

AMERICAN SOKOL

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JUNE 1975

PUBLICATION OF THE AMERICAN SOKOL
Educational and Physical Culture Organization

A.S.O. EXECUTIVE BOARD'S FAREWELL MESSAGE

The XII. AMERICAN SOKOL ORGANIZATION CONVENTION in Detroit, Michigan on June 16, 17 and 18, 1975 will bring to a close the term of office of the Officers and Members of the Executive Board elected at the XI. Convention in 1970.

The plans and directives made at the 1970 Convention, and the 1973 District Presidents' Conference, were followed by all Departments to the best of our ability.

Due to the availability of funds, the Districts and the American Sokol Organization have been able to conduct more and better Instructors Schools than ever before. It is very essential that this trend continue.

The Merit Award Fund also was used for its intended purpose, and many of our youngsters were able to get assistance in the pursuit of their college education.

The Districts have been conducting very successful Annual Slets and Competitions, where the spirit and enthusiasm shown by our younger generations is most encouraging for they are gradually assuming the leadership in our units and rightfully so.

Nationally, our membership has increased in the span between Conventions. It is essential that this trend also continues.

As our operations and services have expanded, so, essentially, has our cost of operations. However, taking this into consideration a very favorable financial report will be presented at the Convention.

At this time the Officers and Members of the Executive Board wish to thank the Districts and all their Departments for the fine cooperation given us.

Your progress has been our reward.

Executive Board
American Sokol Organization
Stanley Barcal, Pres.



AMERICAN SOKOL



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Calendar of Events

JUNE 15th - SOKOL DETROIT, MICH.

Summer Gymnastic Exhibition

JUNE 16-18th - SOKOL DETROIT, MICH.

A.S.O. Convention

JUNE 27-29th - SOKOL USA SLET,

BINGHAMTON, N.Y.

National Slet - New York State University.

JULY 20th - SOKOL SOUTH OMAHA, NEBR.

Czech Queen Contest - Dancing - Sokol Park

JULY 25-27th - SOKOL FORT WORTH, TEXAS

Grand Opening Celebration - Eagle Mt. Athletic
Center - Home of Sokol Fort Worth and Lodge
154, S.P.J.S.T.

AUG. 10th - SOKOL DETROIT, MICH.

Accordion Jamboree

AUG. 17th - SOKOL TYRS, CLEVELAND, OHIO

Picnic - Odd Fellows Farm

AUG. 22nd - SOKOL SOUTH OMAHA, NEBR.

Pot Luck Dinner - Sokol Park

SEPT. 6th - CESKA SIN SOKOL, CLEVELAND,
OHIO

Sokol Beer Festival

SEPT. 14th - SOKOL DETROIT, MICH.

Grape Festival

SEPT. 20th - SOKOL MILWAUKEE, WIS.

Membership and Recognition Dinner

OCT. 18th - SOKOLICE RENATA TYRSOVA,
CEDAR RAPIDS, IOWA

75th Anniversary Celebration

OCT. 18th - SOKOL SLAVSKY, CICERO, ILL.

Dinner-Dance - Peacock Room, Cicero, Ill.

NOV. 1st - SOKOL DETROIT, MICH.

100th Anniversary Celebration

NOV. 8th - SOKOL HAVLICEK TYRS,

BERWYN, ILL.

Fall Sokol Social - Sokol Brookfield

NOV. 8th - SOKOL WEST SUBURBAN, ILL.

Czech Polka Party - Laborer's Hall - Westmont, Ill.

NOV. 21-23rd - SOKOL MILWAUKEE, WIS.

Holiday Folk Fair

DEC. 7th - SOKOL DETROIT, MICH.

Czechoslovak Afternoon Dinner Party.

Sokol St. Louis

Several months ago the following Sokol brothers were presented with membership pins for their many years of devotion to Sokol: Frank Drapalik, 72 yrs.; Fred Pesoat, 50 yrs.; Albert Zub, Miro Hurych, 40 yrs.; Jerry Jetensky, Joseph Janosky, Charles Jecmen, 25 years. Presented pins were the following Vlasta members: Anna Sampel, Rose Hurych, Bozena Krajcovic, Mildred Hellman, 50 yrs.; Louise Herman, Marie Horak, 25 yrs. Marie Guering of the Sokolice, 25 yrs.

St. Louis Sokol and Sokolice extended their most sincerest best wishes to their oldest Sokol member, Bro. Frank Drapalik, Sr., who has been a member for 72 yrs. Before making his home in St. Louis, he was a member of Sokol Slavsky in Chicago for 5 yrs., making him a member of the American Sokol for 77 yrs. He became wed to Anna Kurka, who was one of the dedicated Vlasta members, who passed away in 1969. Bro. Frank is the father of Frank Drapalik, Jr. and Helen Hardy.

Bro. Drapalik and his late wife were dedicated supporters of Sokol and the Czech community as long as they were able. He still contributes to the Sokol and Czech Center. Bro. Drapalik will be 96 years young, Sept. 23, 1975. We wish him the best of health and contentment and thank him for everything that he has done for our Sokol and the Czech community.

William Shana

AMERICAN SOKOL

VESTNÍK AMERICKÉ OBCE SOKOLSKE

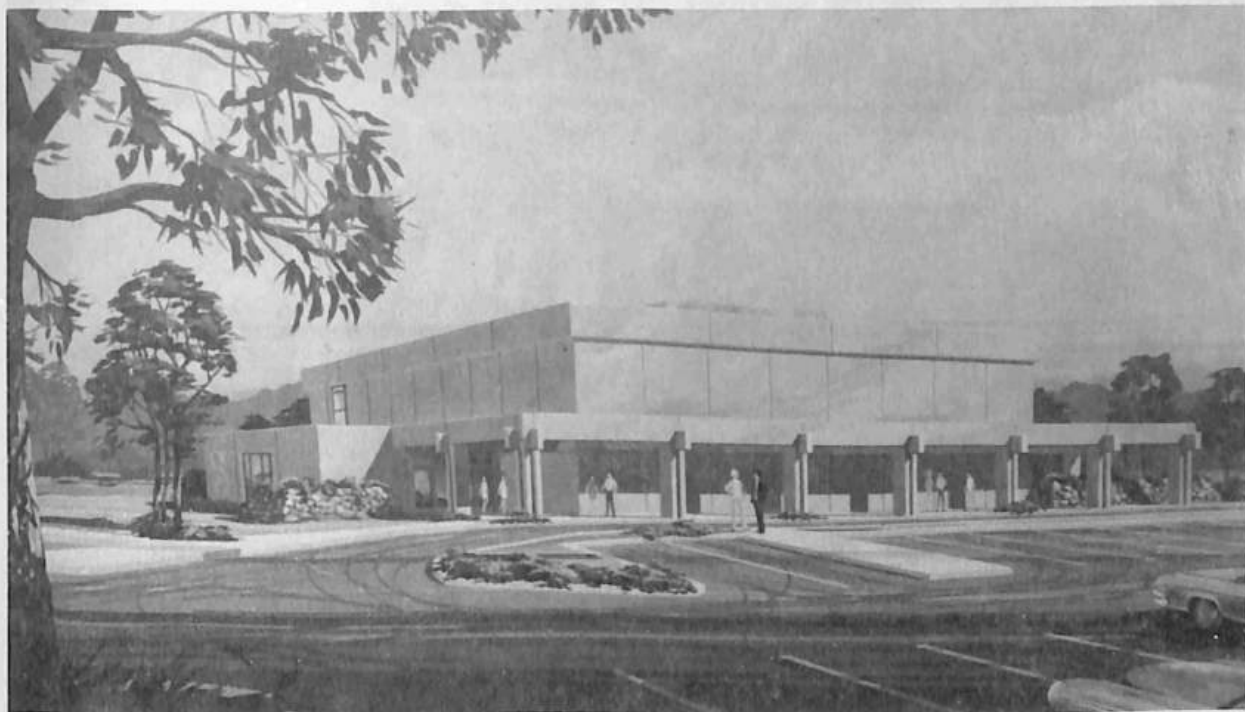
Ročník - Vol. XCVI

June - 1975 - Červen

Číslo - No. 6

Eagle Mountain Athletic Center

Home of Sokol Fort Worth and SPJST Lodge No. 154, Texas



Above is an artist's rendition of the new facilities and future home of Sokol Fort Worth and Lodge 154, SPJST. Official ground-breaking ceremonies were held, March 2nd. Attending were many Lodge and Sokol notables. The Sokol was represented by Bro. Jerry Milan (who is also the President of Lodge 154), Vice-Pres., Don Steinman of the Southern District and Johnny Stoppelman. Construction of the new edifice started, January 27th. Official Dedication is scheduled for July 25-27th.

The new building will contain 12,000 sq. ft. and will be contemporary or modern precast structural concrete. The building will consist of a gym area 80' by 100', club-kitchen area 26' by 72', and a lobby and conference room 26' by 58'. A facility of this type is in great demand at the present time. Many organizations will utilize the building. The restaurant-club area is designed for a wide variety of functions including catered dinners, banquets, weddings, dances, etc. The completely air-conditioned

and elegant designed interior will appeal to the finest tastes. The lodge hall and gymnasium area also lend themselves to a multi-purpose facility in that they can be used in their entirety or divided into separate smaller areas for adaptation to different sized functions.

The new building is located in the northwest section of Fort Worth, near Eagle Mountain Lake, Lake Worth and Marine Creek Lake. It is located 20 minutes from downtown Fort Worth, near a modern massive super highway system and very accessible. Dallas-Fort Worth Regional Airport is 45 minutes away.

The building is situated on 10 acres previously owned by Sokol Fort Worth and deeded to SPJST Lodge 154. The adjoining 10 acres are still owned by Sokol Fort Worth. A loan from the Supreme Lodge SPJST for the construction was proposed by the Sokol Building Committee. At special meeting of the entire Supreme Lodge the loan was granted.

SPJST Vestnik

Ennis Polka Festival



Judges, left to right - Sis. Frances Curry, and Postmaster Eddie Miller presenting Committees Cup to Bro. Don York, Vice-President of Sokol Karel Havlicek Borovsky, Ennis, Texas.

The 1975 Polka Festival in Ennis, Texas, was the most successful yet. The city's population of 12,500 swelled to estimates as high as 49,000 during the Saturday parade and other activities.

Sokol again had the honor of being the first marching unit and Float following the initial cars of dignitaries. Preceding was the Ennis High School Band. Sokol had one of the largest entries, consisting of some 150 gymnasts, and the many others who participated in the band and the other clubs. The Sokol entry began with 2 Jr. boys bearing the Sokol Flag, followed by the young ladies of the Sokol twirling corps. Organized by Sis. Shirley Meier. Then came the Float built by Bro. Don York and his skillful helpers. All classes of gymnasts participated.

The featured speaker at the downtown ceremonies was Stephan Sarnovsky, attache from the Czechoslovakian Embassy in Washington, D.C. Sis. Jeanette Zajic sang the Czech national anthem. Following the lengthy parade and ceremonies the crowds dispersed to the Sokol Gymnastic Center and the 3 other Czech

lodges participating in the festival. Many chose to remain downtown to observe the street dancing.

The lines at the Sokol kitchen were endless, more than 1,000 plate lunches and countless numbers of sandwiches, strudels and kolaches being served. The large crowd left little room for the gymnastic program, in which all classes participated in calisthenics, apparatus and tumbling. Bro. Harold Hamilton provided the educational commentary. Bro. George Prevratil, Southern District President, and Mr. Sarnovsky and his party from the Czech Embassy were in attendance. Dancing followed with one of the 4 orchestras to play that afternoon and evening.

Another gym program was presented on the following Sunday afternoon with another capacity crowd for lunch. Dancing again followed. This was the 8th annual Polka Festival. Each year the Czechs of Ennis join together to present this tremendous event, bringing people from all corners of the U.S. They're most proud of their heritage and work hard to preserve our Czech culture. The Czech language is the 3rd most spoken language in Texas.

Sylvia Laznovsky

Meeting of the Executive Board of the A.S.O.

May 27, 1975

Pres., Bro. Stanley Barcal presided. Present: Bros. R. Svoboda, G. Basta, E. Linhart, G. Herink, J. Rabas, J. Drnec. Sisters B. Prener, J. Pros, A. Sotka, EJ. Schnabl, A. Basta, L. Zdenek, A. Falta.

Correspondence: Bro. Venglarichik of Sokol USA will greet our Convention. - Bro. Jerry Drahovzal will represent the Western Fraternal Life Ass'n. - Bro. C. Zraly's request for an additional day for the By-Laws Committee approved. Will meet June 11th. - Announcement of the Grand Opening of Sokol Fort Worth's new building, July 25-27th. Approved, Bro. Barcal to be the ASO representative for the occasion. - Sokolice Havliceck Tyrs suggestion that various results not be sent to Units since they appear in the American Sokol publication. - Letter from Sis. J. Drnec that she will be unable to attend the Convention.

Director of Men, Bro. Linhart: Reported upon the combined BOI meeting held, May 21st. - In touch with Bro. Waldauf re; Slet in Switzerland and Bro. Walker re; Slet in Binghamton. - Agenda prepared for the Convention. Will be mailed to all District Directors.

Director of Women, Sis. Schnabl: All Sokol USA information received passed on to the District Directors. - Judged Central District's 1st and 2nd Class Competition. - Judged for the 5th District of the Illinois American Legion. - Many BOI members assigned to the Gymnastic Clinic. - Contract received from North Central College.

Publicity: Bro. Rabas: Compiled 85th Anniversary letter of the Denni Hlasatel.

Membership, Bro. Svoboda: Statistical report and scale of total membership will be prepared.

Uniform Division, Sis. Prener: Accounts payable are current. - Have established account terms with suppliers of blouse material. - Continue to receive favorable reports on good service.

Educational Committee: Meeting held, May 14th. - Essay results sent all Units. - Judges and Sis. Sotka received patches for their service.

Financial Sec'y., Sis. Sotka: April report prepared, Federal taxes deposited. - Phone call received from Bro. Janes, of Sokol Fugner South Chicago. Bro. Ken Luebbe is now their secretary. Expect to soon hear from the Unit as to past dues and assessments. - 5-yr. Membership report compiled and ready for printing. - Central District to be contacted re; refund to the ASO. - Transportation and per-diem for Bro. Linhart and Sis. Schnabl to the Binghamton Slet, approved.

Treasurer, Bro. Basta: In agreement with Financial Sec'y. report. - Complete 5-yr. accounting will be ready for Convention. Full report will be given to each Unit and all delegates. - Budget for the Educational Committee will be requested at the Convention.

Editor, Bro. Herink: Received permission to add extra pages in the American Sokol publication if deemed necessary. - Brought to the attention of the Board of the

great cost of address changes each month. This matter will be presented at the Convention.

Convention: Convention Committee met May 12th. Various maps and points of interest being prepared. - Cicero-Berwyn Press donated writing pads for the sessions. - To date, 135 delegates, and 38 Executive Board, District Presidents, BOI and By-Laws delegates. - 62 ASO Units responded. - Centennial Awards will be presented. - Bro. Barcal will contact the guest speaker. - Bro. Kovar of Sokol Detroit will be notified of the earlier arrival of the By-Laws Committee. - District Presidents will appoint the Credentials Committee. Also, they are to select members to the various committees. - Number of votes per Unit are to be in the possession of the District Presidents prior to the 1st session. - Final determination was made of the per-diem for the Executive Board, BOI, By-Laws Committee and the Uniform Division.

Discussions: ASO office to be closed during Convention. - Vacations pro-rated as previous. - Audit made, books found in order. - Approved, Bro. Barcal attend the Northeastern District Slet, June 1st. - Sisters Falta and Prener will represent ASO at the Western Fraternal Life Ass'n. Convention in August.

Central District

April 23, 1975

Pres., Bro. Joseph Drnec presided with 15 delegates present.

Correspondence: Donation of \$25.00 from Townites Social Club for trophies. - Invitation from Sokol Toronto to participate in the Czechoslovak Day, July 5-6th. Declined. - Sokol Fort Worth request for ad in its Grand Opening souvenir book.

Director of Women: Minutes read of the April 18th meeting. Invitation to Ludevit Stur competitions and Slet, June 15th. - Sisters Jindra and Michalek were to visit Sokol Racine to teach the gymnasts calisthenics so they could compete in the District Slet. - Special Number competition at Morton West, May 10th. - I and II Class competitions at Sokol Brookfield, May 17th. - Bro. Pistorius will tape music for District Slet. - Sis. Pros in charge of transportation to Sokol USA Slet. Housing and food reservations must be made individually. - Bill of \$87.00 for ticket and certificate printing approved for payment. - Sis. Michalek unable to attend Convention. Sis. Jindra to represent her as District Director.

Director of Men, Bro. Lebloch: Reported upon April 4th meeting. - Meet Directors: II Class, Bro. Lutha; Jr's., Bro. Gilbert; Men, Bro. Placek; Tabulating, Bro. Jindra. - Considering another source for trophies due to high costs. - Approved, distribution of ID cards to BOI members for free admission to Unit Exhibitions. - Approved, purchase of color coordinated score cards and sheets for coming Meets.

Slet Program Book, Bro. Halik: Had received 12 pages of ads, \$515.00 turned in to Financial Sec'y. - Will need more than 5 pages of free print. - Approved, to insert educational material and new cover design.

Discussions: Bro. Drnec requested members to attend Sokols West Suburban and Racine exhibitions, May 3rd. - Sis. Pros will be requested to give final report on

Milwaukee and St. Louis tours of last fall at next meeting. - New Slovak Beseda being taught by Bro. Kala. - Bro. Meyer will loan mimeo machine for use after competitions. - By-Laws changes submitted to ASO office. Final meeting, May 5th. - Bro. Jindra received approval to assemble a procedures manual including: job resume, procedures, historical reports, annual Slet reports, etc. Would be up-dated each year. - Bro. Drnec to donate record book. - Bro. Glaser requested invoices, receipts, etc. to accompany requests for payment. Present balance in treasury is \$508.62.

Western District

May 12, 1975

Pres., Bro. Edward Pavoucek presided.

Correspondence: Invitation to the Toronto Slet. - Announcement of the 75th Anniversary of Sokolice Cedar Rapids, Oct. 18th. - ASO Director of Men, Bro. Edward Linhart, requesting information on Unit Summer activities. - Various bills which were approved for payment.

B.O.I.: ASO approval for Sis. Jolene Hamann to compete in Women's Intermediate Division. - Sokols Abroad Slet (July 2-5th, 1976) routines available. Must be translated from Czech to English. - April Workshop well received. - Receipt of check from the Special Assessment Fund. - Sis. Kilborn will attend Convention instead of Sis. Drozda. - Approved, purchase of 7 USGF routines for men and women. - Clinic to be held in September. Sis. Mildred Prchal will be invited.

Discussions: Sokol Schuyler arrears in District dues. - Sokol Omaha's By-Law recommendations presented to Bro. Pavoucek. - Approved, additional 2 days per diem for District officers attending Convention. - No District meeting in June. - Approved, District President and Directors of Men and Women, be sent to the Binghamton Slet. - District to absorb cost of Sunday dinner for the delegates at the Annual Meeting.

Eastern District

May 19, 1975

Pres., Bro. Charles Zraly presided. Present: Bros. J. Babinec, F. Capek, A. Chaloupka, R. Novotny. Sisters B. Bidnik, B. Hochner, L. Pribil, G. Zabransky, B. Zraly.

Correspondence: Invitation to participate in Masaryk-town Slet, Canada, July 5-6th. - ASO Essay Contest winners. - Sokol Philadelphia Convention delegate will be either Bro. G. Novak or Sis. J. Tunkl. - Sis. B. Hochner will represent Sokol Newark at the Convention. - Sis. G. Zabransky will represent Sokol Schenectady. - Sis. F. Simon will be the delegate from Sokol Curtis Bay.

Director of Men, Bro. Capek: Sokol Fuegner was victorious in the United Sokols of the East competitions. - Track and Field meet will be held in October. - 24 Little Ferry girls will participate in the Slet in Binghamton. Chartered bus to the Slet will cost \$580.00. If enough participants will be going the bus will stop at New York or Long Island.

UNIT REPORT

Sokol Little Ferry: Will participate in Memorial Day Parade. - Picnic to be held in Fall.

Sokolice Little Ferry: Had a theater party. - Exhibition a success. - Chinese Auction, Oct. 7th.

Sokol New York: Exhibition very successful. - 17 gymnasts will take part in Binghamton Slet.

Sokol Fuegner: Exhibition a success. - Jrs. and seniors victorious in USOE competition. - 7 gymnasts will participate in Binghamton Slet. - Women held theater party. - Bro. Emil Vancura, a 60-yr. member of Sokol Fuegner, passed away.

Sokol Baltimore: One bus chartered for the Binghamton Slet. - Ceremonies at the Unknowns at Arlington National Cemetery, June 1st. - Jodie Amrhein won first place in the III. Division of the ASO Essay Contest.

Sokol Miami: Mother's Day celebrated, May 11th. - Attendance at weekly Games Nites reached 200. All prizes donated. - 55 in attendance at last membership meeting. - Card parties held twice monthly.

* * *

Discussions: Bro. Zraly appointed delegates to the various Convention committees. - Approved, District President and the Directors of men and women each receive \$50.00 toward convention expenses. - A room to be reserved for meetings of District's delegates. - Question of dual membership will be brought up. - All Units requested to sell their chance books.

Treasurer, Bro. Chaloupka: Receipts - \$118.80; Disbursements - \$173.70.

Southern District

March 27, 1975

Pres., Bro. George Prevratil presided. Present: Bros. Don Steinman, Oldrich Parma, Jerry Milan, Larry Laznovsky, H. B. Smith, Stuart and Harrell Hamilton. Sisters Bernice Hamilton, Sylvia Laznovsky, Rose Steinman, Henriette Milan, Helen Parma, Vlasta Laznovsky.

Correspondence: ASO check drawn against the District's special assessment fund covering expenses of Clinics in Dallas and Ennis, Nov. 1-3rd.; Organizational travel to Corpus Christi.

UNIT REPORT

Sokol Ziska: March meeting, 49 in attendance. Gained 2 regular and one associate members. - In preparation for District Slet. - Will host volleyball tourney, April 19th. - Held Easter Egg hunt.

Sokol Karel Havlicek Borovsky: 2 dances held in March. - Fund-raising supper, April 11th, for traveling fund. - Held Easter Egg hunt. - Presented gym program at the Volunteer Fire department's benefit. - Preparations being made for the Polka Festival.

Sokol Fort Worth: Gained 11 associate members. - 92 gymnasts plan to attend District Slet. - Rummage and soap sales fund-raising projects. - Ground-breaking ceremonies of the SPJST Lodge 154 and Sokol building held March 2nd. Old building is for sale. - Easter picnic, March 30th.

Sokol Houston: Gained one regular and 4 associate members. - Easter activities: Egg Hunt, Dinner and Dance, March 30th. - Planning a Bi-Centennial Celebration, July 4-6th, with a Czech Day and a gym program.

Director of Men, Bro. Laznovsky: Taught Slet calisthenics and apparatus routines at Sokol Houston. - Volleyball tournament, April 19th, at Sokol Zizka. - Visited Sokol Baltimore while in that area.

Director of Women, Sis. Laznovsky: Mailed gym manuals to all Units. - Taught Slet material at Sokol Houston. - Plans to assist Sokol Zizka, April 4th.

Educational Director, Bro. Parma: Educational classes to be scheduled at Sokol Zizka. Bro. Prevratil will lecture on Sokol. - Educational information included in Sokol Fort Worth news-letters and also in the booklet edited by the Sokol in Ennis.

Public Relations, Bro. Milan: Prepared material for the Convention souvenir book. - Reported upon the new building in Fort Worth. Some 130 guests attended the ground-breaking ceremonies. - Building construction by SPJST Lodge 154. Grand Opening, tentatively set for July 25-27th. Souvenir book will be issued.

Treasurer, Sis. Hamilton: Receipt of ASO special assessment check. - Expenses, \$244.26.

Discussions: Bro. Laznovsky will contact each Unit on their building and activities as requested at the annual meeting. - Plans were revealed for a traveling fund benefit sponsored by the District at Sokol Zizka, May 4th. A dinner and a concert by the Dallas Czech Concert Orchestra will be presented. An advance of \$350.00 was approved for this purpose. - Approved, to have film made of the 1974 District Slet for the District Library. - More information will be requested pertaining to the Sokol building in Prague, Oklahoma. - Approved, purchase of a one-half page ad in the District's Slet souvenir book.

April 24, 1975

Pres., Bro. George Prevratil presided. Present: Bros. Don Steinman, Oldrich Parma, Miro Jurcik, H. B. Smith, Frank Cechan, Harrell and Stuart Hamilton. Sisters Sylvia Laznovsky, Bernice Hamilton, Vlasta Laznovsky. Guests: Sisters Helen Parma, Vlasta Jurcik, Jane Rushing. Sis. Rushing of Sokol Zizka gave information on the Traveling Fund Benefit, May 11th, at Sokol Zizka.

Correspondence: Sokol Corpus Christi's request to have an ASO representative at its District Slet. Also, a request for the 1948 Prague Slet film to be shown at their Unit, April 26th.

UNIT REPORT

Sokol Corpus Christi: Unit competition, April 26th. - Preparing to host District Slet. - Souvenir Book being issued.

Sokol Zizka: April meeting, 33 present. Gained one regular, 5 associate members. - 2 regular dances. - Mini-Slet, May 17-18th, including competitions, dinner and gym program. - 2 Jr. Girls will attend USGF National Meet in Virginia in May. - Plans for summer camp in June.

Sokol Karel Havlicek Borovsky: Preparing float for the Polka Festival. Gym program on both days. - Traveling Fund supper a success. - 4 teams participated in volleyball tourney in Dallas. - Will charter a bus to Corpus Christi. - Sokol twirlers attended contest at SMU, several receiving awards. Will present recital, April 26th. - Boys Unit competition, May 10th; Jr. girls and women, May 17th.

Sokol Fort Worth: Gained 4 associate members. - Easter picnic successful. - 4 teams took part in the volleyball tourney in Dallas. - Fund-raising projects in progress. - Unit competition and exhibition, May 17-18th. - Jrs. will attend State Meet. - Grand Opening meetings being held. - Unit By-Laws being prepared.

Sokol Houston: April meeting, 32. Gained 7 regular members. - Easter Sunday activity successful. - Mother's Day celebration, May 11th. - Dance, May 3rd. - Czech Day parade in downtown Houston, July 5th. Celebration, July 6th, with singing, dances, bands, gym program, costumes, etc.

Board of Instructors: Sis. Laznovsky gave combined report. - Men's Director, Bro. Laznovsky, will be in Corpus Christi, April 26-27th, and meet with the Slet committee. - Group from Houston went to Corpus Christi for a combined workshop. - All Units holding their own competitions prior to the District Slet. - 3 traveling volleyball trophies were retired.

Educational Director, Bro. Parma: Sokol Fort Worth parents lectured upon Slet, competitions and activities. - Informative articles from the American Sokol were read to the classes at Sokol Zizka.

President, Bro. Prevratil: No reply regarding building in Prague, Okla. - Prepared article for Slet Souvenir Book.

Treasurer, Sis. Hamilton: Receipts, \$532.15. Expenses, \$626.76.

Sokol Detroit

On April 5th, the Jr. boys traveled to Cleveland to participate in the Akademie for the benefit of the Peter Sikora College Fund. The Teen Club donated \$25.00 towards the fund. - On April 6th, The Sunday Afternoon Polka Party turned out to be an outstanding success. The gym looked like a beautiful Spring Scene, with all the dedicated helpers doing a grand job in decorating. - The Sokolice held their Rummage Sale, May 21-22nd.

The Sokol Scholarship Fund Board of Trustees elected to distribute Scholarship Grants for the 1975-76 school year. Sons and daughters of Sokol and Sokolice Detroit members who have been active for a period of three years are eligible. - Plans are now completed for special buses to the District Slet in Cleveland and the Binghamton Slet in N.Y. - The Senior Citizens Club was to hold a Mother's and Father's Day dinner, May 28th. - The Choral group is in midst of preparations for its performance at the Convention. Attendance at the April rehearsal was great. - And finally, Bro. Louis Teichman is still rounding up men in order to field 100 men for the 100th Anniversary Summer Exhibition, June 15th.

Sokol Detroit News-Letter

Sokol Racine, Wisconsin

On May 3rd, the young gymnasts of Sokol Racine presented their "Show Off Night" before a very fine audience of Sokol parents and friends. The program consisted of: "Warm-ups", tumbling, vaulting, performances on the balance beam and Hi-lo bars, and closed with a "Kick-Line". Approximately 90 young girls and 7 young boys (about 10 of them failing to appear) participated in the program under the direction of the Instructors: Sue Andersen, Cheri Goebel, Nancy Hill, Tammy Rossman and Robert Auer. No calisthenics exercises were performed, since the Central District's BOI neglected to send an instructor to Racine for this purpose.

Bro. James Fetek, President of Sokol Racine, deserves great praise for re-kindling the gymnastic activity of the Sokol Hall after a lapse of more than a year when there was very little gym-work. Bro. Frank Groulik also contributed to the success of the day, almost single-handedly obtaining all the ads for a fine program book and arranging for its printing.

Also in attendance were: Bro. Joseph Drnec, President of the Central District; Bro. George Herink, Editor of the American Sokol; and a delegation from Sokol Milwaukee.

It is most encouraging to witness this renewed spirit of gymnastic activity at Sokol Racine. It just proves what can be accomplished - with able leadership, progressive ideas, and the love of Sokol. All the other dormant Units across the nation please take note.

Sokol St. Paul, Minnesota

The Unit's April 25th meeting was to include a report by Pres., Bro. Henry and Sis. Laura Jansen who attended the Western District's Semi-annual meeting, April 12-13th. At the District's meeting the delegates who were to be present at the ASO Convention in Detroit were assigned their respective duties, along with a folder of information. As Bro. and Sis. Jansen watched the workshop and the gymnasts preparing for the Sokol USA Slet they felt sad that none from St. Paul were to participate.

Some very important business was to be transacted at the Unit's coming meeting. Plans for future gymnastics operations were to be discussed. The CSPA Hall, where Sokol St. Paul meets, is in the Housing Development area. So, the future there is not too encouraging. If no place is found to perform its Sokol activities, it could very well mean the end of the only active Sokol Unit in Minnesota.

Gym class competitions were held, April 19th. A gym class program was to take place April 26th. - During the month of July a Sokol Camp Picnic and Kid's Week at Sokol Camp were to take place. Exact dates not yet determined. - The Sokol Camp had its Grand Opening, July 25, 1926.

The Czechoslovak Folk Dance Group continues to excite interest, and has a very complete schedule of performances in the forthcoming months. There is an earnest plea on the part of the Group for any individual

possessing a Czechoslovak Kroj (costume) to allow some of the members in the dance group to use the same. These "Kroje" are precious, and will be given the respect they deserve. It is the hope of the folk dancers that the long-lived traditional dances of Czechoslovakia shall live forever. The authenticity of the dances is shown in the selection of proper Czechoslovak costumes.

St. Paul's Sokol Slovo

Sokol San Francisco

Bro. Carl and Sis. Mary Johnson transferred from Cleveland to Sokol San Francisco. Bro. Johnson is now teaching the boys and girls calisthenics. - The Unit's Exhibition was to be held June 1st. - Many of the Unit's members are already making plans to attend the 1976 Sokols Abroad Slet in Zurich, Switzerland.

Sisters Mildred Prchal and Norma Zabka were in the area to attend the III. National Gymnastic Competitions at San Francisco State College, May 10th. On May 12th, they were to conduct a mini-clinic at the Sokol Hall for the young Sokol gymnasts. - The District was making plans for an early June Clinic under the direction of Sis. Mary Provaznikova.

The District's Children's Camp and Clinic will be held, August 10-17th, at Harmony Ridge, located outside of Nevada City, an hour's drive from Reno, Nevada. Cost per child will be \$30.00 for active members, \$60.00 for anyone else. All applications subject to approval by Unit and District. Ages, 8 to 18.

Camp sites will be available to Sokol members for the same period without interference with the Children's Sokol Clinic. The cost per camper is \$2.00 per day per person. The campers must furnish their food and lodging - tent, camper, etc.

Sokol San Francisco Vestnik

Sokol Slavsky, Jrs.

Sokol Slavsky Jrs. of Cicero, Ill. are enjoying one of their most successful years. Twenty of them spent a weekend at the Green Meadows Farm, Waterford, Wisconsin, this winter.

Jr. Board co-advisor, Sis. Anne Svec, who arranged the trip, along with four other chaperones had a most enjoyable time as everyone else. The youngsters were great at keeping busy - ice skating on the frozen ponds (even at midnight), hiking over the farm's many hills and acres and a hayride to beat all hayrides. All shared in the cooking, serving, cleaning up and, of course, eating. The sleeping was done dorm-style in the heated barn - and they **did** sleep! Must have been the country air.

The Slavsky Jrs. are a particularly active group. They annually hold candy sales, paper drives, bake sales and other fund raisers, turning most of the profits over to their Unit, while also being allowed to use some of the funds for socials such as horseback rides, bowling nights, ski trips and parties during the year.

The hardest work they put in is at the paper drives, this year collecting a record 76,000 lbs. All the sore muscles are forgotten, though, as they plan their 8th

SOKOL GYMNAST

JUNE 1975

Edited by AMERICAN SOKOL BOARD OF INSTRUCTORS

A.S.O. 1975 DISTRICT SLETS AND ACTIVITIES

EASTERN DISTRICT:

June 27 - 29 **Sokol USA Slet, Binghamton, New York.**
 August Instructors School.

NORTHEASTERN DISTRICT:

June 1 **Northeastern District Slet at A.M.L.A. Recreation Center, Leroy Township, Ohio.**
 June 15 Sokol Detroit Annual Gymnastic Exhibition at Sandy Bottom Lake, Michigan.
 June 27, 28, 29 **Sokol USA Competitions and Slet at the New York State University, Binghamton, New York.**
 July 20 Sokol Czech Folk Dancers will perform at the Czech Catholic Union Day at Ceska Sin Sokol.

CENTRAL DISTRICT:

June 7 - 8 Children, Jrs., Srs. Apparatus Competition - Sokol Day at Riverside-Brookfield High School.
 June 27 - 29 **Sokol USA Slet in Binghamton, New York.**
 Sokol Instructors School, N.Y.

WESTERN DISTRICT:

June 27 - 29 **Sokol USA Slet in Binghamton, New York.**
 October 18 75th Anniversary of Sokolice Cedar Rapids.

SOUTHERN DISTRICT:

June 6 - 7 - 8 **Southern District Slet, Corpus Christi, Texas.**
 July 25 - 27 Grand Opening of Sokol Fort Worth, Texas.
 July Sokol Instructors School.

PACIFIC DISTRICT:

August Children's Camp.

NORTHEASTERN DISTRICT Sr. Men's Apparatus Competition

CLEVELAND, OHIO

Meet Director: Peter Dusek, Jr., Dist. Director of Men.

LOW B DIVISION

Place	Name	Unit	Points
1	Tom Harrison	Sokol Tyrs	52.20
2	Glen Galaida	Sokol Nova Vlast	51.95
3	Dave Slowbe	Sokol Nova Vlast	51.75
4	Jim Duffy	Sokol Tyrs	51.05
5	Dennis Jirousek	Sokol Tyrs	51.00

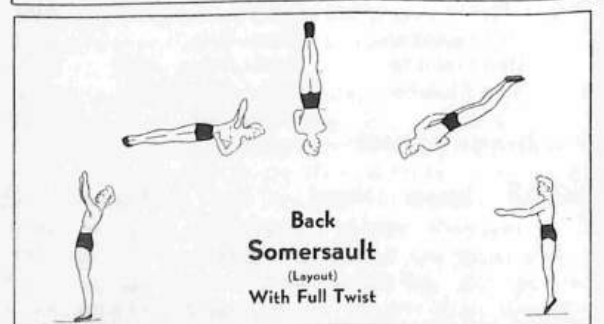
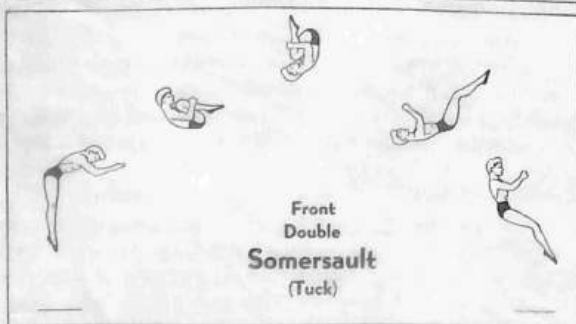
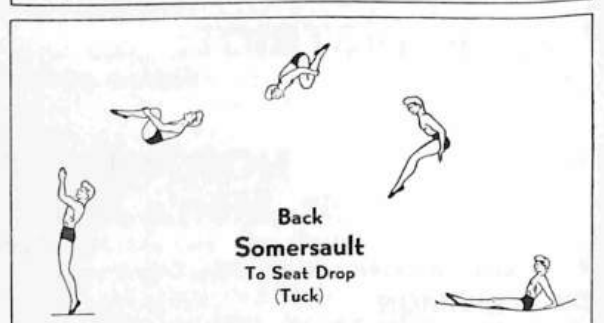
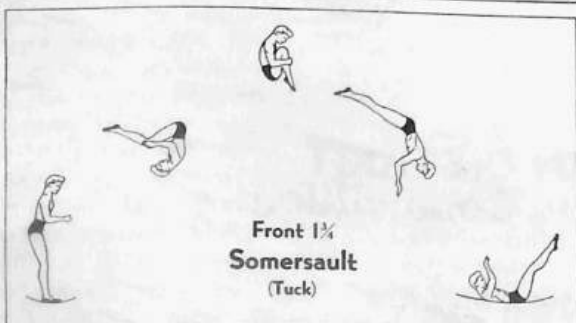
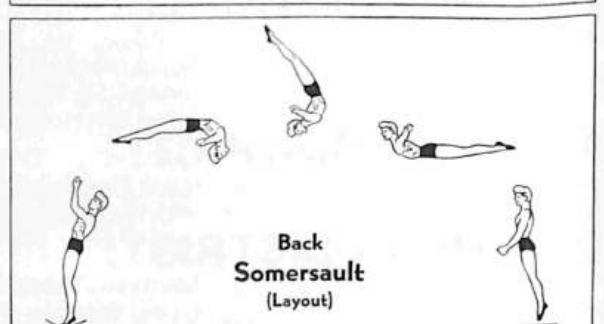
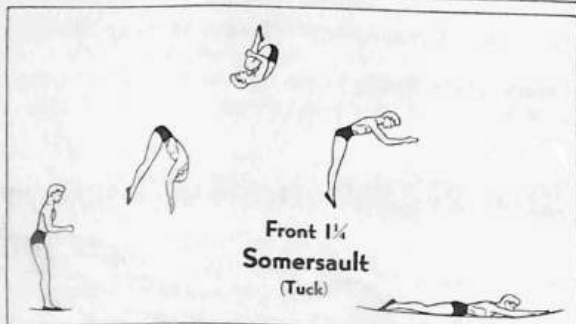
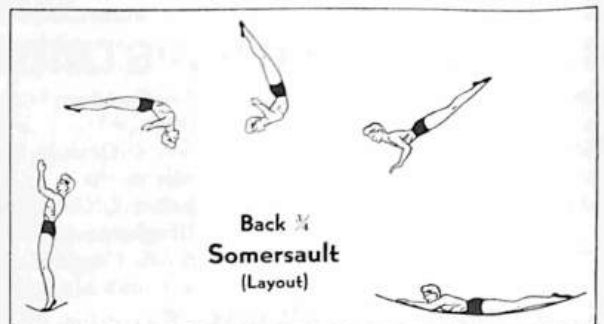
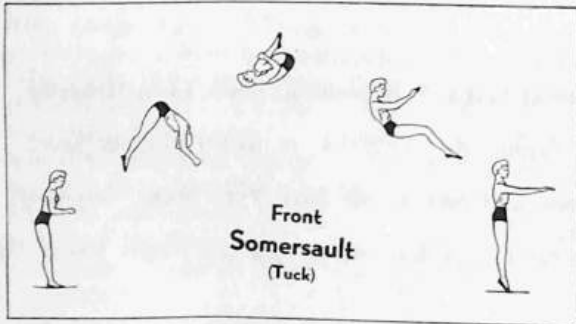
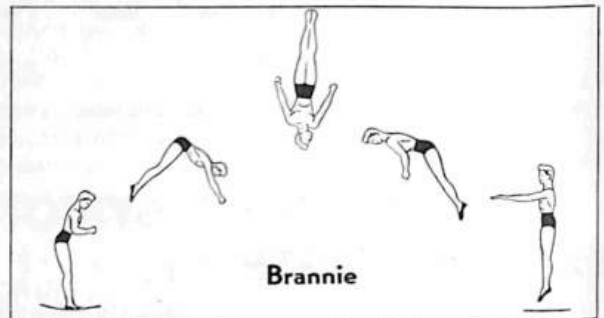
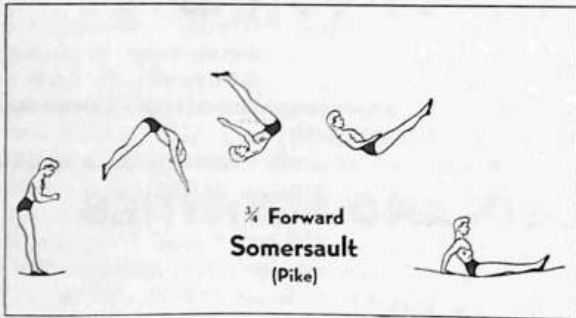
LOW A DIVISION

Place	Name	Unit	Points
1	Joe Vanecek	Sokol Tyrs	61.75
2	Jerry Vana	Sokol Nova Vlast	61.65
3	John Ballance	Sokol Tyrs	61.20
4	Ken VencI	Sokol Tyrs	60.60
5	George Kotlan	Sokol Nova Vlast	59.30

TEAMS	Place	Name	Points
	1	Sokol Tyrs I	207.00
	2	Sokol Nova Vlast I	201.20
	3	Sokol Tyrs II	165.50
	4	Sokol Nova Vlast II	117.80

TEAMS	Place	Team	Points
	1	Sokol Tyrs	244.80
	2	Sokol Nova Vlast	240.10

SUGGESTED ADVANCED SKILLS for REBOUND TUMBLING



CENTRAL DISTRICT

I. Class Girls' Competitions

HIGH DIVISION

TEAMS

Place	Team	Points
1	Sokol Slavsky I	498.2
2	Sokol Slavsky II	483.3
3	Sokol Stickney I	460.4
4	Sokol Tabor I	431.9
4	Sokol West Suburban II	424.9
6	Sokol West Suburban I	422.9
7	Sokol Tabor II	405.0

INDIVIDUALS

Place	Name	Unit	Points
1	A. Vedral	Sokol Slavsky I	120.4
2	K. Koprowski	Sokol Slavsky I	119.8
2	G. Laskowski	Sokol Slavsky I	119.8
3	A. Wonderlick	Sokol Slacsky I	119.7
4	G. Tuggle	Sokol Slavsky I	119.6
5	L. Kubik	Sokol Slavsky II	117.6

7 Teams - 36 Contestants - Kim Rus, Meet Director

LOW DIVISION

TEAMS

Place	Team	Points
1	Sokol Slavsky I	577.1
2	Sokol Berwyn I	569.1
3	Sokol Stickney II	557.9
4	Berwyn II	538.8
5	West Suburban I	537.1
6	West Suburban II	532.3
7	West Suburban III	497.1
8	Berwyn III	476.5

INDIVIDUALS

Place	Name	Unit	Points
1	M. Mongello	Sokol Slavsky I	116.6
2	S. Kory	Slavsky I	114.7
3	A. Strauss	Slavsky I	112.8
4	J. Bouman	Berwyn	111.7
5	J. Borzym	Stickney II	111.6

8 Teams - 54 Contestants - Kim Rus, Meet Director

II. Class Girls' Competitions

HIGH DIVISION

TEAMS

Place	Unit	Points
1	Berwyn, Team I	774.4
2	Slavsky, Team I	769.3
3	Tabor, Team I	761.4
4	Stickney, Team I	736.7
5	West Suburban, Team I	699.3

INDIVIDUALS

Place	Name	Unit	Points
1	Maggie Sullivan	Sokol Stickney I	194.8
2	Judy Ruzevich	Slavsky I	190.8
3	Karen Goering	Berwyn I	189.7
4	Betsy Forsythe	Berwyn I	189.2
5	Denise Michalek	Brookfield	188.9

36 Contestants - 5 Teams - Sylvia Pistorius, Meet Dir.

LOW DIVISION

TEAMS

Place	Unit	Points
1	Berwyn I	981.7
1	West Suburban III	981.7
2	West Suburban II	978.0

3	Slavsky I	974.0
4	West Suburban I	935.9
5	Berwyn II	934.5
6	Stickney IV	927.0
7	Brookfield II	902.8
8	Stickney I	902.1
9	Brookfield I	899.4
10	Berwyn II	892.3
11	West Suburban IV	878.5
12	Slavsky II	871.3
13	Slavsky II	869.7
14	Tabor II	837.8
15	Stickney III	828.4
16	Berwyn III	813.7
17	Tabor I	789.2
18	Stickney II	788.9

INDIVIDUALS

Place	Name	Unit	Points
1	Regina Scannicchio	Sokol Slavsky I	196.8
2	Lynn Bala	West Suburban II	196.7
3	Nancy Klindera	Berwyn I	194.1
4	Magda Remec	West Suburban III	194.0
5	Jenny Oler	West Suburban III	193.7
5	Tracy Moe	West Suburban II	193.7

18 Teams - 107 Contestants - Sylvia Pistorius, Meet Dir.

1976 Olympic Games - Facts

- The Olympic Games will be held in Montreal from July 17th to August 1st, 1976.

The program for the Montreal Games includes 21 sports: archery, athletics, basketball, boxing, canoeing, cycling, equestrian sports, fencing, football (soccer), gymnastics, judo, handball, hockey, modern pentathlon (riding, fencing, shooting, swimming, cross-country race), rowing, shooting, swimming, (including diving and water polo), volleyball, weightlifting, wrestling and yachting.

The yachting events will be staged at Kingston, on Lake Ontario.

- The 1976 Olympic Games in Montreal are being staged by the Organizing Committee, known as COJO (Comité Organisateur des Jeux Olympiques).

The International Olympic Committee, with headquarters in Lausanne, Switzerland, entrusts the organization of the Games to the National Olympic Committee of the country in which the Games are to be staged; in Canada it is the Canadian Olympic Association. This official body has delegated its powers to COJO, the Organizing Committee which must now correspond directly with the International Olympic Committee.

COJO's mandate ends with the Games.

His Excellency Roger Rousseau is the President and Commissioner-General of COJO, which is administered by a Board of Directors and an Executive Committee.

- How the organization of the Olympic Games in general works:

The Olympic Movement is controlled by the International Olympic Committee (IOC). This is a permanent body created by Baron Pierre de Coubertin at the time of the revival of the Olympic Games. The IOC consists of 74 members from sixty different countries.

- The 1976 Olympic Games are self-financing. COJO's main revenue will come from the Olympic lotteries and the sale of Olympic stamps and coins, spectator tickets, radio and television rights and licensing and concession rights.

Canada's Parliament passed a law July 27, 1973, authorizing self-financing programs.

- Details pertaining to the sale of tickets will be finalized within the next few months. COJO is also working on the question of accommodations for the 1976 Olympic Games.

- The official symbol consists of five rings topped by the Olympic podium.

- The podium, at the top of the design, is evocative of the glory of the victors and, to a greater extent, of the spirit of chivalry underlying their contests; the podium is also a graphic presentation of the letter "M", for Montreal; at the center of the design is the Olympic stadium oval, heart of the Games.

The five entwined rings represent world brotherhood and are designed to stress the fact that the Olympic ideal is, and must remain, the very essence of this undertaking.

- The symbol was designed by Canadian designer, Georges Huel.

- The official symbol of the 1976 Olympic Games is the property of the Organizing Committee of the Olympic Games (COJO) and cannot be used, by anyone under any circumstances, without written authorization from the authorities concerned.

- The Olympic flag is meaningful. It is composed of five different colored rings, on a white background.

The five rings correspond to the five sections of the world; the six colors - the white background and blue, yellow, black, green and red for the circles - represent all the nations, without exception. In fact, the flags of all the countries in the world have at least one of these six colors.

- Popular legend attributes the foundation of the Olympic Games to Hercules, son of Zeus. They were so important, that time in ancient Greece was measured by the four year interval between the Games, called an Olympiad. So, Olympiad means four years' time.

- The first Olympic Games can be traced back as far as 776 B.C.; for close to 1,200 years they were staged at intervals of four years. They were abolished in the year 394 A.D. by decree of Emperor Theodosius.

- The first Olympic Games of the modern era took place in Athens, Greece, in 1896.

- Under no circumstances can the Games be postponed to another year. Their non-celebration, for whatever reason, leads to the annulment of rights for the selected city and rights to host the next Olympic Games cannot be granted to this same city.

- The places and dates where the first twenty Olympic Games of our modern era took place. For major reasons, such as war, a few Games were not staged.

1896	Athens	1940	*Helsinki
1900	Paris	1944	*London
1904	St. Louis	1948	London
1908	London	1952	Helsinki
1912	Stockholm	1956	Melbourne
1916	*Berlin		and
1920	Antwerp		Stockholm
1924	Paris	1960	Rome
1928	Amsterdam	1964	Tokyo
1932	Los Angeles	1968	Mexico
1936	Berlin	1972	Munich

*Were not staged.

- The 1976 Olympic Games will be marked by eurythmy: the right balance of man's intellectual and physical faculties in perfect harmony with himself.

annual bus trip to the Warren Dunes in Michigan this June. Sis. Ellie and Bro. Bernie Babka have been advising and chaperoning all the Jr. events for many years and together with Sis. Svec are very proud of the group's accomplishments.

This year's elected Jr. Bd. officers are: Ed Kusper and Kathy Babka, directors; Rick Thompson and Pam Satek, assistant directors; Janet Babka, secretary; and Art Placek, treasurer. Ellie Babka

Sokol St. Louis' 110th Anniversary Gymnastic Exhibition

With the weather most ideal, a large crowd came out to attend this Anniversary Gymnastic Exhibition, May 18th, at the Czech Center. This was one of the most successful performances in the past several years. The classes were large, the numbers well executed; each well applauded by the audience.

The program began promptly with the Presentation of Colors, the General Assembly, the singing of the National Anthems, and the welcoming address by Bro. Joseph Sulz, President of Sokol St. Louis. The gymnastic program consisted of 8 numbers performed by some 140 men, women, Jr. boys and girls, and small boys and girls.

The great success of the exhibition can be attributed to Director of Men, Bro. Norman Ulrich; Director of Women, Sis. Helen Pesot; and the instructors, Sisters Rosemary Muich, Pat Kovacevich, Mary Ann Sulz, and Bros. Ted Stanley and Bob Pesek. The last 3 mentioned have served 10 yrs. as gym instructors. And last but not least, to Bro. "Teach" Frank Prihoda, now in his 81st year, still directing the 2nd class women.

The exhibition was a wonderful example of Sokol physical fitness, from the very small tots to the men and women. It was a great Sokol Day!

John Reiner

Sokol South Omaha

Sokol South Omaha has again shown why it is one of the most active Units in the American Sokol Organizations. Its activities are so innumerable it's just impossible to go into exact detail. The big one coming up is the annual Sokol Czech Festival, June 8th. (3 or 4 Polka Bands, 4 hours of broadcast on Radio Station KRCB, some 30 booths, \$2,000. worth of various prizes). The entire membership participates. There is work for all. Their goal is a New Hall, now on the planning board, and which is needed very desperately.

Other activities: Czech Queen Contest and Polka Dance, July 20th; sale of cookbooks, chicken and shrimp dinners, sale of Sokol jackets and many other miscellaneous items, preparations for participation in the Binghamton Slet, special buses being chartered; and the latest, a successful initial Invitational Gymnastic Meet under the direction of Director Bud Benak with teams from Waterloo and Des Moines, Iowa; Hopkins and Edina, Minn.; Meriam, Kansas;

Kansas City, Mo.; Omaha and So. Omaha competing. The activities go on and on.

At a recent meeting the following were presented with pins marking their many years of Sokol service: 40-yrs. - Bros. Pete Jaros and William Marsik; 25-yrs. - Bro. Frank Navratil.

Why I Go to Sokol

I go to Sokol because I like to do gymnastics. I think it's fun going to Sokol because you go on rings, tumbling, bars, etc. You play games. At the end of the night the teacher, Carolyn, takes attendance and then she says "Nazdar". We say "Zdar". We have parties like Halloween and Christmas parties. At the end of Sokol we have a show. Everybody is scared when we have to go out in the gym with all the people. Last year after calisthenics, I was on tumbling. I wanted to go on the trampoline. But I wasn't. I got my brothers into this. I think they like it too.

Betsy LaScala, Sokol West Suburban
1st Place Winner - I. Division -
1975 A.S.O. Essay Contest

"The True Meaning of Competition and What It Means to Me"

The meaning of competition is the matching of one's ability to others. Competition is a will to win. It teaches us to continue to fight for what we strive to have. It taught me to be a good winner, and a good loser.

As the saying goes, "It's not if you win or lose, but how you play the game." Competition showed me the value of this quote. When I am in competition, I have an urge to win. If I really and truly want to win, I'll try with all my heart and soul.

The definition of competition varies because not everyone thinks the same. Some people value some things more than others. Some people value the winning of a race more than good sportsmanship. In the true sense of competition, sportsmanship should be valued the most. By competition, I realize this; thus helping me to fulfill my goals in life in the truest and happiest sense of competition.

Mary Lynn Romz, Sokol Berwyn
1st Place Winner - II. Division -
1975 A.S.O. Essay Contest

A Winning Team

"You teach them the fundamentals. That's one thing. The guy's got to know the basics of his game . . . Then you keep the boys in line . . . They play as a team, not as one individual guy . . . The third ingredient: That if you're going to play together as a team you've got to care for one another. You've got to love each other . . . Team spirit. When the guys are imbued with that, then you know you've got a team."

— The late Vince Lombardi

MEMBERSHIP STATISTICAL REPORT
 AMERICAN SOKOL ORGANIZATION
 1ST QTR. 1970 TO 1ST QTR. 1975 INCLUSIVE

	1ST QTR. 1970		1970		1971		1972		1973		1974		1ST QTR. 1975		GAIN OR LOSS 5 YR. PERIOD	
	MEN	WOMEN	MEN	WOMEN	MEN	WOMEN	MEN	WOMEN	MEN	WOMEN	MEN	WOMEN	MEN	WOMEN	MEN	WOMEN
EASTERN DISTRICT																
SOKOL BALTIMORE	117		111		113		122		121		118		116		-1	
SOKOL BALTIMORE		111		113		114		142		145		136		132		+21
SOKOL BELCAMP	52	32	52	32	53	33	54	36	54	36	56	37	56	37	+4	+5
SOKOL BUDTIS BAY	14	22	14	22	13	21	12	20	12	20	12	20	12	20	-2	-2
SOKOL FUEGNER L.I.	45	42	44	42	44	41	39	40	39	41	39	40	37	41	-8	-1
SOKOL LITTLE FERRY	104		102		93		86		86		81		81		-23	
SOKOLISH LITTLE FERRY		126		126		122		125		133		138		139		+12
SOKOL NEWARK	10	18	10	18	10	18	10	16	10	15	9	15	9	15	-1	-3
SOKOL NEW YORK	131	108	126	109	124	101	116	99	113	89	110	90	110	88	-21	-20
SOKOL PHILADELPHIA	28	26	26	26	25	26	22	26	22	26	22	26	22	23	-6	-3
SOKOL SCHENECTADY	42	39	41	39	35	37	35	36	32	34	31	33	20	33	-12	-6
SOKOL WASHINGTON DC	69	57	73	62	73	67	75	72	70	68	70	66	68	64	-1	+7
SOKOL MIAMI	55	76	60	87	65	95	68	107	71	120	84	141	91	152	+26	+76
TOTALS	667	657	659	676	651	675	639	714	630	727	632	742	632	744	-35	+87
NORTHEASTERN DISTRICT																
SOKOL CLEVELAND-SECH-																
HAVLISEK	77	127	74	126	64	118	65	122	62	121	61	122	60	124	-17	-3
SOKOL DETROIT	206		197		188		175		173		199		202		-4	
SOKOLICE DETROIT		226		229		223		213		240		234		247		+21
SOKOL MOSKOVAN	17	22	16	20	15	19	14	19	11	17	10	17	10	17	-7	-5
SOKOL NOVA YORST	90	102	87	101	85	101	86	99	85	108	94	123	86	121	-2	+19
SOKOL R.I.P.	21		20		19		20		20		20		20		-1	
SOKOL TYRS	141	177	136	168	132	166	130	157	130	167	133	176	135	179	-6	+2
TOTALS	532	654	530	644	508	627	490	610	501	653	517	672	515	688	-37	+34
CENTRAL DISTRICT																
SOKOL AMERICA	4	14	4	14	4	14	4	14	3	12	3	11	3	11	-1	-3
SOKOL BERWIN	52	84	47	80	52	76	56	83	54	88	53	92	57	86	+5	+2
SOKOL BRIDGEFIELD	44	49	47	49	49	51	39	57	42	59	43	58	43	56	-6	+7
SOKOL CASHE	17	16	16	16	15	16	14	17	14	16	14	16	13	16	-4	0
SOKOL CHICAGO	55		52		53		52		49		47		47		-8	
SOKOLICE CHICAGO		56		55		54		53		50		49		49		-7
SOKOL FOREGMER	48		48		46		46		46		46		46		-2	
SOKOL HAVLISEK TYRS	125		125		107		105		44		34		79		-46	
SOKOLICE HAVLISEK TYRS		147		146		139		144		143		130		128		-14
SOKOL MILWAUKEE	54		53		52		56		51		52		52		-1	
SOKOLICE MILWAUKEE		89		85		86		88		89		94		93		+4
PRZENSKY SOKOL OF CHICAGO	104	123	111	126	111	122	109	121	109	116	101	112	97	109	-7	-14
SOKOL RACINE	48		45		38		37		36		37		37		-11	
SOKOLICE RACINE		55		52		48		45		41		39		39		-16
SOKOL ROYCE	10	15	10	14	10	12	10	11	10	11	9	11	4	11	-1	-4
SOKOL ST. LOUIS	162	121	165	130	163	143	162	154	165	166	168	210	171	211	+9	+30
SOKOL SLAVSKY	115	147	122	156	118	153	164	196	174	213	160	194	157	176	+42	+49
SOKOL STICKNEY	61	71	56	64	48	59	49	66	84	111	79	88	80	88	+19	+17
SOKOL TARBOR	119		118		124		124		112		109		108		-11	
SOKOLICE TARBOR		164		162		163		179		196		174		179		+15
SOKOL TOWN OF LAKE	69		69		67		64		59		56		56		-13	
SOKOLICE TOWN OF LAKE		89		87		84		76		75		73		73		-16
SOKOL WEST SUBURBAN	6	28	4	21	4	22	5	24	6	26	7	27	7	26	+1	-2
TOTALS	1048	1268	1097	1247	1061	1242	1090	1333	1113	1412	1069	1388	1063	1371	-35	+103

	1ST QTR 1970		1970		1971		1972		1973		1ST QTR 1974		2 YR. PERIOD					
WESTERN DISTRICT	MEN	WOMEN	MEN	WOMEN	MEN	WOMEN	MEN	WOMEN	MEN	WOMEN	MEN	WOMEN	MEN	WOMEN	GAIN OR LOSS	MEN	WOMEN	
SOKOL CEDAR RAPIDS	152		142	191	142	194	158	198	158	202	157	199	157	202	+5	+12		
SOKOLICE MENA TATIRSKVA		190		191		194		198		202		199		202	-1			
SOKOL CRETE	23		23	60	21	61	22	63	21	63	22	62	22	62				
SOKOLICE LAUSE-CRETE		60		60		61		63		63		58		52				
SOKOL FUEGNER-TYRS	312		367	408	422	427	422	427	427	428	428	426	426	426	+94	+33		
SOKOLICE SO. OMAHA		138		154		166		178		199		223		171				
SOKOL OMAHA	116		132	122	122	132	132	129	129	134	134	135	135	145	+19	-19		
SOKOLICE OMAHA		164		166		155		159		156		146		146				
SOKOL SCHUYLER	10	10	10	10	10	10	10	10	10	10	10	9	10	9	0	-1		
SOKOL WILBER	44	63	43	62	37	56	34	54	35	54	37	54	34	55	-5	-8		
SOKOL HOPKINS	4	7	4	6	4	6	4	6	4	6	4	5	4	5	0	-2		
SOKOL MINNEAPOLIS	9	8	9	8	9	8	8	8	8	7	8	7	7	7	-2	-1		
SOKOL ST. PAUL	45	62	45	62	47	54	44	56	41	55	47	62	50	65	+5	+3		
SOKOL CALDWELL	6	5	6	6	6	6	6	6	6	6	6	6	6	6	0	+1		
SOKOL KAREL VANAS	14	15	14	15	12	12	12	12	12	11	12	11	12	11	-2	-4		
TOTALS	735	722	795	740	818	733	852	750	851	764	865	774	848	724	+113	+2		
SOUTHERN DISTRICT																		
SOKOL CORVUS CHRISTY	44	46	45	47	38	39	40	44	51	56	48	44	44	44	0	+3		
SOKOL FORT WORTH	24	18	25	21	27	14	29	20	33	20	22	22	3	3	+8	+4		
SOKOL HOUSTON	47	71	109	78	102	77	98	77	94	85	101	46	103	98	+6	+27		
SOKOL KAREL HAVLICEK ENNIS	91	48	104	58	114	64	160	108	169	128	199	151	203	165	+112	+117		
SOKOL KAREL HAVLICEK YUKON	21	26	20	23	20	23	21	23	25	25	24	27	25	30	+4	+4		
SOKOL PRAHA OKLA	5	5	5	5	5	5	5	5	4	5	4	5	4	5	-1	0		
SOKOL ZITKA DALLAS	83	80	89	81	94	89	94	93	108	100	110	103	114	110	+31	+31		
TOTALS	370	244	397	319	400	321	452	370	484	414	518	453	530	479	+160	+180		
PACIFIC DISTRICT																		
SOKOL FRESNO	26	24	25	24	24	24	23	24	21	28	14	25	20	26	-6	-3		
SOKOL LOS ANGELES	103	105	103	116	127	115	125	111	111	104	128	113	105	95	+6	-7		
SOKOL PORTLAND	11	12	12	13	13	15	11	14	11	14	11	13	11	13	0	+1		
SOKOL SAN FRANCISCO	75	66	86	77	94	85	99	93	97	91	96	81	97	91	+19	+25		
SOKOL SCIO, ORE	5	6	4	6	4	4	4	4	4	4	4	4	4	4	0	-5		
SOKOL SEATTLE WASH	15	14	18	14	19	12	18	13	17	11	18	11	18	11	0	-3		
TOTALS	241	232	253	255	286	262	276	260	257	248	272	249	255	239	+14	+7		
GRAND TOTALS																		
EASTERN DISTRICT NEW YORK, N.Y.	667	657	689	676	651	675	637	719	630	727	632	742	632	744	-35	+87		
NORTHEASTERN DISTRICT CLEVELAND, OHIO	552	654	530	644	508	627	490	610	501	653	517	672	515	688	-37	+34		
CENTRAL DISTRICT CHICAGO, ILL.	1098	1268	1097	1247	1061	1242	1090	1333	1113	1412	1069	1388	1063	1371	-35	+103		
WESTERN DISTRICT OMAHA, NEBR.	735	722	795	740	818	733	852	750	851	764	865	774	848	724	+113	+2		
SOUTHERN DISTRICT DALLAS, TEX.	370	244	397	319	400	321	452	370	484	414	518	453	530	479	+160	+185		
PACIFIC DISTRICT LOS ANGELES, CAL.	241	232	253	255	286	262	276	260	257	248	272	249	255	239	+14	+7		
GRAND TOTAL	3663	3827	3731	3881	3724	3860	3749	4042	3841	4223	3873	4278	3843	4245	+180	+418		
TOTAL PAYING MEMBERS - MEN							3843											
TOTAL PAYING MEMBERS - WOMEN							4245											
TOTAL MEMBERSHIP - A.S.O.							8088											

Agnes D. Solba, FINANCIAL SECRETARY

Financial Report ASO

APRIL 1975

RECEIPTS:

Dues	\$4,415.55
Convention Fund	65.00
Special Assessment	260.00
Dividends and Interest	144.01
Resale of Jewelry	34.50
Sale of Song Books	117.00
Office Supplies, Postage	5.58
Educational Pamphlets, Tapes	15.25
Membership Kits	21.25
	<u>5,078.14</u>
A.S.O. Uniform Division - Payment toward Advances	1,115.45
	<u>\$6,193.59</u>

DISBURSEMENTS:

Administrative

Salaries	\$337.36
F.I.C.A. - F.W.T. for March	103.84
I.W.T. - 1st quarter 1975	32.87
Office Supplies, Postage	206.14
Rental, Janitor Service, Phone	324.57
Repairs to Office Machines	41.35
Convention Expense	28.00
Essay Contest Expense	445.73
	<u>\$1,519.86</u>

Educational Department BOI

Salaries	\$208.82
F.I.C.A. - F.W.T. for March	51.64
I.W.T. - 1st quarter 1975	12.48
Editor "Sokol Gymnast"	25.00
Add'l copies "Sokol Gymnast" and Gymnastic Camp Appl.	38.84
Add'l. mailing Sokol Gymnastic Camp applications	45.00
Postage	7.99
	<u>389.77</u>

Sokol Publication

Printing "American Sokol"	\$821.28
Editor "American Sokol"	75.00
Postage "American Sokol"	49.48
	<u>945.76</u>

Miscellaneous

Uniform Division - Salaries, F.I.C.A., F.W.T., I.W.T., Phone	\$382.20
Special Appropriations - Western District A.S.O.	586.81
Northeastern Dist. A.S.O.	148.98
Refund - Convention Fund and Special Assessment	24.00
	<u>1,141.99</u>
Total Disbursements	<u>\$3,997.38</u>

Balance:

Western National Bank of Cicero - Checking Account	\$12,620.94
Receipts - April 1975	6,193.59
	<u>18,814.53</u>
Disbursements - April 1975	3,997.38
	<u>\$14,817.15</u>

FUTURE SOKOL LEADERS FUND

Donations are tax exempt

Mr. and Mrs. Joseph Podlena, in memory of Louise and Karl Jahoda	\$ 25.00
Dividends Earned - April 1975	150.93
	<u>\$175.93</u>



Bert Muyzer

1898 - 1975

Sokol Fresno once more suffered the loss of one of its most prominent charter members. Bro. Bert Muyzer was born in Rotterdam, Holland, August 12, 1898. His life story reads like a novel, so a few highlights might be appropriate. At the age of 10, he stowed away on a merchant marine freighter where he began a Navy career as a bus-boy. When he was 17, he found himself stranded in Georgia, U.S.A. To avoid possible internment as a result of World War I, he managed to enroll in a college in Savannah, Georgia. Three years later armed with a degree in journalism, he found himself back in Rotterdam working in the American Consulate's Office. While working there, he noticed a most beautiful Czechoslovakian girl purchasing a passage to America. You might guess that he, too, booked passage on the same boat. Armed with a Czech-American dictionary and perseverance, romance flourished and before landing in the U.S.A., he and that pretty Czech girl, Louise, were engaged.

Years later, after marriage and two daughters, found Bro. Muyzer working in Fresno, Cal., working for the Bell Telephone Co. as an Engineer. Two trips back to Czechoslovakia converted this Dutchman to a real Czech. Having helped found Sokol Fresno, he held offices of Treasurer, Financial Secretary and then President for many years. He was also active at many Slets, participating in the prostrná and dancing the Beseda. He was spokesman at many conventions for Sokol Fresno.

After retirement, Bert and Louise made several more trips to Czechoslovakia - a land and people that he loved dearly. Sokol Fresno always enjoyed the many films that he brought back.

This memoriam only briefly encompasses a lifetime, but memories will live in the hearts of all those who knew him.

Albert Filgas

Historical Dates

- APRIL:**
- 4, 1291 A great fire destroyed practically all of Prague.
 - 5, 1827 Birth of Sir Joseph Lister, famous English surgeon, introduced anesthesia in connection with performing operations on patients.
 - 7, 1808 Birth of František Matouš, Czech philosopher and writer, in Česká Třebová. Death, March 17, 1882, in America.
 - 9, 1893 Founding of the first group of Slovenian Sokols in New York (National Sokol).
 - 9, 1899 Founding of the Central Workingmen's Union of Sokols, in New York.
 - 10, 1838 Theobald Mathew founded the first temperance society in England.
 - 13, 1916 Oath of the Czech nation in Prague, whereby the Czechs renounced the Hapsburg rule.
 - 14, 1865 Abraham Lincoln, President of the United States, was assassinated. The Emancipator of the slaves was born on February 12, 1809.
 - 15, 1891 First Sokol unit in Prague established the first mounted division.
 - 15, 1901 Death of Václav Brošík, famous Czech painter, well known for his "Jan Hus" and "Jiří Poděbradský".
 - 17, 1790 Death of Benjamin Franklin, American statesman, physicist, publisher.
 - 19, 1933 The United States abolished the gold standard as a basis of exchange.
 - 21, 1628 Exodus of evangelical Protestants from the country, through which Bohemia lost its finest people.
 - 27, 1865 The Civil War (between the North and the South) ended, with victory for the North.
 - 30, 1609 Galileo invented the telescope in Paris.

Česká Nebraska příkladem

Letní období slavností v Nebrasce bylo zahájeno 5. jarním programem ve Dwight 20. dubna, na kterém zvláštní pochvalu si zasloužila naše mládež z Českého Klubu v Saunders County. Obětavé děvčata a chlapci zazpívali pěkně naše české písničky. - A pak 4. května sál omažské sokolovny byl svědkem už 16. českého programu. V první části pořadu vystoupili hosté z našich klubů v Nebrasce, naše královny mládeže, a sbor starších ze Saunders Co., soloista Nováček z Dwight, harmonikář Homolka z Wilber a j. V druhé části programu byly recitace a zpěvy dětí českého kursu. Pak následovaly sbory písní a kuplety.

V Lincolnu byl velmi zdařilý program české hudby na veřejném jevišti velkého obchodního střediska, Gateway Shopping Center, 17. května. Milovníci české muziky zaplnili velké prostranství hlediště a vytrvale naslouchali naší hudbě. A milovníci českého chleba a koláčů si také přišli na své. Velkou popotávku získalo perníková srdce. -

Snad jeden z největších a také nejmladších klubů v Nebrasce, Český Klub v Lincolnu, se uvedl 18. května velmi zdařilým prvním veřejným programem. Královna klubu byla zvolená Monika Sincnerová.

President klubu ve Dwight, A. Nováček, nás informoval o přípravách na tradiční festival 20. a 21. července, který každoročně přiláká do tohoto malého městečka tisíce našich.

Dr. Kučera

Závody ve cvičení

Župa Střední AOS uspořádala 10. května v tělocvičně vyšší školy Morton West v Berwynu, soutěž ve cvičení v které se utkalo několik družstev v předvedení svých nejlépe nacvičených čísel. Závodila družstva žákyň, dorostenek, žen a mužů z jednot Sokola Berwyn, Brookfield, Slávský, Stickney, Tábor a West Suburban.

Soudcovský sbor, složený z odborníků vybraných z jednotlivých jednot, neměl lehkou práci při soudcování a často trvalo dosti dlouho, než se dohodl o správném ocenění.

1. cenu v soutěži žákyň vyhrálo družstvo Sokola Stickney, které nacvičila Kim Rusová. Zlatým hřebem večera byla bezesporu "Devítka mužů" ze Sokola Berwyn, kterou nacvičil starosta AOS br. St. Barcal. Cvičení nadchlo všechny přítomné.

Z žen bylo nejlepší družstvo Sokolic Tábor, které složila ses. Milada Prchalová. Z dorostenek excelovalo družstvo Sokola Stickney od Kim Rusové.

Vítězným družstvům a jejich cvičitelům byly předány získané ceny v podobě pohárů. A tak zakončil jeden z nejhezčích letošních závodů. vm

Sokol Tábor

Sokolice a Sokol Tábor uspořádali 2. května společný večírek Dne matek a otců, za řízení starostky ses. Anny Krátké.

V první části programu byla zvolena matka roku, která je pro starší ročník ses. Anna Tichá a pro mladší ročník je ses. M. Russell-ová. Otcem roku je pro starší - br. Linhard a promladší - Leo Pajer. Vybrané družstvo Sokolic provedlo dvě čísla stepu a svou báseň věnovanou všem matkám, procitěně zarecitovala ses. Hanna Rubey. Dvě pěkné ukázky z moderní gymnastiky předvedla přebornice v tomto oboru, ses. Kat'ka Brymová, odchovankyně ses. Milady Prchalové, která Americe vychovala již mnohého umělce. Kat'ka předvedla cvičení s kužely a se stuhou.

V druhé části vystoupil pěvecký sbor LYRA pod vedením sbormistra Františka Kubiny, který přednesl uměleckém provedení.

Každá sestra si odnesla v upomínku na večer malou kytičku v květináči, která jí bude připomínat hezké chvíle tohoto večera prožité v krásném duchu sokolského bratrství. vm

Sokolové se postěhují do České nár. síně

Clevelandští Sokolové, sdružení v American Sokol, Inc., zahájili v únoru t.r. jednání s Patronátem České národní síně o zakoupení budovy na Broadway a získali opeči ke koupi budovy do 1. června 1975. Rozlehlá budova České národní síně, postavené před 76 lety, byla po delším zkoumání uznána za vhodnou pro sokolskou činnost. Adaptace budovy si však vyžádají hodně dobrovolné práce a finančních nákladů.

Krajanská veřejnost uvítá rozhodnutí clevelandských Sokolů přestěhovat se na kdysi slavnou českou Broadway. Památná Národní síň zase ožije mládím a ruchem! Stane se tak jistě i k radosti těch starších krajanů, kteří už po léta hleděli s obavou do její budoucnosti.

Jaká událost nebo osobnost měla největší vliv na můj sokolský život

V mém sokolském životě bylo příliš mnoho událostí a poznal jsem příliš mnoho výborných lidí, než abych mohl mluvit jen o jedné nebo o jednom. Jenom kdybych měl vzpomenout všech svých cvičitelů počínaje otcem drobotiny Procházkou-Kestřánkem a konce slavným náčelníkem Miroslavem Jirsákem, byla by jich pěkná řádka.

Mám rád stručnost, a tak tedy poslechněte tuto zkratku z období dobrých padesáti let.

Rok 1921. Poprvé v sokolovně, ale jaké! Jedné z největších na světě: Vinohradské v Praze. Stovky chlapců ji naplňují, a já pětileté mrně v tom zdánlivém zmatku brečím osamocením. Ale jen poprvé; pak už bych spíše plakal, kdyby se do Sokola nešlo.

Rok 1926, VIII. slet všesokolský. Po našem cvičení přichází silná bouře. Jako zázrakem nás cvičitelé v pořádku dovádějí pěšky domů ze Strahova až na Vinohrady. Je už po desáté hodině, dům je ale ještě otevřený, a tak potmě a v kaluži z vyždímaného kroje usínám přede dveřmi našeho bytu ve třetím poschodí. Blesky ještě křičí oblohou, když přicházejí rodiče. Tramvaje přestaly v té bouři jezdit. První zážitek ze samostatné výpravy, a jak byl romantický!

Pak následují celé serie nezapomenutelných zážitků. Výlety, závody, akademie. Jedna z nich byla překrásná: cvičili borci - Hudec, Loffler, Novotný, Veselý, Tikal a další. Ale i ostatní čísla byla perfektní - nebylo divu, když jejich autory byli manželé Matějovcovi, Rudolf Cýrek, Florian Hošek!

A zase slet v r. 1932. Cvičíme s lesklými tyčemi pokrokovou a náročnou skladbu Očenáškovu. Rok nato nás sám bratr Očenášek učí svůj návrh na prostná pro slet v jugoslávské Lublani. Jeho skladba byla přijata a tak my byli i součástí jeho úspěchu. A ovšem jeli potom

i do Lublaně, přes Rakousko, už tehdy plné hákových křížů.

Bratr Očenášek velmi prosazoval větší podíl sportů v sokolském programu. Pamatuji se, jak sám mezi cvičením prováděl lehkootletické uvolňovací cviky - které byly pro nás tehdy novinkou.

Pak přišla nejkrásnější doba mého mládí: sporty, divadla, cestování, maturita, universita. Po maturitě v r. 1934 mě pomalu zapřa hájí ve cvičitelském sboru. Těžce soutěží Sokol s první láskou, ale souboj končí kompromisem. Obě lásky spolu až dosud zdravě soutěží.

Prožíváme ale brzy soumrak míru. Smrtí prvního presidenta jako by všechno musilo končit špatně. A zase jediným světlym bodem je nejslavnější ze všech sletů, desátý v r. 1938. Nezapomenutelná prostná třiceti tisíc mužů! Jejich přísaha "Věrní zůstaneme" jakoby tušila, čeho bude v příštích letech nejvíce třeba.

Šťastní, že jsme všechno přežili, zakládáme konečně po válce rodinu, a netušíme, že zase do nové vřavy. Jak v době temna vychovávat děti? Dostávají dvojí výchovu: doma a v kostele (pokud samy nejsou školou ovlivněni k odpadení), a ve škole. Kdo vyhraje? Vyhrálo jejich rozhodnutí, když už byli dospělí a na vlastní kůži poznali "výdobytky" komunismu. Rozhodli se odejít, a my s nimi.

Když jsem odcházel z vlasti v r. 1969, netušil jsem, že za několik let na mě zapůsobí, snad ze všeho nejsilněji, další sokolský slet: v Chicagu 1973. Nebyl jistě tak ohromný ani technicky dokonalý, ale v účasti na něm převládala mládež! A já mohl ještě s tou mládeží cvičit, stačit jí, stát se jedním z nich! Bylo pro mě tak vzácné, po tolika letech, vědomí, že je to americká mládež, vychovávaná v našich sokolských myšlenkách, které silně působí i tak daleko od vlasti.

Dej Bůh, aby ta mládež byla šťastná, silná, zdravá, čilá a rozhodná.

Jiří Liška, Sokol Los Angeles -
Vítězník IV. Divise - 1975 A.S.O. Essay Contest

Sokolský tělocvik ve Washingtoně

Washingtonská Immaculate Preparatory Seminary uskutečnila opět vzornou přehlídku tělovýchovné úrovně a svých zákyň od 6 do 18 let. Pořad nebyl výběrem nadřehých nebo efektních čísel jednotlivců s nimiž se setkáváme na podobných podnicích jinde, nýbrž skutečnou přehlídku všech stupňů vyspělosti a druhů výcviku nářad'ového, sportovního, i s náčiním i bez něho. Dvojí druh obecnstva přeplnil rozsáhlou a moderní tělocvičnu této školy a je škoda, že nebylo možné, opakováním pořadu, poučit ještě širší okruh washingtonských učitelů a vychovatelů mládeže pro něž, i jako pro odborníky, to muselo znamenat mnoho poučného. Druhou daleko širší skupinu tvořila mládež, plná nadšení a obdivu vrcholných výkonů.

Sestra Milada Koepplová, která je ředitelkou tělesné výchovy na této škole zahrnující dívky od elementárního stupně včetně College ukázala snad vše co všestranná soustava přináší. Její sokolská výchovná tradice se tu

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A lot of trouble in this world is caused by combining a narrow mind with a wide mouth.

One way of getting into debt - try keeping up with those already there.

Spring is the time for spreading dirt, make sure it's the garden variety.

A mistake is the best proof that you tried.

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projevila skutečným bohatstvím tělovýchovné a mravně výchovné aktivity.

Přítomný zástupce Presidential Physical Fitness Committee Dr. A. Hayes prohlásil, že takové soustředění všestrannosti a úrovně dívčího tělocviku ještě nikdy neviděl.

Napodobivá cvičení nejmenších byla roztomilým příkladem vhodného pohybového cvičení dětí. Skupinka děvčátek ze sousední francouzské školy, kde Sestra Koepplová řídí také tělovýchovný program školy byl zdařilou ukázkou taneční tradice. Na pořadu byly dále různosti, na žíněnkách i bez, na trampulíně a v přeskokcích různých druhů nářadí jako je kůň, stůl, švédská bedna a j. Vše bylo prováděno v jednodušších i krkolomnějších sestavách. Podobně tomu bylo u kladin, nízkých i vysokých, u bradel, jiné ukázky baletu, moderního tance a dokonce skoku vysokého a příkladů všech her. Hosté z francouzské školy předvedli také vyspělejší ukázky různosti a zajímavé skupinové pyramidy.

Závěr večera byl ryze sokolský. Prostná s třásněmi provedená 250 dívkami, která dokázala, že i americké dívky se mohou naučit souhře a zvládnout trpělivostí jejich vedoucí společné sestavy. I pochody byly sokolské.

Ukázka této školy tělesné výchovy měla být vzorem jiným školám, které se vyrovnávají s tělesnou výchovou jen sportovními hrami a minimem prostého tělocviku.

Odborníci musí uznat, že co ten večer viděli byla pro ně školou bohatostí tělocvičného programu a ukázkou skutečné úrovně. Semináry má ve Washingtoně, ve všestrannosti tělovýchovného rozvrhu rozhodně prvenství. Pořádá také každoročně několikátýdenní gymnastické kliniky a z její graduantek zvolilo již mnoho jako svůj vysokoškolský předmět tělesnou výchovu a nastoupilo učitelská místa na nejrůznějších školách, kde se tělovýchova vyučuje. Nespornou zásluhu má o to jejich učitelka Sestra Koepplová.

M. Neumann, starosta
Sokol Washington, D.C.

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