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VESNIČKO LIDICE

V kladenském hornickém kraji stávala Lidice,
v útulném zeleném háji, než přišla vichřice.
Vichřice vražedná krutá té germánské zloby,
vyhladit přišla vesničku, v příští světa doby.

Zazněly rány zákeřné, mrtvá klesá těla,
drahé jim vlečou v zajetí, jež je ráda měla.
Plameny vzhůru šlehají, dětský se šíří pláč,
proč nám to Němci dělají, nevíme ani zač.

Zmizely bílé chaloupky, zmizel též český lid,
na spáleništi panuje hřbitova chladný klid.
Utichly nářky dětí, žen, zmlkly mužské stěny,
z dálky sem pouze zaléhá vytí smutné feny.

Zmizelas navždy Lidice? Né - to pravdou není,
žiješ dál slavným životem nesmrtelné ceny.
Před Tebou hlavu skláníme v přísaze svaté dnes;
"Lidice" krví pomstíme, celou tu českou ves.

RUDY KRAUS



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Calendar of Events

JUNE 12 and 13 - SOKOL ST. LOUIS
Central District Slet

JUNE 13 - SOKOL DETROIT
Summer Exhibition - Sokol Camp

JUNE 18 - SOKOL GREATER CLEVELAND
Sokol Fish Fry

JUNE 18, 19 and 20 - SOKOL MINNESOTA
Celebrating 100th year anniversary

JUNE 18, 19, 20 - WESTERN DISTRICT SLET
St. Paul, Mn.

JUNE 20 - SOKOL LOS ANGELES
Czechoslovak Day in Alpine Village

JUNE 21-27 - WESTERN DISTRICT
Teacher's Course, Pine City, Mn.

JULY 4 - SOKOL DETROIT
Independence Day Picnic at Sokol camp

JULY 16 - SOKOL GREATER CLEVELAND
Sokol Fish Fry

JULY 18 - SOKOL MINNESOTA
Sokol Camp Booya Picnic

AUG. 1 - SOKOL GREATER CLEVELAND
Picnic at Oddfellows - Volleyball Tournament

AUGUST 7 - SOKOL DETROIT
Ethnic Heritage Runs

AUG. 11 - SOKOL WASHINGTON, D.C.
Sokol Folklore Festival

AUG. 13, 14, 15 - SOKOL DETROIT
Czechoslovak-American Festival - Wyandotte

AUG. 20 - SOKOL GREATER CLEVELAND
Sokol Fish Fry

AUG. 29 - SOKOL LOS ANGELES
Sokol Children's Camp in Dinky Creek

SEPT. 10 - SOKOL SLAVSKY
Registration of classes

SEPT. 17 - SOKOL GREATER CLEVELAND
Sokol Fish Fry

SEPT. 19 - SOKOL MINNESOTA
Highland Park Booya

OCT. 2, 3 - WESTERN DISTRICT
Annual Meeting, Omaha, NE

OCT. 3 - SOKOL DETROIT
Czechoslovak Heritage Day

OCT. 15 - SOKOL GREATER CLEVELAND
Sokol Fish Fry

OCT. 15-17 - DISTRICT DIRECTORS CONFERENCE
Cleveland, Ohio

OCT. 1982 - SOKOL BALTIMORE
110th Anniversary

OCT. 17 - SOKOL LOS ANGELES
Moravian Festival

NOV. 19 - SOKOL GREATER CLEVELAND
Sokol Fish Fry

DEC. 4 - SOKOL LOS ANGELES
Silvestrovská Zábava

DEC. 4 - St. Nicholas Dance
at Sokol Berwyn Hall

DEC. 5 - SOKOL WASHINGTON, D.C.
Christmas Party

DEC. 16 - SOKOL WASHINGTON, D.C.
Annual meeting

AMERICAN SOKOL

VĚSTNÍK AMERICKÉ OBCE SOKOLSKÉ

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Prize Winning Essays

SENIOR DIVISION

"Ne, nikdy, nikdy nezapomenem pod prapory, jež větrem vanou, na zástupy, jež krásným dnem šly oslavit zemi milovanou.

Vzpomínko krásná, posilující,
plnýma očima nabíráme
radost svých očí.
Poupata se nám rozvíjejí,
svět kvete do nadějí . . ."

JOSEF HORA

SLET

Cesta z Los Angeles. Noc a den. Noc a den. Ve tři deset ráno 24. června 1981 jsme přešli texaskou státní hranici. V půl sedmé večer téhož dne objíždíme budovu Tarrant County Convention Centra. A pak je sedm ráno dvacátého pátého. Klimatizovaná hala. Kůží, dřevem a hliníkem se lesknoucí nářadí. Bílé dresy chlapců, jasné modré trikoty děvčat. Soustředěné pohledy soudců a tiché povely cvičitelů z nichž mnozí o několik hodin později nastoupí na stejná nářadí rozhoupávaná, napínaná a zatěžovaná teď drobnými těly juniorů.

Polední přestávka. Talířek chrupavých nachos se sýrem. Mléko věnované místními farmáři neb pohárek narychlo vysrkané kávy. Než se naděješ je pozdní odpoledne. A než se dostane na závody Mistrů a nižších tříd je venku sametově horký texaský večer. V nedalekém hotelu Hyatt Regency začíná slavnostní banket. Bez Paula Leblocha, Direktora mužů. Ten je totiž stále kolem modrých žíněnek a teprve když se poslední závodníci opět staví do prořídlých družstev, odchází i Paul. Světla v hale pohasínají. V jejich záři zde dnes závodilo na tisíc cvičenců. Končí den gymnastiky, královny sportů. Po třináct dlouhých hodin tohoto dne brala za ruce mladé i staré, velké i malé, nováčky i zkušené borce a přehýbala, napínala a ohýbala je všemi možnými způsoby kolem svých kožených, dřevěných a hliníkových prstů. A oni, ani malí, ani velcí, ani zkušení ani nováčkové jí tohoto dne nezůstali nic, zcela nic dlužni . . .

Pátek, 26. června. V halách Convention Centra se odehrávají turnaje ve volejbalu. Ve třetím patře Hyattu probíhá vynikající výstávka sokolských pohlednic, památek, memorabilií. Před Hyattem stojí v nažehlené

uniformě kadet Taylor a na jeho levé ruce chráněné silnou koženou rukavicí sedí sokol. Jasně dravčí oči bystře sledují okolí. A malé odvážné srdce v ptačí hrudi netuší, že je živoucím symbolem všeho toho, pro co se do města Fort Worth sjelo z celé Ameriky i odjinud na tisíce hrdých, odvážných, obětavých, pracovitých, neskloněných a láskou ke tradicím minulým a vůlí nést to nejlepší z nich do časů budoucích prodchnutých Sokolů a Sokolic.

Je opět večer. Světla planoucí v tanečním sále Hyattu jsou v tisíci podobách opakována a znásobována množstvím skleněných křišťálů tvořících strop síně. Na pódiu před ohromným sokolským znakem, Tyršovou bustou z bronzu a i v tomto prostředí důstojně se tvářícím opeřeným sokolem defilují vítězové závodů, aby z rukou nejvyšších představitelů Sokola převzali vybojované trofeje. A potom, je už kolem půlnoci, zní rozlehlým sálem Cotton-Eyed Joe a v jeho rytmu tvoří mladí a ti mladí méně na tanečním parketu ohromnou hvězdicí strhující do tanečního víru stále větší a větší množství přítomných . . .

Přichází sobota ráno. Kamenný, solidně zbudovaný stadión Farrington Fieldu je zaléván slunečním jasem. Vypadá to jako by to vystavěli Římané, říká někdo za mnou. A veselý mladý hlas odpovídá anglicky: Sure, the Romans and the Czechs! Ale to už se římské kontury kolosální stavby a různobarevná záplava opálených postav dole na jasné zelené ploše mísí v neuvěřitelně zmateně vypadající kaleidoskop události nazývané sletová zkouška. Ani pevný velitelský hlas řídící z dřevěného můstku vysoko nad plochou stadiónu všechno dění dole na hřišti se na vteřinu neubrání vtipnému výrazu chvilkového zoufalství. Leč zkušené oči, mozky a nechvějící se hlasy na můstku jsou zvyklé produkovat zázraky. Tak je tomu i dnes. Úderem dvanácté je po zkoušce, a jednotlivé oddíly a skupiny vědí kam se zařadit, kde nastoupit, případně co ještě do večera rychle přepilovat.

Ti šťastní, kteří nic doplňovat nemusejí, naplňují v jednu hodinu sportovní halu v Convention Centru. Gymnastický šampionát mužů, žen, juniorů a junierek zůstane všem divákům trvale zapsán v paměti. Prostorové básně olympionika Phila Cahoye, strhující výkony kudrnatých bratří Hartungů ze Sokola Omaha i vynikající výkony ostatních závodníků jsou třpytnými sněžnými vrcholy v rozlehlé krajině jménem SOKOL. Strhují, uchvacují, inspirují. A mezi namáhavými sestavami gymnastů problemne sem tam do hlediště šťastný úsměv. Úsměv vyjadřující vědomí, že ti, kdož jim dnes z hlediště tleskají a drží palce, nejsou obyčejnými, řadovými diváky gymnastických vystoupení. Že jsou to duše spřízněné, sestry a bratři z mnoha

různých koutů této ohromné země sloužící stejným ideálům krásy, odvahy, vytrvalosti a vůle k vítězství. A že je radostí dnes, právě zde a mezi nimi, předvést své nejlepší . . .

Je sedm hodin večer, Farrington Field, Fort Worth, Texas. Levá tribuna stadiónu je naplněna diváky, ve středu pravé tribuny září ohromná bílá standarta s rudomodrou siluetou dobytčí hlavy, symbolem proslavených texaských Longhorns, s nápisem NAZDAR Y'ALL NA SLET! Dechová hudba situovaná u vchodu do stadiónu vyhrává sokolské pochody. Začíná XV. Slet Americké Obce Sokolské . . .

Svalnaté ruce bratra Joe Vrzalíka svírají žerd' praporů Pruhů a hvězd. A za touto vlajkou, která zaručuje a garantuje nejdražší poklad na světě, občanskou svobodu pro všechny, kdož se k ní hlásí, následuje skvěle defilé amerického Sokolstva. Červenomodrobílé kytice našich státních vlajek. Bílé halenky žen a osmahlé paže mužů. Bílé a modré úbory dorostenců a dorostenek. Barvami hýřící paleta lidových krojů. Červené a modrobílé trikoty nejmenších.

Barvy září, vlajky se třepetají ve větru. Zaznívají hymny, americká, československá, kanadská. Barvy na hřišti i diváci na tribuně se na několik minut stávají nehybnou součástí kamenného stadiónu, aby se po uvítacích slovech bratří Převrátila, Lažnovského a Žitného bíle a červeně rozvlnily při cvičení těch nejmenších. Přichází na řadu živý Horehronský čardáš. A ti, kdo se z tribun či stran stadiónu pouze dívají, se nemohou, alespoň ve vzpomínce, vrátit domů. Na zelené ploše Farrington Fieldu víří červené sukně děvčat, svítí bílé rukávce hochů a jejich slunce odrážející čížmy vydupávají touhu a lásku ke ztracenému domovu. Vydupávají žal a pláč nad ztracenou svobodou. Ale vydupávají i radost a věčně se obnovující naději v lepší příští . . .

Doznívá Horehronský čardáš, vystřídán štafetovým závodem. A když se nebe nad stadiónem začíná propadat do temně tyrkysové modři, nastupují na zelený trávník dokonale vyrovnané řady žen a mužů. Z reproduktorů se rozeznává podmanivá hudba Jana Seeháka. A pohled na skladbu odvíjející se před očima všech přítomných vyvolává někde za očima slzy dojetí. Je třeba takto zblízka vidět v krásu a řád pohybu proměněnou slávu synů a dcer daleké země, aby člověk zcela pochopil, zcela ocenil a provždy nezapomněl z jakéhožto rodu mužů a žen vlastně pochází. Cvičenci klečí na kolenou v hlubokém předklonu, čela se téměř dotýkají kolen, napnuté paže směřují vzad. Sklánějí se. Vzdávají hold. Ale ne divákům na tribuně, i když se to tak jeví. Vzdávají hold sami sobě, svému nepřemožitelnému duchu věrnosti společné myšlence, své statečnosti vytrvat a jít příkladem druhým, svému odhodlání stavět na oči světa ideály národa, který pro mnohý sporně praktický účel byl světem v moderní historii již několikrát odepsán . . . A diváci na tribunách, kteří téměř nedýchají, se v duchu sklánějí jak před těmi na cvičišti, kteří tuto úchvatnou symfonii pohybu a krásy uvedli ve skutek, tak před jejím autorem, bratrem Oldřichem Kudrnovským, jehož památce je toto vystoupení věnováno.

Ukázky cvičení na náradí. Vítězové odpoledního šampionátu si po způsobu starých Reků odnášejí

vavřínové věnce. Náročná skladba bratra Balcara "Symmetry" komponovaná na hudbu Ludvíka Poděště, s podtitulem Pozdrav jižní župě. A zcela nakonec, skladebně i hudebně snad nejpůsobivější vystoupení ze všech, sletová prostrná pro dorostence a dorostenky autorů bratra Milana a sestry Stoeppelmanové ze Sokola Fort Worth. Je opět, pokolikáté již, sametový večer. V září obrovitých reflektorů se po celém trávníku prolétají bílé řady chlapců a chrpově modré řady dívek. Mám podivně vlhké oči i nos, ale nějak se za své dojetí vůbec nestydím. Tam někde, v jedné z bílých chlapeckých řad na stadiónu, je jeden, kterého dobře znám. Stojí tam, po přeryvu jedné spartakiádní generace, stejně jako kdysi dávno v Praze jeho děd, nebo jako babička jejíž dorostenecký úbor ve třicátých letech byl stejně modrý jako trikoty dnešních dorostenek a navíc vyšitý římským, ano, římským skolem, stojí tam v řadách mnoha a mnoha dalších mladých Sokolů, a mně so do očí hrnou slzy, protože je to nejen jeho, ale i můj, i můj, první Slet . . .

Hudba Jaroslava Mihule doznívá. Dorostenecké mládí usedá na trávník, planoucí kotouče reflektorů pohasínají. A náhle do bezedné modré hlubiny večerní oblohy vyšlehnou modré, rudé a stříbrné svazky hvězd. Jakoby tento závatný, zářivý ohňostroj netryskal z pistolí odborných pyrotechniků na druhé straně stadiónu, ale přímo ze srdcí a myšlenek několikatisícového shromáždění v celém obvodu veliké stavby. Jaksi příliš, příliš rychle je po všem. Člověku by se chtělo zůstat celou noc. Celou noc se dívat do trsů planoucích, sršících světél. Celou noc vrývat do obklopující temnoty bílý, rudý a modrý sen o neumírající lásce, touze a naději. Veliký, věčný sen o lidské svobodě . . .

Slet končí. Hudebníci na pódiu dechovky zvedají své zlaté lesklé nástroje a známá melodie se vlní nad hlavami: Jdou, sokolské šiky, jdou . . . Dorostenci a dorostenky ukázněně, proud po proudu pochodují ze stadiónu. A nad nimi, ještě než opět zaplanou reflektory všude kolem, svítí poslední obrazec nezapomenutelného ohňostroje: VIENNA 1982!

Jsou-li oči, smysly i duch tak plny dojmů jako tohoto večera, nedá se prostě vrátit se do hotelu a jít spát. I na to neúnavní a obětaví hostitelé Sokola Fort Worth pamatovali. I zorganizovali v parčíku před Hyattem posletové posezení. S chmelovinou pro velké, limonádami pro malé, s harmonikou a písničkami pro všechny jejichž srdce a duše se radovaly z výborně vyvedeného společného díla. Tváře přátel, těch milých, dávno známých, těch nových, o jejichž existenci před několika dny člověk neměl tušení. A mezi nimi, kolem půlnoci, tvář jejíž mladé oči jsou vroubeny moudrými vějířky krásných vrásek, tvář jejíž jakoby z bronzu ulitý profil se nezměnil od doby, kdy - téměř půl stoletím před touto nocí - cvičila podle jeho povelů v Praze babička mého dnešního malého cvičence: tvář sestry Marie Provazníkové. A když se její ruka spojila s rukou malého cvičence v jediném stisku, bylo to jako jeden z mnoha způsobů naplnění slov bratra Kudrnovského:

"and so, they will come
again and again,
and our children and children of
their children,
and all future Sokol generations

will continue in the
Slet pilgrimage . . .
to cherish the great Slet traditions . . .
the proud heritage of the
Sokol founders . . ."

Neděle, 28. června 1981. Poslední den sletu. Oběd na rozloučenou v krásném prostředí Sokola Fort Worth. Sokolovna zasazená do zelené krajiny má před vchodem maketu západoamerické ulice s nápisem HOTEL TYRS a FUEGNER SALOON. Na starožitném gymnastickém koni před "hotelem" rajtuje sokolská drobotina a aparáty rodičů cvakají. Pod reklamou ohlašující JAIL je uveden coby šerif BILY VRACANY, a pod tabulkou oznamující DUELS AT DAWN je křídou napsáno ZITNY. S kým že se tentokrát bratr Žitný utká? Ani toto neoponechali vtipálci náhodě. Z dřevěného ostění opodál se usmívá fotografický portrét Paula Leblocha . . .

Pohostinství milých fortworthských sokolů bylo příkladné. Dokonale po texasku upravené a s úsměvem podávané barbecue se po všech stránkách vydařilo. Poslední stisk ruky, poslední zamávání, poslední výměna adres s těmi, kteří odjíždějí domů na druhý konec kontinentu. Vjíždíme do posledního sametového večera v tomto senem a stájí vonícím městě. Vjíždíme do něho s vědomím, že nebýt stovek zapálených, obětavých, národu věrných lidí, nic z tohoto několik dní trvajících zázraku by se bývalo nemohlo odehrát. Vjíždíme do něho s pocitem vděku a díky všem, kdož se na jeho úspěchu jakkoli podíleli. A s nadějí, že stejný pocit naplnění, který si odvážíme my, mají i oni. Pocit, že XV. Slet AOS překonal všechna očekávání. Anebo, prostěji, že stál víc než za . . .

1st Place - Jirina Fuchsova
Sokol Los Angeles

My Recollection of the XV American Sokol Slet as a Participant

Who would ever think that my 30th year as a Sokol would be as exciting as someone's first. All the hard work and frustrations, fund raising events, routine work and meetings seemed like years ago as my Junior Girls' team and myself found ourselves on our way to Texas. Excitement along with nervousness was to be seen on everyone's faces and in their voices.

Upon arriving in Fort Worth, Texas, a checkout of the competition facilities was held by myself, as coach and competitor. Three gyms put together in one room was perfect. It made my spotting duties easier and saved myself a heap of energy.

I guess you could call it my 'true Sokol Spirit' which led me into competing again. I have not been 'in front of' a judge since 1967 in Dallas. Trying to look and act like a shapely, young gal again put me on cloud nine. Many 'old time' Sokol friends from many Sokols were very surprised but yet very encourageable to see me 'on' equipment rather than by or under it. It was a

very rewarding experience in my heart to really be a participant in this part of a Slet. Onward!

With the competition part over with, the half day spent at Six Flags was very relaxing but hot and did cause some blistered feet and the reoccurrence pain of shin splints. This would not get in my way. There still was the Awards and Victory Dance. Although cramped, I managed to turn a few spins on the dance floor with Sokols I have known for many years yet only see a couple of times in every decade. What memories I have!

Rehearsal came all too soon the next day. Through half opened eyes I watched my team practice 'for the last time' the calisthenics drill. They and I all knew it backwards and forwards. Knowing it would all be over in approximately 8 minutes that evening saddened me. Twenty minutes a night, by two nights a week by one year seemed to dampen by spirits. It was to be a climax but the thought of the XV Slet passing by to be followed by another place, new routines etc. was not what I wanted. I wanted time to stand still. Print this picture - don't lose it - Don't end - was all I wanted.

Senior Calisthenics was even more climatic. Sokol men and women I have known some twenty years still on the field with me. Still as precise as we always were. Glory be! We can still do it together as one. Upward!

Evening came. Dance costumes, supposedly labeled uniforms and shoes were piled neatly in the dressing room. Spectators crowded into the grandstands. Looking for pins, belts and headbands became the most traumatic experience.

The whistle blew. Grand entry. My, were there a lot of Sokols. Anthems, acknowledgements and speeches seemed to whiz by. Number after spectacular number started and finished. Fireworks lit the sky. It was over. Etched in the minds of all, the year long efforts of American Sokol, U.S.A. and Canada Sokols, the true value of togetherness. We worked and looked as one. We would leave individually and go to our homes in many parts of the United States and Canada and continue our own ways of life. But I will have many pleasureable memories and new Sokol friends who have not been as fortunate as I to be a member of an organization for so long and truly say that I owe everything to the ideals and values that Sokol has always taught me.

The XV American Sokol Slet is only a memory now. A time in history, but remembered as a huge success.

Oh yes . . . NAZDAR - Ya All.

2nd Place - Janice Gathye
Sokolice Omaha

I Remember

I remember a picture of my grandfather. Dressed in a uniform with the jacket over one shoulder and a small cap with a feather in it.

I remember pictures in my father's album. Practice sessions on a ship. Travel by train to Prague. Pictures of him in uniform with thousands beside him in the 1938 Slet.

I remember going to the 1972 Slet in Vienna and not understanding what I saw. Meeting strangers who would become friends.

I remember the 1977 Slet in Chicago. Watching the dancers, the children, the juniors and seniors marching out to proud music. Performing as "one". Next time I would be "one" also.

I remember the District Slet in Cedar Rapids in 1978. I was there as a member of the Czech dance group from St. Paul, but I was not "one".

I remember last summer in Prague for the Spartakiada. I saw friends from 1972 and 1975. Talk always went to the Texas Slet. I'm going. Are you. I'll see you in Fort Worth. Planning a year ahead to meet friends from around the world.

I remember looking at the women's drill for the first time. It was surely printed in some foreign language. Having it read to me and finally learning to read it myself. The cold nights of practicing and wondering if I'd ever learn. Counting the moves. At home, at work in the woods and fields of knee-high grass. Always counting.

I remember flying to Fort Worth. The man at the St. Paul airport who asked me how many rifles I had in the bag containing the flag of Sokol Minnesota.

I remember the competitions. Everyone starting equally. Proud to be competing. The banquet and the Victory Dance. Everyone happy for the success of others. The Sokol spirit was vibrant.

I remember the practice Saturday morning. My first time doing the drill with anyone. Always counting the moves.

I remember putting on the Sokol uniform for the first time. The joy and the pride of it.

I remember carrying the flag of Sokol Minnesota in line with the other flags, unit, district, state, national, international. The dancers, the children, the juniors and seniors marched out to proud music. My turn came. The music started and I forgot to count the moves. Everyone performed as "one". I was "one". Forming history. Carrying on a tradition.

I remember the party afterwards and the next day. The music. The singing. People with years and miles separating them, joined together by a spirit and an ideal. A spirit and ideal that will live beyond our memories.

I remember returning home enriched by what I had seen and sharing with those who had their own "I remembers" and those who did not.

Next year, 1982, we celebrate our 100th anniversary and host a District Slet. Friends are planning a year ahead to meet at the Slet in Vienna. A new drill to learn. New friends to meet.

I look forward.

3rd Place - Joan Sedlacek
Sokol Minnesota

SOKOL EDUCATOR

WHO ARE WE?

Socrates: "Know thyself."

Are we gymnasts?, athletes?, sportsmen and sports-women?, or are we Sokols? Nowadays, these terms fill daily newspapers and conversations alternately with different meanings. The more they are in vogue, the more these terms are confused and mistaken one for the other. Let us try to find their proper meanings so as to be able to understand their purpose and correct usage.

Gymnast and **Athlete** are the oldest and most international terms. The first was derived from the greek word **gymnos**, which means "naked", the second from **athlon**, meaning competition. The ancient Greeks developed one of the oldest systems of body exercises in skills and adroitness for the purpose of bringing up their youth. For the most part, the activities were practiced naked (which explains gymnasts and gymnastics). Likewise, the participants competed in these exercises (thus athlete and athletics).

Centuries later, some Europeans were inspired by the Greek example and accepted even the Greek roots for the words they used to identify their activities and performers. Use of the above terms spread and came to be used internationally for a great many physical exercises. However, some languages created their own names; such as German "turnen" and Czech "tělocvik". Both have the same meaning as gymnastics, and include calisthenics, track and field, weight lifting, exercises on apparatus and with hand apparatus, games, etc.

Confusion started when some people, either not knowing or disregarding the international use, associated the term "athletics" and more often "gymnastics" to certain groups of exercises. However, that is another topic, which would need further analysis.

In general, gymnastics is the regular practice of body exercises for a purpose, be it a profession, hobby, health, reduction of body weight, or just for recreation and sociability.

We practice gymnastics at Sokol. We even call our active members "gymnasts." Does this mean that we should call our units "gymnastic clubs"? Does it mean that our units are the same as all the above-mentioned clubs or organizations where you can pay to participate in classes? DEFINITELY NOT!

Then WHAT IS THE DIFFERENCE?

The founder of Sokol, Dr. Miroslav Tyrs, was not interested in any of the above-mentioned purposes; nor are we, the instructors and officers who sacrifice our time, resources, and talents without remuneration except for the satisfaction of serving a worthy cause. In accord with the founder's philosophy, we want to elevate our nation through the development of each member's physical, mental, and moral capabilities to his-her maximum limits. Our goal is not just gymnasts, but through gymnastics to bring up **Sokols**.

The analysis of the terms **gymnastics** and **Sokol** brought us to the conclusion that they are not

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MUST BE RECEIVED BY THE 10th
OF THE PREVIOUS MONTH

AMERICAN SOKOL

SOKOL GYMNAST

JUNE 1982

Editor - Edward Linhart - 1820 Ridgeland Ave., Berwyn, Ill. 60402



JUBILEE SLET

Czechoslovak Sokol Abroad

Vienna
July 2-5, 1982



Report to the USGF Board of Directors American Sokol Organization

The American Sokol Organization would like to express its appreciation for the USGF News coverage in its premiere issue of our National Sokol Slet (gymnastic festival) held in Fort Worth last June.

I am sure that members of the USGF staff who attended our Slet can attest to the fantastic organization and Sokol spirit, which was evident during the entire 5-day program attended by over 800 gymnasts.

This year the American Sokol will be guests of Sokols in Vienna, Austria. This will be the celebration of the 100th Anniversary of Sokol Slets. For the Board's information, Sokol exists in over 10 countries, but not in the country in which it was founded. In 1948 the last Slet was held in Czechoslovakia at the Strahov Stadium, which was built specifically for and by Sokols for their festivals. Incidentally, the Guinness Book of Records lists this as the largest stadium in the world and it was built for gymnastics.

We would also like to thank the Board for its support of our motion that USGF request that Maria Provaznik be recognized as an Honorary Member of the FIG. For your information, as the National Sokol Director of Women, Mde. Provaznik was elected to the **first FIG Women's Technical Committee**. Following that, she became President of the FIG Women's Technical Committee and served in this capacity at the Olympic Games in London, 1948. Because of the communist takeover of Czechoslovakia and the banishment of Sokol, she sought asylum after the Games. Mde. Villancher succeeded her as President of the Technical Committee. As a distinguished educator, she was helped to this country by Dr. Margaret Brown of Montclair State University. Mrs. Provaznik is now 94 years of age and resides in Oregon. Since all past FIG Technical Presidents have been accorded the honorary title, it is only proper that she be honored as well. As a citizen of the U.S., M. Bengertter explained that only the USGF can recommend her to the FIG for this honor.

Since our request and the Board's approval did not appear in our last minutes, I would like this report to serve as a reminder that action be taken at the next FIG Committee meeting or at the FIG Congress . . . whichever is the appropriate place.

Norma B. Zabka
Amer. Sokol Representative
to the U.S.G.F.

Forward Handspring

by FRANK J. FORTIER

In the following article the writer, Frank J. Fortier, analyzes the so called Floater Forward Handspring. The figures illustrate the five body positions during performance of the Forward Handspring as well as the hip angle (angle A) and the shoulder angle (angle B) at initial hand placement. Reference to the Figures is given in the following analysis of the Handspring.

FORWARD HANDSPRING (Floater type)

I. Take off

1. Run and preliminary approach. (Position 1)

Following a brisk preliminary run, the gymnast executes a skip step. The trunk is flexed forward, the head is held up, and the extended arms and hands reach down and forward toward the mat. The forward leg is flexed as the rear leg begins a backward upward kick. The forward leg now extends causing the rear portion of the body to rise.

2. Initial hand contact. (Position 2)

As the hands contact the mat, the rear leg moves in line with the body and proceeds forward and upward. The transfer of body weight from the legs to the hands is completed as the forward leg completes its extension. The arms remain straight and the head is held up.

3. Initial rise. (Position 3)

The legs are split and move forward and upward. The shoulders and hands extend as the body passes through a momentary handstand position causing the body ascend.

II. Airborne

1. Ascent.

As the body ascends forward and upward the back arches. The legs begin to close and move forward and

downward. The shoulders and legs are maximally extended and the head is positioned between the arms.

2. Highest vertical point. (Position 4)

The body should be fully arched with the legs together. The upward lift of the body has been expended and rotary motion occurs.

3. Descent

The legs now proceed backward and downward under the body causing it to turn upright. The severe back arch is straightened in preparation for the landing.

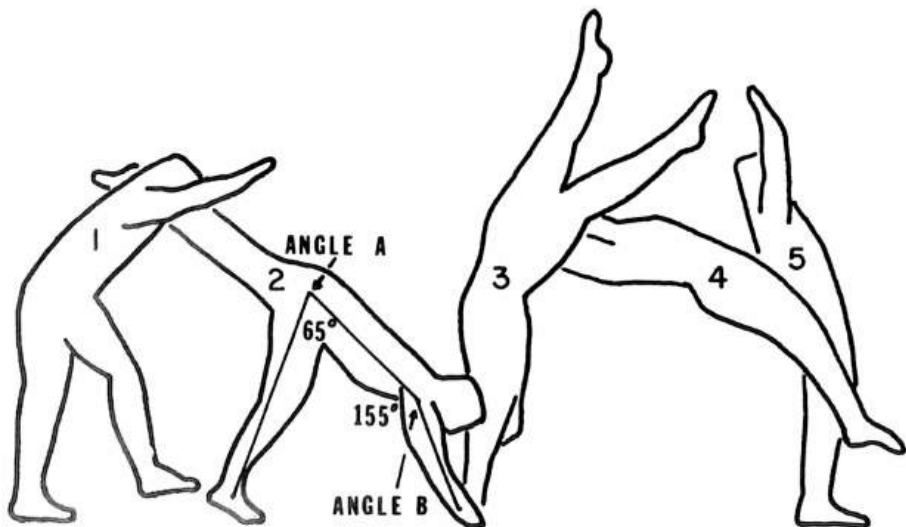
III. Landing (Position 5)

As the feet contact the mat, the legs flex absorbing the landing impact. The body is extended, and the back is straight. The arms move slightly laterally and overhead with the head still positioned between them. The legs then extend the performer to a stand.

Some additional hints for an effective forward handspring:

1. Place the hands well in front of the body (at least three feet in front of the forward foot).
2. Hold the head up throughout the skill.
3. Kick the rear leg backward and upward.
4. The hip angle (angle A) should be approximately 65 degrees.
5. The shoulder angle (angle B) should be 155 degrees or greater.
6. Keep the arms straight with the hands below the shoulders at takeoff.
7. Extend the shoulders backward and upward at takeoff.
8. Maintain an arched position during the airborne phase of the handspring.
9. The total travel distance (hands to foot landing) should be 3 1 2 to four feet.

Courtesy of M.G.



Central District First Class Boys' Competition - 1982

AT SOKOL TABOR

TEAMS

Place	Total	Team
1	614.4	Sokol Slavsky I
2	588.7	Sokol Berwyn I
3	586.0	Sokol Slavsky II
4	536.4	Sokol Stickney I
	536.4	Sokol Slavsky III
5	536.2	Sokol West Suburban I
6	510.3	Sokol Berwyn II
7	503.7	Sokol West Suburban II
8	438.6	Sokol Slavsky IV
9	425.6	Sokol Stickney II

INDIVIDUALS

Place	Total	Competitor	Unit
1	125.9	Dominic Mongello	Slavsky II
2	125.2	Mario Mongello	Slavsky I
3	124.8	Steven Tangney	Slavsky I
4	124.0	Danny Klindera	Berwyn I
5	123.0	John Becker	Slavsky I
6	121.5	Matthew Symek	Berwyn I
7	120.7	Rick Knizner	Slavsky I
8	120.4	Nick Kalodimas	Slavsky I
9	118.9	Allen Gutierrez	Slavsky I
10	118.3	Steve Kala	Berwyn I

69 Individuals - 10 Teams

Second Class Boys' Competition

LOW DIVISION - TEAMS

Place	Total	Team
1	572.4	Sokol Tabor (15.9)
2	556.4	Sokol Slavsky (14.6)
3	538.4	Sokol Berwyn (17.5)
4	481.1	Sokol Stickney (16.6)

LOW DIVISION - INDIVIDUALS

Place	Total	Competitor	Unit
1	121.1	George Linhart	Tabor
2	119.2	Mark Bergorschtje	St. Louis
3	118.0	Joseph Jakubicek	Tabor
4	116.6	Owen Davies	W. Suburban
5	116.2	Tim Zavadil	St. Louis
6	116.1	Jimmy Simpson	Berwyn I
7	115.3	Charles Kalat	Slavsky I
8	113.5	Mathew Wegner	Brookfield
9	112.3	Mark Sojka	Slavsky I
10	111.7	Mathew Bolson	W. Suburban

35 Individuals - 4 Teams

HIGH DIVISION - TEAMS

Place	Total	Team
1	269.9	Sokol Slavsky (19.1)

HIGH DIVISION - INDIVIDUALS

Place	Total	Competitor	Unit
1	129.6	Thomas Pajer	Slavsky
2	122.1	Neal Levang	Brookfield
3	121.2	Anthony Gutierrez	Slavsky

3 Individuals - 1 Team
Meet Director - Chuck Kalat

Special Number Competition

MORTON WEST HIGH SCHOOL

MAY 8, 1982

DIVISION I - FIRST CLASS BOYS AND GIRLS

Place	Total	Number-Unit
1	28.8	"Berwyn Rockettes", Sokol Berwyn
2	24.3	"Spring Medley", Sokol Tabor
3	19.3	"Legends of the Bayou", Sokol Berwyn

DIVISION II - SECOND CLASS BOYS AND GIRLS

1	29.1	"Black and Gold Stars", Sokol Stickney
2	28.9	"Balance in Motion", Sokol Berwyn
3	27.9	"Latin Rhythms", Sokol Berwyn

DIVISION III - JUNIOR BOYS AND GIRLS

1	31.0	"Capes in Cadence", Sokol Tabor
2	30.7	"On the Move", Sokol Berwyn
3	27.1	"Rhythm in Blue", Sokol W. Suburban

DIVISION IV - SENIOR MEN AND WOMEN

1	32.2	"Dynamic", Sokol Stickney
2	31.0	"Circular Symmetry", Sokol Berwyn
3	30.4	"Wand Warm-Ups", Sokol Tabor
4	28.3	"Hooked on Classics", Sokol W. Sub.

Second Class Girls Competition

SATURDAY, MAY 22, 1982

AT

SOKOL WEST SUBURBAN

HIGH DIVISION INDIVIDUALS

1.	Karen Klindera, Berwyn	90.8
2.	Maria Fontana, Slavsky	85.8
3.	Tami Volenec, Berwyn	74.6

0 Teams, 3 Individuals

**INTERMEDIATE DIVISION
TEAMS**

1. Slavsky	361.7
2. Brookfield	350.4
3. Tabor I	339.6
4. St. Louis	338.1
5. Berwyn I	325.0

INDIVIDUALS

1. Natalie Laino, Slavsky	97.9
2. Lisa Strazzante, Stickney	96.3
3. Jackie Elsner, Brookfield I	94.7
4. Jill Rodriguez, Tabor I	93.2
5. Suzanne Wirack, Slavsky	92.4
6. Amy Shephard, St. Louis	90.8
7. Sharon Aguirre, Brookfield I	89.3
8. Linda Banaszek, West Suburban	87.5
9. Gina Guevara, Slavsky	87.2
10. Patti Kalat, Tabor I	87.1

5 Teams - 29 Individuals

**LOW DIVISION
TEAMS**

1. Tabor I	466.0
2. West Suburban II	451.1
3. West Suburban I	443.7
4. Berwyn I	442.2
5. Slavsky I	440.3
6. Stickney I	427.4
7. Slavsky II	409.1
8. Brookfield I	407.3
9. St. Louis I	397.7
10. Slavsky III	360.0

INDIVIDUALS

1. tie Melissa Baez, Tabor I	92.2
Nicole Merrill, Tabor	92.2
2. Brcky Morgan, West Suburban I	91.7
3. Lisa Kokenes, West Suburban II	91.6
4. Cheryl Peterson, West Suburban I	91.3
5. Cathy Gilbert, West Suburban II	90.8
6. Colleen Rocush, Slavsky I	90.6
7. Vicki Kelley, Tabor I	89.9
8. tie Elizabeth Esquiliano, Slavsky I	89.6
Charise Petrelli, Slavsky II	89.6
Claudia Mlsna, Tabor I	89.6
9. Julie Sinnet, West Suburban II	89.3
10. Cathy Szczech, Slavsky I	89.2

10 Teams, 65 Competitors

Linda Schaeffer, Meet Director
Anne Halik, Tabulating Head
Sylvia Pistorius, District Director

Youngsters in U.S. fitness tests

More than half the youngsters in America are unable to meet physical fitness standards that should be attainable by the average healthy child, a study of tests results showed recently.

Moreover, in many categories physical stamina peaked at age 14, the researchers found.

A report entitled "Fitness Profile of American Youth," released in New York and Washington, showed American youth generally suffering from poor fitness and conditioning habits.

The report was based on an analysis of exercise tests conducted from 1979 to 1981 among more than 4 million youngsters age 6 through 17.

"Ideally, performance should continue to improve after age 14, but in some categories that does not occur," said Wynn Updyke, associate dean for graduate studies at Indiana University's School of Health, Physical Education and Recreation.

"Clearly, there is room for improvement. The fitness and conditioning habits of a lifetime are formed in childhood, and America's habits are not all they should be."

In the fitness tests sponsored by the Amateur Athletic Union and Nabisco Brands Inc., boys and girls in more than 10,000 public and private schools put themselves through distance runs, sprints, long jumps, high jumps, sit-ups, push-ups and pull-ups.

Those who meet the standards get "Attainment of Basic Standards" certificates.

Updyke said the basic standards are designated to be attainable by the average healthy youngster in each age and sex group. Only 43 percent of participants were able to achieve them during the 1979-1980 school year.

Updyke cited these examples of the fall-off in performance by older youngsters:

- The average boy of 17 takes 12.9 seconds to run 100 yards; the average boy of 14 can cover the distance in 12.6 seconds.

- The typical girl of 17 can only do 38 modified push-ups in 2 minutes. At 12, she can do 43 in the same time.

The report showed what average children can do at various ages, including:

- The average girl of 8 can do 29 modified push-ups in 2 minutes; high-jump 2 feet 1 inch; run a half mile in 5 minutes 5 seconds; and sprint 40 yards in 8.3 seconds.

Sokol Notes

The Editor of the Sokol Gymnast would appreciate any news of Sokol activities during the summer months from our Districts and Units. Please send all material to the above listed address. Also welcome, are articles from various publications concerning information about gymnastics - health - physical Fitness etc. E.C.L.

Help Our Sokol Grow

synonymous and that gymnastics cannot be substituted for Sokol.

What of the term **sport**? Are we sportsmen and sportswomen? What is the difference between sport and Sokol?

The word **sport** itself has a number of connotations, some of which contradict one another. Most often it is defined as a pastime, leisure, something done for fun. Another explanation is seeking skill in a special activity. Recently, many sports have become professional, which makes them more like work than entertainment. Trying to find similarities as well as differences between sports and Sokol, we will concern ourselves only with **athletics**; that is, those which incorporate some form of gymnastics or exercise the body (compare *tělocvik* - physical education). No doubt that such sports are healthy and beneficial if reasonably selected and controlled. In fact, many such activities were included in the Tyrs system from the very beginning (running, jumping, shot put, javelin, discus throw) and others were added after World War I (skiing, canoeing, etc.) Again, we must ask: "What is the difference?" The difference is in their purpose and consequently, in their application and conduct. If games, track and field, swimming and others are done for money, they are neither sport nor recreation, they are professionalism and have no place in Sokol. If participation is only for recreation or to develop skill in an athletic activity with the purpose to win in competition or break records, then we are referring to **sports**. It is the purpose of the activity that determines its limits and application - its method.

Likewise, the Sokol method developed in accord with its goal, which was clearly stated by Miroslav Tyrs in his thesis, **Our Task, Aim and Goal**:

"It is our duty to preserve our nation in that general vigor, that does not allow a nation to die; in that steady and fresh strength; in that physical, spiritual, and moral health that will not allow any decay to set in."

A nation can be elevated to a desired status in its members. It does not matter whether they are men or women, young or old, adult, adolescents or children, gifted or those with lesser abilities - as many as possible should be involved. The seventh general congress of the Czechoslovak Sokol Community (COS) expressed it in the following proclamation:

"Bring up a harmonious personality of a firm, truth-loving and just character, strong, beautiful, and good men and women - that is the goal of our education."

The main differences between the endeavors of sports and Sokol are:

SPORTS

1. bring up individuals for their personal benefit;
2. develops only physical fitness;

SOKOL

1. brings up individuals to be involved, co-operative patriots for the benefit of their communities;
2. develops physically, morally and intellectually balanced personalities;

3. develop selected and prominent talents;
4. benefits young and talented persons.

3. develop all-round attributes;
4. benefits everybody.

The Program and methods are as different as are the goals:

- | | |
|---|---|
| 1. use individual methods only; | 1. uses a combination of individual and collective methods; |
| 2. concentrate on the individual's prominent talents; | 2. develops all, even hidden or neglected talents. |

This concise list shows not only the dimensions of the differences, but the greatness and nobleness of the Sokol idea. The best term available today for this concept concerned with the whole personality as an entity is **physical education**. However, definitions vary and some prominent scientists question the correctness of this usage of the word. Still, no better name has been created so far.

But are we Sokols? I mean **real** Sokols, not just Sokols in name and uniform - but in our way of life and mainly in our Sokol activities? Do we really adhere to the teaching of Tyrs? Do we preserve basic characteristics of his program and method? Don't we often imitate some of the methods of sports, because at the time they happen to be in vogue? Don't we let our simple and efficient apparatus rot in our basements for the same reason? Just recently a motion was made to include trophies for individual apparatus events in our competitions. Nobody seemed to realize what a gross deviation this would mean from Tyrs's teachings which stress the all-round training rather than specialization. Specialization is characteristic of the sport concept and would be a major breach of the whole Sokol idea.

Every living thing is constantly changing. Sokol must change too as sciences develop and bring new ways of life. But before innovative trends are incorporated into Sokol we have to consider them in line with the basic characteristics of Sokol and accept only that which is in agreement with our ideas as quoted above. If it is not compatible, we must refuse it, even at the price of a temporary or material disadvantage. No matter what the cost, we cannot permit deviation from the Sokol idea. It is a priceless part of the Czechoslovak culture - our strongest weapon in the past, present, and future struggles for survival.

Sokol is also the greatest contribution of our forefathers, the Czech and Slovak immigrants, to the American culture. Shall we forfeit this noble heritage, or shall we continue to develop it to new glory?

Sis. Marie Provaznik
Sokol New York

Vth JUBILEE SLET

CZECHOSLOVAK SOKOLS ABROAD

July 4th and 5th, 1982

VIENNA

ASO Financial Report

APRIL 1982

Dues	\$ 6,008.80
Sokol T. G. Masaryk Dues	10.00
Convention Fund	656.00
Special Assessment	325.00
Advertising in "American Sokol"	400.00
Subscription to "American Sokol"	6.00
Resale of Jewelry	22.20
UPS Charges	18.18
Educational Booklets	4.00
Song Books	5.00
Membership Kits	100.00
Sokol Ties	104.00
Skills Patches	15.40
Miscellaneous	9.90
	<u>\$ 7,684.48</u>

ASO Uniform Division - Rents, salaries, etc.	643.77
TOTAL RECEIPTS	<u>\$ 8,328.25</u>

DISBURSEMENTS

ADMINISTRATIVE

Salaries - Office Employees	\$ 831.41
FICA & FWT for March 1982	112.82
IWT - 1st Qtr. 1982	52.83
Rent, Janitor Services, Phone, Electric	704.14
Postage	42.37
Advertising	140.00
Repairs to office machines	85.00
Sokol Emblem Flag holder	9.95
	<u>\$ 1,978.52</u>

BOARD OF INSTRUCTORS

Salaries	\$ 383.59
FICA & FWT for March 1982	69.42
IWT - 1st Qtr. 1982	26.09
Editor "Sokol Gymnast"	30.00
Postage	22.86
Intermediate and Novice bars	279.18
	<u>\$ 811.14</u>

EDUCATIONAL DEPARTMENT

Salaries	\$ 41.33
FICA for March 1982	2.70
IWT - 1st Qtr. 1982	.62
	<u>\$ 44.65</u>

SOKOL PUBLICATION

Postage - "American Sokol"	\$ 352.85
Mailing list changes, labels, etc., April	168.54
Editor "American Sokol"	100.00
	<u>\$ 621.39</u>

MISCELLANEOUS

ASO Uniform Division - Salaries	
FICA, - March 1982	
IWT - 1st Qtr. 1982 and Phone	\$ 501.00

Special Appropriation - Western District	11.21
Postage - Future Sokol	
Leaders' Fund	4.94
Library and Archives Fund	1.00
Transfer of funds from checking to savings	
Mid-America Federal Certificate	15,000.00
Fidelity Saving Passbook	5,000.00
	<u>\$20,518.15</u>
TOTAL DISBURSEMENTS	<u>\$23,973.85</u>

Balance brought forward: Western National Bank of Cicero - checking account	\$30,268.55
Receipts, April 1982	8,328.25
	<u>\$38,596.80</u>
Disbursements - April 1982	23,973.85
	<u>\$14,622.95</u>

FUTURE SOKOL LEADERS' FUND

April 1982

In memory of Bro. Frank Kozelek - Sokol Schenectady	\$ 25.00
Interest and Dividends Earned	1,274.43
	<u>\$ 1,299.43</u>

Donations are tax exempt



**HAVE YOU
SENT IN YOUR
NEW ADDRESS?**

Change of Address for American Sokol

AMERICAN SOKOL ORGANIZATION
6424 West Cermak Road
Berwyn, IL 60402

Sokol

Name

Old address

..... Zip

New Address

..... Zip

Sokol Slavsky

Recently the officers of Sokol Slavsky, Cicero, Illinois, received shocking news from the new owners of the Olympic Building, Cermak Road and Lombard Avenue, that we could no longer occupy and use the gymnasium facilities in that building.

Needless to say, we reeled under the blow, and reacted to the extent of forming a committee to formulate a plan of action. Meetings are being held weekly, several areas are being investigated, and all possibilities of occupying premises suitable to our requirements are being checked.

Within the next three months we have an insurmountable burden to undertake, but we will go forth in the true Sokol spirit, "Ku předu, zpátky ni krok."

We have a responsibility to our gymnastic classes, and every effort will be made to be prepared when our fall season begins.

Let us not be discouraged, but go forth with the thought we will succeed.

Br. John Satek, President

IN MEMORIAM Sis. Marie Brichta

SOKOL SLAVSKY

It seems almost poignant that we lost Sis. Brichta on the same day that we were informed that the gym (Sokol Slavsky) will no longer be ours. Sis. Brichta took great pride in being our member for 67 years, and we, in turn, shall be forever grateful in knowing that she, as one of Slavsky's hardest working members in years past, having served as instructor and unit officer, was instrumental in keeping the gym active and growing so that we today could have been part of a great history. She, as so many others, knew that Slavsky is more than just a gymnastic club, it is a spirit, a belief, a message for living that touches the soul of all who let it. Forever "Nazdar", sestro.



Shortly before she died Sis. Brichta was the "guest" at a party in her honor with over a 100 family members attending. Also present at the party were State Rep. Judy Baar Topinka and U.S. Rep. Henry Hyde, who presented Sis. Brichta with a letter of congratulations from the President and Mrs. Reagan that read, "this is truly a time to celebrate", and conveyed their warmest wishes. He also honored Sis. Brichta with a scarf and a glass plate, each bearing the congressional seal.

Sis. Brichta was born February 2, 1878, in Pribam, Czechoslovakia. After marrying Matthew Brichta in 1901, she came with her husband to the United States in 1912. Parents of six, the couple lived in Chicago before moving to Cicero. Sis. Brichta was 104 years old at the time of her passing, April 23, 1982.

Sis. Mary Trojacek Laznovsky

Sis. Mary Laznovsky passed away April 17, 1982, at the age of 72. We celebrate the life of our sister throughout the Sokol organization. Here in Sokol Karel Havlicek Borovsky her loss is deeply felt. During her 34 years of Sokol membership she had at some time, in some way been mother and friend to each of us. Sokol members from all of North America have been served from the kitchen that Sis. Mary supervised for so many years. Her life touched and influenced so many and always in a positive way.

Sis. Mary truly lived the song "Sokols Forever Are We". She was not only a great supporter of her unit, and the Southern District, but of national activities also. She and Bro. Frank travelled to various activities in the district, and also to many of the national slets. They attended all activities with their children bringing them up in Sokol.

Sis. Mary's activities were not limited to Sokol. For years she served as 4-H club leader. She was a member of the Western Fraternal Life Assoc. She served as secretary of SPIST Lodge No. 135 for 26 years. She also served as youth leader of the lodge for several years.

Sis. Laznovsky was born in the Creechville community east of Ennis on February 2, 1910. On November 5, 1932, Sis. Mary married Bro. Frank A. Laznovsky. She is survived by her husband, daughter, Sylvia, son, Larry, his wife Lil and their children Lisa Lynn and Lori Marie, all of Ennis. She is also survived by two sisters.

That she was loved by many was shown by the large number of friends who bid her farewell. Words are never adequate to express sympathy for family and friends in time of grief. However, we have an opportunity to show our care and love in a special way. To honor Sis. Mary's memory we can all do our part to see that the traditions and ideals of Sokol she believed in and worked so many hours to preserve, are continued in a manner she would approve and be proud of.

Sis. Vlasta Laznovsky,
Sokol Karel Havlicek Borovsky - Ennis

Joseph Brustik

When one whom we hold dear, has reached the end of life, it is but natural for us, his friends, to pay our tribute of respect and love, to tell of his virtues, to express our sense of loss, and to make known to his family with tender sympathy what we are thinking in these days of their bereavement. Our deceased brother Joseph Brustik, was in the highest, noblest sense a man. He lived a very useful life. We need not mourn for him, but for ourselves and for those he loved, because we have lost him.

Bro. Brustik and his wife Genevieve started the Czechoslovak radio program in 1939, which for some forty years became a must for everyone every Sunday morning and later Saturday mornings when there was a station change. When our Sokol Cultural Center was in the building state, Bro. Brustik donated radio time for all advertisements of Sokol activities.

Bro. Brustik was a member of the Czechoslovak Society of America for 46 years, a member of Lodge Havlicek No. 5 and its president, at the time it merged with Lodge Pingree No. 366. He was very involved in many fraternal activities. He was, one of a few, Sokol members, who in 1967 formed the Czechoslovak Senior Citizens Club, which now numbers close to 100 members, and was its president for almost four years. It was not simply membership in the various organizations which bound him to his fellow countrymen. It was

his understanding and interest in the higher ideals of mankind, which attracted him to our meetings and to our various social activities.

Br. Brustik was born in Na Stráni, Morava, Czechoslovakia on April 21, 1898. As a young man in Czechoslovakia he served in World War I in the Austria-Hungary Army in the Army Band, and played the trumpet in various bands as a civilian. In 1976, he was honored by being inducted into the Michigan State Polka Music Hall of Fame.

He became a member of Sokol Detroit in April of 1929, a member for 53 years, an honorary member for the past 3 years and served many years on the Board of Directors at the Bohemian National Hall. He and his wife Genevieve could be seen in attendance at almost every Czechoslovak community function in the area. He loved to play cards at our Center and at Sokol camp was an avid fisherman.

He is survived by his wife Genevieve, daughter-in-law and grandson. Bro. Brustik left practically all that mortal man can hope to leave to posterity, a life well rounded in its usefulness, beautiful in its simplicity, and devotion to duty. That is a consolation to his family, to his friends and to all members of our Czechoslovakian community.

The above excerpts were from the eulogy given by Bro. Charles Bares - Sokol Detroit.

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Vincent Kozlik

Bro. Vincent Kozlik was born in Czechoslovakia in 1883 and came to this country around the turn of the century. Soon after arriving, he became a member of Sokolská Jednota Blesk (now Sokol Baltimore) and became active in this unit. As several members of the Baltimore unit were residing in Curtis Bay, they decided to form a unit in that locality and in 1921 Sokol Curtis Bay became a reality largely through the efforts of Bro. Kozlik. Bro. Kozlik was the last surviving member of the group who founded this unit. He served as president for several years. Throughout his long life, he maintained an interest in the activities of his unit. He was also president for many years of the Slovan Savings and Loan Association which is located in Curtis Bay. Many residents of Curtis Bay referred to him as the "mayor of Curtis Bay".

Bro. Kozlik died on April 19, 1982. Bro. Kozlik believed in the Sokol ideals of Tyrs and Fuegner, the

inseparable alliance of moral values and physical strength and beauty.

Our sincere condolences to his daughter and grandchildren.

Br. Ed Stetka,
Sokol Baltimore



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