

SOKOLSKY VESTNIK

Bulletin of Gymnastic Association

Sokol San Francisco

P.O. Box 4006, Menlo Park, CA. 94026-4006



BREZEN - MARCH

2000

ISSUE NO. 1



TOMÁŠ GARRIGUE MASARYK

Excerpt from Annual General Meeting 12/12/99:

- New Members Approved
- Financial Report presented
- Review 1999 Activities
- Officers Elected
- Report of audit presented

**** ASO has new rule regarding membership cards, the one every member has is valid and each unit tracks current membership.**

SOKOL OFFICERS-2000

President	<i>Frank Dlask</i>
First Vice-President	<i>Georgina Teyrovsky</i>
Second Vice-President	<i>George Spanek</i>
Secretary	<i>Shirley Gangelhoff</i>
Financial Secretary	<i>Paul Burda</i>
Treasurer	<i>Jarmila Dlask</i>
Editors	<i>Board Committee, Jan Kucera, Proofreader</i>
Membership Director	<i>Jarmila Dlask</i>
Educational Director	<i>Board Committee</i>
Public Relations Directors	<i>Jan Kucera, George Spanek</i>
Auditing Committee	<i>Dagmar Rus, Jan Kucera</i>
Budget & Finance Committee	<i>Edmund Teyrovsky, Paul Burda, Jan Kucera</i>
Reconciliation Committee	<i>Edmund Teyrovsky, George Spanek, James Frolik</i>
New Members Committee	<i>George Spanek, Jan Kucera, Edmund Teyrovsky</i>
Zupa Representative	<i>Paul Burda, Blanche Duffy, Frank Dlask(ex officio), Mary Francis Meier (alternative)</i>
Sokol Legal Advisors	<i>James Frolik (Attorney), Ondrej Kojnok (Attorney)</i>
Entertainment Committee	<i>Georgina Teyrovsky, George Spanek, Jarmila Dlask, Joe Chruma DeGatko</i>

2000 Event Calendar

<i>March 4, 2000</i>	<i>Masaryk Dinner/Dance— Fort Mason S. France,</i>
<i>April 27-30, 2000</i>	<i>ASO Convention— Omaha, NE</i>
<i>May, 2000 - 6th</i>	<i>Dinner/Dance— (to be announced) Palo Alto ELK club</i>
<i>June 28-July 3, 2000</i>	<i>Slet—Prague, Czech.</i>
<i>July 23-30, 2000</i>	<i>Dinkey Creek Sokol Camp—near Fresno</i>
<i>August, 2000</i>	<i>Sokol Picnic— (Place & Date to be announced)</i>
<i>October 28, 2000</i>	<i>Independence Dinner/Dance—Fort Mason S. France.</i>
<i>December 2, 2000</i>	<i>Annual General Meeting</i>
<i>December 9, 2000</i>	<i>St. Nicholas Party—Schroeder's San Francisco</i>
<i>December 30, 2000</i>	<i>Year End Dinner/Dance—Fort Mason</i>

**Sokol Monthly Meetings 2nd Tuesday of every month, 7:30 pm (except June, July & August) at
BAYSIDE CORPORATE CENTER,
433 Airport Blvd., 1st floor (Conference Room)
Burlingame, CA 94010**

A WORD FROM YOUR PRESIDENT.

To all Sisters, Brothers and Friends of SOKOL SAN FRANCISCO:

In this first, issue of our Vestnik in the year 2000, I wish you all the best, good health, and a lot of success in your pursuit of happiness.

I would like to thank all the members of Sokol who made Sokol possible. There is a lot of work involved in running the unit and only a handful of people to do it all. They do it as true Sokols always did... giving their time, effort, and money so our Sokol San Francisco unit can continue and prosper. Without them there would not be Sokol San Francisco. My sincere thanks and appreciation to all of you!

In this issue, we included a questionnaire so our unit could offer its members a variety of activities. Please, take a little time and fill it out: your suggestions are most welcome. Sokol would like to give its members more choices and say in its activities. There is a strong and growing interest in all Sokol units, in all things Czech. Many members of Czech or Slovak origin are searching for their roots in former Czechoslovakia and many are learning Czech or Slovak language here in the USA or in the old countries. We all should be proud of our origin and the country that gave us, the world Komensky, Tyrs and President Masaryk. Tyrs gave us Sokol and its idea has stemmed from the spirit of the Czech nation. Remember that Sokol struggled in The Austro-Hungarian Empire, prospered in the Masaryk's republic, suffered greatly under Nazi and communist rule, now is prospering again. True, we lost our Sokol Hall, but we survived it and the Sokol spirit is still with us as strong as ever with a bright future to look forward to!

Nazdar!

Frank Dlask, President

SOKOL
San Francisco
Membership Survey
Spring 2000

In effort to better serve you and help grow the membership of San Francisco Sokol, we are conducting a survey. Your input is important and will be very helpful in planning future activities for San Francisco Sokol. Please fill out the survey and add as many comments as you like, using additional pages if necessary. Kindly return it to; SOKOL SAN FRANCISCO ASSOCIATION INC., P.O. Box 4006 Menlo Park, Ca 94026-4006.

- 1) What are you most satisfied about regarding San Francisco Sokol? _____

- 2) What aspects of San Francisco Sokol would you like improved? _____

- 3) Do you feel the cost of Sokol activities are;
Too expensive _____ Reasonable _____
- 4) How do you feel about the locations of Sokol activities?
Prefer a central location that benefits the most members _____
Would like to "rotate" locations to different areas _____
Base location on each individual activity _____
- 5) Are there any additional activities that you would like Sokol to hold? _____
Do you have any contacts to schedule these activities? _____
Would you be willing to help organize these activities? _____
- 6) Do you have any ideas on how to attract new members? _____
- 7) One of the charters of Sokol is to sponsor gymnastics. Would you, or any members of your family, attend a regularly scheduled gymnastics workout? _____
How often would you like the workouts scheduled? _____
How far would you be willing to drive to the workouts? _____
Do you know a location to have or a person to lead the workouts? _____
- 8) Please add any other comments or suggestions that you have: _____

Thank you *very* much for you valuable opinions. Please print your name, address, phone No., fax No., and E-mail address so that we can contact you regarding your ideas.
(optional)

Name: _____
Address: _____

Phone No. _____
Fax No. _____ E-mail: _____

HISTORY PAGE

Section A: Page 9
August 25, 1968
S. F. Sunday Examiner
& Chronicle

The S.F. Czechs Protest

Shirley Temple Black, just evacuated with other marooned Americans from Prague, paid a tearful tribute to Czech courage yesterday in Golden Gate Park.

The one-time child film star attended a rally of Bay Area residents of Czechoslovak descent in front of the Thomas G. Masaryk statue in the park's Concourse of Heroes near the Rose Garden.

Masaryk was the first president of the Czech republic after World War I.)

200 PRESENT

More than 200 Czech-Americans looked on as Mrs. Black, wearing the Czech national costume, laid a red carnation at the foot of the Masaryk statue.

She said the flower "symbolized the courage and dedication of the Czechs" and hoped it would give strength to the Bay Area people of Czech descent.

Mrs. Black, who was visiting in Prague at the time of the Russian invasion of Czechoslovakia, described the Soviets as "barbarians."

PURCHASED IN PRAGUE

Her costume, she said, had been purchased in Prague 12 hours before the invasion.

She said she had only slept three hours since returning to the United States but "there are too many important things to do now. I can sleep later."

"This is my first demonstration, but I believe in this one," Mrs. Black told the crowd.

FOREST OF SIGNS

A forest of signs bobbed up and down as the defeated Republican congressional candidate addressed some of the



PROTESTERS RALLY AT MASARYK STATUE
More than 200 Czech-Americans in demonstration
—Examiner Photo



Somber-faced Shirley Temple Black, wearing Czechoslovakia's national costume, joins in tribute at Golden Gate Park to heroic Czechs.

didate for San Mateo County, women present and wept.

One sign read:

"Russian Pigs Get Out of CSR."

Another showed a picture of a tank with the caption, "Soviet Justice."

Italians Join

To Blast Russ

ROME — (AP) — Italian Communists and government leaders harshly censured the Soviet occupation of Czechoslovakia as left and right wing elements joined in anti-Soviet demonstrations across the country yesterday.

Some minor clashes between left and right wingers were reported in Bologna.

Foreign Minister Giuseppe Medici charged that the Czechoslovak crisis had erased much of the confidence developed between Italy and Russia.

AMERICKÉ LISTY

PÁTEK 2. DUBNA 1968

POMNÍK T. G. MASARYKA V SAN FRANCISKU

Ochočka Československé Národní Bady Americké v San Francisku, uctila výročí narození T. G. Masaryka dnatojnou oslavou, která se konala u jeho zranovaného pomníku v Golden Gate Parku. Symbolické červené a bílé karafáty, — státní hymny, — Čapková "Modlitba", — vyznění děty a díky tomu, — kdo měl o vznik první Československé republiky zásluhu největší.

Bratr Jiří Spánek promluvil pak o historii pomníku, která je velice zajímavá.

Začátkem roku 1939 San Francisco uspořádalo mezinárodní výstavu na ostrově Treasure Island. Byl na ní otevřen také Československý pavilon, který původně měl být pod vedením čs. zastupitelských úřadů. Ale že již v tu dobu se mráčka mnichovská tragédie vztahovala nad Československem a dolehla také na San Francisco. Z Prahy přicházely znepokojující zprávy, zastupitelských úřadů se zmocnila panika. Výstavní zboží a materiál na pavilon byl na cestě, ale peníze na udržení výstavy nepřicházely. Dekontent pavilonu bylo ohroženo. Výstavní komise dala zdarma pozemek na pavilon. U vchodu byla velká panorama Hradčan a ve dvoraně busta prezidenta Masaryka zhotovena sochařem Mařatkou. K otevření čs. pavilonu přišli přední představitelé výstavy, zástupci okolních měst a států. Byl to dojemný okamžik když po státních hymnách byla čs. vlajka spuštěna do půl žerdě. Day amerických návštěvníků, čs. děvčata v národních krojích, restaurační oddělení s českými párky a pilsérským pivem. — Když výstava byla v plném proudu, přišla mnichovská tragédie. Krvavá ruka Hitlera se pokoušela zahrát čs. pavilon. Ve 12 hodin v poledne 17. března bylo zabráněno zástupcům německého konsulu aby zabrali pavilon. Sokol San Francisco veřejnou schůzí a společně s Československou kolonií prohlásil, že pavilon bude vydržovat do konce výstavy. Správa výstavy resolutně prohlásila, že uznává jen Československo a nikoliv protektorát. Zpráva byla přijata s nadšením nejen v San Francisku, ale po celé krajině Americe. Dokonce delegace lokálních Němců "German American League" vyslovila výstavnímu výboru své apaspathie. Sokol San Francisco byl nucen požádat celou krajinou Ameriku o finanční pomoc. Br. Ant. Jiráček vydal přímo pathetické prohlášení: "... Naši doma nemohou vzdorovat, ale my můžeme a musíme. Německý konsul chtěl stáhnout Československou vlajku a vyvěsit svastiku. My jsme tomu zabránili a odrazíme další nápor za vaší pomocí. Dostáváme z Prahy telegramy s rozkazem abychom výstavu zavřeli. Neposlechli jsme! Pomozte nám udržet Československou vlajku nad pavilonem." — Výstava se těšila velké pozornosti. Byl na ní pořádán Československý den se sokolským cvičením.

Po skončení výstavy byla busta T. G. Masaryka odevzdána do úschovy Sokola San Francisco a vystavena v klubovní místnosti. Starosta br. Ant. Kohoutek si často stěžoval, že "tatíček Masaryk" se na nás dívá, jak pijem u baru a hrajem karty. Požádal město San Francisco, aby nám dovolilo postavit pomník Masaryka v Golden Gate Parku. Město vyhovělo naší žádosti a pomník byl postaven jasně. F. Kennedy Dr. v Růžovém paloučku. Pomník T. G. Masaryka je poutním místem pro krajany, kteří navštíví Golden Gate Park.

JIRÍ SPÁNEK

HISTORY PAGE (cont.)

Czechoslovakian President Masaryk's Statue in Golden Gate Park

The world was in turmoil and the year was 1918. World War I had just ended and on October 28, 1919 T.G. Masaryk led Czechoslovakia to gain its independence. The nation remained independent until Hitler came to power and in 1939 took over Czechoslovakia as a protectorate.

On the other side of the world in 1939 the World's Fair, including the Czechoslovakian Pavilion, was opening on Treasure Island in San Francisco Bay. However, news from Prague was bad and panic set in because money for the Pavilion was not coming. The Czechoslovakian Pavilion was in trouble. Nonetheless, the Pavilion found a way to open. The entrance of the Czechoslovakian Pavilion contained a panorama of Hradchany Castle and in the middle of the courtyard was the statue of President Masaryk. The statue was the work of Czechoslovakian sculptor Maratkov.

Thus the statue of President Masaryk was brought to San Francisco and was entrusted to the Sokols of San Francisco, an organized group of Czechoslovakian people that began as a gymnastic association. However, in 1970 the president of the Sokols at the time in San Francisco decided that the statue should be given to the city of San Francisco. So the statue of President T.G. Masaryk was erected in the Rose Garden in the middle of Golden Gate Park in San Francisco. The west coast branch of Czechoslovakian national council of America in San Francisco celebrated the birthday of President Masaryk with an impressive ceremony which took place next to the unveiled statue of the President. There were symbolic red and white carnations, the national anthems were sung and modlipba (prayers) were read. Thanks and praise were made to the person responsible for the independence of Czechoslovakia on October 28, 1918.

APPLE CORNER

APPLE TORTE

1 1/4 cups all-purpose flour
1 teaspoon salt
1/2 cup vegetable shortening
1 cup shredded sharp Cheddar cheese
1/4 cup ice water
1/4 cup powdered non-dairy creamer
1/2 cup brown sugar
1/2 cup granulated sugar

1/2 cup sifted flour
1/4 teaspoon salt
1 teaspoon cinnamon
1/2 teaspoon nutmeg
1/4 cup butter
6 cups peeled apple slices, 1/4 inch
2 tablespoons lemon juice
1/2 teaspoon almond extract

Mix 1 1/4 cups all-purpose flour and 1 teaspoon salt, and fold into shortening until crumbly. Add cheese and toss. Sprinkle water over mixture gradually, and shape into a ball. Do not overmix. Roll pastry into a 15-inch circle on a floured surface. Place on a greased baking sheet, and turn up edges about one-half inch.

Combine powdered non-dairy cream, sugar, 1/2 cup sifted flour, salt and spices. Sprinkle half of this mixture over pastry crust. Fold butter into the remaining half of mixture until it is crumbly.

Arrange apple slices, overlapping them in circles on the crust.

Combine lemon juice and almond extract. Sprinkle with remaining crumbs over apples.

Bake in a 400 degree oven for 15-40 minutes, or until apples are tender. Serve warm. SERVES: 4-6

Hint: You can make this torte with fresh peaches. Serve with home-made vanilla ice cream.



The Board of Director wants to thank Brother Jan Kucera for his past work as "Sokol Vestnik Editor". Your new Sokol Vestnik format is presently edited by the Board of Directors and proofread by Brother Kucera.