development of the participant.

### Manner of Procedure:

All exx. with similar basic motor skill patterns are placed on the ascending difficulty scale in numerical sequels.

For instance:

Hip-Circle Uprise (H-C-Uprs) (Vymyk) progression:

1. Sql. (Sequel) H-C-Uprs at P. Bars ends
2. Sql. H-C-Uprs, via rear long swing at bars end
3. Sql. H-C (Hip circle) b-wd at bars end
4. Sql. H-C-Uprs to under-arm support at mid bars
5. Sql. H-C-Uprs to spt at mid bars
6. Sql. H-C-Uprs, via rear long swing to under-arm spt at mid bars. This sql. placing may be continued up to sql. 18 or so, probably to H-C-Uprs to handstand at mid bars.

In addition, the H-C-Uprs progression on P-Bars leads to H-C-Uprs on the H-Bar, and to H-C-Uprs on the Rings.

If for instance, an assignment calls P-Bars H-C-Uprs progression:

In accordance with the gymnast's ability the number 4 is his starting sql. to be mastered; the mastery of sql. 4 leads to practice of sql. 5; the mastery of sql. 5 leads to practice of sql. 6, and so forth, until the desired sql. is reached and mastered.

Thus from one single H-C-Uprs progression on the P-Bars, this ex. pyramids to 18 exx. or better; on the H-Bar to 3 exx. or better, and on the Rings to 11 exx. or better. Imagine, - one ex. leads to an incredible number of 32 exx. (give or take a few).

## U.S.G.F. Council Meeting

(ANNUAL) IN TUCSON, ARIZONA ON DEC. 2 - 4.

Bro. Paul E. Fina, Delegate

The meeting was called to order by President H. Fitzhugh (Illinois High School Association) at 9:00 a.m. Twenty-one members were present. High school and YMCA council members did not come due to weather. Minutes were approved.

The financial report was reviewed. These have been sent on ahead and are in the possession of the BOI. In brief, the cash receipts were \$174,827, disbursements were \$221,743 which made a deficit of \$46,916. But with cash on hand of \$56,627 the bank balance remained of \$9,711.00.

The re-structuring of the U.S.G.F. constitution was the next item of business. Each article was re-evaluated. A few subjects were more thoroughly discussed. Should there be associate members such as equipment companies was an important item. The answer came out no. There are now 13 member organizations in U.S.G.F. The new constitution will be sent to us for approval.

**Tours** - The Russian tour drew just under \$1 million dollars. Twenty thousand saw the exhibition in Cleveland. The U.S.G.F. may realize \$100,000.00 from the tour.

**Congress of Coaches** - The affair in Chicago drew 600 people. Our Mildred Prchal was the honored guest. The next congress will be in Denver (Nov. 14 - 15, 1975 tent.)

**Tours in 1975** - In January, the Japanese men will tour the West Coast. The West German team will be in the East Coast. Perhaps the E. Germans will come in Dec., 1975.

There will be many trips to the foreign lands by our gymnasts.

**Pan American Games** - These games have been switched to Mexico City in October of 1975.

A World Cup meet has been proposed for the United States. The U.S.G.F. building may be doubled in size if all plans go well.

**International Olympic Committee** - per Frank Bare, executive director of the U.S.G.F., the attitude of the IOC in regard to professionalism has not changed. It is still pure amateurism. The 1980 Olympics will be in

Moscow. The Montreal 1976 Olympics are progressing well. The seating capacity for gymnastics is 15,000. U.S.A. will have to qualify in order to be in the Olympic competition for gymnastics.

**F.I.G.** - this controlling international body for gymnastics is seeking a new women's chairman. U.S.A. is asked to come up with a candidate.

**Reports from member organizations** - each organization gave their reports. A.S.O. gave theirs as to activity and members. Some of the key items are now given but the details are available through the BOI.

**Women's Committee.** Shirley Bryan of Chicago indicated that there are 1000 women members. There are 1500 certified women judges now. Murial Grossfield is the national coach. Modern Rhythmic Gymnastics needs more activity and judges trained. A U.S.A. women's team is proposed.

**Independent Clubs** (a new member) was represented by Bill Crenshaw. They have over 200 member clubs.

**A.A.U.** was represented by Tom Maloney. Their main complaint is that they want their national meet to be part of the qualifications for the Olympic tryouts.

The various collegiate organizations gave their reports and they have been submitted to the BOI.

**The budget for the U.S.G.F.** - A budget was submitted for approval. Costs to be \$211,700.00, income to be \$152,000.00. The deficit to be made up from the Russian tour, hopefully. The Women's Committee operates separately and is expected to operate at a budget of \$36,000.00. It should break even. Salaries were reviewed and raised 10 percent. To contact Shirley Bryan, write to 2619 N. Hampden Ct., Chicago, Ill. 60614.

**Election of officers** - Two positions were open. Bill Crenshaw is new vice president and Greta Trieber the new secretary. JoAnn Pasquale is the new member at large.

**Junior Olympics** - The exercises will be available after Jan. 1st. There will be a training camp after for one month. Eight coaches will be used.

**Next meeting** - It will be October 7 and 8, 1975 in Tucson.

## Competitive Modern Rhythmic Gymnastics

By Mildred Prchal

Competitive Modern Rhythmic Gymnastics originated in Russia in 1936. Russia, with its traditional ballet background, started formulating this new form of gymnastics using acrobatics **only as body preparation**, including hand skills, beautiful coordination, all to the accompaniment of music. During the following years many problems and important questions arose regarding, for instance, private dance and rhythmic schools. Up to 1945, individual groups and "artistic gymnastics" clubs were organized but these were not connected or related to physical education. In December of 1945, the

united clubs called a conference in Moscow for the purpose of settling the problems of the many women's gymnastics groups. At this conference a unified system of work in women's gymnastics was standardized. Modern Rhythmic Gymnastics became an important part of women's gymnastics and a place for Modern Rhythmic Gymnastics was designated in the system of Soviet physical education.

The high calibre of execution in World's Championships continues to grow, as also the number of participants and countries from various parts of the world and this makes it possible to strengthen efforts to include Modern Rhythmic Gymnastics as an Olympic Sport. It would then be rightfully evaluated for its cultural movements and esthetic effect upon the gymnast as well as upon the spectator.

### World Championships in Competitive Rhythmic Gymnastics

**I. World's Rhythmic Championships in 1963:** Conducted in Budapest; 28 contestants from 9 European States: Bulgaria, Finland, Yugoslavia, Hungary, Germany, Spain, Roumania, Russia and Czechoslovakia. The success of this first competition proved that the course and path taken were good.

**II. World's Championships in 1965:** conducted in Prague; 32 competitors from 11 European countries and Cuba. The technical level was much higher. Not competing were gymnasts from Roumania but gymnasts were present from Belgium, the NSR and Austria.

**III. World's Championships in 1967:** conducted in Copenhagen; was enriched by the addition of group work competitions. There were 12 European countries, Cuba and Venezuela. Not participating were Finland, Denmark, France; Italy did not compete in individual competitions. 39 individuals participated and 11 group or teams (6 individuals to a team) in group exercise.

**IV. World's Championships in 1969:** conducted in Varna, Bulgaria; 42 individuals from 14 European countries and Cuba, Japan and Korea. Roumanian again participated and, for the first time, Sweden and Holland. 15 teams competed in group competition. A visitors were delegates from Tunis, Israel, Spain and the United States.

**V. World's Championships in 1971:** in Cuba competition included four individual events, compulsory exercise with ribbon and 3 optional exercises (ball, hoop, jump rope). For the 6-member team composition 3 balls and 3 hoops. Participation was very small.

**VI. World's Championships in 1973:** conducted in Rotterdam, Holland; competition included 4 individual events: compulsory exercise with clubs, optional ribbon exercise with compulsory elements, optional exercise with ball and hoop. For 6-member team competition: jump rope. 27 countries, 65 individuals and 11 6-member groups participated. For the first time, the United States was represented by two gymnasts.

**World's Championships in 1975** will be conducted in Madrid, Spain in October.

# FINANCIAL REPORT

## AMERICAN SOKOL ORGANIZATION

January 1975

### RECEIPTS:

Dues .....	\$ 4,553.50
Convention Fund .....	2,489.00
Special Assessment .....	4,772.00
Dividends and Interest .....	370.21
Resale of Jewelry .....	159.50
Sale of Song Books .....	197.00
Resale of "Progressive Czech" .....	20.00
Office Supplies, Postage .....	10.83
Miscellaneous Income .....	3.00
	<u>12,575.04</u>
Transfer of funds for Merit Award	200.00
<b>Total Receipts</b>	<b>\$12,775.04</b>

### DISBURSEMENTS:

<b>Administrative</b>	
Salaries .....	\$ 386.32
FICA - FWT for December 1974 ..	100.48
IWT - 4th quarter 1974 .....	35.84
Rental, Janitor Service,	
Phone, Electric .....	337.33
Office Supplies, Postage .....	138.93
Repairs to Office Machines .....	15.00
Service Contracts, Filing Fees .....	180.20
Travel Expense .....	40.00
	<u>\$ 1,234.10</u>

### Educational Department BOI

Salaries .....	\$ 208.82
FICA - FWT for December 1974 ..	51.64
IWT - 4th quarter 1974 .....	12.48
Editor "Sokol Gymnast" .....	25.00
Add'l copies "Sokol Gymnast" ...	28.00
"Progressive Czech" text books ...	340.00
Postage, Phone .....	4.05
Tapes .....	18.90
Travel Expense .....	383.48
	<u>1,072.37</u>

### Sokol Publication

Printing "American Sokol" .....	\$ 860.45
Editor "American Sokol" .....	75.00
	<u>935.45</u>

### Miscellaneous

Uniform Division - Salaries,	
FICA, FWT - IWT, Phone,	
Office Supplies .....	\$ 376.84
Special Appropriations -	
Northeastern District ASO .....	224.00
Central District ASO .....	4,120.00
Western District ASO .....	394.60
	<u>5,115.44</u>

Total Disbursements \$ 8,357.36

Balance brought forward:

Western National Bank of Cicero -	
Checking Account .....	\$ 4,348.21

Tumblers performed at Ford City and Yorktown Shopping Centers. - Dancers performed at Museum of Science at Christmas-time.

Sokolice Chicago, Sis. Toman: Hold regular meetings. - Some attend classes. - Support other Units' fund-raising functions.

Sokol Tabor, Bro. Linhart: Very active. - Classes are up except Jr. Boys and Men. - Main source of income are the weekly Games Nites. - Many problems encountered with the new building addition. - Tentative plans for a 110th Anniversary in 1976.

Sokolice Tabor, Sis. June Pros: 4 swim dates were staged. - Halloween and Christmas parties held for the youngsters. - Rummage sales and kitchen at Games Nites other fund-raisers.

\* \* \*

Educational Director, Bro. Pirka: Meets with the Unit Educational Directors. - Essay Contest well planned. Receiving good publicity. - Good number of students using the Sokol library. - Served as instructor during Course at Potters Lake.

Treasurer, Bro. Glasser: Balance on hand, Dec. 31, 1974, \$1,614.30. Monies in Savings and Loans, \$7,996.44.

Secretary, Sis. Mildred Pavek: 1974 District Membership, Men, 1,092; Women, 1,385. Actual loss from year previous was 51.

Tours, Sis. Pros: Conducted tours to Toronto, St. Louis and Milwaukee.

By-Laws, Bro. Edwin Halik: Stated 14 points were discussed. - Reminded recommendations or additions must be received at the ASO office 60 days prior to the Convention.

President, Bro. Drnec: Attended all exhibitions. - Visited Sokol Racine with Bro. Halik. - Also in contact with Sokol St. Louis.

Folk Dancers, Bro. Kala: 20 performed in Wilber, Nebr. - Had Holiday Party at Christmas. Went carolling. - Performed at Ford City. - Received invitation to perform at Yorktown, Feb. 21-22nd. - Need more people to participate in the Folk Dancing.

New Business: Sis. Mildred Prchal was honored for her dedication and long years in teaching gymnastics; and also for receiving the "Master of Sports Award". She was presented with flowers and a testimonial was read of her long list of accomplishments. Sis. Prchal received a standing ovation. - It was approved that the District meetings be held at Sokol Brookfield. - Discussion ensued on the formation of the new Sokol Ass'n.

New Officers: Bro. Linhart installed - Pres., Bro. Drnec; Vice-Presidents, Bros. Halik and Meyer; Sec'y., Sis. Basta; Financial Sec'y., Bro. Svoboda; Treasurer, Bro. Glasser; Public Relations, Sis. Pros; Educational Director, Bro. Pirka; Flag Custodian, Bro. Kala; Auditors, Sisters Toman, Ruzicka and Prener.

HELP OUR SOKOL GROW

Receipts - January 1975 .....	12,775.04
	<u>17,123.25</u>
Disbursements - January 1975 .....	8,357.36
	<u>\$ 8,765.89</u>

### FUTURE SOKOL LEADERS FUND

January 1975

Western Fraternal Life Association .....	\$ 1,500.00
Dividends earned 12-30-74 and 1-31-75 .....	<u>705.93</u>
	\$ 2,205.93

Donations are tax exempt

Correction: - Insurance, Box Rental was \$195.50 instead of \$195.00 as it appeared in last month's issue.

## New Year's Message

To find in each day's work an inspiration for mind and heart; in the humblest task to bear a part of a work of magnitude which would be incomplete without my share, and in its finished beauty to feel the joy of being a member of the Sokol organization. If a brother offend me, to feel sorrow and not anger, remembering that none of us are faultless, and that I may find excuse or cause in my own art if I look deep enough; to judge with open mind between us, and if I be wrong to find courage to correct my error, and if he be at fault, to find words of friendship and charity that will put him again on the straight course.

\* \* \*

As we begin the New Year, let us pause and ask ourselves whether, in the past, we have exerted our best efforts in the interest of our SOKOL UNIT or whether we have relied on some other brothers and sisters to carry our share of the responsibilities for the good of our organization. Let us dedicate ourselves to make an honest effort, to do a little more in the future than we have done in the past. Every little effort by each individual will contribute to greater achievements. Let us always remember the Sokol slogan, "NEITHER FOR PERSONAL GAIN NOR GLORY."

Sokol Baltimore TOPIX

## Chicagoland Sokol Building Association

The Chicagoland Sokol Building Association, a newly organized group formed through the cooperation of members from several inactive Sokol Units, is making rapid progress toward the fulfillment of their goals.

Led by the pro tem president, Bro. Laddie Vyskocil and Bro. Frank Michalek, secretary-treasurer, the group consisting of members from Sokols Chicago, Haylicek, Slavsky, Town of Lake, and West Suburban, has been meeting monthly since October 1974. Their purpose is to perpetuate the Sokol movement in the Chicagoland area and will be accomplished in the following manner:

1. Secure suitable land.
2. Build suitable facilities to fulfill the Sokol goals philosophy and gymnastic program.
3. Provide for meeting rooms, library and museum for education toward Czech culture and heritage.
4. Establish rental facilities, parking space and outdoor facilities.
5. Establish outdoor activities.
6. Conduct social functions to maintain the facilities.

This is being accomplished by asking the interested Sokol Units in the Chicagoland area to make a commitment by contributing an initial amount of \$5,000.00. All Units making this contribution will have equal voting power in land selection, facilities to be built, etc., with the thought in mind that the inactive units will eventually merge into one body with the possibility of each Unit still retaining its original identity if so desired.

The group is very enthusiastic about the future of the Sokol movement in the Central District and has made much progress up to date. Three of the five Units have already returned letters of intent signed by their officers with approval to enter into this venture.

## Sokol Baltimore

Every member of Sokol Baltimore should be proud of the accomplishments in the long 103 year history of our Unit. However, we must not sit back and repose in a circumscribed self-satisfaction, but rather we must plan ahead; we must analyze each event that is conducted and continually strive for improvement. It is very important to plan for the future and set certain goals to attain, which could be used as a yardstick to determine if our entire program had been a success or failure. To embark into a new season without any plan shows a lack of proper organization.

The axiom "Where there is activity, there is life" suggests that we must increase our activities in order to attract more persons into the Sokol ranks, as the average individual will readily apply for membership in an organization full of action.

We should set two goals as we begin this new year: first, to double our membership and second, an all-out effort to hasten the day when we will have a new Sokol gym. With the cooperation of all, we will reach these goals. FORWARD and ONWARD.

Edward Stetk

## Doris Rappold

Sokol Detroit Ladies Auxiliary suffered a great loss upon the recent death of Sis. Doris Elaine Rappold. She was born in Detroit Feb. 25, 1927. Her parents were the late Bro. Joseph Wimmer, Sr. and Sis. Genevieve Wimmer Schaefer. Surviving is husband, Bro. Harold Rappold; daughter, Janice Wolfram; son, Harold John

Jr.; 2 grandchildren; and a brother, Bro. Joseph Wimmer, Jr.

Sis. Rappold became a member of the Sokol Auxiliary in January, 1961. Was active in the gym classes as a child, a junior girl and then in the ranks of the adults. Was involved on committees in our Sokol Units and helped in many capacities. During the first few years she and her husband managed the new Sokol Detroit Culture Center.

Sis. Rappold was a delightful person, ready with a smile and an encouraging word when others were feeling low. A bright spirit girl, perpetuating happiness whenever she was around. The example of her life left a rich heritage for us all. Sis. Rappold will live with us all.

May she live in eternal peace.

Jarmila Zboril

Christi, Texas in 1940. Surviving her are her husband, John Stasa; son, Johnny Stasa; daughters, Lillian Huber, Olga Mokry and Ann Peal; sister, Agnes Blazek and brother, Frank Poboril; and 11 grandchildren.

Was a Charter Member of American Sokol Unit in Buckholts, Texas in 1922. Served for a period of 14 years in the Sokol Gymnastic Organization along with her husband at Sokol Corpus Christi. A member of the Czech American National Alliance since 1916, Dramatic Art Stage Amateur Club for 18 years, and SPJST since July, 1923. She had devoted a great deal of time to these organizations and was outstanding in her ability.

The treasured place she held in our hearts is now empty with grief. Her cheery greetings and fond embraces have been stilled. Her cheerful smile is gone forever. May she rest in everlasting peace.

George Prevratil

## Albert Kavan

With the passing of Bro. Albert Kavan Sokol Detroit lost one of its old and beloved members of the pioneer group of workers for the Sokol organization. Bro. Kavan died January 4, 1975. Was born in Proskovice, Czechoslovakia, April 4, 1890. Immigrated to the United States in 1908. In 1915 he met and became wed to Sis. Anna Loukota.

Bro. Kavan was a true pioneer of the Sokol movement in Detroit. He served the Sokol cause from 1908 until his death, dedicating his entire adult life to the ideals of Miroslav Tyrš and Jindrich Fuegner. He was a charter member of Sokol Palacky and served as its president. Upon the merger of the various Sokol Units of what is now Sokol Detroit, Bro. Kavan was instrumental in the founding of this new organization, and was president of Sokol Detroit in 1923. He not only demonstrated his leadership and administrative abilities but was also active in the gymnasium, which he recognized as the very heart of our organization.

Bro. Kavan lived a full and useful life. He gained his strength through his Sokol background. We shall miss his wisdom and guidance. He achieved the Sokol goal in making this world a far better place to live and shall always be remembered.

Profound sympathy is expressed to his widow, Sis. Anna Kavan, to his relatives, and many dear friends.

George Eisenstein

## Albina Stasa

Death is a tragedy that unites us all in a common grief. It strikes down youth in its day of promise, and maturity in its years of fulfillment. And so it wrote the final pages in Sister Albina Stasa's book of life.

Sis. Stasa died December 9, 1974. Was born Albina Poboril, January 26, 1901. Daughter of Frank and Marie Poboril, pioneer family of Temple, Texas (Seaton Community). Moved from Cameron, Texas to Corpus

## Historical Dates

### JANUARY:

- 1, 1840 First postal stamps issued in England.
- 1, 1860 First publication in Czech printed in America.
- 1, 1871 First number of "Sokol", physical culture revue, issued in Prague, edited by Dr. Miroslav Tyrš.
- 1, 1881 Digging of the Panama Canal started.
- 8, 1918 President Woodrow Wilson of the U.S.A. presented to Congress in Washington the 14 points of his military and peace program. His act hastened the end of the First World War.
- 10, 1920 The League of Nations founded for the purpose of preserving peace.
- 15, 1897 Publication started of the "Věstník Sokolský", official publication of the Czech Sokol Organization in Prague.
- 17, 1706 Benjamin Franklin born, American statesman and inventor.
- 19, 1809 Edgar Allan Poe, American poet and short-story writer, born in Baltimore, Maryland. His famous poem "The Raven", was translated into Czech by Jaroslav Vrchlický.
- 30, 1933 Hitler proclaimed Chancellor in Germany.
- 31, 1615 Henry Hudson discovered the river which bears his name.
- 31, 1865 Slavery abolished in the United States of America.

### FEBRUARY:

- 1, 1899 Inauguration of divisions for women in the Sokol gymnastic organization in Bohemia.
- 5, 1820 Birth of Božena Němcová in Vienna. Author of the novel "Babička". Death January 21, 1862.
- 7, 1812 Birth of Charles Dickens, English novelist, author of "Christmas Carol", "Oliver Twist", "Pickwick Papers."

- 11, 1827 Josef Ressel, Czech, invented the steam propeller used in steam navigation.  
 12, 1809 Birth of Charles Darwin, English naturalist, who presented the Theory of Evolution.  
 12, 1917 Election of the first executive committee of the American Sokol Society, in Chicago, Ill.  
 25, 1937 Renata Tyrš died.  
 28, 1882 The University at Prague was divided into a Czech and a German University.

**MARCH:**

- 2, 1824 Birth of Bedřich Smetana, creator of Czech music, composer of "Má Vlast" (My Native Land), "Prodaná Nevěsta" (The Bartered Bride), etc. Death, May 12, 1884.  
 4, 1789 First North American Congress held in New York.  
 4, 1861 Abraham Lincoln was inaugurated as President of the United States of America.  
 4, 1827 Birth of Edvard Grégr, M.D., Czech statesman, one of the founders of the first Sokol unit in Prague.  
 12, 1930 Alois Jirásek, writer of historical romances, died.

## Oslava 5. výročí Sokola Miami byla úspěchem!

Litovali jsme že prodej lístků na večeri jsme museli zastavit v týdnu před 30. listopadu. Maximum byl 300 vstupenek a nechťeli jsme dělat druhé sezení. Pořádající výbor srdečně děkuje všem, kteří jakýmkoliv způsobem přispěli ku zdaru večera. Více jak 40 členů spolupracovali, počínajíc s přípravnou prací měsíce před, a v ten den.

S radostí jsme vítali výpravy dvou autobusů ze St. Petersburg a jeden ze St. Louis, Missouri, kde byla založená první jednota v USA. Shledali jsme se s bývalými spolupracovníky - br. Franta Příhoda, Oldřich Kudrnovský, Frank a Camille Ulrich, Charles a Blanche Zralý, starosta a tajemnice Východní Zupy. Díky za návštěvu skupiny z Masaryktown, Sokolu ze Stuart, a další. Br. Pohajda byl představen že je členem Sokola 65 let. Díky bratru Macháčkovi za řízení programu a za pravou fontánu na jevišti. Naše tombola byla velká a první dar obdržel br. Prokop, sto dolarů - a ihned daroval \$20. dolarů na stavební fond.

## Sokol San Francisco

### Dobrodružná plavba na voru Eduarda Ingríše

Sokol San Francisco pozval známého skladatele a dobrodružného námořníka Eduarda Ingríše, aby promítl krásný barevný film "Kantuta". Byl to radostným zážitkem podzimní sezony.

Jeho film dobrodružství Čechoslováka dvakrát napříč Pacifikem na voru, byl sledován s velkým zájmem. Přiblížil nám život Peruánců i Polynesánů v překrásných

detailech, zachycených citlivým okem českého zkušeného kameramana, člověka se smyslem a schopností co nejplněji a nejdokonaleji ukázat jejich tance, kroje, hry a způsob života, s cennými doklady staré kultury Inků.

Oceán se s vorem nemazlil a fantastické snímky ukazují, jakého fyzického vypjetí posádky bylo zapotřebí. Tehdy byl "náš" Eduard o dvacet let mladší a schopnější úspěšně vzdorovat nejen neklidnému oceánu, ale i Polyneskému lidu, obzvláště kráskám; nebylo to lehké, když mu byl Prozřetelností dán do vínku otevřený pohled, milý a dobrosrdečný úsměv, a neodolatelný projev dorozumivací s každým člověkem na světě.

Při západech slunce na moři dovedl vyzpívat svou radost nad skutečností, že může prožívat krásu života. Žitého po svém. Malé museum památek, které přivezl sebou, i slovní doprovod filmu paní Ninou byl tu a tam přerušen jeho osobními, vtipnými poznámkami.

Z filmu na nás číselná odvaha, nadšení, pevná vůle, svízela, boj a schopnosti, porozumění člověku, ptáku i zvířeti. - Jak byl milý projev opičí něžnosti ve hře s Joaquimem!

Děkujeme autorovi, paní Nině i nadějnému synkovi za krásný večer. Je pochopitelné, že se velmi těšíme na slíbený film z povodí Amazony v Jižní Americe.

M.H.

## Díky bratru Karlu Vávrovi

Bratr Vávra řekl hodně pravdy, otevřeně a od sokolského srdce při jeho překvapence na jeho pětadvacetiletou činnost jako cvičitel v jednotě Sokola Tyrš. Dal mladší generaci vzpruhu k další a větší činnosti. Jeho "Co jsem - co chceme a jaký je náš cíl" by měl každý mladší člen číst aby viděl, že to byla tá velká obětavá práce co zde byli před námi, kteří za těžkých podmínek pracovali, aby uchovali po sobě takové památky jako naše Sokolovny, síň a kostely. Byli to malí přistěhovalci, neovládali řeč a neměli takové vzdělání jako nynější generace. Otázka kterou br. Vávra ponechal těm mladším je "Jsme také po nás zůstali trvalé památky" je k vyřešení dnešní mladé generaci.

Myslím, že v tom sokolském duchu také u těch co přivzali a mají lásku k Sokolu, je možná. Třeba že již není to národnostní uvědomění, není používána česká řeč je zde to učení zakladatelů Sokola, které v té dnešní mládeži je příznačné. Osobně věřím v ty mladší a věřím že nezklamou a že budou pracovat v myšlence a odkazovat jak to napsal br. Vávra.

K.J.

## K nový rok - k nové práci

Mám před sebou číslo Sokola Amerického, ročník XXV. ze dne 1. ledna 1903. Poselství k Novému roku stejně návažné také pro Sokola po 72 letech. Začínám "Ano, ku práci nové. Pronikavější než byla dosavadní musíme se odhodlati, chceme aby Sokolstvo našlo prospívalo, aby mohutnělo počtem i významem svým.

Tehdy, se k Sokolu v jeho kolébce pohlíželo jako syn matce, neb úkol byl stejný. Chránit Svobodu a docílit

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No woman suffers in silence . . . unless her phone is out of order.

Nothing will improve a person's hearing more than praise.

About all that was really good about the "Good Ole' Days" was that a lot of us were fifty years younger.

Swallowing your pride occasionally will never give you indigestion.

If there is so much room at the top, why is there so much shoving going on up there?

If you never stick your neck out, you'll never get your head above the crowd.

If you want to get ahead, use the one you have, and hold your temper; nobody wants it.

We Americans may not all have come over on the same ship, but we're all in the same boat now.

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toho, aby to heslo Svoboda, Rovnost a Bratrství zvítězilo. Tá Sokolská práce tam doma nebyla marná a přinesla to, že Československo nabylo opět po 300 letech svoji samostatnost. Zde, v naší nové vlasti byl Sokol tím největším ochráncem americké demokracie. Dnes je to trochu jiné, tam kde se zrodil Sokol, dnes neexistuje a proto je na nás zde abychom byli věrni tomu sokolskému heslu "Na Stráž" aby jsme chránili demokracii oproti každé diktatuře.

Nemohu souhlasit s výrokem br. Anthonyho v prosincovém čísle American Sokol, kde píše, že dnes Sokol v Československu neexistuje a toto nebylo prý zaviněno komunisty ale bylo to nazisté kteří se o to přičinili. Víme, že organizace jako Sokol se nehodila do plánů diktatury nazistů a že byl Sokol zrušen a tisíce bratrů bylo uvězněno v koncentračních táborech a sta za myšlenku sokolskou položili to nejdražší co člověk má, svoje životy.

Po roce 1945 byl však mohutný vzrůst Sokola a počet členů dostoupil skoro jednoho milionu. Takovou silnou

organizaci nemohli komunisté dovolit aby existovala, protože ty ušlechtilé cíle Sokola se přičili jejich diktatuře. Proto byl komunisty zrušen a jejich budovy, které byly vybudovány láskou a obětavostí byli znárodněny. Toto slovo "znárodnění" je moderní a dříve se tomu říkalo ukradeny. Z Tyršova domu, z této chlouby Sokola udělali "Sportovní museum" a divně se dnes vyjímá naproti soše zakladatele Sokola Dr. Mír. Tyrše, tá socha toho motocyklového závodníka z rudou hvězdou.

Proto, také zde musí Sokol hájit a bojovat, aby tato naše nová vlast nepodlehla nějaké diktatuře. K.Z.

### České kurzy v Omaze

Český kulturní klub v Omaze bude i letos pokračovat, už patnáctý rok, s programem kurzů. Kurz pro začátečníky započne ve středu, 5. března, kurz studia české historie, literatury a folkloru, v pátek 7. března, vždy o 7. hod. večer. Kurz pro děti začíná v sobotu, 8. března o 9:30 dop. Kurzy jsou v Šerpanově knihovně, sokolské auditorium, 13. ul. a Marta.

V. Kučera

Váš cestovní program Vám spolehlivě a přesně vyřídí

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