

AMERICAN SOKOL

VOL. XCVII - NO. 7 - 8

JULY - AUGUST 1976

PUBLICATION OF THE AMERICAN SOKOL
Educational and Physical Culture Organization

ZURICH - SLET

The IV. Sokol Slet sponsored by the Czechoslovak Sokols Abroad, held in Zurich, Switzerland on July 2, 3, 4, 1976 began with a get-acquainted evening held in Kasino Zurichhorn. This is a large facility located on the shore of a beautiful lake where we all gathered to renew old acquaintances and make new ones - with refreshments and dancing to the music by an excellent 14-piece orchestra. Gymnastic competitions, for both Juniors and Seniors, men and women, and a Volleyball tournament for men followed on Saturday, July 3. That same evening we attended the Sletová Akademie held at Kongresshaus, where the Czech Artists and Dancers played to a full house. This was a very interesting and cultural evening.

The main event, and the climax to this Sokol Holiday, was the Slet itself, held at Stadion LETZIGRUND, a very well-kept stadium. The day dawned bright and warm, adding to the excellent setting for a successful Slet.

The opening ceremonies were most impressive as the Flags of nine Nations passed in review, followed by the Flags of many organizations. These were followed by the participants who, when assembled covered the entire field. This was done to live music by an excellent Band.

The program, consisting of eleven numbers, was very well carried out, with the highlights being the Indian Club number performed by our Northeastern District Women and an equal number of women from Vienna. They put on a flawless performance. The other highlight was the mass Calisthenics by men and women, which, when in open ranks, covered the biggest part of the field. This number, beautifully performed, and so fitting and timely for this occasion, received a standing ovation. The audience was very large, and most appreciative.

There were over five hundred Americans either attending or taking part. They came from California, Texas, Nebraska, Illinois, Minnesota, Missouri, Michigan, Ohio, Florida, New York, Washington, D.C., and others.

We all attended the Farewell Party following the Slet. Before a tremendous audience our President, bro. Roy Zitny, with bro. Rudy Svoboda, Vice Pres., bro. Paul Lebloch, Director of Men, and sis. Anne Halik, representing sis. Marie Ptacek, Director of Women, presented our Bicentennial Flag to the Czechoslovak Sokols Abroad, a fitting climax for our 4th of July Celebration.

We are all grateful for having had the opportunity to be a part of this historic Slet.

Our Congratulations to the Czechoslovak Sokols Abroad on a job well done.

STAN BARCAL, Educational Director,
American Sokol Organization.



AMERICAN SOKOL



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ATTENTION

Please notify the A.S.O. Office immediately
upon change of address.

Calendar of Events

- AUG. 15th - SOKOL TYRS PICNIC
Oddfellows Farm; food from noon.
Concert and Dance Music.
- SEPT. 11th - AMERICAN SOKOL INC. (A.S.I.)
Annual Beer Festival
- SEPT. 12th - SOKOL DETROIT
Grape Festival - Sokol Camp
- SEPT. 12th - SOKOL SOUTH OMAHA
Czech Festival - Sokol Park

- OCT. 30th - SOKOL HAVLICEK-TYRS
Dinner and Dance - Sokol Brookfield
- OCT. 23rd - SOKOL BELCAMP'S ANNUAL
VINOBRANI (Grape Harvest Festival)
- OCT. 30th - SOKOL LITTLE FERRY
80th Anniversary - Bicentennial Celebration (sic)
- NOV. 13th - SOKOL BROOKFIELD
45th Anniversary
- NOV. 13th - SOKOL FUEGNER, L.I.
90th Anniversary
Bohemian Hall Astoria
- EVERY MONDAY - SOKOL MIAMI
Social and Supper
Moose Club - 150th and Memorial Hwy.

Tentative Schedule for 1977 Slet

So that you may plan to attend your XIV Slet in 1977
the following are dates and tentative events planned for
these days:

WEDNESDAY, JUNE 22

Judges Meeting

THURSDAY, JUNE 23

1. Junior Competitions
2. Special Number Competition
3. Presidents' Dinner and Meeting

FRIDAY, JUNE 24

1. Senior Competition
2. Junior Group Activity
3. Banquet

SATURDAY, JUNE 25

1. Volleyball Competition
2. Championship Competition
3. Awards Dance

SUNDAY, JUNE 26

1. Slet Rehearsal
2. SLET
3. Nazdar - 'till we meet again!

Gymnastic Uniforms Parade Dress Uniforms

Check your uniforms - and order
in time for our

XIV. NATIONAL SLET . . .

June 22 - 26, 1977

AMERICAN SOKOL

VĚSTNÍK AMERICKÉ OBCE SOKOLSKÉ

Ročník - Vol. XCVII

July - August - 1976 - Červenec - Srpen

No. 7 - 8

Southern District Slet

June 6, 1976

Brother Prevratil, Brother Steinman, Sister Laznovsky, Brother Laznovsky, Sister Anna Milan, Sisters and Brothers, Friends of Sokol:

It is a pleasure to extend to you greetings of the Executive Board of the American Sokol Organization and the entire Sokol Family upon the occasion of your Slet and Bicentennial Celebration - America, You're Beautiful - a most appropriate theme.

As we take time, this Bicentennial year, to reflect upon and take pride in the accomplishments and history of our country - let us also take time to reflect upon the accomplishments of our Sokol Organization.

One hundred and eleven years ago - more than half the age of our Republic - fostering a love, devotion and duty toward country. Wherever Sokol units were founded, their activities exemplified a morality and responsibility to community and Country that reflects the pride and honor of our people.

Your district is showing your gratitude toward country and the Sokol Ideals. You should be proud of those individuals who devote their time and efforts in those idealistic endeavors that foster morally upright citizens and Sokols. I would thank those Sisters and Brothers for all their work on behalf of Sokol - knowing full well their reward is a satisfaction and enjoyment of our Sokol Activity.

Today marks the culmination of activities of the past year - but it also marks the beginning of activities for the coming year. The planning that has been - will be, and the enjoyment and satisfaction experienced - once more will be.

What you witness here today are the rewards of an active Sokol life.

Brother Prevratil - our congratulations to you and especially to Sister and Brother Laznovsky for your outstanding successes this past year.

Sister Anna Milan - the dedication of this Slet in your honor shows the love and affection the Southern District has for you. It is evident you have a Sokol family much larger than you have ever known.

Brother Prevratil - I would like, at this time, to personally invite the Southern District to the XIV National Slet to be held in the Chicagoland Area, June 22 thru 26, 1977. We are in the midst of activities and plans to make this Slet a most memorable one and we are looking forward to seeing our Texas Sokol Sisters and Brothers again.

NAZDAR!

Roy Zitny, Pres.

Western District Slet

June 13, 1976

Brother Krejci, Brother Pavoucek, Sister Drozda, Brother Lastovicka, Governor Brother Exon, Senator Brother Hruska, Councilman Hlavacek, Honored Guests, Sisters and Brothers, Friends of Sokol:

The month of June traditionally has been "Slet" month in the American Sokol Organization. It is the time of year we band together in competition comradeship and end all activities in exhibition of calisthenics, apparatus, races, dances and special numbers.

Each of our Districts conducts its own Slet, and each is individual in character. Last week our Northeastern and Southern Districts Sisters and Brothers culminated their activities with their Slets, and this weekend the Central District and yours (the Western District) are each performing today, marking the end of your year-long activities.

But the Slet also signals a beginning - a beginning of plans for activities for the coming year. It is no small task that your Sokol leaders undertake. Those Sisters and Brothers who give of their time and efforts for the good of all are to be congratulated and I personally thank you on behalf of the Executive Board of the American Sokol Organization.

Why do so many devote themselves to Sokol Idealism? Their efforts cannot be bought. Their endeavor cannot be paid for. What are their rewards? A life of Sokol activity has an enjoyment and satisfaction all of its own.

You will see that satisfaction here today. Had you witnessed the competitions it would have been obvious the enjoyment and satisfaction experienced by those responsible.

Love of Country, respect for others, discipline of one's self and the comradeship fostered are but part of our Sokol Life. Responsibility toward Country, Community and self are also a part of that Sokol Life.

Dedication in service, satisfaction and enjoyment, friendships and comradeship mark our prideful Sokol ways.

I was told by a friend that he keeps reading about Sokol in our local newspaper - and I reminded him - yes - but that they were all good things.

Our units have become the quiet leaders in our communities - when others are talking about what's good for the community - the Sokols are quietly doing.

It is not necessary for us to advertise - look what we are doing - hundreds of children and teenagers - off the street and actively engaged in worthwhile endeavors - and at no cost to the community.

As I stated in my remarks on the occasion of your Banquet last night, one hundred and eleven years - more than half the age of our Republic, fostering a love, devotion and duty toward Country. Wherever Sokol Units were founded, their activities exemplified a morality and responsibility to community and Country that reflects the pride and honor of our people.

Again - our congratulations to you from the National Executive Board and from the entire Sokol family.

To all those Sisters and Brothers who are leaving this evening for the Zurich Slet, Nazdar - and we wish you a pleasant trip.

I would again invite you to our XIV National Slet to be held in the Chicagoland Area June 22 thru June 26, 1977. We will endeavor to make it a most memorable one and we are looking forward to seeing our Western District Sokol Sisters and Brothers again.

NAZDAR!

Roy Zitny, Pres.

Western District Competitions

Saturday, June 12, 1976

Brother Krejci, Brother Lastovicka,
Sisters and Brothers:

It is my pleasure, on behalf of the American Sokol Organization and the entire Sokol Family to extend to you greetings, congratulations and good luck in your competition.

These opening ceremonies have been repeated in all our Districts and are being conducted at this moment in the Central District. It speaks well of our organization to witness so many who actively participate in its activities.

Regardless of what the individual results may be at the finish of these competitions - you are all to be commended and congratulated for your endeavors in preparing for this day.

Congratulations and thanks to the instructors for their time and efforts in preparing you for today. To the Directors, Sister Drozda and Brother Lastovica and your respective Board of Instructors - for all your time and efforts - Thank you.

Good Luck!

NAZDAR!

Roy Zitny, Pres.

South Omaha Sokol Czech Queen



The new 1976 "South Omaha Sokol Czech Queen" was crowned Saturday, May 22, 1976 by the 1975 Queen, Miss Patty Swoboda. The new Queen is Lynne Satorie.

Queen Lynne is the 18-year-old daughter of bro. Bob and sis. Betty Satorie. Lynne has been a gymnast over 13 years, and is in her second year as a member of Sokolice. Sis. Lynne competed in many Sokol Slets and exhibitions, national and district as well, with many awards to prove it. Her interest in South Omaha Sokols has been long and a great part of her life. She attended instructors' school in Naperville, Il. in 1973, and has been instructing the young girls classes. Her younger sister Monica, and brother Tom, also have been Sokol gymnasts for 8 years.

After her graduation from Daniel J. Gross High School, she enrolled in Metropolitan Tech. Community College, studying to be a Certified Dental Assistant. Lynne is also a recent recipient of the "Sokol Merit Award."

After attending and competing in the IV. Slet of the Sokols Abroad in Zurich, Switzerland, she will be a contestant for the title of "Miss Nebraska Czech Queen" in August, at Wilber, Nebraska's Czech Festival.

Editorial Staff: Congratulations and wishing you success at Czech Festival, Wilber, Nebraska.

HELP OUR SOKOL GROW

FINANCIAL REPORT

AMERICAN SOKOL ORGANIZATION

JUNE 1976

RECEIPTS:

Dues	\$1,092.00
Convention Fund	20.00
Special Assessment	8.00
Dividends and Interest	1,185.74
Subscriptions to "American Sokol"	3.00
Resale of Jewelry	1.50
Sale of Songbooks	2.50
Postage and Office Supplies	25.44
Sale of old Copy Machine	200.00
	<u>2,538.18</u>
A.S.O. Uniform Division - Payment toward Advances	1,023.07
Total Receipts	\$3,561.25

DISBURSEMENTS:

Administrative

Salaries	\$577.32
F.I.C.A. & F.W.T. for May	118.68
Rental, Janitor Service, Phone ...	343.19
Office Supplies, Postage	89.30
Printing	5.50
Travel Expense	435.00
Rental of Postage Meter	117.40
Office Furniture	769.70
Flag Poles	147.00
Prepaid Postage	200.00
Miscellaneous Expense	28.95
	<u>\$2,832.04</u>

Educational Department

Salaries	\$107.17
F.I.C.A. for May	3.68
Postage86
	<u>111.71</u>

Board of Instructors

Salaries	\$342.01
F.I.C.A. for May	44.30
Editor "Sokol Gymnast"	30.00
Add'l. copies "Sokol Gymnast" ...	28.00
Dues	100.00
Travel Expense	282.00
UPS charges	27.55
	<u>853.86</u>

Sokol Publication

Printing "American Sokol"	\$833.28
Editor "American Sokol"	100.00
Postage "American Sokol"	63.46
	<u>996.74</u>

Miscellaneous

A.S.O. Uniform Division - Salaries, F.I.C.A., Phone	\$386.49
	<u>386.49</u>
Total Disbursements	\$5,180.84

Balance brought forward:

Western National Bank of Cicero - Checking Account	\$1,800.86
Credit on Canadian check	.08
	<u>1,800.94</u>

Receipts - June 1976

3,561.25

5,362.19

Disbursements - June 1976

5,180.84

\$ 181.35

FUTURE SOKOL LEADERS FUND

June 1976

In memory of Eleanor Freehauf, Clarence and Zdenka Freehauf	\$10.00
In memory of bro. Joseph Zajicek, Anna Zajicek (wife) and Mrs. V. L. Lindstrom (daughter)	25.00
In memory of John Eyth, Bohumil and Adela Lankas	15.00
	<u>50.00</u>
Dividends and Interest	400.68
	<u>\$450.68</u>
Transfer of funds from Savings to Checking for Merit Award	\$200.00

Donations are tax exempt

Eastern District

May 17, 1976

Bro. Charles Zraly, President called meeting to order at Sokol Little Ferry, with 11 delegates present.

Correspondence. Received instructions for use of Special Assessment of "Traveling Instructors Fund" from the A.S.O. - Also copy of letter sent Sokol Schenectady pertaining to the Special Assessment Fund due A.S.O. - The A.S.O. asks for human interest stories for publication in the American Sokol. - Invitation from Sokol U.S.A. to participate in their Sokol Slet and competitions at Sokol Woodlands June 26-27. Due to late receipt of invitation Directors of classes stated we could not participate. - Masaryk Memorial Institute invitation to attend Czechoslovak Days July 3-4 at Masaryktown, Toronto, Canada. - Sis. Ruzicka informs us about 20 members going to Zurich Slet June 30. Sis. Ruzicka informs us spoke at Bicentennial in St. Petersburg, Fla. The Juniors will perform dance numbers at National Teachers Convention June 28 at Fontainebleau Hotel. Matter of allocation to Junior dance group will be on agenda of Annual Meeting in Baltimore, Md. Sept. 25-26, 1976. - Check of \$25.00 received from Sokol Newark for chance books.

Report. Director of Women, Sis. A. Benda reported on unit activities. States she will not accept position of Director of Women of the Eastern District. Sis. Betty Schroeder will be Director of Women of Sokol Little Ferry.

Report. Director of Men, bro. F. Capek stated that the boys gym classes always decrease in the spring months due to Little League Baseball. Was unable to attend Exhibition of Sokol New York.

Unit reports. **Sokol Little Ferry** - Picnic being held June 13. Celebrating 80th Anniversary and the Bicentennial October 30, 1976. - **Sokolice Little Ferry** - Ladies division is 67 years old. Held Chinese auction Oct. 5. Sis. Beatrice Novotny has been reading items of interest, of Sokolice Little Ferry, at meetings. Bro. William Zabransky sends his best regards to all members. - **Sokol Fuegner**. Exhibition successful. Planning a 90th Anniversary dance in the fall. Bro. Charles Zvonik passed away at the age of 87. Our deepest sympathy to his family. - **Sokol New York**. Six members passed away. Exhibition very successful. Bro. Frank Rysanek was presented with a 50-year citation. Get well wishes sent to bro. Anton Hron in Florida. He received a citation of merit as a 60-year member. Sokol Day will be held at Sokol Camp, East Haddam, Conn. on June 20. - **Sokol Baltimore**. Plan bus ride to the Bavarian Summer Festival in Barnesville, Pa. on July 6. Annual Exhibition held on May 16. Ceremonies at the Tomb of the Unknowns on May 23.

Bro. C. Zraly, Pres. stated that the 35th Anniversary of Sokol Belcamp held on May 1 was a very nice affair and enjoyed by all. Members from Sokols New York, Fuegner, Little Ferry, Philadelphia, Baltimore and Washington were present. Bro. Zraly spoke at the Anniversary Dinner and wished much success to Sokol Belcamp. Several members attended the Bull Roast at Sokol Baltimore on May 2.

A Special Meeting of all delegates of the Eastern District was held Sunday, May 2, at 10 a.m. to decide on changing the seat of the Eastern District. After much deliberation the Southern Circuit has accepted the leadership. A slate of officers has been selected and the final decision will be made at the Annual Meeting on Sept. 25, 26, 1976 at Sokol Baltimore.

Our deepest sympathy to sis. Norma Zabka on the loss of her husband, bro. George Zabka.

Western District Semi-Annual Meeting

April 4, 1976

Meeting was called to order by President bro. Edward Pavoucek. Pledge of Allegiance to the Flag followed. Present were 30 representatives of the following units: Sokol St. Paul, Sokol Cedar Rapids, Sokolice Renata Tyrsova, Sokolice Libuse So. Omaha, Sokol South Omaha, Sokol Omaha and Sokolice Omaha.

The Marine Insurance policy coverage includes American and Western District Flags, poles and belt sets.

Sis. Bo Drozda reports overall attendance of 605 participants in gymnasiums. Bro. Ray Lastovica announced Judges Clinic will be held April 10. Bro. Pavoucek read report of Bob Vanyo, Educational Director.

Sis. Bernice Cahoy, Public Relations gave report. Sis. Bea Pavoucek, Organizational Director gave report on trip to Europe. Also that South Omaha Sokol ground breaking ceremony is in near future.

Bro. Tony Krejci, Chairman of Slet Committee gave report. Theme will be "A Bicentennial Salute to Gymnastics."

Sis. Betty Petrzalek gave short report on forthcoming National Convention to be held in Cedar Rapids. She will contact the A.S.O. on how to organize. District will support, but initial material should come from Chicago.

Bro. Henry Jansen, St. Paul needs help in promoting week-end clinic for marching and calisthenics.

Sis. Bernice Cahoy moved the District donate \$300.00 to Sokol South Omaha Building Fund. Seconded by sis. Bo Drozda. Passed.

Central District

May 26, 1976

Meeting was called to order by Pres. Bro. E. Halik, with 20 delegates present. All joined in the Pledge to the Flag.

Correspondence: Two letters from American Sokol Organization stating all Sokol members should march under one banner in Zurich. Lists of members attending were requested. Bros. Halik and Svoboda will be in charge of District Flags. - Notice of Czechoslovak Day and Freedom Rally to be held by the Czechoslovak National Council, Sunday, June 6, at Wozniak Hall and Garden. Bro. Ruzicka moved tickets and ad be paid for. Passed. - Bill for District I.D. ribbons \$75.00 approved for payment. - Bill from bro. E. Pirka for remailing of letters \$24.29, will be paid. - Letter from bro. J. Drnec expressing profound thanks to the Central District for the banquet honoring him. Bro. Halik mentioned photo album which will be presented during the Slet. - Sis. Z. Tintera sent all local town, village, and city Presidents and Mayors invitations to our Slet with 2 complimentary tickets. - Bill from A.A.U. for 1976-77 dues \$30.00 forwarded by bro. J. Kriz. Treasurer will check whether we paid last year. The B.O.I. to check on value of whether we should remain members. - Sis. B. Prener received letter from sis. Skudrna of Sokol Americky who is on a Bicentennial Committee in Fox River Grove. Are holding an ethnic program early in September and requested a number of two. Sis. Jindra will answer.

Reports: Women's Dir. Sis. L. Jindra. Handled necessary correspondence, keeping units duly informed. Self-Improvement Clinic at Sokol St. Louis Camp will be limited to 50 people, starting August 15, for all

levels. Cost \$65.00 to \$70.00 per person. - Requested monies for 3 women to attend specialized Women's Gymnastic Clinic at Northeastern Illinois University, conducted by sis. Betty Meyer, June 18-20. Bro. Gilbert moved money be appropriated, either from ASO Special Assessment Fund or the Merit Award, Phase II Fund; passed. - Turned in monies received thus far for Entry Fees of all competitions. Bills presented for payment approved. - Stated 72 Zurich T-Shirts have been sold and re-order placed. - 311 persons attended the Children's award banquet. - Request members participate in special Ethnic Day Parade to be held in Downtown Chicago on State Street.

Men's Director, Bro. D. Gilbert. Meeting scheduled to discuss Memorial Day Services, Slet, and Elections. Presented sum of \$90.00 for competitions and \$47.00 for the swim parties.

Bro. E. Halik reports 181 persons attended Recognition Dinner for bro. J. Drnec. Cost of photo album \$105.30. Appropriation made of \$100.00; \$5.30 was reimbursed to bro. Halik.

Slet. Program book has 28 paid pages. Bro. J. Drnec will contact bro. B. Vydra, Pres. Bohemian National Cemetery regarding P.A. system on the Slet Field. - Brother Halik has turned in \$877.00 for tickets and well-wishers. Sister Hajek also turned in money for tickets and well-wishers. Sis. Schnabl reports \$309.00 turned in for well-wishers. - Sis. Hajek mentioned receipt of additional \$11.00 for seals. Total \$1,855.50.

Bicentennial. Sis. Pros reported on meeting of Bicentennial Committee of the Illinois State Fair. Sokols have time on Friday, Aug. 13. Requests names of Public Relations persons in each unit, or Newsletter editors for this committee. - Sis. Pros reported on attendance at Czechoslovak-American Bicentennial Committee. Next meeting will be June 3rd, and requests another person to attend. Bro. F. Vodrazka is Chairman. This group will have a Show on Sunday, August 29th at Morton West (inside) and 15 Chicago-Area Czechoslovak Organizations making plans for the program. Bro. Kala moved we contribute our share of funds, if necessary, to get program going well. Passed.

Members of Central District going to Zurich will be set up in teams and sis. Jindra and bro. Gilbert will assign a brother and sister to be their official representatives. - Regarding District I.D. ribbons, bro. Gilbert moved all persons representing the District in capacity of gymnasts, judges, and parade uniformed people in Zurich, be presented with ribbons; passed. Ribbons also given to all regular delegates. Sis. Basta will be in charge of the extras.

Decorations for the Slet Field - Only the Speakers' stand will be decorated. - Central District Slet Patches, designed by bro. Jindra and sis. Schnabl were displayed and will be sold at \$1.00 each.

Bro. Glasser reported on a film of the Spartakiade recently shown locally, and after discussion bro. Ruzicka moved it be brought to a vote whether or not the District should show these movies. Motion was defeated.

The A.S.O. B.O.I. requested Central District to run a social for the District Directors' Conference, October 22. Sister Jindra moved same be held. Passed.

Sis. Ruzicka and Prener reported an audit of bro. Glasser's books was made through April 28, and found them to be in order.

Bro. Drnec moved the Officers be empowered to conduct any business of the District during July and August. Passed.

Southern District

May 27, 1976

Meeting called to order by bro. George Prevratil, Pres. with 12 delegates present, and 2 guests. After the pledge of allegiance to the Flag, a standing silent tribute was observed in memory of sis. Bessie Valcik of Sokol Zizka, Dallas.

Correspondence: American Sokol Organization requests names of members who will attend and participate in Slet of Sokol Abroad, - also informing all American Sokol members will march under one banner. The arrival schedule of bro. and sis. Zitny for the District Slet. Copy of letter by the American Sokol Organization to Sokol U.S.A. regarding the 1979 Slet. - Corpus Christi, report purchase of 4 gymnastic books for reimbursement by the District; monthly unit reports for April and May. Unit report from Sokol Houston for May. - newsletter from Sokol Tabor.

Reports of Units: **Corpus Christi.** Unit competition held May 8, 29 gymnasts participated. - 23 gymnasts and 5 instructors to attend District Slet. - Mother's Day dinner program presented by the youth club. - Bicentennial Flag donated by member. - 8x8 foot sign erected in front of building designating Sokol Ideas and Bicentennial celebration. - Booth reserved for Bay-Fest celebration in October. Volley ball practices weekly. Projects planned for traveling fund benefit for 1977 National Slet. - **Dallas.** 10 girls participated in dual meet with local gym club on USGF routines. 2 girls participated in Class I USGF regional meet and qualified for National, placing 3rd and 7th. 10 girls participated in local meet (Arlington Gym Club, Metroplex, and Sokol) participated in Class III USGF in San Antonio. Preparing for Slet. Will hold 3rd annual summer gymnastic camp in June. - **Ennis.** Polka festival successful, capacity crowd attended gymnastic program on Saturday and Sunday, gymnasts marched in parade, Sokol Float won "Best Theme" award. Plan to honor honorary members in September. Swimming pool readied for season opening, May 22nd. - **Fort Worth.** 12 gymnasts participated in State High School meet, 8 made finals, 3 team trophies won. Advanced group participated in local school meet. 2 gymnastic programs presented during May-Fest celebration. Unit competition and exhibition successful, 168 competitors. Judging sessions held during gym classes. Had 2 special numbers at Modern Rhythmic Gymnastic Championships meet. Will host the District Course, August 7-15. Summer gymnastic classes scheduled for June 15 thru

July 15, 3 days weekly. Special classes for advanced and intermediate group. - **Houston.** Bicentennial celebration May 29-30 will include dances, choral group, gymnastic program, Olympic games, folklore dances, march of costumes. On agenda - Fathers' day dinner and dance June 20. Membership camp-out July 10-11.

Board of Instructors. Dir. of Men, bro. L. Laznovsky. Assisted and taught routines and calisthenics in Fort Worth and Dallas. Attended Modern Rhythmic Gymnastics in Fort Worth May 22. - Making arrangements for the Sokol segment of program during SPJST Convention. - Contacted instructors for District Course. - Dir. of Women, sis. S. Laznovsky. Mailed advanced competitors registration forms to Unit B.O.I. Prepared Slet schedule and mailed same to Units. Attended the Modern Rhythmic Gymnastics Championship in Fort Worth.

Educational Director. Bro. O. Parma contacted Unit Educational directors requesting them to teach "Měla jsem malého Sokolíka" for the Slet. **Dallas** practicing song and marching with music; also song "Aj lučka" reviewed. **Sokol Corpus Christi.** Attended and reported on the Presidents and Educational directors meeting; planning to show Czech films. On agenda - to begin classes on Czech culture and heritage. **Sokol Fort Worth.** Had a display of post cards, brochures and leaflets of the Karlštejn Castle during Unit competitions and exhibition. (A huge picture of Karlštejn Castle is mounted on the facilities.)

Public Relations. Bro. Milan made arrangements with Boswell High School administration for the use of their facilities for the Slet. Sokol received publicity during the May-Fest celebration in Fort Worth. Prepared the District page for the souvenir book.

President. Bro. G. Prevratil. In absence of sis. Hamilton gave report of the Treasurer. Sokol Houston requests his presence at the Bicentennial celebration, May 29-30. - Has invitation to the SPJST Convention and banquet. - Letter from American Sokol Organization regarding reimbursement of course expenses applied to phase 2 fund. - Arranging to meet bro. and sis. Zitny at the airport. - Approved reimbursement of traveling expenses to Sokol Houston.

Discussions. Bro. Milan distributed Slet schedule for review. An addition to the program was the District Educational Director address. - District Course. Bro. Laznovsky reported will be hosted by Sokol Fort Worth, August 7-15. Limit of students will depend on instructors and Unit facilities. Bro. Parma moved financial assistance from District of \$15.00 per student of local Units, and \$20.00 per student from distant Units (Houston, Corpus Christi, and Yukon). Approved.

Northeastern District

May 26, 1976

Bro. Edwin Jirousek, Pres. presided with 22 delegates present.

Secretary reported sending letter to bro. J. Drnec of Central District. Also letter sent A.S.O. Executive Board, expressing pleasure of N.E. District Committee at bro. Lebloch acceptance to attend District Slet. - Received check for \$82.47 reimbursing Northeastern District for expenses incurred at Indian Club Workshop. - Received reply from Executive Board A.S.O. to our letter regarding national effort to aid Sokol So. Omaha. - Letter from Exec. Bd. A.S.O. asking for names of all Sokols in District attending IV. Slet in Zurich.

President, bro. E. Jirousek. Attended May 16 meeting of Sokol Tyrs-Sokol Nova Vlast, and installed officers of the new combined unit. - Letter from A.S.O. requesting human interest stories about Sokols. - Letter from Sokol South Omaha expressing appreciation for N.E. District's concern in helping South Omaha rebuild.

B.O.I. Dir. of Women sis. G. Jencik, reported 46 women attended May 2 meet. Little Girls' competition - 80 attended. The N.E. District is invited to send 10 instructors to the Instructor's School to be held in Dallas, Texas in August.

Unit Reports. Sokol Detroit bro. Schamanek reported Annual Teen Club Breakfast and Rummage Sale were very successful. Unit will participate in Dearborn Heights Heritage celebration. Schedules for gym classes expanded to include Friday nights.

Sokolice Detroit sis. Schamanek. Unit has purchased two buses for retarded children with Betty Crocker coupons. Camp Cleanup was May 22-23.

Sokol Cleveland-Cech Havlicek bro. Kavan presented 1938 post card from the 1938 Slet in Prague to bro. Jirousek for the District Library.

Sokol Nova Vlast bro. Kotlan reported units of Sokol Nova Vlast and Sokol Tyrs combined to form one, the technical units will remain separate until after the Slet. Initiated the first new member of the new combined unit.

Sokol Tyrs bro. Vavra reported pancake breakfast was successful. Unit will participate in World Trade Week on Cleveland's Mall. Unit busy remodeling the Hall.

Committee reports. Public Relations: Bro. Jirousek reported Slet publicity has been arranged.

A.S.I. Bro. Robert Jirousek reported plans are being made for the beer festival on Sept. 11, 1976. Received check from the Cleveland Foundation.

Bicentennial. Bro. E. Jirousek reported official written statement regarding Slet sanction has not yet been received.

Library Committee. Sis. Kotlan submitted written report. Northeastern District Library will be ready for occupancy first week in June. On June 24, there will be

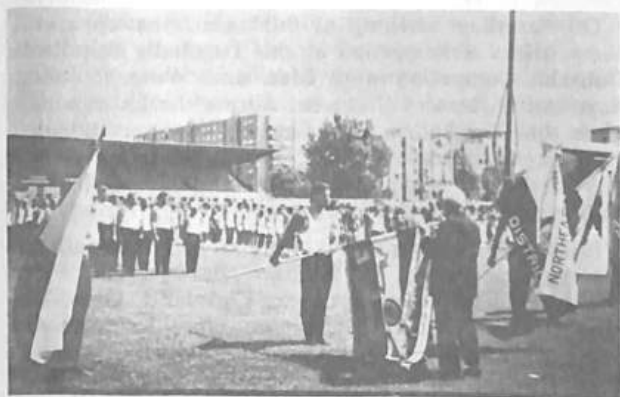
**1977 SLET
Y'ALL COME!**

AMERICAN SOKOL
SOKOL GYMNAST

July - August 1976

Editor - Edward Linhart - 1820 Ridgeland Ave., Berwyn, Ill. 60402

ZURICH SLET



Tying of Banners



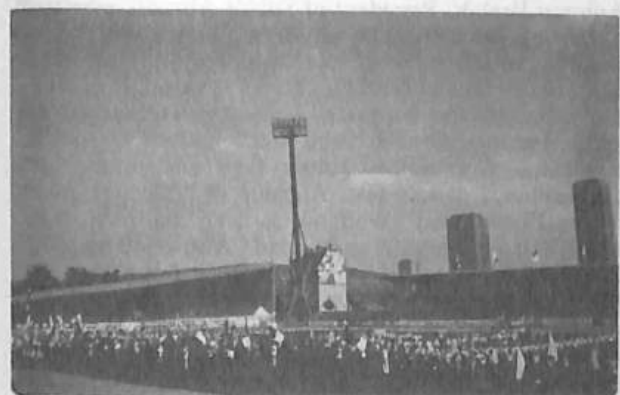
Directors American Sokol



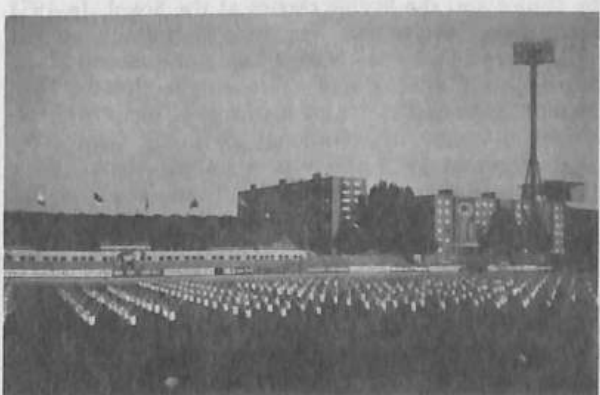
U.S. Officers



American Delegation



Grand Assembly



Seniors - Mass Calisthenics

IV Slet of Sokols Abroad

July 2-3-4, 1976, Zurich, Switzerland



Sister Ellen Garlicki

A very active member of the American Sokol Organization in the field of gymnastics is Ellen Garlicki from the Little Ferry unit in New Jersey.

Ellen Garlicki first joined the American Sokol in 1969 as a Junior girl.

She competed in Regional competitions and in 1972, placed first all-around in the senior intermediate division at the Eastern Regional competition.

She attended Sokol Instructor's camps, and has been instructor for Sokol since she became a Senior in 1970.

Ellen attended the William Paterson College of N.J. for Physical Education. During those years, she competed on the college gymnastics team and taught the Junior and the Senior classes at the Sokol. In 1971 she became involved in Rhythmic Gymnastics at the Little Ferry Sokol when Norma Zabka introduced Maria Bakos, dance advisor and choreographer for the U.S. Olympic Gymnastics teams to the N.J. members. She competed in the first National Rhythmic Gymnastics competition in 1973 and won a bronze medal. Ellen represented the American Sokol in the national Rhythmic Gymnastics competitions for the next three years, and will, this year, again enter the 1976 National Rhythmic Gymnastics competition.

She presently teaches Rhythmic Gymnastics at the American Sokol in Little Ferry, and is Regional Director for Region VII, which includes the states of New Jersey, Pennsylvania, Washington, D.C., Maryland, Delaware, West Virginia and Virginia. E.C.L.

The IV Slet of Sokols Abroad celebrated in Zurich, Switzerland on July 2-3-4, 1976, was a well planned, capably organized, and beautifully executed performance. Facilities for handling all the events were more than satisfactory. Preceding the activities on Friday evening was a "Sokol Welcoming Party" held at the lovely "Kasino Zurichhorn" on the shores of Lake Zurich.

On Saturday morning at 8:00 a.m. the apparatus competitions were opened at the **Turnhalle Schulhaus Doltschi**. Competing were Men and Women, Junior Boys and Girls, and Children. Across the Lake, at the same time, in **Sporthalle Allmend**, an unprecedented number of teams of men and women competed all day in Volleyball. A team of men from the Central District and Sokol Los Angeles was entered.

Judges on the apparatus were of an international nature, consisting of Ed Linhart, Berwyn, Ill., Peter Dusek, Jr., and Edwin Jirousek, Cleveland, Ohio; Dr. Mir. Ceska, Vienna, Austria; Joseph Svoboda, Esslingen, Germany; Jiri Dvoracek, Gotzis, Austria; Frantisek Drnek, Vienna, Austria; Ludvik Musil, Vienna, Austria; and Oldrich Mark, Australia. Women were Ruzena Potuchova, Gotzis, Austria; Eva Svobodova, Esslingen, Germany; Mae Linhart and Gail Gerhardt, Berwyn, Ill., Georgia Jancik, Cleveland, Ohio; Vera Dlouha, Basil, Switzerland; and B. Mestakova, Australia.

On Saturday evening, at the spacious **Kongreshaus**, a cultural program was presented to a capacity house. The program consisted of instrumental music solos, singing and dances.

After a Sunday morning practice, the main program was presented at the very attractive **Stadion Letzigrund** in the afternoon. Promptly at 2:00 p.m. the ceremonial Grand Assembly began, climaxed on the field with a huge display of National and Sokol Flags, banners, and participants, filling the field. Bro. Hrebik, assisted by brother and sister Sokols, presented each visiting Sokol Flag with a banner, "Pametnich Stuh" of the IV Slet. Bro. V. F. Svoboda, President of Sokol Zurich, welcomed the visiting delegations, followed by Bro. Antonin Hrebik, President of Sokols Abroad, who gave a stirring address. The children participated in the program with a series of calisthenics combining wands and balls, composed by Sister Marie Provaznik. Following in the program were the winners of the apparatus tournament, who participated in selected apparatus. A combined Junior Boys and Junior Girls Calisthenic Drill was next. A group of "Jugoslav Sokols in the Free World" tendered a lively national dance which was thoroughly applauded. A special presentation by women, consisting of Sokolska Zupa Videnska and the Northeastern District A.S.O., presented a wildly acclaimed Indian Club number, performed previously in a Sokol Slet in Praha. The Moravska Beseda was next enacted with many formations and bright costumes coloring the field. A relay race composed of 4 mixed contestants "Junior Boy - Junior

Girl - Sr. Woman - Sr. Man, provided the next competitive event on the program. In this relay race, a team of each grouping was represented by the American Sokol Organization and the Central Dist. A.S.O. Three large groups of Swiss gymnasts performed simultaneously on trampoline, miniature tramps, vaulting, and special exercises with wooden sticks. Their colorful uniforms, precision movements, and large grouping made this a spectacular number.

The closing number of the Slet Program was Jarka Jelinek's calisthenics for Juniors and Seniors, originally performed at the VI Sokol Slet, in 1941 on Soldier's Field, Chicago, Ill. Entering the field to the strains of the Sokol march "Verne Zstaneme" hundreds of gymnasts marched unto their respective positions. As they went thru the calisthenics, the American music of "Columbia, Gem of the Ocean", "Battle Hymn of the Republic" and "Dixie" brought thunderous applause from the capacity audience. The calisthenics were very well performed and a fitting tribute to Bro. Jarka

Jelinek's past leadership. Sister Vlasta Waldauf's greeting, "Happy Birthday, America" was a true climax to this outstanding program.

Sunday evening, the farewell Dance was again held at the Kongresshaus. The Yugoslav Sokol in the Free World presented some lively dances. Bros. Roy Zitny, Pres. of the Amer. Sokol, and Rudy Svoboda, Vice President, addressed the large gathering and extended an invitation to the next American Sokol Slet in Chicagoland in 1977. Bro. Paul Lebloch, A.S.O. Director of Men, and Sister Anne Halik, representing Marie Ptacek, A.S.O. Director of Women, were on hand to extend the invitation and presented the Sokols Abroad with a special Bicentennial Flag of the United States. - Thus ended a memorable event with congratulations to Directors Bro. Jan Waldauf and Sister Vlasta Waldauf and Bro. President of Sokol Zurich, Vladimir F. Svoboda for a well directed Sokol Slet.

E.C.L.

Results of IV Slet Sokols Abroad

BOYS - HIGH DIVISION

1. Polansky, Frnt. Paris, Fr.	34.70
2. Hamza, Petr Basil, Sw.	34.60

JUNIOR BOYS - LOW DIVISION

1. Hajdekr, Ales Winterthur, Sw.	49.80
2. Gerhardt, James Tabor, Amer. Sokol	38.10
3. Gerhardt, Paul Tabor, Amer. Sokol	34.90

JUNIOR BOYS - INTER. DIVISION

1. Gerhardt, Michael Tabor, Amer. Sokol	49.00
2. Kulhanek, George Tabor, Amer. Sokol	43.75

MEN - LOW DIVISION

1. Dappen, Bruno Solothurn, Sw.	54.10
2. Linhart, Richard Tabor, Amer. Sokol	54.00
3. Osecky, Jiri Basil, Sw.	52.65
4. Benak, Vojmir So. Omaha, Amer. Sokol	52.55
5. Pajer, Jaroslav Basil, Sw.	51.80
6. Vytiska, Pavel Vienna, Austria	50.05
7. Schmidt, Franz Toronto, Canada	49.90
8. Bidlo, Zdenek Basil, Sw.	49.85
9. Lapin, Alex TIE - Vienna, Austria Kolar, Frantisek Vienna, Austria	43.95
11. Zrna, Robert Berwyn - Hav. Tyrs, Amer. Sokol	41.20
12. Vohryzka, Jiri Vienna, Austria	37.15

13. Break, Jaroslav Basil Sw.	24.95
14. Linhart, Eddy Tabor, Amer. Sokol (Incomp.)	13.90

MEN - INTERMEDIATE DIVISION

1. Svoboda, Pavel Winterthur, Sw.	49.95
2. Ehrenberger, Joseph Dallas, Amer. Sokol	47.30
3. Boar, Brian Toronto, Canada	46.40
4. Svoboda, Petr Winterthur, Sw.	23.00

TEAMS - LOW DIVISION

1. Basil, Western Europe Dist.	154.30
2. American Sokol Organization	147.75
3. Vienna Dist.	137.95

GIRLS - LOW DIVISION

1. Strnadova, Ivetta Basil, Sw.	26.20
2. Hodova, Denisa Basil, Sw.	23.40

JUNIOR GIRLS - LOW DIVISION

1. Wiesmeyer, Andi Tabor, Amer. Sokol	35.80
2. Wiesmeyer, Sue Tabor, Amer. Sokol	34.40
3. Walinsky, Jann Tabor, Amer. Sokol	33.95
4. Gerhardt, Sue Tabor, Amer. Sokol	33.85
5. Waldafova, Milena Toronto, Canada	31.50
6. Radova, Sonia Paris, Fr.	27.90
7. Stauberova, Sylvia Paris, Fr.	26.25

JUNIOR GIRLS - INTER. DIVISION

1. Fuchsova, Mary Montreal, Canada	33.30
2. Kuhnelova, Blanka Delft, Holland	29.70

WOMEN - LOW DIVISION

1. Mastny, Jane Tyrs Cleveland, Amer. Sokol	36.10
2. Hamman, Jolene So. Omaha, Amer. Sokol	36.05
3. Satorie, Lynn So. Omaha, Amer. Sokol	34.30
4. Baca, Dolly Tyrs Cleveland, Amer. Sokol	33.85
5. Kucera, Mary Berwyn, Amer. Sokol	33.65
6. Hrdinova, Milena Solothurn, Sw.	32.85
7. Sullivanova, Rachel Paris, Fr.	32.60
8. Srsen, Jody Tyrs Cleveland, Amer. Sokol TIE - Vencel, Nada Tyrs Cleveland, Amer. Sokol	32.55
9. Satek, Pam Slavsky, Amer. Sokol	32.25
10. Havlova, Alice Montreal, Canada	31.95
11. Havranek, Shannon Tyrs Cleveland, Amer. Sokol	31.80
12. Kubes, Roberta Berwyn, Amer. Sokol	30.50

13. Zeman, Jo-Marie Berwyn, Amer. Sokol	28.50
14. Kobida, Diane Berwyn, Amer. Sokol	24.65

WOMEN - INTERMEDIATE DIVISION

1. Svoboda, Pattii So. Omaha, Amer. Sokol	36.30
TIE - Svoboda, Phyllis So. Omaha, Amer. Sokol	36.30

TEAMS - JUNIOR GIRLS - LOW DIVISION

1. Sokol Tabor - Amer. Sokol	104.15
2. Sokols Abroad	85.65

WOMEN - LOW DIVISION

1. Tyrs-Cleveland, Amer. Sokol	102.60
2. Sokols Abroad	97.40
3. Sokol Berwyn, Amer. Sokol	92.65

INTERNATIONAL RELAY RACE

1st - American Sokol Organization - represented by:

Junior Girl - Andi Wiesmeyer - Sokol Tabor
Junior Boy - Tom Hintnaus - Sokol Los Angeles
Sr. Woman - May Kucera - Sokol Berwyn
Sr. Man - Edward Linhart - Sokol Tabor

June, 1976 - Southern District Apparatus Competitions

FIRST CLASS GIRLS - LOW DIVISION

Place	Name	Unit	Points
1.	Kim Davenport	Fort Worth	130.4
2.	Debra Williams	Forth Worth	127.9
3.	Diana Trlica	Ennis	124.1
4.	Amy Davis	Fort Worth	118.5
5.	Kathy Jones	Fort Worth	117.1

TEAMS

1. Team I	Fort Worth	485.8
2. Team I	Ennis	469.7
3. Team II	Fort Worth	444.3
4. Team II	Ennis	420.6
5. Team III	Fort Worth	405.8
6. Team II	Dallas	404.5
7. Team III	Ennis	402.25
8. Team I	Dallas	372.7
9. Team IV	Fort Worth	348.85
10. Team IV	Ennis	320.5

10 teams - 51 contestants

FIRST CLASS GIRLS - HIGH DIVISION

1. Becky Turk	Dallas	143.50
2. Carla Murillo	Dallas	141.40
3. Julie Katz	Dallas	140.19
4. Laura Stemac	Dallas	139.40
5. Alice Hyatt	Dallas	135.75

TEAMS

1. Dallas	563.49
2. Houston	477.50

2 teams - 13 contestants

SECOND CLASS GIRLS - LOW DIVISION

1. Pam Harris	Fort Worth	124.3
2. Susan Hurtt	Fort Worth	122.0
3. Debbie McCormick	Fort Worth	121.9
4. Amy Williams	Forth Worth	121.7
5. Karen Kozel	Fort Worth	121.4

TEAMS

1. Team I	Fort Worth	489.4
2. Team III	Fort Worth	462.1

3. Team II	Fort Worth	458.6
4. Team I	Ennis	447.5
5. Team I	Dallas	434.2
6. Team II	Ennis	433.3
7. Team IV	Fort Worth	394.0
8. Team V	Fort Worth	377.9
9. Team II	Dallas	371.5
10. Team I	Corpus Christi	364.5
11. Team III	Ennis	349.5
12. Team VI	Fort Worth	316.7

12 teams - 57 contestants

SECOND CLASS GIRLS - HIGH DIVISION

1. Michele Soucey	Fort Worth	131.2
2. Kelly Greene	Fort Worth	130.8
Susan Sill	Dallas	130.8
3. Nickki Vrla	Dallas	129.0
4. Sharon Snider	Houston	125.7
5. Liz Steele	Dallas	125.5

TEAMS

1. Fort Worth	502.4	
2. Team I	Dallas	494.1
3. Houston	493.0	
4. Team II	Dallas	464.4

4 teams - 23 contestants

FIRST CLASS BOYS

1. Jay Newman	Fort Worth	149.4
2. John Snider	Houston	148.6
3. Randy Hobbs	Fort Worth	144.7
4. Shawn Petty	Ennis	142.5
5. Jason Youngblood	Ennis	141.1

TEAMS

1. Team I	Fort Worth	569.1
2. Team I	Ennis	561.1
3. Houston	529.0	
4. Dallas	496.3	
5. Team II	Ennis	471.2
6. Team II	Fort Worth	438.0

6 teams - 35 contestants

a library organizational meeting to promulgate library rules and schedules.

Old Business. Bro. Voris, as representative of the District reported on Nationalities Service Center annual meeting.

Central District

June 23, 1976

Meeting called to order at Sokol Brookfield by bro. Wm. Meyer, Vice Pres. with 15 members present. All joined in Pledge to the Flag.

Correspondence. ASO Special Assessment fund check \$209.23 for St. Louis trip of sis. Jindra and Pistorius. Bills from Morton West for pool rental \$200.00 and \$302.18 for Special Number event.

Reports. Men's Director bro. D. Gilbert reported on Junior and Senior competitions held June 12. Victory Dance well planned. Slet program, in spite of rain, was very nice. Taped music especially well prepared. Due to rain Sokol Berwyn had warped beam and Sokol Stickney same on parallel bars. Sis. Schnabl moved inquiry be made about floater insurance to cover apparatus or professional movers. Passed.

Sis. Hajek turned in \$60.00 for Well-wishers, too late to be printed in Souvenir Program Book; \$703.50 for tickets collected. Sis. Schnabl reported \$656.60 for Well-wishers turned in to bro. Halik.

Bro. Meyer reports a profit of \$102.94 on Recognition Dinner (J. Drnec).

Women's Director sis. L. Jindra. Sokols will participate at Navy Pier July 16; on August 1 pre-game and half-time at Oakbrook Polo grounds; Aug. 13 at Springfield for State Fair. Two buses will leave from Sokol Tabor for State Fair. B.O.I. requested food allowance for gymnasts. After discussion, bro. Kala moved an allowance of \$400.00 be made, with amount not used returned to treasury. Approved. - Special number program showed good talent. - Beginners instructors course to be held Sept. 11-12, 18-19, 23-24. B.O.I. approved \$5.00 per hour for instructors. Slet program and performances very good, rain affected only 2 numbers. P.A. system and walkie-talkie loaned from Bohemian National Cemetery very helpful. Letter of thanks to be sent to bro. Vydra for same. - Urge Houby Day parade participation by Units as District event. - Recent Bio-mechanics clinic was very good. Approval of sis. Jurew to attend International Judges Clinic, June 26 - July 1 in Canada; air fair plus per diem allowed. Future judges clinics for modern gymnastics to be held at later date by sis. Jurew. Preparation of pamphlets for distribution by District at many events, after discussion, bro. Sotka moved bro. Kala be permitted to get quotes not to exceed \$100.00. Passed.

Bro. Kala announced First Aid Course being held at Sokol Berwyn from Oct. 6 - Nov. 10, open to all units. Fee \$2.50 for textbook. Offered through Westchester branch of Red Cross. May hold advanced course if this is successful.

Origin of the Polka

In a letter from Eduard and Nina Ingris of South Lake Tahoe, they note that in a recent broadcast it was mistakenly stated that the Polka is of Polish origin, and that the Beer Barrel Polka is also Polish. Their explanation follows:

"The origin of the Polka goes back to 1830 to the town of Kostelec, Bohemia, where a young girl, named Anička Chadimova, while taking care of her master's children, teaching them to sing and dance, invented her own dance in 2/4 time. Soon the village heard about this, including the village teacher Josef Neruda. He was the first to write the tune down in music and called the dance 'Půlka' which means 'half' (of 4/4 time). Soon the Půlka got to be called POLKA, the same as today.

"The POLKA soon conquered all Europe and later was brought to America by the immigrants. It survived many other dances and is much danced today, 146 years after its invention. The polka tempo is much used by Czech composers, but is not found in the works of classical Polish composers or those of other nationalities.

"Websters New World Dictionary of the American Language says: POLKA - Czech 'pulka' - fast dance for couples, developed in Bohemia in the early 19th century.

"Funk and Wagnalls Standard Reference Encyclopaedia: POLKA - a species of dance of Bohemian origin, invented in 1830 and introduced into England in 1843. The music is in two-quarter time and has the rhythmical peculiarity of being accented on the third quaver of the measure.

"The Beer Barrel Polka comes from a Czech love song by Jaromír Vejvoda, of Zbráslav, Czechoslovakia named 'Škoda Lásky.' It was brought to England by Czechoslovak airmen, and with translated lyrics became General Dwight D. Eisenhower's favorite melody. He had the author come to England to thank him personally for the morale building effect of the song.

"As often is the case, Anička Chadimova did not benefit in any way. After an unhappy marriage, she died as a pauper. The teacher, Josef Neruda's life was also unhappy, and during the night of April 8, 1876 was murdered in his home. The murderer was never found."

Sokol Bulletin, Cedar Rapids, Ia.

Decent Life for Elderly

"The senior citizens of this country deserve to live out their lives in economic dignity without having to worry about being pushed over the poverty line by the ravages of inflation. The massive upward surge in prices for the basic necessities of life - food, clothing, shelter - has rendered most retirement plans obsolete in terms of income needed in future years to maintain a standard of living."

- Nick Poulos, financial editor, in the Chicago Tribune.

SOKOL EDUCATOR

Southern District Meeting of Unit Presidents - Educ. Directors

March 27, 1976

Meeting was called to order at 10:15 a.m., at Sokol Gymnastic Center, Ennis, by bro. George Prevratil, District President.

Pledge of allegiance to the Flag was recited.

Bro. Prevratil welcomed Unit officers and guests. Explained this meeting was authorized in the annual meeting in January, and called at a time when officers are beginning their term of office.

Introduction of Unit officers present: **Sokol Corpus Christi**: bro. Monta Foster, Pres., Randy Sijansky, Ed. Dir. - **Sokol Zizka, Dallas**: bro. Dick Toberny, Pres., Oldrich Parma, Ed. Dir. and District Ed. Dir., sis. Helen Parma, Assistant Ed. Dir. - **Sokol Karel Havlicek Borovsky, Ennis**: bro. Don York, Pres., Harrell Hamilton, Assistant Ed. Dir. (substituting for bro. Jerry Laznovsky) - **Sokol Houston**: bro. Emil Kuropata, Pres., George Kodelka (substituting for bro. Sidney Soukup, Ed. Dir.) - **Sokol Fort Worth**: Bros. Darrell Williams, Vice Pres., Don Steinman, Vice Pres. Southern District (substituting for bro. Henry Grote, Ed. Dir.) - **Sokol Karel Havlicek, Yukon**: bro. Paul Stejskal, (representing bro. Kouba, Pres.) and Don Garrett, Ed. Dir. - **District Officers**: Sis. Bernice Hamilton, Treas., Vlasta Laznovsky, Secy. - **Guests**: Sis. Betty Garrett, Bonnie Kolar, Donna Garrett and Randy Knox all of Yukon, Oklahoma.

Purpose of meeting: To better acquaint Units with each other and District with Units - to discuss problems existing in Units and ways and means of solving same - to exchange ideas, opinions, etc.

Bro. Prevratil expressed concern if Units are achieving the purpose of Sokol Ideals, as specified in Constitution and By-Laws (1970, page 5, Article 2), and called attention especially to par. d) and e) - referring to maintaining interest of Czech culture, promoting the Czech language and preservation of traditions.

Discussion results: There are no Czech language classes held presently in any of the Units. A small class was initiated at Sokol Zizka. After a period of time interest decreased. - Czech songs are taught in most of the Units. Bro. Kuropata indicates Sokol Houston has increased interest in Czech culture in recent years. Unit houses the Czech Concert Choral Society, their activity consisting of group singing, folk dances, promotion of music by Czech composers, such as Smetana, Dvořák, etc., and historical films of Czechoslovakia are shown. The Unit financially assisted the Czech class at Houston University. Gymnasts have been participating in many Bicentennial events in their area. - Other units take part in events in their area in promoting Czech culture: Czech Day in Yukon; Polka festival in Ennis; May-Fest in Fort Worth; Sokol Houston has sponsored Czech Day

and have on agenda Days of Pioneers; Sokol Corpus Christi plans to participate in Bay-Fest celebration by having cultural and Kolace booths at the event.

Loss of Units in District: Bro. Prevratil indicated in the past 25-30 years several Units were dissolved. Requests if there is any interest or means of reviving in any area, the Executive Board be notified. Encourage families of fraternal organizations in joining the Sokol Organization.

Future Instructors: A constant flow of youth in gym classes, many resulting in confident gymnasts. However, the gain in instructors is low. Loss due to pursuit of college education, other interests, and instructing in other physical educational centers. Units have successful results from gymnasts in instructing who have attended a Sokol course.

Associate membership: Discussed requirements to become a regular member. Units report adhere to the By-Laws in this matter. - Discussed duties of a membership committee and its responsibility. - Membership dues structures vary between Units.

Educational Program: Bro. Prevratil notes that the educational program has improved in recent years. However, a full effective program is lacking in comparison to the gain of new members in Units. Unit Educators report briefly: **Sokol Zizka** have educational sessions weekly during gym classes, approximately 15 minutes is allocated between the children and adult classes. Lectures on Sokol given by bro. Parma and various members of the Unit, - singing, marching, and films, on various subjects, are shown. Childrens' reaction to Czech songs is good. Parents who are present join in the sessions. **Sokol Ennis** - lectures on Sokol at various civic groups. Enlighten new members who attend meeting on Sokol and its functions. Assistants - several lectures given to gymnasts during gym classes, some singing, mostly when a song is designated for a Slet. **Fort Worth** - Educational material is forwarded to Board of Instructors to use in gym classes, newsletter published contains educational material, bulletin board contains pictures and reading material. **Houston** - Czech songs during gym classes, a regular educational program is not in effect. **Corpus Christi** - Short lectures given at gym classes, historical date associated gym night. Film shown during membership socials. **Sokol Yukon** - will try to secure assistance of members for lectures. Youth expresses interest in heritage.

Bro. Parma read the duties of an Educational Director, recommends using the book "Your Educational Director" by American Sokol, and distributed copies. Encourage the use of material published in the American Sokol. States that an Educational Committee has been formed by the American Sokol Executive Board since the Convention, and material will be forthcoming. On agenda - recommends for the Slet the gymnasts learn the song "Kolíne, Kolíne."

General discussions, information, and notes: Means of involving members in Sokol activity. Most Units

expressed having projects to work for, such as traveling fund, equipment fund, seem to draw parents' interest, - appointing members on working committee - social after monthly meetings. (Such project was initiated by sis. Parma at Sokol Zizka, a full dinner is provided for a minimum fee to cover the cost of main course, and the rest is donated by contacting members, request volunteer help.)

Junior instructors - Sis. Hamilton reports establishing closer communications with her assistants by holding general discussion sessions in addition to regular BOI meetings. Asking them for their opinions, suggestions - giving them a sense of responsibility. Suggested having films or educational lectures during the Slet competitions (for parents or gymnasts waiting to compete) if room is available.

This is a "first" meeting of this type held in the District. Members attending expressed it was enlightening and constructive. Discussions were on subjects normally not on the agenda of an annual meeting, which is the only time that all Units are present. Further suggested we have meetings of this nature in the future.

George Prevratil, President
Vlasta Laznovksy, Secretary

The History of My Own Unit

1975 ASO ESSAY CONTEST

III. Division
Third Place Winner
MICHELE SPANEK
Sokol San Francisco

It was just the beginning of the 19th century and San Francisco was living in prosperity due to the big Gold Rush. It was the richest port of the Pacific Coast and Los Angeles was just a tiny village. Living in San Francisco were Czech pioneers who were not gold miners. Their preferred profession was to be a carpenter, builder, wine-maker, furriers, saddle-makers . . . and great cooks.

At this time other cities such as St. Louis, Detroit, New York, and Houston were forming gymnastic organizations named "Sokol." Sokol's ideals were founded from Dr. Miroslav Tyrs. Not only was the one whom we practiced our ideals from but the founder of Sokol Itself. In San Francisco there were a number of Czechs who got attracted to this idea and formulated steps and plans of their own to establish a Sokol San Francisco unit for the Czech dwellers who lived here. Today it is 1974 and since 1904 these people have left us with a great many memories that we can cherish and boast about proudly. The first location of Sokol was on Mission Street in San Francisco. In 1906, an earthquake and fire hit our Hall and people formed another one down the street called Eintrach Hall. Gymnastic activities continued here through the year 1911.

In January of 1910 the women founded the "Sokolice" San Francisco unit. It was their own independent unit and together with the male section of Sokol decided to realize their dream, which was to build their own Sokol Hall to house their activities. Everyone enthusiastically accepted this idea and in February of 1911 Sokol San Francisco was incorporated on Page Street in a very nice Hall. Gymnastics, cooking, dancing, etc., took place and everything seemed to be running pretty smoothly until disturbances which took place around Sokol forced us to give up and sell our Hall and to put it mildly, "start all over again." And we did! We searched in vain and then found one in San Mateo.

Since our new Hall has been established, we have progressed a great deal in Gymnastics and we have had a great many number of social events which has left the Czech community with a great deal of memories.

Now our future lies or rather depends on our new generation of Sokol, which includes me. As a teenager, I have participated in many gymnastic events and all have left me with the will power to go on and achieve the highest goal you possibly can. My grandfather, George Spanek, Sr., has influenced me and has given me this will. I realize that as a young adult I cannot perform the many tasks for Sokol as the adults can. I show my interest by attending Sokol regularly and participating in gymnastic events. Last year in June, our unit went to Chicago to attend the Slet. It was a rewarding experience. We raised money by putting on shows for children as well as adults. It was fun doing them as well as receiving the profit we achieved afterwards.

As long as I can remember there have always been willing volunteers to help out in the kitchen and serve. Without these wonderful men and women many of our dinners would have been below standards. They work so hard and I know this because my grandmother was a very hard worker and example of this.

I have been surrounded by Czech influence and that is why Sokol inspires me so. I want my family and unit to be proud of me and I want other children to feel this same inspiration. I think the most rewarding thing for me about Sokol is when you participate in a gymnastics meet and you come out with a trophy. Not only do you have to come out with a trophy, but just knowing you participated in the meet gives you an inspirational feeling.

I hope that someday I'll be able to repay Sokol for teaching me what I know today. I find it a great privilege to attend Sokol and that they will have me is another reason why I enjoy it so much. I will always continue to go and before I leave I will leave a part of me at Sokol that the future generation and generations will remember and follow. Our Sokol is a great example of self-interest, strong in gymnastics, and the will power to go on.

From all these past events which have occurred it has taught me a great deal of things and leaves me looking forward to future experiences.

1774

**"Bicentennial Minutes" reprinted through the courtesy
of the Shell Oil Company**

AUGUST 1, 1774

Two hundred years ago today, Joseph Priestly in England discovered oxygen, the lifegiving element in the air that we breathe. Oxygen is also involved in fire.

This fact was brought home to Priestly in an excruciating way. He was a Unitarian minister, interested in human rights. On July 14, 1791, his house was burned to the ground by a mob protesting his support of the American and French Revolutions.

He lost all his possessions, including his manuscripts and scientific apparatus, but he and his family escaped with their lives. They then moved to freedom in the United States.

That's the way it was.

Presented by Linus Pauling.

AUGUST 16, 1774

Two hundred years ago today, the famous French writer Voltaire was reading a newly-published book entitled **Lord Chesterfield's Letters to His Son**.

These letters, written with wit and urbanity, advised the young man how to succeed in London society.

Voltaire - himself a crusader against tyranny and bigotry - preferred the new Society that was being shaped in America.

In fact, earlier he had written his friend Chesterfield: "In the midst of your nation's folly and blunders I can see a new world opening that will prove an asylum for all your honest, industrious people; I think a few years will discover the Island of Britain to have for its inhabitants only two sorts of animals: tyrants and slaves."

That's the way it was.

Presented by Rod McKuen

SEPTEMBER 5, 1774

Two hundred years ago today, the First Continental Congress met at Carpenter's Hall in Philadelphia.

It was the first time that men like John and Sam Adams of Massachusetts, George Washington and Patrick Henry of Virginia, Christopher Gadsden and Henry Middleton of South Carolina had met officially to discuss their common cause.

The hall was chosen because it was private property, not belonging to His Majesty. The delegates wanted their deliberations to be secret.

The entire city was watching them. One Philadelphian said: "They are greatly respected as men of wisdom from whom the people ardently expect the salvation of America. Everyone prays for their success."

That's the way it was.

Presented by Senator Hugh Scott of Pennsylvania

SEPTEMBER 21, 1774

Two hundred years ago today, the American Minute Man was born. The citizens of Worcester, Massachusetts, voted to create an independent militia of men between 16 and 60, who were ordered to be ready to fight "at a minute's warning."

The idea of an organized volunteer army had spread all over the colonies. On the same day the residents of Fairfax, Virginia, agreed that:

"In this extreme time of danger, threatened with the destruction of our civil rights and liberty, we will meet for the purpose of learning and practicing military exercise and discipline; dress in a regular uniform of blue, with plain yellow metal buttons, buff waistcoat and breeches and white stockings, and furnished with a good flint lock and bayonet and tomahawk."

That's the way it was.

Presented by General Omar Bradley

"American Sokol Sings"

Our song book, published by the Educational Committee of the American Sokol Organization, has received wide publicity. It has brought joy to many, some who knew the melody, but not the words. Also the fact that there are English translations has made this a most interesting book. Here are some comments we received, and which we are sharing with you!

From Mrs. Helen Picek Bues, Baltimore: "This is just the kind of book I am looking for. As an English Head at our Patterson High School, and a teacher of Czech ancestry, I have been asked to supply Czech songs periodically for our ethnic Christmas festival."

Lillian Pribil, New York, N.Y.: "Just a few lines to let you know we received our copy of the "American Sokol Sings" and we are happy with it. Wishing you success in the sale of the book."

From Zdenka Kahnova, Patchogue, N.Y.: "I was visiting some fellow Czech friends and was shown your book the "American Sokol Sings." Although I was born in Yorkville (a Czech district of Manhattan), I speak, read, and write the language fluently, and was so delighted with your book. It brings back such fond memories of my Czech School and Sokol days. Will get all our Czech friends together and have a sing along."

T. B. Hlubucek, Educational Director, Sokol Cedar Rapids: "In my time I have seen many song books, but nothing like this. Any Sokol member who likes to sing should get a copy while they last. In these days when there is such a strong effort to preserve and cultivate Czech Heritage, this Sokol Book of Songs should be doubly welcome."

O. J. Kudrnovsky, Hon. Dir. of Men, American Sokol Organization: "I want to compliment your committee on publishing this book, "The American Sokol Sings."

Od J. F. Sopik, Ontario, Canada: "V Hospodáři je oznámení, že máte český Sokolský zpěvník, který by neměl scházeti v žádné české rodině. Tak my také patříme do těch českých rodin, a známe písniček zrovna sta, všech možných melodií. Mějte se hezky."

Od Jiří Špánek, st., starosta Sokola San Francisco: "Bravo! Velmi dobrá pomůcka k učení zpěvu!"

The song books are still available . . . we urge you to get your copy while they last!

Lorraine Zdenek, Secretary
Educational Committee ASO

Congratulations to All!

It was most gratifying to see such a grand assembly of Sokol members performing in various numbers and doing their very best. Our unit, Sokol West Suburban, is most proud of all of you. A special thank you must go to all our instructors and assistants, because without their untiring efforts this program would not have been possible. Not only was our program a huge success, but the social afterwards was also great. Here we must give credit to our unit members and our parents for helping in the kitchen and serving our youngsters. Without your constant help and encouragement our Sokol program could not exist.

Even though our exhibition is a big part of our Sokol program, gymnastic competitions, for most of our classes, are even more exciting and challenging. They require additional time and energy on behalf of the competitor as well as their instructors. Through these competitions we hope to instill in our gymnasts the feeling of good sportsmanship, team work, discipline, and the urge to excell beyond one's expectations. This year was no exception, our classes came back with many team trophies and individual awards.

On Sunday, June 13th, the Central District presented its annual gymnastic festival (Slet) at the Riverside-Brookfield stadium. The program, unfortunately, could not be completed due to the weather. Many of our gymnasts were present and made up an impressive group as they marched behind our Unit flag. In the evening awards were presented to the Junior and Senior competitors at Sokol Berwyn, where again our unit was fortunate in receiving team and individual recognition. What a wonderful ending to a busy and sometimes too short Sokol season.

Sokol West Suburban Newsletter

**Enroll That
New Sokol Member NOW!**

Our Akademie . . . Work Well Done!

Our Annual Exhibition of Physical Culture, presented at the Prairie Junior High Scholl auditorium, met with well deserved success in every way. Congratulations to all of our gymnasts . . . from those little tots to our boys and girls, women and men. Their careful preparation "paid off." And what is most important, is that our Sokols proved once more that our system of physical training means a lot to our youth in their preparation for physically and morally strong leadership in our great nation.

The entire program also was a tribute to the founders of both our Cedar Rapids Sokol Units. They would have been well pleased with the present leadership. Sometimes we regret our gym facilities are not larger, to be able to accommodate more boys and girls and give them the proper foundation in physical training that would go with them throughout their lives.

Our Dream

Following the carefully prepared numbers of the Akademie, renewed in the hearts of many, a dream to replace our seventy-year old building with a new one. One more modern, with better facilities, on some suitable spot of our city, with enough space for our own "Sokol Field" for athletic activity . . . for our annual exhibitions as well, similar to some of the more lucky communities where Sokol is active. We realize that even a dream must have financial backing to materialize, but even this dream did not happen overnight. We have been talking and toying with it for years, hoping for a chance to make it a reality. Sometimes we wish that we had a rich benefactor who would see in this project a real "Living Memorial," something that would stay here for years and years serving our people and being a real asset to our community.

But, while we are still "dreaming" it is up to us to keep our present facilities in proper repair and to try, within our means, to improve the facilities. For years, the older generation wished for an elevator that would enable them easier access to the upper floors for meetings and other activities. But even this improvement would be costly, requiring more money than we have at our disposal.

Remember, Sisters and Brothers, that in this article we are talking about our "Sokol Home." If you have any ideas concerning this matter, they would be greatly appreciated. Nazdar!

Fred J. Anthony, President
Sokol Cedar Rapids

Improvement - Growth

Because of the ever-changing conditions of modern society, the needs of a progressive Sokol Unit will never be fully satisfied. The membership will continuously be challenged to plan new activities, new programs and to provide new and better facilities. To ignore the challenges, that is - the needs of the organization, is to stop progress and cause the Unit to degenerate.

There is no other way open for us except to go forward. We must plan new programs and new projects and fulfill them. We must join the membership drive and make effective contributions. We must organize the youth around the new programs and keep them busy and active. We must provide better and more attractive facilities.

Sokol Times

* * *

It would be folly to introduce every foreign method in Sokol ranks. Only that which is in harmony with Sokol principles and can be utilized to our advantage should be considered. If some temporary gain might be realized at the expense of compromising our fundamental ideals, the matter must be rejected.

Tyrš

Are You a Leader?

There will always be a great need for qualified leadership in our Units. No one really possesses all of the qualities of a good leader, but it has been found that the following do help:

1. Untiring devotion to a cause;
2. Ability to get along with people;
3. Ability to inspire and stimulate followers;
4. Ability to plan, execute, and evaluate meetings (hold and maintain attention);
5. Ability to provide for the growth and development of members;
6. Interest in developing and improving one's own skills.

Sokol Baltimore - Sokol Belcamp
- Topix

Slet Župy Severovýchodní

Velký svátek naší župy je již za námi a zůstali jen ty nejpěknější vzpomínky. To počasí bylo také jako na zakázku, jako kdyby ta příroda se veselila a radovala se ze všeho toho co bylo vykonáno. Každého uchvátil ten mohutný nástup, který byl vzpomínkou na 200 leté výročí naší nové vlasti Spojených států.

První v průvodu byla ta známá trojice dvou bubeníků a jednoho píště, symbol americké revoluce. Také byl vzdán hold letošní Olympiádě, která se bude konat v Montrealu. Na povel bylo zeskupení a byli utvořeny Olympické kruhy a každý v průvodu měl barevný balonek který byl puštěn do vzduchu. Pohled na sta těchto barvených balonků vznášejících se ve vzduchu byl nádherný.

Br. starosta Sokolské Župy Severovýchodní, Edwin Jiroušek, přivítal přítomné a představil br. Pavla Leblocha, náčelníka Americké Obce Sokolské, který pozdravil slet jménem Sokolské Obce a všeho amerického Sokolstva. Bratr Edwin pak předává další vedení sletu br. Petru Duškovi a ses. Georgia Jenčík, náčelníku a náčelnici župy.

Prvním číslem byla již velmi početná skupina, která zatančila směs slovanských tanců. Že zájem o tanec byl opět obnoven v naší župě má zásluhu ses. Dolly Bača, která nacvičuje tyto tance. Byli to tance skutečně pěkné a líbivé.

Pak nastoupila třída těch nejmladších, které vždy vzbudí velký zájem. Následovalo jedno číslo po druhém a těžce říci které bylo nejlepší. Prostná žáků a žáček, pod vedením bra. Johna Ballance měla již dosti obtížné cviky. Jako obyčejně velmi dobrá byla prostná dorostenek. Toto je věk když každá chce vydati to nejlepší. Jako vždy zlatým bodem při vystoupení je prostná mužů, žen a dorostu. Toto skutečně parádní číslo vedli br. Petr Dušek, Jim Kalivoda a ses. Betty Stříbrná. Bezvadně provedená cvičení zasloužilo si jen potlesk. Následovalo cvičení na nářadí a sice žáci na bradlech, žačky měly přeměty, dorost měl koně na délku s malou trampolínou, dorostenky na bradlech s povýšenou žerdí, ženy na kladině. Družstvo mužů si opět po letech zvolilo hrazdu. O hrazdě se říká, že je to královna sokolského nářadí a v neděli také byla.

Posledním vystoupením bylo zvláštní číslo žen s kůžely. Toto číslo budou naše sestry cvičit na IV. sletu Zahraněčnického Sokola v Zurychu. Byli jsme zvědaví a také radostně překvapeni. Ses. Berta Černá zaslouží bratrský dík každého člena. Cvičení byla přítomna dlouholetá náčelnice naší župy, ses. Vlasta Šebková-Janáková z Batawy. Ptali jsme se ses. Vlasty o její úsudek neb to byla ona která před lety uvedla v naší župě cvičení s osvětlenými kůželi, které bylo všude kde bylo cvičení při zatemněním pozadí tak nadšeně přijato. Úsudek ses. Vlasty byl "Nic nemohlo být dokonalejší a krásnější." Přejeme naším sestřím aby si v Zurychu odnesli za toto číslo odměnu.

Tímto číslem byl zakončen letošní slet Župy Severovýchodní a návštěvníci dlouho se zdrželi v té krásné přírodě v družné zábavě. Kuchyně byla tento rok režiji Sokola a na všem co se k jídlu podávalo si každý pochutnal. Byla to neděle na kterou se nezapomíná. Do další úspěšné práce všem vedoucím a cvičícím upřímně - Na Zdar!

Karel Zahradníček
Sokol Tyrš Newsletter

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* * *

There is nothing wrong in making mistakes, but don't respond to encores.

* * *

There are three sides to everything: your side, my side, and the truth.

* * *

A good speaker is one who rises to the occasion - and then promptly sits down.

* * *

If you listen to too much advice, you wind up making other people's mistakes.

* * *

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Okna

Každý kdo v posledním týdnu šel anebo jel okolo Národní Síň musel si povšimnout něčeho co za celou dobu trvání, a to je již přes sedmdesát let, neviděl. Je to lešení, které je postaveno na Mead Ave. a jde až k vrcholu oken. Jednota přikročila k opravě budovy a bylo třeba opravit a dát nové sklo do těchto šesti mohutných oken. Nebylo snadné dnes nalézt odborníky k této práci, ale našli se tak že po skončení těchto oprav bude budova Národní Síň jako byla po svojem postavení. Odborníci se vyslovili, že taková okna jsou dnes jediná v celém Clevelandu. Také bylo přikročeno k úpravě hlavního sálu s jevištěm. Do podzimu má být tato práce skončena a víme, že každý bude potěšen když opět uvidí tento pomník našich předchůdců pro další pokolení. V hlavním sále bude nové osvětlení které již po léta nevyhovovalo.

Toto lešení každý vidí raději nežli kdyby tam byli bourací jeřáby. Je skutečně chvalitebné že ta naše mladší Sokolská generace má smysl a lásku k zachování jejího nového domova. Sokolská jednota

Tyrš, a s ní celý český Cleveland může se radovat že má tuto historickou budovu.

Karel Zahradníček,
Sokol Tyrš Newsletter.

České dny na veletrhu v Lincoln

Ve dnech 3. do 12. září se koná tradiční veletrh (State Fair) v Lincoln, Nebraska. V rámci veletrhu budou organizovány České dny s výstavou památek a lidového umění českých pionýrů a programy českého folkloru (písň, tance, hudba) a prodejem koláčů a jiných předmětů českého lidového umění. Vystavovat budou české kluby z Wilber, Dwight, z Omahy, ze Saunders Co., Lincoln a organizace z Clarkson, ZČBJ Lincoln, Sokolové. Informace podá: Jacob Hamsa, 3201 Dudley Street, Lincoln, 68503. - Krajané z Nebrasky a okolních států, věříme, že v tyto dny lincolnský veletrh bude navštíven tisíci krajanů a obohacen barvami našich krojů a melodií české muziky. - Kučera

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