

american SOKOL

Volume CXIV, Number 9

SEPTEMBER 1993

V SENTIMENTALNIM MLADI

Josef Svatopluk Machar

V sentimentalnim mladi milovali
jsme podzimky a zlutyh listu pad,
a sede mlhy, které napadaly
pustnouchich do zahrad.

A ted' ma clovek rad
to velke slunce, jez se v obzor vali
v glorii blesku, rad dnu zhavych rad,
zem szihanou, jez pod nohama pali.

Kdyz podzimек ted' slzny krajem tahne,
mha spinava kdy vsude rozlozena,
naladu ocistce kde nese kazdy z dnu, –

po zlatem vine ruka rada sahne;
v nem je ta zare slunce uzavrena,
zar cervence a blaho letnich snu!

AUTUMN SONNET

Translated by Paul Selver

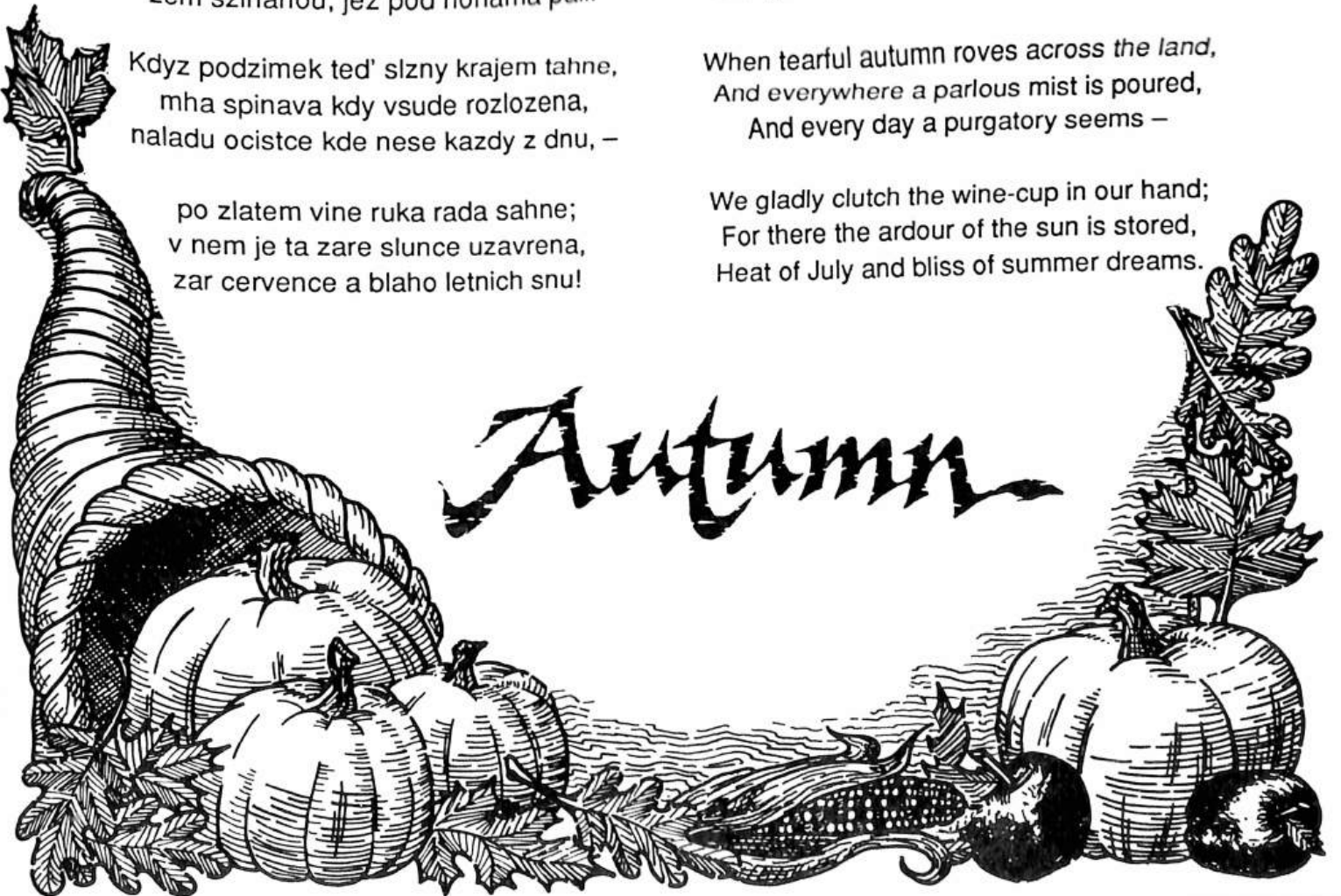
We in our sentimental salad-days
Loved autumn, and the leafage drooping sere,
And the descent of misty greys
On gardens growing drear.

But now these things to man are dear:
The mighty sun, that on the skyline sways
In glory; and the days in warm career,
The glow of earth beneath his feet ablaze.

When tearful autumn roves across the land,
And everywhere a parlous mist is poured,
And every day a purgatory seems –

We gladly clutch the wine-cup in our hand;
For there the ardour of the sun is stored,
Heat of July and bliss of summer dreams.

Autumn



American Sokol

ISSN: 0003-1259

Published Monthly
(Except Bi-Monthly July/August)

by the

AMERICAN SOKOL ORGANIZATION

6424 West Cermak Road
Berwyn, IL 60402-2386
Telephone: 708-795-6671

Subscription: \$4.00 per Year

2nd Class Postage Paid at Berwyn, IL 60402

POSTMASTER: Send address changes to
American Sokol, 6424 W Cermak Road,
Berwyn, IL 60402-2386

BOARD OF GOVERNORS

Joseph Zelenka	Charles Borvansky
Vladislav Slavik	Jackie Kourim
Roger Martanovic	Nancy Pajeau
Larry Laznovsky	Patricia Wojcik
Ann Basta	June Pros
Gary Masek	Lynda Filipello

EXECUTIVE BOARD A.S.O.

Meeting: 4th Tuesday (except July/August)
at the A.S.O. Office, 7:30 p.m.

<i>President</i>	Charles Borvansky
<i>I Vice-President</i>	Jackie Kourim
<i>II Vice-President</i>	Gary Masek
<i>Secretary</i>	Nancy Pajeau
<i>Treasurer</i>	Patricia Wojcik
<i>Financial Secretary</i>	June Pros
<i>Director of Men</i>	Frank H. Michalek
<i>Director of Women</i>	Jan Kalat
<i>Educational Director</i>	Paul Lebloch
<i>Public Relations</i>	Jerry Milan
<i>Membership</i>	Joan Sedlacek
<i>Editor</i>	Patricia Satek
<i>Board Member</i>	John Satek
<i>Board Member</i>	Bernie Babka
<i>Board Member</i>	Jolene Dalton
<i>Alternate</i>	Chuck Kalat
<i>Alternate</i>	Mickey Dalton
<i>Alternate</i>	Jane Jurew
<i>By-Laws</i>	Bob Podhrasky

EDITOR - PATRICIA SATEK

1922 S. 57th Avenue, Cicero, IL 60650-2143
708-863-7978

Copy for publication must be received by the
10th of the month prior to published month.

From Your Editor...

Across the country, Sokol classes have once again started anew. Ahead lie months of challenges and new experiences, hard work and lots of fun. I hope you are taking advantage of ALL your local Sokol gym has to offer and have made yourself available as a "helping hand" whenever needed.

CALENDAR of EVENTS

OCTOBER

- 3 Sokol South Omaha
Gymnastic-A-Thon
- 3 Sokol Greater Cleveland
Concert Band 2:00 p.m.
- 6 Sokol Greater Cleveland Card
Party
- 10 Sokol Greater Cleveland
Sunday Drive

OCTOBER

- 16 Sokol Women' of Little Ferry
Garage Sale/Flea Market
- 17 Sokol Minnesota Harvest
Dance
- 24 Sokol Minnesota Pork Dinner
- 22-24 DISTRICT DIRECTORS'
CONFERENCE - Chicago
- 30 Sokol St. Louis Halloween
Party - Sokol Camp

NOVEMBER

- 6 Sokol Minnesota Christmas
Bazaar & Bake Sale
- 6 Sokol Women of Little Ferry
Spaghetti Dinner
- 7 Sokol South Omaha Pancake
Breakfast & Bake Sale
- 14 Sokol Minnesota Pancake
Breakfast
- 21 Sokol St. Louis Drama Club
Dinner/Theater

SPECIAL ANNIVERSARY DATES

April 1994 Sokol Women of Little
Ferry 85th Anniversary

**DON'T FORGET TO
INFORM THE A.S.O. OF
YOUR COMING EVENTS
FOR THIS LISTING!**

A.S.O. FAX: 708-795-0539

Our Sokol Credo

To build a healthy and beautiful human body,
To cultivate a harmonious and total person,
To develop firm character, a well-rounded disposition and
A love of truth and justice;
To produce strong, lovely and honorable people,
That is the goal of a Sokol education.



"Zdravé a krásné lidské tělo — souladné vypěstění celého člověka,
povahy ucelené, neoblomné, pravdymilovné a spravedlivé —
lidé silní, krásní a dobří — to je cíl sokolské výchovy."

We're only as strong as our
membership makes us. Volunteer
your time! Sign up for class!

NA ZDARI!
Sis. Patricia Satek
1922 S. 57th Avenue
Cicero, IL 60650-2143

*Make the most
of yourself, for
that is all
there is of you.*

❖ *Ralph Waldo Emerson*

PRESENTATION TO SOKOL MILWAUKEE AT THEIR 125TH ANNIVERSARY BANQUET, JULY 24, 1993, BY KEN ALLEN, UNIVERSITY OF WISCONSIN, OSHKOSH

Guten Abend meine Damen und Herren. Es freut mich hier zu sein und mit Euch zu sprechen. Oops! Sorry folks! Wrong language. Let me try again. Dobry vecher, damy a pan'ove, sestry a brat'chi, sem velmi shtiasny zher kvam mohu pro/mluvit o tomtostodvatsatem datem vyrochi Sokola v Milwaukee.

Well...how did I do? Now that I am on an ethnic roll, let's do one more thing in Czech. I would like very much to take this opportunity to toast your 125th anniversary. NAZDRAVI!

There are two reasons I chose to learn that little bit of Czech. First, in spite of the fact that I have never been a member of a Sokol organization, I have a great deal of respect for what you all do and what you are involved with. Secondly, I genuinely enjoy languages, something I certainly did not discover while studying Latin in elementary school. The opportunities that the sport of gymnastics created for me have awakened an interest in language in me which I never knew I had.

My travels and experiences have enabled me to exercise my biceps muscles in at least fourteen different languages. I can add to Na zdrovi! Prosit! Cheers! Sante! Nasdrovia! Skoal! Cheerio! Campai! Campee! Bottoms up mate! Zum Wohl! Salud!

And you heard that stellar introduction, which I coached (your M.C. or name) to deliver. Sounded pretty impressive to me.

If I were listening to that same

introduction, but it was someone else rather than me, and if I didn't know me as well as I do, I might be impressed, too. But, believe it or not, I am not so impressed with myself as I am with the things I have been involved with and the experiences which I have participated in over the years. I've done some really neat things and met some really great people, and it was the sport of gymnastics which created all of these experiences and opportunities.

Now I am not going to go into the sordid details of my youth, but suffice to say that I was born and raised in Jersey City, New Jersey, and spent a lot of time on the streets. If I had had my choice, I would have left high school when I was 16 - when it was legal to do so. For some strange reason, I listened to my mom and dad, neither of whom finished high school.

Now I won't say that I was headed for a life of crime or that I was destined to become a member of the homeless, but I sure didn't have much purpose in life before I was introduced to the sport of gymnastics at the age of fifteen.

It was fun. I had some success with it. It was challenging, just a challenging as stealing hubcaps or harassing policemen. The time spent in the gym was time which might have been spent on the streets looking for trouble to get into. I met other guys who were disciplined and who had goals. I learned to compete - against myself and against others. I learned to want to be better than I

was. I was exposed to adult thinking. People took an interest in ME. People helped me and I learned to help other people. I became good at something.

My time in the military convinced me that I wanted a college degree. When I applied to college, the only logical major for me was physical education. It was obvious that I had not excelled at anything else academically. I discovered later, however, that I really wasn't as dumb as I thought. In fact, I did quite well in college.

Although becoming a physical education major was my pragmatic ticket to a college degree, I also discovered that philosophically, a life of pursuing a sound mind in a sound body held a lot of value for me. In other words, prior to college, I had never had any burning desire to be a teacher or a coach. What I have become has been more by accident than by any sort of grand design on my part. I can say that central to whatever success I have achieved and to my lifestyle has been the sport of gymnastics.

As my introduction indicated, I recently retired from coaching. As a result of my retirement, my university decided to drop men's gymnastics as a collegiate sport. We no longer have the fantastic facility which we had developed over the years. You can't imagine the guilt trip I had been on for some time. I can only tell you at the time had come when I could not coach any more. I was actually beyond that time. I had come face to

Continued on page 9.

COS Report

Sokol Berwyn/Sokol Brookfield

On Sunday, June 20, 55 sisters, brothers and Czech news media personnel arrived at O'Hare International Airport, where they were greeted by Bro. Fred Kala, President of Sokol Berwyn, Sis. Mary Novak, Women's Director of Sokol Berwyn and Bro. Roy Zitny, President of Sokol Brookfield. The arrivals included Bro. Dr. Stanislav Doutlik, President Ceska Obec Sokolska, Br. Jiri Ziska, Director of Men, COS, Sis. Jarina Zitna, Director of Women, COS, Bro. Jiri Toncar, Asst. Director of Men, COS and Sis. Dana Gallatova, Secretary liason to out of country Sokol organizations, plus 23 brothers (gym team), 25 sisters (gym team) and two gentlemen of the Czech Republic news media.

All 28 men stayed at and were hosted by Sokol Berwyn and all 27 women stayed at and were hosted by Sokol Brookfield. Cots were procured and lined the respective gymnasium walls. Appropriate dining areas were made available in each gym and Sokol Berwyn and Brookfield were responsible to provide food and any serviced required by each group.

All decisions regarding housing, food, transportation and sightseeing were made by Bro. Kala and Bro. Zitny, who collaborated with the COS leaders regarding any special requests; e.g., calisthenics practice, apparatus workout and/or any other needs they may have had.

Upon arrival, Bros. Kala and Zitny

greeted the guests and after a brief orientation, each sister was presented a flower and all boarded the 47-passenger coach and autos for a trip through downtown Chicago, Lake Shore Drive, Grant Park and then on to Sokol Berwyn.

Sokol Berwyn hosted a barbecue for all, after which the sisters boarded the coach to Sokol Brookfield. All then bedded down for the night, as they were tired from the long journey.

On Monday, a tour of Chicago ended at the Karel Havlicek Borovsky memorial on Solidarity Drive at the Adler Planetarium. There, Sis. Ann Basta, President of the Central District and Bro. Stanislav Doutlik, President of COS layed floral memorials and gave prepared speeches. This was followed by a picnic lunch and half-hour boat tour of the Chicago harbor and skyline. We then returned to Sokol Berwyn for calisthenic practice. The sisters then returned to Sokol Brookfield for dinner. Each unit invited its own members to dinner this evening.

Tuesday, all went to Brookfield Zoo, where they were treated to the marine dolphin show and had a picnic lunch. Prior to leaving for the zoo, each group worked out (calisthenics) at their respective gyms. In the evening, the brothers were brought to Sokol Brookfield for a combined dinner with the members of Sokol Brookfield and Berwyn. After dinner, Sokol from all the units in the Central District

were invited to a vecerek to meet our guests. Sokol Brookfield was responsible for providing the dinners, refreshments and entertainment. The evening was a great success. Many sisters and brothers from our other units came to spend the evening with our COS guests. All experienced a wonderful evening of dancing, singing and friendship.

Wednesday, all toured Yorktown Shopping Center, where lunch was provided our guests at McDonald's. The manager provided all foods at half price and was very helpful and gracious to our guests. We then went to Oak Brook Shopping Center, after which all returned and had dinner at their respective Sokols. In the evening, all were taken to Morton West High School for the Slet Opening Ceremonies and Akademie and then returned "home."

Each of the days of the Slet, the COS gymnasts were transported to each competition, returned and taken to each evening's activity except the Thursday Knoch-Kolin Band Concert. They opted for a night tour of Chicago and a trip to the top of Sears Tower.

All breakfasts, lunches and dinners were provided by Sokols Brookfield and Berwyn, with the exception of Friday, the night of the Slet Banquet. Banquet tickets for each of our guests were purchased by Sis. Vlasta Chloupek, Sokolice Tabor, who through her own generosity and drive solicited funds from

private individuals who were very generous. Most generous was Mid-America Federal Savings Bank, which donated \$1,000 to send the gymnasts to the banquet. In addition, on Tuesday night at the vecirek, Sis. Chloupek presented gifts to each gymnast.

On Saturday, having no competitions, the gymnasts practices at KSokol Brookfield for 2 1/2 hours, went shopping or just rested. After dinner they attended the awards presentations at the Marriott Hotel.

Sunday, after the Slet, all attended the farewell dinner at Sokol Tabor. The officer of COS attended the "roundtable" meeting and joined the rest at Sokol Berwyn for a last get together.

Monday was sad for all, as the gymnasts packed and prepared for the journey home. Small gifts were exchanged and the finality of the hugs and iisses brough tears to all. Memories and frinedships made - and a moment in our lives never to be forgotten, we waved not farewell, but "na shledanou" in Praha, 1994.

~Bro. Roy Zitny

Donations Received

Central District	250.00	Charles & Doris Barda/Brookfield	25.00
Western District	100.00	Harold & Gloria Klir/Brookfield	25.00
Southern District	500.00	Frank & Millie Ludicky/Brookfield	25.00
Northeastern District	1,000.00	Roy & Vlasta Zitny/Brookfield	48.00
Sokol Chicago	250.00	Robert & Doris Michalek/Brookfield	20.00
Sokol Cechie	50.00	Diane & Douglas Rus/Brookfield	25.00
Sokol Brookfield	100.00	Erma Janecka/Brookfield	10.00
Sokol Stickney	200.00	Frank & Betty Vokurka/Brookfield	50.00
Sokolice Tabor	250.00	George & Ann Basta/Havlicek-Tyrs	25.00
Sokol Havlicek-Tyrs	500.00	Irv & Agnes Proksa/Berwyn	35.00
Sokol Town of Lake	100.00	Anton Smunt/Town of Lake	30.00
Sokol West Suburban	200.00	Agnes Drozd/Slavsky	10.00
Sokol Washington	150.00	Marge Vyskocki/Town of Lake	5.00
Sokol Curtis Bay	50.00	Marie Hosek/Slavsky	10.00
Sokol Baltimore	100.00	George & Sylvia Pistorius/West Suburban	20.00
Sokol Little Ferry	100.00	Georgiana Kral/West Suburban	20.00
Sokol New York	1,000.00	Tony & Martha Novy/Slavsky	30.00
Sokol Fuegner (NY)	200.00	John & Francis Uhlir/Berwyn	50.00
Sokol Schenectady	200.00	Roy & Marie Jensen	20.00
Sokol Miami	100.00	Mrs. Stastny	10.00
Sokol South Omaha	100.00	Ellie & Bernie Babka/Slavsky	50.00
Sokol Los Angeles	500.00	Edwin & Ann Halik/Slavsky	25.00
George & Jackie Eisenstein	1,000.00	National Alliance of Czech Catholics	100.00
Anton Hanuska/Cechie	50.00	Lodge Yankee #402 CSA	50.00
Charles & Nancy Borvansky/Stickney	120.00	Dr. & Mrs. Hruban, Univ. of Chicago	25.00
Geri & Marty Umlauf/Brookfield	25.00	Vecirek Dinner Sale/Donations	321.00
Helen Caldwell/Brookfield	50.00	Soda Resale	5.00
		TOTAL	\$8,314.00

NA ZDAR! and Good Luck to newly merged Sokol Berwyn and Sokol Slavsky, Central District!

Debbie Uniejewski - Sokol Slavsky Achieves 20 Years Perfect Attendance

How many class days and Sokol events are there in 20 years? Well, Debbie Uniejewski of Sokol Slavsky in Berwyn, Illinois will happily tell you there are about 1200 ...and she hasn't missed a one!

Debbie's 20 years of perfect attendance at Sokol Slavsky started as a simple case of one-upmanship. She just wanted to out do her older brother, Dan, who had five years of perfect attendance in Sokol Slavsky. Debbie achieved that and more in attaining Slavsky's record. "People usually stop at 10 years," says Anne Svec, Sokol Slavsky's Attendance Awards Chairman since 1968. "We had one at 12 years, but Debbie's the highest ever."

Everyone knows Debbie as a very pleasant girl who always has a smile on her face and is always willing to pitch in and help. Her personality carries over into everything she does, including teaching 1st Grade in an area school.

How did she juggle her activities to attain the 20-year perfect attendance goal? "I had to give up a lot of things," says Debbie. "My parents were a great help driving me around. It was difficult because I was very active in school." In grade school there was Brownies and Orchestra. In high school she was a member of

the Pom Pon Squad, was on the Girls' Track Team and was a member of the Orchestra. She has also always been an excellent student; she was a member of the National Honor Society and graduated with honors from Morton East High School and the University of Illinois at Chicago. "I've been really lucky," Debbie laughs. "I've never been sick on a Monday or a Thursday." (Those are Sokol nights, if you haven't guessed.)

Debbie assists with classes at Sokol Slavsky and was instrumental in

gathering past Sokol Slavsky Queens together for Sokol Slavsky's 100th Anniversary in 1990. She reigned as Miss Sokol Slavsky in both 1985 and 1988, representing Sokol Slavsky in the Houby Queen Pageant in conjunction with the Houby Festival held each October.

Asked if she'll continue her perfect streak, she just smiles. As a classmate of hers, I can tell you she's already off and running and only time will tell.

- Pat Satek, from info submitted by Anne Svec



Sis. Debbie Uniejewski (center) is presented with a gift signifying 20 years of perfect attendance at Sokol Slavsky in Berwyn, Illinois, from (left) Sis. Ellie Babka, Women's Instructor and (right) Sis. Anne Svec, Attendance Awards Chairman,

Lost & FOUND

Are you missing anything which you brought to the XVIII ASO Slet or the Prague Calisthenics Clinic held at Sokol Tabor? We have a BOX FULL of items at the ASO Office which were left at the Slet and/or Clinic. To claim items, contact us at 708-795-6671 or write to: American Sokol Organization, 6424 W. Cermak Road, Berwyn, Illinois 60402.



AMERICAN SOKOL ORGANIZATION

GYMNAST

SEPTEMBER 1993



Editor: Frank H. Michalek — 10 S. 020 Lorraine Dr., Hinsdale, Illinois 60521



ATTENTION



ATTENTION

Orders are now
being taken for the
limited edition XVIII American
Sokol Slet Year Book "Památník".

This is the first time in 46 years that we
will offer a post Slet memory book. Only 250
copies will be sold. This book will be a treasured
Sokol collectors item. A once in a lifetime offer,
which may not be repeated ever again. Orders will be
taken on a first come, first serve basis. Don't miss out
on your personalized copy.

Applications on page 227
of the gymnast section.



XIIth All Sokol Slet -- Prague, Czech Republic -- 1994

DATES:

July 2-3 (Saturday, Sunday)	Rehearsals at the Strahov Stadium
July 3 (Sunday)	Slet Parade through Prague
July 4 (Monday)	General rehearsal (open to public)
July 5-6 (Tuesday, Wednesday)	Slet performances at Strahov Stadium

PARTICIPATION:

- ◆ Participation is expected by Juniors, Men, and Women. No plans are being made by the American Sokol Organization for participation by children.
- ◆ It is our understanding that there will **NOT** be any gymnastic/volleyball competitions during or immediately adjacent to the above dates. Due to the very large numbers of Slet participants expected (10s of thousands) holding competitions at the same time is not feasible.
- ◆ There are three calisthenics exercises appropriate for our participation. In order to be able to form the largest group possible, the ASO BOI recommends that everyone participate in the "Loyal Guard" calisthenics and will focus its support in this area (Sokol USA is also focusing on this calisthenics). Those who are interested may also choose to participate in the "Karneval" number for women or the "Mens Calisthenics" for men. All the above calisthenics exercises are considerably longer and more challenging than we are accustomed to. It should be stressed that anyone participating in any of the calisthenics is expected to be proficient in the exercise and not just have a passing familiarity as some of our people are prone.
- ◆ Texts, IN CZECH, and music for the 3 calisthenics numbers are available from the Sokol office (copies of the "Loyal Guard" text have been distributed to all district directors). Bro. Banjak of Sokol USA is in the process of translating the "Loyal Guard" calisthenics. Copies of the translation should be available shortly. There is also a home made quality video tape of some of the "Loyal Guard" and "Karneval" sessions from the clinic conducted by the COS following our Slet; but it only provides some aid and is not really an instructional video. It is our hope that instructional/demonstration videos will be coming from the COS; but we cannot be sure. If these tapes do not materialize, we hope that those of you capable of using the available text will provide us with video after you have learned the exercise.
- ◆ It should also be noted that each calisthenics has a separate uniform/costume. It is our understanding that these uniforms/costumes will be available directly through the COS but details are not yet available.
- ◆ We have heard that the COS will be conducting an Instructors Course immediately following the Slet but have not yet received any formal notification or invitation to participate.
- ◆ We are collecting questions concerning the Slet to be submitted to the COS; so send us your questions/concerns by October 1st. We will attempt to answer those we can and seek out answers for those we cannot.
- ◆ Since this is a COS Slet, in a foreign country, you should make plans and get commitments much earlier than most of you normally do for a Slet held in the US. Information flow will likely be slow and difficult. We will be only a small group in the overall Slet participation and cannot and should not expect special treatment.

CLINICS:

- ◆ At the COS calisthenics clinic in Chicago those participating tentatively planned a series of three 2-day (All day Saturday & Sunday morning) clinics:
 - ◆ **October 2, 1993 - Farrell, PA**
 - ◆ March - Cleveland / Detroit
 - ◆ May - Toronto

XIIth All Sokol Slet -- Prague, Czech Republic -- 1994

SPECIAL NUMBER:

- ♦ We are planning to try and present a Square Dance (American Folk Dance) 'special number' (North American Sokols) at a special indoor, evening exhibition of 'special numbers' scheduled during the Slet festivities. Everyone is invited to participate. Instructions/etc. should be available at the District Directors Conference.

TOURS:

- ♦ The ASO will, of course, be sponsoring a tour to the Slet. Details are not yet available.
- ♦ The Eastern District is also apparently sponsoring a tour. Details are not yet available.

A copy of the XVIII American Sokol Slet Yearbook will be reserved for:

Name _____
Address _____
City _____ State _____ Zip _____
Phone _____ Sokol/Lodge _____

Please make check for \$25.00 to:
American Sokol Org. XVIII Slet Yearbook.

Send to:
Frank Michalek
c/o American Sokol Organization, 6424 West Cermak Rd., Berwyn, IL 60402

WINNERS OF THE 1993 AMERICAN SOKOL SLET BOWLING AND GOLF TOURNAMENTS.

WOMENS BOWLING (10 participants)

- 1 - Melissa Bellehsen - Sokol Women of Little Ferry
- 2 - Helen Kobryn - Sokol USA
- 3 - Helen Caldwell - Sokol Brookfield
- 4 - Ellen Nyemcsik - Sokol Women of Little Ferry
- 5 - Diane Rus - Sokol Brookfield

WOMEN'S GOLF (4 participants)

- 1 - Carol Teachout - Sokol Detroit
- 2 - Jackie Eisenstein - Sokol Detroit

MENS BOWLING (7)

- 1 - Tony Ferragano - Sokol USA
- 2 - Jan Sopot - Sokol USA
- 3 - Jerry Wester - Ennis Sokol

MEN'S GOLF (28 participants)

- 1 - George Eisenstein - Sokol Detroit
- 2 - Glenn Galaida - Sokol Ceska Sin
- 3 - John Walek - Sokol USA
- 4 - Roger Schunk - Sokol USA
- 5 - Bob Kucera - Sokol Naperville
- 6 - Ray Kestler - Sokol Naperville
- 6 - Joseph Rus - Sokol Havlicek
- 6 - Al Rus - Sokol Havlicek

Sue Eichstadt (Sokol Detroit) -- "Longest Drive" -- Michael Kulhanek (Sokol Tabor)
Jackie Eisenstein (Sokol Detroit) -- "Closest to the Pin" -- George Kulhanek (Sokol Tabor)

WESTERN DISTRICT SLET SOKOL MINNESOTA Saturday, June 12, 1993

Junior Girls — Novice

*1 Pauline Olsen, Sokol Minnesota	43.15
*2 Lisa Beckman, Sokol Minnesota	38.90

Junior Girls — Level 2

*1 Bonnie Solheim, Sokol Cedar Rapids	44.80
*2 Jessica Radl, Sokol Cedar Rapids	44.65
*3 Jessica Leidigh, Sokol Cedar Rapids	44.35
*4 Jeri Serbousek, Sokol Cedar Rapids	44.05

*Team 1 Sokol Cedar Rapids	133.80
*Team 2 Sokol Cedar Rapids	130.83
Team 3 Sokolek Crete	126.10

Junior Girls — Level 4

*1 Kim Schriener, Sokol Cedar Rapids	44.60
*2 Tiana Riskowski, Sokol South Omaha	43.40
*3 Kristin Solheim, Sokol Cedar Rapids	42.50
*4 Lindy Rickley, Sokol South Omaha	42.10
5 Laura Grabow, Sokol South Omaha	41.30

*Team 1 Sokol South Omaha	126.80
Team 2 Sokolek Crete	117.45

Junior Girls — Level 5

*1 Kara Selk, Sokol South Omaha	45.10
*2 Melissa Zanski, Sokol South Omaha	44.00
*3 Theresa Fonfara, Sokol South Omaha	43.55
4 Terim Richards, Sokol South Omaha	43.40
5 Janette Howard, Sokol South Omaha	43.20

*Team 1 Sokol South Omaha	132.65
Team 1 Sokol South Omaha	129.15

Junior Girls — Level 6

*1 Kim Klusaw, Sokol South Omaha	41.60
*2 Jill Witzel, Sokolek Crete	39.95

Junior Girls — Championship

*1 Elizabeth Fonfara, Sokol South Omaha	72.40
*2 Anne Felner, Sokol South Omaha	70.05
*3 Betsy Sokol, Sokol South Omaha	67.65

Women — Novice

*1 Jolene Dalton, Sokol South Omaha	46.10
*2 Phyllis Kool, Sokol South Omaha	42.95

Women — Level 2 (Modified)

*1 Tara Jurena, Sokolek Crete	43.90
*2 Michelle Winger, Sokol Omaha	42.70
3 Allison Gerber, Sokol Cedar Rapids	42.55
4 Judy Sempek, Sokol Omaha	41.15

Women — Level 4 (Modified)

*1 Ann Miller, Sokol Minnesota	45.40
*2 Deb Allison, Sokol Cedar Rapids	44.15
*3 Paula Leidigh, Sokol Cedar Rapids	42.90
4 Kelly Speace, Sokol Minnesota	42.50
5 Linda Pochop, Sokol South Omaha	41.90

Women — Level 5

*1 April Johnson, Sokol South Omaha	44.50
*2 Julie Vlasek, Sokol Cedar Rapids	42.95
*3 Colleen Kenney, Sokol South Omaha	41.10

Women — Level 6

*1 Becky Proskocil, Sokol South Omaha	39.30
---------------------------------------	-------

Junior Boys — Novice

*1 Bryan Kotaska, Sokol Minnesota	17.00
-----------------------------------	-------

Junior Boys — Class 7

*1 Brian Stamp, Sokol Cedar Rapids	13.85
------------------------------------	-------

Junior Boys — Class 6

*1 Jeremy Dostal, Sokol Cedar Rapids,	27.55
*2 Jacob Bartek, Sokol South Omaha	27.20
*3 Rick Sindelar, Sokol Cedar Rapids	26.15
4 Bill Kool, Sokol South Omaha	24.70
5 Michael Hurley, Sokol South Omaha	22.65
6 Joshua Smolinski, Sokol South Omaha	20.75

Team 1 Sokol South Omaha	74.55
--------------------------	-------

Junior Boys — Class 5

*1 Max Muller, Sokol South Omaha	36.55
*2 Scott Crossen, Sokol South Omaha	30.40
3 Richard Laux, Sokol South Omaha	29.55
4 Eric Englund, Sokol South Omaha	29.30

Team 1 Sokol South Omaha	96.50
--------------------------	-------

Mens — Novice

*1 Bud Benak, Sokol South Omaha	25.10
*2 Aaron Bartek, Sokol South Omaha	21.85

Mens — Championship

*1 Thomas McLaughlin, Sokol South Omaha	85.45
*2 Buddy Benak, Sokol South Omaha	74.15

Team 1 Sokol South Omaha	159.60
--------------------------	--------

RHYTHMICS

Women — Novice

*1 Jolene Dalton, Sokol South Omaha	8.9
-------------------------------------	-----

Women — Level 5

*1 Linda Pochop, Sokol South Omaha	8.9
*1 Deb Allison, Sokol Cedar Rapids	8.9
*2 Paula Leidigh, Sokol Cedar Rapids	8.8

Junior Girls — Novice

*1 Kristin Solheim, Sokol Cedar Rapids	8.7
*2 Jeri Serbousek, Sokol Cedar Rapids	8.2
*3 Charity Boots, Sokol Cedar Rapids	6.8

Junior Girls — Level 5

*1 Melissa Zanski, Sokol South Omaha	9.0
*2 Janette Howard, Sokol South Omaha	8.7
*3 Bonnie Solheim, Sokol Cedar Rapids	8.5
*4 Jill Witzel, Sokolek Crete	8.4
5 Kelly Goldsmith, Sokol South Omaha	8.3

Junior Girls — Level 6

*1 Kara Selk, Sokol South Omaha	11.0
*2 Betsy Sokol, Sokol South Omaha	10.7

WANTED:



GYMNASTS!

The article about Sibrinky and the pictures of the Slavsky Sibrinky posters in the American Sokol (January '93) brought wonderful precious, unforgettable memories. Sokol Slavsky's Sibrinky was THE social affair of the season. With great anticipation, people looked forward to this affair, especially the ones held in the spacious, beautiful auditorium of our building. All the halls were at our disposal. A big band played in the auditorium and just across the foyer another well-known band played in the gymnasium to keep your toes going. Downstairs in the dining room, "tamburasi" played for the enjoyment of those that wanted to rest, get a bite to eat or just socialize. Then the long-awaited "pulnocni scena" (midnight scene) was performed on the big stage of the auditorium - always a comedy to tickle your bones. At that time, we had professional actors (Prokops, Skalickys, Jonas, Dietrich, etc.), with some of us members completing the ensemble. I remember one year after the close of the "pulnocni scena," we single-filed dancing off the stage, across the auditorium, where other merry-makers joined us and on to the gymnasium where most joined in. We continued down to the dining room, where we ended singing our Sokol songs. Such friendliness and Sokol closeness! Hours passed so quickly before one realized it was 5 a.m. and definitely time to go home. After we lost the building, we continued with the Sibrinky at Sokol Jonas Hall. It was on a much smaller scale, but still a lot of fun. Oh, give me those days of long ago when Sokol spirit prevailed. My best to you and a Sokol NAZDAR!

~ Sis. May Konecny,
Prescott, AZ



WINNER!

Congratulations to Bro. Joseph Falta, a 54-Year Member of Sokol Chicago, winner of the Sokol Slet Quilt Raffle!

NORTHEASTERN DISTRICT HONORS PAST DIRECTORS



At a recent District Directors' Conference, the board voted on a proposal that would recognize past and present directors for their contributions to the American Sokol Organization. This recognition is in the form of a Directors' Pin that should be worn proudly by the people who served their National, District or Unit Board of Instructors. Only the Unit, District or the National Board can approve the purchase of these pins for their respective directors.

The Northeastern District Board of Directors recently honored the following past Directors of the Northeastern District by presenting them with Directors' Pins:

Women

- Maryann Fiordelis ~ 1981 to Present
- Helen Samec ~ 1977
- Georgia Jencik ~ 1974-77
- Jeanette Wagner ~ 1971-73
- Agnes Hantl ~ 1960-70
- Ann Skoda ~ 1957-59
- Evelyn Tichy Prazak ~ 1950-56
- Rose Psenicka ~ 1946-48
- Vlasta Sebek ~ 1939-45

Men

- Howard Wise ~ 1992 to Present
- Richard Rejna ~ 1977-79, 1988-91
- Roger Martanovic ~ 1980-87
- Peter Dusek ~ 1972-76
- George Kotlan ~ 1966
- John Galik ~ 1960-62
- Edwin Jirosek ~ 1942, 1950-56, 1958-59, 1963-65

In addition, the following list names the rest of the past Directors of the Northeastern District. This listing spans the past 59 years, naming the people who proudly served the District.

Women

- Elizabeth Krawcova ~ 1923-26
- Mana Vazcova ~ 1927-28
- Bertha Cerny ~ 1933-38, 1947, 1978-80
- Emily Hoch ~ 1946, 1949

Men

- Vaclav Prech ~ 1928-33
- Frank Kratky ~ 1934-41, 1943-49
- Karel Vavra ~ 1957

~ Submitted by Bro. Howie Wise, Northeastern District Men's Director from information compiled by Bro. Robert Jirousek of Sokol Greater Cleveland.

XVIII SLET PINS AVAILABLE!

Due to the large demand, we sold out of Slet Pins in Chicago. We have received another shipment, which is available through mail order from the ASO Office. **Send your order to the ASO Office, 6424 W. Cermak Road, Berwyn, Illinois 60402. You will be billed for items, plus shipping.** A variety of Slet Souvenirs are available:

Slet Pins	\$3.00	XVIII Slet Plate	\$25.00
Tote Bags	\$8.00	XVII Slet Plate	\$22.00
Gym Bags	\$10.00	XVI Slet Plate	\$22.00
Sokol Pens	\$2.00	XV Slet Plate	\$22.00
USA Keychains	\$1.50	Souvenir Booklet	\$2.00
Luggage/ID Tags	\$3.00	Sweatshirts*	\$12.00

* Sizes Small & Medium Only

American Sokol XVIII Slet 100th Anniversary Series[©]

Order your 3-tape edition (120 minutes each) of the five days of the XVIII Slet activities.

- TAPE 1** Two hours of the SLET program at Hoffman Stadium in Berwyn, IL. Two camera views of the Slet field and close-ups of each group. *(This tape only available individually.)*
- TAPE 2** Contains major portions of the Banquet speakers and Czech Dancers. In addition, the recent recordings of Sokol History and Sokol and the Family, are included.
- TAPE 3** Opening Ceremonies and the Special Number Performances in their entirety, plus scenes from the gymnastic, rhythmic gymnastic and volleyball events.

All the proceeds to benefit American Sokol programs. **ORDER NOW!**

Mail to the attention of: **Lynda Filipello, Executive Director**
American Sokol Organization
6424 W. Cermak Road
Berwyn, Illinois 60402

[©] Sole property of American Sokol, all rights reserved.

American Sokol XVIII Slet 100th Anniversary Series[©]

Slet Tape Only	_____	@ \$19.95	\$ _____
3-Tape Set	_____ <small>QTY.</small>	@ \$39.95	\$ _____
	_____ <small>QTY.</small>		
		+ Postage per Set or Tape	\$4.00 ea.
		= Total Enclosed	\$ _____

Please make checks payable to: AMERICAN SOKOL

Mail Tapes To: _____

Address: _____

City/State/Zip: _____

Sokol Milwaukee 125th Anniversary Presentation *(continued)*

face with the reality of my limitations, but I agonized over what I knew in my heart would be the end of gymnastics as we had come to know it at U.W. Oshkosh.

I had been optimistic that the current administration would see the values of past experiences. We had 15-20 gymnasts who had at least two years of eligibility left and who were quite talented. We had a young man who had grown up through our program, was in tune with my goals and objectives for the athletes and the program, had a great rapport with the athletes and who was ready to step into the coaching position. We still had a great facility. We had a very extensive youth program and great community support.

What we didn't have was a group of administrators who had been around during the really exciting years or who had any real personal experiences with the sport of gymnastics. In other words, our administration had no real emotional attachment to the sport. We had a recently appointed intramural director who wanted the gym space for more basketball games. We had a new athletic director who, although he supported what we did, had pressure to balance men's and women's sports because of federal legislation. We had a brand new director of physical education. We had a brand new Dean. We had a vice-chancellor and chancellor who had been at the university for only a few years.

We were the only men's collegiate program left in the State of Wisconsin. We were the only NCAA Division II or III program which was

not on the east coast. However, we continued to have a competitive schedule among Division I teams in this region and had a national championship event to go to among teams of our relative ability. In my opinion, we were still providing the type of experience to our student athletes for which the program was created. For me, this was a "bottom line" criterion and should have been enough justification for continuation of the program. But, those in the positions of decision making power were much more, quote/unquote, "objective" than I!

I can't predict what the future holds for the sport of gymnastics. As I am sure most of you know, the high school and college programs in this country are in great trouble and may not exist at all five years from now. I've given you some of the reasons already. On the other hand, there have been literally hundreds of private clubs which have opened across the U.S. In the field of physical education, there has been enthusiasm for the values of gymnastics activities for preschool and elementary school children. At the same time, there are reservations regarding the values of competitive gymnastics, at least in the school setting.

I have read newspaper and magazine articles where hundreds of thousands of private and tax dollars have been spent on projects such as saving the condors or the owls. Now there is no question in my mind that these projects are very important. Personally, I have great concern regarding our environment and nature, in general. However, let's keep in mind that these are

birds we are talking about. I have to ask myself, why aren't programs which help people supported with the same enthusiasm?

I can only imagine that you are all here tonight because of the value which you believe you have received from your association with the Sokol organization. It is a personal value, not particularly something which you sat down and objectively evaluated. Programs like yours have persisted in spite of outside influences and because of the strong family and ethnic orientation, and because you have chosen to pass on the personal values which you have received.

Many of you surely know or have heard of Milwaukee's or Menomonie Falls' own Fred Roethlisberger, as well as his daughter, Marie and son, John. Fred and I are very close friends. I have known him since 1966, when we were both in our first year of graduate school at U.W. Madison. Since shortly after I met Fred and got to know him a little bit, there were two things about him that I envied. The first was his talent as a gymnast. The second was his experience as a Turner.

Fred had such fond memories of his youth with the Milwaukee Turners and Jim Farkus, as well as the Swiss Turners. As you probably know, his heritage is Swiss. While he talks about not particularly enjoying certain aspects of his experience at the time, especially getting knuckled on the head when he was misbehaving, you don't have to be around Fred for very long to realize how much of his success he attributes to his family and his Turner

Continued on page 9.

Sokol Milwaukee 125th Anniversary Presentation *(continued)*

experience.

When I was a high school gymnast, I had visited the Swiss Turners in Union City, New Jersey. That's right next door to Jersey City. But my family was not involved and it was relatively far away for me. As a college gymnast, one who had already been to Europe as a result of the military service and one who was now studying the history of the sport, I came to appreciate the role of Turner and Sokol organization in Europe and here in the United States. Early on in my career as a coach, I spent many summers teaching in summer camps to be around other coaches and to get as much teaching and coaching experience as possible. One of those camps was Sokol Woodlands in Barryville, New York, where I worked with Milan Trnka of Westchester, Pennsylvania. During my year of work in Switzerland, I came to experience the real value of the Turner concept. And when I received the phone call from Rosemary Zelenka, I was greatly honored to be asked to speak to your group.

As I was speaking with Rosemary, I was recollecting my five week visit to Europe in May/June of 1990, shortly after the Berlin Wall came down and the partition of Czechoslovakia into the Czech and Slovak Republics. I served as a judge and head of delegation for a U.S. team, which included Fred and John Roethlisberger. Following a week of training and competition, I was scheduled to travel to the DDR for the USGF. I noticed on a map that my travels would bring me close to Czechoslovakia, so I wrote to a

friend I had made when I judged the World Championships in Montreal, 1985. His name was Jurai Kniesz and, at that time, he was the president of the Czechoslovakian Gymnastics Federation. I told him that I would like to spend a day in Prague on my return trip from the former East Germany to Switzerland. He wrote back and said that I had to spend a minimum of three days in Prague.

He took me all over the city, beginning with the stadium where the Spartakiade had been held. He showed and then gave me a video tape of sport in Czechoslovakia, which included the mass exercises in the stadium where the field was the size of twelve soccer fields and was filled with people synchronized in exercise. In addition to the well known sites, such as the castle and the St. Charles bridge, he took me to the gym where he had trained and where current athletes and physical education teachers received their training. We had someone take our picture in front of a statue of Miroslav Tyrš. I am sure you all recognized that name.

Prague is a beautiful city and Jurai was right ...three days were definitely not enough. It was obvious during this time that Jurai was proud of his country and his heritage and was concerned about the breakup of the Czechoslovakian Federation.

When I prepared myself for this presentation, I had an extremely difficult time finding anyone who could help me with Czech. Yet there were a number of people of Czech heritage at U.W. Oshkosh. In the U.S., there are many people who

are of the opinion that once you emigrate to this country you should leave your heritage behind. Many immigrants choose to do this themselves. In my opinion, this is the wrong thing to do. Although I believe that anyone coming to the U.S. certainly should learn English, I also believe that parents should teach their children their native language or at least preserve some of the philosophical expressions.

My message to you this evening is the following:

1. I am living proof of the value of a positive experience in gymnastics. At this point in my life I am moving somewhat away from direct involvement in the sport professionally, but I believe that the characteristics and values developed through the sport will remain with me forever. This belief is reinforced by many of my former athletes. I remain in very close contact with my alumni. I continually receive feedback from them regarding the values they feel as though they received from their experience in gymnastics and how those values and experiences continue to guide them through their lives regardless of their professions.
2. You are an organization which has a personal and emotional attachment to the sport of gymnastics. I cannot imagine that you will ever "objectively" determine that continuation of your programs is not feasible. Rather, when confronted with fiscal or other types of problems,

Continued on page 9.

AMERICAN SOKOL
Change of Address

This clip-out coupon is positioned so that your mailing label appears on the back. If your mailing address has changed, use a pencil to carefully mark an X through the OLD mailing label. Complete the change of address form below and mail to:

American Sokol
6424 W. Cermak Road
Berwyn, IL 60402-2386

Sokol	Name	New Address	City	State	Zip
-------	------	-------------	------	-------	-----

**EDUCATIONAL MATERIALS,
SOUVENIRS, MEMBERSHIP PINS & KITS**

Educational Materials

Sokol and the Sokol Idea	\$2.50
Our Task, Aim and Goal (By Dr. Tyrs, Sokol Founder)	\$2.50
Dr. Josef Scheiner (He carried out Tyrs ideas.)	\$2.50
Highlights of Czech History	\$2.50
A.S.O. 125th Anniversary Book (History of American Sokol)	\$4.00
"Amer. Sokol Sings" Songbook	\$4.00
Gymnastics Activities with Hand Apparatus (By Marie Provaznik and Norma Zabka)	\$6.00

Souvenirs

Sokol Slet Plates	\$22.00
Sokol Stick Pin	\$7.00
Sokol Stadium Cushion	\$4.50
Sokol Scarf	\$7.50
Sokol Bouquet Postcard	.25
Sokol Charm	\$3.00
Sokol Stud	\$2.00

Board of Instructors

Gymnastic Skills Patches	\$1.25
Gymnastic Skills Bars	.75
Tots' Ribbon	.50
Tots' Skills Program Package	\$15.00
Girls' Skills Program Package	\$28.00
Boys' Skills Program Package	\$15.00

**Membership Pins and
New Member Information Kit**

Membership Kit (Contains Plain Pin, Copy of ASO By-Laws, ASO Tri-Fold, Parliamentary Procedure Booklet, Sokol & the Sokol Idea Booklet, Car Decal)	\$7.50
Plain Pin (No Year)	\$5.00
5, 10, 15, 20-Year Pin	\$13.00
25-Year Pin	\$25.00
30, 40-Year Pin	\$8.00
35, 45-Year Pin	\$6.25
50-Year Pin (Gold-Filled)	\$32.00
55 Years & Over "Citation of Merit"	NO CHARGE

Etc.

Unit ID Ribbons \$1.25 Each
Must be ordered in groups of 25/Unit.
Allow 8 weeks for printing

*** All prices are plus shipping. ***

Please mail orders to:
American Sokol Organization
6424 W. Cermak Road • Berwyn,
Illinois 60402-2386

Dr. Miroslav Tyrs Bronze Bust
\$1,450.00 + Shipping
(Weight = 100-115 lbs.)

Sokol Milwaukee 125th Anniversary (continued)

you will simply look for and develop solutions to the problems. You all personally recognize the value of what you do and therefore possess the motivation necessary to find the solutions.

I believe that it is quite appropriate for the Sokol Milwaukee organization to continue to utilize its heritage to provide spiritual and moral guidance to young people while they are developing their bodies through gymnastics activities. It doesn't matter that the person does or does not become an Olympian or a national champion. Even the skills

themselves are not really the ultimate objective. What matters is what a person learns about here or himself in the process, the struggle; that they find enjoyment through movement; that they experience the process and rewards of goal setting and achievement; and that they develop an appreciation of a culture other than the one they are living in. Sokol Milwaukee is an opportunity for you to continue to provide something very positive for the young people of your community. Congratulations on your 125 years and may the Falcon fly forever. JEK'QUIA VAM!

ATTENTION JUNIORS!

Would you like to have a Junior pen-pal from the Czech Republic? They will write in English, so you don't need to speak or write Czech. And, if you are going to the Slet in Prague in 1994, you could meet your pen-pal and drill together! Send your name, age and address to: Lesley Onni, 2444 S. 1st Avenue, North Riverside, IL 60546. Also designate "Junior Girl" or "Junior Boy." NOTE: Lesley is a Junior Girl from Sokol Tabor in the Central District. She had this idea during the Slet and followed through to find out who would take this information. She talked to Sis. Marcela Kostohryzova, Director of Juniors for COS, who was very excited about the idea. Sis. Marcela will arrange for the pen-pals who go to Prague to meet and drill together.

UNIGLOBE[®]

Cihak Travel, Inc.

6302 Cermak Road
Berwyn, IL 60402-0703

(312) 242-6110 • (708) 795-9050
FAX (708) 795-4514
(800) 426-8826

- Call for Airline, hotel and tour reservations worldwide
- Exclusive U.S. and Canadian agent for Prague Suites, the hotel alternative
- Czech Airlines direct service Chicago to Praha May 4 new Airbus A310-300.
Call for low introductory fares

UNIGLOBE

We will change the way you travel.

On the eve of its 115th year
new things are happening
at

BOHEMIAN NATIONAL CEMETERY

- a GARDEN SECTION in new Block 25 featuring for a limited time only two grave sites for but \$550.00
- a CREMAINS GARDEN at Section 26 offering a 24x28" burial plot, a Vault, two Cremains Urns and a marker at a pre-need purchase cost of \$1,055.00
- a Special pre-need offer of Mausoleum crypts for two people starting at \$2,800.00 including names inscriptions. Single crypts available starting at \$1,500.00.



Call or visit

BOHEMIAN NATIONAL CEMETERY
5255 North Pulaski Rd., Chicago, IL 60630

(312) 539-8442 • (708) 788-8442

Second Class Postage Paid at Berwyn, IL



Rich In Experience

wfla
western fraternal life association

Dynamic In Vision

1900 First Ave. N.E.
Cedar Rapids, IA 52402

WEBER

TRAVEL AGENCY



Complete Worldwide Professional Travel Service

SPECIALIZING IN TRAVEL TO CZECHOSLOVAKIA
SINCE 1958

6805 WEST CERMAK ROAD, BERWYN, IL 60402
Tel. 708-749-1333 • FAX 708-749-1350

America's Oldest Fraternal Benefit Society:

Providing quality life insurance protection and fraternal benefits to our members since 1854.

Visit the CSA Heritage Museum,
Library, and Archives
Monday through Friday 10:00 a.m. to 4:00 p.m.

Public Invited, Group Tours Available
(708) 795-5800



P.O. Box 249 • 2701 S. Harlem
Berwyn, IL 60402