

# AMERICAN SOKOL

VOL. CI - NO. 5

MAY 1980

PUBLICATION OF THE AMERICAN SOKOL  
Educational and Physical Culture Organization



From: KYTIČKA Z NÁČRTNÍKU  
HRUBIN - ZÁBRANSKÝ

PHYSICAL FITNESS  
**S**  
Gymnastics

# AMERICAN SOKOL

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**AMERICAN SOKOL ORGANIZATION**  
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EDITOR - JACKIE KOURIM  
388 Shenstone Road Riverside, Ill. 60546

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OFFICE OF THE  
EXECUTIVE BOARD ASO.  
EllenJeanne Schnabl, Secretary  
6426 W. Cermak Rd. Berwyn, Ill. 60402

Tel.: 795-6671  
Meetings: 4th Tuesday, except July and August,  
at ASO Office.

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WILLIAM MEYER, RICHARD VACHATA

## Calendar of Events

- MAY 3 - CENTRAL DISTRICT  
Special Number Competition - at Pavak Center,  
Berwyn, Ill.
- MAY 3 - 4 - SOKOL WASHINGTON D.C.  
Tennis Tournaments at Oxon Hill, Md.
- MAY 4 - SOKOL WEST SUBURBAN  
Gymnastic Exhibition
- MAY 4 - SOKOL FUEGNER, L.I.  
Annual Exhibition - Bohemian Hall
- MAY 10 - SOKOL SLAVSKY  
90th Anniversary Banquet  
P.B.A. Manor, Berwyn

- MAY 16 - SOKOL AND SOKOLICE MILWAUKEE  
Graduation and Award Night  
Pilgrim Park Jr. High School
- MAY 17 and 18 - SOKOL ST. LOUIS  
115th Anniversary Week-end Celebration
- MAY 17 - SOKOL SOUTH OMAHA  
Czech Festival - Gateway Shopping Center
- MAY 18 - SOKOL WASHINGTON, D.C.  
Wreath laying ceremony - Tomb of the  
Unknown Soldier, followed by gymnastic  
exhibition.
- MAY 26 - CENTRAL DISTRICT - Memorial Day  
Services - Bohemian National Cemetery
- MAY 30 - SOKOL SOUTH OMAHA  
"250" Club - Dinner and Dance
- JUNE 7 AND 8 - SOKOL SOUTH OMAHA  
1980 Ethnic Festival
- JUNE 7 - CENTRAL DISTRICT - Victory Dance  
at Sokol Brookfield
- JUNE 8 - CENTRAL DISTRICT SLET  
Riverside - Brookfield Stadium
- JUNE 16 - 18 - ASO CONVENTION AT  
CEDAR RAPIDS, IOWA
- JUNE 20, 21 AND 22 - SOKOL SOUTH OMAHA  
Hosts for Western District American Sokol  
Gymnastic Competitions and Exhibitions
- JUNE 21 - 22 - CANADIAN SOKOL SLET  
AT SOKOL TORONTO
- JUNE 29 - NORTHEASTERN DISTRICT SLET  
Sokol Camp
- AUGUST 16 - 23 - SOKOL WASHINGTON, D.C.  
Beginning Instructors Course for Eastern District
- DEC. 7 - SOKOL WASHINGTON, D.C.  
St. Nicholas Party at Knights of Columbus
- DEC. 17 - SOKOL WASHINGTON, D.C.  
Annual Meeting

## Change of Address for American Sokol

AMERICAN SOKOL ORGANIZATION  
6426 West Cermak Road  
Berwyn, IL 60402

Sokol.....  
Name.....  
Old address.....  
.....Zip.....  
New Address.....  
.....Zip.....

# AMERICAN SOKOL

VĚSTNÍK AMERICKÉ OBCE SOKOLSKÉ

Ročník - Vol. CI

May - 1980 - Květen

Číslo - No. 5

## KE DNU MATEK

Blíží se opět den, kdy srdce láskou jihne  
a svět celý se v úctě k matkám obrací.  
Mnohý v duši znovu prožívá své dětství,  
vzpomínkami žije v dnech, které se nevrací.

Matka - tot' nejkrásnější slovo lidské řeči,  
symbolem radosti je, oběti i velké lásky.  
Tot' slovo, jehož význam nelze doceniti -  
ten vepsán je jen v matčiny tváře vrásky.

Šťasten je věru ten, komu dopřáno osudem  
s maminkou svojí její oslavit svátek,  
vzpomínkou milou, dárečkem malým ji potěšit,  
radostným pro ni učinit ten její Den matek.

Šťasten je, kdo dosud má maminku svoji  
a city své lásky ji vděčně může projevit,  
a smutně v duši na ni vzpomíná ten,  
komu již v Neznámo musela odejít.

Matka - - tot' slovo nejsladší,  
a její láska je ryzí,  
tu nelze ničím nahradit - -  
ta ze světa nevymizí.

Svátek matek a vděčností slavíme,  
den to nejkrásnější roku,  
necht' láska naše vyvolá  
štěstí zákmit v jejím oku.

Za lásku Tvoji, maminko,  
denně Ti díky vzdáváme,  
a v náruč Tvoji kytičku  
své lásky vděčně vkládáme.

J. V. WELCL



## **TO ALL DELEGATES TO THE XIII AMERICAN SOKOL ORGANIZATION GENERAL CONVENTION**

For your convenience and information we are sending you a reservation card from the Stouffer's Five Seasons Hotel. Kindly make your own reservations directly to the hotel as soon as possible and before May 15th.

We likewise strongly urge you to make any travel arrangements immediately in order to take advantage of lower air or rail coach fares.

Please be advised of the following:

1. **Registrations of Delegates:** Sunday, June 15th, 1980 from 6:00 p.m. until 9:00 p.m. at the Sokol Cedar Rapids Hall, 3 easy blocks from Stouffer's as per map. There will be light hors d'oeuvres available with a cash bar for beer.

At this time you are to present your credentials which consist of a letter of certification which is to be sent next week from our office and your own Unit membership card stating that you are a bona fide member in good standing.

You will then receive a portfolio and name tag which is to be worn during the various sessions of the XIII Convention.

2. The Sisters of Sokolice Renata Tyrsova have graciously made provisions for lunches at the Convention site on Monday and Tuesday, PLUS a banquet on Tuesday evening for only \$30.00 per person.

Kindly make your reservations for this "package deal" directly to Sis. Betty Petrzalek, President, Sokolice Renata Tyrsova, address: 415 - 3rd St., S.E., Cedar Rapids, Iowa 52401; no later than May 15th, with check attached, payable to XIII American Sokol Organization Convention.

**Reminder: Make hotel and lunch / banquet reservations before May 15th.**

**Reminder: The Convention will convene promptly at 9:00 a.m. at the Stouffer's Five Season's Hotel - a sign in the lobby will indicate exactly what room we will be using.**

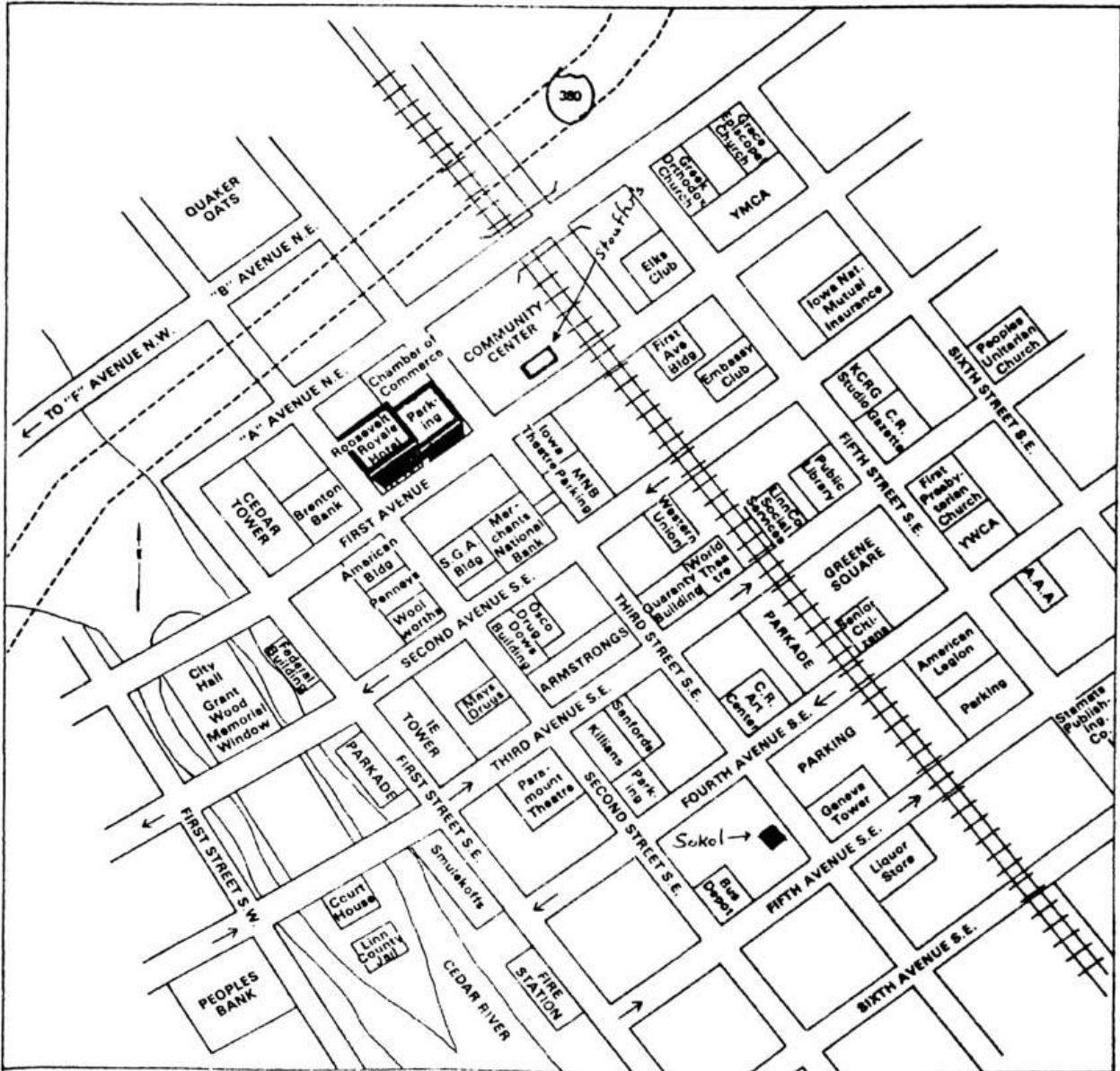
**To a most successful XIII ASO Convention!**

**NAZDAR!**

**AMERICAN SOKOL ORGANIZATION**

**FOR YOUR CONVENIENCE:**

A MAP OF THE IMMEDIATE AREA WHERE THE CONVENTION IS BEING HELD.



**DELEGATES:**

HAVE YOU MADE YOUR RESERVATIONS FOR  
 THE ASO CONVENTION IN CEDAR RAPIDS, IOWA -  
 JUNE 16 - 18 ??

## ASO EXECUTIVE BOARD MEETING

Regular meeting of the American Sokol Organization Executive Board was called to order on Tuesday, March 25th, 1980, by I. Vice President, Sis. B. Prener, at 7:35 p.m. Pledge to the flag of the United States of America was given. Mr. Robert Selden of Selden, Fox and Associates, Ltd., CPA was welcomed to the meeting. He presented the audit report as of December 31, 1979, with full explanation of same. The American Sokol Organization books were found to be in very good order.

District minutes were received and discussed as follows: Western, March 10th and Organizational/Educational at Sokol Caldwell, Kansas, on March 9th; Central, January 23rd and February 27th; Northeastern, Annual, January 27th and February 27th; Southern, February 28th; and Pacific - Special, March 7th.

**CORRESPONDENCE:** Copy of the March 6th Congressional Record with Hon. E. J. Derwinski's item on Thomas G. Masaryk; received proof of article to appear in "Chicago's Suburbia" a magazine due to be published in March or April on the Czechs in Cicero and Berwyn. Portion of proof referred to the Sokol Organization and local units. Letter from Bro. Don Otenasek stating that he cannot attend the Pan-Slavic Convention as our representative in August, 1980. Bro. Barcal moved that Sis. Mildred Barcal be asked to represent us; seconded, passed. Received letter from Bro. Jan Waldauf, President of the Czechoslovak Sokol Abroad, stating their stand on Sokol members attending the Spartakiada. He will be answered with a copy of material which appeared in the Denni Hlasatel on March 16th, as well as statement which appeared in our February minutes.

**WOMEN'S DIRECTOR- Sis. M. Ptacek:** Northeastern District Slet scheduled for June 29 at Sokol Detroit Camp. Received first copy of the Modern Rhythmic Gymnastics Coaches Assoc. Western District has reconsidered payment of Cedar Rapids request for members attending an Advanced Course. Fifty gymnastic skill patches sent to Sokolice Cedar Rapids. Final Report Forms: Western District - 2 students attending an advanced instructors' course held by the Southern District in Corpus Christi, August 13-18, 1979 - \$759.23. Northeastern District - Folk Dance instruction - 41 students - \$70.00. Attendance forms bill due Sis. M.A. Satek \$2.33; music tape and skills patches bill due Sis. Simonek - total 2.11. received bill from Sis. Zabka who attended a USGF meeting February 25-26

in Tucson, Ariz. - \$570.00. Sis. Pistorius moved that all bills be paid; seconded, passed.

**MEN'S DIRECTOR - Bro. P. Lebloch:** Advised Bro. Capek that volleyball players must drill Slet Calisthenics. Announcement that Sokol USA is holding a National volleyball tournament May 24-25. Notice that the AAU will hold a board meeting on May 10th in Kansas City. Received detailed information on a piece of new gymnastic equipment called "mushroom"; will be in the Gymnast. Contract signed for the Tarrant County Convention Center, Ft. Worth, Texas, for June 24-27, 1981. Slet will be at Farrington Field, 3 miles away. Tentative schedule is a judges' meeting on Wednesday afternoon; special number competition, Wednesday evening; banquet, Thursday and a country-western dance at Sokol Ft. Worth for those not attending the banquet; Friday, Award Dance; Saturday morning Slet rehearsal; Saturday afternoon, Championship competitions and Saturday night - Slet. Sis. H. Milan will be in charge of the Exhibit Committee and this office will cooperate fully with them.

**EDUCATIONAL COMMITTEE:** Meeting was postponed till next week.

**EDITORIAL - Sis. J. Kourim:** March issue is in the mail - delays were not of our doing. Have received first proof of the April issue. Have received complimentary letters regarding our publication.

**CZECH PUBLICITY - Bro. J. Rabas:** Read the item which was placed in the March 16 issue of the Denni Hlasatel regarding our stand on the Spartakiada.

**ORGANIZATIONAL - Sis. A. Basta:** Final report form presented by Sis. Ptacek from the Western District regarding the Organizational/Educational Meeting held Mar. 9th, 10th at Sokol Caldwell, Kansas. Total amount - \$306.14. Substantiating papers were attached with a copy of the minutes of the proceedings. Bro. Barcal moved that it be paid; seconded, passed.

**FINANCIAL SECRETARY - Sis. A. D. Sotka:** Prepared the February, 1980, financial report and distributed copies to members of the Executive Board. Received and recorded admission fees for 118 members of Sokol West, Texas; all names placed on the mailing list; file cards and name plates made; sent them quarterly report forms. Notified Sokols Rozvoj, Ft. Worth and Seattle that they are delinquent in their payment of dues. Checked records for Sokol West Suburban's charter members. Sent membership dues cards to Sokol and Sokolice Detroit and Sokol Corpus Christi.

**TREASURER - Bro. G. Basta:** Will prepare a 5-year convention report and will use Seldon, Fox and Associates' audits to substantiate.

# SOKOL GYMNAST

MAY 1980

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 Editor - Edward Linhart - 1820 Ridgeland Ave., Berwyn, Ill. 60402
 

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## GREECE WANTS OLYMPICS BACK

### Permanent site proposed

Greece would like to be the permanent site of the summer Olympics "because we are interested in the survival of the games - because the idea was Greek," the Greek ambassador to the U.S. said recently.

"This proposal was not made out of calculations for financial gain," said the ambassador, John A. Tzounis, pointing out that 5.8 million tourists visited Greece last year without the attraction of the Olympic games.

At a press conference in the Greek Consulate, 168 N. Michigan Ave., Tzounis repeated his nation's position that a permanent site for the Olympics could reduce the increasingly commercial and political aspects of the games.

He added that only "the very big and very rich countries" can afford to hold the Olympics under the present system. The nations hosting the games are usually required to build stadiums and extensive housing for the international athletes.

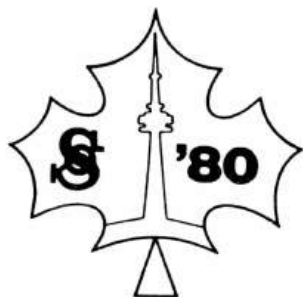
Because of the expense, host countries try to recoup their investment by selling such items as "the official yogurt and the official slippers," Tzounis said.

The ambassador said the proposal for a permanent Olympic site in Greece was first made by Greek Prime Minister Constantine Karamanlis four years ago. It was renewed recently because of controversy over the Russian invasion of Afghanistan and the resulting U.S. decision to boycott the Moscow Olympics.

Tzounis said his government proposes to set aside 10,000 acres near Olympia, the ancient site of the Greek Olympics, first recorded in 1776 B.C.

He suggested that individual nations could finance and build their own permanent facilities on the site, which would be "extraterritorial" and run by the International Olympic Committee.

Tzounis said he favors "denationalizing" the games so that athletes would be invited for their accomplishments rather than nationality.



## SOKOL CANADA VI SLET

June 20 - 22, 1980

Toronto, Ontario, Canada

### Brief Notes

Lodging at the Sheraton-Triumph Hotel

Friday evening, June 20th ..... Czech Theatre Play. - Juniors: Movie Night

Saturday, June 21st ..... Competitions - York University

Dance - North York Centennial Centre

Sunday, June 22nd ..... Slet - Northview Heights Secondary School

## THE MUSHROOM



In search of sporting excellence, gymnastic coaches now begin training programs for children at a very early age. This can be influential in often causing numerous long-term injuries if lack of care and medical knowledge is not readily available. Eastern bloc countries lead the world in training aides, which are scientifically and medically reasearched and tested for their young gymnasts. One such tested learning tool is the MUSHROOM, an aide for learning and shaping technically correct double leg circles for later employment on the pommel horse apparatus. Since young male gymnasts are learning pommelhorse skills earlier in their gymnastic stages, the direct pressure on a hard surface causes irreparable damage and injury to soft bones in the young athlete's wrists. - The MUSHROOM without handles with a soft cushion top is designed and constructed to:

- a. ease direct pressure on the wrist joint
- b. to educate the aspiring gymnast in the art of extended doubles
- c. learn advanced difficulty movements easier.

Other advantages for the beginner are that the dome shape allows for less wrist pressure because of an open angle between the gymnast's wrists and the working surface. The 22" height allows the younger gymnast to swing circles because the apparatus is closer to the ground. The circular dome allows for a more basic pendulum circle because the gymnast's body can be extended downward.

For the advanced level gymnast, the one pommel handle mushroom allows the gymnast to develop extended vertical circles first. Then, with success and experience, to swing more effectively with a more elevated technique. Finally this process is then transferred to the pommel horse for adaptation and utilization into the pommel horse exercise. Correct and efficient circles are the essence of excellent pommel horse workmanship.

### MUSHROOM SPECIFICATIONS

Work surface: 15" diameter made from a non-slippery material

Base Diameter: 36" - Base to work surface: 6" - upholstered symmetrically with as vinyl or similar slippery material.

Total Mushroom Height: 22"

In addition the apparatus must be free standing with no supporting base that extends beyond the 36" base.

## Sokol Instructors Courses

The **Western District** has plans for a Beginners Instructors Course to be held June 22-28, 1980. Direct inquiries to Sister Bo Drozda, 2627 No. 102nd Ave., Omaha, Neb. 68134.

The **Central District** will hold their Beginners Instructors Course on August 3-9, 1980. The school will be held at Bethlehem Learning Center, located at 1515

Ogden Ave., in La Grange, Illinois, a short driving distance from Chicago. The cost per student, including room and board will be \$110 per week. Registration will be held Sunday, August 3rd. Bro. Frank Michalek will be the course Director. Additional information can be received from Sister Sylvia Pistorius, Director of Women: 342 Naperville Rd., Westmont, Ill. 60599.

## Kurt Thomas - Top Amateur Athlete

### SULLIVAN AWARD GIVEN TO GYMNAST FOR FIRST TIME



Kurt Thomas has been named the top amateur athlete in the Nation, receiving the 1980 Sullivan Award.

Thomas returned to Indiana . . . home during his collegiate career, to accept the award presented annually by the Amateur Athletic Union. The award was given by Tracy Caulkins, last year's winner.

Kurt is a graduate of Indiana State University and is currently an assistant gymnastics coach at Arizona State University.

The voting is based on tabulation of 2,500 ballots from past winners, members of the AAU board of governors, selection committee members, the U.S. Olympic Committee's executive board and sports writers and broadcasters. Renaldo Nehemiah of the University of Maryland, the number one ranked high hurdler in the world was second, followed by swimmer Cynthia Woodland. Thomas is the first **gymnast** to be given the award.

Thomas enjoyed the greatest success ever by an American gymnast during the XXth World Gymnastics championships in Fort Worth, Texas, in December. Kurt led the Men's team to a bronze medal in team competition, and was the silver medalist in the All-Around, marking the first such finishes by an American or team in international competition.

Individually Thomas won medals in four of the six men's individual apparatus results. Gold Medals were won on the horizontal bar and floe exercise and Silvers were taken on parallel bars and pommel horse. His five individual medals were a great improvement over 1979 in Strasbourg, he won the Gold in floor exercise, the first World Championship's American Gold ever.

- Gymnastics News - Feb. 1980

## Music at the Worlds Gymnastic Championships

FT. WORTH, TEXAS

Music and Musical Themes from the Women's  
Floor Exercises

This was the first year that orchestral works (more than one instrument) were permitted. Greater variety and effects were possible. There were some fine pieces

and others which had been poorly taped and spliced. Some teams continue to use tapes of piano only, while those who could afford them, brought their own pianists. No one brought an orchestra or synthesizer. Noting the apparent distracting effect that some of the orchestrated pieces had upon the Balance Beam performers, one reporter asked of Russian Coach Polina Ashtakova, "Is it more difficult to work with orchestrated music?" While this could have been interpreted several ways, the reply was even more equivocal, "It is difficult to work in general."

### Recognizable Themes

Hernando's Hideaway	Yessir, That's My Baby
Hello Dolly	Raindrops Keep Fallin' On My Head
Those Were the Days	Obla Dee Obla Da
Sabre Dance	Mexican Hat Dance
Christmas Tunes	Malaguena
Jesus Christ, Superstar	Mack the Knife
Give My Regards to Broadway	Milord
Taste of Honey	Havla Naguila
Tiger Rag	Theme from Exodus
Theme from Man of La Mancha	Piano Concerto (Rachmaninoff)
Paloma Blanca	Camptown Races
Rock Around the Clock	Marie (There Must be a Girl)
Tea for Two	Deep in the Heart of Texas
Yellow Rose of Texas	Swaunee
Toreodor Song	March of the Toys
Dance of the Sugar Plum Fairy	America (West Side Story)
Tijuana Taxi	Love Potion No. 9
Beethoven's Fifth (disco)	This is Your Land
Fiddler on the Roof	Russian Folk
Western, Cowboy	Irish Tunes
Ragtime	Boogie
Rock	Disco
American Folk	Latin Melody
TV Themes	Blues
Jazz	Montage from Grease Bullfight

Composers and Arranger: Cole Porter, Anton Dvořák, Rachmaninoff, Beethoven, Victor Herbert, Herb Alpert, Santa Esmerelda.

A good brisk march was used to rotate teams between events. "The Hood" was light background during warm-up.

by Dick Criley - Int. Gym.

The Feb.-March issue of International Gymnast Magazine (double edition) carries a complete detailed report of the Worlds Gymnastic Championships.

## 1981 ASO Slet Notes

Fort Worth, Texas

A contract has been signed with the Tarrant County Convention Center (Site of 1979 Worlds Gymnastic Championships) for their facilities to hold all apparatus competitions. In this way, all levels will be held simultaneously. - Plans, not fully formulated, may have the Slet Program performed on Saturday evening at Farrington Field, which is 3 miles from the Convention Center. - Tentative schedule includes Judges meeting Wednesday afternoon; Special Number competition Wednesday evening; Banquet Thursday, and a Country Western Dance at Sokol Fort Worth for those not attending the banquet; Friday - Awards Dance; Saturday night - the Slet.

# XIII American Sokol Organization Convention

## BOARD OF INSTRUCTORS AND DISTRICT DIRECTORS

Stouffer's Five Seasons Hotel, Cedar Rapids, Iowa JUNE 14 - 18, 1980

### Agenda

#### SATURDAY, JUNE 14 - 2:00 P.M.

- I OPENING FORMALITIES AND INTRODUCTIONS
  - A. Introductions: Members of the ASO, BOI, District Directors and Guests
  - B. Voting Rights: National Directors - 2; District Directors - 12; Women's 1st and 2nd Assts. - 2; Men's 1st and 2nd Assts. - 2
- II Reports of the American Sokol and District Directors (Highlights of the last 5 years and detailed report since last BOI Conference - October, 1978)
- III Attendance Report - Sis. Mary Ann Satek
- IV Gymnastic Skills - Sis. Sylvia Pistorius - Bro. Frank Michalek
- V Proposed By-Laws Changes Effecting the Board of Instructors
- VI Special Assessment Fund

#### SUNDAY, JUNE 15 - 8:30 A.M.

- I Tournament Rules - Bro. Dick Ptacek
- II Uniform Division Report - Sis. Betty Prener
- III Merit Award Report - Sis. Lorraine Zdenek
- IV Educational Committee - Bro. Stanley Barcal
- V "Sokol Gymnast" Report - Bro. Ed Linhart
- VI National School Board Report - Bro. Jerry Milan
- VII Schools - District and ASO 1981 National School

#### MONDAY, JUNE 16 - 2:00 P.M.

- I 1981 American Sokol Slet
  - A. Technical Material
    - 1. Calisthenics
    - 2. Apparatus Competition Exercises
    - 3. Modern Rhythmic Exercises - (All-around Competition)
    - 4. Folk Dance
  - B. Competition Schedule
  - C. Unit Special Number Competition - Rule Changes
  - D. Volleyball - Junior Girls and Boys - - Women and Men
  - E. Slet Program
    - 1. Opening Ceremonies
    - 2. Calisthenics
    - 2. Apparatus
    - 4. Folk Dance
    - 5. Special Numbers
    - 6. Music - Sokol Songs
- II Outside Affiliations
  - A. U.S.G.F.
  - B. A.A.U.
  - C. Sokol U.S.A.
- III 1982 Czechoslovak Sokols Abroad Slet, Vienna, Austria ASO Special Numbers
- IV Annual District Directors' Conference
- V Old Business
- VI New Business

**UNIFORM DIVISION - Sis. B. Prener:** Sales are good due to local unit exhibitions; large order from Switzerland Sokols and will be receiving an order from the Canadian Sokols. Plan to have a 3-months' supply of black and white gym slippers.

**VICE-PRESIDENT- Sis. B. Prener:** Arranged for ceiling repair and floor cleaning. As requested by Bro. Zitny, advised the Western District that he would not be able to attend their Slet. Sis. Ptacek and Bro. Lebloch would likewise not be able to attend.

**SECRETARY - Sis. E. J. Schnabl:** Prepared the minutes of the last meeting, distributed same to members of the Executive Board and then to the six District Presidents. Acknowledged Future Sokol Leaders' Fund donations; handled all other correspondence; mailed out "Czech History" books; prepared many Citations of Merit for various units.

**CONVENTION - 1980:** Hotel registration cards have been received; convention letterhead is on the way. Sis. Betty Petrazalek advised that ads for the souvenir program book would be as follows: Well wishers - \$2.00 per line, Patrons - \$5.00, quarter page - \$15.00; half page - \$30.00; full page \$55.00. Deadline for all ads, pictures, etc. is May 1st. Booklet will be 6"x9". It was reconfirmed that the ASO will send letters to national bodies while the Sokolice Renata Tyrsova will obtain ads from their area. Sis. Schnabl reported that all the Units-Districts have not responded with delegates' names and a follow-up letter is due to be released.

There being no further business, Sis. Prener thanked all for their attention and reports. Meeting was adjourned at 9:30 p.m.

Respectfully submitted,

E. J. Schnabl, Secretary

## Western District Meeting

March 10, 1980

Meeting was called to order and pledge to flag was given. Minutes of the February 11, meeting were approved as read. Quarterly reports from Sokol Omaha, 4th quarter, 1979 and Sokol Karel Jonas, Wilson, Kansas, 1st quarter, 1980. List of 1980 officers for Sokol Caldwell, Caldwell, Kansas. Invitation to 90th anniversary celebration of Sokol Slavsky, Berwyn, Illinois read.

**BILLS:** Barb Seefus for stamps, \$1.20; Bo Drozda, \$8.20 phone calls and stamps; Jolene Hamann, \$9.70 postage to send Slet outline and \$1.80 for copies made. Motion was made and seconded to pay bills, all in favor.

BOI meeting was now called to order with minutes of the last meeting read by Sis. Hamann. Instructors course following Slet needs a chairperson. Bro. Pavoucek said that Director of Men and Women must get together to select a chairman.

Sis. Drozda received a check from Chicago for those who attended the USGF Congress. Also stated that Sis. Kilborn would take her place at the 1980 Convention for BOI if she was not able to go. Jan Gathye will go to Crete, Nebraska on March 30 to help with their cal. Will talk to both Crete and Wilbur about students from Wilbur attending the session. At this time it was recommended that BOI have a clinic on Saturday April 12, the weekend of the semi-annual meeting for the hoop drill. This would take place from 9 a.m. to 12 noon at South Omaha Sokol.

Recommendation from BOI that the course following the Slet would cost \$150.00 including text per student and also that any unit men or women, that sends two or more students would get one student paid for by the Special Assessment.

Bro. Pavoucek indicated that Bro. Vanyo sent his bill for his clinic held the weekend of the annual meeting September, 1979. Food, \$22.40, gas and oil, \$65.07, lodging \$41.60, a total of \$128.81. Motion was made and seconded to pay, all in favor.

**PUBLIC RELATIONS:** Bro. Benak suggested that in unit newsletters there be recognition of those Sokol gymnasts who competed for their high schools in the state meet.

**1980 SOUTH OMAHA SLET:** Bro. Benak has been giving some thought to having the younger boys and girls participate in floor exercises and apparatus. Members present felt it was a good idea.

**DIRECTOR OF ORGANIZATION:** Sis. Pavoucek said she would like to know from those delegates present what committees they would like to be on. If no preference, would be placed on committee which needed participant.

**ASO 1980 Convention Sokolice Cedar Rapids.** Bro. Pavoucek said he did not know what the ruling would be from ASO regarding flying to the Convention, but gave price of air fare, \$126.00 and times of arrival and departures from both Omaha and Cedar Rapids. Report was given at this time by Sis. Pavoucek regarding the Sokol Caldwell reactivation.

**UNFINISHED BUSINESS:** Bro. Mach was asked about the insurance coverage on the video tape machines. The policy is the same as the previous one and the cost was \$117.00.

**NEW BUSINESS:** Invitation to Sokol Slavsky's 90th anniversary. Secretary will send a card of congratulations.

Sis. Pavoucek asked about dinner for Saturday night during semi-annual meeting. The last two meetings, the dinner was held at Mama's in Council Bluffs. No decision was made. Sis. Masek gave the treasurer's report. With no further business, the meeting was adjourned.

Respectfully submitted,  
Barbara M. Seefus, Secretary

## Organizational - Educational Meeting

SOKOL CALDWELL, KANSAS

Western District American Sokol Organization

March 9, 1980

This was an exceptionally well-organized meeting. Bro. Joe Netahla, President of Sokol Caldwell efficiently conducted all aspects of the meeting. The members were extremely interested and very patient throughout the entire session.

The eleven new members gained in December 1979, were to be initiated together with an anticipated three new members. However, nine additional members were secured after a broader scope of the Sokol program was explained - this making twenty-two members to be initiated into Sokol Caldwell on March 9th. Most encouraging was to see a younger generation interested in Sokol Caldwell.

Installation of officers indicates that under the leadership of Bro. Netahla who is well respected for his capable leadership, Sokol Caldwell can only go forward.

The Certificates of Merit on behalf of the American Sokol Organization were presented to seven of the original charter members of Sokol Caldwell. One certificate was presented to Bro. John Maruska having been their first instructor, a member of Sokol Oklahoma for six years and a member of Sokol Caldwell for 52 years. One certificate was presented to Sis. Carrie Anton, who has been their piano player for their gym classes and at the age of 80 was present to play the march for them. This was an extremely beautiful presentation by Bro. Pavoucek and very dear and sentimental to the recipients as they were not aware that these certificates were available to them. Two certificates were also presented to two sisters having ten years of membership.

Messages were received from the majority of the units within the Western District offering their encouragement as well as their assistance.

Bro. Pavoucek explained and encouraged their participation in the upcoming Western District Slet Competitions and activities, giving them a broader scope of the workings within the District.

He also touched upon the benefits which they could derive by actively participating in the annual and semi-annual meetings of the District and the District's desire to assist them in all phases.

Bro. Pavoucek asked that each member set a goal for themselves during 1980 to seek one additional member, there did not seem to be any hesitation but what this would be accomplished.

The upcoming ASO Convention was discussed at length and this will be the first time Sokol Caldwell will have a delegate to the Convention. The delegate was very interested in the background of Sokol work.

Sis. Bea Pavoucek spoke upon the well-rounded program of which Sokol is comprised. This portion brought to light the gymnastic, educational, cultural, musical, etc. being vital to family life.

The program was followed by musical numbers, questions and answers, a covered dish dinner and dancing.

It was an extremely rewarding and satisfying session but perhaps more time should be allocated for such an event as everyone was more mentally exhausted than physically.

## Pacific District - ASO

Special board meeting held in Los Angeles, March 7, 1980, 9:30 p.m. Present: Sis. Nekuda, Pres.: Sis. Kis, Sec.: Sis. Horalik, Treas.: Sis. Pelc, Dir. of Women: Bro. Liska, Dir. of Men: Bro. Salak, By-law Comm. Ch.: Sis. Prochazka, Náčelnice LA.

Minutes from ASO, Sokol Fresno and Sokol San Francisco were reviewed. Letters read and discussed.

Sis. Pelc, Dir. of Women appointed as Assistant, Sis. Iva Prochazka. Then Sis. Pelc announced that she will be unable to attend the Convention in Cedar Rapids. Sis. Prochazka agreed to go in her place. All present agreed.

A discussion about the next quarterly meeting. It would be appropriate to have it in Fresno. Sis. Nekuda will inquire if that would be convenient. Suggested date April 27th.

After a telephone call to Fresno, it was decided to have the quarterly meeting in Fresno April 27th. Invitations will be sent to the other units when we know where it will be held.

There being no other business, meeting adjourned at 10:15 p.m.

Respectfully submitted,  
Louise Kis, Secretary

## SOKOL EDUCATOR

### Jan Žižka - Warrior

If wars can be considered glorious then the Hussite wars were glorious and produced great men. One of them was Jan Žižka from Trocnov, Bohemia, born in 1376. He was of noble birth and from early manhood served the royal court and acted as chamberlain to Queen Sophia, wife of King Vaclav. In 1419, when a

Hussite demonstration was stoned before the town hall in Prague, Jan Žižka was the leader of the men who threw the councillors from windows in the town hall. A temporary truce was drawn between the partisans of King Sigismund and Prague officials. Sigismund was the king who had betrayed Jan Hus and turned him over to the Council of Constance to be burnt at the stake.

Žižka helped organize the peasants and men of Prague with even a few women among them into a strong Hussite army. In June 1420, Sigismund claimed the Bohemian throne, stating that he was next in succession after his brother Wenceslaus. He invaded Prague and Žižka and his army went to drive him out. The Hussites were greatly outnumbered and had to use strategy by taking a position on a hill called Vitkov. Žižka regained the capital after a great struggle and Sigismund and his partisans retreated. August 1421, Žižka and his army returned to their stronghold in Tabor.

There were religious differences among the people. Prague University known as the authority on all theologian matters declared that communion was necessary for the salvation of the soul and the moderates of Prague sided with the university. The peasants of Tabor and Pilsen took more radical views and were against increasing the number of ceremonies. They had one thing in common. They all were anti-German and anti-Hungarian. October, 1419, the Hussites, Moderates and radical Taborites agreed to accept the four articles of Prague as their guideline. The religious program was:

1. The gospel shall freely be preached.
2. All Mortal sins and misdemeanors against the laws of God shall be prohibited and prosecuted.
3. Holy communion under both kinds shall be taken by all.
4. Priests shall abandon all possessions of worldly goods and shall live up to the teachings of Christ.

Under this program all rallied in times of danger. Žižka fought to keep the program in force. He was considered a radical, but he was not extreme in his religious views. He was a patriot, a believer in brotherhood and his men gained strength from his great enthusiasm. He had lost one eye in battle. He helped King Jagello of Poland defeat the Teutonic Knights. He was a genius in maneuvering his army and continued to win one battle after another against Sigismund's better armed men. He bound heavy wagons together with thick ropes to form a solid wall. This protected the Hussites as they safely advanced against the enemy. They carried shields and for weapons had long lances

and iron flails. They were known as "God's Warriors". Their faith was strong and pure and they were able to hold possession of most of Prague.

A Polish prince was about to become king of Bohemia, but the estates of Bohemia and Moravia fought against this move. They met at Caslav on June 1, 1421, and appointed a provincial government made up of twenty men chosen from all political and religious parties of the country. Žižka took part in the meeting and he became one of the representatives of the Tabor group. He suppressed a group of excessively religious men called Adamites who were causing discord and he continued to fight against Sigismund's army.

He had taken possession of a small castle near Litoměřice and made it his home. It was the only payment he ever received for his years of serving the Hussite cause. He called the castle "Chalice" and from then on signed his name as "Žižka of the Chalice". He was severely wounded and lost the sight of his good eye, yet blinded he continued to command the army of Tabor. At the end of the year 1421, Sigismund tried once more to take over Bohemia. Žižka waited at Kolin until he had received reinforcements and then on January 6, 1422, he attacked and defeated Sigismund's army at the village of Nebovid, between Kutna Hora and Kolin. Sigismund lost 12,000 men and escaped with his life by fleeing the battle scene.

In 1423, internal differences among the Hussites brought on civil war. Žižka and his Taborites stopped the fighting and were able to make the Utraquist nobles at Horic put an end to quarreling. May, 1423, Žižka learned that a new crusade was to be launched against Bohemia and he influenced the Hussites to seek peace. June 24, 1423, the Hussites signed an armistice at Knopist. Even though the crusaders left without trying to enter Bohemia, dissension broke out. A prince of Poland had ruled temporarily over Bohemia and had appointed Borek, Lord of Mileteinek, a moderate Hussite, as governor of Kralove Hradec. When the Polish prince left the city of Kralove Hradec, the democratic party of Bohemia took over and refused to accept Borek as their leader. They called Žižka to come and drive out Borek. He accepted their plea and August 4, 1423, he and his army fought the Utraquists under Borek at the farm of Strachov near Kralove Hradec.

Žižka failed to drive out the enemy but this battle is considered as one of Žižka's most heroic acts. The reason for this being that he took such great chances in out maneuvering the Utraquists and saving his men in retreat. He tried also to conquer Hungary and failed as the Hungarians greatly outnumbered his men.

In 1424, Bohemia was again ravaged by civil war. Žižka and his followers were unable to stop the fighting

and John of Rokycan who later became archbishop of Prague was asked to stop fighting. He succeeded in bringing about peace, but it did not last long. The reunited Hussites were determined to take Moravia away from Sigismund and Žižka was to be their commander. Žižka never reached the Moravian frontier, for he was stricken with the plague and died October 11, 1424. The Hussite Wars opened the way to modern teachings.

Sis. Stella Tichy  
Sokol Cechie, Chicago

## ASO FINANCIAL REPORT

### MARCH 1980

#### RECEIPTS:

Dues	\$ 374.75
Sokol Thomas G. Masaryk Dues	10.00
Dividends and Interest	941.28
Advertising in "American Sokol"	572.00
Subscriptions to "American Sokol"	3.00
Resale of Jewelry	214.05
Song Books	6.00
"Highlights of Czech History"	148.50
UPS Charges and Postage	5.56
Miscellaneous	20.00
	<hr/>
	\$2,295.14
ASO Uniform Division - Payment toward advances	565.95
	<hr/>
TOTAL RECEIPTS	\$2,861.09

#### DISBURSEMENTS:

##### Administrative

Salaries	\$544.83
FICA & FWT for February	161.58
Rental, Janitor Service, Phone, Electric	398.61
Office Supplies	67.89
Repairs to Office Machines	24.50
Postage and Zip Code Directory	28.66
CPA Audit	500.00
	<hr/>
	\$1,726.07

##### Board of Instructors

Salaries	\$329.81
FICA & FWT for February	62.60
Editor "Sokol Gymnast"	30.00
Additional copies "Sokol Gymnast"	29.00
Office Supplies	6.25
Postage	2.46
Travel Expense	570.00
	<hr/>
	\$1,030.12

##### Educational Department

FICA for February	\$ 2.66
Postage	2.48
	<hr/>
	5.14

#### Sokol Publication

Printing "American Sokol"	\$1,524.83
Postage "American Sokol"	185.55
Editor "American Sokol"	100.00
	<hr/>
	\$1,810.38

#### Miscellaneous

ASO Uniform Division - Salaries, FICA, FWT, Phone	\$464.78
Special Appropriations	
Western Dist. ASO	1,065.37
- Northeastern Dist. ASO	70.00
Miscellaneous - Convention, Slet and FSLF Postage	8.71
Transfer of funds from checking to savings	8,000.00
	<hr/>
	\$9,608.86
TOTAL DISBURSEMENTS	<hr/>
	14,180.57

#### Balance brought forward:

Western National Bank of Cicero - Checking Account	13,621.69
Receipts - March 1980	2,861.09
	<hr/>
	16,482.78
Disbursements - March 1980	14,180.57
	<hr/>
	\$2,302.21

#### FUTURE SOKOL LEADERS FUND

##### March 1980

In memory of Sophie Shabart - Allen J. Shabart, husband	\$ 10.00
Dividends Earned	662.94
	<hr/>
	\$ 672.94

*Donations are tax exempt*

## IN MEMORIAM FRANK C. HAJEK

Frank C. Hajek, who at the age of 80 passed away on March 13, 1980, was ardently devoted to the Sokol ideals and principles. His parents and brothers and sister were involved in the activities of Sokol Baltimore many decades ago. His daughters and some of his grandchildren participated in Sokol Curtis Bay's gym classes until the unit sold their gym several years ago. His daughter, Cecelia, was Director of Women at one time.

Bro. Hajek was enrolled in the gym classes of Sokol Baltimore as a young boy and developed into a good gymnast. He was a member of the Sokol Baltimore men's team which was first place in the intermediate division at the 1st Sokol Slet in Chicago in 1921. He also was the recipient of medals won in AAU competitions as well as in the municipal games which were conducted annually in Baltimore. During the 20's he was asked to teach the gym classes in Sokol Curtis Bay where he met and married the former Cecelia Puncihar. He moved to Curtis Bay and transferred his membership to the unit, where he assumed the



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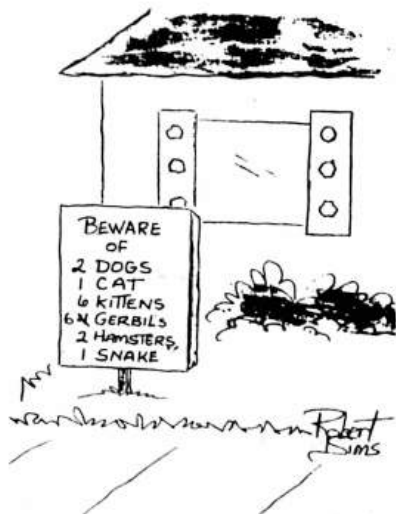
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position of náčelník and in later years served as president.

He will be missed, not only by his family, but by the entire membership of Sokol Curtis Bay and his many friends.

Bro. Ed. Stetka

## T. G. Masaryk o své mamince

V Čapkových "Hovorech s T. G. Masarykem" čteme tuto Masarykovu vzpomínku na matku:

Matka měla na mne větší vliv než otec; otec byl nadaný, ale prostý, kápo v domě byla maminka. Byla Hanáčka rodem, ale vyrostla mezi Němci v Hustopeči, a tož ji čeština dělala ze začátku potíže. Nás tří dětí hasačerty měla ohromně ráda; snad jsem byl jejím miláčkem, ale spíš by toho zasluhoval bratr Martin, z nás tří nejhodnější, nejčistší, anima candida, jak se říká.

Matka byla chytrá a moudrá, znala kus světa, žila déle v "nejlepší společnosti" třebaže jen ve službě - bývala kuchařkou u pánů v Hodoníně - ale měli ji rádi, i později se k ní utíkali o radu a pomoc v těžkých okolnostech. Z té panské společnosti jí zůstala touha, abychom se my děti dostaly trochu výš na té společenské stupnici; k tomu ještě dobře znala tu bídu, ve které tenkrát žil služební a pracovní lid. Tož chtěla mít z nás děti pány - to byla její zásluha, že jsem se dostal na školy.

## Sokol Slavsky

Sokol Slavsky is celebrating its Ninetieth Anniversary with a Dinner-Dance Celebration, to be held on Saturday, the 10th of May, 1980. The cocktail hour will begin at 6:00 P.M. at P.B.A. Manor, 3245 So. Grove Ave., Berwyn, Ill. Reservations must be made in advance. If you are interested in celebrating this occasion with your Sokol brothers and sisters, further information can be gotten by getting in touch with Sis. Libbie Krivanek, 392 Nuttall Road, Riverside, Illinois. 447-9483.

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