

AMERICAN SOKOL

VOL. CVI - NO. 5

MAY 1985

PUBLICATION OF THE AMERICAN SOKOL
Educational and Physical Culture Organization

INTERNATIONAL GYMNASTIC FESTIVAL
XVI AMERICAN SOKOL SLET
SUNDAY, JUNE 30th, 1985—2:00 P.M.

at
HOFFMAN STADIUM
MORTON WEST HIGH SCHOOL
CERMAK ROAD & HARLEM AVENUE BERWYN, IL



Celebrating 120 Years of Sokol in the United States

Second Class Postage Paid at Berwyn, Illinois

Office: 6424 W. Cermak Rd., Berwyn, IL 60402

AMERICAN SOKOL

ISSN: 0003-1259



Published Monthly
(Except Bi-Monthly July and August)
by the

AMERICAN SOKOL ORGANIZATION
6424 West Cermak Road, Berwyn, Illinois 60402

Subscription \$4.00 per year

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*Copy for publication must be received by the
10th of the previous month*

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at ASO Office

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Calendar of Events

MARK YOUR CALENDARS FOR 1985!

- JUNE 1 and 2 — NORTHEASTERN DISTRICT
District Slet - Cleveland, Ohio
- JUNE 2 — SOKOL SLAVSKY
Family Picnic
- JUNE 2 — SOKOL MILWAUKEE
Czech Marriage Mosaic
- JUNE 9 — SOKOL DETROIT
Summer Gymnasticale, Sandy Bottom Lake,
Sokol Camp

- JUNE 9 — CENTRAL DISTRICT
Awards Picnic - Grove No. 4
- JUNE 21 — SOKOL GREATER CLEVELAND
Fish Fry
- JUNE 24-26 — ASO CONVENTION
in Oak Brook, Illinois
- JUNE 26-30 — ASO NATIONAL SLET
in Downers Grove and Berwyn, Illinois
- JULY 14 — SOKOL SOUTH OMAHA
Czech Festival
- JULY 12, 13, 14 — SOKOL DETROIT and
SOKOL DETROIT LADIES AUXILIARY
Czechoslovak-American Festival
- JULY 19 — SOKOL GREATER CLEVELAND
Fish Fry
- AUG. 4 — SOKOL SAN FRANCISCO
Picnic
- AUGUST 16 — SOKOL GREATER CLEVELAND
Fish Fry
- SEPT. 20 — SOKOL GREATER CLEVELAND
Fish Fry
- SEPT. 28 — SOKOL SAN FRANCISCO
St. Wenceslaus Dance
- OCT. 18 — SOKOL GREATER CLEVELAND
Fish Fry
- OCT. 26 — SOKOL SAN FRANCISCO
Czechoslovak Republic Dance
- NOV. 15 — SOKOL GREATER CLEVELAND
Fish Fry
- DEC. 7 — SOKOL SAN FRANCISCO
St. Nicholas Dance
- DEC. 31 — SOKOL SAN FRANCISCO
New Year's Eve Dance

**INSTRUCTORS COURSE GRADUATES OF 25
YEARS OR MORE, REUNION LUNCHEON IS
CANCELLED.** Due to the very poor response (only 6
people) there will be no planned luncheon during the
convention/slet. *Bro. Fred C. Stankovsky*

Change of Address for American Sokol

AMERICAN SOKOL ORGANIZATION
6424 West Cermak Road
Berwyn, IL 60402

Sokol _____

Name _____

Old address _____

_____ Zip _____

New address _____

_____ Zip _____

AMERICAN SOKOL

VĚSTNÍK AMERICKÉ OBCE SOKOLSKÉ

Ročník - Vol. CVI

May — 1985 — Květen

Číslo - No. 5

The XVI American Sokol Slet Committee

*Extends To You A Very Cordial Invitation
To Attend Our*

Banquet

To Be Held On

*Friday Evening, June The Twenty-Eighth
Nineteen Hundred And Eighty-Five*

In The

*Grand Ballroom
Of The
Marriott Oakbrook*

*Cocktails at six-thirty
Dinner at seven-thirty*

*\$30.00 Per Person
Cash Bar*

Formal—Semi Formal



RESERVATION CARD

I am enclosing my check in the amount of \$ _____
for _____ at \$30.00 each for the XVI American Sokol Slet
Banquet at the Marriott Oakbrook on Friday, June 28th, 1985.

PLEASE RESPOND BY JUNE 14, 1985

Name _____

Address _____

City and State _____ Zip _____

Organization _____

ASO EXECUTIVE BOARD MEETING

Regular meeting of the American Sokol Organization Executive Board, Tuesday, March 26, 1985, was called to order by President Roy Zitny, at 7:30 p.m. Pledge to the flag was given district minutes received from Northeastern District, annual meeting, January 13th and Central District, February 27th.

Bro. Steve Fisher, who is in charge of the golf tournament asked to be heard so that he could get back to Sokol class. So far 26 plus a tentative 8 people are interested in playing golf. Date tentatively set for June 27, Thursday. It will be written up for the gymnast section of the publication.

Motion made to by-pass the correspondence and go right to the convention. So far the following information has gone out and been printed in the Sokol publication. In October the invitation with the two page information of by-laws and constitution went out. Hotel information was sent right after the first of January, 1985. District president, directors, educational directors and by-laws chairmen received their forms the beginning of February. March 1st all the units were again notified to send in their delegates forms. When sending out the delegates forms and credentials we will repeat the convention instructions. Bro. Zitny read the list of people who **must** attend the convention.

At the last convention the editor of the publication was elected as interim. The interim has lasted five years, because no editor was found from that time on it was unanimously approved that the secretary will receive the editor's vote at the convention. The educational and B.O.I. secretaries receive all privileges of the convention but do not have a vote.

Work is being done on putting together a secretarial staff for the convention, it will be very expensive. Nothing is being donated at the present time. We will have to lease all machines. Registration room, for Sunday night, will have a place for a bar so that people can stay and visit for a while. We have lots of volunteers for the secretarial pool. Are we going to use regular cassettes or video tape? Is there anybody who will be staying with the secretarial pool at all times? Sis. Nancy Borvansky is the chairperson of the pool, we are awaiting a firm answer. Secretary room is 26x26 feet. Are we getting packets for the delegates? This will be done at our meeting tomorrow. Staffings will come from the office, we have had donations of items. We should get the paper from our office in large quantity in order to save money. Hospitality room for Sunday evening, hors d'oeuvres are very expensive, we will see what can be done in this department. Showed picture of the room. We can't bring anything in from the outside as far as food is concerned. Bartenders fee - if we sell \$350.00 at the bar we won't have to pay for the bartender, but we will still have to pay for the cashier. If we have a bar,

other snacks can be served. It is not feasible to have the Sunday night social away from the hotel. Someone from the banquet committee contacted the hotel, a misunderstanding occurred, about serving lunches and some of our "free" rooms were discontinued. This will have to be investigated. The luncheon plans for the two days of the convention will have to be finalized so that we can go ahead with notification. Long discussion ensued about funds for the convention. If we should have extra funds left from the convention, the deficit from the last two conventions should be paid back to the ASO and then we could donate something back to the lunches. A motion was made that \$15.00 be charged for the two lunches at the convention and the fund will subsidize the rest from the convention fund, approved. Request is hereby made that the dress uniform of the American Sokol be worn at the convention, especially the first day. We looked over the three pages of the "Orders of the Day" and made the changes where necessary. The longer lunch hours will provide the individual committees extra time to meet. On the first day number 13 becomes 12 and vice versa. Corrections made on second page. On Monday, the Northeastern District will be put on the agenda at 2 p.m. They will have up to 30 minutes to present their case. At 2:30 p.m. a presentation will be given by the Executive Board, up to 30 minutes. Then a vote will be taken. Was the Executive Board right or wrong in their decision at the President's Conference. Read a letter from Sis. Betty Hosticka, this is the answer to her request. Orders of the Day to be printed in the May issue. Send a letter to the district presidents with the list of delegates from their district, who do they think would work well on what committee. This does not guarantee that they will be on that committee, but it will give us something to work with. Two of our committees must work on Sunday, the credential and rules and orders. On Monday morning first thing the credential committee will give its report, followed by the rules and orders committee. By-laws committee meetings can only be attended by the by-laws representatives, no one else. Plans are tentatively being made for a Presidents' lunch on Wednesday with district presidents and the old and new Executive Board. When making up the packets, make about 165 of them. This should be enough. Ceska Sin Sokol - motion made that they be accepted into Central District, if this is not acceptable this unit will remain unassigned for the time being, approved. New officers elected at the convention assume responsibility at the next regular meeting, in this case, September, 1985. All books and materials have to be turned over within 30 days to the new officers.

We are still working on correcting the problem of our new hunt and find telephone system.

1985 SLET - Women's Director - Sis. Marie Ptacek: Bro. Frank Capek, Eastern District President, wrote about per diem for the convention and Slet. Asked if the special assessment fund could be used for per diem. As he requested, we sent another

copy of the Special Assessment Fund rules to the two district directors. All jrs. and srs. participating in the Slet calisthenics will receive \$25.00 from the Eastern District. Br. Steve Banjak, Sokol USA Director, wrote that the revised manual will not be ready for this summer's course. Possibly proof copies of the calisthenics and apparatus portions will be available. He hopes to have the completed manual ready for the summer of 1986. Our AAU dues for 1985 have now been paid. We have written to Bro. Jerry Hardy notifying him that the AAU advised us that our 1984 dues had been paid. Our office records show that the last check issued to the AAU was in 1981. Bro. Jiri Liska, wrote including three motions which he would like to have brought up at our BOI meeting during the convention. They concern the National School Board, the manual, and methods of teaching in the units. Sis. Georgia Jenick, Sokol Greater Cleveland, wrote that their unit finds the Indian club routine in the Master Division too difficult. This was the first comment we received on this routine. Bro. Bob Liptak, Director D.A. Sokol, requested information on the dates, location and cost of the advanced course. Bro. Chuck Kalat sent a note with various miscellaneous information and questions on various Slet work. Sis. Georgia Drobny, Sokol Greater Cleveland, asked if we will have a 40'x40' floor ex mat at the Special Number Competition. Wrote to her that we will not. **FINAL REPORT FORMS:** Western District for a Women's Compulsory Judging Clinic held Feb. 23, 1985 at Sokol Crete. 36 students attended. Jolene Dalton, instructor. 160 miles @ 13¢ = \$20.80; salary — \$25.00; = \$45.80. Western District for a Spotting Clinic held Feb. 24, 1985 at Sokol Wilber. 11 students attended. 180 miles @ 13¢ = \$23.40. Salaries, \$25.00 for 2 instructors = \$50.00. Jolene and Mickey Dalton, instructors = \$73.40. Both bills approved for payment. **SLET:** The rubber number stamping set did not work well on the competitor cards. Arrangements have been made to put the large numbers on a sticker with a computer. The stickers will then be affixed onto the cards. Cost of the stickers is \$50.00 per 2,000. Bro. Ptacek suggested that some sort of recognition should be given to Sis. Mildred Prchal; that she and Bro. Dick chose the music together for the sr. calisthenics. We assume this will be included in the program book listing all authors. Tots assistants will wear the white T-shirt and navy blue slacks, **no jeans**. Sis. Jacki Ptacek turned in the three parts of the women's calisthenics that will be used for the competitions. Sis. Pat Satek and Sharon Somolik will be asked to select the three parts for the jr. boys and jr. girls cal - to be submitted to us by the April meeting. **ADVANCED COURSE:** A committee met and arrived at an approximate cost of \$350.00 for the two week Advanced Course. There are no cancellation charges. Plans are still being worked on for the course.

MEN'S DIRECTOR - Bro. Paul Lebloch: The revised words for "O Canada" will be put in the Sokol gymnast. Bro. Frank Michalek has agreed to

compile all available school material into a booklet in time for the convention and course. We will make copies as he turns portions in. He will also prepare stick figures for all levels of the gymnastic skills program for the men's department. Permission given to Bro. George Tingwald, Sokol Greater Cleveland to compete in intermediate division men. Lillian Chorvat will sing the anthems at the Slet. She will place Slet posters at the CSA and pass out Slet leaflets at the museum. The cost of the computer labels with competitor numbers will be \$50.00 instead of \$98.00 as reported at the Slet committee meeting.

Slet Leaders: Parade Marshall - Bro. John Satek
 Head Field Leader (Expeditor: Jim Hantak)
 Tots: to be chosen by the Halik's
 1st Class Girls - Sue Kozelka
 2nd Class Girls - Jan Kalat
 Jr. Girls - Pat Satek
 Women - Ellie Babka
 1st and 2nd Class Boys - George Simonek
 Jr. Boys - Dave Harlan - parade
 - Roger Martanovic - calisthenics
 Men - Dick Ptacek - parade
 - Larry Laznovsky - calisthenics
 Relay race - Dave Harlan
 Flags - Ed Schnabl
 Guest Sokol Organizations - National Directors
 Guest Organizations (Folk Groups) - Fred Kala
 Walkie Talkie Personnel - Field Director,
 plus 2 more people
 Field Marking and Field Flags - Central District
 in charge
 Field Decorating - Fred Kala
 Signs for Parade - Fred Kala
 Moving Apparatus - Central District
 Audio - George Pistorius

We will use one vault, one side horse, 2 parallel bars, 2 beams, 1 horizontal bar, mats and chalk. The singing group from the United Moravian Societies will be invited to sing while apparatus is being set up and removed. Central District in charge of investigating PA system for Slet. Will check if Morton's is adequate. We held a special meeting for the course. We should meet all our expenses with a fee of \$350.00 per student, based on 50 students. To date the survey sheets show 37 students. D.A. Sokol is also interested in this course. I spoke to Bro. Paul Lat, Sokol St. Louis. Their participants are flying to Chicago. I advised him shuttle buses will not be available. Suggested they rent vans. Spoke to Steve Frolo, Eastern District Director, there is much interest in the Slet.

Tentative Slet Program:

1. Tots calisthenics
2. Slet Championship awards
3. Folk Dance and Pageant
4. 1st and 2nd Class Girls and Boys Calisthenics
5. Relay Race (440)
6. Jr. Girls and Boys Calisthenics
7. Apparatus
8. Central District Special Number

9. Northeastern District Special Number
10. Parachutes Away
11. Tumbling
12. Senior Calisthenics

I have attended all Central District exhibitions held to date. Based on what I saw I feel the slet program will be great! Sokol Slavsky did the parachute number. If the wind co-operates it will be a beautiful addition to our Slet program. I was proud to be a part of Sokol Naperville's first exhibition. The BOI will meet with Al Beckadal, gymnastic coach and the D.G.N.H.S. principal on March 27, 1985.

Tentative Slet Participants

	High	Championship
Championship - Jr. Girls	9	8
Women	12	4
Jr. Boys	8	8
Men	5	5
Calisthenics - Tots	170	
Girls - 1st class	198	127 - boys
Girls - 2nd class	141	52 - boys
Jr. Girls	325	121 - Jr. boys
Women	373	180 - men

TREASURER - Bro. Bob Barcal: Bro. Flossmann will get us \$10,000.00 worth of chips. They will have to be stamped because they are plain. Printing is too costly. Gave the Slet monetary report. Two bills to be approved, Slet posters and banquet invitations and programs, also postage. All bills approved for payment.

Another \$1,000.00 payment will be made on the plates. Sokol plates going quite well. Having the souvenirs earlier has been very helpful. Still have a missing check from the Southern District. Check was sent last November, still tracing it. Trophy fund growing nicely. Banquet invitations are all out now. If anyone knows of someone who would like to have one sent to them, please let us know. Musicians have been contracted. May have an extra group perform for banquet. Program book, all letters mailed out. Ads coming in quite well. Well-wishers lists remade and will be passed out to members. The publication will carry the ad book information, also for the trophy fund. Letters to dignitaries going out. Pictures will be taken April 8th for souvenir book. Sokol Brookfield will host us for our next Slet meeting. Dress uniform to be worn with hat, meeting at 7:30 p.m. Make sure letters for meeting carry this information. Souvenirs are going quite well. They were sold at our exhibitions here in Central District. All souvenirs are in and paid for except plates. Statue of Liberty pins are in the works. Tickets are printed and plan distribution in the near future. Exhibit schedule will be presented at the next Slet meeting. Publicity being worked on. Sis. Borvansky looking for available marquees. Our April 19th evening should be called a press party instead of a conference. Press packets will be prepared. Tri-fold was received. It has all the information on it plus a map of the important locations for the Slet.

Sokol Naperville - presented their charter. Their exhibition was very well done for the newness of their unit. A lot of parent interest. The new units to be mentioned at the convention; Sokol West, Ceska Sin and Naperville. Letter to individual politicians for proclamations, police, first aid, etc. to be written. Banners from the city of Berwyn, to be used as a pattern for the ones we want to fly during Slet week, given to Bro. F. Kala.

MEMBERSHIP - Bro. Fred Kala: Membership Report for the 4th quarter, 1984.

Eastern District	1,147
Northeastern District (1)	1,058
Central District	1,885
Southern District (2)	1,102
Pacific District (3)	432
Western District (4)	1,475
Ceska Sin (unassigned unit)	97
TOTAL MEMBERS	7,181

(1) Sokol Rip no report for 1984

(2) Sokol Houston no report for 1984 - court litigation

(3) Sokol Seattle no report for 1984

(4) Sokol Crete no report for fourth quarter 1984

1984 Net loss of membership - 21. Southern District the only one with a gain, 91.

EDUCATIONAL CHAIRMAN - Bro. Stanley Barcal: Only three members present for meeting. Began putting their report together for the convention and worked on a budget for the next five years.

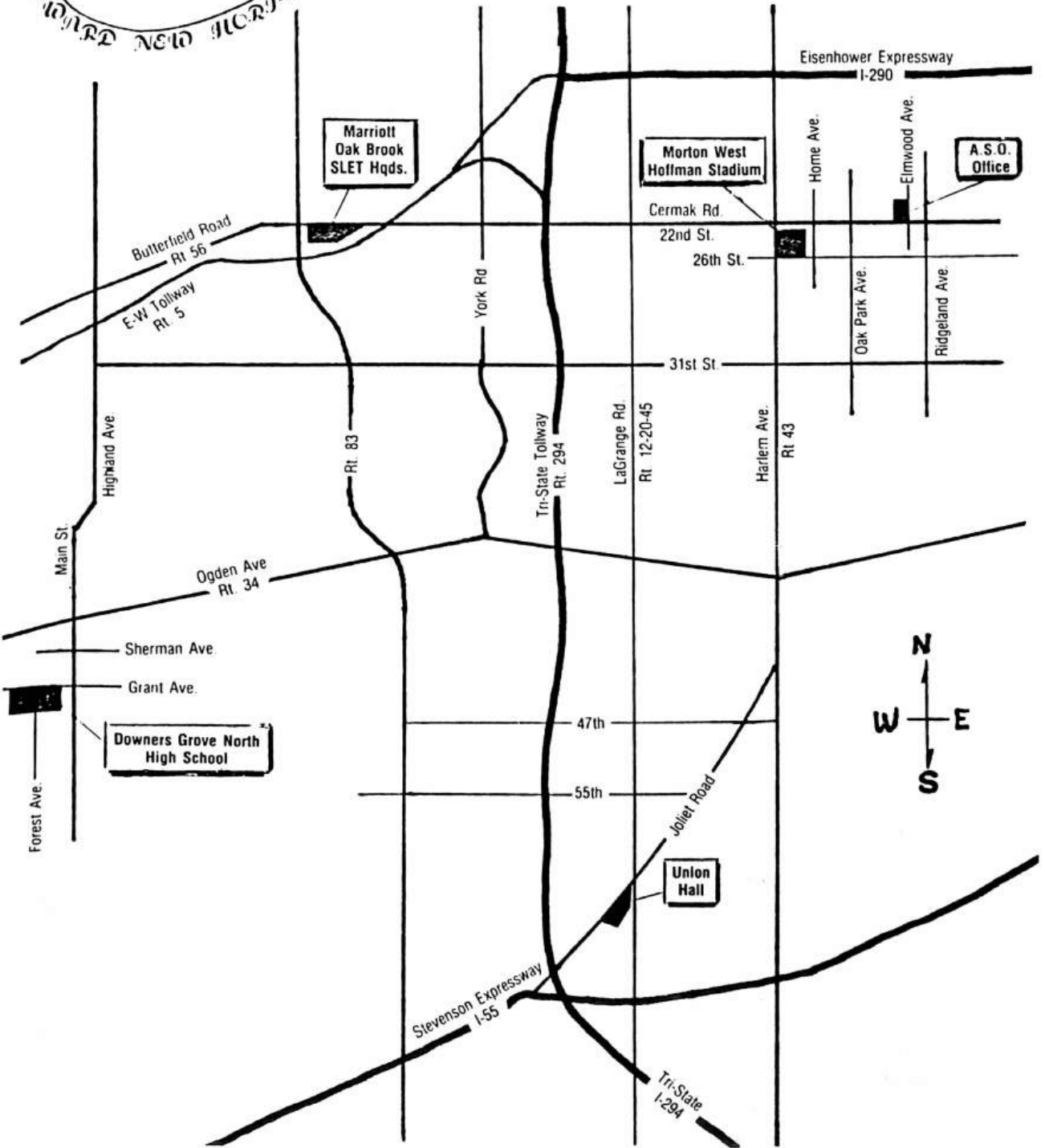
FINANCIAL SECRETARY - Sis. Mildred Pinc: The financial report for February, 1985 was prepared and copies were distributed to Executive Board members. We have three savings certificates maturing in the near future. Each of these will automatically renew unless we make a change. Sokol Houston's membership has been updated per roster that was sent in by Sis. Carol Kuehn, secretary. Sokol Karel Havlíček of Yukon requested dues cards which were sent to them. Wrote follow-up letter for delinquent dues. Sokol Seattle has not responded at all. Donations to the Future Sokol Leader's Fund were read. Also the donation from the Western Fraternal Life of \$3,125.00, their annual donation.

II. VICE-PRESIDENT - Uniform, Office - Sis. Betty Prener: A letter was received from Central District about the raise in prices of uniforms. The sales that we have taken care of for Sokol Naperville, Sokol Greater Cleveland, Sokol Omaha, Brookfield and Berwyn, we have had no complaints. All of these units purchased over \$500.00 worth of items. Over the counter sales from the other Sokols have been satisfactory with no complaints. We were to get an inventory to keep orders filled, not to stop price raises. We have no control over price changes, just as you don't have in any store. Our price list is marked with the following "**ALL PRICES ARE SUBJECT TO CHANGE WITHOUT NOTICE**". Letter to be written with a simple answer. Chair to be replaced in the uniform

(Continued on page 65)



INTERNATIONAL GYMNASTIC FESTIVAL



SCHEDULE OF EVENTS

JUNE 26th—30th 1985
in the
CHICAGOLAND AREA
of the CENTRAL DISTRICT



National Office
 6424 W. Cermak Road, Berwyn, Illinois 60402
 Telephone: (312) 795-6671

SLET HEADQUARTERS

Marriott Oak Brook Hotel
 1401 West 22nd Street, Oak Brook, Illinois
 (312) 325-8555

WEDNESDAY, JUNE 26th

Judges meeting—2:00 p.m.
 Marriott Oak Brook Hotel

Opening Ceremonies—7:00 p.m.
 &

Special Number Competition
 Morton West High School Gymnasium
 2400 South Home Avenue
 Berwyn, Illinois

THURSDAY, JUNE 27th

Junior Girls/Women Junior Boys/Men
 Gymnastic Competitions
 7:00 a.m.-9:00 p.m.
 All Divisions
 Downers Grove North High School
 Main Street & Ogden Avenue
 Downers Grove, Illinois
 (Two Gyms For All)

FRIDAY, JUNE 28th

Junior Girls Women
 Rhythmic Gymnastic Competition
 8:00 a.m. at
 Downers Grove North High School

Women Men
 Volleyball Tournament
 8:00 a.m. at
 Downers Grove North High School

FRIDAY EVENING

Gala Slet Banquet
 Cocktails 6:30 p.m. Dinner 7:30 p.m.
 Marriott Oak Brook Hotel
 Reminisce and Dance
 to the music of Joe Lacina

FOR THE YOUNG AT HEART
"EVENING WITH THE BRAVE COMBO"

8:00 p.m.—Union Hall
 Rt. 66 and LaGrange Road, Countryside, Illinois



COPY FOR PUBLICATION
must be received by the 10th
of the previous month

AMERICAN SOKOL

SOKOL GYMNAST

MAY 1985

Editor: Edward Linhart — 1820 Ridgeland Avenue, Berwyn, Illinois 60402



XVI AMERICAN SOKOL SLET TOWARD NEW HORIZONS

Schedule of Competition events

JUNE 26th-30th 1985

Wednesday, June 26

7:00 P.M. Spec. Number Competition — Morton West H.S.

Thursday, June 27 — All divisions compete at Downers Grove North High School

Jr. Boys & Men: All in Purple Gym

7:00 A.M. Warm-ups

7:30 A.M. Jr. Boys & Mens Low B & Master II

11:00 A.M. Jr. Boys & Mens Low A & Master I

3:00 P.M. Jr. Boys & Mens Intermediate

6:30 P.M. Warm-ups for Jr. Boys & Mens High & Champ. Compulsories

7:30 P.M. Jr. Boys & Mens High & Championship Compulsories

Jr. Girls & Women: Purple & White Gyms

7:00 A.M. Warm-ups

7:30 A.M. Jr. Girls Low B & Womens Low A — White Gym

7:30 A.M. Jr. Girls Novice & Womens Low B — Purple Gym

11:00 A.M. Warm-ups

11:30 A.M. Jr. Girls Low A & Womens Intermediate — Purple Gym

1:00 P.M. Warm-ups

1:30 P.M. Jr. Girls Intermediate — White Gym

1:30 P.M. Womens Master I & Womens Master II — White Gym

6:30 P.M. Warm-ups for Jr. Girls & Womens High & Champ. Compulsories Purple Gym

7:30 P.M. Jr. Girls & Womens High & Championship Compulsories — Purple Gym

Judges will meet one-half hour before their Division is scheduled to start.

Golf Tournament — Carriage Greens, Hinsdale, Illinois

Friday, June 28 — Downers Grove N. High School

8:00 A.M. Jr. Girls & Women — Rhythmic Gymnastics

8:00 A.M. Women & Men — Volleyball Tournament

Saturday, June 29 — Downers Grove N. High School

9:00 A.M. Men & Women Volleyball Championships

1:30 P.M. Men & Women, Jr. Boys & Girls Gymnastic Championships

Sunday, June 30 — Morton West High School

2:00 P.M. XVI American Sokol Slet

XVI AMERICAN SOKOL SLET

Toward New Horizons

Brothers and Sisters:

Listed below are the three parts of the Jr. Girls, Jr. Boys, Womens and Mens calisthenics that will be used at the competitions.

As per our Directors Conference held in October, 1984, three parts have been chosen. At the start of each competition, one part will be chosen at random for that particular Division.

Competitors in Rhythmic Gymnastics, Volleyball and Special Number Competition will be asked to drill whatever part is chosen for that event. They will not be marked on it as in the regular apparatus competitions, but must show their proficiency in the calisthenics to the judges or committee in charge.

WOMENS CALISTHENICS:

1. Pages 1 & 2 — all of Part A
2. Pages 8 & 9 — Part B & C: Part B, count 14 can be done with or without step.
3. Pages 2 & 3 — Part E through counts 5-12 (body wave, arms rearward to uparm, etc.)

MENS CALISTHENICS:

1. Page 1 (Overture from Tommy) — Hold 7-8 counts in Measure III and Measures 4, 5, 6 & 7.
2. Pages 5 & 6 (Mash) — Measures 1-7
3. Page 7 (La Verne & Shirley) — Measures 1-8

JR. GIRLS CALISTHENICS:

1. Page 10 Part III A-1, Measures I-VIII
2. Page 11 Part III B-1, Measures I-VIII
3. Pages 19 & 20 Part IV, Measures VIII-XVII

JR. BOYS CALISTHENICS:

1. Page 15 Part III B-1, Measures I thru VIII
2. Page 16 Part III C-1, Measures I thru VIII
3. Pages 21 & 22 Part IV, Measures VI thru XI

WOMENS CALISTHENICS CORRECTIONS & CLARIFICATIONS:

PART 3 PART E 1-16:

Square each corner on the counts of 4, 8 & 12, this will keep the proper spacing between women.

PAGE 5 PART A 1-4 and 5-6:

This must be done together and exact, to receive the effect wanted.

PAGE 8 PART D:

Count 1 will now become counts 1-6; 2-12 will be eliminated;

count 13 will become 7-8 adding a closeheel stand for all gymnasts;

9-16 hold; the other 8 counts as written.

PAGE 8 SECTION IV PART A:

There are 20 bounces.

PAGE 8 PART B 1:

This is to be together and exact, to receive the effect wanted.

PAGE 12 PART G 5-8:

There are 8 bounces.

PAGE 13 PART A second 13-16:

There is a closearm on count 13.

PAGE 14 PART E second 15-16:

March 180° to left 2 steps.

PAGE 14 PART F:

All sidesteps are to be lunges.

PAGE 15 PART G 5-8, 1-4:

Should be 180° not 90°.

1st AND 2nd CLASS BOYS CALISTHENICS CORRECTIONS:

1st CLASS BOYS:

PAGE 2 MEASURE IX

1. Hop **in place** on left, right bend frontleg — hands on hips, thumbs back.
2. Hop **in place** on right, left bend front leg — arms as in 1.
3. As 1.
4. As 2.

PAGE 2 MEASURE X

1. Hop **in place** on left, right bend frontleg — hands on hips, thumbs back.
2. Hop **in place** on right, left bend frontleg — arms as in 1.
3. As 1.
4. As 2.

PAGE 2 MEASURES XI & XII: No change, drill as in original text.

PAGE 2 MEASURES XIII & XIV: Same as Measures IX & X.

2nd CLASS BOYS:

PAGE 2 MEASURE IX

1. Hop **in place** on left, right bend frontleg — half-bend sidearm downslant and medium circles forward (this movement resembles rope skipping)
2. Hop **in place** on right, left bend frontleg — arms as in 1.
3. As 1.
4. As 2.

PAGE 2 MEASURE X

1. Hop **in place** on left, right bend frontleg — medium circles backward (to resemble rope skipping rearward).
3. Hop **in place** on right, left bend frontleg — arms as in 1.
3. As 1.
4. As 2.

PAGE 2 MEASURES XI & XII: No change, drill as in original text.

PAGE 2 MEASURES XIII & XIV: Same as Measures IX & X.

BALANCE BEAM - NEW REGULATIONS

As per Directors Conference, the Intermediate, High and Championship Balance Beam compulsory routines will be timed, for Jr. Girls & Women.

Equipment needed:

- bell
- 2-stop watches (one watch for timing the routine — second watch for timing the falls*)

Procedure:

1. Beginning of the routine: Start the watch when the gymnast's feet leave the floor/board.
2. On falls: Stop the watch when the gymnast's feet touch the floor. Start the watch when the gymnast starts movement on the beam again. (*In Sokol, they have 30 seconds to remount the beam. After that, the routine is terminated.)
3.

	Class III & II	Class I
	(Int. & High)	(Champ)
Ring the warning bell:	1:10	1:15
Ring the final bell:	1:15	1:20
4. End of routine: Stop the watch when the gymnast's feet touch the floor.

Time limit:

- Class III (Int.) 1 min., 15 sec. (maximum)
- Class II (High) 1 min., 15 sec.
- Class I (Champ.) 1 min., 20 sec.

Judging:

0.2 deduction for overtime, plus anything after the final bell is not judged (except the retreat, in Sokol).

SLET NOTES

Rhythmic Gymnastics: Beginners level has been added — doing only about one-half of the Class III rope and ribbon routines. Beginners level will run thru measure XVIII in both routines. Advanced and Beginners will be all-around... competitors must do both rope and ribbon routines.

Volleyball: Entry fee for volleyball players was set at \$5.00 per Jr. team member and \$10.00 per Sr. team member. Jr. Tournament will use Sokol referees. The Sr. Tournament will have certified refs.

Advance Sokol Instructors Course: Cost of the 2 week course has been set at \$350.00 per Student. The course will be held at Illinois State University, Normal, Illinois, after the Slet. Included in the cost is transportation by bus from Berwyn to Normal and back to O'Hare, Midway Airports, and the local area. Transportation home must be arranged by individuals.

Tots: Will carry paper streamers as they leave the field after their calisthenics.

Exercise fitness reminder

AFTER YOU'VE FAMILIARIZED yourself with the various stages of exercises, you should be able to follow the warm-up and conditioning exercises by just looking at the list below.

Warm-up exercises:

- Standing reach and bend for 15 to 30 counts.
- Flexed-leg back stretch for 15 to 30 counts; repeat 2 or 3 times.
- Alternate knee-pull, 7-10 times with each leg.
- Double knee-pull for 20 to 40 counts; repeat 7-10 times.
- Torso twist; repeat series 5 to 15 times.

Conditioning exercises:

- Head and shoulder curl for 5 counts; repeat 10-15 times.
- Situp, arms crossed; repeat 10-15 times.
- Situp, fingers laced; repeat 15-20 times.
- Horizontal arm circles; repeat 15-20 times.
- Giant arm circles; repeat 10 times.
- Knee pushup; repeat 5-10 times.
- Pushup; repeat 10-20 times.
- Pushup between chairs; repeat 5-10 times.
- Quarter knee bends; repeat 15-20 times.
- Sitting single leg raise; repeat 10-15 times.
- Pushup between chairs; repeat 5-10 times.
- Quarter knee bends; repeat 15-20 times.
- Sitting single leg raises; repeat 10-15 times.
- Side lying leg lift; repeat 10-15 times.
- Back leg swing; repeat 20 times.
- Heel raises; repeat 20 times.

Take the chair test:

- 1st week pulse rate _____
- 3rd week pulse rate _____
- 5th week pulse rate _____
- 7th week pulse rate _____
- 9th week pulse rate _____

Participate in a circulatory activity that will benefit heart and lungs.

UNIFORM DIVISION

To all Unit and District Directors!

Men and Women —

- We have had an increase in the price of Uniforms —
- our SGR Red Nylon Short Sleeve Leotard —
 - Child sizes, Sml., Med., and Lge. \$ 9.00
 - BRC Red Nylon Brief —
 - Child sizes, Sml., Med., Lge. 5.00
 - SGRA Red Nylon Short Sleeve Leotard —
 - Adult sizes, Sml., Med. and Lge. 10.00
 - BRA Red Nylon Brief —
 - Adult sizes, Sml., Med., Lge. 5.50

The above prices are effective February 18, 1985.

Uniform Division

*Have you brought a friend to
Sokol with you yet?*

Songs of the '85 Sokol Slet

KDE DOMOV MŮJ? (WHERE IS MY HOME?)*Czech National Anthem*

Czech	Literal Translation
Kde domov můj?	Where is my home?
(Repeat)	(Repeat)
Voda hučí	Water's rustling
Po lučinách	O'er the meadows,
Bory šumí	Pinewoods murmuring
Po skalinách,	O'er the mountains,
V sadě stkví	Orchards are radiant
Se jara květ	With spring blossoms,
Zemský ráj	Earth's paradise
To na pohled.	On sight,
A to jest	And that is
Ta krásná země	That beautiful land
Země česká	Czech land,
Domov můj,	Home of mine,
Země česká	Czech land,
Domov můj.	Home of mine.

NAD TATROU ZA BLÝSKA*(Slovak National Anthem)*

Slovak	Literal Translation
Nad Tatrou	O'er Tatra Mountains
Sa blýska	Lightning is flashing
Hromy divo bijú.	Thunderclaps wildly beating.
Nad Tatrou	O'er Tatra Mountains
Sa blýska	Lightning is flashing
Hromy divo bijú.	Thunderclaps wildly beating.
Zastav me sa bratia	Let us stand together, brothers,
Ved' sa ony ztratia	Before it's lost!
Slováci ožijú.	Slovaks will live on.
Zastav me sa bratia	Let us stand together, brothers,
Ved' sa ony ztratia	Before it's lost
Slováci ožijú.	Slovaks will live on.

God Bless America

God bless America, land that I love,
stand beside her
and guide her thru the night with a light from above.
From the mountain, to the prairie,
to the ocean white with foam.
God bless America, my home, sweet home.
God bless America,
my home, sweet home.

**HELP
OUR SOKOL
GROW**

The Star-Spangled Banner

Oh! Say, can you see, by the dawn's early light,
What so proudly we hailed at the twilight's last
gleaming?

Whose broad stripes and bright stars,
through the perilous fight,
O'er the ramparts we watched,
were so gallantly streaming;
And the rockets' red glare, the bombs bursting in air,
Gave proof through the night that our flag was
still there!

Oh! Say, does that Star-Spangled Banner yet wave.
O'er the land of the free and the home of the brave.

O CANADA

National Anthem

NOTE: The words to "O Canada" as printed in our Sokol Song Book are not correct. As we will play Canada's National Anthem at our XVI Sokol Slet, we wish to correct this error.

O Canada!
Our home and native land!
True patriot love
in all thy sons command,
With glowing hearts
we see thee rise,
The True North
strong and free!
From far and wide,
O Canada,
We stand on guard
for thee.
God keep our land
glorious and free!
O Canada,
we stand on guard for thee.
O Canada,
we stand on guard for thee.

O CANADA was proclaimed Canada's national anthem on July 1, 1980, 100 years after it was first sung on June 24, 1880. The music was composed by Calixa Lavallée, a well-known composer; French lyrics to accompany the music were written by Sir Adolphe-Basile Routhier. The song gained steadily in popularity. Many English versions have appeared over the years. The version on which the official English lyrics are based was written in 1908 by Mr. Justice Robert Stanley Weir. The official English version includes changes recommended in 1968 by a Special Joint Committee of the Senate and House of Commons.

SATURDAY, JUNE 29th

Women Men
Volleyball Championships
9:00 a.m. at

Downers Grove North High School

Junior Girls/Women Junior Boys/Men

Gymnastic Championships
1:30 p.m. at

Downers Grove North High School

SATURDAY EVENING

Awards Night and Dance
8:00 p.m.

Marriott Oak Brook Hotel
Music by Bro. George Picha
For your dancing pleasure

SUNDAY, JUNE 30th

XVI AMERICAN SOKOL SLET

2:00 p.m. at
Hoffman Stadium

Morton West High School

Cermak Road and Harlem Avenue, Berwyn

Music by Bro. George Picha

FAREWELL SOCIAL AFTER SLET

Sokol Berwyn
6445 West 27th Place
Berwyn, Illinois

department. Blinds need cleaning. Floors to be washed before the convention.

I. VICE-PRESIDENT - Bro. George Basta: Was attending the first meeting after his surgery. Recovering very nicely. Was good to see Bro. Basta amongst us again!

EDITOR - SECRETARY - Sis. Jackie M. Kourim: Pushing to get the March issue out. April is waiting in the "wings". Will be putting in more pages as the need arises. Doing all the necessary secretary's duties. Mountains of correspondence coming in, and going out. Trying our very best to keep a little bit ahead of it all. Motion made that a lump sum, re-evaluation of wages be given to the editor. Sum to be decided in the next meeting. Our last June Executive Board meeting will be held on June 18th.

PRESIDENT - Bro. Roy S. Zitny: At Sokol Slavsky's exhibition, Bro. Steve Mostenan of Sokol Racine gave their flags to the ASO library/archives. Gratefully accepted. Spoke at all the Central District exhibitions except Brookfield.

Revisions of the by-laws from Sokol Milwaukee given to Bro. Jim Sprtel for perusal. Went quickly through the mail. Read the letter to Bro. Joe Kovar from Bro. Bob Jirousek, a copy was sent to our office. Letter from Northeastern District President telling us about Sokol Cleveland's very serious problems. No news about the Cleveland area lawsuit. Meeting adjourned at 11:10 p.m. Refreshments were served afterwards.

Respectfully submitted, *Jackie M. Kourim,*
Secretary

ASO FINANCIAL REPORT

MARCH 1985

RECEIPTS:	
Dues	\$ 1,009.30
Convention Fund	414.00
Special Assessment	243.00
Dividends and Interest	171.62
Subscription in "American Sokol"	4.00
Resale of Jewelry	248.75
UPS Charges	16.00
Educational Booklets	15.00
"Highlights of Czech History"	48.00
Video	10.00
Membership Kits	30.00
	<hr/>

ASO Uniform Division - Rents, salaries, etc. 639.16

TOTAL RECEIPTS \$ 2,848.83

DISBURSEMENTS:

ADMINISTRATIVE

Salaries - Office employees	\$ 777.80
FICA & FWT - Feb. 1985	234.24
Rent, Janitor services, phone and electric	812.79
Postage	43.41
Travel Expense	196.00
Office Supplies	307.03
Repairs to Office machines	108.71
Miscellaneous	25.00
	<hr/>
	\$ 2,504.98

BOARD OF INSTRUCTORS

Salaries	\$ 347.16
FICA & FWT - Feb. 1985	86.08
Postage and phone	6.55
Editor "Sokol Gymnast"	30.00
	<hr/>
	\$ 469.79

EDUCATIONAL DEPARTMENT

Salaries	\$ 108.56
FICA Feb. 1985	18.88
Oil Painting	90.00
	<hr/>
	\$ 217.44

SOKOL PUBLICATION

Mailing list changes, March 1985	\$ 178.68
Postage - Feb. 1985	376.32
Editor "American Sokol"	100.00
	<hr/>
	\$ 655.00

MISCELLANEOUS

ASO Uniform Division - Salaries, FICA, FWT, Feb. 1985 and phone	\$ 633.75
Special Appropriations - Western District	501.20
XVI ASO Slet - Postage, posters, program book	85.80
Transfer of funds from administrative to FSLF	<u>3,125.00</u>
	\$ 4,345.75
TOTAL DISBURSEMENTS	\$ 8,192.96
Balance brought forward:	
Western National Bank of Cicero - Checking account	\$10,605.25
Receipts - March, 1985	<u>2,848.83</u>
	\$13,454.08
Disbursements - March, 1985	<u>8,192.96</u>
	\$ 5,261.12

FUTURE SOKOL LEADER'S FUND

Frank P. Broz \$ 25.00

— *Donations are tax exempt* —

XIV GENERAL CONVENTION**AMERICAN SOKOL
ORGANIZATION**

JUNE 24-26, 1985
OAK BROOK, ILLINOIS

CONVENTION NOTES
excerpts from
CONSTITUTION & BY-LAWS

Unit delegates and alternates to the convention are elected from the attending members at the annual meeting preceding the convention.

The number of delegates a unit is entitled to, according to the by-laws, as adopted at the XIII General Convention at Cedar Rapids, Iowa, 1980, is based on unit membership after receipt of the fourth quarterly report on December, 1984.

Individual Units:

Up to 100 members - 1 delegate
101 to 200 members - 2 delegates
201 to 300 members - 3 delegates
301 to 400 members - 4 delegates
401 to 500 members - 5 delegates
501 to 600 members - 6 delegates

Qualifications:

Unit shall elect delegates who shall have a practical knowledge of the Sokol program; Constitution and By-Laws, and is a member in good standing.

A unit may be represented by a member of another unit of the same district. Delegates representing more than one unit, or acting in more than one capacity, shall be reimbursed only once.

Travel expense and per diem:

Travel expense and per diem will be paid from the Convention Fund as follows:

a) **Travel expense:** Round trip railroad coach, air fare coach, auto mileage allowance, from the seat of the unit to the convention city. Auto mileage allowance is figured at 25¢ per mile. This does not include transportation to and from airports. Parking at airport to be assumed by delegate.

b) **Per diem expense:** That part of the expense which covers food and lodging. The daily per diem expense of \$50.00, as established by the 1980 Convention. Per diem will start from registration on Sunday.

NOTE: Delegates **must** attend all the sessions of the Convention to be eligible to receive travel and per diem expense from the Convention Fund.

Voting:

Each unit shall be entitled to one vote per each ten members. The votes may be cast by one delegate or may be divided equally among several delegates. A fraction of more than 5 members shall be entitled to one vote. The number of votes per unit shall be determined on the basis of the 4th quarterly report on membership and the payment of all required dues and contributions prior to the Convention. Delegates representing a unit which has not made its required payments shall have all the rights and privileges of accredited delegates, provided the unit shall make an explanation acceptable to the Credential Committee.

Additional Rules and Regulations:

All motions and suggestions to the convention shall be presented to the office of the American Sokol Organization, in writing, through official channels, at least 60 days before the Convention, or April 15th, 1985. Such motions shall be made by units, districts, and committees of the American Sokol Organization only. Individuals shall be obliged to present their suggestions through their units. The expression of the opinion of the unit, on all such motions, is desirable.

NOTE:

Bills for travel expenses must be presented before any payment is made. They must be sent to the office of the American Sokol Organization, to the attention of Sis. Mildred Pinc, Financial Secretary.

MONDAY, JUNE 24, 1985

ORDERS OF THE DAY

Convention in session from 9:00 a.m. to 12:15 p.m.

Committees in session from 3:00 p.m.

Evening sessions may be held if necessary

1. Call convention to order . . . Bro. Roy S. Zitny, President
2. Presentation of colors
3. Anthems

4. Posting of colors
5. Pledge of allegiance
6. Tribute to deceased members
7. Welcome Bro. George Vytlačil,
Central District President
8. Opening address Bro. Roy S. Zitny,
President, ASO
9. Report of credential committee ... Committee
Chairman
10. Report of Convention rules and order
Committee Chairman
11. Election of convention officers:
Chairman
Co-chairman
Sergeant-at-arms
Parliamentarians
12. Location of ASO headquarters
13. Appointment of Committees Convention
Chairman
 - a. Board of Appeals
 - b. Report of officers committee
 - c. Resolutions committee
 - d. Financial committee
 - e. American Sokol publication committee
 - f. Public relations and publicity committee
 - g. Membership/organizational committee
 - h. Nominating (one from each district)
 - i. By-laws (one from each district)
 - j. Educational committee
14. Introduction of Guests - Greetings
15. Adjournment of the session 12:15 p.m.
16. Announcements of working committee room
assignments (should be posted in lobby)
17. Convene at 2:00 p.m. Northeastern District
presentation (up to 30 minutes)
18. 2:30 p.m. Presentation by the ASO Executive
Board (up to 30 minutes)
19. Committees in session

TUESDAY, JUNE 25, 1985

ORDERS OF THE DAY

Convention in session from 9:00 a.m. to 12:15 p.m.

Convention in session from 2:30 p.m. to 5:30 p.m.

Morning session - 9:00 a.m.

1. Call convention to order
2. Pledge of allegiance
3. Roll call of delegates via district presidents
4. Minutes of previous session as distributed
5. Report of by-laws committee
6. Introduction of guests - greetings
7. Announcements
8. Adjournment of the session - 12:15 p.m.

Afternoon session - 2:30 p.m.

1. Call convention to order
2. Roll call of delegates via district presidents
3. Minutes of previous sessions
4. Committee reports by their chairman
 - a. Financial committee (1980-1985)
 - b. Educational committee
 - c. Board of Appeals
 - d. Public relations and publicity
 - e. Convention BOI

- f. Membership/organizational
- g. ASO publication
5. Introduction of guests, correspondence and
greetings
6. Report of committee on reports of officers:
President
First Vice-President
Second Vice-President
Secretary
Treasurer
Financial Secretary
BOI Directors
Editor
Membership/organizational
Educational
Public relations and publicity
7. Announcements
8. Adjournment of the session - 5:30 p.m.

WEDNESDAY, JUNE 26, 1985

ORDERS OF THE DAY

Convention in session from 9:00 a.m.

1. Call convention to order
2. Pledge of allegiance
3. Roll call of delegates via district presidents
4. Minutes of previous sessions
5. Presentations
6. Introduction of guests, correspondence and
greetings
7. Pending committee reports
8. Deferred or unfinished business
9. Proposed financial budget 1985-1990
10. Report of the Nominating committee
ASO officers
Executive Board
Three (3) additional Executive Board
members from headquarters district
11. Elections of Officers
12. BOI recommendations for national directors
13. Elections of national directors
14. Recommendations from district for standing
by-laws committee
15. Approval of standing by-laws committee
members
16. Installation of officers and committees
17. Selection of next convention city - 1990
18. Announcements
19. Report of resolutions committee
20. Adjournment of XIV National ASO
convention
21. Retiring of colors

**XVI American Sokol Slet
Tickets**

SPECIAL NUMBER COMPETITION, Wednesday, June 26, 1985, Morton West High School, 7:30 p.m. Adult, \$4.00, Youth, \$2.00 — No pre-sale price.

EVENING WITH THE BRAVE COMBO, Friday June 28, 1985, Union Hall, Countryside, 7:30 p.m. Senior/Junior, \$5.00 pre-sale; \$7.00 door sale.

VOLLEYBALL CHAMPIONSHIP, Saturday, June 29, 1985, Downers Grove North High School, 9:00 a.m. General Admission, \$3.00; child 12 and under free; No pre-sale price.

GYMNASTIC CHAMPIONSHIP, Saturday, June 29, 1985, Downers Grove North High School, 12 noon warm-up/1:00 p.m. competition. Adult, \$4.00; Youth (6 thru 17) \$2.00; No pre-sale price.

AWARDS NITE, Saturday, June 29, 1985, Marriott Oak Brook, 8:00 p.m. General Admission \$4.00 — No pre-sale price.

XVI SLET, Sunday, June 30th, 1985, Morton West Stadium, Berwyn, Illinois 2:00 p.m. General Admission, \$5.00, pre-sale; \$6.00, gate sale; Youth, \$2.00; Box seats, \$10.00 per seat.

- Fingertip Sokol emblem applique, 50¢ ea.
- Buttons — each 1.00
- Gymnast w/hoop
- I (Love) Sokol
- Co Czech To Sokol
- Sokols Do It Better
- Kiss Me I'm A Sokol
- Kiss Me I'm Czech
- Bratři NAZDAR Sestry
- Sokol Emblem
- Button — XVI Toward New Horizons50
- Promotional

The souvenir committee also requests that you do not prepay your souvenir order, but wait until we bill you. The differences in shipping and handling costs to all the different areas of the United States make it impossible to set a firm rate charge. It will make book-keeping and shipping procedures less complicated. The interest in souvenirs has been great and if you could help us out by waiting to be billed, it will be greatly appreciated by the personnel in the American Sokol Office. This procedure will also help to expedite matters quickly. Thank you for all your help and cooperation.

*Get your orders in early!
Shipping and handling extra.*

Make checks payable to:

XVI. American Sokol Slet

Mail to: XVI. Slet Souvenir Committee
6424 W. Cermak Road
Berwyn, IL 60402

XVI American Sokol Slet SOUVENIRS



	Price
Post Card w/XVI Slet	\$.25
w/American Flag25
Luggage Tag w/Sokol Emblem	1.00
Hand Painted Spoons — 10"	1.00
12"	1.25
14"	1.50
Plastic Mug w/Vaulter	1.25
Patch w/Logo	1.25
Lapel Pin w/Logo	2.50
Duffle Bag w/Falcon	7.00
Designer Scarf	7.50
"T" Shirt Navy Blue w/Logo	7.50
Sizes: Adult — S, M, L, XL,	
"T" Shirt White w/Falcon - Blue trim	7.50
Sizes: Adult — S, M, L, XL,	
Men's Sokol Tie	8.00
Leaded Glass Sokol Emblem	25.00

We have three more souvenirs to offer you. They are:

- Blue/white Sokol emblem note paper, pkg. of 10 with envelopes, \$2.50 per pkg.
- Postcard, Sokol emblem w/flowers, 25¢ ea.

NEW PLATES HAVE ARRIVED!



The shipment of XVI American Sokol plates for the 1985 Slet have just been delivered to our office. Now is the time to reserve yours. If you are collect-

ing the series of plates send us your number and we will put it aside for you, to be picked up at the Slet or you can have it sent to you.

Price: \$20.00 plus shipping and handling.

The plate features a group of Sokol men drilling. Very different, but beautiful. Send for yours today!

plates held in our office until you arrive for the Slet! Do not hesitate, or you may miss out on one of the nicest traditions started by the American Sokol Organization.

Please wait to be billed if we are shipping plates to you.



Commemorative Plates



A tradition was started in 1977 to start a collection of plates for the American Sokol Organization. The third plate of the collection has arrived in the ASO office. Because our collection has only 300 plates in each series it has become a collector's item. Any series of plates with less than 15,000 plates produced can be considered a very good investment. We have only 3 plates left from the 1977 series and 80 from the 1981 series. If you are considering completing your series or perhaps starting the whole series, it is best to reserve your number immediately. The first plate from 1977 will not be sold alone, it will only be sold in a series of three plates, one from each Slet. It already has become valuable enough to restrict its sale. Reserving the same numbered plate from each Slet makes your collection even more valuable. Plates can be picked up at the office weekdays, or if you live out-of-town, they can be shipped to you. The cost is \$20.00 per plate, plus shipping charges. If you wish to reserve an individual plate, or the whole series, do so right now because sales have been brisk. You may also reserve a number and have your plate or

XVI A.S.O. SLET ADDITIONAL HOUSING INFORMATION

WILLIAM TELL INN, BEST WESTERN

(200 rooms)

US 66 & 45, Countryside, IL 60525

(across from Union Hall, Brave Combo Dance)

(312) 354-4200

Rates per room — plus 6% tax.

	Tue, Wed. & Thur.	Fri./Sat.
1 bed 1 person (queen)	\$54.00	\$45.00
1 bed 2 persons (queen)	57.00	51.00
2 beds 2 persons	62.00	54.00
2 beds 3 persons	66.00	60.00
2 beds 4 persons	70.00	66.00

Indoor pool, whirlpool, steam, sauna, exercise room, outdoor tennis, mini golf, restaurant, bar, entertainment.

Check in 12 noon, check out 3 p.m. Can take 5-6 buses.

Make reservations at least one month in advance, room list 3 weeks prior to arrival. Use SOKOL SLET when making reservations.

* * *

DILLION INN (126 rooms)

3031 Finley Road, Downers Grove, IL 60515

(312) 810-9500

Rates per room — plus 6% tax.

Special Rate SOKOL SLET, Attn. David W. Seeds.

1 bed 1 person	\$39.95
2 beds 2 persons	45.95
Extra Person	\$6.00 per night.

Complimentary Continental Breakfast daily, free in room movies.

Can take 4 buses. Make reservations at least one month in advance, room list 3 weeks prior to arrival. Use SOKOL SLET when making reservations.

* * *

RED ROOF INNS (136 rooms)
IL No. 5 (EW Tollway) & Highland Ave.,
Downers Grove, IL 60515
(312) 963-4205

Rates per room — plus 6% tax.

Attn. Steve Jung, Manager.

1 bed 1 person	\$26.95
1 bed 2 persons	31.95
2 beds 2 persons	33.95
2 beds 4 persons	35.95

Rollaway \$2.00 extra (if available).

Can take 3 buses. Make reservations at least one month in advance, room list 3 weeks prior to arrival. Use SOKOL SLET when making reservations.

Dear Brothers and Sisters from Cleveland

This is an appeal. After reading your story, I cannot resist to not react. I do not have any credentials to get involved in this problem. This is my personal appeal to you all, because the Sokol idea was my leading lovelight through my whole life and it is unthinkable of me to be a witness to unacceptable discussion at the coming convention.

First of all, what all of you, living in Cleveland, can expect from all of us living elsewhere.

It is impossible for any of us to understand fully local circumstance and, therefore, anybody from distant districts and units to not want to make any judgement. It took full ten years of hesitation to A.S.O. or District Presidents, to try to make some kind of decision, but you did not accept it anyway. It was the one "de facto" compromise they could make.

What else are you waiting for?

We do not have anything against merging "Sokol Nová Vlast" with "Sokol Tyrš" but we as "Sokols" and democrats and living in democratic country cannot force each other to unanimity and cover everything with the word "discipline." We expect understanding and cooperation.

Those, opposing the merger, have full rights to resign Sokol membership, or transfer to another Sokol unit.

It should not be a surprise that we were pleased to realize that they still wanted to continue in Sokol work and have rather chosen to create another unit.

We really do not know whom to blame first.

Because of your inability to solve your own local and personal problems — nobody else can do it — does it mean that whole Sokol organization must suffer? Just throwing it on somebody else's neck?

We for sure are not perfect — but are you? Are we all really what we think we are?

Sokol is not only gymnastic organization — we are educational too, but to know when and by whom it was founded, does not make us educated. We must practice the idea! I do not want to believe, that after 120 years of Sokol work, the quality of Sokol membership fell so low — or was there any education at all?

This is not subject of a law — this is educational matter!

We cannot always have all of us exactly the same opinion — but we must try to find the way, how to understand each other, how to live together and respect each other. The world today is so unfriendly and dangerous we really need each other.

We cannot only put some idealistic principles on the paper and then just to ignore them.

Do you really call each other Brothers and Sisters? And when do you really mean that? It is not difficult to behave nicely, while we all agree, but critical point comes, how we behave in case of differences or disagreements.

We are proud and thankful to our ancestors, who already century ago, brought this beautiful Tyrš' idea to the other end of the Atlantic, but it would be a tragic irony to connect Sokol in Cleveland, which up to now was a model to the others, with lowering the value of Sokol idea in the U.S.A.

According to Dr. Miroslav Tyrš, our Sokol principle is: We cannot be happy with a strong and beautiful body — without equally beautiful character. Because we, older, cannot any more be proud of our less perfect figures, do not make us less responsible for our characters.

Please — Brothers and Sisters — accept this appeal seriously and from the bottom of my heart. Too much damage has been already done.

Live — and let live! "Na Zdar!"

Bro. Vaclav Zenisek
Educational Director, Central District A.S.O.



JUNE 26th-30th 1985

America's Oldest Fraternal Benefit Society:

Providing quality life and health insurance protection and fraternal benefits to our members for over 125 years!

Visit the CSA Heritage Museum, Library, and Archives Monday through Friday 10:00 a.m. to 4:00 p.m.

Public Invited, Group Tours Available
(312) 795-5800



P.O. Box 249 • 2701 S. Harlem • Berwyn, IL 60402

Ať jedete kamkoliv

- VLAKEM,
- LODÍ,
- NEBO LETADLEM,

po celém světě
nebo
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