American Sokol
Sokol San Francisco

SOKOL SAN FRANCISCO INC.
GYMNASTIC ASSOCIATION
EDUCATIONAL-SOCIAL AND
CHARITY NON-PROFIT CULTURAL
ORGANIZATION



P.O. Box 5252, Walnut Creek, CA 94596-9998
E-mail: sokolsf@gmail.com



VĚSTNÍK

WINTER 2010



SOKOL SAN FRANCISCO OFFICERS 2011

President	Jara Dusatko
1st Vice-president	Georgina Teyrovsky
2nd Vice-president	Zdenek Vernak
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Financial Secretaty	Paul Burda
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Membership Director	Milan Dusatko
Committee for New Members Acquisition	Milos Zivny, Paul Burda
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Men's Director	Milos Zivny
Women's Director	
Auditing Committee	Jarmila Jancarik, Marta Sehnal, Jiri Jancarik
Budget and Finance Committee	Paul Burda, Zdenek Vernak, Jiri Jancarik, Milos Zivny
Entertainment Committee	Zdenek Vernak, Milos Zivny
Zupa Representatives	Jara Dusatko, Jiri Jancarik

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"Life is not measured by the number of breaths we take, but by the moments that take our breaths away. Endure, grieve, and move on. The only person, who is with us our entire life, is ourself.

Be ALIVE while you are alive!"

SOKOL UNIT CORNER

Sokol dues and donation 2010:

We are very thankful for your thoughtful contribution and support to American Sokol San Francisco Unit. Up to date, we acknowledge donations from attendees of films sessions $270.00 and $1088.59 of individual donations as follows:

In memory of E.Teyrovsky-L. Zrzavy $40; V.&J. Cambus S40.
In memory of Milena Snajberk- K. Snajberk $500.

H. Sredl $45; G.Teyrovsky $20; F.Miksa $50; P. Burda $ 51.59; K&M. Snajberk $60; H.Husak $50;
V. Vernak $32; B.Duffey $25; V. Machacek $60, J. Kucera $5, J.Kemr $5, CSA Fratelnal Life $100;
V. Horn $5.

American Sokol is a Non-profit Organization; your donation is tax deductible. Keep your bank check as your receipt. Membership dues are not deductible. They are supporting Headquarters ASO in Chicago paying whole American Sokol actions across US.

Paul A Burda, Sokol Financial Secretary

How we have paid our dues, see pages 15 & 16

Brothers and Sisters:
Unit has actively registred 40 women and 40 men up to date. All registered members had dues 2010 paid. DUES 2011are due by February 28th 2011. Thank You for Your cooperation.

Sokol Gymnastics Association
Sokol San Francisco, P.O. Box 5252, Walnut Creek, CA 94596-9998
E-mail: sokolsf@gmail.com

Payment Dues 2011

SEND WITH YOUR PAYMENT	KEEP FOR YOUR RECORDS
2011 Dues are $35, late fee $5 after 2-28-11. **Membership reinstatement fee $5.** **Membership Dues sent $.....** **New members add $5 processing fee to American Sokol Headquarters in Brookfield, Illinois** **Donation/Contribution.....** **Name:.....** **Sent amount.....** **Address.....** **City.....State....Zip.....**	**Sokol San Francisco Dues 2011** **Date** **Check No**

Welcome the new year 2011 by President Jara Dusatko:

Our organization is based on athletic and gymnastic activities, educational-social and charity non-profit activities. During last year, the Sokol activities were mostly social, for example picnics 2x a year, dinner-dances 2x a year, lunch, singing parties 2x a year, and educational through the Věstnik, published 4x a year, and screening Czech movies 9x a year. Gradually we have started including athletic and gymnastic activities as well. In 2006 our unit participated in a "Všesokolský slet" in Prague, and in 2009 in American Festival in Fort-Worth in Texas. Three years ago we welcomed and have supported a group of Czech hockey team players who are very successful in their Silver league in Oakland. They are thankful for every visitor who attends the games and who encourages and supports them. This past year we started monthly walks "Walks for health" here in Bay Area which offer lots of opportunities to visit beautiful places, and to learn about the Bay Area-history, nature, ….
We have also reconnected with other Czech and Slovak organizations in our area-the Czech and Slovak Club, Czechoslovak Society of America Fraternity Life and a young, active group BayCzech.

Our plans for the future are to continue all present activities, to gather more information about history of Sokol San Francisco, to prepare for the 110th anniversary of foundation of our Unit, to participate in the Slet in Prague in 2012 and in American Sokol Slet in St. Louise in Missouri in a year 2013.
You can find more information about all these events in our quarterly Vestnik.

If anyone is interested in joining us in any of these activities, please contact me. We welcome all participants!
On behalf of our Sokol San Francisco Unit, I wish you a happy and successful New Year !

SOKOL SAN FRANCISCO 2011 CALENDAR of EVENTS

DATE	ACTIVITY	EVENT	PLACE
February 4, Friday	Czech Movie Series	Babi Leto/Autumn Spring	Stanford University
February 19, Saturday	Walk for your Health	Historic Alameda	Alameda
March 4, Friday	Czech Movie Series	My Sweet Little Village	Stanford University
March 19, Saturday	Masaryk Dinner-Dance	Tarragon Restaurant	Sunnyvale
April 9, Saturday	Walk for your Health		Novato
April 16, Saturday	Singing Party	Baywood, sis. Teyrovsky	Castro Valley
May 6, Friday	Czech Movie Series	You Kiss Like a God	Stanford University
May *,Saturday	Walk to T.G.M. bust	With CSA Fratelnal Life	Golden Gate Park
June 18, Saturday	Picnic	Lake Chabot	Castro Valley
July 30, Saturday	Walk for your Health	Mt. Tamalpais to	Stinson Beach
September 10, Saturday	Picnic	Lake Chabot	Castro Valley
October 22, Saturday	Walk and Lunch	Rem. October 28, El Torito	San Leandro Marina
December 3, Saturday	Annual Meeting	20121 Santa Maria church	Castro Valley
December 3, Saturday	St. Nicolas Party	20121 Santa Maria church	Castro Valley
December 30, Friday	Dinner-Dance	The End of The Year	Taragon , Sunnyvale

More Czech movies in the Series with the Special Language Program at Stanford will be announced for the last four months of the year.
*The date will be announced later. Since some elderly members of Sokol and Fraternal Life will attend we want to be sure it will not rain in San Francisco.

Sokol Members and Committee Meeting is every second Tuesday each month at 7:15 PM in Baywood Court, 21966 Dolores St. # 243, Castro Valley, CA 94546

Sokols bid farewell to the old year of 2010.

When evaluating the just departed old year, thou neatly dressed in round, number - 2010, a Charles Dickens' opening sentence pops into mind: "It was the best of the times, it was the worst of the times." Both natural and man-made disasters marred its image. On the personal side we sorely missed the smile and wit of Brother Edmund Teyrovsky , who left his family, friends and his Sokol Brothers & Sisters a year ago on the 2nd of January, God bless his soul.

As we all know, bad news loves company and before we let go and celebrate the New Year, we have to share with you another sad story. AlpinersUSA 's bandleader, Joe Domitrovich writes: "I am sorry to pass along the news that Chuck McCabe, who often appeared as guitarist/vocalist with us, passed away on July 23 due to cancer.....Chuck was a prolific and accomplished songwriter and a friend to everyone in the band.....It was an honor to perform with Chuck and we will miss him this Octoberfest season. The world has lost a talented musician and songwriter and a fantastic human being." Well said.

The State and Nation? You do not want to know. Let me paraphrase refrain of a Tennessee Ernie Ford's song: "You wait only twelve months, what do you get? Another year older and deeper in debt...." The new year just must be better! Our meeting place, Tarragon restaurant, occupies the center of Murphy Avenue. Recently refurbished, this street reminds me of Main street in the small Irish town we visited many years ago. Outdoor cafes, quaint tiny stores, an old fashioned disco club swarmed by a crowd of dance-craving teenagers, Murphy's pub, where you get immersed in the Old world atmosphere with live music, polite patrons silently sipping their drinks and watching the swaying bodies of dancers, overflow crowd on the sidewalk engaged in a lively conversation, all inviting for a slow stroll under now leafless tree branches, donning the season's attire of brightly lit strings of lights. Coming in early has another advantage - you can secure a table of your choice, almost a must, if yours is a larger group and you want to sit together.

Then there is nothing is in our way to enjoy a chat with friends, dancing to the music produced by our old pals, Alpiners of Joe Domitrowich. Dinner of beef steak, chicken breast, salmon or a veggie dish is well prepared, its good taste further enhanced by washing it down with free-flowing wine and beer, its bottomless supply limited only by personal taste and a scary picture of a breath analyzer looming somewhere on the way home.

If you were not induced by Joe's hearty tunes to take a swirl on the dance floor, surely you cannot resist to get off your feet and grab a hand of your neighbor and on your way you are to take a spin around the tables, in a long jolly snake, until it breaks up into dozens of odd couples, dancing with partners they've never put their arms around before.

On balance it was another pleasant gathering of kindred souls, of sharing the latest life stories, of reconnecting with old friends. All that's left for me to say is: If you were not happy with 2010, you can try again with a fresh start into new year of 2011.

Happy new year to "yea all faithful" - from the San Francisco Sokol's Board of Directors.

Zdenek Vernak.

History of the Sokol San Francisco

The story as told by Georgina Teyrovsky.
(continue from Vestnik Fall 2010)

Perhaps this memory on one Saturday and devoted Sokol members belongs here also:

His name was Caslava. He was a cook or even dietary cook (specialized in hospital cooking). He and his wife had twins. When he arrived in California (around 1960) he complained to us: "When I am asking for the position as a cook at our countrymen kitchens they tell me: "You new Czech people here in California think that money is easy to get, without work! They are looking for job not really work! But we earned our reputation the hard way by genuine work! You are going to spoil it by taking it easy and not doing good work!" But he did get the work and loved his work.

Some years later we heard that brother Caslava opened his own restaurant on Union Street in San Francisco. At the next opportunity, which was the Mother Day celebration, we drove to his little restaurant. When we asked br. Caslava how he was doing in his business, all we heard was complaint that many, many, new Czech cooks who just arrived from Australia keep coming to ask for a job at his shop. "And I tell them; you all think that money is easily earned in California without much work! You are looking for a job, but not for work. We old cooks earned our good reputation the hard way by genuine diligent work. And you are going to spoil it by taking it easy and not producing good work!" We could not believe our own ears! They were the same words only coming from the opposite side. Otherwise br. Caslava was devoted Sokol member.

Sokol activities for many long years included volleyball playing. And I have to add passionate and with dedication. I remember the main team was Jan Kucera, Lada Zrzavy, Josef Skrabal, Miroslav Marek, Richard Gunn, br. Stika and others. Also, sis. Vlasta Kucera, Vlasta Stika and both sons Jiri and Jan Kucera. They were mostly tall people. Their ball spikes were smashes so strong that they could break a finger of the recipient. They played for victory with all the passion they possessed; even so the results varied from game to game and were not recorded.

The rest of the members who lacked their volleyball skills and vigor were lucky to be accepted on the field at all. The ball was passed to the best players for possible victorious spike. If the ball at all ever fell on the second rate player it happened quite often that the star of volleyball game arrived out of far and gave to the ball such a whack that he gave a big smack in the chin to the unhappy player, who was in his team. He also added "We have to make points, do not forget!"

The volleyball games were played in Golden Gate Park diligently every Sunday and on Sokol Picnics in Fairfield, Napa or other locations. Time to time, competitions were held with other volleyball groups from other cites. Of course it was always a big event.

The "Sokolovna", the Page Street Sokol building was large, well equipped. Its walls were beautiful decorated by Czech motifs. The motifs were elaborate paintings in real person sizes in nations Czech costumes. It impressed me that they were taken from famous Bedrich Smetana Opera: Bartered Bride. In years 1958-1960 the building was most probably all paid for. As I mentioned the building lacked any parking lot or even designated spaces. One had to park sometime many streets away in order to fine one empty spot. But even bigger problem raised that Page Street in San Francisco area became low income as well as full of crime. In those decades it happened to some areas. It became "dangerous area."

I remember one evening after Friday Sokol gymnastics, I was still talking to another women gymnast in front of Sokol building, when two policemen approached us and said, "Ladies, do you realize that you are in a 'dangerous zone?' full of crimes? You should go the shortest and fastest way to your car. As a matter of fact we will accompany you to your cars for safety reason." They recommended that we leave Sokol building in clusters of more persons.

Our dinner dances sometimes lasted well past midnight. When one guest left the Sokol building alone after midnight two street fighters jumped him and beat him up and stole his wallet and wrist watch. Then they will beat him up more.

So, the building was out for sale. But there were no buyers! It was for sale ten years!

At last, I guess in the year 1965 or 1966 was found Black Church, which with government subsidy could afford to take over and use it!

We all knew that similar building or special building in particular required parking lots in San Francisco. That was the reason why Sokol building was hard to sell. We all knew that similar building with parking lot would be out of Sokols reach.

For the next 3-4 years we rented various hallways for our dinner-dances.

Then Sokol's real estate men found suitable building in safe middle class area with dancing hall, the bar, kitchen on two floors meeting halls in San Mateo on San Mateo Drive. The purchase of San Mateo Sokol building was recorded on July 13, 1969. Many San Francisco members refused ever to go there. "Too far" They said.

But our dinner dances were held there, exercise evenings were resumed though with much smaller membership held there and Sokol activities continued.

Dinner dances prepared by Sokol Czech cook in San Mateo, were well attended. I remember the last one name was Mr. Cerveny. Women Sokol members were without charges helping to prepare the food and washed the dishes. Our Beseda group was dancing in Czech; Moravian and Slovak costumes as well sang in choirs and performed patriotic plays.

Among the advantages there belonged the singing of national songs, after the dinner-dances ended and the musicians went home, many members and guests stayed and sang "their throats out." Somehow there were many countrymen with delightful and mighty voices. Also many were able to create the second harmonious voices to these songs. So guests could and did stay 2-3 hours longer.

San Mateo County did not require "sokolnika" (building manager) live in Sokol, which made the building less expensive to maintain.

We Sokols held this building full 28 years till December 1997, so there were many dances, exercises and lots of activities. Perhaps someone else would like to talk about it.

I remember a lot of picnics, summer camps all over the area. Even visits by Los Angeles Sokol members.

However with the time members were slowly diminishing. The disaster, which happened, was that while trying to restore the dry rot window it was discovered, that the whole left wall of the building was destroyed by dry rod. The rain from neighboring building must have escaped on Sokol building wall for many years without being noticed and destroyed it. Actually they were two such walls. Sokol unit could only bring the building to the original condition of 1929. Sokol unit had enough only to rebuilt only one floor. For rebuilding the second floor Sokol Board of Directors could only borrow from its member and rebuilt the second floor. And that's what happened. This debt of near $100,000 was not possible to repay in a long run, since Sokol in a non-profitable Association. The only solution (to be able to repay the debt to its members) was by selling the building. It happened on December 1997.

The president Frank Dlask and its hard working Sokol Board of Directors managing to rent rooms and halls and put out together per year 3 dinner-dances, two picnics, 9 regular meetings and one big annual meeting with Svickova na Smetane (sauerbraten) with it. Also St. Nicolas party for children.

We have to add at this time, that brother Dlask after 13 years of his leadership as Sokol President of San Francisco unit abdicated from his position on his doctor's orders. For remaining three month of the year the vice-president sister Georgina Teyrovsky became acting President.

There was on December 5, 2009 an annual meeting where new president was elected. Sister Jarmila Dusatko accepted the nomination for the presidency. She is gifted singer in Sokol singing parties and active gymnast and a team player We are happy for her acceptance and expecting successful years for San Francisco Sokol unit ahead of us.

And I wish to add: congratulations and thanks for all the work and activities which have been done by Board of Directors and to all unnamed of Sokol San Francisco unit members since then and up to date.
Three times "Huraa" to all of them! Nazdaar!

The End of the Story

Georgina Teyrovsky

Obituary

Vlasta Kucera 1916-2011



Vlasta, Sokol San Francisco active Martyr, died peacefully in her sleep on January 3rd at age 94.

She is survived by sons Jiri and Jan, Jr. and granddaughters Erin and Lara. She had one grandson, the late David Kucera, who died tragically on January 9, 2011.

Vlasta's long life led her from America as a young child to then-Czechoslovakia to German refugee camps to Australia and back to America with her devoted husband Jan who died in 2002. He and Vlasta, who met in grade school, were married 65 years.

She was an outstanding volleyball player and gymnastics instructor in her youth. She loved to sing Czech folk songs, cook traditional Czech dishes, and water ski at Clear Lake into her eighties.

Vlasta overcame the death of an infant son, escaped from Communist-occupied Czechoslovakia with only a suitcase, and the necessity to uproot her life numerous times, with strength and fortitude.

Vlasta Kucera has been very active and dedicated Sokol member from the moment she arrived to the United States from Australia with her husband Jan Kucera and their sons, Jiri and Jan Jr. in 1954, until 2002, when Jan Kucera passed away.

They were the backbone of all Sokol San Francisco activities - in calisthenics, dances, Sokol summer camps, theater performances, and Czech folk song singing.

The whole family participated in trips to surrounding areas, and enjoyed volleyball matches that for many years were held in the Golden Gate Park every weekend. The summer camp included popular competitive matches between other Sokol groups.

We are grateful for all the energy, devotion, enthusiasm, and work Vlasta Kucera and her whole family dedicated to the San Francisco Sokol unit.

Georgina Teyrovsky, vice president

Memorial gifts in honor of David may be sent to:

David Kucera Memorial Fund
Loyola Marymount University
Attn: Alma Vorst
1 LMU Drive, Suite 2800
Los Angeles, CA 90045-2659

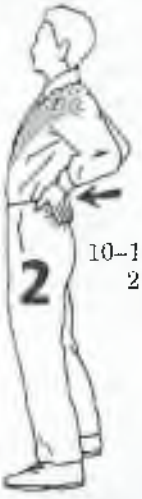
For questions, call 310.338.4567
or email avorst@lmu.edu.

After
Sitting
Approximately 4 Minutes

This is a series of stretches to do after sitting for a long time. The sitting position causes the blood to pool in the lower legs and feet, the hamstring muscles to tighten up, and the back and neck muscles to become stiff and tight. These stretches will improve your circulation and loosen up those areas that are tense from a prolonged period of sitting.

1

Walk a bit
for 2–3 minutes



10–15 seconds
2 times



Rotate each ankle
10–15 times



10 seconds



5 seconds
2 times



5 seconds
2 times



3–5 seconds
each side



10 seconds
each arm



15 seconds
each arm



10–12 seconds
each side



3–4 seconds



15–30 seconds
each leg

The Pledge of Allegiance:
"I pledge allegiance to the Flag of the United States of America and to the Republic for which it stands, one nation under God, indivisible, with liberty and justice for all.

THE MEMBERSHIP APPLICATION

SOKOL SAN FRANCISCO INC.

P.O.BOX 5252, WALNUT CREEK, CA 94596-9998

E-mail: sokolsf@gmail.com

American Sokol

Sokol San Francisco

GYMNASTIC ASSOTIATION EDUCATIONAL-SOCIAL AND CHARITY NON-PROFIT ORGANIZATION
MEMBER of AMERICAN SOKOL ORGANIZATION - ASO

NAME:_____ DATE:_____
mm/dd/year

ADDRESS:_____CITY:_____ STATE:___ZIP:_____

E-MAIL: _____ PHONE: _____

DATE of BIRTH: _____ PLACE of BIRTH: _____
mm/dd/year

MARITAL STATUS: MARIED ☐ SINGLE ☐ OTHERS ☐

Please, list other clubs, organizations to which you belong: _____.

_____

_____

SPONSOR: _____

ASO registration fee is $5.

Membership fee is $35 per year, should be paid on the end of each year for next year.

MEMBERSHIP PLEDGE:

I, _____ (new member name) as a condition of membership in Sokol Unit of San Francisco Inc. in San Francisco CA, agree to abide by Bylaws of the American Sokol of the Pacific District and this Unit, Sokol San Francisco, I promise that my speech and actions I will endeavor to strenghthen the Sokol Organization. Further, when participating in Sokol activities, I will conduct myself in manner which honors Sokol goals.

STATEMENT:

I affirm that I am a legal resident of the United States of America and loyal to the government, and I am not a member of any subversive organization. If admitted to membership of the American Sokol, I promise to be governed by the by-laws in all my activities on behalf of said organization. I represent that to the best of my knowledge and belief the answers to the statements contained in this application are full, complete and correctly recorded. I understand that this application shall be basis for and a part of any insurance contract issued.

New member signature: _____

AMERICAN SOKOL CORNER

Important message regarding 2011 Membership Dues

September 15, 2010
Unit President, Financial Secretary, Membership Chairman and National Executive Board Member:

The Convention voted to increase the annual membership dues **(to $35),** the convention dues **(to $5),** youth membership **(to $10)** and to change from paying membership dues on a **quarterly** basis to an **annual** basis **beginning with calendar year 2011.** The procedure for the 3rd & 4th quarter of 2010 is outlined below. Assistance will be provided as necessary. (There will be some special first year accommodation for collecting dues for the parents of the participants.)

This packet is being sent to you to assist you in complying with the new by-laws. (Please provide an email address to receive these forms electronically.) in it you will find the following:

Quarterly Membership Report Form (to be used for the **3rd & 4th quarter of 2010 ONLY.** Starting in the first quarter of 2011, only an annual form will be used to remit dues payments).

- Please make special note that this form. has the new **$8.75** per member quarterly fee that we voted on at the Convention in addition to the **$5.00** per member for convention dues.

- **Structure and timeline** as to the type, amounts and due dates for these reports and payments.

The monthly and annual reporting forms will be sent as soon as they are finalized. We want to make sure that the forms and procedures are correct before they are distributed but here is an *overview* of how this process will work:

- **Annual Membership Report Form** (to submit dues payments and report all members of your unit as of March 31, 2011). In February, an invoice will be sent from the National Office indicating your 2011 membership dues based on the members we have on file for you at December 31, 2010 as submitted with your 4th Quarter report. On the annual report form, you will need to supply us with any additions or corrections at that time. The form, the annual dues and convention dues will be due on April 30, 2011.
  - Please make special note that this form will have the new **$35.00** per member annual fee (for the next **4** years) that was voted on at the Convention in addition to the **$5.00** per member fee for convention dues and **$5.00** new member fee.
- **Monthly Membership Report Form** (to submit information for new, terminated, resigned or deceased members each month as required and to also submit name and/or address changes)
  - Dues for all members who join after the first quarter shall be on a pro-rated basis and must be submitted to the American Sokol at the NEXT annual reporting period in addition to the annual dues for that member for the upcoming year. (The details for this are forthcoming.)
  - Per the by-laws, each Unit shall report to the American Sokol all new members within one month of acceptance. Resigned, terminated and deceased members shall be reported at the conclusion of the specified grace period.

If you have questions, please let us know.

Nazdar,, Barbara Vondra, ASO Financial Secretary

New Sokol Bylaws should be printed during this year. We have preliminary version in PDF format available.
It is 40 pages, 304 Kb. We can send it upon request (**sokolsf@gmail.com**)

INFORMATION CORNER

Information



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Honorable Consul for Slovak Republic Barbara Pivnicka
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Email: bpivnicka@earthlink.net

NEW PLACE FOR MEETINGS:
Sokol Members and Committee Meeting is every second Tuesday each month at 7:15 PM in Baywood Court, 21966 Dolores St. # 243, Castro Valley, CA 94546

Sokol & Czech related WEB Pages:

http://www.csplanet.com/
http://www.columbia.edu/~js322/czech.html
http://www.sokol-cos.cz/cos/testweb.nsf
http://www.american-sokol.org/
http://www.sokolunderground.com/
http://www.slovakcatholicsokol.org/who.htm
http://www.csuzkrajane.cz/
http://archiv.radio.cz/krajani/spolky/
http://www-scf.usc.edu/~tlrobins/taborinda/

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Věstník is published by Sokol San Francisco, Four isues per Year. Your typed contributions send to our unit or editor's e-mails, or by mail.

Věstník Schedule:
Deadline for contributions WINTER December 31 with a publication date January 31
Deadline for contributions SPRING February 28 with a publication date March 31
Deadline for contributions SUMMER May 31 with a publication date June 30
Deadline for contributions FALL September 30 with a publication date October 31



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"WARNING FROM POLICE" NEW WAY TO DO CARJACKINGS.

THIS APPLIES TO BOTH WOMEN AND MEN BEWARE OF PAPER ON THE BACK WINDOW OF YOUR VEHICLE.

Heads up everyone! Please, keep this circulating. You walk across the parking lot, unlock your car and get inside. You start the engine and shift into Reverse. When you look into the rearview mirror to back out of your parking space, you notice a piece of paper stuck to the middle of the rear window. So, you shift into Park, unlock your doors, and jump out of your car to remove that paper (or whatever it is) that is obstructing your view.

When you reach the back of your car, that is when the carjackers appear out of nowhere, jump into your car and take off. They practically mow you down as they speed off in your car. And guess what, ladies? I bet your purse is still in the car. So now the carjacker has your car, your home address, your money, and your keys. Your home and your whole identity are now compromised!

BEWARE OF THIS NEW SCHEME THAT IS NOW BEING USED.

If you see a piece of paper stuck to your back window, just drive away. Remove the paper later. And be thankful that you read this e-mail.

I hope you will forward this to friends and family, especially to women. A purse contains all kinds of personal information and identification documents, and you certainly do NOT want this to fall into the wrong hands.

Please keep this going and tell all your friends

Traffic Ticket Fines (Effective 01/06/2011)

Please be extremely careful in your driving and car registration & insurance matters. State of California is broke and they are trying hard to squeeze all of us hard to collect money.

Effective immediately, if you do not stop at the red light, be ready to pay $436 in fines or if you pass a school bus with flashing red signals, you will be charged $616. The state of California is going for blood, so be extra careful in driving, You cannot afford messing with them. I have been hearing that Highway Patrols are under pressure to issue a lot more tickets than last year with at least 30% increase in fines over 2009, so beware of radar guns, highway and traffic cameras installed everywhere and the tougher enforcement of parking rules. Just for your info, the next time you park in the handicapped zone, even for a minute, you will be looking at almost $ 1000 in parking tickets , so it'd better be worth it.

California needs money, so pay close attention to the rules of the road!

See more: http://www.i-club.com/forums/showthread.php?t=227315

CZECH CORNER

Blanka tunnel delayed as archaeologists discover tombs.
Archaeologists working in the Blanka Tunnel construction site near Prague Castle have discovered 24 tombs that they believe are either from the Thirty Years War in the 17th century or the War of the Austrian Succession a hundred years later. The discovery means a further delay for completion of the tunnel, as the researchers believe dozens more graves lay in the vicinity. Prehistoric artefacts from roughly 7,000 years ago have also been found in the area. The Archaeological Institute predicts a delay of four months, but says it is impossible to be certain as each scoop of a bulldozer brings up more findings.

Zpravodaj Čechů a Slováků ve Švýcarsku.
informuje o hudebním večeru, který v Curychu na počest Jana Palacha uspořádal bývalý disident a exulant Bohdan Mikolášek. Jak píše bulletin, Mikolášek pozval své přátele a hosty na večer s písněmi a baladami, které sam skládá a interpretuje. Jedna z těchto písní před 28 lety zavdala normalizačnímu režimu v tehdejším Československu záminku k vyhoštění Bohdana Mikoláška a jeho rodiny z domova. Ve svých písních totiž reflektoval sebeupálení Jana Palacha, stav společnosti za normalizace i víru v její zlepšení. Během koncertu byl promítán i filmový dokument o Palachovi nazvaný Ticho, právě podle Mikoláškovy písně o Palachovi. Celý večer doprovodila i výstava obrazů, které zachycovaly atmosféru Prahy po upálení Jana Palacha a během jeho pohřbu, píše Zpravodaj. Ten take informuje, že jednu z nejvyšších cen města Plzně, Cenu 1. června, dostal letos nakladatel, bývalý chartista a politický vězeň a dnes ředitel knihovny Libri prohibiti Jiří Gruntorád. Cena připomíná protesty dělníků, ke kterým v Plzni došlo 1. června 1953 k vůli měnové reformě. Šlo o vůbec první vystoupení dělníků proti komunistickému režimu ve střední Evropě.

Prague luxury boutique hotel picked out as world beater.
A global travel advice site has picked out a Prague hotel as the best luxury hotel in the world for the second year running. The location is clearly one big factor in winning the award but those demanding guests clearly want a bit more than that. It has picked out Prague's U Zlaté Studně, which translates as At the Golden Well, as its top luxury hotel in the world for the second year running. The five star, small boutique hotel, with 17 rooms and two luxury suites beat off the challenge from around other 700 hotels in that category. Guests gave an overall 99 satisfaction rating with 650 of the 675 reviews describing the hotel as excellent. The hotel is right below the walls of Prague Castle with amazing views across the city. The Golden Well Hotel Prices are perhaps not breathtaking, but the world's best luxury hotel is not in the budget category either. Average room rates range from around 250 euros a night to 700 euros a night for the two top of the range suites. Those sort of prices pay for quite a lot of personal pampering. For example, guests have a choice of seven different types of pillows and, for a little extra, can order a hot aromatic bath to be waiting for them after a day foot slogging round Prague's tourist sites. The hotel itself is a completely renovated 16th century baroque house where Emperor Rudolf II's alchemist and astronomer, Tycho Brahe, is supposed to have lived. The Golden Well Hotel managers say they are pretty fully booked in the high season and have a good occupancy rate throughout the year. Many of the guests are long distance visitors, coming from the United States, Australia and Japan.

Ondříček to shoot new film in 2011

After four years, film director David Ondříček is readying to shoot a new film tentatively entitled Ve stínu koně (In the Shadow of the Horse). The film is set in the Communist 1950s, shortly before drastic monetary reforms were introduced in Czechoslovakia devaluing the crown currency. The film's story is said to revolve around action taken by the StB, the notorious secret police, to deflect public attention during that period. David Ondříček is the successful director of films such as Samotáři (Loners) and Grand Hotel and is the son of world-famous D.O.P Miroslav Ondříček, who worked on films such as Valmont or Amadeus. Ve stínu koně is expected to go into production in March, with a budget of 70 million crowns.

How we have paid dues

Sokol San Francisco Membersip

P=Paid, N= Not Paid

	B	C	D	E	F	G	H	I	K	L
1	**First Name**	**Last Name**	**Address**	**City**	**ST**	**Zip Code**	**F**	**M**	**2010**	**2011**
2	Tami M.	Bannister	2151 Carlmont Dr., # 15	Belmont	CA	94002	1		P	P
3	Jarmila	Bochenek	755 Raymundo Ave.	Los Altos,	CA	94024-3139	1		P	N
4	Daniel	Botcha	1160 Via Escondida	Novato	CA	94949		1	P	P
5	Jana	Botcha	1160 Via Escondida	Novato	CA	94949	1		P	P
6	Edina	Brezula	3946 Wilson Ave.	Castro Valley,	CA	95546	1		Pn	N
7	Lubomir	Brezula	3946 Wilson Ave.	Castro Valley,	CA	95546		1	P	N
8	Marek	Brezula	3946 Wilson Ave.	Castro Valley,	CA	95546		1	P	N
9	Patti	Buckley	6414 76th St. Ct. W.	Lakewood	WA	98499-3441	1		Pr	N
10	Paul A.	Burda	213 Westvale Court	San Ramon,	CA	94583		1	P	P
11	John	Cambus	121 Lakewood Rd.	Walnut Creek,	CA	94598-4720		1	P	N
12	Vladka	Cambus	121 Lakewood Rd.	Walnut Creek,	CA	94598-4720	1		P	N
13	Evelyn	Cheever	37653 Glenmoor Dr.	Freemont,	CA	94536-6628	1		P	N
14	Stanley	Cheever	37653 Glenmoor Dr.	Freemont,	CA	94536-6628		1	P	N
15	Dagmar	Crichton	1873 Greenwitch St.	San Francisco,	CA	94123	1		P	N
16	Frank	Dlask	451 Santa Margarita Ave.	Menlo Park,	CA	94025		1	P	N
17	Jarmila	Dlask	451 Santa Margarita Ave.	Menlo Park,	CA	94025	1		P	N
18	Blanche	Duffey	249 W. Poplar Ave.	San Mateo,	CA	94402	1		P	P
19	Jaroslava	Dusatko	1700 Botelho Dr. #409	Walnut Creek,	CA	94596	1		P	P
20	Milan	Dusatko	1700 Botelho Dr. #409	Walnut Creek,	CA	94596		1	P	P
21	David	Folke	1839 Ygnacio Valley	Walnut Creek,	CA	94598		1	P	N
22	Eva	Folke	18 Marques Pl.	Danvile	CA	94526	1		P	N
23	Miloslav	Folke	18 Marques Pl.	Danvile	CA	94526		1	P	N
24	Shirley A.	Gangelhoff	1319 Speers Ave.	San Mateo,	CA	94403	1		P	P
25	George	Goupille	879 Partridge Ave.	MenloPark,	CA	94025-5215		1	P	N
26	Stephan	Goupille	879 Partridge Ave.	MenloPark,	CA	94025-5215		1	P	N
27	Vera	Goupille	879 Partridge Ave.	MenloPark,	CA	94025-5215	1		P	N
28	Vera	Horn	800 N. El Camino # 203	San Mateo,	CA	94401-3760	1		P	N
29	Henry	Husak	19447 Victona Court	Sonoma,	CA	95476-3847		1	P	N
30	Bohumila	Janac	18955 Palo Oaks Ct.	Saratoga,	CA	95070	1		P	P
31	Jarmila	Jancarik	154 Woodbury Ct.	Walnut Creek,	CA	94596	1		P	P
32	Jiri	Jancarik	154 Woodbury Ct.	Walnut Creek,	CA	94596		1	P	P
33	Joan	Kemr	476 32nd Ave.	San Francisco,	CA	94121-1724	1		N	N
34	Eva	Kryska	1120 Newell Rd.	Palo Alto,	CA	94303	1		P	N
35	Jiri	Kucera	21901 Monte Ct.	Cupertino,	CA	95014		1	N	N
36	Ivanka	Linhart	P.O. Box 1172	Soulsbyville,	CA	95372	1		P	N
37	Petr	Linhart	P.O. Box 1172	Soulsbyville,	CA	95372		1	P	N
38	David	Livingston	19617 Forest Ave.	Castro Valley,	CA	94546		1	P	N
39	Helenka	Livingston	19617 Forest Ave.	Castro Valley,	CA	94546	1		P	N
40	Victor	Machacek	1655 Funston Ave.	San Francisco,	CA	94122		1	P	P
41	Lida	Mikes	115 Los Vientos Way	San Carlos,	CA	94070	1		P	P
42	Frank	Miksa	7 Royston Walk	Pleasant Hill,	CA	94523		1	P	P
43	Blanche	Milner	1500 Held Dr. # 67	Modesto,	CA	95355	1		P	N
44	Ludvik	Mlynek	1225 Warner Ct.	Lafayette,	CA	94549		1	P	N
45	Ludmila	O'Donell	3424 NE. 35th Ave.	Portland	OR	97212	1		P	N
46	Teresa	O'Donell	3424 NE. 35th Ave.	Portland		97212	1		P	N
47	Alena	Picha	650 Newhaven Ct.	Walnut Creek,	CA	94598	1		P	P
48	Frank	Picha	650 Newhaven Ct.	Walnut Creek,	CA	94598		1	P	P
49	Eva	Plachy	717 Best Ct.	San Carlos,	CA	94070-1544	1		P	N
50	Ivo	Plachy	717 Best Ct.	San Carlos,	CA	94070-1544		1	P	N
51	Milan	Prejda	110 Ballatore Ct.	San Jose	CA	95134	1			N
52	Regina	Prejda	110 Ballatore Ct.	San Jose	CA	95134		1		N
53	Jaroslav	Rosicky	16714 Selby Dr.	San Leandro,	CA	94578-1264		1	P	N
54	Michelle	Ruff	324 Via La Paz	Greenbrae,	CA	94904-1246	1		P	N
55	Dagmar	Rus	628 Newlands Ave.	San Mateo,	CA	94403	1		P	N
56	Ruda	Rus	628 Newlands Ave.	San Mateo,	CA	94403		1	P	N
57	Jaroslav	Sedivy	1289 Kentucky Dr.	Concord	CA	94520		1	P	N
58										

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	B	C	D	E	F	G	H	I	K	L
59	**First Name**	**Last Name**	**Address**	**City**	**ST**	**Zip Code**	**F**	**M**	**2010**	**2011**
60	Marta	Sehnal	7415 Alpine Road	La Honda,	CA	94020	1		P	P
61	Albert	Sieber	231 Auburn Ave.	Santa Cruz	CA	95060		1	Pr	P
62	Libuse	Sikl	418 Patricia Ave.	San Mateo,	CA	9440-3044	1		P	P
63	Kamil	Skapa	894 S. Flamingo Court	Denver,	CO	80246-2323		1	P	N
64	George I.	Skoda	3400 Princeton Way	Santa Clara,	CA	95051-5526		1	P	N
65	Marcelle	Skubna	4181 East 3rd Ave.	Napa,	CA	94558-4012	1		P	N
66	Desider E.	Slavoj	22 Ord Ct.	San Francisco,	CA	94114-1417		1	P	N
67	Karel	Snajberk	916 Regal Road	Berkeley,	CA	94708		1	P	N
68	Barbora	Soltys	1175 Covington Ct.	Walnut Creek,	CA	94596	1		Pn	N
69	Pavel	Soltys	1175 Covington Ct.	Walnut Creek,	CA	94596		1	Pn	N
70	Henry J.	Sredl	P.O. Box 1029	Center Harbor,	NH	03226-1029		1	P	P
71	Walter	Strach	783 Ajax Dr.	Sunnyvale,	CA	94086		1	P	P
72	Jindra	Stroleny	780 Oak Grove Rd. apt. 31	Concord	CA	94518	1		Pr	P
73	Petr	Sulek	570 El Camino Real # 150	Redwood City	CA	94063		1	P	N
74	Georgina	Teyrovsky	21966 Dolores St. # 241	Castro Valley,	CA	94546	1		P	N
75	Angie	Tomanek	26612 Durham Way	Hayward,	CA	94542	1		P	N
76	Tomas	Tomanek	26612 Durham Way	Hayward,	CA	94542		1	P	N
77	Petr	Vacek	5138 Golden Gate Ave.	Oakland,	CA	94618		1	P	N
78	Helena	Vernak	2724 Mason Lane	San Mateo,	CA	94403-2613	1		P	P
79	Zdenek	Vernak	2724 Mason Lane	San Mateo,	CA	94403-2613		1	P	P
80	Milos	Zivny	10815 Breed Ave.	Oakland,	CA	94603		1	P	P
81	Zelka	Zivny	10815 Breed Ave.	Oakland,	CA	94603	1		P	P
82	Ashka	Zrzavy	654 Oregon St.	Sonoma,	CA	95476	1		P	N
83	Lada	Zrzavy	654 Oregon St.	Sonoma,	CA	95476		1	P	N
84	**DATE**									
85	**TOTAL**						40	40		
86										
87										
88										
89										

LAUGHLING CORNER

Have you ever wondered what the difference between Grandmothers and Grandfathers is? Well here it is:

A friend, who worked away from home all week, always made a morning available when he would take his 7-year old granddaughter for a drive in the car for some bonding time – just him and his granddaughter.

One particular Sunday however, he had a bad cold and just wanted to stay in bed. Luckily, his wife came to the rescue and said that she would take their granddaughter out in the car.

When they returned, the little girl anxiously ran upstairs to see how her Grandfather was. 'Well, did you enjoy your ride with Grandma?'

'Great, Grandpa' the girl replied, 'and do you know what? We didn't see a single tosser, blind bastard, dick-head or wanker anywhere today!'

Almost brings a tear to your eye, doesn't it?