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Educational and Physical Culture Organization

SOKOL AMERICKÝ

Věstník Americké Obce Sokolské

REDAKTOR
JARKA KOŠAR



ROČNÍK LVI.



BERWYN, ILL., 1934-35
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EDITOR - JACKIE KOURIM

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OFFICE OF THE
EXECUTIVE BOARD ASO.

EllenJeanne Schnabl, Secretary

6426 W. Cermak Rd. Berwyn, Ill. 60402

Tel.: 795-6671

Meetings: 4th Tuesday, except July and August,
at ASO Office.

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Calendar of Events

SEPT. 8 - SOKOL GREATER CLEVELAND
A.S.I. Beer Festival

SEPT. 9 - SOKOL DETROIT
Grape Festival - Sokol Camp

SEPT. 21 - SOKOL CLEVELAND CECH-HAVLICEK
Fish Fry at Bohemian National Hall

SEPT. 23 - SOKOL SOUTH OMAHA Czech Festival
Czech Dinner - Polka Music - Entertainment

SEPT. 22 and 23 - 40th MORAVIAN DAY
(Moravsky Den) - "Hody"

Sept. 22nd - Dance at Sokol Brookfield

Sept. 23rd - "Hody" at Union Hall, Countryside

SEPT. 29 - SOKOL CLEVELAND CECH-HAVLICEK
Steak Roast - Dance at Bohemian National Hall

OCT. 13 - SOKOL DETROIT - Hayride
Sokol Camp

OCT. 13 - 14 - SOKOL SOUTH OMAHA
Garage Sale

OCT. 20 - SOKOL CLEVELAND CECH-HAVLICEK
Square Dance at Bohemian National Hall

OCT. 27 - SOKOL SOUTH OMAHA
Halloween Masquerade Dance

OCT. 27 - SOKOL WASHINGTON, D.C.
"Sokol Opera" Ant. Dvořák's - "Jakobin"

NOV. 16, 17 and 18 - SOKOL MILWAUKEE
Holiday Folk Fair

DEC. 2 - SOKOL DETROIT - Czechoslovak Afternoon
Dinner Party - Sokol Cultural Center

DEC. 31 - SOKOL DETROIT
New Year's Eve Party - Cultural Center

DEC. 31 - SOKOL BERWYN
New Year's Eve Celebration

JAN. 19, 1980 - SOKOL MIAMI
10th Anniversary Celebration

FEB. 10, 1980 - SOKOL DETROIT
Winter Gymnasticale

FEB. 28, 1980 - SOKOL BERWYN
Las Vegas Night

MAR. 22, 1980 - SOKOL BERWYN
Annual Exhibition

Get in the Action . . .

ATTEND

SOKOL

FUNCTIONS!

AMERICAN SOKOL

VĚSTNÍK AMERICKÉ OBCE SOKOLSKÉ

Ročník - Vol. C

September - 1979 - Září

Číslo - No. 9

SOKOL AMERICKÝ

VĚSTNÍK AMERICKÉ OBCE SOKOLSKÉ

Ročník LVII.

Berwyn, Ill., 15. května 1936.

Číslo 12.

SLET ČESKOSLOVENSKÉHO SOKOLSTVA
NA VÝCHODĚ.

AMERICAN SOKOL
(CZECHOSLOVAK)
**Gymnastic Meet
and Exhibition.**

**Sunday July 5
1936**

MADISON SQUARE GARDEN
• NEW YORK CITY •

FLW

ASO Executive Board Meeting

June 26, 1979

Meeting was brought to order by the President, Bro. R. Zitny. District minutes which were received and discussed were as follows: Western, semi-annual meeting of April 22, 1979, with all unit reports and May 14th; Eastern, May 6th at New Jersey and May 11th at Baltimore; Central, May 23rd.

CORRESPONDENCE: Letter sent to Sokol Slavsky with three Citations of Merit for Bros. Frank Sula, 55 years, Joseph E. Jelinek, 55 years and Sis. Anna Novy, 55 years. Received a new and complete roster of officers from Sokol Fuegner, South Chicago, with a notation that their latest quarterly report shows a gain of 75 members. From Sis. Louise Nekuda, President of the Pacific District and Bro. Jiri Liska, President of Sokol Los Angeles, thanking Bro. Zitny for appearing at their 70th Anniversary and District Slet. Sent a plaque to Sis. M. V. Lier, Corresponding Secretary of Sokol New York and a copy of our Citation of Merit. Received two very nice letters in return thanking Sis. Schnabl for promptness and an explanation that the Hohners are moving to California. A note from Sis. Anna Smrcka of Sokol Karel Havlicek, Yukon, that Sis. Rose Knox has resigned as Secretary of the unit. Sis. Sotka has been so advised. Notice from Sis. B. Hochner, Sokol Fuegner, New York, due to her moving to California she will no longer be secretary of that unit, Sis. Sotka advised. In the "Katolický Sokol" the Slovak Catholic Sokol is announcing its 23rd National Convention to be held at Mt. Airy Lodge, Mt. Pocono, Penna., from September 9th thru Sept. 14th, 1979. Sis. Schnabl will send a letter of greetings.

SIS. M. PTACEK - Women's Director: Received copy of Sis. N. Zabka's minutes of the USGF special meeting. Helped assemble ASO Tournament Rules books which include all changes up-to-date. The ASO, BOI sent a note of congratulations to Sis. Kate Danko. Judged at the Central District Junior Girls' competitions and participated in the Central District Slet. Final Report Form - this was not received at the time of the BOI meeting, but was reported; Northeastern District CPR Course held May 9th and 10th with 12 students - \$65.00. List of students attached. Sis. Prener moved that it be paid, seconded, passed. Bro. Lebloch and Sis. Ptacek will sign the forms so that they don't have to wait until our September meeting.

BRO. P. LEBLOCH - Men's Director: Attended the dinner honoring James Hartung, Phil Cahoy, Jr. and Chuck Chmelka in Omaha and was quite impressed. Honored by being able to present plaques to them. Participated in the Central District Slet, will attend the Sokol USA Slet. Received a copy (original) of Sokol march music from Bro. E. C. Linhart which was composed by Bro. Frank Linhart of Sokol Brookfield. Sis. Schnabl will send an acknowledgement.

BRO. S. BARCAL - Educational: Minutes of their June 15th meeting were read, the much delayed "Manuscript of the Queen's Court" was received. The

"Czech History" by Bro. Prchal, complete with pictures, is almost ready for the printer. Negatives are being sought for the publicity brochure. "100 Years of Sokol" will be printed in our pamphlet form. Pictures are being sought. File cabinets are needed for more storage. A number of sources are being investigated and if these fail; Sis. Pistorius moved that matching fiberboard cases be purchased (as we have now); seconded, passed. Discussion was held regarding Slet posters, dating back to 1925. These will be preserved and glass cases shall be investigated. Sis. Schnabl moved that they be allowed to go ahead and should they prove feasible, to purchase same; seconded, passed. A mailing will be sent shortly to inform all unit and district Educational Directors of what materials are available at the office to get them ready for the coming fall season.

SIS. J. KOURIM - Editorial: The July-August issue is awaiting the second proof-reading. She also stated that the SPJST and Polish Falcons have been using some of our Educational materials and the Polish Falcon newspaper used one of our old ASO covers.

SIS. S. PISTORIUS - English Publicity: Was contacted by the "Suburban Tribune", a supplement to the Chicago Tribune. Pictures and an article about the Central District Slet was published.

SIS. A. D. SOTKA - Financial Secretary: Prepared the financial report for May, 1979; distributed copies to the Executive Board members. Reported that the office window was broken even more - previous break had not yet been repaired. Bro. Sotka and Sis. Sotka did the cleaning up. The CPA Audit for 1978 bill was paid. Filed annual report of a Charitable Trustee with the Illinois Attorney General. Billed subscribers to our publication; sent reminders to members of T. G. Masaryk unit-at-large for dues payments; notified a Southern District unit of dues payment. Gave us a break-down of monies spent for the December, 1978, School Board meeting. Passed on questions which were duly answered from Sokol Town of Lake regarding the official status of the Chicagoland Building Association.

BRO. G. BASTA - Treasurer: Has brought all records up-to-date, including the bank reconciliations. Finds that we are running in the red for the first 5 months of 1979. Will have a budget comparison ready for the next meeting which will cover the first 6 months of 1979.

SIS. B. PRENER - Uniform, I. Vice-President, Office: Sales are entering slow season, but receiving last-minute orders. Accounts payable are current. Auditing committee to meet on July 11th to work on last quarter of 1978 and first quarter of 1979. Received notice of increase in prices from Zwickel for Men's pants. Junior Boys' and Women's shorts and the 6-panel leotards; effective July 1st and all units have been notified. Suggestion made to stockpile the women's blouses during the summer; seamstress will be contacted.

Attended dinner honoring Sis. Kate Danko given by her Slovak lodge and presented her with our Citation of Merit. Attended Sokol Cechie's 100th anniversary banquet.

Arranged for floor cleaning and has been trying to contact the building manager of Arthur Rubloff who had promised that our ceiling would be fixed by early May. It

was suggested that we withhold payment for the next month's rent until something is done. Sis. Prener will write a letter.

SIS. E.J. SCHNABL - Secretary: Prepared the May minutes; distributed same to the Executive Board members and to the six District Presidents; handled correspondence; made plane reservations as were necessary. Acknowledged Future Sokol Leaders' Fund donations; mailed out Sokol song books. Have been in contact with Pitney-Bowes and U.S. Leasing for the return of the mailing machines. Judged for the Central District Women's competitions and ran the Junior Girls' competitions and participated in the Central District Slet.

BRO. R. ZITNY - President: Attended the Slet of the Pacific District and banquet of Sokol Los Angeles. Mentioned that Sokol Fresno did not attend because of the gas situation. Were very nice affairs. Presented us with a copy of their program book. Attended the recognition dinner at Sokol Omaha for Jim Hartung, Phil Cahoy, Jr. and Chuck Chmelka. This was a very dignified and warm affair. Attended the Southern District Slet at Ennis and saw some of the competitions. Days were quite humid, but the Slet turned out very nice. Showed us a newspaper which covered the events quite well. Spoke at Sokol Cechie's 100th Anniversary banquet and presented a copy of their history. Received a call before the meeting started from Sis. Betty Petrzalek, Sokolice Renata Tyrsova stating that the Holiday Inn is being booked for Sunday, June 15, 16, 17 and 18th in Cedar Rapids. They will also investigate a new facility - The Five Seasons Civic Center - which may be available.

OLD BUSINESS: Bro. Barcal will review the article regarding his meeting with the State Department; copy will be given to Sis. Kourim tonight for publication. By-laws of the Czechoslovak Society of Arts and Sciences were reviewed by Sis. Prener. Sis. Schnabl will write to find out what our duties and financial obligations would be as supporting members. 1980 American Sokol Slet Convention: The By-Laws Committee consisting of Sis. Prener, Bros. G. Basta, P. Lebloch, S. Barcal and R. Zitny will meet at 7:30 p.m. on Monday, July 9th. The Convention Committee consisting of Sis. E.J. Schnabl, M. Ptacek, L. Zdenek, A. Sotka and Bros. Barcal and Zitny will meet at 7:30 p.m. on Tuesday, July 10th. Note that Bro. Zitny will take the ASO Flags on the bus to Bethlehem. There being no further business, meeting was adjourned at 9:20 p.m.

Respectfully submitted,

E.J. Schnabl, Secretary

100th Anniversary Dinner of Sokol Cechie

We Czechs did not come over on the Mayflower, but celebrating a 100th Anniversary of a Sokol unit is something to shout about! We didn't shout, but we did talk loud and enthusiastically and sang Czech folk songs. We had a happy hour during which we shook hands with

former members who had come from out-of-state to be with us. Edwin Bergman from Omaha and Educational Director, Bro. Stanley Barcal found each other and recalled Slets in which they had participated before the Second World War. Gymnastic instructor Bro. Frank Vorel renewed friendships with gymnasts from his former classes.

Our centennial dinner of roast duck, pork, dumplings and sauerkraut was held at Cafe Europe in Cicero, June 16, 1979. Bro. Pres. Otto Glaser, acting as Master of Ceremony welcomed all guests and introduced special guests seated at the speaker's table with a large floral piece in the center. There were Bro. Roy Zitny, Pres. of the American Sokol Organization and his wife, Vlasta; Bro. Edwin Halik, Pres. of the Central District, A.S.O. and his wife, Anne and Bro. Frank Vorel, our long-time gymnastic instructor.

The program started with Sis. Anne Glasser, our Educational Director, giving a brief history of Sokol Cechie. It began with its founding on February 1, 1879, on the Northwest side of Chicago, in a Czech community known as Ceska Albrechtce. On May 8th, it was admitted to membership in the Narodni Jednoty Sokola, now called the American Sokol Organization. Besides being a gymnasium, it had a library, formed a choral group and started the John Komensky School for children of immigrants who were fast losing their Czech language by attending English-speaking schools.

Sokol Cechie's first permanent hall was at 32-34 Emma Street, near Milwaukee Ave. The two lots cost \$3,600, and the building about \$16,000. In 1892 the building was completed and the gymnastic equipment was moved in. The building housed the John Komensky School, a lecture room and a saloon. The second floor had a large ballroom, stage and bar. This was where exhibitions and dances were held. The third floor had meeting rooms for lodges, and a flat where the manager and his family lived.

There was a Czech Day at the 1893 Columbia World's Fair on the south side of Chicago. A huge parade in which Sokol Cechie took part wound its way through the city. There was a Sokol Slet on the exposition grounds and 20 of Sokol Cechie's gymnasts took part and two teams, one in the championship division competed in the contests.

The happy days of growth and competition came to an end when financial reverses hit. Sokol Cechie lost its building when the Atlas Brewing Company took it over for its outstanding debt of \$18,715. In 1906, Atlas Hall was abandoned because of poor maintenance. At that very low period of existence Bro. Frank Paul was instructor and being a champion athlete himself and a dedicated Sokol, he was able to bring the classes of men and women up to the highest levels of gymnastic work in Sokol Cechie history. It was brought to an end when the United States entered the First World War.

In 1924, the United Societies of the Northwest Side and Sokol Cechie organized to plan and put up a building of their own to keep up Czech culture in the area. Lots were purchased on Cicero Ave. near North Ave. Before a gym hall could be built, the lease on the hall where classes were being held was cancelled and

gym equipment had to be stored. The women turners went to Sokol Pilsen and the men to Sokol Chicago.

National Hall was opened October 31, 1926 with a great celebration. There were 12 men, 18 women, 30 boys and 24 girls attending classes. In 1929, Sokol Cechie celebrated its 50th Anniversary.

The depression years followed but Sokol Cechie held on and it was not until the United States entered World War II that attendance dropped off due to the young men being drafted into the army. Even after the war the classes did not build up. They were discontinued in 1948. Sokol Tabor got some of the equipment and the remainder went to Sokol Stickney.

In 1968, National Hall was sold to an Italian couple who were entering into a catering business. A meeting was called to determine if Sokol Cechie would disband. Bro. Stanley Barcal, at that time President of the American Sokol Organization and Bro. Frank Vodraz, Treasurer, attended the special meeting. Bro. Barcal pleaded that the members stay together and keep their unit alive. His advice was taken and Sokol Cechie continued to operate as an inactive unit. Even though we are inactive gymnastically, we support the Sokol movement and help keep alive Czech culture.

Following this wonderful bit of history which was researched and compiled by our Sis. Anne Glasser, Bro. Zitny was asked to speak. He called attention to the driving force that maintains and keeps its Sokol members together, passing a heritage and an ideal from one generation to another. He stated that there are none who can recount the trials and tribulations of the formidable years, but four descendants of Joseph Tichy, first President of Sokol Cechie were present and asked to stand. Let us remember Bro. Zitny's closing thought: Sokol was, Sokol is, and Sokol will be.

Bro. Halik, President of Central District, ASO talked next and told of the warm relationship which existed in earlier years between Sokol Cechie and Sokol Pilsen and that Sokols of both units took part in each other's gymnastic activities. I followed next on the program, and recited a Czech poem, Salute to Sokol Cechie. Bro. Anton Hanuska, our Vice-President and a member of the famous Lyra Singing Society followed by singing, "Verchovina" and "Tece Voda Tece". He had no musical accompaniment as Mr. Joe Divisek, a professional accordion player who was hired for the evening suffered a heart attack and it was impossible to get a replacement.

Without music Bro. Hanuska did a good job in leading a sing-a-long of Czech folksongs and Sokol songs. In conclusion he sang, "This Is My Country".

The large banner was made by Bro. Hanuska. It was made of heavy cardboard and painted red, white and blue. He created the traditional Sokol emblem, above which he added "100 Years Sokol Cechie". Sis. and Bro. Meskan and Sis. Symoniak made the name labels for everyone and had charge of the floral table decorations. Bro. President and Sis. Anne Glasser worked hard to make our centennial celebration memorable.

Sis. Stella Tichy,
Sokol Cechie, Chicago

Meeting with the State Department of the United States of America and Czechoslovak-Americans

On April 18th, 1979, the State Department and representatives of many Czechoslovak organizations met in Washington, D.C. The meeting was conducted by Robert L. Barry, Deputy Assistant Secretary of State for European Affairs and the new Ambassador to Czechoslovakia, Francis L. Meehan. In addition, there were approximately 12 others representing various departments on European affairs and 60 invited guests, representing the Czechoslovak-Americans.

The new Ambassador, Mr. Meehan, has been in the diplomatic service in Eastern Europe for many years. His vast knowledge of Europe, including Czechoslovakia, should make his new assignment much easier.

There were many issues discussed - such as:

1. The 18 tons of gold that is held by the United States of America; this was taken by the Germans during World War II, then salvaged by American troops and brought to the United States for safe keeping.
2. The presence of Russian troops since 1968 on Czechoslovak soil.
3. The general economy of Czechoslovakia.
4. The cultural and student exchange program.
5. Getting information to the people by various means.
6. Charter '77 and the Human Rights.

While all of us recognize that there is little we can do about some of these issues, in my opinion we must support and encourage the following:

1. The Human Rights issue must be kept very much alive.
2. The student exchange and the cultural exchange program should be encouraged and expanded on a one-to-one basis.
3. Improve and expand our lines of communication with the people of Czechoslovakia.
4. Encourage travel by Czechoslovak-Americans to Czechoslovakia and travel by the Czechoslovak people to the U.S.A. This further expands the lines of communication between the people.
5. Encourage trade between the two countries.

Following are some statistics: Official name: Czechoslovak Socialist Republic; Population: 15 million as of 1978. Ethnic groups - Czech, 65 percent; Slovak, 30 percent; also Hungarian, Polish, Ukrainian, German. Languages: Czech, Slovak, Hungarian; Literacy - 99 percent. Life expectancy - 70 years. About 250,000 gypsies, the fastest growing ethnic element in the population, live mainly in Slovakia. About 13,000 Jews remain of a prewar population of 360,000. Geography: Area: 49,371 square miles (about the size of New York). Cities: Prague (pop. 1 million plus); Brno (340,000); Bratislava (285,000); Ostrava (275,000); Plzeň

AMERICAN SOKOL

SOKOL GYMNAST

SEPTEMBER, 1979

Editor - Edward Linhart - 1820 Ridgeland Ave., Berwyn, Ill. 60402

Southern District Beginners Instructors Course

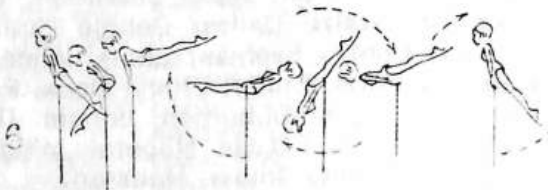
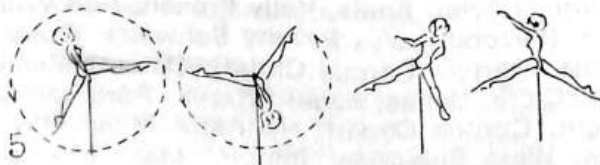
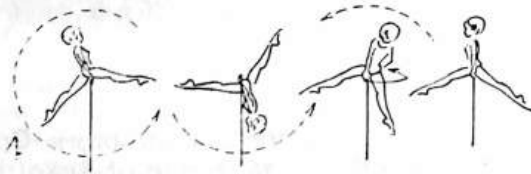
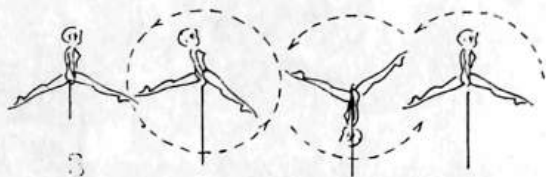
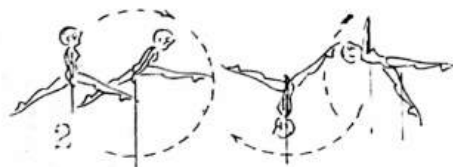
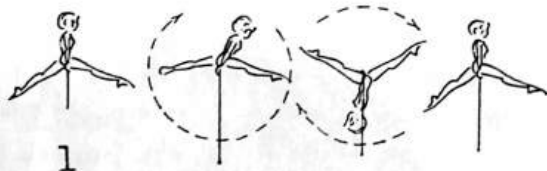


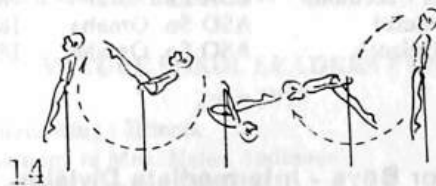
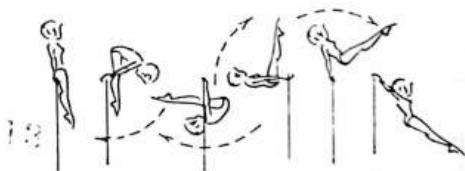
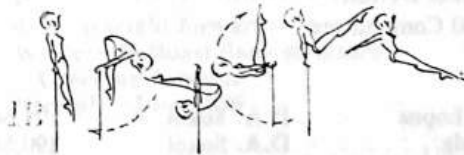
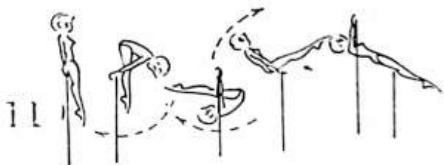
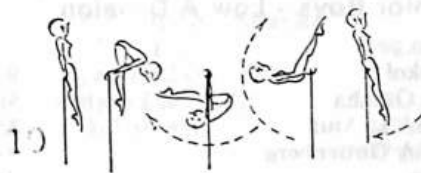
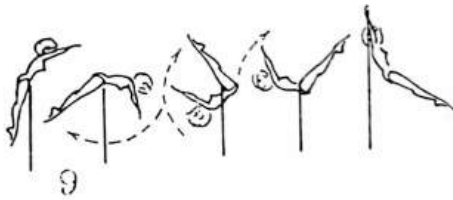
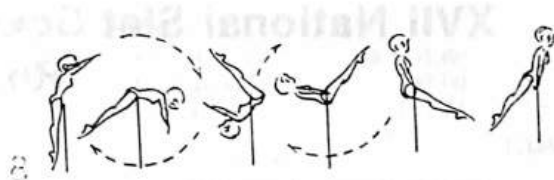
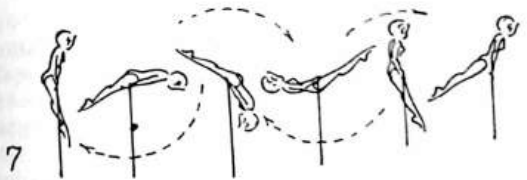
The Southern District Beginners Instructors Course was held at the Sokol Gymnastic Center in Ennis, Texas, home of Sokol Karel Havlicek Borovsky, June 11-16, 1979. Thirty students completed the one week of intensive instruction. Head instructor was Bro. Jerry Milan of Forth Worth. Additional instructors were Sis. Henrietta Milan from Fort Worth and Bro. Frank Michalik of West Suburban.

Students are pictured l. to r.: (First row) - Diane Trlica, Ennis; Donna Kaase, Houston; Leann Henry, Ennis; Cindy Tyler, Ennis; Kelly French; Fort Worth; Leah Davis, Ennis (did not complete). (Second row) - Beverly Schwartz, Cedar Rapids, Iowa; Nola Blake, Dallas; Donna Weirich, Corpus Christi; Dawn Nelson, Ennis; Melissa Vrana, Ennis; Teresa McClure, Dallas; Sandi Frizzell, Forth Worth; Susie Skinner, Houston; Kathy Faught, Corpus Christi; Henrietta Milan, Fort Worth. (Third row) - Mary Ann Owen, West Suburban, Illinois; Mary Fliehier, Cedar Rapids, Iowa; Renee Faraizl, Dallas; Debbie Hudspeth, Ennis; Lisa Williams, Cedar Rapids, Iowa; Debbie Svehlak, Ennis; Alice Hyatt, Dallas; Barbie Kozel, Fort Worth; Tracy Hamilton, Ennis; Cheryl Beck, Forth Worth; Jerry Milan, Fort Worth; Frank Michalik, West Suburban, Illinois. (Fourth row) - Kevin Prachyl, Ennis; Wes Mach, Ennis; Paul Davis, Houston; William Young, Houston; Kenneth Scott, Corpus Christi; Johnny Snider, Houston.

Women Uneven Parallel Bars - Rotates

ROTATES - A rotation is a circling movement around the axis of the apparatus, executed from a support or seat rearway, back to starting position. Illustrated here are several categories which may be executed on the low or high bar. - 1. Rotate (circle) strideleg, forward. 2. Rotate (circle) strideleg, forward, with regrasp to high bar. 3. Rotate (circle) strideleg, rearward. 4. Rotate (circle) strideleg, rearward with 180 degree turn. 5. Rotate (circle) strideleg, rearward with 180 degree turn and regrasp to high bar. 6. Arched, front rotate backward. 7. Bent hip, front rotate forward. 8. Bent hip, front rotate forward starting with release of hands. 9. Bent hip, front rotate forward with release and regrasp of hands to high bar to hang. 10. From rear support, fold rotate forward. 11. From rear support, fold rotate forward with release and regrasp of hands to high bar. 12. From rear support, fold rotate forward to dismount forward. 13. From rear support, fold rotate forward to fall forward to dislocate hang. 14. From rear support, fold rotate rearward.





XX World Gymnastics Championships at Fort Worth, Tex., Dec. 3-9, 1979

1979 is moving along quickly and we will be focusing our attention as well as the attention of the whole world on Fort Worth, Texas and the **WORLD CHAMPIONSHIPS**. This is really the biggest gymnastic event in the world. Some 30 to 40 nations will be in the USA working towards winning an individual or a team title and becoming a true "World Champion". For the first time in our history we have two defending Champions. It will be another first, when they defend those titles on their home ground. This is the Twentieth World Championships. Until this year they were conducted only every four years, but starting in 1979 they will be held every two years, and in that year that falls before the Olympic Year they will serve a dual purpose of qualifying teams and individuals into the next Olympic Games. Only the top twelve teams from Fort Worth will be qualified into Moscow in 1980.

Fort Worth will be the biggest gymnastics event in the world. The Podium will come from Montreal. The timing system (electronic scoring) will either come from Japan or Switzerland. The simultaneous equipment from New York. The Computers and Copiers from here in the United States. Press facilities for some 600 press

representatives from around the world . . . including multi-language typewriters, telex-equipment, switch boards and operators, and translators, and press sessions, and so on. Equipment for seven complete sets for men and women at one time . . . all in one building. Transportation for 700 members of delegations and housing, and currency exchanges and meals. - 17 different sessions of competition that run from 8 a.m. until 10 p.m. the first four days. It is a sizeable event.

Frank L. Bare

Southern District Co-Hosts Czechoslovakian Folk Dance Clinic

The Southern District in conjunction with the Czech Cultural Society of Dallas and its member organizations hosted a Czechoslovakian Folk Dance Clinic, July 14th, at the Sokol Gymnastic Center in Ennis, Texas. Bro. Fred Kala of Sokol Berwyn, Illinois, and Central District Dance Instructor, conducted the clinic. He introduced several new dances to those attending. Included was the Horecansky Czardas which will be performed at the American Sokol Slet in 1981.

Member organizations of the Czech Cultural Society include, CSA, KJT, KJZT, SPJST, SVPS, WFLA, Sokol, Catholic Czech Club and the Circle of Czech Ladies. Representatives of all these organizations plus groups from other areas of Texas took part in the Clinic.

XVII National Slet Sokol USA - Bethlehem, Pa. Results:

Junior Boys - Low A Division

Teams

1. D.A. Sokol	930.6
2. ASO So. Omaha	905.5
3. Sokol USA L. Stur	858.3
4. Sokol USA Guttenberg	843.0
5. Ceska Sin	757.2
6. ASO Sokol Detroit	721.5
6 Teams - 60 Competitors	

Individuals

1. Manny Lopez	D.A. Sokol	191.50
2. Jim Duda	D.A. Sokol	190.50
3. Michael Cacchione	USA Lud. Stur	189.20
4. Dan Dolezal	ASO So. Omaha	188.20
5. Brian Holecek	ASO So. Omaha	187.50

Junior Boys - Intermediate Division

Teams

1. D.A. Sokol	184.55
2. ASO - Sokol So. Omaha	173.70
3. ASO Sokol So. Omaha	162.10
4. ASO Sokol Omaha	161.30
5. ASO Central District	153.45
6. ASO Sokol Detroit	146.70
6 Teams - 27 Competitors	

Individuals

1. Eugene Szatkowski	D.A. Sokol	63.35
2. Pedro Medina	USA Guttenberg	61.95
3. Joseph Mortellaro	D.A. Sokol	61.35
4. John Lowry	ASO Sokol Omaha	59.90
5. Don Chae	D.A. Sokol	59.85

Junior Boys - High Division

Teams

1. ASO Sokol Omaha	189.20
2. ASO Sokol Omaha	171.95
3. ASO Sokol Omaha	168.80
4. ASO Sokol So. Omaha	164.40
4 Teams - 14 Competitors	

Individuals

1. Jeff Hartung	ASO Sokol Omaha	59.85
2. I. Yoich	ASO Sokol Omaha	58.30
3. Joe Petricek	ASO Sokol Omaha	57.17
4. John Chmelka	ASO Sokol Omaha	55.00
5. Steve Coldwell	ASO Sokol Omaha	53.95

Junior Boys - Championship Division

1. Justy Reed	ASO Sokol Omaha	114.55
2. Mike Bowers	ASO Sokol Omaha	112.30
3. Robert Szatkowski	D.A. Sokol	101.45
4. Kyle Shanton	ASO sokol Omaha	98.95
5. Tom Quandt	ASO Sokol Omaha	97.70
6. Marc Johnson	ASO So. Omaha	90.10
7. Tom Satoric	ASO So. Omaha	89.90
8. Jeff Clayman	ASO Sokol Omaha	84.10

Men - Low Division

Teams

1. D.A. Sokol	678.50
2. Ceska Sin	635.00
3. ASO Sokol Little Ferry	589.4
3 Teams - 25 Competitors	

Individuals

1. Mickey Dalton	ASO So. Omaha	186.2
2. Joe Stonaker	D.A. Sokol	180.9
3. Joe Balough	ASO New York	180.4
4. Rich Smetana	Ceska Sin	180.0
5. Mirer Lojkasuk	Sokol Toronto	176.5

Men - Intermediate Division

Teams

1. ASO Sokol Baltimore	166.00
2. ASO Sokol So. Omaha	160.45
2 Teams - 15 Competitors	

Individuals

1. Joe Vrzalik	ASO Baltimore	59.55
2. Steve Ballek	D.A. Sokol	58.55
3. Eddie Marquis	ASO Baltimore	58.15
4. Don Kotlan	Ceska Sin	57.90
5. John M. Wengerter	Sokol USA, Hodza	57.35

Men - High Division

1. Rich Kalivoda	ASO Detroit	56.40
------------------	-------------	-------

Men - Championship Division

1. Jeff Albert	D.A. Sokol	105.75
2. Mitch Johnson	ASO So. Omaha	96.00

E.C.L.

(144,000). Economy: GNP: \$60.8 billion (1976-1977 dollars); Annual Growth rate: 3.4 percent (1977); Per Capita Income: \$3,985 (in 1976 dollars); Natural resources: Coal (coke), timber, lignite, uranium, magnesite. Agriculture: products - wheat, rye, oats, corn, barley, potatoes, sugar beets, hogs, cattle, horses. Industry: Types - iron and steel, machinery and equipment, cement, sheet glass, motor vehicle, armament, chemical, ceramic, wood, paper products. Official exchange rate: 5.60 crown - U.S. \$1 (official) 9.80 crown - U.S. \$1 (tourist).

Bro. Stanley Barcal

Sokol Publication

Printing "American Sokol"	\$ 894.68	
Editor "American Sokol"	100.00	
Postage (May issue)	145.04	
		1,139.72

Miscellaneous

ASO Uniform Division - Salaries,		
FICA, FWT, Phone	466.01	
Special Appropriations -		
Northeastern Dist. ASO	65.00	
Printing Sokol Stamps	743.55	
		1,274.56

TOTAL DISBURSEMENTS

\$5,107.58

Balance brought forward:

Western National Bank of Cicero -		
Checking Account		\$4,354.90
Receipts - June 1979		2,617.39
		6,972.29

Disbursements - June 1979	5,107.58
	\$1,864.71

FUTURE SOKOL LEADERS FUND

June 1979

Nejmenovana - Illinois	\$1,000.00
In memory of Mrs. Helen Jedlovec -	
Fred and Adeline Ramquist	5.00
In memory of Charles Stetina -	
Sokol Milwaukee, Wisc.	20.00
In memory of Joseph Mara, Jr. -	
Sokol Town of Lake	15.00
	\$1,040.00
Dividends Earned	517.00
	\$1,557.00

Donations are tax exempt

July 1979

RECEIPTS:

Dues	\$2,547.50
Sokol Thomas G. Masaryk Dues	24.00
Dividends and Interest	86.28
Subscriptions to "American Sokol"	20.00
Advertising in "American Sokol"	180.00
Sale of Songbooks	2.50
Educational Pamphlets	30.00
UPS Charges	3.70
Donation to General Fund	100.00
Miscellaneous Income	14.00
	\$3,007.98

ASO Uniform Division - Payment		
toward advances		566.01

TOTAL RECEIPTS

\$3,573.99

DISBURSEMENTS:

Administrative

Salaries	\$ 396.62
FICA & FWT for June 1979	156.64
IWT - 2nd Quarter 1979	48.47
Rental, Janitor Service, Phone,	
Electric	423.93

ASO FINANCIAL REPORT

June 1979

RECEIPTS:

Dues	\$ 458.75
Sokol Thomas G. Masaryk Dues	50.00
Dividends and Interest	1,194.32
Subscriptions to "American Sokol"	9.00
Resale of Jewelry	156.20
Sale of Songbooks	18.00
Sale of "Gymnastic Activities with Hand	
Apparatus for Girls and Boys"	6.00
Membership Kits	30.00
UPS charges and postage	2.54
Postage meter refund	29.65
Travel Expense reimbursement	171.00
Miscellaneous	14.00
	\$2,139.46
ASO Uniform Division - Payment	
toward advances	477.93
TOTAL RECEIPTS	\$2,617.39

DISBURSEMENTS:

Administrative

Salaries	\$ 596.82
FICA & FWT for May	121.80
Rental, Janitor Service & Sup-	
plies, Phone, Electric	371.95
Office Supplies	36.23
Postage	1.74
Rental of Postage Meter	6.75
CPA Audit	450.00
Travel Expense	513.28
Petty Cash	25.00
	\$2,123.57

Board of Instructors

Salaries	\$ 322.07
FICA & FWT for May	54.68
Editor "Sokol Gymnast"	30.00
Addit'l copies "Sokol Gymnast"	28.00
Postage	.58
Travel Expense	132.00
	\$ 567.33

Educational Department

FICA for May	\$ 2.40
	2.40

Office Supplies	75.10
UPS Charges and Postage	30.61
Shipping Charges	101.03
	<hr/>
	\$1,232.40

Board of Instructors

Salaries	\$ 311.88
FICA & FWT for June 1979	54.30
IWT - 2nd Quarter 1979	21.59
Editor "Sokol Gymnast"	30.00
UPS Charges and Postage	6.18
	<hr/>
	\$ 423.95

Educational Department

Salaries	\$ 15.12
IWT - 2nd Quarter 1979	.37
Phone	.98
	<hr/>
	16.47

Sokol Publication

Editor "American Sokol"	\$ 100.00
Postage (June 1979 issue)	134.91
	<hr/>
	\$ 234.91

Miscellaneous

ASO Uniform Division - Salaries, FICA, FWT, IWT, Phone	\$ 308.89
Future Sokol Leaders Fund - Postage	.30
Sokol Seals - Office Supplies	62.64
	<hr/>
	\$ 371.83

TOTAL DISBURSEMENTS**\$2,279.56****Balance brought forward:**

Western National Bank of Cicero - Checking Account	\$1,864.71
Receipts - July 1979	3,573.99
	<hr/>
	\$5,438.70

Disbursements - July 1979	2,279.56
	<hr/>
	\$3,159.14

FUTURE SOKOL LEADERS FUND**July 1979**

Frank J. and Antoinette Pelich	\$ 2.00
In memory of Frances Vitek - Frank J. and Antionette Pelich	5.00
In memory of Edward Porinsky of Milwaukee - Charles and Jarca Richter	10.00
In memory of Milo Trenk - Anne Helebrandt	10.00
	<hr/>
	\$ 27.00
Dividends earned	226.76
	<hr/>
	\$ 253.76

DONATIONS TO GENERAL FUND

Louis F. and Christine Horak	\$ 100.00
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Donations are tax exempt

The Ten Commandments of Sokol

- I. Thou shalt not drill for exercise alone, but should exercise your mind at the same time.
- II. Thou shalt not be late to attend drills.
- III. Thou shalt not be austere at the gymnasium, but reasonable and play the right way.
- IV. Thou shalt not provoke your instructor.
- V. Thou shalt not smoke or take alcohol.
- VI. Thou shalt not gamble. Abhor such company.
- VII. Thou shalt not use abusive language nor imperil others with slanderous remarks.
- VIII. Thou shalt not establish hostility among your fellow Sokols.
- IX. While at practice, you should use Czech only.
- X. Thou shalt not omit participation in our country's affairs when you reach maturity.

It takes all of the above to command recognition as a perfect Sokol. By so doing we shall have gained the priceless respectability and physical attraction that is due every man, woman and child. How many of you recall Tyrš' words of Sokolism?

"Sokol idea does not mean physical training only - Sokol's aim is to educate our people to the highest efficiency, to nobleness and to morality."

We are constantly urged to show the American public the results of our endeavors. What do we display in our demonstrations? Well, we present a clean body, a clean mind and a clean soul.

The Czech of today in America has the same high principles of success as the Englishman has. We have Czechs today who are successful lawyers, businessmen, writers, college professors, etc. What more can be expected of Czechoslovakia? And yet, we endeavor to show still more of the Czech's mind and soul.

We find that to be a Czech, should mean to be a Sokol, for it will not suffice to see only a small fraction of our nation cultivating its prowess. We must see every man and woman assembled under our standards and train their bodily vigor and indomitable spirit on our fields of contest.

In closing I wish to say that I have, at certain times, been connected with newspapers (English) and singing classes and I have yet to find the variety of songs that bring more contentment than do our own Sokol hymns. As for our beloved publication - it just can't be better. But I always see the truth in Tyrš' words and would suggest that everyone of us obey the Sokol standards and be ever ready to draw a sword in defense of Democracy, Liberty and Humanity. To all brothers and sisters and all ASO, a hearty "Nazdar!"

Edwin D. Holchak, East Bernard, Tex.
May, 1930 - Sokol Americký

COPY FOR PUBLICATION MUST BE RECEIVED BY THE 10th OF THE PREVIOUS MONTH

Bohemian State Folk Ballet

The Československý Soubor Písni a Tanců are touring the United States for three months beginning on October 2nd and ending on December 9, 1979. The following is a schedule of their nationwide tour:

- October 2 - Akron E. J. Thomas Performing Arts Hall
- October 3 - Columbus, Ohio - Ohio Theatre
- October 4 - Ann Arbor, Mich. - Power Center
- October 5 - Adrian, Mich. - Dawson Auditorium
- October 7 - Chicago, Ill. - Orchestra Hall
- October 8 - Wausau, Wisc. - Wausau East High School Auditorium
- October 23 - Vancouver, B.C. - Queen Elizabeth Theatre
- October 23 - Victoria, B.C. - Royal Theatre
- October 27 - Angwin, Calif. - Pacific Auditorium
- October 28 - Cupertino, Calif. - Flint Center, DeAnza Center
- November 2 - Torrance, Calif. - El Camino College Auditorium
- November 4 - Los Angeles, Calif. - Pauley Pavilion
- November 25 - Murray, Kentucky - Lowett Auditorium Murray State University
- November 28 - Pittsburgh, Pa. - Heinz Hall
- November 30 - Philadelphia, Pa. - The Academy of Music
- December 1 and 2 - Brooklyn, N.Y. - Whitman Hall
- December 9 - Washington, D.C. - Kennedy Center

In Memoriam Marie S. Kolář

Marie Kolář, nee Šindelář, was born in Koryta near Liberec, in northern Bohemia, December 28, 1892 and died after an extended illness in Cleveland Tuesday, July 24, 1979. She came to Cleveland in 1913 and married Karel Kolář, who died in 1969.

Our dear departed is survived by daughters Jarmila Jiroušek and Mildred Pták, a sister and brother residing in Czechoslovakia; 4 grandchildren and 4 great-grandchildren plus a host of sincere friends.

Sis. Kolář was a member of Lodge Lásky k Vlasti, CSA for more than fifty-five years; of Dámská Beseda Mt. Pleasant for over twenty. She was a true Sokol for 63 years, being recording secretary of Sokol Nová Vlast in Cleveland for ten years and for a long period was an active gymnast and capable member of the entertainment committee. When the Kolář moved to the east side of the city they transferred to Sokol Tyrš, now Sokol Greater Cleveland.

Some persons live only for themselves. We have idealists whose horizons are broader who share their lives with others. They seek no material gain or fame. Their greatest satisfaction is the knowledge that they have helped make the world a better place in which to live.

Marie Kolář did volunteer work for the American Red Cross during World War II at a time when her two sons-in-law were in the armed forces. Sis. Kolář was an exemplary homemaker, cook and baker. Gardening was our friend's favorite hobby. She always had an old-fashioned plot where flowers of all kinds bloomed almost all year. Even at Christmas time her home was made more pleasant by roses she had raised. Other

avocations were crocheting, knitting, sewing and embroidering. Marie loved music and reading. She enjoyed being busy until her health began to fail and she could no longer enjoy her various skills.

Marie graduated from the Cleveland Adult Education class in order to learn how to read and write in English. She took a keen interest in the Bohemian school at Česká Sň Sokol, especially when it was attended by her two daughters. She was proud of her American citizenship and never failed to vote. Marie never forgot her Bohemian background and was happy that her roots originated in the old country. She and her husband brought up their daughters to respect their cultural heritage.

Let us remember Marie Šindelář Kolář with respect and affection, and recall her good deeds. Thus shall we honor and preserve her memory to the utmost.

SOKOL EDUCATOR Jan Hus - Religious Martyr

It is six hundred and nine years ago that the great immortal Jan Hus was born on a farm in southern Bohemia, in 1370. He did not stay on the farm tending geese. His mother wanted him to become a priest and at the age of thirteen years, he entered the parochial school at Prachatice. He had to support himself while going to school, and became a singer in the choir of one of the churches. This was the only means of making a living open to poor students like himself. He learned elementary Latin, German and the value of cramming for knowledge in books.

At the age of eighteen, he went to Prague and entered the Charles University. For a room to sleep in and food, he cleaned professors' rooms and occasionally worked in the kitchen. As a student of theology, he became acquainted with the writings of Aristotle, absorbing much of his philosophy. He received his bachelor of Arts Degree in 1393 and a Master's Degree in 1396. He was ordained a priest in June of 1400. In 1402, he became preacher of the Bethlehem Chapel and in 1409, the rector of the Charles University. He managed to maintain himself on his salary which was much lower than the Carolinian professors received.

He had priestly robes and a white fur hood to wear, and he should have been happy, but he became disillusioned and critical of the prelates. The priests did not conduct themselves with dignity. They were lax in their duties, frequented taverns and kept concubines.

He told his parishioners that it was easier not to sin, then to commit sins and then go to confession and pay a priest to absolve the sins, besides doing penance. He urged his people to live sober, decent lives, enlarge their mental capacity and fight for political and religious freedoms. He was not alone in his fight for church reforms. He had followers known as the Hussites.

Hus did not relent but went steadily on preaching against ecclesiastical corruption, the simoniacal degradation of the sacrament and called for reforms. He became interested in the philosophical realism of John Wycliffe, English religious reformer, author of many

polemical writings. He was known as the morning star of the reformation. Hus' friend Jerome of Prague while studying at Oxford University in England, copied some of Wycliffe's controversial religious papers and brought them to Hus. Jerome was a religious reformer, but not an ordained priest, as he had not acquired a degree in theology, even though he had three masters of arts degrees.

Both Hus and Jerome called attention to the vices and degeneracy of the priests, who sold indulgencies and taxed the people heavily. The bishops never reprimanded the priests, but accepted bribes for letting the selling of indulgences to continue. The monks were gluttonous, greedy men, who were more interested in acquiring wealth, than living like pure men of God, ministers of the gospel.

Hus wrote a treatise in which he stated that Christ left none of his blood on earth when he ascended into heaven. The body and blood of Christ given at Holy Communion is sacramental. The relics such as the crown of thorns, the nails and the cross, Christ's tunic and the robe of the Blessed Mary stained by the blood of Christ are not genuine. Those who look for proof of the living Christ or miracles have little faith.

At first Hus' preaching for a purer church was only a local affair, but the Pope of Rome became aware of what was going on, and Hus was excommunicated. This was wrong as Hus never criticized the dogmas of the Catholic religion. He believed in the bible and found in it the truth and the strength he needed to fight for reforms. He was for a simplification of ceremonies, and preached to people to have a deeper faith in God and obey the Ten Commandments.

It was not safe for Hus to remain in Prague and on October 15, 1412, he went to live with the Kozi family in their modest castle in southern Bohemia. It was only a small castle but it was a stronghold, surrounded by a high wall and a moat. It offered Hus the protection he needed, but it had only one room in the tower. He had little privacy in the two years he spent with the Kozi family. He worked under cramped conditions, but he managed to write a number of books and some treatises in Czech and Latin. He also worked on improving the Czech language and made it a language that could be more easily used for literary purposes. He did not hide himself away from the people. They came from nearby towns and far-away places to hear him preach under the stars in open fields. He believed in the Holy Trinity, in the Saints and that one must live in accordance with the teaching of the church.

When he left the Kozi Castle, he went to live at the castle of Lord Henry Lefl of Lazany. He found new refuge here at the castle of Krakovec. He continued to preach to large crowds of people. He stayed at Krakovec about four months and most of this time prepared himself for his appearance before the Council of Constance which he was to attend.

It was in 1413, with the consent of Pope John, that Emperor Sigismund of Germany called for this meeting in Constance, hoping to bring peace to the church and to stop Hus' preaching against the prelates.

King Wenceslaus of Bohemia, who sided with Hus, approved of the meeting. He wanted Hus' name cleared of heresy, and of the charge that his kingdom was harboring heretics. Dignitaries of the Church, kings,

princes and even Pope John XXIII came to Constance. The Pope arrived amidst great pomp, with a large company of nine cardinals, many bishops and their entourage. Nine white horses led the procession, carrying papal robes and other personal belongings. The ninth horse had strapped on its back a monstrance of the sacred host.

Hus went to the meeting unafraid, for he had been given a safe conduct guarantee from King Sigismund. He could return home safely if he did not submit to the council. He was seized and led to the palace where the pope and the cardinals waited for him. He denied the accusations brought against him, and was imprisoned in the Dominicus Monastery. From a horrible cell where he became ill, he was put into a tower which still stands today as part of the monastery which was rebuilt and is now the luxurious Insel Hotel.

Three judges were appointed by the council to further question Hus. Many untrue charges were brought against him and when he refused to sign a recantation, he was sentenced to death, to be burned at the stake.

King Sigismund was dishonored by having tricked Hus into believing that he would stand behind his guarantee of safe conduct. The burning of Hus caused a great upheaval of religious anger to sweep through eastern Europe. Fighting and bloodshed continued until the 16th century.

It was hard to believe that so pious a man as Hus, so richly endowed with the Holy Spirit could be judged a heretic and sentenced to death. Polish ambassadors in Constance did all they could to save Hus. It was not until the seventeenth century that Bohemia and Poland were again Catholic countries. Both countries profited spiritually by the Hussite Wars.



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AMERICAN SOKOL ORGANIZATION
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Berwyn, IL 60402

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- Take Time to Read. . .
It is the foundation of knowledge.
- Take Time for Fraternalism. . .
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eyes.
- Take Time to Help and Enjoy Friends.
It is the source of happiness.
- Take Time to Love. . .
It is the one sacrament of life.
- Take Time to Dream. . .
It hitches the soul to the stars.
- Take Time to Laugh. . .
It is the singing that helps with life's
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- Take Time To Plan. . .
It is the secret of being able to have
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The Vatican Council condemned the three judges who had passed sentence on Hus. In Encyclical Pacem in Terris, it states that nobody can be condemned or executed because of beliefs or convictions. The church itself avenged the death of Hus, the religious martyr.

Sis. Stella Tichy
Sokol Cechie, Chicago

Dear Sis. Kourim:

The enclosed photo is the presentation of the annual donation of \$1,000 by the Slavonic Benevolent Order of the State of Texas (SPJST), to the Southern District, American Sokol Organization.

Bro. Sid Pokladnik, District III SPJST Director in behalf of the SPJST made the presentation to Bro. Ben Maca, president of the Southern District. Bro. Pokladnik is on the left.

Thank you and our warm regards!
Nazdar!

**Executive Committee, Southern District
American Sokol Organization**

Ben Maca
President

Vlasta Laznovsky
Secretary



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