

american **SOKOL**



Volume CXXIII, Number IV

APRIL/MAY 2001

*To All Sokol Members:*

A DRIVING FORCE



2 **SOKOL** 1

XX AMERICAN SOKOL SLET  
DETROIT METROPOLITAN AREA

*See you in Detroit!*  
*June 27 to July 1, 2001*

## American Sokol

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A.S.O. Board of Instructors meets every 2nd Wednesday (except July/August), 7:30 P.M.

Library, Archives & Museum Curator:  
Annette Schabowski

## From Your Editor...

This is the last issue before the Slet. The Slet Committee and the Board of Instructors have been working hard to make it memorable. Take lots of pictures while you are there and jot down notes for interesting articles. Then, SEND IT TO ME! Your input is important to the success of this publication. Parents, tell your Youth Members to be on the lookout for special Youth Member happenings at the Slet. See you in Detroit!

NA ZDAR!

Sis. Patricia Satek  
46 Northgate Road  
Riverside, IL 60546-1639

## CALENDAR of EVENTS

<b>MAY</b>		<b>JUNE</b>	
27-28	Czech & Slovak Festival Bohemian Hall & Park, Astoria, NY	18-22	Sokol Minnesota Children's Culture Camp
28	MEMORIAL DAY		XX AMERICAN SOKOL SLET JUNE 27-JULY 1, 2001 DETROIT, MICHIGAN
<b>JUNE</b>		<b>JULY</b>	
1-2	Sokol Brookfield Rummage Sale	1-7	WSF International Camp Sponsored by American Sokol at Sokol Woodlands, Barryville, NY
3	D.A. Sokol Exhibition	4	Independence Day
6-9	Petr Nikl - Visual Artist & Puppeteer at the Embassy of the Czech Republic, Washington D.C.	8	Czech Day - Taborville OH Call 216-662-6130
8-10	Western District Slet hosted by Sokol South Omaha	20	Sokol Greater Cleveland Fish Fry
9-10	Eastern Area Festival	<b>AUGUST</b>	
9-10	Cesky Den at Firemen's Park, Hillsboro, Wisconsin	12	Sokol Minnesota Camp Booya
10	Sokol Greater Cleveland Summer Gymnastic Exhibition	18	National Gymnastics Day
15	Sokol Greater Cleveland Fish Fry		

## THOUGHT STARTERS

from Sis. Joan Sedlacek, A.S.O. Educational Director

*"Those who complain about the way the ball bounces are usually the ones who dropped it."*

~ GENERAL FEATURES CORPORATION

## Our Sokol Credo

To build a healthy and beautiful human body; to cultivate a harmonious and total person; to develop firm character, a well-rounded disposition and a love of truth and justice; to produce strong, lovely and honorable people; that is the goal of a Sokol education.

# Bro. William Shana Celebrates 75 Years of Membership at Sokol St. Louis

A surprise party was held at the American Czech Educational Center honoring Bro. William Shana for his 75 years of active membership in Sokol St. Louis. With 160 members attending, Bro. Miro Janosik highlighted Bro. Bill's dedication to the organization.

In 1917, Bill stood at attention as the boys' gym class was called to order. Although smaller in stature than many of his peers, he followed instructions, worked hard and as the years passed, developed into a top notch gymnast. In 1924, Bill attended Junior class. In December of 1926 Bill was accepted and became a member of T. J. Sokol Slov. Lipa. His love for Sokol grew with age and blossomed into a loyalty that never faded.

He was on basketball teams from 1927 to the 30's. He became a top gymnast with the St. Louis team as they competed in Chicago 1934 & 1937 and Cleveland 1935. In 1938 he was in tryouts for the Prague Slet. As a member of the St. Louis High Division Team they placed 2nd in the 1941 Slet.

Bill was active at our Sokol Camp. During outings and workdays you would always find him working to maintain the beauty of the camp. He served as a camp counselor. He became President of the Camp Committee in the 1950's. From 1959 to 1972 he was the President of Sokol St. Louis. A willing worker, Bro. Bill is always there to help Sokol, CSA and the Board of Directors of the Center.

A new challenge in 1962 was raising funds for a new building. Through paper drives, rummage sales, stage shows, and dances participated in all. Bro. Bill became a member of the Board of Directors in 1963 and continues today as a trustee. In 1964 he turned over the first shovel of dirt at the

ground breaking ceremonies for our Center. In 1965, our centennial year, Bro. Bill was a representative to Washington DC. In 1966 he again represented Sokol at the ribbon cutting ceremonies at the grand opening of the Center.

In his spare time he devoted many hours sharing his artistic talent in creating ads and posters for many Sokol activities. His hard work didn't stop at his creativity or with his leadership abilities. He labored fiercely at jobs that required a lot of sweat and muscle power, always being at the forefront of any project that needed to be completed, whether digging a hole, repairing a roof, scrubbing the floor, working as bartender or wielding a hammer and paint brush.



There is no generation gap with Bro. Bill. In 1954 he played with the CSA Softball Teams and in the 1960s played with the Sokol Softball Team. He started bowling in 1976 with the CSA Bowling League and still continues today at the age of 93. He still enjoys a good game of Marias. He has worked the bar for our

Monday Night Bingo since they started in 1992. In 1989 he received 1st Place in the Sokol Essay Contest. In 1996 he was honored with the District Presidents Award.

Bro. Bill was presented with various mementos including a copy of the page of the Sokol Minutes from when he was accepted as a member. Photos, trophies and other memorabilia were there for all to enjoy. The presentation was followed by a dinner for all including Bro. Bill's favorite foods.

**A hearty "NA ZDAR!" Bro. Bill from all of us.  
ZIVIO, ZIVIO, ZIVIO**

*Compiled from information submitted by Sis. MaryAnn Sulz and Sis. Marla Breidenbach, Sokol St. Louis*

# Library • LIBRARY • LIBRARY

With pleasure, we feature **SIS. ANNETTE SCHABOWSKI**, curator of our American Sokol Library, Archives and Museum.

Many of our members have not had the opportunity to personally know Sis. Annette, but without her intense desire, tireless effort and loyal devotion to record, preserve and display our Sokol history, library and the artifacts, the knowledge of this wonderful organization would be lost.

Annette took over the reigns as curator in 1981, after Sis. Lorraine Zdenek and Sis. Ellen Jeanne Schnabl, along with others, began to organize items that our organization had accumulated from years past. She selected the pieces to be exhibited at the American Sokol Slet in Fort Worth, Texas and was hooked. Now, for 20 years, Annette has filed, categorized and displayed our history. She sends letters of acknowledgment to all contributors of donated items; slet pins, photos, postcards, books, awards, uniforms, flags and all other memorabilia. Annette lists, stacks, moves, arranges, repairs, displays, studies, searches and researches, files, locates all items related to our historical events. *Whew!*

Sis. Schabowski began her love for Sokol in children's classes at Sokol Town of Lake. She participated at Town of Lake Camp as a

camper, cook and counselor. Along with Bro. John NekoIny and Sis. Henrietta Milan, Annette was responsible for the Forest

Preserve relocating a large stone with a new bronze plaque at the Children's Camp in Willow Springs, Illinois and initiated the annual Camp reunion. Annette became a championship gymnast at Sokolice Tabor, trained by Bro. Ed Linhart. Drawn by the wonderfully choreographed calisthenics and special numbers written by Sis. Mildred Prchal, Annette participated in over thirty routines, attended many American Sokol, Sokol USA and Sokol Abroad Slets and also a National Instructors' School in St. Louis, Missouri. She was a

tabulator at the 1979 World Gymnastic Championships. Annette gained

an even greater respect for the organization in 1987 when she represented the United States at the World Gymnaestrada in Herning, Denmark as a member of the American Sokol team.

Annette, with husband, Bill, have two daughters. Deanne Kearney, an aeronautical engineer in Ft. Worth, Texas, with husband, Jim, have a



Sis. Annette Schabowski - Curator ASO Library, Archives & Museum



Sis. Schabowski as a Sokol competitor, Championship Division.

# Archives • ARCHIVES • ARCHIVES

son Dylan. Christi Kontos, a medical technician, lives in Berwyn, Illinois with husband, Nick, and their two sons, Marshall and John. Annette, an accomplished artist showing in galleries across the USA and serving as President of the Berwyn (Illinois) Art League, has acquired the many talents necessary to bring our memorabilia to a professional standard.

Annette spent many hours and weekends during the past year preparing for the move of the Library, Archives and Museum to its new location at the CSA Building in Oak Brook, Illinois. Days of categorizing and inventorying items and books, bubble wrapping and taping resulted in over 165 boxes for the move, not including display cases, equipment, supplies and furniture.

Successfully working in cooperation with the CSA, Annette is displaying items in the museum, office area, arranging for rotating displays and preparing special groupings

and exhibits. She is restoring and archival preserving many of the older items.

Sis. Schabowski encourages members and friends to visit the museum and use the library for research or reading pleasure. Units and civic groups should take advantage of the Library, Archives and Museum for educational tours with classes and members. It is a wonderful and wholesome experience. It is a place to learn where we came from, where we have been and where we are going. Our Library, Archives and Museum is designated 501c-3 non-profit and is maintained by donations and support of members.

Donations to the American Sokol Library, Archives and Museum Fund are your way of perpetuating our organization into another 139 years.

We salute you, Annette! Thanks for your dedication. NA ZDAR!

• MUSEUM • MUSEUM • MUSEUM

**Sis. Annette Schabowski** shown with **Bro. Walter Hosek** of Sokol Zizka. Bro. Hosek, a loyal and dedicated Sokol, recommended at many past Conventions, BOI and Educational meetings, the building for an American Sokol Office with its own Library, Archives and Museum.



*Submitted by Bro. Jerry Milan*



L to R: Bro. Anton Smunt, Bro. Benny Lankas

## Happy 100th Birthday Bro. Benny Lankas!

On March 31, family and friends of **Bro. Benny Lankas**, 75-year member of Sokol Town of Lake, gathered at Tabor Hills Healthcare Facility in Naperville, Illinois to celebrate Bro. Lankas' 100th birthday. Present also was fellow member, Bro. Anton Smunt, an 80-year member, who will celebrate his 99th birthday this June. Sokol Town of Lake boasts of other long-time members: Josephine Ceithaml - 78 years, Jerry Pech - 75 years and John Kosnar - 75 years. Sage Bro. Smunt's advice for longevity is: "Keep breathing!"

*Submitted by Sis. Mil Mentzer*

## Three Frozen Kings

The Czech Catholic calendar lists May 12th as the "name day" for Saint Pankrác. The name day for Saint Servác is May 13th, and May 14th is the name day for Saint Bonifác. These three saints are often referred to as "the three frozen men" or "the three frozen kings." According to an old Czech legend, Saint Pankrác, Saint Servác, and Saint Bonifác were discovered, frozen, on May 15th by Saint Sofie, who thawed them out by pouring a kettle of hot water over them. Another legend says that the three men went fishing one beautiful, sunny day, but the afternoon temperature dropped so much that they froze while out at sea. They were brought home and nursed back to health by their housekeeper, Sofie. Through the years, they have become known as "zmrzly muzi" (frozen men.) This legend is cited as a gardening reminder for the month of May. Do not plant any young, tender plants before May 12th, 13th, or 14th. On May 15th, or after, it is considered safe to put out geraniums and other tender plants.

*Research from Patricia A. Hikiji - Volunteer/Tour Coordinator  
National Czech and Slovak Museum and Library*

### PRAGUE SLET VIDEO AVAILABLE

The American Sokol is making available a videotape set of the XIII ALL SOKOL SLET held in Prague, 2000. this set of two tapes has total run time of about 4 hours and is in VHS format. The narration is in the Czech language. the cost is \$25, plus \$5 shipping & handling. Send your order and \$30 check payable to AMERICAN SOKOL to the American Sokol National Office, 122 W. 22nd Street, Oak Brook, IL 60523-1557



# AMERICAN SOKOL GYMNAST

EDITOR: Sash Dumanovic • 2419 Scoville • Berwyn, IL 60402



## Staying Active This Summer

Before you know it the kids will be running to the pool each day, the AC will be on daily, and we'll be working on our tans. That's what summer is. It's about making time for family vacations and relaxing in your own special way.

Summer is arguably the best time of year to be a little lazy. There's nothing wrong with that. We all deserve a rest on occasion, but we probably shouldn't allow ourselves to get too attached to that recliner or couch.

It's a different season. Get out and enjoy it. There is plenty to do. Try something that you have never done, go somewhere new, or, just do what you really enjoy.

### **The benefits**

Well, you've all heard that regular activity is essential to good health, a long life, and of course happiness. It's no big secret. Recent studies also show a direct correlation between the amount of unhealthy snacks consumed and inactivity. I think that means that the more you lounge around, the more unhealthy snacks you may eat.

### **So, what is there to do?**

Try playing some tennis. May is National Tennis Month, sponsored by the United States Tennis Association. The association will celebrate by helping coordinate free clinics and seminars across the country. Check with your local clubs and parks for more information.

Tennis is fun to play in pairs or singles and it doesn't require expensive equipment to play or months of extensive training. It's fun.

How's that golf swing? Try out the local driving range, or take your turn at a nine-hole course if you haven't golfed before. It's surprising how popular this sport has become for both adults and children. Local clubs and parks usually offer clinics and camps if you find yourself searching for some organized instruction.

Try walking more often. Take an architectural tour in your city, or find a nature park or public garden to enjoy. Talk a friend into going with you. Walk regularly for exercise and you'll find yourself feeling better and gradually increasing your energy level.

### **More stuff to do**

Rollerblading, swimming, bicycling, canoeing and playing frisbee are a few more fun activities for all ages in the summertime. Some others include basketball, soccer, horseshoes, volleyball, and softball.

There are many more out there I would like to mention, but just can't fit in. The main point is to be active over the summer, and over the rest of the year as well.

### **Be safe**

While you're out there having fun, remember to drink plenty of water to rehydrate your body. The effects of dehydration range from thirst, flushed skin, and a tingling in arms and legs to dizziness, confusion, and spastic muscles. Symptoms from there become even more dangerous.

Also, make sure you receive some quality instruction if you're trying a new activity. Be safe and use common sense to avoid accidents.

## 2001 Detroit Slet News

### Entry forms

Each Sokol unit that responded to the March survey has been mailed entry forms for the National Slet. If your unit has not received them, please call contact the National BOI Secretary soon. Please complete the forms as accurately as possible and submit the forms the national office no later than May 15. A double entry fee will be assessed for all late entries including age and/or division changes after the May 15 deadline.

### Hotel rooms

Hotel rooms continue to fill up quickly near the Slet venues. If you haven't made any hotel arrangement, please do so as soon as possible to guarantee you a place to stay. The Headquarters Holiday Inn hotel is completely sold out for Wednesday and Thursday, but may have some availability for Friday and Saturday. The Quality Inn is completely booked. The Best Western and the Courtyard by Marriott may have some availability. This reflects the best information at the time of publication.

### The schedule

The preliminary Slet schedule can be found on the website and in the May 2001 Directors Newsletter along with the venues where the Slet activities will take place.

### Relay and Tug-of-war

American Sokol has a tradition of conducting a relay race and a tug-of-war at our national Slets. Each guest organization and American Sokol District is invited to enter one team in either or both events. Some of the basic rules are as follows:

Each Relay Race team much consist of two males and two females, the distance is one lap around the track (around 400 yards), each team member will run one quarter of the race, the running order is up to the team's discretion, all team members must wear matching t-shirts, and qualifying heats may be run during the morning rehearsal.

Each Tug-of-War team will consist of eight people, single elimination format will be used, all team members must wear matching t-shirts, and qualifying entries may also be run during the morning rehearsal.

Each district and guest organization must submit its intention to participate no later than June 1 to the BOI Secretary at the American Sokol office, 122 W. 22nd Street, Oak Brook, IL 60523 by mail, or fax 972-368-0758, or email the BOI Secretary at [aso@american-sokol.org](mailto:aso@american-sokol.org). Include your organization name/contact person, and contact phone or email address.

### The corrections

The correct day and date for the Slet banquet is Friday, June 29.

There is no novice division for boys. Novice division is limited to junior boys and men only. The divisions for boys, 6-12, are low, Mod. 7, Mod. 6, Mod. 5.

The mount on P-bars for boys low division, 6-12, is a jump to a straight arm support.

Masters I and II competitors may be part of a tag team under the same rules as other divisions. Masters I and II should be written on the entry from where necessary.

Senior Coed Group II Cal: Follow the text during counts 9-16, IV, Pg 16 of 18. The correct arm position is the frontarm.

Change "Headstand To Kneel, Arch Back", to "Headstand To Kneel" in the girls' and women's modified Level 2 Floor Exercise.

Change "Forward Roll to Stand" to "Forward Roll to Stand, Jump to Straddle Stand" in the girls'/women's modified level 2 Floor Exercise. Delete the text that reads "Straddle the legs as the roll continues, reaching between the legs with both hands to push down against the floor. Keep the legs straight as the hips rise to arrive in a straddle stand."



## Additional Ticket Order Form

**NOTE: DO NOT ORDER TICKETS FOR ANY GYMNAST FOR WHOM YOU ARE PAYING AN ENTRY FEE. INDIVIDUAL AND RHYTHMIC ENTRY FEES INCLUDE: AWARDS DANCE, COMPETITORS SOCIAL AND SLET. OPENING CEREMONY SPECIAL NUMBER PARTICIPANTS DO NOT NEED TO PURCHASE AN OPENING CEREMONY TICKET.**

		# OF TICKETS	AMOUNT ENCLOSED
OPENING CEREMONY	\$10.00 ADULT	_____	_____
OPENING CEREMONY	\$ 5.00 UNDER 16	_____	_____
AWARDS DANCE	\$10.00	_____	_____
COMPETITORS SOCIAL	\$16.00	_____	_____
SLET TICKET	\$10.00 ADULT	_____	_____
SLET TICKET	\$ 5.00 UNDER 16	_____	_____
TOTAL AMOUNT ENCLOSED			\$ _____

MAKE CHECKS PAYABLE TO: **ASO 2001 SLET**

MAIL TO: **JOAN SPIROFF  
3201 LEDGEWOOD Ct. E.  
COMMERCE TWP., MI 48382**

**TICKETS CAN BE PICKED UP AT THE HOSPITALITY TABLE LOCATED IN THE HEADQUARTERS HOTEL — HOLIDAY INN FAIRLANE  
5801 SOUTHFIELD FREEWAY, DETROIT, MI**

**DATES AND TIMES FOR PICK-UP ARE: Wednesday, June 27 between noon and 5PM  
Thursday, June 28 between 10:30AM and 5PM or Friday, June 29 between 10:30AM and 1PM**

**NAME OF PERSON PICKING UP TICKETS: \_\_\_\_\_**

**ORGANIZATION (I.E. SOKOL DETROIT): \_\_\_\_\_**

**DATE TICKETS WILL BE PICKED UP: \_\_\_\_\_**

# Nutrition Fact, Fallacy or Fiction?

In America, we spend billions and billions of dollars each year on nutrition and health related products such as vitamins, supplements, and herbal remedies. Many of these products offer legitimate and helpful benefits, while many offer nothing but misleading promises and deceptive, sometimes dangerous results.

## Health fraud

The Food and Drug Administration defines health fraud as “the promotion, advertisement, distribution, or sale of articles, intended for human or animal use, that are represented as being effective to diagnose, prevent, cure, treat, or mitigate disease (or other conditions) or provide a beneficial effect on health, but which have not been scientifically proven safe and effective for such purposes. Such practices may be deliberately deceptive or done without adequate knowledge or understanding of the article.”

Products fitting this definition have been called “quack” products, and present a real and genuine danger to anyone who buys into their claim and purchases their product.

The development of legitimate and useful products is a considerably long process if done correctly. First, a scientist may develop a hypothesis supported by years of work or study in their relevant fields. When scientists are ready to conduct their research, they must present their case to a committee or department within their own agency, university or company that should further assess the risks and benefits and validate the protocol. Next, animal and/or human experiments are developed. Peer review, follow up studies, and application for government approval all follow next.

## Misinformation spreads quickly

Unfortunately, getting around the law is easier than you might think. It can be harmful

for the consumer, but the promoter is protected by their First Amendment rights. If someone makes a false claim, but doesn't actually sell the product, they cannot be charged with fraud.

Misinformation can be spread easily through the media, popular books, phony organizations, sales pyramids, and word of mouth. The bottom line is that if it sounds too good to be true, chances are it probably is.

## Where is the reliable information?

Government agencies and universities are great places to find reliable information for some of your questions. National publications also offer reputable information for some of your health and nutrition questions.

You can contact the American Dietetic Association at [www.eatright.org](http://www.eatright.org) or the US Department of Agriculture at [www.usda.gov](http://www.usda.gov) for information on various topics. Both agencies have a wealth of information that is updated regularly for the public. Another excellent source on the web is [www.mayo.edu](http://www.mayo.edu). It is the Mayo Clinic Hospital and University website providing information on research, men's and women's health, along with many other resources.

Consumer Reports, Health, and Parents are some national periodicals that publish reliable information from credible sources. If a situation arises where you find yourself considering a product that you don't know much about, consult several sources before consuming that product.

## I am a victim of health fraud

Depending on the complexity of your situation, you might begin by contacting your local District Attorney, State Attorney General, the Federal Trade Commission's Bureau of Consumer Protection, the Food and Drug Administration or your State Health Department. Keep records of all literature you may have received, receipts, and other documentation.

# Czechoslovak Society of Arts and Sciences (SVU) 2001 North American Conference

## The Czech and Slovak Legacy in the Americas Preservation of Heritage with the Accent on Youth

~ Lincoln, Nebraska, August 1-3, 2001 ~

The University of Nebraska at Lincoln (UN-L) will host the 2001 North American Conference of the Czechoslovak Society of Arts and Sciences (SVU). The conference is sponsored by the University of Nebraska at Lincoln, College of Arts and Sciences, Department of Modern Languages, European Studies, and by the following community and regional groups: the Czech Language Foundation, the Czech Komensky Club, the Nebraska Czechs of Lincoln, and the Nebraska Czechs of Wilber. The dates of the Conference have been selected to coincide with the 40th Annual Czech Festival in Wilber, Nebraska, the Czech Capital of the U.S.A., during the first weekend in August. An estimated 40,000 - 50,000 people from all over the world attend the Wilber festival.

The Conference Committee has been working with our sponsoring organizations to put together a stimulating, exciting program as well as to include a variety of social and cultural activities for all attendees to enjoy. The preservation of Czech and Slovak heritage has long been an important part of Nebraska cultural life. We are reaching out to our Czech and Slovak

communities in the state and surrounding areas to become involved with us to make the 2001 SVU Conference a memorable experience for everyone.

One of the central themes of the SVU in the new millennium is our Youth. The organizing committee has taken this theme seriously and presently 5 of our panels are being chaired by youth in our community. A paper entitled "Czech-Slovak Youth Ambassadors" will be presented at our "Youth Organizations" panel by the Chairman and Pageant Director of the Miss Czech-Slovak USA Pageant.

Members of the Nebraska Czechs of Lincoln will serve as the hosts and hostesses of the conference, helping direct attendees to the exhibits that will be running simultaneously during the conference. We plan to have an array of entertainment during our breaks in the sessions, among the groups appearing will be the Capital City Czech Choraliers, dressed in their traditional kroje.

Panel titles include the following: Youth Organizations; History of Festivals; Banking; Student Exchange Programs; Czech and Slovak Museums, Historical

Sites, and Memorials; Heritage Digitilization Project; Czech and Slovak Architectural Influences; Teaching Czech Language; History of Immigration; Czech and Slovak Contributions to Medicine and the Helping Professions, Genealogy, Music, Literature, Theater, Economic Cooperation in the Czech and Slovak Republics, Czechs and Slovaks in Canada, Assimilation and the Acculturation of Youth, Library Archives and Collection Development, Presidential Symposium honoring Presidents of National and Regional Organizations, and the SVU Annual Meeting.

Invitations have been extended to President Vaclav Havel, former Secretary of State Madeleine Albright, as well as the Czech and Slovak Ambassadors to both the United States and Canada. A number of state, local, and university dignitaries will also be in attendance.

A variety of social and cultural events are planned in the community concurrent with the conference. These events include: A Reception will begin the festivities on Wednesday, August 1 at 7:00 p.m. at the Wick

*Continued on Page 8.*

Greetings from cold Denver! Enclosing check for renewing my subscription to "American Sokol," which I, as an old Chicagoan, enjoy every month. Was pleased to read the nice memorial for Sis. Emilie Ruzicka. I met her at the "Daily Svornost" 65 years ago, when she was our top advertising saleswoman. Born in Chicago, she spoke perfect Czech as well as English. Her husband, J.V. "Vena" Welcl covered the local news and later the foreign news, until June 1944. He took medical leave while I took over his post for 2-1/2 years before moving to Denver. During World War II, Emilie became very active in the Czechoslovak National Council of America, leader of the fight for freedom of Czechoslovakia. She was ready to join Vlasta Vraz in Prague, head of the American Relief for Czechoslovakia, when her husband became ill. She had to cancel her assignment. In the years that followed, Emilie played an important role with Vlasta Vraz, helping to stem the Czech and Slovak communist propaganda in the U.S. During the war, the Welcl's home in Chicago became the center for the new local chapter of the Czech-American newsmen organization. We met every two weeks with Emilie always acting as hostess. In those days, "Vena" Welcl was editor of the "American Sokol," filling the shoes of the old Sokol J. Cermak, who served the Sokol movement for over 50 years. There was no other husband and wife couple working more diligently for a number of years for our Sokol organization. May they both rest in eternal peace. Emilie's death touched me deeply, as she was one of the few remaining former employees of "Svornost," which stopped publication after 82 years in the spring of 1957.

Na Zdar! Tony Clifka, Denver Colorado

Alumni Center on the University of Nebraska campus. Entertainment will be provided by local talent. Exhibit at the Great Plains Art Gallery. The "Wall of Remembrance" offers Conference attendees a glimpse into the history of Czechs in this region. An Accordion Jam Session is planned. World Premier Czech or Slovak Movie to be shown at the Sheldon Memorial Art Gallery's Ross Film Theater on Friday evening, August 3. View the special collection of Czech archives in the Czech Heritage Collection, housed in Love Library at the University of Nebraska-Lincoln. Visit the State Historical Society which has an important collection of microfilms of Czech language newspapers published on the American continent. Tour the renovation project of St. Francis of Assisi Catholic Church in

*Continued on Page 10.*

**FUTURE SOKOL LEADERS FUND**

*PURPOSE: To train and education young people to assure able administrators, the best of idealistic instructors and educational directors for Sokol Units and Districts.*

In Memory of Charles Sladek from Tony & Lorraine Faikus .....\$50.00

**MEMORIAM** 🕯️ **Bro. Joseph Holasek**

Sokol West and Sokol Zizka mourn the loss of dual-member Bro. Joseph Holasek. Bro. Holasek, former Mayor of West, Texas and prominent civic leader passed away in December. Bro. Holasek was born in Moravia and immigrated to the United States at the age of 12. He served in the U.S. Army during WWI, serving in five major battles, where he was seriously wounded and gassed. In 1998, he was awarded the Legion of Honor by the French Government. He was co-owner of the Czechoslovak Publishing Co. in West for 60 years, being named the Texas Newspaper Man-of-the-Year in 1955. He served as Mayor of West for 16 years. As mayor, he helped secure federal grants to build the West Community Hospital. The American Sokol extends condolences to his family.

THE AMERICAN SOKOL ORGANIZATION

requests the pleasure of your company at a banquet in celebration of our

XX AMERICAN SOKOL SLET

on
Friday, June 29, 2001

to be held at the Holiday Inn Ballroom, Dearborn, Michigan

Reception ~ 6:30 p.m.
(Cash Bar)

Dinner ~ 7:30 p.m.

Program and Dancing Following
After-Five Attire Please

Banquet tickets are \$55.00 per person ~ Tables of 8 (eight) persons each are available.
Table assignment/tickets may be picked up at the entrance

Na Zdar! Slet Banquet Committee

Please fill out and detach the reservation form below and mail to:
Sis. Carolyn Sabados, 43911 Orleans Ct., Canton, MI 48187
If you have questions you may call at: 734-453-1692 after 5:30 p.m.



MENU PREFERENCE:\*

Prime Rib of Beef Grilled Chicken

Name \_\_\_\_\_

checkbox

checkbox

Name \_\_\_\_\_

checkbox

checkbox

Address \_\_\_\_\_

City/State/Zip \_\_\_\_\_

Sokol Unit /Organization \_\_\_\_\_

Number of Tickets \_\_\_\_\_ at \$55.00 Each

Total \$ \_\_\_\_\_ (Check payable to: ASO 2001 Slet ~ ENCLOSED)

DEADLINE: JUNE 15, 2001

\* If you are reserving for others, please make sure that you have included their name and menu preference. Thank you.

# EDUCATIONAL BOOK PROJECT

The Federation of Czech Groups in Cedar Rapids, Iowa, is continuing its very worthwhile program called the "Educational Book Project." This program was begun in 1998 as part of the Sesquicentennial Celebration in Cedar Rapids.

Children's books of a literary value for children aged two to twelve were collected from private donors and sent to several schools and libraries in the Czech Republic. English is now taught in the elementary schools in the Czech Republic in grades one through nine. Story books of an entertaining nature are an excellent source of supplementary reading. We do not send magazines, nor do we send math or science books, because they are rapidly outdated.

Thirteen boxes of books have been sent to the Czech Republic. The first shipment went to Palacky University in Olomouc and was placed in the student teachers' library. Four more boxes were sent to the High School in Hradec Kralove and placed in their library. The last two shipments went to Domazlice and were divided between the Town Library, the business Academy and the three elementary schools.

Through this appeal, we hope to raise enough money from private donations to continue this very much appreciated project. Shipping of these books is possible only through your generous contributions. As you can understand, freight costs are very expensive.

We are appealing to the general public to support this Educational Book Fund for the children of the Czech Republic. Group donations can be in any amount. Individual contributions are especially welcome. Please make your checks payable to and mail to:

FEDERATION OF CZECH GROUPS  
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1228 2nd Street SE • Cedar Rapids, IA 52401

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NOTE: The Federation of Czech Groups is composed of Czech Societies in the Cedar Rapids area and includes representatives from: Damska Matice Skolska (Women's Educational Society), Czech Heritage Foundation, Lodge Cedar #7 (WFLA), Lodge Karel IV #13 (WFLA), Lodge Cedar Rapids #262 (WFLA), Lodge Posledni Taborita #16, Lodge Prokop Velky #137 (CSA), Lodge Junior American Czechs #388 (CSA), Catholic Workman Branches #45 and #137, St. Mary's Society #119, **SOKOL CEDAR RAPIDS**, Czech School Board, Czech Plus Band, Czech Heritage Singers, Czech National Cemetery and the Comenius (Komensky) Society.

SVC Conference

(continued)

Lincoln. Attend the 40th Annual Czech Festival in Wilber, Nebraska, on Saturday, August 4th and Sunday, August 5th, featuring ethnic music, dancing, food, parades, theater, and the 15th Annual Miss Czech-Slovak USA Pageant. The entire program for the Festival can be seen on the website:

[www.ianr.unl.edu/ianr/saline.czech.htm](http://www.ianr.unl.edu/ianr/saline.czech.htm)

Transportation will be provided for a separate fee.

**CALL FOR PAPERS:** Individuals interested in presenting papers and/or organizing additional sessions or symposia, should contact Ms. Cathy Oslzly at:

[coslzly@unlnotes.unl.edu](mailto:coslzly@unlnotes.unl.edu)



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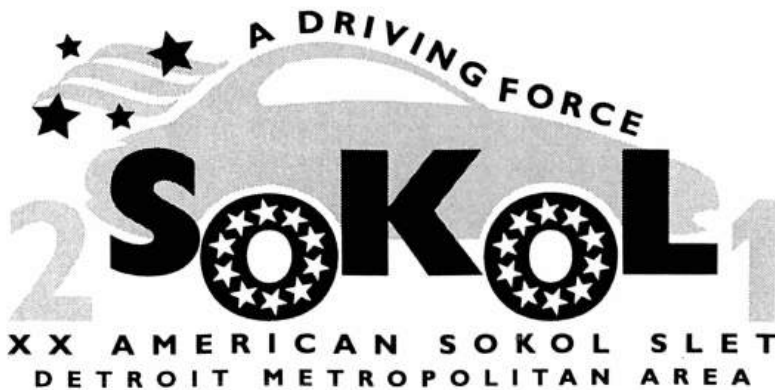
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