American Sokol
Sokol San Francisco

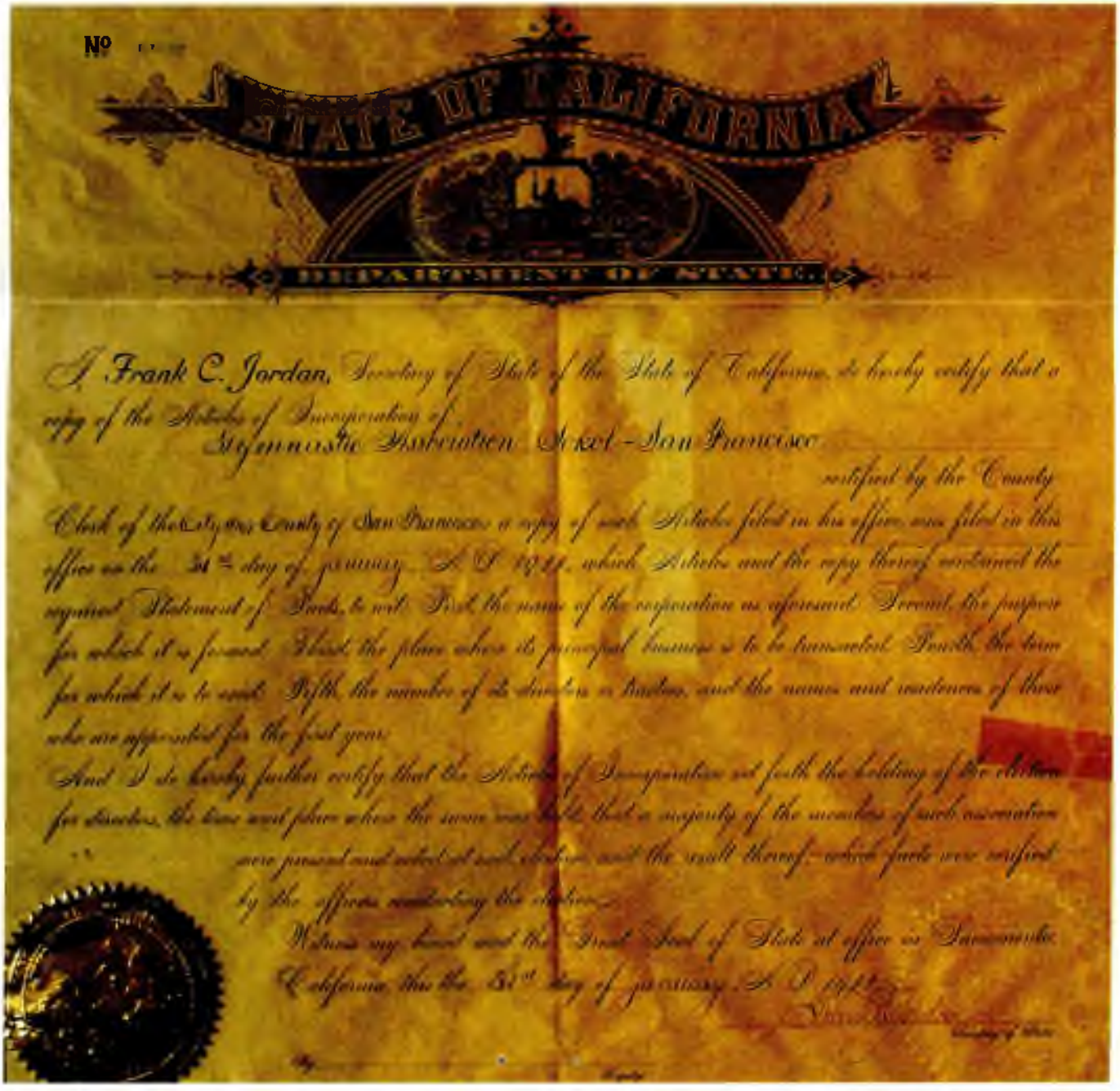
SOKOL SAN FRANCISCO INC.
GYMNASTIC ASSOCIATION
EDUCATIONAL-SOCIAL AND
CHARITY NON-PROFIT CULTURAL
ORGANIZATION

P.O. Box 4006, Menlo Park, CA 94026-4006
E-mail: sokolsf@gmail.com



VĚSTNÍK

WINTER 2008



Articles of Incorporation of Gymnastic Association Sokol – San Francisco January 31, 1911

SOKOL OFFICERS: FOR THE YEAR 2008:

E-mail: sokolsf@gmail.com

President:	Frank Dlask
First Vice President:	Georgina Teyrovsky
Second Vice President:	Zdenek Vernak
Vice President Emeritus:	George Spanek
Secretary:	Zelmira Zivny
Financial Secretary:	Paul Burda
Treasurer:	Jarmila Dlask
Men's Director:	Peter Linhart, Paul Burda
Women's Directors:	Ivanka Linhart, Jarka Dusatko
Educational Director:	Peter Linhart
Membership Directors and Committee for New Members:	Milan Dusatko, Paul Burda
Board member at Large:	Edmund Teyrovsky
Editors, Vestnik:	Milan Dusatko, Paul Burda
Budget & Finance Committee:	Edmund Teyrovsky , Paul Burda, Zdenek Vernak, Frank Dlask (ex-officio) Milos Zivny
Public Relations Director:	Peter Linhart, Zdenek Vernak
Film Committee:	Milan Dusatko, Jarka Dusatko, Paul Burda,
Committee to Correct some Czech Wrongs:	Edmund Teyrovsky, Zdenek Vernak, Georgina Teyrovsky, Frank Picha, Frank Dlask (ex-officio), Milos Zivny
Reconciliation Committee:	Edmund Teyrovsky, Zdenek Vernak, Milos Zivny
Entertainment Committee:	Georgina Teyrovsky, Paul Burda, Jarka Dusatko, Zdenek Vernak
Pac. District Representative:	Paul Burda, Frank Dlask (District VP), Peter Linhart, Ivanka Linhart Jara Dusatko
Auditing Committe:	Dagmar Rus, Marta Sehnal, Jara Dusatko
Legal Advisors:	James Frolik Jr., Atorney

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"A government big enough to give you everything you want, but is strong enough to take everything you have"
Thomas Jefferson

Calendar of Events and Sokol Dues 2009

Dinner-Dance	March 28, Saturday	Tarragon, 140 S Murphy Ave Sunnyvale, CA 94086
Sokol Party of Czech National Songs	April 17, Friday 4:00 P.M. to 9:30 P.M.	Baywood Court of 21966 Dolores St. Castro Waley CA 94546. Residence of Georgina and Edmund Teyrovsky
Lunch and Music from CDs	May 16, Saturday	Dino's at Castro Valley 3600 Castro Valley Blvd, Castro Valley
Picnic	June 13, Saturday	Lake Chabot Park, Castro Valley
Picnic	September 12 Saturday	Lake Chabot Park, Castro Valley
Annual Meeting	December 5, Saturday 10:30 A.M. to 12:30 P.M.	Unity Building Recreation Area, 20121 Santa Maria, Castro Valley, CA
Lunch for all present Sokol members	December 5 12:30 P.M. to 1:30 P.M.	Unity Building Recreation Area, 20121 Santa Maria, Castro Valley, CA
St. Nicolas Childern's Party	December 5, 2009 2:00 P.M. to 5:30 P.M.	20121 Santa Maria, Castro Valley, CA
End of the Year Dinner/Dance	December 26, Saturday	Tarragon, 140 S Murphy Ave Sunnyvale, CA 94086

Welcome New Members: **Daniel and Jana Botcha**

Sokol dues and donation 2008 .

Your thoughtful contribution to the American Sokol San Francisco Unit is most appreciated especially in these financially tough times. We are sincerely pleased to acknowledge your $690 individual donations and $538 donations from attendees of our film sessions. Many thanks to Jara Dusatko for organizing it and helping to recover of our expenses associated with these films preparations, equipment and films copying.

We are thankful to all of you for total of $1 228 donations frm year 2008.

K.&M. Snajberk in memory of Mirka Miksa $100, E.&G. Teyrovsky $30, K.&M. Snajberk $50, J. Bochenek $25, J.&V.Cambus $25, A.Sieber $10, L.Mikes $25, E.Sullivan $25, F.Miksa $25, V.&E.Machacek $25, H.&M.Husak $100, P.& I.Linhart $35, L.O'Connel in mothers memory $25, B.Milner $10, H.Sredl $25, G.Smerhovska $10, Dr.K.Skapa $25, B.Lundeen $25 and M.Ruff $10. JUDr. Kerbach Czech Republik $25,, Z.Vernak $25, B.Duffey $25, G.Teyrovsky 10.

For your information, American Sokol San Francisco is a Non-profit Organization; your donation is tax deductible. Keep your bank check as your receipt. I had been advised that Membership dues are not tax deductible. Donation for Sokol Non-profit organization however, is deductible.

Paul A Burda, Sokol Financial Secretary

BROTHERS AND SISTERS: Please, finish your unpaid 2008 dues NOW! See pages....18 & 19

Please send your check or Money Order to the address below with the stub below. Cut the end of this stub for your records. Your kind attention to this matter will be greatly appreciated.

We believe this form is self-explanatory. Please, discard it if your dues are already paid.

Sokol Gymnastics Association Sokol San Francisco, P.O. Box 4006, Menlo Park, CA 94026-4006

SEND WITH YOUR PAYMENT:	**KEEP FOR YOUR RECORDS:**
2008 Dues are $25	
Membership Dues $.....	**Sokol San Francisco Dues 2008**
New members add $5 processing fee to American Sokol Headquarters in Chicago.	
Donation/Contribution.....	
Name:.....	**Date**
sent:.....	
Address:.....	
City:.....State:....Zip:.....	**Check No:.....**

APPLICATION FOR MEMBERSHIP

ASO registration fee is $5.
Membership fee is $25 per year, should be paid on the end of each year for the next year.

The Pledge of Allegiance:
"I pledge allegiance to the Flag
Of the United States of America
And to the Republic for which it stands.
One nation under God, indivisible,
With liberty and justice for all."

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P.O.BOX 4006, MENLO PARK, CA 94026-4006
E-mail: sokolsf@gmail.com

NAME:_____ DATE:_____

Address:_____ City:_____ State:____ Zip:_____

Phone 1: _____ Phone 2:_____

E-Mail:_____

Date of Birth: :____/ _____/ _____ Place of Birth:_____

US Citizen: Yes ☐ No ☐ If No, legal resident? Yes ☐ No ☐

Marital Status : Married ☐ Single: ☐ Other: ☐

Please, list other clubs, organizations to which you belong_____

_____

Sponsor:_____

MEMBERSHIP PLEDGE:

I,_____(new members name) as a condition of membership in Sokol Unit of San Francisco Inc. in San Francisco CA, agree to abide by the Bylaws of the American Sokol of the Pacific District and this Unit, Sokol San Francisco.I promise that in my speech and actions I will endeavor to strengthen The Sokol Organization. Further, when participating in Sokol activities, I will conduct myself in manner which honors Sokol goals.

STATEMENT: I affirm that I am loyal to the government of the United States of America and that I am not a member of any subversive organization. If admitted to membership of the American Sokol, I promise to be governed by the by-laws in all my activities on behalf of said organization. I represent that to the best of my knowledge and belief the answers to the statements contained in this application are full, complete and correctly recorded. I understand that this application shall be the basis for and a part of any insurance contract issued.

New member signature:_____

AMERICAN SOKOL CORNER

ASO Program Activities (AP) Organization

Activities committee is looking for some ideas how to lead Sokol Organization from stereotype into new interesting actions beside gym drills. They are sending to Units some ideas and it is up to Unit members to select proper sessions and most importantly to select interested person to oversee specific activity. We are sending this info to you for consideration and send us your ideas and suggestions for new activities you want to see in Sokol, which will fit reasonable interest. Our Unit is concentrating on some social events/dancing, picnicking, movie presentation. They can be obviously others, but they are requiring facilitators for each activity, means person who will lead this activity. If somebody will be willing to consider leading his own hobby session, please let us now, send us your E-mail or drop the note.
ASO is providing hints and suggestions for Organization and for organizers of those activities on their Web side (see page of information)

SOKOL UNIT CORNER

Sokols sing for Seniors

Listen – that's a Czech song!..Our Country is welcoming us!" sings Bohuš, an emigrant, upon returning to the Old Coutry, in Dvořák´s opera - Jakobín. Love of music we brought with us to our new country and, frequently, our folk songs are alive and well here, while they slowly fade away from people´s memory in the lands of their origin. The good thing in life don´t just happen, they have to be created and maintained. In the San Francisco Unit of Sokol, we are lucky to have a small group of people who were willing and able to inject a healthy dose of music into our social gatherings. Sister Georgina Teyrovsky is the one who inspired other enthusiasts – Jara Dusatko, Daniel (Bohous) Botcha to name a few, by insisting that we make songs an indispensable part of our get-togethers. Printing and distributing song-books, organizing singing parties, hiring pianists, supplying food and drinks, all necessary ingredients of a success. Let´s face it – we like our little comfort - we listen to the music, watch a movie, in short, we are used to be entertained. Sister Georgina & Brother Edmund Teyrovsky "conspired" to cast us in a different role and in the process turned two dozens of Sokols into nightingales. Under their generous sponsorship we managed to bring some sunshine into the lives of senior residents of Baywood Court in Castro Valley, a relaxing place Teyrovskys now call their home, Georgina is a good organizer and the evening proved that beyond any doubt.

Quite an elaborate affair was this event, compliment of Teyrovskys'. We really felt welcome in a pleasant, spacious room, clean and bright. Sitting at the long, white cloth covered tables, was conductive to many a friendly chat. We were gladly helping ourselves to a sumptuous dinner, starting with cream of spinach soup, pork, chicken or salmon, as a main course, and beer (Plzen!) & wine. Sokols donated plenty of tempting pastry, mostly homemade. To make our meal more enjoyable, a pianist - Mr. John A. Fluetsch, treated us to a porpouri of popular music.

But we were not here only to talk, listen to music, eat and drink. We came to sing our beloved Slovak, Moravian and Czech folk songs for ourselves and for a few residents, willing to wonder into a musical territory, unfamiliar to them. Well, were we surprised! No less that 60 seniors filled the room to capacity. Some had to stay in the hall, luckily our voices were loud enough for them to hear. With a few exceptions we are all amateurs wielding a widely varied singing voice qualities. It fell to our unofficial "Music Director", Daniel Botcha, to unify us into a passable choir. Just explaining to our pianist the intricacies of tempos and often-repeated sections, took Daniel away from his dinner a number of times. He deserves a good part of the credit for what can be rightfully called a resounding success.

The compliments from many listeners, Georgina received the next day, are a testimony to that. A bright idea was to distribute a short translation of each numbered song to the English speaking audience; it definitely helped to brake the language barrier.

Before every song Sister Zivna showed the audience a card with the song's number, so they knew when we were singing about „Nešťastný šafářův dvoreček", or urging them to „Tancuj, tancuj, vykrůcaj", or admiring „Tovačov, Tovačov, Tovačovský zámek". Daniel's conducting organized our voices into unison, although some brave souls dared to venture into ear pleasing harmonies, well received by the audience. If you were one of the singers you have experienced the high of satisfaction from being appreciated. We ended our production somehow sooner than planned, I guess we tried too hard and started running out of steam. To forge our bond with the audience, we parted with an American song – God Bless America, a good choice, as was witnessed by tears in the eyes of some listeners.
A few glitches were inevitable, this was the first time our evening of folk song was not held at the organizers' home: we failed to take a break and then, tired, stopped singing before the schedule time. Also, at the management's request, Teyrovskys secured a shuttle service to and from a nearby parking lot, so we do not use any of the small number of parking spots Baywood has available, but most of the visitors did not take advantage of this offer. And last, but not least, Brother Edmund was indisposed and could not participate. He was sorely missed and we wish him good health.
It was a rewarding experience for all participants; let's hope we can sustain the spirit and energy for our future gathering and that next time there will be twice as many in our choir.

Nazdar, Zdenek Vernak.

Saint Nicholas visits Sokol.

Two dozens of stary-eyed children filled the playroom of The Unity church in Castro Valley, for an annual Christmas party organized by Sokol. The room was dominated by the imposing fugure of Petr Linhart's St. Nicholas. His athoritative presens was complemented by a soft-voiced angel arriving for the accassion on a pair of wings, not her own, all the way from Portland, Oregon – Ms. Lucy Pintican. What a dedication! Two large bags of goodies, supplied by Sokol, were attracting many a curious kid's eye. One by one, they were leaving the safety of mother's or father's arms to receive their gift from the pretty angel, but not before an „inquisiton" by Santa, as to how were they behaving during the year. The thrill of sitting on Santas' lap was too much for one tiny lad: kicking and screaming he dashed into the safety of his mother's hug. When the show was over, Ivanka Linhart started playing piano and everyone with a passing singing voice joined in the choir, belting out our well known Christmas carrolls, some modern, some written in the Middle ages. One of the more popular older songs – "Nesem vam noviny..." (We bring you the news...) can be heard on the local radio stations, once in a while. Even the previously panicked boy was having fun, now. You can have it too, next year, so mark you calendar for the first Saturday in December, 2009, we'll be glad to see you and your little ones.

Our thanks belong to all who contributed to the success of this bright December afternoon.

Nazdar, Zdenek Vernak.

Ring in the New Year 2009!

On the last Saturday of 2008, only 48 pairs of legs threaded the parquet at the Taragon restaurant in Sunnyvale, where have all the Sokols gone?
Winter evenings darken the skies early, posing a challenge to our old eyes on long drives home at night, and some members are discouraged from attending our dances for that reason. Coming by Caltrain can solve this problem - the station is half a block away from Tarragon, a short walk (121 W. Evelyn Ave, Sunnyvale 94086). Or, you can reserve a hotel room at a nearby hotel. One of several hotels in the vicinity, Great Western, was charging $105 for a double, including a full breakfast in the morning. Even with this additional expense, it's a good deal: for less than $40, you get a dinner, free drinks and live music. Sokol is sponsoring every dance evening by a couple of thousand of dollars, so why not take advantage of that?

The "grumpy generation" of seventy-plus appreciated The Alpiners' venture into popular music of the Sixties: who would not recognize hits from the famous theater in Prague - "Semafor"! Even without Waldemar Matuska's lead, we muttered the familiar lyrics to "Zuzana" and "Jo, tresne zraly.." (The cherries were just ripening..) digging up a word after word from our dusty memories.
The diner - steak, chicken breast or salmon, was excellent, no surprise, there.
Teyrovsky's daughter, Helenka, postponed her departure to take the lead in our traditional "snake dance"; since the official Master of ceremonies - Georgina, could not attend due to her temporary indisposition. We are happy to see that this tradition stays in the Teyrovsky family; thanks, Helenka! Not everyone is enthusiastic about participating in this fast paced exercise, but it is a good opportunity to draw almost everybody into some fun action. The following "chicken dance" put a smile on every face and sent us on our way home in a good mood.
For the New Year 2009 we wish you all that keeps you well, happy and safe!

Nazdar, Zdenek Vernak.

Cross-Czechs Hockey played by our new members

37795	Thu Feb 5	8:45 PM	Oakland Olympic	SIAHL@OK	Silver B	Iceholes	Cross-Czechs	Regular 17
37731	Thu Feb 12	10:45 PM	Oakland NHL	SIAHL@OK	Silver B	Cross-Czechs	Switchblades	Regular 18
37500	Tue Feb 17	10:15 PM	Oakland Olympic	SIAHL@OK	Silver B	Cross-Czechs	Black Dogs	Regular 19
37801	Thu Feb 26	8:45 PM	Oakland Olympic	SIAHL@OK	Silver B	Earthquakes	Cross-Czechs	Regular 20
37740	Thu Mar 5	10:45 PM	Oakland NHL	SIAHL@OK	Silver B	Puck Ups	Cross-Czechs	Regular 21
37741	Thu Mar 12	7:45 PM	Oakland NHL	SIAHL@OK	Silver B	Cross-Czechs	Mighty Owls	Regular 22

§ Legal Advice in Czech & Slovak

by Attorney at Law in Czech Republic
JUDr. Jan Kerbach

Offers legal service in civil law, family law (divorce etc.), real estate law, prosecution, company start-up, representative at court and other.
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Tel: cell 011 420 607940630 or 011420257922971

It's Never Too Late to Protect Your Bones

No matter what your age or exercise background, you can protect the health of your bones. While physical activity renews your muscles and lowers your cancer risk, it also gives you the added benefit of maintaining your bone density and reducing the risk of falling.

BONES MAY NOT LOOK ALIVE, like skin or a beating heart do, but bone is living tissue made of bone cells. When you do weight-bearing exercise, like walking, aerobics or weight lifting, your muscles move against resistance by contracting. Contracting muscles, which are attached to bones by tendons, pull on your bones. This forces the bone to become stronger and denser in anticipation for the next pulling (weight-bearing) activity. That's how building muscle also helps to protect your bones.

Exercise for building bones should consist of 1) strength training, 2) flexibility, 3) reaction speed and 4) balance.

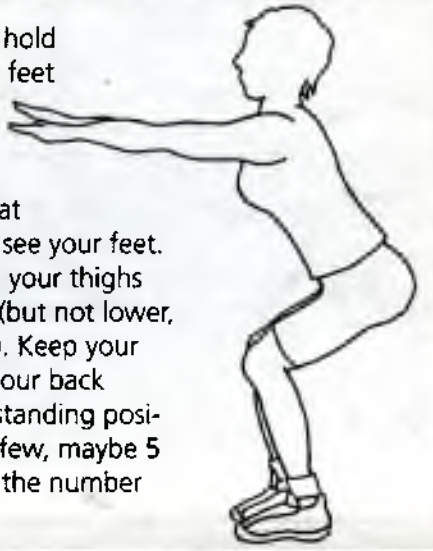
Some physical therapists and programs for seniors start with balance exercises. But before balance, exercises that strengthen your muscles need to come first. And balance testing by a physical therapist is covered by Medicare.

"Focusing on balance training before developing these more important attributes [1, 2 and 3] will not deliver the results," says Dr. Jade Teta, a physician and conditioning specialist from North Carolina.

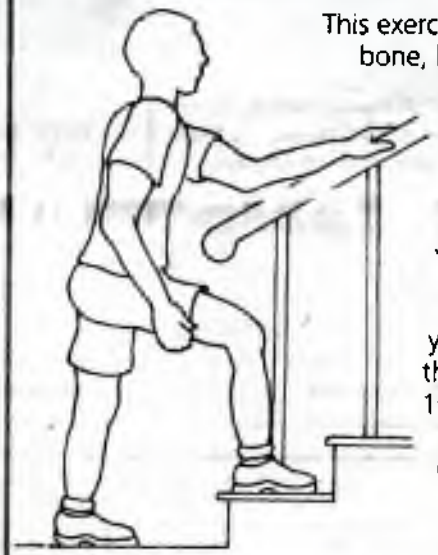
"A person in danger of falling and breaking a hip does not fall in slow motion, but instead must react with lightning muscular speed and have adequate bone strength to keep from injury," she explains.

"For bone to get stronger, it needs to be loaded along its length. For instance, a squat exercise loads the bone in a linear fashion down the spine into the hips and down the legs. Also, the load must be heavy enough to force the bone to respond."

Sitting on a stability ball doesn't load the leg bones with an even amount of stress as plain squats from a standing position do. "Squats develop a base of strength and power first," Dr. Teta points out. In turn, the risk of falling is reduced.



To do squats, try not to hold onto anything. Set your feet hip-width apart and hold your arms out straight in front of you. Bend your knees to squat until you can no longer see your feet. You can go farther until your thighs are parallel to the floor (but not lower, which may cause injury). Keep your heels on the floor and your back straight. Then rise to a standing position again. Start with a few, maybe 5 each day, then increase the number and try to go lower.



This exercise is an easy way to build bone, balance and coordination. First, stand on your toes and then let your body weight back down so that your heel gently strikes the floor. Then try using a step on a staircase with a banister available to grab (only if you lose your balance), and step up then back down, repeating 10 times for each leg. Over time, increase the height of the step – for example, step two steps higher instead of one.

You can also build your bones through step aerobics, very brisk walking and jogging. If you use a treadmill, do not hold on to the rail, because this will weaken your body's balance efficiency and eliminate the weight-bearing effect.

INFORMATION CORNER

Information



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Mobil phone: 650.996.7473 , Phone: 925.457.8380, Fax: 866.224.1941
Email: bpivnicka@earthlink.net

Sokol Committee Meeting is every second Tuesday, every month at 7:30 PM in Bay Area Executive Offices, 533 Airport Blvd. Suite 400, 4th floor Burlingame, CA 94010

American Sokol Headquarters new address:
9126 Ogden Ave., Brookfield IL 60513, phone: 630.368.0771, fax 630.368.0758
E-mail: ASO@American-Sokol.org

Sokol & Czech related WEB Pages:

http://www.csplanet.com/
http://www.columbia.edu/~js322/czech.html
http://www.sokol-cos.cz/cos/testweb.nsf
http://www.american-sokol.org/
http://www.sokolunderground.com/
http://www.slovakcatholicsokol.org/who.htm
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Věstník Schedule:

Deadline for contributions WINTER December 31 with a publication date January 31
Deadline for contributions SPRING February 28 with a publication date March 31
Deadline for contributions SUMMER May 31 with a publication date June 30
Deadline for contributions FALL September 30 with a publication date October 31



Ondrej Kojnok passed away in his native land of Slovakia.
Ondrej was a long time Sokol member, supporter, layer and contributor. He had a lot of friends helping them with legal advise with reasonable fees and most of the time free of charge for Sokol members.
Unfortunately his terminal illness finished his life prematurely. He will be always remembered for his good spirit, sense of humor and friendliness. Sokol Unit is expressing condolence to his family and his wife Alenka.

Good by Ondrej and God bless your soul we will always remember your smiling happy face.

Jan Kaplický (18. dubna 1937, Praha – 14. ledna 2009, tamtéž[1]) byl český architekt, žijící od své emigrace v roce 1968 ve Velké Británii.

Kaplický se narodil v Praze do umělecké rodiny. Jeho matka, Jiřina Kaplická, byla kreslířka a jeho otec, Josef Kaplický, byl malíř, architekt a sochař. V Praze vystudoval Vysokou školu uměleckoprůmyslovou, načež nějaký čas působil na volné noze.[2] V roce 1968 emigroval do Anglie. První architektonickou kanceláří, ve které působil, byla v letech 1969–1971 *Denys Lasdun and Partners*.[3] Poté byl zaměstnán v ateliéru Renza Piana a Richarda Rogerse, kde se podílel na projektu pařížského Centre Georges Pompidou (realizováno 1971–1977). V roce 1979 založil společně s Davidem Nixonem architektonické studio Future Systems, ve kterém působil až do své smrti.

Zemřel 14. ledna 2009 v Praze. Náhle mu selhalo srdce, když procházel ulicí Československé armády nedaleko Vítězného náměstí v den, kdy mu jeho druhá žena Eliška[4] porodila dceru Johannu. Přivolaným záchranářům se ho již oživit nepodařilo.

Je představitelem high-tech architektury, v posledních letech experimenoval s organickou architekturou, která se inspiruje přírodními tvary. Spolupracoval s předními světovými architekty, například Richardem Rogersem či Normanem Fosterem.

V poslední době zaujal architekt světovou veřejnost především stavbou obchodního domu Selfridges building v Birminghamu, za kterou získal mnohá významná ocenění a došel všeobecného uznání. Včetně tiskového centra na kriketovém stadionu v Londýně

Kromě působení v oblasti architektury a designu se Kaplický podílel i na výuce na univerzitách ve Velké Británii, Francii a Německu. V Česku bylo vydáno několik jeho knih (*Album*, *Česká inspirace*, *Sketches*).

Mezi poslední Kaplického návrhy patří:

- Koncertní a kongresové centrum Antonína Dvořáka v Českých Budějovicích
- Národní knihovna na Letné v Praze
- Naples Subway Universita 2003
- Project Zed London
- Green Bird

Realizace vítězného projektu *Future systems* na muzeum Maserati v Modeně je plánována na rok 2009.

V Česku vešel v širší známost veřejnou diskusí, kterou vyvolal jeho návrh na novou budovu Národní knihovny na Letenské pláni v Praze, organického tvaru zeleno-žluto-bílé barvy s fialovými skvrnami, novináři přezdívané chobotnice nebo blob. Důvodem diskuse bylo nejen modernistické pojetí budovy, ale především vyhodnocení architektonické soutěže, v níž byl jako nejlepší vybrán projekt, který nesplňoval některé základní zadávací podmínky (zejména skladováním knih pod úrovní terénu).

PHONE
This has worked perfectly on my land line phone several years
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YOU WILL BE CHARGED FOR THESE CALLS
To prevent this, call the following number from your cell phone: 888-382-1222.
It is the National DO NOT CALL list. It will only take a minute of your time. It blocks your number for five (5) years. You must call from the cell phone number you want to have blocked. You cannot call from a different phone number.
HELP OTHERS BY PASSING THIS ON TO ALL YOUR FRIENDS.. It takes about 20 seconds

Good wishes from Jag Grewall

POLITICAL CORNER

Thomas Jefferson k bankám
Mám pocit, že je vhodná doba k uveřejnění následujících citátů, píše Jiří Drašnar:

"I believe that banking institutions are more dangerous to our liberties than standing armies. If the American people ever allow private banks to control the issue of their currency, first by inflation and then by deflation, the banks and corporations that will grow up around them will deprive the people of all their property until their children will wake up homeless on the continent their fathers conquered."

"Jsem přesvědčen, že bankovní instituce jsou pro naše svobody nebezpečnější než trvalá armáda. Jestliže američtí občané někdy dovolí soukromým bankám kontrolovat otázku své měny, nejdříve inflací a potom deflací, banky a korporace, které kolem nich vyrostou, je připraví o veškerý majetek, až se jejich děti na kontinentu, který si jejich otcové podmanili, probudí jako bezdomovci."
Thomas Jefferson (1743 - 1826), jeden z tzv. Otců zakladatelů, hlavní autor americké Deklarace nezávislosti a třetí prezident Spojených států amerických, v roce 1802.

WHY ARE WE BANKRUPT?

You may think this is bad,but just wait and see what the next few years bring..
OH! Now I understand!!!

You think the war in Iraq is costing us too much? Read this:
Boy, was I confused. I have been hammered with the propaganda that it is the Iraq war and the war on terror that is bankrupting us. I now find that to be RIDICULOUS.
I hope the following 14 reasons are forwarded over and over again until they are read so many times that the reader gets sick of reading them. I also have included the URL's for verification of all the following facts.

1. $11 Billion to $22 billion is spent on welfare to illegal aliens each year by state governments.
Verify at: http://tinyurl.com/zob77

2. $2.2 Billion dollars a year is spent on food assistance programs such as food stamps, WIC, and free school lunches for illegal aliens.
Verify at: http://www.cis.org/articles/2004/fiscalexec.html

3. $2.5 Billion dollars a year is spent on Medicaid for illegal aliens.
Verify at: http://www.cis.org/articles/2004/fiscalexec.html

4. $12 Billion dollars a year is spent on primary and secondary school education for children here illegally and they cannot speak a word of English!
Verify at: http://transcripts.cnn.com/TRANSCRIPTS/0604/01/ldt.0.html

5. $17 Billion dollars a year is spent for education for the American-born children of illegal aliens, known as anchor babies.
Verify at http://transcripts.cnn.com/TRANSCRIPTS/0604/01/ldt.01.html

6. $3 Million Dollars a DAY is spent to incarcerate illegal aliens.
Verify at: http://transcripts.cnn.com/TRANSCRIPTS/0604/01/ldt.01.html

7. 30% percent of all Federal Prison inmates are illegal aliens. &nb sp;
Verify at: http://transcripts.cnn.com/TRANSCRIPTS/0604/01/ldt.01.html

8. $90 Billion Dollars a year is spent on illegal aliens for Welfare & social services by the American taxpayers.
Verify at: http://premium.cnn.com/TRANSCIPTS/0610/29/ldt.01.html

9. $200 Billion dollars a year in suppressed American wages are caused by the illegal aliens.
Verify at: http://transcripts.cnn.com/TRANSCRIPTS/0604/01/ldt.01.html

10. The illegal aliens in the United States have a crime rate that's two and a half times that of white non-illegal aliens. In particular, their children, are going to make a huge additional crime problem in the US.
Verify at: http://transcripts.cnn.com/TRANSCRIPTS/0606/12/ldt.01.html

11. During the year of 2005 there were 4 to 10 MILLION illegal aliens that crossed our Southern Border also, as many as 19,500 illegal aliens from Terrorist Countries. Millions of pounds of drugs, cocaine, meth, heroin and marijuana, crossed into the U. S from the Southern border.
Verify at: Homeland Security Report: http://tinyurl.com/t9sht

12. The National policy Institute, estimated that the total cost of mass deportation would be between $206 and $230 billion or an average cost of between $41 and $46 billion annually over a five year period.'
Verify at: http://www.nationalpolicyinsti tute.org/pdf/deportation.pdf

13. In 2006 illegal aliens sent home $45 BILLION in remittances to their countries of origin.
Verify at: http://www.rense.com/general75/ niht.htm>

14. 'The Dark Side of Illegal Immigration: Nearly One million sex crimes Committed by Illegal Immigrants In The United States .'
Verify at: http: // www.drdsk.com/articleshtml
The total cost is a whopping $ 338.3 BILLION DOLLARS A YEAR.
Are we THAT stupid?

If this doesn't bother you then just delete the message. If, on the other hand, it does raise the hair on the back of your neck, I hope you forward it to every legal resident in the country including every elected representative in Washington, D.C. - five times a week for as long as it takes to restore some semblance of intelligence in our policies and enforcement thereof.

Editor

LEE IACOCCA: WHERE HAVE ALL THE LEADERS GONE ?

Remember Lee Iacocca, the man who rescued Chrysler Corporation from its death throes? He's flow 82 years old and has a new book, 'Where Have All The Leaders Gone?'. (Amazon $17.75)

Lee Iacocca Says:

'Am I the only guy in this country who's fed up with what's happening? Where the hell is our outrage? We should be screaming bloody murder! We've got a gang of clueless bozos steering our ship of state right over a cliff, we've got corporate gangsters stealing us blind, and we can't even dean up after a hurricane much less build a hybrid car. But instead of getting mad, everyone sits around and nods their heads when the politicians say, 'Stay the course.'

Stay the course? You've got to be kidding. This Is America , not the damned, 'Titanic'. I'll give you a sound bite: 'Throw all the bums out!'

You might think I'm getting senile, that I've gone off my rocker, and maybe I have. But someone has to speak up. I hardly recognize this country anymore.

The most famous business leaders are not the innovators but the guys in handcuffs. While we're fiddling in Iraq ,the Middle East is burning and nobody seems to know what to do. And the press is waving 'pom-poms' instead of asking hard questions. That's not the promise of the' America' my parents and yours traveled across the ocean for. I've had enough. How about you?

I'll go a step further. You can't call yourself a patriot if you're not outraged. This is a fight I'm ready and willing to have. The Biggest 'C, Is Crisis! (Iacocca elaborates on nine Cs of leadership, with crisis being the first.)

Leaders are made, not born. Leadership is forged in times of crisis. It's easy to sit there with your feet up on the desk and talk theory. Or send someone else's kids off to war when you've never seen a battlefield yourself. It's another thing to lead when your world comes tumbling down.

On September 11, 2001, we needed a strong leader more than any other time in our history. We needed a steady hand to guide us out of the ashes. A hell of a mess, so here's where we stand.
We're immersed in a bloody war with no plan for winning and no plan for leaving.
We're running the biggest deficit in the history of the country.

We're losing the manufacturing edge to Asia, while our once-great companies are getting slaughtered by health care costs.

Gas prices are skyrocketing, and nobody in power has a coherent energy policy. Our schools are in trouble.

Our borders are like sieves. The middle class is being squeezed every which way.
These are times that cry out for leadership.

But when you look around, you've got to ask: 'Where have all the leaders gone?' Where are the curious, creative communicators? Where are the people of character, courage, conviction, omnipotence, and common sense? I may be a sucker for alliteration, but I think you get the point.

Name me a leader who has a better idea for homeland security than making us take off our shoes in airports and throw away our shampoo?

We've spent billions of dollars bullding a huge new bureaucracy, and all we know how to do is react to things that have already happened.

Name me one leader who emerged from the crisis of Hurricane Katrina. Congress has yet to spend a single day evaluating the response to the hurricane or demanding accountability for the decisions that were made in the crucial hours after the storm.

Everyone's hunkering down, fingers crossed, hoping it doesn't happen again. Now, that's just crazy. Storms happen. Deal with it. Make a plan. Figure out what you're going to do the next time.

Name me an industry leader who is thinking creatively about how we can restore our competitive edge in manufacturing. Who would have believed that there could ever be a time when 'The Big Three' referred to Japanese car companies? How did this happen, and more important, what are we going to do about it?

Name me a government leader who can articulate a plan for paying down the debit, or solving the energy crisis, or managing the health care problem. The silence is deafening. But these are the crises that are eating away at our country and milking the middle class dry.

I have news for the gang in Congress. We didn't elect you to sit on your asses and do nothing and remain silent while our democracy is being hijacked and our greatness is being replaced with mediocrity. What is everybody so afraid of? That some bonehead on Fox News will call them a name? Give me a break. Why don't you guys show some spine for a change?

Had Enough? Hey, I'm not trying to be the voice of gloom and doom here. I'm trying to light a fire. I'm speaking out because I have hope - I believe in America. In my lifetime, I've had the privilege of living through some of America's greatest moments. I've also experienced some of our worst crises: The 'Great Depression,' 'World War II,' the 'Korean War,' the 'Kennedy Assassination,' the 'Vietnam War,' the 1970's oil crisis, and the struggles of recent years culminating with 9/11.

If I've learned one thing, it's this: 'You don't get anywhere by standing on the sidelines waiting for somebody else to take action. Whether it's buliding a better car or building a better future for our children, we all have a role to play. That's the challenge I'm raising in this book. It's a "Call to Action" for people who, like me, believe in America'. It's not too late, but it's getting pretty dose. So let's shake off the crap and go to work. Let's tell 'em all we've had 'enough.'

Make your own contribution by sending this to everyone you know and care about. It's our country, folks, and it's our future. Our future is at stake!!

PAID ADVERTISEMENT

HELP STOP THE MERGER OF THE UNITED STATES WITH MEXICO AND CANADA

(which is happening in the form of the new "North American Union")

Most Americans have no idea the United States is now on the way to merging with Mexico and Canada and that the dollar could be replaced by a new North American currency called the **"Amero."**

Most Americans have no idea that this merger has been happening slowly over the last 10 years.

And it's all happening in near total secrecy – with no votes in Congress, without so much as a congressional hearing.

A New Superhighway for Millions of Illegal Immigrants

Is this an exaggeration? Consider these developments:

- ✓ A new 10-lane NAFTA Superhighway is being planned right now.
- ✓ This new NAFTA Superhighway is four football fields wide, will cut a wide path through America's heartland and will connect the three countries.
- ✓ As part of this enormous transportation corridor will be tracks for freight trains and a natural gas pipeline.
- ✓ Trucks from Mexico will no longer be required to stop at the border.
- ✓ Mexican trucks will be scanned electronically by the SENTRI system as they speed across the border, and won't be required to stop for inspection until they reach Kansas City.





Do you think illegal immigrants might just be able to hide in these trucks and then get off and slip into our countryside before they reach Kansas City?

My guess is that the NAFTA Superhighway will quickly become an underground superhighway that will allow a flood of illegal immigrants to slip into America by the millions.

Will our Dollar be Replaced by the "Amero?"

The news media is just now noticing that the transition from the dollar to a new North American currency called the "Amero" is much further along than you might think.

You can learn all about the "Amero" just by going to www.YouTube.com and typing "**Amero**" into the **YouTube** search engine.

You'll see news stories on www.YouTube.com by CNN, CNBC, Fox News and other networks.

The Erasing of America's Borders

Under the proposed new **North American Union**, Mexicans, Americans and Canadians will all have the same passport – a North American Union passport.

The pressure of the massive new permanent migration to the U.S. will surely collapse Social Security, Medicare, our educational system and our nation's social services.

It Happened in Europe

Pressure to create this new **North American Union** mega-state was created by the formation of the European Union – which was also done in near total secrecy until it was too late to stop it.

On January 1, 2002, "**Euro**" notes and coins were issued and the national currencies were phased out by 13 of the 15 member nations to date.

The European Union is governed by the **European Council** and the **European Union Parliament**.

The **European Union** now has a **Central Bank** to govern the value of currency, a **police force** and a **court system** that can override the courts of the member countries. European Union **ambassadors** are directed by the **European Defense Agency**.

Margaret Thatcher vehemently opposed Britain's entry into the European Union – warning that this would lead to the end of Britain's sovereignty and independence.

Background of the new "North American Union"

The Blueprint for the "**North American Union**" was outlined by the **Council on Foreign Relations** (CFR) in their 2005 report titled "Building a North American Community."

The CFR report states:

> In March 2005, the leaders of Canada, Mexico, and the United States adopted a **Security and Prosperity Partnership** of North America (SPP), establishing ministerial-level working groups to address both security and economic issues facing North America and setting a short deadline (mid-2006) for reporting back to their countries.

President Bush described the significance of the SPP as putting forward a common commitment "to markets and democracy, freedom and trade, and mutual prosperity and security."

The CFR report continues:

> In these countries should convert from a goal to a long-term goal of dramatically increasing the need for the current security of the governments' ability to control cross-border traffic, from and trade within North America. A large-scale goal for a North American border action plan should be joint screening of inspecting incoming countries at their first point of entry into North America, the elimination of most controls over the temporary movement of these travelers within North America.

So that's the plan in a nutshell – the elimination of borders between the U.S., Mexico and Canada – and only to screen those coming from countries outside the North American Union.

It's All Being Done in Secret

Perhaps most alarming is that all this is being done in secret – which is exactly how the European Union was established. There have been no congressional hearings. It's all being done by "Memorandums of Understanding" between the Administrations of the three governments.



How You Can Help Stop the New North American Union

1) Call your representative in Congress to urge him/her to lead the opposition to the **North American Union**.

You can reach your Congressman in Washington, D.C. by calling 202-224-3121.

2) Please send a contribution to help the Center for Individual Freedom alert and mobilize tens of millions of voters . . . because we can only stop the **North American Union** if voters know about it.

The Center for Individual Freedom has launched a major advertising, Internet and mail campaign designed to alert and mobilize tens of millions of voters across America to put overwhelming pressure on Congress to save the United States of America and an independent and sovereign nation and to stop the **North American Union**.

CONTRIBUTION FORM

To Alert and Mobilize Tens of Millions of Voters
To Stop the North American Union

❑ **Here is my best contribution** to help CFIF to alert and mobilize tens of millions of voters to force Congress to stop the North American Union.

❑ $20 ❑ $50 ❑ $100 ❑ Other $_____

Please write your donation check to
CFIF/Stop the North American Union

Mail To:

Center for Individual Freedom • P.O. Box 11006 • Merrifield, VA 22116-1106

Contributions to the Center for Individual Freedom are not deductible as contributions for federal income tax purposes.

PAID FOR BY A SUPPORTER OF THE CENTER FOR INDIVIDUAL FREEDOM

Comments Made in the Year 1955! That's only 53 years ago!

'I'll tell you one thing, if things keep going the way they are, it's going to be impossible to buy a week's groceries for $20.00.'

'Have you seen the new cars coming out next year? It won't be long before $2,000.[illegible] will only buy a used one.'

'If cigarettes keep going up in price, I'm going to quit. A quarter a pack is ridiculous.'

'Did you hear the post office is thinking about charging a dime just to mail a letter?'

'If they raise the minimum wage to $1.00, nobody will be able to hire outside help at the store.'

'When I first started driving, who would have thought gas would someday cost 29 cents a gallon. Guess we'd be better off leaving the car in the garage.'

'Kids today are impossible. Those duck tail hair cuts make it impossible to stay groomed. Next thing you know, boys will be wearing their hair as long as the girls.'

'I'm afraid to send my kids to the movies any more. Ever since they let Clark Gable get by with saying DAMN in GONE WITH THE WIND, it seems every new movie has either HELL of DAMN in it.'

'I read the other day where some scientist thinks it's possible to put a man on the moon by the end of the century. They even have some fellows they call astronauts preparing for it down in Texas .'

'Did you see where some baseball player just signed a contract for $75,000 a year just to play ball? It wouldn't surprise me if someday they'll be making more than the President.'

'I never thought I'd see the day all our kitchen appliances would be electric. They are even making electric typewriters now.'

'It's too bad things are so tough nowadays. I see where a few married women are having to work to make ends meet.'

'It won't be long before young couples are going to have to hire someone to watch their kids so they can both work.'

'Marriage doesn't mean a thing any more, those Hollywood stars seem to be getting divorced at the drop of a hat.'

'I'm afraid the Volkswagen car is going to open the door to a whole lot of foreign business.'

'Thank goodness I won't live to see the day when the Government takes half our income in taxes. I sometimes wonder if we are electing the best people to congress.'

'The drive-in restaurant is convenient in nice weather, but I seriously doubt they will ever catch on.'

'There is no sense going to Lincoln or Omaha anymore for a weekend, it costs nearly $15.00 a night to stay in a hotel.'

'No one can afford to be sick anymore, at $35.00 a day in the hospital it's too rich for my blood.'

'If they think I'll pay 50 cents for a hair cut, forget it.'

If you know any friends who would get a kick out of these, pass this on!

Be sure and send it to your kids and grandkids

MOVIE CORNER

Sister Jara Dusatko arranged our movie presentation with Stanford building Management for year 2009. February 6th; March 6th; April 10th; May 8th; June 5th. You will be reminded by E-mail before presentation.

Many thanks to Jara.

CZECH CORNER

JAROSLAV SEIFERT IN MEMORIAM
K 23. výročí smrti našeho největšího básníka moderní doby.

Píseň Novoroční

Když měsíc už se přesune
přes půlnoc novoroční,
nekoukej, chlapče, po luně
a nový život počni.

Tohle si vždycky říkávám
v té noci čarodějné.
Když začne rok, ach, jaký
klam, všechno je opět stejné.

tak jsem žil, tak žiji dál
a předsevzetí zchladne.
Z toho, co jsem si předsevzal,
nic už mne nenapadne.

Oslíka jsem měl vždycky rád,
byl pokorný a chudý.
Ježíškovi šel zadýchat
prokřehlé jeho údy.

Tak hodný chtěl jsem taky být,
jak tohle zvíře boží,
jež vodu pije a zná žít
jen z bodláčí a hloží.

Tak jsem letos Kristu dých
na jeho zkřehlé dlaně.
Ježíšek smutně hlavu zdvih
a děl mi zadumaně:

Kdepak jsi hochu zase byl,
jak je tvá vůle vratká!
A já se s hanbou odplížil
od jeslí Jezulátka.

Památce Jana Palacha I. KOVÁŘ
Leden 1969

Chladno Prahy
ohněm duší
se rozehřívá.
Vešel vrah.
Je slyšet jeho smích.
A svět se dívá, pěstí nezabuší ...
Bůh není na dosah.
A padá horký sníh.
Jakže se bráníš,
sirotku malý, národe nadějí
pošlapaných?

Chladno Prahy
se rozehřívá
živým plamenem,
Jednotou naší
rodné líchy
A svět se dívá
na hrot pýchy.
Nehodí kamenem

Cesta do Drážďan - radost cestovat vlakem v ČR

Odjíždím s kamarádkou nakupovat do Drážďan. Je sobota, tudíž zpáteční skupinový lístek (až pro 5 lidí) stojí 490 Kč.

Nasedáme do vlaku. Je neuklizený, ale topí se. Svlékáme postupně vrstvy, tipujeme teplotu na 30 stupňů. Nakonec větráme. Během jízdy zjišťujeme, že na WC neteče voda a nesplachuje záchod. Toaletní papír ale nechybí. Díváme se z okna a pozorujeme kouřící komíny továren.

Na německých hranicích přestupujeme do německého vlaku. Je čistý, uvnitř je příjemné teplo, ale ne vedro. Před každou zastávkou je hlášeno o jakou zastávku se jedná, navíc je vše vidět na displeji. Při zastavování neskřípou brzdy, WC splachuje, voda teče a kromě toaletního papíru jsou zde i ubrousky. Pozorujeme krajinu a upravené domy se zahrádkami.

Přijíždíme do Drážďan. Vítá nás čisté město s příjemnou vánoční výzdobou. Hned v prvním hračkářství zjišťuji, že velká nemocnice Playmobil stojící v Praze v Tescu 5 199Kč a v Praze ve Sparkysu 4 999 Kč tam stojí 112 Euro. V dalším obchodě „Vše za 1 Euro" mají za Euro teplé ponožky, které v Praze v Tylově pasáži stojí 299Kč. Dále narážím na kabelku za 1,50 Euro, podobné mají v Praze na Jungmanově náměstí za 199 Kč. V obchodním domě Karstadt mají levnější potraviny – například čokolády Lindt a velký výběr Bio potravin. Krásný pohled je také na nespočet druhů vánočních kalendářů s čokoládou, které u nás vůbec nemají, včetně hrajících. Cítíme se jako „Alenky v říši divů" – vše nádherně vyzdobené, obrovský výběr zboží a přitom žádné nekvalitní. V dalších patrech je oblečení a elektronika. Zjišťujeme, že zde mají levnější téměř všechno. Vyjíždíme do posledního patra na oběd. Vítají nás švédské stoly – teplá jídla, ovocné saláty, zeleninové mísy, zákusky, čerstvé džusy, několik druhů kávy. Ceny jsou podobné jako v Čechách, nechybí ani velký dětský koutek. Celá restaurace je nekuřácká. U toalet stojí dvě usměvavé pracovnice, které po každém použití WC vydezinfikují a vytřou. Placení dobrovolné.

Všude u pokladen stojí ve frontách Češi. Nikdo se ale necpe ani nepředbíhá. Jsme překvapené úsměvy a ochotou pokladních a prodavaček. Po pár hodinách táhneme s mnoha dalšími Čechy plné tašky zboží a plazíme se zpět k vlaku. Na levnější drogerii, plavky za 7 Euro, Bio potraviny a sportovní zboží už nám nezbývá čas ani volné ruce. Zase příště. Cestou se ještě díváme na vánoční trhy. Nakupujeme banánový muffin za 1 Euro. Chutná dokonce lépe než banánový muffin v Praze v Palladii za 65 Kč. Dát si „svařák" s postávajícími a klábosícími Němci už nestačíme.

Nastupujeme opět do čistého vlaku, při příjezdu neskřípou brzdy. WC je čisté, nechybí toaletní papír a teče voda. Při přestupu v Ústí nad Labem se jdeme podívat do čekárny. Vítá nás několik bezdomovců a dva opilci vykřikující cosi nesrozumitelného. Po chvíli jdeme raději čekat ven na perón. Přijíždí vlak, zapomněly jsme si přidržet uši a málem ohluchly. Ve vlaku se netopí a WC nesplachuje. Dozvídám se tak, co vše tam zanechali lidé, kteří byli na WC před námi. Voda neteče, toaletní papír došel V Praze vystupujeme „pouze" s několikaminutovým zpožděním. Vítá nás ošuntělé nádraží a potácející se lidé. Na zemi se válí odpadky. Vracíme se do svých domovů a dáváme si pozor abychom nešlápli do exkrementů, které nejsou ve tmě tolik vidět. Jsme rády, že jsme to přežily a nikdo nás nepřepadl.

LAUGHING CORNER

Adam and Eva

Adam was walking around the Garden ot Eden felling very lonely, so God asked! Adam, "What is wrong?"
Adam said he didn't have anyone to talk to. God said he was going to give him a companion and it would be a woman. He said this person will cook for you and wash your clothes. She will always agree with every decision you make. She will bear your children and never ask you to get up in the middle ot the night to take care of them. She will not nag you, and will always be the first to admit she was wrong when you've had a disagreement. She will never have a headache, and will freely give you love and campassion whnen ever needed.
Adam asked God, "What would a woman like this cost?"
Gm? said, "An arm and a leg.'
Adam said, "What I get for just a rib?"
The rest is history.

Aaron met Khon and asking Khon how he is surviving this investment and economy nightmare?
"Just great", answered Khon "I sleep like a baby". "How could you Khon in this very serious situation", Aaron replies.
"Well", Khon is answering "I am waking up three times during night, finding myself wet twice, like a baby".

Why we have more people in the world than monkeys? Because intercourse is more comfortable in the bed than on the branches.

Which milk is the best? Maternal, because it has mostly very pleasant source.

Why Carmen always loved toreador? Because he was daring, cute and always on the watch.

What chicken thinks about if hen runs after her? Well, few more curves, he will not think that I am a whore.

Is it possible that women can get pregnant while she is running. More unlikely, because man runs much slower with pants down than woman with a skirt up.

Little Johnny's : A new teacher was trying to make use of her psychology courses. She started her class by saying,' Everyone who thinks they're stupid, stand up!' After a few seconds, Little Johnny stood up. The teacher said, 'Do you think you're stupid, Little Johnny?' 'No, ma'am, but I hate to see you standing there all by yourself!'

Little Johnny watched, fascinated, as his mother smoothed cold cream on her face. 'Why do you do that, mommy?' he asked. 'To make myself beautiful,' said his mother, who then began removing the cream with a tissue. 'What's the matter?' asked Little Johnny. 'Giving up?'

The math teacher saw that little Johnny wasn't paying attention in class. She called on him and said, 'Johnny! What are 2 and 4 and 28 and 44?' Little Johnny quickly replied, 'NBC, FOX, ESPN and the Cartoon Network!'

Little Johnny's kindergarten class was on a field trip to their local police station where they saw pictures tacked to a bulletin board of the 10 most wanted criminals. One of the youngsters pointed to a picture and asked if it really was the photo of a wanted person. 'Yes,' said the policeman. 'The detectives want very badly to capture him.' Little Johnny asked, 'Why didn't you keep him when you took his picture?'

Little Johnny attended a horse auction with his father. He watched as his father moved from horse to horse, running his hands up and owns the horse's legs and rump, and chest. After a few minutes, Johnny asked, 'Dad, why are you doing that?' His father replied, 'because when I'm buying horses, I have to make sure that they are healthy and in good shape before I buy. Johnny, looking worried, said, 'Dad, I think the UPS guy wants to buy Mom.'
If this brightened your day, don't let it stop here.

Pass it on with a smile. Keep spreading the cheer! Pass on to your friends! They like Johnny too ya know!

How we have paid dues

Sokol San Francisco Membersip

P=Paid, N= Not Paid

	B	C	D	E	F	G	H	I	K	M
1	**First Name**	**Last Name**	**Address**	**City**	**ST**	**Zip Code**	**F**	**M**	**P 07**	**P 08**
2	Anna	Bobb	5748 Parksite Pl.	Newark,	CA	94560	1		P	P
3	Jarmila	Bochenek	755 Raymundo Ave.	Los Altos,	CA	94024-3139	1		P	P
4	Patricia	Buckley	6414 76th St. Ct. W.	Lakewood	WA	98499-3441	1			Pnew
5	Ludvik	Brezula	3946 Wilson Ave.	Castro Valley,	CA	95546		1		Pnew
6	Marek	Brezula	3946 Wilson Ave.	Castro Valley,	CA	95546		1		Pnew
7	Paul A.	Burda	213 Westvale Court	San Ramon,	CA	94583		1	P	P
8	John	Cambus	121 Lakewood Rd.	Walnut Creek,	CA	94598-4720		1	P	P
9	Vladka	Cambus	121 Lakewood Rd.	Walnut Creek,	CA	94598-4720	1		P	P
10	Evelyn	Cheever	37653 Glenmoor Dr.	Freemont,	CA	94536	1		P	P
11	Stanley	Cheever	37653 Glenmoor Dr.	Freemont,	CA	94536		1	P	P
12	Dagmar	Crichton	1873 Greenwitch St.	San Francisco,	CA	94123	1		P	N
13	**THIS IS YOUR LAST VESTNIK – DUES 2008 ARE NOT PAID**									
14	Frank	Dlask	451 Santa Margarita Ave.	Menlo Park,	CA	94025		1	P	P
15	Jarmila	Dlask	451 Santa Margarita Ave.	Menlo Park,	CA	94025	1		P	P
16	Blanche	Duffey	249 W. Poplar Ave.	San Mateo,	CA	94402	1		P	P
17	Jaroslava	Dusatko	1001 Evelyn Ter. E. # 168	Sunnyvale,	CA	94086	1		P	P
18	Milan	Dusatko	1001 Evelyn Ter. E. # 168	Sunnyvale,	CA	94086		1	P	P
19	David	Folke	101 Kinros Dr.	Walnut Creek,	CA	94596		1		Pnew
20	Eva	Folke	18 Marques Pl.	Danvile	CA	94526	1			Pnew
21	Miloslav	Folke	18 Marques Pl.	Danvile	CA	94526		1		Pnew
22	Shirley A.	Gangelhoff	1319 Speers Ave.	San Mateo,	CA	94403	1		P	P
23	Tami M.	Gangelhoff	2151 Carlmont Dr., # 203	Belmont	CA	94002	1		P	P
24	George	Goupille	879 Partridge Ave.	MenloPark,	CA	94025-5215		1	P	P
25	Philip	Goupille	879 Partridge Ave.	Menlo Park,	CA	94025-5215		1		Pnew
26	Stephan	Goupille	879 Partridge Ave.	MenloPark,	CA	94025-5215		1	P	P
27	Vera	Goupille	879 Partridge Ave.	MenloPark,	CA	94025-5215	1		P	P
28	Petr	Hancik	509 Camelback	Pleasant Hill,	CA	94523		1		Pnew
29	Vera	Horn	800 N. El Camino # 203	San Mateo,	CA	94401-3760	1		P	P
30	Vaclav	Hrdina	20287 John Dr.	Castro Valley,	CA	94546		1	P	N
31	**THIS IS YOUR LAST VESTNIK – DUES 2008 ARE NOT PAID**									
32	Henry	Husak	19447 Victona Court	Sonoma,	CA	95476-3847		1	P	N
33	**THIS IS YOUR LAST VESTNIK – DUES 2008 ARE NOT PAID**									
34	Jarmila	Jancarik	154 Woodbury Ct.	Walnut Creek,	CA	94596	1			Pnew
35	Jiri	Jancarik	154 Woodbury Ct.	Walnut Creek,	CA	94596		1		Pnew
36	Debra	Jakob	5656 Oceanview Dr.	Oakland,	CA	94618	1			Pnew
37	Bohumla	Janac	18955 Palo Oaks Ct.	Saratoga,	CA	95070	1		Pnew	P
38	Jan	Janku	10 Villanova Ln.	Oakland,	CA	94611		1	P	P
39	Joan	Kemr	476 32nd Ave.	San Francisco,	CA	94121-1724	1		P	P
40	Helena	Kozler	176 Corte Anita	Greenbrae,	CA	94904	1		P	P
41	Eva	Kryska	1120 Newell Rd.	Palo Alto,	CA	94303	1		P	P
42	Jiri	Kucera	21901 Monte Ct.	Cupertino,	CA	95014		1	P	N
43	**THIS IS YOUR LAST VESTNIK – DUES 2008 ARE NOT PAID**									
44	Vlasta	Kucera	539 Hillcrest Rd.	San Carlos,	CA	94070-1920	1		P	N
45	**THIS IS YOUR LAST VESTNIK – DUES 2008 ARE NOT PAID**									
46	Jan	Kucera Jr.	21917 Oakview	Cupertino,	CA	95014		1	P	N
47	**THIS IS YOUR LAST VESTNIK – DUES 2008 ARE NOT PAID**									
48	Ivanka	Linhart	P.O. Box 1172	Soulsbyville,	CA	95372	1		P	P
49	Petr	Linhart	P.O. Box 1172	Soulsbyville,	CA	95372		1	P	P
50	Alexander	Livingston	19617 Forest Ave.	Castro Valley,	CA	94546		1		P
51	David	Livingston	19617 Forest Ave.	Castro Valley,	CA	94546		1	P	P
52	Helenka	Livingston	19617 Forest Ave.	Castro Valley,	CA	94546	1		P	P
53	Dan	Livinsgton	19617 Forest. Ave.	Castro Valley,	CA	94546		1	P	P
54	Victor	Machacek	1655 Funston Ave.	San Francisco,	CA	94122		1	P	P
55	Lida	Mikes	115 Los Vientos Way	San Carlos,	CA	94070	1		P	P
56	Frank	Miksa	7 Royston Walk	Pleasant Hill,	CA	94523		1	P	P
57	Blanche	Milner	1500 Held Dr. # 67	Modesto,	CA	95355	1		P	P
58	Ludvik	Mlynek	1225 Warner Ct.	Lafayette,	CA	94549		1	P	P
59	Alena H.	Navarra	5452 Jonathan Dr.	Newark,	CA	94560	1		P	P
60	Charles M.	Navarra	5452 Jonathan Dr.	Newark,	CA	94560		1	P	P
61										

How we have paid dues

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	B	C	D	E	F	G	H	I	K	M
62	**First Name**	**Last Name**	**Address**	**City**	**ST**	**Zip Code**	**F**	**M**	**P 07**	**P 08**
63	Jan	Nemec	1521 Saint Alphonfus Way	Alamo,	CA	94507-1570		1	P	N
64	**THIS IS YOUR LAST VESTNIK – DUES 2008 ARE NOT PAID**									
65	Rita	Nemec	1521 Saint Alphonsus Way	Alamo,	CA	94507-1570	1		P	N
66	**THIS IS YOUR LAST VESTNIK – DUES 2008 ARE NOT PAID**									
67	Ludmila	O'Donell	3424 NE. 35th Ave.	Portland	OR	97212	1		P	P
68	Alena	Picha	650 Newhaven Ct.	Walnut Creek,	CA	94598	1		P	P
69	Frank	Picha	650 Newhaven Ct.	Walnut Creek,	CA	94598		1	P	P
70	Eva	Plachy	717 Best Ct.	San Carlos,	CA	94070-1544	1		P	P
71	Ivo	Plachy	717 Best Ct.	San Carlos,	CA	94070-1544		1	P	P
72	Zdena Derner	Rashkin	21780 Via Regina	Saratoga,	CA	95070	1		P	P
73	Jaroslav	Rosicky	16714 Selby Dr.	San Leandro,	CA	94578		1	P	P
74	Michelle	Ruff	324 Via La Paz	Greenbrae,	CA	94904	1		P	P
75	Dagmar	Rus	628 Newlands Ave.	San Mateo,	CA	94403	1		P	P
76	Ruda	Rus	628 Newlands Ave.	San Mateo,	CA	94403		1	P	P
77	Jaroslav	Sedivy	1289 Kentucky Dr.	Concord	CA	94520		1		Pnew
78	Marta	Sehnal	7415 Alpine Road	La Honda,	CA	94020	1		P	P
79	Albert	Sieber	231 Auburn Ave.	Santa Cruz	CA	95060		1	P	P
80	Libuse	Sikl	418 Patricia Ave.	San Mateo,	CA	94401	1		P	P
81	Kamil	Skapa	894 S. Flamingo Court	Denver,	CO	80246-2323		1	P	P
82	George I.	Skoda	3400 Princeton Way	Santa Clara,	CA	95051-5526		1	P	P
83	Marcelle	Skubna	616 Eve St.	Napa,	CA	94559	1		P	P
84	Desider E.	Slavoj	22 Ord Ct.	San Francisco,	CA	94114-1417		1	P	P
85	Marcela A.	Sleep	7405 Hacienda Way	Felton	CA	95018	1		Pnew	P
86	Jirina	Smerhovska	2440 15 th St.	San Francisco,	CA	94114	1		P	P
87	Karel	Snajberk	916 Regal Road	Berkeley,	CA	94708		1	P	P
88	Milena	Snajberk	916 Regal Road	Berkeley,	CA	94708	1		P	P
89	George	Spanek	1425 Broadway Sw. # 11	Burlingame,	CA	94010		1	P	N
90	**THIS IS YOUR LAST VESTNIK – DUES 2008 ARE NOT PAID**									
91	Henry J.	Sredl	P.O. Box 1029	Center Harbor,	NH	03226-1029		1	P	P
92	Radek	Stalcik	255 Coggins Dr. # F15	Pleasant Hill,	CA	94523		1		Pnew
93	Karel	Stipek	22420 A Walnut Cir.N.	Cupertino,	CA	95014		1	P	P
94	Martha	Stipek	22420 A Walnut Cir.N.	Cupertino,	CA	95014	1		P	P
95	Walter	Strach	783 Ajax Dr.	Sunnyvale,	CA	94086		1		Pnew
96	Petr	Sulek	570 El Camino Real # 150	Redwood City	CA	94063		1		Pnew
97	Eugenia	Sullivan	P.O.Box 9651	So. Lake Tahoe,	CA	95731	1		P	P
98	Edmund	Teyrovsky	26563 Durham Way	Hayward,	CA	94542		1	P	P
99	Georgina	Teyrovsky	26563 Durham Way	Hayward,	CA	94542	1		P	P
100	Angie	Tomanek	26612 Durham Way	Hayward,	CA	94542	1		P	N
101	**THIS IS YOUR LAST VESTNIK – DUES 2008 ARE NOT PAID**									
102	Tomas	Tomanek	26612 Durham Way	Hayward,	CA	94542		1	P	N
103	**THIS IS YOUR LAST VESTNIK – DUES 2008 ARE NOT PAID**									
104	Dana	Tupy	13188 La Cresta Dr.	Los Altos,	CA	94022-1941	1		P	N
105	**THIS IS YOUR LAST VESTNIK – DUES 2008 ARE NOT PAID**									
106	George	Tupy	13188 La Cresta Dr.	Los Altos,	CA	94022-1941		1	P	N
107	**THIS IS YOUR LAST VESTNIK – DUES 2008 ARE NOT PAID**									
108	Petr	Vacek	5138 Golden Gate Ave.	Oakland,	CA	94618		1		Pnew
109	Helena	Vernak	2724 Mason Lane	San Mateo,	CA	94403-2613	1		P	P
110	Zdenek	Vernak	2724 Mason Lane	San Mateo,	CA	94403-2613		1	P	P
111	Milos	Zivny	10815 Breed Ave.	Oakland,	CA	94603		1	P	P
112	Zelka	Zivny	10815 Breed Ave.	Oakland,	CA	94603	1		P	P
113	Ashka	Zrzavy	654 Oregon St.	Sonoma,	CA	95476	1		P	P
114	Lada	Zrzavy	654 Oregon St.	Sonoma,	CA	95476		1	P	P
115										
116	TOTAL						47	51		



American Sokol Slet Summer 2009 Fort Worth, Texas, USA www.SLET2009.com

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