

american SOKOL

Volume CXXV, Number II

FEBRUARY 2003



Received this photo from Sis. Henrietta Milan who writes: *We were in Prague at the First Sokol for Aesthetic Group Gymnastics 3rd World Championship where Tal (Henrietta's son) saw this large poster on a glass wall. He translates it as "Pass the Word ...Sokol" or "Pass it on ...Sokol. Thought it could be used.*

American Sokol

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A.S.O. Board of Instructors meets every 2nd Wednesday (except July/August), 7:30 P.M.

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From Your Editor...

Time for me to once again make an appeal for news! My supply is dwindling quickly. I know there is a lot going on all across the country. Take a picture, write an article, send a suggestion. **DO IT TODAY!**

NA ZDAR!

Sis. Patricia Satek

46 Northgate Road ~ Riverside, IL 60546-1639

CALENDAR of EVENTS

FEBRUARY

8 Sokol Brookfield Spaghetti Dinner
9 Sokol Milwaukee Jaternice Dinner
15 Sokol Berwyn-Slavsky Mostaccioli Dinner
16 Sokol Stickney Pancake Breakfast
21 Sokol Greater Cleveland Fish Fry
22 Sokol Minnesota Sibrinky Ball
22 Sokol Greater Cleveland Winter Exhibition 6:30 p.m.
22 Sokol KHB Annual 10K Giveaway
23 Sokol Milwaukee Czech Professor Reception

MARCH

1 Sokol Brookfield Exhibition
2 Sokol Minnesota Kaffe & Kolace
8 Sokol Milwaukee Bowling Tournament
8 Sokol Baltimore Costume Ball, Dinner & Dance 410.877.0534
8 Sokol Tabor Exhibition
8 Sokol Greater Cleveland Night at the Races
9 Sokol New York Exhibition

MARCH

14 Sokol Naperville Exhibition
15 Sokol Stickney Exhibition
21 Sokol Greater Cleveland Fish Fry
21 Sokol Chicagoland Exhibition
22 Sokol Berwyn-Slavsky Exhibition

APRIL

5 Lodge 306 Sokol USA Exhibition
6 Sokol KHB Membership Dinner, Awards and Exhibition
6 Central District Special Number Competition
10-11 Sokol Minnesota Annual Garage Sale - Benefit Kitchen Fund
12 Sokol Greater Cleveland Skills Improvement Day
13 Sokol KHB Easter Bake Sale
18 Sokol Greater Cleveland Fish Fry
26 Sokol St. Louis Exhibition
27 Sokol Ceska Sin Swiss Meet

XXIV SOKOL USA SOKOLFEST
July 2-6, 2003 • Valparaiso, Indiana

THOUGHT STARTERS

from Sis. Joan Sedlacek, A.S.O. Educational Director

"Cultivate good habits - the bad ones all grow wild."

~ DETROIT HOME GAZETTE

Our Sokol Credo

To build a healthy and beautiful human body; to cultivate a harmonious and total person; to develop firm character, a well-rounded disposition and a love of truth and justice; to produce strong, lovely and honorable people; that is the goal of a Sokol education.

Sokol Greater Cleveland Czech Folk Dancers 30th Anniversary



Families document meaningful events in their family circles with special celebrations. In anticipation of their 30th Anniversary, November 12, 2002, the Sokol Greater Cleveland Czech Folk Dance Family celebrated with a special trip and performance at River Place - Frankenmuth, Michigan.

It was a warm weekend (August 16-18, 2002) with a threat of rain as the dancers' bus weaved along to Frankenmuth. Aboard the bus there was joviality, food galore, a little Becherovka and Slivovice as 21 dancers and guests anticipated the long-planned Frankenmuth performance.

On Saturday morning, proudly dressed in their kroje, the Sokol Dancers posed for photographs taken by hotel guests staying at the Zhender Motel. The photos were taken beside the pond and beautiful flowers growing on the grounds. Then it was off to River Place.

Smiles of the audience expressed their pleasure as they eagerly watch Czech folk dances presented with joy and pride. Also present was Zdenek Priborsky, a visiting folk dancer from Sokol Prazsky

in the Czech Republic. After the two performances, many of the Frankenmuth visitors asked questions about Czech culture. The rest of the day was spend visiting shops, Bronner's Christmas Store and the clock tower. In the evening, everyone met at Zhender's Restaurant for a 30th Anniversary celebration dinner.

On Sunday, a boat ride on the Cass River was followed by a last visit to Bronner's. Now it was time to depart for home. The dancers agreed, "time goes fast (30 years) when you're having fun."

At this particular celebration, the following thought of Henry Van Dyke seems appropriate:

"It is only by thinking about great and good things that we come to love them, and it is only by loving them that we come to long for them, and it is by longing for them that we are impelled to seek after them, and it is only by seeking after them that they become ours."

Na Zdar!

Sis. Dolly Baca,
Sokol Greater Cleveland

FUTURE SOKOL LEADERS FUND

PURPOSE: To train and education young people to assure able administrators, the best of idealistic instructors and educational directors for Sokol Units and Districts.

From CSA Lodge Garfield-Midwest 117\$15.00
In Memory of Robert Drake, Sr. from Ann Drake\$20.00

GENERAL FUND

The American Sokol Organization gratefully acknowledges receipt of a \$1,000 donation from
WESTERN FRATERNAL LIFE ASSOCIATION

WHAT SOKOL MEANS TO ME

Bro. Jerry Elzner, Sokol Corpus Christi, who submitted this article, says: "One of our members wrote this and I think it hits the nail squarely on the head!"

The word Sokol means Falcon in Czech. To me Sokol is like one big family. Since I have joined the Sokol Organization, I have met a lot of people who make me feel like family. It takes many people to make an organization run. Without the support and help of the members and associate members, we will have no organization.

Many people think that Sokol is just a place where their children do gymnastics. My children are all involved in the gymnastics program here - they have been for almost four years now. I'm very glad they have had this opportunity. Of course, I have learned throughout the years that we not only need to support the gymnastic program, but we all need to help our fellow Sokol members to keep Sokol Corpus Christi a thriving unit. If we don't have the beneficial help of our

younger generation members and associate members, there just may not be a place for our gymnastics program to exist.

My children have attended three Slet competitions. I am looking forward to Slet this next year because it will be here in Corpus Christi. That is another great reason to get involved in volunteering at our Sokol functions, such as dances and fund raisers, etc. - volunteering is a great opportunity to meet people and at the same time learn what Sokol is about and what you can do for it.

I already know what Sokol can do for me. It provides a safe place for my children to be. When they are at Sokol, I know that they are safe and having fun with their Sokol Brothers and Sisters. I know that one day my children will grow up and be the future leaders of Sokol. But, if I want that for them, I know that I need to help set that example for them now. That's why I try to volunteer as much as I can when there are functions or dances. I enjoy volunteering

when I can. It makes me feel good and I have fun doing it.

My husband likes to give me a hard time about all the time I volunteer. He says I spend too much time at Sokol. At times, it does seem like my second home, but that is okay, because I know that it is worth it. The pay comes when my children have a safe and fun-loving place to be. In order to create this safe place for our children, we need to be involved and volunteer a lot more. If we rely on the same people to volunteer over and over again, they will burn out or the organization may die with them. I don't want to see that happen and I know that you don't either

So, please, make a difference and VOLUNTEER!

Let's keep Sokol Corpus Christi going strong. Support our organization and make a difference for our youth who will be the future leaders!

Sincerely,
Concerned Parent

Dear Editor,

I've done considerable research into Czech history but still found your abbreviated article concerning the subject article in the November/December 2002 very educational from an American point of view. I would like to offer some additional pieces of information that you may find of interest:

- 1) The use of the word "kral" for king: As far as I know only the Czechs and the Poles (who use krol) use this form, since most if not all of the other Slavic languages use a word that appears totally unrelated. Charlemagne, who was known as Karel Veliky in Czech, defeated the nomadic Asian tribe Avars who had invaded central Europe in the early part of the 9th century, and the resident Slavic tribes, in appreciation, decided to use the Czech form of his name as the word for king. Thus Karel became kral and Karol (the Polish form of Charles) became krol.
- 2) During the early period of the Hapsburg dynasty, the great majority of ethnic Czechs found themselves reduced to living in a state of misery. The Czech language itself became almost extinct, effectively maintained only in the peasant villages that were not important to the business conducted in the larger commercial areas. In fact, German was the only official language in Prague until 1860. Ironically, it was a German philosopher, Johann Gottfried Herder, who, in the late eighteenth century, largely influenced the "reintroduction" of the Czech language into literary works because of his strong feelings that language was more important than constitution and politics. Following his lead, German-speaking Czech intellectuals eagerly "reinvented" and modernized the language to correspond to the world of that day. However, the language of the peasant villages continued, as its spoken form evolved gradually and it is due to these complex historical reasons that the ordinary (colloquial) spoken language remains simplistic in comparison to the Czech literary language.
- 3) The use of the word "Bohemian" for people with an unorthodox life style: The word itself has origins in the ancient Roman empire, which labeled the Celtic tribe then inhabiting central Europe as "Bohs" from which Bohemia was derived. A French author mistakenly thought that gypsies originated in central Europe; hence the use of the word "Bohemian" became synonymous with "gypsy" and later evolved into the present use in the context of the alternate life style.
- 4) The English word "robot" was "invented" by Karel Capek who wrote the play R.U.R. (Rossum's Universal Robots) in 1927. The word is derived from the Czech "robota", which means forced labor.
- 5) The dance known as the "polka" is of Czech origin. Legend has it that the "inventor" labeled it after his Polish girlfriend. In Czech, the word for Polish girl is indeed "polka".

P.S. Please excuse the fact that I have not used the proper accents for the Czech words. They seem to get "messed up" through email and are thus unintelligible. If anyone has some useful advice for sending Czech characters from an American keyboard, please let me know.



Illinois Governor George H. Ryan's representative, Pat Michalski, presented the Governor's greeting letter in honor of the CSA Woodrow Wilson Lodge No. 377 annual banquet. The Governor commended the organization for promoting Czech heritage, culture and Czech causes.

Pictured L to R: Miss National CSA, Lauren Catalano, Pat Michalski - Assistant to the Governor for Ethnic Affairs, **Bro. Ray Hemzacek - Sokol Town of Lake** and President of CSA Lodge No. 377, **Sis. Joan Hemzacek, Sokol Town of Lake.**

Census Finds Nebraska's Czech Roots Run Deep

By Jon Kolman, Omaha World-Herald Staff Writer

When Mila Saskova-Pierce's daughter was 5 years old, she asked, with alarm in her eyes, "Mommy, when I grow up, will I also have to be Czech?"

It caught her mother, who now teaches Czech at the University of Nebraska-Lincoln, off guard. But, she said, you don't have to be only American or only Czech.

"This is your country because this is where you were born and you are growing up, and it is hard to imagine a country you have never seen, even if you speak its language," Saskova-Pierce recalls saying. "But you are lucky because you can be either or both, and the choice is yours. An I hope that you will be both."

Now 23, the daughter has embraced both cultures, her mother said.

More than 93,000 Nebraskans, 5.5 percent, also lay claim to their Czech roots, giving the state the highest percentage of those

reporting that ancestry in the country, according to Census 2000 figures.

In Iowa, which ranked fourth in Czech heritage, 2.1 percent of the population, about 60,000 people, checked the Czech box on the census form.

Nebraska ranked second in the country for percentage of residents claiming Danish ancestry. Iowa's highest ranking was third for Dutch heritage.

The census long form asks Americans, "What is the person's ancestry or ethnic origin?" they have a blank space to fill in their answer, but only the first two ancestries are counted.

Nationally, the number of residents claiming a particular ancestry has dropped from 296 million to 287 million. Those saying they were of "American" heritage increased from 13 million in 1990 to 20.6 million, or about 7 percent of the population, in

2000.

The Czech program at UNL nearly fell victim to budget cuts in the early 1990s, but Saskova-Pierce said it continues to churn out successful students.

According to the university, the program is one of eight regular Czech language programs in the country and has been offered at UNL since 1907. Up to 35 students participate in the program each year, she said. Graduates are working for General Electric in Europe, the American Consul in Prague and the Czech Prime Minister.

Saskova-Pierce also said the department is organizing a heritage preservation project that will collect Czech memorabilia and make it available to the public.

"Heritage is important, because of the concept of rootedness," Saskova-Pierce said.



AMERICAN SOKOL GYMNAST

Kandi Ondrovic-822 S. Madison Ave.-LaGrange, IL. 60525

February is national H E A R T month!

What a better way to celebrate than to take care of your heart!

Here are some tips for healthy eating and exercise to help you get started.

Start your day right by:

1. eat breakfast,
2. drink 100% fruit juice,
3. spruce up your breakfast with a banana or berries in your cereal or yogurt,
- and 4. take a piece of fruit to munch on during your commute.

It is ok to eat foods that aren't considered healthy for you to eat as long as you do it in moderation. If you choose to eat fried food, ice cream or potato chips:

1. cut down on the portion size and how often you eat those items,
2. substitute low-fat or fat-free baked goods, cookies, and ice cream- they still taste great, and
3. choose fruit- it tastes great, is filling, and provides energy.

You must also take time to get exercise in every day. Take the dog out for a walk, walk to the corner store instead of drive, stretch while you are at your desk, and use your core muscles to their capacity-sit up straight, stand tall with your shoulders back and your stomach tight. Another tip is to park farther away from the doors at work or at the store to get in extra steps and added exercise.

Tips from: http://www.cdc.gov/nccdphp/dnpa/heart_eat.htm

Women's Volleyball Tournament

The women's volleyball tournament was held at Morton College on November 24, 2002. Officials for the day were Frank and Michael Michalek; Brenda Michalek was coordinator for the event, assisted by Anny Moravec and Mary Ellen Newsom. Sokol Chicagoland hosted the event for women and junior girls. The stands were filled with cheering fans from each participating team.

Placement of teams in the Senior division was Berwyn-Slavsky Youngsters, 1st; Chicagoland, 2nd; Berwyn-Slavsky Masters, 3rd; and Brookfield, 4th. The Junior division placement was Tabor Inferno, 1st; Berwyn-Slavsky, 2nd; Tabor Heat, 3rd; and Stickney, 4th.

All teams played well and many people exhibited the true Sokol spirit, playing with various ailments, illnesses, and sore body parts. Wendy Saunders showed particular grit, playing and keeping score with an abscessed tooth!!

The two first place teams each took home a brand new Tachikara Volleyball, and second place teams each received a \$25 gift certificate from SportMart. The two teams will receive a framed picture at a later date. A special na'zdar from all who played to those responsible for the meet and the officials.



Pictured above: On the left, 1st place team Junior division; Tabor Inferno and on the right, 1st place team Women's division; Berwyn-Slavsky Youngsters.

Instructors in Training

For
The 2003 National Instructors School
Sokol Greater Cleveland
July 21 thru August 4, 2003

Instructors in Training Selection

1. Must have attended and passed three instructor schools (Beginner, Intermediate, Advanced) or equivalent teaching experience.
2. Must be a minimum of eighteen years of age.
3. Teaching experience of at least five years in the unit of which they are a member.
4. (past or present)
5. Must have passed U.S.A.G. Safety Certification and PDP level 1.
6. Submit a short paper: "Why I want to be an instructor in training".
7. Upon receipt of application the school director will consult with the unit and district director of the unit and district which the applicant is a member.
8. Selection is at the discretion of the school director and other instructors of the school the applicant is applying for.

Duties of the Instructor in Training

1. Teach a class under the supervision of a senior staff member.
2. Evaluate practice teaching with a staff member.
3. Teach & assist in spotting and progressions and marching.
4. Group activities (Special Number competition)
5. Be an officer of the day.
6. Attend all staff meetings.
7. Help students with homework assignments.
8. Assist at self improvement.
9. Choose a class and sit in on or do all classes.

Applications may be requested by writing or calling:

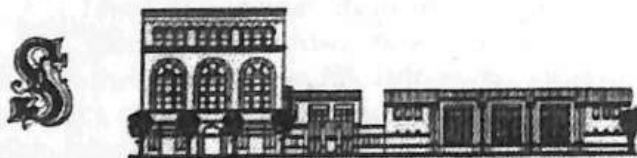
Bud Benak
5919 South 15 St.
Omaha, Ne. 68107
1-402-731-2665
vbenak@earthlink.net

AMERICAN SOKOL
122 W. 22nd St.
Oak Brook, IL. 60523
1-630-368-0771
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Applications must be received by April 1, 2003

american **SOKOL**
INSTRUCTOR SCHOOL

July 21 to August 4, 2003
Hosted by: Sokol Greater Cleveland



Novice Beginner Intermediate Advanced Advanced II

Also offered

USAG Safety Certification (must be 16 or over)

PDP Level 1 (must be 14 or over)

Highly recommended for Advanced and Advanced II

For school applications:

Contact your District or Unit Directors

Minimum age → 13

For Additional or Immediate Information Contact:

Jane Wise, Instructor School Secretary 216-642-1429

or email: HJWISE@sbcglobal.net

or www.american-sokol.org/is

↪ Application Deadline is JUNE 1 ◀

Riding Herd

How to Get Rich

By Lee Pits – From the November 2002 Northern California Traveler

With the stock market in a free fall, people are asking the fortune tellers on TV what they should invest in now. I find it ironic that they are trusting the same financial gurus who told them to put their live savings in Enron, WorldCom and rip-off-dot-com. I'm no financial expert, and you won't find my picks or preferences listed in the Dow or the Fortune 500, but I do know what you should invest in for a wealth of happiness.

Invest in Your Community

Get to know your neighbors for a maximum return of the things they borrowed. They'll also return your dog or your kid should they get lost. Make your town a safe place where your assets are secure. Show a high rate of interest in the local folks. Should your child get cancer or clobbered by a car, who do you think will host a spaghetti feed or a car wash to help pay your bills, the multinational conglomerate or the local Lions or Boy Scouts? Pay back your debts by coaching Little League or by being a Den Mother. Worship God together, not money. Don't shop in big box stores that send your money far away just so some white collared criminal can steal it. Give a little closer to home. Buy your vegetables from a fruit stand or farmer's market and you'll get more for your money ...good feelings that are automatically

reinvested in your community.

Invest in Your Home – Deposit yourself in a place you like, give yourself a toaster, stock up and call it home. Stay put a long time and your home will appreciate in value just as you learn to appreciate the serenity of home life. Don't mortgage your future by jumping from place to place, trading homes like you would stocks. The commission will eat up your profit. Make your domicile your dream house so that when you walk into a room it's comfortable and full of familiar things. Ensure that it's a safe haven where family and friends feel welcome, comfortable and secure. Make it a place you can't wait to return to.

Invest in Your Marriage – If you are working so many hours it's affecting your marriage, voluntarily downsize yourself. You may make less money, but you'll still be ahead because you won't have to divide your assets in two because you bankrupted your marriage. Work on your marriage contract as hard as you do your job. Your gains will be greater and they won't be taxable. And think of all the money you'll save in child support, alimony, therapy and Prozac. Marriage is like the stock market with bad days and good. Don't expect your mate to be up every day. Take care of your spouse and when you are old, he or she will take better care of you than your 401K ever will.

Invest in Your Kids – Your portfolio should be heavily weighted towards family. Invest

yourself in their bonds and take a higher percent interest in their welfare. The only mergers and acquisitions you should worry about concern your kids. Instead of studying the stock market, help your kids with their homework. Instead of betting on the Dow industrials, teach your kids to be industrious. Take memorable vacations and diversify their interest with trips to museums and parks. Show them what happens when foolish people chase gold by taking them to a ghost town. Illustrate by example that they can get more enjoyment from a library card than a credit card. Bank your memories and owe them no debts. As a practical matter, it just makes more sense. You'll get a greater return of your kids when you are old and lonely. Invest for the duration and never sell out your family for they are truly your only security in life.

Invest in Yourself – Never stop learning. Study a second language or take up a new hobby. If going to the beauty salon, gym or school makes you feel better, just do it. For a healthier life, diversify your day with work, play and charity or you'll never grow old enough to spend all that money you've been hoarding. Build up equity in yourself.

What's that you say? You don't have the time? My friends, that's all you do have. Invest it wisely.

~Submitted by Bro. Albert Filgas, Sokol Fresno, who says: "These few paragraphs have a world of truth in them."

American Sokol YOUTH PROGRAM Activities and Information



Check out these youth activities and share them with the young Sokols that you know!

FEBRUARY NEWSLETTER.

The February So-Kool kids newsletter has hit the presses. Here's what the Youth Members will find in that publication:

- Valparaiso Sokolfest information and possible youth events at the Slet
- Christmas Coloring Contest Winners
- A reminder for all youth members to bring their passports to Sokol events
- Kids to College form to fill out
- National Camp and Instructor's Course essay contests
- Christmas Tree picture with all of the youth ornaments sent in.

Please assist the youth members you know to participate in these activities.

YOUTH COMMITTEE

Many thanks go out to the members of the American Sokol Youth Committee for all of their hard work. Current members are Pat Satek, Bob Kucera, Kandi Ondrovic, Mary Ellen Newsom, Kathe Heetel, Genny Perrewe, Nicole Marchluk, Colleen Thomas, MaryAnn Fiordelis, Jane Wise, and Lynette Kleisner. We are looking for additional new members for this committee since we have so many new projects that need implementation. If you can help, please contact Tom Pajer at 630-833-6916 or tompajer@american-sokol.org.

YOUTH AMBASSADORS IN YOUR DISTRICT

Did you know that there is one person in each District that serves as a youth ambassador? These people are responsible for spreading the word about the youth program in their district. They are in charge of making sure that all youth members, instructors and Unit director's know what is going on with the American Sokol Youth Program. Please utilize the people below that are in your district for help and information.

- Central District - Jay Vondra - jayvondra@american-sokol.org
- Eastern District - Artie Dehecchi - artiedehecchi@american-sokol.org
- Northeastern District - Jane Wise - janewise@american-sokol.org
- Western District - Bud Benak - budbenak@american-sokol.org
- Southern District - Stephanie Buya - stephaniebuya@american-sokol.org
- Pacific District - Lynn Miller - lynnmiller@american-sokol.org

If you want more information about Youth Activities or have ideas for programs we can do this year or in the future, you can contact your district youth ambassador or call or e-mail Tom Pajer at 630-833-6916 or tompajer@american-sokol.org.

Please encourage the SO-KOOL kids that you know to read their newsletters and participate in the contests and other programs. We give out some really cool prizes.

NA ZDARI!

The American Sokol Youth Committee

American Sokol Total Youth Members = 1456

District	Sokol Unit	Under 6	6-8	9-11	12-14	15-17	Over 17	Total
Central	Berwyn-Slavsky	21	24	19	15	9	3	91
Central	Brookfield	26	22	18	9	3	0	78
Central	Ceska Sin	0	1	4	10	6	0	21
Central	Chicagoland	0	19	11	2	1	0	33
Central	Milwaukee	4	13	4	9	0	0	30
Central	Naperville	1	21	21	7	2	0	52
Central	St. Louis	8	3	4	4	4	0	23
Central	Stickney	0	46	27	9	4	2	88
Central	Tabor	15	51	34	25	9	0	134
<u>Central District Totals</u>		<u>75</u>	<u>200</u>	<u>142</u>	<u>90</u>	<u>38</u>	<u>5</u>	<u>550</u>
Eastern	Little Ferry	1	11	4	2	0	0	18
Eastern	New York	29	74	60	16	3	0	182
<u>Eastern District Totals</u>		<u>30</u>	<u>85</u>	<u>64</u>	<u>18</u>	<u>3</u>	<u>0</u>	<u>200</u>
Northeastern	Detroit	1	21	17	6	3	0	48
Northeastern	Grtr. Cleveland	1	20	29	19	11	0	80
<u>Northeastern District Totals</u>		<u>2</u>	<u>41</u>	<u>46</u>	<u>25</u>	<u>14</u>	<u>0</u>	<u>128</u>
Southern	Fort Worth	8	22	24	4	1	2	61
Southern	KHB	12	36	50	39	11	0	148
Southern	West	25	21	24	23	5	0	98
<u>Southern District Totals</u>		<u>45</u>	<u>79</u>	<u>98</u>	<u>66</u>	<u>17</u>	<u>2</u>	<u>307</u>
Western	Cedar Rapids	0	20	16	2	1	0	39
Western	Crete	8	14	15	2	2	1	42
Western	Minnesota	0	9	9	2	3	1	24
Western	Omaha	23	21	24	11	6	0	85
Western	South Omaha	0	30	19	15	10	0	74
<u>Western District Totals</u>		<u>31</u>	<u>94</u>	<u>83</u>	<u>32</u>	<u>22</u>	<u>2</u>	<u>264</u>
DA Sokol	DA Sokol	0	0	0	2	3	0	5
<u>DA Sokol Totals</u>		<u>0</u>	<u>0</u>	<u>0</u>	<u>2</u>	<u>3</u>	<u>0</u>	<u>5</u>
Sokol USA	Lodge 12	0	0	0	1	0	0	1
Sokol USA	Lodge 26	0	0	0	1	0	0	1
<u>Sokol USA Totals</u>		<u>0</u>	<u>0</u>	<u>0</u>	<u>2</u>	<u>0</u>	<u>0</u>	<u>2</u>
Totals		183	499	433	235	97	9	1456

Greetings Sisters & Brothers,

The American Sokol will be sending a check for \$12,500 to the Czech Sokol Organization to help with last year's devastating flood damages in the Czech Republic. The headquarters of their organization, Tyrsv Dum in Prague, sustained heavy damages as well as many units in the area. Thanks to all the members, units, districts and friends that contributed over \$11,000 toward our flood relief drive. A special thanks to Bro. Jerry Elzner of Sokol Corpus Christi, who collected over \$2,700 in this drive from members, friends and sister organizations across the state of Texas.

I would also like to thank all of our members that contributed to our successful Sokol Seal project. This project was spearheaded by our Publications Editor, Sis. Pat Satek and our Office Manager, Sis. Jean Hruby, along with the help of many volunteers. All of your efforts are greatly appreciated.

Nazdar!

Bro. Larry Laznovsky, President American Sokol

SOKOL USA SOKOLFEST 2003 ~ "Sokols Standing Strong"

Valparaiso University – July 2-6, 2003

Hotel Housing Information

The following hotels have rooms blocked off for Sokolfest housing. Lodges, units, and individuals will need to make reservations directly with the hotel. Rooms will only be held for us at the listed group prices until May 1, 2003. Rooms will need to be guaranteed with a valid credit card. We suggest making reservations as soon as possible. If you encounter any problems, please contact Linda Hanson at (219) 464-4059 or (219) 477-6542.

HOST HOTEL

COURTYARD BY MARRIOTT

2301 E. Morthland Dr. (Rt. 30)
Valparaiso, IN 46383
(219) 465-1700

Amenities: Indoor/outdoor Pool,
Breakfast Bar, 1/2 mile east of
University, short walk to Steak 'n'
Shake, Denny's, Bob Evans Wendy's.

Rates: Two Doubles or King: \$79.00 per night + taxes = \$87.69
When making reservations ask for group name: Sokol USA Gymnastics
Group Code: SUG

Additional Hotels

Fairfield Inn
2101 E. Morthland Dr. (Rt. 30)
Valparaiso, IN 46383
(219) 465-6225

Amenities: Indoor Pool, Jacuzzi, Free Continental
Breakfast, Fitness Center, 1/2 mile east of
University, short walk to restaurants.

Rates: Two Doubles or King: \$79.00 per night + taxes = \$87.69
When making reservations ask for group name: Sokol USA Gymnastics
Group Code: SUG

Hampton Inn & Suites
1451 Silhavy Rd.
Valparaiso, IN 46383
(219) 531-6424

Amenities: Indoor Pool, whirlpool, fitness center,
free continental breakfast, just east of host
hotel, short walk to restaurants.

Rates: 2 Queen Standard: \$89.00 per night + taxes = \$98.79
King/Queen Studio: \$109.00 per night + taxes = \$120.99

Super 8 Motel
3005 John Howell Dr.
Valparaiso, IN 46383
(219) 464-9840

Amenities: Pool, Free Continental Breakfast
1 mile east of University, newly-built facility
1/4 mile to McDonalds, Pizza Hut, Chili's, Quiznos Subs.

Rates: Two Queen beds: \$60.19 per night + taxes = \$66.81
One King bed: \$56.59 per night + taxes = \$62.82
When making reservations use group code: Sokol USA

Holiday Inn Express
760 W. Morthland Dr (Rt. 30)
Valparaiso, IN 46385
(219) 464-8555

Amenities: 1 mile west of University, short
walk to Applebees, Burger King,
Schlotzky's Deli, White Castle

Rates: Double Room: \$69.00 per night + taxes = \$76.59

Other Hotels within a 15 miles radius of Valparaiso. Group discount arrangements have NOT been made with these hotels. Reservations can be made on an individual basis.

Lees Inn & Suites, Merrillville, IN (219) 942-8555
Radisson, Merrillville, IN (219) 769-6311
Hilton Garden Inn, Chesterton, IN
Indian Oak Resort, Chesterton, IN (219) 926-2200
Comfort Inn, Hobart, IN (219) 947-7677
Ramada Inn, Portage, IN (219) 762-5546

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 "American Sokol Sings" Songbook
 Gymnastic Activities w/Hand Apparatus
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