American Sokol

Sokol San Francisco

SOKOL SAN FRANCISCO INC.
GYMNASTIC ASSOCIATION
EDUCATIONAL-SOCIAL AND
CHARITY NON-PROFIT CULTURAL
ORGANIZATION

http://www.sokolsf.org

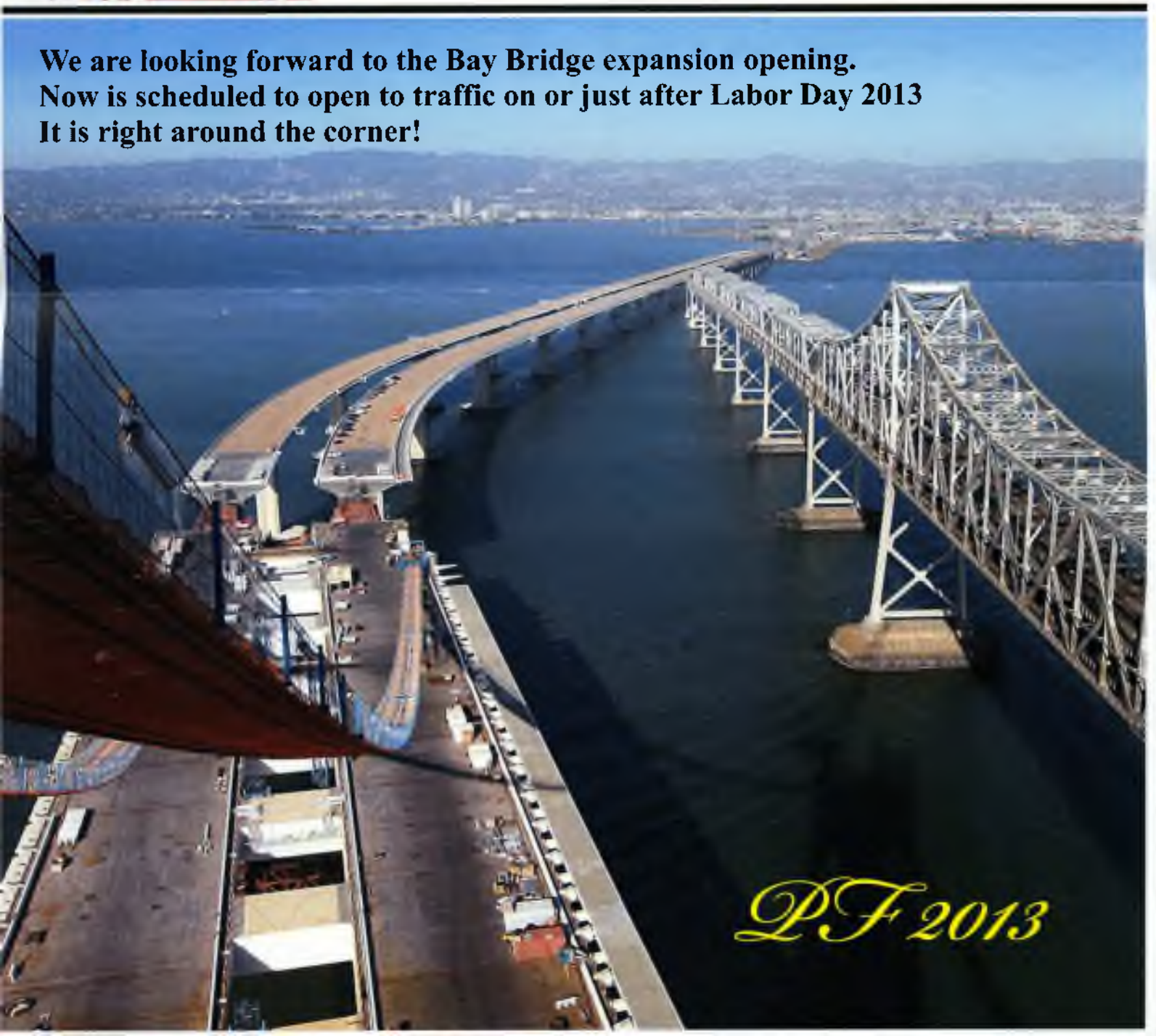
P.O. Box 5252, Walnut Creek, CA 94596-9998
E-mail: sokolsf@gmail.com



VĚSTNÍK

WINTER
2012

We are looking forward to the Bay Bridge expansion opening.
Now is scheduled to open to traffic on or just after Labor Day 2013
It is right around the corner!



SOKOL SAN FRANCISCO OFFICERS 2013

President	Jara Dusatko
1st Vice-president	Georgina Teyrovsky
2nd Vice-president	Zdenek Vernak
Recording Secretary	Zelmira Zivny
Financial Secretaty	Paul Burda
Treasurer	Jarmila Jancarik
Vestnik Editors	Milan Dusatko, Paul Burda
Membership	Milan Dusatko, Paul Burda
Educational Director and Public Relations	Zdenek Vernak
Men's Director	Milos Zivny
Auditing Committee	Marta Sehnal, Jiri Jancarik, Jarmila Jancarik
Budget and Finance Committee	Paul Burda, Zdenek Vernak, Jiri Jancarik, Milos Zivny
Entertainment Committee	Georgina Teyrovsky, Daniel Botcha, Jara Dusatko, Paul Burda
Reconciliation Committee	Zdenek Vernak, Milos Zivny
Zupa Representatives	Jara Dusatko, Jiri Jancarik, Lida O'Donnell

Phone & E-mail List:

Name		Phone #	E-mail
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Dusatko, Jara & Milan	Home Cell	925.937.1769 650.815.9327	jmdusatko@gmail.com
Jancarik, Jiri	Home	925.939.6007	jirijancarik@yahoo.com
Jancarik, Jarmila	Home	925.939.6007	jaruj@yahoo.com
Teyrovsky, Georgina	Home	510.582.6545	teyrovsky@gmail.com
Vernak, Zdenek	Home	650.341.8117	z.denak@sbcglobal.net
Zivny, Zelmira & Milos	Home	510.638.4723	zelkaz@aol.com
Sehnal, Marta	Home	650.941.8869	msehnal.@aol.com

Sokol Members and Committee Meeting is held every second Tuesday each month at 1:30 PM (except July and August) in Baywood Court, 21966 Dolores St. # 243, Castro Valley, CA 94546.

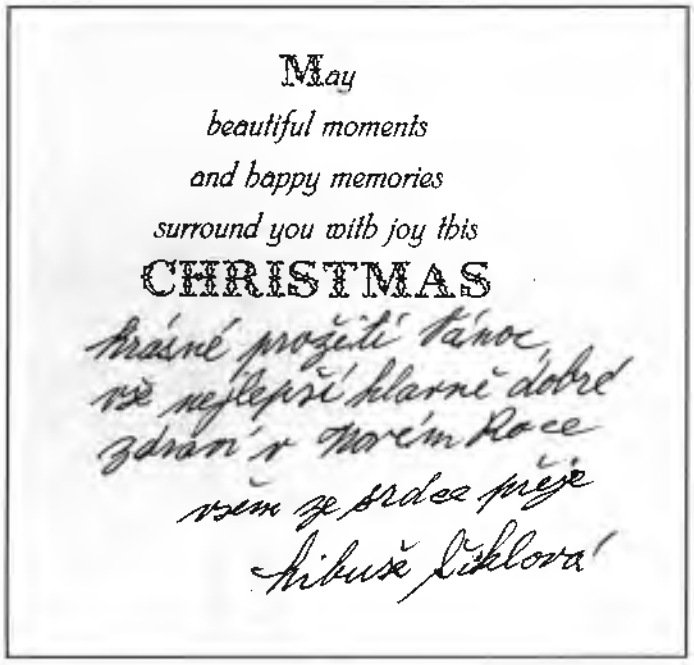
Věstník is published by Sokol San Francisco, four issues per year. Send your typed contributions to our Unit's address or editor's e-mails. **Contributions after deadlines will be published in the next Vestnik issue.**

Věstník Schedule:

Deadline for contributions	WINTER	December 31 with a publication date January 31,
Deadline for contributions	SPRING	February 28 with a publication date March 31,
Deadline for contributions	SUMMER	May 31 with a publication date June 30,
Deadline for contributions	FALL	September 30 with a publication date October 31.

SOKOL UNIT CORNER

Please pay attention to Sokol news and information on our unit new website: http://www.sokolsf.org/



Sokol dues and donations 2012:

We are very thankful for your generous contribution and support to American Sokol San Francisco Unit, non-profit Organization of individual donations as follows:

K. Snajberk $65, G. Teyrovsky $14, P. Burda $125.22, Kucera $50, J. Strolena $40 copy 8mm film to DVD, V. Machacek $25, J. Bochenek $20, H. Sredl $25, D. Vernak $30, B. Lundeen $10(for Vestnik), Z. Zivny $71.12, Seda $10.

Total: $485.34

Paul A Burda, Sokol Financial Secretary

Brothers and Sisters:

Our Unit currently stands for 33 women and 28 men.
We lost our long time member sister Jarmila Bochenek. (See Page 7)
Our Board continues to work very hard in keeping our aging, non-profit organization vibrant.

We would appreciate your positive inputs about how you visualize the future of our organization in these changing and multicultural times of the American Society.
Your ideas are very important to us. Please send your comments via e-mail or postal mail.
Thanks to all interested and concerned members.

Payment Dues 2013 (see pages 15 & 16 how we stand)

SEND WITH YOUR PAYMENT	**KEEP FOR YOUR RECORDS**
2013 Dues are $35, late fee $5 after 2-28-13. **Membership reinstatement fee $5.** **Membership Dues sent $.....** **New members add $5 processing fee to American Sokol Headquarters in Brookfield, Illinois** **Donation/Contribution.....** **Name:.....** **Sent amount.....** **Address.....** **City.....State....Zip.....**	**Sokol San Francisco Dues 2013** **Date: .....** **Check No:.....**

SOKOL SAN FRANCISCO CALENDAR of EVENTS 2013

DATE	ACTIVITY	LOCATION
February 6, Wednesday	Walk for your Health	Watching Monarch butterflies, Ardenwood Park
March 23, Saturday	Masaryk Dinner, Dance	Tarragon restaurant, Sunnyvale
April13, Saturday	Sokol Lunch and Walk	El Torito or Horatio's restaurant, San Leandro Marina
May, date not set yet	Walk to Masaryk statue	Joining the CSA Fraternal Life at the Golden Gate Park
June 8, Saturday	Spring Picnic	Lake Chabot Park, San Leandro
September 14, Saturday	End of Summer Picnic	Lake Chabot Park, San Leandro
September 21, 22, 23	A trip to Czech Museum	Cedar Rapids, Iowa, Chicago
October 11, Friday	Walk for you Health,	Cliff House through Golden Gate Gorge (to 32nd Ave and back)
October, date not set yet	Pacific District meeting,	Crowne Plaza Hotel, Foster City
November 9, Saturday	Walk for your Health	Suggesting Muir Woods, possibly with picnic
December 7, Saturday	Sokol Annual Meeting	Crowne Plaza Hotel, Foster City
December 28, Saturday	Dinner, dance, end of the Year	Crowne Plaza Hotel, Foster City

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From Sokol Annual Meeting

The last meeting of the year 2012 was the Sokol Annual Meeting, held on December 8th at the Crown Plaza Hotel in Foster City. After many years, the Board has changed the meeting venue since some Brothers and Sisters complained that the former place, a church in Castro Valley, was too far away for some of them and not convenient. The Crown Plaza Hotel is centrally located and after having an old-timer lunch there earlier in the year, the Board knew that the place was well liked. In the meeting room, the San Francisco Sokol's new flag was proudly displayed. The newly designed and beautifully embroidered flag was for the first time carried and shown at the Parade during the XV. Sokol Slet in Prague.



For different family and health reasons, some Brothers and Sisters apologized at the last minute and there were only 19 Sokol members present at the meeting. The officers of the Board talked about the 2012 Sokol physical, educational, budget financial and cultural activities which there were many. The top achievement of the year was definitely our participation at the Sokol Slet in Prague, where six of our members were exercising. Brother Zdenek Vernak, the Unit's Educational Officer, mentioned the tribute to Josef

Skvorecky with participation of the actors, the music director and the director of movie "Rhythmus on My Heels" as one of the successful events. He also prized our Walks for your Health, the Masaryk remembrance and and the spring and autumn picnics. About San Francisco Sokol Vestnik, Brother Vernak said it might be the best of the Sokol Units' publications.

For the next year, the Board will again organize the popular walks and picnics and as the main event, invites everybody for a trip to Cedar Rapids, Iowa, to visit the Czech and Slovak National Museum. Part of the trip will also be a visit to the Sokol historic exhibition at the Sokol headquarters in Chicago.

After the new Board of Officers election, Sister Jara Dusatko, the Unit's President, in a short overview of the successful Sokol year, mentioned that a newly opened Czech School in California, also sponsored by our unit, seems to be very successful.

Before the meeting's end, a slide show of the 2012 Sokol events was shown as well as the video of the seniors performance at the Sokol Slet in Prague. All Brothers and Sisters present liked the pictures and appreciated the show.

Zelmira Zivny

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Christmas Party of the Czech School in California.

Czech School in California successfully continues it's program of teaching Czech language, it's culture, history, and geography with 72 students. On December 15, 2012, the team of Czech teachers organized a wonderful *Christmas Party* and a *Christmas Exhibition of Czech Traditions* in the Community Center in Sunnyvale. About 150 children, their parents, grandparents, their friends and several Sokol SF members participated in this event. They also welcomed a special guest, Michal Sedláček, the Consul General of the Czech Republic. To show the improvement in language skills, each class performed a variety of short skits, poems, and songs. This fun program, as well as the reminder of Czech traditions enhanced the spirit of Christmas season.
Everyone had the opportunity to taste traditional Czech Christmas cookies "cukroví", Honey Bohemian Ginger Bread and Christmas bread "vánočka".





České vánočky

Many thanks to four members of Sokol San Francisco who donated baked goods ("vánočky") for this event and for follow-up St. Nicolas Party, organized by BayCzech. All goodies were quite popular and disappeared very quickly!

Jara Dusatko

P.S. Czech School of California is extending their classes in three new Bay Area locations:
San Jose, starting in February 2013, one class in for children age 18 months to 3 years,
San Francisco and Lafayette, starting in March 2013, classes in for children and adults.

Applications and the other information: www.czechschoolofcalifornia.com

Where have all those days gone?

At the end of 2012, as every year, we met at a dance at the Tarragon Restaurant. You saw it all before: Sokol members and friends who know how to party let go of the old year and celebrate the arrival of the new one. Considering the jolly good mood that permeated this evening, we were welcoming the New Year and new beginnings. Or were we full of joy due to our accomplishments? Anyway, the friendly chatter was in full swing all evening long. One of the highlights of the evening was the singing performance by Ms. Liana Derner. She raised the artistic level of the evening by singing a wide repertoire of songs, all well known to us. And she was brave enough to involve us in her performance and we could not help, but prove the obvious - we are not ready, yet, for the prime time. I enjoyed her rendition of the Christmas songs and carols, both Czech & American. My favored song "O, Holy Night," is practically a prayer. In my opinion, it requires a pure, child-like and simple voice, humble, free of elaborations and variations of the voice. Liana has done just that, thanks!





Joe Domitrovich Band took us down the memory lane playing the oldies. Hearing the song that we rarely listen to, only reminded us how much we have missed them. Do you remember the Gypsy song (Cikánko ty krásná), Camp fire (Táboráku plápolej...)? You don't? You must be too young then!
In a short speech, our president Jara Dusatko, recapitulated all the activities Sokol San Francisco organized this year. Only after you hear in one sweep the number of events packed into just one year, you can see how busy we were.
Moreover, the next year's program is not any skimpier. As you may know - **in 2014, we shall celebrate 110th anniversary of our unit's founding** and the Board of Directors is taking this task seriously. We'll keep you posted. We were pleased to see some new faces among the fifty attendees, but for some old-timers the night driving is a problem, so they cannot attend any more. We are still searching for a place that would be convenient to most of our members.

In 2012 babies were born, anniversaries celebrated and, sadly, we sorely missed the ever smiling face of our good friend, Sister Jarmila Bochenek. We admired her happy disposition, her optimism was contagious. Our prayers are with her husband and their families.

Happy New Year to all of you!

Zdenek Vernak

Obituary



Just like God's tears of joy bring the morning dew,
Every loving thought we have sheds tears of love for you,
Your bright spirit brought joy into our lives,
Your loving smile gave us comfort and a sparkle to our eyes.

Your generous heart was always filled with love,
You always gave so friendly with a smile and a tear,
We remember you so fondly with a smile and a tear,
The love that we remember will always keep you near.

Our hearts are filled with wonder when we think of you,
Dancing up in Heaven must be wonderful for you
The times that we have shared are held in our heart,
All the joy, laughter and love we will never be apart.

As you look down from Heaven here is what you'll see,
All of us holding you close to our heart with a loving Memory.

Loving you Forever your Family.

By Jerry Bochenek

With great sadness we are announcing the loss of our good friend and a long time Sokol member, Jarmila Bochenek (December 25-December 27, 2012). Jarmila passed away after a brave fight with a dangerous illness. She was a loving wife, mother, grandmother and caring friend to many. Jarmila was the life of every party, always friendly and happy, loved to dance and was a frequent participant of our Sokol activities for many, many years. We are expressing our deep condolences to her caring husband John and to the rest of her family. John was one of the acting Sokol partners whose financial help saved Sokol San Francisco Unit from bankruptcy created under the presidency leadership of the Turner group. Jarmila will always be remembered in our hearts, and honored in our thoughts. We will miss her positive presence and her warm smile. God bless your soul, Jarmila, rest in peace.

Sokol San Francisco, Board of Directors



Celebration of Jarmila's life in Tarragon Restaurant, Sunnyvale, CA

Photo by Jana Botcha

Trip to Cedar Rapids, Iowa and to Chicago

Visiting the National Czech and Slovak Museum & Library and the Sokol History exhibition at ASO headquarters. As discussed and agreed to at the annual meeting 2012, Sokol San Francisco is planning this trip tentatively in September of this year for interested participants. Sokol members in good standing with at least 2 years membership will get a partial financial support to cover the travel costs. To register, please send the name of attendees, along with a $50 deposit/person by the end of March 2013, and mark your calendar.
The participants will fly to Chicago. We'll rent a motor vehicle (probably a minivan or a van) and travel to Cedar Rapids. We'll stay overnight at Cedar Rapids and the next day visit the museum and all it's exhibitions and also some places in town related to our Czech heritage. We will spend our second night in Cedar Rapids and travel back to Chicago early in the morning. We will visit the Sokol historic exhibition at the ASO headquarters, walk around the streets full Czech names and businesses and stay overnight in Chicago. Next morning, we'll drive everybody to the airport. Some of us will fly home, some might prefer to extend the trip on their own.
. Br. Milos Zivny, Mens Director, will be the main organizer and contact for this trip. You will be continuously informed or you can call him directly if you have any specific questions.

Sokol Unit Board

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AMERICAN SOKOL CORNER

New American Sokol Office Manager From: **President Tom Pajer** <tompajer@comcast.net>

American Sokol Members,

It is with great pleasure that I announce Colleen Stransky as the new American Sokol Office Manager. Besides her outstanding experience and qualifications, Colleen has a lifetime of volunteerism invested in the American Sokol. In this recently revised position, Colleen will have many administrative responsibilities, but a large portion of her time will be dedicated to advanced project work in Finance, Membership, Insurance, etc... She will also be integral in supporting the National Executive Board and its officers in accomplishing the many goals that each of them have. Most importantly, Colleen will be a strong and consistent resource for all Districts, Units and Members to contact in order to get information and stay "connected" to the American Sokol.

Please join me in congratulating Colleen on this new and exciting opportunity!

Nazdar! Tom

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Information about new Bylaws 2010 from Sis. Jolene Dalton, Chairman ASO Bylaws Committee to E-mail from Bro. Paul Burda on status of this document

Dear Bro. Paul Burda,

You are correct. The distribution of the ASO Bylaws has been handled differently since the last Convention compared to other Conventions. At the 2010 ASO National Convention permission was given to work on separating the Standard Operating Procedures (SOPs) out of the Bylaws during the interim-Convention years. Because of the cost of printing the Bylaws booklets, it was decided to wait until separation was complete & approved before we spent that money. Meanwhile, the approved Bylaws from the Convention have been posted on the ASO website so they would be accessible by any of our members.
Due to many factors, the process of the separation and the approval by the Units took longer than expected.

The Bylaws booklets are finally on their way to the printer. Because of relatively short time left before next Convention, the fact that a lot of members never look at the ASO Bylaws booklet, because of the electronic age we live in, and wanting to wisely spend money out of the budget for printing, it has been decided that each Unit will receive a minimal amount of printed Bylaws booklets with the Bylaws document again being posted on the ASO website if a Unit needs more copies. Attached is a copy of The Bylaws approved at the 2010 ASO National Convention. Everyone will be notified when the newly approved, separated Bylaws are available on the website, but you can confidently refer to those already there. The newly approved Bylaws have not changed in any way-just the Standard Operating Procedures have been separated out.

Nazdar, Sis. Jolene Dalton, Chairman ASO Bylaws Committee

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INFORMATION CORNER

(More Innformation on http://www.sokolsf.org)



Kateřina Dehningová (rozená Hodová) se narodila v Praze v roce 1971. Z Evropy vycestovala po Sametové revoluci na počátku jara roku 1990. Žila na třech kontinentech (v Evropě, v Severní Americe a v Austrálii), které téměř celé procestovala. Mezitím pracovala jako podnikatelka a manažerka vlastního kadeřnického salonu, ale postupně s podnikáním skončila a začala se věnovat na plný úvazek rodině a dcerám. Cesty rozšířila do Asie, Indonésie, Oceánie a Polynésie. Nyní žije v jižní Kalifornii. Cestopisy a zážitky ze života začíná pravidelně psát formou dopisů v roce 1997, kdy se natrvalo stěhuje do Spojených států za svým manželem. Dopisy z cest zveřejňuje na svých webových stránkách od roku 2005. ***Proti proudu zeměkoule*** je její první kniha.

www.cestopisykatka.com

Proti Proudu Zeměkoule
Are you looking for a great book?
For yourself or as a gift?



(Against the Jet stream of the Earth)
may be the perfect choice!
This non-fiction book will take you on a journey around the world. It will tell you stories from many countries as well as the story of the traveling author's family. You will visit Japan, France, Spain, the East and West coasts of the United States and many more places.You will learn about them in a new way through the quick wit and open mind of a great observer.

The book is written in Czech language by Czech-American author Katerina Dehningova (Katerina Dehning). It is educational and an easy reading for the whole family. But most importantly, it is fun to read.

Hard copy available on
amazon.com
http://www.amazon.com/Proti-proudu-zemekoule-Katerina-Dehningova/dp/808763117X/ref=cm_cr_pr_product_top

kosmas.com
http://www.kosmas.cz/knihy/174214/proti-proudu-zemekoule/

E-book version available
http://www.kosmas.cz/knihy/177166/proti-proudu-zemekoule/

Advertisement by Georgina Teyrovsky

The Sokol Dinkey Creek Camp

will take place this year the week of July 14-21, 2013. If you are interested in attending and would like more information, please contact :

Jara Dusatko jmdusato@gmail.com or Yvonne Masopust vmasopust@aol.com

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70 years anniversary from Nicola Tesla's death



Nikola Tesla (Serbian Cyrillic: Никола Тесла; 10 July 1856 – 7 January 1943) was a Serbian-American inventor, electrical engineer, mechanical engineer, physicist, and futurist best known for his contributions to the design of the modern alternating current (AC) electrical supply system. Tesla started working in the telephony and electrical fields before immigrating to the United States in 1884 to work for Thomas Edison. He soon struck out on his own with financial backers, setting up laboratories/companies to develop a range of electrical devices. His patented AC induction motor and transformer were licensed by George Westinghouse, who also hired Tesla as a consultant to help develop an alternating current system.

Tesla is also known for his high-voltage, high-frequency power experiments in New York and Colorado Springs which included patented devices and theoretical work used in the invention of radio communication, for his X-ray experiments, and for his ill-fated attempt at intercontinental wireless transmission in his unfinished Wardenclyffe Tower project. Tesla's achievements and his abilities demonstrating his seemingly miraculous inventions made him world-famous. He, unfortunately, died penniless and in debt on 7th January 1943.Tesla's work fell into relative obscurity after his death, but since the 1990s, his reputation has experienced a comeback in popular culture. In 2005, he was listed amongst the top 100 nominees in the TV show *The Greatest American*, an open access popularity poll conducted by AOL and The Discovery Channel. His work and reputed inventions are also at the center of many conspiracy theories and have also been used to support various pseudo sciences, UFO theories and New Age occultism. In 1960, in honor of Tesla, the General Conference on Weights and Measures for the International System of Units dedicated the term "tesla" to the SI unit measure for magnetic field strength.

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Kevin's Law (as referred to in Representative Anna Eshoo's introduction of the law in 2005 and in the 2008 documentary Food, Inc.; formally known as the Meat and Poultry Pathogen Reduction and Enforcement Act of 2003) was proposed legislation that would have given the U.S. Department of Agriculture the power to close down plants that produce contaminated meat. Kevin's Law was nicknamed in memory of two-year-old Kevin Kowalcyk of Colorado, who died in 2001 after developing hemolytic-uremic syndrome due to eating a hamburger contaminated with E. coli O157:H7.

The bill was originally introduced by Rep. Anna G. Eshoo, D-Palo Alto, as H.R. 3160, in the 109th Congress. This bill never became law, as it was referred to committee but never reported on. Versions of the bill have been introduced in each subsequent Congress, but as of April 2010 have never been reported out of committee.

Kevin's Law would strengthen the U.S. government's ability to prevent contaminated meat and poultry from entering the food supply by:

Requiring the United States Department of Agriculture (USDA) to identify the pathogens that threaten human health (e.g. Salmonella, E. coli O157:H7, Listeria monocytogenes).

Confirming that the USDA has the authority to enforce its own standards by shutting down plants that continually breach basic health standards. Courts have held that the USDA does not have this authority in the absence of explicit authorizing legislation.

Corporate meat processors have lobbied against Kevin's Law, arguing that it would increase the cost of food and is unnecessary.

Thief's leaving hole under your car door lock

A victim wrote: Wednesday, I approached my truck from the passenger side to place my computer bag (aka my man purse) in the front passenger seat. As I reached to open the door, I noticed there was a hole right under my door handle.
I phoned my friend who owns a body shop and asked if he had any vehicles with damage to the doors that looked like a bullet hole.
Thieves have a punch and place it right under the door handle, knock a hole through, reach in and unlock it, just as if they have a key. No alarms, broken glass, or anything.
I then placed a call to my insurance agent and explained it to him. I was puzzled that they left my GPS and all other belongings. Here is where it gets scary!
They look at your GPS to see where "home" is. Now, they know what you drive, go to your home, and if your vehicle isn't there they assume you aren't and break into your home."
He said they will even leave a purse or wallet and only take one or two credit cards.
They even give you the courtesy of re-locking your car doors for you.
Periodically, walk around your car, especially after you park in a shopping center or other large parking area.
Report thefts immediately, your bank w/missing check numbers, your credit card agencies, police, and insurance companies, etc.

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Sick alligator found guarding pot stash

CASTRO VALLEY, Calif., Jan. 10 2013 (UPI). Authorities in California said they discovered a "very sick" 5-foot alligator protecting 34 pounds of marijuana at a man's home.

The Alameda County Sheriff's Office said deputies were conducting a "probation compliance" check at the Castro Valley home of Assif Mayr, 32. They discovered he was keeping 34 pounds of processed, dried marijuana in his bedroom, the San Francisco Chronicle reported.
Investigators said the stash was being guarded by a 5-foot-long alligator. "We come across guard dogs like pit bulls quite frequently, but a guard alligator is very, very unusual," Sgt. J.D. Nelson said.
Mayr told deputies he obtained the reptile in 1996 "to commemorate the death of rapper Tupac Shakur," Nelson said. The alligator, dubbed, Mr. Teeth, was taken to the Oakland Zoo, where spokeswoman Nicky Mora said the animal is "very sick."
Mayr was arrested on a charge of possessing marijuana for sale and held in lieu of $160,000 bail.

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65 anniversary of transistor demonstration.

Three scientists John Bardeen, William Shockley and Walter Brattain at Bell Labs, 1948, day before Christmas, demonstrated first device, now called transistor. Today are millions of them in our computers.

An early witness of the phenomenon was Ralph Bray, a young graduate student. He joined the germanium effort at Purdue University in November 1943 and was given the tricky task of measuring the spreading resistance at the metal-semiconductor contact. Bray found a great many anomalies, such as internal high-resistivity barriers in some samples of germanium. The most curious phenomenon was the exceptionally low resistance observed when voltage pulses were applied. This effect remained a mystery because nobody realized, until 1948, that Bray had observed minority carrier injection - the effect that was identified by William Shockley at Bell Labs and made the transistor a reality.

CZECH CORNER

Zemřela Jiřina Jirásková

Ve věku 81 let zemřela oblíbena divadelní a filmová herečka Jiřina Jirásková. Informaci o úmrtí potvrdila domovská scéna Jiráskové, Divadlo na Vinohradech. Herečka od padesátých let do současnosti ztvárnila přes stovku rolí na divadle i ve filmu a v seriálech. Nejznámější jsou filmy jako Fany, Sestřičky, Vrásky z lásky, Světáci nebo komediální série Slunce, seno, jahody.



První filmovou roli měla Jirásková už v roce 1953 v dnes již zcela zapomenuté Krejčovské povídce. Skutečnou slávu jí přinesla komedie Světáci (1969), kde se osvědčila v komické trojici s Jiřinou Bohdalovou a Ivou Janžurovou.V televizních seriálech zanechala velmi výraznou stopu. Několik generací zná její role v dodnes uznávaných historických sériích Sňatky z rozumu a Zlá krev. Po roce 2000 se objevovala i v soap operách jako Pojišťovna štěstí a Rodinná pouta.
Poslední čtyři roky jí práci výrazně komplikovaly zdravotní problémy.

Smrt uznávané herečky Jiřiny Jiráskové nenechala chladným ani prezidenta Václava Klause, kterého s Jiráskovou pojilo dlouholeté přátelství. Vážil si jí třeba pro to, že se "nebála nahlas říkat své názory" a postavila se prý za něj i tehdy, když čelil kritice."Odešla nejen výrazná umělkyně, ale i skvělý člověk a občan. Věděl jsem samozřejmě o jejích zdravotních potížích, byli jsme v občasném kontaktu, naposledy jsem s ní mluvil telefonem v prosinci," reaguje na smrt Jiráskové nyní dosluhující český prezident."S paní Jiráskovou jsem si byl blízký, pojily nás i lidské názory a politické postoje, které vždy dávala najevo, bez ohledu na to, zda jí to přinášelo prospěch. I v tom byla výjimečná," říká Klaus.

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Zemřela Antonie Hegerliková

Ve věku 89 let zemřela herečka Antonie Hegerlíková. Oznámila to její rodina. Hrála často starostlivé ženy v domácnosti, manželky a matky, na divadle ztvárnila dlouhou řadu klasických ženských figur. Nezapomenutelná maminka ze seriálu F. L. Věk měla za sebou téměř sedmdesát let herecké kariéry. Antonie věnovala herectví a divadlu celý svůj život. Ztvárnila desítky rolí, ale nejvíce ji proslavila právě role maminky v seriálu F. L. Věk.



Na profesionálním jevišti začínala v roce 1940 u Vlasty Buriana. Od roku 1946 hrála téměř šest desítek sezon v pražském Divadle na Vinohradech a působila i jako pedagožka Vyšší odborné školy herecké.Hegerlíková vždy tvrdila, že na herecké profesi ji nejvíce baví obrovská plejáda postav, lidí a charakterů.

Na Vinohradech ztvárnila na 150 rolí, většinou energických a panovačných žen v domácím i světovém repertoáru, (Macbeth, Strýček Váňa, Elektra, Nora, Návštěva staré dámy, Naši furianti, Maryša, Nepřirozená zvířata). Hrála v téměř třech desítkách filmů a třech stovkách televizních inscenací. Další řadu úloh dostala v dabingu. Původně chtěla být Hegerlíková profesorkou či baletkou. A herectví nakonec zvítězilo.

Koncem 90. let byla nominována na cenu Thálie za roli v Albeeho hře Tři velké ženy. Ocenění ale získala až v roce 2005, kdy převzala Thálii za celoživotní činoherní mistrovství. Nadace Život umělce jí v roce 1993 udělila cenu Senior Prix, za celoživotní mistrovství v dabingu získala v roce 2008 Cenu Františka Filipovského.

Současně s přijetím do prvního divadelního angažmá vstoupila poprvé i do filmových ateliérů, aby ztvárnila drobnou figurku kadeřnice velkého salonu v Holmanově melodramatu Bláhový sen (1943). Další kroky před kamerou činila již ve znárodněné kinematografii v postavách třídně uvědomělých proletářských dívek a mladých žen. Během posledních dvaceti let se v kinech připomněla pouze vedlejší úlohou královské chůvy v Troškově pohádce O princezně Jasněnce a létajícím ševci a menšími rolemi tety titulní hrdinky v psychologickém příběhu Karla Kachyni Fany a náhodné návštěvnice svatební hostiny v komedii Vladimíra Drhy Početí mého mladšího bratra. S plejádou dalších seniorů se připomněla na plátně jako jedna z účastnic srazu maturantů po 60 letech ve Štancelově komedii Pamětnice z roku 2009. Bilanční profil její osobního a uměleckého života natočil Vladimír Drha pro cyklus České televize Neobyčejné příběhy, (2009).

Poslední sbohem přišla dát vynikající herečce a nezapomenutelné mamince ze seriálu F. L. Věk rodina a pouze pár nejbližších přátel. Obřadní síň strašnického krematoria tak působila poloprázdně.

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Lyžování z doby Rakouska-Uherska startuje společně s Jizerskou padesátkou

V Libereckém kraji jsou výjimečně dobré podmínky pro lyžování, konají se zde významné světové závody. V krajské metropoli Liberci teď navíc Severočeské muzeum pro návštěvníky přichystalo výstavu věnovanou historii lyžování.
V den, kdy startuje první závod dnes již legendární 46. ročník Jizerské padesátky, otevírá Severočeské muzeum v Liberci výstavu Počátky lyžování v Království českém. Expozici vytvořilo muzeum ze sbírek severočeských muzeí i ze soukromých sbírek. Návštěvníka udiví obrovská lyžárna uprostřed výstavního sálu, spousty nejrůznějších druhů lyží z počátku lyžování za Rakousko-Uherska. Nejen lyže a vybavení lyžařů, ale i různé diplomy, medaile, ale i jiné dopravní prostředky využívané v zimním období jsou mezi exponáty.
Inspirací k uspořádání výstavy bylo stoleté výročí úmrtí dvou prvních českých lyžařů Bohumila Hanče a Václava Vrbaty. V letošním roce si navíc připomínáme 110 let založení Svazu lyžařů v Království českém Josefem Rösslerem Ořovským a také 80 let od jeho úmrtí.
Ovzduší nádherného sálu libereckého muzea je dokonalou kulisou uvádějící návštěvníka do minulosti ke kořenům lyžování, které nebylo jen sportováním, ale bylo využito i v jiných oblastech lidského počínání. Představují se zde průkopníci, kteří pro nás z dnešního pohledu s primitivní výzbrojí se snažili o dobytí hor i v zimním období a určovali od konce 19. století vývoj lyžování. Mezi upomínkami jsou i první výrobci lyží - první byly vyrobeny ve Švédsku a dovezeny hrabětem Harrachem. Měly usnadnit práci lesním dělníkům a myslivcům v zimních podmínkách, kdy se do vyšších poloh dostávali velice obtížně.
V Libereckém kraji je stále mnoho lidí, kteří podobné výrobky lyží uchovávají na půdách, ve sklepích, a mnoho se neliší od těch původních, se kterými začínali první lyžaři. Pokud výstava připomíná pouze lyžování v Krkonoších nelze neuvést, že pražský Aleš Lyžec byl jedním z organizátorů, kteří v roce 1906 připravili i první lyžařský maratón na Ještědském hřebeni. Lze také s téměř stoprocentní jistotou tvrdit, že pražské lyžaře sem přivedla svými povídkami významná spisovatelka Karolina Světlá.

Závody nekončily tragicky a tak možná také proto nejsou tak slavnými jako onen závod, kde zahynuli Hanč a Vrbata.
V současnosti má Liberecký kraj asi nejvíc příležitostí k lyžování, ať se jedná o běžecké tratě nebo o sjezdařské areály. Vedle desítek nejrůznějších menších i větších vleků a lanovek jsou upravovány stovky kilometrů běžeckých tratí. Návštěvník Liberecka se o nich může dovědět v časopise Jizerské noviny, které vydává region Jizerské hory. Noviny Harrachovská sezóna informují o lyžování v nejvýchodnějším úseku kraje. Českolipský region ve svých novinách informuje o lyžování v Lužických horách.
Na Ještědském hřbetu jsou tři areály dobře vybavené a s dostatečnou kapacitou vleků. Lyžaři po absolvování sportovního výkonu se k libereckému muzeu dostanou snadno tramvají a za neskutečně nízké vstupné se mohou pokochat krásou lyžařské výzbroje z doby nedávno minulé. Informace poskytne i TIC pod Ještědem.
Výstava potrvá do 3. března.

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Tomáš Grulich: V krajanských komunitách hrají stále větší roli mladí Češi
Milena Štráfeldová

Jaký byl rok 2012 a co zajímavého se v něm dělo v českých krajanských komunitách? A co čeká od roku 2013? Na to jsme se zeptali senátora za ODS a staronového předsedy Stálé komise Senátu ČR pro krajany žijící v zahraničí Tomáše Grulicha:

"Mohu říct, že na začátku loňského roku jsme měli hodně nadějí, které se bohužel úplně nenaplnily. Je to otázka voleb, korespondenčního hlasování a přijetí zákona o dvojím občanství. Všechno bylo velmi nadějné, ale nedošlo k tomu. Poslanecká sněmovna zatím o těchto dvou důležitých zákonech nehlasovala. Tak nás to čeká pravděpodobně v letošním roce. Co je ale potěšitelné - výrazně se zvýšil počet Českých škol bez hranic v zahraničí. Dnes už funguje 32 těchto škol, a když jsem nastupoval do Senátu, bylo jich asi osm."

Znamená to, že se aktivizují mladí zahraniční Češi? Posouvá se někam jinam těžiště krajanského života ve světě?

"Já si myslím, že ano. Myslím, že skutečně dochází k tomu, že původní česká komunita, která tam byla před rokem 1989, už není nijak nabroušená na lidi, kteří přicházejí teď. Naopak se jim často snaží pomoci. Myslím, že to je dobrá vize do budoucna, že ta starší komunita s komunitou novou, která odchází po r. 1989, bude spolupracovat. *A už spolupracuje. To je výborné!"*

To je ovšem trochu novinka, protože velmi často mezi generacemi exulantů býval dost velký rozdíl a příkop...

"Toho se samozřejmě asi nikdy úplně nezbavíme. To známe i z dějin, jak z roku 1948 nebo 1968, tak z roku 1989. Jak jsem ale mohl poznat po r. 1989, kdy jsem jezdil do ciziny, lidé, kteří odešli za studiem nebo za prací, sami vůbec nevěděli, že tam nějací Češi už jsou. A naopak zase Češi, kteří tam už byli etablování, neměli zájem a ani představu, proč někdo odchází, když v Česku už žádní komunisté nejsou. To už je dnes setřeno. Dokonce znám původní komunity, které pomáhají těm mladým. Příklad je Londýn, Řím, Spojené státy, Švýcarsko. A mohl by pokračovat s řadou zemí. Myslím, že tady můžeme být docela spokojení."

Podle Radio Praha, J.Dusatko

How we have paid dues Sokol San Francisco Winter 2012 Membersip

1	Pn= paid,ne	P=paid	Pt= paid, trasferred	Pr= reinstated		N= not paid			
2	First Name	Last Name	Address	City	ST	Zip Code	F	M	D13
3	Tami M.	Bannister	3421 Carlmont Dr., # 15	Belmont	CA	94002	1		P
4	Daniel	Botcha	1160 Via Escondida	Novato	CA	94949		1	P
5	Jana	Botcha	1160 Via Escondida	Novato	CA	94949	1		P
6	Patti	Buckley	7442 S. Warner St.	Tacoma	WA	98409-3924	1		N
7	Paul A.	Burda	213 Westvale Court	San Ramon,	CA	94583		1	P
8	John	Cambus	121 Lakewood Rd.	Walnut Creek,	CA	94598-4720		1	P
9	Vladka	Cambus	121 Lakewood Rd.	Walnut Creek,	CA	94598-4720	1		P
10	Bill	Cervenka	751 Temescal Way	Redwood City	CA	94062		1	Pr
11	Evelyn	Cheever	37653 Glenmoor Dr.	Freemont,	CA	94536-6628	1		N
12	Stanley	Cheever	37653 Glenmoor Dr.	Freemont,	CA	94536-6628		1	N
13	Dagmar	Crichton	1873 Greenwitch St.	San Francisco,	CA	94123	1		N
14	Frank	Dlask	451 Santa Margarita Ave.	Menlo Park,	CA	94025		1	N
15	Jarmila	Dlask	451 Santa Margarita Ave.	Menlo Park,	CA	94025	1		N
16	Jaroslava	Dusatko	1700 Botelho Dr. #409	Walnut Creek,	CA	94596	1		P
17	Milan	Dusatko	1700 Botelho Dr. #409	Walnut Creek,	CA	94596		1	P
18	Shirley A.	Gangelhoff	1319 Speers Ave.	San Mateo,	CA	94403	1		P
19	George	Goupille	879 Partridge Ave.	MenloPark,	CA	94025-5215		1	N
20	Vera	Goupille	879 Partridge Ave.	MenloPark,	CA	94025-5215	1		N
21	Vera	Horn	800 N. El Camino # 203	San Mateo,	CA	94401-3760	1		N
22	Bohumila	Janac	18955 Palo Oaks Ct.	Saratoga,	CA	95070	1		N
23	Jarmila	Jancarik	154 Woodbury Ct.	Walnut Creek,	CA	94596	1		P
24	Jiri	Jancarik	154 Woodbury Ct.	Walnut Creek,	CA	94596		1	P
25	Joan	Kemr	476 32nd Ave.	San Francisco,	CA	94121-1724	1		N
26	Eva	Kryska	1120 Newell Rd.	Palo Alto,	CA	94303	1		P
27	Jiri	Kucera	21901 Monte Ct.	Cupertino,	CA	95014		1	N
28	Ivanka	Linhart	P.O. Box 1172	Soulsbyville,	CA	95372	1		N
29	David	Livingston	19617 Forest Ave.	Castro Valley,	CA	94546		1	N
30	Helenka	Livingston	19617 Forest Ave.	Castro Valley,	CA	94546	1		N
31	Victor	Machacek	1655 Funston Ave.	San Francisco,	CA	94122		1	N
32	Frank	Miksa	7 Royston Walk	Pleasant Hill,	CA	94523		1	P
33	Blanche	Milner	1500 Held Dr. # 67	Modesto,	CA	95355	1		N
34	Ludvik	Mlynek	1225 Warner Ct.	Lafayette,	CA	94549		1	N
35	Ludmila	O'Donnell	3424 NE. 35th Ave.	Portland	OR	97212	1		N
36	Teresa	O'Donnell	3424 NE. 35th Ave.	Portland		97212	1		N
37	Alena	Picha	650 Newhaven Ct.	Walnut Creek,	CA	94598	1		N
38	Frank	Picha	650 Newhaven Ct.	Walnut Creek,	CA	94598		1	N
39	Milan	Prejda	110 Ballatore Ct.	San Jose	CA	95134	1		N
40	Regina	Prejda	110 Ballatore Ct.	San Jose	CA	95134		1	N
41	Zdena D.	Rashkin	21780 Via Regina	Saratoga,		95070	1		N
42	Jaroslav	Rosicky	16714 Selby Dr.	San Leandro,	CA	94578-1264		1	N
43	Michelle	Ruff	324 Via La Paz	Greenbrae,	CA	94904-1246	1		P
44	Dagmar	Rus	628 Newlands Ave.	San Mateo,	CA	94403	1		N
45	Puda	Rus	628 Newlands Ave.	San Mateo,	CA	94403		1	N
46	Marta	Sehnal	7415 Alpine Road	La Honda,	CA	94020	1		P
47	Albert	Sieber	231 Auburn Ave.	Santa Cruz	CA	95060		1	P
48	Libuse	Sikl	418 Patricia Ave.	San Mateo,	CA	9440-3044	1		P
49	George I.	Skoda	3400 Princeton Way	Santa Clara,	CA	95051-5526		1	N
50	Marcelle	Skubna	1333 Singingwood Ct. # 2	Walnut Creek,	CA	94595	1		N
51	Karel	Snajberk	916 Regal Road	Berkeley,	CA	94708		1	N
52	Pavel	Soltys	1175 Covington Ct.	Walnut Creek,	CA	94596		1	N
53	Henry J.	Sredl	P.O. Box 1029	Center Harbor,	NH	03226-1029		1	N
54	Walter	Strach	783 Ajax Dr.	Sunnyvale,	CA	94086		1	N
55	Jindra	Strolena	780 Oak Grove Rd. apt. 312	Concord	CA	94518	1		N
56	Ivan P.	Sturman	7 Arlington Ln.	Kensington	CA	94707		1	N

59	Pn=paid,ne	P=paid	Pt= paid, trasferred	Pr=reinstated		N=not paid			
60	First Name	Last Name	Address	City	ST	Zip Code	F	M	D13
61	Georgina	Teyrovsky	21966 Dolores St. # 241	Castro Valley,	CA	94546	1		N
62	Helena	Vernak	2724 Mason Lane	San Mateo,	CA	94403-2613	1		P
63	Zdenek	Vernak	2724 Mason Lane	San Mateo,	CA	94403-2613		1	P
64	Milos	Živny	10815 Breed Ave.	Oakland.	CA	94603		1	P
65	Zalka	Živny	10815 Breed Ave.	Oakland,	CA	94603	1		P
66	Ashka	Zrzavy	654 Oregon St.	Sonoma,	CA	95476	1		N
67	Lada	Zrzavy	654 Oregon St.	Sonoma,	CA	95476		1	N
68									
69	TOTAL	61					33	28	

Please, inform Unit about change of your address by e-mail or by Post.

LAUGHING CORNER

The haircut:

Blessed are those that can give without remembering, and take without forgetting.

One day a florist went to a barber for a haircut.

After the cut, he asked about his bill, and the barber replied, 'I cannot accept money from you, I'm doing community service this week.'

The florist was pleased and left the shop.

When the barber went to open his shop the next morning, there was a 'thank you' card and a dozen roses waiting for him at his door.

Later, a cop comes in for a haircut, and when he tries to pay his bill, the barber again replied, 'I cannot accept money from you, I'm doing community service this week.

The cop was happy and left the shop.

The next morning when the barber went to open up, there was a 'thank you ' card and a dozen donuts waiting for him at his door.

Then a Congressman came in for a haircut, and when he went to pay his bill , the barber again replied, 'I can not accept money from you. I'm doing community service this week.'

The Congressman was very happy and left the shop.

The next morning, when the barber went to open up, there were a dozen Congressmen lined up waiting for a free haircut.

And that, my friends, illustrates the fundamental difference between the citizens of our country and the politicians who run it.

BOTH POLITICIANS AND DIAPERS NEED TO BE CHANGED OFTEN AND FOR THE SAME REASON!

If you don't forward this, you have no sense of humor.

Nothing bad will happen, however, you must live with yourself knowing that laughter is not in your future.

Now send it to everyone you know.

Běhá trpaslíček s malou lucerničkou po Moskvě, do každého koutku posvítí. "Co hledáš drobečku", ptají se lidé.

"Hledám poctivost", vysvětluje trpaslíček.

"To tady nehledáš dobře, to víš ten Putin, zkus to v Americe. Ta je vzorem všech ctností".

Běhá trpaslíček s malou lucerničkou po New Yorku,do každého koutku posvítí.

"Co hledáš drobečku?" ptají se lidé."Hledám poctivost," vysvětluje trpaslíček.

"To tady nehledáš dobře, to víš ten Obama, zkus to v Česku.To je vzorem všech ctností, mají tam svobodu, demokracii, láska a pravda tam zvítězila."

Běhá trpaslíček se smutnou tvářičkou po Praze, do každého koutku nahlídne.

"Co hledáš drobečku?" ptají se lidé. "Ale, měl jsem takovou malou lucerničku....." vysvětluje trpaslíček.