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# AMERICAN SOKOL

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Educational & Physical Culture Organization



VI SLET • ZÜRICH 1986

# AMERICAN SOKOL

# AMERICAN SOKOL

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# AMERICAN SOKOL

VĚSTNÍK AMERICKÉ OBCE SOKOLSKÉ

Ročník - Vol. CVII

March — 1986 — Březen

Číslo - No. 3

## HUMANISTIC IDEALS

Thomas G. Masaryk

*Translation and Preface by W. Preston Warren*

*With a Foreword by Hubert H. Humphrey*

Thomas Garrigue Masaryk is well known as the first President of Czechoslovakia; that he was also a political and social philosopher is perhaps less well known today. Dr. Warren's translation of Masaryk's critique of ideologies current in the late nineteenth century is timely, for these ideologies are with us today—socialism, individualism, utilitarianism, pessimism, evolutionism, positivism, Nietzscheism, and communism. Masaryk examines them all in the light of human ethics and shows their shortcomings.

Masaryk died in 1937 at age 87, and is still revered as the "Little Father" of his country. His writings and very name were suppressed after the communist takeover of Czechoslovakia in 1948, but from 1967 new editions of his works began to reappear, *Humanistic Ideals* being reissued in Prague in 1968. The first edition of the English version of this work was published in London in 1938, along with Masaryk's *How to Work*, under the title *Ideals of Humanity*, translated by W. Preston Warren.

Dr. Warren points out in his Preface to this new edition that Masaryk was a philosophic realist and a lover of truth. In opposition to both romantics and static objectivists Masaryk insistently contended for the historic continuity of Czech humanitarianism. Czech history was a social process and social rightness must begin at home, with social life based on morality and scientific culture that would give it sound basis and direction. Thus Masaryk shows his philosophy to be ultimately a philosophy of values, and, above all, to be ethics, sociology, and politics.

Masaryk was also known in his prewar life as a critic of literature, art, politics, religion, sociology, philosophy, and education. His criticism of Marxism is persuasive in showing its materialism to be of the crass and unregenerated kind that demoralizes and desocializes its devotees.

The Foreword to the present edition points up Masaryk's democratic ideal of loving and respecting one's neighbor, and traces parallels to his liberal humanism in American thought. As a "true and constructive revolutionary," Mr. Humphrey believes, T. G. Masaryk "is a hero in tune with the responsible student rebels of today."

## UČTE SE S NÁMI ČESKY

*By George Snajd*

As I promised you last spring, this year we will be learning about the nouns which control the whole Czech language. During our study we will be learning certain rules which will be enumerated. The numbers will not start with 1 and may not be consecutive, but they still will be very important for you as a future quick reference.

RULE 17. Unless we know the gender of the noun we are going to use, we cannot begin even the simplest sentence. It is the gender that governs almost every word of the sentence. Here are the first few rules of how to determine the gender of a noun:

masculine: all male persons and animals. For instance:

tento pán — this gentleman, tento pes — this dog, onen hoch — that boy, onen (tamten) kůň — that horse, tamten hoch — that boy.

feminine: all female persons or animals. For instance:

tato slečna — this young lady, tato kočka — this cat, one (tamta) dívka — that girl, ona (tamta) husa — that goose.

neuter: The young of people and animals, without regard to their sex. For instance:

toto dítě — this child, ono (tamto) děvče — that (very young) girl, toto kotě — this kitten, ono (tamto) štěně — that puppy.

We have dealt so far only with the gender of persons and animals. Yet, each object (=thing) is also of a certain gender. (To understand this, you may recall that in English, too, you sometime attribute a certain gender to lifeless objects. You speak, for instance, of a ship, an engine or a country, as if they were female persons, using the pronoun "she". Well, in Czech we attribute a certain gender to each and every object.)

**How can we determine the gender of a lifeless object?**

That is very difficult and it requires the knowledge of many rules, as well as long practice. You can, however, easily do without all this, if at the time you study the few new nouns in each lesson, you memorize also their genders, which are indicated by the letters; m (for masculine), f (for femin-

ine) and n (for neuter). And you must do that if you want to talk Czech correctly.

### The plural of nouns:

In the previous lesson we learned that in the Czech language there are 6 endings, by which the plural of nouns is formed. Those endings are:

-y, -i, -a, -e, -é, and -ové.

Now we must only to determine which of these 6 endings we must use when forming the plural of a certain noun.

The largest of nouns take the ending -y in the plural. Those nouns are:

1. All the **inanimate nouns** of the **masculine gender** except those ending in -c or -j and those ending in a consonant with a hook (háček).

Examples:

dopis (letter) — dopisy (letters)  
klobouk (hat) — klobouky (hats)  
byt (home) — byty (homes)  
vlak (train) — vlaky (trains)  
kabát (coat) — kabáty (coats)  
strom (tree) — stromy (trees)

You can not add the suffix -y to the words: pán, syn, bratr, because these words, though masculine, are **animate nouns**. Nor can the words "pokoj" (room), "koberec" (carpet), or "nůž" (knife), take the ending -y, because, though inanimate and masculine, they end in -j, -c and consonant with a hook (háček) respectively.

Note: In short one-syllable words with a long -ů- this letter -ů- must be first replaced with a letter -o- before adding the suffix -y.

Examples:

vůz (car) — vozy (cars)  
dům (house) — domy (houses)  
stůl (table) — stoly (tables)

2. All **feminine nouns** ending -a also take the suffix -y in the plural (after dropping the ending -a).

Examples:

Američanka — Američanky  
(American woman) (American women)  
Česka (Czech woman) — Češky (Czech women)  
slečna (young lady) — slečny (young ladies)  
dívka (girl) — dívky (girls)  
kniha (book) — knihy (books)

One for the laugh from České Slovo (in Munich, Germany):

Co se stane až komunisté ovládnou Saharu?  
První dva roky nic a potom se začne dovážet písek.

What will happen after the Communists take over the Sahara desert? For the first two years nothing, then they will start bringing into the Sahara more sand.

Šťastný a veselý nový rok všem!

Happy New Year to all of you!



## MEMORIAL TRIBUTE

### to Brother CHARLES RICHTER

(excerpts from Br. Jimmy Klimt's tribute)

"Sokol jsem a Sokol budu" a Sokol song translated means "A Sokol I am and a Sokol I will continue to be" best reflects the life of Brother Richter. His life was a shining example of carrying out the Sokol Physical Training Goals which are:

1. To strengthen and improve the health of individuals, in his many years as instructor and Asst. Physical Ed. Dir. of the Milwaukee Sokol, he achieved this.

2. To train people of strong will, capable of self-denial, people of firm and constant character who can put their plans into action — he saw that things were accomplished.

3. To teach them to work for society and in society — his contact with youth confirms this.

4. To influence them by beauty, and to inculcate in them a sense for beauty — as a skilled carpenter craftsman, a sense of beauty permeated his work and carried over to the beauty of gymnastics.

5. To make them forever conscious that liberty and freedom are priceless gifts, its protection a sacred duty — he was extremely proud of his American heritage.

Born Oct. 22, 1897 in the town of Dolany, near Olomouc, Moravia. At five he started gym, progressed to the rank of District Gym Instructor (on the 80th anniversary of Dolany's Sokol they sent him a specially inscribed copy of a beautiful, large book containing pictures of Czechoslovakia entitled "Země má" (Country Mine). Early in his adult life he came to America and distinguished himself by starting a Sokol gym in Manitowoc, Wis. In 1925 he moved to Milwaukee and joined the Sokol gym there, remaining as a Sokol B.O.I. member until 1932 when he started instructing their classes. He taught both boys and girls classes, specializing in girls classes mostly from 1937 to 1973 when he retired from teaching at the age of 77. Br. Richter had a rich and fulfilling life, inspiring at least one former student to compose a letter outlining many memories that help mold his attitude and philosophy of life. Brother Joe Belohlavek, Sr. wrote a letter of thanks to Bro. Richter two years ago that must have brought tears to the eyes of many Milwaukee Sokols and Bro. Richter himself. Tears of laughter (as Br. Joe recalled that at his first day at gym, his father left him in the locker room with a bag of gym wear and one garment that he did not know what to do with. It seems at 8 years, a support is not the usual apparel) and of pride, as Br. Joe inspired the youth in San Francisco the same way Br. Charles carried him through his own youth. As Br. Joe so warmly wrote "I not only felt your presence in my mind and in my heart, but I

**Change of Thought Makes Your Behavior Change**  
**Change of Behavior Makes Your Habits Change**  
**Change of Habits Make Your Personality Change**  
**Change of Personality Makes Your Destiny Change**

often felt I was walking in your footsteps... although I knew I could never fill your shoes."

How great Br. Richter's influence was that he inspired a former student to detail the importance of this one man's inspiration to youth.

## In Memory of Brother CHARLES KUBICEK, Sr.

departed January 24, 1986  
member Sokol Little Ferry since 8-12-27



### A Farewell to Brother Charles Kubicek, Sr.

We have gathered here tonight,  
to bid a sad farewell,  
To our departed Brother Kubicek,  
who lived his life well.

It was August 12, 1927,  
that he joined our Sokol Organization,  
And for those nearly fifty nine years,  
he was a real inspiration!

He was an outstanding gymnast,  
when he was in his prime,  
And served as our gymnastic instructor,  
for a long time.

He served his country in the U.S. Navy,  
during World War II,  
Surely his thoughts often turned to Sokol,  
as he sailed the ocean blue!

Charlie was a real doer, who never asked,  
"what's in it for me?"  
Whatever it was that he did,  
was always done whole heartedly!

He loved to cultivate his garden,  
and observe the plants grow,  
It gave him that satisfying feeling,  
which only gardeners know!

Over the years, it was the very good fortune,  
of us all,  
That our paths and Charlie's,  
had crossed at our Sokol Hall!

While from our midst,  
Bro. Charles Kubicek, Sr., did depart,  
His memory will continue to live long,  
in many an admiring heart!

*Bro. Jerry W. Komarek*

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of the previous month**

## Interested in Genealogy?

*By Jim Ritschel*

Are you interested in genealogical research on Bohemia, Czechoslovakia, Hungary or Austria. These, along with several other areas, make up what was once the Austro-Hungarian Empire and for the genealogist, little is written as assistance toward finding the family roots. (I know from experience.)

To offset this lack of information, a group is now being formed, for sharing research materials and research ideas, which may assist, ourselves and others, in the quest of locating missing information on the family tree. At the same time, we may be able to contribute to other societies and organizations which share the same desire for knowledge but lack the source information.

Some time this winter, there will be an organizational meeting and we would like to see you there. Some of you will want to take an active part in organizational affairs, while others will be content to just absorb information. That is your choice, but if you still have an interest in genealogy, you should join this group. Several experts are expected to participate, and I am sure you can learn something from at least one of them.

For myself, I culminated the family tree research by a visit to the family cemetery in 1980. It was a thrill of a lifetime for me and I would like everyone to have the same chance as I did. It takes research, so when I was asked to assist in the creation of a group, I volunteered. I hope you will do the same. If you are interested, please contact: Jim Ritschel, 6059 N. 48th Street, St. Paul, MN 55109.

## "Do Ahead Mashed Potatoes"

*from Sokol Detroit's newsletter*

9 large potatoes  
2-3 ozs. cream cheese  
1 cup sour cream  
2 tsp. onion salt  
½ tsp. salt  
¼ tsp. pepper  
2 tbs. butter  
1½ tbs. chives, optional

Boil peeled potatoes, drain and mash until smooth in electric blender. (Add a touch of milk as you go, if needed.) Add remaining ingredients, beat until light and fluffy. Let cool. Keep in a covered container in refrigerator until ready to use. **MAY BE KEPT UP TO TWO WEEKS.** When ready to use, place desired amount in greased casserole; dot with butter. Bake at 350 degrees for 30 minutes. Tastes like baked potatoes with sour cream and chives. B.O.I. Secretary Frances Malina says they tastes great. A super time saver for all busy people.

**HAVE YOU BROUGHT A FRIEND TO  
SOKOL WITH YOU YET?**

## RHYTHMIC GYMNASTICS AS A PART OF YOUR SOKOL CLASS

Competitive Rhythmic Gymnastics in this country is still very young. The United States Gymnastics Federation, (USGF), is the governing body. This female sport is considered totally separate from women's artistic gymnastic, (regular apparatus). The USA has participated in the World Championships since 1973, as well as various other International Competitions since then. In 1984 we had representation in the Olympic Games. For the first time Rhythmic Sportive Gymnastics, (RSG), was an official event. There is a full compulsory developmental program set up by the National Age — Group Development Committee. Six individual events are written for the beginners, Class III, and the intermediates, Class II. These 6 includes RFX (rhythmic floor exercise), which is comparable to Artistic floor ex. without the tumbling; Ball; Rope, Hoop; Clubs; and Ribbon. Four events are chosen for the all-around, while two events are rotated out for each competitive season. The Class II girl does 3 compulsory events and 1 optional. Her optional is chosen from one of the 3 pieces of apparatus not being used for the compulsory routines that year. Class I is all optional routines, & it is from this caliber gymnast, the National Team is selected at the Championship of the USA. There is also a group event, competed by 6 gymnasts at one time. There are compulsory group routines for Class II & III, as well as 3 categories for optional group competition. The judging for individual competition is basically like Artistic Gymnastics, with 10.0 as the perfect score. Gymnasts are judged in composition & execution. The group routines are judged similarly to our Special Number Competition, with one panel of judges looking only at the composition, while another set of judges observes the execution.

The previous paragraph describes the current status of Rhythmic Gymnastics today. However, Sokol shouldn't look at RSG as something new to get involved in, but rather the rebirth of ideas & concepts they helped develop. The clubs for example were introduced by the Czech Sokols. Sokol calisthenics and special exhibition routines have used hand apparatus for many, many years. Although the previously mentioned pieces of apparatus are used for competition, any hand held apparatus from a bean bag to a scarf to a wand to a shorter length streamer can be adapted for Rhythmic Gymnastics. Just combine the apparatus use with body movement, add music, and you have Rhythmics. All classes, male & female, young & old, can get involved. A couple of years ago, at Sokol Detroit's Winter Gymnasticale, our entire program was a tribute to this sport. All classes from Tots to Sr. Men did a number with some type of hand apparatus. Our District is one of the very few that has a separate RSG class for women & Jrs. When we aren't practicing for an exhibition, we're working on competition routines.

RSG is great for exhibitions, special numbers, & demonstrations because many can participate together and it's aesthetic quality is so pleasing to an audience. Developmentally, it helps with eye-hand coordination, special & body awareness, motor skill coordination, rhythm, & creativity. This is why introducing RSG to all age levels is important. The goal is to make the gymnast feel comfortable with the apparatus. With younger children it is best to start with a piece of apparatus used during a game. For example, using a club for steal the bacon; relays or obstacle courses with the use of a ball, hoop, rope, etc. Eventually you can work your way up to include a hand apparatus as a rotation station right along with the bars, beam, etc. As its own station, some of the basic elements of each piece of apparatus should be given. Combine this with motor skills or dance, then add music and you'll have a mini-routine. Since we aren't talking about competing, you need not concern yourself or the gymnast about proper technique. Let them explore, experiment. If it's fun, do it! The elements, like anything else, should be given in a logical progression. For example: when teaching rolling with ball, first they have to become familiar with the ball; its weight, how hard they need to push it, etc. Then they catch or stop it anyway they can; next without grabbing it, and gradually get proficient with the roll and the catch. Next you'd add a motor skill to be performed in coordination with the rolling ball. With practice they can then perform the entire move with success.

With children you must be very creative. Use familiar terms, things they can associate with, like animals, objects, cartoon characters. Once you title a move always use the same term so as not to confuse them. Once an element is taught, review it in another class, then add a new skill to form a combination of moves. Don't let them get concerned with dropping the apparatus. It will enable them to try things without a fear of failure. Use all planes — horizontal, vertical, frontal, & sagittal. Use various levels — high, medium, and low. The following are some basic elements for a few pieces of hand apparatus.

### 1) BALL

#### a) Swinging

- 1) forward & back
- 2) circular movements
- 3) figure eight

#### b) Bouncing

- 1) 1 hand, 2 hands
- 2) other body parts
- 3) rhythmical sequences
- 4) various heights

#### c) Rolling

- 1) on the arms
- 2) on other body parts
- 3) on the floor

#### d) Tossing

- 1) simple throws

2) combinations—swing, toss, bounce, catch

#### e) All of the above with combined motor skills

- f) Exchange the apparatus with a partner
- 1) handing it off
  - 2) rolling
  - 3) bouncing
  - 4) throwing
  - 5) a combination of the above
- 2) **HOOP**
- a) Swinging
  - b) Spinning
    - 1) on the floor
    - 2) around the hand
  - c) Rolling
    - 1) straight
    - 2) curved
    - 3) boomerang
  - d) Jumping
    - 1) into the hoop
    - 2) over the hoop
    - 3) through the hoop
  - e) Circling
    - 1) on the hand
    - 2) hula hoop
    - 3) on other body parts
  - f) Tossing
    - 1) flat horizontal plane
    - 2) sagittal plane with a swing
    - 3) with circling
  - g) Exchange with partner
    - 1) hand off
    - 2) rolling
    - 3) throwing
    - 4) a combination of the above
- 1) **RIBBON**
- a) Swinging
    - 1) back & forth
    - 2) overhead
  - b) Circles & Figure 8's
  - c) Snake or Serpentine
    - 1) up & down
    - 2) side to side
    - 3) behind the head
  - d) Spirals
    - 1) various planes
    - 2) various levels
  - e) Tossing
    - 1) from the stick
    - 2) from the ribbon
    - 3) holding the end of the ribbon; boomerang
- 4) **ROPE**
- a) Swinging
    - 1) holding both ends in one hand
    - 2) holding one end in each hand
  - b) Jumping
    - 1) single
    - 2) single with a rebound
    - 3) cross jump
    - 4) double jump
    - 5) backwards
    - 6) various motor skills (running, skipping, leaps, etc.)
  - c) Wrapping
    - 1) open one end in hand

- 2) open one end in each hand
  - 3) both ends in one hand
- d) Tossing
- 1) release moves
  - 2) throw with swinging combination
  - 3) throw with jumping combination
- e) Exchange with partner
- 1) hand off
  - 2) various throws
  - 3) wrap around partner

This obviously barely touches the surface, but it gives you some idea of what basic elements are. The element variations can get as creative as the teacher or student. If possible give some free time with the apparatus to allow the student time to practice & explore. Put together routines with music, no matter how simple or short, so the gymnast can get accustomed to combinations. With young children, using nursery rhymes works well. For example:

#### **With Ball — The Itsy Bitsy Spider**

The itsy bitsy spider went up the water spout, (rolling the ball between your two hands & moving the arms upward).

Down came the rain & washed the spider out, (release the ball from overhead allowing it to drop with a bounce).

Out came the sun & dried up all the rain, (catching the ball, swing it up over head).

Then the itsy bitsy spider went up the spout again, (bending the arms to start in a low position, roll the ball between your two hands, moving the arms upward).

#### **Patty Cake —**

Patty cake, patty cake bakers man, (do small tosses from the palms of both hands to the backs of both hands).

Bake me a cake as fast as you can, (from the ball extended in uparm, push bounce the ball & catch).

Roll 'em, & roll 'em, & mark them with a "B", (roll ball between hands moving the arms upward).

Put 'em in the oven for baby & me, (roll ball from hands, up the arms to the neck, crossing arms).

#### **With Hoop — Humpty Dumpty**

Humpty Dumpty sat on a wall, (hold hoop overhead, flat, in the horizontal plane).

Humpty dumpty had a great fall, (release the hoop allowing to fall to the floor, flat, around your feet).

All the King's horses & all the King's men, (squat down, picking up the hoop, raising it slowly to uparm horizontal, as you rise up to stand).

Couldn't put Humpty back together again, (hoop held over head, wiggle or shake it back & forth).

These are just a few samples, the number of fun things you can do with hand apparatus. Remember Rhythmic Gymnastics is for everyone. Your adaption to your class & its needs are limitless. So enjoy and have fun!

Nazdar, *Sis. Mary Panackia*  
Sokolice Detroit  
Northeastern District

## ASO FINANCIAL REPORT

**JANUARY 1986**

### RECEIPTS:

|   |             |
|---|-------------|
| Dues  | \$11,338.40 |
| T. G. Masaryk Dues  | 40.00       |
| Convention Fund   | 10,396.00   |
| Special Assessment  | 4,941.00    |
| Advertising in "American Sokol"   | 200.00      |
| Resale of Jewelry   | 232.75      |
| "Highlights of Czech History"   | 4.50        |
| U.P.S. Charges  | 6.53        |
| Christmas Seals   | 302.00      |
| Copies  | 2.10        |
| Membership Kits   | 100.00      |
| Skills Patches  | 1.50        |
| Sokol Plate   | 20.00       |
| Add'l. Slet Profit  | 696.82      |
| Donation — In Memory of Barbara Kourim<br>from Mr. & Mrs. Raymond Benes | 5.00        |
| Miscellaneous   | 463.00      |
|   | 28,749.60   |
| A.S.O. Uniform Division — Rent,<br>Salaries, etc.                       | 828.70      |
| Total Receipts  | \$29,578.30 |

### DISBURSEMENTS:

#### ADMINISTRATIVE

|   |             |
|---|-------------|
| Salaries — Office Employees                           | \$ 927.61   |
| F.I.C.A. & F.W.T. for<br>December, 1985               | 198.72      |
| I.W.T. — 4th Qtr., 1985                               | 74.34       |
| Rent, Janitor Services & Supplies,<br>Phone, Electric | 859.02      |
| Postage   | 40.65       |
| Travel Expense  | 453.17      |
| Advertising   | 170.50      |
| Balance on Software for<br>Computer                   | 5,415.00    |
| Mailman's Stipend                                     | 5.00        |
|   | \$ 8,144.01 |

#### BOARD OF INSTRUCTORS

|   |             |
|---|-------------|
| Salaries  | \$ 411.81   |
| F.I.C.A. for December, 1985                       | 60.78       |
| I.W.T. — 4th Qtr., 1985                           | 34.83       |
| Editor "Sokol Gymnast"                            | 30.00       |
| Add'l. copies "Sokol Gymnast" —<br>Dec., 1985     | 29.00       |
| Postage   | 20.13       |
| Panasonic VCRs, Konica Tape,<br>NEC Color Monitor | 1,167.31    |
|   | \$ 1,753.86 |

#### EDUCATIONAL DEPARTMENT

|                           |          |
|---------------------------|----------|
| Salaries                  | \$ 39.73 |
| F.I.C.A. — December, 1985 | 2.54     |
| I.W.T. — 4th Qtr., 1985   | 8.11     |
|                           | \$ 50.38 |

#### SOKOL PUBLICATION

|   |           |
|---|-----------|
| Editor — "American Sokol"                 | \$ 125.00 |
| Printing "American Sokol" —<br>Dec., 1985 | 1,066.64  |

|  |             |
|--|-------------|
| Postage "American Sokol" —<br>Dec., 1985 | 375.06      |
| Mailing list changes —<br>Jan., 1986     | 186.97      |
|  | \$ 1,753.67 |

### MISCELLANEOUS

|  |             |
|--|-------------|
| A.S.O. Uniform Division —<br>Salaries, F.I.C.A., Dec., 1985,<br>F.W.T., Dec., 1985, I.W.T. —<br>4th Qtr., 1985 & Phone | \$ 627.52   |
| Future Sokol Leaders Fund —<br>Postage   | .66         |
|  | \$ 628.18   |
| Total Disbursements  | \$12,330.10 |
| Balance brought forward:<br>Western National Bank of Cicero —<br>Checking Account                                      | \$ 3,253.26 |
| Receipts — January, 1986   | 29,578.30   |
|  | 32,831.56   |
| Disbursements — January, 1986  | 12,330.10   |
|  | 20,501.46   |
| N.S.F. check   | 10.00       |
|  | \$20,491.46 |

### FUTURE SOKOL LEADERS FUND

**January 1986**

|   |          |
|---|----------|
| In memory of Sis. Barbara Kourim —<br>Joe and Agnes Sotka             | \$ 10.00 |
| In memory of Br. Albin Barzyk —<br>George and Rose Vytlacil           | \$10.00  |
| Joe and Agnes Sotka   | 10.00    |
| Charles and Irene Ruzicka   | 25.00    |
|   | 45.00    |
| In memory of Sis. Bessie Valin —<br>Br. Fred and Sis. Emily Stanovsky | 5.00     |
| In memory of Br. Joseph Ruzicka —<br>Charles and Irene Ruzicka        | 50.00    |
|   | \$110.00 |

*— Donations are tax exempt —*

### LIBRARY AND ARCHIVES FUND

**January 1986**

|  |          |
|--|----------|
| In memory of Sis. Barbara Kourim —<br>Dr. & Mrs. Nunzio Tedesco    | \$10.00  |
| Mr. Theresa Bialas & Family  | 10.00    |
| Mr. & Mrs. Harry Wilk  | 10.00    |
| Mrs. Virginia Sikora   | 10.00    |
| Mr. & Mrs. Tom Nawara  | 10.00    |
| Frank Kourim   | 50.00    |
| George & Jackie Kourim Family                                      | 50.00    |
| Helen & Betty Prener   | 25.00    |
| Mr. & Mrs. Adolph F. Michalek                                      | 25.00    |
|  | \$200.00 |
| In memory of Sisters Hodoval, Bednar and<br>Matoska — Sokol Berwyn | 50.00    |
|  | \$250.00 |

*— Donations are tax exempt —*

## BOYS GYMNASTICS LOSING NUMBERS BATTLE

Gymnasts, gymnastics coaches and others interested in boys gymnastics must be aware that the virtual extinction of the sport at the high school level is a distinct possibility. Recent figures (last 10 years) compiled by the National Federation of State High School Associations indicate a large decrease in the number of individuals and schools participating in boys senior high school gymnastics programs in the United States. Results of the 1984-85 NFSHA sports participation survey found only 397 schools providing programs for 6,377 gymnasts. (The 1981-82 survey showed 670 schools and 11,537 participants.)

Only speculative reasons have been offered for the decline in boys gymnastics, which included budget cuts, Title IX, a lack of qualified coaches and judges, declining enrollments, a high physical risk, and the 1980 Olympic boycott. It is, therefore, apparent that an effort must be made to identify the factors responsible for the elimination of boys gymnastics programs as a first step to prevent further reductions. To accomplish this purpose a national survey of principals and athletic directors who had experienced the elimination of the sport was undertaken.

### Method

Each state high school association executive secretary was requested to provide names and address of athletic directors and principals who experienced the process of eliminating a boys senior high school gymnastics program. The final sample consisted of 138 personnel from 20 states.

Survey questions were based on school district classification, year of program elimination, budget, cost analysis of sport programs, availability of qualified coaches and judges, student interest in participation, adequacy of facilities, gym time available for training, sufficient equipment, reduction or addition of other sport programs coincident with boys gymnastics elimination, competition with private gymnastics clubs for participants, influence of other schools' program eliminations, major injuries, and the effect of Title IX.

Data were compiled and analyzed by frequency of response. Open-ended questions were categorized prior to frequency analysis. The Chi Square statistic was used to determine if a significant difference (10.05) existed between principals and athletic directors. No significant difference was found, thus suggesting that both groups had similar perceptions as to why programs were eliminated.

### Results and Discussion

A lack of qualified coaches was the most frequently reported reason for eliminating boys gymnastics (74.6 percent). Due to the importance of the coach's responsibilities — training methods; a knowledge of rules, administrative functions of budgeting, equipment purchase, and others; safety in progressing the skill level of gymnasts as well as spotting, and the interest and enthusiasm to promote the sport, among others — providing a well-qualified coach is a key aspect to program success.

Identification of the reasons(s) for the lack of qualified coaches was beyond the scope of this investigation. However, it is apparent that recruitment of college gymnasts with a teaching major in coaching, inservice training and any other steps possible to enhance the availability and quality of coaches must be done.

The lack of student interest in participation (70.3 percent) was found to be a close second in importance. Reasons(s) why boys are not interested in becoming gymnasts must be identified. The optimum coaching, facilities and all other amenities would be for naught without talented boys seeking to develop their ability.



Although this study was not designed to determine reasons for the lack of student interest found, speculation as to why may be found in one or more of the following:

1. An unqualified, disinterested coach who does not train gymnasts nor promote the sport properly may be a cause of disinterest. Substantiation for this opinion may be obtained from the close relationship between respondents reporting a lack of qualified coaches and those also reporting a lack of student interest.

2. Some have suggested that the loss of media coverage from the 1980 Olympics had a negative impact on the sport. The strong media coverage of Olga Korbut and Nadia Comaneci in 1972 and 1976 was a cause for the rapid growth in women's gymnastics; therefore, the reverse may logically be true.

3. The accuracy in respondents' answers. No evidence for the estimate was given. The perception of a lack of student interest must be complex and needs further study.

Qualified judges to provide and accurate assessment of routine execution is inherent in the sport. Although of lesser response frequency than coaches, the lack of judges (36.2 percent) is indicative of former gymnasts leaving all connection with the sport after the end of their competition.

Insufficient facilities, gym-time, and equipment (total 30.4 percent) are common to many sports. Time and energy used in moving, setting up and removing equipment from multiple use floor space is an added disadvantage for most schools where a separate gymnastics area is not available. However, the data obtained suggests that most of the programs eliminated were well equipped and in buildings with suitable space and allotted time.

The "domino effect" of other school's program elimination was found important in 21.7 percent of the schools. One school's program elimination suggests less opportunity for competition nearby and a persuasive reason for elimination in other schools experiencing some other problem with the sport. This phenomena has occurred at the college level, and apparently is true at the high school level as well.

Relatively few respondents (20.3 percent) identified budgetary reasons as a reason for program elimination. A greater frequency had been expected due to general economic conditions, school levy failures and a reevaluation of educational goals. Many colleges and universities cited growing deficits as a reason for sport program eliminations. It is possible that adequate funding for public schools exists, but higher education is facing financial difficulties because each level of education is facing financial difficulties because each level of education is financed through different revenue sources. Further, of those respondents identifying budget, only 26.1 percent stated that a cost analysis of each sport was performed before the decision to eliminate boys gymnastics was made. The lack of cost

analysis suggests that factors unrelated to cost per athlete may have influenced elimination.

Others factors identified were of lesser frequency of response — suggesting importance; however, any factor causing a program elimination at a particular school is of critical importance at that location. One of those factors — Title IX — was considered a major factor in elimination at the college level.

The lack of confirmation from this study suggests a possible difference at each respective educational level. Substantiation for the minimal effect of Title IX is found in most respondents (74.5 percent) reporting that no other sport programs were added within one year of the boys gymnastics elimination. However, elimination of boys gymnastics without adding another sport could be equating the number of sport offerings for each sex only by a reduction on boys sports, although no evidence for this hypothesis was found in this study.

For the population studied, lack of qualified coaches and lack of student interest in participating were determined to be the most influential factors relating to the elimination of boys senior high gymnastics programs. Qualified coaches must be found in the very near future or the continued elimination and possible extinction of boys senior high gymnastics programs could occur. A lack of student interest in participation is a more complex problem and, therefore, finding solutions to this issue could be extremely difficult. Further study to find specific reasons for the lack of interest is urgently needed.

*Lemelin is an elementary physical education instructor and head boys gymnastics coach at Great Falls and C.M. Russell High Schools in Great Falls, Montana. He is currently completing a Master of Science Degree in Physical Education at Montana State University. Dr. Schwarzkopf is currently director of the Human Performance Laboratory at Montana State University. He has coached gymnastics at the University of Washington and was a NCAA top 10 competitor on the rings while at the University of Minnesota.*

## **Sokol South Omaha Celebrate Their Mortgage Burning at Ceremony**

NOVEMBER 9 is now a historic day in the history of Sokol South Omaha. Dignitaries such as Bro. Senator Ed Zorinsky, Representative Hal Daub, Bros. Gary Masek and Roy Zitny recorded this occasion with well chosen words of praise for all Sokols who, through their own form of heroism, made this day a very special memory for their unit and district. Other speakers on the program were Bro. Senator Tim Hall, Bros. Ray Lastovica, Laddie Kozeny, Jim Strnad, Fred Altic, and Sis. Helen Zentz.

A special thanks was extended to Bro. Bob Pechar, Joe Berka, Jim Riha, and Sis. Jackie Berka and many others for their enthusiastic support at this event. A Sokol and Czech Museum has also been established at this Hall. Please contact Bro. Ed Pavoucek, 2306 Jefferson St., Bellevue, NE 68005, 402-291-2893 for info.

## LESSON PLANS AND PROGRAMS

E. J. HALIK

When we talk about lesson plans and programs, we are talking about things to be done and the order in which they are to be done, (not just today, not for the week or the month, but for the whole year) we are talking about activities which should apply to the specific needs of each individual in the group as well as preparing them to participate in a specific sport or physical activity. We are looking at **people**, people of varied backgrounds, people of various shapes, sizes and ages with different strengths, different capabilities and with varying degrees of mobility. Lesson planning will require careful balancing and correct dosages because what may be minimal exertion for one may be maximal for another.

In our Sokol Program, we are seeking general good health and physical fitness, good posture, good attitudes and good neuro-muscular co-ordination, so proper presentation of our teaching material in a sometimes formal, sometimes recreational atmosphere is important. The participants should enjoy their participation without pain or stress.

We must keep in mind that our bodies are basically symmetrical (bilateral or two-sided), left and right sided in Sokol terms. We must make sure that all **basics** and all **skills** are taught to both sides and in either direction, letting the individual gradually and normally settle into a favorite side (you should still keep teaching bilaterally). If you feel that some of them have "two left feet", be thankful that they do not have four or eight to worry about. Most important — we must always place great emphasis on "Good Posture". We must never let up on it and frequently call attention to laxities in posture of the individual or the groups.

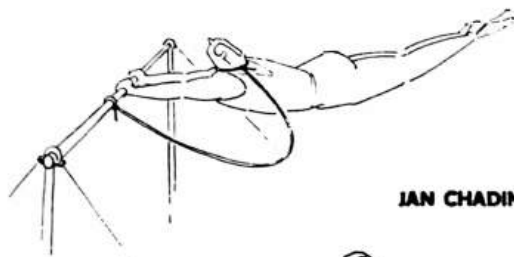
Our general goals are an all-around preparation for all-around healthful physical and mental fitness, whether we are at play, at rest, in the various sports programs at the work place or at school.

Sound difficult? No, not really! We can handle it if we follow certain careful and thoughtful steps in carrying out our programs.

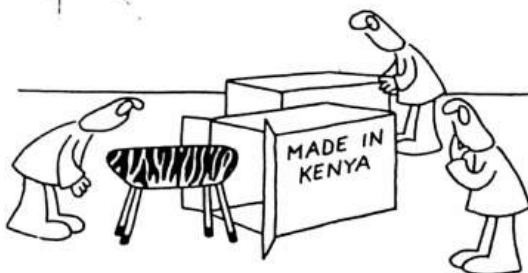
**Know your Goals** — What do you want to do? Your general goals are Exhibition, Class Competitions, District Competitions, Skill Testing Programs (which ones and how many?), Special Events, etc. What do you have to do to get ready for them? How much time should you allow? Most important, **start early** — like the **first month! Be Ready!**

**Know your participants** — know their weaknesses, their strengths, their capabilities and their willingness to endure and to **put-out** that **extra effort** needed for perfection and for performance at higher levels. Be alert to all re-actions (natural or unnatural) during the work-out period. Be ready to step up or apply more intensity. Do not force the weaker or slower ones to keep pace with the agile

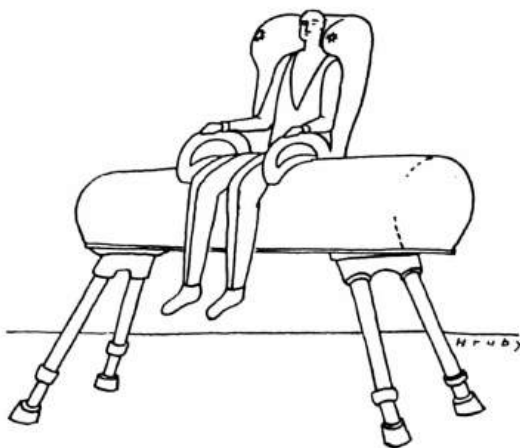
## GYMNASTIC TIDBITS



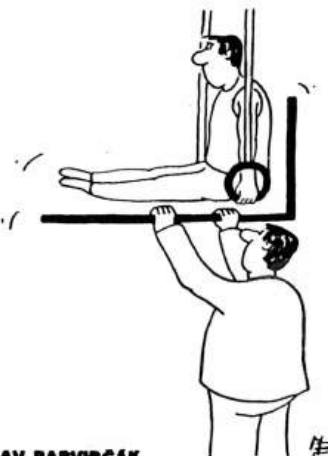
IAN CHADIM



MILOS KRMASEK



IAN HRUBY



MIROSLAV BARVIRČAK

or strong. What is good for one may be harmful for another. Be considerate of the less able, (remember, they are the majority). Help them — not so much during the exercise period, but on the side — make time for explanations, corrections and improvements.

**Know yourself** — Be a good Instructor! Be a strong and friendly Instructor!

The class period should contain several segments each devoted to certain types of activities, generally referred to as:

Class Opening Period  
Warm-up Period  
Conditioning Period  
General Workout Period  
Class Closing Period

Based on one hour (60 minutes) to one and one-half hours (90 minutes), the time element should be adjustable. Early in the year, you may give more time to getting acquainted and getting control. The sooner you do this, the better your chances of having a good and successful class year and then later on you can use more time for the things which need more time or attention.

Good Posture, Physical Fitness and Good Attitude are your **MAIN GOALS!**

**Class Opening or Starting Period** — has to do with formally calling the class to order in a specific place and specific formation — “Roll Call” (make this short and simple) work out some system other than calling the list of class members — have someone check the list and mark attendance without taking “class time”. Attendance records are important and we need them but your class time is limited, so use it to full advantage, program activity, that’s what we are all here for! Short announcements of coming events, explanations of the day’s program and/or instructions can be made at this time.

### SPEND SOME TIME ON THESE BASIC ORGANIZATIONAL TACTICS AND COMMANDS

When giving commands, one must remember that each command has two basic elements or parts — The first part which is informational, tells the class what to do and should be given clearly, distinctly, but not sharply. I usually draw out this first part of the command to make sure they hear it. The commands you can draw out are indicated by a series of dashes indicating the drawing-out of the last syllable of the command to be performed followed by a slight pause and then the second part which must be given clearly and sharply tells the class to “Do It Now” quickly, smartly, precisely and all together. **Take time to explain** and to demonstrate. The commands included here are the basic organizational tactics to get control and to maintain control and then to move your groups around and about the gym in an orderly manner. The written commands are divided into their two parts and should work, but, **you must practice, saying them to yourself before you try them out on the class.**

**LINE UP!** Use voice or whistle or both — Group assembles in a designated place, toes or heels to a line and ready to go.

**ATTEN—SHUN!** Close-heel stand with good position and good posture.

**SOKOL GREETING.** Instructor calls (or says) “NA ZDAR!” Class responds with “ZDAR!”

**DRESS RIGHT—DRESS!** (Not really for Tots) (Tough at First Class Level). Must teach hand placement on hips, head turns and moving over to make more space or close space. (Takes a lot of time, must be practiced and practiced and practiced.)

**READY—FRONT!** Return to position of “ATTENTION”.

**AT EASE!** Stress proper foot and hand positions and attitude.

**NOTE** — At this time, Class must be called to “ATTENTION BEFORE any other commands are given.

**RIGHT—FACE!** From close-heel stand, lift ball of right foot and heel of the left foot, spin on right heel pushing with left foot, turn 90° to the right, closing left foot to the right foot to a close-heel stand. (**Right-Face 3 more times — Class will finish facing front or standing position.**)

**LEFT—FACE!** Don not attempt Left-Face until the class has perfected the Right-Face and then the procedures are to the opposite side.

**IN PLACE—MARCH!** Starting with the left foot, work on proper raising of the knees and the feet and proper stepping in place with the ball of the foot before bringing the heel of the foot down. **Work on beat.**

**CLASS—HALT!** When marching in place, the class comes to a halt in 2 counts (2 steps in place).

**FORWARD—MARCH!** In a single file (after a Right—Face!) Class steps out with the left foot to march around the gym counter-clockwise. Teach them to **take corners.** i.e. By turning corners at pre-designated places, turning on the right foot and stepping forward with the left foot.

*(Continued next month)*

## WANTED:



## GYMNASTS!

# DIRECTORY OF THE AMERICAN SOKOL ORGANIZATION 1986

|  |   |   |
|--|---|---|
| <b>EXECUTIVE BOARD ASO:</b>  | Sec'y., Jackie Kourim, 388 Shensstone Rd., Riverside, IL 60546.                 | <b>Educ. Dir.,</b> Paul Lebloch, 512 Redondo Dr., Unit #107, Downers Grove, IL 60515. |
| Meetings 4th Tuesday, 6424 W. Cermak Rd., Berwyn, IL 60402.                | <b>Fin. Sec'y.,</b> Mildred Pinc, 3629 S. 57th Ave., Cicero, IL 60650.          | <b>Czech Pub.,</b> Jerry Rabas, 1647 S. Euclid Ave., Berwyn, IL 60402.                |
| <b>Pres.,</b> George C. Basta, 2629 S. Maple Ave., Brookfield, IL 60513.   | <b>Treas.,</b> Robert J. Barcal, 1522 S. 58th Ct., Cicero, IL 60650.            | <b>Eng. Pub.,</b> None.   |
| <b>Ist Vice-Pres.,</b> Charles Borvansky, 4542 Hawthorne, Lyons, IL 60534. | <b>Dir. of Women,</b> Sylvia Pistorius, 342 Naperville Rd., Westmont, IL 60559. | <b>By-Laws Chmn.,</b> Jerry Milan, 6208 Lakeside Dr., Ft. Worth, TX 76135.            |
| <b>II. Vice-Pres.,</b> Gary Masek, 13044 Skypark Dr., Omaha, NE 68137.     | <b>Dir. of Men,</b> Richard Ptacek, 4330 S. Clinton Ave., Berwyn, IL 60402.     | □   |

## CENTRAL DISTRICT, BROOKFIELD, ILLINOIS

Mtgs., 4th Wed., Sokol Brookfield, 3909 Prairie Ave., Brookfield, IL 60513. Pres., Charles R. Borvansky, 4542 Hawthorne, Lyons, IL 60534. Sec., Nancy Borvansky, 4542 Hawthorne Ave., Lyons, IL 60534. Fin. Sec., June Pros, 1606 East Ave., Berwyn, IL 60402. Dir. of Women, Ellen Jeanne Schnabl, 2503 S. Harvey Ave., Berwyn, IL 60402. Dir. of Men, John Satek, 5310 W. 24th St., Cicero, IL 60650. Ed. Dir., Vaclav Zenisek, 3142 S. Highland, Berwyn, IL 60402.

## EASTERN DISTRICT, LITTLE FERRY, NEW JERSEY

Mtgs., 4th Monday, Sokol Little Ferry, 14 Garden St., Little Ferry, NJ 07643. Pres., Frank Capek, 40 Williams St., Apt. D11, Little Ferry, NJ 07643. Sec., Lynne K. Gadaleta, 74 Paroubek St., Little Ferry, NJ 07643. Fin. Sec., Frank Donovan, 279 Liberty St., Little Ferry, NJ 07643. Dir. of Men, Stanley Mergl, 1278 - 1st Ave., N.Y., N.Y. 10021. Dir. of Women, Irene Mergl, 1278 - 1st Ave., N.Y., N.Y. 10021. Ed. Dir. Frank Novak, 241 Graceford Dr., Aberdeen, MD 21001.

## NORTHEASTERN DISTRICT, CLEVELAND, OHIO

Quarterly, Bohemian National Hall, 4939 Broadway Ave., Cleveland, OH 44127. Pres. Robert Jirousek, 5116 Chillicothe Rd., Chagrin Falls, OH 44022. Sec., Rose Psenicka, 3696 Rocky River Dr., Cleveland, OH 44111. Treas., Edward Wutsch, 6701 Karen Dr., Seven Hills, OH 44131. Dir. of Men, Roger Martanovic, 42 Santin Circle, Bedford, OH 44146. Dir. of Women, Maryann La Vere, 18605 Hillcrest, Livonia, MI 48152. Educ. Dir., George Kotlan, 7017 Brookside Rd., Independence, OH 44131.

## PACIFIC DISTRICT, LOS ANGELES, CALIFORNIA

Meetings held quarterly at different units. Pres., Louise Nekuda, 2653 Hartland Cir., Westlake Village, CA 91361. Sec., Florence Palas, 7823 Steward & Gray Rd., Downey, CA 90241. Fin. Sec., Libuse Pelc, 1330 N. Lima St., Burbank, CA 91505. Dir. of Men, Jiri Liska, 550 S. Beverly Glen Blvd., Los Angeles, CA 90024. Dir. of Women, Libuse Pelc, 1330 N. Lima St., Burbank, CA 91505. Educ. Dir., Iva Prochazka, 8009 Brimfield Ave., Van Nuys, CA 91402.

## SOUTHERN DISTRICT, DALLAS, TEXAS

Meetings rotated, Dallas, Ennis, Fort Worth and West - 4th Thursday. Pres., Ben Maca, 6551 Cliffbrook Dr., Dallas, TX 75240. Sec. Becky Snodgrass, P.O. 576, Ennis, TX 75119. Fin. Sec., Bernice Hamilton, Rt. 1, Box 146-A, Italy, TX 76651. Dir. of Men, Rome Milan, 6208 Lakeside Dr., Fort Worth, TX 76135. Dir. of Women, Sylvia Laznovsky, Rt. 1, Box 47, Ennis, TX 75119. Educ. Dir., Jerry Milan, 6208 Lakeside Dr., Ft. Worth, TX 76135.

## WESTERN DISTRICT, OMAHA, NEBRASKA

As determined at Annual and Semi-annual meeting. Sunday 9:30 a.m. Sokol Omaha, 2234 S. 13th St., Omaha, NE 68108. Pres., Gary Masek, 13044 Sky Park Dr., Omaha, NE 68137. Sec., Georgia Walter, 607 Lincoln St., Box 127, Dorchester, NE 68343. Fin. Sec., Blanche Masek, 4048 S. 13th St., Omaha, NE 68107. Dir. of Men, Vojmir (Bud) Benak, 5919 S. 15th St., Omaha, NE 68107. Dir. of Women, Jolene Dalton, 5240 S. 23rd St., Omaha, NE 68107. Educ. Dir., Bob Vanyo, 446 Bay St., St. Paul, MN 55102.

## DIRECTORY OF UNITS

### CENTRAL DISTRICT, BROOKFIELD, ILLINOIS

Sokol Berwyn, Illinois — Mtgs. 2nd Thursday, Sokol Berwyn, 6445

W. 27th Pl., Berwyn, IL 60402. Pres., Sharon Somolik, 4004 W. Grove Ave., Berwyn, IL 60402. Rec. Sec., Marie Knez, 6513 W.

27th Pl., Berwyn, IL 60402. Corr. Sec., EllenJeanne Schnabl, 2503 S. Harvey Ave., Berwyn, IL 60402. Fin. Sec., Anne Dusek, 256 W.

Butterfield Rd., Elmhurst, IL 60126. Dir. of Men, Jeff Klindera, 3709 S. 59th Ave., Apt. 2, Cicero, IL 60650. Dir. of Women, Eva Balas, 2844 S. Millard Ave., Chicago, IL 60623. Educ. Dir., EllenJeanne Schnabl, 2503 S. Harvey Ave., Berwyn, IL 60402.

**Sokol Brookfield, Illinois** — Mtgs. 1st Friday, Sokol Brookfield, 3909 Prairie Ave., Brookfield, IL 60513. Pres., Robert Michalek, 9103 W. Sherman, Brookfield, IL 60513. Sec., Doris E. Barda, 3436 Arden Ave., Brookfield, IL 60513. Fin. Sec., Frank Ludicky, 1013 Community Dr., LaGrange Park, IL 60525. Dir. of Women, Sue Kozelka, 4230 Raymond Ave., Brookfield, IL 60513.

**Sokol Cechie, Chicago, Illinois** — Mtgs., 1st Sunday of March, June, September, December, at Cafe Europe, Cicero, IL 60650. Pres., Otto Glasser, 587 E. Parkway Rd., Riverside, IL 60546. Sec., Roselyn J. Bergman, 2141 Ridge Ave., Evanston, IL 60201. Treas., Emil Meskan, 822 Huntley Rd., Algonquin, IL 60102. Co-Educ. Dir., Anne L. Glasser, 587 E. Parkway Rd., Riverside, IL 60546, and Stella Tichy, 2141 Ridge Ave., Evanston, IL 60201.

**Sokol Ceska Sin** — Mtgs., second Monday of every month, Ceska Sin, 4314 Clark Ave., Cleveland, OH 44109. Pres. Ron Chernenek, 1575 Parkwood Ave., Lakewood, OH 44107. Corr. Sec., Doris Kotlan, 1451 Wagar Ave., Lakewood, OH 44107. Rec. Sec., Beverly Stepanek, 6107 Biddulph Ave., Brooklyn, OH 44144. Fin. Sec., George Spilker, 6938 Brookside Rd., Independence, OH 44131. Dir. of Men, Don Kotlan, 1451 Wagar Ave., Lakewood, OH 44107. Dir. of Women, Doris Kotlan, 1451 Wagar Ave., Lakewood, OH 44107. Educ. Dir., Carol Siekaniac, 3801 Buechner Ave., Cleveland, OH 44109.

**Sokol Chicago, Illinois** — Mtgs., 3rd Monday, Sokol Berwyn, 6445 W. 27th Pl., Berwyn, IL 60402. Pres., Stanley Barcal, 2437 S. Harvey Ave., Berwyn, IL 60402. Sec., Charles Zdenek, 9709 S.

Mason Ave., Oak Lawn, IL 60453. Fin. Sec., Robert Barcal, 1522 S. 58th Ct., Cicero, IL 60650. Educ. Dir., Stanley Barcal, 2437 S. Harvey Ave., Berwyn, IL 60402.

**Sokol Fuegner, Chicago, Illinois** — Mtgs., 3rd Friday, Sokol Club, 10756 Green Bay Ave., Chicago, IL 60617. Pres., Eugene R. Johnson, 10433 Ave., "F", Chicago, IL 60617. Sec., Oscar G. Vickers, 9735 Ave. "J", Chicago, IL 60617. Fin. Sec., Kenneth W. Luebbe, Jr., 1231 - 121st, Whiting, IN 46394.

**Sokol Havlicek-Tyrs, Chicago, Illinois** — Mtgs., 4th Monday at Sokol Berwyn, 6445 W. 27th Pl., Berwyn, IL 60402. Pres., Anna Basta, 2629 Maple Ave., Brookfield, IL 60513. Sec., Louise Kmen, 2520 S. Harding Ave., Chicago, IL 60623. Fin. Sec., (Men) Vaclav Zenisek, 3142 S. Highland Ave., Berwyn, IL 60402. (Women) Elsie Cerny, 4140 S. Ridgeland Ave., Berwyn, IL 60402. Educ. Dir., Vaclav Zenisek, 3142 S. Highland Ave., Berwyn, IL 60402.

**Sokol Milwaukee, Wisconsin** — Mtgs., 1st Sunday or Thursday of each month at various locations. Pres., Fred C. Stankovsky, 14325 W. Sun Valley Dr., New Berlin, WI 53151. Sec., Thomas Boehm, 10466 W. Woodward Ave., Wauwatosa, WI 53222. Fin. Sec., Charles Renaud, 2976 N. 45th St., Milwaukee, WI 53210. Dir. of Men, Fred C. Stankovsky, 14325 W. Sun Valley Dr., New Berlin, WI 53151. Educ. Dir., Christine Hron, 1543 W. Denis Ave., Milwaukee, WI 53221.

**Sokolice Milwaukee, Wisconsin** — Mtgs., Dec., Jan., Feb., Mar., 1st Sunday, National Savings & Loan, 3670 S. Moorland Rd., New Berlin, WI 53151. Apr., May, June, Sept., Oct., Nov., 1st Thursday, International Institute, 2810 W. Highland Blvd., Milwaukee, WI 53208. Pres., Louise Porinsky, 10207 W. Park Ridge Ave., Milwaukee, WI 53222. Sec., Alice Haertlein, 7333 W. Medford Ave., Milwaukee, WI 53218. Fin. Sec., Helen Pilger, 2974 N. 45th St., Milwaukee, WI 53210. Dir. of

Women, Emily Falarsh, 365 N. Honey Creek Pkwy., Wauwatosa, WI 53213.

**Sokol Naperville, Illinois** — Mtgs., schedule uncertain, mail to Filipello residence. — Pres., Lynda Filipello, 4401 Fender, Lisle, IL 60532. Rec. Sec., Marsha Filipello, 4401 Fender, Lisle, IL 60532. Fin. Sec., Dee deGroh, 508 E. Iroquois, Naperville, IL 60540. Dir. of Men, Frank Acquaviva, 20 S. Sleight, Naperville, IL 60540. Dir. of Women, Lynda Filipello, 4401 Fender, Lisle, IL 60532.

**Sokol and Sokolice Racine, Wisconsin** — Mtgs., March, June, Sept., and Dec., dates uncertain. Pres., Elsie Kaplan, 6453 Middle Rd., Racine, WI 53402. Sec., Steve J. Mostenan, 7914 - 20th Ave., Kenosha, WI 53140. Fin. Sec., Lois Nikl, 900 Romayne Ave., Racine, WI 53402. Ed. Dir., Helen David, 1305 Carlisle Ave., Racine, WI 53402.

**Sokol Slavsky, Berwyn, Illinois** — Mtgs., 1st Wednesday, Piper School, P.O. Box 453, Berwyn, IL 60402. Pres., John Satek, 5310 W. 24th St., Cicero, IL 60650. Sec., Linda Modes, 3629 S. 57th Ave., Cicero, IL 60650. Fin. Sec., Agnes Drozd, 1611 S. 57th Ct., Cicero, IL 60650. Dir. of Men, John Satek, 5310 W. 24th St., Cicero, IL 60650. Dir. of Women, Patricia Satek, 1922 S. 57th Ave., Cicero, IL 60650. Educ. Dir., Libbie Krivanek, 392 Nuttall Rd., Riverside, IL 60546.

**(\*)Sokol and Sokolice St. Louis, Missouri** — Mtgs., 4th Monday, American-Czech Educational Center, 4690 Lansdowne Ave., St. Louis, MO 63116. Pres., Ted Stanley, 6420 Bishops Pl., St. Louis, MO 63109. Sec., Beverly Rericha, 9901 Arthur Lane, St. Louis, MO 63128. Fin. Sec., Lawrence Ryll, 3709 S. Spring, St. Louis, MO 63116. Dir. of Men, Paul Lat, 9246 Lawndale St., St. Louis, MO 63126. Dir. of Women, Marla Breidenbach, 4587 Tarlton, St. Louis, MO 63128. Educ. Dir., William Shana, 9145 Desmond Dr., St. Louis, MO 63126.

**Sokol Stickney, Illinois** — Mtgs., 1st Wednesday, Sokol Stickney, 4131 S. Home Ave., Stickney, IL 60402. Pres., Charles Borvansky, 4542 Hawthorne, Lyons, IL 60534. Sec., Karen Jarchow, 8157 Ogden Ave., No. 5, Lyons, IL 60534. Fin. Sec., Greg Wiatr, 6404 W. 41st St., Stickney, IL 60402. Dir. of Men, Richard Vrba, 326 Edge Lake Point, Schaumburg, IL 60194. Dir. of Women, Patricia Wojcik, 7424 W. Strong St., Harward Hgts., IL 60656. Educ. Dir., Nancy Borvansky, 4542 Hawthorne Ave., Lyons, IL 60534.

**Sokol Tabor, Berwyn, Illinois** — Mtgs., 1st Friday, Sokol Tabor, 1602 S. Clarence Ave., Berwyn, IL 60402. Pres., Joseph Moravec, Jr., 1346 S. Kenilworth, Berwyn, IL 60402. Sec., Michael Kulhanek, 1819 S. Scoville, Berwyn, IL 60402. Fin. Sec., Len Navratil, 8609 W. 144th Pl., Orland Park, IL 60462. Dir. of Men, Ed Linhart, Sr., 1820 Ridgeland Ave., Berwyn, IL 60402. Educ. Dir., Joseph Moravec, Sr., 1346 S. Kenilworth, Berwyn, IL 60402.

**Sokolice Tabor, Berwyn, Illinois** — Mtgs., 1st Friday, Sokol Tabor, 1602 S. Clarence Ave., Berwyn, IL 60402. Pres., June Pros, 1606 East Ave., Berwyn, IL 60402. Sec., Mildred Homolka, 2513 S. 60th Ct., Cicero, IL 60650. Fin. Sec., Rose Votava, 3216 S. Lombard Ave., Berwyn, IL 60402. Dir. of Women, Juanita LoGiudice, 1913 Gunderson Ave., Berwyn, IL 60402. Educ. Dir., Blanche Kos, 1530 Marengo Ave., Forest Park, IL 60130, and Valentine Husak, 2633 Home Ave., Berwyn, IL 60402.

**Sokol Town of Lake, Chicago, Illinois** — Mtgs., 2nd Wednesday, Jan., Mar., June, Sept., Nov., at T. G. Masaryk School, 5701 W. 22nd Pl., Cicero, IL 60650, May and Dec., (Dinner meetings) at various restaurants. Pres., George Vytlačil, 12515 S. Harold, Palos Heights, IL 60463. Sec., Mildred Mentzer, 11358 S. Hamlin Ave., Chicago, IL 60655. Fin. Sec., Blanche Cihak, 19 Lakeview Ct., Willowbrook, IL 60514. Educ. Dir., Anton Smunt, 5415 S. Fairfield, Chicago, IL 60632.

**Sokol West Suburban, Downers Grove, Illinois** — Mtgs., 1st Monday, at St. John's Ev. Luth. Church, 7214 Cass Ave., Darien, IL 60559. Pres., Sylvia Pistorius, 342 W. Naperville Rd., Westmont, IL 60559. Sec., Mildred M. Bruno, 307 W. Naperville Rd., Westmont, IL 60559. Fin. Sec., Evelyn Behounek, 4827 Cornell, Downers Grove, IL 60515. Dir. of Men, Frank Michalek, 10 S. 020 Lorraine Dr., Hinsdale, IL 60521. Dir. of Women, Linda Blaho, 20 W. 214 Spring Green Dr., Downers Grove, IL 60516.

#### EASTERN DISTRICT, LITTLE FERRY, NEW JERSEY

**Sokol Baltimore, Maryland** — Mtgs., 2nd Sunday, American Sokol Center, 2931 E. Madison St., Baltimore, MD 21205. Pres., Albert E. Pokorny, 9812 Gunforge Rd., Perry Hall, MD 21128. Rec. Sec., Marie Pokorny, 9812 Gunforge Rd., Perry Hall, MD 21128. Corr. Sec., Betty Joy Kilian, 3068 Mayfield Ave., Baltimore, MD 21213. Fin. Sec., Mary Parizek, 8236 Northview Rd., Baltimore, MD 21222. Dir. of Men, Ronald Zoubek, 1 Greenwood Ave., Baltimore, MD 21206. Dir. of Women, Kimberly Parizek, 8236 Northview Rd., Baltimore, MD 21222.

**Sokol Belcamp, Maryland** — Mtgs., 1st Sunday, at the Bayou Restaurant. Pres., Frank G. Novak, 241 Graceford Dr., Aberdeen, MD 21001. Sec., Edward C. Kotras, 2905 Creswell Rd., Bel Air, MD 21014. Fin. Sec., Sidney Formanek, 16 Pleasant Wind Court, Aberdeen, MD 21001.

**Sokol Curtis Bay, Maryland** — Mtgs., 2nd Thursday at residence of Blanche Guilfooy, 4807 Pennington Ave., Baltimore, MD 21226. Pres., Blanche Guilfooy, 4807 Pennington Ave., Baltimore, MD 21226. Sec., Helen Henne, 206 Tenth Ave., Baltimore, MD 21225. Fin. Sec., Edward Henne, 206 Tenth Ave., Baltimore, MD 21225.

**Sokol Fuegner, L.I.C., New York** — Mtgs., 4th Tuesday of March, May, Sept., Nov., Dec., Bohemian Hall, 29-19 24th Ave.,

L.I.C., NY 11102. Pres., Edward P. Babor, 33-25 92nd St., Jackson Hts., NY 11372. Sec., Virginia Bel-san, 41-35 49th St., Sunnyside, NY 11104. Fin. Sec., Jane Cerny, 26 Middleton Rd., Garden City, NY 11530. Dir. of Women, Dorothy Guerrerri, 46-05 21st Ave., Astoria, NY 11105.

**Sokol Little Ferry, New Jersey** — Mtgs., 2nd Monday, Sokol, 14 Garden St., Little Ferry, NJ 07643. Pres., John F. Donovan, 279 Liberty St., Apt. 33, Little Ferry, NJ 07643. Sec., Richard J. Novotny, 12 Green Meadows Rd., Fairfield, NJ 07006. Fin. Sec., Jerry Komarek, 101 Mehrhof Rd., Little Ferry, NJ 07643. Dir. of Men, Frank Capek, 40 William St., Apt. D11, Little Ferry, NJ 07643. Educ. Dir., Alfonso Glaser, 172 Washington Ave., Little Ferry, NJ 07643.

**Sokolice Little Ferry, New Jersey** — Mtgs., 4th Wednesday, except July and August, Sokol Hall, 14 Garden St., Little Ferry, NJ 07643. Pres., Blanche Bidnik, 479 Grove St., Clifton, NJ 07013. Rec. Sec., Eva Rohlfis, 470 Teaneck Rd., Ridgely Park, NJ 07660. Corr. Sec., Audrey Benda, 34 Brandt St., Little Ferry, NJ 07643. Fin. Sec., Elsie Machotka, 2317 Central Ave., Surf City, NJ 08008. Dir. of Women, Vilma Krauer, 31 Brandt St., Little Ferry, N.J. 07643.

**Sokol Miami, Florida** — Mtgs., every Monday 12 noon, at North Miami Community Center, all correspondence/mail to: 1215 N.E. 128th St., No. Miami, FL 33161. Pres., Emilie Ruzicka, 1215 N.E. 128th St., North Miami, FL 33161. Sec., Freda Hruska, 3550 N.W. 8th Ave., #209, Pompano Beach, FL 33064. Fin. Sec., Ben Kondelik, 1990 N.E. 183rd St., No. Miami Beach, FL 33126. Educ. Dir., Emilie Ruzicka, 1215 N.E. 128th St., No. Miami, FL 33161.

**Sokol Newark, New Jersey** — Mtgs., 3rd Saturday or Sunday at members' homes. Pres., Frank Bartell, 646 E. Pt. Pleasant Ave., Box 97, Ocean Gate, NJ 08740. Sec., Barbara Kotlan, 54 Cleremont Ave., Irvington, NJ 07111.

Fin. Sec., Anna Votapek, Acacia-Lumberton Manor, Apt. 8H, East Landing St., Lumberton, NJ 08048. Educ. Dir., Barbara Kotlan, 54 Claremont Ave., Irvington, NJ 07111.

**Sokol New York, NY** — Mtgs., last Thursday of each month, 420 East 71st St., New York, NY 10021. Pres., Vladislav Slavik, 58-03 Lawrence St., Flushing, NY 11355. Sec., Bohumil Semerak, 61 A Seth Court, Staten Island, NY 10301. Fin. Sec., Mirka Jurnik, 338 E. 65th St., #4, New York, NY 10021. Dir. of Men, Joseph Balogh, 402 E. 69th St., New York, NY 10021. Dir. of Women, Beatrice Cihak, 1540 York Ave., New York, NY 10028. Educ. Dir., Irene Mergl, 1278 First Ave., New York, NY 10021.

**Sokol Philadelphia, Pennsylvania** — Mtgs., 1st Wednesday - in home of our president. Pres., Josephine Tunkl, 5836 Akron St., Philadelphia, PA 19149. Sec., Geo. B. Novak, 2003 E. Elkhart St., Philadelphia, PA 19134. Fin. Sec., Julie Kabrbel, 8211 Albion St., Philadelphia, PA 19136. Educ. Dir., Frank Hausgut, 11933 Alberta Dr., Philadelphia, PA 19154.

**Sokol Schenectady, NY** — Mtgs., 4th Wednesday, luncheon meetings. 1st Vice-Pres., Louis Matousek, 1010 Lakeview Ave., Schenectady, NY 12303. Sec., Mary Prokop, 1005 Sixth St., (Rotterdam), Schenectady, NY 12303. Fin. Sec., Julia Kverek, 1541 Altamont Ave., Schenectady, NY 12303.

**Sokol Washington, D.C.** — Mtgs., 1st Wednesday, Barton House, 2525 Barton & 10th St., Arlington, VA 22201. Pres., Jaroslav Kaspar-Paty, 7112 Camp Alger Ave., Falls Church, VA 22042. Rec. Sec., Libuse Cerny, 2802 - 27th St., N.W., Washington, D.C. 20008. Corr. Sec., Vera Arient, 7324 Lee Highway, Apt. 102, Falls Church, VA 22046. Fin. Sec., Gertrude Manhal, 1330 Massachusetts Ave., N.W., Washington, D.C. 20005. Dir. of Men, Anthony Bartos, 6067 Hollow Hill Lane, Springfield, VA 22152. Educ. Dir., Mildred Barcal, 8416 Donnybrook Lane, Chevy Chase, MD 20815.

### NORTHEASTERN DISTRICT, CLEVELAND, OHIO

**Sokol Detroit, Michigan** — Mtgs., 1st Thursday, Sokol Cultural Center, 23600 W. Warren, Dearborn Hts., MI 48127. Pres., Henry Siedlik, 5651 Argyle, Dearborn, MI 48126. Sec., Richard Fournier, 6590 Dolphin, Dearborn Hts., MI 48127. Dues Sec., George Vihonsky, 8507 Dale, Dearborn Hts., MI 48127. Fin. Sec., Anthony Giacchina, 30942 Fernwood, Westland, MI 48185. Dir. of Men, Charles Bares, 11425 Cedar Lane, Plymouth, MI 48170.

**Sokolice Detroit, Michigan** — Mtgs., 1st Thursday, Sokol Cultural Center, 23600 W. Warren, Dearborn Hts., MI 48127. Pres., Jarmila Kalivoda, 6533 Arcola, Garden City, MI 48135. Sec., Anna Eisner, 2750 Emily Ave., Melvindale, MI 48122. Fin. Sec., Carolyn Sabados, 43911 Orleans Ct., Canton, MI 48187. Dir. of Women, Mary Panakia, 18526 Southhampton, Livonia, MI 48152.

**Sokol Greater Cleveland, Ohio** — Mtgs., 3rd Tuesday, Bohemian National Hall, 4939 Broadway, Cleveland, OH 44127. Pres., Betty Hosticka, 2052 Ridgeview Dr., Seven Hills, OH 44131. Sec., Shannon Stefanko, 1307 Parkleigh Dr., Parma, OH 44134. Fin. Sec., Ronald Vinci, 19053 Hunters Pointe Dr., Strongsville, OH 44136. Dir. of Men, Roger Martanovic, 42 Santin Circle, Bedford, OH 44146. Dir. of Women, Georgia Drobny, 4554 Vezber Ave., Seven Hills, OH 44131. Educ. Dir., George Kotlan, 7017 Brookside Rd., Independence, OH 44131.

**Sokol Moravan, Toledo, Ohio** — Mtgs., 4th Monday, at members homes. Pres., Fred Bartos, 3444 St. Bernard Dr., Toledo, OH 43613. Sec., Elizabeth Penovich, 2130 Nevada St., Toledo, OH 43605. Fin. Sec., John Reiser, Jr., 2128 Maryland Pl., Northwood, OH 43619.

**Sokol Rip, Pittsburgh, Pennsylvania** — Mtgs., Usually every 2nd month on the 3rd Thursday. Pres., Wallace Schiffer, 2074 Fairlawn, Pittsburgh, PA 15221. Sec.,

Louis Simek, 220 Elizabeth Ave., E. Pittsburgh, PA 15112. Fin. Sec., James Leder, 133 Mason Dr., Glenshaw, PA 15116.

### PACIFIC DISTRICT LOS ANGELES, CALIFORNIA

**Sokol Fresno, California** — Mtgs., 2nd Sunday at various members homes. Pres., Helen Maslowski, 5164 E. Ashland, Apt. 125, Fresno, CA 93727. Corr. Sec., Terry Deeds, 907 Rodgers Lane, Fresno, CA 93727. Rec. Sec., Valerie McCowan, 41521 Auberry Rd., Auberry, CA 93602. Treas., Frank Maslowski, 1549 E. Ellery, Fresno, CA 93711. Dir. of Women, Cheri Riddle, 113 Second St., Clovis, CA 93612. Dir. of Men, Richard Miller, 5670 E. Teague, Clovis, CA 93612. Educ. Dir., Mary Falls, 8395 N. Peach, Clovis, CA 93612.

**Sokol Los Angeles, California** — Mtgs., 3rd Monday, Sokol Hall, 500 N. Western Ave., Los Angeles, CA 90004. Pres. Jerry Spinka, 4640 Gould Ave., LaCanada, CA 91011. Sec., Helen Jakl, 5132 Ellenwood Dr., Los Angeles, CA 90041. Fin. Sec., Louise Nekuda, 2653 Hartland Circle, Westlake Village, CA 91361. Dir. of Men, Steve Kilston, 946 Menlo Ave., Los Angeles, CA 90006. Dir. of Women, Iva Prochazka, 8009 Brimfield Ave., Van Nuys, CA 91402. Educ. Dir., Jiri Liska, 550 S. Beverly Glen Blvd., Los Angeles, CA 90024 and Iva Prochazka, 8009 Brimfield Ave., Van Nuys, CA 91402.

**Sokol San Francisco, California** — Mtgs., 2nd Monday, Sokol 847-849 N. San Mateo Dr., San Mateo, CA 94401. Pres., Vladimir Cesak, 631 Masonic Way, Apt. 3, Belmont, CA 94002. Fin. Sec., Elizabeth Bele, 11 Fairview Pl., Millbrae, CA 94030. Dir. of Women, Blanche Duffey, 249 West Popular Ave., San Mateo, CA 94402.

**(\*)Sokol Seattle, Washington** — Mtgs., Pres., Vaclav F. Vojta, 8475 W. Mercer Way, Mercer Island, WA 98040. Sec., Milada J. Rozek, 12526 S.E. 61st St., Bellevue, WA 98006. Fin. Sec., Igor Weismann, 15201 N.E. 16th Pl., Bellevue, WA 98007.

**SOUTHERN DISTRICT,  
DALLAS, TEXAS**

**Sokol Corpus Christi, Texas** — Mtgs., 2nd Wednesday, Sokol Hall, 5502 Kostoryz Rd., Corpus Christi, TX 78415. Pres., Eugene Lehnert, 917 Carmel Pkwy., Corpus Christi, TX 78411. Sec., Helen Pavelka, Rt. 4, Box 118, Robstown, TX 78380. Fin. Sec., Doreen Munson, HCR #1, Box 1100, Sandia, TX 78383. Dir. of Men, Louis Kubala, 641 Texas, Corpus Christi, TX 78404. Dir. of Women, Gracie Kubala, 641 Texas, Corpus Christi, TX 78404. Educ. Dir., Jerry Sijansky, 414 Pleiades, Corpus Christi, TX 78418.

**Sokol Fort Worth, Texas** — Mtgs., 2nd Sunday, Ft. Worth Sokol, 6500 Boat Club Rd., Ft. Worth, TX 76135. Pres., Darrell L. Williams, 5012 Glade, Ft. Worth, TX 76114. Sec., Gay G. Williams, 5012 Glade, Ft. Worth, TX 76114. Fin. Sec., Jeanne Mason, 2319 Loving Ave., Fort Worth, TX 76106. Dir. of Men, Brad Durham, 828 Reed Ave., Saginaw, TX 76179. Dir. of Women, Rome Milan, 6208 Lakeside, Ft. Worth, TX 76135. Educ. Dir., Ella Davis, 6601 Seth Barwise, Ft. Worth, TX 76179.

**Sokol Houston, Texas** — Mtgs., 2nd Thursday, Temporary at SPJST Lodge 142, 5508 Nolda, Houston, TX 77007. Pres., Al Snider, 634 W. Temple, Houston, TX, 77009. Sec., Carol Kuehn, 9519 Dundalk, Spring, TX 77379. Fin. Sec., Ann Davis, 4103 Marlborough Dr., Houston, TX 77092. Dir. of Men, Bill Petrzela, Rt. 1, Box 79, Cypress, TX 77429. Dir. of Women, Bernadette Mikulencak, 2021 Dunlavy, #6, Houston, TX 77006. Educ. Dir., Bernard Pivonka, 715 W. 26th, Houston, TX 77008.

**Sokol Karel Havlicek-Borovsky, Ennis, Texas** — Mtgs., 3rd Thursday, Sokol Hall, P.O. Box 205, Ennis, TX 75119. Pres., Larry Laznovsky, Rt. 1, Box 48, Ennis, TX 75119. Sec., Irene Kubin, Rt. 2, Box 214, Ennis, TX 75119. Fin. Sec., Betty Trlica, Rt. 4, Ennis, TX 75119. Dir. of Men, Lee Hamilton, Rt. 1, Box 146-A, Italy, TX 76651. Dir. of Women, Sylvia Laznovsky,

Rt. 1, Box 47, Ennis, TX 75119. Educ. Dir., Bernice Hamilton, Rt. 1, Box 146-A, Italy, TX 76651.

**Sokol Karel Havlicek, Yukon, Oklahoma** — Mtgs., 1st Sunday, Yukon Czech Hall, Rt. 3, Box 150, Yukon, OK 73099. Pres., Elma Nykl, 2208 N.W. 12th St., Oklahoma City, OK 73107. Sec., Anna Smrcka, Rt. 3, Box 140, Yukon, OK 73099. Fin. Sec., Bernice Moller, 1402 Allen, Yukon, OK 73099. Dir. of Men, Albert Stejskal, Rt. 3, Box 73, Yukon, OK 73099. Dir. of Women, Mary Polasek, Rt. 1, Box 202, Mustang, OK 73064. Educ. Dir., LaVerne Benda, 6804 N. Libby Ave., Oklahoma City, OK 73132.

**Sokol West, West, Texas** — Mtgs., 2nd Tuesday, SPJST/Sokol Hall, North Davis, West, TX 76691. Pres., Daniel Moravec, Rt. 1, Box 495, Axtell, TX 76624. Sec., Bernie Klish, 1412 Jane Lane, West, TX 76691. Fin. Sec., Darlene Simcik, Rt. #1, Box 683, Elm Mott, TX 76640. Dir. of Men, Robert Lednický, 1500 N. Davis, West, TX 76691. Dir. of Women, Evelyn Cepak, Rt. 1, Box 24-A, Abbott, TX 76621. Educ. Dir., Raymond Matus, Rt. No. 2, Box 172, West, TX 76691.

**Sokol Zizka, Dallas, Texas** — Mtgs., 3rd Sunday, Sokol Zizka, 7448 Greenville Ave., Dallas, TX 75231. Pres., Joseph Ehrenberger, 10411 Mapleridge, Dallas, TX 75238. Fin. Sec., Marie Janousek, 11221 Desdemona Dr., Dallas, TX 75228. Dir. of Men, Walter Hosek, 6449 Glennox Ln., Dallas, TX 75214. Dir. of Women, Teresa McClure, 1423 Lebanon, Dallas, TX 75208. Educ. Dir., Ray Faraizl, Jr., 1125 Montclair Dr., Garland, TX 75040.

**WESTERN DISTRICT,  
OMAHA NEBRASKA**

**Sokol Cedar Rapids, Iowa** — Mtgs., 1st Monday, Sokol Gymnastic Ass'n., 415 - 3rd St., SE, Cedar Rapids, IA 52404. Pres., Joseph Pazour, 72 - 18th Ave., S.W., Cedar Rapids, IA 52404. Sec., Donald Pulkrab, 2436 - 1st St., S.W., Cedar Rapids, IA 52404. Fin. Sec., Larry Chmelicek, 331

Wiley Blvd., N.W., Cedar Rapids, IA 52405. Dir. of Men, Joseph Pazour, 72 - 18th Ave., Cedar Rapids, IA 52404. Educ. Dir., Ted Hlubucek, 2222 - 1st Ave., N.E., Cedar Rapids, IA 52402.

**Sokolice Renata Tyrsova, Cedar Rapids, Iowa** — Mtgs., 1st Monday, Sokol Hall, 417 - 3rd St., S.E., Cedar Rapids, IA 52401. Pres., Vilma Nejdí, Rt. 1, Ely, IA 52227. Sec., Mana Zlatohlavek, 2454 Victoria Dr., S.W., Cedar Rapids, IA 52404. Fin. Sec., Marie Webster, 249 - 15th Ave., S.W., Cedar Rapids, IA 52404. Dir. of Women, Allison Gerber, 1415 Wiley Blvd., N.W., Cedar Rapids, IA 52405.

**(\*)Sokol Crete, Nebraska** — Mtgs., 1st Wednesday, Sokol Hall, 14th and Norman, Crete, NE 68333. Pres., Steve Pomajzl, RFD No. 2, Wilber, NE 68465. Sec., Lester G. Bruns, 1705 Ivy, Crete, NE 68333. Dir. of Men, Robert Lorenz, RFD 2, Crete, NE 68333. Educ. Dir., Robert Lorenz, RFD 2, Crete, NE 68333.

**Sokolice Libuse, Crete, Nebraska** — Mtgs., 1st Wednesday, Sokol Hall, 130 W. 12th, Crete, NE 68333. Pres., Alice Kalkwarf, 807 Oak St., Crete, NE 68333. Sec., Gail August, 809 E. 2nd, Crete, NE, 68333. Fin. Sec., Camille Formanek, 1622 Ivy, Crete, NE 68333. Dir. of Women, Theresa Vernon, Rt. #2, Crete, NE 68333. Educ. Dir., Libbye Jiskra, 1235 Main, Crete, NE 68333.

**Sokol Omaha, Nebraska** — Mtgs., 1st Monday, Sokol Auditorium, 2234 S. 13th St., Omaha, NE 68108. Pres., Raymond Lastovica, R.R. #24, Omaha, NE 68126. Sec., Frank T. Tesar, 6616 S. 45th St., Omaha, NE 68117. Fin. Sec., Ray D. Duranski, 2312 S. 14th St., Omaha, NE 68108. Dir. of Men, James J. Velehradsky, Jr., 5840 S. 48th Ave., Omaha, NE 68117. Educ. Dir., Leo Mach, 1714 S. 11th St., Omaha, NE 68108.

**Sokolice Omaha, Nebraska** — Mtgs., 1st Monday, Sokol Omaha, 2234 S. 13th St., Omaha, NE 68108. Pres., Vicky Sedlacek, 3930 Monroe, Omaha, NE 68107. Sec.,

Barbara Seefus, 3920 Wright St., Omaha, NE 68105. Fin. Sec., Mildred Krejci, 2428 S. 14th St., Omaha, NE 68108. Dir. of Women, Elizabeth Barrett, 1529 S. 25th St., Omaha, NE 68105. Educ. Dir., Janice Gathye, 14706 Holmes, Omaha, NE 68137.

**Sokol South Omaha, Nebraska** — Mtgs., 1st Monday, Sokol South Omaha Hall, 2021 "U" St., Omaha, NE 68107. Pres., Fred Altic, 2817 S. 74th St., Omaha, NE 68124. Rec. Sec., Michael McLaughlin, 1903 "W" St., Omaha, NE 68107. Corr. Sec., James Riha, 4301 Woolworth Ave., Omaha, NE 68105. Fin. Sec., Mickey Dalton, 5240 S. 23rd St., Omaha, NE 68107. Dir. of Men, Vojmir Benak, 5919 S. 15th St., Omaha, NE 68107. Educ. Dir., Marc Johnson, 4708 Emiline, Omaha, NE 68157.

**Sokolice South Omaha, Nebraska** — Mtgs., 1st Tuesday, South Omaha Sokol Hall, 2021 "U" St., Omaha, NE 68107. Pres., Jolene Dalton, 5240 S. 23rd St., Omaha, NE 68107. Sec., Carol Koubsky, 4534 Polk St., Omaha, NE 68117. Fin. Sec., Ella Rendla, 2007 Avery Rd., Bellevue, NE 68005. Dir. of Women, Sandra Benak, 5919 S.

15th St., Omaha, NE 68107. Educ. Dir., Margie Swoboda, 5130 S. 20th St., Omaha, NE 68107.

**Sokol Wilber, Nebraska** — Mtgs., 1st Monday, Wilber Sokol Hall, 317 S. Wilson, Wilber, NE 68465. Pres., Blanche Hronik, 320 E. 1st, Box 106, Wilber, NE 68465. Sec., Alice Maryska, RFD 2, Box 96, Wilber, NE 68465. Fin. Sec., Georgia Walter, 607 Lincoln, Box 127, Dorchester, NE 68343. Dir. of Women, Georgia Walter, 607 Lincoln, Box 127, Dorchester, NE 68343.

#### NORTHERN CIRCUIT OF WESTERN DISTRICT

**Sokol Minneapolis, Minnesota** — Mtgs., not regular, at members' homes. Pres., Joseph Hosek, 3350 Upton Ave., N., Minneapolis, MN 55412. Sec., Luella Greb, 8100 Highwood Dr., Apt. B222, Bloomington, MN 55438. Treas., Anita Longnickle, 2026 Emerald Lane, Eagan, MN 55122.

**Sokol Minnesota, St. Paul, Minnesota** — Mtgs., 4th Friday, CSPS Hall, 383 Michigan, St. Paul, MN 55102. Pres., Robert J. Vanyo 446 Bay St., St. Paul, MN 55102. Rec. Sec., Sharon Wyberg, 5604 Mor-

gan Ave., S., Minneapolis, MN 55419. Corr. Sec., Eleanor Reider, 322 Erie, St. Paul, MN 55102. Fin. Sec., Elsie Roepke, 3628 Rhode Island Ave., St. Louis Park, MN 55426. Dir. of Men, Robert J. Vanyo, 446 Bay St., St. Paul, MN 55102. Dir. of Women, Betty McNiff, 1714 Cedar Lane, Newport, MN 55055. Educ. Dir., Joan Sedlacek, 630 S. Lexington Pkwy., St. Paul, MN 55055.

#### SOUTHERN CIRCUIT OF WESTERN DISTRICT

**Sokol Caldwell, Kansas** — Mtgs., 1st Monday, Sokol Auditorium, Caldwell, KS 76022. Pres., Joe Nethala, Rte. 1, Bluff City, KS 67018. Sec., Robert Vavra, Box 143, Argonia, KS 67004. Fin. Sec., Elsie Thrular, 108 S. Market, Caldwell, KS 76022.

**Sokol Karel Jonas, Wilson, Kansas** — Mtgs., 1st Sunday every 3rd month, now in the home of Alice Sula. Pres., Joe Sebesta, Wilson, KS 67490. Sec. and Treas., Alice Sula, 507 - 30th St., Wilson, KS 67490.

(\*) (asterisk) — *Corrections not received by deadline.*

## Calendar of Events

- APRIL 5, 6 — SOKOL GREATER CLEVELAND  
Včelky Pay presentation "Kolíne, Kolíne"
- APRIL 6 — SOKOL LITTLE FERRY  
Mens Div. Exhibition
- APRIL 12 — WESTERN DISTRICT  
Childrens Competition. Host — Sokol Crete
- APRIL 12 — SOKOL BERWYN  
75th Anniversary Celebration
- APRIL 13 — SOKOL LITTLE FERRY  
Womens Div. Exhibition
- APRIL 19 — CENTRAL DISTRICT  
Spec. No. Competition
- APRIL 19 — SOKOL GREATER CLEVELAND  
Mistřičanka Folk Group from Czechoslovakia
- APRIL 25 — SOKOL LITTLE FERRY  
Fish Fry

- APRIL 27 — SOKOL GREATER CLEVELAND  
Concert Band Performance
- MAY 16 — SOKOL MILWAUKEE  
Exhibition and Sokol Graduation
- MAY 17 — SOKOL DETROIT  
Boys & Girls Competition
- MAY 18 — SOKOL LOS ANGELES  
Veřejné cvičení and dance
- MAY 25 — CENTRAL DISTRICT  
Children's Picnic
- MAY 31 — SOKOL DETROIT  
Jrs. District Competition
- JUNE 1 — CESKA SIN  
Summer Exhibition
- JUNE 1 — LOS ANGELES  
Alpine Village
- JUNE 1 — N.E. DISTRICT  
Summer Exhibition in Detroit
- JUNE 7 — CENTRAL DISTRICT  
Jr./Sr. Competitions
- JUNE 8 — CENTRAL DISTRICT  
Slet

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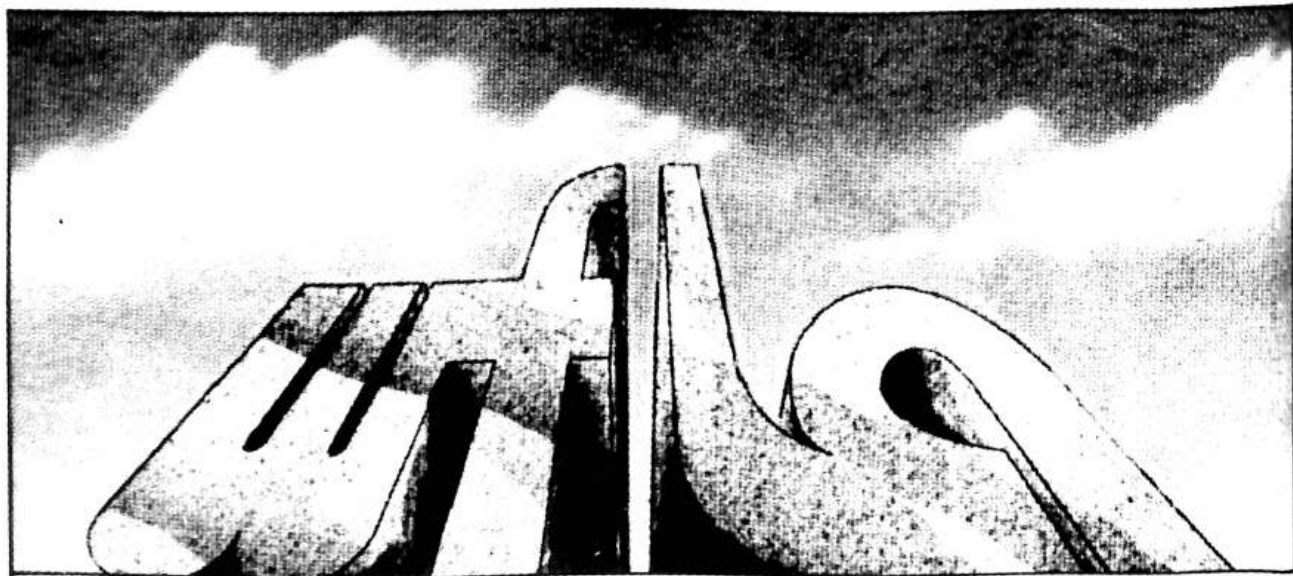


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