



*The mission of the American Sokol is to provide fitness and community for individuals and families through physical, educational, cultural and social programs.*

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*photos courtesy of Marni Sabin & Jean Hruby*

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\*except in July and August

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From the Editor...

Congratulations to Sokol New York on their 150th anniversary this month! From the photos and videos I've seen on social media, looks like a good time was had by all. *Nazdar!*

How do you celebrate your unit? Do you have an annual exhibition? Or a gathering of members such as a picnic or pot luck dinner? Does your unit host a competition yearly? Do you invite other organizations or the public to your event?

Let us know what you are doing this year to celebrate your unit or district.

NAZDAR!



**Save a Tree... Save Our Organization. CLICK HERE:**

<http://american-sokol.org/gogreen/>

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## The Presidential Address

### *The Sokol Eye – Sokolským Okem*

Hello from Vienna!

Dear Brothers and Sisters,

I am writing to you from the Post-Hotel in the center of Vienna, a property that is co-owned by the Sokols here in Austria. Brother Paul Lebloch and I are here attending the 150th Anniversary weekend of celebrations for Sokols in Austria.



One week ago I was in New York, celebrating the 150th Anniversary of our very own Sokol New York. Donna Sbriglia, President, and the entire committee organized a beautiful evening in the hall, with a Silk Performance and night of dancing. The food was excellent and the smiles and laughter never ended. Upstairs the Museum & Library display led everyone down the historical path highlighting Sokol New York's rich history. Many members returned for the event, but also many from around the USA joined as well, including Houston, Greater Cleveland, KHB Ennis, Dallas, and Chicago.

One of my favorite experiences was meeting a younger Sokol who didn't know me, and was very concerned that I was getting a welcome shot of her uncle's bourbon. The young lady was so embarrassed discovering that I was the American Sokol President, the rest of the weekend she kept apologizing. I explained that I don't expect anyone to treat me any differently, and that I am just another Sokol member. This became a great opportunity for me to meet a Sokol member and one that is young and full of life. We had great conversations about Sokol and this "Sokol Eye" enjoyed this experience with her. Our Sokol New York has some great leaders past and present and we are proud to help them through the next 150 years of success! Congratulations!



In Vienna, we have been hosted with true Viennese style. A Cabaret dinner in the city, a special reception by the Mayor of Vienna in the special "red room", the evening of music in the Kammer Opera, Exhibition of Sport and Dance and Gala Evening. We (Brother Lebloch and I) are in the midst of a beautiful celebration with Sokols from all over the Europe who have gathered to make this weekend grand. I look forward to sharing some "Sokolskym Okem" with you in the next publication, and hope you enjoy some of the photos that I have taken to share with you. I have posted many live events and shared videos of everything happening on the American Sokol Facebook page <https://www.facebook.com/americansokol/>. Please try to view the amazing talent and beauty of Vienna and from Sokols abroad. Every place I visit on behalf of all of you, I get emotional and always wish that everyone could be here too thinking of all of you through every step.

Until my return when I can share more with you...

Ať žije Sokol! ~ Long Live Sokol!

Nazdar! Jean Hruby, President





# **RISING STAR:** DAPHNE ZACKERY

submitted by Rome Milan



Daphne Zackery was so under-involved with gymnastics that she did not even watch the 2016 Rio Olympic Games. That's how UNDER-INVOLVED she was. Months later, her interest in gymnastics is the polar opposite.

Athletically inclined and always looking for action, her parents enrolled her at Sokol-Fort Worth. In only weeks, she was advanced from recreational gymnastics to level 3 competitive team. Being only 12 years old and in a new sport, it was an unfamiliar challenge for her and her parents. She had never experienced hard conditioning, demanding training, and a schedule that requires total commitment. This young lady and her parents have adjusted to everything that comes with being an invested gymnastics family.

Daphne quickly earned the nickname "Baby Giraffe" for her "unique" running style for vault. "Baby Giraffe" has always been a term of endearment, and is a running style that is improving each

workout. No different than any other difficulty that she has faced. Daphne flourishes in the environment of challenge. She never backs away from hard to overcome tasks and possesses a strong growth mindset attitude. She has learned and adopted the philosophy that "failure is not a permanent state".

In Daphne's debut competition (SLET), she scored an impressive 37.25 All-Around clinching 1st place and anchoring the team title with a 9.75 on balance beam. Learning how to work thru "rips", getting nutrition for competition, and making straight A's in school...this young lady is on her way. In-part, this is from being inspired by Svetlana Boguinskaia. Her coach showed her a few video clips of Svetlana on her first day of team practice. From there, she watched every video she could find and has mimicked the style and made it her own in true Daphne fashion. Like Svetlana, Daphne's style of gymnastics is a true site to see.

With a 37+ All-Around score (2nd place) at her district competition and many other accomplishments she is over-achieving. However, her biggest accolade has been growing in her leadership role as level 2 & 3 team leader. This is a responsibility that she takes to heart and she absorbs all the discipline that goes with the task. Her leadership qualities are a true spiritual gift. With every task have been hard lessons learned. Daphne continues to learn and adjust as champions do.

Her coach stated "what dreams may come when she's been a gymnast for a WHOLE YEAR?" "This young lady has an insatiable appetite for the sport and it's a privilege to watch her growth



## HURRICANE HARVEY RELIEF FUND FOR SOKOL HOUSTON

The American Sokol Grant Committee has set up a matching grant to assist Sokol Houston in the aftermath of Hurricane Harvey. Their recommendation was approved at the September Executive Board meeting.

Sokol Houston took on at least 10 inches of water in their building and sustained considerable roof damage. This in turn led to water damage of their gymnastics equipment. They are looking at close to \$10,000 in repairs and replacement.

We are soliciting donations from Sokol Districts, Units and members, as we have in the past for other natural disasters that have affected one of our Sokol Units. The Grant Committee has funds set aside to match up to \$5,000 of money which comes into the Sokol office for this effort.

Please make checks out to American Sokol and mark it to the attention of "Hurricane Harvey Relief Fund". Mail to the national office at 9126 Ogden Ave. Brookfield, IL 60513. All monies will go directly to Sokol Houston to help them recover and reopen their building for classes.

Any further questions please contact Mary Cushing at the National Sokol Office.

Thank you in advance!

The American Sokol Grant Committee



### **BRO. BUD BENAK RECEIVES SPECIAL AWARD**

Bro. Vojmir "Bud" Benak, long time member of Sokol South Omaha, was recognized by the American Sokol National Board of Instructors with a special honor. The award recognizes his many, many years of dedication and involvement with the National Instructors School, both as an instructor and as the School Director. Bro. Bud was instrumental in changing the National School from every four years to an annual event. Many times, when no one stepped up to host the School, we would find ourselves at Sokol South Omaha. Bro. Bud was bestowed with the honor of School Director Emeritus. Thanks, Bro. Bud, for all the members' lives you have touched during their developing years.

Submitted by Sis. Mary Cushing, School Director

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Please support American Sokol

by shopping the wide range of quality candles, fragrances, and décor items on [www.yankeecandlefundraising.com](http://www.yankeecandlefundraising.com), and be sure to let out of town relatives and friends know about it as well. At checkout, please insert your seller's ID for credit or recognition.

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## Create your seller account

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- Complete 'Sign up to be a Seller'
- Enter your Organization's Group # (listed on the letter in your seller packet)
- Click 



## Provide e-mail addresses\*

- Visit the 'Seller Dashboard'
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UncleBill@email.com  
CousinSally@email.com  
Grandparents@email.com  
BFF@email.com
- Click 



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- Your contacts will receive a custom email from you explaining your Yankee Candle® Fundraising sale.
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## HEAVY BLEND SWEATS



White	Black	Antique Cherry Red	Antique Sapphire	Ash
Heliconia	Indigo Blue	Inch Green	Kiwi	Light Blue
Safety Green	Safety Pink	Sand	Sapphire	Sport Grey
Carolina Blue	Charcoal	Cherry Red	Dark Chocolate	Dark Heather
Maroon	Military Green	Navy	Orange	Purple
Forest	Garnet	Gold	Cardinal Red	Red
	Royal	S. Orange	Light Pink	

HOODIE PULLOVER \$28 + \$4 name

circle: S M L XL 2XL 3XL 4XL 5XL

unit: \_\_\_\_\_ surname: \_\_\_\_\_

quantity: \_\_\_\_\_ color: \_\_\_\_\_

SWEATPANTS \$22 + \$4 name

circle: S M L XL 2XL 3XL 4XL 5XL

unit: \_\_\_\_\_ surname: \_\_\_\_\_

quantity: \_\_\_\_\_ color: \_\_\_\_\_

SWEATSHIRT \$22 + \$4 name

circle: S M L XL 2XL 3XL 4XL 5XL

unit: \_\_\_\_\_ surname: \_\_\_\_\_

quantity: \_\_\_\_\_ color: \_\_\_\_\_

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Email: \_\_\_\_\_ Phone: \_\_\_\_\_

Payment Method:  Check  Visa  MC  AMEX  Discover

Credit Card Number: \_\_\_\_\_ Exp. Date: \_\_\_\_\_

3 digits on back (AMEX 4 digits on front): \_\_\_\_\_

Signature: \_\_\_\_\_

**Total Items Ordered: \_\_\_\_\_**

**Plus \$4 per item shipping:**

**TOTAL: \$ \_\_\_\_\_**

Send your order with payment to:  
**American Sokol Organization**  
 9126 Ogden Ave  
 Brookfield, IL 60513



**SOKOLS ARE "GOING HOME" ...  
JOIN US FOR OUR TOURS AND  
SLET WEEK IN PRAGUE!  
CELEBRATE  
100<sup>TH</sup> ANNIVERSARY OF  
THE FIRST CZECHOSLOVAKIA**

**REGISTER BY OCTOBER 1<sup>ST</sup>!!!**

## TOURS

**PRE-SLET TOUR \$945 USD  
JUNE 24 – 30, 2018**

**Vienna, Budapest, Ergstom,  
Bratislava and Cejkovice  
Moravia!**

**Price Includes:** 6 nights in hotels, boat cruise on Danube River, breakfast, 6 dinners inc. 1 drink, 2 Moravian Wine Cellar tastings including one night of traditional cymbal music, *special souvenir package for Pre-Slet tour travelers only*, custom tour guide and transportation by bus.

**POST-SLET TOUR \$TBD  
JULY 8-12, 2018**

**Slovenia & Croatia – Seacoast!**

**Price Includes:** 4 nights in hotels, breakfast, dinners inc. 1 drink, custom tour guide and transportation by bus. Details and Price available Sept. 1<sup>st</sup>.

**Contact Info: Jean Hruby**  
[jeanhruby@american-sokol.org](mailto:jeanhruby@american-sokol.org)

## PRAGUE WEEK & SLET



**XVI. VSESOKOLSKY SLET  
ONE WEEK IN PRAGUE  
JUNE 29/30-JULY 7, 2018**

Opening Ceremony and Parade through Prague  
Daily Stage Performances and the Historical Slet  
and Closing Ceremonies!  
Participation and Ticket packages.

### HOTELS

Enjoy a week in Prague! Prices Vary  
Please see the [www.american-sokol.org](http://www.american-sokol.org)  
to select your hotel and optional tours.  
From \$475/person- Double Occupancy!

### Optional Experiences to Purchase:

- Walking tour of Prague
- Half Day Trips to: Pilsen /Pilsner Urquell Brewery, and Bohemia Glass Factory
- Full Day Trips to: Karlovy Vary and Cesky Krumlov
- Vltava Boat Cruise
- 4<sup>th</sup> of July Party
- Pub Crawl

**DOWNLOAD Information and Registration at [American-Sokol.org](http://American-Sokol.org) !**



# WINTER SLET IS COMING

*to the Chicagoland Area*

Welcome Social featuring Minute To Win It, Curling,  
Trampoline, Roller Skating, Sand Volleyball,  
Bowling, NYE Party, New Year's Day Farewell Social

*December 29, 2017 to January 1, 2018*

## WINTER SLET HOTEL

Extended Stay America Chicago/Lombard Yorktown  
206 E. 22nd Street, Lombard, IL 60148

Sokol room rate is \$64 per night plus tax available from 12/27/17 thru 1/3/2018

To Book Call 877-701-3383 and ask for the Sokol Group Block  
Reservations must be made by  
November 28, 2017

Price is based  
on single occupancy



Online Event  
Registration  
Coming Soon



Any questions contact Howie Maskill at [hmaskil22@yahoo.com](mailto:hmaskil22@yahoo.com)



## Mark your Calendar

### Events around the American Sokol

Get your event featured! Email [editor@american-sokol.org](mailto:editor@american-sokol.org)

## October

- October 7**      **Oktoberfest with Frank Moravcik** — Sokol Greater Cleveland, Cleveland, OH
- October 8**      **Bike & Train in Cuyahoga Valley National Park** — Sokol Ceska Sin, Cleveland, OH
- October 8**      **Sokol Town of Lake Reunion Picnic** — Sokol Camp, Willow Springs, IL
- October 14**     **Haunted Walk & Hayride** — Sokol Camp, South Lyon, MI
- October 14**     **Walk for Health - Sibley Volcanic Preserve** — Sokol San Francisco
- October 14**     **Sokol New York 150th Anniversary** — Sokol New York, New York, NY
- October 14**     **Soup Cook-Off** — Sokol Ceska Sin, Cleveland, OH
- October 22**     **Sunday Ethnic Dinner** (reservation required) — Sokol Greater Cleveland, Cleveland, OH

## November

- November 5**    **Annual Czech Dinner Party Celebrating 50 Years** — Sokol Cultural Center, Dearborn Heights, MI
- November 11**   **Annual Holiday Fair** — Sokol Greater Cleveland, Cleveland, OH
- November 17-19** **Holiday Folk Fair** — Sokol Greater Milwaukee, Wisconsin State Fairgrounds

## December

- December 2**    **Sokol San Francisco Annual Meeting**
- December 2**    **Mikulasska** — Sokol Greater Cleveland, Cleveland, OH
- December 29–**   **Winter Slet** — Greater Chicagoland Area, IL  
**January 1, 2018**
- Friday, December 29th**  
7:30pm Welcome Social - Sokol Tabor Hall, Berwyn, IL
- Saturday, December 30th**  
8am Curling - Waltham Curling Club, Triumph, IL  
Noon Trampoline - Skyzone, Elmhurst, IL  
4pm Roller Skating - Lombard Roller Rink, Lombard, IL  
9pm Sand Volleyball - Downers Sand Club, Downers Grove, IL
- Sunday, December 31st**  
Bowling - TBA  
8pm NYE Party - Sokol Spirit Hall, Brookfield, IL
- Monday, January 1st**  
New Years Day Social - TBA



### American Sokol Deadline

Send your submissions, articles, events and photos to [editor@american-sokol.org](mailto:editor@american-sokol.org) by the 1st of the month prior to the publication issue! For example, send items you want included in the October issue no later than September 1st.



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 Brookfield, IL 60513  
 www.american-sokol.org  
 aso@american-sokol.org  
 708.255.5397

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# PERIODICAL

SAVE A TREE...GO GREEN. RECEIVE THE DIGITAL VERSION VIA EMAIL:  
<http://american-sokol.org/gogreen/>

## SOKOL CAPS

Red hat \$17.00

Khaki hat \$15.00

Plus \$5 shipping no tax



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