American Sokol

Sokol San Francisco

GYMNASTIC ASSOCIATION

SOKOL SAN FRANCISCO INC.

EDUCATIONAL AND PHYSICAL ORGANIZATION

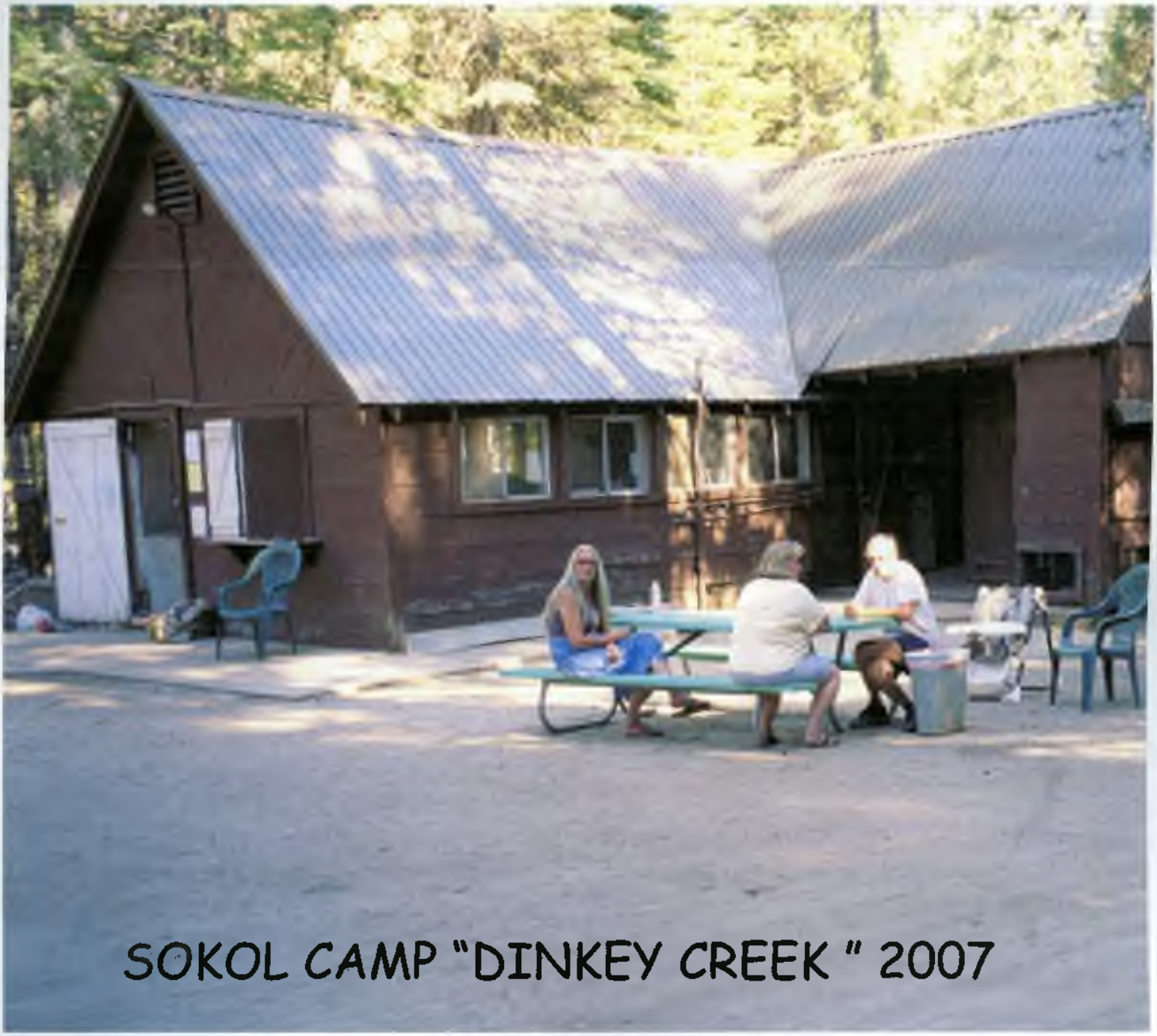


P.O. Box 4006, Menlo Park, CA 94026-4006
E-mail: sokolsf@gmail.com



VĚSTNÍK

FALL
2007



SOKOL CAMP "DINKEY CREEK " 2007

SOKOL OFFICERS: FOR THE YEAR 2007 OFFICE:

E-mail: sokolsf@gmail.com

President:	Frank Dlask
First Vice President:	Georgina Teyrovsky
Second Vice President:	Zdenek Vernak
Secretary:	Zelmira Zivny
Assistant to Secretary:	Shirley Gangelhoff
Financial Secretary:	Paul Burda
Treasurer:	Jarmila Dlask
Editors, Vestnik:	Milan Dusatko, Paul Burda
Educational Director:	Peter Linhart
Membership Director and Committee for New Members:	Jarka Dusatko, Milan Dusatko, Paul Burda
Men's Director:	Peter Linhart
Women's Director	Ivanka Linhart, Jarka Dusatko
Auditing Committe:	Dagmar Rus, Marta Sehnal, Jarka Dusatko
Budget & Finance Committee:	Edmund Teyrovsky , Paul Burda, Zdenek Vernak, Frank Dlask (ex-officio)
Public Relations Director:	Peter Linhart, Milan Dusatko, Zdenek Vernak
Film Committee:	Milan Dusatko, Jarka Dusatko, Paul Burda,
Committee to Correct some Czech Wrongs:	Edmund Teyrovsky, Zdenek Vernak, Georgina Teyrovsky, Frank Picha, Frank Dlask (ex-officio)
Reconciliation Committee:	Edmund Teyrovsky, Zdenek Vernak
Entertainment Committee:	Georgina Teyrovsky, Paul Burda, Jarka Dusatko, Zdenek Vernak
Pac. District Representative:	Paul Burda, Frank Dlask (District VP), Peter Linhart, Ivanka Linhart
Legal Advisors:	James Frolik Jr., Atorney

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Freedom is the ability to act without hindurance or restrain. Freedom is owning your life, your actions, your labor. Basic principles of freedom is individualism, all of your private property and quarantee of free enterprice. George Washington

Calendar of Events and Sokol Dues 2007

Dinner/Dance	October 20, 2007, Saturday	Tarragon, Sunnyvale, CA
Annual Meeting	December 8, 2007, Saturday 10:30 A.M. to 12:30 P.M.	Unity Building Recreation Area, 20121 Santa Maria, Castro Valley, CA
Lunch for all present Sokol members	12:30 P.M. to 1:30 P.M.	Unity Building Recreation Area, 20121 Santa Maria, Castro Valley, CA
St. Nicolas Childern's Party	2:00 P.M. to 5:30 P.M.	20121 Santa Maria, Castro Valley, CA
December 30, Sunday 2007	End of the Year Dinner/Dance	Tarragon, Sunnyvale, CA

Welcome New Members: Ivo Plachy and Eva Plachy

Sokol dues and donation 2007

Your thoughtful contribution to the American Sokol San Francisco Unit is most appreciated. Up to end of April 2007, we are sincerely pleased to acknowledge your $470 donation. We are thankful to our all of listed donors.

L. Mikes $25.00, G. Teyrovssky $50.00, F&M. Miksa $75.00, K&M. Snajberk $50.00,V. Horn $25.00, H. Sredl $5.00, D. Chrichton $10.00, H. Husak $20.00, V. Machacek $25.00, P& I. Linhart $10.00, K.A. Skapa $25.00, V. Kucera $25.00. M.& Z. Zivny $10.00, Film donation $60.00, M. Forsythe $15.00, Jana Janku $15.00, Z.Rashkin $25.00. K&M. Snajberk in memory of Mirka Miksa $100, **Total $570**

For your information, American Sokol San Francisco is a Non-profit Organization; your donation is tax deductible. Keep your bank check as your receipt.
I had been advised that Membership dues are not tax deductible. Donation for Sokol Non-profit organization however, is deductible.
Paul A Burda, Sokol Financial Secretary

BROTHERS AND SISTERS: 2007 DUES ARE TO BE PAID !!! See Pages 16 & 17
Please send your check or Money Order to the address below with the stub below. Cut the end of this stub for your records. Your kind attention to this matter will be greatly appreciated.
We believe this form is self-explanatory. Please, discard it if your dues are already paid.

Sokol Gymnastics Association Sokol San Francisco
P.O. Box 4006, Menlo Park, CA 94026-4006

SEND WITH YOUR PAYYMENT:	**KEEP FOR YOUR RECORDS:**
2007 Dues are $25	
Membership Dues $.....	**Sokol San Francisco Dues 2007**
New members add $5 processing fee to American Sokol Headquarters in Chicago.	
Donation/Contribution.....	
Name:.....	**Date sent:.....**
Address:.....	
City:.....State:....Zip:.....	**Check No:.....**

APPLICATION FOR MEMBERSHIP

The Pledge of Allegiance:

"I pledge allegiance to the Flag
Of the United States of America
And to the Republic for which it stands.
One nation under God, indivisible,
With liberty and justice for all."

GYMNASTIC ASSOCIATION SOKOL SAN FRANCISCO
EDUCATIONAL AND PHYSICAL ORGANIZATION

P.O.BOX 4006, Menlo Park, CA 94026-4006
E-mail: sokolsf@gmail.com

Date:_____

Sokol:_____ Sokolka:_____

Name:_____

City:_____ State:___ Zip_____

Res. Phone:_____ Bus Phone:_____

E-Mail Address:_____

Married ☐ Single ☐ Date of Birth:___/___/_____

U.S. Citizen? ☐ Yes ☐ No If No, legal resident? ☐ Yes ☐ No

City, State, Country of Birth: _____

Spouse:_____

Childern:_____

Please, list other clubs, organizations to which you belong:_____

_____

_____ Sponsor:_____

STATEMENT: I affirm that I am loyal to the government of the United States of America and that I am not a member of any subversive organization. If admitted to membership of the American Sokol, I promise to be governed by the by-laws in all my activities on behalf of said organization. I represent that to the best of my knowledge and belief the answers to the statements contained in this application are full, complete and correctly recorded. I understand that this application shall be the basis for and a part of any insurance contract issued.

Signature of Applicant:_____

Our position to New ASO Strategic Planning

American Sokol magazine in its March 2007 issue published very interesting and important article by Maryann Fiordelis, Interim Strategic ASO Plan Manager summarizing next vision of American Sokol, which is suffering from loosing members and Sokol Units, and as a result, from lost of money.
Sister Fiordelis also presented her and outside hired consulting firm (for which ASO paid over $30,000)"executive" vision at the Annual meeting of Pacific District in Los Angeles this year. Her lecture created concern of lot of Sokol Unit members present.
Our dear "executive" brothers in Chicago are trying to visualized future of American Sokol as a new "Corporation" with many new executive positions of –Executive Director, Development Director, Administrative assistant, CEO some of them with highly paid salaries ($169,000 need it to cover it), not include insurances and other expenses, abandoning basic voluntarism, Sokol was founded with.
Recently, every Sokol member had been bombed by individual letter from our Dear Headquarters about formation of Sokol Strategic Planning Task Force who is trying to come up with idea where to get money for all of this above, in our opinion not very healthy vision. According to Sister Fiordelis's presentation obvious source will be through new assessments of Units, presently already stresses with expenses and increasing dues from ASO Headquarters.
We, in San Francisco Sokol Unit are watching this situation with high worries and concerns and therefore, our President with all support of The San Francisco Sokol Board and members attending Sokol meetings, is expressing our position on new Sokol issues in writing to ASO and to all Sokol units as you see it below. Response from units was very positive.
Menlo Park, June 12, 2007
Dear Brother Laznovsky,
We, the members of Sokol San Francisco, are debating your "Program" at our meetings very much. There is a strong, good feeling about Sokol but our members are rejecting your Program fearing the financial burden for our unit, Sokol San Francisco. The great majority of our members are seniors, remembering very well the financial problems we had trying to keep our Sokol Hall. Not being able to get help from anywhere we had to sell our Sokol Hall.
Now, your Program states considerable fixed expenses, wages and other costs, but we do not see any fixed income to cover all that out - go. To our members it looks that the fixed income will come from assessments to all Sokol Units and that we at our Sokol San Francisco Unit are strongly rejecting. If the high assessment is imposed on our Unit our members will refuse to pay and if forced to pay will resign from Sokol San Francisco. That, I know, will cause our Unit to stop existing.
Therefore our Unit San Francisco is against the Program and is absolutely refusing to pay for it.
NAZDAR!
Frank Dlask, President & Georgina Teyrovsky, 1st Vice President

Menlo Park, August 25,2007
Dear Brothers and Sisters,
all our members of Sokol San Francisco Unit salute you and we hope you will read this and the enclosed letter at your next meeting. It concerns all of us at all Sokol Units.
The proposed change in the management of ASO states the fixed expenditures per year but the financing, as indicated, is uncertain. The only thing that stands out is an assessment of every unit. That, being in thousands of dollars per unit will hurt our Sokol San Francisco unit financially. We almost lost our unit when we lost our Sokol building. And it was our members who helped financially to keep Sokol San Francisco alive. We cannot allow our unit to be put into similar situation again; therefore we oppose possible heavy assessments to our unit.
Please, discuss this at your meeting and be kind enough to inform us of your position on this matter.
With Sokol NAZDAR!
Frank Dlask, President & Georgina Teyrovsky, 1st Vice President
P S.
Suggestion from Sokol San Francisco - would it be possible to select members for ASO leadership from prosperous Sokol Units willing to work on voluntary basis? ?

Happy couple!

Celebration of 60th wedding anniversary of honorable Georgina and Edmund Teyrovsky took place at Stanford Faculty Club. It was a large reunion of American-Czech community honored to come and to wish many happy and healthy Georgina and Edmund's prosperous years. Zelmira Zivny had published an article about this great event in magazine Czech Dialogue;
http://www.cesky-dialog.net/
Many further returns!
Sokol Unit San Francisco Inc.



Sokol Family Camp in Dinkey Creek 2007



Like every year, Pacific District of Sokol (comprised of 3 units: San Francisco, Fresno and Los Angeles) rented a camp for one week-the last week of July- from City Hall Fresno, at Dinkey Creek, a beautiful area in Sierra National Park, between Yosemite National Park and Kings Canyon National Park.
Members of Sokol and – parents or grandparents with their children and other friends camped there. There are 3 cabins for families with small children and 2 barracks, so called dormitories for approximately 90 people.

Accommodation was simple, but practical: hot showers, flushing toilets, washing machine, full range kitchen with gas stove/oven, microwave, cooking and eating utensils, large walk–in refrigerator and standing freezer. Campers brought and prepare their own food. A variety of groceries were available at a store within walking distance.
Director of the camp this year was Lynn Miller from Sokol Fresno, and the unofficial head of games organization, competitions and hikes was Otto Notzl from Sokol L.A., an experienced leader of the previous camps.
The atmosphere in the camp was very friendly, and we had lots of activities every day. One day, we walked through the creek, a couple of miles to an area where children could slide on plastic bags.
The other day, we fished in Courtrigth Reservoir and caught tree good trouts. Another evening, we walked to a deserted "Ghost Town", where there is a 1950's lumber company that ones supported the entire village. On the last day, almost all the campers (more than 30 people) participated in a big hike to Dinkey Creek Dome where there are

lots of natural pools. It was irresistible to jump in and swim in the very clean, but cool, water. We spent that week in a marvel of nature with very good people. The outing was so successful that our grandsons asked to go there again next year.
Contact Sokol for more information.

Jara Dusatko

Our September Sokol Picnic.

Another beautiful late summer day, another Sokol picnic at Chabot Lake! No, we were not bored at all, we were too busy talking, grilling, eating and drinking, sharing the goodies in a semi-potluck style and, as befits the members of a gymnastic association – for a good half an hour we turned the adjacent meadow into a spacious "Sokol Hall" with grass for a floor and blue sky and the green canopy of stately trees for a ceiling. A circle of enthusiasts performed a routine of calisthenics under the direction of Sister Ivanka Linhart and Bros. Petr Linhart & Paul Burda.
The place is a gem of a park; today it treated us to truly dreamy weather – no wind, balmy temps, just perfect for our agile Sokol seniors. While we were missing some old faithful participants, presently roaming the globe, new faces brought our roster to a total of thirty-seven members and friends, who filled almost all of the seats around tables. Judging from the constant din of voices we hope they were having fun and did not regret coming here from near or far – the greatest distance record is still held by Linharts from Sonora. Our former secretary, Shirley Gangelhoff, who brought two ladies in wheelchairs – her mother and Millie Forsythe, accomplished no smaller feat.
Judging from the number of cars parked on the highway in front of park (free) and in the park ($ 5), you would expect the place to be packed, but it is not the case, thanks to huge size and hilly character of Lake Chabot Regional Park.
Next time, bring your friends, some food for the grill (kept hot all day long by volunteers), a few morsels to share, your best mood and be ready to enjoy!

Zdeněk Verňák.





All attendees were very pleased with service of Bro. Vernak, who was taking care of barbeque and of all cleaning the place.

Before and After

Aerobic Exercise

Approximately 6 Minutes

Do a mild warm-up of 2–3 minutes before stretching.



3–5 seconds
2 times
(page 46)



15 seconds
(page 45)



10 seconds
(page 46)



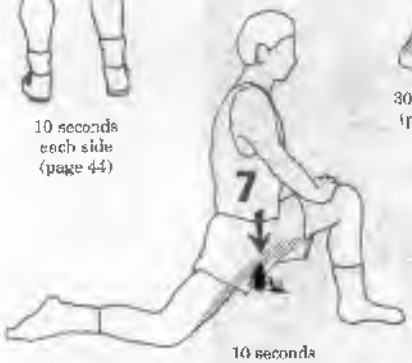
10 seconds
each side
(page 44)



30 seconds
(page 55)



10 seconds
each leg
(page 75)



10 seconds
each leg
(page 53)



15 seconds
each arm
(page 42)

Stretching © 2000 by Bob and Jean Anderson. Shelter Publications, Inc.

15–20 seconds
(page 58)



5–6 seconds
(page 59)

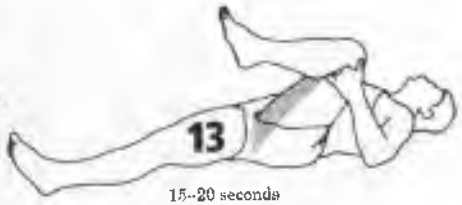




8–10 seconds
each side
(page 60)



5 seconds
2 times
(page 27)



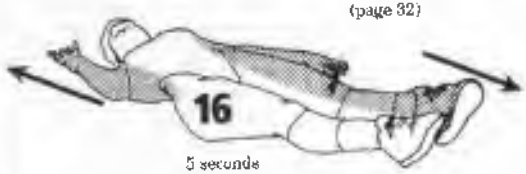
15–20 seconds
each leg
(page 31)



10–20 seconds
each leg
(page 38)



10 seconds
each side
(page 32)



5 seconds
2 times each side
(page 30)

Short on time?
Do this mini-routine:
3, 4, 5, 7, 9, 10, 13, 16
Approx 3 minutes

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In Memoriam



Miroslava Miksová (Mirka)

zemřela náhle dne 15. srpna 2007 ve Walnut Creek, CA, po dlouhé srdeční chorobě.
Mirka se narodila v roce 1920 v Brně, kde vyrostla a vystudovala klasické gymnasium. Vzhledem k tomu, že její otec, ředitel tehdy velkého olejářského podniku (Fanta) a její strýc generál Zdeněk Novák byli zapojeni do podzemního proti-komunistického odboje, musela Mirka z politických důvodů opustit republiku po roce 1948. Ve francouzsé zóně v Rakousku (Insbrucku jsme se poprvé poznali a v roce 1950 pak společně emigrovali do Australie. V roce 1953 jsme s jinými krajany začali stavět základy domu Československého klubu v Adelaide v jižní Australii. V roce 1961 jsme se přemístili do USA, kde jsme členy Sokola od roku 1963 a později také České národní katolické obce.
Mirka byla vždy horlivá vlastenka velmi hrdá na Brno, Moravu a její lid.Byla mi vždy nejdražší ženou a věrným kamarádem. Manžel, František Miksa

Sokol Unit is expressing its deep condolence to František. Mirka will be missed at our dances, she always enjoyed surrounded with her friends.
Donation in memory of Mirka from Karel & Milena Snajberk $100

North American Union Fact Sheets

Updated

Produced and distributed by American Policy Center

SUMMARY

The effort is in its infancy, however the Bush Administration has been operating in secret for at least two years to establish what can only be described as a North American Union with Mexico and Canada, along the same lines as the European Union. If that happens it can only mean an eventual end to the U.S. Constitution as our ruling document, replaced instead with a new North American Government. That is what is happening in Europe today.
We believe it can and will eventually lead to the surrender of U.S. sovereignty, independence, and national borders. It will result in the establishment of a North American currency called the "Amero," as the dollar is junked.
The U.S. will provide the army for defense. Gone will be U.S. citizenship. Gone will be any kind of border control between the three nations of North America.
Plans are well underway to establish a NAFTA Super Highway, to be the width of eight football fields. It will run from Mexico to Canada, running through the middle of the United States. No direct inspections will be enforced as trucks from Mexico and Canada drive through this nation. Only electronic scanning will be used on the trucks.
Kansas City, MO has been tapped to serve as an "inland port" to handle imports and exports among the three nations. Operating quietly, Kansas City has already designated *$2.5* million of its taxpayer's money to establish the port. Now, the Mexican government is demanding that it have its own inspection site in Kansas City to inspect its own trucks. It also is demanding that the land its port will sit on will officially become Mexican sovereign territory.
The official effort began on March 23, 2005, after a summit, held in Waco, TX. It was attended by President Bush, Mexican President Vicente Fox, and (then) Canadian Prime Minister Paul Martin. The three leaders announced the signing of an agreement to create common policies concerning various economic and security areas among the three nations.

For obvious cover of official deniability, the term "North American Union" is not being used. Instead, the agreement officially authorized twenty tn-national "working groups" to establish the "Security and Prosperity Partnership" (SPP). The concept is being sold as simply a new framework within which the member nations can create free trade and security within the North American continent. However, based on working documents, the intent to create the North American Union is impossible to hide.
The trilateral agreement, signed as a joint declaration, has not been submitted to Congress for review. There is no congressional oversight.
They may be viewed on the Internet at www.spp.gov. **The Bush Administration has denied that the SPP is operating in secret. Yet it has not released the names of those in the working groups.**

Meanwhile, officials of the three nations quietly met in Alberta, Canada September 12 — 14, 2006. Former Secretary of State George Shultz was a joint chairman of the meeting with his counterparts from Mexico and Canada. Also in active attendance were Secretary of Defense Donald Rumsfeld, Admiral Tim Keating, Commander of NORAD, and Robert Pastor, a key advocate of the creation of a North American Union. Discussions at the conference included "A Vision for North America," "Toward a North American Energy Strategy, and "Demographic and Social Dimensions of North American Integration."

It is also important to note that the Bush Administration has denied that the President ever signed an agreement with Canada and Mexico. The Administration has established a "Myths and Facts" section to the Security and Prosperity Partnership web page in an attempt to counter arguments of those now exposing the SPP. The site blatantly says, *"The SPP is a dialogue to increase security and enhance prosperity among the three countries. The SPP is not an agreement nor is it a treaty. In fact, no agreement was ever signed."* However, according to a report on the SPP written by Former Canadian Prime Minister Paul Martin, one of the three heads of state involved in the March 23, 2005 meeting with Bush and Fox, writes "Thus, on March 23, President Bush, President Fox and I signed the Security and Prosperity Partnership of North America..." The full report by Mr. Martin may be read on the Internet at http://www.corbettreport.com/articles/20070709_spp_meeting_minutes.htm

THE NAFTA SUPERHIGHWAY



- ✔ ***It will cost*** $183 billion in new taxes and tolls.
- ✔ ***It will destroy*** tens of thousands of homes, ranches, farms, businesses and whole communities through *eminent domain.*
- ✔ And ***it will signal the end*** of our sovereignty and the beginning of a "*North American Union*" with Mexico and Canada.

THE CHRONOLOGICAL HISTORY FOR THE ESTABLISHMENT OF THE NORTH AMERICAN UNION

JULY 2, **2000:** Mexican president Vicente Fox proposes a 20 to 30 year time line for the creation of a common North American market. **NOVEMBER** 27, 2000: Robert Pastor's book "Toward a North American Community" is published.

DECEMBER 2001: U.S. Homeland Security Secretary Tom Ridge and Canadian Deputy Prime Minister John Manley sign the "Smart Border Declaration." It called for a "30-point action plan to enhance the security of our shared border , while facilitating the legitimate flow of people and goods."

SEPTEMBER 9, 2002: President Bush and Prime Minister Chretien meet to discuss progress in the Smart Border Action Plan. An update on the plan is produced by the White House on December 6, 2002.

DECEMBER, 2002: U.S. Secretary of State Cohn Powell signs an agreement between the United States and Canada to establish a Bi-national Agreement on Military Planning.

JANUARY, 2003: The Canadian Council of Chief Executives launches the North American Security and Prosperity Initiative (NASPI) to propose a comprehensive North American strategy integrating economic and security issues.

FEBRUARY, 2004: The Council on Foreign Relations publishes Robert Pastor's paper "North America's Second Decade," which advocates further North American integration.

OCTOBER, 2004: The Canada-Mexico Partnership (CMP) is launched during the visit of President Fox to Ottawa.

NOVEMBER 1, 2004: The Independent Task Force on the Future of North America is formed. The task force is a trilateral effort charged with developing a "roadmap" to promote "North American security and advance the well-being of citizens of all three countries." The task force is sponsored by the Council on Foreign Relations.

MARCH 23, 2005: President Bush meets at his ranch in Crawford, TX with Vincente Fox of Mexico and Paul Martin of Canada in what they call a Summit. The three heads of state then drive to Baylor University in Waco, where they issue a press release announcing their signing of an agreement to form the Security and Prosperity Partnership of North America (SPP).

MAY 17,2005: The Independent Task Force on the Future of North America (CFR) releases its report "Creating a North American Community
— Chairman's Report." The 59-page document outlines a five-year plan for the "establishment by 2010 of a North American economic and security community" with a common "outer security perimeter" to achieve "the freer flow of people within North America."

JUNE 9, 2005: Senate Foreign Relations Chairman Richard Lugar held a "friendly" committee hearing that features Task Force member Robert Pastor. He reveals further details of the plan for a "continental perimeter," including "an integrated continental plan for transportation and infrastructure that includes new North American highways and high-speed rail corridors."

JUNE 27, 2005: Homeland Security Secretary Michael Chertoff attends a SPP meeting in Ottawa, Canada, at which he said "we want to facilitate the flow of traffic across our borders." The White House issues a press release endorsing the Ottawa report and calling the meeting "an important first step in achieving the goals of the Security and Prosperity Partnership."

JULY, 2005: The White House announces it is backing a coalition called Americans for Border and Economic Security, organized by former Republican National Committee Chairman Ed Gillespie. Its purpose is to conduct a political-style campaign to sell the American people in a guest-worker program wrapped in a few border-security promises and financed by coalition members who each put up $50,000 to $250,000.

MARCH 31, 2006: President Bush, Vicente Fox and new Canadian Prime Minister Stephen Harper meet in Cancun, Mexico to (according to the official news release) celebrate the first anniversary of the Security and Prosperity Partnership. At the same time Bush demands that Congress pass an immigration bill with a guest worker permit program.

JUNE 15, 2006: SPP's North American Competitiveness Council (NACC), consisting of government officials and corporate CEOs from the three countries, met to "institutionalize the North American Security and Prosperity Partnership and the NACC, so that the work will continue through changes of administrations."

SEPTEMBER 12, 2006: In Banff Alberta, Canada, a group of present and past elected officials from all three countries meet with corporate, military, academic, financial, industrial, and think tank members in a "North American Forum." U.S. participants include former Secretary of State George Shultz, Defense Secretary Donald Rumsfeld, and Robert Pastor, to name a few.

News

Vážení krajané,

dovolte nám, abychom Vás pozvali ke sledování krajanské televize OrbisTV,. která vysílá z Chicaga pro krajany na celém světě v českém a slovenském jazyce. Rádi bychom také navázali spolupráci s Vaší komunitou a uvítáme Vaše podněty. Rovněž rádi zveřejníme oznámení o konání ruzných krajanských akcí Pokud máte ve Vaší komunitě někoho, kdo dokumentuje Vaše akce na videu. tak uvítáme případnou spolupráci. Naše vysílání můžete sledovat na www.orbisTV.com (http://www.orbistv.com/), kde je rovněž archiv starších vysílání.
Pokud mate zájem o vysíláni televizních stanic z České a Slovenské Republiky, tak máme nabídku 7 stanic z naši vlasti online a to na www.onlinetv1.com (http://www.onlinetv1.com/), kde najdete živé vysílání stanic a bohatý archiv filmů, dokumentů, zábavných pořadů a sportovních utkání.
Přinášíme Vám ještě jednu dobrou zprávu,a to možnost umístění Vaší reklamy v našem vysilání. Televizní reklama na OrbisTV Vám umožni vvsoce účinné oslovení diváků za výrazně lepších podminek, než které Vám může poskytnout jiný způsob komunikace. Vysoká účinnost a nákladová vyhodnost televizní reklamy je patrná hlavně v porovnání s ostatními médii. Pomineme-li význam audiovizuálnosti a akčnosti televizní reklamy pro vnímání sdělení, které je výrazně vyšší než u tisků nebo radii, je oslovení v televizním vysíláni OrbisTV zároveň nejlevněším na počet oslovených diváků.
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S úctou Jiří Pavelka

Laugh:

1. Standing nude, a woman looked in the bedroom mirror and said to her husband, "I feel fat and ugly. Pay me a compliment."
   He replied, "Your eyesight's damn near perfect."

2. I want to go out tonight," a woman said to her husband. "Take me somewhere expensive."
   "Sure," he replied and then dropped her off at an Exxon station.

Information



GENERÁLNÍ KONZULÁT ČESKÉ REPUBLIKY
CONSULATE GENERAL OF THE CZECH REPUBLIC
Los Angeles
10990 Wilshire Blvd., Suite 1100, Los Angeles, CA 90024-4879
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http://www.mzv.cz/wwwo/?zu=losangeles
E-mail: losangeles@embassy.mzv.cz

San Francisco
201 Filbert St., San Francisco, CA 94133 Phone: 415.394.0152
Fax: 866.224.1941
Honorable Consul General for Czech Republic Richard Pivnicka
Email: pivnicka@earthlink.net

CONSULATE GENERAL OF SLOVAK REPUBLIK
www.slovakembassy-us.org
Honorable Consul for Slovak Republic Barbara Pivnicka
Mobil phone: 650.996.7473 , Phone: 925.457.8380, Fax: 866.224.1941
Email: bpivnicka@earthlink.net

Sokol Committee Meeting is every second Tuesday, every month at 7:30 PM in Bay Area Executive Offices, 533 Airport Blvd. Suite 400, 4th floor Burlingame, CA 94010

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http://www.sokol-cos.cz/cos/testweb.nsf
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Čest Sokolu a Sokolům

K napsání této črty jsem byl inspirován (vyprovokován?) jednak poznámkou přítele, že jsem nebyl na letošním Českém a slovenském dnu na Masaryktownu (neviděl mne v krajanském televizním programu Nová vize), a jednak úvahou krajanské pracovnice Barbary Sherriffové v dopise přátelům v Českém a slovenském sdružení. Na Českém a slovenském dnu jsem podle svého nejlepšího vědomí a svědomí byl, a dokonce jsem byl - až do rozhovoru se svým přítelem přesvědčen,- že jsem na něm s torontskou sokolskou jednotou cvičil. Pro všecky případy jsem příští úterý ráno (kdy je program Nová vise opakován) před půl osmou zapnul televizi a rovnou zamířil na kanál čtyři. A já tam opravdu vidět nebyl. Je možné, že jsem na záběru cvičící skupiny byl, ale nepoznal jsem se. Šlo o jediný záběr, braný z výšky, z dálky a zezadu, a já se zezadu moc neznám. Nestěžuji si, že jsem se v programu nezahlédl. Já se za svůj dlouhý život na fotografiích a filmech už párkrát viděl a to, co jsem viděl, mne neuchvátilo...
Ale ten jediný záběr z vystoupení sokolských mužů a žen mne přivádí k dopisu Barbary Sherriffové, která soudí, že máme problém přilákat do krajanských organizací nové členy, protože nemáme respekt ke své minulosti, a to proto, že nám chybí národní hrdost. B. Sherriffová se domnívá, že náš krajanský tisk by nám měl více připomínat významné události a osobnosti našich dějin ... a už jsme u Sokolů. Před par týdny o účasti Sokolů v odboji přednášel pro seniory Jan Waldauf. Z jeho znamenité přednášky uvádím jen několik čísel, jmen a faktů: Většina příslušníků československých legií první světové války byli členové Sokola - 15. března 1939 obsadilo německé vojsko zbytek Československa, 16. března začal sokolský odboj: sokolská pětka, složená z nejvyšších funkcionářů, úzce spolupracovala s řídící složkou národního odboje „Obranou národa". Velel jí generál Josef Bílý (Sokol), zemským velitelem na Moravě byl gen. Hugo Vojta (přeborník vinohradského Sokola) — oba popraveni 30. září 1941. Do konce října 1941 bylo popraveno na 300 odbojových pracovníků včetně náčelníka ČOS, Augustina Pechláta.
Ze 7. na 8. října 1941 zatklo Gestapo přes 1000 sokolských činovníků, z nichž se vrátila jen hrstka. V noci z 28. na 29. prosince 1941 bylo v protektorátu vysazeno sedm československých parašutistů (jeden z nich, Slovák Jozef Gabčík, byl členem Sokola) s posláním zlikvidovat generála SS, říšského protektora Reinharda Heydricha. Po atentátu 27. května 1942 bylo zatčeno 3189 lidí, z nichž 1585 bylo popraveno.
Ukrýváním parašutistů byla pověřena skupina „Říjen", složka sokolské odbojové organizace „Jindra", která zajistila úkryt v pravoslavném kostele Cyrila a Metoděje v Resslové ulici v Praze. Proti sedmi parašutistům (všichni zahynuli) bylo nasazeno 757 příslušníků dvou oddílů SS a několik desítek gestapáků spolu s četou hasičů.
Celkem během války bylo v koncentrácích vězněno 12 288 příslušníků Sokola, z nichž 4042 bylo popraveno.
Za zmínku snad stojí i to, že Slovenské národní povstání vedli dva Sokolové, generalové Viest a Golian, že předsedou české národní rady (která přijala kapitulaci německé armády), byl Sokol profesor Albert Pražák a předsedou Slovenské národní rady Sokol Vavro Šrobár. Sokoly byli i Pavel Blaho, gen. Mikuláš Ferjenčík, Jan Opletal či profesor Vladimír Krajina.
Ale i to postačí, abychom si udělali —jakkoli povrchní obrázek o významu Sokolstva pro náš národ. Takže myslím, že si vystoupení Sokolů, kteří s malými výjimkami cvičili na každém Československém i Českém a Slovenském dnu, zaslouží přece jenom víc, než jenom jeden — ne právě reprezentační — záběr v televizi. Jestliže nějaké hnutí modelovalo národní charakter v devatenáctém a v první polovině dvacátého století, bylo to, myslím, Sokolstvo.
Čas samozřejmě nestojí. Československý i později Český a slovenský den Kanady měl v době, kdy ve staré vlasti vládli sovětští místodržící, jinou náplň i jinou formu než Čs. dny, které se vyvíjely po roce 1990, a zvláště ten letošní. Ty dřívější byly formálnější, konaly se v neděli, během projevů a vystoupení skupin bylo koupaliště zavřeno a ostatní činnost omezena. Obsahem tyto dny byly jakýmsi opakovaným projevem vzdoru i naděje. Ten letošní - jako už několik posledních — se konal v sobotu, byl obsahem bližší pouti, bohatší na zábavu a program, komerčně podbarvený. Na tom ovšem není nic zlého. Naše rodná zem momentálně není obsazena ani nepřátelskými armádami, ani ovládána cizí ideologií. Tak proč bychom se netěšili...
Někteří lidé mé generace přestanou na Čs. dny chodit (smrt, stáří, nemoci — letos mi mezi legionáři chyběl Bohumil Jan Moravec, jedna z nejpozoruhodnějších postav naší komunity). Nekteří dávají přednost tišším zákoutím, jiným třeba vadí, že se mluvilo skoro výhradně anglicky, ale to bylo vždycky problémem. Možná, že bude chodit více lidí, kteří se chtějí prostě pobavit. A proč ne? Každá generace si musí najít svou cestu v přesvědčení, že oni objevili svět — jako ti před námi a jako my. I tato dnešní generace se na chvíli opije úspěchy a rozesmutní porážkami a pak se ti šťastní s pocitem, že snad nebyli docela zbyteční, vytratí do noci. V mém případě s pocitem vděčnosti, že jsem byl členem nádherné sokolské rodiny.

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2	Anna	Bobb	5748 Parksite Pl.	Newark,	CA	94560	1		P	P
3	Jarmila	Bochenek	755 Raymundo Ave.	Los Altos,	CA	94024-3139	1		P	P
4	Paul A.	Burda	213 Westvale Court	San Ramon,	CA	94583		1	P	P
5	John	Cambus	121 Lakewood Rd.	Walnut Creek,	CA	94598-4720		1	P	P
6	Vladka	Cambus	121 Lakewood Rd.	Walnut Creek,	CA	94598-4720	1		P	P
7	Evelyn	Cheever	37653 Glenmoor Dr.	Freemont,	CA	94536	1		P	P
8	Stanley	Cheever	37653 Glenmoor Dr.	Freemont,	CA	94536		1	P	P
9	Henrietta	Chromy	1319 Speers Ave.	San Mateo,	CA	94403	1		P	P
10	Dagmar	Crichton	1873 Greenwitch St.	San Francisco,	CA	94123	1		P	P
11	Frank	Dlask	451 Santa Margarita Ave.	Menlo Park,	CA	94025		1	P	P
12	Jarmila	Dlask	451 Santa Margarita Ave.	Menlo Park,	CA	94025	1		P	P
13	Blanche	Duffey	249 W. Poplar Ave.	San Mateo,	CA	94402	1		P	P
14	Jaroslava	Dusatko	1001 Evelyn Ter. E. # 168	Sunnyvale,	CA	94086	1		P	P
15	Milan	Dusatko	1001 Evelyn Ter. E. # 168	Sunnyvale,	CA	94086		1	P	P
16	Mildred	Forsythe	700 Laurel Ave. # 882	San Mateo,	CA	94401-4104	1		P	P08
17	Shirley A.	Gangelhoff	1319 Speers Ave.	San Mateo,	CA	94403	1		P	P
18	Tami M.	Gangelhoff	248 C 36th Ave.	San Mateo,	CA	94403	1		P	P
19	George	Goupille	879 Partridge Ave.	MenloPark,	CA	94025-5215		1	P	P
20	Stephan	Goupille	879 Partridge Ave.	MenloPark,	CA	94025-5215		1	P	P
21	Vera	Goupille	879 Partridge Ave.	MenloPark,	CA	94025-5215	1		P	P
22	Arthur	Hackworth	21741 Santa Bella Place	Cupertino	CA	95014		1	P	N
23	Marie	Holubar	300 5th St.	Petaluma,	CA	94952	1		P	N
24	Vera	Horn	800 N. El Camino # 203	San Mateo,	CA	94401-3760	1		P	P
25	Vaclav	Hrdina	20287 John Dr.	Castro Valley,	CA	94546		1	P	P
26	Henry	Husak	19447 Victona Court	Sonoma,	CA	95476-3847		1	P	P
27	Jan	Janku	10 Villanova Ln.	Oakland,	CA	94611		1	P	N
28	Joan	Kemr	476 32nd Ave.	San Francisco,	CA	94121-1724	1		P	N
29	Helena	Kozler	176 Corte Anita	Greenbrae,	CA	94904	1		P	P
30	Eva	Kryska	1120 Newell Rd.	Palo Alto,	CA	94303	1		P	P
31	Jiri	Kucera	21901 Monte Ct.	Cupertino,	CA	95014		1	P	P
32	Vlasta	Kucera	539 Hillcrest Rd.	San Carlos,	CA	94070-1920	1		P	P
33	Jan	Kucera Jr.	21917 Oakview	Cupertino,	CA	95014		1	P	P
34	Ivanka	Linhart	P.O. Box 1172	Soulsbyville,	CA	95372	1		P	P
35	Petr	Linhart	P.O. Box 1172	Soulsbyville,	CA	95372		1	P	P
36	David	Livingston	19617 Forest Ave.	Castro Valley,	CA	94546		1	P	P
37	Helenka	Livingston	19617 Forest Ave.	Castro Valley,	CA	94546	1		P	P
38	Dan	Livinston	19617 Forest. Ave.	Castro Valley,	CA	94546		1	P	P
39	Victor	Machacek	1655 Funston Ave.	San Francisco,	CA	94122		1	P	P
40	Lida	Mikes	115 Los Vientos Way	San Carlos,	CA	94070	1		P	P
41	Frank	Miksa	7 Royston Walk	Pleasant Hill,	CA	94523		1	P	P
42	Miroslava	Miksa	7 Royston Walk	Pleasant Hill,	CA	94523	1		P	P
43	Helen	Mikus	P.O. Box 94	Fayetteville	TX	78940	1		P	N
44	Blanche	Milner	1500 Held Dr. # 67	Modesto,	CA	95355	1		P	P
45	Ludvik	Mlynek	1225 Warner Ct.	Lafayette,	CA	94549		1	P	P
46	Alena H.	Navarra	5452 Jonathan Dr.	Newark,	CA	94560	1		P	N
47	Charles M.	Navarra	5452 Jonathan Dr.	Newark,	CA	94560		1	P	N
48	Jan	Nemec	1521 Saint Alphonfus Way	Alamo,	CA	94507-1570		1	P	P
49	Rita	Nemec	1521 Saint Alphonsus Way	Alamo,	CA	94507-1570	1		P	P
50	Ludmila	O'Donell	3424 NE. 35th Ave.	Portland	OR	97212	1		P	P
51	Alena	Picha	650 Newhaven Ct.	Walnut Creek,	CA	94598	1		P	P
52	Frank	Picha	650 Newhaven Ct.	Walnut Creek,	CA	94598		1	P	P
53	Eva	Plachy	717 Best Ct.	San Carlos,	CA	94070-1544	1			P

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55	Ivo	Plachy	717 Best Ct.	San Carlos,	CA	94070-1544		1		P
56	Zdena Derner	Rashkin	21780 Via Regina	Saratoga,	CA	95070	1		P	P
57	Jaroslav	Rosicky	16714 Selby Dr.	San Leandro,	CA	94578		1	P	P
58	Michelle	Ruff	324 Via La Paz	Greenbrae,	CA	94904	1		P	P
59	Dagmar	Rus	628 Newlands Ave.	San Mateo,	CA	94403	1		P	P
60	Ruda	Rus	628 Newlands Ave.	San Mateo,	CA	94403		1	P	P
61	Marta	Sehnal	7415 Alpine Road	La Honda,	CA	94020	1		P	P
62	Albert	Sieber	231 Auburn Ave.	Santa Cruz	CA	95060		1	P	P
63	Libuse	Sikl	418 Patricia Ave.	San Mateo,	CA	94401	1		P	P
64	Kamil	Skapa	894 S. Flamingo Court	Denver,	CO	80246-2323		1	P	P
65	George I.	Skoda	3400 Princeton Way	Santa Clara,	CA	95051-5526		1	P	P
66	Marcelle	Skubna	616 Eve St.	Napa,	CA	94559	1		P	P
67	Desider E.	Slavoj	22 Ord Ct.	San Francisco,	CA	94114-1417		1	P	P
68	Marcela A.	Sleep	7405 Hacienda Way	Felton	CA	95018	1			P
69	Jirina	Smerhovska	2440 15 th St.	San Francisco,	CA	94114	1		P	N
70	Karel	Snajberk	916 Regal Road	Berkeley,	CA	94708		1	P	P
71	Milena	Snajberk	916 Regal Road	Berkeley,	CA	94708	1		P	P
72	George	Spanek	1425 Broadway Sw. # 11	Burlingame,	CA	94010		1	P	P
73	Henry J.	Sredl	P.O. Box 1029	Center Harbor,	NH	03226-1029		1	P	P
74	Karel	Stipek	22420 A Walnut Cir.N.	Cupertino,	CA	95014		1	P	P
75	Martha	Stipek	22420 A Walnut Cir.N.	Cupertino,	CA	95014	1		P	P
76	Jindra	Strolena	1050 Park Place	Pleasant Hill,	CA	94523	1		P	P
77	Eugenia	Sullivan	P.O.Box 9651	So. Lake Taho	CA	95731	1		P	P
78	Edmund	Teyrovsky	26563 Durham Way	Hayward,	CA	94542		1	P	P
79	Georgina	Teyrovsky	26563 Durham Way	Hayward,	CA	94542	1		P	P
80	Angie	Tomanek	26612 Durham Way	Hayward,	CA	94542	1		P	P
81	Tomas	Tomanek	26612 Durham Way	Hayward,	CA	94542		1	P	P
82	Dana	Tupy	13188 La Cresta Dr.	Los Altos,	CA	94022-1941	1		P	P
83	George	Tupy	13188 La Cresta Dr.	Los Altos,	CA	94022-1941		1	P	P
84	Helena	Vernak	2724 Mason Lane	San Mateo,	CA	94403-2613	1		P	P
85	Zdenek	Vernak	2724 Mason Lane	San Mateo,	CA	94403-2613		1	P	P
86	Milos	Zivny	10815 Breed Ave.	Oakland,	CA	94603		1	P	P
87	Zelka	Zivny	10815 Breed Ave.	Oakland,	CA	94603	1		P	P
88	Ashka	Zrzavy	654 Oregon St.	Sonoma,	CA	95476	1		P	P
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