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Meetings: 4th Tuesday, except July and August,
at ASO Office.

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Calendar of Events

- MAR. 11 - SOKOL TABOR
Annual Gymnastic Exhibition
- MAR. 11 - SOKOL BELCAMP
Spring Dance
- MAR. 18 - SOKOL BROOKFIELD
Annual Gymnastic Exhibition
- MAR. 18 - SOKOL BALTIMORE
Šibřinky
- MAR. 19 - SOKOL SLAVSKY
Annual Gymnastic Exhibition
Morton East

- APR. 2 - SOKOL BELCAMP
Annual Children's Competition
- APR. 8 - SOKOL BERWYN
Annual Exhibition
- APR. 14 - SOKOL SLAVSKY
Card and Bunco Party at Mid-America
- APR. 23 - SOKOL FUEGNER
Annual Exhibition
Bohemian Hall, Astoria
- APR. 23 - SOKOL DETROIT
Czechoslovak Dinner Party
Sokol Cultural Center
- APR. 29-30 - SOKOL BERWYN
Garage, Antique, Junque Sale
- MAY 5-6 - SOKOL MILWAUKEE
Interclass Gym and Track Meets.
- MAY 6 - SOKOL WEST SUBURBAN
Annual Exhibition
Hinsdale South High School, Darien
- MAY 19 - SOKOL MILWAUKEE
Graduation Program
- MAY 21 - SOKOL WASHINGTON, D.C.
Laying of the wreath
National Cemetery - Arlington, Va.
Annual Gymnastic Exhibition
- MAY 21 - SOKOL DETROIT
Teen Club Pancake Breakfast
Sokol Cultural Center
- JUNE 4 - NORTHEASTERN DISTRICT
Gymnastic Exhibition
- JUNE 17 - SOKOL MILWAUKEE
110th Anniversary Banquet
Holiday Inn Central
- JUNE 23 - 25 - SOKOL BALTIMORE
Eastern District Sokol Slet
Towson State University

Get in the Action . . .
**ATTEND
SOKOL
FUNCTIONS!**

AMERICAN SOKOL

VĚSTNÍK AMERICKÉ OBCE SOKOLSKÉ

Ročník - Vol. CXIX

March - 1978 - Březen

NO. 3

VELIKONOCE

Jarní svátky slaví se,
děva barví kraslice,
malovaná vajíčka
jako lesklé střevice.

Chlapci přijdou koledovat
z vrby proutí pomlázkou.
Komu dát to pestré vejce,
váhá děva otázkou?

A komupak jinému,
nežli chlapci milému,
za ty jeho sladké pusy,
jako odměnu.

Že mne bude žilkou šlehat
žádné neštěstí - -
navlékne se do spodniček,
a nebude bolesti.

A když vajíčko mu dám
ještě na něj zavolám,
by k nám přišel pod okénko
večer zcela sám.

Čekati že na něj budu
s otevřenou náručí,
obětí a vřelé pusy
lásku jemu zaručí.

by: Bro. Bohumil Marek
(Permission given by Sis. Irene Marek)

Kraslice - "Easter Eggs"

One of the most outstanding and distinctive customs of Easter is the Easter egg. However, accompanying this tradition is switching with willow or young spring switches, which young folks entered into at this time. They ventured about the village or countryside or sought out a chosen few to switch across hands and arms with their plain or beautifully plaited twigs embellished with ribbons. Immunity from switching was paid off with a gift of one of the famous bedecked eggs.

The origin of the Easter egg, with its beauty and paintings, has been conjectured quite often. Much has been written about them by collectors and museums, as evidenced by collectors of souvenirs and embroideries. While "kraslice," namely the Easter egg and its accompanying switching is recorded in the oldest Czech literature whose authors indicated that these customs were regularly enjoyed as far back as the 14th century, they really originated many centuries earlier.

Legend tells us a farmer, František Sejvl of Blesné u Hradec Králové, recorded an interesting story he had heard in his youth: "When Jesus, along with St. Peter roamed throughout the world, they arrived at an estate pleading for bread. Since the farmer's wife had no bread, and they both claimed exceeding hunger, she wondered what could be quickly prepared for the hungry wayfarers. Just then a cackling chicken flew off her nest. She rushed to the coop, gathered and placed the eggs into warm ashes to bake, and served them to the travelers. After they left, she went for the broom to sweep away the egg shells, only to discover the shells had turned into gold. Thereafter, she fed every wayfarer, who stopped by, with baked eggs. But to no avail. Later she tried serving them only on the anniversary of the day the two wanderers had appeared at the door step. The miracle was never repeated. Her reward was to be in eternity."

Various methods are followed in the making of the beautiful Easter eggs. Jan Soukup states: "An uncooked egg is sketched with wax, prepared by melting the wax in a spoon over a flame. The wax is transferred with a pinhead or clipped quill. The egg thus prepared is put to boil in red dye, which is attached to or attracted to that part not covered by wax. Occasionally, the ornamentation, or background, was only partially removed and another color added, or leaving the exposed part clear of wax resulting in a white design. The above is also reversed in the making of a white background egg using all wax colors, etching out a design by applying red and green color or both.

Most spectacular are the eggs sectioned off lengthwise, using blue or red backgrounds, using large flower motifs like those found in embroideries in pleats, caps and holuběnky (Czech caps), large sunflowers, rooster carrying a message in his beak and possibly adorned with gold or glitter. Oftentimes it was suggested to use a three-day-old egg as the colors would better adhere to it. Warm the egg slightly so as not to chill the wax, moisten head of large pin, dip quickly in wax, and draw large rosettes. Place eggs into a tan or brick colored solution, so all is submerged. Next day boil same. These colors were made of onion peelings, spring wheat, coffee grounds or parsley.

Nationalistic motifs are fast disappearing, even the methods, techniques and processes used by our oldsters are vanishing. Some Easter eggs are adorned with the affixing of various tiny leaves, clover leaves, etc., tying the leaves on with a thin cloth, and then put to boil in any of the above mentioned solutions. After the cloth is removed along with ornaments, only a silhouette will remain.

In some parts of the country the more popular designs are hearts, birds, flowers, wreaths and stars - not excluding religious motifs. On religious holidays, primarily Easter, it is the custom to take the red or white colored eggs, along with their Easter bread and meat, to be blessed before partaking of it. Also, some families do not eat until they partake of the blessed food. Crumbs are burned and egg shells saved as a religious token, the belief being that these had special healing properties and/or promised protection against the thunder gods.

The Sunday following Easter had an interesting custom for those who did not, or could not, partake of Easter Day. Eggs were not colored, but boiled on the day before in salt and caraway seed solution, the shell then cracked and the egg remaining in it overnight for flavoring. These were called "klechtny" - the switching and gaiety were not as pronounced as before. However, the custom was so popular that switches were sold even on the streets in large towns such as Prague. Gradually these customs receded into the countryside where often they were just fond recollections.

Besides the beautiful decorations, there were loving inscriptions, more often in rhyme than not.

"To vajíčko malovaný, je od srdce darovaný,"

"Tu máš pomlázku vode mne z lásky."

"Komu vajíčko daruju, toho upřímně miluju."

"Komu to vajíčko dám, toho jistě ráda mám."

"To vajíčko červený, je od děvy upřímný."

"Kdo dostane tu pomlázku, k tomu mám největší lásku."

"Pomlázku ti podávám, tvou lásku si vyžádám."

"Já tobě dám vajíčko, ty dej své srdíčko."

"Červený líčko má to vajíčko, na něm je bílý písmo rozmilý."

The Chicago Tribune advises us that a South American breed of chicken, the Araucana, produces a blue-green shelled egg only slightly different in nutritional value.

Sister Blanche Kos, Sokolice Tabor

ASO Executive Board Board Meeting

JANUARY 24, 1978

Meeting of the American Sokol Organization Executive Board was brought to order on Tuesday, January 24th, 1978, at 7:35 p.m. by President, Bro. R. Zitny with the following members present: Sis. B. Prener, E.J. Schnabl, A. Sotka, M. Ptacek, A. Basta, S. Pistorius, L. Zdenek, J. Kourim; Bros. R. Svoboda, G. Basta, P. Lebloch, S. Barcal, J. Rabas, J. Jindra, R. Vachata, W. Meyer; Bros. Schnabl and G. Simonek were excused. All were warmly welcomed to a New Year of Sokol work.

District minutes were received and copies distributed to members for discussion; Eastern, Annual, Sept. 25, 1977; Eastern, Dec. 9, 1977; Northeastern, October 26 and Dec. 15, 1977; Western, BOI, Nov. 14, 1977; Western, October 10 and Nov. 14, 1977; Southern, Oct. 27, 1977 and Central Nov. 30, 1977.

Correspondence: Thank you note for sympathies extended to the family of the late Sis. Anna Milan. Note of Sis. Helen Pesot's passing. Request for eulogy presented by Sis. Schnabl at the funeral. Acknowledgement sent to Bro. Jan Waldauf, Chairman of the publishing commission of Czechoslovak Sokols Abroad for five booklets, written in Czech, which were received. Ad and money sent in to Denni Hlasatel with Christmas and New Year's greetings. Text by Bro. Rabas. Letter from E. Vermokowitz regarding withdrawal of "Suffolk Sokol" petition, request return of their check, \$16.00. Will be done. Large postcards and calendar received from Sokol Greater Cleveland which they sell. Citations of merit sent to Sokol Detroit for Sis. Jerry and Bro. Jim Kalivoda to be given at their Winter Gymnastical on Feb. 5th. Letter stating Bro. Prchal will be made an honorary member of Sokol Detroit on Feb. 18th, same honor will be received by Sis. M. Prchal. Letter from Sokol Slavsky regarding their installation officers on Jan. 8th, Bro. Zitny was immediately notified. Copy of Sokolice South Omaha's by-laws and resolutions received. These are to be checked and signed. Bro. Schnabl will check them. Request from Sis. Georgia Lee, Sokol Houston, for material appearing in the 1973 Slet program book regarding her father. Material sent and very nice letter of appreciation received. Sokol Brookfield letter, ASO materials in library would be turned over to us until Bro. Pirka is released from hospital. Copy to Educational Committee. Set of by-laws given to Sis. E.J. Schnabl while in St. Louis, are to be reviewed per Bro. R. Triska's request. Bro. Schnabl will check them. Request from Bro. Hesoun, Belcamp, for "job descriptions" in time for their annual meeting. Materials mailed. Novy Svet, Cleveland requests an ad for their January issue. Notification from Cicero-Berwyn press of raise in price per page, also gymnast section to be effective January 1st, 1978. Answer sent to Bro. Heise, Sokol St. Paul, regarding article in Calendar of Events. Also sent 3-fold leaflets, application for membership cards and "job descriptions" with copy of by-laws. Chicagoland Sokol Building Ass'n. 1977 progress report received, also notice that their installation of officers is Sunday, Feb. 12th at Sokol Stickney, 2:00 p.m. R.S.V.P. is required from all Executive Board members. Bro. Jindra asked Bro. R. Zitny to do the installing. Agreed. Twelve members stated they would attend. Invitation from Eastern District for Slet June 23, 24, 25 at Towson State University. Awaiting reply. Sis. Zdenek moved that both directors attend; seconded, passed. U.S.G.F., dues sent with letter that they direct all future correspondence to office; copy given to B.O.I. Letter from Arthur Rubloff and Co., larger office space in our area not now available. Notice of license plate frames being sold by Sokol South Omaha. Chicago Public Library setting up an information center of clubs in the Chicago area. Sent information regarding our purpose, membership requirements, etc.; request for delegates to the Bohemian Home for the Aged. Received 1978 Directory of the A.S.U.

Women's Director, Sis. M. Ptacek: Noted changes regarding the Olympic program. U.S.G.F. Modern Rhythmic Gymnastic Trials held with Sis. Kathy Brym placing 4th and Sis. Ellen Garlicki placing 6th. Final

Report Forms: Central District for Unit Educational Director's Course, Oct. 15 and 16, 1977; 22 students, 9 instructors; \$185.51. Western District, beginners instructors' course, June 4 and 5, 1977; 14 students, 2 instructors; \$72.00. Also workshops, Nov. 13, 1976 and Jan. 24, 1977 at Sokol Crete; 8 students and 1 instructor; \$79.80. Four workshops held in April 24, May 12, May 24, and June 7; 16 students and 1 instructor; \$196.80. Southern District; District course held August 7 thru 14, 1977, at Ennis; 32 students, 3 instructors; \$963.00. Northeastern District, instruction of Sokol folk dancers, Jan. thru Dec., 1977, total 26 hours; 38 students, 1 instructor; \$130.00. Motion made by Sis. Prener that since all substantiating papers were in order, payments be made; seconded, passed. Final report form, Central District, instruction of folk dancing and vaulting; \$210.00 being withheld pending proper signatures. Sis. Schnabl moved that in order to avoid further delays, soon as signatures are affixed, payment be made; seconded, passed. Sis. Simonek transcribing Sis. Provaznikova's lectures. The B.O.I. recommends seeking a site if the 1981 Slet is to be held in this area. Attended Central District's annual meeting and Sokol Slavsky's installation of officers.

Men's Director - Bro. P. Lebloch: Most items repeated from Sis. Ptacek's report. Noted the December, 1977, issue of "International Gymnast" which had an article about our XIV American Sokol Slet submitted by Bro. Kudrnovsky and the article about the Modern Rhythmic Gymnastic world championships. Secretary, Sis. Schnabl will write to the Editor, thanking him. Helped prepare B.O.I. report for the Presidents' Conference with Sis. Ptacek, Simonek and Zdenek.

Membership - Bro. R. Svoboda: A number of fourth quarterly reports from the units still missing (1977). Membership since the XIV Slet Banquet has dropped 65; however the Southern and Western Districts have shown increases. Total number of members dropped since the convention is 400. Motion made, seconded and passed that Plzensky Sokol officially be dropped and their members will no longer get our publication starting with the February issue. The secretary will notify the unit and each of the members.

Educational, Bro. S. Barcal: Last meeting held December 10, 1977, and four attempts at a Jan., 1978, meeting were futile due to weather. Copies of Bro. Stasa's "Sokols in America" and Bro. A. Klabasa's autobiography will be obtained. Approval given to send copies of our materials to the Library of Congress. Approval given to publish the History of Czechoslovakia in a booklet form. This is the lecture given by Bro. C. Prchal at the Central District's Educational Directors' course. It was suggested that maps and illustrations be added. Bro. Barcal is to obtain several bids which are to be presented at the February meeting.

Editorial, Sis. J. Kourim: Sis. Kourim was warmly welcomed by Bro. Zitny and all members present. Space limitations were discussed. The February issue is well on its way. Discussion was held regarding the color of the ink. Sis. Basta moved that we revert to black and white; seconded; seven for, five against; motion passed.

Publicity, Czech, Bro. J. Rabas: Set up the Christmas greeting for the Denni Hlasatel and placed several articles in various Czech newspapers.

Publicity, English, Sis. S. Pistorius: Placed Season's Greetings in local English newspapers. Sent them thank yous for past services. Has pressed for the re-scheduling of "It's a Small World" on Channel 5 and asked the help of local units. Response has been big. Met with Sis. Schnabl and chose a number of negatives representative of the XIV Slet which will be used in the Chicago Magazine. Requests that a series of black and white pictures, 4x5" be readily available for further publicity.

Organization, Sis. A. Basta: Received copy of Sokolice South Omaha's "job description" and will study it along with the Educational Committee.

Financial Secretary, Sis. A. Sotka: Distributed the November and December, 1977, financial reports to all Executive Board members. Tried to trace admission dates of some members and was able to find part of the information in old issues of our "Sokol Americký" publication. Sokol Schuyler stated in its quarterly report that their 17 members are too old and wish to dissolve. Sis. Basta moved that we retain them on our mailing list in order for them to continue receiving our publication; seconded, passed. The A.S.O. books, 3rd quarter of 1977, was audited and the books were found to be in order. We will try again to get a sales tax exempt number. Transferred funds from a pass book to the checking account.

Treasurer, Bro. G. Basta: Presented the chart of assets and liabilities showing the 4th quarter, 1977. A comparison of the budget at the half-way mark between Conventions will be presented at the Presidents' Conference.

Uniform Division, Sis. B. Prener: New price list for 1978 was mailed. Inventory taken at the end of December, 1977. After some discussion, Bro. Barcal moved that \$100.00 be paid promptly to the A.S.O. as "rent"; seconded, passed. Bro. Vrzalik will shortly go to Philadelphia regarding the fit of the men's pants.

I. Vice-Pres., Sis. B. Prener: Installed officers of Sokol Cechie; attended the Central District meeting; met with Bros. Barcal and Zitny regarding the agenda for Presidents' Conference.

Secretary, Sis. E.J. Schnabl: Mailed out November minutes; took care of all correspondence. Sent a December Educational Department mailing. Acknowledged Future Sokol Leaders' Fund donations. Went to St. Louis with Sis. M. Vachata, Central District Women's Director, to attend the funeral and give eulogy for Sis. Helen Pesoat. Mailing sent for rosters of new unit and district officers. Prepared Citations of Merit for Sis. Jerry and Bro. Jim Kalivoda of Sokol Detroit. Also: St. Louis Bro. W. Shana, 52; John Reiner, 64; Frank Janosik, 54; Frank Strand, 57; Frank Hrebec, 50 and Vaclav Nosek, 64. Also, Sokol New York, Bro. August Hajek, 60 and Sis. Antoinette Slavik, 70. Attended Sokol Berwyn's installation of officers and was installed as the corresponding secretary. Attended Central District's annual meeting, elections and installed their recording and correspond-

ing secretaries as well as the Central District Women's Director.

President, Bro. R. Zitny: Attended several meetings with the uniform division and the preparation of the agenda for the Presidents' Conference. Installed officers at Sokol Brookfield; Chicagoland Building Ass'n. has requested that he do likewise. Installed the President of the Central District.

Old Business: Bro. Zitny will write to the Sokol U.S.A. regarding a meeting on the gymnast manual. Bro. Svoboda will advise the secretary whether or not he can attend Sokol Milwaukee's Anniversary dinner to speak. Bro. Barcal will continue looking for his notes on a speech given at the Slet banquet which was requested by Sokol St. Paul. The Czechoslovak-American congress is rewriting its by-laws and will insert a paragraph relating to dues. The B.O.I. will write to the Nissen Co. regarding Sokol Berwyn's lost mini-tramp. The 3-fold brochure which is a "hand-out" will be revised between the Educational Committee and Sis. Pistorius, English Publicity. This is to be completed by June. Another, larger, pictorial brochure is also to be formulated.

There being no further business, Bro. Zitny thanked everyone for attending. Meeting was adjourned at 11:00 p.m.

Respectfully submitted,
EllenJeanne Schnabl, Secretary

SOKOL EDUCATOR

T. G. Masaryk's Thoughts On Democracy

Democratism professes equality; next to political equality, equality in economy, in social matters, in ethics, religion, and spiritual life. As far as feasible, we wish to be equal. Of course, a certain hierarchy is conditioned by people's abilities, by extraneous circumstances, status, and so forth. We aspire to brotherhood not in material things alone; where law, science, morality, and religion are concerned, we work for equality too. There should be no "aristocratism" in science, capitalism, or politics. Briefly, democratism is a world outlook subscribing to precepts of equality in economy and politics, and in the realm of the spirit as well, and just as much in that of ethics and religion. Democratic demands of modern times embrace every field of endeavour - not economy and politics alone. To think that we clamor only for a "bread democratism" would be misunderstanding the aim. We must demand equality and fraternity in every walk of life; this means political equality in law and in religion; it means moral and spiritual equality. In short, democratism means literally: the government of the people . . . Nowadays we expect true democracy to be practicable and factual in administrative matters. As we say, politics is becoming not just an empiric art but - and most importantly - a

science. The modern democratic movement is organically linked to science, which is not to say with ossified erudition of professional doctrinarism. To think politically and to observe - that's what is needed. The French Revolution proclaimed liberty and equality, but also fraternity which we may construe as love of the neighbor or as humanity. In the final analysis, every political effort emanates from moral conclusions. Democracy is the endeavour to combat arbitrary will and violence. What else is aristocracy than violence? And democracy is the struggle against this violence.

Speaking ethically, democracy is the realization of love of one's fellow man, therefore of humanity; it is the bid to abolish exploitation and coercion.

Democracy is not only a form of government, it is... a view of life, rests on faith in men, in humanity and in human nature, and there is no faith without love, there is no love without faith. I said once that democracy is a discussion. But real discussion is only possible where men trust each another, and honestly seek the truth. Democracy is a conversation among equals, the thinking of free people open to complete publicity - the word "parliament" has a fine meaning, if only we could give it body!

I said among equals. I know that men are not equal; nowhere on the earth or in Nature is there equality - there is variety; only as immortal souls are we really equivalent.

The democratic ideal is not only political, it is social and economic. Communism I reject. Without individualism, without gifted and inventive individuals, without capable leaders, without geniuses society cannot be reasonably and justly organized. Democracy on its social side means the abolition of degrading misery; in a republic, in a democracy, it must not be possible for individuals or ranks to exploit their co-citizens - in a democracy man to man must not be merely a means . . .

Democracy needs leaders, not masters.

I accept democracy also with its economic and material consequences; but I base it on love . . .

Reasonable love, religion directed by reason will bring about humanity through law, but it will never deprive us of the moral obligations of personal participation and assistance. Altogether it would be a strange democracy if there were no place for moral individual initiative.

Democracy has its faults because the citizens have their faults. The shop is like its master.

. . . Democracy must not only exist in the statute book, and in the mouths of demagogues. Not even the best parliament exists to vote for what is truth, right, and morality; you cannot take a majority vote about truth, the fundamental principles of politics, about right and morality. Democracy alone does not bring up people. Decent, real people are brought up by the family, schools, churches, the government, literature, journalism, and so on - does democracy prevent that? . . .

Democracy is made by democrats, and better democracy by better democrats.

Democratic states have hitherto kept up, in greater or lesser degree, the spirit and the institutions of the old regime out of which they arose. They have been mere

essays in democracy; nowhere has it been consistently applied. Only the really new States, the States of the future, will be founded, inwardly and outwardly, on liberty, equality and fraternity . . . What we took as our ideal must become reality - and it will not be easy.

. . . The republican democratic State is . . . a government of all for all, not of rulers and ruled but of administration, self-government and the coordination of all State-creative forces.

. . . and democracy necessarily protects individuals, for freedom is its aim and essence, and it was begotten of modern individualism . . . It does not imply mere leveling without distinction of quality, but individualization and consequent recognition of capacity . . . The difference between "politicians" and "statesmen" is everywhere acknowledged. Democracy, too, relies upon science and upon all-round education, for it is itself a constant striving for political education and for the education of the people; and education is, in high degree, self-education.

The democratic demand is that all should think and observe.

. . . Modern philosophy . . . aims at the foundation of a new morality, at the elaboration of the new democratic, political and administrative system, at democratic anthropocracy. Democracy demands a new system of politics, to be established upon scientific sociology and upon all the abstract sciences concerned with the problems of social life . . . enlightenment and education are the chief concerns of democracy . . . equality in education.

From the democratic principles of liberty and equality it follows that democracy is based upon publicity . . . Hence, too, the great importance of public opinion in modern life. Freedom of opinion is a form of political freedom, and a condition of it . . . Criticism is at once a postulate and a method of democratic policy just as it is a postulate and method of science and of the scientific spirit. The right to criticize is a right of political initiative . . . Moral progress in public and private life can only be achieved by eschewing falsehood and prevarication . . .

Among us, as elsewhere, politics are usually thought to be the art of getting the better of somebody else by cunning and deceit. But democracy should mean moral renovation in politics, in education and throughout the whole range of public and private life. Every nation speaks two languages, that of truthfulness and that of mendacity. Dostoyevsky thought that Russia could attain to truthfulness by dint of lying. Neither in the case of Russia nor in our own do I believe it. I desire for democracy and education inspired by ethical ideals.

I desire the criticism of all faults and mistakes; but that criticism should not be for the demogogy, but for instruction and improvement. We need educated and honest critics who have the manliness and courage of citizens; true criticism is not negation, not putting responsibility on others, but co-operation and co-responsibility.

Criticism . . . is a determinant, not of knowledge alone, but also of democratic equality and liberty. Without criticism and without publicity, there can be

neither knowledge nor democracy. Democracy has been well described as the age of discussion.

. . . Truth before all things, truth always and everywhere. Truth is never in conflict with morality; no lie, or untruth is permanently good, not even the so-called *fraus pia*. We have life, we have views, and convictions, we have social relations oppressed with a mess of lies, and more than that, needless ones. A lie is unmanly; it is the weapon of weaklings, often enough of brutal - not of strong men. Truth, honest truth, real knowledge, can never do harm.

If people could understand each other we should have democracy at one stroke; without mutual understanding, without tolerance, there is no freedom. Only when we are completely truthful and open with one another can we learn to know one another; but without love there is no truth; without truth and love we cannot know our fellows.

Democracy demands that all shall work; it allots and organizes labour. Democracy aims, not merely at work, but at the spirit of industry. The disinclination that everyone has to labour, and especially to labour not of his own choosing, must be overcome by the sentiment of duty.

How to preserve the special knowledge that is required in government as soon as the center of parliamentary gravity shifts towards the great popular parties. Practically, the question is one of retaining under the parliamentary system the necessary number of educated specialists for the work of government and administration. Yet it is true that the academically-educated and capable official is often inferior to the experienced organizer and party leader in knowledge of men and in practical capacity for dealing with parties, Parliament and Government; for political sense and statecraft are not to be acquired solely by schooling or even by administrative experience.

. . . Here again we touch upon the need for education in juridical, political and social matters and for sociological thought - a need which increases the urgency of popular education, the organization of the schools, the training of publicists, of officials and, not least, of political leaders.

It is a significant fact that the idea of progressive evolution was advocated, and secured general acceptance, simultaneously with the formulation of the demands of democracy. The connection is intimate and important. Aristocracy is absolutist, conservative, and traditionalistic; democracy is progressive and renovative because its trust is placed, not in revelation, but in experience of historic evolution. Democracy is the aspiration towards a new life.

. . . in virtue of our history and nature, we are destined for democracy. Culturally we belong to Western Europe; again a reference to enlightened democracy. We are the nation democratic in body and soul; if our democracy has its shortcomings, we must overcome these shortcomings, but not overcome democracy.

On principle, but not blindly, I am a believer in democracy; I know the weak points of the system, and no bad experience has escaped me, but - not for a

moment do I regret the decision to which I came when I was returning from the War; that I was going to serve the Republic and democracy.

Democracy is a guarantee of peace. For us and for the world!

Cover picture and material used in the Masaryk article were provided by the C.S.A. Heritage Museum.

Minutes of Annual Meeting of Central District ASO

JANUARY 15, 1978

Meeting opened by Pres. Bro. Halik at 9:30 a.m. with all officers present. Pledge to our flag was given. Sis. Bruno was requested to act as secretary. Moment of silence observed in memory of deceased members. Bro. Halik introduced Bro. R. Zitny, President of ASO and other officers present. Bro. Stankovsky moved that there be a roll call of delegates. Motion passed. Roll call confirmed 39 delegates present and eligible to vote. Sokol Racine, Rozvoj and Fuegner were not represented, having notified District beforehand that they would not attend. Sokol Americky failed to reply. Discussion followed and it was agreed that only delegates or alternates who were replacing delegates would be allowed to vote.

Motion passed to dispense with reading of minutes of previous meeting.

CORRESPONDENCE - Letters received from ASO with invitation to District Presidents' Conference weekend of January 27, 28 and 29, 1978 at Sheraton - Oak Brook Motor Hotel, Oak Brook, IL. Units to prepare brief reports and make reservations immediately. Second letter from ASO asking Central District to reconsider use of Hoffman Stadium for District Slet believing it would detract from future ASO Slet. Both letters passed on to newly elected officers. Illinois Arts Council sends description of their agency with application to be used for financial assistance. Invitation from Chicagoland Sokol Bldg. Ass'n. to 2nd Annual Installation buffet February 12th, 1978 at Sokol Stickney requesting reply. Letter passed on to new officers.

COMMITTEE AND OFFICER REPORTS:

Women's Director, Sis. M. Vachata: Reviewed year's activities. Announced new parade and District activity uniforms for gymnasts. Relayed recommendation of Bro. and Sis. Hantak for beginners' vaulting program. Strongly recommend securing office and storage space for District.

Men's Director, Bro. J. Placek: Summarized year's programs. Informed membership of new term of Director's office which starts in July and ends in June. Recommended that District sponsor a district volleyball team. Presented bills for referee services in basketball, trophies and time watch. Turned in \$344.50 in entry fees. Reported use of all gymnasiums without charge with exception of Eisenhower which was \$25.00. Units' donations of gyms was commended by Bro. Halik.

Treasurer Bro. Glaser requested explanation of how much of the fee revenue covered expenses. Bro. Placek reported that there was a deficiency of \$60.00. Bros. Placek and Vrba explained plans for district volleyball team and recommended Central District sponsor team at approximately cost of \$250.00. Balance of cost would be covered by team members. The team needs to bear the name of the Central District in order to be considered for membership in the U.S. Volleyball Ass'n. Sis. Schnabl moved to hold consideration of this recommendation until we review and discuss our budget. Motion passed.

Bro. S. Barcal commended Central District for its full participation and aid in conducting the National Slet.

Educational Committee: Bro. Kala reported a successful program of Czech cultural activities and hopes to improve this program. Sis. Sramek presented a book to District entitled, CZECHS AND SLOVAKS IN CHICAGO. This will be placed in our library and will be appreciated. Bro. Jindra suggested the purchase of book entitled, HISTORIC CITY - THE SETTLEMENT OF CHICAGO. Bro. Kala moved to purchase this book; motion passed. Sis. Jindra volunteered to purchase book.

Membership Committee: Bro. Kala reported slump in membership. Majority of our members are 65 years of age or over. He proposed a year's campaign using our Constitution as a guideline and all active and inactive units participating. Prizes to be awarded for first and second place units attaining highest per cent increase. Consideration to be given to both regular and associate members but not honorary members. Where there are separate men's and women's units, each would be considered separately. Stressed importance of continuing our strength as a District. Bro. Herink asked that Bro. Kala outline ways in which inactive units could help increase membership. Bro. Kala suggested various areas such as formation of music groups, drama circles or plan unique programs which could draw new members. Senior citizen groups could be given more consideration by inviting them to use our gymnasiums. Bro. Satek suggested giving consideration to size of unit in determining prize winners of membership drive. Bro. Halik requested that further discussion be made in committee meeting.

Publicity (English): Sis. J. Jerew reviewed year's activities and publicity given to news and other media.

Publicity (Czech): Bro. Rabas recommended that all units try to send publicity articles to Czech publications. If in need of translation, items could be sent directly to him and he would gladly translate them for publication. Regarding Central District planned tour to Yugoslavia and Greece, response is good. Additional information will be published in next issue of American Sokol magazine. Bro. Svoboda announced that Sokol Racine offered to visit our units from time to time to help support their activities. Units were requested to add them to their regular mailing lists.

Auditing Committee: Sis. B. Prener reported that Sis. I. Ruzicka and she audited Central District ledgers and record books and found them in good order. Committee recommended that any matured U.S. Savings Bonds held by the District be transferred to savings accounts

that bear higher interest rates. It was recommended that this be discussed at time of budget report.

Ways and Means Committee: Bro. Bill Meyer apologized for his lack of activity and report was given by Sis. Pros reviewing year's activities.

Properties Committee: Committee was not represented by anyone, however, Bro. Halik explained a major problem confronting District in storing our properties and the difficulty encountered in items being stored in many locations. Inventory lists were requested by Central District of all properties stored by members including items which they desired to donate to District. Only two of these lists were received to date, Sokol Berwyn's and Sokol West Suburban's lists.

Financial Report: Bro. Svoboda, financial secretary, reported year's income, expenditures and balance.

Treasurer's Report: Received \$1,062.68 from proceeds of Slet in 1977. Bro. Kala moved to have committee examine assets and redeem U.S. Savings Bonds and transfer to short term certificates of deposit to receive higher interest rates. Motion passed.

President's Report: Bro. Halik reported District's failure to elect a secretary last year was one of the most difficult situations of the year. Poor attendance at District fund raising functions was in general disappointing. District is in disparaging condition due to lack of cooperation from all units.

Berwyn, Bro. Schnabl - Progressing very well in all areas. Celebrating 67th anniversary. Membership is 139. Strong remodeling program in hall, mostly volunteer work. Members involved in District and National affairs. All calisthenics for tots', children's, Jr. girls' and women's classes in Central District, 1978, were prepared by Sokol Berwyn members. Very enthusiastic and pleased with all classes.

Brookfield, Bro. L. Vanek - Progressing very well in all areas.

Cechie, Bro. O. Glaser - Meetings held in formerly owned building now a restaurant. Most of their 28 members live at great distances. Those who attend are active and supportive in community and Czech cultural programs or causes.

Chicago, Bro. S. Barcal - Socially active as well as having a representative volleyball team practicing at Sokol Berwyn. Men and women's units now merged. Celebrating 85th anniversary this year. Supporting Chicagoland Sokol Bldg. Ass'n.

Fuegner - Absent, no report.

Havlicek - Tyrs - Men's Unit - Bro. Herink: Very enthusiastic regarding Chicagoland Sokol Ass'n.'s future. Pledged \$100,000.00 to that project. Meetings being held at Sokol Berwyn and members supportive in all areas whenever needed.

Havlicek-Tyrs - Women's Unit - Sis. Ann Basta: Active in many social and cultural events in an effort to keep members united and interested, and to invite others to join. Supporting Chicagoland Sokol Ass'n. and Sokol activities whenever needed.

Milwaukee - Men's and Women's Units - Bro. Stankovsky: Their men's and women's units retain separate identity for several regulatory reasons, but do

meet together. Their gymnasium is a rented one. Their participation in Holiday Folk Fair important event each year and well attended by District units. Anniversary Dinner-Dance June 17, 1978. Membership totals 145.

Racine and Rozvoj - Absent - No report.

St. Louis, Bro. Ronald Triska - Great loss reported in death of Bro. Frank Prihoda and Sis. Helen Pesoat, Women's Director. - Making improvements in their camp and gymnasium. Very active.

Slavsky, Bro. John Satek: Attendance down in gymnasium and at fund raising events. Rental fee for gymnasium increased. Drastic drop in enrollment of gymnasts. Lack of staff and directors. Delinquency in payment of dues by many long standing members. Supporting Chicagoland Sokol Bldg. Ass'n.

Stickney, Bro. Bill Meyers: Stressing Junior programs. Celebrating 50th Anniversary in 1978. Redecorating of hall one of this year's goals.

Tabor, Women's Unit - Sis. Mary Balsanek: Bingo program very important and requires many hours of work. Swimming program being provided for gymnasts and parents. Morning class for senior women being held.

Town-of-Lake, Bro. Geo. Vytlačil: Meetings mainly social but object is to unify members. Pledge support to Slet activities.

West Suburban - Bro. James Jindra: Unit celebrating 18th year. Renting Eisenhower Jr. High School gymnasium in Darien. Three hundred and fifteen gymnasts enrolled. Received membership trophy and have increased membership since. Very supportive and active in Chicagoland Sokol Ass'n., Bro. Jindra being president of Ass'n. as well as of his unit.

Chicagoland Sokol Association: Progressing by degrees. Surmounting obstacles or problems as they occur but making positive advancements. Land purchase would possibly be finalized in April, 1978. Aim is to construct the largest and best Sokol-Czech Cultural area in many years. All units invited to join in support of project. Bro. Jindra invited all to installation at Sokol Stickney on February 12th at which time details, plans and goals will be discussed.

First V.P., June Pros - Reported on year's activities. Praised present hard-working officers. Encouraged participation and financial and moral support of all Central District activities. Second and third vice-presidents concurred.

Old Business - Bro. Kala elaborated on financial benefits obtainable from membership in Illinois Arts Council Agency but stressed necessity of obtaining State and Federal Income Tax exemption number in order to be recognized as a non-profit organization. Bro. Jindra explained procedure to secure number. Committee will investigate.

Czech-American Congress: Bro. S. Barcal reported that the Czech-American Congress consists of 21 organizations attempting to form one unit. Some of the difficulties were due to the varied interests and goals of the organizations. Our Sokol organization seems to be the strongest participant. As a delegate he recommends continued participation and also moved to continue

exploration of benefits obtained from membership in Illinois Arts Council. Motion passed.

ASO, Bro. Zitny, Pres.: Addressed meeting. Thanked District for cooperation and diligence in making our National Slet successful. Pleased with District activities. Emphasized that "activity" produced strength.

New Business: Bro. Halik introduced the proposition of procuring a combination office, storage and meeting place for Central District needs. Properties are scattered in many directions. Need for a central location to store library books, flags and other properties as well as conduct office procedures needed. Units were called on for delegated opinions on proposal as previously notified.

Bro. Zitny, Pres. of ASO suggested inquiring of units as to whether they have available space and if so, assessment revenue could be given to them. Bro. Stankovsky of Milwaukee moved that more detailed information and budgeting plans be presented and that discussion be discontinued. Motion seconded by Bro. Linhart, passed. Sis. J. Pros moved that delegates vote on special assessment proposition only, as presented to units previously. Motion passed. Bro. Halik requested recess from chairmanship. Sis. Pros replaced him in chair. Bro. Kala moved that vote be taken by sign of delegates' hands. Motion passed, 14 against and 17 for assessment. Bro. Halik resumed chairmanship.

1978 Slet Committee Assignments: Bro. Halik reported on last Slet and mentioned differences of opinions and recommendations between men's and women's BOI's as to where to locate the 1978 Slet. Sis. Jindra reported offer of Oak Brook Polo Grounds. However, it was noted that dressing room facilities were inadequate. Motion passed to select a committee to obtain Slet location. Sis. Jindra volunteered to further research Oak Brook Polo Grounds. Sis. Prener moved that assignment of committee for Slet location and detailed investigation be passed on to newly elected officers. Motion passed.

Bro. Satek of Sokol Slavsky announced that their unit would like to host the 1979 Annual Meeting on January 21, 1979 at Škola Masaryk, and offered to pay all expenses except food. Bro. Halik announced that Sokol West Suburban and Sokol Town of Lake incurred the expenses of this annual meeting and thanked them on behalf of Central District. Sis. Pros. moved that Bro. Jos. Drnec be given Honorary Membership in Central District. Motion passed. Bro. Halik appealed to units to send in membership rosters. Some were still not received.

Budget reports for approval - Treasurer - Bro. Glaser moved that committee submit detailed budget and present it at next meeting. Bro. Kala asked for amendment to motion stating that budget be presented as prepared at this meeting. Amended motion passed.

Central District Volleyball Sponsorship: Bro. Vrba presented details of program. Bro. Placek voiced approval. Bro. Bob Michalek moved to sponsor team. Motion passed. Sis. A. Basta reminded members that insurance bond will expire and should be renewed for another three years. Bro. Kala moved to renew bond, motion passed.

Review of Officers' Compensation: Motion made by Sis. Schnabl that all compensations remain the same and that newly elected corresponding secretary receive same amount as recording secretary.

Election of Officers: Bro. Halik requested that Bro. Stankovsky conduct election of officers inasmuch as he had experience in parliamentary procedure. Bro. Stankovsky accepted and read the slate of nominated officers as presented by nominating committee and consented to by nominees, as follows: Pres., Bro. E. Halik; 1st V.P., Sis. J. Pros; 2nd V.P., Bro. R. Vachata; 3rd V.P., Bro. B. Michalek; Rec. Sec., H. Onni; Corr. Sec., Sis. L. Jindra; Treas., Bro. O. Glaser; Fin. Sec., Bro. R. Svoboda; Co-Educ. Directors, Bros. E. Pirka and F. Kala; Organizational Dir. (none nominated), Membership, Sis. Pistorius, Bro. R. Svoboda and F. Kala; Czech Publicity, J. Rabas; English, S. Bruno; Auditing, L. Kmen, M. Hajek, B. Prener and I. Ruzicka. Properties: E. Jezek, H. Prener, V. Zenisek, O. Glaser. Nominations from floor were requested for each office. Bro. Kala was nominated for Pres. but declined. Bro. S. Barcal was asked to define duties of Organizational Officer which he did. He was then nominated for this office and accepted nomination. Secretary cast a unanimous vote for nominated slate and they were elected. Sis. Schnabl requested approval of men's and women's directors for BOI who had been elected and approved by District BOI in June. Approval granted. Installation of officers was planned by Bro. R. Zitny who installed Bro. Halik as Pres. and ASO officers on down the line installed each corresponding officer into office. Bro. R. Zitny then asked Sis. Vachata and Bro. Placek to stand and addressed them, giving them assurance of complete cooperation from everyone in District as well as ASO. Bro. Linhart added his congratulations and offer of cooperation.

Treasurer's report was given.

Bro. Pirka thanked District members for greetings received while ill. Sis. Halik was commended for organizing luncheon. Bro. Meyer invited members to attend their installation January 28th. There was no further business at hand and meeting was adjourned at 4:35 p.m.

Respectfully submitted,

Mildred M. Bruno, Sec. protem

Eastern District Meeting

The meeting was brought to order promptly at 2 p.m. Present: Sis. Sain, Heitzer, Freidrich and Bros. Hesoun, Otenasek, Neuman, Friedrich, J. Vrzalik. Guest attending were Bros. Dave Hasselbarth and John Babinec; Sis. Dorothy Henigman of Sokol Fuegner. Excused was Bro. Novak.

The minutes were read from the December meeting and correction made. To clarify, Bro. H. Vrzalik did not have to step down as Secretary of the Eastern District; he desired to step down so as to devote all energies to the Baltimore unit. Also correction on units attending the Eastern District Slet are: Canadian Sokols, other ASO districts, Sokol USA Eastern Region

AMERICAN SOKOL

SOKOL GYMNAST

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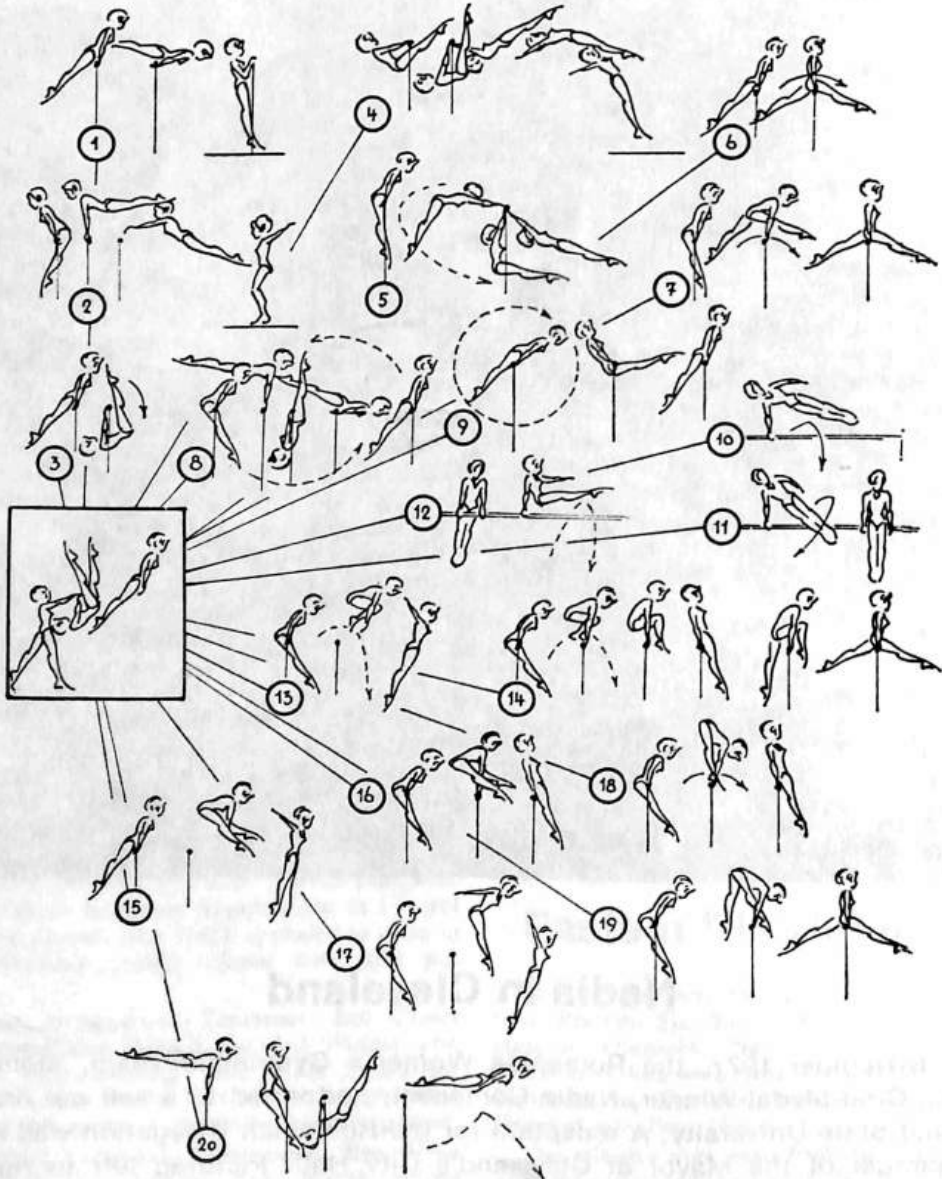
Nadia in Cleveland

In November 1977, the Romanian Women's Gymnastic Team, along with Olympic Gold Medal Winner, Nadia Comaneci, performed to a sell out crowd at Cleveland State University. A reception for the Romanian Delegation was held in the Chamber of the Mayor at Cleveland's City Hall. Pictured left to right are Georgia Jencik and Pete Dusek, past B.O.I. Directors of the Northeastern District, Nadia Comaneci and Ralph J. Perk, Mayor of Cleveland. Photo courtesy of Vaclav Hyvnar, Executive Asst. to the Mayor. Mayor Ralph J. Perk and Vaclav Hyvnar are Sokol Members of the Cleveland area.

Women - Uneven Bars

UPROTUL FRONTWAY

Illustration on this page indicate 20 different possible movements from an uprotul frontway (pull over) - square insert - on the lower bar.



Stunts at Sokol

By Joan Walus

Stunts are adaptable to all age levels. Both young and old can find some type of stunts that provide not only recreational activity, but physical and social outcomes as well. This activity knows no season or time of year. The above statements serve to show that stunts have a particularly wide range of adaptability from many aspects for all of our Sokol classes.

1. In terms of physical growth:

a. To develop well-rounded physical poise in vigorous big-muscle activity, in other words skillful use of the body in a range of movements.

b. To develop finer co-ordinations.

c. To develop strength, flexibility, balance, and agility.

d. To develop rhythmic skill.

2. In terms of psychological and social characteristics:

a. To develop those qualities that make for a better adjusted, wholesome-minded individual.

b. To strive for individual perfection with appreciation for the need of group unity and co-operation.

c. To develop such attributes as respect for the strength and weakness of others with due regard to the need for helpfulness and safety toward others.

d. To develop an appreciation for the human body as a mechanism that can be trained to respond in a variety of situations.

e. To develop a spirit of play and an appreciation for the recreational values of physical accomplishments.

JUMP AND SLAP HEELS

Directions:

1. Start from a standing position, hands at sides.

2. Jump in the air, lift legs, bring heels up to sides. Slap heels with hands.

3. Return to the original position and repeat.

Variation:

1. Make the stunt continuous by jumping twice between each slap and repeat stunt with quick succession.

UPSWING

Directions:

1. Kneel on the floor with the body erect. Weight on balls of feet.

2. Swing the arms back behind the body.

3. Swing the arms forward vigorously and rock the body weight back over the balls of the feet. Rise to a standing position.

Teaching suggestions:

1. Keep weight directly over the feet when rising to the standing position.

2. Do not hesitate. Rock back onto the feet and immediately extend the legs to stand.

CRABWALK

Directions:

1. Take squat position; reach back and put both hands flat on the floor without sitting down.

2. Support the weight equally on both arms and legs; walk, face up in this position.

Variations:

1. Walk goose step fashion in this position.

2. Try running in this position.

3. Vary directions, forward, backward and sideward.

4. Alternate right hand and left foot moving together with left hand and right foot.

HUMAN ROCKER

Directions:

1. Lie face down on floor. Bend knees, arch the back, and reach back to grasp right foot with right hand, left foot with left hand, and pull hard on feet to lift head and shoulders off floor, rocking on to chest and back to thighs.

2. Keep back arched throughout the stunt.

3. Continue to rock back and forth.

TANGLE

Directions:

1. Lie face down on the floor in prone position.

2. Cross feet and bend knees; draw feet against thighs.

3. Reach directly back and grasp the feet with the hands; place left hand on right foot and right hand on left foot.

4. In this position, rock from side-to-side until enough momentum is gained to roll over on the back.

5. From the position on the back, rock back and forth to get sufficient momentum to rock forward to a squat position over the feet. Straighten the knees, but do not release hold on feet.

6. In this position, uncross the feet. Uncross the top leg first by getting the body weight on the back foot.

7. Remove hands from feet and stand erect.

HUMAN BALL

Directions:

1. Sit on floor, knees flexed and out. Bring arms through the legs, around outside of legs and clasp hands together in front of the ankles.

2. Give impetus by a slightly swaying motion from side to side. Roll over on side (thigh on shoulder), continue momentum by pushing from side to roll on back, to opposite side, and up.

3. In two complete rolls a circle is described.

Teaching suggestions:

1. Keep curled with feet in close to body.

2. Roll definitely to the side first. If the body drops directly to the back, momentum will be lost.

FULL TOP SPIN

Directions:

1. Place feet in stride position, preferably on a line on floor.

2. Partially twist upper trunk in opposite direction from the one in which turn is to be made.
3. Spring from floor, swing arms and trunk to other side.
4. Make a complete turn, landing on the same spot facing the same direction.

Teaching suggestions:

1. Get an equal push from both feet.
2. Do not swing arms too vigorously.
3. Bring arms in toward body during the turn.
4. Do not lean forward as turn is completed or balance will be lost.

BELLS OR CLICKS

Directions:

1. Cross the right foot in front of the left.
2. Spring from the forward (right) foot.
3. Raise the left leg sideward.
4. Bring the take-off foot (right) foot up to meet the extended left leg. Click the heels together, and land on the right foot.

Teaching suggestions:

1. Spring as high as possible.
2. Click the heels together quickly.
3. Emphasize the landing on one foot.

KNEE WALK

Directions:

1. Start in kneeling position, body erect.
2. Grasp the left ankle or toe with left hand, and the right ankle or toe with the right hand and pull the feet up to the hips.
3. Lean slightly forward and walk on knees.

Teaching suggestions:

1. Move as rapidly as possible to maintain balance more easily.
2. Keep weight slightly forward.
3. Keep feet close to the body and back fairly straight.

SEAL SLAP

Directions:

1. Take prone position with weight supported on straight arms and toes; body in straight line.
2. Push from the mat with the hands, throw body upward and clap hands in air. Quickly drop hands back to mat to break fall.
3. Repeat starting with the feet spread apart. Push equally from mat with feet and hands; slap the hands and feet together while the body is in the air. Drop hands and feet back to place to break fall as body drops to mat.

EGG SIT

Directions:

1. Sit on floor, knees bent close to the chest.
2. Grasp right toe with right hand and left toe with left hand.
3. Rock back on buttocks. Extend both legs. Keep firm grasp with hands; hold extended legs in air. Balance in this position.

4. To descend, rock forward, bend knees and drop feet to floor.

Teaching suggestion:

1. Those with relatively short arms will find this stunt difficult.

The Carry-over Value Is Not How, But Why!

Recently I asked some 300 students in my community college health education classes what physical fitness was. Surprisingly, none could give much of an answer. Remember, these are former high school students who had attended physical education classes on a daily basis for the past three to six years! A very few thought it meant "getting in shape," primarily the firming up of muscles to look better. None mentioned circulatory fitness or the benefits of flexibility.

There was a consensus that physical fitness was needed more after you had finished school, and that most physical education classes did not make you fit. Many felt the classes were boring and did not encourage one to exercise on his or her own.

In spite of this, they believed exercise was "good for you"; that fitness was necessary for a high level of personal health, and that good health was essential to reach life goals and happiness.

If we are going to keep students "turned on and tuned in," we need to teach the healthful benefits of exercise. Physical education instruction should emphasize "why" one should stay fit.

For too many years we have relied on sports and game skills as a pattern of teaching. Most games do not achieve fitness, and few people become skilled enough or can practice enough to maintain the skills. Most sports and games require expensive equipment and facilities that are seldom accessible in the adult world. Sports should be used to supplement a fitness program, but the thrust should be toward individual activities that one can do anywhere, anytime, alone and at minimum cost. The adult world has little time for regular skill games and team sports.

Physical education students deserve a vigorous physical workout, the type that will contribute to total fitness. Equally important is understanding what fitness is and **why** you should make it part of your lifestyle. Students who receive this kind of background will be those who will join adult fitness groups, become regular joggers, or use a bicycle. They will do this not because they know **how** to, but because they know **why** they should.

- Maurice Fitzpatrick
Instructor, Reedley College

CORRECTION

In last month's Sokol Gymnast it was inadvertently stated that the Junior Boys, James Hartung and Phil Cahoy, Jr. were from Sokol South Omaha. Both of the boys and father, Phil Cahoy, Sr., are members of Sokol Omaha. Also, to be noted was Sister Ellen Garlicki, from Sokol Little Ferry, N.J., competing at the trials, placing sixth.

and the Eastern District which will be hosting the Slet. The election of Sis. Heitzer was recommended by Bro. Otenasek. Bro. Neiman motioned for the nomination and was seconded by Bro. Hesoun and the motion was passed.

The Eastern District was in need of a secretary and Sr. Sain motioned that Sis. Heitzer be elected, the motion was seconded by Bro. Vrzalik, the motion was passed.

Slet Committee Report - Decision on using Slet profits, if any, for the Eastern District Sokol camp was tabled until further information can be obtained from Sokol New York. Progress is being made with plans for advertising and details concerning the Slet will be sent as information is gathered.

B.O.I. - Invitation for the Slet will be sent within the next two weeks to the Canadian Sokols, other ASO Districts and Sokol USA. All guest organizations will be invited to attend on a team basis. The Slet schedule is as follows: Seniors competition Friday afternoon, gym show Friday night, Juniors competition Saturday morning, childrens competition Saturday afternoon, awards assembly will follow childrens competition; Victory Dance Saturday night with two bands, Slet practice Sunday morning, parade Sunday noon immediately followed by the Slet. Sis. Henigman reported the information about the Bowling Tour, with the United Sokols of the East. Also, advised that there would be a volleyball tournament January 22nd at Sokol N.Y. and the ASO was planning to attend. The U.S. of E. will be having a gymnastics competition later this year and information will be sent to the units.

Discussion arose on the recommendation from the Northern circuit to withdraw from the United Sokol of the East. Decision must be made within each unit of the Eastern District, and must be reported at the annual meeting. The matter is closed until such time.

Public relations - Bro. Hesoun reported that articles and ads for the Slet are being put into the Hlasatel newspaper. It was also brought to the attention of all that Bro. Hesoun will be retiring as the President of Sokol Belcamp. He is to be thanked for his years of dedication and service. Also a reminder was made concerning the annual Wreath Laying Ceremony at the Tomb of the Unknown Soldier. It will be held May 21st with Sokol Washington hosting. Make note that there will be no picnic following the ceremony.

Educational Report - Bro. Novak - No report.

New Business - The executive board was petitioned by Sokols N.Y., Fugner, Little Ferry and Sokolice Little Ferry to consider a change in the number of voting delegates to the Annual meeting. It was recommended that each unit have a minimum of two voting delegates. Each unit having a membership of 101-150 inclusive or any number thereof, be permitted one additional voting delegate and, for each additional fifty members or part thereof, one additional voting delegate. The mentioned units of the northern circuit also requested the District to form a by-laws committee to prepare a written set of District by-laws incorporating all rules in the District minutes. Upon completion, they asked that the by-laws be printed and distributed to member units. Sis. Sain motioned to write a list of by-laws changes in time for

presentation at the Annual District Meeting using ASO by-laws covering districts as a guideline and to conform to the Eastern District needs. Seconded by Bro. Neuman. The motion was passed.

Financial Report was given by Bro. Freidrich. Bro. Babinec donated the expenses for his attendance to the District meeting.

The next meeting will be Sunday, February 19th at 9 a.m., immediately followed by the District General Slet Committee meeting.

Sokol Opera - Wash., D.C.

Dne 30 října 1977, za krásné slunné pohody, pořádala Sokol Opera, Washington, D.C. roztomilou komickou operu Antonína Dvořáka "Tvrdé Palice". Auditorium Immaculata College bylo doslova nabito a každý divák si odnášel velmi uspokojující dojem a opět se cítil "tam doma".

Operu nastudovala a česky naučila zpívat všechny solisty, neúnavná sestra Lida Brodenová. Nebyla to lehká práce, zvláště když tři týdny před představením vážně onemocněl vedoucí solista, Reřicha. Zastoupil ho a úlohu se bezvadně česky naučil Mr. James Salway, který sklízel velký potlesk při otevření scény.

Lenku velmi krásně zpívala paní Dagmar White a její partner Toník, Mr. Gregor Garrett se svým krásným tenorem ji doplňoval.

Také matka, Katherine Rodgers a vdovec Vávra, Mr. Charles Kapfstein-Penk, nejen v duetech ale i quartetech měli velký potlesk.

Otevření scény bylo přivítáno velkým potleskem. Mládež v českých krojích, česání jablek, hra dětí, bylo působivé.

Baletní škola Milicy Hasalové-Svehlové, se solisty Janou Klavíkovou a Gregory Fisherem krásně doplňovala rámeček vesnické pohody.

Největší práce však platí sestře Brodenové, která neúnavně po celé léto nacvičovala se solisty a věnovala obětavě svůj čas. Všichni účinkující se svým úlohám věnovali nezištně a s láskou a zaslouží ocenění.

Oba pianisté Mr. S. Warwick a Mr. S. Prussing zaslouží také uznání za svoji trpělivost.

Nejen na jevišti ale i v zákulisí vše dobře klapalo. Díky sestře Klimešové, která měla plné ruce práce udržet drobotinu pohromadě a posílat účinkující na scénu. Dík patří Antonínu Švehlovi, který svým uměním vystihl zdařile charakter solistů.

Stejný dík patří Mr. F. Hynkovi a bratru J. Foglovi, kteří obětavě pomáhali s rekvisitami.

Celou operu natáček "Voice of America" na zvukový pás.

Můžeme být spokojeni s krásným a svěžím představením, které publikum ocenilo nejen povstáním ale i dlouho trvajícím potleskem.

Bylo to opět jedno krásné a zdařilé odpoledne ve Washingtoně.

Jan Klimeš

ASO Financial Report

JANUARY, 1978

RECEIPTS:

| | |
|---|--------------------|
| Dues | \$3,743.00 |
| Convention Fund | 4,738.00 |
| Special Assessment | 4,738.00 |
| Dividends and Interest | 266.31 |
| Subscriptions to "American Sokol" | 9.00 |
| Advertising in "American Sokol" | 180.00 |
| Resale of Jewelry and Plaques | 473.35 |
| Sale of Songbooks and Sokol Manuals | 14.50 |
| UPS charges and Postage | 21.97 |
| Miscellaneous Income | 48.50 |
| | <u>\$14,232.63</u> |
| A.S.O. Uniform Division - Payment toward Advances | 464.88 |
| TOTAL RECEIPTS | \$14,697.51 |

DISBURSEMENTS:

| | |
|---|-------------------|
| Administrative | |
| Salaries | \$475.07 |
| F.I.C.A. & F.W.T. for December .. | 120.62 |
| I.W.T. - 4th quarter 1977 | 49.09 |
| Rental, Janitor Service, Phone, Electric | 427.24 |
| Advertising, Service Contracts and Fees | 167.00 |
| Rental of Mailing Machine and Postage Meter | 111.49 |
| Office Supplies | 22.94 |
| Plaques | 166.26 |
| Petty Cash for Publicity Department | 25.00 |
| Miscellaneous | 22.25 |
| | <u>\$1,586.96</u> |
| Board of Instructors | |
| Salaries | \$396.35 |
| F.I.C.A. & F.W.T. for December .. | \$ 42.52 |
| I.W.T. - 4th quarter 1977 | 22.09 |
| Editor "Sokol Gymnast" | 30.00 |
| Additional copies "Sokol Gymnast" | 29.00 |
| Dues | 100.00 |
| | <u>\$ 619.96</u> |
| Educational Department | |
| I.W.T. - 4th quarter 1977 | \$ 1.49 |
| Books | 9.05 |
| | <u>\$ 10.54</u> |
| Sokol Publication | |
| Printing "American Sokol" | \$789.05 |
| Postage "American Sokol" | 102.66 |
| Editor "American Sokol" | 100.00 |
| | <u>\$ 991.71</u> |
| Miscellaneous | |
| A.S.O. Uniform Division - Salaries, F.I.C.A., F.W.T., I.W.T., Phone | \$421.59 |

Special Appropriations:

| | | |
|--------------------------------|--------|-------------------|
| Northeastern Dist. A.S.O. | 130.00 | |
| Central Dist. A.S.O. | 185.51 | |
| Southern District A.S.O. | 963.00 | |
| Western Dist. A.S.O. | 348.60 | <u>\$2,048.70</u> |

TOTAL DISBURSEMENTS \$5,257.87

| | |
|--|--------------------|
| Balance brought forward: | |
| Western National Bank of Cicero - Checking Account | \$4,423.93 |
| Receipts - January 1978 | 14,697.51 |
| | <u>19,121.44</u> |
| Disbursements - January 1978 | 5,257.87 |
| | <u>\$13,863.57</u> |

FUTURE SOKOL LEADERS FUND

January, 1978

| | |
|---|-----------------|
| In memory of Sis. Sylvia Hruza - Mrs. John Hartung | \$ 50.00 |
| In memory of Milo Zenalik - Mrs. Marie Kostka, Helen and Edward Hlinka, Adeline and Fred Ramquist | 15.00 |
| In memory of Helen Placek Wiktorski - Charles and Sylvia Placek | 30.00 |
| | <u>\$ 95.00</u> |
| Dividends Earned | 219.68 |
| | <u>\$314.68</u> |

Donations are tax exempt.



**HAVE YOU
SENT IN YOUR
NEW ADDRESS?**

Change of Address for American Sokol

AMERICAN SOKOL ORGANIZATION
6426 W. Cermak Road
Berwyn, IL 60402

Sokol

Name

Old Address

..... Zip

New Address

..... Zip

Directory of the American Sokol Organization

1978

EXECUTIVE BOARD ASO.:

Meetings 4th Tuesday, 6426 W. Cermak Rd., Berwyn IL 60402.

Pres.: Roy Zitny, 574 Revere Ave., Westmont, IL 60559.

I. Vice-Pres.: Betty Prener, 4102 Roslyn Rd., Downers Grove, IL 60515.

II. Vice-Pres., Membership Chmn.: Rudolph Svoboda, 2343 S. 14th Ave., No. Riverside, IL 60546.

Sec'y.: EllenJeanne Schnabl, 2503 S. Harvey Ave., Berwyn, IL 60402.

Fin. Sec'y.: Agnes Sotka, 1516 S. Cuyler Ave., Berwyn, IL 60402.

Treas.: George C. Basta, 2629 S. Maple Ave., Brookfield, IL 60513.

Dir. of Women: Marie Ptacek, 4330 S. Clinton Ave., Berwyn, IL 60402.

Dir. of Men: Paul Lebloch, 512 Redondo Dr., Unit 107, Downers Grove, IL 60515.

Educ. Dir.: Stanley Barcal, 2437 S. Harvey Ave., Berwyn, IL 60402.

Organizational Chmn.: Ann Basta, 2629 S. Maple Ave., Brookfield, IL 60513.

Eng. Pub.: Sylvia Pistorius, 342 Naperville Rd., Westmont, IL 60559.

Czech Pub.: Jerry Rabas, 1647 S. Euclid Ave., Berwyn, IL 60402.

By-Laws Chmn.: Charles Zraly, 29 Holland Ct., Valley Stream, NY 11580. Address all mail to American Sokol Organization, 6426 W. Cermak Rd., Berwyn, IL 60402.

CENTRAL DISTRICT, CHICAGO, ILL.

Mtgs. 4th Wed., Sokol Brookfield, 3909 Prairie Ave., Brookfield, IL 60513. Pres. Edwin J. Halik, 3643 S. Ridgeland Ave., Berwyn, IL 60402. Dir. of Men: Joe Placek, 1601 S. Austin Blvd., Cicero, IL 60650. Dir. of Women: Marie Vachata, 8030 W. 46th Ave., Lyons, IL 60534. Ed. Dir. Co-Chmn. Fred Kala, 6512 W. 27th St., Berwyn, IL 60402 and Ernest Pirka. Pub. Relations (Eng.): Mildred Bruno, 307 W. Naperville Rd., Westmont, IL 60559. Pub. Relations (Czech): Jerry Rabas, 1647 S. Euclid Ave., Berwyn, IL 60402.

EASTERN DISTRICT, BALTIMORE, MARYLAND

Headquarters American Sokol Center, 2931 E. Madison St., Baltimore, MD 21205. Mtgs. - 2nd Friday. Pres.: Donald Otenasek, 8231 Old Philadelphia Rd., Baltimore, MD 21237. Sec.: Debbie Heitzer, 3578 Juneway, Baltimore, MD 21213. Dir. of Men: Joseph Vrzalik, 201 Lyndale Ave., Baltimore MD 21236. Dir. of Women: Leilani Sain, P.O. Box 57, Fork, MD 21051. Pub. Relations (Czech): James Hesoun, P.O. Box 44, Belcamp, MD 21017. Pub. Relations (Eng.): A. Zeman, 1716 Pin Oak Rd., Baltimore, MD 21234.

NORTHEASTERN DISTRICT, CLEVELAND, OHIO

Bohemian National Hall, 4939 Broadway, Cleveland, OH 44127. Meetings 4th Wednesday. Pres.: Henry Srsen, 6510 Ridgebury Blvd., Mayfield Hts., OH 44124. Sec'y.: Wilma Sevcik, 4102 Fulton Rd., G-33, Cleveland, OH 44144. Dir. of Men: Richard Rejna, 17020

Libby Rd., Maple Hts., OH 44137. Dir. of Women: Bertha Cerny, 6188 Cabrini Lane, Seven Hills, OH 44131.

PACIFIC DISTRICT, LOS ANGELES, CALIF.

Meetings held quarterly at different units. Pres.: Louise Nekuda, 12242 Magnolia, No. Hollywood, CA 91607. Sec.: Louise Kis, 10740 Rhodesia Ave., Sunland, CA 91040. Dir. of Men: Lubor Hintnaus, 1321 - 21st St., Manhattan Beach, CA 90267. Dir. of Women: Marieann Hintnaus, 1321 - 21st St., Manhattan Beach, CA 90201. Ed. Dir.: Jiri Liska, 935 BelAire Rd., Los Angeles, CA 90024.

SOUTHERN DISTRICT, DALLAS, TEXAS

Meetings either at Dallas, Ennis, or Ft. Worth. - Pres.: George Prevratil, 11212 Yorkmont, Dallas, TX 75218. Sec.: Vlasta Laznovsky, 5514 Gregg St., Dallas, TX 75235. Dir. of Men: Larry Laznovsky, Rte. 1, Ennis, TX 75119. Dir. of Women: Sylvia Laznovsky, Rte. 1, Ennis, TX 75119. Educ. Dir.: Oldrich Parma, 6418 Maple Ave., Dallas, TX 75235. Pub. Relations (Eng.) Jerry Milan, 6208 Lakeside Dr., Ft. Worth, TX 76135.

WESTERN DISTRICT, OMAHA, NEBRASKA

Mtgs. 2nd Monday, Sokol Auditorium, 2243 So. 13th St., Omaha, NE 68108. Pres.: Edward Pavoucek, 2306 Jefferson, Bellevue, NE 68005. Dir. of Men: Phil Cahoy, 5822 S. 17th St., Omaha, NE 68107. Dir. of Women: Bozena Drozda, 2627 No. 102nd Ave., Omaha, NE 68134. Educ. Dir.: Robert Vanyo, 446 Bay St., St. Paul, MN 55102. Organization: Bea Pavoucek, 2306 Jefferson St., Bellevue, NE 68005.

Directory of Units

CENTRAL DISTRICT, CHICAGO, ILLINOIS

Sokol Americky, Chicago, Ill. - Meetings, semi-annual at Old Prague Restaurant. Pres.: Tillie Kvasnicka, 2913 Buckingham Ave., Westchester, IL 60153. Sec.: Mayne Johnson, 9714 Arthur Dr., Algonquin, IL 60102. Fin. Sec.: Mary

Doubek, 1536 W. 18th Street, Chicago, IL 60608.

Sokol Berwyn, Illinois - Mtgs. 2nd Thursday, Sokol Berwyn, 6445 W. 27th Place, Berwyn, IL 60402. Pres.: Edward Schnabl, 2503 S. Harvey Ave., Berwyn, IL 60402. Recording Sec.: Marie Knez, 6513 W. 27th Place, Berwyn, IL 60402.

Corresponding Sec.: EllenJeanne Schnabl, 2503 S. Harvey Ave., Berwyn, IL 60402. Fin. Sec.: Anne Dusek, 256 W. Butterfield Rd., Elmhurst, IL 60126. Dir. of Men: John Sanko, 1951 Balmoral, Westchester, IL 60153. Dir. of Women: Eva Balas, 2844 S. Millard Ave., Chicago, IL 60623.

Sokol Brookfield, Illinois. - Mtgs. 1st Wednesday, National Hall, 3909 Prairie Ave., Brookfield, IL 60513. Pres.: Laddie Vanek, 1234 Forest Rd., LaGrange Park, IL 60525. Sec.: Doris Barda, 3436 Arden, Brookfield, IL 60513. Fin. Sec.: Frank Ludicky, 1013 Community Dr., LaGrange Park, IL 60525. Dir. of Men: Robert Michalek, 9103 W. Sherman, Brookfield, IL 60513. Dir. of Women: JoAnn Hantak, 2313 S. 18th Ave., No. Riverside, IL 60546. Educ. Dir.: Ernest Pirka, 3909 S. Prairie Ave., Brookfield, IL 60513.

Sokol Cechie, Chicago, Illinois. - Mtgs.: 1st Friday of March, June, Sept., Dec., National Hall, 1643 N. Cicero, Ave., Chicago, IL 60639. Pres.: Otto Glasser, 587 E. Parkway Rd., Riverside, IL 60546. Sec.: Miss Roselyn J. Bergman, 2141 Ridge Ave., Evanston, IL 60201. Educ. Dir.: Anne Glasser, 587 E. Parkway Rd., Riverside, IL 60546.

Sokol Chicago, Illinois. - Mtgs. 3rd Monday, Sokol Berwyn, 6445 W. 27th Pl., Berwyn, IL 60402. Pres.: Stanley Barcal, 2437 S. Harvey Ave., Berwyn, IL 60402. Sec.: Charles Zdenek, 9709 S. Mason Ave., Oak Lawn, IL 60453. Corresp. Sec.: Lorraine Zdenek, 9709 S. Mason Ave., Oak Lawn, IL 60453. Fin. Sec.: Robert Barcal, 1522 S. 58th Ct., Cicero, IL 60650. Educ. Dir.: Lorraine Zdenek, 9709 S. Mason Ave., Oak Lawn, IL 60453.

Sokol Fuegner, Ill. Mtgs. 3rd Friday, 10756 Green Bay Ave., Chicago, IL 60617. Pres.: Gene Johnson, 10433 Ave. "F", Chicago, IL 60617. Sec.: Oscar Vickers, 10409 Ave. "L", Chicago, IL 60617. Fin. Sec.: A. Urich, 10722 Ave. "H", South Holland, IL 60473.

Sokol Havlicek-Tyrs, Chicago, Ill. - Mtgs. 4th Monday at Sokol Berwyn, 6445 W. 27th Pl., Berwyn, IL 60402. Pres.: Laddie Vyskocil, 964 S. Milwaukee, Wheeling, IL 60090. Sec.: George Herink, 1823 Scoville Ave., Berwyn, IL 60402. Fin. Sec.: Vaclav Zenisek, 3142 Highland Ave., Berwyn, IL 60402.

Sokolice Havlicek-Tyrs, Chicago, Illinois. - Mtgs. 4th Monday at Sokol Berwyn, 6445 W. 27th Pl., Berwyn, IL 60402. Pres.: Ann Basta, 2629 S. Maple Ave., Brookfield, IL 60513.

Sec.: Zdenka Tintera, 2900 Lincoln Ave., No. Riverside, IL 60546. Fin. Sec.: Louise Hladik, 5511 W. 23rd Place, Cicero, IL 60650.

Sokol Milwaukee, Wisconsin. - Mtgs. 1st Thursday, International Institute, 2810 Highland Blvd., Milwaukee, WI 53208. Pres.: James Pilger, 2974 No. 45th St., Milwaukee, WI 53210. Sec.: Fred C. Stankovsky, 14325 W. Sun Valley Dr., New Berlin, WI 53151. Fin. Sec.: Charles Richter, 5459 N. 38th St., Milwaukee, WI 53209. Dir. of Men.: Fred C. Stankovsky, 14325 W. Sun Valley Dr., New Berlin, WI 53151. Educ. Dir.: James Hron, Jr., 1411 W. Arthur St., Milwaukee, WI 53215. Org. Chmn.: Fred C. Stankovsky, 14325 W. Sun Valley Dr., New Berlin, WI 53151.

Sokolice Milwaukee, Wisconsin. - Mtg. 1st Thursday at International Institute, 2810 W. Highland Blvd., Milwaukee, WI 53208. Pres.: Helen Knuth, 3121 S. 49th St., Milwaukee, WI 53219. Sec.: Emily Falarsh, 365 N. Honey Creek Pkwy., Milwaukee, WI 53213. Fin. Sec.: Helen Pilger, 2974 N. 45th St., Milwaukee, WI 53210. Dir. of Women: Emily Falarsh, 365 No. Honey Creek Pkwy., Milwaukee, WI 53213.

Sokol & Sokolice Racine, Racine, Wisconsin. - Mtgs. in March, June, September and December. Pres.: Melvin Smerchek, Rt. 1, 2506 - 5/2 Mile Road, Racine, WI 53402. Sec.: Steve J. Mostenan, 7914 - 20th Ave., Kenosha, WI 53140. Fin. Sec.: Lois Nikl, 900 Romaine Ave., Racine, WI 53402.

***Sokol Rozvoj, Chicago, Illinois.** - Mtgs.: 2nd Thursday every 3rd month. Danish American Athletic Center, 4624 N. Pulaski Rd., Chicago, IL 60630. Pres.: Rudolph Gurtler, 6416 W. 28th St., Berwyn, IL 60402. Sec.: Hedvika Vrba, 2135 S. Kenilworth Ave., Berwyn, IL 60402. Fin. Sec.: Ann Bagel, 4906 W. Berwyn, Chicago, IL 60630.

Sokol Slavsky, Cicero, Illinois. - Mtgs. 1st Wednesday, T. G. Masaryk School, 5701 W. 22nd Pl., Cicero, IL 60650. Pres.: John M. Satek, 5310 W. 24th St., Cicero, IL 60650. Sec.: Linda Pinc, 3629 57th Ave., Cicero, IL 60650. Fin. Sec.: Agnes Drozd, 1611 S. 57th Ct.,

Cicero, IL 60650. Dir. of Men and Women: John M. Satek.

Sokol and Sokolice St. Louis, Missouri. - Mtgs.: 4th Monday, American-Czech Educational Center, 4690 Lansdowne, St. Louis, MO 63116. Pres.: Norman Krizek, 5727 Arthur, St. Louis, MO 63139. Sec.: Jean Stanley, 6420 Bishops Place, St. Louis, MO 63109. Fin. Sec.: Michael Nichols, 330 Halliday Ave., St. Louis, MO 63118. Dir. of Men: Robert Pesek, One Heather Drive, St. Louis, MO 63123. Dir. of Women: Mary Ann Sulz, 3635 Bamberger, St. Louis, MO 63116. Educ. Dir.: William Shana, 9145 Desmond, St. Louis, MO 63116.

Sokol Stickney, Illinois. - Mtgs. 1st Wednesday except July & August. - Sokol Stickney, 4131 S. Home Ave., Stickney, IL 60402. Pres.: William Meyer, 3928 Home Ave., Stickney, IL 60402. Rec. Sec.: Beverly Pohanka, 3920 S. Clinton Ave., Stickney, IL 60402. Corresp. Sec.: Sharon Karovic, 3935 S. Clinton Ave., Stickney, IL 60402. Fin. Sec.: Ann Muzik, 9030 Rochester, Brookfield, IL 60513. Dir. of Men: Charles Borvansky, 4542 Hawthorne Ave., Lyons, IL 60534. Dir. of Women: Rose Sladek, 4449 S. Clinton ave., Stickney, IL 60402. Ed. Dir.: Helen Sindelar, 7112 W. 40th Place, Stickney, IL 60402.

Sokol Tabor, Berwyn, Illinois. - Mtgs. 1st Friday, Sokol Tabor, 1602 S. Clarence Ave., Berwyn, IL 60402. Pres.: Frank Balsanek, 3636 S. Lombard Ave., Berwyn, IL 60402. Sec.: Joe Moravec, Jr., 1346 S. Kenilworth Ave., Berwyn, IL 60402. Fin. Sec.: Adam Kasper, 1621 S. 61st Ct., Cicero, IL 60650. Ed. Dir.: Charles Prchal, 2419 Scoville Ave., Berwyn, IL 60402. Men's Dir.: Ed Linhart, 1820 S. Ridgeland Ave., Berwyn, IL 60402.

Sokolice Tabor, Berwyn, Illinois. - Mtgs. 1st Friday, 1602 S. Clarence Ave., Berwyn, IL 60402. Pres.: Mary Balsanek, 3636 S. Lombard Ave., Berwyn, IL 60402. Sec.: Marian Wronski, 1631 S. Oak Park Ave., Berwyn, IL 60402. Fin. Sec.: Joan Curran, 1802 S. 56th Ct., Cicero, IL 60650. Ed. Dir.: Joyce Kress, 1824 S. Wesley Ave., Berwyn, IL 60402.

Sokol Town of Lake, Chicago, Illinois. - Mtgs. 2nd Wed., Jan., Mar., May, June, Sept., Nov., Dec., American Legion Hall, 5249 S. Kedzie Ave., Chicago, IL 60632. Pres.: George Vytlačil, 12515 Harold Ave., Palos Hts., IL 60463. Sec.: Mildred Mentzer, 11358 S. Hamlin Ave., Chicago, IL 60655. Fin. Sec.: Blanche Cihak, 19 Lakeview Ct., Clarendon Hills, IL 60514.

Sokol West Suburban, Downers Grove, Illinois. - Mtgs. 3rd Monday. Mailing address: Sokol West Suburban, P.O. Box 181, Downers Grove, IL 60515. Pres.: James Jindra, 749 Hitchcock, Lisle, IL 60532. Sec.: Mildred Bruno, 302 W. Naperville Rd., Westmont, IL 60559. Treas.: Evelyne Behounek, 4827 Cornell, Downers Grove, IL 60515. Dir. of Men: Paul Jerabek, 16 W 501 - 58th St., Clarendon Hills, IL 60514. Dir. of Women: Marcy Mitty, 19 W 219 Pipers Way, Downers Grove, IL 60515. Public Relations: Mary Lou Banaczek, 1203 Woodcrest, Downers Grove, IL 60515.

EASTERN DISTRICT, NEW YORK, N.Y.

Sokol Baltimore, Maryland. - Mtg. 2nd Sunday of the month, no meeting in July and August, American Sokol Center, 2931 E. Madison St., Baltimore, MD 21205. Pres.: Henry Vrzalik, 201 Lyndale Ave., Baltimore, MD 21236. Corresp. Sec.: Charlotte Bohn, 3558 Juneway, Baltimore, MD 21213. Rec. Sec.: Marie Pokorny, 9812 Gunforge Rd., Perry Hall, MD 21228. Fin. Sec.: Mary Parizek, 8236 North View Rd., Baltimore, MD 21222. Dir. of Men: John Cervin, 3526 Clifftont Ave., Baltimore, MD 21213. Dir. of Women: Ruth Ostrander, 3 Duntore Place, No. 2D, Baltimore, MD 21236.

Sokol Belcamp, Md. - Mtgs.: 1st Thursday at Belcamp Community Center, Belcamp, MD 21017. Pres.: Albert Kotras, 3023 Creswell Rd., Aberdeen, MD 21001. Sec.: Edward Kotras, 2905 Creswell Rd., Bel Air, MD 21014. Treas.: Jerry Valcik, 711 Long Bar Harbor Rd., Abingdon, MD 21009. Dir. of Women: Rosemary Krajca, Long Bar Harbor, 815 Hilltop Ave., Abingdon, MD 21009.

***Sokol Curtis Bay, Md.** - Mtgs.: 3rd Wed., Curtis Bay Athletic Club Mall, 1603 Cereal St., Curtis Bay, MD 21226. Pres.: Frank J. Zaruba, 4705 Virginia Ave., Baltimore, MD 21225. Fin. Sec.: Frances Simon, 3549 - 3rd St., Baltimore, MD 21225.

Sokol Fuegner, L.I.C., N.Y. - Mtgs. 4th Tuesday, Bohemian Hall, 29-19 24th Ave., L.I. City, NY 11105. Pres.: Charles Zraly, 29 Holland Ct., Valley Stream, NY 11580. Sec.: Bertha Hochner, 45-35 Utopia Pkwy., Flushing, NY 11358. Fin. Sec.: Jane Cerny, 23-71 37th St., Long Island City, NY 11105. Dir. of Men: Thomas Henigman, 24-49 27th Street, Long Island City, NY 11102. Dir. of Women: Dorothy Henigman, 24-49 27th St., Long Island City, NY 11102. Org. Chmn.: Marie Stika, 28-05 43rd St., Long Island City, NY 11103. Educ. Dir.: Joy Misek, 24-26 - 40th Ave., Long Island City, NY 11101.

Sokol Little Ferry, New Jersey. - Mtgs. 2nd Monday, Sokol Hall, 14 Garden St., Little Ferry, NJ 07643. Pres.: Frank Donovan, 279 Liberty St., Little Ferry, NJ 07643. Sec.: Richard Novotny, 16 Griswold Place, Glen Rock, NJ 07452. Fin. Sec.: Jerry Komarek, 101 Mehrhof Rd., Little Ferry, NJ 07643. Dir. of Men: Frank J. Capek, 39 Barnes Dr., Ridgefield Park, NJ 07660. Pub. Rel. (Eng.): Richard Novotny, 16 Griswold Pl., Glen Rock, NJ 07452. Ed. Dir.: Frank Donovan.

Sokolice Little Ferry, New Jersey. - Mtgs.: 4th Wednesday at Sokol Hall, Main and Garden Streets, Little Ferry, NJ 07643. Pres.: Helen Rhode, 34 Grove St., Little Ferry, NJ 07643. Rec. Sec.: Joan Donovan, 279 Liberty St., Apt. 33, Little Ferry, NJ 07643. Corresp. Sec.: Rosalind Farquhar, 50 Columbus Ave., Little Ferry, NJ 07643. Fin. Sec.: Elsie Machotka, 26 Center St., Little Ferry, NJ 07643. Dir. of Women: Elizabeth Wisz, 47 MacArthur Ave., Lodi, NJ 07644. Educ. Dir. Helen Rhodes.

Sokol Miami, Florida. - Mtgs. 4th Monday, Czechoslovak Club Bldg., 13325 Arch Creek Rd., No. Miami, FL 33161. Pres.: Frank Ruzicka, 1215 NE 128th St., No. Miami, FL 33161. Sec.: Emilie Ruzicka, 1215 NE 128th St., No. Miami, FL 33161. Fin. Sec.: Pauline Obadal. Ed. Dir.: Emilie Ruzicka.

Sokol Newark, New Jersey. - Mtgs. 3rd Saturday at members' homes. Pres.: Frank Bartell, 646 E. Pt. Pleasant Ave., Ocean Gate, NJ 08740. Sec.: Barbara Kotlan, 54 Cleremont Ave., Irvington, NJ 07111. Fin. Sec.: Anna Votapek, Acacia Lumberton Manor, E. Landing St., Apt. 8H, Lumberton, NJ 08048.

Sokol New York, N.Y. - Mtgs. last Thursday of each month at Sokol Hall, 420-424 East 71st St., New York, NY 10021. Pres.: John Babinec, 98-40 64th Ave., Forest Hills, NY 11374. Rec. Sec.: Jaroslav Hanus, 412 E. 73rd St., New York, NY 10021. Fin. Sec.: Miroslava Jurnik, 338 E. 65th St., Apt. 4, New York, NY 10021. Corresp. Sec.: Marie V. Lier, 65-41 - 48th Ave., Woodside, NY 11377. Dir. of Men: Stanley Mergl, 1278 First Ave., New York, NY 10021.

Sokol Philadelphia, Pa. - Mtgs. 1st Friday, 5836 Akron St., Philadelphia, PA 19149. Pres.: Josephine Tunkl, 5836 Akron St., Philadelphia, PA 19149. Sec.: George B. Novak, 2003 E. Elkhart St., Philadelphia, PA 19134. Fin. Sec.: Elsie Novak, 2003 E. Elkhart St., Philadelphia, PA 19134. Ed. Dir.: George B. Novak.

Sokol Schenectady, N.Y. - Meetings 1st Wednesday, Czech-American Sokol Hall, 1309 Fifth Ave., Schenectady, NY 12303. Pres.: Vincent Bousa, 2061 Curry Rd., Schenectady, NY 12303. Sec.: Caroline Jordan, 1302 Second Ave., Schenectady, NY 12303. Fin. Sec. for Women: Julia Kverek, 1541 Altamont Ave., Schenectady, NY 12303. Fin. Sec. for Men: Alice Matura, 1 Larkin St., Scotia, NY 12302.

Sokol Washington, D.C. - Mtgs. 1st Wednesday, Barton House, 2525 10th St., North Arlington, VA. Pres.: J. Kaspar-Paty, 7112 Camp Alger Ave., Falls Church, VA 22042. Rec. Sec.: Liby Cerny, 2802 - 27th St., N.W. Washington, DC 20008. Corresp. Secy.: A. J. Hart, 3505 N. Quebec St., Arlington, VA 22207. Fin. Sec.: Gerta Manhal, 3636 16th St., NW, Apt. A-601, Washington, DC 20010. Dir. of Women: Dagmar Fiala, 1410 Northcrest Dr., Silver Springs, MD 20904. Dir. of Men: Tony Bartos, 4201 Massachusetts Ave., NW, Washington, DC 20016.

NORTHEASTERN DISTRICT, CLEVELAND, OHIO

Sokol Cleveland Cech-Havlicek, Cleveland, Ohio. - Mtgs. 1st Sunday, Sokol Cleveland Cech-Havlicek Hall, 20110 Harvard Ave., Warrensville Hts., OH 44122. - Pres.: Frank Kavan, 4800 Westburne Rd., Lyndhurst, OH 44124. Sec.: Wilma Sevcik, 4102 Fulton Rd., Apt. G33, Cleveland, OH 44144. Fin. Sec.: Bertha Cihula, 31713 White Rd., Wickliffe, OH 44092. Dir. of Women: Pat Reis, 537 Parker, Aurora, OH 44202. Dir. of Men: James Reis, 537 Parker, Aurora, OH 44202.

Sokol Detroit, Mich. - Mtgs. 1st Thursday, Sokol Cultural Center, 23600 West Warren, Dearborn Hts., MI 48127. Pres.: Ferruccio DeConti, 20205 Winchester, Southfield, MI 48075. Sec.: Edward Sabados, 43911 Orleans Ct., Canton, MI 48187. Dues Sec.: Martin Eisenstein, 50000 Hanford, Plymouth, MI 48170. Fin. Sec.: Joseph Wimmer, 241 S. Franklin, Dearborn, MI 48124. Dir. of Men: Charles J. Bares, 11425 Cedar Lane, Plymouth, MI 48170. Ed. Dir.: Gary Durkin, 15841 Evergreen, Detroit MI 48227.

Sokolice Detroit, Mich. - Mtgs. 1st Thursday, Sokol Cultural Center, 23600 West Warren, Dearborn Hts., MI 48127. Pres.: Jarmila Zboril, 10319 So. Morrow Circle, Dearborn, MI 48126. Sec.: Beverly St. Thomas, 42600 Boulden Ct., Canton, MI 48187. Fin. Sec.: Marilyn Smercak, 9777 McKinley, Tabor, MI 48180. Dir. of Women: Mary Ann LaVere, 31311 Bobrich, Livonia, MI 48152. Ed. Dir.: Susan Bares, 11425 Cedar Lane, Plymouth, MI 48170.

Sokol Moravan, Toledo, Ohio. - Mtgs. 3rd Wednesday. - Pres.: Fred Bartos, 3444 St. Bernard Dr., Toledo, OH 43613. Sec.: Elizabeth Penovich, 2130 Nevada, Toledo, OH 43605. Fin. Sec.: John Reisner, Jr., 2128 Maryland Pl., Toledo, OH 43605.

Sokol Greater Cleveland, Cleveland, Ohio. - Mtgs. held 3rd Wed., Bohemian National Hall, 4939 Broadway Ave., Cleveland, OH

44127. Pres.: Henry Srsen, 6510 Ridgebury Blvd., Mayfield, OH 44124. Sec.: Sally Stepnicka, 750 Northfield Rd., Bedford, OH 44146. Fin. Sec.: Barbara Sima, Greenwich Estates, Northfield, OH 44067. Dir. of Men: Karel Vavra, 12869 Larchmere Blvd., Shaker Hts., OH 44120. Dir. of Women: Gloria Srsen, 6510 Ridgebury Blvd., Mayfield Hts., OH 44124. Educ. Dir.: Edwin Jirousek, 16214 Maplewood Ct., Maple Hts., OH 44137. Pub. Relations: Joseph Kocab, 4501 Cullen Dr., Cleveland, OH 44105.

Sokol Rip, Pittsburgh, Pa. - Mtgs. every other month at Ruzomberka Restaurant, Grant Ave., Pittsburgh, PA 15209. Pres.: Joseph A. Ciz, 8140 Remington Drive, Pittsburgh, PA 15237. Sec.: Charles W. Bastl, 8234 Elaine Dr., Pittsburgh, PA 15237. Treas.: James Leder, 133 Mason Dr., Glenshaw, PA 15116.

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Sokol Los Angeles, California. -Mtgs.: 2nd Saturday, Sokol Hall, 500 No. Western Ave., Los Angeles, CA 90004. Pres.: Lou Hintnaus, 1321 - 21st St., Manhattan Beach, CA 90267. Corresp. Sec.: Marcela Liska, 127 E. Andre St., Monrovia, CA 91016. Rec. Sec.: Marie Bocek, 1033 S. Hudson, Los Angeles, CA 90019. Fin. Sec.: Louise Nekuda, 12242 Magnolia Blvd., No. Hollywood, CA 91607. Dir. of Men: Jiri Liska, 10375 Wilshire Blvd., #103, Los Angeles, CA 90024. Dir. of Women: Iva Prochazka, 8009 Brimfield Ave., Van Nuys, CA 91402. Educ. Dir.:

Pavel Steiger, 17122 Stare St., Northridge, CA 91325.

Sokol San Francisco, California. - Mtgs. 2nd Monday, 847 No. San Mateo Dr., San Mateo, CA 94401. Pres.: George Spanek, Sr., 1364 Drake Ave., Burlingame, CA 94010. Sec.: Elizabeth Jozifek, P.O. Box 175, Montara, CA 94037. Fin. Sec.: Elizabeth Bele, 11 Fairview, Millbrae, CA 94030. Ed. Dir.: Jan Kucera, 539 Hillcrest Rd., San Carlos, CA 94070. Dir. of Women: Miroslava Sieber, 719 Benito Ave., Menlo Park, CA 94015. Dir. of Men: Albert Sieber, 719 Benito Ave., Menlo Park, CA 94015.

***Sokol Seattle, Washington.** - Mtgs. once every 2 months. - Pres.: Jaroslav Zimiek, 4015 Ashworth, Seattle, WA 98103. - Sec.: Jerry Korvas, 1701 S.E. 18th Pl., Renton, WA 98055. Fin. Sec.: Vilma Vojta, 8475 West Mercer Way, Mercer Island, WA 98040.

SOUTHERN DISTRICT, DALLAS, TEXAS

Sokol Corpus Christi, Texas. - Mtgs. 2nd Sunday, Sokol Hall, 5440 Kostoryz Rd., Corpus Christi, TX 78415. Pres.: Eugene Lehnert, 917 Carmel Pkwy., Corpus Christi, TX 78411. Sec.: Jill Sijansky, 414 Pleiades Place, Corpus Christi, TX 78418. Fin. Sec.: Anna Marie Moss, 5006 Brandesky, Corpus Christi, TX 78415. Dir. of Men: Jerry Sijansky, 414 Pleiades Place, Corpus Christi, TX 78418. Dir. of Women: Sandra Howard, 5833 Rio Vista Drive, Corpus Christi, TX 78412. Ed. Dir.: Jerry Sijansky, 414 Pleiades Pl., Corpus Christi, TX 78418.

Sokol Fort Worth, Texas. - Mtgs. 2nd Sunday, Eagle Mountain Athletic Center, 6500 Boat Club Rd., Ft. Worth, TX 76135. Pres. Bill Renfro, Rte. 10, Box 613, Ft. Worth, TX 76135. Sec.: Gay Williams, 5012 Glade, Ft. Worth, TX 76114. Dir. of Men: Jerry Milan, 6208 Lakeside Drive, Ft. Worth, TX 76135. Dir. of Women: Henrietta Milan, 6208 Lakeside Dr., Fort Worth TX 76135.

Sokol Houston, Texas. - Mtgs. 2nd Thursday, Sokol Houston Hall, 1314 W. Patton, Houston, TX 77009. Pres.: Emil Kuropata, 5319 Kansas, Houston TX 77007. Sec.: Carol Kuehn, 301 E. 27th, Houston, TX 77008. Fin. Sec.: Danny Kuehn, 301 E. 27th, Houston, TX 77008. Dir. of Men: Joe Ehrenberger, 1303 1/2 Tulane, Houston, TX 77008. Dir. of Women: Carrie Vodehnal, 1706 Haverhill, Houston, TX 77008.

Sokol Karel Havlicek-Borovsky, Ennis, Tex. - Mtgs. 4th Sunday, Sokol Hall, Hwy 34E, Ennis, TX 75119. Pres.: Don York, 400 Yorkstown Drive. - Sec.: Jeannette Zajic, Rt. 2, Union Hill Road, Ennis, TX 75119. - Fin. Sec.: Bernice Hamilton, Rt. 2, Italy, TX 76651. Dir. of Men: Lawrence Laznovsky, Rt. 1. Dir. of Women: Sylvia Laznovsky, Rt. 1. Ed. Dir.: Jerry Laznovsky, Hwy 34E - all Ennis, TX 75119.

Sokol Karel Havlicek, Yukon, Oklahoma. - Mtgs. 1st Sunday, Czech Hall, Rt. 3, 2 1/2 miles south of Yukon, OK 73099. Pres.: John Kouba, Rt. 2, Box 101, El Reno, OK 73036. Sec.: Rose Knox, 1712 Chaucer Dr., Norman, OK 73069. Fin. Sec.: Tony R. Kouba, Rt. #3, Yukon, OK 73099.

Sokol Zizka, Dallas, Texas. - Mtgs.: 3rd Sunday, Sokol Athletic Center, 7448 Greenville Ave., Dallas, TX 75231. Pres.: Richard R. Toberny, Sr., 918 S. Franklin, Dallas, TX 75211. Sec.: June Baker, 8835 Larchwood Lane, Dallas, TX 75238. Fin. Sec.: Marie Janousek, 11221 Desdemona, Dallas, TX 75228. Dir. of Men: Joe Ehrenberger, 10411 Mapleridge, Dallas, TX 75238. Dir. of Women: Dolores Vrla, 2856 Old North Road, Dallas, TX 75234. Educ. Dir.: Oldrich Parma, 6418 Maple Ave., Dallas, TX 75235.

WESTERN DISTRICT, OMAHA, NEBRASKA

Sokol Cedar Rapids, Iowa. - Mtgs. 1st Monday, Sokol Hall, 415 - 3rd St., SE, Cedar Rapids, IA 52404. Pres. Joe Pazour, 72 - 18th Ave., SW, Cedar Rapids, IA 52404. Sec.: Dick Kittrell, 1527 - 48th St., NE, Cedar Rapids, IA 52402. Fin.

Sec.: Larry Chmelicek, 450 Hilltop Dr., SW, Cedar Rapids, IA 52404. Dir. of Men: Jack Mills, 124 Brentwood Dr., NE, Cedar Rapids, IA 52402. Educ. Dir.: Fred Anthony, 932 Daniels, NE, Cedar Rapids, IA 52402.

Sokolice Renata Tyrsova, Cedar Rapids, Iowa. - Mtgs. 1st Monday, Sokol Hall, 415 - 3rd St., SE, Cedar Rapids, IA 52401. Pres.: Julia Webster, 504 Wilder Dr., SE, Cedar Rapids, IA 52403. Sec.: Mana Zlatohlavek, 392 - 16th Avenue SW, Cedar Rapids, IA 52404. Fin. Sec.: Mary Ann Pochobradsky, 2419 Victoria Dr., SW, Cedar Rapids, IA 52404. Dir. of Women: Marilyn Madsen, 3111 - 6th St., SW, Apt. 2, Cedar Rapids, IA 52404. Educ. Dir.: Kveta E. Smith, 1940 Washington Ave., SE, Cedar Rapids, IA 52403. Org. Chmn.: Kveta Smith.

***Sokol Crete, Nebraska.** - Mtgs. 1st Wednesday, Sokol Auditorium, 12th & Norman St., Crete, NE 68333. Pres.: Steve E. Pomajzl, RFD 2, Wilber, NE 68465. Sec. & Fin. Sec.: Lester Bruns, 1444 Kingwood Ave., Crete, NE 68333. Dir. of Men: Jan Juren, 612 Hawthorne, Crete, NE 68333.

Sokolice Libuse, Crete, Nebraska. - Mtgs. 1st Wednesday, Sokol Hall, 136 W. 12th Street, Crete, NE 68333. Pres.: Alice Kalkwarf, 807 Oak Street, Crete NE 68333. Sec.: Blanche Heeren, R.R. 1, Box 136, Crete, NE 68333. Fin. Sec.: Alice Kovarik, 729 Norman, Crete, NE 68333. Dir. of Women: Alice Kalkwarf, 807 Oak St., Crete, NE 68333. Educ. Dir.: Alice Kalkwarf, 807 Oak St., Crete, NE 68333.

Sokol Fuegner-Tyrs, So. Omaha, Nebraska. - Mtgs. 1st Monday, So. Omaha Sokol Hall, 2021 "U" St., Omaha, NE 68107. Pres.: Richard Awender, 207 Orchard, Bellevue, NE 68005. Sec.: Michael DeLeo, 10012 Evens St., Omaha, NE 68134. Fin. Sec.: Mickey Dalton, 2219 Monroe St., Omaha, NE 68107. Dir. of Men: Vojmir Benak, 5919 S. 15th St., Omaha, NE 68107. Educ. Dir.: Mickey Dalton, 2219 Monroe St., Omaha, NE 68107. Organization: John Slezak, 13115 Normandy Circle, Omaha, NE 68137.

Sokolice South Omaha, Nebraska. - Mtgs. 2nd Tuesday, 2021 "U" St., Omaha, NE 68107. Pres.: Helen Zentz, 5319 Valley Circle, Omaha, NE 68117. Sec.: Martha Talmon, 7203 So. 30th, Omaha, NE 68147. Fin. Sec.: Ella Rendla, 2007 Avery Rd., Bellevue, NE 68005. Dir. of Women: Jolene Hamann, P.O. Box 426, Plattsmouth, NE 68048. Educ. Dir. Jolene Hamann.

Sokol Omaha, Nebraska. - Mtgs.: 1st Monday, Sokol Auditorium, 2234 S. 13th St., Omaha, NE 68108. Pres.: James Velehradsky, Sr., 1322 "U" St., Omaha, NE 68107. Sec.: Elmer J. Wollberg, 4959 S. 41st St., Omaha, NE 68107. Fin. Sec.: Walter Bures, 1335 "Z" St., Omaha, NE 68107. Educ. Dir.: James Hartung, 2735 S. 46th Ave., Omaha, NE 68106. Dir. of Men: Gary Masek, 10348 "V" St., Omaha, NE 68127. Send all correspondence to Officers c/o Sokol Auditorium.

Sokolice Omaha, Nebraska. - Mtgs. 1st Monday, Sokol Auditorium, 2234 S. 13th St., Omaha, NE 68108. Pres.: Helen Karpisek, 2205 S. 6th, Omaha, NE 68108. Sec.: Violet Callaway, 513 Bellevue Blvd., N. Bellevue, NE 68005. Fin. Sec.: Mildred Krejci, 2428 S. 14th St., Omaha, NE 68108. Dir. of Women: Beverly Kilborn, 1505 Polk St., Omaha, NE 68107. Educ. Dir.: Janice Gathye, 14706 Holmes, Omaha, NE 68137.

Sokol Wilber, Nebraska. - Mtgs. 1st Monday, Sokol Auditorium, 317 S. Wilson, Wilber, NE 68465. Pres.: Frank Kucera, Jr., P.O. Box 362, Wilber, NE 68465. Sec.: June A. Kucera, P.O. Box 362, Wilber, NE 68465. Fin. Sec.: Karoline Kasl, RFD 2, DeWitt, NE 68341. Dir. of Women: Agnes Reid, 508 E. 1st, Wilber, NE 68465. Dir. of Men: Roger Roseberry, 723 W. Elm, Wilber, NE 68465.

NORTHERN CIRCUIT OF WESTERN DISTRICT

Sokol Hopkins, Minnesota. - Mtgs. 2nd Saturday at members' homes. Pres.: Josephine Krusina, 4237 Oak Drive Lane, Hopkins, MN 55343.

Sokol Minneapolis, Minnesota. - Rd., Woodbury, MN 55119. Sec.: Mtgs.: As called in members' homes. - Pres.: Edward Andrie, 4827 N. Bryant Ave., Minneapolis, MN 55430. Sec.: Frances Hosek, 3350 Upton Ave., No. Minneapolis, MN 55412. Fin. Sec.: Luella Greb, 3514 Utah Ave. S., Minneapolis, MN 55426.

Sokol St. Paul, Minnesota. - Mtgs. 4th Friday, C.S.P.S. Hall, 381 Michigan, St. Paul, MN 55102. Pres.: Victor Hubal, 7080 Victoria

Rd., Woodbury, MN 55119. Sec.: Marlin Heise, 343 Michigan, St. Paul, MN 55102. Fin. Sec.: Joyce Tesarek, 1701 W. Burnsville Pkwy., #318, Burnsville, MN 55337. Dir. of Men: Robert Vanyo, 446 Bay, St. Paul, MN 55102. Dir. of Women: Cecilia Vanyo, 446 Bay St., St. Paul, MN 55102.

SOUTHERN CIRCUIT OF WESTERN DISTRICT

***Sokol Caldwell, Kansas.** - Mtgs.: 1st Sunday, Sokol Hall, 12 mi. west

of Caldwell, KS 67018. Pres.: Joseph Netahla, Rt. 1, Bluff City, KS 67018. Sec.: Carrie Anton, Bluff City, KS 67018. Fin. Sec.: Louise Skeen, Bluff City, KS 67018.

Sokol Karel Jonas, Wilson, Kansas. - Mtgs. 1st Sunday every 3rd month, Wilson Opera House, Wilson, KS 67490. Pres.: Joe Sebesta, Wilson, KS 67490. Sec.: Alice Sula, Wilson, KS 67490. Treas.: Alice Sula.

* - (asterisk) - Corrections not received by deadline.

Bedřich Smetana

It was in Litomyšl, a town with a storybook castle, about eighty miles southeast of Prague that became known as the birthplace of Bedřich Smetana, the founder of modern Czech music. He was born March 2, 1824, into a large family that was well off but not rich. Count Wallenstein and his family lived in the castle. He brought industry into the town by establishing a woolen mill, a jute factory and a brewery. Bedřich's mother, Barbara, was his father's third wife. His father, František, was manager of the brewery in town.

The Smetanas mixed socially with the nobility. The town was at the foothills of the Czech-Moravian highlands, and the dense forests abounded with game. When František wasn't playing his violin, he was out hunting wild game. He was a self-taught violinist, and began teaching Bedřich how to play. He considered playing a violin or piano the means of being popular in social groups, but not to make a living. When Bedřich was five years old, he started taking violin lessons at the Piarist School, and piano lessons from a local teacher. He showed great talent. When he was six years old, he played piano at a music concert and the people were astonished at how well he played that they wanted to see him. Count Wallenstein's secretary held him up for the people to look at.

In 1831, the Smetana family left Litomyšl and moved to Jindřichův Hradec. František accepted a job there as master brewer on Count Czernin's estate. Bedřich went to the elementary school, and after school took music lessons from František Ikavec, an organist. Ikavec taught Bedřich to know and appreciate the music of Mozart and Beethoven.

František's good business sense made it possible to accumulate enough money to buy a farm at Růžkova Lhotka, and the family moved again. The farm was in a region where the legend of Blaník Mountain originated. It was said that knights slept there and would awaken when needed to rescue their fatherland from danger. King Václav, (known as Wenceslaus), the leader of the knights, would lead them into battle. This legend was used by Bedřich Smetana as the theme of a symphonic poem.

There was no school at Lhotice and Bedřich and his brother went to a German school at Jihlava. In the second term, Bedřich went to gymnasium at Havlíčkův Brod. He settled down and for three years studied well.

He left the gymnasium and went to Prague. He was admitted to the Classical Grammar School under the German educational system. Bedřich did not fit in. He had spoken German since childhood but never learned to speak it fluently. He was laughed at in school, and without asking his father's permission, he quit.

When he wasn't roaming around the city, he was playing the piano, or trying to compose music. His father came to Prague to visit him and was surprised to learn that Bedřich had quit school. He was told to come home and be a farmer or stay in Prague and support himself.

An uncle, Josef Smetana, a professor at the grammar school in Plzeň spoke up for him and he was transferred to yet another school. He didn't stay long in Plzeň because his father got hard up for money and could not afford to keep him there. He returned to Prague, hoping to make a living by giving piano lessons. Those were bad years in Bohemia. The Czechs were treated as second class citizens by the Austrians. They were humiliated and oppressed. The Czech language was not used in public life. The Royal Bohemian Society of Sciences, founded in 1790, did not favor the Czechs and the Stavovské Divadlo, opened in 1783, played only Italian opera. Finally the people demanded that their language be taught and a chair of Czech Language and Literature was established at Charles University.

Aristocratic families like the Thun, Wallenstein, Sternberg, Cernin and Kinsky families became interested in checking their origin, and they fostered the study of national history. Jungman, scholar and translator, worked for the cause as did also Palacký and later Karel Havlíček.

Prague was awakening but prejudice against Czech artists still existed when Smetana returned and tried to make a living there in 1843. He did get bookings at a few concerts, and played at several of Josef Proksch's musical soirees. Proksch was blind, but he was one of Prague's most popular musicians.

Smetana got a steady job teaching Count Thun's children to play the piano. He received room and board and a small salary. This gave him a sense of security, and he was able to devote spare time to take lessons in theory from Proksch, and study composition.

He learned by listening to the music of the great composers like Mozart, Beethoven, Schubert and Wagner. When he could afford to buy a ticket he went to the opera or to a concert. He was convinced that music was his life.



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The ten years between 1846 and 1856 were years of frustrations and disappointments. He had left the Thun family, hoping to further his career as a piano virtuoso or composer. He could barely make a living. He was a pianist and didn't even own a piano. He practiced on a friend's piano. He opened up a music school, and most of his pupils were young ladies from wealthy families. August 27, 1849, he married Kateřina Kolářová, a music teacher. Three children were born in the years that followed and Smetana was a happy, married man, living for his family and music. Liszt was one of his best friends and came to his home often to visit. Smetana became court pianist for Emperor Ferdinand who had abdicated the throne in 1848, and lived in Prague. He played for the former Emperor's amusement and tolerated the boring sessions for the fee only.

Smetana's two daughters died and out of his grief came the inspiration to compose pieces that became some of his best. He could not get his music published. The number of pupils increased and his school was making money, but Bedřich continued to be depressed. Although he had won a reputation as being a fine

pianist, it was impossible to forge ahead. There was no opening for Czech modern music. The Czechs had become used to hearing the German music and the Italian operas.

October 11, 1856, Smetana left his wife and daughter and traveled to Sweden, hoping to find recognition as a piano virtuoso or orchestra conductor. His first recital on October 23rd was well attended and other recitals followed. Then he opened up a school of music in Goteborg, and was soon able to provide for himself and send money home to his wife. He increased his income by becoming Conductor of the Classical Choral Music Society.

He made two trips back to Prague. The first was to attend his father's funeral, and the second to get his wife and daughter. Kateřina was his loving domestic partner, but he also had a mistress, a Frojda Benecke, who had a husband. The climate in Sweden did not agree with his wife. They left Goteborg and returned home where Kateřina died. His mother-in-law took the little girl to bring up.

(To be continued)

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