

american SOKOL

Volume CXIII, Number 8

SEPTEMBER 1992

Dear Brothers, Sisters and Friends of Sokol!

You are cordially invited to participate with us in our XVIII American Sokol Slet and competitions, which will be held June 23 through 27, 1993, at the Naperville Central High School, Naperville, IL and Morton West High School, Berwyn, IL.

A festive banquet, competition in apparatus, rhythmic gymnastics and volleyball, as well as folk dances, along with our mass calisthenics for all classes will be featured during these exciting days. Other activities are being planned and will be brought to your attention as soon as plans are completed.

Please extend this invitation to all your members.

Rooms will be available in many surrounding hotels/motels, but the Oak Brook Marriott Hotel will be the official Slet headquarters. Further information will be available through the American Sokol Office, Housing Chairman.

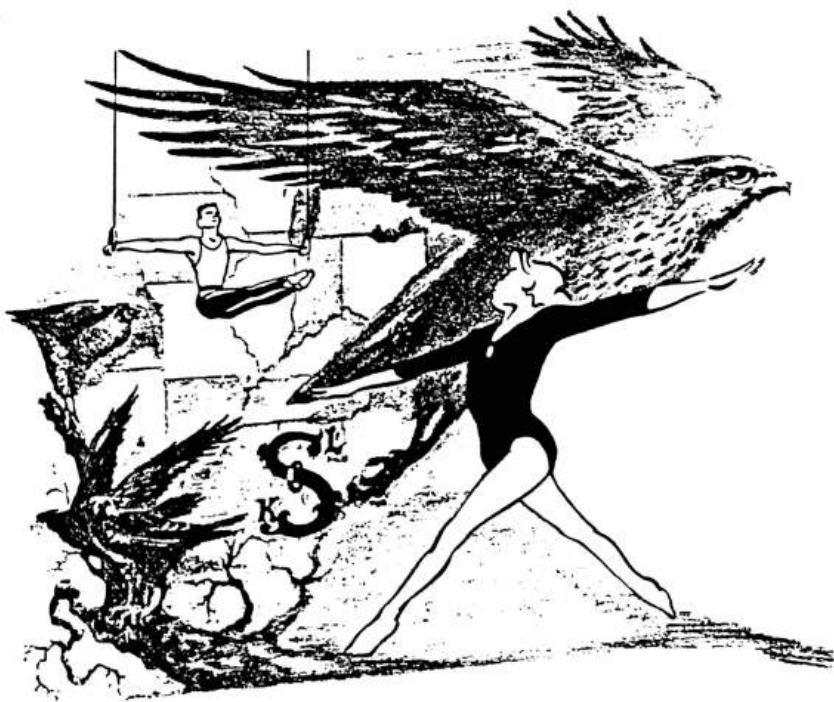
We are looking forward to your participation in our Slet. With our heartiest Sokol greeting,

NA ZDAR!

AMERICAN SOKOL ORGANIZATION

*Charles R. Borvansky, President
1993 Slet Co-Chairman*

*Jackie M. Kourim, I Vice-President
1993 Slet Co-Chairman*



SOKOL Soars

XVIII AMERICAN SOKOL SLET

American Sokol

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at the A.S.O. Office, 7:30 p.m.

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EDITOR - PATRICIA SATEK

1922 S. 57th Avenue, Cicero, IL 60650-2143
708-863-7978

Copy for publication must be received by the
10th of the month prior to published month.

CALENDAR of EVENTS

SEPTEMBER

- 6 Sokol South Omaha Family Picnic at Sokol Park
- 13 Sokol Minnesota Czechoslovak Day
- 13 Sokol Detroit Grape Festival at Sokol Camp, So. Lyon, MI
- 25 Sokol Minnesota Pot Luck Supper
- 27 Sokol South Omaha Czech Festival - Grand Opening of Newly Expanded Sokol South Omaha Czech Museum

OCTOBER

- 11 Houby Parade - All Central District Units Participating
- 11 Sokol Minnesota Pork Dinner
- 17 Sokol Baltimore Vinobrani
- 18 Sokol Greater Cleveland Night In Old Bohemia Benefit

OCTOBER

- 18 Sokol Baltimore Czech Ethnic Festival
- 23 Sokol Detroit Ho-Down Square Dance
- 23-25 District Directors' Conference, Detroit, MI
- 24 Sokol Minnesota Harvest Dance
- 25 Sokolice South Omaha Craft Festival & Pancake Breakfast

SPECIAL ANNIVERSARY DATES

- October 2-4 Sokol New York 125th Anniversary
- October 24 Sokol Berwyn Reunion
- November 15 Delnický Americký Sokol 100th Anniv.
- November 21 Sokol Stickney 65th Anniversary

ASO Benefit honoring Sen. Judy Baar Topinka ~ October 23
(See Page 7.)

A.S.O. FAX: 708-795-0539

Our Sokol Credo

*To build a healthy and beautiful human body,
To cultivate a harmonious and total person,
To develop firm character, a well-rounded disposition and
A love of truth and justice;
To produce strong, lovely and honorable people,
That is the goal of a Sokol education.*



*"Zdravé a krásné lidské tělo — souladné vypěstění celého člověka,
povahy ucelené, neoblomné, pravdymilovné a spravedlivé —
lidé silní, krásní a dobří — to je cíl sokolské výchovy."*

From Your Editor...

We at the A.S.O. have already been diligently working for months on the many aspects involved in presenting a Sokol Slet. It hardly seems possible that there are only precious few months left before our hard work will become the living, breathing Slet. We hope your anticipation of the many events

matches ours and that you and your families and friends will be present in Chicago to see first-hand the results of our efforts.

NA ZDARI!
Sis. Patricia Satek
1922 S. 57th Avenue
Cicero, IL 60650-2143

*Loyal and efficient work
in a great cause, even
though it may not be
immediately recognized,
ultimately bears fruit.*

♦ Jawaharlal Nehru

In ten short months, Sokols will be "soaring" into the Chicagoland area to participate in the XVIII Slet of the American Sokol Organization. From the four corners of the USA, north from Canada, Europe and, for the first time in over 45 years, from a free Czechoslovakia, they will bring with them the aims and goals of past family generations of Sokols. Also bringing with them the pride of participation in a unique event, a NATIONAL SLET! Participation by the young and for the young at heart. On behalf of the Executive Board, the 1993 Slet Committee, the Central District and Slet Co-Chairman Sis. Jackie Kourim, we extend a cordial invitation to all our Sokol Brothers and Sisters to join us in renewing old and creating new Sokol memories. From June 23 through June 27, 1993, *SOKOLS WILL SOAR* in the Chicagoland area of the Central District!

Old and New Events to Highlight 1993 ASO Slet in Chicago Area

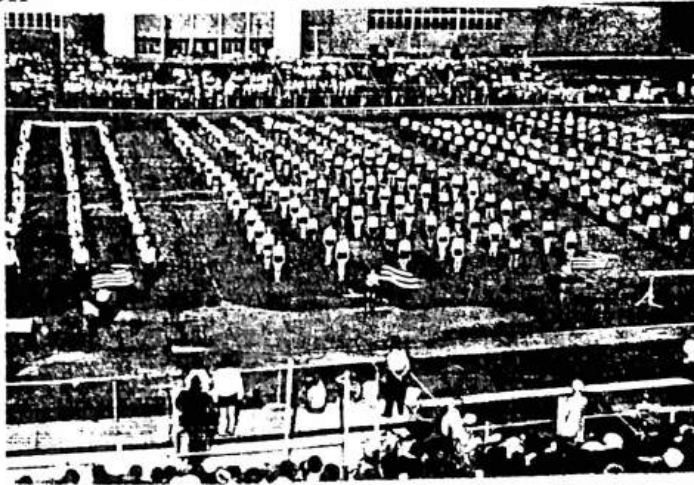
For the first time ever in an A.S.O. Slet, we will be offering Children's Gymnastic Competition and a totally new competition, Team Marching, along with the many tried and true Slet activities!

Children's Gymnastic Competition

Children's Competitions in both Indianapolis, 1991 and Toronto, 1992 were very well received and inspired us to include one in our '93 Slet. This competition is open to children aged 10-11. Girls will be using USGF Levels 2 and 4 routines and boys will be using specially composed routines. Gymnasts will compete against a target score instead of other gymnasts and all participants will receive awards. Precise guidelines will be included in the upcoming Slet manual. It is our hope that this competition will help peak interest in the Sokol program in our young gymnasts and their parents, so they will continue with us through Juniors and beyond.

Team Marching Competition

This innovative competition is for those of you out there who have the desire, though perhaps not the physical ability, to take part in the Slet on a competitive level. Teams participating in this competition may



be any combination of 6 men and women who are NOT participating competitively in any other event at the Slet. There are two age divisions, under 35 and 35 and over, with the age of the youngest team member being the determining factor. Your unit will be supplied with the *official* Marching Competition music and it will be up to you to compose your own routine and perform it for the

judges at the Slet. Specific guidelines will be included in the upcoming Slet manual. This competition promises to be challenging, interesting and FUN!

And Don't Forget...

Opening Ceremonies will feature Special Number Exhibition. There'll be Artistic and Rhythmic Gymnastic Competitions, including Championship Division and Elite Rhythmic, plus Volleyball! Evenings you can enjoy the Slet Banquet, Teen Dance, Awards Ceremony, Concert and (tentatively) Beach Party. Slet day will include the majestic Parade of Units, Folk Dance, Apparatus Performance, Relay Race, Hoop Drill and Calisthenics! Committees have been hard at work for months already to assure an enjoyable event, so don't miss it!

Start making your plans NOW to travel to Chicago June 23-27, 1993 for the XVIII American Sokol Slet! Chicago's a great city to visit. Watch future issues for sights to see while you're here!

FUTURE SOKOL LEADERS FUND

Purpose: To train and educate young people to assure able administrators, the best of idealistic instructors and educational directors for Sokol Units and Districts.

From Blanche Kos, Sokolice Tabor, In Memory of Vaclav "James" Bastar	\$5.00
From Sokol/Sokolice Racine	\$65.00
In Memory of Annie Marie Ulehla, Sokol Belcamp, from Sokol Belcamp	\$25.00
In Memory of Anton Krejci, Jr., Sokol Omaha, from Joe & Blanche Masek	\$25.00
In Memory of Jeannette Berquist, Sokol Town of Lake:	
From Charles & Irene Ruzicka	\$25.00
From Don & Gerry Coates & Family	\$25.00
From Sokol Town of Lake	\$25.00
From Agnes D. Sotka	\$10.00

LIBRARY & ARCHIVES FUND

From Sokol Fort Worth	\$15.96
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GUEST SPEAKER

Bro. Vladislav Slavik, Sokol New York

Next year, in the last week of June 1993, we all travel to Chicago to take part in a grand celebration, our own **American Sokol Slet**. No other Slet on our continent may boast a larger number of participants or spectators. Only around Chicago do we find the largest concentration of Americans of Czech and Slovak origin. Consequently, it comes as no great surprise that by far the largest Sokol District is located right there.

It takes a certain know-how to run a Sokol Slet. Although we have many skilled Sokols scattered among all our Districts, the Central District can pride itself with the most skilled and numerous group of experienced Sokol workers who are able to run a festival, perhaps a true Sokol gathering of Sokols from all parts of the country and Canada. Additionally, this will be the first time since 1947 that Sokol guests

from Czechoslovakia will join us in our great celebration.

Furthermore, to satisfy us all, young and old, the National Slet of the A.S.O. is planned in such a way that it will allow visitors to see all Sokol activities as well as all the cultural and eye-opening places of Chicago. How many cities can pride themselves with a "Loop" around the city and a magnificent skyline, equally as breathtaking when viewed from land or from a boat on Lake Michigan? What an experience to climb, mostly with the help of elevators, the tallest building in the world, or perhaps meditate at the statue of Karel Havlicek in Douglas Park. A nostalgic walk along Cermak Road, with its Czech stores, bakeries, butchers and restaurants will recall our younger days, even the Slets of the past under the almost ancient columns of Soldiers Field, Chicago

Sokol Halls, Pilsen Park and other places of our Sokol history.

Yet, hundreds of young Sokols will quickly bring us back to reality. Sure, there will be an exposition of the American Sokol, dealing mostly with our past times, but hundreds of young faces, noisy hallways, overcrowded swimming pools in our hotels will remind us that there is a future. And in the end, that's the main purpose of a Sokol Slet. It is a place where our young Sokols will test each other in many sport competitions. They will demonstrate their determination to stand up and be measured. Besides competing and doing their calisthenics, they will find time to forge brotherly and sisterly ties that often last a lifetime. No doubt that this is what Tyrs and Fuegner had in mind when they dreamed of Sokol future.

Another GREAT Sokol Hall!



Sokol Cultural Center, Home of Sokol Detroit, Dearborn Hts., Michigan

Sokol has been a way of life for families of Czechoslovak heritage in the Detroit area for over one hundred years. In 1875, twelve enthusiastic new Americans founded the first physical cultural Unit Sokol Detroit. By 1878, the first Sokol Hall in Detroit was built. In September, 1881, Sokol Detroit merged with the fraternal organization "Budivoj" and became Sokol Budivoj. A second Sokol unit, Sokol Podipny, was founded in 1889. It was at Sokol Podipny that the women first organized a circle of ladies and girls to "care for the spiritual and physical well being of our youth..." By 1909, a new wave of immigrants founded a third Sokol Unit, Sokol Palacky. By 1914, Sokol Podipny had outgrown its original home and built a new Czech National Hall which became the center of all cultural and gymnastic activities for Czech-Americans in the Detroit area for fifty years. These three Sokol Units, Sokol Budivoj, Sokol Podipny and Sokol Palacky, merged in 1917 into one large Unit, known to this day as Sokol Detroit.

The women's group joined the American Sokol Organization in July, 1920, under the name lodge Sokolky Detroit. In 1931, the name was changed to Lodge Sokolice Detroit and, in 1965, to its present Sokol Detroit Ladies Auxiliary. Members of both Sokol and Sokolice Detroit worked together to purchase twenty acres of land on Sandy Bottom Lake near South Lyon in 1934 for use as a summer camp. Many years of hard work have gone into making this one of the finest private recreation camps in Michigan. In 1962, the Czech National Hall was sold, a parcel of land was purchased in the city of Dearborn Heights and a new Sokol Hall was built, being dedicated in 1967 as the Sokol Cultural Center. On September 6, 1990, the members of both Units Sokol Detroit and Sokol Detroit Ladies Auxiliary voted by an overwhelming majority to merge and become one Unit.

Edited from Information submitted by Bro. Louis B. Teichman. Editor's Note: Sokol Detroit is hosting the 1992 District Directors' Conference this coming October.

GUEST SPEAKER

Bro. Rob Newcomer, Sokol St. Louis

With pride, I write to all of the girls and boys who participated in the 1992 Central District Slet competitions. I had the pleasure of judging high bar during the boys' competition. Although it was a very long day, I came back to St. Louis that night on a "gymnastics high" that I hadn't felt in many years. Paul Lat had me actually feeling like I wanted to compete next year at the National Slet.

I know these competitions seem like a little thing to some of our readers. I also know that the thought of me competing brought a chuckle from those who know me and the shape I'm in. Though I doubt I will find the energy to get back into shape to compete next year, I want to let you know that the energy was there during the trip home from Chicago.

I saw in your eyes something I felt a long time ago. Scared... Worried... How will I get through this routine??? I wish I would have practiced more...

Then, after each routine is over, a different look was in your eyes. I'm glad that one is over... Which one is next??? The bar, the rings??? It's over???

Participating in Sokol Slet competitions was a big part of my life and I hope all of you appreciate what you've accomplished. I know you have made your parents proud. On behalf of the Sokol St. Louis B.O.I., I'm honored to be the one to let you know how proud we are of you and to thank you for representing Sokol St. Louis so well.

And to all of you who weren't able to participate this year, don't be disappointed, NEXT YEAR IS THE BIG ONE!!!

Report from the Executive Director

Sis. Lynda Filipello _____

This next summer will mark the XVIII National Slet of the American Sokol Organization. These "gatherings of falcons" are always marked by an increase in activity from the Unit through the National levels. This increase in activity carries with it added responsibility from the Assistant Instructor through to the President.

The Administrative and Board of Instructors staff will be pressed for many, many details, such as competition routines, reservation information, uniform orders, banquet seating, souvenir orders, area maps, chaperone information, etc., etc. In the midst of all this, we must continue to operate "business as usual." We hope each of you will add to the festivities of the XVIII Slet by reading the material in this publication and other material that will be mailed to your Units, the officers and membership, so that this Slet will be a success through the most well-informed membership.

Our programs continue to be in need of financial assistance, too. This Slet will end as the National Instructors' Course begins. We have a goal to have 100 students enrolled in the 1993 Course and this can happen if we receive financial assistance for each Unit to send their best instructor candidates to these extensive 10-day beginner, intermediate and advanced classes. The course will be conducted in Naperville, IL, under the combined efforts of the National Offices, the Central District and Bro. Bud Benak of the Western District. Contributions should be made to the Future Leaders Fund and noted specifically for the Instructors' School

A list has been developed for a Sponsorship Program for the Slet activities. If you know of any Corporations (small businesses included) or individuals who are enthused about physical fitness and leadership programs, please write or call me, so that I can contact them. Some items that could be donated, or funds for their purchase, are: identification badges (1500), awards (trophies and ribbons) for competitors, volleyballs, T-shirts, refreshments, relay race batons, printing and mailing costs, etc.

Individual contributions are also appreciated. At the XVII Slet, Sokol Havlicek-Tyrs donated \$15.00 to each competitor (through their unit) from the Central District to use as spending money at their own discretion. The competitors were aware that this Unit, although without a gymnastics program of their own, was still concerned about the future of the Sokols!

My concern is the future of all the Sokols. Let us work together to build a better Sokol Spirit today, so that tomorrow we will be a high-spirited American Sokol!

Nazdar! Lynda Filipello

4401 Fender, Lisle, IL 60532 ~ 708-355-2572

❖ MEMORIAM ❖

Sis. Annie Marie Ulehla, 77, a member of Sokol Belcamp, Maryland, died August 1, 1992. A native of Czechoslovakia, Sis. Ulehla was a charter member of Sokol Belcamp. She was very devoted to Sokol and always worked with great love and enthusiasm wherever necessary and attended meetings regularly. All members of Sokol Belcamp will have only the best memories of her and will miss her greatly.

*~Edited from information submitted by
Tom Dolina and Jerry F. Valcik*

Unit ID Ribbons

Does everyone from your Unit have an Identification Ribbon to wear for the 1993 Slet? They are available from the ASO Office at a cost \$1.25 each and must be ordered in groups of 25 from each unit. Shipping and handling will be extra. Allow at least 8 weeks to have them printed. **DON'T WAIT UNTIL THE LAST MINUTE TO ORDER!**

**Keep Fit,
Join Sokol!
Sign up for
classes at
your local
Sokol Unit
TODAY!**



AMERICAN SOKOL ORGANIZATION

GYMNAST

SEPTEMBER 1992

Editor: Frank H. Michalek — 10 S. 020 Lorraine Dr., Hinsdale, Illinois 60521



ASO INSTRUCTORS' SCHOOL

Sokol South Omaha • July 16-26, 1992

Front Row: Instructors - Bro. Brian Pracko, Bro. Buddy Benak, Bro. Bud Benak, Sis. Sandy Benak (Secy.),
Sis. Mary Panackia, Sis. Patricia Satek, Bro. Frank Michalek, Bro. Peter Lattanzio, Bro. Bob Liptak

2nd Row: Elizabeth Fonfara, Willow Kotlan, Petra Safarova, Lisa Kohl, Theresa Fonfara, Kelly Gerwig,
Rachel Chura, Anne Felner, Nicole Welebir.

3rd Row: Amy Simon, Annie Birkicht, Amy Swain, Lea Ryssemus, Becky Proskocil, Sarah Budge,
Erika Nakonecznyj, Sue Hengl, Megan Clement, Jill Witzel.

4th Row: Jessica Radl, Karen Blaumueller, Kim Schhriner, Kandi Ondrovic, Anny Moravec, Sue Davis,
Jennifer Zyla, Lisa Zeman, Nadia Nakonecznyj, Betsy Sokol, Kristy Zeman, Jacquie Ravnic, Sara Bujak.

Top Row: Beckie Jans, Kara Selk, John Mooney, Jonathan Hoffman, Shawn Kaluza, Gavin Perry,
Jeremy Dostal, Henry Ko, Frank Felner, Bryan Smisek, Tricia Zeman, Amy Durr, Ellen Dorn.

The 1992 ASO Instructors' School was well represented by ASO Sokol Units South Omaha, Crete, West, Cedar Rapids, Milwaukee, Slavsky, West Suburban, Naperville, Berwyn, Washington DC, San Francisco, Ceska Sin, Detroit, Fresno and Dallas, as well as D.A. Sokol and Sokol USA. The students and instructors spent an intensive 10 days "learning the ropes" of Sokol instructing. Just a sampling of their work included Sokol History, Folk Dancing, Calisthenics & Apparatus Terminology, First Aid, Games, Progressions & Spotting, Marching Tactics, Rhythmics, Pyramids, Biomechanics and Special Numbers. Anyone interested in becoming a Sokol instructor should make plans now to attend the next ASO Instructors' School to be held in the Chicago area immediately following the 1993 Slet.

SOUTHERN DISTRICT SLET

June 5, 6, and 7, 1992

Fort Worth, Texas

Our 1992 Southern District Sokol Slet was hosted by Sokol Fort Worth. All Competitions were held at Boswell High School, near the Sokol. The awards dance on Saturday and the volleyball championships on Sunday were held at Sokol Fort Worth.

The Slet began with opening ceremonies preceding the optional competitions on Friday evening, June 5th. Competitions were held in both the men's and women's department. Competitors in the women's department were divided into two groups — Level II-IV competitors and Level V and over competitors. All-around awards and awards on individual apparatus were presented at the end of the evening.

Saturday was a busy day with compulsory competitions for all age groups, by level for the women's department and class for the men's department. There were competitors in Levels II through VII in the women's department, and Class VI through III in the men's department. USGF certified judges were used for all events with the exception of calisthenics and marching for the girls. Field events and Slet rehearsals were held in the early afternoon.

The Slet exhibition at 5:30 P.M. was held in the Boswell High School gymnasium. Master of Ceremonies was Bro. Larry Laznovsky, President of the Southern District. Bro. Jerry Milan made a presentation dedicating the Slet to "Our Youth". Musical accompaniment for the program was provided by the Dallas Czech Concert Orchestra. Sis. Lynda Filipello, Executive Director of the American Sokol Organization, and her husband, Bro. Angelo, were guests of the District. Sis. Lynda spoke regarding her duties which are primarily fund raising for the organization.

The Slet program included calisthenics by the tots, children, juniors, and seniors. Calisthenic authors were recognized as Bro. Jerry Sijansky, Corpus Christi, Tots calisthenics; Sokol Houston — Children Calisthenics; Junior Calisthenics — Sis. Pat Satek, Central District (Southern District testing for the 1993 ASO Slet); and Senior Calisthenics — Sisters Lil Laznovsky, Lisa Laznovsky, and Laurie Southwell (Southern District testing for the 1993 ASO Slet).

The annual Relay race between units was won by Sokol Fort Worth. Apparatus performances were shown by all classes. Special numbers were presented by Sokol Houston and Sokol Fort Worth. The Sokol Fort Worth

number won the competition. There was a special presentation for the American Sokol special number to be presented at the Canadian Slet in Toronto. The number, composed by Bro. and Sis. Halik of the Central District, was prepared for the National Slet in Omaha, and has since been performed as an American Special Number at the 1990 Slet in Paris, France, and the 1990 Exhibition in Prague, Czechoslovakia.

The Slet program concluded with "God Bless America".

Sokol Fort Worth won the Slet volleyball championship on Sunday.

Nazdar!

Sylvia Laznovsky

Director of Women

Compulsory Competition Results:

Level 2, Age 9 and under:

45 competitors

1. Mary Beth Diggs, Ennis
2. Stephanie Langer, Ennis
3. Tiffany Jagers, Houston
4. Kristyn Rollins, Ft. Worth
5. Crystal Lehoski, Houston

Teams:

11 teams

1. Ennis, Team 1
2. Houston, Team 1
3. Ft. Worth, Team 1
4. Ft. Worth, Team 1
5. Corpus Christi

Level 2, Age 10-12

1. Jennifer Way, Houston
2. Lauren Scroggins, Ft. Worth
3. Danae Crumb, Ft. Worth
4. Kelly Sims, Dallas
5. Amanda Mackay, Houston

Teams

1. Ft. Worth
2. Houston, Team 1
3. Dallas
4. Houston, Team 2

Level 2, Age 12-14 (Juniors)

1. Andrea Williams, Houston
2. Amber Kiwan, Houston
3. Kristen Way, Houston

Team: Houston

Level 2, Age 15-18 (Juniors)

1. Stephanie Rebeck, Corpus Christi
2. Heather Smith, West

Bring a Friend to Sokol

Level 2, 18 and over (Women)

1. Laurie Southwell, Ennis
2. Jessica O'Bannon, Ennis
3. Tracey Kelley, Ennis

Teams:

1. Ennis Team 2
2. Ennis Team 1

Level 4, 9 and Under:

1. Elizabeth Raines, Houston
2. Jill Westcott, Ft. Worth
3. Michelle Humphries, Ennis
4. Rachael Kudrna, Ennis
5. Lindsey Legate, Ft. Worth

Teams:

1. Ft. Worth Team 1
2. Ennis
3. Ft. Worth Team 2
4. West

Level 4, Ages 10-12:

1. Sharon Hegwood, Ft. Worth
2. Kim Anderson, Houston
3. Ann Hutyra, West

Team: Ft. Worth

Level 4, Ages 12-14 (Juniors):

1. Amy Cilny, Houston
2. April Arnold, Ft. Worth
3. Crystal Schurg, Ft. Worth

Level 5, Ages 9 and Under:

1. Adrienne Vasquez, Ennis
2. Sarah Horton, West

Level V, Ages 10-12

1. Janie Moravec, West
2. Briana Gerik, West
3. Rachael Smisek, Dallas
4. Judith Sheridan, Corpus Christi

Level V, Ages 12-14 (Juniors):

1. Tiffany Dlabaj, Ennis
2. Amanda Hopkins, Ft. Worth
3. Laura Stark, Corpus Christi
4. Crystal Hoyt, Ft. Worth

Level V, Ages 15-18 (Juniors):

1. Taylor Killens, Ennis
2. Heather Larson, Ennis
3. Jana Langham, Ennis
4. Ginny Dowdy, Ennis

Team: Ennis

Level V, 18 and Over (Women):

1. Kim Oates, Ennis

Level VI, Ages 12-14 (Juniors):

1. Bethaney Larson, Ennis
2. Penny Cox, West

Level VII, Ages 12-14 (Juniors):

1. Kandy Cox, West

Class 6, 9 and Under:

1. Tom Weatherford, Dallas

Class 5, 9 and Under:

1. Stephen Vogel, Dallas
2. Benjamin Lehoski, Houston
3. Jonathan Sorenson, Ennis
4. Brian Sheridan, Corpus Christi
5. Britt Craig, West

Teams:

1. Houston
2. West

Class 5, 10-12 Ages:

1. Shawn Johnson, Dallas
2. Eric Renteria, Ft. Worth
3. Paul Liska, Ennis

Team: Ennis

Class 5, Ages 12-14 (Juniors):

1. Jason Macalik, Ennis

Class 4, Ages 10-12:

1. Bryan Westcott, Ft. Worth
2. Shawn Austin, Ft. Worth
3. Rob Allen, Ft. Worth
4. Scott Chladek, Houston

Team: Ft. Worth

Class 4, Ages 12-14 (Juniors):

1. Chris Heitmiller, West
2. Kenneth Anderson, Houston

Class 4, Ages 15-18 (Juniors):

1. Jacob Trayham, Ft. Worth

Class 4, Ages 18 and Over (Men):

1. Rome Milan, Ft. Worth

Class 3, Ages 15-18 (Juniors):

1. Kevin Bates, Ft. Worth
2. Zach Restad, Ft. Worth
3. David Hofer, Ft. Worth

Team: Ft. Worth

Class 2, 18 and Over (Men):

1. Jesse Trayham, Ft. Worth
2. Jimmy Averitte, Ft. Worth



PROMOTE SOKOL



WOMEN - YOUR BODIES NEED MASTERS II

If you are 50 or over, you probably feel you're too old to compete at the 1993 American Sokol Slet in Chicago next June. Some of your thoughts might be:

What if I fall from the uneven bars?
Horse vaulting is unsafe for a woman my age.
Forward rolls make me dizzy.
I already participated in my share of competitions.
I've never competed before -- why now?
And on and on.

The 1993 Women's Masters II Division competition exercises were written to dispel all the above thoughts/fears. The events will include:

Rhythmic Wand
Pommel (side) Horse
Low Balance Beam
Floor Exercise which excludes rolls and cartwheels
Calisthenics

The exercises were created **FOR the 50 and over woman BY 50 and over women**. These exercises are to be used as a fitness challenge as you prepare each week for competitions. **Get fit and keep fit** with each stretch, reach, support, step, bend, and balance!

A few of the other benefits will include the strengthening of Sokol Spirit, a feeling of belonging, and sharing a challenging, common goal with Sokol sisters, not just in your own immediate class, but across the nation.

Women, when you get back to your gym class the Fall Tell your instructor,

"We Want Masters II"

Note: Video tapes of the Masters II routines will be available to help you.

Submitted by Dolly Baca and Georgia Jencik
Sokol Greater Cleveland

The American Sokol Organization

presents

A benefit Honoring

SENATOR JUDY BAAR TOPINKA

Illinois 22nd District

"The Senator We Call Judy"

All proceeds to Benefit

The American Sokol Programs

Friday, October 23, 1992

The Lexington House

7717 W. 95th Street - Hickory Hills, IL

Entertainment and Dancing

Franz Benteler and the Royal Strings

6:30 Cocktails - Dinner 7:30

Flaming Prime Rib

\$100.00 per Person

The American Sokol Organization has taken a giant step forward in recognizing our organization's responsibility to our members and their children. We need to expand and develop our present programs for our units to serve our members and the community. We have been providing quality physical fitness programs for over 126 years in this community. This benefit will help to fund our existing programs and future programs. This banquet will also serve as a kick-off for our National Gymnastic and Cultural Festival to be held in the Chicagoland area of Berwyn and Naperville, Illinois, June 23-27, 1993.

When Senator Topinka was asked to be our first honoree, she readily accepted. Judy recently was awarded the Patrick Henry Freedom Medal, the first Illinois recipient in five years. Since 1984, she has represented the values of the people in the 22nd District with energy, intelligence, fiscal responsibility and just plain hard work. Her knowledge of health care issues has made her nationally respected in the field.

Franz Benteler is a celebrated master violinist who entertains dignitaries and people from all walks of life around the world and he has assembled a select group of musicians for this special evening. We hope you will all join with us on October 23 for an elegant and warm-hearted evening with Judy, her many friends, sports figures from the Chicago area, dignitaries and guests from all over the country.

Charles Borvansky, President Lynda Filipello, Executive Director

For information, call 708-717-1631/708-795-6671.

THE VOICE

Reader Quips, Comments & Queries

I just read the American Sokol magazine from cover to cover - I think it's great and you have done a wonderful job. It's especially great for old-timers like me who are no longer familiar with the technical gymnastic terms, yet, you have plenty of interesting reading for the young set.

~ Millie Bruno,
Sokol West Suburban

Thank you for the excellent arrangement of the Sokol Dancers' picture and article in the June issue. Your efforts are greatly appreciated.

~ Sokol Greater Cleveland
Czech Folk Dancers

Wishing you continued success!

~ Sylvia Laznovsky,
Ennis, TX

Am one of many I'm sure that looks forward to the American Sokol.

~ Blanche Delask,
Cashton, WI

Congrats on your first issues!

~ Blanche Kos,
Forest Park, IL

... I think the new American Sokol magazine is super. Keep up the good work. Na Zdar!

~ Jarmila Stemson
Surrey, England

A great, great new look! We like what's in the completely new American Sokol.

~ Jean Stanley,
St. Louis, MO

I like the idea of a Youth Page. Why not request and encourage members to contribute their ideas for their own page, stories, puzzles, games, Sokol related items, etc.?

~ Mary Frances Meier,
Burlingame, CA

CZECHOSLOVAK SOKOL ORGANIZATION (ČOS)

Reported by Bro. Paul Lebloch

During my visit to Prague, I received a written invitation to attend the semi-annual meeting of COS held at Sokol Brno I on May 30, 1992.

I traveled by bus with the officers of COS to Brno. It was great meeting with Bro. Steve Banjak, Director of Men of Sokol USA, who was also in attendance. Bro. Janos, President, asked us to speak to the delegation. I greeted the delegation in Czech on behalf of the American Sokol. I told them that we have remained loyal to the teachings of Tyrs, Fuegner and Masaryk and wished them success in their deliberations. We are looking forward to the XII All Sokol Slet. Bro. Banjak gave a well-prepared greeting in Slovak on behalf of Sokol USA.

COS has over 750 units. Many are enjoying great success and some are having problems, mainly getting their property back. They are confident that the 1994 Slet will be a huge morale booster.

The Slet rehearsals and Slet public performance dates are July 2-10, 1994. There will be two separate programs. Each will be repeated, i.e., Program A on Thursday and Saturday, Program B on Friday and Sunday. Cultural and gymnastic special numbers will also be held at the Prague Exhibition Grounds. The fountain will be programmed to the Suk festive Sokol March "New Horizons."

The new parade uniforms and children's and junior tourist uniforms were modeled. The tourist uniforms are similar to those worn by our Scouts. The old festive uniform with the Garibaldi red shirt remains, with a lighter fabric and modern cut pants, without boots. The regular parade uniform for men and women

is khaki, similar to an airline uniform. Some delegates felt that they would prefer the same parade uniform as worn by the American Sokols.

The upcoming elections were discussed and the possible break-up of Czechoslovakia. It was stated that even if the country splits in two, there would only be one Czechoslovak Sokol Organization and one Sokol brotherhood of Czechs and Slovaks. The COS



issued a proclamation urging all Sokols to vote.

The meeting was well-conducted, with no deviations from the agenda or allotted time schedule.

The president of Sokol Brno I game Bro. Banjak and I a tour of their facility, which has several gymnasiums and an outdoor stadium.

The stadium will be made into an ice rink for hockey and skating. Bro. Banjak asked if this is the only Sokol in Brno? There are 16 other Sokol gymnasiums in the city.

While in Prague, Bro. Dr. Jiri Janos, President of COS, took time from his busy schedule to meet with me. He is a lawyer by profession. COS top priority is getting back their property. He spoke briefly on the meeting COS had with the Czechoslovak Sokol Abroad in Zurich and of the situation in Slovakia.

I also spoke briefly with Bro. Jiri Zizka, Director of Men. He has a son who lives in Philadelphia. He is highly regarded for his organizational abilities.

Bro. Boris Uher, Educational Director, gave me an extensive tour of the gigantic Tyrsuv Dum. Many improvements are being made. The facade is under reconstruction. They plan to take out the tennis courts

and playing field and put in markers for Sokol exhibitions and calisthenics workshops.



The Sokol Hotel is being leased by a British firm for six years. Other firms rent space in Tyrsuv Dum. The Sokol Sport Store, with their own Sokol label, is in operation, along with a Sokol tourist bureau, with money exchange.

There are dormitory facilities for courses. They hope to get back the paintings that were in the Sokol gallery. The property extends to Kampa Park on the Vltava River. There are boat houses for crew racers and also a small theater close to the park which COS plans to renovate and include an outdoor cafe for park visitors.

Sis. Dagmar Evaldova, COS Educational Committee, gave me a tour of her home unit, the historic Sokol Prazky, the first Sokol unit. It is a beautiful facility. This building was given to Sokol by Jindrich Fuegner. It has not been returned to Sokol; unbelievably, Sokol pays rent to hold classes there! It is now being contested in the courts. I observed a 2nd Class Girls' class and greeted a group of Sokol Juniors as they were waiting for their class.

I also toured Sokol Kral Vinohrady in Prague. It is a large facility that won the gold medal at the 1948 Olympic Games for gymnasium architecture. Besides the gymnastic facilities, it has a large weight training facility, swimming pool, steam room and sauna.

I visited the much smaller Sokol Mala Strana, which is a short distance from Tyrsuv Dum. Mala Strana was Masaryk's Sokol Unit. The facade has been repaired and painted and the Sokol falcon once again proudly sits on top of this hall.

Some Sokols who left Czechoslovakia may not be happy with all the developments of the present COS. Though we all would like Sokol to be what it was before World War II, this is not possible. Our own organization is not the same.

Bro. President Vaclav Havel admits in his upcoming book, Summer Meditations, that "the risk (in failing to compromise) can far outweigh the actual significance of good intentions. Moreover," he notes, "one can easily lose touch" with reality "and thus lose the chance of positively influencing it as well."

I personally feel that the COS is in excellent hands. They recognize and are addressing their problems. They realize they are in need of more young leaders. I found the brothers and sisters that I met to be enthusiastic, cheerful and optimistic with a youthful attitude. Several of them referred to themselves as old-young. The beautiful performance of the young COS delegation at the Toronto Slet gives us great hope for the future.

Bro. Larry Laznovsky, President of our Southern District wrote: "Internationally, it seems too hard to believe that after all these years, Communism is no longer controlling the country where our organization originated. The COS is struggling to regain its once proud stature. We reach out in amazement to support, as well as draw from this vast vault of knowledge and history as we look forward to the 1994 Slet in Prague."

Photos accompanying this article are of Sokol Prazky.



DALLAS SOKOLS ASSIST IN HOSTING CZECH SOCCER TEAM

A Czech soccer team, F.C. Zbrojovka, Brno, Czechoslovakia, was invited by American Airlines and Dallas Cup to participate in this year's soccer tournament in Dallas. Dallas and Brno became "Sister Cities" last year. The team of 17 boys, aged 14-16, and their coaches, were housed by members of the Dallas Longhorns Soccer Club and Harvey House Hotel. The Longhorns asked Sokol Zizka, Dallas, to assist them in hosting the team. Sokol Zizka



Czechs cheering them on as they progressed handily through the "Under 16" bracket, defeating the Dallas Longhorns 6-0, Mexico City 11-0 and Greensboro, NC 2-1. In the quarter finals they defeated the Dallas Hornets 5-0. In the exciting semi-final game against LaJolla, CA, considered one of the top teams in the country, the score was tied 0-0 at the end of two overtimes. In a "shoot-out" to determine the winner, Brno was successful and

opened its facilities for the team to use as a meeting place, for workouts, showers and several meals.

On their arrival after a long bus trip from New York City, they were met at midnight on Thursday, April 9 by Sokol President Bob Podhrasky and several other members at Harvey House Hotel. They then spent the rest of the night at Sokol Zizka and practiced the next day on Sokol grounds.

Since Sokol Zizka was used as their "headquarters," the boys and their coaches were served food and beverages several times during their stay, which was made possible through the efforts of Sokol members Bertha Podhrasky and

Jitka Hyneczek and other members of Dallas Czech Organizations. Jitka Hyneczek and her two sons, Robert and Bryan, served as translators for the host families since most of the boys did not speak English. There were many more members of Sokol that were instrumental in making this project a success, too many to name.

As part of the Sister City activities, the team attended a special ceremony at the Dallas City Council Meeting with Mayor Steve Bartlett, at which a Brno Flag was presented to the City of Dallas.

168 soccer teams from 25 countries and 5 continents participated in the tournament. The Brno team was surprised to see so many Texas

advanced to the finals. Their opponent for the Championship was Chicago Pegasus, again one of the strongest teams in the country, and it happened again! Regulation play ended with the score 0-0. At the end of the first period of overtime, the score was still 0-0. With only 3 minutes left, Brno scored twice and were the CHAMPS!

It was hectic but enjoyable week for our Sokol workers and others who helped and was something to be remembered; one of those unplanned events which occur sporadically in one's lifetime which makes life more interesting.

*Reported by: Helen Oates
and Bertha Podhrasky*

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