

# AMERICAN SOKOL

Publication of the American Sokol  
Educational & Physical Culture Organization



PHYSICAL FITNESS  
THROUGH GYMNASTICS

*Promise yourself to be so strong so that  
nothing can disturb your peace of mind.  
To talk health, happiness and prosperity  
to every person you meet.  
To make all your friends feel that there  
is something in them.  
To look at the sunny side of everything  
and make your optimism come true.  
To think only of the best, to work only  
for the best and expect only the best.  
To be as enthusiastic about the success of  
others as you are about your own.  
To forget the mistakes of the past and press  
on to the greater achievements of the future.  
To wear a cheerful countenance at all times  
and give every living creature you meet a smile.  
To give so much to the improvement of yourself  
that you have no time to criticize others.  
To be too large for worry, too noble for anger,  
too strong for fear and too happy to permit the  
presence of trouble.*

CHRISTIAN D. LARSON



# AMERICAN SOKOL

ISSN: 0003-1259



Published Monthly  
(Except Bi-Monthly July and August)  
by the

**AMERICAN SOKOL ORGANIZATION**  
6424 West Cermak Road, Berwyn, Illinois 60402

Subscription \$4.00 per year

EDITOR - LYNDA FILIPELLO  
4401 Fender Rd., Lisle, IL 60532  
312-355-2572

*Copy for publication must be received by the  
10th of the previous month*

## OFFICE OF THE EXECUTIVE BOARD ASO

Jackie Kourim, Secretary  
6424 W. Cermak Road, Berwyn, IL 60402  
Telephone: 312-795-6671

Meetings: 4th Tuesday - except July and August,  
at ASO Office

President - GEORGE C. BASTA  
I. Vice-President - CHARLES BORVANSKY  
II. Vice-President - GARY MASEK  
Secretary - JACKIE KOURIM  
Treasurer - ROBERT BARCAL  
Financial Secretary - MILDRED C. PINC  
Director of Men - RICHARD PTACEK  
Director of Women - SYLVIA PISTORIUS  
Educational Director - PAUL LEBLOCH  
Public Relations - JERRY RABAS  
Membership - FRED KALA  
Editor - LYNDA FILIPELLO  
Executive Board Member - ROY ZITNY, JOHN SATEK,  
FRED STANKOVSKY  
Alternates - VLASTA ZITNY, MARIE PTACEK,  
ED JELINEK, EMILIE RUZICKA  
By-Laws Chairman - JERRY MILAN  
Library/Archives - ANNETTE SCHABOWSKI

## Calendar of Events

- DECEMBER 17 — Miami's Anniversary Celebration.  
DECEMBER 31 — Stickney New Year's Eve Party  
DECEMBER 31 — St. Louis New Year's Eve Party  
DECEMBER 31 — Detroit's New Year's Eve Dance  
DECEMBER 22 — Childrens Christmas Party  
Milwaukee  
DECEMBER 27 — Czech Christmas,  
European Village — Milwaukee  
DECEMBER 31 — New Years Eve Dance  
Detroit

DECEMBER 31 — New Years Eve Dinner/Dance  
Greater Cleveland

DECEMBER 31 — New Years Eve Party  
Brookfield

JANUARY 3 — Miami's Luncheon by reserv.  
305-893-4637, install. of officers,  
dancing at Czech Club, 13325 Arch Creek Rd.,  
N. Miami, Fla. 33181, Sec. 1215 NE 128 St.,  
N. Miami, Fla. 33161

FEBRUARY 1 — Winter Gymnastical  
Detroit

FEBRUARY 7 — Brookfield Spaghetti Dinner

FEBRUARY 8 — Annual Jaternice Dinner  
Milwaukee

JUNE 24-27 — XX Sokol USA Slet and National  
Gymnastic Championships - Washington, D.C.

## Letters to the Editor

November 11, 1986

I believe that it was a printing error that the editor of American Sokol (or whoever was responsible) put under the photograph on page 101 of October 1986 issue of American Sokol (Vestnik) the name of Bro. Babinec, while it is obvious that the person on the left in the photo is me.

I would appreciate it if you could have a correction printed in the next issue of American Sokol. The correction should indicate the fact that I represented Sokol Washington, D.C. at the Zurich Slet. To be sure, you can also see me marching together with Bro. Rabas immediately behind Bro. Lebloch and Sis. Pistorius in any film or photograph showing the American Sokol entering the Letzigrund stadium on Sunday afternoon, July 6, 1986.

Thanking you in advance, with cordial Nazdar,  
Yours, *Jaroslav Kaspar-Paty*  
Pres. Sokol Washington, D.C.

Change of Address for American Sokol

AMERICAN SOKOL ORGANIZATION  
6424 West Cermak Road  
Berwyn, IL 60402

Sokol \_\_\_\_\_

Name \_\_\_\_\_

Old address \_\_\_\_\_

\_\_\_\_\_ Zip \_\_\_\_\_

New address \_\_\_\_\_

\_\_\_\_\_ Zip \_\_\_\_\_

# AMERICAN SOKOL

VĚSTNÍK AMERICKÉ OBCE SOKOLSKÉ

Ročník - Vol. CVII

December — 1986 — Prosinec

Číslo - No. 12

November 17, 1986  
Executive Board  
American Sokol Organization  
6424 West Cermak Road  
Berwyn, Illinois 60402 U.S.A.

Dear Sisters and Brothers:

We are aware during our VI. Slet in Zurich a Sokol delegation was received by U.S. Ambassador Whittlesey in Bern and presented to her a certificate for President Ronald Reagan.

Since your Educational Director brother Paul Lebloch was a member of our delegation, you might be interested in the President's response and in copies of our correspondence relating to this event.

Kindly accept my best wishes for much success in all your activities.

Nazdar, *Jan Waldauf*

\*

September 29, 1986  
The President of the United States of America  
The White House  
Washington, D.C.

Mr. President:

On July 4, 1986 a delegation of our organization had the honour to be present at the commemoration of the 210th Anniversary of the Independence of the United States of America at the Embassy in Bern, Switzerland.

The Ambassador, Mrs. Faith Ryan Whittlesey, graciously received our delegation and accepted a certificate for you expressing our grateful recognition of your steadfast and inspiring leadership in the defense of freedom and democracy. Our sentiments were expressed in my notes prepared for presentation to the Ambassador (copy enclosed). Following the presentation the Ambassador kindly had the certificate placed next to the Embassy's statue of liberty where, as the enclosed photograph depicts, it remained for the duration of the commemorative party.

Mr. President, please accept our expression of admiration for your continuing efforts to gain freedom, justice and a better life with dignity for the millions oppressed by communist regimes and on behalf of freedom and democracy everywhere. May you, and Mrs. Reagan, be blessed by good health, much strength, happiness and peace for many more years to come.

Most respectfully, *Czechoslovak Sokol Abroad*  
*Jan Waldauf, President*

The White House  
Washington  
November 5, 1986

Dear Mr. Waldauf:

I want to express my deep appreciation to you and your colleagues in the Czechoslovak Sokol Abroad for the framed certificate which you presented to Ambassador Whittlesey in Bern, on the occasion of the 210th anniversary of America's Independence. I am truly grateful for the support of my efforts in the defense of freedom as conveyed by this special remembrance. I shall value the photograph of the certificate which accompanied your eloquent letter as a keepsake of your organization's friendship.

Nancy joins me in sending you and your membership our best wishes as you continue your noble work.

Sincerely, *Ronald Reagan*

Mr. Jan Waldauf, President  
Czechoslovak Sokol Abroad  
2333 Kenbarb Road  
Mississauga, Ontario, L5B 2E9, Canada

\*

Your Excellency:

We are greatly honoured by having this opportunity of meeting with you on this very special day — the Independence Day of the United States of America and we thank you for receiving us.

Our delegation represents Sokol members from 12 countries of the Free World who have assembled in Zurich for the VI. Slet—Festival of the Czechoslovak Sokol Abroad, the temporary successor of the Czechoslovak Sokol organization banned in the country of its origin by the communists, which continues the activities and traditions of the Sokol movement, including the organization of periodic Sokol Slets. This tradition, commenced in 1882 when the first Sokol Slet was held, was forcibly interrupted by the communists after the 11th Slet in 1948 and can now be continued only in countries of the Free World. The All-Sokol Slets held in Prague, traditionally culminated at the beginning of July and included, after 1918, a call at the Embassy of the United States to express the gratitude of Sokol members and the people of Czechoslovakia to the United States for its decisive role in bringing about the establishment of the free, independent democratic Republic of Czechoslovakia. — We are indeed most happy that it was possible to renew this tradition and that we have today this opportunity

to pay homage to the people and the government of the United States.

This day is also very significant to Czechoslovakia because the noble ideals of American democracy influenced, in a most significant degree, the leaders of the struggle for a free and independent Czechoslovakia during the First World War — Thomas G. Masaryk, Eduard Beneš and Milan R. Štefánik. The traditional bonds of friendship between the people of the United States and the people of Czechoslovakia actually predate the establishment of the Czechoslovak Republic and are perhaps most beautifully and movingly expressed in Antonín Dvořák's "New World" symphony.

This year's Independence Day attained even greater significance through the rededication of the Statue of Liberty, symbolizing in a real sense the freedom and happiness found on the shores of the United States by millions of immigrants, many seeking refuge from oppression.

## EXECUTIVE BOARD MEETING

TUESDAY, OCTOBER 28, 1986

**CORRESPONDENCE:** Thank you letter from Br. Zitny for recognition dinner and past president's pin. Letter from attorney representing Blanche Flossman vs. Morton High School (ASO Slet). After lengthy discussion, board decided to hire an attorney to guide us through this problem. Letter from Br. R. E. Jirousek, Northeastern District President re: pending lawsuit dropped by Sokol Greater Cleveland. Approved \$10.00 donation to Czechoslovakia National Council for seals "Czechoslovakia Still Enslaved!" Statue of Liberty report, Br. Stanley Barcal to investigate why no funds listed under Sokol or American Czech Congress.

**DIRECTOR OF WOMEN** — Sis. Sylvia Pistorius: Western Dist., USGF Congress of Coaches, Sept. 25-28, St. Louis, Mo., 5 people attending \$788.23. Technical material \$40.00 per unit (men & women), total \$145.86. ASO National Instructors Course, 7/25 to 8/3, total 17 students \$935.00. Approved for payment.

Southern District, USGF Congress of Coaches, 1 person attending \$379.68, approved for payment. Northeastern District, balance due \$98.00 on final report given in October, approved for payment.

**DIRECTOR OF MEN** — Br. Richard Ptacek: Minutes of Directors Conference will be presented next month. Received a check \$51.61 from National Instructors Course, balance left after all expenses. Br. Jerry Milan, Dir. of National Conference passed out a packet of material that will benefit all gymnastically active units.

A picture of our National Instructors School was in the USGF magazine. They request additional articles from the ASO.

**MEMBERSHIP CHAIRMAN** — Br. Fred Kala: We have reconciled the list from Greater Cleveland, Sokol Cleveland has merged and reported the new members on the report from SGC.

**EDUCATIONAL CHAIRMAN** — Br. Paul Lebloch: Received detailed report of educational activities of Sokol Minnesota from Sis. Joan Sedlacek. Sis. Blanche Kral of Schuyler, N.E. requests information of Sokol History. Donations: framed Sokol stamp collection, picture of Bro. Alois Hudec performing at the 1936 Berlin Olympic games, article from the 1947 Czechoslovak newspaper about COS tour to our 1947 American Sokol Slet: all from Br. Anton Studnicka. From Sis. Pistorius, Sokol zpěvník (Sokol song book) from Europe, pre WW I. Br. S. Barcal donated a book "Tyršův Odkaz", containing Br. Barcal's article on Tyrš in both Czech and English. Br. Kala will write article on Educational books for sale at the ASO office. Letter will follow to all units listing all items available for purchase. This could also be included in future price lists through Uniform div. Birthday greetings sent to Sis. Marie Provaznikova celebrating her 96th birthday!

**PUBLICITY — CZECH:** Br. Jerry Rabas: no report.

**PUBLICITY — ENGLISH:** No chairperson, as yet.

**FINANCIAL SEC.** — Sis. Mildred Pinc: Sis. Sotka and I attended tax seminar, corrected rosters received from the following units: Karel Havlíček Borovský, Ennis, Corpus Christi, Houston, and Milwaukee.

**TREASURER** — Br. R. Barcal: All statements in order. Reports for ASO and uniform division are now done through computer. We had a lot of extra expenses this year due to computer and accessories, cost of tax exemption research, printing of the constitution and by-laws, a once every five year expense. (Shouldn't this come out of convention fund expense?) Discussion held on "are we going to charge the units and districts that participated in the program" (tax exemption, 24 in all)? This was not stated in the beginning of the project.

**EDITOR** — Sis. Filipello: A publication meeting was held with Sis. Filipello, Kourim, Bro. Basta, Michalek, and Borvansky attending. Many guidelines were discussed and better understanding of the whole operation for the publication came forward. Br. Michalek will have eight pages for the Gymnast section in the July /August, September and January issues. Extra space is available at that time as no ASO minutes are submitted for those months.

**SECRETARY** — Sis. J. Kourim: Project for the month; move out all obsolete machinery and furniture not being used and make room for necessary equipment. Correspondence and other regular duties attended to.

**II VICE PRES.** — Br. Gary Masek: Complaint from Sokol South Omaha regarding quality of new unit flags. Also Br. Riha has not received by-laws he sent in for approval. 1989 Slet Chairman is Br. Walter Bures.

**I VICE PRES.** — Br. C. Borvansky: no report.

**PRESIDENT** — Br. G. Basta: Ann and I attended 100 year anniversary of Sokol Fuegner in

New York. Br. Charles Zraly was made honorary president of the unit and also served as master of ceremonies. Attended Eastern District meeting the next day. Attended tax seminar, also.

Old Business: Tour report: Tour committee met this evening, members are Sis. Marie Ptacek, Jackie Kourim, Bro. Ptacek and Basta. Report read at exc. mtg. our financial share of tour \$4,000.

New Business: Christmas Seal, approved.

Br. F. Stankovsky presented the first minutes (framed) of Sokol Milwaukee to our Library & Archives.

New Slovak Slet plate just received.

Respectfully submitted, *Sis. Jackie Kourim, Sec.*

## SOKOL HAVLÍČEK-TYRŠ

The time honored observance of the 75-year anniversary of Sokol Havlíček-Tyrš was held November 15, 1986. It was on this day that 167 members and friends came to socialize and reminisce on the history of one of the most active units in the Central District. The many guests arrived early — from near and far — (sis. Emilie Ruzicka of Miami, sis. Evelyn Holman from California, and bro. and sis. Chuck and Jarmila Sladek from Utah).

As we entered the dining room, sis. Lorraine Faikus greeted us and we saw before us rows of tables beautifully set. Floral arrangements, made by sis. Elsie Jilek, decorated the tables enhancing the festive atmosphere. Before we had an opportunity to chat with friends, exchange recollections of years gone by, it was time to take our places as dinner was to be served promptly at 7 p.m.

Sis. Ann Basta, President of Sokol Havlíček-Tyrš, welcomed the guests and a toast followed by an excellent meal (Czech cuisine, of course) with music and more socializing to follow.

The program followed with bro. George Basta, President of the American Sokol Organization (also Treasurer of Sokol Hav.-Tyrš) presenting a most unique version of a Sokol Unit's history — "THIS IS YOUR LIFE SOKOL HAVLÍČEK-TYRŠ". Interspersed with historic moments were musical selections of the times — Czech and American Songs of the period, as well as Czech marches.

### MOMENTS TO REMEMBER:

Merger of Sokol Miroslav Tyrš and Sokol Karel Havlíček Sept. 17, 1911. Women merged Oct. 3, 1911.

Cornerstone of new building at 2619 S. Lawndale laid Oct. 1, 1911. Official opening of new building Dec. 24, 1911.

During World War I. — 45 members marched to the induction center and enlisted as a group to serve their country. A total of 60 members served with 5 losing their lives in battles.

1926 — Building remodeled, addition of balcony and new front. Grand opening Sept. 12, 1926.

1939 a dream fulfilled — purchase of 55 lots in Crystal Lake, Illinois for a Sokol Camp.

World War II. 95 members answered the call and served in the Armed Forces, including 6 sisters — 2 did not return.

Celebrated 50th anniversary with over 600 people in attendance.

1970 Saw the sale of Sokol Camp (30 years of Camp memories and dedication of workers).

Nov. 1971 celebrated 60th anniversary with 450 in attendance.

Last New Year's Eve held in 1972 and in August 1973 offer was accepted to sell.

Pre-Slet and Awards Nite in June 1973 for the ASO Slet marked the end of an era for Sokol Havlíček-Tyrš.

However, meetings are being held in Sokol Berwyn.

In 1975 joined efforts of Sokol Chicagoland to build in the suburbs.

Dec. 1979 saw the merger of Sokol and Sokolice into one Unit — Sokol Havlíček-Tyrš.

Presentation of pins and diplomas by bro. Jerry Rabas followed, with a 50-years pin presented to bro. George Basta; 10-year to bro. Capek — and diplomas to those members with over 50-years membership.

Bro. Vaclav Zenisek spoke in Czech and English on "Sokol Thoughts" — Sokol movement — reminiscing.

As a most appropriate ending to the program sis. Jackie Kourim, Secretary American Sokol Organization rendered a medley of songs, accompanied by John Budilovsky, and fittingly concluded with "Spějme Dál" in which all joined. Dancing and socializing followed.

This is a mere capsule in time of the activities of a Sokol Unit — a heritage to be proud of.

To the many past and present members of Sokol Havlíček-Tyrš — our deep gratitude for your unselfish devotion to our Sokol ideals. Yes — there is a future for SOKOL! Nazdar! *Sis. Betty Prener*

## CAPITOL IDEAS

With only six months remaining until our XX Sokol USA Slet and Competition, I thought you might be interested in more details about the Slet and competition locations and our headquarters hotel accommodations. Even without being totally familiar with Washington D.C. it doesn't take long to realize that our Slet arrangements are "first class" all the way!

Many times the cost of staying at the headquarters hotel is really too exorbitant for most lodges to handle. We sometimes stay much farther away from the Slet sight than we would like because the rates of the rooms are more reasonable. This is not the case for our XX Sokol USA Slet in Washington D.C. Arrangements have been finalized and rates are excellent with the cost being more reasonable than many of the outlying area hotels. No compromise is necessary!

The Hyatt Regency Washington on Capital Hill is located at 400 New Jersey Avenue at D Street, N.W., just two blocks from the Capital. Airport transportation is available and the safe, convenient Metrorail is immediately by the hotel. It is an eleven-story building with a 5-story Atrium Park Lobby, covering one entire city block. There are 842 deluxe king, double and twin accommodation guest rooms; 32 elegantly appointed suites, including two Presidential Suites featuring a corner living room with a view of the Capitol. The hotel has 24 meeting and banquet rooms, two ballrooms, and ten conference parlors. For dining and cocktails there are many possibilities. Located in the Atrium Park Lobby is the "Park Promenade" — open daily from 6:30 a.m. to midnight for breakfast, lunch and dinner. On the Lobby Level is "Jonah's Oyster Kitchen" — open Monday through Friday for lunch from 11:30 a.m. to 2:30 p.m. Open for afternoon Oyster Bar from 2:30 p.m. to 6:00 p.m., Monday through Friday. Open seven nights a week for dinner from 6:00 p.m. to 11:00 p.m. Also located on the Lobby Level is the "Spy's Eye Cocktail Lounge" with cocktail service daily from 11:00 a.m. to 1:30 a.m. Complimentary hors d'oeuvres at cocktail hour. On the Rooftop level there is "Hugo's" — open for dinner daily and the "Capitol View Lounge" — open for cocktails from 5:00 p.m. to 1:30 a.m.

Some of the special services available at the Hyatt Regency are: complimentary morning newspapers available in the lobby for each guest, complimentary coffee in the lobby each morning, closed caption TV for the hearing-impaired, multi-lingual staff, foreign currency exchange, AM/FM clock radios in each guest room, 24-hour room service and a video room.

The competitions will be held at Gallaudet University which is a beautiful, spacious, city campus with a country-style landscaping. There will be two gymnasiums available for both the men and women's competitions. The campus is only about ten minutes by car or taxi from the hotel.

Finally, the Slet sight — the 63,000 square feet D.C. Armory located in STARPLEX, Washington's indoor/outdoor entertainment center. All roads lead to STARPLEX. It's just two miles from the U.S. Capitol, and right on the doorstep of the D.C., Maryland and Virginia population centers. Washington Metro's Blue/Orange subway line has its own STARPLEX station, delivering riders right to the entrance. The distinctive shapes of RFK Stadium and D.C. Armory are landmarks on Washington's southeastern skyline. Unlike other local entertainment centers, it's conveniently and accessibly located in large open area of the city, close to the Capital Beltway (Rte. 495). Arriving and departing crowds are channelled quickly and safely through STARPLEX grounds, under the efficient guidance of the U.S. Park Police Department and STARPLEX's private security agency. Asphalt parking lots are well-lighted and fenced in, and supervised by trained parking attendants.

D.C. Armory is Washington's auditorium, arena, bit top and ballroom. Under this huge dome, the people of the nation's capital come to enjoy the nation's extravaganzas. Here Washington plays host to conventions and circuses. Ice shows and inaugural balls. Horse shoes and home shows. Antiques and autos. Rodeos and rock concerts. Cabarets and campers. Sailboats and saxophones. Discos and diplomats. Presidents and poodles. Congressmen and clowns. Artists and acrobats. Flowers and fireworks. And now — the XX Sokol U.S.A. National Slet.

In the very near future a total "tour package" will be made available for everyone. This package will include hotel, entrance to all Slet activities and social events, a river excursion on the Potomac River and tour of Mt. Vernon, and a half-day sight-seeing tour of Washington D.C. Watch the upcoming and *American Sokol* for information.

## *Sokol Educator*

### **Sokol Los Angeles in the past and present**

"There is a little bunch of Czechs in Los Angeles, most of them workmen. But be sure, they do not socialize like veterans. They have their local chapter of a big American-Czech insurance company and their Sokol unit which built a modest "sokolna", although their membership comprises only twenty men. And when — during a visit of the Prague journalist Karel Pelant — I for the first time visited our countrymen and presided to their meeting in which my friend Pelant had a lecture — I was surprised by their relatively high level of education and national consciousness."

These are words of the famous writer Jan Havlasa that appeared in Czech newspapers in Omaha and Cleveland in 1908. The next year, these words appeared in the book "V kraji věčného jara" (In the Country of an Ever Lasting Spring), published in Prague. It proves that Sokol Los Angeles existed already between 1900-1905 and that we should celebrate at least it's 80th anniversary. Thanks to brother Josef Pejskar who sent us these materials.

According to tradition, the official beginning of Sokol Los Angeles is the year 1909. The foundation of the Pacific District of Sokol units goes to the same year because other units already existed and therefore the District was formed. Sokol San Francisco, for example, was founded 80 years ago. To compare, the first unit ever in the United States was founded in 1865 in St. Louis, Missouri.

#### **The Beginnings, and the Peak**

We did not find any other mention about the "sokolna". We just know that the Los Angeles Sokols, after 1909, were practicing in rented halls, organized cultural events, picnics and excursions.

AMERICAN SOKOL ORGANIZATION

# GYMNAST

DECEMBER 1986

Editor: Frank H. Michalek — 10 S. 020 Lorraine Dr., Hinsdale, Illinois 60521



*At this Holiday  
Season*

*The American Sokol  
Board of Instructors  
wish to extend to  
all Sokol Units  
and their members*

*Seasons Greetings  
and*

*Best Wishes  
for a*

*Merry Christmas  
and a*

*Happy New Year*

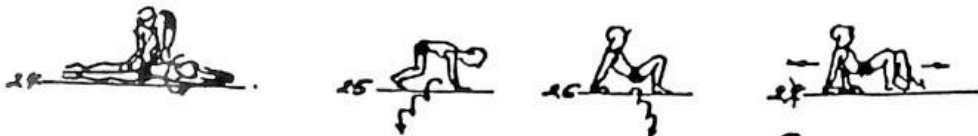
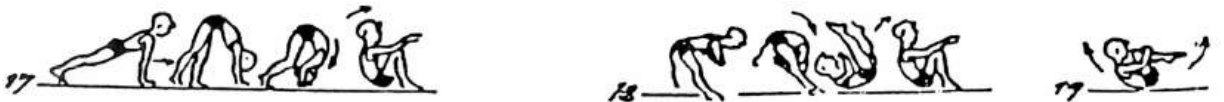
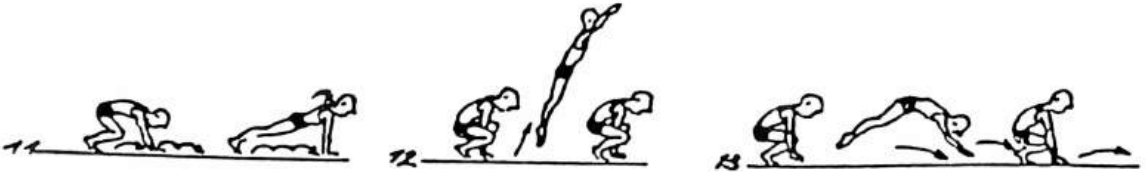
## NAZDAR! TO ALL

AMERICAN SOKOL  
BOARD OF  
INSTRUCTORS

SYLVIA PISTORIUS  
PAT SATEK  
JUDY HARLAN  
ANN HALIK  
JAN KALAT  
JOMARIE MLSEK  
MARIE PTACEK  
NORMA ZABKA  
FRANCES MALINA  
ELLENJEANNE SCHNABL

DICK PTACEK  
DAVID HARLAN  
FRANK MICHALEK  
CHUCK KALAT  
PAUL LEBLOCH  
JERRY MILAN  
JOHN SATEK  
STEVE FISCHER

# PROGRESS WITH BASIC WARM-UP SKILLS



## National Instructors School Directors Report

The National Instructors School of 1986 held at Sokol South Omaha should prove to be of great value to every Sokol unit who had students attending. Because of the expertise and enthusiasm of the instructors staff several new innovations were attempted and proved successful.

Sokol and Czech history took on a new meaning thanks to Bro. Jerry Milan — teaching and spotting gymnastic skills became a highlight of each day thanks to Bro. Rome Milan and Bro. Joe Vrzalik.

If there was an area of concentration it was gymnastic skills *progression*. What's next after you have taught the basic rolls and cartwheels? This seemed to be the most asked question by the students. Knowing this was a problem area, the entire staff concentrated their lessons toward proper lead up skills and correct progression. I think every student left the school feeling much better about their ability to lead a group and know what to teach.

Hopefully all of these instructor school graduates will be given an opportunity to put their training to work.

Unit directors must see to it that these new instructors have an opportunity to present the material they learned at the school. They can only become excellent Sokol instructors with continued practice and a show of confidence from all of us!

Thanks to all the students and instructors for making the school a great success.

Nazdar, *Bud Benak*

## MINUTES OF THE DISTRICT DIRECTORS CONFERENCE

HELD AT THE EMBASSY SUITES HOTEL,  
IRVING, TEXAS

ON DECEMBER 24, 25 AND 26, 1986

FRIDAY, OCTOBER 24th SESSION:

Meeting called to order at 7:45 P.M.

PRESENT: Sis. Pistorius, Br. Ptacek, ASO Directors; Br. Satek, Sis. Schnabl, Central Directors; Br. Martanovic, Sis. Fiordelis, Northeastern District Directors; Sis. Laznovsky, Br. R. Milan, Southern District Directors; Sis. Riddle (substituting for Sis. Pelc), Br. Liska, Pacific District Directors; Sis. Dalton, Br. Benak, Western District Directors; Sis. Mergl, Br. Mergl, Eastern District Directors; Sis. Satek, 1st Assistant ASO Women's Director, Sis. Harlan, 2nd Assistant ASO Women's Director, Br. Harlan, 1st Assistant ASO Men's Director, Br. Michalek, 2nd Assistant ASO Men's Director, Sis. Malina, Secretary.

Br. Larry Laznovsky, President Sokol Karel Havlíček-Borovský, Br. Brad Durham, Dir. of Men Sokol Fort Worth, Sis. Marie Ptacek, ASO BOI, Br. Chuck Kalat, ASO BOI, Sis. Jan Kalat, ASO BOI Statistician, Guests: Br. Ed Schnabl, Sokol

Berwyn, Central District, Br. J. Vrzalik, Sokol Baltimore, Sis. Sue Martanovic, Sokol Greater Cleveland.

Br. Ptacek and Sis. Pistorius welcomed everyone and introduced their 1st and 2nd Assistants and the BOI Secretary. Br. Ptacek then called upon the delegates of each District to rise and introduce themselves, plus all guests in attendance.

To open the proceedings in the true Sokol spirit, Br. Ptacek requested that all delegates and guests rise, join hands and give three "ZDARS".

### DISTRICT REPORTS

Recommendations were made to the board to deviate from the Agenda in order to view a video presentation by Br. Larry Laznovsky. The video features Tom Peters who has authored publications, "In Search of Excellence" and "Passion for Excellence" and provides this inspirational and motivational clinic for companies and organizations, and it is Br. Laznovsky's opinion that some of the material that will be viewed can be utilized by the Sokol Organization.

Br. Durham was originally scheduled to make his presentation on Saturday but, due to previous commitments, requested and was granted this earlier time. Br. Durham and Br. J. Vrzalik discussed at length the structure and accomplishments of these clinics and following the Friday night session, offered a video presentation for all those who wished to attend.

This concluded our first session... meeting adjourned at 10:30 P.M.

Tomorrow's meeting will start at 8:30 A.M. in Salon E. Nazdar, *Frances Malina, Secretary*

SATURDAY, OCTOBER 25th SESSION:

Meeting called to order at 8:30 A.M.

Opened with Sokol "Zdar", followed by the singing of "Lví Silou".

PRESENT: Sis. Pistorius, Br. Ptacek, National Directors; Sis. Satek and Br. Harlan, 1st Assistants, Sis. Harlan and Br. Michalek, 2nd Assistants, Sis. Fiordelis, Br. Martanovic, Northeastern District Directors, Sis. Mergl and Br. Mergl, Eastern District Directors, Sis. Laznovsky, Br. Rome Milan, Southern District Directors, Sis. Dalton, Br. Benak, Western District Directors, Sis. Schnabl, Br. Satek, Central District Directors, Rep. Sis. Riddle, Br. Liska, Pacific District Directors, Sis. Malina, Secretary, Sis. Kalat and Br. Kalat, ASO BOI members, Br. J. Milan, National School Bd. Committee Chairman, Guests: Br. E. Schnabl, Central District, Br. L. Laznovsky, Sis. Lil Laznovsky, Lori Laznovsky, Lisa Laznovsky, Sokol Ennis, Br. Podhradsky, Southern District. (These names were taken from the sign-in sheet, sorry if anyone was missed.)

### DISTRICT DIRECTORS REPORT — cont.

District Directors gave their reports after having distributed copies of same last evening. Since everyone has copies of all the reports, they will not be

re-typed in these minutes. However, listed below are each District's Active and Inactive Units.

**Central District:** Presented by Sis. EllenJeanne Schnabl & Br. John Satek.

Active: Berwyn, Brookfield, Česká Sň, Milwaukee, Naperville, St. Louis, Slavsky, Stickney, Tábor, West Suburban.

Inactive: Čechie, Chicago, Fuegner, Havlíček-Tyrš, Racine, Town-of-Lake.

(Chicagoland Sokol — a combination of Slavsky, West Suburban, Havlíček-Tyrš and Chicago).

**Northeastern District:** Presented by Sis. Maryann Fiodelis and Br. Roger Martanovic.

Active: Detroit and Greater Cleveland.

Inactive: Moravan and Říp.

**Eastern District:** Presented by Sis. Irene Mergl and Br. Stanley Mergl.

Active: New York, Baltimore, Fuegner, Little Ferry, Washington, D.C.

Inactive: Belcamp, Curtis Bay, Miami, Newark, Schenectady and Philadelphia.

(Note: It is with deep regret that Sis. Mergl announced that Sokol Fuegner will discontinue gym classes this year.)

**Pacific District:** Presented by Libby Pelc's Representative (Cherri Riddle) & Br. Jiri Liska.

Active: Fresno, Los Angeles, San Francisco.

Inactive: Seattle (Officially closed this year).

**Southern District:** Presented by Sis. Sylvia Laznovsky & Br. Rome Milan.

Active: Dallas, Ennis, Ft. Worth, Houston, West, Corpus Christi.

Inactive: Yukon.

**Western District:** Presented by Sis. Jolene Dalton & Br. Bud Benak.

Active: Cedar Rapids, Crete, Minnesota, Omaha, Wilber.

Inactive: Caldwell, Minneapolis, Wilson.

\*Comments and discussion on District Directors Reports: General decline in attendance in some classes. Districts discussed causes and means to reverse this trend.

Districts encountering difficulties with liability insurance, some affected more than others. Having USGF Certified Instructors might be advisable and at some point in time a definite requirement.

Br. R. Milan discussed difficulty among units in keeping attendance records and submitting reports. This is generally a problem and Districts must be persistent in making sure units comply with this vital information.

Br. Liska and Sis. Riddle discussed at length the great need by the Pacific District for a handbook or some type of educational material which will help in conducting classes.

Discussion by Br. & Sis. Mergl regarding the recent discontinuation of gym classes at Sokol Fuegner. This was due in part to inadequate insurance coverage and the lack of experienced and qualified instructors.

## CORRESPONDENCE:

Sis. Malina read a letter received from the American Sokol Organization Executive Board signed by Br. George Basta, President and Sis. Jackie Kourim, Secretary, extending best wishes for a successful conference, and also extending congratulations to Br. Bud Benak and his staff on a successful National Instructors Course.

District Directors would like to be apprised of exactly how much is remaining in their Special Assessment account. Sis. Schnabl recommended asking the Executive Board to provide this information directly to each District Director by Sept. 1st of each year. Sis. Pistorius and Br. Ptacek will follow through on this request.

## EDUCATIONAL COMMITTEE

Report read by Sis. Malina from Br. Paul Lebloch, Chairman of the Educational Committee. Slet essay conducted with a good response and quality compositions received. Congratulations extended to the BOI and Western District on the National Instructors Course held this summer, with the hope that National and District schools be held at more frequent intervals.

## MERIT AWARD COMMITTEE REPORT

Sis. Malina read the Merit Award Committee Report prepared by Sis. Anne Halik, Chairperson. In March 1986 Sis. Halik was asked to take over the duties of Chairperson since Sis. JoMarie Mlsek was unable to carry on due to health reasons. After a special meeting of the committee held in August of this year, the following additions to the rules were recommended:

1. A transcript of grades for the first year must be submitted to the American Sokol Merit Award Committee. A "C" average or better must have been maintained during the year. Failure to submit such a transcript will result in a request for repayment of award.
2. Applicant is wholly responsible that the application is filled out in full, otherwise application is null and void.
3. Unit and District Directors should also be responsible to see that application is complete otherwise application, if not properly completed, will not be considered.
4. Phone number of applicant to be added to the application and renewal forms.
5. Renewal Forms and transcripts to be received at the American Sokol Organization, c/o Merit Award Committee by Aug. 1, 1987.

*Motion made by Sis. Jolene Dalton to accept all of the recommendations listed above. Seconded by Br. Dave Harlan. Motion passed.*

*To be continued*

---

## Help Our Sokol Grow

---

In 1919, the women founded their own Sokol unit called "Sokolice" and they cooperated closely with the men. Good and reliable Sokols were sent into instructors schools, and the central body in Chicago was sending here several excellent travelling instructors. The membership grew and even other brother organizations of Yugoslavs, Slovaks and Russians were founded. Unfortunately, it is the Russians only that shows some signs of life today.

The year 1932 was probably the most memorable year ever: all together, Czech, Slovak, Yugoslav and Russian Sokols made a big performance during the 1932 Olympics in Los Angeles. They performed before the full Collisseum during one of the Olympic days, and made a show of a complete Sokol physical education system. Then they made a similar show in San Francisco, and at the World Fair in San Diego.

When and where was the first public exhibition held? We do not know. But to the knowledge of old-timers, it never was skipped.

### The Two World Wars

It is well proven that many Sokols were fighting in the ranks of the United States Army and that the American Sokols were among the biggest contributors helping T. G. Masaryk and others create a new sovereign Czechoslovak state according to the ideals of the American democracy.

Similar situation was during the 2nd World War, when the Sokol women, left alone, managed to maintain the Sokol activity even during the war years.

### The Sokol Hall

The dream of all Sokols to acquire their own hall materialized in 1936. A "Czechoslovak Hall" was bought in La Crescenta — in the North of the San Fernando Valley — with the help of other Czechoslovak Associations. This property had a big garden and was suitable for social events. *To be continued*

---

## REFLECTIONS OF A "EUROPEAN ENCHANTMENT"

---

*Cont. from October issue*

We arrived in Salzburg, Austria to "the Sound of Music". Our first stop was at the house and gazebo where the movie was filmed. It was "just like the movie". The evening was spent at Hohensalzburg, the fortress overlooking the city, where a group of students presented an excellent folklore show. The following day's rain did not dampen our enjoyment of the walking tour, nor our enthusiasm for shopping in the Getreidegasse. It is a pedestrian shopping alley where the shops have wrought iron signs, including the golden arches of McDonald's!

The drive to Vienna included a lunch stop at Gmunden, known for its ceramics. The bells in their tower are ceramics and produce a unique sound. Another stop was at a wine garden on the Danube. It is a tradition to hang evergreen boughs in front of a wine tavern when it is serving new wine. We

sipped the green wine under the chestnut trees and watched the Danube flow by.

Sunday in Vienna began with a visit to the Schoenbrunn Palace with its huge porcelain stoves in every room, gold and crystal chandeliers, and beautiful gardens. Then to the Opera House where we stood on the stage and sang, as a chorus, "Koline". It was the only song we all knew, even though it was not from an opera. The afternoon included walking through Stadtpark and listening to the orchestra playing Strauss waltzes, riding the Prater ferris wheel, and indulging at Demel's.

A shopping expedition on Monday included a stop at Herzmansky's department store. While there, it was a pleasant shock to hear "Ta Naše Písnička Česká" coming over the P.A. system. Vienna is a city to which you want to return.

And, now on to Czechoslovakia. Until now, crossing borders was a simple matter. The driver would stop the bus, speak to the border guard, and we would be waved on our way with a smile. At the Czech border, at Hatě, our first sight was a double, ten-foot high barbed wire fence and a uniformed guard in a tower, holding a gun. At the gate a guard boarded the bus and asked to see the "passenger" list. He indicated surprise at seeing so many Czech names — this was an English tour bus carrying a group of Americans! He gathered all our passports and left. We then had to leave the bus and go into the customs building where we all had to declare our cameras — even a \$35 ten-year old Kodak. We also had an opportunity to change some money at the official rate of 10.7 koruny for one American dollar. Meanwhile, the first guard spot-checked hand luggage on the bus and inspected all compartments; baggage, engine, storage, etc. This took 1¼ hours. We were told this was very good; at times it can take anywhere from two to three hours.

A few miles down the road we stopped for lunch. The town was Znojmo. It was a most depressing place. Everything seemed to barren and dusty and dirty; the streets, the buildings, the bus station, the cafeteria — everything. And the people seemed so sad and dejected. Those of us who were visiting Czechoslovakia for the first time were expecting conditions which would be far from what we were accustomed to, but we were completely unprepared for what we found here. It was a sobering experience.

As we traveled west, toward Praha, things seemed to improve somewhat, but were nothing like what we had seen in Switzerland, Germany, and Austria. One of the more cheerful things were the wild poppies growing in the fields.

The arrival at the hotel on Václavské Náměstí was exciting. The old streetcar tracks through the center of the Náměstí have been replaced with brilliant flowers. Automobile traffic is limited to cars with special permits. Violators pay stiff fines.

Seeing Praha for the first time was a thrill. All the things we had heard of from childhood were

actually as described. A highlight of the trip was walking through Staré Město; watching the Apostles parade around on the Orloj as the clock struck the hour; walking across the Old Town Square; walking across the Charles Bridge at twilight with all its statues on display; then seeing it again, with its lights, as we crossed the Vltava again via the First of May bridge. Finally, working our way back toward the hotel past the Národní Divadlo and past Tyršův Dům. It was a stroll which will always be a cherished memory.

The first "formal" tour started with a visit to Vyšehrad. We considered this a "must" since our call was done to this symphonic poem of Smetana's "Má Vlast". We saw St. Martin's rotunda and the last resting place of Smetana, Dvořák, Aleš, Němcová, and many other notables. On the way to the Strahov Monastery, we were treated to a spectacular view of the Vltava and the rooftops and towers of Praha. At Hradčany we saw St. Vitus' Cathedral and Zlatá Ulička. Our descent was along the wall of the castle down the broad flight of steps. We realized how fortunate we had been to be able to ride up! Our tour gave us just a glimpse of Strahov stadium (now called Spartakiad Stadium). Our next stop was a Tyršův Dům where we saw the statue of Miroslav Tyrš. In the museum, of special interest were some medals which had been set with garnets. Across the street is the Church of Virgin Mary Triumphant where the original Infant Jesus of Prague is.

Then it was back to the hotel and Václavské náměstí. One usual sight was the lines of people in front of stands. Invariably, the people were waiting for zmrzlina (ice cream). If the line did not move, you could be sure there was a sign up saying, "Zmrzline se mrzne" (ice cream is freezing).

One observation the repeat visitors made was how much more merchandise was available in the stores, especially cut glass.

One evening was spent at the Hotel International for a Night in Prague. We were greeted by the sound of dudy playing. After dinner, a group of entertainers appeared, including "Esmeralda" and a horse in two parts. Also attending were tours from Japan, Russia, Cuba, and Slovakia. Our group was unique in that we were Czecho-Americans. Ours was definitely a table of winners. We won all the contests; beer drinking (are you surprised?), dancing (by a member of the Dancers), and female band leader (by a gal with lots of band experience). It may have appeared as if it had been rigged, but you couldn't deny we had the best talent in the place. It was really a fun evening — another highlight.

Sometime during all this, we managed to ride the subways. They live up to their reputation; clean, efficient, clean, fast, clean, beautiful, and clean. The station stops are all color coded so you don't really have to know the name of your stop, just the color. Everyone's favorite part was the friendly female voice reminding you to stand clear because "...dveře se zavírají" (doors are closing).

The next excursion was to Karlovy Vary. On the way we passed many fields of hops. They are tied for support much like grapes are, but they are much higher — 10 to 12 feet. For your trivial pursuit knowledge, it takes 6 hopes for each glass of beer.

At the stop of Lidice, it was difficult to realize the flat area was once a town. Disappointingly, the site was being renovated for a commemorative ceremony later in the summer. Even the rose garden had been temporarily moved to a nearby field.

On to the Vary. There we walked around the town and saw the lines of people with their "pohárky" from which they drank the mineral water. Some of the group treated themselves to a massage, but *they'll* have to tell *that* story.

In Čechy, several of the group went in different directions to visit relatives. Some of the experiences are most interesting. Our side trip took us to Domažlice where we were greeted with the sign "Vítáme Vás u Nás." We were also fortunate enough to be able to buy "everyday" kroje. The paintings in the Folk museum as well as the costume displays were beautiful. One of the saddest sights was the Masaryk's graves in Lány. They were so neglected. The grass needed cutting; they were overgrown with weeds; the few flowers which had been brought were all withered. It was very melancholy.

The last day in Praha was spent on last minute shopping and just trying to absorb as much of the feeling of Praha as was possible. As a fitting farewell, we enjoyed dinner in the penthouse restaurant of the Inter-Continental Hotel with a view of some of the "100 Spires". It was elegant and very fitting.

The early morning departure evoked mixed emotions; sadness because a wonderful, fun-filled trip was coming to an end, and gladness because we were going home.

At the airport we had to go through five checkpoints before boarding our plane. While waiting for takeoff time, we were able to spend what koruny we had left at the Tuzex store. This group was shoppers 'til the end!

It was a trip we will all remember always; full of cherished memories, a few sad, but most of them happy. You cannot take a trip like this without gaining more respect for other countries and cultures, but above all, appreciating even more the privileges we are so fortunate to have.

*Dorothy Cummings*

HELP  
OUR SOKOL  
GROW



## Blanche Cihak Address at the Lidice Monument

SATURDAY, JUNE 15, 1986

as reported in the SOKOL MINNESOTA  
"SLOVA" NEWSLETTER—July/July 1986,  
Vol. 9, No. 6

Brothers Krakora, Brothers, Sisters and Friends:

We have come to Lidice today, for it is our tradition to honor the victims of that dreadful tragedy, the destruction of the entire town of miners, near Kladno. The death by shooting of all the men and even the young boys, the tearing apart of families, women and children who were transported to different prison camps.

When news of this tragedy reached the Western world there was great indignation. Of course every day of the war was cruel and deadly. What made this event different was the world wide publicity the Nazis gave to the destruction of Lidice. "WE HAVE WIPED OUT LIDICE." They cried: "OB-LITERATE THE NAME AND IT SHALL NEVER BE HEARD OF AGAIN!"

"LIDICE MUST LIVE!" Somewhere in the world a new Lidice must be built to tell everyone that it is not possible to kill the people in the hope of freedom." I remember well the excitement in Chicago. I was part of the preparations. Americans responded, all Americans, not only the Czechs and Slovaks. A campaign was started by the Czechoslovak National Council of America with the help of Marshall Field, publisher of the Chicago Sun.

WHERE SHOULD WE BUILD A NEW LIDICE? The choice had to be made quickly because America wanted Hitler to hear their reply as soon as possible.

This spot was chosen because it was the beginning of a new settlement, practically nameless. The land we are standing on was later donated to the Czechoslovak National Council by the realtor. Americans of Czech and Slovak organizations worked very hard and with great devotion to make this event unforgettable in our history, in the history of our countrymen, the "krajani", and I am happy that I could be a part of it. The dedication day was truly a great occasion, never to be forgotten. With a month's time of the tragedy, on July 12, thousands upon thousands of people gathered here in the field to pay homage to the dead and above all to give Lidice symbolically new life, a promise of final victory. An assembly of 50,000 people attended and one of the guest speakers was the 1940 presidential candidate Wendell Wilkie, delegated by President Roosevelt.

The monument was a gift of Marshall Field.

During the war, Lidice was visited by many very honored guests. The famous opera star Jarmila Novotná came to lay a wreath at the Lidice monument. We were very proud to see the postmark Lidice of the United States Post Office on our mail.

The name of Lidice had not been wiped out: it was alive: it told the story on thousands and thousands of cards and letters to the whole world. The greatest occasion was the visit of President Eduard Beneš of Czechoslovakia; it was commemorated by a special postal mark.

At long last the war was on. Our job was done, for the time being, that is... Lidice has played its role in history and that is why we come every year not only to commemorate our war victory but to rededicate ourselves to the unfinished work before us. Lidice is a symbol of "THE RIGHT TO LIVE." The right of free men and women to live in freedom. The people of Czechoslovakia do not have this freedom and that is why I say that our work has not been finished, that it cannot be laid aside, and that we come to Lidice today, the next year, and the year after to pledge ourselves to renew our energy and faith in the defense of human rights, of the right of Czechs and Slovaks to be really and truly free again. *Thanks to Minnesota "Slovo"*

## Sokols in the News

Bro. Rome Milan of Sokol Fort Worth has done it again!

This time he and two fellow coaches promoted a mass Gymnastics Exhibition that included 1500 children at the Kangaroo Stadium in Weatherford, Tx!

The events ranged from the Kindergym students running an obstacle course to the "Surfin" Gymnastics Style" exercise number to the Weatherford High School gymnastics team performing many apparatus routines.

We salute you, Br. Rome, for being a great organizer!

\* \* \*

Sis. Beatrice Cihak, the Women's Dir. of Sokol New York, is a free lance foods writer and recently had an article printed in the Autumn/Winter 1986 issue of Country Living Magazine. Titled "Old Country Cooking — A Czech Sampler", our sources tell us it contains lovely photos of Czech meals and recipes. Sis. Beatrice address is 1540 York Ave., New York, N.Y. 10028.

---

COPY FOR PUBLICATION  
must be received by the 10th  
of the previous month

---

## ASO FINANCIAL REPORT

**OCTOBER 1986**

### RECEIPTS:

Dues	\$10,494.00
Convention Fund	44.00
Special Assessment —	
Northeastern District	19.00
Central District	3.00
Subscription to "American Sokol"	4.00
Resale of Jewelry	13.00
Membership Kits	90.00
U.P.S.	2.57
Transfer from Clyde Federal —	
Merit Awards	1,000.00
Zurich Slet Tour Profit	4,000.00
National Institute School refund	51.61
Copies	1.00
	\$15,722.18
A.S.O. Uniform Division — Rent, Salaries, etc.	464.46
Total Receipts	\$16,186.64

### DISBURSEMENTS:

#### ADMINISTRATIVE

Salaries — Office Employees	\$1,147.80
F.I.C.A. & F.W.T. for	
September, 1986	188.98
I.W.T. — 3rd Qtr., 1986	63.31
Rent, Janitor Services & supplies, Phone, Electric	947.51
Postage	27.35
Repairs to typewriter	29.00
Office supplies	18.38
Computer furniture	298.27
Insurance (Fire)	202.00
Travel Expense	97.80
C.P.A. Professional Services	865.00
Donations & Ads	107.50
Miscellaneous	93.26
	\$ 4,086.16

#### BOARD OF INSTRUCTORS

Salaries	\$ 485.02
F.I.C.A. — September, 1986	75.78
I.W.T. — 3rd Qtr., 1986	40.08
Editor "Sokol Gymnast" —	
October, 1986	30.00
Add'l. copies "Sokol Gymnast" —	
September, 1986	29.00
Phone	5.55
Travel Expense — District Dir. Conference	1,088.00
	\$ 1,753.43

#### EDUCATIONAL DEPARTMENT

Salaries	\$ 23.52
F.I.C.A. — September, 1986	8.00
I.W.T. — 3rd Qtr., 1986	10.36
	\$ 41.88

### SOKOL PUBLICATION

Printing "American Sokol" —	
September, 1986 issue	\$1,087.64
Mailing list changes —	
September and October, 1986	492.30
Postage — September, 1986	535.52
Editor "American Sokol" —	
October, 1986	125.00
Salaries — Computer	207.00
	\$ 2,447.46

### MISCELLANEOUS

A.S.O. Uniform Division —	
Salaries, F.I.C.A., Sept., 1986, F.W.T., Sept., 1986, I.W.T., 3rd Qtr., 1986 & Phone	\$ 504.67
Future Sokol Leaders Fund —	
Postage	1.89
Special Appropriate —	
Northeastern District	98.00
Western District	1,859.09
Southern District	379.68
Merit Awards	1,000.00
	\$ 3,843.33
Total Disbursements	\$12,172.26

### Balance brought forward:

Western National Bank of Cicero —	
Checking Account	\$ 691.24
Receipts — October, 1986	16,186.64
	\$16,877.88
Disbursements — October, 1986	12,172.26
	\$ 4,705.62

## FUTURE SOKOL LEADERS FUND

OCTOBER 1986

In memory of husband, Charles Machotka —	
Victoria Machotka	\$ 20.00
In memory of Br. Irwin Hajek — Townites	
Social Club of Sokol Town of Lake	20.00
In memory of Sis. Barbara Shabart —	
Mildred & Rudy Liska and Rosemary & Jerome Zelenka	25.00
In memory of George J. Blum —	
Helen & Betty Prener	10.00
	\$ 75.00

Transfer of funds from Clyde Federal Savings & Loan to Affiliated Bank/ Western National for 5 Merit Awards	\$1,000.00
— Donations are tax exempt —	

Your donations to this fund help support the  
National Instructors Course.

***Have you brought a friend to  
Sokol with you yet?***

# America's Oldest Fraternal Benefit Society:

Providing quality life and health insurance protection and fraternal benefits to our members for over 125 years!

Visit the CSA Heritage Museum, Library, and Archives Monday through Friday 10:00 a.m. to 4:00 p.m.

Public Invited, Group Tours Available (312) 795-5800



P.O. Box 249 • 2701 S. Harlem • Berwyn, IL 60402

## *Ať jedete kamkoliv*

- VLAKEM,
- LODÍ,
- NEBO LETADLEM,

po celém světě  
nebo  
jen po Americe,  
vždy pojedete  
nejlépe od

**HEGER  
TRAVEL  
BUREAU**

\*

6118 W. CERMAK ROAD  
CICERO, ILLINOIS 60650

863-3681

## 1986 CHRISTMAS SEAL

Rhythmic gymnast designed  
by the late  
Sis. Mildred Prchal

HOLIDAY GREETINGS



Please mail your orders  
with donations to  
A.S.O. Office

*Merry Christmas!*

SANTA CLAUS  
SVATÝ MIKULÁŠ

## The BOHEMIAN NATIONAL CEMETERY of Chicago

*features the beautiful*

- **MASARYK MEMORIAL MAUSOLEUM**  
with newly added wings

*It offers a complete cemetery service consisting of*

- **Cremation**
- **Columbarium**
- **Ground Interments**

Bronze Grave Markers  
and Granite Memorials  
are on display at the  
Cemetery Office

**5255 NORTH PULASKI ROAD  
CHICAGO, ILLINOIS 60630**

Telephones: 539-8442 - 3  
Suburban: 788-8442

LISTEN TO OUR RADIO HOUR EVERY  
SUNDAY AT 9:00 A.M. ON WKDC

**I'M FINE!!...***...how are you?*

There's nothing whatever the matter with me.

I'm just as healthy as I can be.

I have arthritis in both my knees

And when I talk, I talk with a wheeze.

My pulse is weak and my blood is thin.

But I'm awfully well for the shape I'm in.

I think my liver is out of whack

And a terrible pain is in my back.

My hearing is poor, my sight is dim.

Most everything seems to be out of trim.

But I'm awfully well for the shape I'm in.

I have arch supports for both my feet.

Or I wouldn't be able to go on the street.

Sleeplessness I have night after night.

And in the morning I'm just a sight.

My memory is failing, my head's in a spin,

I'm Peacefully living on aspirin.

But I'm awfully well for the shape I'm in.

The moral is, as this tale we unfold.

That for you and me who are growing old.

It's better to say, "I'm fine" with a grin

Then to let them know the shape we're in.

DIVINE WORD MISSIONARIES —

Mission Center, Techny, IL

*Thanks to whomever passed this along —*

*it should bring a GRIN!*

Sokol St. Louis

# WEBER TRAVEL AGENCY

\* *Spolehlivá cestovní služba do všech částí světa*

- Vyřídíme rychle a přesně návštěvu vašich příbuzných z ČSR
- Dárková služba TUZEX vašim drahým

6805 WEST CERMAK ROAD, BERWYN, IL 60402

312-242-1512 • 312-749-1333



We're the largest Czech-American Organization in the U.S.A.

AND WE KEEP GETTING BIGGER.

Assets

\$59,878,041

Insurance In Force

\$263,284,830

HOME OFFICE

**wfla**

**western fraternal life association**

1900 First Avenue N.E., Cedar Rapids, Ia. 52402

