

DECEMBER 1989 — VOL. CX - No. 12

AMERICAN SOKOL

Publication of the American Sokol
Educational & Physical Culture Organization

PHYSICAL FIT
THROUGH GYM



*What Greater Gift Than Freedom?
Peace On Earth!*

AMERICAN SOKOL

ISSN: 0003-1259

Published Monthly
(Except Bi-Monthly July and August)
by the

AMERICAN SOKOL ORGANIZATION
6424 West Cermak Road, Berwyn, Illinois 60402

Telephone: 312-795-6671

Subscription \$4.00 per year

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*Copy for publication must be received by the
10th of the previous month*

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Jackie Kourim, Secretary

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436

Future Sokol Leaders Fund

October 1989

| Donors | Amt. |
|---|-----------------|
| In honor of the 40th Anniversary of Robert & Millie Masek — John and Elsie Scheffel | \$ 25.00 |
| In memory of Sis. Anna Smunt — Sis. Bozena K. Vanek | 10.00 |
| In memory of Sis. Jarmila Krizenecky — Thomas F. Grigas | 75.00 |
| | <u>\$110.00</u> |

— Donations are tax exempt —

General Fund Donation

October 1989

| Donors | Amt. |
|---|---------|
| In memory of Walter Zitny — Roy and Vlasta Zitny | \$15.00 |

— Donations are tax exempt —

Our Sokol Credo:

To build a healthy and beautiful human body —
To cultivate a harmonious and total person —
To develop firm character, a well rounded disposition and
A love of truth and justice —
To produce strong, lovely and honorable people,
That is the goal of a "Sokol" education.

What is a "Sokol"?
Sokol is falcon in Czech language,
it is our symbol of swiftness,
courage and strength.



"Zdravé a krásné lidské tělo — souladné vypěstění celého člověka,
povahy ucelené, neobložené, pravdivé a spravedlivé —
lidé silní, krásní a dobří — to je cíl sokolské výchovy."

AMERICAN SOKOL

VĚSTNÍK AMERICKÉ OBCE SOKOLSKÉ

Ročník - Vol. CX

December — 1989 — Prosinec

Číslo - No. 12

Executive Board Minutes

Regular meeting of the American Sokol Organization Executive Board, Tuesday, October 24, 1989, was called to order by our President Bro. George C. Basta at 7:45 p.m. Pledge to the flag was given.

Members present: Sis. Mildred Pinc, Vlasta Zitny, Marie Ptacek, Sylvia Pistorius, Jackie Kouřim, Lynda Filipello, Bro. Gary Masek, Paul Lebloch, Charles Borvansky, Fred Kala, Roy Zitny, Jerry Rabas, Robert Barcal, Richard Ptacek, George Basta.

Members excused: Sis. Emilie Ruzicka, Bro. Jerry Milan, Ed Jelinek, John Satek.

District Minutes received and reviewed, Pacific District, March 19th; Northeastern District, September 17th; Eastern District, September 24th; Central District, September 27th; ASO Executive Board meeting, September 26th.

CORRESPONDENCE: Two letters from President of Southern District, Bro. Larry Laznovsky, one concerning the cancellation of the District Director's Conference, the other about convention and the by-laws. The answers to the two letters were also read to help clarify the information that was sent. Bro. Jim Riha, concerning the information in the souvenir book from the Slet and his source of information. Bro. Walter Slavik, President Eastern District, a suggestion for an item to be put on the agenda at our upcoming convention. Sis. Elizabeth Penovich, Secretary of Sokol Moravan, notifying us that Sokol Moravan is now dissolved. Her request will be taken care of and notice will be sent to Sokol Moravan members and Northeastern District. Sis. Mana Zlatohlavek, Secretary of the new Sokol Cedar Rapids, question on by-laws, a letter of clarification will be sent. Two letters from Bro. Jiri Liska, President of Pacific District concerning the Sokol Seattle matter, approval given for the District to follow through on this matter. Czechoslovak National Council of America, program announcement for the 28th of October. Czech Free-thinking Schools, again asking for representation on their board and a subscription to their magazine, subscription approved, \$3.00 per year. Therese A. Tillman, attorney at law, informing us of a \$300.00 bequest from Sis. Gladys Light, of Sokol Milwaukee. Czechoslovak National Council of America, Solicitation for human right seals, approved a \$10 donation. Denní Hlasatel, looking for an ad for the October 28th newspaper, ¼ page ad will be taken, Bro. Rabas will deliver the text.

1989 SLET: Received all the materials from Omaha. The auditing committee is set up to meet on the 1st of November. Still outstanding bill from the Slet. One more pledge to be collected. Waiting to close the bank account. Brought in 50 more souvenir books. Souvenirs were sold on Saturday and Sunday for Houby days. Still have lots of souvenirs left to sell. Sis. Filipello will advertise in the publication again.

COMBINED MEN'S AND WOMEN'S DIRECTORS — Sis. Sylvia Pistorius and Bro. Richard Ptacek: Northeastern District, Women's Director, Sis. MaryAnn Fiordelis regarding cancellation of the District Directors' Conference. Sis. Dagmar Bergova, Sokol Abroad Directress with information regarding Special Number uniform and regulation men's gymnastic uniform. Recommendation to advise our uniform department of looking into ordering men's sample uniform. Received men's and women's USGF rules and regulations for 1989-90. Written to USGF requesting gymnastic routines for the coming 5 years including audio and video tapes. Recommendation to convene the BOI conference on April 26th, 1990 in Fort Worth starting at 9:00 a.m. therefore it will be necessary to arrange for the night of the 25th at the hotel. Bro. Ptacek spoke to Bro. Kalat, tournament rules chairman requesting that the proposed changes be forwarded to Bro. Kalat no later than February 1st. All calisthenics material for the 1990 Paris Slet have been mailed to all District Directors, the musical tape to the women only. The first Paris Slet news bulletin has been received. Recommendation made to have excerpts published in the gymnast. Unanimously approved to offer the senior calisthenics II as a US special number in Paris providing that a sufficient number of participants can be guaranteed. Pertinent information discussed regarding the Round Table Conference held in Omaha following our National Slet. National Instructors Course for the year 1990, Sokol South Omaha requested permission to host this course starting August 10th to the 18th, 1990. This course should be publicized as soon as possible. All merit award and renewal checks have been mailed out with three acknowledgements received as of this date.

Final Report Forms: Eastern District, USGF Compulsory Workshop July 20-22, 1989, \$420.00 (approval held pending receipt of substantiating documents. Northeastern District, Folk Dance clinic, August 6-12, 1989, three students, \$1,225.62. It was requested of the BOI to write to Bro. Steven Banjak to find out the status of the manual.

MEMBERSHIP CHAIRMAN — Bro. Fred Kala: Still trying to reconcile membership figures. There is a difference of 86 between the computer count and the quarterly reports. Because of all the changes taking place this figure is not unrealistic. Changes come in more slowly through quarterly reports than through the post office. These changes are put on the computer immediately because we have to keep our mailing list current. Otherwise we are being charged by the post office for the return mail.

EDUCATIONAL CHAIRMAN — Bro. Paul Lebloch: Read a long list of items donated to the educational department for the library/archives. Re: photograph of old lithograph sent by Robert Kuklis. Bro. Borvansky will have it reproduced in black and white for the publication. Sis. Lillian Chorvat will write an article for us on this lithograph featuring T. G. Masaryk, Sokol and Czech historic personalities. Recommend excerpts of Bro. Frank Huber's (Sokol Baltimore) article regarding importance of including Sokol educational material in our gymnastic classes be printed in the American Sokol. Read the article to the Executive Board. Article written by Edith Hermit Roosevelt granddaughter of President "Teddy" Roosevelt entitled "An Appeal for Stamina". She writes "P.S. Every American should be grateful for the contribution of the Sokols to America. A copy of this will be given to our editor, Sis. Filipello. Educational article written by Bro. Lebloch was reviewed. Recommend it be published in our publication and be part of the convention education committee agenda. Recommend we purchase book "The Killing of Reihard Hejdrich" by Callum MacDonald. Several references are made to Sokol in the book. Bro. Rabas will get the price of this book. We reviewed by-laws pertaining to the educational committee. Recommended changes will be submitted. Sis. Borvansky requests a no frills typewriter for use of the educational committee at our convention. Will have to see what is available in the stenographic pool at the hotel. Still waiting for the tri-fold to be printed. We have many letters in a file waiting for this information. Bro. Lebloch showed pictures of Tyrš and Fuegner that are printed and will be presented to each unit at the convention by the educational department. They will only be mounted, not framed.

PUBLICITY — CZECH — Bro. Jerry Rabas: Wrote about the Sokol activities for the Denní Hlasatel last week, another article this coming weekend. Will also work up the ad for October 28 for the Hlasatel.

PUBLICITY — ENGLISH — Sis. Lynda Filipello: Nothing at this time.

FINANCIAL SECRETARY — Sis. Mildred C. Pinc: The financial report for September, 1989 was prepared and distributed to the Executive Board. Illinois and federal wage reports for the 3rd quarter were filed. Several matured savings certificates were updated. Transferred \$1,800.00 from Clyde Federal

Savings and Loan Assn. to our checking account for Merit Awards. Trying to bring membership lists up to date. Made phone calls to two Sokols. Reached one, had to write a long letter to the other. Houby Days, Sokol Slet souvenirs were sold, realized \$300. The following manned the booth, Sis. Kourim, Modes, Pinc, Pros, Sotka, Bro. Sotka and Kourim. Donations to the Future Sokol Leader's Fund and the Library/Archives fund were read along with the interest on these accounts. On our fire insurance, a \$500 deductible will be checked into.

TREASURER — Bro. Robert Barcal: Checks and bank statements were reconciled and everything was found to be in good order. No outstanding checks.

EDITOR — Sis. Lynda Filipello: Talked with Bro. Riha about information on wills and endowments. Would like to print some of this information in the publication. Featuring a special "box" for donations in the publication for Future Sokol Leaders' Fund and the Library/Archives Fund, hope it will get more attention.

SECRETARY — Sis. Jackie M. Kourim — Received a letter from Sis. Anci Huber who wants to know who gave us permission to use the Slovak emblem. We have been using this emblem for many years, no Sokol emblem is copyrighted, therefore it is all right to use. Thursday received a call from a Jean Larimer of "Chicago Magazine" requesting at least a dozen old "Sokol" pictures for an ethnic article they are contemplating for December. Sent a messenger to pick them up. Spent 4½ hours researching this project. Hope we will get some coverage out of this. There are many Paris Slet posters here, please take some and put them up in the local units. Will be arranging for our Christmas party.

II. VICE-PRESIDENT — Bro. Gary Masek: Attended Sokol Omaha's pork dinner, served about 100 people. Have been transferred to the Fire Prevention Bureau, will not be attending meetings for a while, only by conference call.

I. VICE-PRESIDENT — Bro. Charles Borvansky: Attended the Moravian Day celebration in place of Bro. Basta and his wife. Worked on the art work for the new seals, they are "printer ready" and are very lovely. Thank you, Chuck! Also worked on the printing of the Tyrš and Fuegner pictures for the educational department for the convention.

PRESIDENT — Bro. George C. Basta: Attended the unit Presidents meeting in the Central District in September. Stopped in on October 14th at the mutual meeting held here in our office.

UNFINISHED BUSINESS: Checked on the tour plans with Edward Cihak. He is finalizing the plans for the brochure, should be done by the 15th of November. A tour committee meeting will be called to approve the brochure.

NEW BUSINESS: Suggestion to run a banquet for our 125 anniversary of Sokol in America in 1990. Bro. Lebloch, Zitny and Sis. Zitny, the committee, to study the calendar and come up with a date for the banquet for our next meeting.

Jackie M. Kourim, Secretary



AMERICAN SOKOL ORGANIZATION
GYMNAST



DECEMBER 1989

Editor: Frank H. Michalek — 10 S. 020 Lorraine Dr., Hinsdale, Illinois 60521



THE AMERICAN SOKOL ORGANIZATION
BOARD OF INSTRUCTORS AND DISTRICT DIRECTORS

SEND THEIR GREETINGS FOR A

Happy Holiday Season
and a
Very Productive New Year

Directors: RICHARD PTACEK, SYLVIA PISTORIUS
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2nd Assistants: FRANK MICHALEK, JUDY HARLAN

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Southern District: Rome Milan, Sylvia Laznovsky
Wester District: Bud Benak, Sandy Benak

Veselé Vánoce — Pěstný Nový Rok

VOLLEYBALL

Since volleyball has become an integral part of the Sokol program and much of this activity is conducted in the fall of the year, I am dedicating the December issue to this sport. If any units or districts conduct tournaments or competitions of any kind please send your results with pictures to the gymnast editor, yours truly. The remainder of this article presents a basic introduction to the sport so as to enable all members to be more informed.

Volleyball is truly a game for everyone. It is well suited for participants of all ages, for boys and girls, for men and women, and for players of varying levels of skill. It can rightfully be categorized as a lifetime sport because extreme strength and stamina are not vital for participation. Volleyball lends itself perfectly to team play, leagues and tournaments for mixed doubles, and coed teams which are growing in popularity.

Origin and Early History

The game of volleyball was originated in 1895 by William C. Morgan in Holyoke, Massachusetts. He was serving as the physical director of the YMCA and wanted an activity that would be appropriate for large classes of businessmen — one that was not too strenuous.

Originally the game was played over a tennis net at a height approximately 6'6", and the object was to hit the ball back and forth over the net. Any number of players were allowed on a team. The game was first played with the bladder of basketball but it was too slow and too light. Next a basketball was tried, but it proved to be too large and too heavy. Finally A. G. Spaulding Company was asked to make a suitable ball which was similar to the ball currently used. The first rules allowed three outs before a team lost the ball and the game was played in nine innings. Actually the first rules incorporated many of the basic elements of tennis, baseball, and handball. Morgan called the game "mintonette."

Morgan presented the game at a YMCA Sports Conference at Springfield College in 1896. Dr. Alfred Halstead of Springfield College suggested changing the name to "volleyball" because of the way the game was played. The conference agreed to rename it and published a description of the game and its rules in the Journal of the YMCA. Since then the rules have gone through many changes as the YMCAs around the country made modifications to accommodate the special needs of those playing.

In 1928 the Volleyball Rules Committee of the YMCA was reorganized to become the United States Volleyball Association (USVBA). The group's purposes were to coordinate the volleyball rules on a national level and to create a national open tournament. The rules of the game, as well as information on various volleyball activities such as tournament standards and qualifying officials, have been

published annually by the USVBA since its formation.

International Development

Volleyball was spread throughout the world by the International YMCA movement as well as by American troops during World Wars I and II who played the game recreationally. As the game spread, the style of playing and rules varied in each section and nation of the world. Attempts to organize an international federation during 1936 were unsuccessful, but in 1946 in Paris, such an organization was developed. France, the Soviet Union, Poland, Yugoslavia, and Czechoslovakia provided the primary leadership as fourteen other national federations joined them in forming the International Volleyball Federation (IVBF). Other nations soon became affiliated and today there are more than 120 national federations in the IVBF.

The IVBF served as a catalyst for the increased popularity and growth of the game as it unified the rules and organized international tournaments. In 1949 in Prague, Czechoslovakia, the first world championships of volleyball were held. Ten nations competed in this championship, with the USSR winning. In that same year, the USVBA offered separate college and women's divisions at the national championships held in Los Angeles. At the Pan-American Games held in Mexico City in 1955, volleyball was included for the first time. The men's championship was won by the USA, and the women's by Mexico with the USA runner-up.

The inclusion of volleyball in the 1964 Olympic Games held in Tokyo was a significant event. The popularity of the game has increased greatly after the exposure of the 1964 Olympics, where the high level of performance and physical demands of the game were readily recognized. The men's division was won by the USSR and the women's winner was Japan.

Competition in the United States

The growth of volleyball within the schools, especially colleges and universities, has been a significant factor in its popularity throughout the United States. Currently all governing groups for collegiate sports conduct a volleyball championship. A brief history of these championships follows:

- 1969 — National Association of Intercollegiate Athletics (NAIA) held its first national championship at George Williams College in Chicago.
- 1970 — National Collegiate Athletic Association (NCAA) and the Division of Girls and Women's Sports (DGWS) held national championships. In 1971 the Association for Intercollegiate Athletics for Women (AIAW) was formed by the DGWS to conduct championship events for women. In 1982 the AIAW stopped operations when the NCAA began sponsoring championship events for women.

1973 — AIAW held the first Junior College/-Community College Volleyball Championship at Miami-Dade Community College, South, in Miami, Florida.

1974 — National Junior College Athletic Association (NJCAA) held its first volleyball championship for men at Schoolcraft College in Michigan.

At the interscholastic level the popularity and level of play have increased tremendously. High school championships are being conducted by many conferences and states. Across the United States teachers and coaches are learning more about the game, and the influence of international competitions on the techniques and skills is apparent.

Opportunities for Playing

As the growth of volleyball has occurred, opportunities for playing the game, learning the skills and strategies, and becoming an official have increased. Numerous development camps for players of all ages are available throughout the United States. The USVBA conducts many such camps and officiating clinics in addition to sponsoring hundreds of tournaments throughout the nation each year. The USVBA season generally begins in November and concludes at the National Championships in May or June. Tournaments are structured so that players at varying levels of skills are accommodated and encouraged to participate.

Many areas of the United States have encouraged year-round participation through the establishment of volleyball clubs. These groups are organized to promote and facilitate the playing of the game in that area. Although planned primarily for competitive purposes, they are also active at a recreational level. These clubs provide an opportunity for interested people outside of schools and universities to learn and enjoy the game.

Volleyball has become increasingly popular in recent years. The game of "power volleyball" challenges players not only to master the many individual skills of the game, but to develop the physical qualities of speed, strength, coordination, and endurance. Volleyball is an exciting, popular participant sport; and it is quickly becoming a popular spectator sport as well. Recent television coverage of the national college championship matches, Olympic play, and exhibition matches by our men's and women's national teams has contributed tremendously to the growing interest in this exciting sport.

Seniors go for the Gold

VOLLEYBALL FEATURE

By Bro. FRANK MICHALEK

This year was a banner year for volleyball in the Central District with unit teams and all-star teams doing very well. It seems the long reign of supremacy held by Sokol Chicago for over 20 years from the 50's to the 70's has been taken over by Sokol

Stickney, who has now dominated volleyball in the Central District and the National Slets for the past decade. Both's men's and women's teams of Stickney made it to the Championship games at the Omaha National Slet, with the two teams playing for the championship, in the men's Stickney I vs Stickney II. Needless to say, Stickney won. In a fierce battle for first in the women's division, Sokol Stickney women played Sokol Karel Havlíček Borovský (Sokol Ennis). Sokol Ennis who just came off an exciting match against Sokol Fort Worth, won, and had the momentum to give a fight to the finish, and next become the victor over the Sokol Stickney, who ended up second.

Over the past few years the competition has been very keen, and no team has had an easy ride to victory. In 1988 at Montreal Sokol Greater Cleveland after a 17 to 15 win, in the third game of the match with Sokol West Suburban, went on to knock off Toronto, who thought they had it in the bag. In 1987 in Washington a sleeper team, Sokol West, from West, Texas took both the men's and the women's division, much to the chagrin of the spectators and dismay of the rumbling of teams, who did not see this volleyball team on the Slet field.

The fun part of these tournaments is that you will observe players in their 50's, 60's and 70's and many teams with two generations of father-son players such as the Jirousek's from Greater Cleveland, the Michalek's from West Suburban, the Milan's from Fort Worth, the Schultz's from Chicago, and the Votava's from Tabor, which comes to the topic of the conclusion of this feature article on volleyball.



(L. to R.) Frank Michalek, Chas Schultz, Vitalis Umbrasas, Joe Votava, John Sulda, Joe Guzik, Don Watson (Chuck Wallace absent).

Every year for the past few years at the College where I teach Health and Physical Education, I have been receiving a pamphlet from the SENIOR OLYMPICS to post on our bulletin board. Low and behold this year I finally qualified for this event by reaching the age of 55. This is the moment I had



Sokol Washington Slet 2nd place team. Left to right: Joe Votava, Jay Vondra, Frank Michalek, Mike Michalek, Greg Vondra, Dean Hoskins, Rich Vrba.



1987 Central District — Michalek, Vitalis Umbr... to r.): Richard Talm... Richard Vrba.



1988 Sokol Stickney Triples Tournament Champs (left to right): Jerry Michalek, David Harlan, Rick Smith, Steve Fischer.



1988 Central District — left to right): Ray Frank Michalek, 2nd Votava, Paul Schult...



1st row (l. to r.): Mike Michalek. 2nd row (l. Ward, Jun Socolovsky,



Senior Olympics 1st row l. to r.: John Sulda, Frank Michalek, Vitalis Umbrasas, Don Watson. 2nd row l. to r.: Joe Guzie, Joe Votava, Chuck Wallace, Charles Schultz.



League All Stars (first row Michalek, Schrofe, Jerry Schultz, Arngo, Randy Rus, Joe Michalek.



1989 Sokol Stickney Triples Tournament Champs (left to right): Frank Michaelk, Jay Vondra, Mike Michalek.

1989 A.S.O. OMAHA NATIONAL



1989 A.S.O. Slet Men's Volleyball 1st place team Sokol Stickney I. Front row l. to r.: Russel Vondra, Chuck Borvansky, Steve Fischer, and Mike Michalek. Back row: Randy Rus, Rick Smith, Dave Harlan, Chris Eichor.



Men's 2nd place team Sokol Stickney II. Front row (l. to r.): Jay Vondra, Frank Michalek, Rich Tharp. Back row (l. to r.): Rich Vachata, David Satek, Gregory Vondra, Brian Borvansky.

LET VOLLEYBALL CHAMPIONS



1st place team Sokol Ennis. 1st row (l. to r.): Kim Oates, Abby Carez, Gerilyn Sijansky. 2nd row (l. to r.): Nannette Liska, Rhonda Liska, Sonja Adamson, Laurie Southwell, (back) coach Larry Laznovsky.



Women's 2nd place team. Front row (l. to r.): Nicole Pajeau, Karen Fischer, Andrea Yachata, Sue Junper. Back row (l. to r.): Judy Harlan, Shiela Bauer, Heather Fal, Audry Austrevich, Carolee Michalek, Patty Wojcik.

waived for. I made a few phone calls and rounded up all the Sokol members I could find that were interested and eligible to play volleyball. It wasn't long before I had eight men interested in traveling to St. Louis with me to enter the Senior Volleyball Olympics. All of them had never participated in the Senior Olympics and were very excited just as I about this opportunity. After a few practice sessions that spaned a couple week period we ended up with a team that consisted of five Sokol members, Joe Votava of Sokol Tabor, Charles Schultz of Sokol Chicago, and Frank Michalek, John Sulda, and Vitalis Umbrasas of Sokol West Suburban. In addition we recruited three outside players, Joe Gusic, Charles Wallace, and Donald Watson, who also qualified in age and were very interested in helping us put together a team. A sixth Sokol member Jerry Hruska of Sokol Chicago also planned to make this trip with us had to cancel out the last minute due to a severe injury ocured during the winter ski season. Four of the players were readily available as they were retired. It was with mixed emotions that we traveled to St. Louis, Missouri where the Regional Senior Olympics were being conducted. We arrived in St. Louis and in our thoughts and conversations did not know what kind of competition to expect. We tended to agree that it was going to be an easy tournament, but we were rudely awakened. The Missouri Athletic Club (MAC's) had established a long tradition of winning this tournament, and were not about to turn over this reign to an out of town team. And for several years the BOHICA's had been challenging them to knock them off their throne. We the Chicagoland Master's were the new kid on the block, and all teams and spectators were giving us the once-over wondering who are these out of town guys we never heard of before. There were many, many good teams to our surprise and we discovered our work was cut out for us. Fortunately it was a round robin tournament to determine the four best teams to make it to the pay-offs. Every team we played played to the hilt. It seems with age people have a tendency to try and demonstrate that they can still play like they did when they were young, so every game and match was a battle with no pushover teams. When our opportunity to play the MAC's arrived we started to see the bleachers fill and realized that this team really had a following of loyal fans to cheer them on to another victory. We had already won our first three matches and had only lost one game, to the St. Louis Turners. It was quite a battle with the MAC's but we defeated them the first game and lost the second, coming back to win the third. This now opened the door for the BOHICA's who in previous years always had trouble with the MAC's. The following night The BOHICA's gave us two losses, and then went on to defeat the MAC's. After the preliminary play the Top four teams were the BOHICA's 10-2, Chicagoland Masters 8-4, and the MAC's 7-5, and Turner's 7-5. The two teams with the best record played for 1st, and the two with the next best records played for 3rd and 4th. The MAC's in the

preliminary match knocked off the TURNERS, and in the Championship match our Chicagoland Masters team went into the game so hyped up that we won the first game 15-1. The second game was going good and we were winning 9-3, when the BOHICA's turned it around and the next thing we knew it was 13-12 in their favor. After several side-out and battles for points we end up winning 16-14 and the new 1989 Senior Olympics Men's Champions. All of us were awarded gold medals, and though you only had to be 55 years old, many players were surprised that the ages of our players were 72, 65, 59, 58, 55, and 55, with only one of our players being over six feet tall. We were a short but scrappy team. We made many friends at the Senior Olympics and were surprised to discover that we were the first Sokols to enter these competitions. We look forward to returning next year and would like to encourage other Sokols to consider entering also. The competitions are for men and women 55 years of age or older, and competition is conducted in ARCHERY, BADMINTON, BASKETBALL (free throw & Around the world), BICYCLE RACING, BOWLING, FOOTBALL THROW, GOLF, HANDBALL, HORSESHOES, ORIENTEERING, RACQUETBALL, ROPESKIPPING, SHUFFLEBOARD, SPINCASTING, SWIMMING (nine events), TRACK (8 events), FIELD (4 events), TABLE TENNIS, TENNIS, SOCCER KICK, SOFTBALL THROW, VOLLEYBALL.

1990 will be a qualifying year for the Nationals which will be conducted in New York in 1991. For information on the Senior Olympics write: SENIOR OLYMPICS, Jewish Community Center Assoc. #2, Millstone Campus, St. Louis, MO 63146.

Nazdar, your Editor



ASO FINANCIAL REPORT

OCTOBER, 1989

RECEIPTS:

| | |
|-----------------------------------|-------------|
| Dues | \$ 8,560.00 |
| Convention Fund | 166.00 |
| Special Assessments | 73.00 |
| Dividends & Interest | 189.01 |
| Subscriptions in "American Sokol" | 42.00 |
| Resale of Jewelry | 464.00 |
| "Highlights of Czech History" | 2.25 |
| Songbooks | 2.50 |
| U.P.S. | 8.65 |
| Merit Awards | 1,800.00 |
| Miscellaneous | 538.76 |

\$11,846.17

A.S.O. Uniform Division - Rent, Salaries, etc.

Total Receipts

\$12,266.09

DISBURSEMENTS:**ADMINISTRATIVE**

| | |
|---|-----------|
| Salaries - Office Employees | \$ 917.86 |
| Salaries - Membership | 22.50 |
| F.I.C.A. & F.W.T. for September, 1989 | 241.40 |
| I.W.T. - 3rd Quarter, 1989 | 89.61 |
| Rent, Janitor Services, Phone, Electric | 1,085.75 |
| Travel Expense | 385.11 |
| Office Supplies | 240.56 |
| Insurance | 648.00 |
| Advertising | 87.50 |
| Subscription to "Svobodná Škola" for 1990 | 3.00 |
| Donation - Czech Nat'l. Council Seals | 10.00 |
| Seal Expense | 1,398.90 |
| Miscellaneous - US Postmaster Permit & Annual Fee | 120.00 |

\$ 5,250.19

BOARD OF INSTRUCTORS

| | |
|---|-----------|
| Salaries | \$ 416.26 |
| F.I.C.A. & F.W.T. for September, 1989 | 95.42 |
| I.W.T. - 3rd Quarter, 1989 | 44.78 |
| Editor "Sokol Gymnast" - October, 1989 | 30.00 |
| Add'l. copies "Sokol Gymnast" - September, 1989 | 58.00 |
| Add'l. copies "Sokol Gymnast" - October, 1989 | 58.00 |
| Postage | 26.15 |
| Videos | 241.14 |

\$ 969.75

EDUCATIONAL DEPARTMENT

| | |
|----------------------------|----------|
| Salary | \$ 26.70 |
| F.I.C.A. - September, 1989 | 12.46 |
| I.W.T. - 3rd Quarter, 1989 | 7.68 |

\$ 46.84

SOKOL PUBLICATION

| | |
|---|-----------|
| Printing "American Sokol" - September, 1989 | \$ 954.04 |
| Printing "American Sokol" - October, 1989 | 1,003.04 |
| Postage "American Sokol" - September, 1989 | 662.20 |
| Postage "American Sokol" - October, 1989 | 665.20 |
| Editor - "American Sokol" - October, 1989 | 125.00 |
| Salaries - Computer - Publication | 135.00 |

\$ 3,544.48

MISCELLANEOUS

| | |
|---|-----------|
| A.S.O. Uniform Division - Salaries, F.I.C.A. & F.W.T., Sept., 1989, I.W.T. - 3rd Qtr., 1989 & Phone | \$ 482.56 |
| Manual Expense - Food | 42.96 |
| Special Appropriations - NE District, ASO | 1,225.62 |

| | |
|---|-------------|
| Total Disbursements | \$ 1,751.14 |
| Balance brought forward: | \$11,562.40 |
| Affiliated Bank/Western National - Checking Acct. | \$ 5,547.46 |
| Receipts - October, 1989 | 12,266.09 |
| | \$17,813.55 |
| Disbursements - October, 1989 | 11,562.40 |
| | \$ 6,251.15 |

SEE NOV. ISSUE — CALENDAR OF EVENTS**Illinois Sokols attend Chicago Rally!**

The rally, arranged very loosely, was well attended by members of the Czechoslovak National Congress and its members organizations of which the American Sokol was well represented by members from Sokol Berwyn, Brookfield, Naperville, Slavskey, Tabor. Many attended in parade uniform, while others carried signs expressing "TRUTH" and "FREEDOM".

While our numbers were insignificant as compared with those in Czechoslovakia, our experience was one of kindred spirits across the troubled waters of time finally coming together.

ASO Editor

Given its political obsolescence, its moral bankruptcy and its virtual abandonment by Moscow, the current government can't expect to cling to power for long. All it will achieve by waging war on its citizens is to enrich an already ample legacy of disgrace.

— *Chicago Tribune*

RALLY IN PRAGUE

There was an extraordinary scene in the darkness as the protest ended. Hundreds of hand-held candles illuminated one bank of the river while the opposite bank was lighted by the glow from the ancient castle and the whirling blue lights of police cars.

Softly at first, then louder, the massed throng raised a mighty voice in the Czechoslovak national anthem. Swans swam placidly in the river below as the solemn slavic anthem rose hymn-like on the evening air.

"What you hear is not only an anthem," said a young student carrying a banner that called for free elections. "It is the sound of freedom coming to Czechoslovakia."

— *Chicago Tribune*

CHICAGO RALLIES

in support of its Brothers and Sisters in Czechoslovakia and its neighbors!



ASO Delegation

*Left to right:
Br. Paul Lebloch,
Pres. George Basta,
George Kourim,
Roy Zitny,
Sis. Mildred Pinc,
Lynda Filipello,
Ann Basta,
Br. Fred Kala, and
Sis. Jackie Kourim,
front.*



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Cherished Memory

The XVII ASO Slet will be one of my most cherished memories. The last Slet that I participated in was in Chicago in 1947! Since that time I have always been a spectator. This time I was a proud participant in the Senior Cal II and I wish to commend Brother and Sister Halik on their wonderful drill and patience in helping us to smooth out the rough spots before the Slet. The drill and music just flowed together and made it easier to learn and enjoy. I hope that ASO will continue to remember to include the senior Sokol citizens in their program!

*Helen E. Mikus,
Fayetteville, Texas*

P.S. I enjoyed the city of Omaha very much, such a clean and friendly city. Perhaps sometime in the future we can have another ASO Slet there.

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