American Sokol

Sokol San Francisco

SOKOL SAN FRANCISCO INC.
GYMNASTIC ASSOCIATION
EDUCATIONAL-SOCIAL AND
CHARITY NON-PROFIT CULTURAL
ORGANIZATION

P.O. Box 5252, Walnut Creek, CA 94596-9998
E-mail: sokolsf@gmail.com



VĚSTNÍK

SUMMER 2011



Enjoy Summer 2011

Poto by M.Dusatko

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The mission of American Sokol is to provide fitness and community for individuals and families through physical, educational, cultural and social programs".

SOKOL UNIT CORNER

Sokol dues and donation 2011:

We are very thankful for your generous contributions and support to American Sokol San Francisco Unit. Up to date, we acknowledged donations from attendees of films sessions $92.00 and $192.08 of individual donations as follows: B. Duffey $15.00, G. Skoda $15.00, K. Snajberk $65.00, G. Teyrovsky $31.00, M & R. Prejda $30.00., P.Burda $21.08 , Dr. Slavoj $5.00, J.Kucera $10.00

Paul A Burda, Sokol Financial Secretary

How we have paid our dues, see pages 17 & 18

Brothers and Sisters:

Our Unit membership currently stands 39 and 30, actively registered women and men, respectively.
Not all registered members however, paid their dues 2011 up to date.
DUES 2011 were due by February 28th 2011. Please note that Unit had to pay 2011 dues for those who forgot to meet deadline for payments to avoid penalty from ASO Headquarters.
We hope that those brothers and/sisters will repay their dues or quit. Thank you for your cooperation.

Sokol Gymnastics Association
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Payment Dues 2011

SEND WITH YOUR PAYMENT	**KEEP FOR YOUR RECORDS**
2011 Dues are $35, late fee $5 after 2-28-11. **Membership reinstatement fee $5.** **Membership Dues sent $.....** **New members add $5 processing fee to American Sokol Headquarters in Brookfield, Illinois** **Donation/Contribution.....** **Name:.....** **Sent amount.....** **Address.....** **City.....State....Zip.....**	**Sokol San Francisco Dues 2011** **Date** **Check No**

Balancing Our Walks

The first half of the year 2011 is almost over and as always, one just cannot believe how fast it went. So, let's check what did we do for our health, how much we walked around the San Francisco Bay.

We skipped the first month of the year. After the busy December and under the rainy Northern California sky nobody was feeling like walking or hiking. Well, maybe it was a mistake. The rain was not all that bad in January, waiting apparently for our February walk. The plan was to walk through the historic part of the town of Alameda, a 3 miles loop among the beautiful Victorian residences. We met on February 19 and yes, we saw the houses, enjoyed the park and look at it all through a not very romantic veil of dense rain. At the end, we cut the route a little and let ourselves dry at a cozy coffee place full of people as wet as we were.

Against all expectations, it was raining again in March and we decided not to challenge Mount Diablo under the circumstances.

Then April came and with the help and guidance of Jana and Bohousek Botcha we organized a walk at the Indian Valley Open Space Preserve in Novato. The weather could hardly be better and it was a wonderful day for all of us. One car after another were coming from Peninsula or the East Bay and a large group of Sokol hikers gathered at the Pacheco Plaza in Novato. From there, we took a short drive around the Indian Valley College to the trailhead. Our guides, Bohous and Jana took us up a steep hill, then down and then up again. It was a good hike and a great view from the top of both hills. Toward the end there was a possibility yet of another hike or a choice of a comfortable fire road back to the parking. Back at the Pacheco Plaza, nobody was ready to go home. We got our refreshment at the Plaza Market and enjoyed the early afternoon chatting and meeting new friends from Novato who joined us for the walk.

In May, the Sokol members joined the C.S.A. Fraternal Life and as it was last year, we went to the San Francisco Golden Gate Park, to the bust of Tomas Garrigue Masaryk, to pay our respect to the first President of Czechoslovakia. Some of our Unit's oldest members were present in their beautiful National costumes. After placing the bouquet of flowers to the Masaryk's statue, the whole group enjoyed singing of Czech and Slovak national songs.

Our Unit's June outside event is a Sokol picnic on June 18. at Lake Chabot. We would like to organize a walk during our summer break, possibly in August, when most of the Sokol members will be back from their vacations. We might take a ferry to the Angel Island, a beautiful place in the Bay, and enjoy our walk there. In any case, Milos Zivny, the Men's Director will keep you posted and I think I can say that we are all ready for another good walk. Remember, we are doing it not only for our pleasure, it is also good for our health.

Zelmira Zivny

Sokol picnic on June 18.



The hills above the Lake Chabot were basking in the June's sun, a gentle wind carried the tempting aroma of savory slices of meat, slowly turning color over the hot glowing coals, as picnickers trickled into the Mallard site, a cozy place shaded by a canopy of huge trees. While some familiar faces were missing , we happily greeted a few new visitors until, finally, twenty five Sokols & friends gathered to chat, grill, share the food and, prompted by Sister Georgina Teyrovsky, join our more or less musical voices with the tunes of our accordion player, Brother Botcha. After thirty three folk song took our breath away campfire songs, for instance. We'll work on collecting and printing the notes and lyrics of best known popular songs. It seems that we are the only group in the park still singing in these times of reproduced music; the Rangers remember us and compliment on cleanliness and peaceful behavior. Well, no wonder, considering our Sokol member's average age! The age of today's three youngest participants barely adds up to half the number of years of the oldest visitor's, just a few days away from her ninetieth birthday.



Time is flying fast when you are having fun and that we've surely had! After the lunch two parties left for a couple of hours to engage in more physical activities: a boat trip and a hike around the lake.

They came back tired, but refreshed. We really appreciate the commitment of some who either drove for hundreds of miles, or came for just a few hours, having a different program for the day; it's time of graduations. I believe that the very first visit to this place makes a lasting impression on the visitors, it's quiet charm does something to our minds, seem to slow down the mad spin of our modern world, inspires us to slow down and relax.

Are you ready to try the next time? Hope to see you there!

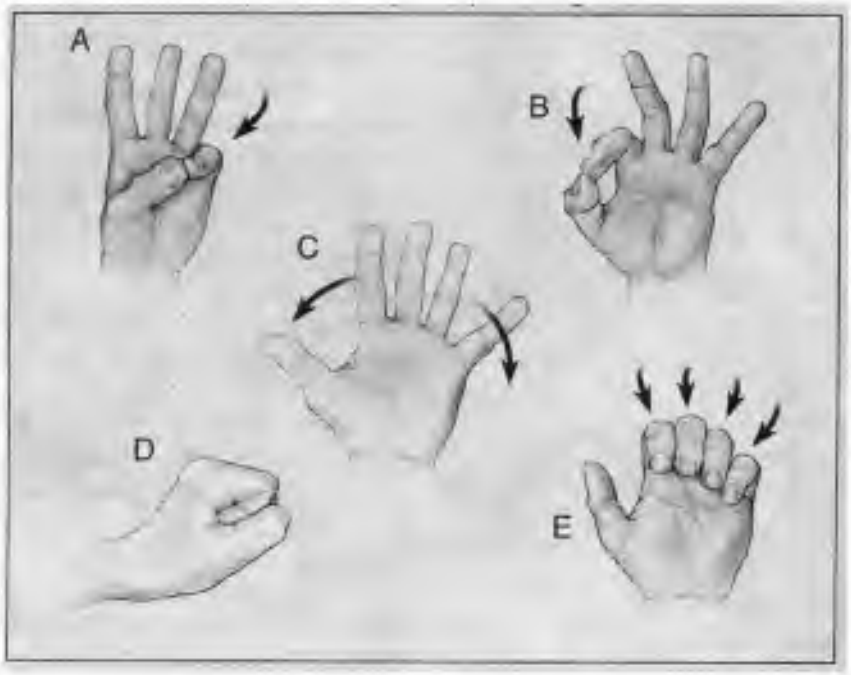
Zdenek Vernak

Congratulation to our proud members
Tami and Shirley:
Their son and grandson
Nathaniel Jon Banister was born June 29.
Family and proud grandma are doing just fain.
We are glad for your happy families.
Congratulations!
Sokol San Francisco Unit



Exercise

Because hand joints are small, the workload on their cartilage surface can be considerable. Over time, the stress of everyday hand use factors into finger-joint wear. Although your fingers don't bear the weight of your body, they do a lot of work.



I Get to know your hands

If you encounter pain while moving your hands through your normal range of motion, make a mental note of it to see if it begins to regularly occur. If you have pain or pain that persists, consider seeing your doctor to learn about exercises and interventions that could help relieve pain and improve your range of motion.

Hand exercises can help maintain normal joint function and relieve stiffness. These might include making an 0 by touching each of your fingertips in turn to your thumb (such as in A and B); stretching your fingers wide (C); making a fist by bending each joint as much as possible (D)

Or bending the end and middle joints of your fingers (E). Repeate these several times a day, but don't force a motion if you feel pain.

The Pledge of Allegiance:
"I pledge allegiance to the Flag of the United States of America and to the Republic for which it stands, one nation under God, indivisible, with liberty and justice for all.

THE MEMBERSHIP APPLICATION

SOKOL SAN FRANCISCO INC.

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American Sokol

Sokol San Francisco

GYMNASTIC ASSOTIATION EDUCATIONAL-SOCIAL AND CHARITY NON-PROFIT ORGANIZATION
MEMBER of AMERICAN SOKOL ORGANIZATION - ASO

NAME:_____ DATE:_____
mm/dd/year

ADDRESS:_____ CITY:_____ STATE:___ ZIP:_____

E-MAIL: _____ PHONE: _____

DATE of BIRTH: _____ PLACE of BIRTH: _____
mm/dd/year

MARITAL STATUS: MARIED ☐ SINGLE ☐ OTHERS ☐

Please, list other clubs, organizations to which you belong: _____.

_____

_____

SPONSOR: _____

ASO registration fee is $5.

Membership fee is $35 per year, should be paid on the end of each year for next year.

MEMBERSHIP PLEDGE:

I, _____ (new member name) as a condition of membership in Sokol Unit of San Francisco Inc. in San Francisco CA, agree to abide by Bylaws of the American Sokol of the Pacific District and this Unit, Sokol San Francisco, I promise that my speech and actions I will endeavor to strenghthen the Sokol Organization. Further, when participating in Sokol activities, I will conduct myself in manner which honors Sokol goals.

STATEMENT:

I affirm that I am a legal resident of the United States of America and loyal to the government. and I am not a member of any subversive organization. If admitted to membership of the American Sokol, I promise to be governed by the by-laws in all my activities on behalf of said organization. I represent that to the best of my knowledge and belief the answers to the statements contained in this application are full, complete and correctly recorded. I understand that this application shall be basis for and a part of any insurance contract issued.

New member signature: _____

AMERICAN SOKOL CORNER

To All Sokol Administration:
The American Sokol will be distributing a financial analysis of the organization in the middle of July.
It is our intent to inform the membership on an annual basis of the financial situation of the American Sokol.
As part of this Financial Newsletter, you will receive the following:
- General Financial Information, Financial Statements of the American Sokol , Treasurer's Report , Budget Report
- Foundation Fund Report , Recommendations from the Finance Team, Over time we expect the July Financial Newsletter to expand in content and value. Thank you for taking the time to review and understand this upcoming information.
Nazdar, American Sokol Finance Team, June 27, 2011

From National Czech & Slovak Museum & Library

Dear Sokol San Francisco,
The National Czech & Slovak Museum & Library has been delivered from disaster. The epic flood of 2008 and an economic slump were not enough to take our museum off course, and we are grateful for the support of thousands who have allowed us to not only survive, but thrive.
Achievements:
$25 million rose for rebuilding and expansion
Rising Above exhibition unveiled at the Kosek Building, a permanent addition to the museum campus
Accreditation from American Association of Museums received
Construction of new museum and library started
Since 2008, a lot of our energy and thought has been focused on rebuilding. Now it is time to focus on delivering our mission, and we need your help.
The flood, though devastating, was an opportunity for us to critically evaluate where we are as an organization and where we want to go. Over the last 3 years, we have taken time to engage our supporters across the country to help us determine how we will be the most useful and relevant now and in the future. That process has led us to a new vision and mission.
Vision:
We are a museum that celebrates life. Czech life, Slovak life and American life. We are a museum that encourages self-discovery; a museum that asks what it means to be free. Through extraordinary exhibitions and experiences, we tell stories of freedom and identity, family and community, human rights and dignity. Our stories connect yesterday with today and tomorrow.
We are a museum that moves you.
For over 35 years, the National Czech & Slovak Museum & Library has collected, preserved and interpreted the stories of Czechs and Slovaks. To see our vision come to fruition, we have adopted a mission statement that is a very bold step for an ethnic museum. Now a national museum with international standing, our audience has become much more diverse, and there are more opportunities to share Czech and Slovak culture with people who may have a different family history in America and abroad. We inspire people from every background to connect to Czech and Slovak history and culture.
A national fundraising initiative for a museum of international significance. While the success of our capital campaign to rebuild has taken us far, we are now asking those who care about the future of Czech and Slovak culture to help us with the next phase of fundraising to enable us to deliver this mission in ways we think you'll get excited about.
Please consider donating your time, financial resources and artifacts to the National Czech & Slovak Museum & Library. With your support, the stories of Czechs and Slovaks will inspire this and many future generations.
Sincerely, Leah Wilson, Major Gifts Officer
LWilson@NCSML.org/319-362-8500, NCSML
Sokol San Francisco Unit is donating $500, per vote at our April monthly meeting.

Informace o Sletu 2012 v Praze

Sokol se za rok slétne na Strahov, cvičení doprovodí klasika i moderni hudba.
Pražský Strahov se opět promění v pestrobarevný lidský úl. Přesně za rok tam proběhne patnáctý všesokolský slet. Dorazit má až 15 tisíc cvičenců. Zatímco například vystoupení žen a seniorek doprovodí Česká suita Antonína Dvořáka, u starších žáků to bude svižnější hit Sagvana Tofiho Dávej ber.
Slet připadá na 150. výročí založení České obce sokolské. Hromadných cvičení se zúčastní 13 až 15 tisíc lidí, odhaduje její vedení. Kromě účastníků z Česka dorazí i sokolové z USA, Kanady, Austrálie a řady evropských zemí.
Celkem sokolové secvičí dvanáct hromadných skladeb. "Na jaře už byly první srazy župních vedoucích. Máme vybrané oblečení i náčiní. Vše je v běhu," popisuje přípravy náčelník Sokola Miroslav Vrána.
O kulturní program se postarají sokolské divadelní, folklorní a pěvecké soubory, uskuteční se i sportovní soutěže. V Tyršově domě v Praze na Malé Straně, kde ústředí sokolské obce sídlí, proběhne výstava o její historii. Sokolové také vystoupají s rozsvícenými lampiony na Petřínskou rozhlednu.
Slet je pro sokoly především slavnostním vyvrcholením jejich běžné činnosti. "Samozřejmě to pro nás hodně znamená. Bude to umocněné i výročím založení Sokola," míní Chalupník. "Je to krásné, nádherné a dobrá věc, aby se Sokol ukázal," souhlasí Jiří Hanák, starosta jednoty v Moravských Knínicích.
Pozastavuje se ale nad nákladností sletu a cenami za náčiní a cvičební úbory, které si kupuje každý sám. "Tričko s trenkami pro dívky za osm set korun, lítací talíř dvě stě padesát. To nechápu," říká.
Kolik ale bude celá akce stát, se zatím přesně neví. Podle Vrány je však jisté, že bude "mnohem levnější" než poslední slet v roce 2006, který vyšel na zhruba 50 milionů korun. "Peníze nejsou, zdroj ze Sazky vyschnul, požádali jsme o grant na ministerstvo školství. Byli bychom velice neradi, kdybychom si na akci museli půjčit. Zatím ale máme rozpočet vyrovnaný," uvádí náčelník.

Tradice pořádání sletů vznikla v červnu 1882. Tehdy uspořádal Miroslav Tyrš na Střeleckém ostrově v Praze akci k dvacátému výročí založení pražské organizace. Prvního sletu se účastnilo přes 700 cvičících.
Zdroj: http://zpravy.idnes.cz/sokol-se-za-rok-sletne-na-strahov-cviceni-doprovodi-klasika-i-tofi-1cg-/domaci.aspx?c=A110630_085637_domaci_jj

Sokol a dámské kalhotky

Dnes už se neví, a vzbudí to asi údiv, že dámské kalhotky nalezly širší uplatnění až v průběhu 19. století, přičemž obecného přijetí, alespoň ve středních a vyšších vrsvách, se dočkaly teprve na sklonku tohoto věku. Ženy na venkově či patřící k chudé městské většině dál chodily „naostro"- tenkrát se říkalo „bez hací". Neexistovaly žádné stringy, tanga, dokonce ani kalhotky ne, pokud urozené dámy nosily vůbec něco, tedy prostě spodky. Byly vzorně krajkované a vždy alespoň těsně nad kolena, raději pod ně. Doporučovaly se v létě plátěné, v zimě bavlněné, v oblibě byly pletené či háčkované. Než se ale podařilo dámské kalhotky prosadit do běžného provozu, byl to tvrdý zápas podobný boji proti nezdravým šněrovačkám a uměle vytvářeným vosím pasům. Kalhotky k nám dorazily jak jinak, z Francie a získaly hned na začátku kontraversní pověst, protože jako první je začaly nosit prostitutky. Poté baletky, jeptišky a malé holčičky. Chodit „dole bez" byla staletá tradice, a najednou, kvůli zdraví a hygieně... Citujeme z popularizační knížky dr. Kodyma: Šat ženy , jsa dole, zvláště v létě, zcela otevřený, mnohem méně tělo chrání před vnikáním prachu pod oděv, na tělo, na přirozené otvory útrob... Kodym doporučoval měnit spodní prádlo jednou týdně, deboť se v něm „mnoho výparů a rmutu nachytá". Dámské kalhotky byly drahý luxus, chudé ženy si je nepořizovaly. Ty bohatší na výstřední módu nakonec přistopily ze dvou důvodů: pod krinolíny nepříjemě foukalo a sportovkyním, cvičenkám, „kalhotky" usnadnily převlékání. Nicméně asi tak od r. 1880 už byly kalhotky běžnou součástí ženského šatníku, kdy ženy začaly klepat na dveře Sokola.

INFORMATION CORNER

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Sokol Members and Committee Meeting is every second Tuesday each month at 7:15 PM (except July and August) in Baywood Court, 21966 Dolores St. # 243, Castro Valley, CA 94546.

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Acalanes Student—Scientists Take International Prize

By Lou Fancher


From left: Jay Chugh, Blake Marggraff, Matthew Feddersen Photo: Dough Kohen

Two Lafayette students, Matthew Feddersen and Blake Marggraff, took first prize at the Intel International Science and Engineering Fair on May 13th.

The global fair is the world's largest high school science research competition. This year, over 1,500 students were selected to enter, with 17 Best of Category winners from the United States, India, China, Thailand and South Korea taking home prizes.

Breaking any stigma about Friday the 13th and making good on what the Lamorinda community holds dear—it's celebrated schools—Marggraff's and Feddersen's project offered the potential for developing a less costly and more effective cancer treatment.

The simple exhibit, describing how the two Acalanes seniors injected tin in yeast cells to capture and repurpose radiation aimed at a tumor, carried a hefty title: "Simulated Treatment of Cancer with Compton Effect-Produced Secondary Radiation".

Marggraff said he came up with the idea four months after reading an article about secondary radiation in a nuclear power plant.

He and Feddersen tried to develop a drug or material that could combine with radiation to increase its lethal effect on tumors.

"We used tin metal, with no special isotopes. We used tin because it's not toxic, it has the electron binding a properties that allow it to create secondary radiation, and it's a soft, malleable metal," said Marggraff

The $75,000 Gordon E. Moore Award, given in honor of the Intel it's co-founder and retired chairman and CEO, sent Marggraff and Feddersen into a tornado of media attention.

"This is like nothing I've ever experienced before. It's not quite as scary as I thought it would be. It started before we won; the camera operators knew, like, two days before we knew! From there, it just got crazier and crazier," remembered Marggraff.

Feddersen said they didn't see it coming.

"The team that got first at State, where we got second, was just two booths away from us in LA. We saw that and thought, *'Maybe, just maybe, we could win fourth, "* he said.

The awards were announced in a grueling fashion, with numerous fourth place awards given in each of the 17 categories.

"It goes on forever," Feddersen recalled. "Everyone is squirming in their seats. When we won, it was wild. The atmosphere was electric. It still hasn't quite sunk in."

Which doesn't mean the students are not looking to the future. "Our award comes with opportunities," Marggraff said. "We'd like to move to real cancer cell testing; possibly animal testing. The night before we won the prize we sat down and discussed it. I have no doubt it would be worthwhile to advance the project as much as possible."

"We're going to want to stay together, especially for the provisional patent and developing future research" Feddersen agreed.

The back-story—their long-time collaboration—also holds indications for what lies ahead.

"I've had a lot of ideas over the years," Marggraff said, "and Matt, every time, is the best person I can speak to. With this project, we both started researching and got really excited. As far as I'm concerned, this is a project we both developed."

He said the partnership is successful because he and Feddersen are different. He likes biology and chemistry. Feddersen is talented when it comes to applying math to science.
"He sees flaws and opportunities that I would miss. It makes it possible for us to combine our ideas and find things that wouldn't have been possible if they came out of a single field of view," Marggraff explained.
"We've been friends since fourth grade," Feddersen added. "We've had conflicts over the years and there have definitely been stressful times. Sparks will fly, but overall, it's a good mix. It's pretty equal."
They are also united when it comes to their teacher, Jay Chugh, who led them to and through the science fair.
"He doesn't like the rote, fact-based learning. He's a proponent of hands-on, project learning. He's had us do a lot of lab projects where we come up with the questions and ideas ourselves," said Feddersen.
"He's been absolutely fantastic," Marggraff exclaimed. "His teaching style is to inspire and motivate. Students don't realize how important that is. I think it boils down to conversation and discussion~ in class.He gets students to talk, to solidify ideas and to advance questions."
Jay Chugh has taught science atAcalanes for eight years. He's learned to never underestimate his students.
"Blake is by far the most genuinely curious student I have ever taught," Chugh said. "His zest for science is contagious, it's unparalleled. Because of that, he is the brain trust of the whole operation.
"Matt is the strongest possible co-pilot. He's equally bright, and verbal; being able to speak articulately about the project contributed to them doing so well."



Chugh is exceptionally proud of the fact that his students, unlike most of the other teams at the competition, won the award without the assistance of professional scientists, or even a class devoted to preparing for the science fair.
"As a teacher, this is as good at it gets. Luckily, for me, no matter what happens in the future, I'll always know I helped two students get to the International Science Fair— and win!" he said.
Feddersen, asked to consider the larger implications of the project, had plenty to say about cancer and the three criteria the judges identified in selecting the winners: projects had to demonstrate innovation in science, contain an original idea, and have application for real world improvement.
"One of the things we showed our judges was a map about radiation treatment in Africa: many of Third World countries have limited access to equipment. We showed that the ratio of equipment to patients is 1 to 500 in LA. In Africa, it's 1 to I million at the low end, and up to to 10 million at the high end," Feddersen explained.
Their project, if developed, would improve the efficiency and cost-effectiveness of radiation treatments that are largely expensive and inaccessible to Third World cancer patients.
"We both have relatives with cancer. It's something you don't think will happen to you, but it affects so many people," Feddersen said.
He called the financial award "fortuitous" and will no longer have to take out a student loan to attend the University of Illinois in Champaign-Urbana next year.
Marggraff, too, will apply his S37,500 share towards tuition at Washington University in St. Louis, Missouri.
They both said they plan to continue working together, even though geographic distance will make it tricky. Fortunately, these two young men are masterful at coming up with simple ways to solve complex problems.

Peter Falk, TV's Columbo, dies

Peter Falk, the actor known to a generation as television's Lt. Columbo, died in Beverly Hills, according to ABC News. "Falk died peacefully at his Beverly Hills home in the evening of June 23, 2011," according to the statement from his family. He was 83.

CZECH CORNER

Václav Klaus, Prezident České republiky, oslavil sedmdesátiny.

Prezident Václav Klaus včera s rodinou, přáteli a spolupracovníky oslavil 70. narozeniny. Na setkání s jubilantem dorazily podle informací Práva například herečka Jiřina Jirásková a zpěvačky Lucie Bílá a Eva Pilarová. Pogratulovat přišli také bývalí ministři, kterým Klaus šéfoval z pozice předsedy vlády. Oslavy jubilea ale setkáním v Míčovně na Pražském hradě neskončily. Prezident večer zahájil už 75. koncert z cyklu Jazz na Hradě, kde mu zahráli oblíbení muzikanti.
Klaus při příležitosti svých narozenin prohlásil, že ani po odchodu z prezidentské funkce v roce 2013 nezmizí z veřejného života. V rozhovoru pro Nedělní Blesk prohlásil, že si odchod do ústraní nepřeje a udělá vše, aby tomu tak nebylo.
„S jistotou bych odpověděl: Nehodlám zmizet z veřejného života! Jestli z politického života v užším slova smyslu, tak o tom žádný silácký a konečný soud teď dělat nechci. Zůstat ve veřejném životě pro mě znamená, že chci nadále bojovat s ohlupovači kolem globálního oteplování a dalších věcí. V tom skončit nemohu," řekl prezident.
Klaus odpovídal i na osobní otázky, třeba ohledně žen. „Nevím, jestli se líbím. Je jasné, že si prezidenta všimnou všichni – i ženy – víc než neprezidenta... Možná to ždibíček, ale jen ždibíček pomáhá," uvedl prezident.
Klausovi popřál k jeho včerejším narozeninám i předchůdce ve funkci a dlouholetý oponent Václav Havel. „Milý Václave, opět jsi o pět let mladší než já," napsal Havel z Karlových Varů, kde se zotavuje. Klaus v odpovědi poděkoval za přání a navázal na Havlova slova. „Usmívám se Tvému výroku, že jsi pořád o těch pět let přede mnou, a budu rád, když to ještě dlouho tak bude," napsal prezident.
Havlovi popřál Klaus brzké zotavení. „Ten význam zdraví si už také začínám více a více uvědomovat. Dlouho jsem to podceňoval. Vím, že Ti není nejlépe, a moc Ti přeji, aby se to co nejvíce a co nejrychleji zlepšovalo," uvedl prezident, který podle svých slov rád Havla v lázních navštíví, pokud si to bude přát.
Svému předchůdci na Hradě navíc zaslal knihu, která obsahuje texty 53 osobností z 15 zemí na klausovská témata. Podle Klausových slov Blesku se s Havlem vidí spíš oficiálně. „Myslím, že takový klidnější rozhovor byl před několika lety, kdy jsme s manželkou pozvali oba – Václava i Dagmar Havlovy na oběd do Lán... To byla za ta dlouhá léta asi jediná chvíle, kdy jsme si podali ruku při jiné příležitosti než například při zahájení oslav 28. října."

Z českého tisku 20 června 2011

Čeští vinaři neměli v San Francisku konkurenci
BRNO - Titul nejlepšího Sauvignonu výstavy a dalších 79 medailí si vezou moravští a čeští vinaři z mezinárodní výstavy vín v USA International Wine Competition pořádané v San Francisku. Mezi Sauvignony vyhrál vzorek Vinařství Líbal s.r.o. z Horních Dunajovic na Znojemsku. Spolu s tímto titulem moravští a čeští vinaři získali jednu velkou zlatou medaili, pět zlatých, 24 stříbrných a 50 bronzových medailí, tedy ještě o tři medaile více než v loňském roce.
"V San Francisku se našim vinařům dařilo už vloni, ale zisk titulu nejlepšího vína ve své odrůdě je spolu s dalšími cennými medailemi úspěch opravdu nevídaný," uvedl Pavel Krška, ředitel Národního vinařského centra.
Oceněný Sauvignon je navíc vůbec prvním VOC (Víno Originální Certifikace), které se takto významně prosadilo na mezinárodní soutěži. Vína VOC nenesou klasické označení podle kvality hroznů při sklizni, ale podle místa původu. Na etiketách neuvádí jakostní zařazení ani přívlastek. Podobný systém funguje už desítky let například ve Francii nebo v Itálii.
"Náš vítězný Sauvignon je výrazné aromatické víno, které má na ročník 2010 velmi pěkně vyvážené cukry a kyseliny. Je to typické víno pro VOC Znojmo, přesně naplňuje myšlenku jeho vzniku a jeho úspěch v mezinárodním srovnání jen potvrzuje, že jsme se vydali správnou cestou," uvedl k udělení titulu vinař Marek Líbal.

Před 700 lety usedla s Lucemburky na český trůn nová dynastie

Lucemburkové jsou jednou ze čtyř královských dynastií, které se vystřídaly na českém trůnu. Přestože jejich éra zahrnuje asi 130 let, ne vždy měli plnou kontrolu nad svým královstvím a nelze je časově srovnávat například s Přemyslovci či s Habsburky. Vláda Lucemburků začala před 700 lety, 7. února 1311, korunovací Jana Lucemburského a Elišky Přemyslovny. Největší panovnickou slávu si vydobyl jejich syn Karel IV. Pražské korunovaci předcházel sňatek, kdy si osmnáctiletá dcera českého krále Václava II. brala čtrnáctiletého syna lucemburského hraběte a římského krále Jindřicha VII. Svatba byla významnou politickou událostí. Měla zejména uklidnit situaci v zemi zmítané mocenskými boji po smrti posledního mužského čelena dosud vládnoucích Přemyslovců, Eliščina bratra krále Václava III. v roce 1306.

Ačkoli korunovace měla význam pro dějiny Lucemburska, Čech i Svaté říše římské, očekávání Čechů Jan zklamal. Svědčí o tom i v českém prostředí důsledné užívání jména Jan Lucemburský, byt' v Evropě byl znám jako Jan Český či Jan Slepý. Král, od něhož se očekával mír, spravedlnost a blahobyt, se nedokázal shodnout s českou šlechtou a o království se moc nestaral. Proslul jako schopný válečník a diplomat, který však zemi zanechal rozvrácenou a zadluženou. Iniciativu v domácí politice převzala Eliška, která vedla o moc nad zemí "válku královen" se svojí macechou a dvojnásobnou královskou vdovou Eliškou Rejčkou. Obě dámy měly vlivné spojence z řad šlechty Přemyslovna Viléma Zajíce z Valdeka, Rejčka Jindřicha z Lipé. Situace vyústila až v rozpad královského manželství. Přispěl k tomu i Eliščin rozkaz uvěznit milence své macechy. Většina české a moravské šlechty se však za Jindřicha postavila a král byl nucen ho propustit. Jan Lucemburský se čtyři roky po smrti Elišky (1330) podruhé oženil, novou královnou se stala Beatrix Bourbonská. Panovník (v roce 1339 oslepl), který rozšířil území království a vrátil prestiž titulu českého krále, a žil až do roku 1346, kdy padl v bitvě u Kresčaku.

V předvečer 700. výročí korunovace královského páru Jana Lucemburského a Elišky Přemyslovny se ve Svatovítské katedrále v Praze konala výroční děkovná mše, kterou sloužil arcibiskup pražský Dominik Duka. Mezi přítomnými byli zástupci významných evropských šlechtických rodů, jejichž členové jsou potomky prvního Lucemburka a poslední Přemyslovny na českém trůně. V předních řadách zaplněného chrámu usedli rovněž předsedkyně Poslanecké sněmovny Miroslava Němcová a členové pražského diplomatického sboru.

LAUGHLING CORNER

54 year old woman had a heart attack and was taken to the hospital.
While on the operating table she had a near death experience.. Secing God she asked "Is my time up?"
God said, "No, you have another 43 years, 2 months and 8 days to live." Upon recovery, the woman decided to stay in the hospital and have a face-lift, liposuction, breast implants and a tummy tuck.
She even had someone come in and change her hair color and brighten her teeth! Since she had so much more time to live, she figured she might as well make the most of it.
After her last operation, she was released from the hospital. While crossing the street on her way home, she was killed by an ambulance.
Arriving in front of God, she demanded, "I thought you said I had another 43 years? Why didn't you pull me from out of the path of the ambulance?"
God replied: "Shit! I didn't recognize you."

At a cocktail party, one woman said to another, 'Aren't you wearing your wedding ring on the wrong finger?'
'Yes, I am. I married the wrong man.'

A lady inserted an ad in the classifieds: 'Husband Wanted'.
Next day she received several hundred letters. They all said the same thing: 'You can have mine.'

FROM MY LIFE

Jiří Jan Špánek

February 10th 1903 - November 11th 1987

This document is only for Sokol members and the Špánek family

LIFE UNDER THE AUSTRIAN MONARCHY

Under the Austrian monarchy, standard of living, social conditions and hygiene were not exactly high. I remember that as a young boy in the suburb of Prague, Hostivař, there was no electric light or gas in the homes or in the streets. It took daily filling up and cleaning the oil lamp. In the kitchen we cooked and heated with the stove and it did get to be really smoky, especially in the morning when the atmospheric pressure was high. No showers. No bathrooms either, since plumbing was not yet a standard installation. We used to get water across the street, from a pump. Once a week water was heated in the wooden wash tub, where mothers scrubbed their children free of dirt. Hygiene was not great, since the chemical means for cleaning were not yet very good. As a result there was no lack of various bugs, fleas, ticks and cockroaches. Often, we boys observed through the window, how women, standing in their nightgowns in front of the oil lamp, were picking fleas from their bodies, throwing them into the oil lamp. The wooden floor was scrubbed with a coarse brush and covered with newspapers and cloth sacks that were gradually removed and the whole process started again. For our mothers, doing laundry was hard work. Every piece of laundry was scrubbed with a brush in the wooden washtub. The laundry was dried either in the courtyard or inside the apartment if it rained. There were no electric refrigerators and food was kept in the basement. Only the well-to-do families bought ice that was kept in a warehouse, where it was brought from a pond, to last a year.

At the butcher's a whole cow was hanging from a hook, and patrons chose the piece of meat they wanted. The meat hung in the store the whole day without refrigeration, surrounded by flies. The poorer families could not afford to buy meat every day. That was saved for the Sunday lunch. Soups, potatoes, lentils and rice were the everyday staple prepared with lard. Flour was used to make dumplings and noodles. The women did not prepare green vegetables, these were used for soups only. The favorite meat was pork, as many families were raising their own pig. When it was slaughtered there were festivities for the whole neighborhood. First the soup was made and then the "jitrnice" intestines filled with soft meat, lungs and meat from the head. Everyone got their share, and this was reciprocated when in turn they killed their own pig. Much wine was drunk but only on special occasions. We used to get it at the nearby pub. When Mother called" go get some beer for Dad", a little tyke grabbed the pitcher and ran to the pub. Father sometimes grouchily complained: What took you? The beer is all warm!" At other times the son took his time and on returning he was humming to himself. The father realized that his son was helping himself on his way home. Saturdays and Sundays dads were frequenting the pubs and stayed there long into the night. Easily, they emptied twenty, thirty half-liters. Having a great round belly was nothing to be ashamed of. Notwithstanding, many men were dying early from kidney and liver disease. As a result the responsibilities at home fell on mothers. Fathers, not having enough time, were asserting their authority sometimes by not sparing the rod, their belts delivered stinging punishment. Usually, a crying mother had to stop father from letting this get out of hand.

When a goat got sick, they called the vet. When mother got sick, she had to make do with a chamomile brew. The care of newlyborns was very poor and infant mortality was high. The standard of living was poor. The working day was often 12 - 14 hours, with no pay for overtime. There was no medical insurance. That was reserved only for the employees of railroads and state office employees.

As always, there existed a well-to-do class, but they did not concern themselves with the poverty conditions of the working class. The nationalistic question was always the struggle of the Czechs against the Austrian monarchy. Even if Czech was spoken in Prague, it was mixed with German words and German was spoken in the offices and at police stations. It was interesting that in Prague "real" gymnasium (high school) German was not mandatory, but

The working class did not experience the pressure or the restrictions of the monarchy as much as the intelligensia, and leading politicians, who were pursued and censored for even small transgressions against its Highness and locked up in a slammer.

Sokol in those times was not only a gym, but a nationalistic and political organization leading the fight against the monarchy. The Austrian offices were supporting organizations of veterans, petty landlords and firemen who were to take the interest of people away from Sokol. The underground struggle against the Austrian monarchy was led mostly by intellectuals. Common people were happy with "Schweikism".

I remember how at one historic anniversary we were walking around sporting slavic tricolor sashes across the chest, and the act of courage was to parade in front of the police officer. At home, father was not pleased, the police officer was a good friend and his card partner in the pub.

In grade school, our teachers were patriots. They taught us even against the established curriculum how to appreciate and honor history and its heroes. The teachers of catechism were of all stripes, good patriots and good servants of the monarchy.

I was born into this world on February 10th, the first born son of Antonín Špánek and his wife Kateřina, née Růžičková, in Hostivař near Prague, house number 75.

I was baptized Jiří Jan in a catholic church. My father was an interior house painter. He was born in Kunratice near Prague, to his father Josef Špánek, master shoe maker in Kunratice, and to his wife Anna, née Zavadilová, from Chalupice near Prague.

My mother was born in Hostivař, the daughter of Tomáš Růžička, master wheelright and a local postmaster, and his wife Antonia, née Šindelářová from Vinoř near Prague. My godfather was a brother from my mother's side, Jan Růžička, and my godmother was aunt Antonie Vořechovská, wife of Josef Vořechovský, a train conductor.

My father Antonín was by trade a painter, but since in a small suburban neighborhood of Prague business was rather slow, my parents had a sundry shop in a street leading to a train station.

In my native country, the lands belonged to the Austro-Hungarian empire and even though the official language was German, people spoke Czech and sent their children to Czech schools. In every little village there was a small branch of Sokol with its gym hail, and my parents belonged as enthusiastic patriotic Sokol members and athletes. My mother was an accomplished actress in the local drama club. I don't remember my grandfather from my mother's side, but my grandmother was an educated and enlightened woman, surrounded by books. She was a good grandmother to me. She lived alone, just next to our house in number 124, and she died at the age of ninety.

My paternal grandparents lived in a nice house in Kunratice, where my grandfather worked as a shoe maker. I remember when I used to walk there, weighted down with shoes for the whole family, it took me an hour. He repaired our shoes free of charge. In Kunratice, I always had to visit the whole circle of the Spanek family. They joked that when someone yelled in the pub "there is fire at Spanek's" no one was left in the pub.

I remember that I started going to Sokol and even participated in the large group exercises as a child in Prague in 1912. I went to public school across the street and in the house where we lived, my mother had a store with school supplies. At that time I already had siblings - my sister Zdena, brother Jaroslav, sister Libuse and my brother Miroslav. I was the oldest and so it fell to me to be both their caretaker and babysitter. I was helping my mother at home while she worked in the store. Father took very good care of us. He built for us a large puppet theater, a great source of joy for us and the children from the neighborhood. We played comedy by Kopecký "The Miller and his Child" (Mlynář ajeho dítě); The Robbers from Chlum (Loupežníci na Chlumu), Dr. Faust and other classical plays adapted for puppet theater. Soon I was able to voice and play Kašpárek, Miller, Robber, and Prince and even Princesses.

In the old monarchy, religion classes were mandatory in schools, as was attending church regularly. I discovered a lot of activities that associated with going to church. The school principal asked me to pump the air for the organ and at school , I was captivated by the stories from the Bible, told by a young teacher of catechism. An old conservative minister did not like to see us in our red Sokol shirts and called us "little devils". We returned his Christian love doing various mischiefs in the church. We drank his communion wine, and poured water in the pitcher instead. We brought a dog to a church filled with worshipers and let him run wildly all over the church, before he finally got out.

We played cards behind the organ and forgot the pump the pedals, so when the old minister started singing in latin "Nominum Suoliscum" and the principal should answer along with the organ "Nectum Spiritum quo" there was no sound coming out of the organ. There were a lot of similar jokes and mischiefs.

In the morning when girls attended confession, we were hiding behind the confessional and eavesdropped on all the deadly sins the girls had committed. For example, "I hit my cat and dog..., I was sneaking to get to my mother's sugar" and other deadly sins.

The Sokol hail was right across the street. I frequented the hall often and in addition to the exercises I attended, I also tried the various exercise equipments and became a really good athlete. At school, I was a good student, had good grades and I was admired by the whole school for my drawing skills. I started learning how to play the violin from a professor from the Prague conservatory. Too bad I was not made to practice more, but even so, I gained the fundamentals and loved music my whole life.

My best school friends were the sons of a factory owner, Kral, a factory that made chocolates. On Saturdays and Sundays my friends swiped the keys from the factory and we endulged in a heavenly feast. At home, Mother could not understand that her little boy did not want to eat a thing. My siblings were growing up and during the summer holidays the house was more than full, and so my aunt, married in her second marriage to a custodian of the Klesy Estate, requested me for the summer holidays, while my school buddies were planning the next mischief.

My father took me to the estate in Zdice. While there, as it was customary with the local nobility, I became a young gentleman. This is what I was called by the workers of the estate. My aunt and uncle were taking me along to visit other estates and so I was forced to learn good manners. Even at home my aunt was strictly observing etiquette. Later, I got to appreciate it, because I learned how to live with social graces.

To prevent me from getting too lazy, they were sending me to help workers in the fields. The workers got to like me because I was bringing them fruit picked from the garden.

After fifth grade, my parents sent me to gymnasium (junior high) in Vršovice. I was taking the train with a whole group of students from Hostivař.

It was at the beginning of the war in 1914 and my father was called to serve in the army. The Czechs were not taking the Austrian Army too seriously, and as a father of five children, he started working in the army barracks. He was assigned to paint the officerst flats, but it did not last very long and he was sent to the battle front. Over there the Czechs manifested all sorts of ailments caused by ingesting various chemicals and were then sent to the hospital in Prague. They were able to flee the front, but later on it had detrimental side effects on their health.

My maternal uncles were very kind to me. Uncle Sláva with his Prague sense of humor always captivated my attention. Uncle Karel and his brother Růžička were building contractors.

In the Vršovice gymnasium (junior high) things changed for me. For the Czech language we had a good teacher, patriot, and a Sokol. His name was Soldera, and he inspired us with famous stories of the Czech history and nation. Another professor, Dr. Pras, taught us to love literature. We found the professor of music rather interesting; he taught us to love music and the Czech operas. I started going to theaters, and to the student performances in the National and Vinohrady theaters. I learned to appreciate both classical and contemporary repertoires. In the National Theater I was captivated by Rostand's "Cyrano de Bergerac," and I could soon recite it by heart. Theater, Sokol, and outings to the nearby countryside made up my student life, while other classmates were steeped in all sorts of mischief while their fathers served in the army.

When I was 12 years old I had my first platonic "crush" on one of the most stunning girls in the school. She did not know it, and later married a son of the minister Antonín Švehla.

I completed only junior high (lower gymnasium) because my parents could not afford to send me on during the challenging times of the war. I asked my rich aunt Antonia Krásová to help me out,
since she used to promise that I would become her heir. At that time I was dating a girl who was poor, the daughter of a gym custodian and not much to my aunt's liking, and so the loan did not materialize.

I was forced to learn a trade. My father was a Sokol and had a lot of Sokol connections in Prague. With their help I was able to secure a place in the electrotechnical company of the famous inventor Ludvík Otčenášek, who was also a good Sokol. I worked there four years and never realized that I was working on significant inventions of the century. Ludvik Otcenasek was inventing in his workshop a missile, which in 1918 during the First World War was sent to the French battlefront to be used against the Germans.

It will continue in the next Vestnik

How we have paid dues **Sokol San Francisco Membersip**

	B	C	D	E	F	G	H	I	K	L
1	Pn=paid,new	P=paid	Pt= paid, trasferred	Pr=reinstated		N=not paid				
2	**First Name**	**Last Name**	**Address**	**City**	**ST**	**Zip Code**	**F**	**M**	**P 10**	**P 11**
3	Tami M.	Bannister	3421 Carlmont Dr., # 15	Belmont	CA	94002	1		P	P
4	Jarmila	Bochenek	755 Raymundo Ave.	Los Altos,	CA	94024-3139	1		P	P
5	Daniel	Botcha	1160 Via Escondida	Novato	CA	94949		1	P	P
6	Jana	Botcha	1160 Via Escondida	Novato	CA	94949	1		P	P
7	Patti	Buckley	6414 76th St. Ct. W.	Lakewood	WA	98499-3441	1		Pr	P
8	Paul A.	Burda	213 Westvale Court	San Ramon,	CA	94583		1	P	P
9	Jeannette	Chambers	3220 Lake Johanna Blvd.	Arden Hills	MN	55112	1			Pt
10	John	Cambus	121 Lakewood Rd.	Walnut Creek,	CA	94598-4720		1	P	N
11	Vladka	Cambus	121 Lakewood Rd.	Walnut Creek,	CA	94598-4720	1		P	N
12	Evelyn	Cheever	37653 Glenmoor Dr.	Freemont,	CA	94536-6628	1		P	P
13	Stanley	Cheever	37653 Glenmoor Dr.	Freemont,	CA	94536-6628		1	P	P
14	Dagmar	Crichton	1873 Greenwitch St.	San Francisco,	CA	94123	1		P	N
15	Frank	Dlask	451 Santa Margarita Ave.	Menlo Park,	CA	94025		1	P	P
16	Jarmila	Dlask	451 Santa Margarita Ave.	Menlo Park,	CA	94025	1		P	P
17	Blanche	Duffey	249 W. Poplar Ave.	San Mateo,	CA	94402	1		P	P
18	Jaroslava	Dusatko	1700 Botelho Dr. #409	Walnut Creek,	CA	94596	1		P	P
19	Milan	Dusatko	1700 Botelho Dr. #409	Walnut Creek,	CA	94596		1	P	P
20	Shirley A.	Gangelhoff	1319 Speers Ave.	San Mateo,	CA	94403	1		P	P
21	George	Goupille	879 Partridge Ave.	MenloPark,	CA	94025-5215		1	P	P
22	Vera	Goupille	879 Partridge Ave.	MenloPark,	CA	94025-5215	1		P	P
23	Vera	Horn	800 N. El Camino # 203	San Mateo,	CA	94401-3760	1		P	P
24	Bohumila	Janac	18955 Palo Oaks Ct.	Saratoga,	CA	95070	1		P	P
25	Jarmila	Jancarik	154 Woodbury Ct.	Walnut Creek,	CA	94596	1		P	P
26	Jiri	Jancarik	154 Woodbury Ct.	Walnut Creek,	CA	94596		1	P	P
27	Joan	Kemr	476 32nd Ave.	San Francisco,	CA	94121-1724	1		N	N
28	Eva	Kryska	1120 Newell Rd.	Palo Alto,	CA	94303	1		P	P
29	Jiri	Kucera	21901 Monte Ct.	Cupertino,	CA	95014		1	P	P
30	Ivanka	Linhart	P.O. Box 1172	Soulsbyville,	CA	95372	1		P	P
31	Petr	Linhart	P.O. Box 1172	Soulsbyville,	CA	95372		1	P	P
32	David	Livingston	19617 Forest Ave.	Castro Valley,	CA	94546		1	P	P
33	Helenka	Livingston	19617 Forest Ave.	Castro Valley,	CA	94546	1		P	P
34	Victor	Machacek	1655 Funston Ave.	San Francisco,	CA	94122		1	P	P
35	Lida	Mikes	115 Los Vientos Way	San Carlos,	CA	94070	1		P	P
36	Frank	Miksa	7 Royston Walk	Pleasant Hill,	CA	94523		1	P	P
37	Blanche	Milner	1500 Held Dr. # 67	Modesto,	CA	95355	1		P	P
38	Ludvik	Mlynek	1225 Warner Ct.	Lafayette,	CA	94549		1	P	N
39	Ludmila	O'Donell	3424 NE. 35th Ave.	Portland	OR	97212	1		P	P
40	Teresa	O'Donell	3424 NE. 35th Ave.	Portland		97212	1		P	P
41	Alena	Picha	650 Newhaven Ct.	Walnut Creek,	CA	94598	1		P	P
42	Frank	Picha	650 Newhaven Ct.	Walnut Creek,	CA	94598		1	P	P
43	Eva	Plachy	717 Best Ct.	San Carlos,	CA	94070-1544	1		P	P
44	Ivo	Plachy	717 Best Ct.	San Carlos,	CA	94070-1544		1	P	P
45	Milan	Prejda	110 Ballatore Ct.	San Jose	CA	95134	1			P
46	Regina	Prejda	110 Ballatore Ct.	San Jose	CA	95134		1		P
47	Jaroslav	Rosicky	16714 Selby Dr.	San Leandro,	CA	94578-1264		1	P	P
48	Michelle	Ruff	324 Via La Paz	Greenbrae,	CA	94904-1246	1		P	P
49	Dagmar	Rus	628 Newlands Ave.	San Mateo,	CA	94403	1		P	P
50	Ruda	Rus	628 Newlands Ave.	San Mateo,	CA	94403		1	P	P
51	Marta	Sehnal	7415 Alpine Road	La Honda,	CA	94020	1		P	P
52	Albert	Sieber	231 Auburn Ave.	Santa Cruz	CA	95060		1	Pr	P
53	Libuse	Sikl	418 Patricia Ave.	San Mateo,	CA	9440-3044	1		P	P
54	George I.	Skoda	3400 Princeton Way	Santa Clara,	CA	95051-5526		1	P	P
55	Marcelle	Skubna	1333 Singingwood Ct. # 2	Walnut Creek,	CA	94595	1		P	P
56	Desider E.	Slavoj	22 Ord Ct.	San Francisco,	CA	94114-1417		1	P	P
57	Karel	Snajberk	916 Regal Road	Berkeley,	CA	94708		1	P	P
58	Barbora	Soltys	1175 Covington Ct.	Walnut Creek,	CA	94596	1		Pn	N

How we have paid dues **Sokol San Francisco Membersip**

	B	C	D	E	F	G	H	I	K	L
59	Pn=paid,new	P=paid	Pt= paid, trasferred	Pr=reinstated		N=not paid				
60	**First Name**	**Last Name**	**Address**	**City**	**ST**	**Zip Code**	**F**	**M**	**P 10**	**P 11**
61	Pavel	Soltys	1175 Covington Ct.	Walnut Creek,	CA	94596		1	Pn	N
62	Henry J.	Sredl	P.O. Box 1029	Center Harbor,	NH	03226-1029		1	P	P
63	Walter	Strach	783 Ajax Dr.	Sunnyvale,	CA	94086		1	P	P
64	Jindra	Stroleny	780 Oak Grove Rd. apt. 312	Concord	CA	94518	1		Pr	P
65	Georgina	Teyrovsky	21966 Dolores St. # 241	Castro Valley,	CA	94546	1		P	P
66	Angie	Tomanek	26612 Durham Way	Hayward,	CA	94542	1		P	N
67	Tomas	Tomanek	26612 Durham Way	Hayward,	CA	94542		1	P	N
68	Helena	Vernak	2724 Mason Lane	San Mateo,	CA	94403-2613	1		P	P
69	Zdenek	Vernak	2724 Mason Lane	San Mateo,	CA	94403-2613		1	P	P
70	Milos	Zivny	10815 Breed Ave.	Oakland,	CA	94603		1	P	P
71	Zelka	Zivny	10815 Breed Ave.	Oakland,	CA	94603	1		P	P
72	Ashka	Zrzavy	654 Oregon St.	Sonoma,	CA	95476	1		P	P
73	Lada	Zrzavy	654 Oregon St.	Sonoma,	CA	95476		1	P	P
74										
75	**TOTAL**						39	30		
76										
77										

JURY Duty Scam

Pass this on to your grown children. This has been verified by the FBI (their link is also included below). Please pass this on to everyone in your email address book. It is spreading fast so be prepared should you get this call. Most of us take those summonses for jury duty seriously, but enough people skip out on their civic duty that a new and ominous kind of fraud has surfaced.

The caller claims to be a jury DUTY coordinator. If you protest that you never received a summons for jury duty, the Scammer asks you for your Social Security number and date of birth so he or she can verify the information and cancel the arrest warrant. Give out any of this information and bingo, your identity was just stolen.

The fraud has been reported so far in 11 states, including Oklahoma , Illinois , and Colorado , AZ and more. This (swindle) is particularly insidious because they use intimidation over the phone to try to bully people into giving information by pretending they are with the court system.

The FBI and the federal court system have issued nationwide alerts on their web sites, warning consumers about the fraud.

Check it out here:

http://www.fbi.gov/page2/june06/jury_scams060206.htm

And here: http://www.snopes.com/crime/fraud/juryduty.asp