

american **SOKOL**

Volume CXIV, Number 3

MARCH 1993



T.G. MASARYK

March 7 marks the birth date of Thomas Garrigue Masaryk, a great thinker and a great leader. Professor of philosophy and sociology at Charles University in Prague for more than a generation, he became the liberator and creator of the only real democracy in central and eastern Europe and assumed its presidency at the age of 69. He is one of the prime factors in destroying one of the mightiest and oldest political powers in Europe and after the First World War led his country and Europe through 17 troubled years. During these years of moral and political leadership he probably came closer to being a wise philosopher-ruler than any leader who lived since Plato first set up his high ideal. Although many men seek truths in specialized fields, men like Masaryk who seek it everywhere in their own sake are rare indeed.

From the Congressional Record; Written by Prof. Otakar Machota - Condensed

American Sokol

ISSN: 0003-1259

Published Monthly
(Except Bi-Monthly July/August)
by the

AMERICAN SOKOL ORGANIZATION

6424 West Cermak Road
Berwyn, IL 60402-2386
Telephone: 708-795-6671

Subscription: \$4.00 per Year
2nd Class Postage Paid at Berwyn, IL 60402

POSTMASTER: Send address changes to
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Copy for publication must be received by the
10th of the month prior to published month.

From Your Editor...

This month's issue carries the American Sokol Organization Roster of Officers, a useful reference for all Sokol members, as well as being of historical significance. If your Sokol Unit is not listed, it is because their roster was not received by the requested deadline.

If that is the case, please urge your Unit Secretary to forward the information immediately to the American Sokol Office, Attn: Sis. Nancy Pajeau, Secretary.

NA ZDARI!
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CALENDAR of EVENTS

MARCH

- 11 Red Cross Blood Drive at Sokol South Omaha
- 12 Sokol Naperville Exhibition
- 13 Sokol Tabor Exhibition
- 13 Western District Children's Competition
- 14 Sokol W. Suburban Exhibition
- 20 Sokol Los Angeles St. Joseph Dance - Josefovská
- 20 Sokol Stickney Exhibition
- 21 Sokol Slavsky Exhibition
- 27 Sokol Berwyn Exhibition
- 28 Sokol Minnesota Jaternice Dinner
- 28 Sokol Tabor Pancake Breakfast

APRIL

- 17 Sokol Minnesota Spring Fling
- 17 Sokol Brookfield Exhibition

MAY

- 16 Sokol Minnesota Pancake Breakfast

A.S.O. XVIII SLET
June 23-27, 1993

A.S.O. INSTRUCTORS' COURSE
June 28-July 7, 1993

SPECIAL ANNIVERSARY DATES

- July 24 Sokol Milwaukee 125th Anniversary

A.S.O. FAX: 708-795-0539

Our Sokol Credo

To build a healthy and beautiful human body,
To cultivate a harmonious and total person,
To develop firm character, a well-rounded disposition and
A love of truth and justice;
To produce strong, lovely and honorable people,
That is the goal of a Sokol education.



"Zdravé a krásné lidské tělo — souladné vypěstění celého člověka,
povahy ucelené, neoblomné, pravdymilovné a spravedlivé —
lidé silní, krásní a dobří — to je cíl sokolské výchovy."

*To fill the hour —
that is happiness.*

*❖ Ralph Waldo
Emerson*

XVIII SLET SOUVENIRS!

XVIII American Sokol Slet Souvenirs are already selling briskly. They are AVAILABLE NOW from the ASO Office. Here's a look at the T-Shirt - \$8.00/\$9.00, Sweatshirt - \$12.00/\$13.00 and Patch - \$3.00, as well as an illustration of the Lapel Pin - \$3.00. See ordering instructions in previous issues of "American Sokol."



Sweatshirt/T-Shirt



Embroidered Patch

Lapel Pin Design

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GYMNAST

MARCH 1993



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AMERICAN SOKOL



THE SLET IS COMING.....THE SLET IS COMING LESS THAN 5 MONTHS AND COUNTING

Excitement is really growing now for the upcoming American Sokol Slet, June 23-27th, in the Chicago area. The BOI and the Slet Committee are working harder everyday to prepare sites, facilities, and plans for associated activities. By now, all units should be working on the calisthenics and apparatus exercises, and travel plans should be well underway.

Everyone who was sent a Slet Manual should also have received a Slet survey. It is very important that all units respond to the survey. Competition entries, etc. will only be sent to those units responding to the survey. It is due back by March 4th.

SENIOR GROUP II COED CALISTHENICS TRAINING TAPE

Bro. and Sis. Halik have produced a special training tape for the Slet Senior Group II Coed calisthenics. It breaks down the calisthenics into small parts; each done by count and with music. Sis. Halik does the teaching on the tape. This tape is a must for those instructors needing help and for those individuals wishing to work on the Calisthenics themselves at home without the benefit of an instructor.

The tape is available from the BOI Secretary at the National Office for \$10.

The following changes and corrections to the CALISTHENICS material in the 1993 American Sokol Slet Manual have been identified. This set of changes is designated **"CHANGE SET - B"**. PLEASE UPDATE THE APPROPRIATE MATERIALS IN YOUR SLET MANUAL ACCORDINGLY:

CALISTHENICS FOR JUNIORS

JUNIOR CAL - Page 6 - Measure XIX - BOYS AND GIRLS - Count 1

Change to read:

Halfsquat, sidearm downslant, palms down

JUNIOR CAL - Page 8 - Measure XLII - BOYS ONLY - Count 1

Change to read:

Rise, close L to R, frontarm, palms down

JUNIOR CAL - Page 11 - Measure XIX

Change to read:

1 90° turn L, close L to R, cirlice outward

2 Sidearm

3 Frontarm downslant across, R over L

4 Sidearm

JUNIOR CAL - Page 11 - Measure XXI - Count 2

Change to read:

Close L to R, frontarm downslant across, R over L

CALISTHENICS FOR SENIOR WOMEN

WOMENS CAL - Page 2 - Measure VII - Counts 1-2:

Delete "palm up"; palm should be down

WOMENS CAL - Page 2 - Measure VIII - Counts 1-2:

Delete "palm up"; palm should be down

WOMENS CAL - Page 3 - Measure XI - Counts 1-2:

Delete "palm up"; palm should be down

WOMENS CAL - Page 3 - Measure XII - Counts 1-2:

Delete "palm up"; palm should be down

WOMENS CAL - Page 3 - Measure XV - Counts 1-2

Change "Right rearstep" to "Halfsquat right rearstep"

WOMENS CAL - Page 7 - Measure XLIII-XLIV - Counts 1-4

Change #2 to read:

#2 - 135° turn right with four marching steps in place, beginning left

Change #3 to read:

#3 - 135° turn left with four marching steps in place, beginning left

WOMENS CAL - Page 8 - Measure XLV-XLVI - Counts 1-4

Change #2 to read:

#2 - Four marching steps forward to position behind #1

Change #3 to read:

#3 - Four marching steps forward to position behind #4

CALISTHENICS FOR SENIOR WOMEN – continued**WOMENS CAL - Page 8 - Measure XLVII - Counts 1-2**

Change #1 to read:

#1 - Step left in place, draw right to closeheel stand, closearm

Change #2 to read:

#2 - 135° turn left, step left, draw right to closeheel stand, closearm

Change #3 to read:

#3 - 135° turn right, step left, draw right to closeheel stand, closearm

Change #4 to read:

#4 - Step left in place, draw right to closeheel stand, closearm

WOMENS CAL - Page 15 - Measure I - Count 4

Change #4 to read:

#4 - Dip halfsquat, left forestep across

CALISTHENICS FOR SENIOR MEN**MENS CAL - Page 3 - Measure XV - Counts 1-2**

Change "Right rearstep" to "Halfsquat right rearstep"

MENS CAL - Page 4 - Measure XVIII - Counts 1-4

Change to read:

With 4 steps in place, left, right, left, draw right to closeheel stand - circle downward and closearm

MENS CAL - Page 8 - Measure XLIII-XLIV - Counts 1-4

Change RANKS 1 & 3 - #2 & #4 to read:

#2 & #4 - 135° turn right with four marching steps in place, beginning left

Change RANKS 2 & 4 - #1 & #3 to read:

#1 & #3 - 45° turn left with four marching steps in place, beginning left

MENS CAL - Page 8 - Measure XLV-XLVI - Counts 1-4

Change RANKS 1 & 3 - #2 & #4 to read:

#2 & #4 - Four marching steps forward to position behind #1 & #3 of RANKS 1 & 3

Change RANKS 2 & 4 - #1 & #3 to read:

#1 & #3 - Four marching steps forward to position behind #2 & #4 of RANKS 1 & 3

MENS CAL - Page 8 - Measure XLVII - Counts 1-2

Change RANKS 1 & 3 - #2 & #4 to read:

#2 & #4 - 90° turn left, step left, draw right to closeheel stand, closearm

Change RANKS 2 & 4 - #1 & #3 to read:

#1 & #3 - 90° turn right, step left, draw right to closeheel stand, closearm

MENS CAL - Page 15 - Measure VIII - Counts 1-4

Change to read:

With dip, shift weight to right foretouch - left frontarm, palm down, right reararm

MENS CAL - Page 15 - Measure IX - Counts 1-4

Change to read:

With dip, shift weight to right forestep - with trunk twist, circle downward and closearm

There have been some questions raised concerning the composition of optional exercises for Jr. Girls/Women Championship Division for the 1993 American Sokol Slet. Competition in this division is governed by the 1989 Edition of the FIG Code of Points (green book). All coaches involved with female Championship Division competitors are strongly encouraged to consult this source DIRECTLY (purchaseable from the USGF). Excerpts are provided below to help get started until a copy of the Code of Points can be consulted. **COMPETITION Ib rules apply.**

Article 6

General Remarks Concerning the Compulsory and Optional Exercises

In principle, the compulsory and optional exercises may not be repeated.

Exceptions: Defects in the apparatus, organizational deficiencies, or similar things that occur through no fault of the gymnast.

The repetition of an exercise can only occur by decision of the C-Judge of the respective apparatus; in dubious cases, the Jury of Appeal.

When Competitions Ia and Ib are performed, the optional vault and exercises must be different from the compulsory exercises.

Elements from the compulsory exercise may be executed in the optional exercise, but with other connections before and after the element. Maximally, an original compulsory connection of three elements may be executed in the optional.

If a gymnast shows more than 3 compulsory elements in an original connection, the compulsory mount or compulsory dismount in the optional exercise, then a deduction of 0.30 P. occurs each time.

If the compulsory vault is performed in Competition Ib, II, or III, the vault is invalid.

The compulsory and optional exercises are subject to a prescribed time limit only on the balance beam and floor.

The Assistants begin timing when the gymnast takes off from the springboard, mat, or floor or begins on floor with the first movement of her exercise. They stop the clock, when the gymnast

- lands her balance beam exercise dismount on the floor (mat) or
- ends her floor exercise with the last movement.

If the dismount lands at the sound of the second signal, there is no deduction.

If the dismount lands after the sound of the second signal - deduction: 0.20 P. for exceeding time.

The judges evaluate the entire exercise including the dismount.

Five seconds prior to and at the maximum time limit, a signal will be communicated in each case that the exercise is to be finished.

For interruption in the exercise due to a fall, limited intermediate time periods are fixed. The timing of the intermediate time period begins with the fall. If the intermediate time period during a fall is exceeded, then the exercise is considered terminated. Missing value parts and special requirements will be deducted. The interruption in the exercise is timed separately; it will not be calculated in the total time of the exercise.

After a fall the resumption of the timing begins with the first movement to continue the exercise. First in this moment - with the first movement - is the time interruption (maximum 10 seconds on balance beam, 30 seconds on uneven bars) ended.

A springboard, which may be placed on the prescribed mats, is permitted for mounts (compulsory and optional) on the uneven bars and the balance beam.

Additional supports such as mats, boards, or other objects are not permitted (deduction: 0.5 P.).

The arrival on the springboard is possible out of

- stand
- a running approach
- one element in front of the apparatus

If more than one element before the arrival on the board is performed, the vault is invalid or there is a deduction of 0.20 P. each time at uneven bars and balance beam.

A second run is permitted for the mount at uneven bars and balance beam or horse vault - Ia. If the gymnast on her first attempt has not touched the springboard and the apparatus or not run underneath the apparatus. If she must take on a third run, then she receives a deduction of 0.50 P.

In Competition Ib, II and III on horse vault, a third run is possible under the same conditions. Should a fourth run be necessary, then likewise a deduction of 0.50 P.

In Competition Ib, II or III the same or different optional exercises may be performed.

Article 7

The Evaluation of the Optional Exercises

The optional exercises will be evaluated from 9.60 P on the apparatus - uneven bars, balance beam, and floor; the optional vaults from the value of the vault according to the Table of Vaults.

For special performance on the apparatus - uneven bars, balance beam, and floor - a bonification of a total of 0.40 P. is possible, so that a maximum of 10.00 P. can be reached.

1. Requirements of the Exercise

The evaluation of the exercise occurs based upon the taxation factors formula

- Value Parts (A = 0.20 P., B = 0.40 P., C = 0.60 P., D = 0.80 P.)	3.00 P.
- Bonus Points (bonification)	0.40 P.
- Combination (construction of the exercise)	1.50 P.
- Execution	5.10 P.
Maximum	10.00 P.

1.1 Value Part Requirements (VPR)

Competition Ib	
3A	= 0.60 P.
3B	= 1.20 P.
2C (from this 1 natural C)	= 1.20 P.
3.00 P.	

1.2 Bonus Points (Bonification)

- Originality (elements/connections)	Maximum 0.30 P.
- additional natural D	Maximum 0.10 P.
	Maximum 0.40 P.

1.3 Combination

To be considered in the construction of the exercise:	Maximum 1.50 P.
- progressive distribution of the elements	
- diversified composition through various elements, connections, and value parts	
- space and direction	
- tempo and rhythm.	

1.4 Execution

It includes:	Maximum 5.10 P.
- technique, amplitude and posture	
- exactness of phases during turns around several axes	
- large flight height during acrobatic and gymnastic leaps/jumps, flight elements on uneven bars, dismounts and in the second phase at horse vault	
- sure/steady landings	
- perfectly sure performance.	

The judges must judge the exercise according to the named taxation factors.

2. Directives for the Recognition of the Value Parts

The exercises are composed from elements that possess different difficulty values.

Their values are divided as follows: (see also Article 7.1)

A part = easy part	0.20 P.
B part = part with middle difficulty value	0.40 P.
C part = part with high difficulty value	0.60 P.
D part = part with highest difficulty value	0.80 P.

The Code of Points contains specific apparatus Table of Difficulties (see Article 10 to 13), in which each element is identified by a multi-digit number, whose digits to the right of the decimal point permit the assignment to A, B, C, or D-element recognition.

Examples:	.01 to .29	= A elements
	.30 to .59	= B elements
	.60 to .89	= C elements
	.90 and following	= D elements

The B, C, and D-parts require a specific technical execution.

If such parts are not executed according to the requirements, a lowering of one value part step occurs.

Difficult value parts can replace easier value parts, but not the reverse.

The same elements from B can be recognized two times in an exercise as a value part, if they are preceded or followed by a different connection. If performed the third time, the difficulty value is not considered, but it can serve as a connection for value raising for the following element.

The counting of elements occurs in chronological order.

3. Bonus Points

3.1 A maximum of 0.30 P. will be given for Originality, both for original elements as well as for original connections.

In reference to Originality there are different concepts, for example:

«A thing is original, if it can serve as an example without having had a model»

Referring to artistic gymnastics, we speak of Originality, if new movement forms or newly styled exercise parts or connections are performed, which go beyond the frame of what is considered as known, traditional, or classical.

There are Bonus Points for Originality for:

- an element/connection from C according to the Difficulty Table + 0.10 or + 0.20 P.

3.2 In Competition Ib, II, and III additional natural D will be awarded Maximum + 0.10 P.

D elements or D-connections are movements, which require a special athletic achievement and body control, for example:

- flight elements with or without additional turns in flight
- parts with high movement intensity, coordination, orientation, balance and other qualities

3.3 Directives for Recognition of Bonus Points for Originality and additional natural D.

Bonus Points for original C/D and for additional «natural D» will be given only for good technical presentation.

There is no bonification:

- with a fall on all apparatus
- with an intermediate swing on uneven bars (from 0.25 P.)
- with a medium fault (from 0.25 P.) on balance beam and floor with repetition, also if this element is executed from another connection, preceding or following

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P.O. Box 103
Ennis, TX 75120
214-878-6295

Men's Dir. - Stuart Hamilton
Rte. 5, Box 71A
Ennis, TX 75119
214-875-5915

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817-826-3381
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Rte. 1, Box 495
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817-863-5665

V.P. - Evelyn Cepak
Rte. 1, Box 24A
Abbott, TX 76621
817-826-3544

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Rte. 1, Box 495
Axtell, TX 76624
817-863-5665

Fin. Secy. - Carol Moravec
Rte. 1, Box 495
Axtell, TX 76624
817-863-5665

Treas. - Yvonne Nors
Rte. 2, Box 34A
West, TX 76691
817-826-3574

Ed. Dir. - Raymond Matus
Rte. 2, Box 172
West, TX 76691
817-826-5990

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Axtell, TX 76624
817-863-5665

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Rte. 1, Box 24A
Abbott, TX 76621
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Rte. 1, Box 495
Axtell, TX 76624
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Dallas, TX 75243
214-348-2431

I.V.P. - Jitka Hynecsek
608 Tiffany Tr.
Richardson, TX 75081
214-783-7451

II.V.P. - Jana Lewis
420 Tall Oaks
Richardson, TX 75081
214-783-1140

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Dallas, TX 75243
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11631 Ferguson Road
Dallas, TX 75228
214-613-8078

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Dallas, TX 76691
214-827-9237

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4021 Windsor
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214-272-9285

Men's Dir. - Gerald Johnson
5013 Royalshire Lane
Garland, TX 75042
214-495-1127

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402-731-2923

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402-558-3011

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402-556-7812

Treas. - Jolene Dalton
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Omaha, NE 68107
402-731-2899

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St. Paul, MN 55102
612-222-6448

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St. Paul, MN 55116
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402-731-2665

Men's Dir. - Vojmir Benak
5919 S. 15th Street
Omaha, NE 68107
402-731-2665

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417 3rd Street S.E.
Cedar Rapids, IA 52404
Mtg. - 1st Monday

President - Rhonda Frey
5000 Kesler Rd. N.W.
Cedar Rapids, IA 52405
319-396-4628

I.V.P. - Larry Chmelicek
8850 Deer Park N.E.
Cedar Rapids, IA 52405
319-396-4628

II. V.P. - Rose Marie Vanous
2837 Alderman Rd.
Springville, IA 52336
319-854-6964

Secy. - Jan Dostal
80 22nd Avenue S.W.
Cedar Rapids, IA 52404
319-362-5324

Fin. Secy. - Dick Kittrell
169 Fairview Road
Springville, IA 52336
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Treas. - Dennis Hrabak
1731 Hamilton Street S.W.
Cedar Rapids, IA 52404
319-366-1018

Ed. Dir. - Carol Sindelar
1754 D Avenue N.E.
Cedar Rapids, IA 52402
319-365-1839

Wos./Men's Dir. - Allison Gerber
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Cedar Rapids, IA 52403
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402-826-5367

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Crete, NE 68333
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1705 Ivy
Crete, NE 68333
402-826-3740

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Omaha, NE 68105
402-556-5496

V.P. - Joe Prohaska
3031 S. 38th Avenue
Omaha, NE 68105
402-556-2646

Secy. - Michelle Winger
1011 Denver Street
Bellevue, NE 68005
402-734-3369

Fin. Secy. - Beverly Kilborn
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Omaha, NE 68107
402-731-8301

Treas. - Barb Seefus
1815 Ontario Street
Omaha, NE 68108
402-734-3812

Ed. Dir. - Barb Seefus
1815 Ontario Street
Omaha, NE 68108
402-734-3812

Membership - Joe Prohaska
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Omaha, NE 68105
402-556-2646

Wos. Dir. - Michelle Winger
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Bellevue, NE 68005
402-734-3369

Men's Dir. - Robert Seefus
4340 Marcy Street
Omaha, NE 68105
402-558-8431

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402-731-1065

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4301 Woolworth Ave.
Omaha, NE 68105
402-556-1590

V.P. - Donald Divoky
1503 9th St. North
Bellevue, NE 68005
402-731-8772

Secy. - Charles Svagera
4412 S. 20th Street
Omaha, NE 68107
402-731-4969

Fin. Secy. - Mickey Dalton
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402-731-2899

Treas. - Fred Altic
6218 N. 111th Plz.
Omaha, NE 68164
402-493-7380

Ed. Dir./Men's Dir. -
Vojmir Benak
5919 S. 15th Street
Omaha, NE 68107
402-731-2665

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402-731-1065
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4527 S. 22nd Street
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402-731-5267

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3415 S. 43rd Street
Omaha, NE 68105
402-553-8127

Secy. - Kathy Zyla
7513 S. 52nd Street
Omaha, NE 68157

Fin. Secy. - Doris Ettlin
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Omaha, NE 68107
402-731-3710

Treas. - Jolene Dalton
5240 S. 23 Street
Omaha, NE 68107
402-731-2899

Ed. Dir. - Colleen Kenney
13022 Leavenworth Rd.
Omaha, NE 68154
402-333-0586

Mem. - Valorie Baggenstoss
1514 3rd Avenue
Plattsmouth, NE 68048
402-296-3544

P.R. (Eng.) - Kris Flott
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402-734-1022

Wos. Dir. - Sandra Benak
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Omaha, NE 68107
402-731-2665

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402-821-3219

V.P. - Elmer Hoffman
116 N. School
Wilber, NE 68465
402-821-2445

Secy. - Alice Maryska
RR#2, Box 96
Wilber, NE 68465
402-821-2098

Fin. Secy. - Millie Aksamit
318 E. 3rd
Wilber, NE 68465
402-821-2719

Ed. Dir. - Evelyn Schleis
610 W. 6th
Wilber, NE 68465
402-821-2094

XVIII Slet Hotel Information **June 23-27, 1993 • 5 Days - 4 Nights**

SLET HEADQUARTERS

Oak Brook Marriott Hotel
(225 Rooms Blocked)
1401 W. 22nd Street
Oak Brook, IL 60521-2043
Attn: Mike Wainwright,
Sales Manager
708-573-8555, x6613
FAX: 708-573-9277

Cost per person per night,
including 7% Tax: Single \$95.23,
Double \$47.61, Triple \$31.74,
Quad \$23.80

Area Hotels - NO Blocked Space

NAPERVILLE AREA

Courtyard Marriott - Naperville
1155 East Diehl Road
Naperville, IL 60563
Attn: Michelle Toschak,
Sales Coordinator
708-505-0550

Hampton Inn - Naperville
1087 Diehl Road
Naperville, IL 60563
Attn: Jim Doherty,
Sales Manager
708-505-1400
FAX: 708-505-1416

Naperville Inn
1801 Naper Blvd.
Naperville, IL 60563
Attn: Stacy Miller, Sales Manager
708-505-4900
FAX: 708-505-8239

Hilton - Lisle/Naperville
3003 Corporate West Drive
Lisle, IL 60532
Attn: Meg McArdle,
Sales Manager
708-505-0900
FAX: 708-505-8948

Naperville Travelodge
1617 N. Naper Blvd.
Naperville, IL 60563
708-505-0200

Exel Inn of Naperville
1585 N. Naper Blvd.
Naperville, IL 60563
708-357-0022

Days Inn
1350 E. Ogden Ave.
Naperville, IL 60563
708-369-3600

OAK BROOK AREA

**Ramada Inn -
Oak Brook Terrace**
(Former Holiday Inn)
17W350 22nd Street
Oak Brook Terrace, IL 60181
708-833-3600

Stouffer Oak Brook Hotel
2100 Spring Road
Oak Brook, IL 60521
708-573-2800

Hyatt Regency Oak Brook
1909 Spring Road
Oak Brook, IL 60521
708-573-1234

AREA BETWEEN OAK BROOK AND NAPERVILLE

Radisson Suite Hotel
2111 Butterfield Road
Downers Grove, IL 60515
Attn: Gene Ferry,
Sales Manager
708-971-2000
FAX: 708-971-1021

Embassy Suites Hotel
707 East Butterfield Road
Lombard, IL 60148
Attn: Karen Cassens,
Sales Representative
708-969-7500
FAX: 708-969-8776

Make all reservations directly with the hotel. Remember, the only **BLOCKED SPACE** is at the Slet Headquarters, Marriott Oak Brook. Reserve as **AMERICAN SOKOL GROUP**. When making reservations at any of the other hotels, make sure you ask for Group Rates. These rates are good only when booking at least five rooms. Some hotels have a weekday and weekend rate. If you need any help, contact June Prose at the Sokol Office, 708-795-6671, FAX: 708-795-0539.

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Berwyn, IL 60402-2386

Sokol	Name	New Address	City	Zip

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SOUVENIRS, MEMBERSHIP PINS & KITS**

Educational Materials		Membership Pins and New Member Information Kit	
Sokol and the Sokol Idea	\$2.50	Membership Kit	\$7.50
Our Task, Aim and Goal (By Dr. Tyrs, Sokol Founder)	\$2.50	(Contains Plain Pin, Copy of ASO By-Laws, ASO Tri-Fold, Parliamentary Procedure Booklet, Sokol & the Sokol Idea Booklet, Car Decal)	
Dr. Josef Scheiner (He carried out Tyrs ideas.)	\$2.50	Plain Pin (No Year)	\$5.00
Highlights of Czech History	\$2.50	5, 10, 15, 20-Year Pin	\$13.00
A.S.O. 125th Anniversary Book (History of American Sokol)	\$4.00	25-Year Pin	\$25.00
"Amer. Sokol Sings" Songbook	\$4.00	30, 40-Year Pin	\$8.00
Gymnastics Activities with Hand Apparatus (By Marie Provaznik and Norma Zabka)	\$6.00	35, 45-Year Pin	\$6.25
		50-Year Pin (Gold-Filled)	\$32.00
		55 Years & Over "Citation of Merit"	NO CHARGE
Souvenirs		Etc.	
Sokol Slet Plates	\$22.00	Unit ID Ribbons	\$1.25 Each
Sokol Stick Pin	\$7.00	Must be ordered in groups of 25/Unit. Allow 8 weeks for printing	
Sokol Stadium Cushion	\$4.50	*** All prices are plus shipping. ***	
Sokol Scarf	\$7.50	Please mail orders to: American Sokol Organization 6424 W. Cermak Road • Berwyn, Illinois 60402-2386	
Sokol Bouquet Postcard	.25	Dr. Miroslav Tyrs Bronze Bust \$1,450.00 + Shipping (Weight = 100-115 lbs.)	
Sokol Charm	\$3.00		
Sokol Stud	\$2.00		
Board of Instructors			
Gymnastic Skills Patches	\$1.25		
Gymnastic Skills Bars	.75		
Tots' Ribbon	.50		
Tots' Skills Program Package	\$15.00		
Girls' Skills Program Package	\$28.00		
Boys' Skills Program Package	\$15.00		



The Sokol Educator

Bro. Paul C. Lebloch, A.S.O. Educational Director

XVIII American Sokol Slet Art Contest

**THEME: Sokol - Sokol Gymnastics
- Sokol Physical Culture**

Contest is open to American Sokol Organization members, juniors and children, and members of guest Sokol organizations participating in the Slet.

- Category 1 - 1st Class Ages 6-9
- Category 2 - 2nd Class Ages 10-2
- Category 3 - Juniors Ages 12-16
- Category 4 - Seniors Ages 17 & Up

Any original drawing with the above mentioned Sokol theme may be entered. Size of finished artwork is to be no smaller than 8"x11" and no larger than 18"x24".

The following materials may be used: colored pencils, crayons, water colors, poster paints, ink, oil, acrylics, collage or sculpture.

**Entries are due no later than:
June 1, 1993**

Include your name, address, phone number, age and Sokol Unit name.

Send entries to this address:

American Sokol Organization
6424 Cermak Road
Berwyn, Illinois 60402
ATTN: Educational Committee

No more than one entry per contestant will be accepted. Judges reserve the right to accept or reject any entry. Winners will be announced during the Slet. Awards will be Slet medals. Works will be returned, if requested. The American Sokol Organization reserves the rights to photograph or reproduce the entries for whatever use they wish.

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