



american sokol publication

March/April 2020 | Volume 143 | Issue 2



On Saturday, February 15th, 2020, twenty-one Sokols and friends of Sokols made the 90-mile drive to Triumph, IL for the annual **Central District Curling Outing**. In the group were seven first-timers who can now tell their friends, family, and co-workers that curling is "way harder than it looks on TV." Waltham Curling Club is a tight-knit group and the members make sure we feel right at home in the cozy, Sokolesque curling club, especially with the honor system suds they offer. After our three hours, there were no injuries, a few points, and a multitude of memories.

Until we *bonspiel* again, Matt Carlozzi, Central District 2nd Vice President

submitted by Bro. Matt Carlozzi

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Meets every 4th Tuesday* at 7:00 pm CST

ASO Board of Instructors

Meets every 2nd Wednesday* at 7:00 pm CST

*except in July and August

National Office Administrator: vacant

National BOI Office Secretary: Juanita LoGiudice

National Publication Editor: Julie Kaupert

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From the Editor...

A lot has happened since our last issue. Much of the world is panicked. Many people are scared of what may come. Events and exhibitions have been postponed. All we can say is be safe and use your best judgement in your daily activities. Be mindful of our elderly, sick, and most of all ourselves. STAY SAFE, HEALTHY & STRONG.

RETRACTION

In the last publication, it was stated that the National Development Conference would take place on March 4th, at Sokol Greater Cleveland. The date of the conference is October 3rd and 4th. *American Sokol* regrets the error.

#OneSokol NAZDAR!



PLEASE SUBMIT EVENT INFORMATION AT LEAST TWO MONTHS PRIOR TO THE EVENT

To Submit Items for Publication:

Email: editor@american-sokol.org

Postal Mail: American Sokol Editor, Julie Kaupert, 1333 W. Touhy Ave., #216, Park Ridge, IL 60068

Postmaster:

Send Notice of Undeliverable Periodicals to:

American Sokol, 9126 Ogden Ave, Brookfield, IL 60513



The Presidential Address

The Sokol Eye – Sokolským Okem
Jean Hruby – President

American Sokol is an organization serving our communities in various capacities and the most recent concerns of COVID-19 must be addressed at a national, district, and local level. As we Sokols enter into Exhibition and Slet season, it is important that we adhere to the highest level of precautions recommended by the federal government.

We are committed to the health and safety of our athletes, coaches and families and wanted to provide you with some basic information regarding this coronavirus. Because coronavirus is a rapidly evolving global health issue that is affecting geographic areas differently, it is challenging to provide a blanket directive that would make sense for all our units. Instead, we ask that our community leaders – families, units, coaches and students – work together to determine what is in the best interests of your specific communities.

As part of that process, we suggest reviewing the latest CDC guidance, reviewing school or community closures in your area, and reaching out to your local public health department, to help determine if and when to cancel classes and events. These recommendations change on a daily basis, so it is important that all American Sokol Units stay in touch with daily recommendations for sanitization of facilities and cancellation of events.

Some resources that may be helpful include:

- CDC advice: <https://www.cdc.gov/coronavirus/2019-ncov/about/prevention-treatment.html>
- WHO Advice: <https://www.who.int/emergencies/diseases/novel-coronavirus-2019/advice-for-public>
- WHO's Guidelines for Mass Gatherings: <https://www.cdc.gov/coronavirus/2019-ncov/community/mass->
- WHO's Hand-Washing Steps: <https://m.youtube.com/watch?v=IisgnbMfKvI>

Below are some preventative measures we encourage all to follow:

- Wash hands frequently with soap and water for 20 seconds especially after using the bathroom, before eating, after blowing your nose, coughing or sneezing. Dry hands with a one-time towel (paper). If soap and water are not available, use an alcohol-based hand sanitizer*.
- Cover coughs and sneezes with tissues or by coughing into the inside of the elbow. Throw used tissues away in the trash.
- Avoid touching your eyes, nose, or mouth with unwashed hands.
- Stay away from people who are sick or not feeling well and avoid close contact with others through hugging, kissing or shaking hands.
- Disinfect frequently touched surfaces and objects such as mats, gymnastic equipment, door handles, etc. daily or after each class night using a regular household cleaning spray or wipe.
- Stay home when you are sick, except to get medical care
- Anyone with a fever should remain at home until they are "fever free" for 24 hours.
- Seek assistance from a health professional if you see or experience symptoms that cause concern.
- Keep hand sanitizer and disinfectant wipes available in your gym or location of your event.

People young and old may need to be reminded to follow these procedures.

While we know potential cancellations and disruptions are not ideal, the health and well-being of our athletes and members must be our top priority. We appreciate the community coming together to help make these difficult decisions. If your Unit has a reported case of coronavirus, please report this to our National Office.

Many stores no longer have Hand Sanitizer available. Did you know you can make your own following this simple recipe:

HAND SANITIZER*

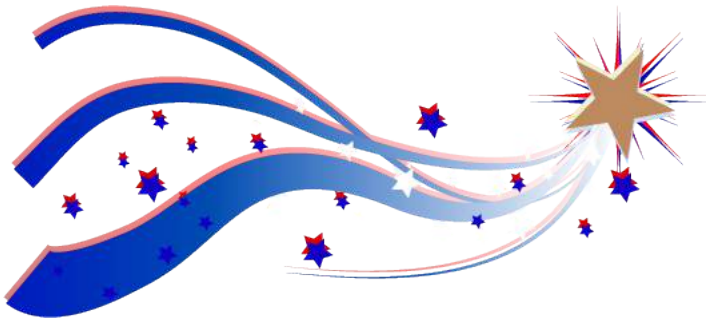
1. 1 cup of 91% isopropyl alcohol.
2. ½ cup of aloe vera gel (natural or store-bought)
3. 15 drops of tea tree oil (or another antibacterial essential oil)

American Sokol is dedicated to helping maintain a safe environment for our communities. Thank you for your cooperation during this difficult time. We will continue to monitor and provide updates as necessary. We have endured many battles over our 155 years, and we will prevail through this global crisis just as Sokols have done in the past. If your local government, schools and sporting events are cancelling events due to this health concern, doesn't it make judicious sense to do the same in your unit.

Ať žije Sokol! ~ Long Live Sokol!

Nazdar!

Jean Hruby, President



RISING STAR

LACEY SINKULE

submitted by Rome Milan
Southern District Men's Director



When Lacey Sinkule was 2 years old, her mom needed an outlet for all of Lacey's energy. Lacey walked into Sokol West and decided, "I want to do that!" She has been a member of Sokol for the last 14 years. In 2009, Lacey competed in the American Slet held in Ft. Worth where she placed 4th in the Level 4 (6-9 age) all around. Later that year, Lacey was a member of Sokol West's first competition team.

In 2010, Lacey's talent surpassed what the coaches could teach. She joined a gym 30 minutes down the road. Even though she competed with GymTricks during competition season, she stayed a member of Sokol and competed with them at Slet every year. When Lacey was old enough, she became a Junior Instructor at Sokol and passed along her gymnastics knowledge.

After the West Fertilizer Plant explosion in 2013, Lacey was a big part in asking her coach if the gymnast of Sokol West (who lost their gym in the explosion) could practice at GymTricks so that they would be ready for Slet that year. When Sokol resumed in August, Lacey was willing to help move mats and set equipment up under the pavilion which would be Sokol West's home for the next few months. The weather soon proved to be too much for the gymnast and Sokol had to "close the doors". At Slet that year, Lacey was one of three girls that still competed for Sokol West.

Lacey is a 16 year-old Level 9 gymnast. She was nearly undefeated this season, competing in nine gymnastic meets placing 3rd twice, 2nd once, 1st five times and taking 5th at Western Nationals in Spokane, Washington. She has qualified and competed at Western Nationals the last three years. This year she came home with four medals, placing 8th on vault, 7th of bars, 5th on beam and 5th in the all-around. Lacey will be moving up and competing level 10 the next two years. She is hoping to compete gymnastics in college.

Sokol West is where Lacey fell in love with gymnastics so no matter where Lacey competes or what leotard she wears, she will be Sokol at heart.



The Sokol Educator

from The National Education Committee



JUDr. Jindřich Vaníček

Jindřich Vaníček was a teacher, soldier, lawyer, and foremost a devoted Sokol. He was born in Prague on January 1, 1862, the year Sokol was founded. He was the youngest of five children, and despite poverty he graduated from Lesser Town High School in Prague.

At the age of sixteen, he joined Sokol in Smíchov and was accepted as a trainer just two years later. He drew the attention of Tyrš himself, who judged him as a very talented athlete. He was versatile and active in numerous sports including rowing, tennis, swimming, cycling, boxing and fencing.

Jindřich was selected the náčelník (director) of Sokol Smíchov in 1890 and in 1891 was named the náčelník of Prague Sokol. He worked tirelessly for the Sokol organization while pursuing his education. In 1898 he earned the title of JUDr. from the Faculty of Law. He also studied at the school of military physical education.

As a worthy disciple of Tyrš and Fügner, he was elected the náčelník of the newly formed Czechoslovak Sokolská Obec (COS) on March 25, 1892. He served in this capacity for 38 years. He was responsible for the physical education of the students, internal operations and membership during this tenure. He prepared and led six Sokol Slets from 1895 to 1926. In this capacity he worked closely with the President of Sokol, Joseph Scheiner. Jindřich resigned as the director on November 22, 1930 because of failing health.

During the First World War he coordinated the Sokol resistance network. Then after the establishment of Czechoslovakia, he assisted in the development of the Czechoslovak Armed Forces. He served as the head of the education department of the Ministry of Defense until 1928. He was involved in the creation of the language and organization of gym programs. He wrote numerous publications, among them:

About Boxing and Fencing with Long Stick (1898, 1910, 1925)

Interpretation of Ordinary Exercises (1917, 1919, 1922)

About the Sword Fencing (1919, 1920)

The Collection of Simple Exercises (1921)

Vaníček had great authority in the Sokol movement and in the Ministry of National Defense. He died of a heart attack on June 2, 1934. His funeral was led by a procession across Prague from Tyrš's House to the Strašnice Crematorium. Speeches were delivered by the President of the Czech Sokol Community, Stanislav Bukovský, as well as the Prime Minister, Jan Malypetr, and the Minister of Defense, Bohumír Bradač. He served the Czech nation and Sokol with dedication. He was a teacher of teachers, ardent patriot, fearless leader, and an outstanding Sokol.



Submitted by Sue Bares, Edited by Vera Wilt



2020 GATEWAY TO THE FUTURE & UNIT GROWTH

American Sokol Internal Grants Available

At the January 28th meeting of the Executive Board the Foundation Committee proposed internal grants were approved for expenditures up to \$12,000 from the Gateway to the Future fund and \$10,000 from the Unit Growth fund.

During the celebration of the 150th anniversary, a capital campaign developed into an internal grant program called “GATEWAY TO THE FUTURE.” This fund has grown through contributions from the 3-year “150 Club” campaign run by the Foundation, 2017 Slet banquet proceeds, and other grants on record which the Executive Board allowed to be moved. The fund has now had five award rounds and will be the main concern of the Foundation from this point forward (Bylaw convention change). We hope to “GROW” this program, so it becomes an endowment that grants money to units annually. Since its establishment 18 units have been awarded checks by the American Sokol! The following is a listing of some of the items for which units applied for and received reimbursement: Flood Damage; Window Replacement; Energy Conservation – Lighting; Emergency Fire Stairs Replacement; Equipment for New Program; Storage Unit Project; Improvement of Unit’s Publication; Parking Lot Improvement; New Home – New Equipment; Exterior Door Replacement; Building Structure Analysis; Gymnastics Equipment Repair; Safety Equipment for Gymnasium; Special Needs Gymnastics Project; In-Class Activities Equipment; Plumbing update and Replacement; New Roof; and, Sound System Project.

The “UNIT GROWTH FUND” was created by an anonymous donor to assist units in their growth and to foster ways/methods to retain and reach out to possible new membership for the organization. Initially this was in a form of a contest between units on increasing membership and was evaluated by numbers only. In 2019 the goal was to reimburse units for signage and identification of their facility in the neighborhood to increase recognition. Four units participated. For 2020, the grant is restricted to targeting Community growth and outreach goals ONLY. This could include expenses to participate in the local Chamber of Commerce and their local programming, local parades, festivals, farmers markets, school events, town sponsorships of Santa houses, etc. where the name of the Sokol and courses would be advertised in a flyer, newspaper, website bringing in new students and membership.

Please take time to fill out the [application by April 1, 2020](#) and e-mail it to foundation@american-sokol.org or Foundation Director, Meribeth Tooke mktooke830@gmail.com. After review by the Foundation Committee, recommendations will be made to the Executive Board’s April meeting and awarded/ announced in May, 2020. The award letters carry a “Letter of Agreement” which must be signed and returned before the award is issued. The 2020 awards have a schedule and procedure documented in the Standard Operating Procedure for “The Grant Process”. The application is available on the American Sokol website, backdoor tab, administration, password “admin”. Please completely fill out in a typed form all pages, attach any crucial documentation such as other grants applied/received, fundraising unit goal, etc. and have the applicant and the unit president sign the application before submitting. Those applications coming to the American Sokol after the deadline or not filled out completely/documentated will be disqualified, with a notice going to the applicant and unit president. An acknowledgement of receipt will be sent by the Foundation Committee to the email address on the application.

[FIND THE APPLICATION AT AMERICAN-SOKOL.ORG, BACKDOOR, ADMINISTRATION \(Admin\)](#)

SOKOL GEAR

spring/summer



RACERBACK T-SHIRTS



IN 3 GREAT COLORS



WOMEN'S FLOWY		FITS SIZES
XS	Extra Small	0-2
S	Small	2-4
M	Medium	6-10
L	Large	10-14
XL	Extra Large	14-18
2XL	Double Extra Large	18-20

\$18 each **RACERBACK T-SHIRTS**
+ \$6.95 S&H per item

RED MARBLE
SIZE: _____ QTY: _____

WHITE MARBLE
SIZE: _____ QTY: _____

BLUE MARBLE
SIZE: _____ QTY: _____

FREE
Sokol Lunch Pack
with each order



Falcon Tee \$28 + Name \$4
Size: _____ Color: _____
Name: _____

ALL HATS

\$15 each

+ \$6.95 S&H per item

MANY MORE COLORS & ITEMS AVAILABLE GO ONLINE:
<https://american-sokol.org/sokol-gear/>



NAVY BASEBALL
QTY: _____



RED BASEBALL
QTY: _____



KHAKI BASEBALL
QTY: _____

Send your order with payment to:
American Sokol Organization
9126 Ogden Ave., Brookfield, IL 60513

Name: _____
Address: _____
City/State/Zip: _____
Email: _____

Total Items Ordered: _____
Plus \$6.95 per item shipping: _____
TOTAL: \$ _____

Payment Method: Check Visa MC AMEX Discover
Credit Card Number: _____ Exp. Date: _____
3 digits on back (AMEX 4 digits on front): _____
Signature: _____ Phone: _____




American Sokol Instructors School

June 28 - July 12, 2020

*Please sign up now and if things change due to the Covid-19 Virus,
you will be completely refunded.*

**Hosted by: Sokol KHB
Ennis, TX**

**Levels: Beginner, Intermediate
Advanced, Advanced II**



**Minimum
Age - 13**

School Fee:

*Beginner: \$375.00 for American Sokol Youth Members Early Bird Discount - Postmarked by May 9
\$425.00 for Adults or other Sokol Organizations Early Bird Discount - Postmarked by May 9
\$475.00 Postmarked May 10 - June 5
\$500.00 Late fee - Postmarked after June 6*

*Intermediate: \$405.00 for American Sokol Youth Members Early Bird Discount - Postmarked by May 9
\$455.00 for Adults or other Sokol Organizations Early Bird Discount - Postmarked by May 9
\$505.00 Postmarked May 10 - June 5
\$530.00 Late fee - Postmarked after June 6*

*Advanced: \$420.00 for American Sokol Youth Members Early Bird Discount - Postmarked by May 9
Advanced II \$470.00 for Adults or Other Sokol Organizations Early Bird Discount - Postmarked by May 9
\$520.00 Postmarked May 10 - June 5
\$545.00 Late fee - Postmarked after June 6*

For additional or immediate information contact:

Jane Wise 216-642-1429 or hjwise@sbcglobal.net

*Applications available from Unit and District Directors
and the American Sokol website.*

American Sokol National Merit Award

This is an award being offered to members since 1975 paid by the American Sokol Future Sokol Leaders Fund. The Merit Award is designed to assist American Sokol Members in their pursuit of higher education. This is for any member of the organization planning on going full time to an accredited two-year or four-year college or university. Applicants for this award need not be limited to those who just recently graduated from high school. The application process gets announced in the January/February publication of American Sokol stating how an applicant can receive an application. All forms can be downloaded from the National website with information, deadlines and all requirements. Application and all required components must be received by April 1st. This award can be applied for an unlimited number of times but can be received only once.

2020 MERIT AWARD

The American Sokol Merit Award is being administered by the National Educational Committee and is now accepting applications for the 2020 Merit Awards. Eligible students are those who are planning a full time (at least 12 hours per semester or equivalent) course program in an accredited two-year or four-year college/university or who are already participating in such a course of study. The amount to be awarded is \$1,000.00 per student. There are no merit award renewals. Applicants may apply for any year of their studies, not just freshman year.

The selections are made by the American Sokol Educational Committee and then approved by the American Sokol Executive Board. The committee will consider the following criteria in selecting the candidates for their recommendation to the Executive Board:

- a. Cultural and Educational Activities – Ethnic schools and activities, dance groups. Theater, presentations to Sokol classes or other groups on Sokol history, traditions, or other topics.
- b. Unit participation- unit membership, volunteerism, and community events to promote your Sokol unit at the local level.
- c. District and National Participation- district and national activity in clinics, slets, competitions, courses, committees, or other activities to promote your Sokol district and American Sokol.
- d. Board of Instruction Participation at the unit level- gym class participation, gym class instructor or assistant, participation in clinics, slets, or competitions, and camps.
- e. Community and Extracurricular Activities- Scouts, Civic organizations, service projects, and volunteer opportunities.
- f. Personal Essay
- g. Overall Leadership- Letter of recommendation from either the Unit President, Unit Educational Director, or Unit Physical Director.

Applications can be downloaded from the American Sokol web site. www.American-Sokol.org. Click on home and scroll down to National Merit Award.

Completed application, essay, wallet size photo, and letter of recommendation must be received by the American Sokol Award Committee, 9126 Ogden Ave. Brookfield ILL 60513-1943 or emailed to ASO@American –Sokol.org by April 1st of the application year

Assistance with the application process can be obtained by contacting your district or unit educational director



**APPLICATION FOR INSTRUCTOR
AT THE 2020 NATIONAL INSTRUCTORS SCHOOL
JUNE 28th-July 12th AT SOKOL KHB
(Must be at least 21 years old to apply)**

Name: _____ Birth Date: _____ AGE: _____

ADDRESS: _____ CITY: _____ STATE: _____

CELL NUMBER: _____ EMAIL: _____

Member in Good Standing of (Unit/Lodge) SOKOL: _____

Social Security Number (for 1099 purposes): _____ (you may call me to share your number if you do not want it sent by email)

PREVIOUS Instructors Schools at which you taught:

Staff Position Level: _____ Location: _____ Year: _____

Instructor Schools that you Attended (as a Student):

Where	Graduation Date
Beginner: _____	Month _____ Year _____
Intermediate: _____	Month _____ Year _____
Advanced: _____	Month _____ Year _____
Advanced II: _____	Month _____ Year _____

Sokol Teaching Experience:

Sokol Unit: _____ Class Level: _____ Dates: _____

Sokol Unit: _____ Class Level: _____ Dates: _____

Outside Coaching Experience:

Gym Club: _____ Title: _____ Dates: _____

Gym Club: _____ Title: _____ Dates: _____

Other Professional Experience (that would be applicable):



Are you a USAG Professional Member? YES _____ (Expiration Date) _____ NO _____

Are you USAG Safety Certified? YES _____ (Expiration date) _____ NO _____

Do you have any other USAG Certifications? YES _____ (Please list below) NO _____

Are you an AAU Professional Member? YES _____ (Expiration Date) _____ NO _____

Do you have AAU Positive Coaching Alliance Certification? YES _____ NO _____

Do you have Safe Sport Certification? YES _____ (Expiration Date) _____ NO _____

Are you CPR/First Aid Certified? YES _____ (Expiration date) _____ NO _____

For CPR/First Aid, Certified through which Organization? _____

Any other certifications that would be applicable: _____

List ANY/ALL Classes you have taught at previous National Schools or are willing to teach this year if needed:

CLASS SCHOOL LEVEL (You'd be comfortable teaching)

I understand that by submitting this application for a position on the National Instructors School Staff, I am committing to being available for the entire school, including the staff meeting the weekend prior to the start of the school. If you are travelling from out of town, this would mean arriving by Friday evening.

I further understand that submission of this application does not confirm a position on the staff.

APPLICANT'S SIGNATURE: _____

BEST PHONE # and EMAIL TO REACH YOU: _____

RETURN TO: dbajek38@yahoo.com

Any Questions feel free to email or call me at (708)-244-2434

Thank you for applying.
Nazdar!

Dan Bajek,
American Sokol National Instructors School Director

YOUTH ADVERTISING PROGRAM

To help Sokol units promote and grow their Youth Membership, the ASO Membership Committee will reimburse Sokol units up to \$200 for advertising done to promote youth gym classes or programs.

Reimbursement will come from Youth Membership dues administered by the Membership Committee upon submission of receipts and with approval of the committee. Reimbursement will cover advertising done between January 1–December 31, 2020.

SUGGESTIONS:



That should draw attention!

- Signs posted on the outside of the gym - tell people what happens inside that big building
- Signs posted on city/town streets in the area of the gym - politicians know that works well
- A Sokol class demonstration at a neighborhood festival, parade, or event - let the local kids see what they could be doing in class
- Local newspaper or newsletter advertising
- Banner to display in parades or at events

Just think, if \$200 spent in advertising returns two new youth members, you're already ahead. Plus... we'll give you back the two bills!



Naperville's parkway sign

Since this money is coming from youth membership dues, we will exclude advertising specifically for adult programs or adult membership. Any unit submitting a request will be asked to comment on the effectiveness of their marketing. If something really works, share it!

An application form will be forthcoming.

Joe Placek, National Membership Director

GET OUT THERE AND SELL SOKOL!

"It is useless to be a creative, original thinker unless you can also sell what you create."

David Ogilvy, Advertising Tycoon, Founder of Ogilvy & Mather



2020 Special Number Competition

Lyons Township
North High School
Cossitt & Brainard avenues,
LaGrange, IL

Saturday, April 25, 2020 6pm

Our Central District is hosting a Special Number Competition on April 25, 2020. *What's a Special Number, you ask?* Not all units take advantage of this activity. Many in the Central District, however, take this event to heart by not only performing, but also competing. Special Number criteria includes making use of the floor with challenging movements, use of formations, the music, and the level of execution.

Competitors, performers and supporters will gather for the annual competition at Lyons Township North High School in LaGrange, IL. Students will have been practicing for months to perfect their dance, tumbling and/or stunting routines. Their parents, friends and loved ones will all be in attendance to witness this once a year extravaganza, which also includes exhibition-type performances.

Do you or someone you know own a business? Would you personally like to support this awesome event? Please take this opportunity to reach out to your neighbors and friends to show your support for this extraordinary showcase.

As president of the Central District, I encourage you to accept this opportunity to contribute and help Sokols and show them you care about fitness, family and friends. Please see our ad order form below to support this event in our program book. If you're able, join us for the performance on Saturday, April 25, 2020, and see exactly what it's about. Thank you for your time and consideration.

Sincerely, Richard T. Vachata, American Sokol Central District President

Support the Performers – Promote Your Business

<input type="checkbox"/> BOOSTER	\$10.00	<u>Business or Family Greeting</u>	
<input type="checkbox"/> SPONSOR	\$15.00	<input type="checkbox"/> ¼ page (5" w X 2" H <i>or</i> business card):	\$40.00
<input type="checkbox"/> BENEFACTOR	\$25.00	<input type="checkbox"/> ½ page (5"w X 4" H landscape):	\$65.00
<input type="checkbox"/> IN MEMORY	\$25.00	<input type="checkbox"/> Full page (5"w X 8"H portrait):	\$95.00

FILL IN YOUR MESSAGE HERE: _____

Submitted by: _____ Phone: _____

MAIL MESSAGE WITH PAYMENT OR DONATION TO:

Central District American Sokol, c/o Lynda Filipello, Secretary,
4401 Fender Dr., Lisle, IL 60532

MAKE CHECKS PAYABLE TO: Central District ASO

Send ad art or business card scans to: lyndafilipello@aol.com

ADS WITH PAYMENT DUE BY APRIL 1, 2020



**American Sokol Tour to
The 59th Annual Wilber Czech Days Festival
July 30 – August 3, 2020**

~ Pending due to Covid-19 ~

**Please look for updates on www.american-sokol.org
and the next publication for registration.
Registration will take place beginning May 15, 2020.**

*Miss Czech-Slovak USA Pageant, Polka Bands, Music, Parades, Performances,
Czech Museums, Shops, Beer Gardens, and so much more!
You can follow the schedule at www.nebraskaczechsofwilber.com.*

Join us!

**We are participating in the parade, performing at the
Grandstand and we will have a booth to promote our own
2021 Slet!**

Come on your own, or take the Bus with US!

Daily the bus will bring us to the festival and back to the hotel.

Other activities: Tour of Sokol Crete, visit an historic Sokol site of the former Sokol Brush Creek, see the location where the first Czech settlers homesteaded, and much more. Sokol Wilber is the main hub for this festival and we will be able to support their efforts.

Plan now to join us and participate!

General Itinerary:

Thursday, June 30, 6:30am	- Bus Departs Sokol Spirit - Lunch stop and visit at Sokol Omaha - Arrive at Hotel - Depart for Evening events in Wilber
Saturday & Sunday 4pm	- All Sokol Special Number or Cal performance at Grandstand
Monday, August 3, 7:00am	- Bus Departs for Brookfield.

For more information contact:

Jean Hruby – jeanhruby@american-sokol.org
708.420.7589



Mark your Calendar

Events around the American Sokol

Get your event featured! Email editor@american-sokol.org

March

- March 1** **Sokol Members Swim Party** - Sokol Greater Cleveland, Seven Hills Rec, Seven Hills, OH
- March 7** **Trivia Night** - Sokol Chicagoland, Downers Grove, IL
- March 8** **Annual Exhibition** - Sokol St. Louis, St. Louis, MO
- March 8** **Milos Ambros Violin Concert** - Sokol San Francisco, San Francisco, CA
- March 11** **Cartwheel-A-Thon Fundraiser** - Sokol Chicagoland, Downers Grove, IL
- March 14** **Annual Exhibition** - Sokol Tabor, Berwyn, IL (postponed)
- March 20** **Annual Exhibition** - Sokol Naperville Tyrs, Naperville, IL (postponed)
- March 20** **Czech Movie Night & World Beer Club** - Sokol Spirit, Brookfield, IL (postponed)
- March 21** **Annual Exhibition** - Sokol United, Lyons, IL (postponed)
- March 22** **Flavors of Slovakia Ethnic Dinner and Entertainment** - Sokol Minnesota, St. Paul, MN
- March 28** **Annual Exhibition** - Sokol Spirit, Brookfield, IL (postponed)
- March 28** **Czech Festival**- Sokol St. Louis, St. Louis, MO (postponed)

April

- April 4** **A Night at the Races** - Sokol Greater Cleveland, Bohemian National Hall, Cleveland, OH
- April 4** **GIJO Leap Into Spring Meet** - Central District, Naperville Central H. S., Naperville, IL (postponed)
- April 4** **Easter Eggstravaganza** - Sokol St. Louis Sokol Camp, Imperial, MO (canceled)
- April 17** **Czech Movie Night & World Beer Club** - Sokol Spirit, Brookfield, IL
- April 19** **CD Male Gymnastics Competition** - Central District, Sokol Tabor, Berwyn, IL
- April 25** **CD Special Number Competition**- Central District, Lyons Township High School, Naperville, IL

May

- May 9** **CD Female Gymnastics Competition** - Central District, Naperville Central High School, Naperville, IL
- May 15** **Czech Movie Night & World Beer Club** - Sokol Spirit, Brookfield, IL
- May 16** **CD Male Gymnastics Competition** - Central District, Sokol Spirit, Brookfield, IL
- May 17** **CD Sokol Day** - Central District, Veteran's Park, Brookfield, IL

June

- June 13** **Northeastern District Slet** - Sokol Detroit Camp, South Lyon, MI
- June 22-26** **Sokol Spirit Summer Trip** - NOW Onyx Resort, Punta Cana, Dominican Republic



American Sokol Deadline

Send your submissions, articles, events and photos to editor@american-sokol.org by the 1st of the month prior to the publication issue. For example, items you want included in the March/April issue need to be submitted no later than March 1st.



PERIODICAL

9126 Ogden Avenue
Brookfield, IL 60513
www.american-sokol.org
aso@american-sokol.org
708.255.5397

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The mission of the American Sokol is to provide fitness and community for individuals and families through physical, educational, cultural and social programs.

★ *To the Contributors of the Honor Guard Program* ★

The Seals were our first attempt at initiating a program our members would have direct involvement in. First, through their generous donations. Second, through sending members to the five day intense learning program at Sokol Tabor.

Some members have asked if we could change the date of the camp to fall to accommodate our many student members. It is now scheduled for **November 20-22, 2020**. Please send in your applications as soon as possible. Refer to the **November/December Publication** for the forms or **CLICK HERE:**

<https://american-sokol.org/honorguard/>

Again, thank you for your generous support for our new program.



Lynda Filipello, Honor Guard Chair • Allison Gerber, Committee Member
Teddy Polashek, IAFF Honor Guard Member