

AMERICAN SOKOL



Publication of the American Sokol
Educational & Physical Culture Organization

. SOKOL .
THE FUTURE IS YOURS

XVII AMERICAN SOKOL SLET

A Gymnastic Festival

JUNE 20-24, 1989 IN OMAHA, NEBRASKA

Dear Brothers, Sisters and Friends of Sokol:

You are cordially invited to participate with us in our XVII AMERICAN SOKOL SLET and competitions which will be held June 20-25, 1989, in Omaha, Nebraska.

A festive banquet, polka dancing, competitions in apparatus, modern rhythmic gymnastics, volleyball, special numbers, folk dancing, along with our mass calisthenics for all classes, will be featured during these exciting days.

In conjunction with our Slet, a Czechoslovak Cultural Festival will also be held. This will be a first time experience, combining two events, a Slet plus a festival. Please extend this invitation to all your members.

Rooms will be available at the Ramada Inn, Howard Johnson's and the Holiday Inn, which will also be the official headquarters hotel for the Slet.

Many new and exciting events are being planned, along with the traditions celebrated for many years. We are looking forward to your participation in our Slet! With our heartiest Sokol greeting.

Nazdar, American Sokol Organization
George C. Basta, President

XVII AMERICAN SOKOL SLET

A GYMNASIUM FESTIVAL

JUNE 20-24, 1989

IN OMAHA, NEBRASKA

AMERICAN SOKOL

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AMERICAN SOKOL
1989 SLET
PATCHES ARE
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at \$2.00 each.

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Change of Address for American Sokol

AMERICAN SOKOL ORGANIZATION
6424 West Cermak Road
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Our Sokol Credo:

To build a healthy and beautiful human body —
To cultivate a harmonious and total person —
To develop firm character, a well rounded disposition and
A love of truth and justice —
To produce strong, lovely and honorable people,
That is the goal of a "Sokol" education.

What is a "Sokol"?
Sokol is falcon in Czech language,
it is our symbol of swiftness,
courage and strength.



*"Zdravé a krásné lidské tělo — souladné vypěstění celého člověka,
povahy ucelené, neoblomné, pravdymilovné a spravedlivé —
lidé silní, krásní a dobří — to je cíl sokolské výchovy."*

AMERICAN SOKOL

VĚSTNÍK AMERICKÉ OBCE SOKOLSKÉ

Ročník - Vol. CIX

November — 1988 — Listopad

Číslo - No. 11

Sokol Town of Lake 100th Anniversary

Sokol Town of Lake proudly celebrated its Centennial on Sunday, July 10, 1988, 1 P.M., at Chateau Bu Sche, Alsip, Illinois, with a memorable banquet, with two hundred in attendance.

The Centennial Committee, chaired by Bro. Curt Mentzer, included Sisters Lorraine Grezek, Blanche Janes, and Lillian Pasek. Sokol Town of Lake officers are: President Bro. George Vytlačil; Vice President, Sis. Irene Ruzicka; Secretary, Sis. Mildred Mentzer; Fin. Secy., Sis. Vlasta Stribrny; Treas., Sis. Agnes Sotka; and Educational Director, Bro. Robert Smunt.

Presenting the Colors in uniform were Sisters Mildred Mentzer, Vlasta Stribrny, Irene Ruzicka, Rose Vytlačil, and Marie Jensen, all of whom are members of the Senior Sokol Class. A delicious dinner was served.



A program followed with Bro. Al Cecka as Master of Ceremonies. He brought back many happy memories of days in gym classes, Sokol Camp in Willow Springs, and all activities that evolved through our membership. He mentioned a few of the past leaders — Charles "Teach" Kolena, Fred Vodak, Blanche & Jim Cihak, James Stransky, James Jansky, Anna Kuchler, Jerry Husa, and others who have passed on.

National President of the A.S.O., Bro. George Basta, addressed the audience, and told of his experiences with our unit. Sis. Ann Basta, who is President of Sokol Havlíček-Tyrš, was introduced. Bro. Basta presented a handsome plaque to Sokol Town of Lake, as a lasting memento of the occasion... President George Vytlačil, assisted by Sis. Blanche Janes, presented 50 year pins and Service Awards to a large group of deserving members.

We are pleased that such a fine representation of Sokol friends from the various units came out... Special thanks to Sis. Mildred Mentzer, who researched, had material translated, and compiled a beautiful history in our souvenir program. Bro. John Stribrny designed the cover and set up the booklet; as well as displaying the memorabilia contributed from the members' photo albums and scrapbooks. Following the program, there was dancing until 5:30 p.m., completing an afternoon to remember.

Sokol Town of Lake continues to hold meetings regularly, and lends financial, physical, and moral support to all Sokol endeavors... To all our fellow Sisters and Brothers, *Nazdar!*



Seventieth Anniversary of Czechoslovakia

Sunday, October 16, 1988 American-Czechs celebrated the 70th anniversary of Czechoslovakia. It was the 48th Czechoslovak Day at the famous State Fair of Texas in Dallas. Sokol gymnasts from the whole state participated in the Exhibition. A narrated program with poems was recited by Youth of Sokol Žižka (on the picture).

Touching words were said, nice music was played, and last but not least, good food was served. It was a beautiful day, which I am sure Thomas G. Masaryk would have enjoyed. *D.K.*

XVII NATIONAL SLET & CZECHOSLOVAK FESTIVAL

Dear Brothers and Sisters,

I want to be the first to say "Welcome To Omaha" for the XVII NATIONAL SLET AND CZECHOSLOVAKIAN FESTIVAL. The Slet and Festival Committees are working very hard to make this slet one of the best slets you have ever attended.

As you can see, we are trying something new this year. Along with the competitions and exhibition, we have added a Czechoslovakian Cultural Festival starting on Friday night and running through Sunday night. You will be receiving, if you have not already, a letter and questionnaire from the Festival Committee asking for your help with the festival. Any help or advice will be greatly appreciated.

American Sokol Nat'l Competition June 18-25

Mail to:

Western District, Gary Masek
P.O. Box 37511, Omaha, NE 68137
Holiday Inn Central, Omaha, NE 68124
Slet Headquarters

Rates: _____ 1 double bed \$52.00
 _____ 2 double beds \$62.00
 _____ 1 king bed \$62.00
 _____ Poolside \$72.00

Arrival _____
 Departure _____
 Check-in 2 PM
 Check-out 12 Noon

Name _____
 Street Address _____
 City, State, Zip Code _____
 Telephone _____

CREDIT CARD NUMBER OR 1 NIGHT'S
 ADVANCE DEPOSIT REQUIRED

____ Diner's Club ____ Master Card ____ American
 Express ____ Discover ____ Holiday Inn ____ Visa.
 Number _____

RESERVATIONS MUST BE RECEIVED BY
 MAY 18, 1989.

There are 1200 free parking spaces available. If you are driving, the Holiday Inn is located at the 72nd Street exit off Interstate 80; however, the main lobby of the hotel is located one block east of 72nd Street on Grover Street.

If you are flying, please use the courtesy phone at the airport, or call 393-3950 for airport limo service, during limited hours.

PLEASE USE ONE FORM PER UNIT, ATTACH A ROOMING LIST OF ALL UNIT MEMBERS ATTENDING AND WHICH PERSONS WILL BE ROOMING TOGETHER.

IMPORTANT—ALL RESERVATIONS MUST GO TO THE WESTERN DISTRICT—ADDRESS ABOVE

RAMADA INN _____
 HOWARD JOHNSON _____

Please take a few minutes to fill out the form and mail it back. Don't let the Czechoslovakian and Sokol heritage die.

The City of Omaha and its 500,000 people will be opening its doors for you. Omaha is a very exciting city. We have everything from dog and horse racing to one of the top 10 zoos in the U.S. We are considered the Beef State with more restaurants per capita than any other city in the world. Omaha is also the headquarters for The Strategic Air Command and tours are available of the underground.

Hotel reservation forms have been sent to all Unit secretaries. ALL hotel reservations for the three hotels, the Holiday Inn, Ramada Inn, and Howard Johnson must go to the Slet Housing Chairman's address on the form. The rooming list will go out after the first of the year.

I will be giving you additional information in further issues. If you have any questions, please drop me a line and I will be happy to answer them.

Send all correspondence to: Gary J. Masek, P.O. Box 37511, Omaha, NE 68137.

See you in June.

Nazdar, Gary J. Masek, Slet Co-Chairman

RESERVATIONS FOR RAMADA INN AND HOWARD JOHNSON CAN BE MADE USING THIS FORM, JUST MARK THE FRONT IF YOU WANT ANOTHER HOTEL OTHER THAN HOLIDAY INN.

RAMADA INN

Rates: _____ 1 double bed \$63.00
 _____ 2 double beds \$63.00
 _____ 1 king bed \$63.00

HOWARD JOHNSON

Rates: _____ 1 double bed \$50.00

Rooming list

Room No. _____ (leave blank)

One form per room

Unit _____

Contact _____

Address _____

City _____

State _____

Phone _____

Mail to: Western District, P.O. Box 37511, Omaha, NE 68137

ROOMING LIST MUST BE RECEIVED BY MAY 18, 1989 OR YOUR ROOM RESERVATIONS WILL BE CANCELLED!

LIST NAMES PLEASE PRINT:

1. _____
2. _____
3. _____
4. _____
5. _____

Br. Walter Hosek Roasted

Friday, July 22, 1988 was an evening long overdue. Friends and associates of Brother Walter Hosek gathered at "The Commerce Club" in Dallas, Texas, to honor him with a "Banquet and Comedy Roast".

Bro. Hosek was born in Ennis, Texas, later moving to Dallas. He has been a dedicated Sokol since childhood. Bro. Hosek exemplifies the true meaning of Sokol. Physical, mental and moral perfection and the pursuit of excellence has been his constant goals. His contributions to Sokol could fill a book. He served in offices from President of Sokol Žižka to Director of men, from Building Chairman of his own unit to consultant on numerous other units in the ASO, from designing the flags of the ASO to painting scenery for a "Divadlo" or dance, from instructor in the unit to representative to the AAU and other gymnastic organizations, from representing Sokol in the "Night of the Nations" in Los Angeles at the 1932 Olympic games to competing in the 1938 All Sokol Slet in Praha, Czechoslovakia. There has been no task too small or too large for Bro. Hosek. You can always count on him.

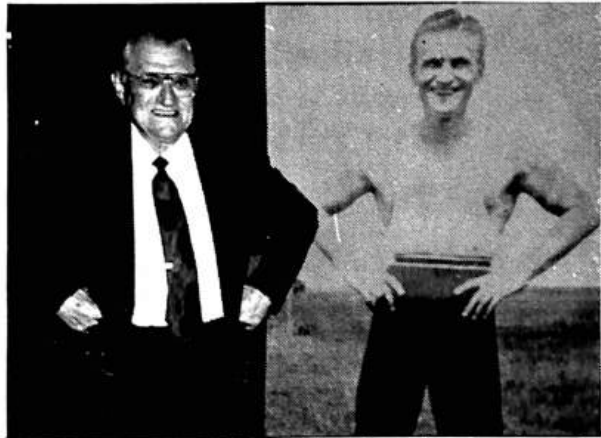
This special evening began with cocktails and socializing while watching a video presentation of photos and movies of the life of Bro. Walter and also the 1938 Slet in Prague.

The decorations included a large stainless steel and brass Sokol emblem, an 8' by 12' photo mural of the mens Prostná at Strahov Stadium during the 1938 Slet, and table centerpieces of wire-sculptured figures of gymnasts in various positions on apparatus, along with flowers.

Bro. Cyrill "Sid" Pokladník gave the invocation and remarked on the need for people to gather more often for friendly occasions such as this evening in order to reflect on once precious moments of the past and to just relax and have a good time with friends.

Everyone enjoyed a delicious dinner, interrupted from time to time with "jibs" at Bro. Hosek when one of his peanut machines was conveniently located in the eating area. After guests placed nickels in the machine the fun began with remarks such as: "5 cents?, we used to get twice as many peanuts for a penny"; "Walter you're robbing us and getting rich off these peanuts"; "Hey, Walter, these peanuts are stale. You would think you would get fresh ones for a nickel!" and so on and on. Brother Hosek has been in the vending machine business for many years and would have quit if all his customers were like those on this night. Dessert completed the dinner and then Bro. Bob Podhrasky officially started the "Comedy Roast" with a champagne toast honoring Bro. Walter. Bro. Jerry Milan displayed a lifesize standup photo of Australian hero "Jocki" and then did likewise with "The American Answer to Australia", a lifesize photo of Bro. Walter.

Laughter was the order of the night. Jaws ached and eyes teared as Richard Toberny, Emil Milan, John Kebrle, Larry Laznovsky, Jay Ashmore,



Donna Parker and Jerry Hosek each related truths and half-truths of the adventures of Bro. Hosek. The stories related incidents from Sokol Kurz's, traveling to Slets, workouts on freezing nights in the "Sokolovna", trying to sleep in the same room with Bro. Josef Kos (a real "hacker"), and a super experience at the Conrad Hilton Hotel in Chicago during the 1953 Slet, and many, many, more great times. Especially entertaining was Bro. Jerry Hosek's remarks about how Bro. Walter gained certain characteristic traits while growing up at home, from moving dirt with a wheelbarrow to helping his father work on the family car. He also told the story of their family coat of arms, a wheelbarrow, a pitchfork, shovel, rake and grubbing hoe atop a mound of dirt upon a green field, all the tools of an honest mans labors. The family motto was: "Hned pár facek". Probably the motto of many Czech families.

The wonderful evening concluded with Bro. John Kebrle presenting Bro. Hosek with a beautiful framed "Illuminated Manuscript" by Mr. Alan Furber, the famous calligrapher of Fortune Magazine, depicting Bro. Hosek's life. It contained drawings of Hradčany castle and skyline of Praha, crests of Czechoslovakia and the United States, the challice of Jan Žižka, a gymnast in a handstand on rings, and the Sokol emblem. The drawings are interwoven with linden leaves and occasional poppy flowers. Embossed in the parchment paper was a large falcon which was used on the Pamatník cover of the 1938 Slet. Inset in the matting on the bottom was the official badge "Odznak" from the 1938 Slet in Praha. Colors were red, white and blue with black lettering gilded in gold. The manuscript was signed by friends at the function as well as others. The inscription was:

*Walter Hosek
Your strength of character,
devotion to high principles
and ideals, love of life and
humankind, has benefitted
and enriched all whose paths
you crossed and lives you have touched
we honor, treasure and salute you.
Nazdar!*

Jerry M. Milan

Translation of a letter by Marie Provazníková at the occasion of the XI Sokol Slet in Praha, Czechoslovakia

Translated from Czech by Věra Roknič

The Sokols and the Olympics

PREFACE: Sister Marie Provaznikova, Director of Women of the Czechoslovak Sokol Organization, wrote the following letter to her Sokol sisters at the occasion of the XI Sokol Slet in Prague, the last Slet held in Czechoslovakia as the communists took control in February, 1948. Sis. Provaznikova attended the 1948 XVI Olympic Games in London in her capacity as president of the Women's Technical Committee. While in London, she was granted political asylum becoming the first person to defect at the Olympic Game.

My Sisters!

In a few days we will be meeting at Strahov. For me, it will be the last time to lead the Sokol calisthenics, the last time to feel the untold inner communication with thousands of those who — with me — create this great work, and with additional hundred thousands who participate in their hearts. This is why I am writing these lines so that we totally understand each other and so that only beautiful memories will remain from this Slet.

Up until now, every Sokol Slet had its own unique idea which was communicated to the nation. This idea or thought was not established ahead of time and any attempts to do so failed. The ideas of individual slets were created by the times and answered those questions created by historical events.

What message is the XI Slet bringing to the nation and to all Sokols?

This Slet stands at historic crossroads. The new social order of our government will influence its development and also that of Sokol movement. That is a natural phenomena. The first expression of this influence is the consolidation of the physical education in Sokol which is just being completed at this time. Consequently, the political reorganization also means an important turning point in the history of Sokol.

We organized the XI Slet by ourselves (not united with others) and were guided by the traditional Sokol principles as we knew them through history until today. We will be performing here, those of us who belong to Sokol and its program as it was outlined as one of many physical education organizations which often had to fight for its existence against the bigger ones, and only depending on the Sokol ideas and the love of its members. Together with us will be performing those new organizations such as DTJ (Svaz dělnických tělocvičných jednot) and physical education units run by nationalized companies.

This is the main idea of the XI Slet. Here we are this is what we have accomplished, this is what we are bringing to you; We (the Sokols) and all the others.

Sokol's contribution is not a small one by far and we speak clearly. Here we are, the followers of Tyrš and Fuegner Sokol ideas which we learned with all our hearts and minds.

We number more than a million — a number achieved by none of the other volunteer physical education organization much larger than ours. Slet is our achievement. Look at the beautiful bodies of the gymnasts, look at their lovely movements, their discipline, their unselfish devoted work for their nation. The beauty of the Sokol calisthenics is a result of millions of hours spent training and rehearsing, countless nights filled with hard work, self-denial of rest and leisure, every penny that came from our meager means for our common cause.

This Slet that we are witnessing today is the image of Sokols which gave the nation the legionnaires, which gave men and women who fought on the home front and foreign lands during the second World War; and this Slet was made possible barely three years after the most horrible persecution and after years of forced silencing.

This is how the Sokols look today, entering the new area indicated by February 1948 and by the consolidation of physical education.

In this way the Sokols want to continue to educate their members, including the new ones entering their ranks, and thus continue to serve the nation.

This is the manifest of the XI Slet to the nation.

For us, the long-time members who are saying good-bye to the past era, it brings assurance that the principles and values on which the Sokol idea was built, cannot be destroyed and that the power of love and devotion cannot disappear. The noble ideals of Tyrš and Fuegner which led the Sokols safely to its glory will lead them in the future and under new conditions.

XI Slet will not only be a parting with the past but strength and endurance for the future.

See you at Strahov!

Zdar to the XI Slet. Yours, Marie Provazníková

Next month: Presentation of the OLYMPIC CUP (TROPHY) to the Czech Sokol Organization for 1910.

Set Your Goals

"In each of the areas of success, define your own personal and practical goals . . . Area by area, write these goals down. Have a purpose — plan for the future. Kindle within yourself a sense of enthusiasm, drive and anticipation of achieving your worthwhile goals. Then begin to work toward these goals systematically and continually . . . You will have to define your goals — absolutely determined to succeed — and drive toward achieving your goals with relentless zeal and enthusiasm!"

— Roderick C. Meredith, Author



AMERICAN SOKOL ORGANIZATION

GYMNAST

NOVEMBER 1988



Editor: Frank H. Michalek — 10 S. 020 Lorraine Dr., Hinsdale, Illinois 60521

XVII AMERICAN SOKOL SLET — SCHEDULE **June 20th—24th 1989**

TUESDAY JUNE 20th

- | | |
|--------------------|--|
| 9:00 am to 3:00 pm | Registration of all gymnasts |
| 2:00 pm | Judges Meeting |
| 4:00 pm to 6:00 pm | Rehearsal for Special Number Competition |
| 7:00 pm | Slet Opening Ceremonies & Special Number Competition |

WEDNESDAY JUNE 21st

- | | |
|--------------------|--|
| 7:00 am to 8:00 pm | Warm-ups and competition for Jrs. and Srs. |
|--------------------|--|

THURSDAY JUNE 22nd

- | | |
|-----------------------|---|
| 7:00 am to 11:00 am | Rhythmic Competition for Jr. Girls and Women |
| 7:00 am to 12:00 noon | Volleyball Tournament for Jr. Boys and Men |
| 12:00 noon to 4:00 pm | Volleyball Tournament for Jr. Girls and Women |
| 6:00 pm | Banquet |
| 6:00 pm | Sock Hop |

FRIDAY JUNE 23rd

- | | |
|------------|---------------------------------|
| 7:00 am | Championship Volleyball — Men |
| 12:00 noon | Championship Volleyball — Women |
| 2:00 pm | Sokol Championship Competition |
| 8:00 pm | Awards Social |

SATURDAY JUNE 24th

- | | |
|----------|--|
| 9:30 am | Leaders Meeting and Flag Bearers Rehearsal |
| 10:30 am | Slet Rehearsal |
| 6:00 pm | Slet Line Up |
| 7:00 pm | Slet Program |
| 9:00 pm | Slet Social — Czech Festival |

SUNDAY JUNE 25th

- | | |
|--|------------------------|
| | Round Table Conference |
| | Czech Festival |

Sokol St. Louis

Dear Brothers and Sisters;

Sokol St. Louis announces the birth of the Sokol St. Louis Dramatic Club.

Our Club will highlight the creative and theatrical talents of our members, from stagehand to director, from prompter to playwright, from a dream by a few to a Dinner/Theater production for many.

November will mark the fourth year of our Dinner/Theater and with the birth of our Dramatic Club, we will enjoy an ongoing, year-round support for our theatrical efforts.

We invite any similar Clubs in our American Sokol Organization to contact us to share ideas and resources.

Na Zdar; *Robert J. Bourisaw*
c/o Sokol St. Louis
4690 Landsdowne Ave.,
St. Louis, MO 63116

Sokol New York

New York Sokol gymnasts recently participated in several gymnastic meets and some returned with medals earned in these events.

At the United Sokols of the East competition for small boys and girls held in Guttenberg, New Jersey on April 30, 1988, the following competed successfully:

Boys Low Division (6 to 8 years of age)

1st place — Timothy Simko

2nd place — Sean Lackaye

5th place — Christopher Reenock

6th place — Mark Dallafiore

These boys took the first place team trophy.

Boys Intermediate Division (9 to 10 years of age)

1st place — Christopher DiStefano

Boys High Division (11 to 12 years of age)

1st place — Charles Bradley

3rd place — Jimmy Downey

Girls Low Division

11th place tie — Conway Walther/Natalie Vesga

2nd place — Melissa Fernandez

Girls High Division

5th place — Sinaid O'Mara

At the United Sokols of the East competition for juniors and seniors held on April 2, 1988, the following gymnasts competed successfully:

Men — Intermediate Division

1st place — Joaquin Arimborgo

Junior — Low B Division

3rd place — Rudy Vecera

Women — High Division

2nd place — Tracey Jochim

Congratulations to all the winners and everyone who participated.

Pacific District May 1988 Competition

1st Class Girls

Karla Brada - L.A.	1st
Ashley Yarbrough - Fresno	2nd
Andria Housek - SF	3rd

2nd Class Girls

Brooke McCown - Fresno	1st
Sara Budge - Fresno	2nd
Suzie Choe - L.A.	3rd

Boys

Jack Prudek - Fresno	1st
Favian Avelar - SF	2nd
Jeremy Haverty - Fresno	3rd

Jr. Girls - Low Div.

Jung Lee - L.A.	1st
Miyoon Kim - L.A.	2nd
Sandra Brandeis - L.A.	3rd

Jr. Girls - Hi. Div.

Diana Babicka - L.A.	1st
Suzanne Choe - L.A.	2nd
Venus Peres - L.A.	3rd

Jr. Boys

Eric Haverty - Fresno	1st
Ryan Riddle - Fresno	2nd
Nathan Roberts - Fresno	3rd

Sokol Fun Run

The 1989 Slet Committee needs the input of our Sokol members. We are considering adding a new event to the week's activities — a 10 k and 2.5 k SOKOL FUN RUN! it is tentatively scheduled for Saturday June 24, 1989 at 8 a.m. with an entrant's fee of \$8 which includes a Sokol Fun Run bag and a ticket to the exhibition.

We are encouraging everyone — *all* ages to participate either by walking and/or running. In recent years walking has been recognized as a beneficial and inexpensive way to increase overall health. Given the popularity of fun runs across the nation we thought this event would afford another outlet for our Sokol members to perform.

Take it at your own pace, meet other Sokols and enjoy yourself.

In order to determine whether the event should be planned we would like you to return the bottom portion of this letter to: Sokol South Omaha, 2021 U St., Omaha, NE 68107. Attn: Colleen Kenney. Please return by January 1, 1989.

Name: _____

Interested in the event yes no

Expected number of participants 10 k 2.5 k

Any comments: _____

HALL OF FAME

GYMNASTICS: 1774 - 1987

THERE have been a number of Gymnastic Chronologies produced in this century. We draw here from a number of them featuring American accomplishments in the last decades. The earlier entries come from Gasch's *Gymnastic Encyclopedia* (1925 Ed.) with later entries supplemented by information found in Zwarg's (1930) history, *Olympische Turnkunst* and Frank Cumiskey's *History of Gymnastics* published serially in *IG*.

This chronology is a working document to be updated periodically with notable updated

events and recommended additions supplied by readers who can make a case for events not included in the present listing. For example, the first documented double leg circle on pommel horse is unknown at present. It was probably performed in the last century, however. Similarly, the use of uneven parallel bars by men is documented in *Deutsche Volksturnbücher*. The first suggestion of their use for women is not clear. We believe this innovation was Czechoslovakian in origin, but we have no documentation.

—A.B. Frederick/*IGHOF Curator*

— A CHRONOLOGY OF GYMNASTICS —

1774—Basedow's "Philanthropium" is opened in Dessau. The German term "Gymnastik" refers more to physical education exercises performed in schools, although balance beams, horizontal ladders and light hand apparatus were used (balls, clubs and hoops).

1793—*Gymnastic für die Jugend (Gymnastics for Youth)*, published by Guts Muths, who has been called the "Grandfather of Gymnastics." As noted above, the term does not refer to gymnastics in the modern sense.

1794—*Enzyklopädie der Leibesübungen (Encyclopedia of Physical Education)*, published by Vieth. Vaulting of all sorts described, including vaults over horizontal poles which may have been precursors of the parallel bars invented later. Vieth was influenced by Basedow's play yards.

1793 activities



1799—First institute for the physical training of college students opened in Copenhagen, Denmark, by Nachtgall. Ling, who developed Swedish gymnastics, was a prominent student. Facilities were modeled after those of Guts Muths.

1804—Pestalozzi (Yverdon, Switzerland) wrote series of articles on the training of the body and is identified with "calisthenics" or free exercise.

1811—"Turnplatz" opened in Berlin at the Hasenheide by Friedrich Ludwig Jahn, known today as the "Father of Gymnastics." The root word, "turn," which Jahn incorrectly assumed to be German in origin, became identified closely with the modern system of Olympic Gymnastics. The true Latin (tornare) and Greek (tornos) words refer to lathe work, but as we view current twisting and somersaulting movements, it's not difficult to imagine a lathe. Jahn invented the parallel bars and was the first to suggest exercises on the pommel horse (schwingel—probably more related to the Swiss dialect, a sense of whirring around) that were different than vaulting exercises. He is also credited with popularizing horizontal bar work (then a wooden bar), although its use can be traced to earlier times.

1813—Ling opened the Central Gymnastic Institute in Stockholm, Sweden. Invented stall bars, the boom, the saddle, window ladder, low combination bench and the vaulting box.

1816—First Turnverein opens in Hamburg, Germany. *The Art of German Gymnastics* is published by Jahn and Eiselen.

1819—Turnerism banned in Germany on July 14. Gymnasts went underground (identified with the beginning of Turn Halls or gymnasia for exercise) or emigrated to other countries.

1824—Jahn was tried after an imprisonment of five years. He was found "not guilty" and released. Despite this verdict, the King issued a special order that Jahn could not live within 10 miles of Berlin nor in any University city. He was to be placed under police surveillance in a city of his own choice. He elected Friedberg. He was awarded a stipend of \$1,000 per year as a Professor of History but was not permitted to teach either History or Turnerism.



Friedrich Ludwig Jahn

1825—Dr. Charles Beck, a political refugee, employed as physical education teacher at the Round Hill School in Northampton, MA, founded by Geo. Bancroft. Translated Jahn's *Turnkunst* into English and established the first American program fashioned after Jahn's gymnastics. Later, taught language and literature at Harvard. This pattern of emigrants was repeated many times during the remainder of the century and beyond, and the roots of physical education and gymnastics can be traced to them.

1826—Another pupil of Jahn, Dr. Karl Folien, opened the Boston gymnasium. Later became Professor of German Language and Literature at Harvard.

1827—Yet a third political refugee and the last of Jahn's pupils to emigrate. Dr. Franz Lieber taught swimming and physical education in the Boston area. Later published 13 volumes of the *Encyclopedia Americana* which established his reputation.

1828—Charles Beck translated Jahn's *Die Deutsche Turnkunst* into English. (Treatise on Gymnastics—note spelling)

1830—Francis Amoros wrote a gymnastic manual establishing the early beginnings of gymnastics in France.

1842—Ban on Turnerism (organized gymnastics) lifted by Friedrich Wilhelm IV, King of Prussia, June 6.

1843—Rudolph Steffany, a German follower of Speiss, founded gymnastics in Czechoslovakia.

1846—Periodical known as *Der Turner (The Gymnast)* was published in Dresden. The Hasenheide Turnplatz (playground) opened again.

1848—Deutschen Turnerbundes (German Gymnastic Federation) was founded. First German/American Turnverein opened in Cincinnati, OH. New York and Philadelphia followed shortly.

1850—Founding of the North American Turner Bund (Federation of Gymnastic Clubs organized by ethnic Germans) in Philadelphia.

1852—Jahn died in Freiburg, the city of his exile.

1856—Deutsches Turnzeitung (Turner newspaper) was first published in Leipzig (Martens).

1860—First German Turnfest (Gymnastic Festival) in Koburg.

1860-63—The years of the "Barrenstreit." The Swedes argued that the parallel bars were injurious to the musculature and bone structure of the chest. The Germans argued otherwise. Later, Emil du Bois-Reymond, a renowned physiologist, was asked to intercede and found for the German position.

1862—Miroslav Tyrs founded the Sokol movement in Czechoslovakia based upon Jahn's Turnen.

1863—Third Deutsches Turnfest conducted in Leipzig.

1865—First Sokol organization in the U.S. is founded in St. Louis. Others followed in Chicago and New York. Normal College of the North American Gymnastic Union was built by the Turners to train instructors. The building, the Athenaeum, is now a historical site in Indianapolis. Belgian Turnbund was founded.

1872—Fourth Deutsches Turnfest was held in Bonn.

1873—French Gymnastics Federation was founded.

1881—Nicholus Cuperus, President of the Belgian Gymnastic Federation, invited some European Gymnastic Federations to form an International Gymnastics Federation. The European Gymnastic Federation was formed July 23.

1885—Amateur Athletic Union (AAU) was established. Rules were organized for a variety of sports, including gymnastics. First AAU champions: Bob Stoll (flying rings), R. Molineux (high bar), Jos. D. Harris (club swinging), A.H. Beck (parallel bars).

1886—W. Haas became the first national tumbling champion.

1887—The International Gymnastics Federation (FIG) was founded.

1888—Robert Stoll became the first AAU rope climb champion (20').

1896—Gymnasts from six nations took part in the first Olympiad in Athens.

1897—AAU organized first all-around competition for men. E. Linderan of the Camden, NJ, Turners won title and was first on long horse. T. Hartel won side horse.

1900—German Hugo Peitch performed a double flyaway from horizontal bar.

1903—The 1st World Championships in Gymnastics occur with only four countries competing (France, Belgium, The Netherlands and Luxembourg).

1904—First American participation in the Olympics, held in St. Louis. Men competed in both gymnastic and track and field events (three events with a combined score known as the triathlon). Philadelphia Turngemeinde won the team event, although they had foreign nationals competing for them. Edward A. Hennig of Cleveland won his first Indian club swinging championship. Later he was champion in 1933, '36, '37, '39, '40, '42, '45, '46, '47, '50 and '51.

1920—Bjorne Jorgensen (Norwegian Turn and Athletic Club of Brooklyn, NY), John D. Mais (Phila. Turngemeinde), Frank J. Kriz (Bohemian Gymnastic Assoc. of NY) and Paul Krempfle (L.A. Athletic Club) were the first U.S. gymnastic Olympians. Kriz had the best showing in 10th place.

1921—European Gymnastics Federation changed its name to the International Gymnastics Federation. Nicholas Cuperus became the first President, a post he held until 1924. He was also President of the European Gymnastics Federation for its entire existence. In total, he served gymnastics for 43 years. The U.S. joined the FIG. Curtis Rottman became the first national champion in free calisthenics.

1923—Thirteenth Deutsches Turnfest in Munich schedules events for women.

1924—Frank Kriz became America's first Olympic gold medalist (combined long horse/high jump). He also finished highest of all American gymnasts in the AA (19th). U.S. team placed fifth. M.C. Cazajet of France becomes FIG President.

1925—Roy E. Moore, five-time national AAU pommel horse champion, became Chairman of the AAU Gymnastics Committee, a post he held until his death in 1957. He is designated today as the "Father of American Gymnastics."

1926—The Swiss Turn Verein of Union, NJ, won the first of 13 national team championships. They were finally defeated by the U. of Illinois in 1940.

1928—Women took part for the first time in an international gymnastic competition sponsored by the FIG.

1930—Ninth World Championships, Lyon, France.

1931—First National AAU Championships for women. Roberta C. Rank of the Philadelphia Turners was first all-around. Dorothy M. Rossenbach was first calisthenics champion.

1932—The Xth Olympiad in Los Angeles. U.S. team was second. Gold medals won by Raymond Bass (rope climb—Gailbraith and Connelly were 2nd and 3rd); Rowland Wolfe (tumbling—Gross and Herrmann were 2nd and 3rd); George Gulack (rings—Denton 2nd); Dallas Bixler (high bar); George Roth (Indian clubs—Erenberg and Kuhlemeier 2nd and 3rd). Haubold and Joachim also won silvers and a new man, Frank Cumiskey, placed fourth on pommel horse.

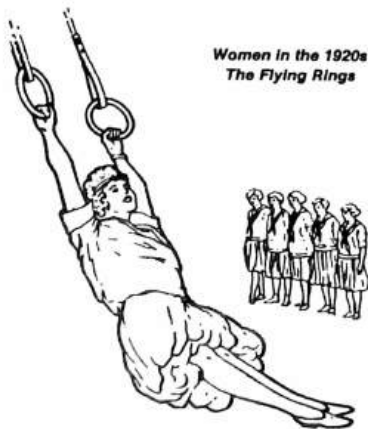
1934—FIG conducted first women's competition under leadership of Countess Zamoyska. The events were optional exercises, exercises with accessories (MRG), vaulting, parallel bars and beam (3"). There was also a long jump, the javelin throw and a 60-meter dash. Czechoslovakia won the team title. Diekanova of Czechoslovakia won the all-around.

1936—U.S. women competed in the Olympics for the first time. Uneven bars introduced but not used in competition until 1952. Frank Cumiskey finished 48th all-around. U.S. women finished fifth. No individual medals were awarded for women's events. Consetta Caruccio placed fifth of 64 women.

1937—Second IOC president Baron Pierre de Coubertin died of a heart attack.

1938—First NCAA Gymnastics Championships at the U. of Chicago. Joe Gialombardo won the all-around, flying rings and tumbling. Helen Matkowski was first AAU tumbling champion. Bob Sears was first NCAA high bar and rope climb champion. Erwin "Bud" Beyer was the first NCAA all-around and side horse champion.

1941—Clara Schroth Lomady was first AAU beam champion, a title she held until 1952 when she lost to Meta Elste. Lou Fina became the first NCAA free exercise champion.



Women in the 1920s
The Flying Rings



Women's gymnastics circa 1861

1945—Clara Schroth Lomady of the Philadelphia Turngemeinde won the first of six national all-around titles. She was also champion in 1946, '49-52.

1948—At London Olympics, U.S. women finished third. Team composed of Helen (Schifano) Sjursen, Clara (Schroth) Lomady, Meta Elste, Marion (Twining) Barone, Laddy Bakanic, Connie (Caruccio) Lenz, Anita Simons and Doroth Dalton. Cumiskey best finish for men (4th on PH). The women's technical committee voted out the rings event for 1952, replacing it with uneven bars. Gay Hughes of Illinois was the first NCAA trampoline champion.

1950—First National Gymnastics Clinic held in Daytona, FL, organized by Lyle Welsler. The 12th World Championships were held in Basel, Switzerland, and track and field events were held for the last time. America did not participate.

1951—First Pan Am Games were held in Buenos Aires, Argentina. Bill Roetzheim raised money and was only American gymnast at the Games. He won the all-around, high bar and took two silvers. 1952—Helsinki, Finland, Olympiad. The German and Japanese teams competed for the first time since the war, and the Soviet team participated for the first time with its men and women taking most of the gymnastics medals. Marian Barone of the Philadelphia Turngemeinde was the best all-around performer for the U.S. Bob Stout tied for seventh on floor exercise, only .3 out of first.

1953—The first Gymnaestrada was organized in Rotterdam under FIG sponsorship.

1954—Charlie Simms and Jack Beckner became the first Americans to compete in the World Championships (Rome). It was the last time world competition was held out-of-doors.

1955—At 11th Pan Am competition (Mexico City), Americans won 24 of 25 golds. Don Perry set rope climb record of 2.9 seconds.

1956—XVIIth Olympiad (Melbourne). Jack Beckner, 17th all-around, scored highest for U.S. Muriel Grossfeld was 25th in free exercise.

1957—The *Modern Gymnast* was published by Glenn Sundby. A complimentary issue had been distributed in December 1956. Roy E. Moore died February 9. National Gymnastics Judges Assoc. was formed.

1958—U.S. competed in the World Championships (Moscow) for the first time as a team (men). Jack Beckner placed 28th AA.

1959—At the Pan Am Games (Chicago) U.S. men won first six places in the all-around and won all but one gold (club swinging). Women competed for the first time and U.S. and Canada sent teams. Canada won majority of medals and Ernestine (Russell) Weaver won the all-around for Canada. George Szypula announced first 20 inductees for the Helms Gymnastics Hall of Fame.

1960—Rome Olympiad. Larry Banner 21st; Gail Sontgerath 28th.

1962—Dec. 9, USGF was inaugurated. Formal operations began Dec. 20. World Championships in Prague. Don Tony 21st; Muel Grossfeld 31st.

1963—First USGF Newsletter; first USGF Clinic; first USGF National Championships; Dan Millman won gold medal at the Fahrbach-Schuster Cup (Trampoline) in Germany. (This was the first gold medal won by an American under the USGF.)

1964—XVIIIth Olympiad in Tokyo. Makoto Sakamoto 20th; Dale McClements 34th. First USGF Coaches Congress was held in Denver.

1965—Makoto Sakamoto placed third at the World University Games.

1966—Dortmund World Championships. Makoto Sakamoto 16th; Dons Brause 27th. A one-hour protest of judges' scores resulted after Brause's innovative uneven bars routine. Her routine was featured in a text by the German Timmermann and gave credibility to American gymnastics.

1968—Mexico City Olympics. Linda Metheny placed 4th on beam. Dave Thor was 24th all-around, Cathy Rigby 16th.

1969—The first Continental Judging Course was held at Penn State University, conducted by FIG officials. First AIAW Nationals were won by Springfield. An invitational was won by Southern Illinois the four previous years.

1970—USGF replaced AAU as FIG representative. First international judges course for women held in Long Beach, CA. Ljubljana World Championships. Makoto Sakamoto 12th, Cathy Rigby 15th. Rigby's silver on beam was first medal won by an American in a world championships.

1972—Frank Bare was elected to the Director's Committee of the FIG. Munich Olympics. Steve Hug 31st, Cathy Rigby 10th. Women's team narrowly missed the bronze.

1975—U.S. women won every medal at Pan Am Games.

1976—Nadia Comaneci and Bart Conner won the first American Cup, Montreal Olympics. Peter Kormann won bronze on floor, the first Olympic medal won by an American gymnast since 1932. Wayne Young 12th all-around, Kim Chase 14th. Jackie Fie was elected to the Women's Technical Committee of the FIG.

1977—Kathy Johnson won the 11nd American Cup; Kurt Thomas 2nd.

1978—Kurt Thomas won 11rd American Cup; Kathy Johnson 2nd. Strasbourg World Championships. U.S. men 4th. Marcia Frederick won first WC gold (bars). Kathy Johnson won floor bronze, Kurt Thomas won floor gold. FIG voted to hold world championships in all years between Olympics.

1979—Fort Worth World Championships. Kurt Thomas 2nd all-around, with two golds and two silvers. Bart Conner won parallel bar gold and vault bronze. Leslie Pyler 12th. Chinese re-entered international competition.

1980—The U.S. boycotted Moscow Olympics.

1981—Moscow World Championships. Julianne McNamara 7th; Bart Conner 11th. Tracee Talavera won beam bronze.

1982—First NCAA Championships for women won by U. of Utah. Jim Hartung 10th at Zagreb World Cup. Julianne McNamara 8th with vault bronze. First Rhythmic World Cup held at Belgrade.

1983—Budapest World Championships. Mitch Gaylord 8th, Kathy Johnson 12th.

1984—Los Angeles Olympics. U.S. men won team gold for the first time and were honored as a team in the Hall of Fame. Peter Vidmar, 2nd all-around, won pommels gold (tie), Bart Conner parallel bar gold. Tim Daggett 3rd pommels, Mitch Gaylord 2nd vault (tie), 3rd rings, parallel bars. Mary Lou Retton won all-around gold, 2nd vault, 3rd bars, floor, McNamara won bars gold (tie), and floor silver, Johnson won beam bronze.

1985—Montreal World Championships. Scott Johnson 22nd, Sabrina Mar 14th.

1986—Beijing World Cup. Kelly Garrison 13th. No American men qualified.

1987—Rotterdam World Championships. Dan Hayden 22nd, Rhonda Faehn 19th. International Gymnastics Hall of Fame Dedication in September at Oceanside, CA. **IG**

CZECHOSLOVAKIA AT 70

A commemoration of the 70th anniversary of the Czechoslovak Republic took place on Saturday, October 29, right after the Annual Meeting of the Eastern District.

The ceremony opened with an entry of the flags and color guard, followed by some twenty gymnasts of Sokol New York. The assembled Sokol delegates, members and parents joined in singing of the national anthems. The program started with Bedřich Smetana's symphonic poem *Vyšehrad*. Following that was a montage, prepared by Bro. V. W. Slavik, stressing the importance of the first call for Czech independent nation by Sokol leaders in Midwest in August 1914. That statement was prepared by Br. Václav Tesar, member of Sokol Omaha. The montage was intertwined with reading of proclamations by President Wilson and his Secretary of State, Robert Lansing. Sis. Irene Mergl read these proclamations, while Czech statements of Václav Tesar and T. G. Masaryk were read by Bro. L. Korec. Bro. Slavik continued the ceremony with a good many examples of American Sokol contributions toward the founding of an independent Czechoslovakia. Sokol financial contributions made it possible for the Czech National Council in Paris to function. The 30-minute cultural part of this program concluded with another poem of B. Smetana, *Blaník*.

In the second half of the program, the gymnasts of Sokol New York showed some very well done routines on the apparatus, finishing with a team rapid vaulting. The gymnasts were rewarded with a long applause from the spectators.

At the end, Sis. Norma Zabka, dressed in the uniform of an Olympic Games judge, described her experience at the last Olympiade, held in Seoul, Korea. Her short speech proved very interesting to everybody, the delegates, gymnasts and spectators. District director of men, Steve Frolo, dismissed the class, signalling the end of the district's commemorative affair.

Nazdar!

Women & the Sokols

While the men established the Sokol organization in 1962, our sisters waited only seven years to establish their own gymnastic association for girls and women. While the idea of freedom, equality and brotherhood may have been considered rare for men at that time and place; these few courageous women had many more obstacles to hurdle. At that period of time, the "female" was considered ornaments to the rich and another pair of working hands to the poor. She was not considered "an

equal" by the same standards that the male was judged. This separate Sokol unit in Prague remained isolated for twenty years before women in general began to seriously think of expanding the Sokol ideals.

They were accepted into the Sokol organization in 1898 and in 1901 performed at the "Slet". The following year training courses were established for women. But true equality was not earned until WW I, when the life of the Sokol units was thrust upon their shoulders. Their ranks grew rapidly and by the 10th Sokol Slet there were so many women present that even after a double changeover of performing gymnasts, some of them did not get a chance to perform in the stadium.

Dear sisters of 1988-89, is a "double changeover" possible in the near future?

Editor

(History portion from Sokol San Francisco's Bulletin.)

Remembering FRANK STRANSKY

1899 — 1988

Frank Stransky was born in Brno, Czechoslovakia, September 8th, 1899. Died August 10th 1988. He came to this country in the year 1910. He lived in Dallas most of his life except for several years in Chicago, Illinois in the late twenties. Artisan in the glass profession, owner Molley Glass Co. Frank Stransky was a member of Sokol Žižka-Dallas, Texas. A distinguished man with extraordinary talents and achievements. For over a half century he has been active in gymnastics. He has the distinction of being one of the most outstanding athletes in the nation. He was a recipient of some of the highest prestigious honors bestowed on an athlete. To name a few — in 1924 first gymnasts from Dallas and the Southern District entered Chicago Slet, won first place in his division, all around champion of 1935 Dallas Olympics. All around City Champion, all around District Champion, All around Central District and All Around National Champion, involved in the Big Ten and A.A.U. Winner of hundreds of individual awards. Truly a multi-faceted performer in gymnastics, track, swimming, diving, boxing, wrestling, weight-lifting, fencing, handball and others, indeed a athletes athlete. He inspired his fellow teammates to excell by his performances which were always on the border of brilliance. He is affectionately called the "Champ" by his fellow gymnasts. He was a legend in his own time.

Preceded in death by wife Mary. He is survived by his son Jerry Stransky.

On behalf of Sokol Žižka Dallas, Texas, I extend sincere sympathy to the bereaved and rest in peace Frank.

Walter Hošek

ARE YOUR DUES CURRENT?

Exercise Sokol Style

Call them marching tactics, calisthenics, acrobatics and gymnastics, add sports skills and resistives, dance steps, picture patterns, and symbolics to present a balanced aesthetic view Sokol program! yes, it's true. You say old stuff, dull stuff, much too tame, hah! you know what's wrong? Nomenclature is to blame.

Call them aerobics or kinetics, or anaerobic too, isotonic, isometrics, just to name a few. so let's all be realistic they've been in the Sokol program for a century or more they've been there for all of you so, from World Class competition and the Olympics too, down to simple basics that's what Sokols do.

ejh

Apologies to Charles Osgood of Osgood files CBS.

Central District Presidents Report

As we close the book on the 1987-88 Sokol season, let us review our strong and weak points as a District.

On the positive side our District Slet; the first to be held in the evening, our Special Number Competition, our awards picnic and our participation in the Canadian Slet.

These events prove we can communicate and work together as a District to a successful end.

Our District weak points; units representation to the men's B.O.I., a better understanding of each units problems, judges for all our competitions, and the development of young new leaders in all areas.

These weak areas can be overcome by keeping the lines of communication open and working.

The spoken word is still the best way. All of the reports and meeting minutes are worthless if no one reads them!

With the help and cooperation of each unit and the membership the Central District can and will overcome any and all obstacles given to us.

To this end, we as Sokol members must rededicate ourselves.

As your president it has been my privilege to represent the Central District at various events; I thank you for the opportunity.

Na Zdar! *Bro. Charles R. Borvansky, President*

Central District's Presidents Conference

SEPTEMBER 10, 1988



Central District officers pictured are: (rear) Anna-Lyn May, Treas.; Nancy Borvansky, Sec.; Václav Ženíšek, Ed. Dir.; Pat Satek, Dir.; (front): June Pros, Fin. Sec.; Chuck Burvansky, Pres.; Ann Basta, 1st V.P.; Fred Kala, Dist. By-laws. Not pictured: Ed Schnabl, 2nd V.P.; Dave Harlan, Mens Dir.

New Officers for C.D. 1988-89

Elections at Annual meeting November 14, 1988

Same as listed except EllenJeanne Schnabl is new Dist. Secretary.

Central District Unit Presidents



Standing: Joe Moravec, Jr. (Tabor), George Vytlačil (Town of Lake), Robert Michalek (Brookfield), John Satek (Slavsky), Edward Jelinek (Berwyn), Earl Haertlein (Milwaukee).

Seated: Lynda Filipello (Naperville), June Pros (Sokolice) Tabor, Sylvia Pistorius (West Suburban), Ann Basta (Havliček-Tyrš), Mary Ann Sulz (St. Louis), and Marie Vachata (Stickney).

WTTW Broadcast

WTTW/Chicago will broadcast "Czechoslovakia: The Long Wait for Spring" on public television nationwide Wednesday December 21 at 9 p.m. eastern time. The program looks at the country twenty years after the "Prague Spring". Czechoslovakian citizens talk about their country and what has occurred in the years since the Warsaw Pact Invasion in this WTTW-produced documentary.

"Viewers travel throughout the country to meet artists, writers, musicians and other dissidents who speak of the political, economic and social problems that plague Eastern bloc nation. As they share their thoughts and feelings, a true portrait of modern day Czechoslovakia emerges."

For further information, please contact Diane Srebro, 312/509-5438.

Calendar of Events

DEC. 4 — Sokol/Sokolice Detroit Czechoslovak Dinner Party

DEC. 10 — Sokol Los Angeles St. Nicholas — Mikulášská, Dinner, Dancing

DEC. 11 — Sokol Baltimore Mtg and Christmas Party

DEC. 15 — Sokol Baltimore Gymnasts' Christmas Party

DEC. 31 — Detroit — New Year's Eve Dance

FEB. 5 — Detroit — Winter Gymnasticale

APR. 7 — Sokol Slavsky Bunco & Card Party at Mid America

APR. 16 — Sokol Baltimore C.S.A. Spring Dance

JUNE 20-24, 1989 — AMERICAN SOKOL NATIONAL SLET, OMAHA, NEBRASKA

FUTURE EVENTS

MAY 5, 1990 — Sokol Slavsky 100th Anniversary, William Tell Restaurant, Countryside

JULY 5, 1990 —

Czechoslovak Sokol Abroad

VII Slet, Paris, France



ASO FINANCIAL REPORT

OCTOBER, 1988

RECEIPTS:

Dues	\$ 7,666.00
Convention Fund	156.00
Special Assessments	68.00
Dividends & Interest	169.40
Subscriptions to "American Sokol"	33.00
Resale of Jewelry	276.00
U.P.S.	4.14
Miscellaneous	1,749.10
	<hr/>
A.S.O. Uniform Division - Rent, salaries, etc.	\$10,121.84
	620.64
Total Receipts	<hr/> \$10,742.28

DISBURSEMENTS:

ADMINISTRATIVE

Salaries - Office Employees	\$ 817.09
F.I.C.A. & F.W.T. for September, 1988	305.96
I.W.T. - 3rd Qtr., 1988	75.52
Rent, Janitor Services Phone, Electric	1,020.37
Office Supplies - Ink for copier	178.00
Computer Expense	75.41
Postage	38.90
Travel Expense	294.05
Office Supplies - Bulbs	4.28
A.S.O. Souvenirs — Pens	293.51
	<hr/>
	\$ 3,103.09

BOARD OF INSTRUCTORS

Salaries	\$ 517.49
F.I.C.A. & F.W.T. for September, 1988	176.40
I.W.T. - 3rd Qtr., 1988	40.88
Editor "Sokol Gymnast" - Oct., 1988	30.00
Postage and Phone	27.46
Directors' Expenses to USGF Congress of Coaches	541.93
Tapes	35.94
District Directors Conference - Travel Expense	446.00
	<hr/>
	\$ 1,816.10

EDUCATIONAL DEPARTMENT

Salary	\$ 72.80
F.I.C.A. for September, 1988	17.02
I.W.T. - 3rd Qtr., 1988	6.79
Honorary Members Dinner Expenses	624.71
District Educational Directors Conference	1,898.92
	<hr/>
	\$ 2,620.24

SOKOL PUBLICATION

Editor - "American Sokol" - Oct., 1988	\$ 125.00
Postage - "American Sokol" - Sept., 1988	678.62
Salaries - Computer - Mailing Publication	132.75
	<hr/>
	\$ 936.37

MISCELLANEOUS

A.S.O. Uniform Division - Salaries, F.I.C.A. & F.W.T. for Sept., 1988, IWT - 3rd Qtr. 1988 and Phone	\$ 566.19
XVII Slet Expense	3,421.19
Advance to XVII A.S.O. Slet Committee	1,000.00
	<hr/>
	\$ 4,987.38
Total Disbursements	<hr/> \$13,463.18

Balance brought forward:	
Affiliated Bank/Western National - Checking	\$ 4,375.16
Receipts - October, 1988	10,742.28
	<hr/>
	\$15,117.44
Disbursements - October, 1988	13,463.18
	<hr/>
	\$ 1,654.26

Executive Board Meeting

Tuesday September 20, 1988

Members present: Sis. Pinc, Zitny, Ptacek, Pistorius, Kourim, Filipello; Bro. Masek, Kala, Borvansky, R. Barcal, Rabas, Ptacek, Basta, and Lebloch. Excused: Bro. Milan, Zitny, Jelinek, Satek, and Sis. Ruzicka.

Minutes received and reviewed: Northeastern District, June 4th; 1989 Slet meetings, July 11th and August 8th; ASO Executive Board meeting, August 16th, all approved.

CORRESPONDENCE: Sis. Bernice Hamilton, Southern District Financial Secretary, part payment on their loan. Sis. Ann Huber, Pres. Sokol Baltimore concerning points their liability insurance require. Czechoslovak National Council of America request we sign a proclamation in honor of the 70th anniversary of the liberation of Czechoslovakia. All Sokols attending this affair should wear dress uniforms.

1989 SLET: Sample of oval shaped pin shown. 7,500 slet seals delivered here by Br. Masek from Omaha. List of souvenirs; pins, wine glasses for banquet with Slet logo, tumblers for Soc-Hop, Lucite clock with Sokol emblem, luggage tags, stadium cushions, T-shirt, sweat shirts, shoelaces, and patches. Design for plate to be chosen. Suggest all ASO booklets and printed material be made available for sale at Slet. Approval for pin design given. United Airlines discount approved by Slet committee. Cost of souvenir book printing \$57.40 per page, camera ready; \$75.00 with typeset or pictures. No commissions are paid on ads. Approved prices for ads, letter to follow to all members.

COMBINED MEN & WOMEN BOI REPORT — Br. R. Ptacek and Sis. S. Pistorius: Letters of invitation to the District Directors Conference mailed to guest organizations: Sokol USA, DA Sokol, Polish Falcons and Czech Sokols Abroad. ASO BOI have prepared an open letter of invitation to the 1989 XVIII Slet which will appear on front of Gymnast along with a tentative schedule of Slet activities. Material for first class girls hoops now at ASO office. A condensed version of three eulogies on behalf of Sis. Bertha Cerny will appear in Gymnast. Final report form approved for payment: Western District ASO National Instructors School, July 8-17, 1988, Ennis, Tx. — 5 students @ \$50 total \$250.00. Br. Benak provided floor plans for Sokol South Omaha hosting Awards Night, and after Fire Marshall inspection, was assured that the facility could hold 1300 people, approved; 13 yes, 1 absention. CODE OF CONDUCT covered in our Tournament Rules will be published in the Gymnast to advise all participants what is expected of them during the festivities of the Slet. Br. Ed and Sis. Ann Halik have composed combined calisthenics for more mature participants, Senior Calisthenics Group II. Complete report of ASO National Course received from Sis. Sylvia Laznovsky, 42 students (10 advanced/intermediate and 32 begin-

ners). Merit Award: Approved upon recommendation of the Merit Award Committee (see Gymnast).

MEMBERSHIP — Br. F. Kala: Corrections made on the by-laws from Sokols Crete and South Omaha and Sokolice South Omaha. Units still owing dues: two from C.S., one from W.D., and one from So.D. Reminder: if a unit in your district is delinquent, special assessments will not be paid to your district.

EDUCATIONAL — Br. P. Lebloch: The District Educational Conference will be held Oct. 14 and 15th at the William Tell Inn, Countryside, Ill. All board members are invited. Request Saturday lunch and dinner be taken care of by executive board. Central District will present two gymnastic numbers at 70th anniversary commemorative program. All honorary ASO officers will be honored at a dinner Nov. 19th. Sis. Ann Huber advised that Sokol Baltimore is translating Památník Národní Jednoty Sokolské. We are not aware of any other translations. Br. S. Barcal will send her a copy of his History of the American Sokol. Dave Wilke submitted article to the "Chicago" magazine on the Sokols. Br. Basta to contact Alderman Garcia re: plaques on the Stepanek Building.

PUBLICITY — **CZECH** — Br. J. Rabas: Recommend our president and secretary sign the

STATEMENT OF OWNERSHIP, MANAGEMENT AND CIRCULATION <small>(Required by 16 U.S.C. 1463)</small>		
1A. TITLE OF PUBLICATION	1B. PUBLICATION NO.	2. DATE OF FILING
AMERICAN SOKOL ORGANIZATION	0 0 0 3 1 2 5 9	10-11-88
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proclamation from the Czechoslovak National Council. Sokol Vienna will celebrate 100th anniversary October 15th. Br. Rabas will write a letter to them. Wrote article on our Sokol Activities. Approval to sign proclamation and to send a letter to Vienna.

PUBLICITY — English: We need to send Publication to magazines and other digests as they may use some of the material. Reminder: at the Presidents Conference it was voted that all units send their newsletters to District presidents. Br. Masek to send all Slet publicity to editor.

FINANCIAL SECRETARY — Sis. M. Pinc: The August financial report distributed to board members. Contents insurance company Addison Farmers, premium \$673.00. New supply of quarterly reports mailed to all units.

TREASURER — Br. R. Barcal: All statements in order, Br. Basta has the comparison reports done on computer. Dues are doing well, donations are slipping, travel expenses very high. Budget never allowed for cost of computer. Postage is way over for publication, but no control over that.

EDITOR — Sis. I. Filipello: Br. Slavik article on the 70th anniversary fit well into publication. No extra pages needed.

SECRETARY — Sis. J. Kourim: Keeping up with duties. Invitations to Slet have been sent to all units and most of the guest organizations. Hotel information was included.

II Vice President — Br. G. Masek: Decision on art work for plate. After lengthy discussion, majority of board chose plate No. 1. No definite date for 1990 convention.

I Vice President — Br. C. Borvansky: Working with BOI on designing certificate for SLET. Working with Sokol Fuegner on letting women join their unit. Could mean 50 more members.

PRESIDENT — Br. G. Basta: Attended Central District's Presidents Conference. Did the budget comparisons.

Meeting adjourned at 11:40 p.m.

Respectfully submitted,

Jackie M. Kourim, Secretary (edited)

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