



The mission of the American Sokol is to provide fitness and community for individuals and families through physical, educational, cultural and social programs.

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Sokol Washington DC Šibřinky Masquerade Ball at the Czech Embassy for their 70th Anniversary February 25, 2017



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*except in July and August

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The Presidential Address



The Sokol Eye – Sokolským Okem

Cedar Rapids, Iowa! Announcing: Ride2Camp2017

We are extremely excited to announce that the Ride2Camp Fundraiser will take place once again this year! Matthew Carlozzi, a founding member of the mission, is organizing a cycling team to ride their bikes from Chicago to Cedar Rapids for the Slet in June. The last time they did this was in 2009 from Chicago to Ft. Worth, Texas. It is a challenge, yet Matt has already gained a lot of interest and hopefully a team of 8-10 riders. People and corporations will be able to donate and sponsor a rider. This fundraiser will benefit the American Sokol National Camp, which is also being reinstated soon. If you live along their path, you can be there to cheer them on or buy them a meal. The Ride2Camp will also bring a lot of attention to our amazing Slet & Festival in Cedar Rapids. There will be more about this in the coming months. Stay tuned!

National Goals!

With all of these great things happening in our organization, we have set forth a lot of goals during this Board's term. Our goals for 2017 include:

- 2017 Slet & Festival: For Success & Fun!
- Membership Database: To complete the transition getting all Units working the new system and to begin implementing the other aspects of the software program.
- Membership Committee: Continue to establish suggestions to address the needs of the organization. Topics: One parent per youth member, payment of dues, membership categories, and the new database.
- Youth Membership: Analyze current program and discover new ways to utilize membership dues that will help all Units, focus on ways to communicate with our youth and introduce new programs that will encourage more youth involvement.
- National Camp: Bring it back!
- Capital Campaign: Continue current programs that will raise funds to give back grants to our Units.

National Awards Program Events, 150 Club and Sokol Seals.

- SML: Open a new exhibit in the National Office and continue digitization and cataloguing of the collection.
- New National Flag: Introduce a new National Flag. (The most recent one has been retired due to wear).
- Instructor School: We are hosting international students this year from Czech Sokol!
- PR/Marketing: Improve the website and internal communications. Continue to pursue marketing opportunities.

New Program in Naperville-Tyrs: Thanks to the determination of a few young leaders of Sokol Naperville Tyrs they have a new program that offers classes to students with special needs. Our Sokol leaders Dan Bajek, Kate Viscomi, and Andrew, Tammy and Nicole Bajek are the reason Sokol in Naperville, IL has created an opportunity for this program to exist. Sokol is a community, inclusive organization that is open to everyone. Thank you Sokol Naperville Tyrs for being the first to initiate this program. We welcome our new members and are so happy you have chosen to become part of our organization.

Sokol Washington DC: I attended the Sokol Washington DC Šibřinky Masquerade Ball at the Czech Embassy. Sokol Washington DC maintains the traditional Sokol and Czech/Slovak family physical activities. We are honored to have their members to keep the traditions alive. See the cover photos and on page 6. Thank you and Congratulations on your 70th year of Sokol in the Washington DC area. We are proud to be part of your history and your future. Nazdar!

continued on page 6



The Sokol Educator

from The National Education Committee

2017 MERIT AWARD

The American Sokol Merit Award is being handled by the National Educational Committee and is now accepting applications for the 2017 Merit Awards. Eligible students are those in good standing with the American Sokol Organization and their unit, who are planning a full time (at least 12 hours per semester or equivalent) course program at an accredited two-year or four-year college or who are already participating in such a course of study. The amount to be awarded is \$1,000.00. There are no merit award renewals. The application process begins with the submission of the form below to obtain application forms and instructions.

If the recipient fails to submit such a transcript or fails to complete the full year of study for which the award was granted, the recipient is obliged to repay, in full, the Merit Award.

The selections are made by the Merit Award Committee and approved by the American Sokol District Educational Directors and the American Sokol Executive Board. The following points will be considered by the Committee in selecting the candidates:

1. Ethnic and educational activities – Sokol and/or other cultural activities.
2. Service to Sokol – Unit, District and/or National.
3. Participation in Sokol events and activities – Unit, District and/or National
4. Community and extracurricular involvement
5. Essay
6. Recommendation of the Unit Educational Director, Physical Director or President.

2017 Merit Award

Applications can be downloaded from the American Sokol website. www.American-Sokol.org.

If requesting by mail, please send this completed page to: Merit Award Committee, c/o American Sokol, 9126 Ogden Ave. Brookfield, IL, 60513 or e-mail ASO@AMERICAN-SOKOL.ORG

I desire to submit application for the American Sokol Merit Award.

Name: _____
 Address: _____
 City: _____ State: _____ ZIP: _____
 Phone: _____ Email: _____
 My age is _____ years. I am a member of Sokol _____

APPLICATION
 REQUESTS SHOULD
 BE RECEIVED
 NO LATER THAN
 APRIL 1, 2017

APPLICATIONS ARE
 DUE JUNE 1, 2017

2017 National Instructors School
 MORE INFORMATION COMING
 SOON!
 DATES: JUNE 25TH - JULY 9TH
 IN CEDAR RAPIDS FOLLOWING THE
 XXIV SLET & FESTIVAL

Should you need guidance filling out this application, please refer questions to your Unit or District Educator.

Sokol Town of Lake Annual Camp Picnic, Willow Springs, IL

Submitted by Sis. Julie Barcal

We had a lovely fall day on October 9, 2016 for our annual reunion picnic. It was a warm and sunny day and the camp area around the rock was mowed so we were able to picnic on our old camp grounds. Altogether 16 people attended. Henrietta and Jerry Milan were not able to attend and we surely missed them (and the apple pie Henrietta and Annette usually make, too!) Annette and Bill Schabowski had to leave early but the rest of us enjoyed visiting and snacking on the food we brought. George Kazda, Bob Husa and Julie Barcal. Julie took the traditional walk to Tuma Lake and tried to find the trail to Pioneer Woods, but it was overgrown as was most of the path around the lake. But what great memories of past Hare and Hound chases, pranks, and other camp adventures we all shared. It was great to see everyone again. Anyone who enjoys the great outdoors is welcomed to join us next year.



Standing from left: Lucile Lankas, Laddie Lankas, Nancy Zak, Ray Hemzacek, Laddie Vanek, Lorraine Vanek, Mil Ceithaml, Vlasta Stribrny, Bob Husa. Seated: George Kazda

A painting of the campground.



Laddie Vanek when he was camp director back in the day.



TWIST AND TURNS: The Story of Sokol *June 3 - Dec 31, Smith Gallery, Cedar Rapids, IA*

In honor of the 2017 National Sokol Slet, the NCSML presents a nimble and invigorating journey into the story of Sokol. Named for the falcon, Sokol was founded in 1862 by Dr. Miroslav Tyrs and Jindrich Fugner. They believed that a nation must be physically fit, moral and intelligent to secure its independence and retain it. The first American Sokol unit was founded in 1865 in St Louis, Missouri. The exhibit pays homage to the amazing men and women who made Sokol a part of their lives. The exhibit also recounts the perilous times throughout Czechoslovak history when Sokol was banned by various oppressive governments, and how a nation of immigrants across the ocean used Sokol to build strong communities.



Slet & Festival Registration Information

June 22 is right around the corner. The Board of Instructors have been busy putting together registration forms for all events. They are in the final stages and will be sent out to the Unit Directors soon. We are asking that the Unit Directors fill out the paperwork for their unit members and email it back to me at mfiordelis@yahoo.com. Payment may be made either by check (sent to National Office) or by credit card (card information will be indicated on bottom of form). We really need these forms to be emailed rather than mailed so we can simply copy and paste information into our spreadsheets rather than doing data input of all this information. This will save time and cut down on errors. Deadline for all competitive events is May 1, 2017 and for socials and tickets deadline is June 1, 2017. Tickets and souvenirs will also be available to purchase on our website.

See what's happening by date and cost associated with the various events on the next page and more information on the following pages.

Nazdar,
Maryann Fiordelis
National Physical Director



*Sokol Washington DC
Šibřinky Masquerade Ball
at the Czech Embassy,
February 25, 2017*

continued from page 3

The Presidential Address

keeps us here? Recently, we lost some long-time Sokols. Sokol Chicagoland President MaryEllen Newsom, who always challenged us to be better, and recently, Charles Schultz (Sokol Chicago, Spirit) a 70+-year member. Chas always told me stories about him and my Uncle Alex Marzek. They were childhood friends from Sokol Chicago. I realize that the greatest part of being a Sokol is that no matter your age, your generation or your association... we are a family. This Sokol Eye still sees the strength of Sokols here on earth in our friendships, sharing our loves and our sorrows and living out life together. This is the reason we stay and why we are Sokols, we always have each other...our pasts, present and our future. We are there for each other through thick and thin until the end. Thank you to all of the Sokol members who have kept us going, have stayed and represent who we are. For me? I choose Sokol for life as well! Nazdar!

At žije Sokol! ~ Long Live Sokol!
Jean Hruby, President



2017 Slet & Festival

UNIT/LODGE _____

DISTRICT/ORG _____

UNIT SUMMARY ORDER FORM

Thursday, June 22

- Team Marching Competition
- Team Calisthenics Competition
- Opening Ceremony Special Number Teams
- Special Number Participant Tickets
- Opening Ceremony Spectator Tickets

- # ___ @ \$62 for a total of \$ _____
- # ___ @ \$62 for a total of \$ _____
- # ___ @\$21 for a total of \$ _____
- # ___ @ \$5 for a total of \$ _____
- # ___ @ \$10.50 for a total of \$ _____

Friday, June 23

- Volleyball Teams
- Volleyball Spectator Tickets
- Volleyball Family of 4 Spectator Tickets
- Fitness Challenge Participants
- Banquet & Hall of Fame Dinner

- # ___ @ \$205 for a total of \$ _____
- # ___ @ \$5 for a total of \$ _____
- # ___ @ \$16 for a total of \$ _____
- # ___ @ \$16 for a total of \$ _____
- # ___ @ \$82 for a total of \$ _____

Saturday, June 24

- Individual Gymnastic Competitors
- Gymnastic Teams
- Tag Teams
- Gymnastic Spectator Tickets
- Gymnastic Family of 4 Spectator Tickets
- Victory Dance*

- # ___ @ \$52 for a total of \$ _____
- # ___ @ \$41.50 for a total of \$ _____
- # ___ @ \$41.50 for a total of \$ _____
- # ___ @ \$5 for a total of \$ _____
- # ___ @ \$16 for a total of \$ _____
- # ___ @ \$16 for a total of \$ _____

***Gymnastic Fee includes Victory Dance Ticket**

Sunday, June 25

- Closing Ceremony & Slet Program Spectator Fee
- Closing Ceremony & Slet Program Participant Fee
- Closing Ceremony & Slet Program Participant Fee**

- # ___ @ \$16 for a total of \$ _____
- # ___ @ \$10.50 for a total of \$ _____
- # ___ @ \$12.50 for a total of \$ _____

****For t-shirt sizes 2XL-5XL**

Grand Total \$ _____

Payment Type: **Check No.** _____ **Credit Card** _____ (please ✓)



2017 Slet & Festival

XXIV SLET & FESTIVAL BANQUET

Friday, June 23rd, 2017, 6pm-11:30pm
National Czech and Slovak Museum & Library
1400 Inspiration Place SW, Cedar Rapids, IA

Banquet Tickets are \$82

DEADLINE INCLUDING FEES: June 1, 2017

UNIT/LODGE _____

DISTRICT/ORG _____

Name:

Entre Selection*

- 1. _____
- 2. _____
- 3. _____
- 4. _____
- 5. _____
- 6. _____
- 7. _____
- 8. _____
- 9. _____
- 10. _____

- beef ___ chicken ___ fish ___
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- beef ___ chicken ___ fish ___
- beef ___ chicken ___ fish ___
- beef ___ chicken ___ fish ___

If paying by credit card, please supply the required information below:

Credit Card Information:

Name as on card: _____

Billing Address: City: _____ State ___ Zip Code _____

Card Number _____

Expiration Date _____

Security Code _____

Please email forms to mfiordelis@yahoo.com by deadline. If paying by check, make check out to XXIV American Sokol Slet and mailed to American Sokol Office, Att Mary Cushing, 9126 Ogden Ave., Brookfield, IL 60513



Pre Slet Order available until April 15

XXIV Slet & Festival Official Souvenirs

Slet T-Shirt

Two color Imprinted Slet Logo

50/50 Heavyweight blend	Sizes	Price
<i>Shirt color choices</i>	Youth S M L	\$10.50
White, Heather, Lt Blue,	Adult S to XL	10.50
Classic Pink, Sandstorm/tan	2XL to 5 XL	15.50

Slet Polo Shirt

Two color Imprinted Slet Logo

Silk touch 65/35 poly/cotton blend	Sizes	Price
	Female XS to 2XL	\$20.50
<i>Color Choices</i>	or Male 3XL to 4XL	25.50
White, Lt Blue, Banana,	Female 5XL to 6XL	30.50
Lt Stone/Tan, Mint Green	Male 5XL to 10XL	35.50
	Tall Men L to 4XL	40.50

Restrictions: Sizes 3X and above and Tall Men sizes only available through pre-Slet ordering.

Option - 2 color Embroidered Logo only available pre-Slet order Add \$5 per item.

Slet Lapel Pin \$5.00



Slet Wristband \$3.00

SOKOL 2017

½" Silicone red or blue

White embossed lettering



PURCHASE ORDER

UNIT NAME

DATE:

Contact person
Phone

email

Pre Slet orders only

Pick up at Clarion June 22-27

ALL PAID ORDERS TO BE PICKED UP AT SLET BY COACH		DELIVERY DATE
Indicate authorized person	Name -	June 22-25, 2017

QTY	SIZE	DESCRIPTION/COLOR	MALE/FEMALE/YOUTH	UNIT PRICE	LINE TOTAL
				SUBTOTAL	
				TOTAL	

Please send checks payable to: **American Sokol**
Mail to: ALLISON GERBER, 818 BOLTON ST, SPRINGVILLE, IA 52336
 To pay by Credit Card – Contact the American Sokol Office



RISING STAR:

JULIA NEWELL

submitted by Rome Milan, Sokol Fort Worth



Julia Newell started gymnastics classes when she was 4 years old while living in Missouri. Her family moved to Fort Worth when she was 8 years old, and she was invited to join Sokol Fort Worth's competitive team as a Level 5 gymnast. Julia is now 16 years old and is competing at the highest level on Sokol Fort Worth's competitive team as a Level 9.

Julia participates in many Sokol programs, including District Slets, and International and National Sport & Cultural Festivals. At the 2013 Sokol National Sports Festival in Milwaukee, Wisconsin, Julia won 1st Place in the All-Around for artistic gymnastics and became a National Champion. When Julia was a Level 8, she qualified and competed at Regionals in Loveland, Colorado, which is the highest competition a Level 8 gymnast can achieve!

Julia continuously helps with Sokol's programs in numerous ways. To name a few, she has taught calisthenics, dances and marching routines for Sokol Slets, often leads warmups, conditioning and cool downs at gymnastics practices, has mentored and helped coach gymnasts of various levels and participated as a mock judge at Sokol practice meets. Julia has participated in exhibitions at the Texas State Fair, and exhibitions at local schools in an effort to recruit others to enroll at Sokol. She has volunteered with Sokol summer camps, participated in many fundraisers, and has volunteered to help with the Sokol Museum which is a popular attraction set up yearly at the Metroplex Challenge gymnastics meets held in downtown Fort Worth.



While Julia is a high level competitive gymnast at Sokol Fort Worth, she is also on the Varsity gymnastics competitive team at her high school. As a Freshman, her placement in competitions at the District and Regional levels qualified her to compete at the State level. In April 2016, Julia competed at the Texas High School State Gymnastics Championships and won 1st Place on the uneven bars and 4th Place in the All-Around. Now a Sophomore, Julia is currently ranked #1 on uneven bars in the State of Texas High School Gymnastics. Julia's love for gymnastics and working tirelessly for over 12 years to improve her skills, has continued to reward her with many 1st place wins. Julia trains five days a week, racking up gym time of 22.5 hours each week, a large part of her life. In addition to her rigorous training schedule, Julia is also a member of her high school Gold Standard program (honor society), and is involved with her church and performing community service, having logged over 200 plus volunteer hours.

Julia has "grown-up" with Sokol Fort Worth as her second family. Sokol has given her a strong foundation for development of leadership skills, and helped her to grow physically, socially and culturally. Julia is a role model, dependable, kindhearted, intelligent, of high moral character, persistent and determined. In the future, Julia would love to compete on a college gymnastics team. Sokol coaches, staff, and even Sokol senior members, support her current and future goals. Julia is training hard to achieve the highest level of gymnastics that she is able, which in the future will bring success when the time comes and she is ready to pursue her love of gymnastics through coaching. Julia is truly a Rising Star, a Sokol Superstar!

NEWS FROM WORLD SOKOLS



Česká obec sokolská



The Poland Sokols celebrated their 150th Anniversary on February 7, 2017! The Sokols in Poland spread throughout the world and are today divided into 70 organizations with over 10,000 members in Poland, Lithuania, USA, Canada and Ukraine. The Polish Falcons of America was established in 1928. We sent a congratulatory message to the Sokols in Poland and they responded, "See you all in Prague in 2018." Of course, they have been invited to the American Sokol Slet this summer in Cedar Rapids, however, they are unable to attend due to the distance. We are going to pursue connections with the Polish Falcons of America and try to do more things together. Zdar, Zdar, Zdar! to our Brothers and Sisters in the Polish Falcon Organizations!

2018 Prague Slet

The tour will be officially launched after our Slet this summer. If you would like to view the calisthenics, you can view them on YouTube. <http://tinyurl.com/hmczfgj>

Save the dates! ... Details and Pre-registration to follow...

- June 23-29th Pre-Slet Tour: Vienna, Budapest, Estergom, Bratislava. Including a concert in Vienna, castles, spas, riverboat cruise... and many other historic places.
- June 30 – July 8th Prague Slet Week: Day tours within Prague and to many exciting Czech places outside the city!
- July 8 – July 13th – Post Slet Tour: Croatia – seacoast!

Everyone will have the option to book their trip based on their individual needs. So, you can choose to simply purchase one or more of the following:

- Pre-Slet Tour
- Slet Week (Hotel in Prague)
- Slet Event Ticket package: Opening Ceremony, 2-day Slet performances
- Post-Slet Tour
- Individual Day Tours from Prague to historic places in the Czech Republic including a brewery, castles, historic villages and local Sokol towns. They will be listed separately to choose one or all.
- Prague Walking Tours - daily
- Pub Crawl
- Boat Cruise on the Vltava in Prague
- Bus Transportation to and from Slet Program (2 days)
- Transportation to and from the airport. (Will be available only to those on the main tours. Return to airport will have only two drop-offs.)

For full information on the Slet & Festival Events, including Sponsorships and the Banquet, reference the February 2017 issue.

Visit: <http://american-sokol.org/publication/>



FOUNDATION

From the Desk of National Foundation Director – Allen Cushing

The American Sokol Foundation launched the 150 Club as part of the American Sokol “Gateway to the Future” Capital Campaign. Our goal was to get 150 members at \$150 each, raising \$22,500 annually. Unfortunately we haven't fallen short of our goal, but gained added funds and support for the Foundation and the Capital Campaign. Our first year, 2015 was initiated in conjunction with the 150th Anniversary Celebration. While we fell short of our goal, we did well raising \$4650 and having 31 members. In 2016, we continued our efforts, but not tied to an event seemed to leave us short. We had 13 members raising \$1,950. Two of these were new and 11 people renewed.

Please understand this is an ongoing venture to continue to raise much-needed funds. The Capital Campaign is committed to assisting and helping fund units with capital improvements or programmatic needs. The Grant Committee has worked hard to make this happen. In our first year, we have given over \$30,000 to applying Units – 15 different Units!

We are pleased to announce the 2017 **150 Club** initiative. We are asking once again for members, units, districts or friends to contribute \$150 in support of this fund raising program. All donors who contribute \$150 will receive a special commemorative 150 Club Pin and will be recognized in the Inaugural XXIV American Sokol Program Book.

Elsewhere in this issue, please find the application form to submit with your donation. Remember, all donations are tax deductible. If you contributed in previous years, we thank you very much for your support and would appreciate your continued support this year. If you didn't join last year, this is your opportunity for this coming year. You still have the opportunity to commit to contributing for the next year as well. Please contact Allen Cushing, American Sokol Foundation Director, at seagullconsulting@comcast.net if you have any questions.



2017

American Sokol Foundation 150 Club
9126 Ogden Ave. Brookfield, IL 60513
708-255-5397
aso@american-sokol.org

Your Name _____

How you would like “member” name to appear _____

Address _____

City _____ State _____ Zip _____

Telephone _____ Email _____

Unit/Organization _____

I wish to pledge:

- 🍏 \$150 Donation – first time donor
- 🍏 \$150 Donation - renewal
- 🍏 A Donation of \$150 for this year and 2018

Signature _____

Make Check payable to: “150 Club American Sokol Foundation”

If you prefer to make a credit card donation, please contact the National Office at 708-255-5397

All donations are Tax Deductible



Mark your Calendar

Events around the American Sokol

Get your event featured! Email editor@american-sokol.org

March

- March 3** **First Friday Movie** — Sokol Spirit, Brookfield, IL
- March 4** **Boys' Gymnastic Competition** — Sokol Greater Cleveland, Cleveland, OH
- March 11** **Sokol Tabor Annual Exhibition** — Sokol Tabor, Berwyn, IL
- March 12** **Sokol Chicagoland Annual Exhibition** — Elite Sports Complex, Downers Grove, IL
- March 17** **Sokol Naperville Annual Exhibition** — Naperville Central High School, Naperville, IL
- March 18** **Sokol Stickney Annual Exhibition** — St. Hugh Auditorium, Lyons, IL
- March 18** **Trivia Night 2017**— Sokol St. Louis, St. Louis, MO
- March 18** **Walk for Health**— Sokol San Francisco, Golden Gate Park, San Francisco, CA
- March 25** **Sokol Spirit Annual Exhibition** — Riverside-Brookfield High School, Riverside, IL
- March 26** **Sokol Member Swim Party** — Sokol Greater Cleveland, Cleveland, OH, Seven Hills Rec Center

April

- April 1-2** **Campers Give Back Weekend** — Sokol St. Louis, American-Czech Education Center, St. Louis, MO
- April 1** **Sokol USA Lodge 306 Annual Exhibition** — Sokol USA Lodge 306, Chicago, IL
- April 1** **Sokol San Francisco Spring Dinner & Dance**— Sokol San Francisco, San Francisco, CA
- April 2** **GIJO Meet** — Sokol Chicagoland, Elite Sports Complex, Downers Grove, IL
- April 2** **Sokol Stickney 44th Annual Pancake & French Toast Breakfast** — St. Hugh Auditorium, Lyons, IL
- April 3-7** **Gymnastics Camp** — Sokol Detroit Camp, South Lyon, MI
- April 9** **Spring Czech Festival**— Sokol St. Louis, American-Czech Educational Center, St. Louis, MO
- April 21-22** **Sokol Tabor Spring Rummage Sale** — Sokol Tabor, Berwyn, IL
- April 22** **Central District Special Number Competition** — Lyons Township North High School, La Grange, IL
- April 22** **Reverse Raffle Fundraiser** — Sokol Ceska Sin, Cleveland, OH
- April 28-30** **Girls' Gymnastic Competition** — Sokol Greater Cleveland, Cleveland, OH
- April 29** **ACEC Gymnastics Exhibition**— Sokol St. Louis, St. Louis, MO

May

- May 6** **Walk for Health** — Sokol San Francisco, Botanical Garden of Berkley, Berkley, CA
- May 13** **Sokol Northeastern District Competition** — Sokol Greater Cleveland, Cleveland, OH
- May 13** **Boy's & Men's Gymnastic Competition** — Sokol Spirit, Brookfield, IL
- May 20** **Girl's & Women's Gymnastic Competition** — Naperville Central High School, Naperville, IL
- May 21** **Central District Sokol Day** — Ehlert Park, Brookfield, IL
- May 26-29** **Old Man's Cave Hiking Weekend** — Sokol Ceska Sin, Hocking Hills State Park, Logan, OH



PERIODICAL

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708.255.5397

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SAVE A TREE...GO GREEN. RECEIVE THE DIGITAL VERSION VIA EMAIL:
<http://american-sokol.org/gogreen/>

A graphic shaped like the state of Iowa, containing text for an event. At the top center is the "American Sokol" logo in red and blue. Below it, the text reads "XXIV Slet & Festival" and "The Tradition Continues". The location is "CEDAR RAPIDS, IA City of 5 Seasons" and the dates are "June 22-25, 2017". Various activities are listed around the perimeter: Gymnastics, Slet Program, Volleyball, Banquet, Fitness Challenge, Marching Competition, Special Numbers, Calisthenics Competition, Opening Ceremonies, and Victory Dance. The phrase "A Time to Enjoy" is written in red on the right side.



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