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Calendar of Events

NOV. 17 - SOKOL GREATER CLEVELAND
Sokol Fish Fry - Bohemian Nat. Hall
NOV. 19 - SOKOL CLEVELAND -
CECH-HAVLICEK
Pork or Chicken Dinner

DEC. 3 - SOKOL DETROIT - Sokol Cultural Center
Czechoslovak Afternoon Dinner Party
DEC. 9 - SOKOL GREATER CLEVELAND
St. Nicholas Day Dance
Bohemian Nat. Hall

DEC. 9 - SOKOL WEST SUBURBAN
Candlelight Bowl
Willowbrook Bowling Lanes

DEC. 9 - SOKOL MIAMI
Dinner Dance - 9th Anniversary

DEC. 9 - SOKOL SLAVSKY at Sokol Berwyn
"St. Nick Dance"

DEC. 15 - SOKOL GREATER CLEVELAND
Sokol Fish Fry - Bohemian Nat. Hall

DEC. 17 - SOKOL CLEVELAND-
CECH-HAVLICEK

Exhibition

DEC. 31 - SOKOL GREATER CLEVELAND
John Dusek at Sokol Bohemian Nat. Hall

DEC. 31 - SOKOL DETROIT - Sokol Cultural Center
New Year's Eve Dance

DEC. 31 - SOKOL BROOKFIELD
New Year's Eve Dinner-Dance

DEC. 31 - SOKOL SOUTH OMAHA DINNER-
DANCE
New Year's Eve Party

JAN. 19 - SOKOL GREATER CLEVELAND
Sokol Fish Fry - Bohemian Nat. Hall

FEB. ? - SOKOL GREATER CLEVELAND
Exhibition at Cleveland State University

FEB. 10 - SOKOL BROOKFIELD
Spaghetti Dinner

FEB. 16 - SOKOL GREATER CLEVELAND
Sokol Fish Fry - Bohemian Nat. Hall

MAR. 10 - SOKOL BROOKFIELD
Gymnastic Exhibition

MAR. 16 - SOKOL GREATER CLEVELAND
Sokol Fish Fry - Bohemian Nat. Hall

MAY 5 - CLEVELAND SOKOL DANCERS
at International Ball - University of Pittsburgh

JUNE 28, 29 and 30, JULY 1, 1979 - SOKOL U.S.A.

XVIII Slet and Competitions at Lehigh

University, Bethlehem, Pennsylvania

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OF THE PREVIOUS MONTH

AMERICAN SOKOL

VĚSTNÍK AMERICKÉ OBCE SOKOLSKÉ

Ročník - Vol. CXIX

November - 1978 - Listopad

Číslo - No. 11

VETERANS' DAY

Veterans' Day (formerly Armistice Day) November 11th, is the anniversary of the signing of the Armistice by the Allies and Germans in 1918, thus ending World War I, after four years of conflict.

When at 5 a.m. on Monday, November 11, 1918 the Germans signed the Armistice, an order was issued for all firing to cease, so the hostilities of the First World War ended. This day began with the laying down of arms, blowing of whistles, impromptu parades, closing of places of business. All over the globe there were many demonstrations; no doubt the world had never before witnessed such rejoicing.

To us in America the reflections of Armistice Day will be filled with solemn pride in the heroism of those who died in the country's service and with gratitude for the victory, both because of the thing from which it has freed us and because of the opportunity it has given America to show her sympathy with peace and justice.

In 1921, the American Unknown Soldier, symbolizing all the unknown dead, was chosen in an unusual way. Six soldiers of the American Army of Occupation in Germany were selected from different sectors to act as pallbearers. They met at Marne and were interviewed by General Rogers. Next day, Sergeant Edward F. Younger of the 59th Infantry was asked to make a choice among four caskets, with unidentified bodies disinterred from American cemeteries in Europe.

When the sergeant was ready to perform his solemn duty, he received a bouquet of white roses, with instructions to proceed into the City Hall at Chalons where the four caskets stood. Sergeant Younger realized fully the grave importance of this action and after bowing his head, he walked around the coffins three times. On the fourth round, he seemed involuntarily drawn to the second one. Reverently, he laid the roses on it, saluted, and reported to his commanding officer that he had accomplished his mission.

The body of the Unknown Soldier was brought home on the cruiser Olympia, reaching Washington, D.C., on November 9, 1921. For three days thousands of people passed by as the body lay in state in the rotunda of the Capitol.

Once a newspaper editor wrote: Veterans' Day is our annual renewal of our pledge of unending indebtedness to the great host of Americans who have been called to stand between the homeland and its enemies. If we have been disillusioned by the failure of the original Armistice Day to fulfill its place in history as the end of all wars, we still live in hope that the objective of permanent peace will some day be achieved, with faith that the ultimate destiny of mankind will thus be served.

Therefore, it is especially fitting that we observe Veterans' Day with a theme: "PEACE WITH HONOR".

May Konecny,
Sokol Slavsky

ASO Executive Board Meeting

The regular meeting of the American Sokol Organization Executive Board was brought to order on Tuesday, September 26th, 1978, at 7:30 p.m. by the President, Bro. Roy Zitny. The following minutes were received and reviewed: Pacific District Executive Board of September 3rd, Pacific District Board of Instructors, September 3rd, and Southern District, August 24th.

Correspondence: Sokol Corpus Christi requesting 35 by-law books, Western Fraternal Life Association requesting ad for their XIX National Convention to be held in Oklahoma City, Okla., August 5 - 9, 1979. Bro. Lebloch moved that we take a whole page and that an inspirational Sokol message be incorporated; seconded, passed. Sokol Milwaukee's list of average ages with note that they have no actual copy of their charter. Their unit does not want to host the 1981 Slet. Statement of ownership, management and circulation form filled out with figures from Sis. Sotka; signature by Sis. J. Kourim, editor, and will appear in the November issue of our publication. Request from Sokol Karel Havlicek, Okla., for copy of their charter, which, unfortunately, we do not have. Sokol Brookfield notified the Central District (with copy to the A.S.O.) of its average adult ages, submitted a copy of its charter and also voted to the idea of having the Slet in the Central District area. Notice from the Pacific District that they and Sokol Los Angeles will be celebrating their 70th anniversary in 1979. Request that Bro. Zitny and other members of the Executive Board to attend. Sis. Prener moved that the President attend, if his schedule permits; seconded, passed.

Women's Director - Sis. M. Ptacek: The Northeastern District has submitted modified and extended girls' apparatus exercises which are being studied. Notified by Sis. Zabka, U.S.G.F. representative, that the Board of Directors will meet October 3rd and 4th in Tucson, Ariz., and the Congress will meet September 29, 30 and October 1st. World Championships will be in Fort Worth. A.A.U.'s 91st Annual Convention will be November 26 thru December 2 in San Antonio. Bro. Jerry Hardy will attend. Many items turned over to library from Bro. and Sis. Halik. Final Report Forms: Central District - Men's volleyball team for 10 students, Jan. 4 thru May 31st - \$105.00. Central District Folk Dance and Vault instructions, April, May, June, 1978, 30 students, 5 instructors - \$260.00. Northeastern District Folk Dance instruction for April, May, June, 1978 - \$90.00. Sis. Zdenek moved that they be paid; seconded, passed. The calisthenics for 1981 thus far assigned were: Men and Women, Bro. O. J. Kudrnovsky's 1953 drill; Jr. Boys and Girls, Bro. Jerry Milan and Sis. Stoeppman; 1st Class Girls, A. Kralova; Tots, Bro. and Sis. Halik. In contact with Sis. Drozda, Western District, regarding the up-coming conference.

Men's Director - Bro. P. Lebloch: Working with Sis. Ptacek on the agenda for the conference. Noted that the new Pacific District Directors are Bro. Jiri Liska and Sis. L. Pelc; at the present time there is no Northeastern

District Men's Director. Regarding the 1981 calisthenics, Sis. Pistorius will write the 2nd Class Girls' and Bro. Linhart will be asked to write the boys' parts. Attended the Educational Committee meeting. Has noticed more activity at Sokol Washington, D.C., and possibly at Sokol Seattle.

Educational - Bro. S. Barcal: Held its first meeting of the season. Sis. Ptacek moved that the new members be approved; seconded, passed. Announcement from Gale Research Co. regarding "Genealogical Research for Czech and Slovak Americans". Information will be distributed to the Districts. Received a copy, no charge, of Bro. Stasa's thesis. Are studying material for a 3-fold pamphlet. Essay contributors have been judged and awards will be presented. Winning essays to be published. "Czech History" - quote has been received, but another is forthcoming. "First Century of Sokol" is being studied for publication. District Educational Directors' Conference is in final form.

Editorial - Sis. J. Kourim: October issue is being printed. Will check with the Berwyn Post Office as to nature of delay. Approval given to show her address so that Sokol members wishing to submit articles will send them directly to her, thereby avoiding delays of important material.

English Publicity - Sis. S. Pistorius: Wrote an article regarding the coming National B.O.I. Conference in Omaha; will write one regarding the National Educational Directors' Conference. Checked with the Chicago Tribune regarding an article promised and started last November.

Financial Secretary - Sis. A. Sotka: Prepared the August, 1978, Financial Report and distributed same to members. Issued Merit Award renewal checks; sent reminders to Units in arrears of payments. Has had no reply from Bro. Emil Kurokata of Sokol Houston regarding the Southern District Slet souvenirs sent on consignment. Stated that Sokol Hopkins is dissolving as they have only 5 members. Sis. Schnabl was asked to send them letters if they wish to join Sokol T. G. Masaryk, Unit-at-Large, or Sokol Minnesota. In any case, they will be kept on the publication list. Placed an order for pins needed for membership kits. Gestetner Service Contract will be renewed. Insurance on all materials in the office and basement will be renewed.

Uniform Division - Sis. B. Prener: Sales for July and August low, which is normal. Accounts receivable and payable are both current. Will have to issue a new price list as of the first of the year. Thanks those who helped out during her vacation.

Vice-President - Sis. B. Prener: Made various suggestions as to procedures necessary for the 1980 American Sokol Organization's XIII Convention.

Secretary - Sis. E.J. Schnabl: Prepared the August minutes and handled correspondence; acknowledged Future Sokol Leaders' Fund contributions; prepared Citations of Merit; sent out 7 renewals for Merit Award; made stencil and prepared a mailing for Sis. Sotka of the annual quarterly report forms. Attended the Educational Committee meeting.

President - Bro. R. Zitny: Attended Bro. and Sis. Zraly's surprise testimonial dinner and spoke; also

attended part of the Eastern District's Executive and Board of Instructors' meetings. Bro. Zitny spoke very highly and at length of this busy weekend.

Old Business: Mailing regarding ages, charters and hosting of the 1981 Slet; full report received from the Western District. The Southern District will have its annual meeting November 5th and is asking us to please wait for their answers. Received information from Sokol West Suburban. Sokol South Omaha's by-laws are being reviewed by Bro. Jindra who was not present. The secretary will get in touch with him. The Pitney-Bowes contract is due to expire. Further information will be obtained.

New Business: Regarding the XIII American Sokol Convention - an Executive Board By-Laws Committee was appointed as follows: Bros. G. Basta, P. Lebloch, S. Barcal, R. Zitny and Sis. B. Prener. The Convention Committee which will arrange all the details and be in contact with Sokolice Renata Tyrsova and the Western Dist. are: Sis. Schnabl, Ptacek, Zdenek, Sotka; Bros. Barcal and Zitny. Discussion was held regarding the 100th Anniversary of the American Sokol Publication and Bro. Barcal moved that a seal be issued. Various persons will be contacted regarding the design and we will then go ahead; seconded, passed.

Regarding the 1981 Slet, much discussion was held as to how to raise funds, how to get bigger attendance by possibly expanding the number of days and opening it to the whole Czech community with more social activities.

There being no further business, meeting was adjourned at 10:00 p.m.

Respectfully submitted,
E.J. Schnabl, Secretary

Golden Year For Sokol Stickney

Sokol Stickney celebrated its 50th anniversary on Saturday, October 7th by holding a dinner dance at Sokol Stickney Hall. Bro. Roy Zitny, President of American Sokol Organization and Bro. Edwin J. Halik, President of Central District were among the guest speakers. After introduction of guest organizations, Bro. William Vrba (past President of Sokol Stickney) presented membership awards. After the dinner, entertainment and music for dancing was furnished.

President Bro. Bill Meyer, officers, special committees and Sokol Stickney members worked diligently, putting much energy and time into making this "Sokol Stickney's 50th" an event to be remembered! Committee heads for the event worked since early 1978.

Sokol Stickney was first organized in 1928. At that time there were 23 charter members. Bro. Anton Mrazek, a charter member, was its first president. During the following years there were 14 presidents, many of these served for two or more years. Most noteworthy were Bro. Frank Cada (1942-1957, serving 16 years); Bro. William Vrba (1958-1972, serving 15 years) and Sokol's present President, Bro. Bill Meyer, serving since 1973, six years.

Gym classes for Sokol Stickney were first held in 1928 to 1936 at Mejda's Grove at Pershing Road and Clinton Avenue. The cornerstone for the present Sokol Stickney Hall at 4131 South Home Avenue was laid on October 4, 1935.

American Sokol carries ideals which first started in Prague in 1863. Sokol Stickney throughout its 50 years of existence has constantly held onto these ideals. Through its programs in the community, Sokol has worked with young people and adults to build physical fitness thru gymnastics and to build sound minds in strong bodies!

Eleanor Spingler,
Publicity Chairman

1938 - 1978

We walked the same streets, visited the same buildings - as we did in 1938, as members of the American Representative Team at the Prague Slet. We reached back 40 years for the names and faces of fellow team members, instructors, for memories of those months of preparations, the ocean voyage, the train ride across Germany where Hitler was screaming for Sudetenland, Czechoslovakia's century-old boundaries. When our two trains pulled into Cheb, the first city inside Czechoslovakia, we were met by hundreds of Sokols in uniform lined up with their big band, with bouquets of flowers and baskets of koláče. We were greeted thus in every railroad station up to Prague. Junior boys in their white uniforms removed our luggage in the Smichov station onto trucks and our trains went on into the Wilson station. We paraded down Václavské Náměstí, thru Národní Třída to the National Theatre across the bridge over the Vltava River and saw the famous view of the Hradčany Castle with Charles Bridge in the foreground. Our arrival was timed in late afternoon when everybody was in the streets to welcome the Americans. We reached Tyršův Dům in the Old Town, were greeted by Starosta of the Sokol Obec and found a nervous population with the horrors of another war facing it. Thousands of Sokols were missing from Slet rehearsals, being called in the May mobilization. Our arrival was a stimulant and gave hope of peaceful settlement. Loudspeakers were set up everywhere to bring news reports, tension mounted with clashes on the border. The Slet was a glorious event. For those who have never seen one, the program is divided into several Sundays, one for the Juniors, one for the children, one for the army, and July 2, 3, 4, 5 for visitors' programs from all over the world, plus the mass calisthenics of seniors. The largest stadium in the world seats 250,000 and standing room tickets are sold in addition. Music is piped underground thru openings.

We stayed on with plans to spend the winter in Czechoslovakia and many USA citizens were in the country when the final word came from the allies - that Hitler must be appeased. On October 1st his armies claimed "His people and acres of land along the borders reaching from one end of the republic to the other". Thus, the Munich tragedy became history, with it, in March, the total invasion by Hitler; when he walked

into the historic Hradčany Castle to occupy the land to 1945.

Among the first to fall beneath the Nazis' rule was the SOKOL organization. All meetings were outlawed, membership disbanded, buildings taken over, leaders arrested and taken off to concentration camps.

So we walked the same streets and saw the same buildings on our vacation this summer - although it seemed that it was only recently that we attended the beautiful 1938 Slet - before all the chaos and World War II - with our thoughts of members in USA who were there - and we hope are still in Sokol, working, because we are free and able - while our brothers and sisters marvel at our work and respect us for keeping the ideals of Sokol alive.

Sis. Emilie Welcl-Ruzicka,
Sokol Miami

Posvícení

by Bro. Bohumil Marek

Pozvání jsme obdrželi,
půjdem k strýci kováři,
to toho zas asi teta
k posvícení navaří . . .

Posledně vám měla obé
krocana i husičku,
já se k tomu dneska přiznám,
nevzal jsem si trošičku.

Talíř jsem si naládoval,
ni mne vidět nebylo,
napapal se, nabumbal se,
tetě se to líbilo.

Máma ale zlobila se,
že jsem tuze velký žrout,
vždyť já jsem si nacpal nácka,
nemohl jsem se ani hnout.

All Donations to Sokol Are Tax Exempt

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SOKOL GYMNAST

NOVEMBER, 1978

Editor - Edward Linhart - 1820 Ridgeland Ave., Berwyn, Ill. 60402

Thoughts from SUNDBY . . .

Gymnastic Roots

GYMNASTIC ROOTS: The fruit of the gymnastic tree is the gymnast, for the gymnast is what it is all about. However, the gymnast does not just happen . . . it takes a lot of other factors to bring it all together.

* * * *

The competitive life of the gymnast is but a few short years, but there are a lot of people out there that have given a lifetime to make those wonderful years possible. The roots of gymnastics are deep and the branches are many such as the Schools, Clubs, YM(W)CA's, Turners, SOKOLS, and Gym Camps that reach out with their dedicated coaches to instruct and inspire the budding gymnasts. The equipment and apparel manufacturers are also on the scene, continuously improving equipment and designs for your safety and competitive styling.

As you read about and practice new skills, the officials and judges are also busy keeping up with the latest ABC's and other technical aspects of our sport by attending national and international seminars, clinics and workshops. Then there are our IG Photo and Article contributors from all over the world that help keep you up to date about people and happenings in Gymnastics. In the past several years, TV has done a fantastic job of making gymnastics one of the most popular (non-violent) sports events of the color tube. And the PARENTS (bless them, the unsung heroes of the sport) who knock themselves out raising gymnasts and funds, busing kids, sewing leotards, watching the shop, mimeographing programs and newsletters, judging, and what have you.

Our Gymnastic Tree in the USA has received a tremendous vitamin booster shot with the new Dial-USGF Program now underway. - To help understand Dial sponsorship program with the USGF, of Gymnastics, we have made a report of how the USGF is investing Dial money - among the projects are their support of expanded training camp programs for junior and elite gymnasts and full expense payment for competitors in the men's and women's elite national championships.

GLENN SUNDBY
Editor-Publisher
International Gymnastics

INTERMEDIATE LEVEL - FLOOR EXERCISE

1. From stand in corner facing the diagonal with arms at side, circle the arms backward and upward overhead while arching the back, arms continue from overhead downward and backward while bending the knees and hollowing the chest, momentary hold in squat position, then stand up quickly with arms moving forward and upward to overhead while rising up on the toes. 2 or 3 running steps, front handspring step out, front handspring landing in extended and arched position, immediate forward roll tucked to stand.
2. Step forward onto left foot, front scale on left foot with upper body turned to the right, left shoulder down, left hand extended toward the corner and the right shoulder up, right hand extended above head but toward the corner. (HOLD). Lower the right leg while making a 45 degree turn to the right finishing facing along the side, arms extended overhead, forward roll, headspring landing with body extended and arched, feet together, kick left leg upward, step onto left foot, kick to momentary handstand, forward pirouette, pike down, just as the feet touch the floor squat to immediate back roll through handstand, snap down to immediate jump with 180 degree turn.
3. Step forward on the left foot, low jump making 45 degree turn landing with feet together facing the corner, immediately high straight body jump to squat, back roll through handstand, step down on the right foot making 90 degree turn of the body, cartwheel left along the diagonal, kick right leg upward and forward while making a 180 degree turn to the left, cartwheel right, step onto the right foot while making a 90 degree turn of the body facing along the diagonal, kick left leg upward and step forward onto the left foot, kick to momentary handstand, forward roll tucked to stand with arms overhead, step quickly right then left with arms moving downward and sideward, immediately jump with 45 degree turn to the left facing along the side.
4. The landing of the jump should be to squat with immediate jump hurdle to round off, flip flop stepping down on the right foot and immediately making a 180 degree turn, step forward onto the left foot, bring feet together, straight body fall to prone, turn over to the left to sitting position with arms overhead, roll back onto neck and shoulders extending body upward while moving the arms to the floor behind the body, circle the arms on the floor around outwardly to overhead, immediately roll tucked to stand with arms overhead.
5. Kick right leg forward and upward while making 45 degree turn to the right as the arms drop sideward to horizontal finishing facing along the diagonal, 3 running steps, round off, 2 flip flops, straight body jump to stand.

EASTERN DISTRICT

AMERICAN SOKOL

Sokol Slet '78 - Gymnastics Festival Results

The Eastern District of the American Sokol held their Slet '78 Festivities at Towson State University - Baltimore, Maryland. It was one of the most gratifying events of recent years and included Sokol units - Baltimore, Belcamp, Fuegner, Little Ferry, New York, Washington, Southern District, Western District, Central District, and Toronto, Canada. A total of 256 individuals and 47 teams competed in apparatus competitions and 311 individuals participated in the Slet callsthenics and program.

6 - 9 GIRLS	UNIT	SCORE	Carrie Gleckner	Little Ferry	44.15
1. Jo Ann Huber	Balcamp	40.95	4. Jo Anne Brown	Little Ferry	44.10
2. Kim Sadera	Balcamp	40.55	5. Holly Huber	Belcamp	43.95
3. Allison Goldfind	Little Ferry	38.70			
TEAM - UNIT	SCORE	TEAM - UNIT	SCORE		
1. Belcamp	194.35	1. Little Ferry I	216.0		
2. Little Ferry	181.55	2. Fuegner	202.88		
3. Fuegner	160.50	3. Little Ferry II	193.10		
10 Teams - 50 Individuals		6 Teams - 45 Individuals			
10 - 12 GIRLS - NAME	UNIT	SCORE	ADV. GIRLS - NAME	UNIT	SCORE
1. Tina Gnecco	Little Ferry	44.30	1. Donna Wittman	Baltimore	44.25
2. Marie Rebella	Fuegner	44.25	2. Lisa Benzing	Baltimore	43.50
			3. Keri Bozak	Baltimore	42.30

AMERICAN SOKOL

TEAM - UNIT		SCORE	LOW A WOMEN - NAME	UNIT	SCORE
1. Baltimore II		163.15	1. Ruth Vrzalik	Baltimore	43.60
2. Baltimore I		162.45	2. Anci Huber	Baltimore	43.50
3. Baltimore III		160.40			
4. Little Ferry I		159.90	TEAM - UNIT		SCORE
5. Little Ferry II		144.70	1. Little Ferry		184.65
5 Teams - 22 Individuals			2. Baltimore		183.55
			2 Teams - 11 Individuals		
6 - 9 BOYS - NAME	UNIT	SCORE	INT. WOMEN - NAME	UNIT	SCORE
1. Joachim Arimborgo	New York	50.10	a. 1. Barb Webster	Baltimore	39.05
2. John Gargan	New York	49.65	b. 1. Bernie Wittman	Baltimore (Spcl Award)	42.40
3. John Huey	New York	47.05			
TEAM - UNIT		SCORE	TEAM - UNIT		SCORE
1. New York		234.00	1. Baltimore		154.60
2. Baltimore		196.75	1 Team - 5 Individuals		
4 Teams - 19 Individuals			LOW B MEN - NAME	UNIT	SCORE
10 - 12 BOYS - NAME	UNIT	SCORE	1. Ray Rhode	Little Ferry	51.70
1. Fred Haas	Baltimore	58.60	TEAM - UNIT		SCORE
2. Tom Perc	Baltimore	55.70	1. Little Ferry		140.20
TEAM - UNIT		SCORE	1 Team - 4 Individuals		
1. Little Ferry		246.95	LOW A MEN - NAME	UNIT	SCORE
2. Baltimore		245.95	1. Tom Henigman	Fuegner	62.05
2 Teams - 10 Individuals			2. Mike Arimborgo	New York	59.30
LOW B JR. GIRLS - NAME	UNIT	SCORE	TEAM - UNIT		SCORE
1. Sue Frolo	New York	42.10	1. New York		171.30
2. Barbara McQuire	New York	42.10	2 Teams - 10 Individuals		
3. Elisa Carcedo	Fuegner	41.60	INT. MEN - NAME	UNIT	SCORE
TEAM - UNIT		SCORE	1. John Cervin	Baltimore	58.60
1. New York		162.40	TEAM - UNIT		SCORE
4 Teams - 27 Individuals			1. Baltimore		155.35
LOW A JR. GIRLS - NAME	UNIT	SCORE	1 Team - 6 Individuals		
1. Laurie Jackson	Baltimore	40.05	HIGH MEN - NAME	UNIT	SCORE
2. Marianne Mollusky	Little Ferry	37.55	1. Joe Vrzalik	Baltimore	59.70
3. Suzanne Ottlein	Little Ferry	37.35	2. Doug Zeisel	Baltimore	59.00
TEAM - UNIT		SCORE	TEAM - UNIT		SCORE
1. Little Ferry		108.88	1. Baltimore		172.25
3 Teams - 14 Individuals			1 Team - 4 Individuals		
INT. JR. GIRLS - NAME	UNIT	SCORE	GUEST ORGANIZATION CHAMPIONS		
1. Sharon James	Baltimore	37.40	LOW JR. GIRLS - NAME		SCORE
2. Robin Beckman	Baltimore	32.20	1. Margie Swoboda	Western District	41.18
TEAM - UNIT		SCORE	2. Rosemary Kazlovsky	Southern District	40.15
1. Baltimore		133.40	LOW A JR. BOYS - NAME		SCORE
1 Team - 4 Individuals			1. Robert Toth	Southern District	59.00
LOW A JR. BOYS - NAME	UNIT	SCORE	2. Rodney Houdek	Southern District	58.25
1. Ken Wazlavek	Baltimore	52.75	3. Tony Swoboda	Western District	58.00
2. Cliff Madden	Baltimore	47.80	TEAM - DISTRICT		SCORE
TEAM - UNIT		SCORE	Southern District		221.10
1. Baltimore		191.50	INT. JR. BOYS - NAME		SCORE
2 Teams - 12 Individuals			1. Tom Sartorie	Western District	61.60
INT. JR. BOYS - NAME	UNIT	SCORE	CHAMPIONSHIP WOMEN -		SCORE
1. Ed Marquis	Baltimore	58.70	NAME		SCORE
0 Team - 4 Individuals			1. Phyllis Swoboda	West. Dist.	Optional 27.40
LOW B WOMEN - NAME	UNIT	SCORE	Compulsory		42.00
1. Dorothy Henigman	Fuegner	44.05	INT. MEN - NAME		SCORE
2. Leilani Sain	Baltimore	43.90	1. Rome Milan	Southern District	55.55
TEAM - UNIT		SCORE	3. James Hale	Toronto	52.85
1. Fuegner		155.75	RESULTS OF EASTERN DISTRICT SLET '78 GYMNASSTICALE		
2 Teams - 8 Individuals			1. Sokol Baltimore	"Ecstasy of Gold"	
			2. Dulaney Gymnastic Club	"Spirit of 1901"	
			3. Sokol Washington	Bro. Joseph Vrzalik	

SOKOL EDUCATOR

To Be a Sokol

The colors of red, white and blue abounded, but somehow each person was an individual and each group was unique. Although falling into formation was somewhat disorganized, everyone knew that soon a spectacle not often seen in this modern society was about to unfold, never to be repeated and leaving the audience and participants with an indelible memory.

While last minute directions were being given, some of the participants were already seeking shelter from the intense heat. The weather was typical of a Slet - the sun beating down relentlessly with barely a breeze to stir the air. The sound of the milling crowd was overshadowed by the Czech band rehearsing on the field. A glance at the stands revealed an almost capacity crowd clothed in an array of pastels which bid a warm welcome to the Sokols.

To my amazement, I had been chosen to have the honor and privilege of bearing the American Flag to lead the procession of the entire American Sokol Organization and its guest Sokols into the Morton's West Stadium. As the first glimpse of the American Flag was caught, the applause was resounding and the spectators rose to their feet, providing a welcome which was overwhelming.

The march around the track was like a fantasy. The thunderous applause overpowered the music and made it difficult to hear the marching sounds of the procession behind me. Fears that I was marching too fast and too far ahead were dispelled as I rounded the first turn and was able to witness the near perfect columns marching proudly to heartbeats more than to drum beats.

As I marked time in my position on the field, the spectacle before me was an impressive sight to behold. There was an endless procession of Sokols - all in step - waving their flags, ribbons and banners.

The torn callouses on my hands pressing against the staff of the flag brought back thoughts of the activities of the days and months preceding the Slet. Countless hours spent in preparation with many sacrifices along the way were all to be climaxed by this single performance.

The sting from the sweat in my eyes brought me back to reality, and I began concentrating on maintaining my hold on the now slippery staff even though my hands had lost color and feeling long ago. And still the Sokols were marching.

The applause continued until the final group was in formation, completing a collage encompassing the entire length and breadth of the field. As the American National Anthem was played, a silence fell over the audience and then they burst into song.

Somehow I was not so tired, and the strength to hold that flag high came purely out of pride. It was then that I realized what others before me must have felt being a Sokol - the pride in accomplishing a group

effort; an unselfish contribution to others; a philosophy to live by.

As we marched from the field, sadly I felt it all hadn't lasted long enough, but the inspiration this Sokol received as a result of the XIV Slet is one that will influence me for the rest of my life. Sletu Zdar!

First place winner - Senior
Joseph F. Vrzalik
Sokol Baltimore - Eastern District

My Recollections of The XIV American Sokol Slet

It is another beautiful Slet day, a little too warm perhaps, but clear and bright and sunny. (I understand it has never rained on Slet day. Amazing!)

Early in the morning the people began to arrive, more and more of them. They are from all over this country and from Canada and share a common bond: We are Sokols. Hundreds and hundreds of Sokols. Old friends greeting one another, new friendships savoring the last few hours and storing memories for the future, all working together and looking forward to this day, the crown of these Slet festivities.

The practices begin, one after another, everyone hurrying to get onto the field and off again in time. And always more people, more Sokols, arriving. The clock ticks on, people move faster, chaos appears to be the order of the day, and few people seem to know exactly where to go and what to do.

Finally it is time to get ready and the Grand March begins. Stepping to a lively rhythm, we start onto the field: These hundreds of people, all on the field at once behind their national flag, their district flag, and their unit flag - so many flags, so many people, and yet all together - all SOKOLS. The crowd applauds and cheers again and again as each group parades by, flags flying, banners waving, pride apparent in their step, joy in their hearts, tears in more than a few eyes. This is what we are, and this is what binds us together!

There are a few brief speeches: Greetings from the hosts and from visitors, inspirational words about our glorious history and the bright promise of our future, and then the Grand March is over. Everyone leaves and the field is empty again - waiting - and the program begins. Each number is superb, the cooperation is absolute, the morning chaos is replaced with true Sokol discipline and spirit.

Soon it is that time in the program for YOUR contribution. You march onto the field and a hush settles over the stadium. The music begins and all at once everyone on the field is moving: Marching, dancing, in circles, in lines, and back to original markers - all together, a poem in motion, living music, and you are a part of it! Now you understand why you were asked to do it again and again, the hours of practice suddenly gain a new meaning. Just one person off a marker or out of line would stand out, perhaps recorded forever in someone's picture.

Finally it is finished and the music fades into an echo. As you march off the field and listen to the applause go on and on, you look around: Here nearest are the people from your Unit and your District, from elsewhere in your organization and all over your country. All together, all Sokols, and all sharing that same moment of triumph, that same feeling of a job well done, that same wonder that it all fell into place at the right time. And you are there, you belong, you are a part of this moment!

And as you march off the field with tears in your eyes and a great joy in your heart, you know that there will be a next time and that you will be back.

This is your heritage: you are a SOKOL.

Second place winner - Senior
Leilani Skala Sain
Sokol Baltimore - Eastern District

My Recollections of The XIV American Slet

It is hard to explain your entire life in words but the XIV American Sokol Slet heeds description. To remember the pride one feels is inevitable. Yet I can remember the pains of those June days also. There were long hard days of practice which seemed endless but through everything there was the memories of all the other times. The awe I felt looking at an appreciative people. Tears were in the eyes of the old wishing they could be a young falcon again. The days were hot, the competitors strong, the mutual love and trust enduring. We were separate people but were together in our thoughts. Pulling together for an organization we all felt was our own lives.

Winning is not everything to a "Sokol". We know that it is the spirit of keeping alive an institution of free will which some have sought to kill, is the only objective.

The gathering of the falcons seems an appropriate title for our days together. I wonder if the friendships I found through Sokol Slets help others to realize its meaning is very special.

I am far away from those few days now but the memories are always close (both the pains and the love). Pains of death occurred that beautiful day but now I realize that to the end, there was Sokol and freedom and happiness that was continually present.

The heat did not stop and will never stop any one of us. Balloons, I remember them well, were set free like those people in Praha wish they could be. Songs of love for country were sung by young, who didn't know what the words meant, sang out loud, and old, who knew what the words meant, sang even louder. The flags were presented, the marching mass passed in pride, their heads lifted high.

People came from far away to find a friend they never met, a friend in memories, and a friend that will never be forgotten. Those who have trained to teach came, those who have trained to lead, those who learn

and those who follow. We were all together. We traded our knowledge and skills. We all came.

I worked and sweated and laughed side by side with a new companion. I cried next to an old buddy. I danced to old polkas and new guitars. We had pride in one another's accomplishments. I won and my friends won - we all won but we won more than trophies. We beat the inevitable. I had pride and respect for everyone which is hard to find anywhere.

Sure, I was afraid to be proud in front of people who didn't know what Sokol or Nazdar or Slet meant but I learned quickly to explain and show the enthusiasm to others that I have felt since I was old enough to walk. The XIV American Sokol Slet was the culmination of everyone's fears and anxieties. I ask myself - Do they really appreciate these times or better still - Will I appreciate these times?

Head up, shoulders back, chest out - my teachers used to say. You're a Sokol - Be proud. Yes, I am proud, the people who watch and judge are proud. Slets are a time to reflect back to a time where a proud people were forced to hide their pride in themselves. Could you fight for your life, could you fight for freedom - Could you fight for Sokol? Those people did fight and still are. I am proud and I will fight. I am a Sokol.

No one, no matter who, can break the spirit of the regal falcons gathering - the lions strength. The Slet to me was pride, awe, happiness, memories - it was reliving the greatest parts of life in one single week. I am proud.

Third place winner - Senior
Pam Satek
Sokol Slavsky - Central District

Experience of a Lifetime

The American Sokol National Slet of 1977 in Chicago was one of the most memorable experiences that I have ever had. It was my first Slet and I was very impressed by it. The many hours of careful planning and effort that went into the festival were definitely noticeable and appreciated.

The competitions gave everyone a feeling of excitement and of course a little nervousness. They ran very smoothly, which gave the gymnast one thing less to worry about. I noticed that all the teams became very close during the competitions and from this they will always be able to share some very special moments.

There was always such a friendly atmosphere around every Sokol. I met a lot of new friends that I will always remember and hopefully see at the next Sokol Slet.

The most impressive and exuberating event by far was the actual Slet on Sunday. I have never felt so proud to be a Sokol as I did then. Participating in the junior calisthenics was very special to me. All of the practicing was worth seeing the reaction of the crowd.

I realized at that moment how lucky I was to be a Sokol. Sokol has always meant a lot to me, but now I know why Miroslav Tyrs created this wonderful organization. The feeling that I got from the entire Slet was probably like that of every other Sokol. I hope that I am able to attend many more Slets!

First place winner - Junior
Sharon James
Sokol Baltimore - Eastern District

The American National Slet - Chicago, Ill.

What I can remember from the 1977 American National Slet will be cherished in my memory for a long time. It was well planned and organized. The final product was the most exciting and beautiful thing I could imagine.

The competitions were held at the right time. The atmosphere was filled with fear, joy, excitement and even made new ones. There were expressions of encouragement from the spectators. The idea of having two gymnasiums was very good for the number of participants. It was needed.

The activities on Sunday were a production. I felt I was an actress rehearsing for a movie or a play, just waiting for the final result. To see all those people in the same place at the same time was breathtaking.

To know that there have been Slets for many years gave me a great feeling to be part of this one and hopefully many more. Sokol is an art and history in itself which has been and always will be part of my life.

When it was time to do the actual performance, it was almost sad. What we had worked so hard for and accomplished was almost to an end. We only have memories to rely on for the magnificent and memorable things of all.

Second place winner - Junior
Susan James
Sokol Baltimore - Eastern District

"A 2nd Look"

"UPWARD and ONWARD". A motto that summarizes the goal of all true Sokol brothers and sisters. What a great honor and experience it was for me to participate in the Slet festivities. Truly, every participant cannot come home with a medal or trophy, but they can all be winners. In this essay I will recall back to mind my interpretations and the excitement of a successful, well organized slet. To analyze, evaluate, and recollect the emotions that lifted by Sokol spirit enabling me to take part with a strong body and a strong mind, are the goals of this paper. I shall emphasize also on my accomplishments and how Sokol has tried to perfect me to be physically, mentally, and culturally fit to possess a sound mind in a sound body.

As the Sokol Slet was approaching, my practice and mental preparation time slowly faded each day. Finally, the time had come to board the bus. All practices and polishing up routines had ended, and my mind was set to do my best in competition. When I arrived in Chicago, I knew it was essential to get all the rest I could.

The next morning I was fresh and ready for competition. The competition ran smoothly and quickly. It started and ended on time. That evening I attended a social at Sokol Tabor. It was very enjoyable and a great way to take one's mind off the tension of competition. I also met many new friends from other Sokols.

The sights of towering buildings, crowded streets, and modern architecture were on today's agenda as I toured the city. It was extremely difficult to visualize an ordinary day with the confusion of downtown Chicago. Later that night brought anxiety to my mind as I awaited the announcement of winners at the victory dance. A trophy to the winner would surely reward him for his long, diligent time and efforts devoted to gymnastics. As my division announcement of winners approached, I grew tense and my whole body seemed to be shaking. Suddenly, 4th place was announced and my name was called. I was shocked at the sound of my name. I could have cried as I received the award. It was the happiest moment of my life!

As I layed my head down that night, I dreamed of all the wonderful events that had occurred and what would become of tomorrow. I reflected on all the blessings that were given to me in that week. Soon the final day would arrive to climax all the events of the Slet.

I awoke early that morning because I had calisthenics rehearsal. Other than slight confusions, the practice went well. Shortly I would be performing the "real" thing. I lined up with other gymnasts according to height, unit, and district. The crowd became silent and the marching music began. I marched in place to the cadance a nearby instructor was repeating. The command was given and my line began to step off. It was an inspiring feeling to be a Sokol and to perform a calisthenics with hundreds of other gymnasts on the same field. The music stopped and the audience rose to their feet. They gave us a standing ovation as we marched off. Never had they seen a calisthenics performed so well and so beautiful. It almost brought tears to their eyes. It made us all feel like winners and proud to be a participant.

Now that the Slet is past history and just memories, we can still reflect upon it. But we should not give up our duties as good Sokols. We must still portray our fundamental ideas to make our nation healthy and strong. I think in writing this "2nd look" on the Slet has made me discover the deep underlying truths of our organization. It has caused me to ponder about a spirit lifting event as the XIV American Sokol Organization Slet. Long may we bask in our memories . . . SLETU ZDAR!

Third place winner - Junior
Tom Satorie
Sokol South Omaha - Western Dist.

ASO FINANCIAL REPORT**SEPTEMBER, 1978****RECEIPTS:**

Dues	\$ 611.75
Dividends and Interest	1,058.03
Subscriptions to "American Sokol"	3.00
Resale of Jewelry	137.55
Sale of Songbooks	55.50
Membership Kits	80.00
Postage and UPS Charge	3.74
Donation to General Fund	10.00
Miscellaneous Income	36.00
	<u>1,995.57</u>
A.S.O. Uniform Division - Payment toward Advances	429.20
Transfer of funds from Future Sokol Leaders Fund for Merit Awards	1,400.00
TOTAL RECEIPTS	\$3,824.77

DISBURSEMENTS:**Administrative**

Salaries	\$567.11
F.I.C.A. & F.W.T. for August	150.00
Rental, Janitor Service, Phone, Electric	391.58
Rental of Mailing Machine	69.49
Office Supplies	76.42
Travel Expense	406.52
Insurance	92.00
Service Contracts	145.00
	<u>\$1,898.12</u>

Board of Instructors

Salaries	\$349.23
F.I.C.A. & F.W.T. for August	60.18
Editor "Sokol Gymnast"	30.00
Additional copies "Sokol Gymnast"	29.00
Phone	5.63
	<u>\$ 474.04</u>

Educational Department

Salaries	\$ 43.98
F.I.C.A. for August	7.42
	<u>51.40</u>

Sokol Publication

Printing "American Sokol"	\$846.56
Postage "American Sokol"	125.09
Editor	100.00
	<u>1,071.65</u>

Miscellaneous

A.S.O. Uniform Division - Salaries, F.I.C.A., F.W.T., Phone	\$ 257.17
Merit Awards	1,400.00
Special Appropriations - Central District A.S.O.	365.00
Special Appropriations - Northeastern District A.S.O.	90.00
Transfer of funds from checking to savings	5,000.00
	<u>7,112.17</u>
TOTAL DISBURSEMENTS	\$10,607.38

Balance brought forward -

Western National Bank of Cicero - Checking Account	\$10,164.61
Receipts - September, 1978	3,824.77
	<u>13,989.38</u>
Disbursements - September, 1978	10,607.38
	<u>\$ 3,382.00</u>

FUTURE SOKOL LEADERS FUND**September, 1978**

In memory of Bro. George Herink - Rose J. Herink, Donald & Sue and family	\$ 20.00
Sokol and Sokolice Milwaukee	15.00
In memory of Agnes Hejny - Mr. and Mrs. George E. Otis	5.00
Ellen A. Cunat	5.00
Jerome L. Gabriel	5.00
Mildred M. Gabriel	5.00
In memory of Sis. Anna Fisher - Sokol Town of Lake	15.00
In memory of Bro. Oldrich J. Kudrnovsky - Betty and Helen Prener	10.00
	<u>\$ 80.00</u>
Dividends Earned	486.37
	<u>\$ 566.37</u>
Transfer of funds from savings to checking for Merit Awards	1,400.00

Donations are tax exempt**DONATIONS TO GENERAL FUND**

In memory of Sis. Anna Barcal - Paul Lebloch	\$ 10.00
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**IN MEMORIAM
BRO. RALPH GRUBER****1896 - 1978**

On July 10th, 1978 we at Sokol Cleveland Cech Havlicek were saddened by the passing of our Bro. Ralph Gruber. His passing has left a void in our Sokol family. To many of us he was known just as "Ralph".

He married into a family of long Sokol background, and in 1946 became a member of, at that time, Sokol Cleveland. Many years later with reluctance, he accepted the presidency of Sokol Cleveland Cech Havlicek, and served our unit with dedication in many capacities, including all committees and Board of Trustees as well as vice-president, as long as his health permitted. In the Northeast District he was a vice-president and served as treasurer of several District Exhibitions. His wife, Sis. Mae, is a fifty-year member, and daughters Janet and Doris are actively participating in the ladies gym classes. To them we extend our deepest condolences.

Sokol members will always treasure his memory and he will be fondly remembered by those of us who knew him. For Bro. Ralph Gruber we wish a most peaceful rest.

Bertha Cihula, Financial Secretary



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TO BE PERFECTLY FRANK . . .

Every football coach dreams of discovering a superman who will lead his team out of the wilderness and into the Rose Bowl. So you can imagine the delight of Coach Hodnutt when he found his dream walking - a boy who could kick like Groza - pass like Graham, and run like Caroline.

Since all coaches are masterminds, Coach Hodnutt decided to keep his discovery under cover. At the proper moment, he would shoot the boy in and sweep the opponents off their feet.

Game after game flew by without a critical development. The season ended and was followed by another. And still Hodnutt's "secret weapon" rode the bench. He sat and sat - through three seasons and two Bowl games, awaiting the call that never came.

And so we find him winding up his career - still waiting - in the Rose Bowl. And then it happened. The invincible machine suddenly fell apart and blew a two-touchdown lead. The great moment had arrived.

Hodnutt turned to his superman. "Son," he said, "get in there and show'em how the game should be played. There were a couple of minutes to go and we need a touchdown to win."

The greatest unknown player in history jerked off his hood with one swift motion - then slumped back on the bench.

"Coach," he moaned, "I can't go in. My legs are asleep!"

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The Bartered Bride - Live On TV From The Met

After an absence of thirty-five years, THE BARTERED BRIDE, Bedrich Smetana's comic masterpiece returns to the Metropolitan Opera's repertory. Of the seven performances of the opera that will be given this autumn, the one on Tuesday evening, November 21, will be televised live from the Met in Lincoln Center, New York City, on public television channels (WNET - 13 in New York and WTTW - 11 in Chicago) at 8:00 p.m. New York Time and 7:00 p.m. in Chicago. For the time and channel in your area, consult local listings.

THE BARTERED BRIDE returns in a specially-commissioned new English version by the noted British author and poet, Tony Harrison. The cast for the premiere and for the "Live from the Met" telecast on November 21 includes Teresa Stratas, soprano; Nicolai

Gedda and Jon Vickers, tenors; and Martti Talvela, bass. James Levine will conduct the orchestra. Sets for this supreme example of Czech nationalism in opera will be by Czech designer Josef Svoboda. Jan Skalicky designed the costumes. The opera will be sung in English.

Texaco is sponsoring the live telecast, as well as the Metropolitan's Saturday afternoon radio broadcasts. The Saturday afternoon broadcasts over the Texaco-Metropolitan Opera radio network begin December 2 with - THE BARTERED BRIDE! If you are at home, you may want to listen to it, especially if you were unfortunate enough to have missed the telecast on November 21.

A front row seat at the Met would cost you \$37.50, and on November 21 you can have a front row seat at home and watch the same performance for free! Watch the Metropolitan Opera's presentation of THE BARTERED BRIDE and thoroughly enjoy it!

Anne Glasser, Sokol Cechie, Chicago

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