

AMERICAN SOKOL

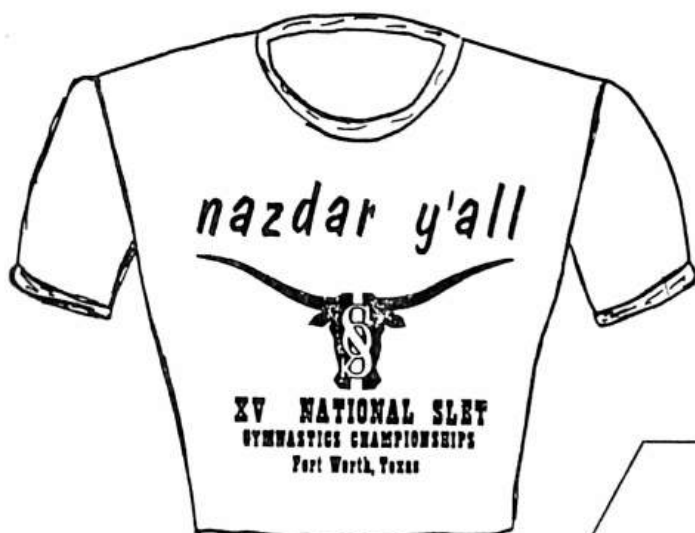
VĚSTNÍK AMERICKÉ OBCE SOKOLSKÉ

Ročník - Vol. CI

December - 1980 - Prosinec

Číslo - No. 12

SLET T-SHIRTS

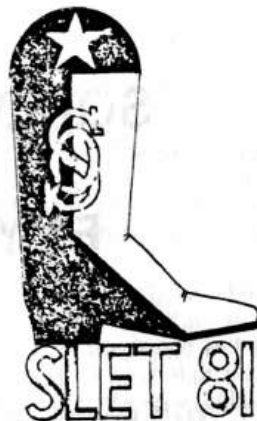


white/red trim

\$5.00 ea.

PINS

\$2.00 ea.



BOOT: Represents Fort Worth, Texas and the western activities to be remembered.

TEXAS FLAG: Represents Texas Czechs and their participation in the American Sokol Organization, Southern District.

CZECHOSLOVAK FLAG: Honoring Czechs as the base of the great Sokol ideals.

LONE STAR: Marking the first time a national Slet is held in Texas and the South.

SOKOL EMBLEM: Placed between the two flags representing peace and brotherhood of all under the Sokol system.

COLORS: Red, white and blue colors that are in the Czech, Texas and United States flags. Gold representing the glorious wins of Sokol.

Enclose Your Check or
Money Order and Mail to:

AMERICAN SOKOL ORGANIZATION
6426 W. Cermak Road
Berwyn, II 60402

ORDER FORM:

T - SHIRT (Please specify quantity and size)

Child		Adult			
S	M	S	M	L	XL

Total \$ _____

PINS: (Available after January 1, 1981)

Clutchback Pinback

Total \$ _____

SHIP TO:

Name

Address

City State Zip

SOKOL LITTLE FERRY
has
FLYING SOKOLS
(Frisbees)



THE SOKOL FLYERS ARE 9 1 / 4 INCHES IN DIAMETER, WHITE, with royal blue lettering. use them as gifts, PRIZES OR FUND RAISING.

We will sell the FLYERS to you in lots of 25 for \$20.00 (that's 80c each). Postage will be added if they must be mailed to you.

SELL THEM FOR YOUR OWN PRICE AND KEEP THE PROFIT FOR YOUR TRAVEL FUND. Sokol Little Ferry is selling them for \$1.25.

To obtain SOKOL FLYERS, please contact SIS. AUDREY BENDA, 34 BRANDT STREET, LITTLE FERRY, NEW JERSEY 07643.



Sokol and Sokolice Milwaukee

At our annual membership - recognition banquet, held at the Cudworth Post, on Saturday, October 25th, 1980 we recognized the 75th anniversary of Bro. Allen Shabart's membership with Sokol Milwaukee. Bro. Shabart is 93 years old and exercises a little each day, thereby a Sokol gymnast for 87 years. He started gym classes when he was 6 years old in the first Bohemian Hall on the lower east side of Milwaukee. He witnessed the building of the new Bohemian Hall on North 12th and Reservoir Avenue which was the center of all Czech activity until 1967. Bro. Allen Shabart served on many committees and held various officer's positions. He helped guide the organization through many difficult times for which Sokol Milwaukee is ever thankful. Asked why he remained a faithful member for all these years he replied: "Sokol started me on the right path with a proper outlook of my fellow man. I believe in the Sokol motto: A healthy body has a healthy mind. - It is a pleasure to view our gymnastic exhibitions where physical fitness through gymnastics is proven." May Bro. Allen enjoy the comradeship of his Sokol brothers for a long time.

Bro. Fred C. Stankovsky
Sokol Milwaukee, Secretary

Czechoslovak Christmas Customs

In the years since Czechoslovakia became a Communist nation, the religious side of the holidays has been neglected; but much of the celebration continues for its own sake. Traditionally, the Czechoslovak Christmas season began on St. Nicholas' Eve, the night of December 5th. There were three men, one dressed as St. Nicholas, one dressed as an Angel and the third disguised as the Devil who made the rounds of the villages. Good children were given fruit and candy and those who had been naughty during the year were switched by the Devil.

Christmas Eve, a family time, started with a traditional dinner, followed by gifts, games and

caroling. The family, after home festivities, then moved on to the church for a special Midnight Mass.

Every Czech ate carp for Christmas Eve. Czech children carefully saved the fish scales for they are supposed to bring good luck in the form of money during the next year.

The traditional Christmas Eve menu for a family living in Prague is a long one. It includes: Carp soup - carp, cooked like weiner schnitzel, and eaten with mashed potatoes, a vegetable and a diced potato and mayonnaise salad to which celery and red beets had been added. Compote of cooked fruits - apple strudel, homemade cookies, koláčky and fresh fruit. If anyone was hungry at midnight, there would be platters of sandwiches to nibble on before going to bed.

As soon as the Christmas Eve dinner table is cleared, Christmas tree lights are turned on and the youngest child in the family hands around the gifts which have been neatly stacked under the tree. Christmas trees in Czechoslovakia have not always stood on the table or floor, but decked with fruit, used to hang from the ceiling in the corner of the room.

Old traditional carols are sung in an informal way during the evening, for nearly all Czech people are musical. During the course of the evening, games also are played that are as much a part of a traditional Czech Christmas as bobbing for apples has become a part of an American Halloween. One of the Czech games might be called "family check-up" to see if the family circle will still be intact on the next Christmas Eve. Each member takes an apple, slices it crosswise through the middle to expose the seeds, and then eats it. If the cut shows the seeds in the pattern of a star, all is well; but if the seeds fall into the shape of a cross, it means that the person holding the apple will not live to see the next Christmas. (We wish to make note of the fact that before the time of hybrids and scientifically grown orchards, all apple cores were not perfect.)

Another unusual Christmas Eve custom is to light tiny candles set in walnut half shells and float them in a large bowl of water. The person whose candle goes out last will be the luckiest, but misfortune will hound those whose candles flicker out quickly. Some rascals would invariably rock the bowl, however.

In many little villages, the girls of the family would go out in the yard during the evening and giggling, toss one of their shoes over the shoulder as they stood facing their parents' home. It is supposed to be a sign that they will be married within the year if the shoe points away from the house.

Christmas morning, many families sleep late. - Christmas lunch traditionally is goose with rich Czech bread dumplings, sauerkraut and soup. For dessert, there are cookies. On December 26th, the traditional meat is rabbit.

New Year's Eve is a night filled with merrymaking, but the New Year's Day feast in Czechoslovakia would not fill Americans with eager anticipation. The ear or jowl of a hog must be eaten! These cuts of pork are served with marinated horseradish and apples, for the superstition is that this menu will insure happiness all during the ensuing year.

It used to be the custom for village boys to go around on January 6th in groups of three, each dressed in long robes and paper crowns to represent the Biblical "Three Kings". They scrawled their initials in chalk on doors and walls. "K" for Kaspar, "M" for Melchior and "B" for Balthazar. The houses they marked with these initials were supposed to be protected against misfortune for a year. The "Three Kings" received candy and apples or money from those they "protected".

The coming of the New Year was, until modern times, celebrated in the spring - sometime between Shrove Tuesday and Whitsun. This fact explains why some of the Czechoslovak New Year customs today seem inappropriate. They were not inappropriate when the New Year began in March or April. At one time, there was great significance attached to the destruction of "Death" and the arrival of new life or Spring. In remote country villages, particularly in Moravia, boys and girls in early spring sometimes still dress a grotesque straw figure like a scarecrow which they call "Morena". Morena represents the old winter, or "Death", and is carried on two or three Sundays about the fields while the young marchers sing doleful funeral music. "Life", or springtime, is represented by a little fir tree carried in the hands of the marchers and decorated with eggs and festoons like a miniature Christmas tree. "Morena" is eventually beaten to pieces, her straw scattered to the winds, or drowned in a stream. This ceremony is supposed to make way for spring or new life.

Czechoslovak Sokol Abroad

Jan Waldauf, 2333 Kenbarb Road, Mississauga, Ont.,
Canada L5B 2E9.

Competition

POSTER AND EMBLEM

V. Jubilee Slet Czechoslovak Sokol Abroad
in Vienna, 1982

The Headquarters of the Czechoslovak Sokol Abroad is holding a competition for a Slet Poster and Emblem for the V. Jubilee Slet in Vienna 1982.

COMPETITION RULES:

A. Slet Poster:

1. Size 55 cm x 48 cm (21-5/8" x 18-7/8") - 2 or 3 color lithograph.
2. Should depict the Sokol ideals and meaning of the Jubilee Slet.
3. Should contain the following text:
"V. Jubilee Slet Čs. Sokol Abroad in Vienna 1982, commemorating the 100th Anniversary of the first Sokol Slet, and 150th Anniversary of the birth of Dr. Miroslav Tyrš."

4. The size and placing of the text is left to the discretion of the artist. Further details of Slet Program will be subsequently appended on special paper.

5. Poster must be submitted in actual size and colors stipulated.

B. Slet Emblem:

1. The shape of the emblem is left to the discretion of the artist - the size should be 4 x 4 cm. (1-5/8" x 1-5/8").
2. Wording to appear - "V. Slet - Vienna 1982."
3. Drawing should be detailed - plaster cast - enlarged to enable multiple reproduction.

C. General Rules:

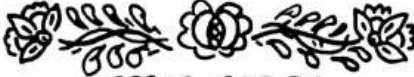
1. No monetary prizes - acceptance of entrees becomes the property of the Czechoslovak Sokol Abroad. Author relinquishes all rights.
2. All entrees will be judged by a committee of judges and the undersigned officers of the "Ústředí" (Headquarters), and 3 additional members appointed by the Board of Directors.
3. Results of competition will be sent to each contestant and published in the official publication of the Headquarters within 4 months after the close of competition.
4. Entrees must be sent to: Mr. Zdenek M. Dobrovolny, 9043 Logan Street, Pierrefonds, Quebec, Canada H8Y 2B4.
5. All entrants agree to abide by the rules of the competition.

6. Closing date of competition - January 15, 1981.

NAZDAR!

Zdenek M. Dobrovolny, Secretary
Jan Waldauf, President

Note: A. Slet Poster, Par. 3. We have given the English translation. The actual wording in Czech is as follows: "V. - Jubilejní slet Čs. Sokolstva v zahraničí ve Vídni 1982 na oslavu stého výročí prvního sokolského sletu a stopadesátých narozenin dr. Miroslava Tyrše."




CEGAR RAPIDS

Sokol Cookbooks

33 pages of traditional
Czech recipes and 260 pages
of other fine home-tested
recipes.

Available for \$6⁰⁰
(includes postage and handling)
by mailing checks to:

Sokol Women's B.O.I.
417 - 3rd St. S.E.
Cedar Rapids, Iowa
52401



AMERICAN SOKOL

SOKOL GYMNAST

DECEMBER 1980

Editor - Edward Linhart - 1820 Ridgeland Ave., Berwyn, Ill. 60402

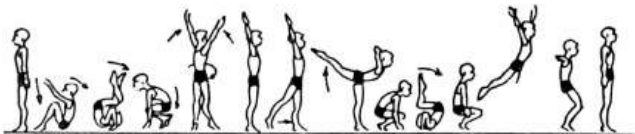
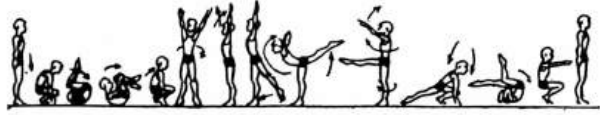
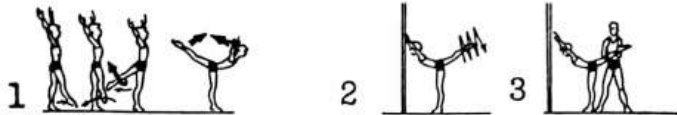


Greetings of the Season and Best Wishes
For the New Year

AMERICAN SOKOL
BOARD OF INSTRUCTORS

Scales

Scale is a position in which the body rests on one leg with the other leg raised (high rearleg) to form a straight line with the trunk which is lowered (front bow) in the opposite direction (arched body). In Standard execution (beginners) both legs are straight; however, in special work legs may be bent. The arms in Standard position (beginners) start at sidearm - and later may be used in all arm positions. The first illustration shows that the rearleg is raised to the highest level **before lowering the trunk**. (with an arched back). The head and foot are then in line. The second illustration shows practice at the stall bars, or any other apparatus, with swinging the leg to its highest position point. The third illustration shows the gymnast being helped by the instructor to reach the high rearleg position. The following illustrations show a series of moves to include the **SCALE POSITIONS**. - ecl.



American SOKOL Organization

A n n o u n c i n g

The

XV National Slet and
Gymnastic Championships



SOKOL ROUNDUP

June 24, 25, 26, 27, 28, 1981

Fort Worth Cowtown Texas



Y'all Welcome
to TEXAS

WH.

To ALL SOKOLS and FRIENDS

It's time to Saddle up, Hitch up and Head 'em out to the Big "SOKOL ROUNDUP". Y'all come to Texas! Attend the XV National Sokol Slet and Gymnastic Championships, June 24th thru 28th, 1981, in Fort Worth, Cowtown, where the West begins — the Friendly — fun-town. When you visit our State of Texas, youse Nawthern Yankees, Easterners, Californians, Canadians and Europeans don't have to look for things to do, you look for time to do them. Come early, stay long and late in Dixie. TEXAS, the land of legend, unique wild west, is host to the world. It is truly cordial, charming, exciting, delightful, dazzling, fabulous, fantastic and sumptuous welcome we wish y'all. Also overflowing with Southern hospitality that is genuine, we promise you this trip will be a memorable one, Surnuff!

The entertainment spectrum is broad in Texas grandeur — a continuous array of varying sequences of progression; so if you are seeking adventure, fun, action, excitement, relaxation, recreation, panoramic-spacious scenery of splendor land, water, sky or mountain, we have it, and if you just want to do nothing — we got plenty of that, too.

It is a profound privilege to share with you in the great Sokol Slet venture. We Texans believe in the very land we walk on — with good economic, historic and ancestral reasons. We believe in the future and Texas' past and with the way things come to be. Most of all, we believe in ourselves. This can be translated in various ways, not all of them palatable to outsiders but by and large the trait is, at worst, only naive and at best is a most inspiring kind of atmosphere which is not selfish but spreads out to believe in everyone else.

We urge, sincerely — COME — You will be a part of a new venture in the expansion of a greater era of Sokol in America.

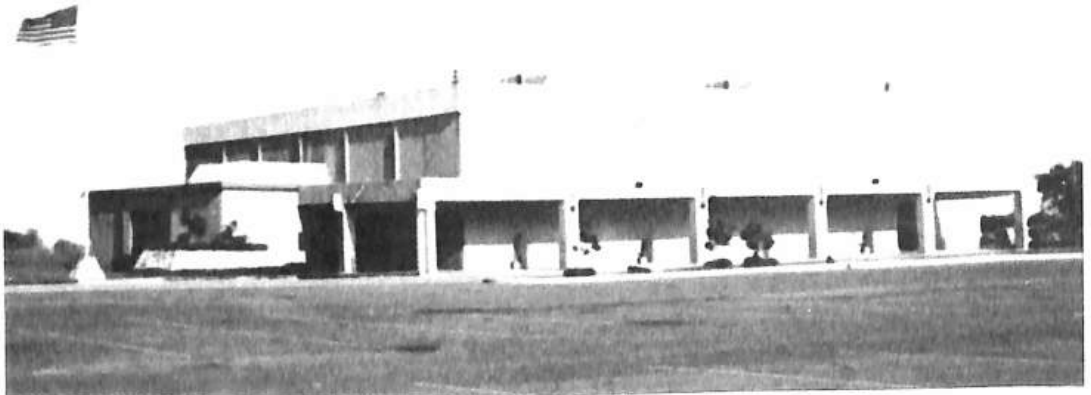
Nazdar,

Slet Committee, Southern District, Texas

Ft. Worth Tarrant County Convention Center
Site of World Gymnastic Championships 1979



ALL IN AIR-CONDITIONED COMFORT



Eagle Mountain Athletic Center • Home of Sokol Ft. Worth &
S.P.J.S.T. Lodge #154

Practice Teaching Lessons

For Classes I and II (Ages 5-11)

LESSON 6

Part 1: Tumbling

Forward Rolls repeated continuously.

Mats in a long line, narrow sides together. Team in open rank, parallel to mats and facing them.

A. One after the other, at the instructor's command, individual gymnasts perform forward roll to support squatting - after a short hold - rise.

The instructor corrects every infraction, especially squat with knees close and feet apart. Put a sheet of paper between the heels of those who cannot do the squat close-feet. (They must not drop it). If they still err, advise them to cross their legs, which is a lesser infraction and not harmful.

B. As "A", counting in a steady rhythm without interruption.

C. The same simultaneously and repeatedly after a turn. Count aloud: Roll - hold - rise - turn - roll . . . and so on.

Adjust the tempo to the average ability of the team.

D. One after the other, try to perform two or more forward rolls along the row of mats. Repeat and let the gymnasts compete, who will do the most. If possible, arrange another row of two mats for the slow learners.

Part 2: Benches

Jumps upon a higher level - Jumps downward

One bench to six children, or a low balance beam turned with the broader side on top. Team in rank parallel to the bench, facing it. Count off by twos. All twos step across the bench, turn to face it. All front-arm outward, join hands with two opposite gymnasts (form a chain).

- A. Count 1. ONES jump from the beam;
2. ONES jump down to the rear
3. TWOS same as "1"
4. TWOS same as "2"

Hold hands throughout the exercise.

- B. Count 1. ONES jump upon the bench
2. TWOS jump upon the bench
3. ONES jump in place
4. TWOS jump in place
5. ONES jump down to rear
6. TWOS jump down to rear

Hold hands throughout the exercise.

Now it is time to tell the gymnasts that every jump down should begin with an upward movement and should land close to the place from which they jumped. From here on they should perform this way.

C. Formation as in "A" (gymnasts on both sides, holding hands in chain:)

- Count 1. ONES jump upon the bench;
2. ONES jump in place
3. ONES jump down to rear
4-6. TWOS the same

D. Same formation:

- Count 1. ONES jump upon the bench
2. ONES jump up in place
3. ONES jump down **forward**
4. ONES step over the bench to their original position
5-8. TWOS the same.

When jumping forward, the gymnasts should land between those with whom they hold hands and align with them.

Correct the imperfect dismounts (lack of movement upward).

Part 3. Combatives

Pulls

Divide the gymnasts in twos. The partners should have adequate weight and age. Draw a line, partners standing on opposite sides try to pull each other across the line.

Repeat every example to give loser an opportunity to overcome the opponent. Do not start or stop pulling before the instructor's command.

- A. Facing partner, hold hands at the wrists.
B. Facing in opposite directions, hold right hands at the wrists, left hands on hips. Repeat holding left hands.
C. Facing in opposite directions, lock right elbows, holding firmly own hands. Repeat locking left elbows.
D. Partners facing, both hold a wand between themselves with both hands.
E. Two teams pull each other. Form a chain, holding wrists of two gymnasts. At command of the instructor, all try to pull the whole opposite team to own side.
F. Form a chain, locking elbows with two opposite gymnasts. At the command, all try to pull the whole team over the dividing line.

Congratulations

to Sister MARIE PROVAZNIK

on her 90th Birthday - may you have many more!

AMERICAN SOKOL
BOARD OF INSTRUCTORS

BE ALERT for the XV SOKOL SLET BULLETINS In the Sokol Gymnast

"Sokol Roundup" TENTATIVE SCHEDULE June 24 - June 28, 1981

WEDNESDAY, JUNE 24

- 3:00 Judges' Meetings
7:30 Special Number Competition -
Tarrant County Convention Center

THURSDAY, JUNE 25

- 7:00 A.M. Judges' Meeting
7:30 A.M. Jr. Girls' Low B Division - Gym No. 1
2:30 P.M. Jr. Girls' High Division - Gym No. 1
3:30 P.M. Jr. Girls' Modern Rhythmic - Gym No. 1
7:30 A.M. Jr. Girls' Low A Division - Gym No. 2
3:00 P.M. Jr. Girls' Intermediate Div. - Gym No. 2
7:30 A.M. Jr. Boys' Low Division - Gym No. 3
11:00 A.M. Jr. Boys' and Men's Intermediate and
High Divisions - Gym No. 3
2:30 P.M. Men Low and Masters Division -
Gym No. 3
6:30 P.M. Banquet - Hyatt Regency
7:30 P.M. Country Western Dance -
Sokol Fort Worth

FRIDAY, JUNE 26

- 7:00 A.M. Judges' Meeting
8:00 A.M. Women's Low A Division - Gym No. 1
9:30 A.M. Women Masters Division - Gym No. 1
11:30 A.M. Women Modern Rhythmic - Gym No. 1
8:00 A.M. Women Low B Division - Gym No. 2
9:30 A.M. Women Intermediate Div. - Gym No. 2
11:30 A.M. Women High Division - Gym No. 2
7:30 A.M. Volleyball Warm-up - South Bay
8:00 A.M. Volleyball - Jr. Girls and Jr. Boys -
South Bay
9:30 A.M. Volleyball - Men - South Bay
130 P.M. Volleyball - Women - South Bay
8:00 P.M. Victory Dance - Hyatt Regency

SIX FLAGS OVER TEXAS TOUR

SATURDAY, JUNE 27

- 8:00 A.M. Slet Rehearsal - Farrington Field
1:00 P.M. Championship Division - Men and
Women, Jr. Girls and Jr. Boys
7:00 P.M. Slet Program - Farrington Field

SUNDAY, JUNE 28

- 11:00 A.M. Slet Farewell and Barbeque -
Sokol Fort Worth

An Expression of Slet Calisthenics from Sokol Greater Cleveland

We, the members of Sokol Greater Cleveland firmly believe that the uniqueness of the Sokol Slet in the past, now and in the future stems from a balanced combination of gymnastic and other athletic competitions, social activities and public exhibition built around MASS CALISTHENICS.

Furthermore, we believe that every competing Sokol Gymnast must be prepared for the FULL CALISTHENIC PROGRAM as he or she is for the full competition exercises or he or she should not participate in either one. It is mainly the responsibility of the unit, district and even ASO to enforce this policy.

Perhaps the tournament rules should be modified to state that whole team competition results may be disqualified if their class is clearly unprepared for mass calisthenics.

It is apparent that many Sokol units (or Sokol gymnastic clubs) are de-emphasizing calisthenics in favor of gymnastic competitions.

The Sokol program is the best physical education system in existence and mass calisthenics is its essential part. If we want to ensure success of next year's Slet, and the others to come, we all must act now . . . or there will be no future.

NAZDAR!

Karel Vávra, Náčelník,
Sokol Greater Cleveland

CORRECTION - SOUTHERN DISTRICT SLET RESULTS

Teams:

1.	Ennis Team I	5.10
2.	Ennis Team II	505.4
3.	Corpus Christi	476.1
4.	Dallas	455.7
5.	Ft. Worth	451.5

Individuals

1.	Dahna Belew	Ennis I	130.4
2.	DeAnna Bratcher	Ennis I	127.6
3.	Cathy Jones	Ennis I	127.5
4.	Jennifer Woodcock	Dallas	127.2
5.	Cheryl Cathey	Ennis II	126.8

June 29 - July 11 - American Sokol 2-Week Advance Instructors School

ASO FINANCIAL REPORT

OCTOBER, 1980

RECEIPTS:

Dues	\$3,904.25
Sokol T. G. Masaryk Dues	60.00
Convention Fund	40.00
Special Assessment	13.00
Dividends and Interest	5,489.19
Subscription to "American Sokol"	3.00
Advertising in "American Sokol"	100.00
Resale of Jewelry	181.06
"Highlights of Czech History"	94.00
UPS Charges	1.10
Educational Pamphlets	2.00
Miscellaneous - Belt Buckle	2.00
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	\$9,889.60
ASO Uniform Division - Rent	100.00
ASO Uniform Division - Salaries, etc.	508.82
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TOTAL RECEIPTS	\$10,498.42

DISBURSEMENTS:

<i>Administrative</i>	
Salaries	\$689.17
FICA & FWT for Sept. 1980	197.24
IWT - 3rd Quarter 1980	68.93
Janitor Service and Supplies,	
Phone, Electric	106.40
Office Supplies and Furniture	178.40
Repairs to Office Machines	36.00
Postage and UPS Charges	40.12
Service Contracts	160.00
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	\$1,476.26

Board of Instructors

Salaries	\$478.86
FICA & FWT for Sept. 1980	99.72
IWT - 3rd Quarter 1980	29.27
Editor "Sokol Gymnast"	30.00
Office Supplies	524.39
Postage, UPS Charges and Phone	63.03
USGF Dues	200.00
XV Slet Music and Movies	184.93
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	\$1,610.20

Educational Department

Salaries	\$ 36.66
FICA for September 1980	4.12
IWT - 3rd Quarter 1980	1.66
Office Supplies	30.10
Office Furniture	85.18
Postage, UPS Charges and Phone	14.54
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	\$ 172.26

Sokol Publication

Postage "American Sokol"	\$197.81
Editor "American Sokol"	100.00
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	\$ 297.81

Miscellaneous

ASO Uniform Division - Salaries, FICA, FWT, IWT and Phone	\$455.20
XV ASO Slet Postage	3.06
Future Sokol Leaders Fund Postage	1.95
Dues Refund	6.50
Special Appropriations:	
Eastern Dist.	2,774.00
Central Dist.	5,848.58
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	\$9,089.29

TOTAL DISBURSEMENTS	\$12,645.82
Balance brought forward:	
Western National Bank of Cicero -	
Checking Account	\$3,223.35
Receipts - October 1980	10,498.42
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	13,721.77
Disbursements - October 1980	12,645.82
	<hr/>
	\$ 1,075.95

FUTURE SOKOL LEADERS FUND

October 1980

In memory of Bro. Charles M. Prchal	
Fred and Julia Bartos	\$ 50.00
George, Millie and Ann Cermak	25.00
Sokol and Sokolice Racine	50.00
Schenectady Sokols	200.00
In memory of Charles Machotka	
Victoria Machotka, wife	10.00
In memory of Clara Wekerbauer's birthday	
Allen J. Shabart	10.00
	<hr/>
	345.00
Dividends Earned	258.57
	<hr/>
	\$603.57

Donations are tax exempt

LIBRARY AND ARCHIVES FUND

October 1980

In memory of Bro. Charles M. Prchal	
Sokol Belcamp	\$ 50.00
In memory of Sis. Anna Andlerova	
Sokol Belcamp	25.00
In memory of Sis. Aloisie Streitova	
Sokol Belcamp	25.00
	<hr/>
	\$100.00

Donations are tax exempt

A NEW PUBLICATION!

Highlights of Czech History

by Bro. Charles M. Prchal, a 24-page booklet, beautifully written, of interest and information. - \$2.25 per single copy, post-paid; for 20 or more copies, \$2.00 each, postpaid. - Available from the American Sokol Office.

"Sokol Round Up" Survey

Fort Worth - Where the West Begins

Enjoy a taste of the Old Wild West and the fast growing city. Here, there's a blend of cowboy and culture. See Y'all at "SOKOL ROUND UP"!!

NORTHSIDE STOCKYARDS AND SOKOL FORT WORTH

Over thirty western shops, saloons and restaurants for families and travelers. - The "White Elephant Saloon" - reputedly Teddy Roosevelt's watering hole while scouring these parts to recruit his Rough Riders for the Spanish-American War. Auctions at the Stockyard Exchange, lunch on "Texas chile", cover part of the Old Chisholm Trail, then on to Sokol Fort Worth and tour our facility. The Old West is still alive at the Stockyards and you don't have to be a cowboy to love it!

Thursday or Friday tour available.
Depart: 10:30 a.m. - Return: 3:00 p.m.

SIX FLAGS OVER TEXAS

The Entertainment Capital of Texas! Over 100 rides, shows and attractions. Six Flags can put a smile on anyone's face. Modern entertainment - including its double loop "Shock Wave" and wooden roller coaster "Judge Roy Scream", the AWE west of the Pecos. Friday, June 26th, is Sokol Day at Six Flags. Join in the fun! Adult sponsors suggested.

Depart: 9:00 a.m. - Return: 4:00 p.m.
Other tickets available for those wishing to provide own transportation.

MUSEUM COMPLEX AND BOTANIC GARDENS Amon Carter Museum of Western Art

Alive with realistic paintings and bronze castings by Frederick Remington and Charles M. Russell.

Kimbell Art Museum

Collections range from prehistoric to Picasso.

Fort Worth Art Museum

American Modern.

Museum of Science and History and Nobel Planetarium

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Slet '81 Slide-Tape Presentation

The 1981 Slet Committee has available for use eight minute Slide-Tape Presentations. This 65 slide, cassette tape presentation presents a short tour of the Southern District and a preview of the coming 1981 National Slet of the American Sokol Organization, "SOKOL ROUNDUP". These presentations are available for use in gym classes, parent meetings or regular Sokol unit meetings.

There is a \$25.00 deposit and the user is obligated to pay the return shipping cost. Slides will be shipped in a Kodak Carousel Tray and a Kodak Carousel Projector is recommended. The cassette tape can be played on any regular cassette player. It is a voice-over-music with audible sounds that indicates when to advance slides.

Interested parties should contact the following to schedule use of these presentations: Pacific District, Western District, Eastern District and Southern District;

Contact: Bro. Miro Jurcik,
10509 Channel Drive
Dallas, Texas 75229 - Phone: Area Code (214) 357-2551.

Central District, Northeastern District and Guest Organizations:

Contact: American Sokol Organization,
6426 West Cermak Road
Berwyn, Illinois 60402. Phone: (Area Code 312) 795-6671.

ASO Executive Board Meeting

OCTOBER, 1980

Regular meeting of the ASO Executive Board, Thursday, October 23rd, 1980 was brought to order at 7:30 p.m. by Vice-President Bro. George Basta. Pledge of Allegiance to the Flag was given. District minutes were reviewed from the following districts: Eastern, Annual meeting, September, 1980; Northeastern District, September 24; Central District, September 24, (with final reports on District Slet and Central District Beginners Instructors Course).

CORRESPONDENCE: Complete report received from Sis. Mildred Barcal and Dagmar Fiala on the Pan Slavic Convention - Sis. B. Prener gave a full report at the end of the meeting. Denni Hlasatel - do we wish to place an ad for the 28th of October, motion approved to repeat what we had last year, verified by phone the next morning. Letter from Jan Waldauf - Czechoslovak Sokol Abroad, seeking artists to do some work for the Slet in Vienna, 1982. Sis. B. Prener will translate letter and the information will be printed in the American Sokol publication, next issue. Sent letter and Citation

of Merit to Sis. M. G. Penovich, of Sokol Moravan, Toledo, Ohio, for Bro. Fred Bartos, 66 years. Bro. George Spanek, Sr., requesting congratulations to Sis. Marie Provaznikova on the occasion of her 90th birthday. Sent in time for her surprise celebration on the 24th of October. Bro. Jan Waldauf also requesting congratulations to Sis. Marie Provaznikova for their monthly publication. Sent copy of greeting that was sent to Bro. Spanek. West, Texas inviting us to the 1st anniversary. Reply sent telling Bro. Robert Ludecky that the Directors of Men and Women, Paul Lebloch and Marie Ptacek will be representing the Executive Board. Congratulation sent for the souvenir book by Bro. Zitny. Sent letter to all members of Sokol Americky (13 in all) notifying them that their unit has withdrawn from the ASO. Transfer requests were included.

REPORTS: DIRECTOR OF WOMEN - Sis. Marie Ptacek: Received notification from Sis. Bertha Cerny that the new Women's Northeastern District Director is Sis. Maryann LaVere. From Sis. Leilani Sain that the new Eastern District Women's Director is Pat Babor. A notice of the 1980 National AAU Convention to be held November 29 - December 4th in Miami Beach, Florida. **Final Report Forms:** Eastern District for a Beginner's Instructors' School held August 16-23, 1980 at Milstad Sports Camp, 27 students, \$2,807.60; Southern District for Instructors Course held July 6-12, 1980 at Ennis, Texas, 21 students; \$1,210.00; Western District for a Beginner Instructors' School held June 22-28, 1980, at Sokol Omaha Camp, 21 students \$2,843.15; Northeastern District for Sokol Folk Dance Instructions, July 8, 15, 22, 29, August 12, 19 and 26, 1980 at Sokol Greater Cleveland, 30 students, \$35.00; Northeastern District for Instructors Beginners Course held by the Central District, August 3-10, 1980, 8 students attended, \$1,735.00. **XV "SOKOL ROUNDUP" SLET:** Everything, with the exception of the men's and Jr. boys competition routines, has been sent to our District Directors, Sokol USA, Czech Sokols Abroad and D.A. Sokols. It was decided that the classes will again sing on the field. I and II class boys and girls; "Fly you Sokol" (English), Jr. boys and girls, "Like Lions" (English) and Sr., "Lví Sílou" (Czech). The USGF routines which we will be using for the higher divisions were sent out without point values. However, this will be taken care of by Sis. Dalton very soon and we will notify the Districts. Western District supplied us with excellent tapes of the USGF floor exercises. Sis. Dalton also furnished us with talk-over instruction tapes which will be distributed. Sis. Pistorius has re-taped the I and II class calisthenics with Part VIII omitted. The Slet Program Book will carry pictures of our local BOI members, as well as pictures and greetings from all District Directors. Special Number Competition Rules: Suggestions and comments were received since the rules were sent for the Directors' consideration. Some changes and clarifications have been made and will be typed up in their final form. Sis. Pistorius will act as co-chairman of the Special Number Competition, along with someone in the Southern District. Tournament Rules: The corrections made at the Convention were sent to the Districts for their comments and approval. Bro. Ptacek and the

BOI went over everything received item by item. Computer System: A computer system will be set up at the competitions. However, people will still be needed to help check scores, etc. Fast, accurate typists will be needed. The computer will place the competitors and print out the results - this will eliminate a great deal of work and save time. Gymnastic Skills Program: Sis. Pistorius, along with the help of Sis. Sain, Zeman and Garlicki has completed 4 levels for the girls Gymnastic Skills Program - these have been sent to the women District Directors. Bills: \$150.00 for taping of the Senior Calisthenics (Steven Sivak); \$9.85 for mailing Slet material to Bro. Jan Waldauf, Czech Sokols Abroad; \$34.93 due Sis. Ptacek for films and processing for movies taken of the Sr. Men's calisthenics; all approved for payment. Sis. Zdenek submitted her report on the Merit Award recipients; accepted. Our next meeting will be Wednesday, November 12, 1980.

DIRECTOR OF MEN - Bro. Paul Lebloch: Received letter and report of the Eastern District Instructors course from Bro. Walter Slavik. XV Slet: Bro. Cahoy and Benak are working on putting the routines into Sokol terminology. Their progress has been delayed by four sets of corrections from the USGF. I discussed with Bro. Laznovsky and Milan having the National Sokol flag bearers on horses. Our BOI is in favor of this. We requested districts to send in names of qualified judges for the Special Number competition. Sis. Norma Zabka has made contact with the TV agent for the USGF regarding coverage by CBS of our Slet. His fee is 10 percent of what CBS will pay our organization. The USGF received \$25,000 for CBS coverage of the Modern Rhythmic competitions. Bro. Michalek suggested that possibly a record should be kept by all units as to the number of injuries sustained in gym classes. This type of information would prove valuable in the future.

MEMBERSHIP - Bro. Fred Kala: No report at this time.

EDUCATIONAL COMMITTEE: Bro. Stanley Barcal: Sis. Schabowski was welcomed as a new member of the committee. Sis. Zdenek noted that all members were approved by the Executive Board as submitted. 100 Years of Sokol: Bro. Lebloch reported that he has not turned the article over to his niece yet as the sentence structure is bad in spots and some points of historical data need to be confirmed before printing. The manuscript translations do not agree in fact in several places. It was decided that about three people meet separately from this meeting and go over the manuscript before going any further. Library Fund: the rules for use of and the purpose of the fund have been confirmed by the Executive Board. After some deliberation it was decided that the permanent name of this fund shall be: THE AMERICAN SOKOL LIBRARY-ARCHIVES FUND. It was further decided that there should be two forms of thank you cards; (1) a general thank you, and (2) a memorial thank you. The proper name should appear on the cards and a change of wording should be as follows: 2nd line - gratefully acknowledges receipt of your contribution. Further down as follows: This contribution will help

preserve and perpetuate the Sokol movement. The cards which have already been in use shall continue to be used; another, non-memorial card shall be printed, for those contributions which are not memorial in nature. - We have been asked by the Slet Committee to work closely with the Slet Exhibition Committee and will be happy to do so. To this end, the meeting adjourned to the basement where we found the large 1929 original (on canvas) poster for the Slet of that year, which Sis. Schabowski took to be restored, along with three etchings, the subjects being Thomas Masaryk, Eduard Beneš and Jan Masaryk. Bro. Lebloch announced that he has the article on the relationship of the Board of Instructors and the Educational Committee ready for typing.

PUBLICITY - Bro. J. Rabas: No report, Bro. Rabas out of town. We are still looking for someone to handle the English publicity.

FINANCIAL SECRETARY - Sister Mildred Pinc: The Financial Report for September was prepared and copies were distributed to Executive Board members. Payroll tax reports were filed for the 3rd quarter of 1980. Our savings certificate was reinvested at Clyde Federal Savings and Loan. Citizens Savings and Loan certificate is maturing October 25th, it will be re-invested in a six-month certificate.

TREASURER - Bro. Edward Hlinka: No report - on vacation.

UNIFORM - OFFICE - II VICE-PRESIDENT - Sis. Betty Prener: Have been receiving some nice orders from the Southern, Northeastern, Eastern and Western Districts. Most outstanding of which is the one received from Sis. Alice Kalkwarf of Crete, Nebraska for over \$600. This would indicate quite a bit of activity and interest in Sokol. As for the Central District, the Houby days generated quite a bit of additional sales. As our supplies are depleted additional supplies are ordered and in view of the overall economic situation, prices increasing on items we order, increase of rental in office space, we are faced with a cost containment situation. Our prices will have to be increased when we issue new price lists for the beginning of the year. However, our market being limited we must be watchful of overestimating our potential. Our accounts payable are current and September salaries have been paid. 1981 Slet: In the minutes of Slet Committee of 9-16-80 mention is made of T-shirts for pre-Slet sale, charge to be \$5.00 per shirt, plus handling charges, shirts to be offered for sale through the Uniform Division. What will be the cost of this item to the Uniform Division?

Attended the special meeting of Sokol Americky regarding their decision to dissolve. After thorough discussion of their situation, and the explanation that we would want them to continue as Sokol members, in view of the fact that the unit was founded 46 years ago, all present voted to become members of our Unit at Large, Sokol T. G. Masaryk. They have put their financial affairs in order, paying dues to the ASO through the end of 1980, and any balance left in their checking account was to be contributed to the Sokol Library and Archives Fund. Today Sis. Mae Johnson and Mildred Kuzel brought their records and archives



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to the office. At the request of Bro. Zitny, wrote an article on the history of Sokol Americky for our publication, American Sokol.

EDITORIAL - SECRETARY - Sis. Jackie Kourim: Waiting for the second proof from the printers. Working on the December issue. As secretary, typed up all the pages for the new Constitution and By-laws book, proof read it and sent it on to Riha printers. Handled all office correspondence, sent out educational material, minutes, etc., working on the invitation letters for the 1981 Slet.

I VICE-PRESIDENT AND PRESIDENT: No reports.

OLD BUSINESS: Organization Final Report forms from May 24, 1979, Yukon, Oklahoma were approved for payment. Pivonka matter, the review committee will adopt a recommendation and compose a letter to be sent to the unit.

CONVENTION, 1980: Report complete, shows a profit!

SLET, 1981: Brochures will be used in the invitations and inserted in the American Sokol publication. Pins have been ordered and a poster was sent to Bro. Kala for printing. The seals are ready for printing. Signed the contract for the stadium, Farrington Field. As soon as the material is received our publication will start advertising the 1981 Slet. Bro. Lebloch and Sis. Ptacek will check the facilities before going to West, Texas for the 1st anniversary. Will also check the live music that is being planned for the Slet, and bring back a report.

NEW BUSINESS: The new lease for our headquarters was approved, signed and sent back, to Arthur Rubloff and Company. Sis. Betty Prener reviewed the Pan-Slavic convention report, we are still leaving this matter open for consideration.

Our next meeting will be held Tuesday, November 25, 1980. Meeting was adjourned at 10:50 p.m. Keep Tuesday, December 16th open for our annual Christmas party.

Respectfully submitted, Sis. Jackie Kourim, Secretary

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