

# AMERICAN SOKOL

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SEPTEMBER 1984

PUBLICATION OF THE AMERICAN SOKOL  
Educational and Physical Culture Organization

## *Czechoslovak Dancers*



*Sokol Los Angeles*



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# AMERICAN SOKOL

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JUNE 1984

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Bro. Anton and Sis. Anna Smunt 25.00

\$ 240.00

*Donations are tax exempt*

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JULY 1984

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**IN MEMORY OF VILMA ROSE SKARDA**

Zdenka (Macich) Freehauf 10.00

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Sis. Hanna Yirkal 10.00

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\$3,345.00

*Donations are tax exempt*

## Change of Address for American Sokol

AMERICAN SOKOL ORGANIZATION  
6424 West Cermak Road  
Berwyn, IL 60402

Sokol \_\_\_\_\_

Name \_\_\_\_\_

Old address \_\_\_\_\_

\_\_\_\_\_ Zip \_\_\_\_\_

New address \_\_\_\_\_

\_\_\_\_\_ Zip \_\_\_\_\_

# AMERICAN SOKOL

VĚSTNÍK AMERICKÉ OBCE SOKOLSKÉ

Ročník - Vol. CV

September - 1984 - Září

Číslo - No. 9



*Los Angeles Dancers*

*L to R: Joe Jakl, Jr., Helen Jakl, Joe Jakl, Sr., Liza Jakl.*

## Los Angeles Dancers

Our cover picture this month on the "American Sokol" features the Czechoslovak Dancers of Sokol Los Angeles. In July, they were featured with the Burbank Symphony Association in presenting a program honoring Bedřich Smetana. Many hours were spent in practice and preparation of costumes. Bro. Josef and Sis. Helen Jakl, are the director and assistant director of this group formed six years ago. The purpose: to share with others their pride in their heritage and thus contribute and enrich our American culture. They have accomplished their goal, for such a young group.

Featured in excerpts from the Bartered Bride, were Bro. Josef Jakl, Joseph Jakl, Dwayne Bednar, Timothy Kis, Steve Kilston, Joseph Zelenka, John Schatz, James Estete, Vasek Pesek, Michael Hudson, Martin Prochazka, David Hudson, Tony Zamazal, Sis. Helen Jakl, Marcella Riesner, Lisa Jakl, Cassie Pell, Vera Kolston, Brigit Prochazka, Eva Riesner-Mustik, Milada Pesek, Stacy Luna, Jana Pesek, Heather Dobson, Sherri Pell and ensemble.

Not only did this dance group appear in this production, perhaps the greatest folk-comic opera ever written, but they were also part of the opening ceremonies of the Olympic Games just completed in Los Angeles, California.

They are "gold medal winners" for presenting our ethnic culture to many thousands of people this past summer!

## Sokol Schenectady

Statue of Liberty - Ellis Island Foundation, Inc.  
P.O. Box 1986  
New York, N.Y. 10018

Gentlemen:

We have read with regret of the sad plight of our lady of the harbor and want to acknowledge what she means to all of us.

In memory of our parents (who came from Czechoslovakia and whom she welcomed to her shores), we offer this token of gratitude. At the same time, we want to say, "thank you" from their children, this group of first generation Americans whose roots were firmly set in the free soil of our beloved land.

May our contribution help in a small way to restore the beauty of - truly - our First Lady; and may she continue to greet in a warm, golden glow others in search of their dream in the promised land.

With happy anniversary wishes —

SOKOL SCHENECTADY

Mary Prokop, Secretary (signed)

SOKOL SCHENECTADY

c/o Mrs. Mary Prokop, Secretary

1238 Fourth Avenue

Schenectady, N.Y. 12303

Dear Friends of Lady Liberty;

On behalf of the Statue of Liberty-Ellis Island Foundation, Inc., I would like to thank you for your generous contribution of \$1,000.00 made in memory of your parents who came from Czechoslovakia to help

restore and preserve the Statue of Liberty National Monument.

The commission and the Foundation are dedicated to restoring "The Lady" and to ensuring that her centennial in 1986 will see her once again as a shining light of liberty for all people. Many organizations and individuals contributed to the original campaign almost 100 years ago. School children, both in France and the United States, helped raise money to have Miss Liberty built and have her placed on her pedestal on Liberty Island.

We are also dedicated to the restoration of Ellis Island, the first landing in the New World for the ancestors of some 100 million Americans today. It is our hope that Ellis Island will serve as a living tribute to those who came and as an inspiration to future generations.

Your early involvement in the campaign speaks eloquently of your respect for the heritage of freedom these symbols so powerfully express. We are grateful and honored to have you join in this historic work.

Sincerely,

Lee A. Iacocca (signed) Chairman  
Statue of Liberty-Ellis Island  
Centennial Commission

## IN MEMORIAM Bro. Louis Wimmer

Bro. Louis Wimmer was born on July 25, 1903 in Detroit, Michigan. He served his apprenticeship in the Masons, belonged to the Knights of Phytias and worked as a pipe fitter at Ford Motor Company until his retirement in 1969. During those years he met his wife to be and they were married shortly thereafter in Muskegon, Michigan.

Just as his married life began, so did his Sokol life begin as Bro. Wimmer joined Sokol in April 1936. He served Sokol for over 48 continuous years; attended the unit meetings, served on many committees such as entertainment, fund raising and building fund. He was always there doing what he could and encouraging others to participate. A dedicated Sokol, an active brother, Louis Wimmer also found time to actively promote the Dokey Drum and Bugle Corp., which he was so proud of.

Active indeed and not one to seek recognition, but to give his support in the background where little or no thanks ever extends. There are many brothers such as Bro. Louis Wimmer that make up the backbone of many organizations and indeed serves as a reminder how important each contribution, no matter how much, is vital toward that total sum. Bro. Wimmer, along with a legion of deceased brothers and sisters, made it possible for us to enjoy the existence of Sokol as we know it today. Many of us assembled here today remember the years of numerous obstacles such as changing neighborhood obsolescence, TV influence, technology, economy and how they were resolved with the help, support and dedication by such members as our departed brother.

In the spirit of Sokol brotherhood, Tyrš set in motion the way and means to develop the basic principles of human dignity, a fearless spirit, a determination to contribute to the national welfare by working together, cooperating with our leadership, respecting our older members, and seeing to it that every member of a Sokol family is also a Sokol member. This message from our Sokol Educator January, 1984 issue confirms and reminds us what is required if we wish to survive as a Sokol organization.

Bro. Louis Wimmer performed this task and in his departure from this world can be reassured that Sokol will continue to survive. To the family, relatives and friends that share these convictions with Bro. Louis Wimmer, this eulogy represents a time to commend Bro. Louis Wimmer for what he has done, what is now, and what will be in the future.

Excerpts from eulogy  
given by Bro. Henry Siedlik  
President, Sokol Detroit

## Bro. Clement Mily

Certain important occasions in life call for a ceremony to help men and women interpret their significance. Death is one of these. The fact that all of us knew Clem, and those who survive the death and now share something of the loss, draws this group together, for a ceremony which marks the end of a life and supports the bereaved as they feel so deeply, the separation death has brought. In various ways he touched each life and his death brings a sense of loss. For some, the loss is very great; and because of the human need to share the experience of sorrow, we come here to sustain one another, each according to the measure of his need.

Clem is no longer with us. The only way any kind of a relationship can continue with him is through memories. Memories are the guarantee that his life was not in vain. Such memories do no bind us to the past, but as life goes on without his presence, release you for the future, so that you may draw close to those who remain in life with you and resume the tasks that each day calls for. Clem was a highly respected and dependable individual, always willing to help out his friends and neighbors and never asking for anything in return. He never said no to even the smallest request.

Clem passed away, June 22 at Henry Ford Hospital in Detroit, after a terminal illness which just surfaced this past January.

Clem was a member of Sokol Detroit for 39 years as an adult and 11 years as a juvenile member for a total of 50 years as a Sokol. At the age of 24 he was called upon to become a member of the Board of Directors, becoming one of the youngest Sokols to serve on the Board. He was Treasurer of Sokol Detroit for over 17 years, and was recognized with a plaque for his long service when he stepped down due to his work conflict. He was a member of the Entertainment Committee at our Bohemian National Hall and thereafter at our new Cultural Center, and was Chairman of this committee for over 10 years. He was also a member of the Fund

Raising Committee which was instrumental in raising much of the funds to build our Center, also contributing with physical labor. He was really a true-blue Sokol member, which included his whole family.

He was a very busy individual and it is really a waste to lose such an energetic young person. When I visited with him at Sokol Camp around Memorial Day I knew that he was hurting, but he still retained that everlasting sense of humor and maintained that mischievous, impish grin.

Sokol Detroit is deprived of a faithful member, who proved his faith to our organization by his participation, his interest and his activity. We do not know why he was taken from our midst at a time when he was bustling with energy. A good name has greater value than had gold and Clem has left behind a good name. What interested, encouraged, and inspired the deceased to higher deeds, should become your interests, our encouragement and your inspiration. In this way you will revere the memory of him whom death has taken from you. We know that his memory shall be kindled forever in your hearts, and we assure you that Sokol Detroit will always remember and respect the member who has so untimely been stricken from its roster of memberships.

Excerpts from eulogy given by  
Bro. Charles Bares, Sr., Sokol Detroit

## *Sokol Educator*

### Alphonse Marie Mucha

On Christmas Eve 1894, while correcting proofs for his friend Kádár in the offices of Lemerrier at Cie in Paris, Alphonse Mucha was asked by the director of the company, Maurice De Brunhoff, through want of another artist, to design a poster featuring Sarah Bernhardt for Sardou's play Gismonda. That same night Mucha made studies of Bernhardt at the Theatre de la Renaissance and afterwards sketched the first design on a marble table top in a nearby cafe. All the elements which were to make the poster an instant success - accentuated contours, curves and circles, the decorative use of natural features, and formalized stars and mosaic motifs - were all present in this first crude sketch. When the full-scale design in distemper on canvas was shown to Bernhardt she was delighted, and it was a tribute to Mucha, in an age of great poster artists like Cheret and Toulouse-Lautrec, that Bernhardt felt that her dramatis persona had been successfully captured in graphic form for the first time.

Mucha's son, Jiri, has suggested that it was the combination of the power of Bernhardt's personality and the emotional force of the scene in which his father chose to depict her which acted as a catalyst on the diverse influences of his artistic development. Because of the great urgency for the poster, Mucha drew the design directly onto the lithographic plate, and it was produced so quickly - between December 24th and January 1st, 1895 - that the lower half was not finished to the same degree as the upper half.

The success of the Gismonda poster seems the more remarkable for Mucha's lack of experience in this field, his existing work, other than some mural and scene painting, consisting of illustration for Xavier Marmier's *Les Contes des Grand-Meres* and Seignobo's scenes et Episodes de L'Histoire D'Allemagne. Nor was there anything remarkable about Mucha's previous work to distinguish it from that of the academies or from the majority of his contemporaries. Gismonda seemed to herald a new style, its strength lying in the restrained use of colour - rose, violet, green, brown and gold - and in the sensitive line of the drawing. Bernhardt is portrayed standing holding a palm-leaf, her head framed by a Byzantine mosaic frieze containing Bernhardt's name and above which the title of the play appears. Bernhardt is draped in garments which reveal a Renaissance, central European or possibly Hispano-Moresque influence in the treatment of their embroidery. Mucha himself denied any direct influence on his work other than the traditions of folk-ornamentation of his native Czechoslovakia. But a number of influences are apparent: whether the cloissonism - the surrounding of the colour area with a dark contour to enhance the expressive movement of the line and the glow of the colour - of Paul Gauguin and Eugene Grasset; the kinetic treatment of curvilinear motifs as in the work of Burne-Jones, Ricketts, Beardsley, Toorop, van de Velde and Horta; the formalized stars and technique of elongation of Carlos Schwabe, especially his Rosicrucian poster design; the linear conventions of Moorish architecture and Islamic design; or the flat, stylised treatment of draperies in Japanese woodcuts. He had little in common with the contemporary Realist and Impressionist schools in Paris, being primarily a stylist and linearist not concerned with problems of chiaroscuro, texture, tonal relationship or fidelity to the subject as with contours and the development of line in an intricate and expressive pattern. To this end Mucha employed photography to assist him in his designs, not to document the details of his subject but to capture the broad outlines of a pose, drapery, for example, being modified in the finished work to fall in a continuous dynamic sweeping movement. Nor was he a great inventor, the basis of his art residing in a wide ranging eclecticism, his originality lying in his ability to transform his borrowings into something quite extraordinarily striking and different through his sensitive draughtmanship and unique appreciation of colour. Mucha's sense of amplitude and the wider application of existing motifs extended the possibilities of a stylistic vocabulary discovered earlier in the 19th century.

The recognition which the Gismonda poster brought was followed by years of hard work. The period 1895 to 1897, when he was working for Bernhardt and under contract to the printing firm of Champenois, was especially prolific. It was during this time that he produced many of the *panneaux decoratifs*, calendars, advertisements and menu-cards. Each of the *panneaux* - small posters printed on stiff paper or silk and used as decorative wall panels or screens - were originated through a series of studies until the final design was executed in pencil, crayon, pastel or watercolour. This was traced onto a lithographic stone and Mucha himself, at least

in the early days, would colour the monochrome proofs.

Mucha's posters were usually of an elongated rectangular shape and often extending to seven feet in height, which in turn lent to his invariably female subject a form of svelte elegance which we now associate with fashion photography. Even in his own time Mucha was hailed as the supreme artist of women, the flattering portrayal of his model, as his extant photographs reveal, giving rise to what came to be known as the archetypal 'Mucha woman'; young and beautiful, virginal yet sensuous and provocative, the voluptuous poses accentuated by the natural curves of the feminine figure. This inevitably led to the accusation that he was corrupting youth, a suggestion that becomes the more absurd when his work is compared with that of, say, Beardsley. In fact it was no accident that this charming ubiquitous creature should figure so prominently in the artist's work, for Mucha like nature, abhors a vacuum, and the unification of otherwise 'dead' areas of the picture surface by the use of tendril-like patterns resulted from his conviction that the muscles of the human eye prefer to follow a curved rather than straight line, and that it was the artist's responsibility to stimulate the viewer by reproducing the natural harmony of curves. The recurrent circular symbols in Mucha's repertoire are legion: the aureole, the halo, the crescent, the 'Q' shape, co-axial circles with a common tangent, and usually used not so much as a convention with an identifiable meaning as an obsessional device with a decorative function. Mucha was acquainted with the work of the Symbolists, and in some cases his graphic designs were symbolist and allegorical in character, sometimes employing a combination of the sacred and profane more usually associated with Moreau and the Decadents. Mucha's compositional arrangements were governed by his belief that the eye always found its natural focus when viewing any object along the axis of the 'Golden Mean', the ratio of 2:3, and that the artist should always place the centre of his composition at this point.

Mucha at no time strove for popular acceptance and lacked the commitment to revolt against accepted norms so common among his artist peers, and yet by the turn of the century his position had consolidated as France's most fashionable illustrator. It is no small irony that Mucha refused to accept the validity of the term 'Art Nouveau' arguing that "Art is eternal, it cannot be new" but consistently applying its principles to his own work, sharing its characteristics and yet remaining aloof from any movement. Between 1895 and 1905 his major published works were distinguished by a unity of conception and execution which led to the description in France of all work in the Art Nouveau style as being in 'le style Mucha.' It is not surprising, therefore, that his own work should form one of the most comprehensive statements of Art Nouveau by any one artist. Mucha's oeuvre extended with time from the mixed media of theatre design - scenery, costumes and publicity material - to architecture, bank notes and even policemen's uniforms. But it is his graphic work for which he is primarily known and remembered.

AMERICAN SOKOL

# SOKOL GYMNAST

SEPTEMBER 1984

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Editor: Edward Linhart — 1820 Ridgeland Avenue, Berwyn, Illinois 60402

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## 1984 XXIII OLYMPIAD

### SUMMER OLYMPIC GAMES

LOS ANGELES, CALIFORNIA, U.S.A.  
JULY 26 - AUGUST 12

MEN'S U.S.A. GYMNASTIC TEAM  
I Gold - 591.40

WOMEN'S U.S.A. GYMNASTIC TEAM  
II Silver - 391.20

WOMEN'S ALL AROUND GYMNASTIC CHAMPIONSHIP  
I Gold - Mary Lou Retton, U.S.A. - 79.05

MEN'S ALL AROUND GYMNASTIC CHAMPIONSHIP  
II Silver - Peter Vidmar, U.S.A. - 118.75

# OLYMPIC RESULTS

## GYMNASTICS

### Men's team finals

**GOLD** — 1. United States (Bart Conner, Garden Grove, Calif.; Tim Daggett, West Springfield, Mass.; Mitch Gaylord, Van Nuys, Calif.; James Hartung, Omaha, Neb.; Scott Johnson, Colorado Springs, Colo.; Peter Vidmar, Los Angeles), 591.40 points. **SILVER** — China, 590.80. **BRONZE** — Japan, 586.70. 4, West Germany, 582.10. 5, Switzerland, 579.85. 6, France, 578.25. 7, Canada, 577.15. 8, South Korea, 574.95. 9, Great Britain, 571.00

### Men's apparatus finals

#### Floor Exercises

**GOLD** — Li Ning, China, 19.925 points. **SILVER** — Lou Yun, China, 19.775. **BRONZE** — Koji Sotomura, Japan, 19.700. **BRONZE** — Philippe Vatuone, France, 19.700. 5, **Bart Conner, Morton Grove, Ill.**, 19.675. 6, Valentin Pinte, Romania, 19.600. 7, **Peter Vidmar, Los Angeles**, 19.550. 8, Koji Gushiken, Japan, 19.450. **NOTE** — Sotomura and Vatuone tied for bronze.

#### Pommel Horse

**GOLD** — **Peter Vidmar, Los Angeles, 19.950**. **GOLD** — Li Ning, China, 19.950. **BRONZE** — **Timothy Daggett, West Springfield, Mass.**, 19.825. 4, Tong Fei, China, 19.750. 5, Jean-Luc Caire, France, 19.700. 6, Nobuyuki Kajitani, Japan, 19.625. 7, Benno Gross, West Germany, 19.525. 8, Josef Zellweger, Switzerland, 19.500. **NOTE** — Vidmar and Li tied for gold.

#### Rings

**GOLD** — Koji Gushiken, Japan, 19.850. **GOLD** — Li Ning, China, 19.850. **BRONZE** — **Mitchell Gaylord, Van Nuys, Calif.**, 19.825. 4, Tong Fei, China, 19.750. 4, **Peter Vidmar, Los Angeles**, 19.750. 6, Kyoji Yamawaki, Japan, 19.725. 7, Emilian Nicula, Romania, 19.500. 8, Josef Zellweger, Switzerland, 19.375. **NOTE** — Li and Gushiken tied for the gold medal.

#### Vault

**GOLD** — Lou Yun, China, 19.950. **SILVER** — Li Ning, China, 19.825. **SILVER** — Koji Gushiken, Japan, 19.825. **SILVER** — **Mitchell Gaylord, Van Nuys, Calif.**, 19.825. **SILVER** — Shinji Morisue, Japan, 19.825. 6, **James Hartung, Omaha, Neb.**, 19.800. 7, Warren Long, Canada, 19.700. 8, Daniel Wunderlin, Switzerland, 19.626. **NOTE** — No bronze medal was awarded.

#### Parallel bars

**GOLD** — **Bart Conner, Morton Grove, Ill.**, 19.950. **SILVER** — Nobuyuki Kajitani, Japan, 19.925. **BRONZE** — **Mitchell Gaylord, Van Nuys, Calif.**, 19.850. 4, Tong Fei, China, 19.825. 5, Koji Gushiken, Japan, 19.800. 6, Li Ning, China, 19.775. 7, Daniel Winkler, West Germany, 19.600. 7, Jurgen Geiger, West Germany, 19.600.



#### Horizontal bar

**GOLD** — Shinji Morisue, Japan, 20.000. **SILVER** — Tong Fei, China, 19.975. **BRONZE** — Koji Gushiken, Japan, 19.950. 4, Lou Yun, China, 19.850. 4, **Peter Vidmar, Los Angeles, 19.850**. 4, **Timothy Daggett, West Springfield, Mass.**, 19.850. 7, Marco Piatti, Switzerland, 19.800. 8, Daniel Wunderlin, Switzerland, 19.675.

#### Men's all-around

##### Final standing

**GOLD** — Koji Gushiken, Japan, 118.700 points. **SILVER** — **Peter Vidmar, Los Angeles, 118.675**. **BRONZE** — Li Ning, China, 118.575. 4, Tong Fei, China, 118.550. 5, **Mitchell Gaylord, Van Nuys, Calif.**, 118.525. 6, **Bart Conner, Morton Grove, Calif.**, 118.350. 7, Xu Zhiqiang, China, 118.225. 8, Nobuyuki Kajitani, Japan, 117.375. 9, Noritoshi Hirata, Japan, 117.200. 10, Jurgen Geiger, West Germany, 116.675.

#### Women - Finals

**TEAM:** Gold — Romania. Silver — United States. Bronze — China.

**ALL AROUND:** Gold — **Mary Lou Retton, United States**. Silver — Ecaterina Szabo, Romania. Bronze — Simona Pauca, Romania.

**UNEVEN PARALLEL BARS:** Gold — Ma Yanhong, China and **Julianne McNamara, United States**. Bronze — **Mary Lou Retton, United States**.

**VAULT:** Gold — Ecaterina Szabo, Romania. Silver — **Mary Lou Retton, United States**. Bronze — Lavinia Agache, Romania.

**BALANCE BEAM:** Gold — Ecaterina Szabo and Simona Pauca, Romania. Bronze — **Kathy Johnson, United States**.

**FLOOR EXERCISES:** Gold — Ecaterina Szabo, Romania. Silver — **Julianne McNamara, United States**. Bronze — **Mary Lou Retton, United States**.

**RYTHMIC:** Gold — Lori Fung, Canada. Silver — Doina Staiculescu, Romania. Bronze — Regina Weber, W. Germany.

#### Women's team competition

**GOLD** — Romania, 392.20 points. **SILVER** — United States, 391.20. **BRONZE** — China, 388.60. 4, West Germany, 379.15. 5, Canada, 378.90. 6, Japan, 376.75. 7, Great Britain, 373.85. 8, Switzerland, 373.50. 9, Spain, 372.10.

#### Floor exercise

1, Ecaterina Szabo, Romania, 19.95. 2, **Julianne McNamara, San Ramon, Calif.**, 19.90. 3, **Mary Lou Retton, Fairmont, W. Va.**, 19.85. 4, Laura Cutina, Romania, 19.70. 5, **Michelle Dusserre, Garden Grove, Calif.**, 19.60. 6, Zhou Qirui Zhou, China, 19.55. 7, Ma Yanhong, China, 19.50. 7, Cristina Grigoras, Romania, 19.50. 7, **Pamela Bileck, Garden Grove, Calif.**, 19.50. 10, Chen Yongyan, China, 19.45. 10, Malko Morio, Japan, 19.45. 10, Simona Pauca, Romania, 19.45. 10, Romi Kessler, Switzerland, 19.45. 10, **Kathy Johnson, Huntington Beach, Calif.**, 19.45.

Other Americans: 15, **Tracee Talavera, Walnut Creek, Calif.**, 19.40. 19, Andrea Thomas, Canada, 19.20. 23, Anita Botnen, Canada, 19.15. 30, Gigi Zosa, Canada, 19.05. 37, Jessica Tudos, Canada, 18.90. 40, Bonnie Wittmeier, Canada, 18.80. 62, Kelly Brown, Canada, 18.15.

**Vault**  
1, (tie) Ecaterina Szabo, Romania, 19.90. **Mary Lou Retton, Fairmont, W. Va.**, 19.90. 3, Lavinia Agache, Romania, 19.80. 4, **Tracee Talavera, Walnut Creek, Calif.**, 19.70. 5, (tie) Yongyan Chen, China, 19.65. Ping Zhou, China, 19.65. **Kathy Johnson, Huntington Beach, Calif.**, 19.65. 8, (tie) Laura Cutina, Romania, 19.60. Cristina Grigoras, Romania, 19.60. Mihaela Stanulet, Romania, 19.60.

Also: 11, **Julianne McNamara, San Ramon, Calif.**, 19.55. 13, **Michelle Dusserre, Garden Grove, Calif.**, 19.50. 16, (tie) Kelly Brown, Canada, 19.40. **Pamela Bileck, Garden Grove, Calif.**, 19.40. 18, Gigi Zosa, Canada, 19.15. 36, Jessica Tudos, Canada, 19.00. 56, Anita Botnen, Canada, 18.65.

**Uneven bars**  
1, (tie) Yanhong Ma, China, 19.90. **Julianne McNamara, U.S.**, 19.90; 3, **Mary Lou Retton, U.S.**, 19.70. 4, (tie) Jiani Wu, China, 19.65. Laura Cutina, Romania, 19.65. **Michelle Dusserre, U.S.**, 19.65. 7, Mihaela Stanulet, Romania, 19.50. 8, (tie) Lavinia Agache, Romania, 19.40. Cristina Grigoras, Romania, 19.40. **Kathy Johnson, U.S.**, 19.40. Also: 13, **Tracee Talavera, U.S.**, 19.20. 21, Bonnie Wittmeier, Canada, 18.85. 23, Anita Botnen, Canada, 18.80. 27, Andrea Thomas, Canada, 18.70. 33, **Pamela Bileck, U.S.**, 18.60. 36, Gigi Zosa, Canada, 18.45. 42, Jessica Tudos, Canada, 18.30. 44, Kelly Brown, Canada, 18.15.

**Balance beam**  
1, Simona Pauca, Romania, 19.80. 2, Ecaterina Szabo, Romania, 19.70. 3, Jiani Wu, China, 19.65. 4, (tie) **Kathy Johnson, U.S.**, 19.60. **Mary Lou Retton, U.S.**, 19.60. 6, (tie) Yanhong Ma, China, 19.50. Mihaela Stanulet, Romania, 19.50. 8, Laura Cutina, Romania, 19.45. 9, Cristina Grigoras, Romania, 19.40. 10, (tie) Yongyan Chen, China, 19.30. **Pamela Bileck, U.S.**, 19.30.

Also: 17, (tie) Bonnie Wittmeier, Canada, 19.05. **Julianne McNamara, U.S.**, 19. Anita

Botnen, Canada, 24, (tie) Michelle Dusserre, U.S., 18.80. Tracee Talavera, U.S., 18.80. 26, Gigi Zosa, Canada, 18.75. 28, Andrea Thomas, Canada, 18.70. 33, Jessica Tudos, Canada, 18.55.

**All-around**

1, Mary Lou Retton, Fairmont, W. Va., 79.05. 2, Ecaterina Szabo, Romania, 78.75. 3, Laura Cutina, Romania, 78.40. 3, Julianne McNamara, San Ramon, Calif., 78.40. 4, Ma Yanhong, China, 78.20. 6, Kathy Johnson, Huntington Beach, Calif., 78.10. 7, Simona Pauca, Romania, 78.05. 8, Cristina Grigoras, Romania, 77.90. 9, Wu Jiani, China, 77.75. 10, Mihaela Stanulet, Romania, 77.70.

Other Americans and Canadians: 12, Michelle Dusserre, Garden Grove, Calif., 77.55. 16, Tracee Talavera, Walnut Creek, Calif., 77.10. 17, Pamela Bileck, Garden Grove, Calif., 76.80. 23, Andrea Thomas, Canada, 75.85. 23, Bonnie Wittmeier, Canada, 75.85. 27, Anita Botnen, Canada, 75.55. 28, Gigi Zosa, Canada, 75.40. 36, Jessica Tudos, Canada, 74.75. 50, Kelly Brown, Canada, 73.50.

|               |   |   |   |   |
|---------------|---|---|---|---|
| Thailand      | 0 | 1 | 0 | 1 |
| Cameroon      | 0 | 0 | 1 | 1 |
| Dom. Republic | 0 | 0 | 1 | 1 |
| Iceland       | 0 | 0 | 1 | 1 |
| Taiwan        | 0 | 0 | 1 | 1 |
| Zambia        | 0 | 0 | 1 | 1 |

(The U.S. was awarded a double gold in women's 100 meter freestyle; Japan and France awarded bronze medals in Men's gymnastic floor exercises; Two gold awarded in Men's gymnastics pommel horse and rings. Four Silvers awarded in gymnastics vault. Romania and U.S. awarded Gold medals in women's parallel bars. Romania awarded two golds n women's balance beam. Two bronze medals are awarded in all Judo. Sweden lost a silver medal in a wrestling disqualification and under IOC rules the second and third place finishers do not move up in the final standings.)

'83 gold medals sets a new Olympic record. The Soviet Union won 80 gold medals in the Summer Games at Moscow in 1980.

**OLYMPIC MEDALS**

**Final standings**

| Country       | Gold | Silver | Bronze | Total |
|---------------|------|--------|--------|-------|
| United States | 83*  | 61     | 30     | 174   |
| West Germany  | 17   | 19     | 23     | 59    |
| Romania       | 20   | 1617   | 53     |       |
| Canada        | 10   | 18     | 16     | 44    |
| Great Britain | 5    | 10     | 22     | 37    |
| China         | 15   | 8      | 9      | 32    |
| Italy         | 14   | 6      | 11     | 31    |
| Japan         | 10   | 8      | 14     | 32    |
| France        | 5    | 7      | 15     | 27    |
| Australia     | 4    | 8      | 12     | 24    |
| South Korea   | 6    | 6      | 7      | 19    |
| Sweden        | 2    | 11     | 6      | 19    |
| Yugoslavia    | 7    | 4      | 7      | 18    |
| Netherland    | 5    | 2      | 6      | 13    |
| Finland       | 4    | 3      | 6      | 13    |
| New Zealand   | 8    | 1      | 2      | 11    |
| Brazil        | 1    | 5      | 2      | 8     |
| Switzerland   | 0    | 4      | 4      | 8     |
| Mexico        | 2    | 3      | 1      | 6     |
| Denmark       | 0    | 3      | 3      | 6     |
| Spain         | 1    | 2      | 2      | 5     |
| Belgium       | 1    | 1      | 2      | 4     |
| Austria       | 1    | 1      | 1      | 3     |
| Jamaica       | 0    | 1      | 2      | 3     |
| Norway        | 0    | 1      | 2      | 3     |
| Turkey        | 0    | 0      | 3      | 3     |
| Venezuela     | 0    | 0      | 3      | 3     |
| Marocco       | 2    | 0      | 0      | 2     |
| Kenya         | 1    | 0      | 1      | 2     |
| Greece        | 0    | 1      | 1      | 2     |
| Nigeria       | 0    | 1      | 1      | 2     |
| Puerto Rico   | 0    | 1      | 1      | 2     |
| Algeria       | 0    | 0      | 2      | 2     |
| Portugal      | 1    | 0      | 2      | 3     |
| Pakistan      | 1    | 0      | 0      | 1     |
| Colombia      | 0    | 1      | 0      | 1     |
| Egypt         | 0    | 1      | 0      | 1     |
| Ivory Coast   | 0    | 1      | 0      | 1     |
| Peru          | 0    | 1      | 0      | 1     |
| Syria         | 0    | 1      | 0      | 1     |
| Ireland       | 0    | 1      | 0      | 1     |

**U.S. MEDALS**

**UNITED STATES' MEDALS BY SPORT**

Medals won by the United States during the 1984 Summer Olympics. (Number in parenthesis is number of gold medals able to be won in each sport.)

| Sport               | Gold | Silver | Bronze | Total |
|---------------------|------|--------|--------|-------|
| Archery (2)         | 1    | 1      | 0      | 2     |
| Basketball (2)      | 2    | 0      | 0      | 2     |
| Boxing (2)          | 9    | 1      | 1      | 11    |
| Canoeing (12)       | 0    | 0      | 1      | 1     |
| Cycling (8)         | 4    | 3      | 2      | 9     |
| Diving (4)          | 2    | 3      | 3      | 8     |
| Equestrian (6)      | 3    | 2      | 0      | 5     |
| Fencing (8)         | 0    | 0      | 1      | 1     |
| Field Hockey (2)    | 0    | 0      | 1      | 1     |
| Gymnastics (14)     | 5    | 5      | 6      | 16    |
| Judo (8)            | 0    | 1      | 1      | 2     |
| Pentathlon (2)      | 0    | 1      | 0      | 1     |
| Rowing (14)         | 2    | 5      | 1      | 8     |
| Rhythmic Gym. (1)   | 0    | 0      | 0      | 0     |
| Shooting (11)       | 3    | 1      | 2      | 6     |
| Soccer (1)          | 0    | 0      | 0      | 0     |
| Swimming (29)       | 21   | 13     | 0      | 34    |
| Synch. Swim (2)     | 2    | 0      | 0      | 2     |
| Team Handball (2)   | 0    | 0      | 0      | 0     |
| Track (41)          | 16   | 15     | 9      | 40    |
| Volleyball (2)      | 1    | 1      | 0      | 2     |
| Water Polo (1)      | 0    | 1      | 0      | 1     |
| Weightlifting (10)  | 0    | 1      | 1      | 2     |
| Wrstlng-Greco (10)  | 2    | 1      | 1      | 4     |
| Wrestling-Free (10) | 7    | 2      | 0      | 9     |
| Yachting (7)        | 3    | 4      | 0      | 7     |

**BASKETBALL**

**MEN**

**Gold medal**  
United States 96, Spain 65  
**Bronze medal game**  
Yugoslavia 88, Canada 82

**WOMEN**

**Final standings**

| Team          | W | L |
|---------------|---|---|
| United States | 6 | 0 |
| South Korea   | 5 | 2 |
| China         | 3 | 3 |
| Yugoslavia    | 2 | 4 |
| Canada        | 2 | 5 |
| Australia     | 1 | 5 |

**Gold Medal**

United States 85, South Korea 55

**Bronze medal**

China 63, Canada 57.

**VOLLEYBALL**

**MEN**

**Gold medal**

United States 3, Brazil 0 (15-6, 15-6, 15-7)

**Bronze medal**

Italy 3, Canada 0 (15-11, 15-12, 15-8)

**WOMEN**

**Gold medal**

China 3, United States 0 (16-14, 15-3, 15-9)

**Bronze medal**

Japan 3, Peru 1 (13-15, 15-10, 15-4, 15-7).

**GYMNASTICS/MEDALS**

**Men**

**TEAM:** Gold — United States. Silver — China. Bronze - Japan.

**ALL-AROUND:** Gold — Koji Gushiken, Japan. Silver — Peter Vidmar, United States. Bronze — Li Ning, China.

**FLOOR EXERCISES:** Gold — Li Ning, China. Silver — Lou Yun, China. Bronze — Koji Sotomura, Japan and Philippe Vatuone, France.

**POMMEL HORSE:** Gold — Li Ning, China, and Peter Vidmar, United States. Bronze — Timothy Daggett, United States.

**RINGS:** Gold — Koji Gushiken, Japan and Li Ning, China. Bronze — Mitchell Gaylord, United States.

**HORSE VAULT:** Gold — Lou Yun, China. Silver — Li Ning, China, Koji Gushiken and Shinji Morisue, Japan, and Mitchell Gaylord, United States.

**PARALLEL BARS:** Gold — Bart Conner, United States. Silver — Nobuyuki Kajitani, Japan. Bronze — Mitchell Gaylord, United States.

**HORIZONTAL BAR:** Gold — Shinji Morisue, Japan. Silver — Tong Fei, China. Bronze — Koji Gushiken, Japan.

## Central District Beginners' Instructors' Courses

### WEEKEND COURSE —

held at Sokol Berwyn, July 6, 7, 8, 1984



**STUDENTS:** Sis. Nancy Borvansky, Sokol Stickney; Lynda Lillipello, Naperville; Deddie Unijewski, Vicki May, Charles Kalat, Sokol Slavsky; Patti Kalat, Joe Jakubicek, Sis. Donna Ulrich, Sis. Juanita LoGiudice, sis. Consuelo Napolitano, Sokol Tabor; Laurie Langer, Sokol Berwyn; Ann Rebro, Scott Novak, Jenny Zeman, Sokol Milwaukee.

### WEEK NIGHT COURSE —

held at Sokol Stickney, July 9 thru 13, 1984



**STUDENTS:** Michelle Tamasiunas, Peter Tamasiunas, Mary Ann Putts, Gerry Umlauf, Michelle Shawa, Mary Lapwing, Juanita Proper, Dorothy Ball, Linda Galligan, Sokol Brookfield; Sylvia Srachta, Sokol Stickney, Marsha Phillipello, Naperville; Sis. Denis Sticka, Sis. Irene Polashek, Sokol Tabor.

**INSTRUCTOR FOR COURSES:** Bro. Fred Stanovsky, President Sokol Milwaukee; Sis. Diana Rhoades - Sokol Berwyn; Sis. Diane Daunis - Sokol Berwyn; Bro. Vaclav Zenisek - Educational Director, Central District; Bro. Edwin Halik, Sokol Slavsky; Sis. Eva Balas - Sokol Berwyn; Sis. Sharon Somolik - Sokol Berwyn; Bro. Roy Zitny - President, American Sokol Organization; Bro. John Satek - Director of Men, Central District; Sis. EllenJeanne Schnabl - Director of Women, Central District.

**Guest Appearance:** Bro. George Vytlacil, President, Central District.

## Dive Foldroll Forward

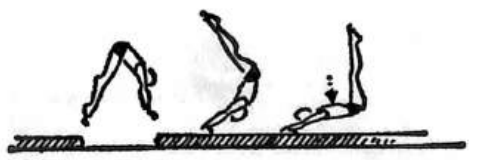
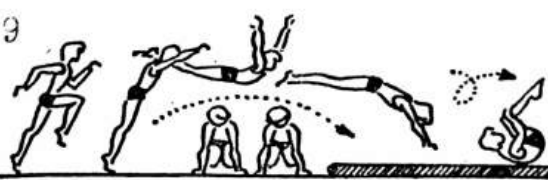
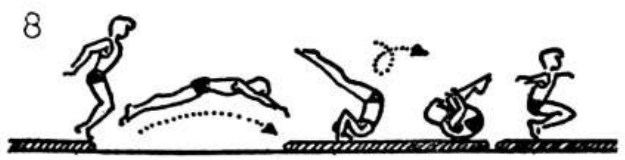
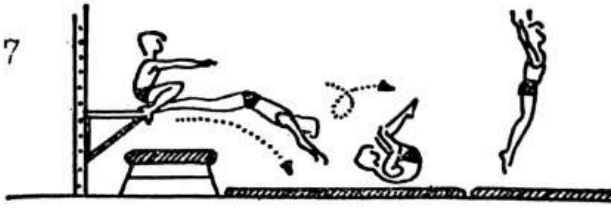
This exercise combines ability and daring which makes it attractive to all children's classes. The illustrated figures show various combinations of teachings and progression:

1. Forward foldroll from support and rearleg position.
2. Dive Roll from a squat.
3. Roll with aid from assistant holding legs.
4. With assistant holding, hop forward on hands.
5. With assistance slide down from table.
6. From low height, dive unto mat and roll.
6. From higher height dive over obstacle.
8. From a run dive over separated mats.
9. Dive over obstacle into roll on mats.
10. Dive thru obstacle.
11. Dive over elevated Box.
12. Two performers dive over and under.
13. Most common faults consist of improper landing on the back.



Are you  
back in  
Sokol after  
summer vacation?





## SOUTHERN DISTRICT SLET

JUNE 1, 2, 3, 1984

SOKOL GYMNASIUM CENTER, SOKOL KAREL HAVLICEK BOROVSKY, ENNIS, TEXAS

## VOLLEYBALL CHAMPIONSHIPS:

Junior-Mixed: Sokol West  
Senior-Mixed: Sokol Ennis

## SPECIAL NUMBER COMPETITIONS:

Children's Division: Sokol Ennis  
Jr./Sr. Division: Sokol Ft. Worth

## RHYTHMIC GYMNASTICS:

## Class I Girls:

1. Lori Laznovsky, Ennis
2. Wendy Stout, Ennis
3. Mindi Meier, Ennis
4. Christy Gray, Ennis
5. Christine Pooler, Ft. Worth
5. Christen Norum, Ennis

## CLASS II GIRLS:

1. Shannon Schumacher, Ennis
2. Christine Norum, Ennis
3. Kara Harrell, Ft. Worth
4. Jessica O'Bannion, Ennis
5. Kelly Hill, Ft. Worth

## Junior Girls:

1. Kathy Habey, Ft. Worth
2. Kay Haney, Ft. Worth
3. Michelle Morton, Ennis
4. Delores Smith, Ennis

## Women:

1. Sandi Frizzell, Ft. Worth

## APPARATUS COMPETITIONS

## Class I Low Girls

- Teams: 1. Ft. Worth I  
2. Ennis I  
3. Ft. Worth II  
4. West Team I  
5. Ft. Worth III

## Individuals:

1. Heather Larson, Ennis
2. Ellen Lamianak, Ft. Worth
3. Shawney Goldring, Ft. Worth
4. Stephanie Patton, Ft. Worth
5. Anastasia Law, Ft. Worth
6. Christina Pooler, Ft. Worth
7. Amy Champman, Ft. Worth
8. Heather Huse, Ft. Worth
9. Christine Cepak, West

## CLASS I GIRLS HIGH DIVISION:

Teams: 1. Ennis

## Individuals:

1. Christi Gray, Ennis
2. Lori Laznovsky, Ennis
3. Mindi Meier, Ennis
4. Christen Norum, Ennis
5. Wendy Stout, Ennis

## CLASS II GIRLS LOW DIVISION:

- Teams: 1. Corpus Christi  
2. Ft. Worth  
3. Ennis I  
4. Ennis II

## Individuals:

1. Jessica O'Bannion, Ennis
2. Tracy Meek, Corpus Christi
3. Kristel Kluas, West
4. Melissa Casarez, Corpus Christi
5. Paulette Rodriguez, Corpus Christi
6. Tonya Drummond, Ft. Worth

## CLASS II GIRLS HIGH DIVISION:

- Teams: 1. Ft. Worth  
2. Ennis

## Individuals:

1. Tami McCaffrey, Ft. Worth
2. Christy Huse, Ft. Worth
3. Shannon Schumacher, Ennis
4. Timmy Lunsford, Ft. Worth
5. Amber Harris, Ft. Worth

## OPEN HIGH DIVISION - GIRLS:

Team: Ft. Worth

## Individuals:

1. Kelly Hill, Ft. Worth
2. Jill Henshaw, Ft. Worth
3. Kara Harrell, Ft. Worth
4. Michelle Cowan, Ft. Worth

## CLASS I BOYS LOW DIVISION:

Team: Ennis

## Individuals:

1. Billy Avery, Ennis
2. Ryan Mullican, Ennis
3. Bobby Gray, Ennis
4. Craig Meier, Ennis
5. Jimmy Nash, Ft. Worth

## CLASS I BOYS HIGH DIVISION:

1. Josh Milan, Ft. Worth
2. Christopher Norum, Ennis
3. Matt Lowe, Ft. Worth

## CLASS II BOYS LOW DIVISION:

- Teams: 1. West  
2. Ennis

## Individuals:

1. Jason Klish, West
2. John Moravec, West
3. Kevin Dobecka, West
4. Edward Kaluza, West
5. Patrick Jones, Ennis

## CLASS II BOYS HIGH DIVISION:

Team: Ft. Worth

## Individuals:

1. Jessie Traynham, Ft. Worth
2. Brad Lynch, Ft. Worth
3. Scott Akin, Ft. Worth
4. Jason Stout, Ennis
5. Shay Hennessey, Ft. Worth

## JUNIOR GIRLS LOW B DIVISION:

- Teams: 1. Corpus Christi  
2. Ennis I  
3. Ft. Worth  
4. Ennis II

## Individuals:

1. Stacie Perrenot, Corpus Christi
2. Kippie Vaughn, Corpus Christi
3. Sharon Slovacek, Ennis
4. Melissa Lednicki, West
5. Gerilyn Sijansky, Corpus Christi

## JUNIOR GIRLS LOW A DIVISION:

Team: Ft. Worth

## Individuals:

1. Carrie Carnes, Ft. Worth
2. Cathy Jones, Ennis
3. Sherri Pippin, Ft. Worth

## JUNIOR GIRLS INTERMEDIATE DIV.:

1. Jennifer Powell, Ft. Worth
2. Martha Baxter, Dallas

## WOMEN LOW A DIVISION:

1. Kim Oates, Ennis
2. Cathy Avery, Ennis

## WOMEN INTERMEDIATE:

1. Tracy Boyd, Ennis

## JUNIOR BOYS LOW A DIVISION:

Team: Ennis

## Individuals:

1. Tim Smith, Ennis
2. Russell Mack, Ennis
3. Andrew Wall, Ennis

## JUNIOR BOYS INTERMEDIATE DIV.:

Teams: Ft. Worth

## Individuals:

1. Shane Uson, Ft. Worth
2. Wade Garrett, Ft. Worth
3. Roddy McCurry, Ft. Worth

## MEN MASTERS DIVISION:

1. Gary Johnson, Dallas
2. Larry Laznovsky, Ennis

## MEN LOW A DIVISION:

1. Rodney Houdek, Ennis
2. Doug Thomas, Dallas

## MEN HIGH DIVISION:

1. Grant Qualls, Ft. Worth
2. Wu Young, Ft. Worth

## 1984 WESTERN DISTRICT SLET

JUNE 15 - 17, 1984, CRETE, NEBRASKA

**LOW JR. BOYS****Team Competition Results**

- |                   |        |
|-------------------|--------|
| 1. South Omaha I  | 200.10 |
| 2. South Omaha II | 173.80 |

**Individual Competition Results**

- |                                 |       |
|---------------------------------|-------|
| 1. Michael Short, So. Omaha     | 52.25 |
| 2. Michael Ragland, So. Omaha   | 50.95 |
| 3. Derek Fickenscher, So. Omaha | 50.1  |
| 4. Tom Micek, So. Omaha         | 46.8  |
| 5. Aaron Razez, So. Omaha       | 46.5  |
| 6. Michael Finney, So. Omaha    | 45.05 |
| 7. Patrick Nieto, So. Omaha     | 44.75 |
| 8. Thomas Ragland, So. Omaha    | 37.5  |

**INTERMEDIATE JR. BOYS****Team Competition Results**

- |                   |        |
|-------------------|--------|
| 1. South Omaha I  | 157.75 |
| 2. Omaha          | 150.20 |
| 3. South Omaha II | 148.70 |
| 4. Crete          | 141.20 |

**Individual Competition Results**

- |                                 |       |
|---------------------------------|-------|
| 1. Todd Beyer, Cedar Rapids     | 53.55 |
| 2. Robert McLaughlin, So. Omaha | 53.15 |
| 3. Buddy Benak, So. Omaha       | 52.40 |
| 4. Harry Godfrey, So. Omaha     | 52.20 |
| 5. Pete Rashe, Omaha            | 51.55 |
| 6. Scott Zymball, South Omaha   | 50.50 |
| 7. Bryan Johnson, Omaha         | 50.00 |
| 8. Grove Dalton, So. Omaha      | 49.90 |
| 9. Bruce Cerny, Crete           | 49.1  |
| 10. Toby Beyer, Cedar Rapids    | 48.9  |

**HIGH JR. BOYS****Team Competition Results**

- |              |        |
|--------------|--------|
| 1. Omaha I   | 105.65 |
| 2. Omaha II  | 98.10  |
| 3. Omaha III | 92.10  |
| 4. Omaha IV  | 81.90  |

**Individual Competition Results**

- |                            |       |
|----------------------------|-------|
| 1. Louis Ball, Omaha       | 54.15 |
| 2. Terry Carmicheal, Omaha | 51.50 |
| 3. Kylon Rolles, Omaha     | 50.0  |
| 4. Doug Wagner, Omaha      | 48.1  |
| 5. Chris Dovel, Omaha      | 47.30 |
| 6. Eric Otte, Omaha        | 44.80 |
| 7. Chris Swircek, Omaha    | 43.25 |
| 8. Andy Leonard, Omaha     | 38.65 |

**LOW MEN****Individual Competition Results**

- |                             |      |
|-----------------------------|------|
| 1. David Podrazo, So. Omaha | 53.9 |
|-----------------------------|------|

**INTERMEDIATE MEN****Individual Competition Results**

- |                                  |       |
|----------------------------------|-------|
| 1. Vojmir Benak, So. Omaha       | 53.25 |
| 2. Mike May, So. Omaha           | 50.85 |
| 3. Larry Chmelicek, Cedar Rapids | 45.7  |

**HIGH MEN****Individual Competition Results**

- |                             |       |
|-----------------------------|-------|
| 1. Tom Satoris, So. Omaha   | 49.95 |
| 2. Mark Molebust, So. Omaha | 36.50 |

**Team Competition Results**

- |              |       |
|--------------|-------|
| 1. So. Omaha | 86.45 |
|--------------|-------|

**LOW B - JR. GIRLS****Team Competition Results**

- |                          |        |
|--------------------------|--------|
| 1. Cedar Rapids, Team I  | 166.50 |
| 2. South Omaha           | 162.25 |
| 3. Cedar Rapids, Team II | 158.45 |

**Individual Competition Results**

- |                                  |       |
|----------------------------------|-------|
| 1. Larisa Petersen, Cedar Rapids | 43.2  |
| 2. Julie Vlasak, Cedar Rapids    | 41.8  |
| 2. Kelli Dalton, South Omaha     | 41.8  |
| 4. Kendra Dudley, Cedar Rapids   | 41.0  |
| 5. Susie Seiter, South Omaha     | 40.8  |
| 6. Laura Hendricks, South Omaha  | 40.75 |
| 7. Emi Dyreland, Cedar Rapids    | 40.5  |
| 8. Joanne Pontius, Cedar Rapids  | 40.35 |
| 9. Jenny Stigers, Cedar Rapids   | 40.1  |
| 10. Tracy Shultz, Cedar Rapids   | 40.1  |

**LOW A JR. GIRLS****Team Competition Results**

- |                 |        |
|-----------------|--------|
| 1. Cedar Rapids | 158.30 |
| 2. Crete        | 142.05 |

**Individual Competition Results**

- |                                   |       |
|-----------------------------------|-------|
| 1. Vicki Chase, South Omaha       | 44.85 |
| 2. Carrie Ann Dalton, South Omaha | 43.10 |
| 3. Tonja Petersen, Cedar Rapids   | 42.25 |
| 4. Julie Miller, Cedar Rapids     | 41.90 |
| 5. Stacey Young, Cedar Rapids     | 41.25 |
| 6. Kim Tomkins, Cedar Rapids      | 41.20 |
| 7. Jennifer Radik, South Omaha    | 40.80 |
| 8. Jenny Sueper, Crete            | 39.30 |
| 9. Sallie Horky, Crete            | 38.25 |
| 10. Ann Vanyo, Minnesota          | 36.80 |

**INT. JR. GIRLS****Team Competition Results**

- |                         |        |
|-------------------------|--------|
| 1. South Omaha - Team I | 135.4  |
| 2. South Omaha - Team 2 | 132.75 |
| 3. South Omaha - Team 3 | 129.85 |
| 4. Cedar Rapids         | 129.4  |
| 5. South Omaha - Team 4 | 122.70 |

**Individual Competition Results**

- |                                 |       |
|---------------------------------|-------|
| 1. Bonnie Ficek, South Omaha    | 45.30 |
| 2. Cindy Hoden, South Omaha     | 45.10 |
| 3. Amy Hoffman, South Omaha     | 45.00 |
| 4. Kris Gregurich, South Omaha  | 44.35 |
| 4. Teresa Slezak, South Omaha   | 44.35 |
| 6. Debbie O'Keefe, South Omaha  | 44.05 |
| 7. Kandy Holecck, South Omaha   | 43.90 |
| 8. Jenny Griffith, Cedar Rapids | 43.4  |
| 9. Debbie Krska, South Omaha    | 43.25 |
| 10. Wendi Campos, Omaha         | 43.1  |

**HIGH JR. GIRLS****Individual Competition Results**

- |                               |       |
|-------------------------------|-------|
| 1. Debbie Priebe, South Omaha | 40.15 |
|-------------------------------|-------|

**MASTERS - WOMEN****Team Competition Results**

- |                 |       |
|-----------------|-------|
| 1. Cedar Rapids | 80.95 |
|-----------------|-------|

**Individual Competition Results****Age 30-39**

- |                               |       |
|-------------------------------|-------|
| 1. Sue Kowalski, Cedar Rapids | 42.30 |
|-------------------------------|-------|

**Age 40-49**

- |                          |       |
|--------------------------|-------|
| 1. Barbara Seefus, Omaha | 39.55 |
|--------------------------|-------|

**Age 50-59**

- |                               |       |
|-------------------------------|-------|
| 1. Irene Hamouz, Cedar Rapids | 38.65 |
|-------------------------------|-------|

**LOW A - WOMEN****Individual Competition Results**

- |                                 |       |
|---------------------------------|-------|
| 1. Lori Beyer, Cedar Rapids     | 42.65 |
| 2. Allison Cairns, Cedar Rapids | 42.15 |
| 3. Jan Graham, Cedar Rapids     | 42.15 |

**INTERMEDIATE WOMEN****Team Competition Results**

- |                 |        |
|-----------------|--------|
| 1. Cedar Rapids | 127.45 |
|-----------------|--------|

**Individual Competition Results**

- |                                |       |
|--------------------------------|-------|
| 1. Rhonda Frey, Cedar Rapids   | 44.65 |
| 2. Jolene Dalton, South Omaha  | 43.10 |
| 3. Debra Pulkrab, Cedar Rapids | 41.95 |
| 4. Debra Allison, Cedar Rapids | 40.85 |
| 5. Betty McNiff, Minnesota     | 39.00 |

**HIGH WOMEN****Individual Competition Results**

- |                                  |       |
|----------------------------------|-------|
| 1. Margaret Swoboda, South Omaha | 44.85 |
| 2. Jennie Svendsen, Omaha        | 34.85 |

**CHAMPIONSHIP JR. GIRLS****Team Competition Results**

- |                   |       |
|-------------------|-------|
| 1. South Omaha I  | 146.2 |
| 2. South Omaha II | 139.6 |

**Individual Competition Results**

- |                             |       |      |
|-----------------------------|-------|------|
| 1. Karen Elsasser, S. Omaha | 44.80 | Com. |
|                             | 28.95 | Opt. |
|                             | 73.75 |      |
| 2. Mary Osterhaus, S. Omaha | 44.00 | Com. |
|                             | 28.45 | Opt. |
|                             | 72.45 |      |
| 3. Jackie Slezak, S. Omaha  | 42.90 | Com. |
|                             | 27.95 | Opt. |
|                             | 70.85 |      |
| 1. S. Gregurich, S. Omaha   | 41.00 | Com. |
|                             | 27.75 | Opt. |
|                             | 68.75 |      |

**CHAMPIONSHIP WOMEN****Individual Competition Results**

- |                            |       |      |
|----------------------------|-------|------|
| 1. Jeanice Nieto, S. Omaha | 44.55 | Com. |
|                            | 30.15 | Opt. |
|                            | 74.70 |      |

**CHAMPIONSHIP JR. BOYS****Team Competition Results**

- |          |       |
|----------|-------|
| 1. Omaha | 191.9 |
|----------|-------|

**Individual Competition Results**

- |                         |       |      |
|-------------------------|-------|------|
| 1. Nick Lanphier, Omaha | 52.05 | Com. |
|                         | 45.55 | Opt. |
|                         | 97.60 |      |
| 2. Jim Hinz, Omaha      | 51.15 | Com. |
|                         | 43.15 | Opt. |
|                         | 94.30 |      |
| 3. Pete Schulz, Omaha   | 45.85 | Com. |
|                         | 41.20 | Opt. |
|                         | 87.05 |      |

**CHAMPIONSHIP MEN****Team Competition Results**

- |                |        |
|----------------|--------|
| 1. South Omaha | 188.15 |
|----------------|--------|

**Individual Competition Results**

- |                           |       |      |
|---------------------------|-------|------|
| 1. John Walsh, S. Omaha   | 53.10 | Com. |
|                           | 43.75 | Opt. |
|                           | 96.85 |      |
| 2. Marc Johnson, S. Omaha | 50.05 | Com. |
|                           | 41.25 | Opt. |
|                           | 91.30 |      |
| 3. Alan Bremers, Omaha    | 44.90 | Com. |
|                           | 38.95 | Opt. |
|                           | 83.85 |      |
| 4. Tony Swoboda, S. Omaha | 42.75 | Com. |
|                           | 35.05 | Opt. |
|                           | 77.80 |      |

# EASTERN DISTRICT COMPETITIONS

## SOKOL LITTLE FERRY

**Boys Competition Results****Sokol Little Ferry****Ages 6-8**

1. Brian Angeli
2. Stanley Piper
3. Michael Eaton
4. David Nelson
5. Stephan Conant

**Ages 9-12**

1. Edwin Clouse
2. Aaron Ness
3. Ryan Ederston
4. Jim Lewis
5. Shawn Ness
6. Tom Setzer

**Eastern District Results:**

1. Darren Block, New York
2. Edwin Clouse, Little Ferry
3. Ryan Ederston, Little Ferry
4. Jim Lewis, Little Ferry
5. Tom Setzer, Little Ferry
6. Phillip Wellner, New York
7. Michael Scioli, Little Ferry
8. Jeffrey Lewsi, Little Ferry

**Team**

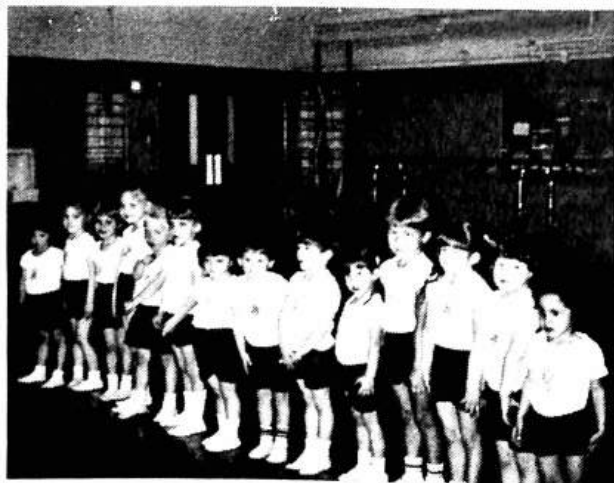
1. Sokol Little Ferry

*Bro. FRANK CAPEK*

# 1985

## XVI AMERICAN SOKOL SLET

### CHICAGOLAND - JUNE - 1985



## TOTS

### Our Future Champions - Olympians!

Tots Class — Girls and Boys — They come in all sizes.

*The Uniform is:*

- White "T" Shirt - Sokol Emblem imprinted in Blue
- Red Shorts
- White Socks
- White Gym Slippers

*Start your classes with proper uniforms and be ready for the XVI. Sokol Slet!*

## DISTRICT DIRECTORS CONFERENCE

### American Sokol Organization

Friday - Saturday - Sunday, October 26, 27, 28, 1984

WILLIAM TELL INN

6221 Joliet Road, Countryside, Illinois 60525

Telephone: 312—354-4200

## ASO Executive Board Meeting

Regular meeting of the American Sokol Organization Executive Board, was called to order by President, Roy S. Zitny, on Tuesday, June 26, 1984, at 7:35 p.m. Pledge to the flag was given. District minutes received and reviewed: Western District, May 20th and Central District, May 23rd.

**CORRESPONDENCE:** Selden, Fox and Associates, Ltd., form letters for group exemption (tax) determination. Hutchenson & Grundy, concerning Bro. George Basta appearing at the trial, in Houston, our answer attached. Sokol Abroad, a thank you letter to Bro. Stanley Barcal for the contribution to the symposium in Oetz. Cermak Road Business Assn. for dues, \$35.00, approved for payment. Sokol Ceska Sin's newsletter. A motion was made and passed that the letter "A Time to Stay Together" be re-published and sent to all units and districts in their next newsletter. Miscellaneous publicity in folder.

**1985 SLET:** No minutes were available, but Bro. Zitny gave the report. A letter was received from Downers Grove North Community High School and a committee will meet with Mr. Olson, assistant school principal on August 14th to see if we can use the facilities for competitions and volleyball. Morton West High School will be contacted to cement plans for the special number competition and Slet in September. Torch light parade idea brought up. The consensus was that it would not be advisable. Publicity - will have to meet personally with the press in order to get the proper coverage. Looking for a junior activity for Friday night. Seal design has been decided upon, art work being refined. Logo is complete for the stationary and is being printed. Bro. Bob Barcal is waiting for the cut of the logo, he will then have checks made and open the Slet account. Some souvenir buttons will be ready and sold at the Canadian Slet.

**DIRECTOR OF WOMEN - Sis. Marie Ptacek:** Excused because of illness. Bro. Lebloch gave both directors' reports. Downers Grove North Community High School, are very receptive to hosting our competitions in 1985. Sis. Mary Panackia, Sokol Detroit, volunteering her services for the Rhythmic Gymnastics competitions; also had many suggestions regarding categories for the special number competition. We have also contacted Sis. Panackia for the specific breakdown of deductions for the special number competition. Western District minutes - Sis. Jolene Dalton and Bro. Bud Benak will remain as District Directors. Sis. LaVere and Bro. Martanovic have been re-elected as District Directors of Northeastern District. **Final Report Forms:** Northeastern District for 1984 USGF Rhythmic Clinic on May 7 and 8, 1984. Sis. Mary Panackia attended. Held at the Southeastern Academy of Fitness, Inc., Orangeburg, South Carolina. Airfare - \$237.00, registration, \$100.00; totals \$337.00. Western District for copies for each unit of Slet routines and calisthenics. 1,229 copies @ 8¢ = \$98.32; both approved for payment. **Southern District Slet:** Paul and I attended the Slet and had a very enjoyable week-

end. Volleyball championships, apparatus, rhythmic gymnastics, special number competitions, awards dance, track and field, dinner and Slet program were all conducted over the weekend - very busy. **Gymnastic Skills:** Sokols Slavsky, Berwyn, and Stickney ordered a number of patches and novice bars. **XVI ASO SLET:** Bro. John Satek turned in a bill in the amount of \$12.70 for a video tape of the Sr. women's and men's calisthenics. Also would like an advance for a carton of 10 tapes to video tape for all the districts. Prices checked, approval given for payment. Sis. Schnabl and Sis. Kalat turned in the Women's Masters' Division routines. Received a slight change in the junior girls novice/women's Low B divisions. A motion was passed that now we actively work on the guidelines pertaining to the special number competitions. We will have categories; (1) no apparatus, (2) hand apparatus, and (3) apparatus, acrobatics and hand balancing. Name badges will be presented to all competitors, judges, tabulators, division directors, field leaders, runners, etc. Suggestion was made to hire a D.J. for the juniors for Friday evening while the banquet is going on. This idea was given to Sis. Simonek by a group of junior boys and girls. We will need a room all day Friday for tabulating - preferably at the hotel. Will also need a heavy duty copy machine. Sis. Sharon Somolik will organize the runners who must be in Sokol uniform. We would like to present another type of certificate showing the competitor's name, unit name, as well as the position in which he/she placed. We will also present the regular Certificate of Participation. Bro. Kalat and Borvansky will work on the design, which will include the Slet logo. The badge making machine must be available at the registration desk at the competition site.

**DIRECTOR OF MEN - Bro. Paul Lebloch:** Additional information - a meeting will be held July 5th to work on Special Number competition rules and guidelines. Bro. Borvansky submitted design for name badges to be presented to all competitors and officials. These could be given to the children as an incentive to participate. We are planning on using the Brave Combo from Texas for Friday night's young peoples dance. Should I make contact with them? I participated in the Central District Slet, June 10th and the Slet of Sokol Canada on June 20-24th. The American Sokol had a large number of competitors and Slet participants. I also installed the officers of Sokol Berwyn.

**MEMBERSHIP CHAIRMAN - Bro. Fred Kala:** On vacation, no report.

**EDUCATIONAL CHAIRMAN - Bro. Stanley Barcal:** In California, no report.

**PUBLICITY - CZECH - Bro. Jerry Rabas:** Nothing to report at this time.

**PUBLICITY - ENGLISH - Sis. Vlasta Zitny:** Nothing to report at this time.

**FINANCIAL SECRETARY - Sis. Mildred Pinc:** The financial report for May, 1984, was prepared and copies were distributed to Executive Board members. Sokol Seattle, has not sent in its 3rd and 4th quarter membership report for 1983. Sokol Fort Worth has not sent in its 4th quarter membership report for 1983. As an officer of the American Sokol Organization and a member of Sokol Slavsky, I participated in the Central

District Slet and the Canadian Sokol Slet in Toronto. Donations to the Future Sokol Leaders' and the Library/Archives Funds were read, there were many this past month. The two bills for the CPA firm, Selden, Fox were approved for payment.

**TREASURER - Bro. Bob Barcal:** Reconciled statements, in good standing, books in good order.

**UNIFORM - OFFICE - II. VICE-PRESIDENT - Sis. Betty Prener:** Continuing to replenish stocks. Canada Sokol placed nice order, Sokol USA orders received for Canadian Slet. Took blouse order to Toronto for one of our units. Attended Central District Slet, spent entire day on K.P. duty for Chicagoland Sokol. Attended Canadian Slet in Toronto, sold souvenirs on our bus. Air conditioning unit needs to be serviced and cleaned. Need to set up accounting system for selling of all souvenirs. Orders placed with George Blum & Assoc. for women's scarf, duffle bag, "T" shirts and luggage tags. Placed order for the parts for the badges, order arrived today.

**EDITORIAL - SECRETARY - Sis. Jackie M. Kourim:** June Olympic issue finally going out. Ran into many problems. July-August issue on the presses. Will be mailed out before the 20th of July because the print shop will be on vacation till August 13th, when the September issue will go in for printing. Making preparations for all the items necessary for the mailing of the Slet seal. Should all be in the mail by the 1st of October. New logo will appear on the cover of "American Sokol" shortly. Mail has finally slowed down, giving us time to catch up on many details during the summer months. Letter from Selden, Fox concerning the tax exemption will be going out this summer to all units and districts.

**I. VICE-PRESIDENT - Bro. George Basta:** Spent several days in Houston while the hearing was going on. Decision was made, still waiting for the final papers. Attended the 100th year celebration in Crete at the Western District Slet. Stayed at the Lorenz's farm. Had a very enjoyable time. Commented on the modern apparatus that was used at competition.

**PRESIDENT - Bro. Roy Zitny:** Attended Central District awards nite and Slet, installed Sokol Slavsky officers, attended the Canadian Slet.

**OLD AND NEW BUSINESS:** Selden, Fox letters concerning the tax exemption will be perused by the Executive Board and readied for mailing to the units and districts. Bro. Zitny spoke with Bro. Gonzalez, our attorney, about the status of the law suit by Mr. Henry Srsen. No decision has been reached on the case. Meeting was adjourned at 10:12 p.m. with refreshments served afterwards.

Respectfully submitted,  
Jackie M. Kourim, Secretary

## COPY FOR PUBLICATION

MUST BE RECEIVED BY THE 10th  
OF THE PREVIOUS MONTH

## ASO Financial Report

JUNE 1984

### RECEIPTS:

|  |            |
|--|------------|
| Dues:                                  | \$2,684.35 |
| Convention Fund                        | 120.00     |
| Special Assessment - Southern District | 60.00      |
| Dividends and Interest                 | 254.01     |
| Resale of Jewelry                      | 143.00     |
| "Highlights of Czech History"          | 33.75      |
| UPS and Postage                        | 6.81       |
| Educational Booklets                   | 2.00       |
| Ties                                   | 40.00      |
| Skills Patches                         | 17.00      |
| Novice Bars                            | 8.50       |
| Membership kits                        | 150.00     |
| Donation                               | 15.00      |
| Miscellaneous                          | 6.25       |
|  | <hr/>      |
|  | \$3,540.67 |

ASO Uniform Division - Rent, salaries, etc.

596.38

### TOTAL RECEIPTS

\$4,137.05

### DISBURSEMENTS:

#### ADMINISTRATIVE

|                                |            |
|--------------------------------|------------|
| Salaries - Office employees    | \$ 732.96  |
| FICA & FWT for May 1984        | 158.03     |
| Rent, Janitor Services, Phone, |            |
| Electric                       | 781.27     |
| Office Supplies                | 215.60     |
| Printing quarterly reports     | 53.05      |
| Postage                        | 26.83      |
| Travel Expense                 | 693.00     |
| CRBA Dues                      | 35.00      |
| Auditor's Fees                 | 1,250.00   |
| Miscellaneous                  | 12.43      |
|                                | <hr/>      |
|                                | \$3,958.17 |

#### BOARD OF INSTRUCTORS

|                         |           |
|-------------------------|-----------|
| Salaries                | \$ 308.54 |
| FICA & FWT for May 1984 | 68.44     |
| Editor "Sokol Gymnast"  | 30.00     |
| Postage                 | 24.80     |
|                         | <hr/>     |
|                         | \$ 431.78 |

#### EDUCATIONAL DEPARTMENT

|                   |          |
|-------------------|----------|
| Salary            | \$ 37.84 |
| FICA for May 1984 | 9.12     |
|                   | <hr/>    |
|                   | \$ 46.96 |

#### SOKOL PUBLICATION

|                         |           |
|-------------------------|-----------|
| Editor "American Sokol" | \$ 100.00 |
| Mailing list changes    | 140.12    |
| Postage                 | .50       |
|                         | <hr/>     |
|                         | \$ 240.62 |

#### MISCELLANEOUS

|                                  |           |
|----------------------------------|-----------|
| ASO Uniform Division - Salaries, |           |
| FICA, FWT, May 1984,             |           |
| and phone                        | \$ 445.48 |
| Postage -                        |           |
| Future Sokol Leaders Fund        | \$ 5.80   |
| Library/Archives Fund            | .80       |

|  |        |
|--|--------|
| XVI ASO Slet                             | 2.60   |
| XVI ASO Slet - Video Tapes and Souvenirs | 729.38 |
| Special Appropriations                   | 435.32 |

\$1,619.38

|  |                   |
|--|-------------------|
| <b>TOTAL DISBURSEMENTS</b>                         | \$6,296.91        |
| Balance Brought forward:                           |                   |
| Western National Bank of Cicero - Checking account | \$4,987.73        |
| Receipts - June 1984                               | \$4,137.05        |
|  | <u>\$9,124.78</u> |
| Disbursements - June 1984                          | 6,296.91          |
|  | <u>\$2,827.87</u> |
| NSF checks - Sokol Houston                         | 335.31            |
|  | <u>\$2,492.56</u> |
| Service charge                                     | 15.00             |
|  | <u>\$2,477.56</u> |

|   |       |
|---|-------|
| Additional copies "Sokol Gymnast" - May and June, '84 | 58.00 |
| UPS Charges   | 7.98  |

\$ 517.64

**EDUCATIONAL DEPARTMENT**

|                      |          |
|----------------------|----------|
| Salary               | \$ 54.71 |
| FICA - June 1984     | 5.75     |
| IWT - 2nd Qtr., 1984 | 7.65     |
| UPS Charges          | 2.09     |
| Shelf material       | 39.70    |

\$ 109.90

**SOKOL PUBLICATION**

|  |            |
|--|------------|
| Printing "American Sokol" - May & June, 1984 | \$2,104.28 |
| Mailing list changes                         | 251.96     |
| Postage "American Sokol"                     | 337.40     |
| Editor "American Sokol"                      | 100.00     |

\$2,793.64

**MISCELLANEOUS**

|  |          |
|--|----------|
| ASO Uniform Division - Salaries, FICA & FWT, IWT, 2nd qtr, and phone | 368.94   |
| XVI ASO SLET   | 1,004.13 |

\$1,373.07

**TOTAL DISBURSEMENTS**

\$6,619.79

|  |                   |
|--|-------------------|
| Balance brought forward:                           |                   |
| Western National Bank of Cicero - Checking account | \$2,477.56        |
| Receipts - July 1984                               | 5,075.71          |
|  | <u>\$7,553.27</u> |
| Disbursements, July 1984                           | 6,619.79          |
|  | <u>\$ 933.48</u>  |

## ASO Financial Report

JULY 1984

**RECEIPTS:**

|   |                   |
|---|-------------------|
| Dues  | \$3,883.05        |
| Dividends and Interest                      | 254.18            |
| Subscriptions - "American Sokol"            | 12.00             |
| Advertising in "American Sokol"             | 200.00            |
| Resale of Jewelry                           | 6.25              |
| Postage                                     | 2.00              |
| Ties  | 24.00             |
| Education Booklets                          | 33.00             |
| "Highlights of Czech History"               | 2.25              |
| Songbooks                                   | 2.50              |
| Lyra Concert Refund                         | 25.00             |
| Janitor supplies - resale                   | 1.00              |
|   | <u>\$4,445.23</u> |
| ASO Uniform Division - Rent, salaries, etc. | 630.48            |
| <b>TOTAL RECEIPTS</b>                       | <u>\$5,075.71</u> |

**DISBURSEMENTS:****ADMINISTRATIVE**

|  |                   |
|--|-------------------|
| Salaries - Office employees                        | \$ 611.31         |
| FICA & FWT - June 1984                             | 165.16            |
| IWT - 2nd Qtr., 1984                               | 68.25             |
| Rent, Janitor Services & supplies, phone, electric | 827.00            |
| Office supplies                                    | 1.90              |
| Postage  | 28.01             |
| UPS Charges  | 61.41             |
| Advertising  | 45.00             |
| Repairs to office door                             | 12.50             |
| GNPCA Annual Filing Fee                            | 5.00              |
|  | <u>\$1,825.54</u> |

**BOARD OF INSTRUCTORS**

|                        |        |
|------------------------|--------|
| Salaries               | 337.60 |
| FICA & FWT - June 1984 | 57.96  |
| IWT - 2nd Qtr., 1984   | 26.10  |
| Editor "Sokol Gymnast" | 30.00  |

## Ode to Mary Lou

This is an ode to you, Mary Lou.

Ode to your strong hands, supple back, powerful shoulders and fast-running feet. What's more, Mary Lou, this is an ode to your spirit. Because, as your coach Bela said somewhere, the body is only one half of a gymnast. The second, and it seems even more important half, is the spirit within. You can train a body, change a body with training, says Bela, but you cannot change, you cannot add spirit. The spirit, the will, the courage, the faith - they all have to be there. They are the propellants that make a body do all those incredible feats of precision, daring and beauty.

There, Mary Lou, this is first and last, an ode to your spirit.

On Monday, in the compulsories, the judges begrudged you a well-deserved 10.00 on the floor. You, and we all, felt a disappointment. But you took it in stride and your beautiful smile returned to your face just as quickly as it passingly disappeared.

It was your spirit, Mary Lou, that mounted the beam - the undoing of our national team - on Wednesday.

We, the audience, could feel the weight of the burden, put at the moment squarely on your shoulders by what looked like a combined conspiracy of judgmental circumstance and bad luck. It was your spirit, Mary Lou, that magnificently faced the challenge. Without fear, or so it seemed to us, you mounted the tricky beam and you turned, danced and flipped your way through a routine, which, under any other circumstances would have gotten at least 9.90. The inscrutable judges gave you 9.75. Your face, Mary Lou, showed a shadow of disappointment. But then, as the team, their respective heads noticeably downcast, lined up to march on to the next event, you shook your head, your radiant smile lit up your face again and you waved to the crowd. That smile, Mary Lou, that presence of the spirit, carried you, your teammates, and all of us, who were watching, all the way to the team silver. Not bad, not bad at all, considering the competition.

This is an ode to your spirit, Mary Lou.

Came Friday, and you were on that beam again. You held your own, although, I feel, the routine was not quite as rock-steady as on Wednesday. They gave you 9.80 for it, and the serious look, the now unsmiling, thoughtful face betrayed you, you were not happy about it. You could not have been, not while a slender, Bela-trained, business-like looking Rumanian with the name of a Russian empress was steadily pressing on.

The judges' verdict for your beam was in. Up went your eyebrows, down they came again. Little lady with a heavy-weight's fighting spirit shook her full head of hair, put her smile back on, her best foot forward and attacked the floor.

The music... the spirit! You tumbled, you soared, you danced. Your hand played invisible piano keys in the air. And you clinched a 10.00, the mark those judges could not refuse. You, Mary Lou, worked so brilliantly, that they had no reason to deny it.

Finally, there came the vault. Now, you knew, the gold was on the line. The medal was there, waiting, just one vault away.

There was an ever-so-slight tremor in the last blink of your concentrated eyes, just before you exploded towards the horse. There was that now-famous spit into the palm of your left hand. You were off, your powerful legs thundering down the runway, and as you ricocheted off the horse into space, turned, twisted and straightened again before sticking the landing, everybody in the audience, Bela, the judges, felt; this is it! this is it! You soared higher, farther and more beautifully than anyone before this evening. You proved you were a fighter, Mary Lou. You got your 10.00. You touched the gold.

An then, amidst all the cheering and general pandemonium prevailing throughout the Pauley Pavilion, you walked back along the runway, and you did it, the run, the flight, the perfect landing, all over again.

Your spirit, Mary Lou, your spirit of gold, has been there all along.

*Note: This article grew out of watching the Olympic gymnastics, wouldn't it be nice if we could enkindle our Sokol spirit again, in time for the 1985 Slet!*

Sis. Jirina Fuchs, Sokol Los Angeles

## Calendar of Events

- SEPT. 9 - SOKOL DETROIT  
Grape Festival - Sokol Camp
- SEPT. 21 - SOKOL GREATER CLEVELAND  
Fish Fry
- SEPT. 22 - SOKOL SAN FRANCISCO  
St. Wenceslaus Dance
- SEPT. 23 - SOKOL SOUTH OMAHA  
Czech Festival
- SEPT. 29 - SOKOL STICKNEY  
Las Vegas Night
- SEPT. 29-30 - EASTERN DISTRICT ANNUAL  
MEETING BOI and Regular Meeting
- OCT. 3 - SOKOL GREATER CLEVELAND  
Luncheon - Card Party
- OCT. 19 - SOKOL GREATER CLEVELAND  
Fish Fry
- OCT. 21 - SOKOL MILWAUKEE  
Recognition Banquet
- OCT. 21 - SOKOL LITTLE FERRY  
Pork Dinner
- OCT. 27 - SOKOL WEST SUBURBAN  
25th Anniversary - William Tell Inn
- OCT. 27 - SOKOL SAN FRANCISCO  
Czechoslovak Republic Commemoration
- OCT. 28 - SOKOL DETROIT  
An Afternoon of Czechoslovak Music
- NOV. 10 - SOKOL HAVLICEK TYRS  
Fall Dinner Dance - Slovak Athletic Club
- NOV. 16 - SOKOL GREATER CLEVELAND  
Fish Fry
- DEC. 1 - SOKOL SAN FRANCISCO  
St. Nicholas Dance
- DEC. 2 - SOKOL DETROIT  
Czech Afternoon Dinner Dance
- DEC. 9 - SOKOL SAN FRANCISCO  
Annual meeting
- DEC. 16 - SOKOL SAN FRANCISCO  
Children's Christmas Party
- DEC. 31 - SOKOL SAN FRANCISCO  
New Year's Eve Dance
- DEC. 31 - SOKOL MILWAUKEE  
New Year's Eve Dance
- DEC. 31 - SOKOL ST. LOUIS  
New Year's Eve Dance
- DEC. 31 - SOKOL DETROIT  
New Year's Eve Dance

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To talk health, happiness, and prosperity to every person you meet.

To make all your friends feel that there is value in them.

To look at the sunny side of everything and make your optimism come true.

To think only of the best, to work only for the best, and to expect only the best.

To be just as enthusiastic about the success of others as you are about your own.

To forget the mistakes of the past, and press on to the greater achievements of the future.

To wear a cheerful countenance at all times and give every living creature you meet a smile.

To give so much to the improvement of yourself that you have no time to criticize others.

To be too large for worry, too noble for anger, too strong for fear, and too happy to permit the presence of trouble.

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**DIRECTORY CHANGES:****CENTRAL DISTRICT:**

**Sokol Milwaukee** - new Educational Director  
Christine Hron, 1543 W. Denis Ave.,  
Milwaukee, WI 53221

**Sokol Town of Lake** - Fin. Sec. correction  
Blanche Cihak, 19 Lakeview Ct.,  
Willowbrook, IL 69514

**Sokol West Suburban** - add Fin. Sec.  
Charles Pechman, 20 W. 646 - 22nd St.,  
Lombard, IL 60148

**NORTHEASTERN DISTRICT:**

**Sokol Greater Cleveland** - New Educational Director  
George Kotlan, 7017 Brookside,  
Independence, OH 44131

**WESTERN DISTRICT - Sokol Wilber**

remove Box 362 from Sokol address  
**Sokolice Omaha** - New Director of Women  
Barbara Seefus, 1815 Ontario St.,  
Omaha, NE 68108

*Editor's Note:*

*Because we had so much involvement in the 1984 Olympic Games in Los Angeles our October issue will feature more news about them. We can be proud of all the Sokols who participated in this great event!*

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