

# AMERICAN SOKOL



Publication of the American Sokol  
Educational & Physical Culture Organization



*The Sokol Procession to the Czech National Theatre for the Cornerstone Laying Ceremony in 1868. Drawing by Mikoláš Aleš. Man in foreground is br. J. Spurný.*

*Sokolové v průvodu slavnosti kladení základního kamene divadla Národního r. 1868. Kresba Mikoláše Aleše, v popředí zobrazen br. J. Spurný.*

# AMERICAN SOKOL

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AMERICAN SOKOL  
1989 SLET  
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## *Our Sokol Credo:*

To build a healthy and beautiful human body —  
To cultivate a harmonious and total person —  
To develop firm character, a well rounded disposition and  
A love of truth and justice —  
To produce strong, lovely and honorable people,  
That is the goal of a "Sokol" education.

What is a "Sokol"?  
Sokol is falcon in Czech language,  
it is our symbol of swiftness,  
courage and strength.



*"Zdravé a krásné lidské tělo — souladné vypěstění celého člověka,  
povahy ucelené, neobložené, pravdymilovné a spravedlivé —  
lidé silní, krásní a dobří — to je cíl sokolské výchovy."*

VLADISLAV SLAVÍK:

**MIROSLAV TYRŠ****Leader - Scholar - Human Being**— *Cont.*

Working together with his instructors, Tyrš conceived a new gymnastic terminology. It was actually a work of a highly sophisticated philologist. His own fluent knowledge of Latin, French and Italian, as well as some Greek and English added to his proficient vocabulary. On the basis of Jungman's Dictionary, Tyrš created new words describing every movement of a human body and its limbs. Tyrš never hesitated to seek help, when needed. Erben, Rank and Purkyně helped him polish his new gymnastic terminology.

In April 1862 the nation celebrated its rejuvenation with a gathering at the Říp Mountain, where the legendary leader Čech allegedly brought his nation in the sixth century. With Tyrš at the head, Sokols marched triumphantly from the nearby railroad station after local people jubilantly welcomed and joined them all the way to the mountain.

On June 1, another celebration took place in Prague, Sokols unfurled their new flag, designed by Josef Mánes. Karolína Světlá delighted the audience with a speech which for almost a century served as the spiritual fulfillment of the Sokol idea: "...we ask you to defend the weak one, while not trembling before the mighty one. ...to love deeply your motherland and to treasure humanism not only in your heart but also in your acts..." The flag bearer, repeating the verses of Jan Kollár, the poet of the Tatra Mountains, answered: "...whoever is worth of liberty, appreciates freedom for all — whoever takes slaves into his chains, himself is a slave..." Viewing these two affairs with extreme pleasure, Jan Neruda, the foremost poet and writer, coined the phrase: Sokol, our national army.

The "national army" was exactly what the Habsburg Government was afraid of. Trying to hinder Sokol activity, in summer of 1863, the government succeeded in forcing Sokol out of the gymnasium at Apollo. Tyrš replied with a last exhibition at Apollo where 28 teams performed on the apparatus.

It was the best answer to a government that did not understand its people. Tyrš and Fuegner did not want any confrontation with the government. They felt, however, that the Sokol idea was a dignified continuation of the Czech historical development. They both believed in the Hussite brotherhood in which they saw the national resurrection. Although neither was religiously inclined, they never openly expressed their thoughts on religion. Liberal Fuegner didn't let Renata be baptized. He did not want her to be influenced by the official dogma of the Habsburg's Catholicism. Similarly, both men seemed to approve the authenticity of the Old Czech Pergamens, although a scholar like Tyrš had probably had some doubts. Like many other nationalists, they did not question their authenticity

because they fit perfectly into their patriotic philosophy. On the other hand, they actively promoted Havlíček's motto: "Education is the most fertile soil for growing freedom." They were both involved in politics. Fuegner was elected to the City Council, while Tyrš was twice elected to the Czech Assembly and once to the Imperial Council.

However much Tyrš and Fuegner thought alike, there were disagreements. Fuegner was very careful in dealing with the authorities. Tyrš was ready to risk a jail sentence to prove a point. In 1863 Sokol Pražský scheduled a trip to Benešov. Afraid that the police might retaliate, Fuegner did not go and refused to give a Sokol flag. The determined Tyrš led the Sokols anyway. This disagreement, one of several, clearly illustrates the Sokol structure. Fuegner was presiding over an executive committee, composed mostly of older men, whose best gymnastic days were behind them. Tyrš led the instructors and active members. As anywhere else in the world this posed the centuries old dilemma: Enthusiastic youth against the experienced elders. But, regardless of differences of styles, Fuegner and Tyrš loved each other from the day they met in summer of 1859 "At King's" foresters' house near Křivoklát. The rejuvenated nation they helped to forge, perceived in them virtual heroes, even though the government held them in disdain.

When the new gymnasium in Konvikt proved to be too small, Fuegner decided that only a building with a large gymnasium would facilitate the ever-growing classes. On May 5, 1863 he announced to his surprised executive committee that he had already purchased land for the building of a new Sokol Hall. He also stated his conditions. They were so generous that the members could not believe their ears. Tyrš, who was the only one to know about Fuegner's intentions beforehand, prepared plans for the most advanced gymnasium of the time. Besides a large gym hall and a room for the meetings, there were locker rooms with showers, apparatus room, etc. There were two apartments, later to be taken by the Fuegner family and Tyrš. Gas lighting was installed throughout the building. Even today, 126 years later, this Sokol Hall stands in Sokolská St. as a landmark, symbol of Fuegner's brotherhood and a silent witness of Sokol achievements.

The same year the Tyrš Institute welcomed boys and girls for the first class. Among them was Klementina Hanušová, later the first instructor for girls. By then there were 16 Sokol units all over Bohemia and Moravia. In September Tyrš held the first instructors' course. On December 9, 1863 the new Sokol Hall opened its door for Sokol classes and the term "sokolovna" was born. With a new hall Tyrš also started new activities. Obviously, the old Hellenic Pentathlon was his favored discipline. Tyrš himself led his Sokols on weekend hiking trips to historical places. Some of them were very long and quite exhausting when men had to march 60-70 miles in two days and give a strenuous exhibition during their resting time.

*Continued July*

# SOKOL GREATER CLEVELAND

## Three Generations



*ECKHOFF — Norma, Nancy Eckhoff Jirousek & Dennis Jirousek, Erin Jirousek, Brandon Jirousek.*



*JOHNSON — Emily, J. J. Vencl (President) & Nada Srsen Vencl, Gretchen Vencl, Heidi Vencl, Ken Vencl & Diane Vencl, Lorie Vencl, Tracy Vencl.*



*JIROUSEK — Edwin & Jarmila, Edwin, Jr. & Vicky Jirousek, David Jirousek, Daniel Jirousek.*



*KRATKY — James & Marilyn, David Kratky, Joe Kratky, Raina Kratky.*



*JIROUSEK — Robert & Ruth, Dennis Jirousek & Nancy Eckhoff Jirousek, Erin Jirousek, Brandon Jirousek.*



*KUNC — Claire, Joe & Anna, Robert, Holly, Heidi.*



SKALNIK — Charles & Mildred, Carolyn Skalnik Morgan, Timothy Morgan, Dina Morgan.



MARTANOVIC — Dorothy & Matthew, Susan & Roger, Barbara & Kathy.



SRSEN — Gloria, Sandy Srsen Hayden, Jody Srsen Cernansky, Nada Srsen Vencl, Kim Zajicek (Srsen), Gretchen Vencl, Heidi Vencl, Brian Zajicek.



REJNA — Rich (N.E. District Dir. of Men) & Noreen Rejna, Wendy Rejna, Sokol Baltimore, Tammy Billi, Tina Billi.



ROTH — Audrey, Jaclyn Roth, Joslyn Roth Erlenmeyer, Charles Erlenmeyer.



ZIZKA — Mildred, Diane Ziska, Sarah Ziska, Joe Ziska.

## Executive Board Minutes

March 28, 1989

Regular meeting of the American Sokol Organization Executive Board, Tuesday, March 28, 1989, was called to order by I. Vice-President Bro. Charles Borvansky at 7:40 p.m. Pledge to the flag was given.

**Members present:** Sis. Sylvia Pistorius, Lynda Filipello, Jackie Kourim, Mildred Pinc, Vlasta Zitny, Marie Ptacek, Bro. George Basta, Charles Borvansky, Gary Masek, Richard Ptacek, Robert Barcal, Jerry Rabas, Roy Zitny, John Satek, Paul Lebloch.

**Members excused:** Sis. Emilie Ruzicka, Bro. Jerry Milan, Fred Kala, Ed Jelinek. District Minutes received and reviewed: Central District, February 22nd. Also received a manual from Southern District with all their minutes and unit reports for the past two years. Passed it around for all to peruse.

**CORRESPONDENCE:** Invitation to the Sokol Women of Little Ferry, 80th anniversary dinner dance. Sokol Los Angeles, 80th anniversary celebration, request for ad book, also raffle tickets, no action taken at this time. Bohemian National Cemetery Association, request for our attendance at the Memorial Day parade, letter to be sent to all Central District units asking for their cooperation in this matter. Sokol San Francisco, late survey and letter of apology. Invitation from the M. R. Štefánik Court to 70th anniversary banquet. Other articles and news items of interest. Bro. Basta and Masek arrived late due to a delay in the flight from Omaha. Bro. Basta continued on with the meeting.

**COMBINED MEN AND WOMEN'S DIRECTORS' REPORTS — Bro. Richard Ptacek and Sis. Sylvia Pistorius:** Final report forms approved, Northeastern District, USGF Congress, October 13-15, 1988, Anaheim, CA, Mary Panackia, \$414.85. Central District, Progressions and Skills Clinic, January 13-15, 1989, Sokol Slavsky, Instructors; Brad Durham, Joe Vrzalik, Wade Garret, Mila Waldauf, Paul Gilea, \$310.48. Slet: Regarding the necessity of bus rentals for Omaha, NE, all district directors will be contacted and a poll taken to determine how many buses will be necessary. Corrections to calisthenics, uniform requirements for Senior Group II, Indian Club Number and Folk Dance will be appearing in the gymnast. Volleyball information and other data pertinent to the Slet will be published in coming issues. Special number entry forms and request for judges are being prepared and will be mailed to District Directors shortly. As soon as volleyball accommodations have been finalized, entry forms will be mailed out together with apparatus and rhythmic gymnastic competition entry forms. Noted on the ASO tentative schedule, the judges meeting should be changed to 2 p.m. This will be corrected. Clarification: All district and units participating in the ASO Slet will carry their district and unit flags for the opening ceremonies. Bro. Benak will be approached about obtaining a

floor plan of Bryan High School gymnasium, also locker facilities, etc. Inquiry made whether 1st class girls and boys will be allowed to participate in the calisthenics at the Slet. General consensus that there should be no problem to include both classes. In order to figure out the field arrangement, Sis. Satek and Bro. Gilea have prepared a letter and chart for the junior cal which will be mailed out with entry forms. Requests have been coming in for video tapes of 1st and 2nd class calisthenics. Every effort is being made to have this tape completed and available within the next couple of weeks. Sis. Dagmar Fiala contacted and asked to take charge of the Indian Club Number at the Slet. Will not be possible to order leotards from Zurich because of the prohibitive cost. Reminder from Bro. Charles Kalat, Tournament Rules chairman, for all district directors to look over Tournament rules and submit any changes, additions, etc., together with reason for same, by June 1st, to Bro. Kalat. ASO and Sokol USA Tournament Rules will be reviewed and recommended changes presented at next District Directors' Conference. ASO BOI picture for Slet book will be taken, in regulation Sokol dress uniform, at the next BOI meeting on April 12th at Sokol Slavsky (Piper school) at 7:00 p.m. Because of Bro. Ed Schnabl's assistance in Slet preparations, approved that he be made a member of the ASO BOI for the remainder of the year. Entry forms to be reviewed and updated. Should be in the mail by April 1st. April 1st deadline for reporting District special number, to date only Central District has responded. Bro. Halik advised the BOI that he is in the process of purchasing editing equipment which could be used for video taping lessons, etc. he recommended that a committee be formed to produce tapes of activities, lessons, etc. Questions arose about furnishing buses, survey shows the need. Six people from Southern, 60 Northeastern, Pacific, 26, Central and Eastern, gave no answer as yet. Long discussion ensued. Information, 44 passenger bus, \$45 for 3 hours. BOI to set up a schedule of sorts so a price for the bus service can be figured out. Questioned the number of ribbons for the flags, 50 should be enough. Sokol Minnesota is handling this project. Who will distribute these ribbons at the Slet?

**1989 SLET:** In the January publication, women's competition uniform described incorrectly. Correction will be printed. Presented Bro. Basta with an income and expense statement for the Slet, '89. Roman Hruska banquet, May 19th, Clayton Yeutter to be guest speaker (no fee). When will we know how many trophies we need, May 1st. Brought a box of handouts for Sis. Malina to put into her mailings. Gave information packet to Sis. Filipello, the editor and to the BOI, for Sis. Pistorius and Bro. Ptacek. Office does not have any information, per say. Will get from the BOI, it will help to answer the many questions that are received in this office. Expecting souvenirs to be delivered the 7th of April. Regular banquet invitations have been out for over three weeks. Went over some of the items



AMERICAN SOKOL ORGANIZATION

# GYMNAST

JUNE 1989



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Editor: Frank H. Michalek — 10 S. 020 Lorraine Dr., Hinsdale, Illinois 60521

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## FOUR YEARS OF SLET PREPARATION ENDS

As the final days tick by Sokol Gymnasts around the United States and the world make their final preparations for the XVIII American Sokol Slet hosted by the Western District in the beautiful city of Omaha. After years of planning, the various committees responsible are culminating their activities. The American Sokol Organization Board of Instructors and the Western District extend cordial welcome — (Vítáme Vás) — and greetings. Returning champions and winners will return to defend their titles and newcomers will challenge for the gold. As the Sokols flock and gather for the Slet just as our symbol the falcon does, let us be mindful of renewing acquaintances, competing in true Sokol spirit and camaraderie. Good luck to all and may this 1989 Slet be as outstanding as those of the past.

NAZDAR!

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## TO SOAR

### Flipping over gymnastics is not the lesson here

By JOYCE MAYNARD

Once a week, for three years now, I have made a 25-mile drive—each way—to transport my daughter to an after-school gymnastics class. Many other commitments have fallen by the wayside over those three years. But (here's a familiar pattern to mothers everywhere) I keep making time for my daughter's gymnastics. Not, I should say, because my child possesses particular talent as a gymnast. (Just the opposite, in fact, as she would almost cheerfully admit.)

Audrey is a good student and an extraordinarily nice person. But after three years of gymnastics class, she is just now able to execute the cartwheels some kids have been doing practically since they learned how to walk. And I do not take my daughter to gymnastics class because of any longtime allegiance I have to the sport.

I make this drive—in good weather and bad, year in, year out—as a challenge to destiny. My daughter may never be another Olga Korbut, but she's not likely to feel, as I did growing up, that her body is simply incapable of doing what she wants it to do. She won't be the star of her gym class, but she won't be a gym-class joke either. What I hope is that she will grow up without the terrible fear and dread of sports that I inherited. And already that much is proving to be true.

Audrey skis with skill and enthusiasm. She dives fearlessly. She goes on long bike rides and works on gymnastics routines. Some parents delight in seeing parts of themselves reflected in their children. I delight even more in witnessing all the ways in which my children have remained free of my particular demons. The ways in which they're not at all like me. And gymnastics class is one of the places where I see that most clearly. My goal for my daughter at gymnastics class is very simple. I want her to feel good about herself. She doesn't have to be a star.

One of the trickiest things a parent has to work out for herself, of course, is where to draw the line between a healthy dose of interest and involvement in her child's life, and total, self-sacrificing immersion. It's natural, appropriate and even necessary, I think, for a parent to want more for her child than for herself. Of course, when you're on a plane, your child gets the window seat. Of course, if there's just one cookie left, it goes to him.

The danger lies when parents (mothers in particular) become so accustomed to the pattern that they bury their own needs altogether. Their needs don't go away. They just get placed onto the person of one's beloved child. Her triumphs (and her pain) become her mother's. Even her cartwheels don't entirely belong to her, but to the woman sitting on

the bench watching. Which places on the child a heavy, heavy burden.

Every Tuesday afternoon I am one of those women on the bench of gymnastics. Mostly, when I sit there, I watch my son and daughter. But sometimes I catch myself studying the mothers (and the occasional father) sitting there alongside me. Some of them seem offhand and casual. (The most casual of all, no doubt, being the ones who do not stay to watch at all. Or only for a few minutes.)

Some—and I hope I am one of these—seem able to take a healthy delight in their child's performance, but, above all, in his or her simple joy on the trampoline, the balance beam, the uneven parallel bars. And then there are always one or two who sit poised on the edge of the bench, as tense as any pro-ball coach during a critical play-off game. From what they say, it appears that several of them used to be gymnasts themselves, though many are out of shape now that they have children to work on instead of themselves.

Often these mothers call out instructions to their children during class. "Pay attention to the teacher!" they say sharply. "Just because it's not your turn on the rings doesn't mean you shouldn't be watching. You can pick up tips watching the other kids."

Do they actually believe that the most important thing for a 10-year old to get out of a gymnastics class is the ability to do a back flip? Maybe her 10-year-old will learn that flip—sooner than my 10-year-old, very likely. If your mother's approval hinges on gymnastics performance, you will perform, all right. No doubt about it. But at what cost? And what other sad lessons—about her relationship with her mother—will she learn along the way?

I think I would be troubled if my daughter didn't try her best at what she chooses to tackle. But I also hope I never lose sight of what it is—more than this skill or that aptitude—that we are trying to foster when we ferry our children around to classes and activities.

My children will spend the rest of their lives having to earn respect, appreciation, affection, loyalty, in the outside world. I want them to know absolutely that with me, at least (and with their father) love doesn't have to be earned with good report cards and blue ribbons. My daughter's cartwheels are for her alone. They don't belong to me, and neither, in the end, does she.

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#### FOCUS ON THE RULES

### Changes made in uneven parallel bars for 1992-93 in girls gymnastics

A minimum width between the rails in uneven parallel bars in high school girls gymnastics has been established for the 1992-93 season.

This was one of several changes made by the National Federation Girls Gymnastics Committee

at its January 31 - February 1 meeting in Kansas City.

Beginning in 1992-93, the minimum width between rails shall be 39 inches (120 centimeters). The minimum width was established to accommodate current trends in uneven parallel bar routines and as a safety precaution.

"Schools that have equipment that will not meet these specifications will not have to purchase entirely new bars," said Susan True, assistant director of the National Federation and editor of the girls gymnastics rules. "Extenders can be purchased for a minimal amount of money that will allow the equipment to meet specifications."

Safety also is a concern in the vaulting apparatus, and the committee altered Rule 6-1-2 to provide for additional landing space.

Beginning next year, the landing area for vaulting routines should be a minimum of 18 feet x 6 feet and should be padded with a minimum of one base mat (18 feet x 6 feet x 1 1/4 inches) and one landing mat (at least 12 feet x 6 feet x 3/4 inches). The minimum landing area was instituted to ensure the continued safety of competitors.

In a related rule change, Rule 7-1-1 now requires both rails in the uneven parallel bars to be the same shape. In addition, rails may not be altered by any foreign substance except water and gymnastics chalk. This change was made to ensure safety of competitors and to avoid damaging equipment.

In other major rules changes, Rule 1 now lists a specific time for determining delay of meet. A gymnast must begin her routine within 30 seconds after the signal to begin from the superior judge.

A change in Rule 2-2-1b(8) will institute a judges' conference prior to changing an acting judge's score. This conference will remove some responsibility from a single judge, specifically the superior judge.

Following are other changes passed by the Girls Gymnastics rules Committee:

**Rule 3-3-4:** Hair devices that are safe and reasonably secured may be worn to keep hair away from the eyes and face of a competitor.

**Rule 6-2-4b:** A gymnast now may call and execute her first vault as her second vault when that vault was voided because it was not designated, if a balk occurred or if the gymnast vaulted prior to the superior judge's signal.

**Rules 4-5:** Divided vaulting deductions into three phases of a vault (preflight, support phase and after-flight). Established a deduction of 0.1-0.3 for twisting errors on twisting vaults and for direction error during any portion of a vault, and for insufficient dynamics.

In addition, a few minor changes were made in balance beam and floor exercise.

## TINY TOT PROGRAMS:

### *What you should look for*

By Margi Hellschien (American Gymnastics of Boca)

As a parent, you probably can't wait to enroll your child into a fitness program. But with so many fitness activities to choose from, how do you find a certified and fun program that will provide a positive learning experience for your child? Here's how.

**STOP!** Stop and examine your child. What activities does your child enjoy? Does your child seem to have an interest in jumping and rolling? In that case, gymnastics may be a good choice. Does your child love playing in the bathtub? Try swimming. If your child is constantly moving and dancing whenever music is playing, then dance may be ideal.

**LOOK!** Look at all the programs in your area. Once you've selected an activity, decide which specific school program is right for your child. Every school has its own personality and attitude. Also, take time to look at what you want out of the activity. (See "10 Points of Consideration".)

**READ!** Read the brochures and policies and visit the schools you are interested in. Read any news articles that pertain to a program in your area.

**ASK!** Ask other parents involved in these fitness activities what they think. Are they happy? What complaints, if any, do they have? One way to find out about a particular program is to ask the instructors how they feel about their programs. A positive answer and outlook from an instructor will, nine times out of 10, prove to be a safe investment with your time and money, and most importantly, your child's fitness activity.

In closing, keep in mind that a good fitness program will develop your child's self-confidence and teach him/her basic body awareness and develop perceptual motor skills. Physical activity will become a part of your child's life-style, instilling lifetime skills. So remember: **STOP, LOOK, READ & ASK!** IG

### 10 POINTS OF CONSIDERATION

**1. Location:** This will narrow your choices. Do you need to be within walking distance, or are you willing to drive across town during rush hour. This will make a difference.

**2) Background:** Does the program have a good reputation? Is it known in the community? Check the background of the owners and directors, and find out if they will be present when your child is in class.

**3) Qualifications:** Are the teachers qualified? This is important, as your child's first impression of an activity will be guided by this individual. A college degree can be helpful.

**4) Atmosphere:** Do you sense that the atmosphere of the activity allows for a positive learning experience? Are the teachers friendly and helpful?

**5) Content:** Does the activity lend itself to what you want out of it? The needs of a future competitive gymnast and a recreational one are different.

**6) Facility:** Is the activity taught in a clean and safe environment?

**7) Make-up Policy:** Remember, even though you plan on attending every class, you will experience unexpected illnesses, etc.

**8) Insurance:** What happens if your child gets hurt? Is their liability insurance in effect?

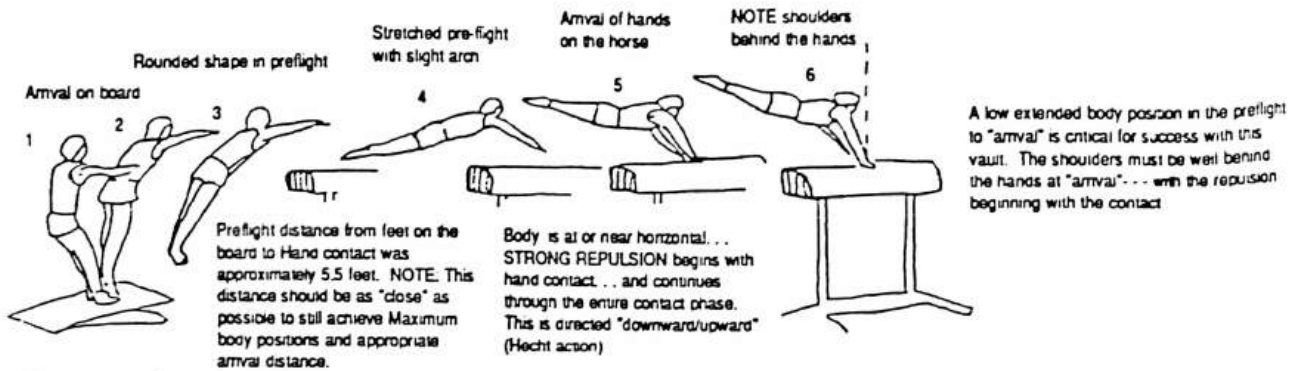
**9) Philosophy:** Does the program suit your needs? Is the program personable, friendly or militaristic? If your child succeeds, is there a place to advance?

**10) Cost:** Does the cost meet your budget? Are you getting what you paid for? Does the quality justify the price?

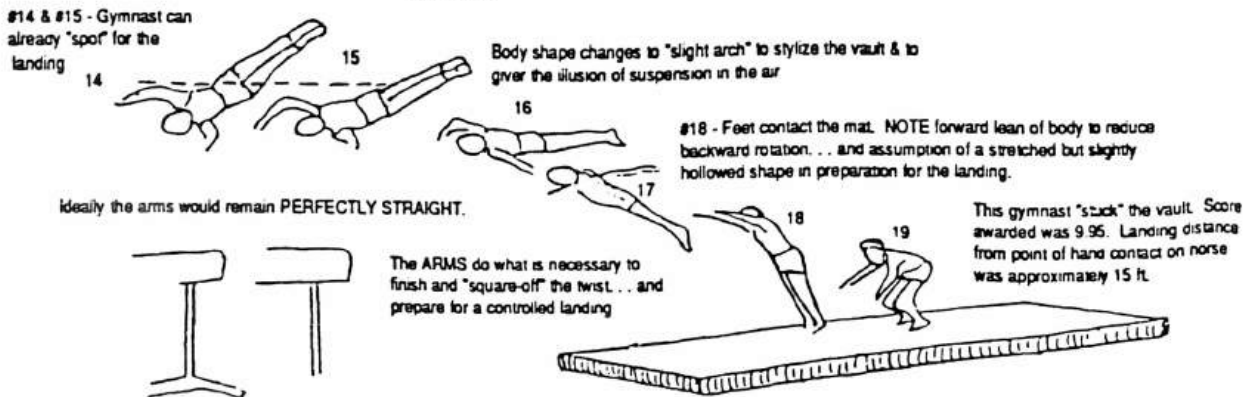
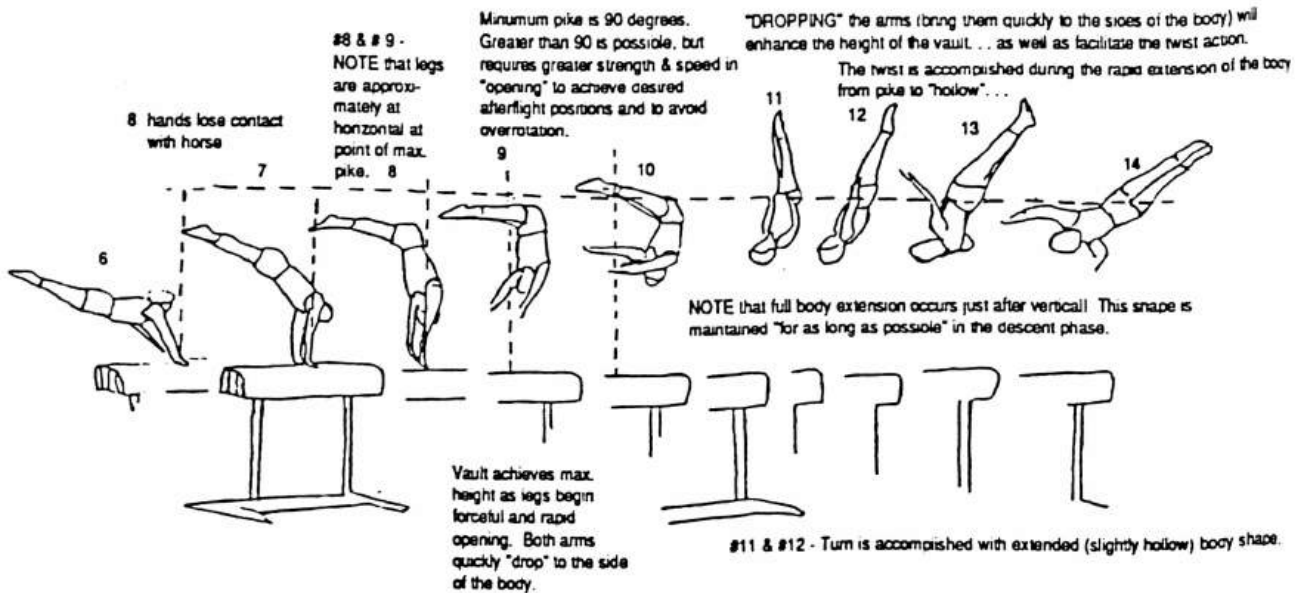
ARE YOUR DUES CURRENT?

# Yamashita 1/2 twist - Women's Olympic Compulsory Vault

Steve Whitlock, USGF Director of Educational Services



A future article in Technique by H. Mizoguchi will discuss and analyze the preflight position.



on the expenses on the Slet report. Vic Gutman report read by the secretary. Finalizing arrangements with the Bohemian Cafe for the sale of food. Entertainment schedule is almost completed, draft of an incomplete schedule is enclosed. Bro. Walt Bures and Sis. Jolene Dalton working on recruiting volunteers to staff the festival. Registration forms for exhibitors (food and non-food) have been printed and distributed. Expect 10 or more booths featuring authentic Czechoslovakian folk arts and artifacts. Tickets being printed for the festival, ready before mid-April. Working on major publicity story. Negotiating with local supermarket chains to sell advance tickets. Other organizations to help in pre-sale of tickets also. Trying to put together a brochure to help promote the sale of tickets. List of groups performing and the expenses also included in this report. Wanted a clarification on the expenses of the groups. Requested items to display at the Hruska banquet. Questioned the security of these items. Would like to pick up these things on Tuesday next, if possible. Am going to be in Cedar Rapids for the merger of units and would continue on to Chicago and pick up all these items. Lengthy discussion on what artifacts would be suitable to take to Omaha. Request that some special number perform on Saturday. What kind of space is available? This will be worked out with the BOI. Showed two more souvenirs, the lucite clock and the etched stein (which will be given each person attending the banquet).

**EDUCATIONAL CHAIRMAN — Bro. Paul Lebloch:** Received a copy of Vladislav Slavik's shortened biography of Miroslav Tyrš, leader, scholar, human being. This was shortened with publication in the "American Sokol" in mind. Will request the original version, is interesting and informative. Should be published and used as required reading in our Sokol schools. Educational committee planning open house during National Library week, 1 p.m. to 5 p.m., Thursday, Friday and Saturday, April 13-15th.

**MEMBERSHIP CHAIRMAN — Bro. Fred Kala:** Absent, no report.

**PUBLICITY — CZECH — Bro. Jerry Rabas:** Received more information from Bro. Masek, an article or ad will appear in the Denní Hlasatel every Sunday from now until the Slet.

**PUBLICITY — ENGLISH — Sis. Lynda Filipello:** Preparing articles for local papers. Wants to contact National Geographic on an article printed in 1938, if they would be interested in a update of that article. Requested that we be able to video the activities in Omaha. Equipment will be available for Lynda in Omaha.

**FINANCIAL SECRETARY — Sis. Mildred Pinc:** Financial report for February, 1989, prepared and distributed to Executive Board members. Savings accounts and certificates are being updated and renewed when matured. Annual audit is now being made by Selden Fox. Still waiting for our supply of membership pins to be delivered. Have been receiving additional orders from various units. System

reference numbers have been given to all units. Now we are trying to convince the units to use them when they make their quarterly membership reports. Generous donation of \$3,125.00 from Western Fraternal Life Association to our Future Sokol Leaders' Fund.

**TREASURER — Bro. Robert Barcal:** Reconciled checks and bank statements. Everything was found to be in good order, except for one check from the southern District. Check is lost, stop payment should be made and a new check issued. The stop payment charge will be passed on to them. Bro. Kala never cashed the check from the honorary dinner. This too, is still outstanding. Selden, Fox is here working on the books. Should be done tomorrow. As soon as they are done we will be able to start working on our 1989 postings and make up the first quarter report.

**EDITOR — Sis. Lynda Filipello:** Presented a list of the Slet items that are in our publication. Wants to do a full color cover on the April issue. Believes money was saved by not having the extra four pages in this month's publication, March, feels that the money could go for the color cover. (After checking with the financial department there was only a \$12 difference, because of pictures and setting up the directory).

**SECRETARY — Sis. Jackie M. Kourim:** Went over several letters that were held over from last month concerning Sokol Caldwell, The Hotel Worthington, and the 80th anniversary for Los Angeles and Pacific District. Lengthy discussion held on all three subjects. Also Bro. Larry Laznovsky called today and requested a representative from the Executive Board for their District Slet, June 9, 10 and 11th. Motion made and approved that Bro. Jerry Milan to be Executive Board representative. Unit identification ribbons will be sold for 75¢ and have to be ordered in groups of 25. Bro. and Sis. Basta to go to the Pacific District right after the Hruska banquet in Omaha, approved.

**II. VICE-PRESIDENT — Bro. Gary Masek:** Questioned the date about the Sokol Abroad Slet, to be handled later in this meeting. Will attend the Sokol Cedar Rapids merger next Tuesday. Will come to the office afterwards to pick up some items for display at the Roman Hruska banquet and the Slet.

**I. VICE-PRESIDENT — Bro. Charles Borvansky:** Attended the exhibitions in the Central District this past month.

**PRESIDENT — Bro. George C. Basta:** Attended the exhibitions in the Central District. Spoke at Sokol Naperville about the building fund for Sokol Chicagoland and was presented with a \$1,000 check. The form of dress code at the Hruska and Slet banquets discussed. For the Hruska banquet it is being requested that anyone who has a kroj should wear it. Slet banquet, suits and dresses to be worn, no casual dress. Worked with Selden, Fox on the audit. Who is getting the plaque to present to Bro. Hruska at the banquet? The secretary will process this matter.

**UNFINISHED BUSINESS: Recommendation to form a tour committee for the Paris Slet. Bro. Borvansky, Zitny, Lebloch, Satek and Basta, chairman, approved by the Executive Board.** Round Table Forum, to be held Sunday, June 25th, 10 a.m. Letters will be sent out to the guest Sokols to attend. Where are the by-laws for Sokol South Omaha? Bro. Basta is going to contact Bro. Kala requesting this matter be taken care of, it is long overdue.

**NEW BUSINESS:** Pictures will be taken at our next Executive Board meeting, in Sokol dress uniform, for the Slet program book, by Sis. Filipello.

Meeting adjourned at 9:30 p.m., refreshments served afterwards. *Jackie M. Kourim, Secretary*

## Executive Board Minutes

April 25, 1989

Regular meeting of the American Sokol Organization Executive Board, Tuesday, April 25, 1989, was called to order by President Bro. George C. Basta at 7:35 p.m. Pledge to the flag was given.

**Members present:** Sis. Jackie Kourim, Mildred Pinc, Marie Ptacek, Sylvia Pistorius, Lynda Filipello, Bro. George Basta, Gary Masek, Chuck Borvansky, Bob Barcal, Fred Kala, Paul Lebloch, Jerry Rabas, Richard Ptacek.

**Members excused:** Sis. Emilie Ruzicka, Vlasta Zitny, Bro. Jerry Milan, Roy Zitny, John Satek, Ed Jelinek.

**Corrections to minutes:** ASO, under Czech publicity, should read an ad, delete article. Question arose if we are going to use any paid publicity in the Denní Hlasatel for this Slet. **Slet minutes:** tickets that will be given to Sis. Pistorius will be only for the participants. Also discrepancy in price of tickets on different pieces information, they should all agree, long, long discussion held on this subject. **No plates** will be shipped or taken to Omaha, they have to be ordered directly from the ASO office, too much breakage, we experienced this when the plates were shipped back and forth to Fort Worth. Some units in the Central District did not receive their letter for the ad book, did not know about it until the second letter arrived.

**CORRESPONDENCE:** From the Worthington Hotel, in answer to our inquiries, just add to our existing contract, send back the original signed. Southern District, written request for representation at their District Slet, already taken care of. Czechoslovak American Congress, in answer to our Slet invitation, many of their members are members of Sokol and will be participating in this event. Moravian Folklore Circle, will have to decline this invitation this time, will be busy with their event here the 18th of June. Vincent F. Gonzales, in answer to Selden, Fox inquiry, case has already been closed, nothing active. Sokolice South Omaha, looking for their by-laws and their approval, they arrived back in the office today, approved, please pay special attention to the notes inside. Sokol Slavsky, seeking

permission to use our frontage for the Houby parade in October, approval given, letter will be written. Sokol Women of Little Ferry, 80th Anniversary information, sent a letter of congratulations and regrets that no one from the Executive Board will be able to attend their celebration. Czechoslovak National Council of America, about a letter that was sent back in December, we never received said letter. They would like to have a "round table" discussion with our organization. A letter will be sent stating that we are willing to meet with them. From the newly merged units in Cedar Rapids, approval given for their new name, "Sokol Cedar Rapids". Formerly known as Cedar Rapids Sokol Gymnastics Association (men) and Sokolice Renata Tyršová (women). Also from Cedar Rapids, Todd Beyer has been selected to represent the United States of America and the State of Iowa at the 1989 International Gymnastics School and Friendship competitions to be held in Moscow and Leningrad, USSR, June 23-July 7th, 1989. Other articles and items of interest to peruse.

**1989 SLET:** Bro. Masek reported that all the hotels are full, had to get an additional 50 rooms at the Best Western. Bus problem: cost \$15 an hour, cost of the bus (shuttle) for the four (4) days would be \$2,100, would need 2,000 people to ride at 50¢. Another very long discussion. **Festival:** Bohemian Cafe will not cater food for festival, Eddie's Cafe, South Omaha agreed to sell complete pork dinners, to include 5 ounces of pork with sauce, sauerkraut, beans, potato dumplings, bread. Guarantee minimum of 5,000 to 6,000 dinners. Another caterer, Distinguished Catering, will warm and serve the dinners on site for a fee of \$1,700. Dinners will sell for \$4.75. Festival will begin to make a profit after 3,000 dinners are sold. In addition, Stoysich may sell a cold Bohemian sausage sandwich and sausages on a stick. Another caterer is interested in selling hot pork sandwiches. Will receive 15% of the gross sales. The entertainment schedule is 95% complete. New additions include, Vlasta, the International polka Queen, and the National Pantomime Theatre from Czechoslovakia. The Pantomime group will already be in Omaha for a theatre festival, made available to us for \$525.00. We have enough entertainment to fill an indoor and an outdoor stage for all three days. A brochure and poster are being readied for production. Plan to print 15,000 brochures and 1,000 posters. Should be available mid-May. Omaha World-Herald is planning a feature spread on the festival in the June 18th edition of the **Magazine of the Midlands**. The article will focus on the history of Sokol and offer pertinent information regarding the festival. Hy Vee supermarkets in Omaha and Lincoln, Nebraska and Council Bluffs, Iowa have agreed to sell advance tickets to the Festival and Slet. They will go on sale in June. The banquet for Roman Hruska is going as planned. A total net of \$30,000 is being expected to be raised from the banquet. Still in the process of recruiting folk artists to participate in the festival. Working hard to put together a Czechoslovakian

exhibit room. Everything is running smoothly for a first-time festival and expect the event to be a major success if weather cooperates. Final pre-festival report in May. Copy of the material going into the brochures was presented.

**COMBINED REPORTS — DIRECTOR OF MEN — Bro. Richard Ptacek and DIRECTOR OF WOMEN — Sis. Sylvia Pistorius:** Meeting was held at Piper School (Sokol Slavsky), prior to meeting pictures of the National BOI were taken for the Slet program book. Received Women's USGF Code of Points. National Slet information will be given to USGF Regional Directors unable to print in USA Gymnastic Magazine due to lack of space. Sis. Betty Stribrny regarding clarification of senior women's calisthenics, there may be a need for a workshop with Bro. and Sis. Harlan. Bro. Ptacek and Sis. Pistorius composed a combined greeting for the Slet program book, also had their individual pictures taken. Insurance information received from Frank Petelik of Sokol St. Louis, will be passed on through our BOI minutes to District Directors' for their consideration. Because of much inquiry and discussion on the age limit for junior competitors, recommendation that copies of birth certificates be requested from each junior competitor to determine proper age. Letter stating this decision was sent to each unit. Sis. Ivanka Bevc requesting time to lead senior gymnasts in a short exercise during Slet. Advised that because of lack of time this will not be possible. The BOI would appreciate a copy of her exercises. Entry forms have been mailed to all units, participating organizations, due date is May 1st. Junior and senior authors have been requested to choose 3 different parts of their calisthenics for competition. Information sent to all units, participating organizations, to be published in gymnast. Approval given to Bro. Basta to check on the volleyball equipment in Omaha, while there for the Roman Hruska banquet. Will report on his return. Sis. Anne Halik volunteered to get a committee of tabulators to assist during Slet competitions. Bro. Schnabl to pursue his contact in Omaha regarding costs for rental of bus transportation. Copy of Bryan school's contract for opening ceremonies and volleyball received, Bro. Benak to inquire about additional items, as tables, chairs, etc. Letter from the Western District received after the 1985 Slet with recommendations was reviewed. Survey sheets showing more gymnasts participating in senior calisthenics than the 6½ foot markets will allow. Several recommendations made, final decision at a later date, also possibility, changes in junior calisthenics. Slet finale completed, Bro. Benak to work out details. Team trophy submitted from the Western District, approved by the BOI. Recommendation made to form committees for calisthenic and age requirement for future Slets at the District Directors' conference in October. Also have two separate age groups for tots classes. Permission given to Sis. Schnabl to order gymnastic skills ribbons for tots classes. Final report form: Eastern District, Infant and Child CPR course, one person, \$30, approved.

Only one flag (Sokol) will be lowered in the stadium. What will be the "front" of the stadium? Use the common side that is used now. Would not affect the assembly of the gymnasts. Bro. Masek needs to know the districts and organizations names for the signs. Sis. Pistorius will type up a list of these names. Only uniformed and costumed groups will be allowed to march.

Bro. Masek stated that Bro. Riha will include some of the past history of Sokol in the souvenir book but will also include articles about Sokol's future. Needs some Sokol emblems to be used in the floral pieces for the Roman Hruska banquet, will take them home with him.

**MEMBERSHIP CHAIRMAN — Bro. Fred Kala:** One unit is outstanding for the 1988 fourth quarter. Still having the same difficulty making units aware of the changes taking place on their rosters. It is much better but it could be even better. Now would be the time to check their membership lists so that the counts will be correct for the upcoming convention.

**EDUCATIONAL CHAIRMAN — Bro. Paul Lebloch:** Educational committee held open house April 13, 14 and 15th to celebrate National Library week. Many donations, artifacts, books, etc. were received and acknowledged. New frame to be purchased for the Rudolph Cermak certificate. Sokol Slavsky will borrow this item for their 100th anniversary. Eight items were loaned to Bro. Masek for the Senator Hruska banquet and Omaha Slet. Planning on taking some educational books to Omaha and selling them. Any additional books can be ordered and will be sent out from the office.

**PUBLICITY — CZECH — Bro. Jerry Rabas:** Prepared article and sent to Hlas Národa, Hospodář, Americké Listy, and Denní Hlasatel on the upcoming Slet. Denní Hlasatel wants to know if they will be getting some paid advertising for the Slet.

**PUBLICITY — ENGLISH — Sis. Lynda Fillello:** Nothing to report at this time.

**FINANCIAL SECRETARY — Sis. Mildred C. Pinc:** Financial report for March, 1989, prepared and distributed to the Executive Board. All savings accounts and certificates have been updated or renewed. First quarter wage reports have been completed. Filled all requests for membership and dues cards and quarterly reports. Our shipment of membership pins has finally been received, all orders have been filled. Internal auditors have audited all books for the first quarter, 1989, all found to be in good order. Donations and interests received from the Future Sokol Leaders' Fund and the Library/Archives Fund were read.

**TREASURER — Bro. Robert Barcal:** Reconciled checks and everything found to be in good order. Check for the Southern District was re-issued and the one for Fred Kala has been cashed. Passed out the three sections of the computer report and Bro. Basta proceeded to explain them.

**EDITOR — Sis. Lynda Filipello:** Read some of the "fan" letters received from people relating how happy they are about what is being done with the publication. Also read a letter from Prospect Federal, would like to advertise in our magazine. The whole advertising problem was explained. Sis. Filipello will call and explain the situation, if a letter is necessary the secretary will write one. Vote on this decision was 12 yes, 1 nay.

Mr. Robert Selden, of Selden, Fox Associates arrived to present our annual audit report for the year 1988. Explained the entire report. District presidents will receive a copy and can share the information with their district.

**SECRETARY — Sis. Jackie M. Kourim:** Keeping up with all the secretarial duties, shipping out Slet souvenir plates and keeping up with studies at college for her finals.

**I. VICE-PRESIDENT — Bro. Charles Borvansky:** Working on the identification program material. Showed some of the items that were sent to us as samples.

**II. VICE-PRESIDENT — Bro. Gary Masek:** Had nothing more to report, gave us all the information under 1989 Slet and Festival report.

**PRESIDENT — Bro. George C. Basta:** Procured by the by-laws from Bro. Kala, for Sokolice South Omaha. Computer adjustment made, comparison reports done. Sent out all the letters that were necessary from last month's meeting. Worked with the tour committee. Added Bro. and Sis. Ptacek to the committee, which met and laid the preliminary ground rules and ideas and sent them to three travel agents. We will await their answers on June 1st. Grotefeld and Associates, was supposed to have sent us a letter telling us the case was closed. We never received such a letter and we also would like to know what happened to our balance. Bro. Basta wishes to be excused from the May meeting and the Memorial Day parade. He will be in Omaha and Los Angeles during this period of time. Bro. Borvansky will handle these duties in his absence.

**UNFINISHED BUSINESS:** None.

**NEW BUSINESS:** Sis. Filipello strongly suggests that we refrain from smoking at our Sokol affairs especially where gymnasts are performing. How will the banquet be handled? All the Sokol sponsored events should be made non-smoking at the Slet. This includes the tabulating room, judges meeting, etc. Executive Board approved, 12 yes and 1 absence. Bill for BOI pictures approved for payment. It was also re-iterated that there be **no entertainment** between 7 to 9 p.m. while the Slet is in progress. Breakdown of who will compete and who the field leaders will be, etc., this information needed by the 10th of May.

Meeting adjourned at 10:05 p.m. Pictures of the Executive Board were taken for the souvenir book for the Slet. Refreshments were served.

*Jackie M. Kourim, Secretary*

## ASO FINANCIAL REPORT

APRIL, 1989

### RECEIPTS:

Dues	\$ 9,988.00
Convention Fund	1,100.00
Special Assessments	656.00
T. G. Masaryk Dues	40.00
Dividends & Interest	132.96
Resale of Jewelry	134.00
Resale of Stickpins	14.00
Miscellaneous	897.50
	<hr/>
	\$12,962.46
Check redeposit	1,700.00
	<hr/>
	\$14,662.46
A.S.O. Uniform Division - Rent, Salaries, etc.	657.09
Total Receipts	<hr/>
	\$15,319.55

### DISBURSEMENTS:

<b>ADMINISTRATIVE</b>	
Salaries - Office Employees	\$ 810.11
Salaries - Membership	101.25
F.I.C.A. & F.W.T. for March, 1989	176.10
I.W.T. - 1st Qtr., 1989	70.59
Rent, Janitor Services, Phone, Electric	1,024.36
Office Supplies	377.83
Repairs to Copier	135.45
Postage	31.44
Travel Expense	344.05
Computer Expenses	502.99
Miscellaneous	32.82
	<hr/>
	\$ 3,606.99

### BOARD OF INSTRUCTORS

Salaries	\$ 566.23
F.I.C.A. & F.W.T. - March, 1989	97.10
I.W.T. - 1st Qtr., 1989	40.49
Editor "Sokol Gymnast" - April, 1989	30.00
Postage & phone	50.84
Impolene Tubing	79.10
	<hr/>
	\$ 863.76

### EDUCATIONAL DEPARTMENT

Salary	\$ 92.64
F.I.C.A. - March, 1989	5.40
I.W.T. - 1st Qtr., 1989	4.36
Library Supplies	37.45
	<hr/>
	\$ 139.85

### SOKOL PUBLICATION

Editor "American Sokol" - April, 1989	125.00
Postage	.30
Delivery of Publication to Post Office	5.00
	<hr/>
	\$ 130.30

### MISCELLANEOUS

A.S.O. Uniform Division - Salaries, F.I.C.A. Mar., 1989, F.W.T., Mar., 1989, I.W.T. - 1st Qtr., 1989 & phone	\$ 531.92
Refund - Overpayment of Skills Patches	12.00
Future Sokol Leaders Fund - Postage	.50
Special Appropriations - Eastern District	30.00
XVII Slet Expenses	1,671.49
	<hr/>
	\$ 2,245.91
Total Disbursements	<hr/>
	\$ 6,986.81

### BALANCE BROUGHT FORWARD:

Affiliated Bank/Western National	\$ 1,581.10
Receipts - April, 1989	15,319.55
	<hr/>
	\$16,900.65
Disbursements - April, 1989	6,986.81
	<hr/>
	\$ 9,913.84

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## Calendar of Events

JUNE 20-24, 1989 — AMERICAN SOKOL NATIONAL SLET and CZECHOSLOVAK FESTIVAL, Omaha, Nebraska

JULY 4 — Sokol/Sokolice Detroit Picnic at Sokol Camp

JULY 7-9 — Sokol/Sokolice Detroit Czechoslovak-American Festival, Yack Arena, Wyandotte, Mi.

JULY 31-AUG. 7 — Sokol Fresno Family Camp at Dinkey Creek, Sequoia Park

Dear Sokol ASO:

When I received the souvenir issue of the American Sokol, I was thrilled, it is really beautiful. Just wanted you to know.

Na Zdar!

*Lid Rosicky*

### FUTURE EVENTS

MAY 5, 1990 — Sokol Slavsky 100th Anniversary, William Tell Restaurant, Countryside, Ill.

APRIL 22, 1990 — AMERICAN SOKOL NATIONAL CONVENTION, SOUTHERN DISTRICT HOSTS

MAY 1990 — 125th ANNIVERSARY SOKOL ST. LOUIS FIRST SOKOL UNIT IN THE UNITED STATES

VII. SLET  
CZECHOSLOVAK SOKOL ABROAD

JULY 5, 1990 —

Czechoslovak Sokol Abroad  
VII Slet, Paris, France



FALL 1991 — Sokol Tabor's 125th anniversary

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