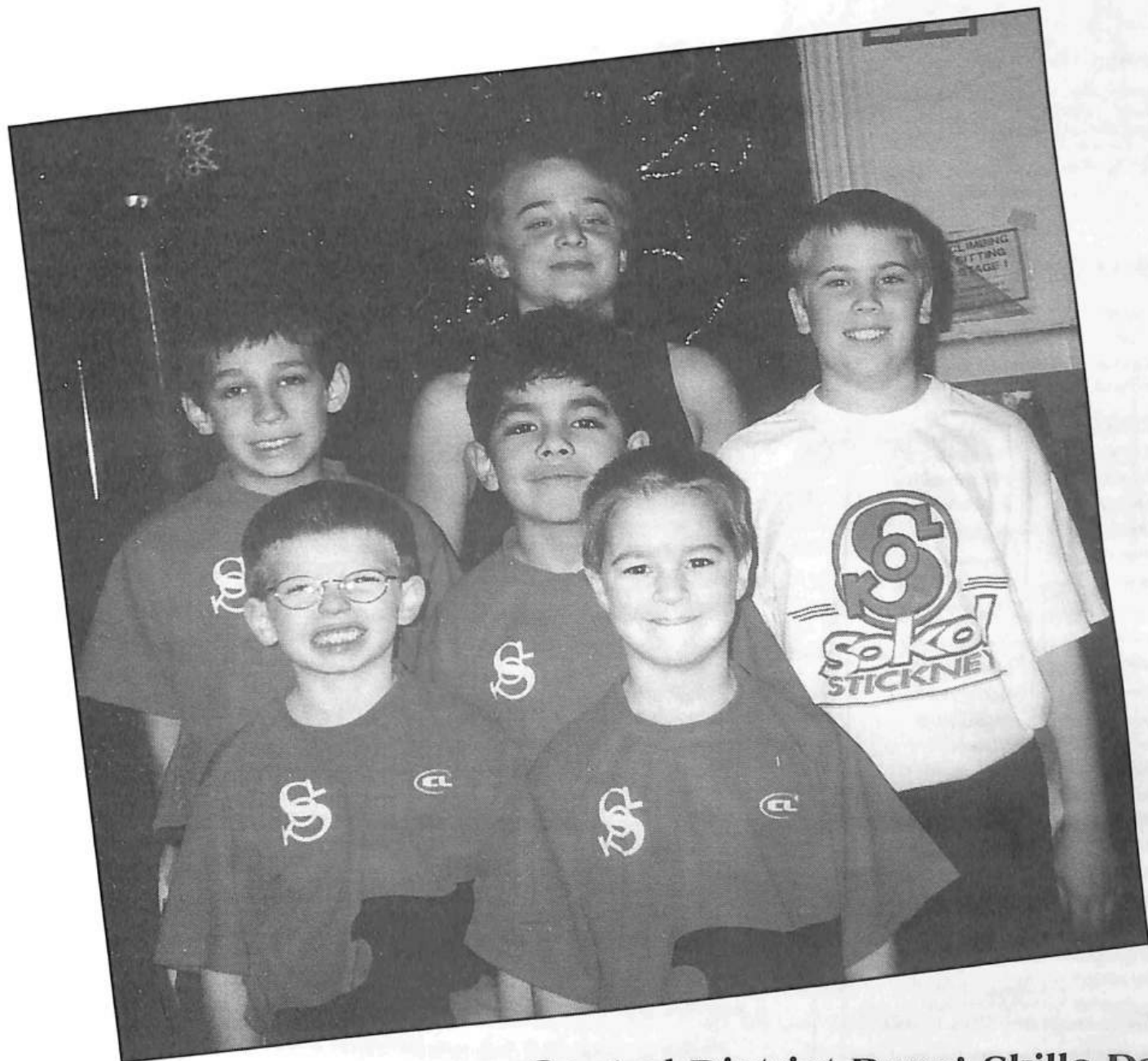


american **SOKOL**

Volume CXXVIII, Number III

MARCH 2005



Central District Boys' Skills Day

Pictured are some of the participants in the Central District Boys' Skills Day, December 11, 2004: Top: Anthony Shannon, Sokol Chicogland; Middle, L to R: Larry Ashley, Sokol Naperville; *Unidentified*; Walter Moran, Sokol Stickney; Front, L to R: *Unidentified*; Michael Barcal, Sokol Spirit.

American Sokol

(ISSN: 0003-1259)

is published bi-monthly, except monthly in January, February, March, June, September and October by

AMERICAN SOKOL

122 West 22nd Street
Oak Brook, Illinois 60523-1557

Periodical postage paid at Oak Brook, IL and additional mailing offices.

Subscription: \$8.00 per Year

Postmaster: Send address changes to: American Sokol, 122 W. 22nd Street, Oak Brook, IL 60523-1557

Telephone: 630.368.0771

FAX: 630.368.0758

E-Mail: ASO@American-Sokol.org

BOARD OF GOVERNORS

Larry Laznovsky	Bohus Bata
Gary Masek	Cheri Riddle
Mary Cushing	Mary Steinman-Hargiss
Barb Kucera	Rhonda Liska
Bob Podhrasky	One B.O.I Representative

EXECUTIVE BOARD A.S.O.

Larry Laznovsky	President
Gary Masek	I Vice-President
Roger Martanovic	II Vice-President
Rhonda Liska	Secretary
Valentine Husak	Treasurer
Mary Steinman-Hargiss	Financial Secretary
Barbara Vondra	Director of Women
Chuck Kalat	Director of Men
Joan Sedlacek	Educational Director
Sash Dumanovic	Public Relations
Sylvia Laznovsky	Membership
Patricia Satek	Editor
Joyce Tesarek	Foundation
Rick Smetana	Board Member
Janet Kalat	Board Member
Jerry Milan	Board Member
Bob Kucera	Alternate
Bohus Bata	Alternate
Bob Podhrasky	By-Laws

A.S.O. Executive Board meets every 4th Tuesday (except July/August), 7:30 P.M.

A.S.O. Board of Instructors meets every 2nd Wednesday (except July/August), 7:30 P.M.

Library, Archives & Museum Curator:
Annette Schabowski

From Your Editor...

Is something missing? The March issue typically contains our Roster of Officers. Due to privacy issues, we have now discontinued publication of that information. **Important updated information** regarding hotel reservations for the upcoming Slet can be found on page 3.

NA ZDAR!

Sis. Patricia Satek

46 Northgate Road ~ Riverside, IL 60546-1639

Editor@American-Sokol.org

CALENDAR of EVENTS

MARCH

- 4 Sokol San Francisco Masaryk Dinner/Dance
- 5 Sokol Spirit Exhibition
- 5 Sokol Minnesota Sibrinky
- 5 Sokol Corpus Christi Sokol Fest
- 6 Sokol Greater Cleveland Swim Party at Seven Hills Rec Center
- 12 Sokol Tabor Exhibition
- 13 Sokol Minnesota Slovak Dinner
- 13 Sokol Chicagoland Exhibition
- 18 Sokol Naperville Exhibition
- 19 Sokol Stickney Exhibition

APRIL

- 8-9 Sokol Minnesota Garage and Bake Sale
- 9 Central District Special Number Competition
- 15-17 Western District Slet
- 17 Sokol Ceska Sin Swiss Meet
- 19-24 **American Sokol Convention**
- 23 Sokol St. Louis Exhibition

APRIL

- 24 Sokol Little Ferry Exhibition
- 26-5/1 Sokol South Omaha Mini Slet

MAY

- 14 Central District Girls' Gymnastic Competition
- 15 Northeast Ohio Boys' Gymnastic League Championship Meet at Sokol Greater Cleveland
- 16 Sokol Milwaukee Exhibition
- 21 Sokol San Francisco Picnic
- 21 Central District Jr./Sr. Gymnastic Competition
- 22 Sokol Little Ferry Pork Dinner
- 22 Central District Sokol Day
- 27-29 Sokol Ceska Sin Hiking Weekend

JUNE

- 11-12 Northeastern District Slet

XXI AMERICAN SOKOL SLET

June 21-25, 2005 • Chicago, IL

THOUGHT STARTERS

from Sis. Joan Sedlacek, A.S.O. Educational Director

"A new idea is delicate. It can be killed by a sneer or a yawn; it can be stabbed to death by a quip and worried to death by a frown."

~ QUOTED BY BROWER

Our Sokol Credo

To build a healthy and beautiful human body; to cultivate a harmonious and total person; to develop firm character, a well-rounded disposition and a love of truth and justice; to produce strong, lovely and honorable people; that is the goal of a Sokol education.

XXI AMERICAN SOKOL SLET 2005
June 21-25, 2005

LODGING INFORMATION

Important! New!

NEW!

The Hyatt Regency Oak Brook has changed Ownership—the NEW hotel name is Double-Tree Hotel, Chicago-Oak Brook

Due to the process of transferring computer information from Hyatt to the Double Tree, reservations can only be made directly with the hotel. Contact: Kathy McAllister @ 1-630-472-6021.

Reservations already in the system should not be affected—call Kathy to reconfirm if you have concerns.

After March 9, the reservation number should work: 1-800-222-TREE (8733). We apologize for any inconvenience. For more information, contact: Bro. Ted Polashek ~ 708-670-2172 or American Sokol National Office ~ 630-368-0771. Please do not call the office to reconfirm reservations.



Start preparing now...

XXI AMERICAN SOKOL SLET BANQUET THURSDAY JUNE 23, 2005

To be held at the **Ashton Place**, Willowbrook, Illinois

Reception – 6:00 P.M. Dinner – 7:00 P.M.

Program and Dancing Following After-Five Attire Please

Reservations required – \$65.00 per person (Cash Bar)

Table assignments at Banquet entrance

Na Zdar! Slet Banquet Committee

INFORMATION WILL BE SENT TO UNIT SECRETARIES FOR THIS EVENT.

THE VOICE *...Reader Quips, Comments & Queries*

I second your "thanks" to Sister Barcal for sharing her father's letters. They were especially interesting since I was born on July 26, 1938, and they provide a context for why my mother decided to give me the names "John" and "Edward" after Jan Masaryk and Edvard Benes. My parents and grand parents were sensitive to the threats looming over their native land in July 1938.

John Edward Velehradsky, Sokol South Omaha

UPDATE – Sis. Anna Eisner, Sokol Detroit, sent a note and a copy of a newspaper clipping from 1938 showing the ASO Women's Team. It identifies the unknown gymnast from the cover of the September issue as Ruzena Hilska or Rose Hilsky. Sis. Elsie Pesek Khol from Sokol Greater Cleveland was therefore correct in her identification. Mystery solved!

Make MONEY For Your Unit and enter to WIN an Original Oil Painting

For Every \$5.- Ticket Sold
Your Unit Earns \$1.-

Raffle Fundraiser

First Prize: 40x30 Original Oil Painting
(valued at \$5500) by *Henrietta Milan*

Four: 12x12 Computer Reproductions
(valued at \$250 each) by *Henrietta Milan*

Two: Autographed Tabletop Art Books
Showcases 160 pages of *Milan's* work
One Signed and Numbered (valued at \$125)
One Signed (valued at \$60)

- Drawing will be held - April 23rd 2005
(American Sokol Convention)
- Make checks payable to: *American Sokol*
- Earnings will be mailed out to your unit
upon receiving checks and ticket stubs
- Mail all raffle ticket stubs and checks to:
American Sokol Foundation
122 West 22nd Street
Oak Brook, Illinois 60523-1557

Raffle Sponsored by *American Sokol Foundation*
www.american-sokol.org
630.368.0771

First prize:
Original
40x30

Oil painting
by

"One of America's
finest artists"

**Henrietta
Milan**



About the Artist

Henrietta is a self-taught artist who has been painting for over 30 years. With intuitive talent and drive she has developed her skills. Henrietta's reverence for impressionist Claude Monet frequently manifests itself in her beautiful, almost abstract floral works...a homage to Monet's famous gardens.

Her collectors are located all around the world; some have as many as 20 pieces or more. Her work is shown in 40 magazines. She has had exhibitions in Chicago Santa Fe, Naples, Boston, Dallas, Midland, Scottsdale, and Los Angeles.

On a personal note Henrietta began her life in Sokol at the age of 10 years. She has nearly a life time of dedication to her unit, Brothers and Sisters of Sokol.

For more information about the Artist---visit www.MilanGallery.com



Sokol unit _____
Name _____
Address _____
City _____
State Zip _____

Please register me for the drawing
for _____ tickets at \$5.00each
TOTAL \$ _____

- Please return my ticket stubs
 Do not return my ticket stubs



2005 Chicago Slet Souvenir Order Form

<u>ITEM</u>	<u>PRICE</u>	<u>QUANTITY</u>	<u>TOTAL</u>
Pencil	\$0.50	_____	_____
Stickie Pad (25 Sheets)	\$0.50	_____	_____
Pen	\$0.75	_____	_____
Magnet	\$0.75	_____	_____
Luggage Tag	\$1.50	_____	_____
Mouse Pad	\$4.00	_____	_____
CD Case	\$6.00	_____	_____
Playing Cards	\$6.00	_____	_____

CIRCLE SIZE

T-Shirt - YOUTH	\$10.00	M L	_____	_____
T-Shirt - ADULT	\$10.00	S M L XL	_____	_____
	\$11.00	XXL	_____	_____
Women's Shorts	\$10.00	S M L	_____	_____
Wos. Tank Top - YOUTH	\$12.00	L	_____	_____
Wos. Tank Top - ADULT	\$12.00	S M L	_____	_____

Name: _____
 Address: _____

 Phone: _____

Sub-Total _____
 Shipping & Handling _____
TOTAL _____

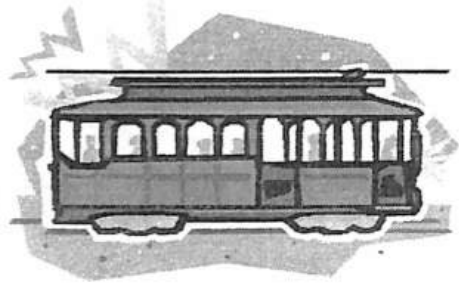
Make check payable to: **American Sokol 2005 Slet** Send payment and order to: **American Sokol, 122 W. 22nd Street, Oak Brook, IL 60523-1557.** If you wish to pick up your order, please coordinate through the American Sokol Office 630-368-0771.



\$0 - \$25.00	\$4.95
\$25.01 - \$40.00	\$6.95
\$40.01 - \$55.00	\$8.95
\$55.01 - \$75.00	\$10.95
\$75.01 - \$100.00	\$13.95
\$100.01 - \$125.00	\$15.95
\$125.01 - \$150.00	\$17.95
\$150.01 - \$250.00	\$18.95
\$250.00 - \$400.00	\$19.95
Over \$400.00	5.50%

FRIDAY, JUNE 24, 2005

XXI AMERICAN SOKOL SLET



HOP ON BOARD.....

⇒⇒⇒⇒⇒⇒⇒ **SEE CHICAGO!!!**

TAKE A NARRATED TROLLEY RIDE WITH YOUR SOKOL FRIENDS TO SEE DOWNTOWN'S GREATEST SIGHTS!

Buckingham Fountain

Art Institute

Oak Street Beach

Sears Tower

Lake Shore Drive

NEW Millenium Park

Wrigley Building

Daley Plaza

Michigan Avenue

The Loop

AND MORE!!!

The Chicago Trolley Co. will pick us up at the Hyatt Oak Brook Hotel at 9:00 a.m. and take us downtown for a guided, narrated tour of Chicago's highlights. We will make 2 stops: One at the brand new Millenium Park on the lakefront. You won't want to miss this showpiece of architecture, sculpture and garden space. The other will be a two-hour stop for lunch on your own, shopping and fun at Navy Pier. We will then return to the Hyatt Oak Brook by 3:00 pm.

Cost: \$25

Bro/Sis Bernie + Ellie Babka

339 Lawton Road, Riverside, IL 60546

Phone: (708) 442-8810

Deadline for Reservations: June 10, 2005



PLEASE INCLUDE ME (US) IN THE CHICAGO TROLLEY CO. TOUR OF DOWNTOWN CHICAGO ON FRIDAY, JUNE 24, 2005.

ENCLOSED IS MY CHECK FOR \$_____ FOR _____ PEOPLE @ \$25 EACH.

My Name _____ Phone No. _____

Address _____

On reverse side of this form, please list names of all included in your reservation. Thank You + NAZDAR!

American Sokol GYMNAST

By: Kandi Pajer 117 Oakland Grove, Elmhurst, IL 60126
kandipajer@american-sokol.org

“All Aboard, Chicago!” the XXI American Sokol Slet Trophy Sponsorship Engine

Our 2005 Trophy Sponsorship Campaign Engine has already *left the station* with an unsolicited generous donation from the Sokol Spirit Junior BOI! We are hoping to *fuel* this enthusiasm with additional donations from our Districts, Units and general membership. Your generous contributions will help offset the expenses of the awards for the 2005 National Slet.

SPONSORSHIP LEVELS

\$100	Sponsor any specified individual trophy (Age, Level and Gender specific)
\$500	Sponsor any competition (Girls Artistic, Men's V-ball, Basketball, etc.)
\$1,000	Sponsor any specified event (Team Marching or Cal, V-ball, Golf, etc)

Our goal is to raise \$5,000! You can *track* our progress by visiting us directly at <http://www.american-sokol.org/trophy> . Thank you all in advance for making this event a memorable one for the competitors! If you have any corporate connections, please forward the contact information to me and I will gladly send them a letter.

Please makes checks payable to : **American Sokol Slet 2005** and mail them to:

American Sokol / Trophy Fund
c/o Bob Kucera
122 West 22nd Street
Oak Brook, IL 60523-1557

2005 AMERICAN SOKOL
ORGANIZATION
INSTRUCTOR SCHOOL
JULY 18 TO AUGUST 1

NOVICE, BEGINNER, INTERMEDIATE, ADVANCED,
ADVANCED II LEVEL SCHOOLS

HOSTED BY: SOKOL SOUTH OMAHA

STUDENTS SHOULD PLAN TO ARRIVE ON JULY 18 BEFORE 6:00 PM

GRADUATION CEREMONIES WILL BE THE EVENING OF JULY 31

FLIGHT ARRANGEMENTS SHOULD BE NO
SOONER THAN 1:00 PM ON AUGUST 1

DISTRICT AND UNIT DIRECTORS WILL BE RECEIVING
SCHOOL APPLICATION MATERIALS IN FEBRUARY

DO NOT DELAY, CONTACT YOUR DISTRICT OR
UNIT DIRECTOR FOR APPLICATION FORMS

DEADLINE JUNE 1

Instructor School Fee - \$235.00

FOR ADDITIONAL OR IMMEDIATE INFORMATION CONTACT:
INSTRUCTOR SCHOOL SECRETARY SANDRA BENAK - (402)731-2665
OR E-MAIL vbenak@earthlink.net

EXTRA CURRICULUM OFFERINGS TO INCLUDE:
USAG SAFETY CERTIFICATION
PDP LEVEL I
BEGINNER TO ADVANCED RHYTHMIC INSTRUCTION

Instructors In Training

For the 2005 National Instructors School
Sokol South Omaha • July 18 thru August 1, 2005

Instructors in Training Selection

- 1) Must have attended and passed three instructor schools (Beginner, Intermediate, Advanced) or equivalent teaching experience.
- 2) Must be a minimum of eighteen years of age.
- 3) Teaching experience of at least five years in the unit of which they are a member. (past or present)
- 4) Must have passed U.S.A.G. Safety Certification and PDP level1.
- 5) Submit a short paper: "Why I want to be an instructor in training"
- 6) Upon receipt of application the school director will consult with the unit and district director of the unit and district which the applicant is a member.
- 7) Selection is at the discretion of the school director and other instructors of the school the applicant is applying for.

Duties of the Instructor in Training

- 1) Teach a class under the supervision of a senior staff member.
- 2) Evaluate practice teaching with a staff member.
- 3) Teach & assist in spotting and progressions and marching.
- 4) Group activities (Special Number competition)
- 5) Be an officer of the day.
- 6) Attend all staff meetings.
- 7) Help students with homework assignments.
- 8) Assist at self improvement.
- 9) Choose a class and sit in on or do all classes.

Applications may be requested by writing or calling:

Bud Benak
5919 South 15 St.
Omaha, NE 68107
1-402-731-2665
vbenak@earthlink.net

AMERICAN SOKOL
122 W. 22nd St.
Oak Brook, IL 60523-1557
1-630-368-0771
ASO@AMERICAN-SOKOL.ORG

Applications must be received by April 1, 2005

INSTRUCTOR IN TRAINING APPLICATION

1. NAME _____ BIRTH DATE _____ AGE ____
2. ADDRESS _____ CITY _____ STATE ____
3. Member in good standing of : (Unit) Sokol _____
4. Instructor Schools Attended: Graduation Date
Beginner _____ Month _____ Yr. ____
Intermediate _____ Month _____ Yr. ____
Advanced _____ Month _____ Yr. ____
Advanced II _____ Month _____ Yr. ____
5. Teaching Experience

Unit	Class Level	Dates
6. Classes you would like to teach at the Instructor school.

7. I am U.S.A.G. :
Professional Development Program Level I certified Yes ____ NO ____
Safety Certified (expiration date) _____ Yes ____ NO ____
8. Please submit with this application a short paper on the topic:
"Why I want to be an instructor in training."

UNIT DIRECTOR SIGNATURE: _____

TELEPHONE or EMAIL: _____

DISTRICT DIRECTOR SIGNATURE: _____

TELEPHONE or EMAIL: _____

APPLICANT SIGNATURE: _____

TELEPHONE or EMAIL: _____

Innovative Fitness Teacher Wins Award

From the Chicago Tribune, January 9, 2005

It's called Fitopoly, modeled after Monopoly, and in it students test their physical fitness skills. It was that kind of innovative idea that earned a Willowbrook (IL) elementary school teacher Physical Education Teacher of the year honors.

Millie Wostratzky, who teaches at Gower West Elementary School, won the award at the annual convention of the Illinois Association of Health, Physical Education, Recreation and Dance in St. Charles (IL) in November. "We try to motivate kids to move," the Darien (IL) resident said of the physical education program at Gower West. "We try to do innovative things."

A former gymnast who graduated from Western Illinois University, Wostratzky has taught for 29 years.

Editor's note: Sis. Wostratzky is a member of Sokolice Tabor. Congratulations on your achievement!

FUTURE SOKOL LEADERS FUND

PURPOSE: To train and education young people to assure able administrators, the best of idealistic instructors and educational directors for Sokol Units and Districts.

In Memory of Edward C. Linhart

From Leo & Geraldine Slovacek	\$100.00	From Thomas Sotka	\$100.00
From Maureen & David Stanko	\$25.00	From Joan & James Curran	\$25.00
From Janice M. Polz	\$25.00	From Marie Andersen	\$25.00
From Sokol Stickney	\$25.00	From Debbie Budz	\$25.00
From Al Rus	\$20.00	From Don & Evelyn Fergle	\$20.00
From Phillip & Carolyn Boch	\$20.00	From Bob & Jean Kozlick	\$20.00
From Charles Malina Family	\$20.00	From Rose Barcal	\$10.00

MUSEUM, LIBRARY & ARCHIVES FUND

In Memory of Irene Prines

From Sokol Stickney Sr. Coed Class . . .	\$60.00	From Barbara Vondra	\$25.00
--	---------	-------------------------------	---------

GENERAL FUND

In Memory of Edward C. Linhart from Sue Gerhardt Held	\$100.00
In Memory of Blanche Kos from Blanche Lukes	\$50.00
In Memory of Irene Prines from Ray & Donna Scott	\$30.00



ATTENTION CONVENTION DELEGATES!

Just a reminder to you to remember to bring all your credentials with you to the upcoming Convention. This includes items sent to you from the National Office and proof of valid current Sokol membership.



Miroslav Tyrš and Jindrich Fuegner The Founders of Sokol

From the Czech Sokol Organization web site.

www.sokol-cos.cz/English/History/Personalities/personalities.html

MIROSLAV TYRS – the founder of Sokol – was born on September 17, 1832 in Decin. He studied philosophy and concentrated especially on esthetics. He was a great admirer of the ancient Greek “kalokagathia” and he applied its principles of harmony of body and soul in Sokol. While being an educator in Novy Jachymov, he met Jindrich Fuegner and their thoughts and discussions led to the foundation of the Czech Physical Education Association in 1862. In the Sokol of Prague, Tyrš was the vice-chairman and later he became the leader. In 1882, he was the leader of the first Sokol festival on the Strelecky Island. From 1871, he was a director of the magazine Sokol (with the famous motto “Our mission, strategy and goal”). In 1873, his book “The Basis Of Gymnastics” was issued. This book included the system of gymnastic exercises Tyrš invented and also the telling terminology. His text “Olympic Homage” celebrated the Olympic idea long before the Olympic games were renewed. In 1883 Tyrš gained an honorary degree of professor at the Prague University, after which he was supposed to give up his activities in Sokol. At this tense situation he went to Tyrolese Oetz for curing. During his stay there, he died on August 8, 1884, in the mountain river Aach.

JINDRICH FUEGNER – the co-founder of Sokol – was born on September 10, 1822 in Prague. He worked in trade, later he became a specialist in the insurance field. He was a successful businessman, but he had higher goals. He kept educating himself, his hobbies were music, social interests and sport. He shared his patriotism with Tyrš and they became close friends. Together, they were realizing the thought of a foundation of a Czech physical education club with special mission. After the foundation of the Sokol of Prague, he became its first chairman. He took an active part in building the first gym in Zitna street in Prague. Fugner established democratic relationships among the members of Sokol and he emphasized the importance of the role of cultural and social events (He is the author of the “sibrinky” fests.)



Pictures taken by Sis. Rosie Steinman at **Sokol Fort Worth's Annual Christmas Party.**

Submitted by Sis. Libbie Vrla.



Santa and Sis. Rosie Steinman



Santa with the Sokol Ft. Worth Gymnastic Instructors.



American Sokol YOUTH PROGRAM Activities and Information

Check out THESE youth activities and share them with the young Sokols that you know!

NATIONAL CAMP AND INSTRUCTOR'S COURSE

The American Sokol is lucky to boast two fantastic summer programs that cater to the youth of our organization.

The **National Camp** will be held this year from June 26th through July 3rd. By now, all the kids that are eligible to participate have received a Computer CD that they can put in their computer and it will play a presentation of what the camp is all about. An application was included as well. Please encourage any kid that wants to make great friends and have a fantastic time to sign up!!

The **National Instructor's Course** this year will be held from July 18th through August 1st. This school is designed to teach kids how to instruct a Sokol class. The rigorous 2 week program is one of the finest and most rewarding experiences that Sokol has to offer. Please encourage kids that are ready to instruct or have potential to be instructors to get more information about this event.

DON'T FORGET! The February Teen Newsletter included an essay contest for kids to win a scholarship to the camp OR the course. 4 prizes will be awarded.

SCRAPBOOK TIME

Get your pictures ready! The scrapbook pages for 2005 will be sent to your Unit Directors very soon. What's this? Well, the youth scrapbook is a book comprised of pages from all of our Sokol Units with pictures and activities. Every year, each gym gets to decorate a page for this book and include any pictures or designs that they want. The Youth Committee then takes those pages and puts them in the book for the year. This book is always available to be viewed at any national event (eg., Slet, Camp, Course, etc.). Your Unit Director will receive their blank page sometime in March. Please help out where you can to make it a great year!

If you want more information about Youth Activities or have ideas for programs we can do this year or in the future, you can contact your Unit youth ambassador or call or e-mail Tom Pajer at 630-833-6916 or tompajer@american-sokol.org.

Please encourage the SO-KOOL kids that you know to read their newsletters and participate in the contests and other programs. We give out some really cool prizes.

NA ZDAR! The American Sokol Youth Committee

Presidential Inauguration

Jerry and Henrietta Milan, members of Sokol Fort Worth and SPJST Lodge #154, traveled to Washington, DC, with niece Donna Parker and her daughter, Jill Parker. They spent four days in icy cold weather-20 to 25 degrees daytime and 12 degrees at night-and they now know those long fur coats really do keep you WARM. The Black Tie and Boots Ball was a load of fun, and running into others from Fort Worth was exciting too. Security was extreme all over.

Visiting Arlington National Cemetery was special, seeing the Tomb of the Unknown soldier and changing of the guard, the gravesites of John F. Kennedy and the eternal flame, Robert Kennedy, Audie Murphy, and many others. A night bus tour of historical monuments was enlightening-seeing Thomas Jefferson, Abraham Lincoln, Albert Einstein memorials, the Viet Nam Wall, the Iwo Jima Sculpture and the new World War II memorial made us proud to be Americans. Two of Jerry's brothers and three brothers-in-law fought in WWII, a cousin died in the Battle of the Bulge. His brother, Joe Milan, fought in North Africa, Sicily and Italy, came home and was sent to the Pacific Theater at Okinawa and

was at Ie Shima when the war ended. All these sites have great words of wisdom about freedom, God and the Creator and visions of peace. It is amazing that they were of different political parties and yet had the same patriotic messages and ideals.

The Swearing In Ceremony of President George W. Bush was the highlight of the trip, which further reflected that party politics are minor issues compared to what an historic event we witnessed. History will reflect the greatness a president does for the country rather than what party he represents.

We took photos, got glimpses of

Colin Powell, President Bill Clinton and Senator Hillary Clinton in their motorcades and enjoyed each day eating out and riding the Metro in our tuxes and gowns. The Metro was the easiest way to get around, especially after a two-hour taxi trip in snow and traffic from Dulles Airport to our hotel. We also toured the Embassy of the Czech Republic and visited with friends there.

This was a cherished trip of a lifetime. Our immigrant parents would be thankful that their children had the opportunity to attend such an historic event of the country they loved so much.

Sis. Henrietta Milan, Sokol Ft. Worth



Pictured L to R: Henrietta Milan, ??, Donna Parker, ??, Jerry Milan, Jill Parker at the Black Tie and Boots Ball in Washington, DC.

Have fun! Stay fit! Join Sokol!



AMERICAN SOKOL

Change of Address

This clip-out coupon is positioned so that your mailing label appears on the back. If your mailing address has changed, use a pencil to carefully mark an X through the OLD mailing label. Complete this change of address form and mail to:

AMERICAN SOKOL

122 West 22nd Street
Oak Brook, IL 60523-1557

Sokol _____

Name _____

NEW!
Address _____

City _____

State _____ Zip _____

AMERICAN SOKOL...



is a multi-faceted organization guiding its members throughout life, from early youth through maturity, to physical and moral health, good citizenship and responsible patriotism, combined with continuous self-improvement. This goal is pursued through general physical fitness activities, gymnastics and sports, as well as varied cultural and social activities.

EDUCATIONAL & B.O.I. MATERIALS, MEMBERSHIP PINS & KITS

EDUCATIONAL MATERIALS

- "Sokol and the Sokol Ideal"
- "Our Task, Aim and Goal"
- "Dr. Josef Scheiner"
- "Highlights of Czech History"
- A.S.O. 125th Anniversary Book
- "American Sokol Sings" Songbook
- Gymnastic Activities w/Hand Apparatus
- Sokol Gymnastics Manual
- Unit ID Ribbons

BOARD OF INSTRUCTORS

- Director's Newsletter Subscription
- Instructors' Digest (Vol. I, II, III, IV, V)
- Unit Directors' Handbook
- District Directors' Handbook
- Girls'/Boys' Skills Program Materials
 - Large Packet (25 Participants)
 - Small Packet (12 Participants)
- Tots' Skills Program Materials
 - Large Packet (25 Participants)
 - Small Packet (12 Participants)
- Separate Cards, Patches, Bars and Ribbons Also Available
- Birthday Ribbons

MEMBERSHIP PINS & NEW MEMBER INFORMATION

- Membership Kit
- Plain Pin (No Year)
- Year Pins (in 5-year increments: 5, 10, 15, 20, 25, 30, 35, 40, 45, 50-Year)
- 55 Years & Over Citation of Merit

For information on all items, contact:

AMERICAN SOKOL
630-368-0771

AMERICAN SOKOL

122 W. 22nd Street • Oak Brook, IL 60523-1557

UNIGLOBE

Cihak Travel, Inc.

6300 Kingery Hwy., Ste. 414
Willowbrook, IL 60527-2271
630-986-8100
1-800-426-8826

Call for airline, hotel and tour
reservations worldwide.

Exclusive U.S. and Canadian
agent for Prague Suites,
the hotel alternative.

UNIGLOBE

WE WILL CHANGE
THE WAY YOU TRAVEL.



Hop on board!
2005



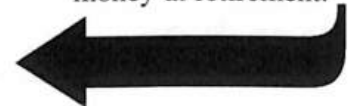
STOP PAYING TAXES NOW...

ON MONEY YOU WON'T USE UNTIL RETIREMENT!

CSA FRATERNAL LIFE
122 W 22ND STREET
OAK BROOK, IL 60523

\$50,001 & UP EARNS **4.00%**
\$10,001-50,000 EARNS **3.75%**
\$1,000-\$10,000 EARNS **3.50%**

Use CSA's tax deferred
annuity to accumulate
money at retirement.



Call 1-800-543-3272 today!

We Can Help You With Your 401K Rollover.

**WEBER
TRAVEL
AGENCY**



Complete Worldwide Professional Travel Service

SPECIALIZING IN TRAVEL TO CZECH REPUBLIC
SINCE 1958

3729 Grand Blvd. • Brookfield, IL 60513-1623
Tel. 708-485-1333 • 800-886-7012



wfla
western fraternal life association

1900 First Avenue NE, Cedar Rapids, IA 52402
(319) 363-2653 • (877) WFLAINS • Fax (319) 363-8806