

AMERICAN SOKOL

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Educational and Physical Culture Organization

LISTOPAD

Listí padá, větve holé
trčí smutně do nebes,
na sklizená suchá pole
lehký mrazík již se snes.

Smutný měsíc v historii
pro náš národ věru jest - -
ve vzpomínce věčně žijí
ti, jimž patří všechna čest.

Bílá Hora pomstěna je,
volně dýše český lid,
české nivy, luky, háje,
nikdo nám již nesmí vzít!

Sokolstvo je věrnou stráží,
republiku ochrání - -
od Šumavy až k Pováží
stojí stále ve zbrani.

Zbraní tou je každodenní
jeho vzorná výchova,
která slabé v silné mění
podle vzoru Tyršova.

Plné necht' jsou tělocvičny
v tuhé práci přes zimu,
ruch v nich jarý, ustavičný,
bud' vzdor stavu dnešnímu,

v němž dnes mnohý na zřeteli
má jen vlastní prospěch, cíl,
aby kde se kořist dělí,
sám měl největší z ní díl.

Proti tomu naše snahy
necht' dál slíí nadšení,
by zřel v nich náš národ drahý
svoje zabezpečení!!

JARKA KOSAR



AMERICAN SOKOL

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Calendar of Events

NOV. 2 - SOKOL CLEVELAND CECH-HAVLICEK
Pot Luck Dinner
NOV. 6 - 8 - SOKOL GREATER CLEVELAND
Rummage Sale
NOV. 13 - SOKOL MARYLAND
Luncheon is Served
NOV. 15 and 16 - SOKOL SOUTH OMAHA
Gym Meets
NOV. 21 - SOKOL GREATER CLEVELAND
Fish Fry
NOV. 22 - SOKOL BROOKFIELD
Sokol Fest

NOV. 26 - SOKOL SOUTH OMAHA
Belgium American Society Dance
NOV. 29 - SOKOL NEW YORK
Country-Western Dance, Live Music
DEC. 6 - SOKOL STICKNEY
Spaghetti Dinner
DEC. 6 - SOKOL SLAVSKY
St. Nicholas Dance at Sokol Berwyn
DEC. 6 - SOKOL GREATER CLEVELAND
St. Nick Dance
DEC. 7 - SOKOL GREATER CLEVELAND
Annual Meeting
DEC. 7 - SOKOL DETROIT
Czech Dinner Party
DEC. 7 - SOKOL CLEVELAND CECH-HAVLICEK
Christmas Mart and Cookie Sale
DEC. 7 - SOKOL WASHINGTON, D.C.
St. Nicholas Party at Knights of Columbus
DEC. 7 - SOKOL SOUTH OMAHA
Dance - Open Invitation
DEC. 7 - SOKOL MARYLAND
Christmas Bazaar
DEC. 14 - SOKOL MARYLAND
Christmas Party
DEC. 17 - SOKOL WASHINGTON, D.C.
Annual Meeting
DEC. 20 - SOKOL SOUTH OMAHA
Christmas Party
DEC. 27 - SOKOL NEW YORK
Christmas Party
DEC. 31 - SOKOL NEW YORK
New Year's Eve Party
DEC. 31 - SOKOL STICKNEY
New Year's Eve Dinner Dance
DEC. 31 - SOKOL MARYLAND
New Year's Eve Dance
DEC. 31 - SOKOL BROOKFIELD
New Year's Eve Dinner-Dance
JAN. 25, 1981 - SOKOL DETROIT
N.E. District Annual Meeting
FEB. 8, 1981 - SOKOL DETROIT
Winter Gymnastical
FEB. 14, 1981 - SOKOL DETROIT and LADIES
AUXILIARY ANNUAL MEETING
FEB. 15, 1981 - SOKOL STICKNEY
Pancake Breakfast
MARCH 21, 1981 - SOKOL STICKNEY
Exhibition
JUNE 7, 1981 - NORTHEASTERN DISTRICT SLET
AMLA Camp Cleveland, Ohio

INSTRUCTORS:

DO YOUR CLASSES HAVE
PROPER UNIFORMS?

AMERICAN SOKOL

VĚSTNÍK AMERICKÉ OBCE SOKOLSKÉ

Ročník - Volume CI

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Time Marches On . . . Sokol Americký

It was Sunday, May 20, 1934, 7:30 p.m. in CSPS Hall on 18th and May Streets, Chicago, Illinois, that an important event took place, Sokol Americký, founded November 12, 1933 was formally initiated into our Sokol family - the American Sokol Organization. At that time it was an important event, as over a period of 20 years no units were organized.

In attendance at this momentous occasion were the National and District Officers. An assembly of all classes, led by Bro. Jan Tomes, Director of Men and Sis. Hilda Zyka, Director of Women, was addressed by Bro. Frank Wolf, unit president, who also welcomed the guests. Bro. Karel Prchal, President of the American Sokol Organization, expressed his pleasure at being able to initiate into the Sokol ranks such a robust unit of over 100 members (50 of them gymnasts), and 100 children. A pledge was given by Bro. Wolf, that Sokol Americký will abide by the Constitution and By-Laws of the American Sokol Organization. Bro. Jarka Kosar, Secretary, American Sokol Organization, was the guest speaker, and Bro. Jan Knotek, President, Central District, welcomed the new unit as a member of the District.

Sokol Americký faithfully fulfilled its pledge for a period of 46 years. Active gymnastically and participating in Sokol activity on District as well as on national levels, helped to promote the growth and strength of our Sokol Organization. For this we are eternally grateful.

But time, world and economic changes take their toll of people and places. It is change that caused Sokol Americký to call a special meeting of its membership to reach a decision on September 28, 1980. The decision - to be or not to be. A total of nine members, spry and happy for their years met to properly conclude an historic epoch. After thorough discussion of their situation, unanimously voted to dissolve after payment of District and American Sokol Organization dues and assessments for the year 1980. Further - the balance remaining in their treasury to be a donation to the ASO Library and Archives Fund, established at the XIII ASO Convention. Their archives, consisting of minute books, records and their Charter, to be surrendered to the Executive board of the American Sokol Organization through the Central District.

But dissolution was not the final note - all present elected to transfer their membership to Sokol T. G. Masaryk, a unit-at-large (holding no meetings), but

receiving our American Sokol publication, thus still a part of our Sokol family.

Present for the Central District was Bro. Edwin Halik, President; Sis. Anne Halik, Secretary; for the ASO Executive Board, Sis. Betty Prener, II Vice-President and Sis. Helen Prener, guest.

The Officers of Sokol Americký: President, Sis. Tillie Kvasnicka; Secretary, Sis. Mayme Johnson; Financial Secretary, Sis. Mary Doubek; Treasurer, Sis. Mildred Kuzel, formally brought to a close a chapter of Sokol history.

Sis. Betty Prener,
ASO Executive Board

A Sokol's View of The 1980 Czechoslovak Spartakiada

While traveling through Europe this past summer with two fellow Sokol brothers (Bro. Rome Milan of Sokol Fort Worth and Bro. Steve Frolo of Sokol New York) along with two other friends, we spent two weeks in Czechoslovakia. After enjoying a week of kielbasa and slivovitz with three sets of relatives in Slovakia we drove up to Praha for the 1980 Spartakiada.

Upon entering the showplace of Czechoslovakia, Praha, the foreign tourist would have been impressed this past summer with the living conditions of the Czech people as the city prepared for the biggest event in five years. As far as the eye could see every building and wall was covered with brightly colored banners and flags. Thousands upon thousands of the young Czechs had gathered here after years of hard work and training. Now, their dreams come true, they have made it to the big city with all the enthusiasm they have kept bottled up inside them. With the stores well stocked and opened in the day and the restaurants and cafes in full swing at night, Czechoslovakia, to the tourist, did not seem as bad off as he heard it was.

Unfortunately the average tourist in Czechoslovakia this past summer never had the chance to see how the real Czech people live outside Praha. Unless the tourist was observant he would not have noticed that every Czech flag that lined the streets was also accompanied by a red flag with a sickle and hammer in its corner, representing the influence of the Soviet Union, or the fact that 15,000 of those enthusiastic young participants were soldiers of the Czech Army. The tourist was also probably oblivious to the meat shortage that was going on at the time throughout the rest of the country so that

all the visiting tourists would be able to see well stocked stores in Praha.

Attending both of the full day programs at Strahov Stadium and watching part of it televised provided me with a good insight to this event they call the Spartakiada. Even though the sight of 15,000 participants on the field in physical unison was impressive, the Spartakiada lacked the most important ingredient that has successfully carried our numerous Sokol organizations into its second century: the SOKOL SPIRIT. To fully describe the lack of our Sokol Spirit at this event would be too long a task. But, most obvious to me, the lack of our Sokol Spirit at Strahov Stadium was the difference between a required physical event that takes place every five years (the Spartakiada) and the completely voluntary effort of a small independent nation to create such a mass demonstration of "Strength in Unity" as the Sokol Slet.

My only regret entering Strahov Stadium was that I was not there representing our American Sokol Organization in a Sokol Slet had Czechoslovakia remained independent of her oppressors.

NAZDAR!

Bro. Anthony DiDomenico
Sokol New York

SOKOL EDUCATOR

The National Purpose

IF YOU WANT A FREE SOCIETY, BE WORTHY OF IT. IDEA WILL SURVIVE IF ENOUGH OF US CARE ENOUGH . . .

Critics are saying that we have lost our devotion to American ideals. They are saying that the individual American has lost his faith, his discipline and his vitality. They are saying that he is spoiled, demanding, an overfed oaf who cares for nothing but his own comfort and diversion.

I don't believe it.

But something is wrong. At a moment in our history when we need all our sense of purpose and capacity for sustained effort, we seem in danger of losing our bearings, of surrendering to a "cult of easiness".

Why? Others have tried to explain our failures at the level of national policy and leadership. Such explanations are undoubtedly helpful. It is my intention, however, to explore the question as it touches the citizen.

Our national problems have become so complex that it is not easy for the individual to see what he can do about them. The tasks facing the frontiersmen two centuries ago may have been grim, but they were also obvious. Each man knew what he must do.

But what can a man of today do about inflation, about international organization, about the balance of trade? There are answers to these questions but they are not self-evident.

The individual American - busy earning a living, repapering the dining room, getting the children off to school, paying the bills - doesn't hear one clear call to action.

He hears the jumble of outcries and alarms, of fanfares and dirges of voices crying "Hurry!" and voices crying "Wait!" Meanwhile he has problems of his own.

Society Must Justify Itself. The men who founded this nation knew that in a world largely hostile to the idea of freedom, a free society would have to prove that it is capable of, and worthy of, survival.

The requirement is unchanged today. Free societies must prove their ability to make good on their promises and to keep alive their cherished values. And they must prove their vigor, their capacity to practice the disciplined virtues. Above all, they must prove their capacity to achieve excellence.

The free society is still the exceptional society, and the world is still full of people who believe that men need masters. The survival of the idea for which this nation stands is not inevitable. It may survive if enough Americans care enough.

It would be easier to grasp the truth if we weren't so blessedly comfortable. Part of our problem is how to stay awake on a full stomach.

Since the beginning of time most humans have had to work hard either because subsistence demanded it or because their taskmasters required it. Now we don't have to work very hard to stay alive; and free people have no taskmasters.

With such release from outward pressures, free men may make the fatal mistake of thinking that no effort is required of them.

Nothing could be more dangerous to our future. Free men must be quick to understand the kinds of effort that are required to keep this society vital and strong. If they have the wisdom to demand much of themselves, their society will flourish.

But a free society that refuses to exert itself will not last long. And freedom alone won't save it.

Americans have many differing ideas about the appropriate goals of our society. That's as it should be. But we do have shared aims. And our hope of greatness as a nation lies in these shared ideas. No people in history ever lifted itself above the normal trajectory without a widely shared "vision of greatness".

We're Not Uncertain, Drifting. Some people say that we are uncertain of our shared aims. Some say we're drifting because we've achieved everything we ever wanted. Both statements are dead wrong.

To say that we are confused is one way of evading the difficult tasks before us. We are not really in doubt about the more serious of our shared aims. We know what they are. We know that they are difficult. And we know that we have not achieved them.

Are examples needed?

We want peace with justice. We want a world that doesn't live under the fear of the bomb, a world that acknowledges the rule of law, a world in which no nation can play bully and no nation need live in fear.

How many Americans would disagree with that purpose? Is it easy? Have we come close to achieving it? Read your morning paper.

We want freedom. We don't think man was born to have someone else's foot on his neck - or someone else's hand over his mouth. We want freedom at home and we want a world in which freedom is possible. Who would disagree with that as a national aim? Who would call it easy? Who would say we've achieved it? We believe in the dignity and worth of the individual, and it has always been our unshakable purpose to protect and preserve that dignity.

We believe that every person should be enabled to achieve the best that is in him, and we are the declared enemies of disease, ignorance, poverty and all other conditions which stunt the individual and prevent such fulfillment.

We believe in equality before the law, in equal political suffrage, and - dearest of all to Americans - equality of opportunity. "We may not all hit home runs," the saying goes, "but every man should have his turn at bat."

Those are only some of the more obvious goals we are committed to as Americans. Have we gone as far as we should in achieving them? Are all our problems solved? Look around.

In the world at large we see the threat of universal destruction. We see great nations striving fiercely to prove that free societies are outmoded.

We see underdeveloped lands stirring out of their ancient sleep, poised between chaos and orderly development, listening indiscriminately to those who would help them and those who would use them.

At home we see - despite our impressive achievements in human welfare - still too many children trapped in poverty and ignorance; too many talents blighted by lack of opportunity; too many men and women who never achieve their full potential; racial and religious prejudice in the South and in the North; the invasion of personal freedom by government and by large organizations; juvenile delinquency and social disintegration in the cities; corruption and the misuse of power; and creeping mediocrity in every phase of our national life.

Is this a fair picture of our nation? Of course not. Our achievements in providing a better life for Americans are astounding to other societies. We may be deeply proud of what we've accomplished.

But smugness and complacency do not look good on us. Our historic attitude has been pride in what we've accomplished and impatience that we haven't accomplished more. Let's not change now.

Don't Agree on Big Problems. Obviously we don't agree on how to deal with our major problems. As free Americans we will argue that question right to the door of the polling booth.

But we know what the problems are and agree on our more important aims. So what is lacking? The answer is simple: We lack leadership on the part of our leaders, and commitment on the part of every American. I want to talk about the matter of individual "commitment".

The establishment of a durable peace, the strengthening of a free society, the enrichment of the traditions on which freedom depends - these cannot be achieved by aimless or listless men. All our wisdom, all our talent and vitality, all our steadfastness will be needed if we wish to attain these goals. Can we count on an ample supply of dedicated Americans?

The answer must be conditional. If - as a nation - we understand, expect and honor dedication, the supply will be ample. But if we assume that dedicated men are exceedingly rare and probably a little foolish, the supply will be low.

It is unfortunately true that Americans have to some degree lost the habit of asking for or expecting devoted action. Long continued, such failure to expect dedication can have only one outcome; we shall eventually lose the capacity for it.

Of course every line of behavior has its pathology, and there is a pathology of dedication. People sometimes commit themselves to vicious or criminal goals. Or their commitment to worthy goals becomes so fanatical that they destroy as much as they create. And there is the "true believer" who surrenders himself to a mass movement or to dogmatic beliefs in order to escape the responsibilities of freedom.

A free society does not invite that kind of allegiance. It wants only one kind of devotion - the devotion of free, rational, responsible individuals.

It is my conviction that free and responsible individuals are proud to offer such devotion if given the opportunity. People would rather work hard for something they believe in than enjoy a pampered idleness. They would rather sacrifice their comfort for an honored objective than pursue endless diversions.

It is a mistake to speak of dedication as a sacrifice. Every man knows that there is exhilaration in intense effort applied toward a meaningful end.

The religious precept that you must lose yourself to find yourself is no less true at the secular level. No one who has observed the devoted scientist in his laboratory can count the spiritual rewards of such work.

The same is true of anyone who is working toward goals that represent the highest values of his society.

We fall into the error of thinking that happiness involves ease, diversion, tranquility - a state in which all of one's wishes are satisfied. For most people happiness is not to be found in this vegetative state but in striving toward meaningful goals.

The dedicated person has not achieved all of his goals. His life is the endless pursuit of goals, some of them unattainable.

He may never have time to surround himself with luxuries. He may often be tense, worried, fatigued. He has little of the leisure one associates with the storybook conception of happiness.

But he has found a more meaningful happiness. The truth is that happiness is the sense of total gratification is not a state to which man can aspire. It is for the cows, possibly for the birds, but not for us.

Want Lives to Have Meaning. We want meaning in our lives. When we raise our sights, strive for excellence and dedicate ourselves to the highest goals of our society, we are enrolling in an ancient and meaningful cause; the age-long struggle of man to realize the best that is in him.

Man reaching toward the most exalted goals he can achieve, man striving impatiently and restlessly for excellence has produced great religious insights, created great art, penetrated secrets of the universe and set standards of conduct which give meaning to the phrase "the dignity of man."

On the other hand, man without standards, man with his eyes on the ground has proved over and over, in every society, at every period in history, that humans can be lower than the beasts, sunk in ignorance, morally and ethically blind, living a life devoid of meaning.

The task we face as a nation of keeping our ideals alive is partly a question of leadership. Even in a democracy leaders must lead. If our citizens are to recapture a sense of mission with respect to the purposes we care the most about, our leaders must have the capacity and the vision to ask for it.

It is hard to expect an upsurge of devotion to the common good in response to leaders who lack the moral depth to understand such devotion - or the courage to evoke it, or the stature to merit the response which follows. One of the great tasks of leadership is to help a society achieve the best that is in it.

But it takes more than leadership to preserve the ideals of a free society. The values we cherish will not survive without the constant attention of the ordinary citizen.

Unlike the Pyramids, the monuments of the spirit will not stand untended. They must be nourished by each generation by the allegiance of believing men and women. The fact that millions have died violent deaths while defending individual freedom does not ensure survival of that principle if we cease paying our tithes of devotion.

Every free man, in his work and in his family life, in his public behavior and in the secret places of his heart, should see himself as a builder and maintainer of the ideals of his society.

Individual Americans - truck drivers and editors, grocers and senators, beauty operators and ball players - can contribute to the greatness and strength of a free society, or they can help it to die.

Contribute Through Excellence. How does one contribute to the greatness and strength of a free society? That is a question to which there are many answers. One answer is - pursue excellence!

Those who are most devoted to a democratic society must be precisely the ones who insist that free men are capable of the highest standards of performance, that a free society can be a great society in the richest sense of that phrase. The idea for which this nation stands will not survive if the highest goal free men can set themselves is an amiable mediocrity.

At the simplest level, the pursuit of excellence means an increased concern for competence on the part of the individual. Keeping a society free - and vital and strong - is no job for the half-educated and the slovenly. In a society of free men competence is a primary duty.

The man who does his job well tones up the whole society. And the man who does a slovenly job - whether he is a janitor or a judge, a surgeon or a technician - lowers the tone of the society.

So do the chiselers of high and low degree, the slight-of-hand artists who know how to gain an advantage without honest work. They are the regrettable burdens of a free society.

But excellence implies more than competence. It implies a striving for the highest standards in every phase of life. We need individual excellence in all its forms, in every kind of creative endeavor, in political life, in education, in industry - in short, universally. And, not least, we need excellence in standards of individual conduct.

The words for Americans to live by are these; if you believe in a free society, be worthy of a free society. You don't need to quit your job and enroll as a missionary in Africa to prove your dedication. Stay where you are and do a better job, be a better citizen, live a better life.

Every good man strengthens society. In this day of sophisticated judgments on man and society, that is a notably unfashionable thing to say, but it is true.

Men of integrity, by their very existence, rekindle the belief that as a people we can live above the level of moral squalor. We need that belief, for a cynical community is a corrupt community. More than any other form of government, democracy requires a certain optimism concerning mankind.

The best argument for democracy is the existence of men who justify that optimism. It follows that one of the best ways to serve democracy is to be that kind of man. When you see such men and women, tip your hat and bow. The future of our civilization is in their hands.

John W. Gardner,
Life Magazine - 1960

Fall Poetry Contest

A \$1,000 grand prize will be awarded in the Sixth Annual Fall Poetry Competition sponsored by the World of Poetry, a quarterly newsletter for poets.

Poems of all styles and on any subject are eligible to compete for the grand prize or for 49 other cash or merchandise awards.

Says Poetry Editor Eddie-Lou Cole, "We are encouraging poetic talent of every kind, and expect our contest to produce exciting discoveries - like Virginia Bates, a housewife from Woodbine, Maryland. She won our grand prize last year with her poem "PIETA".

Rules and official entry forms are available from World of Poetry, 2431 Stockton Blvd., Dept. N, Sacramento, California 95817.

AMERICAN SOKOL

SOKOL GYMNAST

NOVEMBER 1980

Editor - Edward Linhart - 1820 Ridgeland Ave., Berwyn, Ill. 60402



American Sokol Organization Merit Award for 1980-81

Upon the recommendation of the Merit Award Committee which had met and thoroughly examined all applications of applicants, the following Merit Awards have been approved by the Executive Board to be paid from the Sokol Future Leaders Fund. Those applicants not awarded should re-apply next year.



ARTHUR DE CHECCHI
Sokol New York, Eastern Dist.
ACD Aeronautics



DEANE CHABOWSKI
Sokol Tabor, Central Dist.
West. Ill. U.



THOMAS F. SATORIE
Sokol So. Omaha, Western Dist.
Univ. of Neb.

Renewals:

SHARON V. JAMES
Sokol Baltimore

SUSAN CAROLE JAMES
Sokol Baltimore

WENDY LEE REJNA
Sokol Gr. Cleveland

MERIT AWARD COMMITTEE:

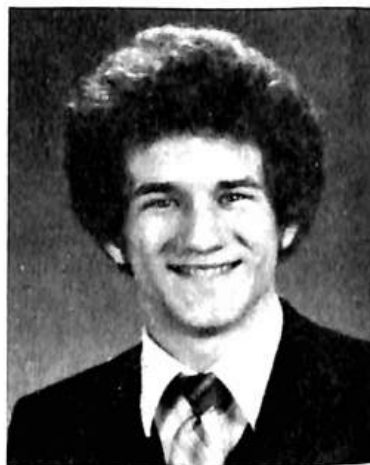
Paul Lebloch, Marie Ptacek, Richard Ptacek, JoMarie Zeman, Charles Klapp and Lorraine Zdenek (Chairman)



STEVEN ULRICH
Sokol Slavsky, Central Dist.
Ill. Inst. Tech.



KATHY WORTNER
Sokol Los Angeles, Pac. Dist.
Pierce College



LAWRENCE SWOBODA
Sokol So. Omaha, Western Dist.
Kearney State Col.



PAULA L. STANSBURY
Sokol Zizka, Southern Dist.
Louisiana State

**MERIT
AWARD
1980-81**



SUSAN A. FROLO
Sokol New York, Eastern Dist.
Katherine Gibbs Bus. Sch.



MARC B. JOHNSON
Sokol So. Omaha, West. Dist.
Univ. of Neb.



KATHY KUBIK
Sokol Slavsky, Central Dist.
Morton College



ANTHONY DI DOMENICO
Sokol New York, Eastern Dist.
Univ. of Maryland

American Sokol Southern District Beginners Course 1980



The Ennis sokol Unit was proud and privileged to host the American Sokol Organization's Southern District Instructors Beginners Course, July 6 to July 12, 1980.

The instructors for the course were Bro. Jos. Vrzalik, District Director of Men, Eastern District; Baltimore, Maryland, who was Course Director, Sis. Jo-Marie Zeman, Director of Women of Sokol Berwyn, Central District, Berwyn, Illinois, and also Bro. Brad Durham of Sokol Ft. Worth, Ft. Worth, Texas.

There were 21 students taking instructions from these fine leaders. They learned how to conduct gym classes, special number competition, marching and singing competition, games and other various Sokol activities.

The graduation for the students was held on July 12th at noon. Master of Ceremonies was Bro. Harrel Hamilton, Director of Men of Sokol Ennis, who introduced Bro. Ben Maca, Southern District President; Sis. Bernice Hamilton, District Treasurer; Bro. Oldrich Parma, District Educational Director; and Bro. Larry Laznovsky, Southern District Director of Men and President of Sokol Ennis.

All students participated in the graduation program with parents and friends attending. A hoop number was presented and taught by Sis. Zeman. Pyramids were original ideas by students, supervised by Bro. Vrzalik as were marching and tumbling.

At the conclusion of the program, students were awarded their graduation certificates. All 21 students graduated. The presentation of the traditional Cowboy hat were given to Bro. Vrzalik and Sis. Zeman.

Other instructors assisting during the week were Sis. Berniced Hamilton, singing; Sis. Ellen Miller, first aid; Bro. Larry Laznovsky, lecture; Sis. Mary Laznovsky, Stacy Hejny, and Olga Ewing were in charge of meals for all students and instructors for the week.

Nazdar!

Lil Laznovsky,
Course Secretary

For Classes I and II (Ages 5-11)

LESSON 5

Part 1: Bench, Swedish Box, Horse

Crawling on an elevated area
Arrange the apparatus one behind the other beginning with bench(es), then Swedish box (two parts only) and then the horse. Team in rank facing the apparatus. The box may be replaced with low balance beam (higher than the bench).

A. Crawl on top of all the apparatus in support kneeling - dismount from the horse arbitrarily (**spot there!**)

The apparatus should be close to one another to allow for gymnast's crawling directly from the lower to the higher one. The gymnasts follow as soon as each has room enough to start.

B. As "A", in support squatting.

C. As "A", in stooped support-lying.

D. From stand across on the L side at the beginning of the bench, outer grip on bench with both hands in stoop support standing: Rear vault to right with bent legs; regrasp forward; rear vault to left; regrasp forward and so on; continue arbitrarily on the higher apparatus. Disregard the form of the vaults.

E. From stand across astride at the beginning of the benches: Grasp the bench in stoop support standing; bent leg ascent upon the bench; jump down to starting position; regrasp forward. Repeat to the end of the bench(es); crawl arbitrarily on the higher apparatus - dismount from the horse.

Part 2: Large Balls

Rolling, Throwing, and Catching

There should be at least one ball for two children, size as used in rhythmic gymnastics or larger (volleyball, basketball).

A. Team in open rank formation. Count off by twos. All "twos" step in front of their "ones," six steps apart. Kneeling on one knee they roll the ball alternately from one to the other. Whoever misses the ball has to bring it to his place.

Try to teach children to focus on their partner and give the ball the right direction.

B. As "A", each couple counts aloud how many times the ball was caught. After awhile the instructor stops the rolling, children report each couple's catches. The couple with the highest number wins.

C. As "A", all standing. Before rolling, each gymnast makes a full turn to stand astride and rolls the ball backward between own legs.

D. "Ones" and "twos" form parallel files behind a restraining line. One ball to each file of gymnasts, stand astride, at arm's length apart: At a command, the last gymnast in each team rolls the ball forward between the other's legs - the first catches the ball, brings it to the rear end of his file and so on until the last gymnast returns with the ball to their original places. (Relay).

E. Relay as "D", but the relay begins with the first gymnasts rolling the balls to the rear of the file. The last gymnast takes the ball, runs while bouncing the ball behind a goal line, brings it back to the front of his file and rolls it between the legs of the others to the rear end.

XV AMERICAN SOKOL SLET BULLETIN - Housing Accommodations

FORT WORTH, TEXAS

JUNE 24-28, 1981

HOTEL/MOTEL	SINGLES (1 person per room)	DOUBLES (2 persons per room)	TRIPLES (3 persons per room)	QUADRUPLE (4 persons per room)
1. HYATT REGENCY 815 Main Street	\$35.00 \$45.00	\$45.00 \$55.00	\$60.00	\$65.00
6. AMERICANA/TANDY CENTER 200 Main Street	\$45.00 \$75.00	\$55.00 \$90.00	\$61.00	\$67.00
2. CONVENTION CENTER HOTEL 600 Commerce Street	\$35.00	\$43.00 \$46.00	\$51.00	\$56.00
4. HILTON INN 1701 Commerce Street	\$40.00	\$44.00	\$48.00	\$52.00
3. PARK CENTRAL INN 1010 Houston Street	\$32.00	\$38.00 \$40.00	\$46.00	\$52.00

HOTEL PREFERENCE:

1. _____ 2. _____
3. _____ 4. _____

ACCOMMODATIONS DESIRED

RATE DESIRED

_____ Room(s) for one person (one full size bed) \$ _____ to _____
 _____ Room(s) for two persons (one full size bed) \$ _____ to _____
 _____ Room(s) with two double beds for two persons \$ _____ to _____
 _____ Each additional person \$ _____ to _____

I will arrive June _____, 1981 at _____ (A.M./P.M.) and depart June _____, 1981.

Name _____ Mailing Address _____

City _____ State _____ Zip _____

Area Code _____ Telephone Number _____ This will be used only in case your form is not clear in which case we will call collect.

Please list names of all additional persons included in this reservation. We cannot confirm unless rooms requested balance with number of persons listed.

1. _____ 2. _____
3. _____ 4. _____

Mailing your request for reservations direct to the hotel/motel will only delay your confirmation. Written confirmation cannot be mailed if housing request is received after June 5, 1981. If your form is received after this date it will be necessary to confirm by collect telephone call.

* ALL rates quoted will be subject to 7 percent Occupancy Tax and are not commissionable.

AMERICAN SOKOL ORGANIZATION - 15th NATIONAL SLET

**Housing Committee
700 Throckmorton Street
Fort Worth, Texas 76102**

ASO FINANCIAL REPORT

SEPTEMBER, 1980

RECEIPTS:

Dues	\$1,985.69
Convention Fund	20.00
Special Assessment	15.00
Dividends	1,025.41
Subscription to "American Sokol"	11.00
Resale of jewelry	104.30
"Highlights of Czech History"	85.00
Centennial Seal donation	1.00
Miscellaneous	68.36
	<hr/>
	3,315.76
ASO Uniform Division - Payment toward advances	614.72
	<hr/>
	3,930.48
Reimbursement for Advances to Convention Committee	3,745.22
	<hr/>
TOTAL RECEIPTS	\$7,675.70

DISBURSEMENTS:

<i>Administrative</i>	
Salaries	\$1,062.34
FICA & FWT for August, 1980	194.20
Rental, Janitor Service, Phone, Electric	451.88
Office Supplies	65.21
Postage and UPS	39.50
Dues and Donations	60.00
Miscellaneous - Suburbia Magazine	54.00
	<hr/>
	\$1,927.13
<i>Board of Instructors</i>	
Salaries	\$ 576.24
FICA & FWT for August, 1980	57.24
Editor "Sokol Gymnast"	30.00
Additional copies "Sokol Gymnast"	29.00
Postage and Phone	34.66
Miscellaneous	55.00
	<hr/>
	\$ 782.14
<i>Educational Department</i>	
Salaries	\$ 30.83
FICA for August, 1980	2.86
Office Supplies	7.85
Postage, UPS Charges	64.62
Printing Promotional pamphlets	986.65
	<hr/>
	1,092.81
<i>Sokol Publication</i>	
Printing "American Sokol" September issue	\$1,043.23
Postage	390.95
Editor "American Sokol"	100.00
	<hr/>
	1,534.18
<i>Miscellaneous</i>	
ASO Uniform Division - Salaries, FICA, Phone	\$ 508.82
XV ASO Slet UPS Charges	3.41
XIII ASO Convention	125.00

Special Appropriations:

Western Dist. ASO	381.80
Northeastern Dist. ASO	190.00
	<hr/>
	1,209.03

TOTAL DISBURSEMENTS

\$6,545.29

Balance brought forward:

Western National Bank of Cicero - Checking Account	\$2,092.94
Receipts - September, 1980	7,675.70
Disbursements - September, 1980	9,768.64
	<hr/>
	6,545.29
	<hr/>
	\$3,223.35

Future Sokol Leaders Fund

SEPTEMBER, 1980

In memory of Bro. Charles M. Prchal George and Ann Basta	\$ 10.00
Joseph and Agnes Sotka	10.00
Frank and Mary Balsanek	25.00
In memory of Bro. James (Vaclav) Prech L. J. Linek	100.00
In memory of Sis. Anna Sommer Sokol Town of Lake	15.00
In memory of Tom Nile Jerry and Otto Polacek	15.00
	<hr/>
	175.00
Dividends Earned	967.99

Donations are tax exempt

Library and Archives Fund

SEPTEMBER, 1980

In memory of Bro. James (Vaclav) Prech L. J. Linek	\$100.00
Sokol Slavsky Ed Stetka	100.00 10.00
In memory of Bro. Charles M. Prchal Frank and Anna Pliska	100.00
L. J. Linek	100.00
Jerry A. Srp	100.00
Frank and Mary Balsanek	25.00
Central District of the American Sokol Organization	150.00
	<hr/>
	\$ 685.00
Dividends earned	13.45

Donations are tax exempt

A NEW PUBLICATION!

Highlights of Czech History

by Bro. Charles M. Prchal, a 24-page booklet, beautifully written, of interest and information. - \$2.25 per single copy, postpaid; for 20 or more copies, \$2.00 each, postpaid. - Available from the American Sokol Office.

To The Memory of Mary Toberny

On Sunday, July 13th the sad news came to us that Sister Mary Toberny passed away in the early morning hours after a long illness in her home.

Her passing leaves a big void in our Sokol Zizka unit. She was a loyal and dedicated member for over forty years.

I wish it were possible for me to name all that she, her husband, Louis, and their children had done over these years for our unit and Southern District.

When two members visited her on June 22 and she was very ill, she asked them to bring to our unit a beautiful baby blanket which she made for the bazaar, the proceeds to go to the youth travel fund.

Sis. Toberny always remembered the youth, when they had bake sales, with her delicious baking, her beautiful handwork and many times monetary donations. Sis. Toberny loved her adopted country and she served it well in many civic endeavors.

Proven by her thirty-three years (6,074 hours) of volunteer service to the American Red Cross, Lisbon Veterans Hospital, sixteen years (3,760 hours). One of her projects which she enjoyed as a volunteer, was the work she did at the Veterans Christmas Gift Shop, where the veterans, who gave so much of themselves for our country can go and select gifts for their wives and children, since they can't be with them at Christmas.

Sis. Toberny dedicated herself to helping her family, friends and many times to people unknown to her. Friends will always remember her for the birthday and get well cards they received over the years.

Sis. Toberny was a member of the Catholic Church, charter member of Circle of Czech Women, where she will be sorely missed, American Legion Auxiliary, Lisbon Hospital Auxiliary, Sokol Zizka, WILA Lodge, American Red Cross. On July 15, her family and many, many friends escorted her to her final resting place beside her beloved Louis who preceded her in death, August 6, 1974.

May God Bless this wonderful lady who gave so much of herself in His true spirit. And may He grant her peace in her eternal rest. We will all miss her.

Sis. Rosa Kopecek
Sokol Zizka

ASO Executive Board Meeting

SEPTEMBER 22, 1980

Regular meeting of the American Sokol Organization Executive Board, Monday, September 22nd, 1980, was brought to order at 7:35 p.m. by President, Bro. Roy Zitny. Items from numerous newsletters were reviewed, articles from newspapers and advertisements were also looked through. District minutes which had been received since our last meeting were reviewed;

Eastern, May 19th; Northeastern, May 28th and June 25th; Southern, May 22nd, July 24th and August 28th; Central, May 28th; Western, June 9th and Sept. 11th.

CORRESPONDENCE: All the correspondence listed on the agenda was gone through and acted upon. The letter from Bro. Charles Zraly was acted upon, concerning the number of days per diem that the by-laws committee was entitled to. Motion was made, passed that we should pay the additional day. Bill for the dues to the Cermak Road Business Men's Assn. \$35.00 and a \$25.00 donation to the Houby Festival were passed on for payment. The letter from the White House thanking us for the resolution sent to President Carter was passed on to the editor of the American Sokol for printing in the magazine. The report from Sis. Dagmar Fiala on the Slavic Congress, held in Baltimore August 22-24th, 1980 was given to Sis. Petty Prener for further study. Booklet - The ABC's of Parliamentary Procedure, was given to Sis. L. Zdenek for the educational committee. Lyra souvenir book ad was voted upon and passed for payment. The letter of condolence sent to Sis. Susana Salak was read to the board.

DIRECTOR OF WOMEN - Sis. Marie Ptacek: The first meeting of the BOI was held after the Convention on Wednesday, August 27th. - The following were approved by the Executive Board to serve the BOI. 1st Asst. - Sylvia Pistorius; 2nd Asst. - Anne Halik; Secretary, Mae Simonek; members, Sis. Mary Ann Satek, Jo-Marie Zeman, EllenJeanne Schnabl, Lorraine Zdenek, Diane Barda, Mildred Prchal and Janet Kalat. 1980 Toronto Slet: Sis. Bertha Cerny represented me there - she later wrote a note thanking me for the honor, stating that she enjoyed it very much. Everything seemed to run very smoothly. Central, Western, Eastern, and Southern Districts held courses this summer. Sis. Zeman taught at the Southern District course; Bro. F. Michalek taught at the Western District course and was Director of the Central District course. Western District's course was held at South Omaha's camp. Southern District had 21 students, Western District 21 students and Central District, 40 students. There may possibly be two different levels of courses offered in Fort Worth after the Slet. A suggestion was made that perhaps our national courses should be held every two years instead of four. Will be discussed further at our next Directors' Conference. Our BOI sent greetings to Sokol USA at their National Gymnastic Department Annual Meeting and Workshop which was held at Sokol Woodlands, Barryville, New York on September 6th and 7th. AAU minutes of the Board of Directors meeting held May 9-11 at Kansas City, Missouri, were received. **FINAL REPORT FORMS:** Western District for 3 instructors to attend the Master Workshop for Compulsory Routines Clinic in Terre Haute, Indiana held May 30 - June 1, 1980. Bud Benak, Jolene Dalton and Jan Cathye attended, \$381.80; Central District for a USGF Workshop for new routines held July 18 and 19, 1980 at Maine East High School. EllenJeanne Schnabl attended, \$54.70; Central District for a MRG Clinic held April 26-29, 1980 at Detroit, Michigan. Jo Marie Zeman and Jane Jurew attended, \$477.45;

Northeastern District for Sokol Folk Dance Instructors held at Sokol Greater Cleveland, 35 students attended, Sis. Baca, instructor, 16 sessions, \$80.00; it was approved that these bills be paid. 1981 "SOKOL ROUNDUP" Slet: The USGF New Compulsory's will be used at the Slet. Sis. Dalton has worked on Low A and B, Master Division for Women and point values for the higher divisions. We have received a booklet with the new routines and a record of the floor exercise music. Sis. Zeman has obtained a book for us showing the Modern Rhythmic Gymnastics routines. Music scores appear in the booklet, but no tapes are available as yet. Calisthenics: minor changes were received from the Southern District for the I and II class boys and girls calisthenics. All I and II class girls will drill the same cal, and all I and II class boys will drill the same cal. Bro. Milan sent in a slight change on the Jr. boys calisthenics, we will be using the 1977 Jr. drill. - Corrections that had been made then, plus the new correction, have been inserted and the calisthenics retyped for easier reading and teaching. All calisthenics have been duplicated and are ready for sending to our Districts. Working on the competition routines now. Hope to get everything out by October 1st. Jackie Ptacek and Bill Kusper worked collating calisthenics. We've met with Mr. Sivak and work has been started on the taping of the Sr. cal., meeting with him again on October 8th. The program book will carry an item stating that the Sr. cal was written by Bro. O. Kudrnovsky and that we are dedicating it to his memory. The Banquet and a Country Western Dance (at Sokol Fort Worth) will be held at the same time. Victory Dance will be held in the entire grand ballroom. I attended the Merit Award meeting, held on September 10th. Also attended the Special Meeting for revision of the Sokol Gymnastic Manual held at our office on September 13th. Three representatives from Sokol USA were at this initial meeting. **BILLS:** Sis. Simonek for 20 post cards, Sis. Ptacek for one USGF Compulsory Exercise Book, one record: \$2.00 and \$15.00 respectively; approved for payment. Our next meeting will be held on Wednesday, October 8th.

DIRECTOR OF MEN - Bro. Paul Lebloch: Attended the Canadian Sokol Slet in Toronto. Bro. Zitny and I spoke on Canadian television. Our relay team won over Sokol USA, DA Sokol and Canada. Our 1981 Slet was mentioned in their printed program and on the Slet field. I attended Bro. Prchal's Sokol memorial services. I requested Sis. Zabka to notify the USGF of his death. I also asked her for procedures to get USGF sanction for our Slet. The ASO-BOI held their regular meeting August 27th, 1980. I submit the following names to the Executive Board for approval as BOI members: Richard Ptacek, 1st Assist.; Frank Michalek, 2nd Assist.; Edward Linhart, editor of the Sokol Gymnast; John Satek, Jim Hantak, Roy Zitny and Bro. Kalat for the 1981 Slet year. Jerry Milan for the National School Board; all approved. Bro. James Hartung, Phil Cahoy and Tom Hintnaus made the 1980 United States Olympic Team. Congratulatory letters were sent by our BOI. Bro. Benak sent me a souvenir booklet given to the Western District competitors. We recommend that this type of booklet be used as diplomas for ASO

instructors' courses. I wrote to Bro. Benak requesting information on cost. Approval to go ahead with this project. Greetings were sent along with an invitation to our 1981 Slet to Sokol USA's National Gymnastic Department's annual meeting held Sept. 6th and 7th. A tentative Slet schedule was also sent. SLET 1981: All Slet calisthenics and the Slet folk dance are completed and are ready for mailing. Bro. Benak promised to have the USGF exercises in Sokol terminology by Oct. 1st. Some Slet assignments have been made. Permission was given to Sokol USA to perform a special number at our Slet. The United States Air Force Academy may present a short act with falcons. We are requesting that a certificate showing the Slet logo be presented to all competitors, approved. The USGF headquarters has been moved to Fort Worth. This may help getting more publicity of the Slet and possibly TV coverage. The competitions will be USGF sanctioned. Bro. Laznovsky and Milan called after their Slet meeting Sept. 17th, they are requesting permission to have printed a similar brochure as in 1967 to go out with the Slet invitations. This was approved. A sports seminar will be held at Mac Neal Hospital, Berwyn, Ill., on October 1st at 8:00 p.m. A sports physician, a sports coach, a local TV announcer will be there discussing the topic: "Early Sports and Exercise - Good or Bad?" Bro. Frank Michalek will represent Sokol on the panel - there is a possibility that it will be televised. I attended the Slet meeting at Bro. Zitny's home with members of the Southern District and the Merit Award committee meeting. We received a poster from USGF and would like to have it framed. The Sokol gymnast copies will be increased during the Slet year. A brochure will also be put in the publication during the Slet year.

MEMBERSHIP - Bro. Fred Kala: No report at the present time.

EDUCATIONAL COMMITTEE - Bro. Stanley Barcal: Report given by Sis. L. Zdenek. The first meeting of the 1980-81 season was called to order at 7:50 p.m. by Bro. Barcal on September 19th, in the presence of Bro. Rabas, Sis. Prener and Zdenek. Bro. Lebloch, Kala and Sis. Schabowski were excused. A moment of silence was held in memory of Bro. Prchal. The above mentioned were approved as board members. Sis. Zdenek will serve as secretary. Sis. Kveta Smith wrote offering us copies of the American Sokol dating as far back as 1920. We will be glad to accept her offer. Elsie Cermak Daily, requested permission to quote from Sis. Tichy's articles for her family heritage book, giving full credit. Permission was given. Bro. Walter Slavik wrote an article on Charter 77, which was requested from him at the convention. To date \$2,005.00 have been received in the Library Fund. A record of all donations for the fund will be given to us by Sis. Sotka as they arrive. Letters were written by Sis. Zdenek during the summer after the flood to help replace some of the materials lost. Some have already been received. The Library Fund has to have a name. This is being worked on. Permission was asked to formulate a letter requesting donations to the fund from the units and districts, thanking those who have already donated. Nothing was resolved. "100 Years of Sokol" pictures have to be selected. Bro. Lebloch is having it

checked for punctuation and grammar. Sis. Prener will purchase the two books which were approved some time ago entitled: SEVEN DAYS AT DAYBREAK and THE MIDNIGHT WAR. Meeting adjourned at 10:00 p.m.

AMERICAN SOKOL ORGANIZATION LIBRARY FUND

Purpose of the Fund

1. To maintain and increase the contents of our reference library, our archives and our museum.
2. To preserve and perpetuate our proud Czechoslovak and Sokol history and heritage.
3. To provide materials for the present and future use of our membership.
4. To provide for our membership, present and future, the documentation of our ethnic history through our museum and library.

BASIC RULES FOR USE OF THE FUND

This fund will not be used for one year from September, 1980 or until it reaches the sum of \$10,000.00. As funds are received they are to be deposited in the highest possible yield account and then are to be used ONLY as follows:

1. Equipment (shelves, cabinets, clerical equipment)
2. Space
3. Purchases of books as determined by this committee and approved by the Executive Board.
4. Renovation and preservation of existing valuable historic material.
5. Translations as determined by this committee and approved by the Executive Board.
6. Re-binding of books of historical value.
7. Promotional purposes.
8. All the above subject to the approval of the Executive Board. Approval given.

EDITORIAL - Sis. Jackie Kourim: The October issue is at the printers and we are waiting for the second proof reading. The American Sokol will use the Slet logo as soon as the letter is received from the Southern District to help promote the coming Slet.

PUBLICITY - Bro. Jerry Rabas: Attended the meeting later, had no report. We are still looking for someone to handle the English publicity.

FINANCIAL SECRETARY - Sis. Mildred Pinc: Report given was prepared by Agnes Sotka upon completion of her term in office. Sis. Pinc and I prepared the Financial Report for August, 1980. Copies of June, July and August, 1980 Financial Reports have been turned over to Sis. Jackie Kourim for distribution to the Executive Board members. An audit was made of the American Sokol Organization books for the period April 1st thru June 30, 1980. The books were found to be in order. A listing of the donors to the Future Sokol Leaders' Fund and the Library and Archives Fund, from June thru September, will appear in our American Sokol publication. Resolution cards for the current American Sokol Organization accounts are herewith being submitted for the signatures of the new officers. A

\$20,000, 4-year, 7.5 percent certificate at Citizen Savings and Loan will mature on October 25, 1980. Will be reinvested at the best possible rate. Sokol Rozvoj paid all obligations to the ASO thru June, 1980. A letter was received from Sokol Karel Havlicek of Yukon, Oklahoma regarding the dues structure. They feel that the ASO Convention should in the future take into consideration that members pay dues at the beginning of the year and a calendar date with the next year in mind should be chosen when an increase is made, not the quarter immediately following the Convention.

TREASURER - Bro. Edward Hlinka: Our new treasurer had nothing to report. His first job will be to sign all the resolution cards and look into the reinvestment of the certificate at Citizen Savings and Loan.

UNIFORM - OFFICE - II VICE-PRESIDENT - Sis. Betty Prener: Sales are beginning to pick up as our gymnastic season begins. The records of the Uniform Division have been audited by the committee on June 3, 1980 and Sept. 2, 1980 and were found to be in order. Approval was given to have the following signatures on our checking account at First National Bank of Cicero: Sis. J. Kourim, Secretary; M. Pinc, Financial Secretary; B. Prener, II Vice-President (Mgr.) and Bro. S. Barcal, Educational Director. Two out of four signatures are required to sign checks. Responsibilities and duties of this division are: to satisfy the uniform needs of the National BOI; report to the Executive Board of the ASO. The manager of this division is responsible for administration of the following: sources of supply, purchasing, inventory control, sales, accounts payable, accounts receivable (subsidiary ledger uniform division general ledger kept by treasurer, ASO); pricing of merchandise, banking and personnel, remuneration to be set by the Executive Board, approved. Sister Prener will be manager of the division, approved.

Had water in basement, some records were soaked and are being checked by Sis. L. Zdenek. Our souvenir plates and mugs had to be wiped, boxes disposed of and wire plate hangers, some are rusted. There is urgent need to have our records, in the basement, gone over and material sorted and some of it disposed of. All items should be kept off the floor. We have some very valuable items downstairs, inventory should be taken as a matter of record.

SECRETARY - Sis. Jackie Kourim: Gave Sis. E.J. Schnabl's report. Convention preparations were coming to a head. At the convention, I assisted the sisters of Renata Tyrsova when ever called upon. I was able to help out many times, including typing letters for the resolutions committee. Sent out all resolutions upon returning home and made up two more for Sis. Pistorius and Bro. J. Rabas who were inadvertently omitted. Sent out many history books for the educational committee and likewise sent out to all delegates the last set of convention minutes when they were received by our office. Sent notices for the special Slet committee meeting. Bro. Schnabl and I were and are in contact with Bro. and Sis. Kalat regarding the children's calisthenics and their souvenir committee. I went to the new compulsory exercises clinic for women



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for the Central District and turned in a full report, including a copy to Sis. M. Ptacek. During this period, I instructed Sis. J. Kourim as to our normal functions in the office.

I VICE-PRESIDENT - Bro. George Basta: No report, on vacation.

PRESIDENT - Bro. Roy Zitny: Attended the convention, then the Canadian Slet. Attended the special Slet meeting, lectured at the Sokol course for Central District at the Alexine Learning Center, delivered eulogy for Bro. Prchal. Attended the meeting with the Slovak Sokols on the revision of the gymnast manual. Received a letter from Bro. Capek stating that we should appoint two delegates to the Pan Slavic Convention, Sis. Fiala and Barcal. This matter is being studied. Bill for entertaining the Slovaks after meeting was approved for payment.

SLET, 1981: Bro. Kala brought a portfolio of things from Texas and presented them to the meeting. A special Slet meeting will be held on October 7th to go through all these matters.

NEW BUSINESS: Discussed the possibility of finding larger quarters for the ASO office, we are still looking. Our lease runs out in October. The by-laws were approved for printing with the Riha Printers, of Omaha. We will write a letter and set up a time structure for completion. Wages for office employees was established and approved. The new revised gymnast manual will be sold through the uniform division. We must determine how many copies we would need for two year period, the Slovak Sokol will handle all the printing. It will be a loose leaf type book. New pages would be sold in packets with new dates on the bottom of the sheets. Sokol USA will apply for a copyright. The printing costs for 1-side and 2-sided pages is being checked.

Our next meeting will be held on October 23, 1980, Thursday. Meeting was adjourned at 11:05 p.m. after covering four months' business. Still need to get the new officers together to get some pictures for the publication.

Respectfully submitted,
Jackie Kourim, Secretary

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