

# AMERICAN SOKOL



Publication of the American Sokol  
Educational & Physical Culture Organization

**Get Ready**  
**Set**  
**GO!**

## **1990** **AMERICAN SOKOL** **CONVENTION**

**April 28 • Ft. Worth, Texas**



**April 25 • Board of Instructors**



# AMERICAN SOKOL

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## INVITATION TO CELEBRATE!

Sokol Miami's 20th Anniversary,  
November 25, 1989 at 1:30 P.M. at  
the Czechoslovakian Club in North  
Miami. Reservations are requested.

**COPY FOR PUBLICATION  
must be received by the 10th  
of the previous month**

### Change of Address for American Sokol

AMERICAN SOKOL ORGANIZATION  
6424 West Cermak Road  
Berwyn, IL 60402

Sokol \_\_\_\_\_

Name \_\_\_\_\_

Old address \_\_\_\_\_

\_\_\_\_\_ Zip \_\_\_\_\_

New address \_\_\_\_\_

\_\_\_\_\_ Zip \_\_\_\_\_

### *Our Sokol Credo:*

To build a healthy and beautiful human body —  
To cultivate a harmonious and total person —  
To develop firm character, a well rounded disposition and  
A love of truth and justice —  
To produce strong, lovely and honorable people,  
That is the goal of a "Sokol" education.

What is a "Sokol"?  
Sokol is falcon in Czech language,  
it is our symbol of swiftness,  
courage and strength.



*"Zdravé a krásné lidské tělo — souladné vypěstění celého člověka,  
povahy ucelené, neoblomné, pravdymilovné a spravedlivé —  
lidé silní, krásní a dobří — to je cíl sokolské výchovy."*

# AMERICAN SOKOL

VĚSTNÍK AMERICKÉ OBCE SOKOLSKÉ

Ročník - Vol. CX

September — 1989 — Září

Číslo - No. 9

VLADISLAV SLAVÍK:

## MIROSLAV TYRŠ

### Leader - Scholar - Human Being

#### PART IV

It must have started while still in Switzerland, but that year Tyrš confided to his friends that he would devote more of his time to philosophy and especially to the studies of fine arts. His research of Laocoon, started many years ago, but still unfinished, and other subjects, required help. When 17-year-old Renata Fuegnerová offered to organize his papers, pictures and collections of art, Tyrš gladly accepted her help. Their working together led to a close relationship. He admired her willingness to help and learn, while she was fascinated by his boundless energy and knowledge. Thinking ahead to a possible marriage, Tyrš realized that he needed a permanent position to support them both. With an application for a professorship at Charles University, Tyrš submitted his study of Laocoon. However, the mostly German faculty made sure that if a Czech was to get this position, it should not be a nationalist.

Still, in August of 1872 Renata, the only child of Jindřich Fuegner, age 18, and Miroslav Tyrš, age 40, were married at St. Steven's. Despite the 22-year age gap, Renata and Miroslav formed a perfect union. A very intelligent Renata became an irreplaceable co-worker. After Tyrš's death she went on with his work, finishing all his books. She also established herself as an authority on national folklore and school education. For a honeymoon they traveled to Dresden to learn more about Raffael's Madonna. Raffael fascinated them, although Rembrandt, Titian and others made deep impressions as well. A Dresden visit brought about another study: The Law of Composition (O zákonech komposice), with an exact definition of a work of art. Tyrš's definition was readily accepted by the entire generation of Czech painters and sculptors. As Tyrš involved himself in art, its criticism and history, he quickly became a dominant figure among artists. With his sharp eye he discovered many young talented painters and sculptors. When he saw the first work of Myslbek, he immediately compared him to Josef Mánes. Tyrš was also instrumental in the first Mánes exhibit, crowned with A Study (of a young woman) and the famous painting of poems singing Slavoj and muscular Záboj, two young men from the Old Pergamens. Tyrš lavished truly

deserved praise on Mánes. He only regretted that unfortunately all appreciation came after the Master's death.

For his articles on Mánes and others, Svatobor once again offered a stipend of 400 guilders for an appraisal of Roman art. Working night and day, Tyrš felt some signs of his always threatening neurasthenia and longed for sun and warm days. A visit to Rome promised not only treasures of art but also a warmer climate. Upon their arrival in Rome Tyrš wrote that the fine art of the Sacred City was essentially without parallel. It was only his second visit, but he realized he could spend a lifetime there without seeing all the riches of Rome.

On his return journey through Vienna Tyrš learned that he had been elected deputy to the Imperial Council. He stayed for a few days. In the Czech caucus he courageously warned against passivity of the Czech leadership used in those days to struggle against the Habsburg Government. Tyrš favored a direct confrontation in the Council. He won only mild support and the leadership had remained passive.

In 1873 Sokol Pražský, and Sokol in general, found themselves in an internal crisis. Blaming himself for neglecting Sokol matters, Tyrš worked harder than ever on the gym floor, prepared classes, composed calisthenics and edited the Sokol publication. In addition, he traveled to other Sokol units to help them in their difficult times. His friends couldn't understand where he found the time and energy, especially when he accepted a chairmanship of the committee for the artistic decoration of the National Theatre. When other members of this body wanted foreign artists to submit their bids, Tyrš vehemently objected and at times violently argued that the National Theatre, as a Czech historical treasure must be decorated only by Czech architects, sculptors and painters. It is mostly through Tyrš's efforts that this unique national monument became a living testament to Czech artists, such as Schulz, Zitek, Schnirch, Hynais, Aleš, Ženíšek, Tulka and others.

Tyrš succeeded in keeping the theatre for Czech artists, but the relentless disease continued to take its toll on his precarious health. Tired, overworked and subdued, if not beguiled by his condition, Tyrš sought refuge in the quiet of Loučeň, where he and Renata retreated to become vegetarians and abstinents. Tyrš had given up his cigars long before. In 1875 the weather was so cold and rainy that Tyrš condition did not improve at all. When Renata suggested sunny Italy, doctors agreed. They couldn't

Cont. p. 219



# “What Keeps Central Distri

## SECOND CLASSES — FIRST PLACE:

**Kellie Mac Donald — Sokol Slavsky**

My parents believe that physical fitness goes hand in hand with formal education. So, they began sending me to Sokol because my preschool offered little physical activity.

When I was three, I started at Tabor. When Slavsky opened its doors closer to home, I joined there. My caring instructors, Ann and Ed Halik, stressed mastering the basics. They also set an example for my later life that age does not have to prevent physical exercise.

The lowest point in my Sokol history occurred when I broke my arm while practicing a cartwheel for a First Class competition. Despite surgery and many casts, I never missed a class and I watched the routines. My last cast was removed just before the competition. I finished dead last. But, at least I was out there trying. Because of what Sokol offers, each year since then I've improved in where I place.

Also of importance is that the physical exercise I receive in class and the mind-work involved in remembering calcs and routines has carried over into my school work. I'm an honor roll student with many academic awards. But, I'm also a physically fit youth because of Sokol's programs working together.

## SECOND CLASSES — SECOND PLACE:

**Bonnie Mac Donald — Sokol Slavsky**

My parents believe their children are rough gems. They expose us to varied things so that we will become many faceted diamonds. We're "Sokol Kids" and my Sokol experience is developing physical and mental sides that otherwise might have been unpolished.

I started at Tabor at age three. When Slavsky opened near home, we transferred. Slavsky has attendance awards. I made a commitment to earn a five year perfect attendance trophy. That certainly kept me in Sokol. As I attended regularly, my skills improved. That led to competition success. I worked harder which led to more achievement and a good feeling about myself. The trophy became secondar! Friends heard what I was doing and started coming to class so class became a social time too.

Besides mental commitments and physical exercise, Sokol is being part of a team. I try to do my best for that team. I feel proud when that occurs. And when it doesn't, the friendships that are built in Sokol survive those disappointments.

With four children in three classes, Sokol is quite a part of our family schedule. We all have different skill levels, but what Sokol offers helps us to polish some important sides of ourselves.

## SECOND CLASSES — THIRD PLACE:

**Julie Woyma - Sokol Česká Siň**

When I was little I dreamed of being a gymnast in the Olympics, and making our country proud of me. My older brothers already took gymnastics, so my mother asked me if I wanted to join. I was so happy! I started in kindergarten class, and now I'm in the second class of little girls.

The thing that keeps me here is partly my dream, but most of the things that keep me here is I love to learn new things especially when I learned to do a back walkover by myself. It's a great way to have fun and stay in shape!

## JUNIOR CLASSES — FIRST PLACE:

**Sheila Bauer — Sokol Stickney**

I went to many different gyms when I was growing up, always trying to become an "Olympic gymnast". So when I joined Sokol Stickney in 2nd Class Girls, it was just for a place to learn gymnastics. I wasn't looking for a group to belong to, but that's what I found.

Sokol is more than just a place to go for class for a couple of hours a week. Sokol has fundraisers and functions that involve each gymnast in working for his or her organization. When I spend time working at a pancake breakfast or a spaghetti dinner, I feel even better about Sokol, knowing that I'm contributing to keeping it strong.

I think that Sokol is strong because it strengthens many aspects of its gymnasts. There are competitions that build different talents for each person, like rhythmic, special number, and apparatus. Through my years in Sokol I have learned to perform and I have gained self-confidence. I believe in myself and I find I can do things I never thought I could. Now I try to teach my second class girls the same thing.

For me, teaching is the best part of Sokol. Girls come to class knowing little or nothing about gymnastics, and I teach them what they can do. As they learn, their attitudes change, and they start to see Sokol as I do. It's a place to teach yourself new things, both physically and mentally. It's a place to challenge yourself and push yourself to the limit. It's a place to succeed, because even with mistakes, you learn, and even when you lose, you're a winner.

Some people find it hard to understand why I spend so much time at Sokol. The main reason is that I feel I'm really accomplishing something there. I'm giving others a part of myself by teaching them what I've learned, and every day, I keep learning more and more. I never came close to being the Olympic gymnast that I dreamed of, but I became a better person than I might have been because of Sokol.

# Us Together"

## Essay Winners



### JUNIOR CLASSES — SECOND PLACE:

**Nancy Mattas, Sokol Tabor**

The first time I came to Sokol I was three and spent the year on the sidelines watching my brother. After a year of begging my parents, they finally signed me up the following year.

The first couple of years were very exciting for me because it was so new and I experienced so many new things. Towards the end of first class and through second class it started to become rather monotonous, but when I became a junior, a whole new world opened up for me.

The most important thing to me about Sokol is the friendships I have formed with some of my classmates. I deeply value the friendships I have formed with people; from Tots all the way up to the people I have met in Juniors. Those people are the major reason for me staying in Sokol.

Another reason for my staying in Sokol is that I began helping out with First Class Boys. I plan to go into teaching in college and I really enjoy working with the kids.

Since I have advanced to Juniors, I have had the opportunity to travel around the country and meet many new people. Even though you have to compete against these people, when it's all over, you're still friends, and to me that's important.

At this point in my life I can't imagine not being in Sokol; and no matter what my future plans turn out to be, Sokol will always be a very important part of them.

### JUNIOR CLASSES — THIRD PLACE:

**Tim Galaida — Sokol Česká Sif**

What brought me to Sokol was my family. My parents believed that a gymnastics program would be beneficial to me. In the future this proved to be true. At first, at age of two, I was unsure of what Sokol was all about. All I knew was that once a week I would go to this place, run around, jump, roll, swing, and basically have fun. Later, as I grew up and became more actively involved in Sokol, I realized that it is not just a gymnastics program, but rather a bunch of programs in one. It also consists of hayriding, ski trips, rafting trips, exhibitions, competitions, dances, volleyball, baseball, basketball, picnics, etc. All of these are things put together, like a family, which works together to help one another, and have fun with one another.

Family is a key word when you are talking about Sokol. It is also the major reason why I stay in Sokol. The fact that we call one another "Brother" or "Sister" stresses that we all believe in this concept. When all of the different units of Sokol come together in the annual competition, we are at that

point competing against one another. But then a day or two later, at the exhibition, we are all working together to perform the different displays of mass calisthenics.

Overall, it was my family that brought me to Sokol, and the way Sokol acts as a family is the reason I stay in Sokol. Family truly is the essence of Sokol!

### SENIOR CLASSES — FIRST PLACE TIE:

**Lori Calhoun — Sokol Česká Sif**

Three hundred words or less? Easy. I can do it in five: my parents and my children. But perhaps I do need to explain my answer.

Years ago, my parents saw something in Sokol that attracted them. Perhaps it was the thought of sending seven children off to gym class and ending up with seven sound minds in seven healthy bodies.

Our family was big — both in numbers and on activity. An organization which stressed fitness was family oriented had instant appeal. So Dad tended bar, Mom played chauffeur, and kids went to gym class.

My siblings were eventually drawn away from Sokol to pursue other interests running the gamut from speed skating to water polo. But for some reason, my interest held and is now more deeply entrenched than ever.

I want my children to experience camp, so I cook. I want gym class to always be available for my kids, so I teach. While I enjoy these activities myself, what really keeps me going is my children. My children and getting to watch them grow up with friends whose parents are my friends. Watching their wonder and satisfaction at mastering a new skill, their giddy joy at the camp bonfire, their astonishment when St. Nicholas arrives, their pride when they perform in exhibition. These moments are priceless.

So once again, the answer is simply: My parents and my children.

### SENIOR CLASSES — FIRST PLACE TIE:

**Marian Riley — Sokol St. Louis**

The question, "What brought me to Sokol" takes me back to the year 1971. I was a junior in high school. That Spring I planned to try out for the cheerleading squad, only to be disappointed to find out I was ineligible because of a "D" on my report card.

My Mother suggested sending me to Sokol. The thought of being a gymnast lifted my dragging spirits. I soon joined and found myself looking forward to weekly class. I loved the physical exertion and ballet-like movements of the floor, beam and cal.

However, I was a little nervous about the vault, uneven bars and male instructors with foreign accents! Nevertheless, I attended every class, made new friends, competed and performed in the exhibitions. Not only was it fun, it gave me confidence!

After graduation, I had other interests and left Sokol behind. I still exercised and went to a health club to stay in shape, but they were repetitive and dull. I needed a change, I decided to give Sokol another try.

I found a new unit closer to where I had moved. It turned out to be a busy, enthusiastic place filled with fun, activity and friendly people. People who were young at heart, shared a zest for life and enjoyed staying in shape through gymnastics. The group was dedicated to maintaining the Sokol tradition and passing it on to the younger generation.

The answer, "What keeps me in Sokol" is simple. It's the good feelings it brings to me and the good feelings I hope I bring to others. I am returning to Sokol the enrichment it has given to my life and in turn may help those who look to Sokol for personal growth and development.

#### SENIOR CLASSES — SECOND PLACE:

**Brenda Nakonecznyj — Sokol Česká Síň**

When the first of our daughters joined the Sokol Little Girl's Gymnastics Class several years ago we had no idea to what extent our family would become involved with the organization! We attended our first Unit Exhibition and were amazed by the number and age range of the participants. We watched with interest as gymnasts of varying skills performed and were impressed by the feeling of discipline and camaraderie that dominated the Exhibition. Though we are not of Czech descent we enjoyed the cultural presentation and recognized the positive contributions all ethnic groups make to our world community. By the evening's end we understood clearly that the Sokol Organization was concerned with more than gymnastics.

Within the year our oldest daughter and I had joined Sokol classes. We learned much about gymnastics that year, but even more about poise, discipline, and cooperation. Our Unit was truly supportive and cared about its members.

In the end our youngest daughter and my husband joined their respective classes where they also found kindred spirits. We participated as a family in numerous Sokol activities and traveled across the country joining other Sokols in exhibitions, and meetings. We were hooked!

The Sokol Organization played an important role in our family. In this age of hustle bustle activity and children and parents on the go, it is important for families to find time to share together. Our Sokol Unit offers us the opportunity to enjoy ourselves and participate on our own levels without going our separate ways. We are always a Unit and supportive of each other — many families coming together as one family.

An interest in a gymnastics class for our children

is what brought us to Sokol. The desire to keep our family strong and ever expanding keeps us in Sokol!

#### SENIOR CLASSES — THIRD PLACE:

**Patricia Satek — Sokol Slavsky**

I can't remember a time when Sokol was not an integral part of my life. My earliest adventures in Tots, through my varied experiences as an Instructor, Director, Officer, all have directly affected the way in which I interact and respond to the world around me.

There are so many things that "keep me in Sokol" that singling out one or two makes me feel as if I were cheating you. But, I suppose that highest on the list would have to be the people. Sokol people are the best mix of all the traits you desire in a true and loyal friend. Whether we're laughing or crying, nervous, exhilarated or angry, the mere fact that we're all "Sokols" transcends our differences and creates a strong bond between us. We should all feel privileged to be keepers of such a treasure.

Coming in a very close second is my strong desire to pass on Sokol ideals and instill the Sokol spirit in children. As my life has been enriched with Sokol history and philosophy, so too, do I wish to enrich others. One of my greatest joys is watching children I have taught grow up into young adults; to see them test life, explore, achieve their hopes and aspirations. If only one will ever say that Sokol was an important experience in their life, I will feel fulfilled.

## Seventh Czech

# HOLIDAY FAIR

Sponsored by Sokol Greater Cleveland

Saturday, November 4, 1989  
11:00 a.m. to 8:00 p.m.

Sunday, November 5, 1989  
11:00 a.m. to 5:00 p.m.

Bohemian National Hall  
4939 Broadway Avenue ☪ Cleveland, Ohio

Original, unusual and imported Christmas and Holiday gifts for your family, friends and home, plus specialty food items for the Holiday Season.

Large inventory of new styles of original Czech Garnet jewelry.

Czech crystal beads and costume jewelry

Much new Czech crystal and porcelain ☪ Handcrafted Wooden Items

Czech Books & Records ☪ Czech Pottery ☪ Czech Tree Ornaments

Cookbooks ☪ Knitted & Crocheted Items ☪ Smoked Meats & Tripe Soup

Sulc (Jellied Veal) ☪ Jaternice (Rice Sausage)

Bohemian Rye Bread ☪ Christmas Bread (Vanocky) ☪ Jellies & Preserves

Czech Pastries & Cookies ☪ Dumplings & Potato Pancakes

Toys ☪ Christmas Decorations ☪ T-Shirts

Sokol Concert Band ☪ Sunday at 2:00

Dining Room open all day

Pork, Dumplings, Sauerkraut

Goulash and Dumplings

Tripe Soup

Potato Pancakes

Open-faced Sandwiches

Czech-style Wieners

Czech Sausage

Czech Pastries

Parking Adjacent to Hall or St. Alexis Garage





AMERICAN SOKOL ORGANIZATION  
**GYMNAST**



SEPTEMBER 1989

Editor: Frank H. Michalek — 10 S. 020 Lorraine Dr., Hinsdale, Illinois 60521

**XVII  
AMERICAN SOKOL  
SLET**



Lori Fickenscher — Sokolice South Omaha  
Junior Girls Champion

Scott Zymball — Sokol South Omaha  
Junior Boys Champion

Jackie Swoboda — Sokolice South Omaha  
Senior Womens Champion

**CHAMPIONS**

**XVIIth American Sokol Slet****JUNE 20-24, 1989, Omaha, Nebraska****GYMNASTIC COMPETITION RESULTS**

BAL	Sokol Baltimore
BER	Sokol Berwyn
BRO	Sokol Brookfield
CAN	Sokol Canada
CCH	Sokol Corpus Christi
CED	Sokol Cedar Rapids
CRE	Sokol Crete
CS	Sokol Ceska Sin
DAS	DA Sokol
DET	Sokol Detroit
FAR	USA Farrell
GCL	Greater Cleveland
KHB	Karel Havlíček Borovský
LA	Sokol Los Angeles
LF	Women—Little Ferry
L1	USA N.Y. Lodge I
L12	USA Lodge 12
L26	USA Lodge 26
L306	USA Lodge 306
MON	USA Monessem
MMH	USA MM Hodza
NAP	Sokol Naperville
FRE	Sokol Fresno
FW	Sokol Fort Worth
NY	Sokol New York
SLA	Sokol Slavsky
SSO	Sokol South Omaha
STI	Sokol Stickney
STL	Sokol St. Louis
TAB	Sokol Tabor
TOR	Sokol Toronto
WES	Sokol West
SW	Sokol West Suburban
ZIZ	Sokol Zizka

**JR. GIRLS NOVICE****Team Results**

Place, Name, Unit	Score
1 Tabor - Team 2	148.70
2 Tabor - Team 1	164.50

**Ind.**

1 Donna Joyce, DAS	42.00
2 Helen Polashek, TAB	41.95
3 Nancy Mattas, TAB	41.50
4 Beth Rospotynski, CS	40.95
5 Christine Liedtke, DAS	40.75

**JR. GIRLS LOW B****Team Results**

1 USA Farrell	170.30
2 Slavsky	163.45
3 DA Sokol	162.30
4 South Omaha	159.25
5 Cedar Rapids	153.35

**Ind.**

1 Colleen Rocush, SLA	43.45
2 Christine Cepak, WES	43.00
3 Beth Palko, FAR	42.90
4 Rachello Fisler, SSO	42.65
5 Kristin Henning, CRE	42.55

**JR. GIRLS LOW A****Team Results**

1 South Omaha - Team I	160.95
2 DA Sokol	160.20
3 South Omaha - Team II	158.40
4 USA Lodge 306	153.15
5 Sokol Crete - Team II	150.25

**Ind.**

1 Amy Monzingo, SSO	42.45
2 Paula Traugott, DAS	41.95
3 Melissa Kohler, SSO	41.25
4 Jackie Kokesh, DAS	41.05
5 Gina Dunn, SSO	40.75

**JR. GIRLS INTERMEDIATE****Team Results**

1 Greater Cleveland - Team I	120.15
2 Fort Worth - Team I	119.05
3 South Omaha	115.50
4 Baltimore	111.10
5 Greater Cleveland - Team II	102.25

**Ind.**

1 Michelle Sikon, GCL	41.60
2 Kathy Kent, SSO	40.85
3 Tracy Abbey, FW	40.75
4 Wendy Herron, FW	40.60
5 Jenny Johnson, L306	39.80

**JR. GIRLS HIGH**

1 Tiffany Teply, SSO	36.95
2 Kara Harrell, FW	36.00

**JR. GIRLS CHAMPIONSHIP**

1 Lori Fickenscher, SSO	77.55
2 Tina Cahalane, SSO	76.40
3 heather Steenson, CS	76.00
4 Tracie Wooten, FW	67.90

**WOMEN'S LOW B****Team Results**

1 Baltimore	127.75
2 Greater Cleveland	126.50

**Ind.**

1 Jolene Dalton, SSO	45.70
2 Jane Wise, GCL	43.60
3 Holly Huber, BAL	43.30
4 Debbie Unijewski, SLA	42.75
5 Marian Peterka, GCL	42.60

**WOMEN'S LOW A****Team Results**

1 DA Sokol - Team II	127.75
2 DA Sokol - Team I	126.85
3 Cedar Rapids (I)	121.30
4 Stickney	117.65

**Ind.**

1 Melissa Taras, DAS	43.35
2 Christy Piazza, DAS	43.00

3 Rhonda Frey, CED	42.90	<b>Ind.</b>	
4 Jody Huber, BAL	42.80	1 Andrew Femia, DAS	61.70
5 Jennifer Kokesh, DAS	42.45	2 Frank Felner, SSO	60.80
<b>WOMEN'S INTERMEDIATE</b>		3 Mario Mongello, SLA	59.50
1 Ellen Kovac, L12	43.60	4 Darren Block, NY	59.75
2 Gail Chilla, L306	42.65	5 Peter Lattanzio, DAS	59.55
3 Kelle White, CS	42.40	<b>JR. BOYS INTERMEDIATE</b>	
4 Orli Himmelweit, NY	37.80	<b>Team Results</b>	
5 Lynn Kalivoda, DET	37.10	1 Fort Worth	159.55
<b>HIGH WOMEN'S</b>		<b>Ind.</b>	
<b>Team Results</b>		1 James Klutts, FW	54.60
1 South Omaha	122.10	2 Jesse Traynham, FW	53.30
2 DA Sokol	110.90	3 Troy Loftus, SSO	51.80
<b>Ind.</b>		4 Josh Milan, FW	51.65
1 Cindy Hodden, SSO	42.10	5 Ray Taylor, DET	50.50
2 Margie Forman, SSO	41.45	<b>CHAMPIONSHIP JR. BOYS</b>	
3 Nancy Gordon, BAL	40.90	1 Scott Zymball, SSO	106.40
4 Sarah Cohen, NY	39.10	2 Tom McLaughlin, SSO	105.40
5 April Johnson, SSO	38.55	3 Joseph Duda, OAS	92.80
<b>WOMEN'S MASTERS I</b>		<b>LOW B MEN</b>	
<b>Team Results</b>		1 Bud Benak, SSO	61.30
1 South Omaha	128.60	2 Matt Dostal, CED	59.70
2 Ceska Sin	124.55	3 Don Pulkrab, CED	59.15
3 Greater Cleveland - Team I	122.00	4 Gary Dolezal, GCL	55.80
4 Greater Cleveland - Team II	110.65	5 Brian Howard, CS	55.50
<b>Ind.</b>		<b>LOW A MEM</b>	
1 Phyllis Kool, SSO	43.40	<b>Team Results</b>	
2 Diane Loftus, SSO	42.75	1 Stickney	175.55
3 Nada Vencel, GCL	42.60	2 Greater Cleveland	164.05
4 Kay Monzingo, SSO	42.45	<b>Ind.</b>	
5 Shannon Stefanko, GSL	42.40	1 Jay Vondra, STI	60.00
<b>MASTERS II WOMEN</b>		2 Erik Skovronek, MMH	59.65
1 Pauline Baca, GCL	41.55	3 Terry Galaida, CS	59.55
2 Ann Jarden, GCL	35.00	4 Richa Vachata, Jr., STI	58.10
<b>CHAMPIONSHIP WOMEN</b>		5 Mike Michalek, STI	57.45
<b>Team Results</b>		<b>INTERMEDIATE MEN'S</b>	
1 USA Farrell	200.15	1 Tom Satorie, SSO	56.50
<b>Ind.</b>		2 Marc Lattanzio, DAS	55.50
1 Jackie Swoboda, SSO	73.80	3 Steve Biondo, DAS	55.40
2 Stefanie Gregurich, SSO	70.60	4 Marc Johnson, SSO	54.50
3 Beth Borko, FAR	68.65	5 Bob Katz, L306	52.45
4 Kim Hamilla, FAR	65.80	<b>HIGH-MEN</b>	
5 Kelly Daugherty, FAR	65.70	1 Joaquin Arimborgo, NY	53.00
<b>JR. BOYS LOW B</b>		2 Naim Kozi, NY	46.90
<b>Team Results</b>		3 Derek Fickenscher, SSO	42.15
1 Greater Cleveland - Team I	191.30	<b>MEN MASTERS I</b>	
2 Greater Cleveland - Team III	219.40	1 Don Kotlan, CS	63.65
<b>Ind.</b>		2 Edwin Jirousek, GCL	58.25
1 Jeffrey Sliva, DAS	60.70	<b>MASTER II MEN</b>	
2 Shawn Kaluza, WES	59.85	1 Frank Michalek, WS	60.25
3 Joe Pajer, SLA	59.45	2 Charles Spicka, CED	58.00
4 Jason Stout, KHB	58.65	3 Jerry Milan, FW	56.90
5 Jack Drobny, GCL	58.45	<b>CHAMPIONSHIP - MEN</b>	
<b>JR. BOYS LOW A</b>		1 James Vanderzilver, L26	109.60
<b>Team Results</b>		2 Jonathan Conrad, FW	107.55
1 DA Sokol	230.65	3 Shane Uson, FW	104.45
2 South Omaha	223.55	4 Chris Burkhart, L26	100.60
3 Greater Cleveland	212.50	5 Buddy Benak, SSO	96.80

**RHYTHMIC COMPETITION RESULTS****WOMEN MASTERS I BEGINNER DIVISION**

1 Marian Riley, St. Louis	15.00
2 Mary Moravec, W. Suburban	14.95
3 Nada Vencl, Gr. Cleveland	14.65
4 Marjorie Juba, Gr. Cleveland	13.45
5 MaryAnn Fiordelis, Detroit	13.00

**WOMEN MASTERS I ADVANCED DIVISION**

1 Mary Panackia, Detroit	16.60
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**WOMEN MASTERS II BEGINNER DIVISION**

1 Pauline Baca, Gr. Cleveland	14.25
2 Dot Hogan, St. Louis	13.40
3 Fran Macek, St. Louis	12.10

**WOMEN BEGINNER DIVISION**

1 Jane Wise, Gr. Cleveland	16.60
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**WOMEN ADVANCED DIVISION**

1 Heather Flatau, St. Louis	16.70
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**JUNIOR GIRLS BEGINNER DIVISION**

1 Jennifer Schade, Slavsky	14.75
2 Michele Juba, Gr. Cleveland	13.90
3 Heidi Kunc, Gr. Cleveland	13.10
4 Jennifer Taylor, Detroit	12.05

**JUNIOR GIRLS ADVANCED DIVISION**

1 Stacey Carlson, St. Louis	18.90
2 Angie Remphey, St. Louis	14.85
3 Mary Sullivan, St. Louis	14.70
4 Becky Wilk, Gr. Cleveland	12.95
5 Leslie Friend, Gr. Cleveland	12.45

**Sokol — The Future Is Yours!**

EDWIN J. HALIK

I see this slogan, and the XVII ASO Slet logo, and wonder — What is the future of Sokol? I am deeply concerned by the attitudes and the directions being offered by some of our current leaders at National, District and Unit levels. They say "Throw out the old methods and concentrate on advanced gymnastic skills and advanced competitive programs." I have not been able to convince them that **the Sokol Program is not too old**, that the **old is not obsolete** and that the **old is not dull** or that the **old is not interesting**. If the Sokol Program is not interesting to some leaders, then it cannot be interesting to those they lead because **their attitude are contagious and, you all know what I mean! I believe that, when you take that old material as it is in the Sokol Program, and it is all there from the basic beginnings through the advanced skills and combinations, (if you have trouble finding the mentioned material, write me and I will point out how to locate it), and then prepare an interesting and active day to day program, geared to the participants, with progressions as needed, and with the variety of materials and ideas available in the Sokol Program, it can be fun, interesting and very productive to you and to your groups and your gymnasiums will be jammed with eager and interested participants of all ages and capabilities, and that, Brothers and Sisters is "WHAT SOKOL IS ABOUT!"**

I repeat, **YOU MUST BELIEVE**, because if you do not and it is not interesting to you, the Instructor, then it will not be interesting to your participants — your attitude is contagious, yes, infectious, and, **Sokol loses**.

Remember, that even though we say "Physical Fitness Through Gymnastics" the Sokol Program is essentially an all-around developmental program, teaching skills that are essential to every day (living) activities and in many other sports activities, not just gymnastics.

I believe there is not too much need for changes, especially the radical changes some are thinking about. The Sokol Program has not really "stood still" while the rest of the world moved on and the main reason is, that all this material was there from the beginning — well, almost from the beginning. Each succeeding generation of Sokol Leaders has contributed to the enrichment of the Sokol Program, they have gone through modernization process, adding newer procedures and methods of teaching, training, etc., yes, even discarding, or more discreetly, putting on the "back shelf" those that were dated or applicable to conditions in earlier years.

So, I plead that, changing with the times through **Evolution** and not through **Revolution** is the better way to go. **It has worked in the Past! It can work Now! It can work in the Future!**

What we need to do is to sit down and talk (the key word is **communicate**) to each other and to keep talking, because that is the only way we can come to a workable solution which will help Sokol march into the Future with a Program that **Program that Works! Na Zdar!**

**Exercise Sokol Style**

*call them marching tactics, calisthenics,  
acrobatics and gymnastics,  
add sports skills and resistives,  
dance steps, picture patterns,  
and symbolics to present  
a balanced aesthetic view  
Sokol program! yes, it's true.  
you say old stuff, dull stuff, much too tame,  
hah, you know what's wrong?  
nomenclature is to blame.  
call them aerobics or kinetics,  
or anaerobic too,  
isotonic, isometrics,  
just to name a few.  
so let's all be realistic  
they've been in the Sokol program  
for a century or more  
they've been there for all of you  
so, from World Class competition  
and the Olympics, too,  
down to simple basics  
that's what Sokols do.*

— Edwin J. Halik

prescribe anything but a complete rest and warm weather.

Unfortunately, Tyrš found out that during his absence, Sokol Pražský was immersed in a fierce inner turmoil and his mind suffered even more. When Bro. Tomáš Černý firmly took the reins of Sokol Pražský into his hands, the situation improved. So did Tyrš's fragile health, although it was not until September of 1877 that he was able to return to Prague.

To his disappointment he found his Sokol being torn apart by those members who had favored fire-fighting. There were only some sixty units active. The idea of becoming volunteer firemen was certainly commendable and beneficial to communities, but it posed an ultimate threat to Sokol movement. The shiny uniforms and helmets appealed to young men. The government was delighted to see Sokol in such disarray and supported the firemen's units. Without any hesitation, feeling fully recovered, Tyrš gathered all his strength to stem the tide of Sokol lethargy. The firemen units were forced to decide: either Sokol or firefighting. Tyrš took over the Board of Instructors, kept a close eye on all classes and helped to organize other Sokol Units. At night he kept writing for several newspapers, prepared lectures or classified his collections. Renata's help was invaluable. It did not take long before she, too, became a skilled writer. Jan Neruda, a fine writer and journalist, helped them in any way he could. With Neruda's guidance Tyrš' writing was impeccable.

In May 1878, the young painter, Jaroslav Čermák, died. He was only 48 years old. As usual, Paris held him in high esteem, and readily bought most of his paintings, but the Prague nobility did not want to know him. Tyrš eulogized him at the Prague memorial service as a painter of truly Czech tradition, especially in his famous painting *The Abduction of a Hercegovian Beauty and Husitská*. Tyrš bitterly put the blame where it belonged: the Czech nobility that did not support their artists, yet embraced artists elsewhere. This eulogy was published in Lumír and widely circulated.

In the summer of 1879 Tyrš went to Olomouc to address the Moravian Sokols. He used this forum to stress the traditional bonds of Moravians and Czechs. In front of thousands of Moravians he outlined the political action the nation must take to reach its goals. Tyrš called for universal education of all citizens, regardless of their social status. Once again, he stressed that liberty and freedom are not for some but for all. The progressive nationalists printed his message in all Czech papers.

While Tyrš never thought of leaving Sokol, his literary work and public speeches propelled him into the national leadership. Many scholars encouraged him to seek a place at the university. It was Tyrš's dream to share his knowledge with young people, but he knew that the government would oppose his appointment. Nevertheless, in October 1879 Tyrš submitted his application, with the

improved study of Laocoon. While waiting for the decision, he published two more studies. The first dealt with the fundamental differences between Roman and Gothic styles, while the second one "Of the Law and Convergence" proved him to be a real scholar of fine arts. Responding to popular demand, Národní Listy asked him to write a weekly column on fine arts.

Around that time Tyrš received a proclamation from 14 American Sokol units of the National Sokol Union making him an honorary member. He thanked them sincerely and somewhat enviously replied that the American Sokol flourishes in a land where "freedom is freely exposed."

When his application to the university failed, Tyrš sent in a similar application to the Technical University, polytechnic. Once again, the Czech faculty unanimously recommended his acceptance. Again, the hostile government showed its displeasure with the Sokol leader. Twice denied, Tyrš remained unperturbed. His proud head showed no emotion, but deep inside he felt a deep disappointment. Since his student days he had dreamt of teaching at the university where Jan Hus taught.

To forget, Tyrš kept writing. He composed a beautifully pleading letter asking the City Council to purchase all paintings from the Mánes' estate. Myslbeek, Aleš, Ženíšek and others cosigned this request. The City of Prague consented. Thus through Tyrš's efforts most of Josef Mánes's paintings, truly national treasures, were saved from going abroad. On August 12, 1881, a sudden fire destroyed most of the National Theater. Tyrš rushed from Zbraslav trying to save some of the art work that had taken years to create. His friends claimed that it was the only time they saw tears in his eyes. Yet, on the way back to Zbraslav Tyrš had already planned the rebuilding of the "Golden Chapel" on the banks of Vltava.

The Czech faculty at the Polytechnic felt a deep resentment when its recommendation to give Tyrš a teaching position was not accepted. Several distinguished professors asked the government to reconsider. On October 22, 1881 Professor Miroslav Tyrš held its first class in the Polytechnic on the theme "About the Importance of a Study of Fine Arts." The lecture hall was packed. People came not only out of sheer curiosity to hear the first lecture of esthetics but especially to pay tribute to a professor who for twenty years was denied his rightful place among Czech scholars.

#### SOKOL - THE FUTURE IS YOURS.





## American Sokol Organization NATIONAL IDENTITY PROGRAM

This was discussed at the B.O.I. Directors Conference held in Baltimore, Md. where it was agreed a National Identity Program for the A.S.O. is necessary.

Some items can be \*personalized with Unit/District.

Example: Your Sokol Unit  
Your Town & State  
Your District

Mixed sizes in orders are acceptable to receive price break requirements.

This program will not happen overnight but does need the support of all units.

For further information contact June Pros.

	MIN. ORDER 36		MIN. ORDER 72		MIN. ORDER 144	
	Unit Cost	Sugg. Sell	Unit Cost	Sugg. Sell	Unit Cost	Sugg. Sell
Sport Bag (red/white imprint) 1/c	\$ 9.98	\$12.49	\$ 8.06	\$10.08	\$ 7.26	\$ 9.08
*V-Neck - 1/c frt. & bk.	11.74	14.68	8.86	11.08	7.87	9.84
*Tank Top - 1/c frt. & 2/c bk.	8.22	10.28	5.58	6.98	4.63	5.79
*Adult Ringer T - 1/c frt., 2/c bk.	6.68	8.35	5.18	6.48	4.22	5.28
*Youth Ringer T - 1/c frt., 2/c bk.	6.52	8.15	5.04	6.30	4.09	5.11
*Adult Sweatshirt - 1/c frt., 2/c bk.	14.00	17.50	11.18	13.98	9.78	11.23
*Youth Sweatshirt - 1/c frt., 2/c bk.	12.18	15.23	9.59	11.99	8.32	10.40
Adult Sweatpant - 1/c leg	12.91	16.14	10.44	13.05	9.44	11.80
Youth Sweatpant - 1/c leg	11.00	13.75	8.78	10.98	7.24	9.05
Tote Bag - 2/c	6.09	7.61	4.36	5.45	3.83	4.79
*Cap - 1/c	4.04	5.05	3.04	3.80	2.57	3.21
*Visor - 1/c	3.52	4.40	2.64	3.30	2.26	2.83

*Jacket - Adult	Min. 36		
*Jacket - Youth	Min. 36		
Pen	Min. 50	\$ 3.71	\$ 4.64
Poncho	Min. 36	6.93	8.66
Detach-a-key		1.63	2.04
Letter Opener	Min. 250	.77	.96
Luggage Tag	Min. 250	.54	.68

\*Lettering and screen \$25.00 first time order for unit lettering and screen set-up.  
Repeat \$5.00 per color per side.

# ASO FINANCIAL REPORT

JUNE, 1989

**RECEIPTS:**

Dues	\$ 1,790.00
T. G. Masaryk Dues	10.00
Dividends & Interest	252.57
Subscriptions to "American Sokol"	8.00
Resale of Jewelry	380.00
U.P.S. Charges	3.33
Postage	.85
Office Supplies	3.50
Entree fees	493.00
Skills Patches	22.00
Donation	500.00
Repayment of Advance to Slet	6,000.00
Miscellaneous	215.25
	<hr/>
	\$ 9,678.50
A.S.O. Uniform Division - Rent, Salaries, etc.	650.24
Total Receipts	<hr/>
	\$10,328.74

**DISBURSEMENTS:**

**ADMINISTRATIVE**

Salaries - Office Employees	\$ 970.37
F.I.C.A. & F.W.T. for May, 1989	154.76
Rent, Janitor Service & Supplies, Phone, Electric	1,082.33
Office Supplies	27.80
Flag - Pole Seams	41.00
Dues - CRBA	38.50
	<hr/>
	\$ 2,314.76

**BOARD OF INSTRUCTORS**

Salaries	\$ 533.66
F.I.C.A. & F.W.T. for May, 1989	140.06
Editor "Sokol Gymnast" - June, 1989	30.00
Add'l. copies "Sokol Gymnast" - May & June, 1989	116.00
Gymnastic Skills Patches & Tots Program	273.35
Phone	25.62
	<hr/>
	\$ 1,118.69

**EDUCATIONAL DEPARTMENT**

Salary	\$ 43.28
F.I.C.A. for May, 1989	9.02
	<hr/>
	\$ 52.30

**SOKOL PUBLICATION**

Editor - "American Sokol"	\$ 125.00
Printing "American Sokol" - May & June, 1989	2,090.08
Postage - "American Sokol" - May & June, 1989	1,367.04
Salaries - Computer - Mailing Publication May & June, 1989	292.50
	<hr/>
	\$ 3,874.62

**MISCELLANEOUS**

A.S.O. Uniform Division - Salaries, F.I.C.A., May, 1989, F.W.T. May, 1989 & phone	\$ 402.10
XVII A.S.O. SLET EXPENSES	2,038.78
	<hr/>
	\$ 2,440.88

Total Disbursements	\$ 9,801.25
Balance brought forward:	
Affiliated Bank/ Western National - Checking Acct.	\$ 6,904.53
NSF Check	248.00
	<hr/>
	\$ 6,656.53
Receipts - June, 1989	10,328.74
	<hr/>
	\$16,985.27
Disbursements - June, 1989	9,801.25
	<hr/>
	\$ 7,184.02

# Calendar of Events

- OCT. 14 — Sokol G. Cleveland 250 Club Dinner Dance
- OCT 21-22 — Sokol G. Cleveland Czech Ind. Day Celebration
- OCT. 28 — Sokol Baltimore "VINOBRANÍ" Dance
- OCT. 28 — Sokol S.F. Commemoration Independence Day
- NOV. 4-5 — Sokol Great Cleveland VII Czech Holiday Fair
- NOV. 11 — Central District B.O.I. Annual Meeting
- NOV. 12 — Central District Annual Meeting
- NOV. 18 — Sokol Houston Turkey Dinner & Dance
- DEC. 2 — Sokol San Fran. Mikulášská
- DEC. 3 — Sokol G. Cleveland Annual Meeting & Social
- DEC. 3 — Sokol/Sokolice Detroit Czech Dinner Party
- DEC. 9 — Sokol G. Cleveland Mikulášská (St. Nick) Dance
- DEC. 10 — Sokol San. Fran. Annual Mtg.
- DEC. 31 — Sokol G. Cleveland New Year's Eve Party
- DEC. 31 — Sokol San Fran. Sylvestr
- DEC. 31 — Sokol/Sokolice Detroit New Year's Eve Dance

**FUTURE EVENTS**

- MAY 5, 1990 — Sokol Slavsky 100th Anniversary, William Tell Restaurant, Countryside, Ill.
- APRIL 28, 1990 — AMERICAN SOKOL NATIONAL CONVENTION, SOUTHERN DISTRICT HOSTS — FT. WORTH, TX.
- MAY 1990 — 125th ANNIVERSARY SOKOL ST. LOUIS FIRST SOKOL UNIT IN THE UNITED STATES

VII. SLET  
CZECHOSLOVAK SOKOL ABROAD

JULY 5, 1990 —  
Czechoslovak Sokol Abroad  
VII Slet, Paris, France



FALL 1991 — Sokol Tabor's 125th anniversary

**ARE YOUR DUES CURRENT?**

**ASO FINANCIAL REPORT**

JULY, 1989

**RECEIPTS:**

Dues	\$ 4,118.00
Dividends & Interest	189.53
Subscriptions to "American Sokol"	4.00
Advertising in "American Sokol"	200.00
Resale of Jewelry	342.25
U.P.S.	11.35
Postage	.45
Plates	44.00
Skills Patches	27.00
Entree fees	105.00
A.S.O. patches	4.00
XVII Slet reimbursement for broken plate	25.21
<b>Total Receipts</b>	<b>\$ 5,070.79</b>

**DISBURSEMENTS:****ADMINISTRATIVE**

Salaries - Office Employees	\$1,290.53
F.I.C.A. & F.W.T. for June, 1989	219.72
I.W.T. - 2nd Qtr., 1989	61.51
Rent, Janitor Service, Phone, Electric	1,087.93
Office Supplies	43.96
GNFPCA Annual Filing Fed	5.00
Plate Glass Insurance	312.00
	<b>\$ 3,020.65</b>

**BOARD OF INSTRUCTORS**

Salaries	\$ 537.59
F.I.C.A. & F.W.T. for June, 1989	123.96
I.W.T. - 2nd Qtr., 1989	52.33
Editor "Sokol Gymnast" - July, 1989	30.00
Postage & Phone	51.80
	<b>\$ 795.68</b>

**EDUCATIONAL DEPARTMENT**

Salary	\$ 111.50
F.I.C.A. - June, 1989	7.20
I.W.T. - 2nd Qtr., 1989	5.36
Library Supplies	12.00
	<b>\$ 136.06</b>

**SOKOL PUBLICATION**

Editor - "American Sokol"	\$ 125.00
	<b>\$ 125.00</b>

**MISCELLANEOUS**

A.S.O. Uniform Division - Salaries, F.I.C.A., June, 1989, FWT, June, 1989, IWT - 2nd Qtr., 1989 & Phone	\$ 709.17
	<b>\$ 709.17</b>
<b>Total Disbursements</b>	<b>\$ 4,786.56</b>

**Balance brought forward:**

Affiliated Bank/Western National - Checking Acct.	\$ 7,184.02
Receipts - July, 1989	5,070.79
	<b>\$12,254.81</b>
Disbursements - July, 1989	4,786.56
	<b>\$ 7,468.25</b>

**FUTURE SOKOL LEADERS FUND**

JULY 1989

In memory of Sis. Anna Smunt — Josephine and Jerry Sommer	\$25.00
Charles and Irene Ruzicka	25.00
Anton Smunt	50.00
Blanche Janes and Family	15.00
Mary Kouba	20.00
Jake and Dolores Jindela	5.00
Mr. & Mrs. Ludwig J. Cmun	10.00
Mr. & Mrs. Bob F. Dorushka and Family	50.00
	<b>\$200.00</b>

In memory of Sis. Bertha K. Lane — Sokol Schenectady	\$25.00
Mary L. Roberts and Caroline H. Jordan	25.00
	<b>50.00</b>
In memory of Anton C. Hrubec — Vera and Bob Barcal	10.00
In honor of the Central District Slet — Anonymous	35.00
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— Donations are tax exempt —	

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tion** and not  
through **Revo-  
lution** is the  
better way to  
go.*

— Edwin J. Halik

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## Essay Contest

ATTENTION: Educational Directors  
Directors of Men and Women

The American Sokol Organization Educational Committee is conducting an Essay Contest.

Subject: My Recollections of the XVII  
American Sokol Slet

Divisions: Juniors (13-18 years)  
Seniors (18 years and over)

The contest will run from July 1, 1989 to October 1, 1989 and is open to all juniors and seniors of the American Sokol Organization and participating guest organizations.

Entries may be written in English, Czech or Slovak.

Entries will be judged on neatness, originality, content and clarity of thought.

On the top left side of paper please include the following:

- 1st line — Last name, First name
- 2nd line — Street address
- 3rd line — City, State, Zip Code
- 4th line — State Junior or Senior  
(plus age if Junior)
- 5th line — Name of unit and district or guest organization name.

All entries are to be sent to the American Sokol Organization, 6424 West Cermak Road, Berwyn, Illinois 60402.

Prizes will be awarded in each division.

Please encourage all your eligible members to participate.

Success to our Slet! Sletu Zdar!

Na Zdar!

*Paul Lebloch, Educational Chairman*

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