

american **SOKOL**

Volume CXIV, Number 9

OCTOBER 1993

XII ALL SOKOL SLET 1994 IN PRAGUE

Dear Sisters, Brothers and Friends of Sokol!

You are cordially invited to participate with us in our XII All-Sokol Slet and competitions, which will renew the tradition of famous Sokol Slets, forcibly interrupted 46 years ago after the XI All-Sokol Slet in 1948 by the Communist regime.

Programme of the XII All-Sokol Slet:

July 1, 1994	Arrival of Slet Participants in Prague
July 2-3, 1994	Rehearsals at the Strahov Stadium
July 3, 1994	Slet Parade through Prague
July 4, 1994	General Rehearsal (Open to Public)
July 5-6, 1994	Slet Performances at the Strahov Stadium

Various Slet activities to be held throughout Prague include:

- *Brass Band Concerts and Folklore Dance and Music Festivals*
- *Slet Fair recreating an atmosphere of old-time fairs*
- *Concerts of classical and popular music for all ages in the romantic Petrin Park and Jazz River Boats*
- *Rendezvous with Mozart - Performances of Mozart's "Don Giovanni" Opera and concerts of Mozart's chamber music at Bertramka*
- *Gala Praha '94 Association of Sport for all at Sparta Letna*
- *Final night Gala Programme at Strahov; an exciting nighttime show - Mass Exercises, Cultural Performances, Fireworks, Music, Song and Dance, Performances of Skydiving Groups ...*

Do not hesitate to contact us if you need further information. Various accommodation possibilities will follow. We are looking forward to your participation and send our heartiest Sokol greeting,

Milos Sikola,
1994 Slet Co-Chairman

NA ZDAR!



Dr. Stanislav Doutlik,
President COS

American Sokol

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BOARD OF GOVERNORS

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Vladislav Slavik	Jackie Kourim
Roger Martanovic	Nancy Pajeau
Larry Laznovsky	Patricia Wojcik
Ann Basta	June Pros
Gary Masek	Lynda Filipello

EXECUTIVE BOARD A.S.O.

Meeting: 4th Tuesday (except July/August)
at the A.S.O. Office, 7:30 p.m.

<i>President</i>	Charles Borvansky
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EDITOR - PATRICIA SATEK

1922 S. 57th Avenue, Cicero, IL 60650-2143
708-863-7978

Copy for publication must be received by the
10th of the month prior to published month.

From Your Editor...

Happy Halloween! There's lots of good reading material this month. I wish I had more photos to share with you, but none have recently come my way. Get the hint? Someone out there must have news and photos of interest to fellow Sokols! Take your cameras to your unit functions and send me

pictures and descriptions of what's going on. Come on! Do it now! I'm getting tired of all this typing.

NA ZDARI!

Sis. Patricia Satek
1922 S. 57th Avenue
Cicero, IL 60650-2143

CALENDAR of EVENTS

NOVEMBER

- 5-7 Sokol Fort Worth 80th Anniversary Celebration
- 6 Sokol Minnesota Christmas Bazaar & Bake Sale
- 6 Sokol Women of Little Ferry Spaghetti Dinner
- 7 Sokol South Omaha Pancake Breakfast & Bake Sale
- 14 Sokol Minnesota Pancake Breakfast
- 14 Central District Annual Meeting
- 21 Sokol St. Louis Drama Club Dinner/Theater

DECEMBER

- 4 Sokol Slavsky/Berwyn St. Nick's Dance & Volleyball Tournament
- 4 Sokol Minnesota Members' Christmas Party

DECEMBER

- 4 Central District Rhythmic Competition
- 11 Central District Boys' Competition
- 12 Sokol St. Louis Children's Gym Meet

SPECIAL ANNIVERSARY DATES

April 1994 Sokol Women of Little Ferry 85th Anniversary

**IS THE A.S.O.
MAGAZINE EDITOR
ON YOUR UNIT'S
MAILING LIST TO
RECEIVE THEIR
NEWSLETTER?**

A.S.O. FAX: 708-795-0539

Our Sokol Credo

*To build a healthy and beautiful human body,
To cultivate a harmonious and total person,
To develop firm character, a well-rounded disposition and
A love of truth and justice;
To produce strong, lovely and honorable people,
That is the goal of a Sokol education.*



*"Zdravé a krásné lidské tělo — souladné vypěstění celého člověka,
povahy ucelené, neoblomné, pravdymilovné a spravedlivé —
lidé silní, krásní a dobří — to je cíl sokolské výchovy."*

*The gods conceal
from men the
happiness of death,
that they may
endure life.*

❖ *Lucan*



FOR THE RECORD

Minutes of the June 15, 1993 meeting of the A.S.O. Executive Board

The meeting was called to order by Bro. Borvansky at 7:36 p.m. and the pledge to the flag was recited. Members present were Bros. Satek, Babka, Michalek, Lebloch and Borvansky in the office and Bros. Dalton, Kalat and Milan on the phone. Also, Sis. Kourim, Pros, Kalat, Jurew, Pajeau, Wojcik, Satek, Kalat and Filipello in the office and Sis. Dalton on the phone. Members excused were Bros. Masek and Podhrasky and Sis. Sedlacek. The minutes of the May meeting were approved on motion by Sis. Pros, seconded and passed.

The office has received the Central District May minutes, the Northeastern District May minutes, the Western District May minutes and the Directors' Newsletter for June. Bro. Babka moved that we send correspondence from the U.S. Department of Labor to Sis. Barnes to determine if we need to fill out the form, seconded and passed. Sis. Pros moved to send Bro. Borvansky and a guest to the 125th Anniversary of Sokol Milwaukee, seconded and passed. Sis. Pros moved to continue membership in the Cermak Road Business Association at \$50, seconded and passed.

Sis. Kalat and Bro. Michalek gave their report. The Merit Award report was read. Bro. Lebloch moved to accept the report, seconded and passed. There are six new awards and renewals are still being processed. A final report will be given at the next meeting. They then read their regular report, which

was mostly about the Slet and the School. Bro. Milan moved to accept responsibility for four walkie-talkies for the five days of the Slet, seconded and passed. Bro. Babka moved to approve payment of final report forms to the Eastern District for \$81.80 for Judging Certification and \$31.95 for a copy of Judging Video, seconded and passed. Sis. Pros moved to pay bill to Sis. Harlan for \$17.71 in phone bills regarding the Slet, seconded and passed. Bro. Babka moved that cost of tape and handling be included in price if we make training tapes, seconded and passed.

Bro. Babka moved to approve Slet Committee recommendations to give the COS gymnasts complimentary tickets and book, seconded and passed. Bro. Lebloch moved to pay phone bill to Bro. Slavik for \$18.16 when he called to check about gymnasts coming for clinic, seconded and passed. Bro. Lebloch moved to allow the Mayor of Berwyn or his representative and Senator Judy Baar Topinka 3 minutes to make a proclamation at the Slet, seconded and passed. Sis. Barnes is getting a sound system for the Slet which will cost between \$800 and \$1,000. The course has nine instructors, two student instructors and a secretary. There are 37 students and possibility of more.

Membership had no report. Sis. Satek had no report. Sis. Pros had no report except to remind Sokol Taylor to pay their dues. Bro. Masek was excused and had no report. Sis. Kourim had no report.

Bro. Lebloch thanked everyone that helped him put up display at CSA.

The art contest has been judged and the winners will be announced. He was at the Merit Award meeting. He also attended the annual meeting of Sokol Berwyn.

Bro. Milan reported that Sokol Houston has started a small museum. He met with committee in regard to mascot for Sokol. Also, sent banners for flags on the Slet day to the office.

Sheldon Fox finished the annual report for 1992. Copies are available and one copy will be sent to Sis. Barnes. Sis. Wojcik reported that the Slet fund has a balance of \$38,527.76.

Bro. Borvansky reported he had a wonderful time at the Southern District Slet in Houston.

Sis. Filipello reported that she attended the Western District Slet in Minnesota. She attended the Cermak Road Business Assoc. meeting and we need a letter for solicitation. She will have eight people and three cameras for videotaping the Slet. Bro. Milan moved that the camera people be given meal ticket and press pass on the day of the Slet, seconded and passed. Bro. Milan moved to pay bill of \$320 for artwork for mascot design, seconded and passed.

Slet report was next on agenda. There will be food from 4:00 p.m. at the opening ceremonies, at all competitions, Friday evening at Social, during the Slet rehearsal and performance and a buffet at the after Slet social. Bro. Babka moved to charge 53 sweatshirts for COS gymnasts at cost plus 10%, seconded and passed, with one

Continued on page 7.

*To all contributors to the fund for the
COS gymnasts coming to the XVIII A.S.O. Slet,*

*There are moments in a man's life when he or she is happy to
the fullest extent of happiness. This letter of grateful
acknowledgment is such a moment, for we turn to all of you
who made the visit of the young Czech Sokols to our XVIII Slet
possible. You have helped fifty Czech Sokols spend a week in the
Chicagoland area learning the way we live here. On the other
hand, their presence greatly enhanced our Slet.*

*By now, they are back home sharing their Chicago experience
with their families and Sokol friends. These memories of our
XVIII Slet will remain with them for many years to come.
Most of all, they will remember the generous hearts of members,
units and districts of the American Sokol Organization.*

*Sisters and brothers of the American Sokol Organization, you
have once again confirmed the old Sokol values so well defined
by Miroslav Tyrs and Jindrich Fuegner, which are just as good
today as they were 130 years ago.*

As sincerely as we can, we thank you.

Na Zdar!

Bro. Fred Kala Bro. Vladislav Slavik Bro. Roy Zitny

◆ MEMORIAM ◆

Rudolf Hradecky 1909-1993

Bro. Hradecky was born in Czechoslovakia and came to New York at the age of 1. He joined Sokol New York in 1926. At Stuyvesant H.S. he was a member of the gymnastic and track teams. His gymnastic history and accomplishments included the following: 1928/36/44/46/47 National AAU Vault Champion, 1929 National Sokol Champion, 1941 Member of 4-Man Sokol NY team which tied for AAU Team Championship with the University of Illinois, 1948 U.S. Olympic Committee, 1993 Elected to the Gymnastics Hall of Fame.

Sokol New York was fortunate to have Bro. Hradecky serve as Director of Men during World War II. He was very responsible for maintaining activity in the Unit when the war drained away many instructors. Bro. Hradecky was General Manager for the General Bronze Corp. and since their work was essential to the war effort and he was in a key position, he was exempted from military service. This, indeed, was in Sokol New York's favor. He served as an exemplary role model, particularly for the junior gymnasts. He led Sokol New York young men to a National AAU team title. He fondly recalled working with excellent gymnasts such as Jerry Hardy, Frank Kveton, Charles Skoch and Lardy Hudecek. He not only made a strong gymnastic effort, but he also brought and taught his exceptional administrative skill to the Board of Instructors. Sokol New York is deeply saddened by this loss, but his contribution will live on.

*~ Norma Zabka,
President, Sokol New York*

THANKSGIVING

October 1777 marked the first time all the thirteen colonies joined in a common thanksgiving celebration and the occasion commemorated the patriotic victory over the British at Saratoga. It was a one-time affair.

The first national Thanksgiving proclamation was issued by President George Washington in 1789, the year of his inauguration, but discord among the colonies prevented the executive order from being carried out. For one thing, many Americans felt that the hardships endured by a mere handful of early settlers were unworthy of commemoration on a national scale – certainly the brave new nation had nobler events that merited celebration. On this theme, President Thomas Jefferson went so far as to actively condemn a national recognition of

Thanks-giving during his two terms.

The establishment of the day we now celebrate nationwide was largely the result of the diligent efforts of magazine editor Sarah Joseph Hale.

Mrs. Hale started her one-woman crusade for a Thanksgiving celebration in 1827, while she was editor of the extremely popular Boston *Ladies' Magazine*. Her editorials argued for the observance of a national Thanksgiving holiday, and she encouraged the public to write to their local politicians.

When *Ladies' Magazine* consolidated with the equally successful *Godey's Lady's Book* of Philadelphia, Mrs. Hale became the editor of the largest periodical of its kind in the country, with a readership of 150,000. Her new

Continued on Page 11.

BOARD OF GOVERNORS MEETING

June 26, 1993

The meeting was called to order by President Borvansky at 2:30 p.m. in the Slet headquarters hotel, the Oak Brook Marriott. Members present were Bros. Borvansky, Slavik, Martanovic, Masek and Laznovsky and Sis. Kourim, Pros, Pajeau, Basta and Duffy for Bro. Zelanka. Sis. Wojcik was excused.

There was a letter of correspondence about Sokol Los Angeles renting their hall for a group that uses it as a night club. They need to rent to raise money. After a brief discussion, Bro. Slavik moved that we take no action unless the District asks the A.S.O. for help; we cannot tell a Unit how to rent their hall, seconded and passed.

The District Directors' Conference is to be held in the Chicago area in October 1993. The A.S.O. is low on funds and does not feel it can fund an entire conference. There was a brief discussion and it was the feeling of the board that each district cover the expenses of their own directors. Also, the Conference should be held as inexpensively as possible. Sis. Basta moved that the A.S.O. not subsidize the District Directors' Conference, seconded and passed. Sis. Basta moved that if the conference is held, the A.S.O. must be responsible for the Men's and Women's Directors and the BOI Secretary, seconded and passed.

The World Federation of Sokols meeting is to be in Prague in late-September or early-October. There will be an annual fee of \$100. The purpose of the Federation would be to coordinate all Sokol activities. Bro. Slavik moved that we send a delegate if we can afford to pay that representative's way, seconded and passed.

There was a long discussion about the position of Executive Director. Sis. Pros discussed the current financial situation of the A.S.O. She explained that membership is down, so there is less income and expenses to run the organization are up. In discussing the Special Assessment Fund, it was recommended that each district be notified about how much they have left in that fund. She stated that the expenses for the Executive Director for 1992 were \$13,836.74 and about half of that so far in 1993. The Executive Director has raised about \$7,000 so far.

There was a long discussion about the duties of the Executive Director. Everyone felt that the primary duty was fund raising. It was decided that a few of the board will meet with the Executive Director and talk about goals. It was recommended that the Executive Director work in the office at least 25 hours a week, resign as District Women's Director, return computer to office and cancel

additional phone. There was also the recommendation that the Executive Director work on commission only. It was decided that Bro. Borvansky and the six District Presidents meet with the Executive Director and go over these recommendations.

Sis. Basta moved to continue to not allocate matching fund of \$.50, seconded and passed.

There will be a letter in the "American Sokol" thanking people and units that contributed to the Czech gymnasts.

Bro. Masek stated he will not be Western District President next year.

Discussion about types of financial donations.

After the Slet, the A.S.O. will start to look into tours to Prague in 1994 for the Slet.

Bro. Borvansky asked if any District would like to host the next Slet in 1997. There was no comment at this time.

The convention will be in Baltimore in 1995. Need to find moderately-priced hotel.

Need to keep cost of instructors' schools down. There was a brief discussion.

Meeting adjourned.

Sis. Nancy Pajeau, Secretary

Sis. Lynda Filipello _____

THE TALON MUG

A great fund-raising opportunity for your Unit!

These mugs feature our own "Talon the Falcon" informing everyone that "Sokol Gymnastics is Fun!"

This product is market-tested and virtually sells itself. This unique mug can be used over and over again, at home, at work, in the car, at the beach or at your favorite sporting event. Made in America, it can be used as a thermal mug for hot or cold drinks or use it as a can cooler. It even has a handy storage compartment on the bottom for keys, cash, credit cards, driver's license, tea bags, soup packets or cream & sugar packets.

Sales are and have been phenomenal by groups just like ours. Advertise your Sokol program through the sale of these mugs. The red/white/blue Talon mugs are available from the American Sokol Office, either individually (\$6.00 each, plus shipping & handling) or to Units as a fund-raising program. Units should write or call for an information packet: American Sokol, 6424 W. Cermak Road, Berwyn, IL 60402, 708-795-6671.

\$6⁰⁰ Each

(Individually)
+ Shipping & Handling.
Units should contact
ASO Office for an
information packet for
fund-raising.



◆ MEMORIAM ◆

Sokol Slavsky mourns the loss of Bro. Otta Karasek. Bro. Karasek, 73, a former gymnastics instructor, served as an international leader in Sokol. He started in Sokol in Prague when he was 6 years old and gymnastics became his great interest. He saw Sokol closed down in Czechoslovakia during World War II. He was from that generation that saw Sokol as not just athletics, but something that helped you stay honest and modest. He was a devoted husband and father, but Sokol was his first love. As the Communists tightened their control in his native country in 1948, Bro. Karasek escaped and went to France where he became gymnastics director of the Sokol de Paris. He also played on a prominent soccer team there and organized the Sokol de Paris volleyball team. Bro. Karasek came to the United States in 1952 as a traveling gymnastics instructor for Sokol and then served as gymnastics director for Czechoslovak Sokol Abroad. In 1953, he helped organized the Sokol calisthenics program staged in Soldier Field. In 1962, he, along with Dr. Antonin Hrebik and Marie Provaznik organized the Sokol's centennial celebration held in Vienna. He is survived by his wife Jana and daughters Elisabeth and Jana.





AMERICAN SOKOL ORGANIZATION

GYMNAST

OCTOBER 1993



Editor: Frank H. Michalek — 10 S. 020 Lorraine Dr., Hinsdale, Illinois 60521

American Sokol Organization DISTRICT DIRECTORS CONFERENCE held on OCTOBER 22, 23, 24, 1993 at the Clubhouse Inn Westmont, Illinois



Front Row: Robert Liptak, Jane Wise, Maryann Fiordelis, Lynda Filipello, Cheri Riddle, Sandy Benak, Mary Panakia, Bud Benak, Edwin Halik.

Middle Row: Rome Milan, Helen Onni, Melissa Belessen, Ann Halik, Frank Michalek, Lou Hintnaus.

Back Row: Joan Sedlacek, Fran Malina, Ellen Schnabl, Sylvia Laznovsky, Howard Wise, Jan Kalat, Chuck Kalat, David Harlan.

Camera shy — not pictured: Pat Satek, Joe Placek, Judy Harlan, Steve Frolo, Brian Pracko.



XII. SLET

ALL SOKOLS SLET IN PRAGUE 1



TOTS

*red shirt, navy blue shorts,
white socks,
white slippers*



JUNIOR GIRLS

*royal blue leotard
long sleeve,
white slippers*



JUNIOR BOYS

*boys white "T" shirt, junior boys
sleeveless white shirt with
red piping, red shorts, white socks,
white slippers*



WO
V
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OLDER SENIOR GYMNASTS

*navy blue skirt and
pants with belt, white blouse
and white sleeveless shirt with
red piping, red scarf, white shoes*



WOMEN - KARNEVAL

*lavender skirt
white V "neck"
lavender brie*



PA
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whi

04 - UNIFORMS FOR ALL CLASSES



MEN & OLDER JUNIOR BOYS

white "T" shirt and white sleeveless, white shirt with red piping, royal blue sweat pants, navy blue shorts, white socks, white slippers

royal blue leotard, long sleeves, white piping on collar, white slippers, Indian clubs



YOUNG GIRLS & JUNIOR GIRLS

red leotard, long sleeves, white slippers, white hoop

NUMBER

"T" shirt, white slippers,



LITTLE GIRLS

green tunic dress, white slippers, basket and rope

BOYS AND CHILDREN

royal blue sweat pants, white shirt, red "T" shirt, navy blue shorts, white socks and white slippers



TOTS

red "T" shirt, navy blue shorts, white socks, white slippers, sport cone

Have Your Heard?.....Want to be a Part?

The *Directors Newsletter* is a monthly publication (10 issues per year) of the American Sokol National Board of Instructors (BOI) intended to provide regular, direct communication between the ASO BOI and the Unit/District Directors within the organization. The Newsletter:

- ♦ disseminates timely information from and reports the monthly activity of the National BOI;
- ♦ actively solicits reader contributions and provides a forum for sharing current Sokol thought, comments, opinions, problems, solutions, etc.;
- ♦ distributes leadership, coaching, and educational information to help with director/coach development;
- ♦ provides the opportunity for today's leaders to read and reflect on the thinking of previous Sokol leaders by reprinting articles from past issues of the *Sokol Gymnast* and *Sokol Americky*.

This newsletter is sent free of charge to all American Sokol Unit/District Directors, other Sokol organization National Directors, members of the National BOI (Unit/District Director changes should be submitted immediately to keep mailing list current), and on a paid subscription basis to all other interested Sokol individuals.

Its publication and distribution is currently subsidized 100% by donations and subscriptions with no additional funding required from the organization itself. If you are interested in becoming a subscriber, please send your name, address, and unit affiliation along with the annual subscription fee of \$4.50 (checks payable to Directors Newsletter - Chuck Kalat) to:

Directors Newsletter, 2401 Bluebonnet Dr., Richardson, TX 75082.

Material for the *Directors Newsletter* is always welcome.

ORDER YOUR SLET YEARBOOK NOW!

TARGET DATE FOR RELEASE — SPRING 1994

A copy of the XVIII American Sokol Slet Yearbook will be reserved for:

Name _____
Address _____
City _____ State _____ Zip _____
Phone _____ Sokol/Lodge _____

Please make check for \$25.00 to:
American Sokol Org. XVIII Slet Yearbook.

Send to:
Frank Michalek
c/o American Sokol Organization, 6424 West Cermak Rd., Berwyn, IL 60402



The Sokol Educator

Bro. Paul C. Lebloch, A.S.O. Educational Director

XVIII A.S.O. Slet Art Contest Winners

The Educational Committee of the A.S.O. congratulates all the artists who entered the XVIII A.S.O. Slet Art Contest. The judges were Edith Jurica and Lillian Rieth, artists who have won numerous awards and have been active in the fine arts for many years. They are members of several Art Leagues, including the Berwyn, IL and Brookfield, IL Art Leagues. They are also former Sokol members who have participated in Sokol Slets. The judges were very impressed by all the artwork and in the future hope to see many more entries for competition. The winners in each category were:

Category 1 - 1st Class - Ages 6-9

- 1st - Maria Breidenbach, Sokol St. Louis
- 2nd - Ashley Toth, Sokol Naperville
- 3rd - Jennifer Kero, Sokol Little Ferry

Category 2 - 2nd Class - Ages 10-12

- 1st - Milana Linaglova, Sokol Zebrak
- 2nd - Spoustova, Sokol Zebrak
- 3rd - Monika Tyburcova, Sokol Zebrak
- Hon. Mention - Ctirad Rauschner, Sokol Zebrak

Category 3 - Juniors - Ages 13-16

- 1st - Veronica Iwinski, Sokol Slavsky
- 2nd - Willow Kotlan, Sokol Ceska Sin
- 3rd - Pavel Lemon, Sokol Zebrak
- Hon. Mention - Klara Donsova, Sokol Zebrak

Category 4 - Seniors - Ages 17+

- 1st - Annette Schabowski, Sokol Tabor
- 2nd - Joan Curran, Sokol Tabor
- 3rd - Christina Curran, Sokol Tabor
- Hon. Mention - Carolee Michalek, Sokol W. Suburban

Minutes of A.S.O. Executive Board Minutes - June 15, 1993 *(continued)*

opposed. Bro. Babka moved to take out a 1/4-page ad in the Denni Hlasatel on Sunday, June 20 and Wednesday, June 23 for the Slet and Knoch Band, seconded and passed. Bro. Satek moved to get ad in Sunday, June 20 for up to \$500, seconded and passed.

The musicians are coming. Bro. Babka moved to feed the musicians at the Friday Social, seconded and passed. The Chicago Musicians Union will give an award at the intermission at the concert.

There are very few rooms booked at the Marriott which will result in having to pay for the extra rooms we need for display, souvenirs, etc. Sis. Pros moved to admit children

under 12 to the social for free, seconded and passed. Sis. Pros need to know names of workers so that name tags can be made in advance of event.

Bro. Zitny sent word that the COS gymnasts are coming on Sunday and there will be an open house at Sokol Brookfield on Tuesday with dinner available. Bro. Milan stated that 52 people from Sokol Ft. Worth would stay for the buffet at Sokol Tabor after the Slet.

Sokolice South Omaha is looking for pages of amendments to their by-laws. Discussion about insurance at Instructors' School and the need for a copy machine at the school.

There will be a Board of Governors meeting at the hotel on Saturday, June 26, 1993 at 2:30 p.m. and a Roundtable of all guest organizations at Sokol Tabor at about 7:00 p.m. If you want anything put on the agenda, please notify the secretary.

There will be a final Slet meeting sometime after the Slet when most of the books are balanced. There will also be a tour meeting after the Slet. The tour committee may be Bros. Lebloch, Zitny, Borvansky and Sis. Filipello and Pistorius.

Next meeting should be Tuesday, August 24, 1993. Meeting adjourned at 9:58 p.m.

Sis. Nancy Pajeau, Secretary

Sokol Roundtable Meeting

June 27, 1993

The following members were present at a meeting at Sokol Tabor after the XVIII American Sokol Organization Slet:

Frank H. MichalekASO/BOI
Jan SopociSokol USA
Stanislav DoutlikCOS
Jarina ZitnaCOS
Edwin HalikASO/Guest
Viri ZizkaCOS
Anna BastaASO/Central Dist.
John WalekSokol USA
Chris YatchyshynSokol USA
Stephen J. BanjakSokol USA
Janet KalatASO/BOI
Charles R. BorvanskyASO/Pres.
Nancy PajeauASO/Secretary
Men's DirectorSokol Canada
Women's DirectorSokol Canada
Jan WaldaufCzech. Sokols Abroad
Trifico VrtikapaYugoslav Sokol
Bravko SrmcicYugoslav Sokol
Vukotevic HubicaYugoslav Sokol

(There were additional guests that did not sign the attendance list. Some of the spelling of names may be in error.)

Bro. Borvansky called the meeting to order and thanked everyone for their participation in the XVIII Slet. There was a discussion about marching competition, which everyone stated was a great idea. There was a good response from both the competitors and spectators.

The awards presentation was done in a very organized fashion. Everyone stated a good job was done by all.

Bro. Doutlik congratulated the ASO on a successful completion to the Slet. He hoped that his delegation contributed to the Slet and hopes that we will be able to do the same for their Slet in 1994.

Bro. Walek asked about the Slet in Prague and Bro. Doutlik stated that information should be sent shortly. The Slet will take place the first week in July, 1994. It will last for six days. On Friday and Saturday, July 1 & 2, there will be rehearsals. There will also be a rehearsal for the entries for the 1995 Gymnastrada to be held in Frankfort, Germany. On Sunday, July 3, there will be a parade through Prague. On Monday, July 4, there will be rehearsals. The main performances would be on Tuesday, July 5 and Wednesday, July 6. The performance on both days is exactly the same. They are hoping for 50,000 participants. There was a discussion that all groups need to advertise the 1994 Slet and start to make travel and housing plans. They are looking into programs that would have reduced air fares for this time of the year.

The instructors will have booklets about the calisthenics at the workshop. Videotape of calisthenics should be out in September.

The COS asked if there would be a special number from North America. It should have at least 1200 people to be on the Slet field. Smaller number could be performed on Sunday, July 3 in the evening. These would have a maximum of 100 people. They would need a commitment by the end of 1993. They would welcome more than one special number. General guidelines, like time limit and size of hall will be coming.

The 1938 and 1948 Slets were held over a 3-week period.

Bro. Waldauf, representing Sokols Abroad and Sokol Canada, stated that it was a great Slet and thanked the ASO. He enjoyed attending and thought it was a good start for the 1994 Slet in Prague.

Competition in the Czech Republic will go on all year; months in advance of the Slet. There are no plans to have any competitions outside of the Czech Republic. The competition routines will be sent to the North American Sokols so that they can see what the COS does and the levels of competition. The dates of the competitions will also be sent if anyone does want to participate. The competitors start at a broad base in all areas of the country. The second level of competitions are more difficult and the final top people do compete during the Slet. International rules will apply to competitions.

Sokol Canada will host the 1995 Slet in Toronto, June 23-25, 1995. Sokol USA will host the 1996 Slet in Philadelphia, starting on July 4, 1996. This will be the 100th Anniversary of Sokol USA and the 220th Anniversary of the United States. The 1997 Slet will be hosted by the ASO. The Board of Governors will decide the location.

The representatives of the Yugoslav Sokols expressed their enjoyment of the Slet. They stated there is a revival of interest in Sokol in their country.

Meeting adjourned at 9:35 p.m.

FUTURE SOKOL LEADERS FUND

Purpose: To train and educate young people to assure able administrators, the best of idealistic instructors and educational directors for Sokol Units and Districts.

In memory of Jarmila Zenisek from Betty & Helen Prener	\$20.00
In memory of Ellen Hanus from Blanche Kos	\$20.00
In memory of Anne Fara, Sokol Brookfield from Sokol Brookfield	\$50.00
In memory of Anne Fara, Sokol Brookfield from Sokol Slavsky A.M. Class	\$50.00
In memory of Jenovefa Hoza, Sokol Belcamp from Sokol Belcamp	\$25.00

❖ MEMORIAM ❖

Sis. Jenovefa Hoza, Sokol Belcamp, MD, passed away on September 24, 1993. Sis. Hoza was born in Bukova, Czechoslovakia in 1903. She was educated in the Czech schools and graduated from the Business School in Zlin. She met her late husband John at the Bata Shoe Co. in Zlin where they both worked. They came to Belcamp in 1938. A life member of the Harford Memorial Hospital Auxiliary, she was one of the first members of its Bel Air unit. She was a charter member of Sokol Belcamp, which was organized in 1941 and was a very active and supportive member of Sokol activities. Sis. Hoza is survived by her daughter Jarmila, son-in-law Charles V. Craster, granddaughter Jenna Craster, a niece, nephew and relatives in the Czech Republic. Sokol Belcamp members extend their sincere sympathy to her family.

Dear Sisters and Brothers,

We want to thank you again sincerely for the joy and experience we had participating in your XVIII Slet.

We have observed that on one hand you have been calm and well organized and on the other warm and friendly.

It was an enormous task for you to tackle and we did not make it easier for you, but we believe that it was a great and historical experience for both of us.

We hope that the next year your participation in our XVIII Slet will be as joyful for you as it was for us participating in your Slet.

Our financial contribution of \$5,200 toward your expenses with us (which you did not accept) is going into the Slet fund.

With sincerity and brotherly greetings to all of you.

Na Zdar!

Dr. Stanislav Doutlik

Starosta Ceskoslovenska Obec Sokolska.



TENSION HEADACHES - Self-Care Tips That Work!

Tension headaches can often be relieved by using these simple techniques:

- A warm shower or bath, or heating pad.
- Lying down in a dark room with your feet up and a cool washcloth over your eyes.
- Ice packs applied to the back of the neck.
- Massage. Do it yourself or ask someone else to deeply massage your neck, shoulders and scalp.
- Relaxation training. Tense, then relax different muscle groups. After going through each body part, you finally relax your whole body.

American Sokol Organization

QUARTERLY FINANCIAL REPORT - APRIL, MAY, JUNE 1993

Submitted by Sis. June Pros, Financial Secretary

RECEIPTS

Dues	\$17,483.00
Convention Fund 4th Qtr.	932.00
Special Assessment 4th Qtr.	575.00
Dividends/Interest	74.32
Subscribers/Advertisers	87.80
Resale Jewelry	2,181.25
Old Souvenirs	213.75
Educational Booklets	164.00
BOI Skills/Video	167.75
Postage/UPS	15.02
Donations to General Fund	96.93
Czech Video	60.00
Mailing Labels/Copies	22.35
BOI Rhythmic Materials	74.40
Repay Merit Award	225.00
XVIII Slet Video	40.00
Uniform Dept. Salaries (March/April/May)	1,439.23
Uniform Dept. FICA/Medicare	248.24
Uniform Dept. FWT	11.00
Uniform Dept. IWT Tax	48.15
Uniform Dept. Phone/Fax	91.09
Uniform Dept. Rent (April/May/June)	825.00
Directors Pin	426.00
Pancake Breakfast Tickets	18.00
XVIII Slet Repayment	7,321.99
Phone Directory Listing	40.00
Scrap Paper	2.46
Slet Yearbook	725.00
TOTAL	\$33,608.73

DISBURSEMENTS

ADMINISTRATIVE DEPT.

Salaries, April/May/June	\$2,635.83
FICA/Medicare, March/April/May	409.02
FWT	66.00
IWT, 1st Quarter	70.80
Petty Cash, Postage	159.87
Office Supplies	169.53
Janitor Service/Supplies	287.25
CPA Fee	435.00
Illinois Bell/Long Distance/FAX	291.94
Commonwealth Edison/Electric	196.94
Insurance	525.00
Slovak Flag, Pole, Stand	138.50
Certificate Sokol Taylor	65.66
Reservations Sokol Milwaukee 125th	80.00
Cermak Road Bus. Assoc. Dues	50.00
Rent, April/May/June	2,541.00
TOTAL	\$8,122.34

BOARD OF INSTRUCTORS

Salaries, April/May/June	\$2,286.15
FICA/Medicare, March/April/May	497.30
FWT, March/April/May	45.00
IWT, 1st Quarter	58.35
Petty Cash/Postage	49.77
Illinois Bell/Long Distance/FAX	520.71
Editor "Gymnast"	60.00
Printing "Sokol Gymnast"	475.88
TOTAL	\$3,993.16

EDUCATION

Salaries	\$73.63
FICA/Medicare	12.64
IWT, 1st Quarter	1.95
Supplies	44.10
TOTAL	\$132.32

PUBLICATION

Salaries (Mailing)	\$288.28
FICA/Medicare	12.64
Supplies	15.60
Editor, April/May	300.00
Printing	3,498.20
Postage, April/May	713.88
TOTAL	\$4,828.60

UNIFORM DEPARTMENT

Salaries, April/May/June	\$1,570.60
FICA/Medicare, March/April/May	248.24
FWT	11.00
IWT, 1st Quarter	41.55
Illinois Bell/Long Distance/FAX	90.49
Rent, April/May/June	825.00
TOTAL	\$2,786.88

EXECUTIVE DIRECTOR

Salary, April/May/June	\$2,540.55
FICA/Medicare, April/May/June	459.00
FWT, March/April/May	147.00
IWT, 1st Quarter	82.95
Illinois Bell	184.00
TOTAL	\$3,413.50

MISCELLANEOUS

L K Fire Extinguisher Co.	110.00
Artwork "Talon" Character	320.00
TOTAL	\$430.00

XVIII SLET

Phone	\$30.56
BOI Postage/Video Tapes	261.12
BOI ID Badges	154.14
BOI Trophies	872.77
BOI Audio/Visual	94.00
BOI Supplies	76.81
BOI Field Leader Shirts	340.50
BOI Rental Bold Typewriter	60.00
Banquet Postage	91.14
Ticket Postage	168.65
Poster Postage/Supplies	24.47
Supplies	111.70
WNIB Radio Advertising	200.00
Immigration Fee/Czech Band	510.00
TOTAL	\$2,995.86

ASO INSTRUCTORS SCHOOL

McDonald Corp. Donation	\$2,500.00
Staff Shirts	142.50
TOTAL	\$2,642.50

SPECIAL ASSESSMENT

Eastern District	\$113.75
Central District	257.00
Western District	573.00
TOTAL	\$943.75

Balance Brought Forward/Checking	\$8,503.87
Receipts	+ 33,608.73
	\$42,112.60
Disbursements	- 30,288.91
Plus Void Ck. #11714 - 5/28	60.00
Less Bank Service Charges	\$12.86

BALANCE CHECKING 6/30/93 \$11,870.83

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Sokol	Name	New Address	City	State	Zip

**EDUCATIONAL MATERIALS,
SOUVENIRS, MEMBERSHIP PINS & KITS**

Membership Pins and New Member Information Kit

Membership Kit	\$7.50
<i>(Contains Plain Pin, Copy of ASO By-Laws, ASO Tri-Fold, Parliamentary Procedure Booklet, Sokol & the Sokol Idea Booklet, Car Decal)</i>	
Plain Pin (No Year)	\$5.00
5, 10, 15, 20-Year Pin	\$13.00
25-Year Pin	\$25.00
30, 40-Year Pin	\$8.00
35, 45-Year Pin	\$6.25
50-Year Pin (Gold-Filled)	\$32.00
55 Years & Over	
"Citation of Merit"	NO CHARGE

Educational Materials

Sokol and the Sokol Idea	\$2.50
Our Task, Aim and Goal	\$2.50
Dr. Josef Scheiner	\$2.50
Highlights of Czech History	\$2.50
A.S.O. 125th Anniversary Book	\$4.00
"Amer. Sokol Sings" Songbook	\$4.00
Gym. Activities with Hand App.	\$6.00
Sokol Gymnastic Manual	\$15.00

Board of Instructors

Girls'/Boys Skills Program Materials	
Lg. Packet (25 Participants)	\$28.00
Sm. Packet (12 Participants)	\$14.00
Tots' Skills Program Materials	
Lg. Packet (25 Participants)	\$15.00
Sm. Packet (12 Participants)	\$8.00

Separate Cards, Patches, Bars and Ribbons also available.

Souvenirs

Sokol Gold Plated Stick Pin	\$7.00
Festival Coffee Mug	\$2.00
Sokol Bouquet Postcard	\$.25
Sokol Charm	\$3.00
Sokol Stud	\$2.00

XVIII ASO Slet Souvenirs

Sweatshirt (S & M Only)	\$12.00
Lapel Pin	\$3.00
Large Canvas Tote Bag	\$8.00
Canvas Barrel Gym Bag	\$10.00
USA Key Chain	\$1.50
Pen	\$2.00
Luggage/ID Tag	\$3.00
Slet Plate ('93, '89, '85, '81)	\$25.00
Program Book	\$2.00

Etc.

Unit ID Ribbons	\$1.25 Each
Czech Video	\$30.00 Incl. Post.
Talon Mugs	\$6.00
Set/3 XVIII Slet Videos	\$39.95+\$4.00
XVIII Slet Video Only	\$19.95+\$4.00

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THANKSGIVING (Continued from Pg. 4)

editorials were vigorous and patriotic, and their criticism of dissenters was caustic. In addition to her magazine outlet, over a period of almost four decades she wrote hundreds of letters to governors, ministers, newspaper editors and each incumbent President. She always made the same request: that the last Thursday in November be set aside to "offer to God our tribute of joy and gratitude for the blessings of the year."

Finally, national events converged to make Mrs. Hale's request a reality. By 1863, the Civil War had bitterly divided the nation into two armed camps. Mrs. Hale's final editorial, highly emotional and unflinchingly patriotic, appeared in September of that year, just weeks

after the Battle of Gettysburg, in which hundreds of Union and Confederate soldiers lost their lives. In spite of the staggering toll of dead, Gettysburg was an important victory for the North, and a general feeling of elation, together with the clamor produced by Mrs. Hale's widely circulated editorial, prompted President Abraham Lincoln to issue a proclamation on October 3, 1863, setting aside the last Thursday in November as a national Thanksgiving Day.

Since then, there has been one controversial tampering with that tradition. In 1939, President Franklin D. Roosevelt shifted Thanksgiving back one week, to the third Thursday in November - because store merchants

requested an increase in the number of shopping days between Thanksgiving and Christmas.

This pleased the merchants but just about no one else. Vehement protests were staged throughout the country. Millions of Americans, in defiance of the presidential proclamation, continued to celebrate Thanksgiving on the last Thursday in November - and they took the day off from work. Protests grew even louder the following year. Not wanting to go down in history as the Grinch who stole Thanksgiving, in the spring of 1941 Roosevelt publicly admitted he had made an error in judgment and returned the holiday to the last Thursday in November. The merchants countered by offering sales and discounts, thus beginning the annual practice of promoting Christmas earlier and earlier.

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