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OCTOBER 1979

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Educational and Physical Culture Organization

SOKOL AMERICKÝ VĚSTNÍK AMERICKÉ OBCE SOKOLSKÉ

Ročník LXIV.

Berwyn, Ill., 15. září 1942.

Číslo 4.

VDEČNÉ SOKOLSTVO
VZPOMÍNÁ
NAROZENIN VELKÝCH TVŮRCŮ



JINDŘICH FUEGNER

NAR. 12. ZÁŘÍ 1822
V PRAZE.

DR. MIROSLAV TYRŠ

NAR. 17. ZÁŘÍ 1832
V DEČÍNĚ NAD LABEM.

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EDITOR - JACKIE KOURIM

388 Shenstone Road Riverside, Ill. 60546

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OFFICE OF THE
EXECUTIVE BOARD ASO.

EllenJeanne Schnabl, Secretary

6426 W. Cermak Rd. Berwyn, Ill. 60402

Tel.: 795-6671

Meetings: 4th Tuesday, except July and August,
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Calendar of Events

OCT. 13 - SOKOL DETROIT - Hayride
Sokol Camp

OCT. 13 - 14 - SOKOL SOUTH OMAHA
Garage Sale

OCT. 14 - SOKOL BERWYN
Picnic - on Sokol grounds

OCT. 20 - SOKOL GREATER CLEVELAND
Square Dance at Bohemian National Hall

OCT. 20 - SOKOL HAVLICEK TYRS
Annual Dinner-Dance at Sokol Brookfield

OCT. 27 - SOKOL-SOKOLICE MILWAUKEE
Recognition Banquet - Alonzo Cudworth Post

OCT. 27 - SOKOL SOUTH OMAHA
Halloween Masquerade Dance

OCT. 28 - SOKOL WASHINGTON, D.C.
"Sokol Opera" Ant. Dvořák's - "Jakobin"

NOV. 10 - SOKOL BROOKFIELD
Sokol Fest

NOV. 16, 17 and 18 - SOKOL MILWAUKEE
Holiday Folk Fair

DEC. 2 - SOKOL DETROIT - Czechoslovak Afternoon
Dinner Party - Sokol Cultural Center

DEC. 8 - SOKOL SLAVSKY
St. Nick's Dance at Sokol Berwyn

DEC. 31 - SOKOL BROOKFIELD
New Year's Eve Dinner-Dance

DEC. 31 - SOKOL DETROIT
New Year's Eve Party - Cultural Center

DEC. 31 - SOKOL BERWYN
New Year's Eve Celebration

JAN. 19, 1980 - SOKOL MIAMI
10th Anniversary Celebration

FEB. 10, 1980 - SOKOL DETROIT
Winter Gymnasticale

FEB. 23, 1980 - SOKOL BERWYN
Las Vegas Night

MAR. 16, 1980 - SOKOL SLAVSKY
Annual Exhibition - Morton East High School

MAR. 22, 1980 - SOKOL BERWYN
Annual Exhibition

MAR. 29, 1980 - CHICAGOLAND SOKOL
BLDG. ASSOCIATION
Dinner-Dance at Sokol Brookfield

MAY 10, 1980 - SOKOL SLAVSKY
90th Anniversary Banquet
P.B.A. Manor, Berwyn

MATERIAL FOR OUR DECEMBER COPY
SHOULD BE IN BY
NOVEMBER 10th -

* * *

October 10th was the deadline for the
November Issue.

AMERICAN SOKOL

VĚSTNÍK AMERICKÉ OBCE SOKOLSKÉ

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SOKOL AMERICKÝ



VĚSTNÍK
AMERICKÉ
SOKOLSKÉ
OBCE

Official Organ of
AMERICAN
SOKOL
ORGANIZATION

Všichni na svá místa

na Sletě

v Chicagu

ve dnech

26.-29. června 1947.



On your mark!

Get set!

Go!

Sokol Slet

in Chicago

June 26.-29 1947.

Office: 2348 Clinton Ave., Berwyn, Ill.

Entered as Second Class matter May 23, 1929, at Post Office at Berwyn, Ill.,
under the Act of March 3, 1879.



October 28th

On October 28, 1918 a new republic was born, in a land that had been under the rule of autocrats for 300 years. The name Czechoslovakia, which appeared in newspapers and on maps, was an unfamiliar one. So were many of the other names of new regimes that were formed of the Empires that had outlived their usefulness and had stubbornly refused to change in an age that would not be denied.

The beginning of a historic period, bent on self-determination, a revival of the spirit that had created the United States of America and in Europe the French revolution, discarding outmoded castes and classes, ripping off the fetters of traditions that had ground humanity into submission for centuries, was here.

Once that flame had been ignited, it might be temporarily held in check, but never again would it be permanently extinguished. The cry of "Liberty, Fraternity, Equality" was not a temporary rallying cry, but a slogan seared deeply into the hearts and minds of men everywhere.

The re-awakeners of the land of our forefathers sensed the strength in their people, knew them to be capable of achieving their independence and of maintaining it by their own ability and accomplishments. More than a century of training and teaching was conducted by as great a series of talented and inspired men and women as any nation ever had. The names of Dobrovsky, Jungman, Kollar, Havlicek,

Palacky, Tyrš, Masaryk, and a host of others, are well known to everyone who has the sense to be proud of the land of his forefathers and has made the effort to learn why it became the beacon light of democracy in a sea of dictatorship.

One fact that is often forgotten is that their whole efforts were always based on truth. Seeing clearly the inevitable scorn that greeted the double-talk of diplomacy, the cynicism and play with half-truths of ordinary politics, and the deep promises of self-seeking adventurers, to a man, they hewed to the line of truth, even when that road became a stormy battlefield. So strong was this feeling, not only among the leaders but seeping down through all classes of the people, that it became a national characteristic. Even when they erred, they manfully admitted it, suffering a temporary setback, but gaining the added strength of their courage and self respect, without which no movement of any kind under the sun, can expect anything but a temporary advantage.

The leader who organized and led the last great charge upon the bastions of a decadent monarchy was a philosopher. He was a man of the people, a Washington and Lincoln in one personality. By his own efforts, through a long, hard life of working, learning, studying, thinking, always thinking, and teaching thousands of eager young minds, he became the greatest man of his time. As H. G. Wells stated it, "It is a pity that too often little minds rule great nations, while at the head of little nations we find those geniuses who cannot exert the influence their abilities entitle them to." Among the latter was Thomas G. Masaryk of Czechoslovakia, the perfect example of the ruler of Plato's Republic, a Philosopher as a ruler.

His army within and without the borders of his country was an army of volunteers. An army of citizens in whose hearts and souls burned the longing for freedom, for just a chance to prove to the entire world that they were capable not only of fighting and dying for their ideals, but to create an example of pure democracy, that come what may, would serve as an everlasting example that Lincoln was right when he said, "Trust the little people, there is more truth and purity and love for their land in their souls, than there is in the hearts of the high and mighty."

They fought hard and died. Their bodies are buried at Zborov and Bachmach and along the whole Trans-Siberian Railway, in Romania at Dobruc, in Serbia and Albania, in Italy on many battlefields, in France from Cherbourg to the Swiss Alps. Many of them served under the flags of the United States, Canada, Britain, France, Italy and Serbia, but all of them - without exception - were serving voluntarily with the same spirit and for the same ideals that guided the legions of Masaryk.

They had been trained in the same schools, they thought alike, they came from the same type of heroic mothers, Spartan women to whom the good name of their little land, seeking its place in the family of nations, was paramount.

And yet there are those who say that the Republic of Czechoslovakia was an artificial creation, the

unfortunate child of the Versailles Treaty. Abiding by the rules of international law, gaining the respect of their former enemies, establishing a record in a newly formed republic within the short space of two decades for humanity, courage, progress, foresight, a true democracy puts these self-styled experts and critics on a spot where alibis will be of little help.

This same land, after twenty years of democratic rule, was partitioned by the forces of Nazism, the flower of its manhood and womanhood exterminated by as ruthless a force as ever overran its territory in its entire history. A few years of respite were given to it, when the forces of another philosophy, as foreign to its national character as Nazism, again put it into bondage.

Nothing lasts forever. Throughout recorded history, every setback has but set the stage for a new advance of mankind. Our problems are no greater than those that faced humanity in the past. A little less greed, a little more generosity, a little less prejudice, a little more understanding, a little less I, a little more we, - - of such small beginnings are great changes made.

We have, in spite of everything that has happened, a just reason to be proud. Our people showed the world the metal of their national character and established a nation that was such a glaring contrast to anything that Europe had ever seen, that it had to be destroyed. The differences by comparison were too great. Europe and its petty politicians and still existing caste system was, and still is, not ready for what it saw in Czechoslovakia and what we have here.

Let us hope they learn before it is too late!

Southern District Executive Committee

August 23, 1979

Meeting was called to order at 8:30 p.m. and presided by Bro. Ben Maca, president.

Correspondence: From Slovonic Fire Mutual Insurance Association (SVPS) forwarding an annual donation of \$100.00 to the Southern District and expressing wishes for continued success. From American Sokol Organization, information on committees needed in conducting the National Slet in 1981. Unit reports from Sokol Houston.

Report of Units: Dallas - Monthly meeting attended by 32. Activity - 16 junior girls presented a gym program at the Folklife festival in San Antonio - the group will perform at the Traders Inn in Dallas in October - regular gym classes will resume September 4 - volleyball teams participated in tournament in Corpus Christi, won two trophies - 8 members attended Czech school classes and several attended folkdance clinic - special day gym classes.

Ennis - August meeting attended by 14, gained 11 regular members - registration for gym classes August 21 and 27 - Board of Instructors have scheduled gym activity for the upcoming season - girls softball teams were quite active - unit secretary, Sis. Zajic resigned

due to moving out of state - gym classes will resume September 10.

Fort Worth - July meeting attended by 14 - 2 volleyball teams participated in tournament in Corpus Christi, winning in mixed senior and men categories - 3 students will attend advanced course in Corpus Christi - various improvements, repairs on building and grounds during summer vacation.

Houston - July and August meetings attended by 31 and 24 respectively - participated in District Slet, won in the special number competition - 5 students attended beginner course - Unit sponsored a benefit for Olympic Committee, July 4, donated \$500 to the committee - gymnasts performed at the Knights of Columbus celebration - weiner roast held for Slet participants.

Report of Officers: Educational Director - Bro. Parma - Have not received any reports. Units have gym class vacations - request for songbook filled - suggests a meeting of educational directors next year.

Treasurer: Sis. Hamilton - Reports receipts, unit membership dues and Slet percentage plus expenses.

Director of Men: Bro. Laznovsky - volleyball tournament, August 11 in Corpus Christi, 12 teams of District, 1 from the Eastern District participated, two courts were utilized, the regular traveling trophies were used with an additional trophy purchased for the guest team, all enjoyed the beach after the games, a beach party was held also on Sunday - advance course in Corpus Christi, instructors Bro. Milan and Vrazilik and Sis. Zabka, 24 students attended; 11, Eastern District; 2, Western District and 11, Southern District; average age 19.9. Traveling and instructors' expense, \$1,037.50; indicates that Bro. Milan will make a thorough report. On agenda: a gymnastic program for the West Fest on Labor Day weekend, Fort Worth will perform for one hour on Saturday and Dallas and Ennis the one hour on Sunday - program is being planned for the Czech Day, October 14 - a Folk-dance clinic to be instructed by Frantisek Bonus from Czechoslovakia scheduled at Sokol Ennis, a 4-hour session on Saturday, August 24, and at Dallas on Sunday, clinic sponsored by the Czech Cultural Society. Bill for volleyball trophy and a Slet competition trophy in the amount of \$28, approved for payment.

Director of Women - Sister Laznovsky - wrote an article on the beginners course and mailed copies along with a photograph to Vestnik and American Sokol - Slet competition results mailed to American Sokol and a summary on the Folkdance clinic, instructed by Bro. Kala also submitted - also the expense report for the beginner course for special assessment; the Board of Instructors rules that a penalty is applied if a Slet volleyball competitor fails to participate in Slet calisthenics. If the team member is on the winning team the trophy involved is forfeited, if on the losing team the unit is penalized \$20. As this has occurred in the last Slet, Bro. Maca indicates that he will contact the unit involved.

Organizational Chairman - Bro. McClure - Held a meeting with several families that are interested in

organizing a Sokol unit in the West area, group was informed of requirements, obligations, etc. - possible facilities for gym classes may be available, distributed pamphlets - expresses that interest is encouraging.

Czech Cultural Society Representative - Bro. Podhrasky - reports Czech Day scheduled for October 14, at the state fair, day long activities are being planned to begin at 9:00 a.m. with a Catholic mass, opening ceremonies at the band shell at 10:30 a.m. and other activities at the women's building, Big-Tex stage and at the Hall of State building. Czech school classes sponsored by the society were successful and interest is high for future classes. A folk dance clinic, August 25 and 26 to be instructed by Frantisek Bonus is underwritten by the Czech Society and a contribution of \$150 was made by the Supreme Lodge SPJST.

President - Bro. Maca - attended the Sokol Corpus Christi annual meeting - participated in the volleyball tournament in Corpus Christi, toured parts of Texas with his unit volleyball team - attended the advance course graduation exercises, commends the instructors for a well conducted course, reports that students were complimentary about the type of instruction that was offered at this course.

Discussions: Units are reminded to review the By-Laws by their committees and submit their recommendations by the annual meeting. In reference to the folkdance clinic instructed by Bro. Kala. Motion by Bro. Podhrasky that the Southern District contribute their portion of the balance of the fees fund to Sokol Karel Havlicek Borovsky for use of facilities; approved. Bro. Steinman indicates that Slovonice Fire Mutual Insurance Assoc. will hold their convention, August 27-29. Bro. Prevratil was designated to send a telegram of greetings in behalf of the Southern District.

Is there interest in co-sponsoring a District course? Units of the District compete for the privilege of hosting a course, courses are held annually and successfully, if surveys indicate that additional students can be accepted, other Districts are invited to send students. Request in assisting gymnasts to USGF regional meets; assistance has been provided in certain cases. Motion by Bro. Prevratil that this request receive further study; approved. Bro. Maca briefly reported on the informal meeting prior to this meeting to review and discuss committees that will be necessary for the National Slet. Units will be notified of a meeting in the near future to elect a Slet chairman and to make committee assignments.

Next meeting scheduled for September 27 in Ennis.
Nazdar,

Sis. V. Laznovsky, Secretary

Southern District Advanced Instructors Course

Sokol Corpus Christi, Texas - August 13-18. Twenty-four instructors from the Eastern, Southern and Western Districts successfully completed the five-day advanced course held at Sokol Corpus Christi, Texas.

According to head instructor Bro. Jerry Milan the conditions for this course were ideal. For once in a long time there were an equal number of men and women. The class ranged in age from sixteen to thirty-three with the average age around nineteen years old. There was also a difference among the students in the number of previous courses attended. For some this was their first course, while others had the experience of three to four courses to fall back on. Despite these differences all of the students became good friends on the very first day they met, and will retain their friendship as Sokol brothers and sisters for many years to come.

Even though many of the instructors and students could only devote one week of their time for the course, a lot of material was covered during this time. Some of the areas covered were as follows: marching tactics, apparatus-calisthenic terminology, advanced spotting, class teaching, pyramids-combatives, Sokol history-organization, folk dancing and singing.

In addition to the advanced course many of the students participated in the Southern District Volleyball Tournament, which was held at Sokol Corpus Christi the weekend preceding the course. Following the volleyball tournament the Southern District gave us a taste of their warm hospitality by hosting a beach party-kielbasa roast on the beautiful beaches of Padre Island.

Sokol New York would like to thank all those who made this course a successful one. Especially, Sokol Corpus Christi, they were great hosts who made us feel at home in their own hall; the kitchen crew, who volunteered a week of their summer for the course; and our fantastic instructors: Bro. Jerry Milan, Sis. Norma Zabka, Sis. Henrietta Milan, Bro. Joe Vrzalik and assistant instructor Bro. R. Milan. Most of all we would like to thank the Southern District, without their support and planning this course would never have been possible. NAZDAR!

Sokol New York Board of Instructors

New Olympics film - Available on Free-Loan

"The Olympics - Images of Gold," a NEW, 24-minute, 16 mm color, sound film focuses on track and field, swimming and gymnastics; and captures moments of greatness from the performances of Decathlon Champion Bruce Jenner, gymnastic stars Olga Korbut and Nadia Comaneci, and swimming heroes Mark Spitz and Brian Goodell.

The film follows the path American youngsters must pursue to become members of the U.S. Olympic Team and provides insights into their ultimate dream-participation in the Olympic Games.

Both motivational and entertaining, "The Olympics - Images of Gold" is an ideal film for schools, clubs, teams, resorts . . . and sports lovers of all ages.

Sponsored by Panasonic, the film can be ordered on free-loan from West Glen Films, 565 Fifth Avenue, New York, New York 10017. Audiences should specify preferred and alternate dates.

SOKOL GYMNAST

October 1979

Editor - Edward Linhart - 1820 Ridgeland Ave., Berwyn, Ill. 60402



American Sokol Organization Merit Award for 1979-80

Upon the recommendation of the Merit Award Committee which had met and thoroughly examined all applications of applicants, the following Merit Awards have been approved by the Executive Board to be paid from the Sokol Future Leaders Fund. Those applicants not awarded should re-apply next year.



WENDY L. REJNA
Sokol Greater Cleveland
Northeastern Dist.
Inst. of Computer Mgmt.



JAMES JOHN HANTAK
Sokol Brookfield
Central Dist.
Geo. Williams College



NANCY J. SIJANSKY
Sokol Corpus Christi
Southern Dist.
Del Mar College

RENEWALS

HANNA WERNER - Sokol Ft. Worth
BRAD DURHAM - Sokol Ft. Worth
JILL PENDER - Sokol Detroit

MITCH JOHNSON - West. Dist.
DENISE JEAN MOORE - Sokol
So. Omaha

MERIT AWARD COMMITTEE:

Paul Lebloch, Marie Ptacek, Richard Ptacek, JoMarie Zeman, Charles Klapp and Lorraine Zdenek (Chairman)



SHARON JAMES
Sokol Baltimore
Eastern Dist.
Towson State Univ.



SUSAN CAROLE JAMES
Sokol Baltimore
Eastern Dist.
Univ. of Maryland



SCOTT ROBERT DOBRUSKY
Sokol So. Omaha
Western Dist.
Univ. of Nebraska



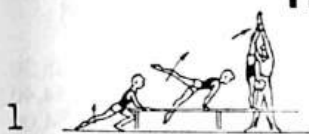
MONICA L. SANTORIE
Sokol So. Omaha
Western Dist.
Neb. College of Bus.



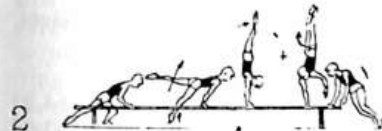
JULIE BENASZEK
Sokol West Suburban
Central Dist.
Northern Ill. Univ.

Boys - Preparatory Training for Handstand on Parallel Bars

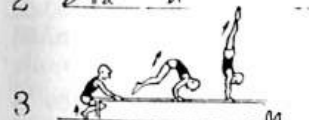
(Low Training Parallel Bars)



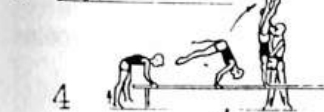
1. From a squat support, left or right reartouch, alternate upswing with leg to handstand, assisted by instructor.



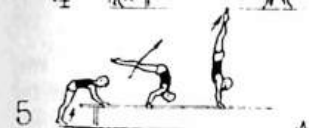
2. From a squat support, reartouch Left or Right, alternate upswing to handstand, 90-degree turn right to dismount stand.



3. From squat support, simultaneous rebound of legs (bent) to handstand.



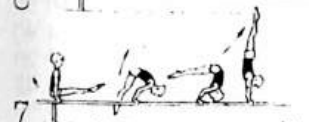
4. From straddle support, simultaneous rebound of legs to handstand.



5. From a stoop support - simultaneous rebound of legs (straight, bent hip) to handstand.



6. From a front support frontleg (L) in middle of bars - press bent arm, bent leg to handstand.



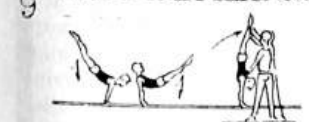
7. From a support frontleg (L) press bent arm, bent hip to handstand.



8. From a support frontleg (L) press straight arm, straight straddle, to handstand.



9. From a support frontleg (L) press straight arm, (bent hip) (straight legs) to handstand.



10. From a straight arm support, frontswing, backswing to handstand. (2 instructors assist by standing on table and 1 holding shoulders and 1 holding legs).



11. From a straight arm support, frontswing, backswing to handstand. (Instructor stands on floor assisting with hands on chest and back).



12. From a straight arm support at end of bars, facing out frontswing, backswing to handstand - 90-degree turn right to dismount.



13. From a straight arm support in middle of bars, frontswing, backswing to straight arm handstand.



Sokol Zizka News

PAULA STANSBURY, member of Sokol Zizka of the Southern District, and National Junior Girls Champion of the American Sokol Organization, has had a very competitive year in gymnastics.

After placing 5th All Around in both State and Regional meets, she went to San Diego and placed 21st All Around and 5th in Floor Exercise while qualifying for the USGF Senior Nationals held in Eugene, Arizona.

At Nationals, she competed against the top 80 girls in the United States (excepting the elites), and scored 50.8 All Around to place 13th. She also took 8th place in Floor Exercise.

Paula had a fine competitive year representing Sokol, and she and her mother and dad appreciate the support the unit has given her.

1979 Pan American Games

With a short period of notification, the U.S. was represented at the VII Pan American Games with a squad of 4 men. The top 12 ranked gymnasts had been committed to a two-week training camp, and the Sports Festival in Colorado Springs, so the FRC decided to send the 13th, 14th, 15th, and 17th ranked gymnasts to San Juan Puerto Rico for the Pan American Games. Having only a 4-man squad, the U.S. Delegation did not compete as a team, but could use only 3 men for competition. Armando Vega, Head Coach, and Bill Meade, Assistant Coach praised all the men for their splendid cooperation and support.

Their success was due to a large part on their "esprit de corps" and the characters of the gymnasts involved.

The compulsory exercises were rough, but the scores were good:

Jeff LaFleur	Univ. of Minn.	55.30
Dan Muenz	So. Ill. Univ.	54.40
Carl Antonioli	So. Conn.	54.00

These results put us in 8th, 11th and 14th places.

Results of optionals:

La Fleur	54.45
Muenz	53.55
Antionioli	52.05

Final placings were:

6th La Fleur	109.75
12th Muenz	107.95
14th Antonioli	106.05

The top All-Around man was Sergio Suarez of Cuba, with 112.95, followed by Jorge Roche of Cuba, with 112.40, and Warren Long of Canada with 111.35.

The rules of the competition permitted only two gymnasts from each country in the finals. We wound up with Jeff La Fleur in all six finals, and Dan Muenz in all events except vaulting.

Team competition results were:

1st Cuba	562.30
2nd Canada	550.55
3rd Brazil	514.90
4th Venezuela	509.20
5th Mexico	502.45
6th Ecuador	448.75
	E.C.L.

IN MEMORIAM



Word has reached us of the passing of

Sestra Milada Malá

first Director of Women - Náčelnice - of the Československá Obec Sokolská. She was Professor of Physical Culture and a founder and pioneer of Women's Physical Education in Czechoslovakia. Sister Milada Malá passed away after a short illness at the age of 92 years. Services were held on August 6, 1979 in Prague at Olšanech.

SOKOL EDUCATOR

Moral Influence of The Sokol Movement

Every week, in every SOKOL gymnasium, boys and girls, men and women, partake of work having for its purpose physical, mental and moral development. A person strong in these three ways has disgust for the lying, the deceitful in life. We are taught that in order to preserve the physical prowess gained in Sokol classes, we must lead moral lives. Miroslav Tyrš himself said: "What you have gained through active efforts in physical training, preserve by clean, moral living."

We feel free to say that our organization has done more in every community where it is active in the inculcating of young Americans with the finest principles of American citizenship, in the developing of good habits and qualities, than any other "reform", "big brother", or "boys' town" movement. Sokols are not taught to brag and therefore our tireless, ceaseless work in these fields has not attracted the attention usually showered upon more sensational efforts. We might easily challenge any other organization to compare the delinquency record of its members and former members with those of former and present American Sokol Organization members. Recently a new interest has arisen regarding Sokol literature in English, and it is hoped that due attention will be given contributions of the American Sokols to American citizenship.

Strength of will, clearness of thought, and the talent for great work depend much on the purity of morals. One can hardly expect a weakening or a degenerate to produce a work of lasting value, or some great deed. Certainly, perseverance is a quality introduced to the smallest of Sokol gymnasts on almost his first session in the gymnasium. Even the little ones are taught not to fear failure if their first efforts fail to achieve the expected results. They are encouraged to try and try again, to practice and practice until perfection is theirs. This strengthening of the fibre, to learn to face tasks with a cheerful heart, to preserve, to refuse to accept defeat - how valuable a trait to carry throughout a lifetime! Our Sokol competitions are fine examples of fortitude, and something more, good sportsmanship. The true Sokol does not enter závody for prizes or for acclaim.

After some years spent in the Sokol gymnasium where week after week he indulged in calisthenics, free exercises, apparatus work, etc., the gymnast may find himself participating in závody for the first time. He is pitted against those of his own age, from various cities. The rivalry is on a friendly plane, the "foe" is encouraged in his efforts; or if performing a daring exercise on apparatus is cautioned, is heartened. All the Sokols in truth are happy with the results of the matches - there is no "loser".

The true Sokol life represents a harmonious blending of the practical (as in the developing of sound

bodies, health, etc.) with the ideal. Here we meet with a movement actually altruistic! Each member is glad to contribute his mite to the success of a worthy cause, one devoted to the physical, moral, and mental improvement of the ENTIRE community! Perhaps the lack of the profit or fame angle, the brotherly spirit of sharing what one has to offer with a fellow member, are qualities that modern America cannot understand. Otherwise our ranks would contain tens of thousands of Americans of Slav parentage who should be enrolled under the Sokol banner. To live the true Sokol life is to live the finest possible kind of "religion".

It is appropriate to set forth on this occasion that the principles upon which the SOKOL is based are in complete accord with REAL Americanism, as distinguished with the false claims set forth by charlatans. Democracy and tolerance are amongst its characteristics from the time the Movement was launched in 1862.

A spirit of progress was assured by the legacy handed down by its founders, Fuegner and Tyrš. There is no possibility of its becoming "old fashioned" or outmoded, for the true Sokol appreciates the wealth of meaning in Miroslav Tyrš' "Náš úkol, směr a cíl". Here, in beautiful yet clear language he sets forth some of the conclusions of the scientific interpretation of evolution. Tyrš based his philosophy of life on no fantasies of the mind, on no fables of mystics or day-dreaming of false prophets. On the contrary, he skillfully blended results of his scientific studies with a profound sense for the beautiful. The esthete kindly explained the doctrine of the survival of the fittest in a way that shocked not even the most sensitive reader.

Valuable results have been attained from the combined influence of two phases of Sokol culture. First, in accordance with its principles, every Sokol Unit is established on a democratic basis, and its meetings are exemplary demonstrations of democratic spirit and methods; second, with his indoctrination to Sokol gymnastic classes, the citizen of tomorrow is taught the value of discipline. By obeying competent instructors in whom he learns to place his faith, by having confidence in them, he learns to obey without whimpering. Thus is nurtured voluntary discipline and order. Later on, as a regular member of the SOKOL, he learns to obey the will of the majority, cheerfully bows to it. Where this ability to control himself is lacking, a man can hardly be expected to be a good leader for others to follow. Nor will any society composed of such weaklings long prosper.

The Sokol tries to strike the proper balance between the cultivation of the interests of the individual, and the idea of the good of the whole. Even in gymnasts and competitions, while the individual is primarily the benefactor of the physical culture accorded in our classes, the very fact that he participated in work with others, that he is constantly conscious of the fact that he is part of a WHOLE, produces a finer appreciation of collective responsibility, of the problems of others. The importance of the "I" gives ground to the significance of the "we".

The Why and What For?

From time to time in the course of discussion, a member will say, "Why should I work for Sokol, what do I get out of it?"

Brother or sister, the answer is simple: you get out exactly what you put into it. If, in our lives, our every move or turn of the finger be measured in monetary value, what a sad life this would be!

Surely there is compensation in promoting good will, happiness and friendship amongst your fellow men.

Our program of physical and moral training is sound; any member who has grown up through the classes, must surely recognize this fact.

But how sorrowful it is, when a member having derived all the benefits, and should become a dues-paying member, completely disassociates himself from Sokol.

In the course of our transactions in Sokol, I feel that we do not utilize to the fullest extent, our means of promoting good will and brotherhood as stated in our constitution.

When we receive correspondence relative to a member resigning from our organization; do we send him a reply stating our appreciation for his past friendship, and hope that he may again be a member in the future?

Or do we just talk cold, hard steel, by sending a notice of acceptance; or possibly not even that?

When we accept a candidate for membership, we greet him with warmth and friendship; a hearty *Nazdar!* is proclaimed in his honor.

Why can't we show a little of that same human kindness when a member, for personal reasons, finds it necessary to resign?

Or, when we know of a member who is ill, a card of understanding signed by all present at the meeting if possible; it is these little things that we so often overlook, which mean so much. To those who would differ with me, may I best express my sentiments in the following quotation: "He jests at scars, that never felt a wound."

There seems to be a mental reaction amongst our rising generation as regards to age; that those who were born sooner than they, do not understand them; and therefore they see themselves up in a world of their own.

Let's view the facts: your parents must be older than you, if you are to be a teenager; and as surely as you are born, you will become as old as they, if you live long enough.

Your parents do understand you; and wish only to guide you until you are able to take it upon yourself and travel on your own.

A story was told to me, that goes something like this: The daughter of one of our Sokol members contemplating marriage (of course they met in Sokol), breaks down in tears, and her mother asks her, "Why, what's the matter, child?" In Czech she would say,

"Tak co je ti, dítě?" "Well, mother, it was easy for you; you married dad, but I'm marrying a total stranger."

Sokol Americký - March, 1947

In Memoriam John F. Reiner, Sr.



Bro. John F. Reiner, Sr.

On September 4, 1979 Sokol St. Louis lost one of its most dedicated members, Bro. John Reiner at the age of 84. Eulogies were presented by Bro. Ronald Triska and Bro. Edwin J. Halik, President of the Central District for the American Sokol Organization. Services were terminated with the singing of the song "Going Home". In a long procession Bro. John Reiner was laid to rest in the New Picker Cemetery with a final tribute by Bro. Ron Triska and the singing of "Kde Domov Můj" by all those present under the direction of Bro. Josef Sulz, Starosta of Sokol St. Louis. The pallbearers were four past presidents of Sokol, Bros. Josef Sulz, Norman Krizek, Ronald Triska, William Shana, plus Vaclav Nosek and Frank Susek. Bro. Reiner was the husband of Emily Reiner (nee Bernasek), father of John J. Reiner, Jr., brother of Marie Sum and Ann Volenetz, father-in-law, grandfather, great-grandfather, uncle and cousin. He was a member of Sokol, CSA and the Sokol Senior Citizen Group of which he was president for the past six years. In his sixty-five years as a Sokol he was a great leader, a great administrator and a pillar of strength and respect throughout the American Sokol Organization and the Czech and Slavic community. Serving as President of Sokol St.

Louis in 1921 at the age of 25 and again for 17 consecutive years from 1941 thru 1957. When he was not President he held the office of Vice-President, Financial Secretary, Entertainment committee chairman, Camp committee, Slet committee chairman in 1955 and 1965 and delegate to the Board of Directors of the Old National Hall. He was a Sokol delegate to many Sokol Conventions where he was respected for his dedication to the Sokol ideals. Though he was frail in body and not mechanically inclined he put all of his energy into directing stage plays, acting, and into the literary field of speaking and writing where he excelled, because he was a master of both the English and Czech language. He was always in demand as an interpreter, be it English or Czech. In one instance he was called upon to translate the City of St. Louis Mayor's speech to a Czechoslovak delegation. He was our Sokol St. Louis Educational Director, keeping our membership abreast of the past, present and future. He had the privilege at our 1955 Slet to meet our Sen. Harry S. Truman who later became President of the United States and to explain to him what the Sokol Organization meant to the United States. Sen. Truman was impressed because he, too, was for the common man. There was no role he could not perform or delegate to someone who was better qualified. He was an inspiration to our Sokolice Vlasta, to our Hlahol singers and to our gym classes, always complimentary; if he had to criticize, it was always constructive and for the good of our Sokol. Sokol St. Louis and the American Sokol Organization has lost a valued leader but his memory will continue to guide us for the betterment of Sokol.

Bro. William J. Shana

Czech Ethnic Group To Be Honored at The 1979 Milwaukee Folk Fair

The Czechs will be the honored group at the Milwaukee Holiday Folk Fair which will be held on November 16, 17 and 18 at the Milwaukee Auditorium, Arena and MECCA.

Plans have been made by members of the Czech community to make the Folk spectacle, Jozef Vzpominá (Joseph Remembers) which will feature Czech culture and tradition - a truly unforgettable experience for all who attend.

A Czech princess will reign over the Folk Fair. Our young Milwaukee Sokol gymnasts will take part in the Young People's Matinee in a number called Čarevné Vejce (The Magic Egg). The Czech-Moravian Dance Group will entertain with its repertoire of exciting dances. There will be Czech cultural displays, a booth selling appetizing Czech cuisine and a sales booth where the public may purchase homemade craft items as well as Czechoslovakian imports.

Supporting the Czechs will be numerous other ethnic groups performing their national dances,

servicing their ethnic foods, selling crafts and displaying some cultural aspect of their homelands.

Last year some 75,000 persons attended the three-day Folk Fair activities. We urge all persons of Czech origin to spend some time at this gala event - the Holiday Folk Fair featuring for the first time the Czechs as the honored group.

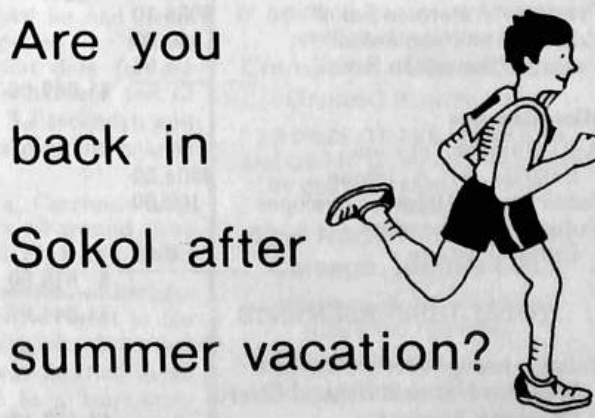
Bro. Jimmy Klimt, Vice-President
Sokol Milwaukee

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ASO FINANCIAL REPORT

AUGUST 1979

RECEIPTS:

Dues	\$1,572.50
Convention Fund	- 1.00
Special Assessment	- 1.00
Dividends and Interest	644.01
Subscriptions to "American Sokol"	3.00
Resale of Jewelry	448.55
Sale of Songbooks	2.50
UPS Charges	1.46
Miscellaneous Income	19.50
	<hr/>
	\$2,689.52
ASO Uniform Division - Payment toward Advances	408.89
	<hr/>
TOTAL RECEIPTS	\$3,098.41

DISBURSEMENTS:

Administrative

Salaries	\$801.75
FICA & FWT for July	94.04
Rental, Janitor Service & Supplies, Phone, Electric	403.01
Office Supplies	46.73
Postage	16.46
Travel Expense	464.47
Plate Glass Insurance	101.00
Repairs to Office Machines	140.81
Miscellaneous	4.40
	<hr/>
	\$2,072.67

Board of Instructors

Salaries	\$337.98
FICA & FWT for July	52.92
Editor "Sokol Gymnast"	30.00
Addit'l copies "Sokol Gymnast"	28.00
Postage	5.36
Dues	100.00
	<hr/>
	554.26

Educational Department

Salaries	\$ 33.84
FICA for July	2.02
Postage	.71
	<hr/>
	\$ 36.57

Sokol Publication

Printing "American Sokol"	\$958.10
Editor "American Sokol"	100.00
Postage "American Sokol"	4.56
	<hr/>
	\$1,062.66

Miscellaneous

ASO Uniform Division - Salaries, FICA, Phone	\$504.52
Sokol Stamp Drive - Envelopes	108.00
Future Sokol Leaders Fund - Postage	6.28
	<hr/>
	\$ 618.80

TOTAL DISBURSEMENTS **\$4,344.96**

Balance brought forward: Western National Bank of Cicero, Checking Account	\$3,159.14
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Receipts - August 1979	\$3,098.41
	<hr/>
Disbursements - August 1979	6,257.55
	<hr/>
	4,344.96
	<hr/>
	\$1,912.59

FUTURE SOKOL LEADERS FUND
August 1979

In memory of Bro. Edward Porinsky -

Mrs. Louise Porinsky, Mr. and Mrs. J. Pilger, Mr. and Mrs. C. Richter, Mr. and Mrs. J. Klimt, Mr. and Mrs. F. Greiner, Mr. and Mrs. J. Hron, Jr., Mr. and Mrs. F. C. Stankovsky, Mrs. Emily Falarsh, Mrs. Helen Knuth	\$ 35.00
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Bob Paul's 10 Most Significant Olympic Medalists

No. 3, 8 are from Czechoslovakia

Bob Paul has been studying for a doctorate of Olympic trivia for the last half-century, while pursuing relentlessly recognition for the underdog, the little-known and the talented woman athlete. Paul is Director of Communications for the United States Olympic Committee.

3. Emil Zatopek, Czechoslovakia, 1952. After winning his favorite 5,000 and 10,000-meter races, he tried the marathon, a distance he had never raced before. He posted the fastest winning time to that date for the 26-mile, 385-yard endurance test (2 hours, 23 minutes, 3.2 seconds), and won by 4.5 minutes over his nearest competitor.

8. Vera Caslavská, Czechoslovakia - Olympic women's all-around gymnastic champion in 1964 and 1968.

Perhaps the foremost contributor to the popularity of the sport to the uninitiated via television. After her '68 triumph, she was married in an Olympic ceremony to a team-mate from track and field, Josef Odložil.

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ŘÍJEN

Pro nás tento měsíc chová
radostné vždy vzpomínky,
v historii doba nová
zvedla národ malinký.

Osm a dvacátý říjen
zlatým písmem zapsán jest,
prapor Svobody v něm zdvižen,
vrácena nám práva - čest'!

V této historické chvíli
vzpomínáme s úctou těch,
kdož svou krví zpečetili
život pro svobodu Čech!

Havlíčka též v pamět' dává,
jenž se v říjnu byl zrodil
a jak za česká se práva
celým životem svým bil!

Bouřil proti Vídni, Římu,
sám šel v boji směle vpřed,
vládu trhal ve svém rýmu,
byv umlčen naposled . . .

Jeho smrt' však probudila
národ český z dřimoty - -
znovu bývalá kdys síla
vtělila se v jednoty.

V jednoty to Sokolíkú,
jimž byl vůdcem Tyršův duch,
národních to bojovníků
spjatých v nerozborný kruh.

Z nich pak vyrostly legie,
jež dobyly Svobodu - -
a že Tyršův duch v nich žije,
budou věrnou stráží národu!!!

Jarka Kosar, 1936

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